



Continuous Sign



habits *MTH	like	sleep	fully *MTH	exercising *R	relaxing *MTH	Mental Health *MTH"	better
Simple habits like getting enough sleep, talking to friends, exercising, and relaxing through breathing or meditation can improve our mental well-being over time.							



Coarticulated gloss vector database

"Mental health is equally important as physical health"

Text to Gloss
Traslator

"MENTAL-HEALTH" "IMPORTANT" "SAME"
"PHYSICAL-HEALTH"
gloss sequence



Stitching

