```
<!DOCTYPE html>
<html lang="en">
<head>
 <meta charset="UTF-8" />
 <meta name="viewport" content="width=device-width, initial-scale=1.0" />
 <title>VisionCare Optical</title>
 <style>
  body {
   margin: 0;
   font-family: 'Segoe UI', sans-serif;
   background-color: #f5f5f5;
   color: #333;
  }
  header {
   background-color: #005577;
   color: white;
   padding: 1rem;
   text-align: center;
  }
  nav {
   background-color: #003f5c;
   display: flex;
   justify-content: center;
   flex-wrap: wrap;
  nav a {
   color: white;
   padding: 1rem;
   text-decoration: none;
  nav a:hover {
   background-color: #0077aa;
  section {
   padding: 2rem;
  }
  .gallery {
   display: grid;
   grid-template-columns: repeat(auto-fit, minmax(180px, 1fr));
   gap: 1rem;
  .gallery img {
   width: 100%;
   border-radius: 8px;
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box-shadow: 0 2px 6px rgba(0,0,0,0.1);
  }
  form {
   max-width: 500px;
   margin: auto;
   display: flex;
   flex-direction: column;
  }
  form input, form textarea {
   padding: 0.8rem;
   margin: 0.5rem 0;
   border: 1px solid #ccc;
   border-radius: 4px;
  form button {
   background-color: #005577;
   color: white;
   padding: 0.8rem;
   border: none;
   border-radius: 4px;
   cursor: pointer;
  form button:hover {
   background-color: #0077aa;
  footer {
   background-color: #003f5c;
   color: white;
   text-align: center;
   padding: 1rem;
   margin-top: 2rem;
 </style>
</head>
<body>
 <header>
  <h1>VisionCare Optical</h1>
  Your trusted eye care professionals
 </header>
 <nav>
  <a href="#about">About</a>
  <a href="#services">Services</a>
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<a href="#products">Products</a>
  <a href="#contact">Contact</a>
 </nav>
 <section id="about">
  <h2>About Us</h2>
  VisionCare Optical has been providing quality eye care and eyewear for over 10 years.
We are dedicated to helping you see better and look great.
 </section>
 <section id="services">
  <h2>Our Services</h2>
  Comprehensive Eye Exams
   Prescription Glasses & Lenses
   Contact Lens Fittings
   Vision Testing
  </section>
 <section id="products">
  <h2>Our Products</h2>
  We offer a wide selection of stylish frames, lenses, and sunglasses from top brands.
  <div class="gallery">
   <img src="https://via.placeholder.com/200x150?text=Glasses+1" alt="Glasses 1" />
   <img src="https://via.placeholder.com/200x150?text=Glasses+2" alt="Glasses 2" />
   <img src="https://via.placeholder.com/200x150?text=Sunglasses+1" alt="Sunglasses 1" />
   <img src="https://via.placeholder.com/200x150?text=Frames+1" alt="Frames 1" />
  </div>
 </section>
 <section id="contact">
  <h2>Contact Us</h2>
  <strong>Address:</strong> 123 Clearview Road, Cityville
  <strong>Phone:</strong> (123) 456-7890
  <strong>Email:</strong> info@visioncareoptical.com
  <form action="#" method="post">
   <input type="text" name="name" placeholder="Your Name" required />
   <input type="email" name="email" placeholder="Your Email" required />
   <textarea name="message" rows="4" placeholder="Your Message" required></textarea>
   <button type="submit">Send Message</button>
  </form>
 </section>
```

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<footer>
  &copy; 2025 VisionCare Optical. All rights reserved.
  </footer>
</body>
</html>
```