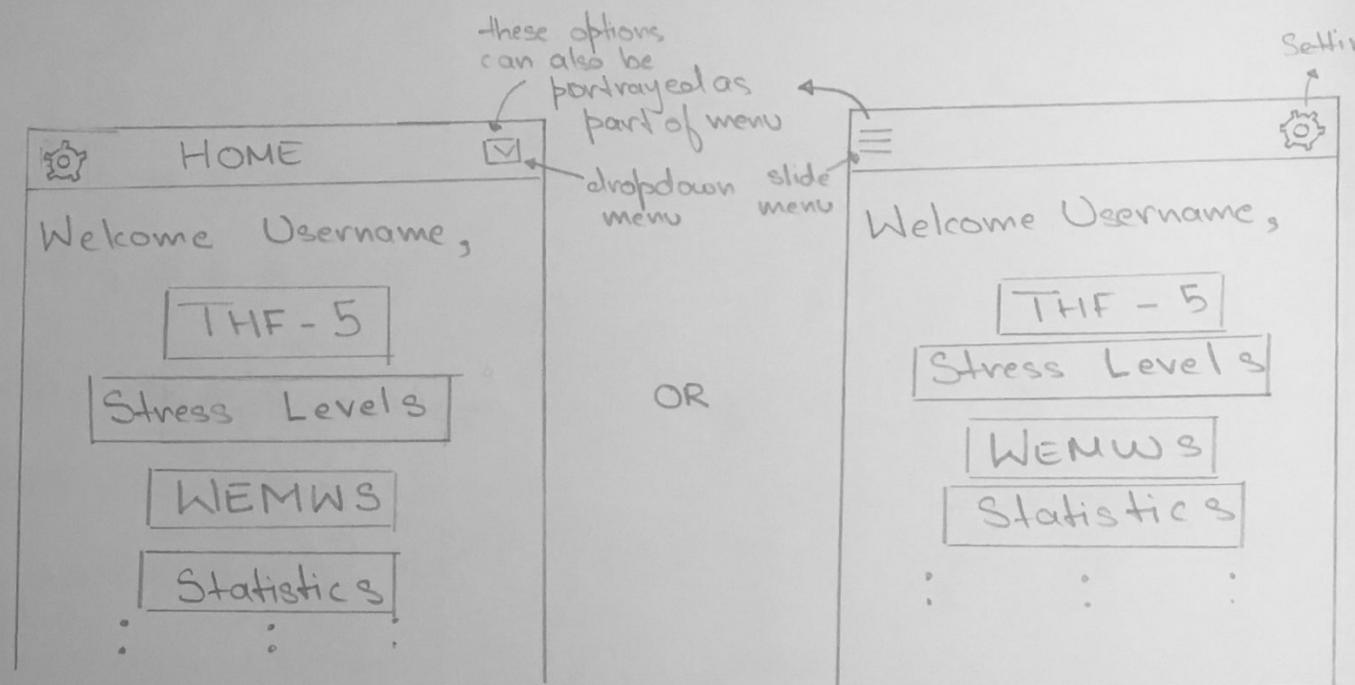


login confirmed



↓ Stress Levels

↓ Settings

< STRESS LEVELS

Select appropriate stress level to depict performance

Performance

Stress

< SETTINGS

Profile >

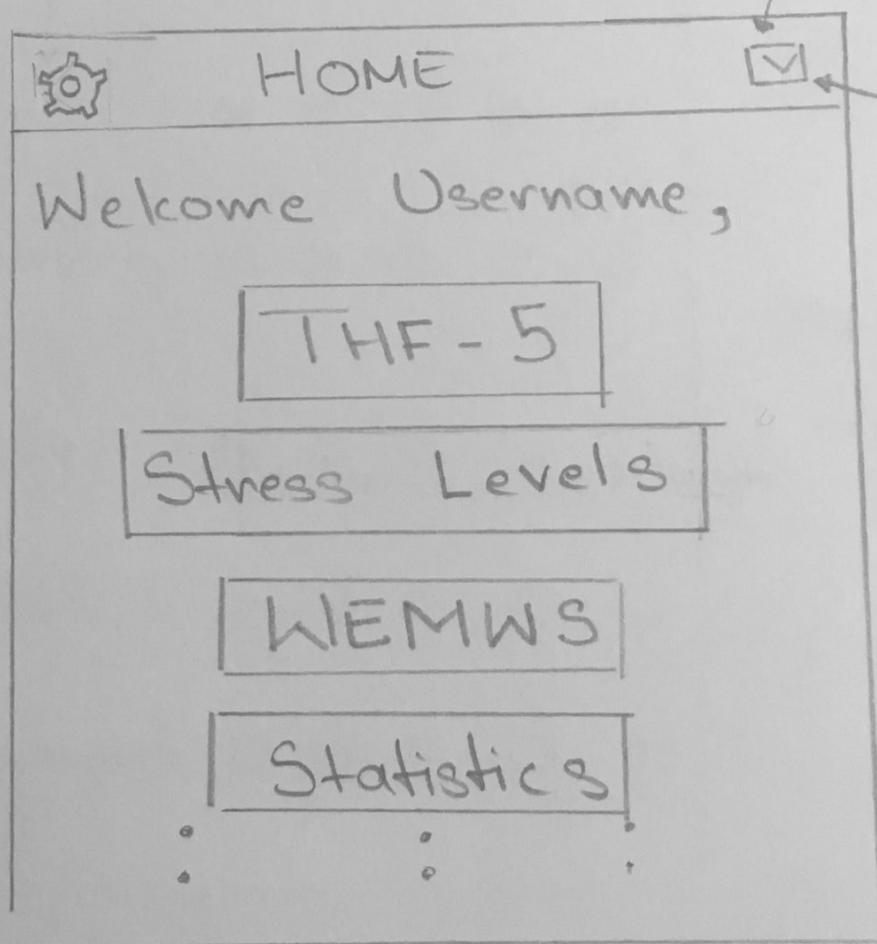
Privacy >

Sync Online

Account Settings >

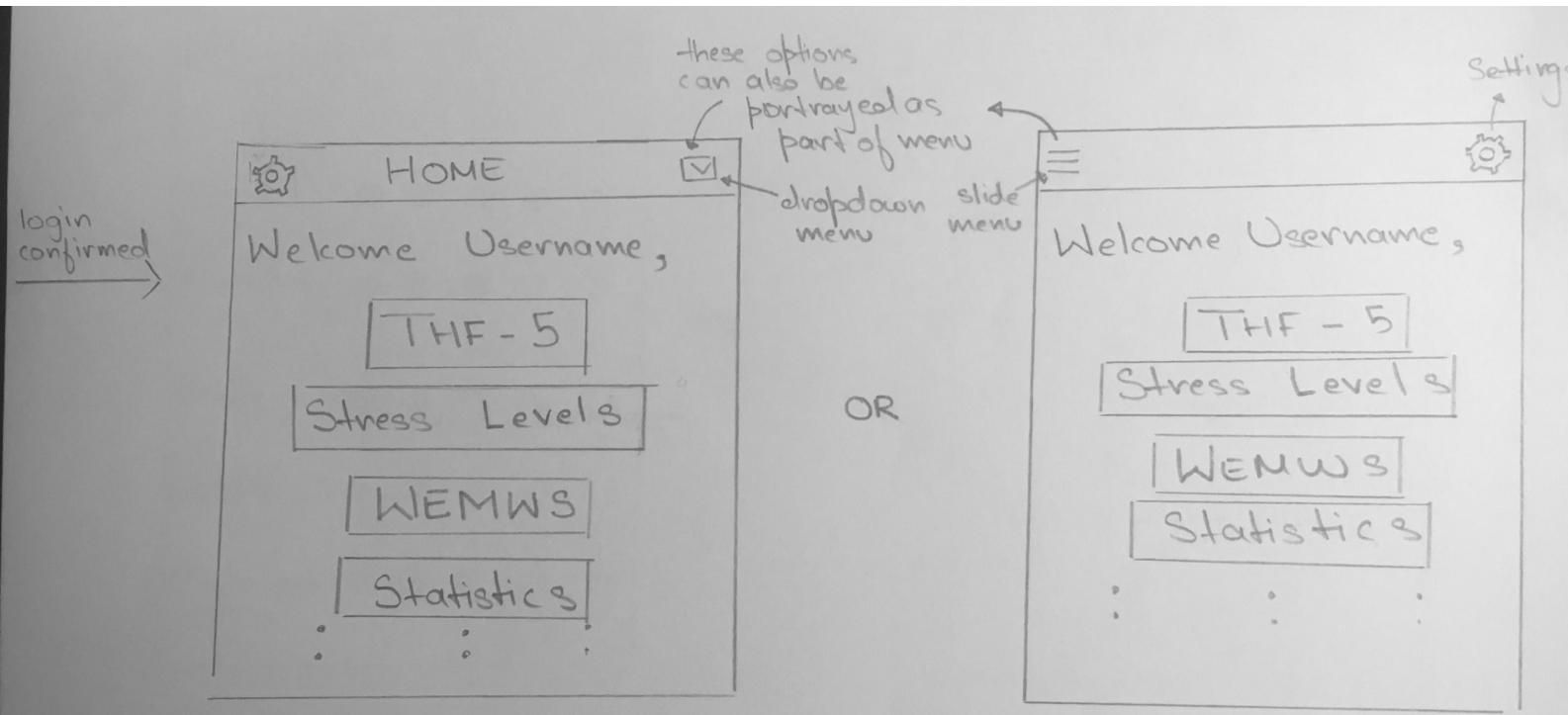
Log Out

login
confirmed



these options
can also be
portrayed as
part of menu
dropdown menu

OR

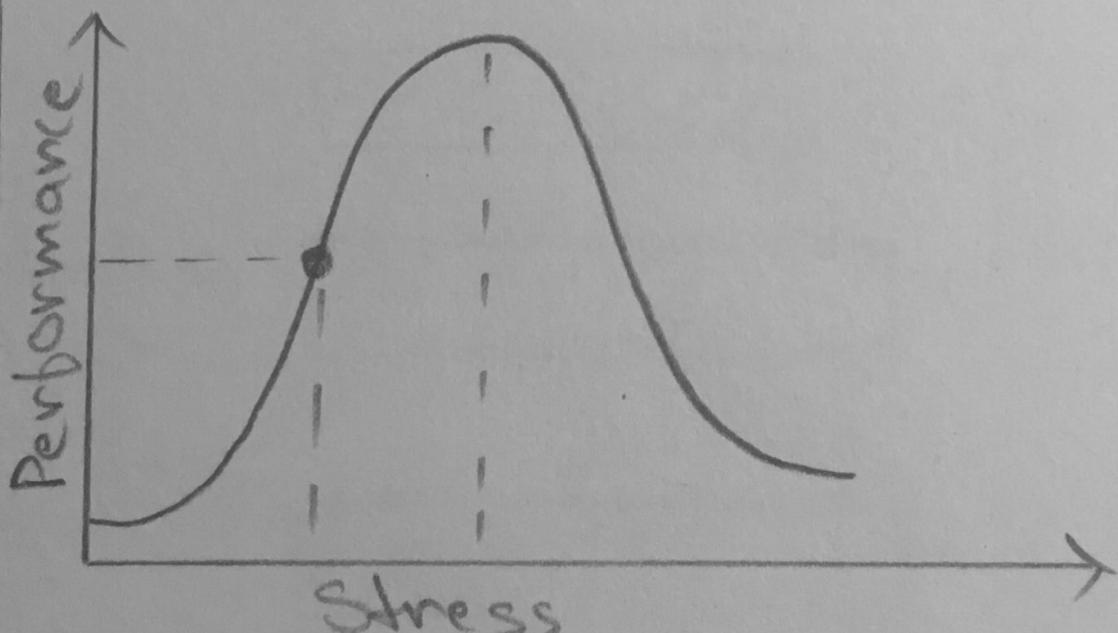


Stress
Levels



< STRESS LEVELS

Select appropriate
stress level to depict
performance



Settings



< SETTINGS >

Profile



Privacy



Sync Online



Account Settings

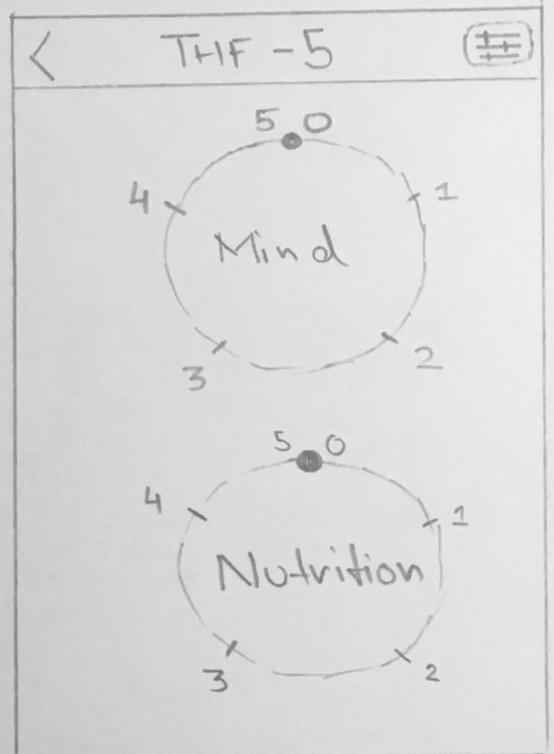


Log Out



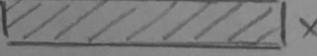
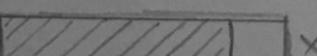
THF - 5

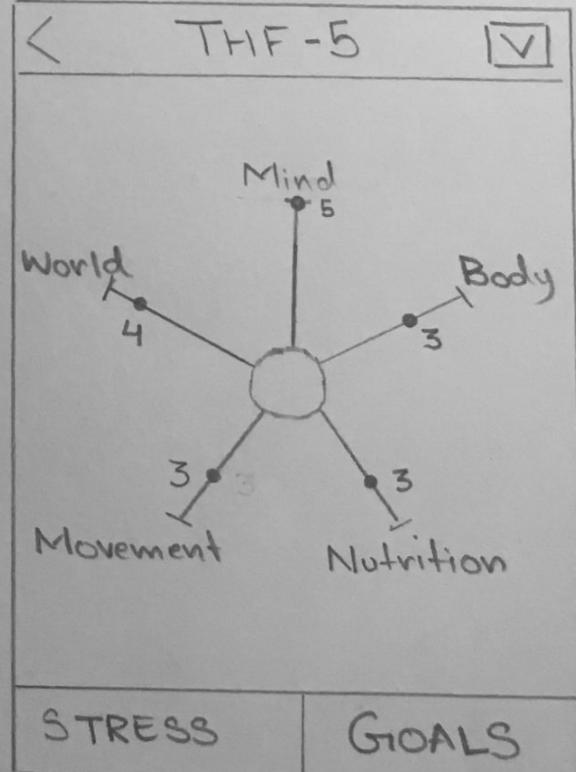
Mind	● ● ● ● ●
Nutrition	● ● ● ○ ○
Body	● ● ● ○ ○
World	● ● ● ○ ○
Movement	● ● ● ○ ○



THE - 5

THF - 5

Mind	 x
Nutrition	 x
Body	 x
World	 x
Movement	 x





THF - 5



Mind



Nutrition



Body



World

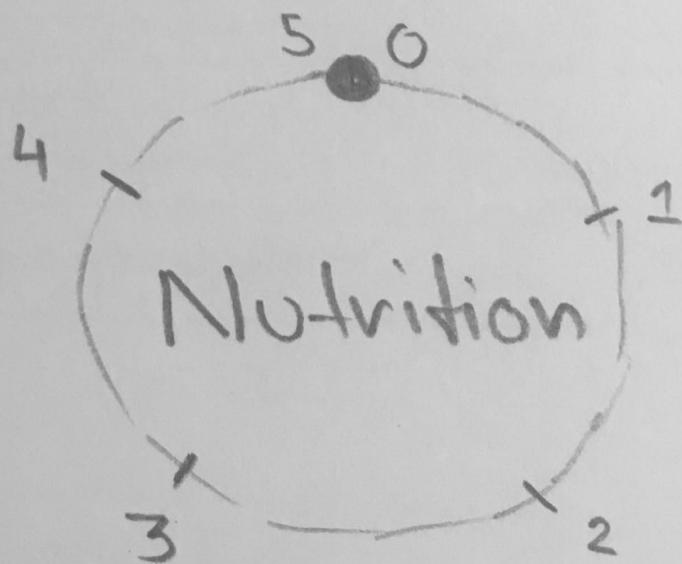
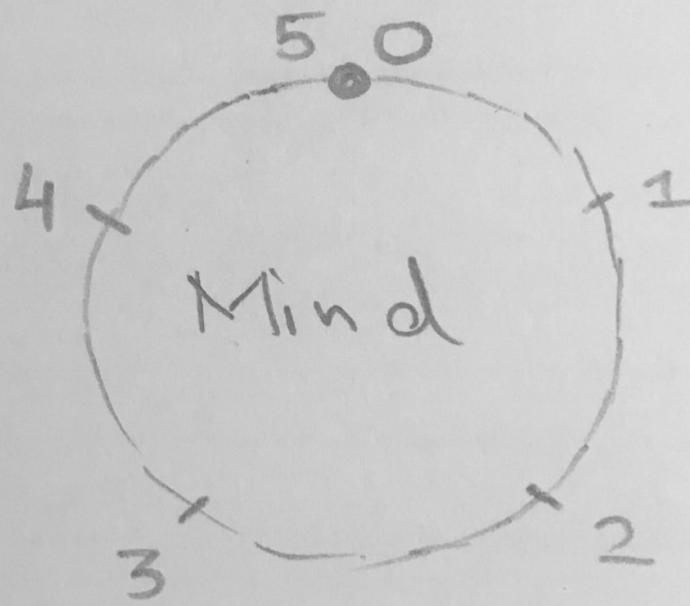


Movement



<

THF - 5





THF - 5



Mind



Nutrition



Body

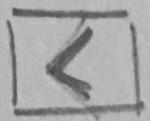


World



Movement

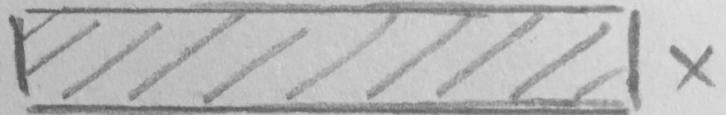




THE - 5

++

Mind



Nutrition



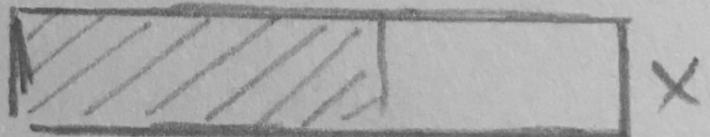
Body



World

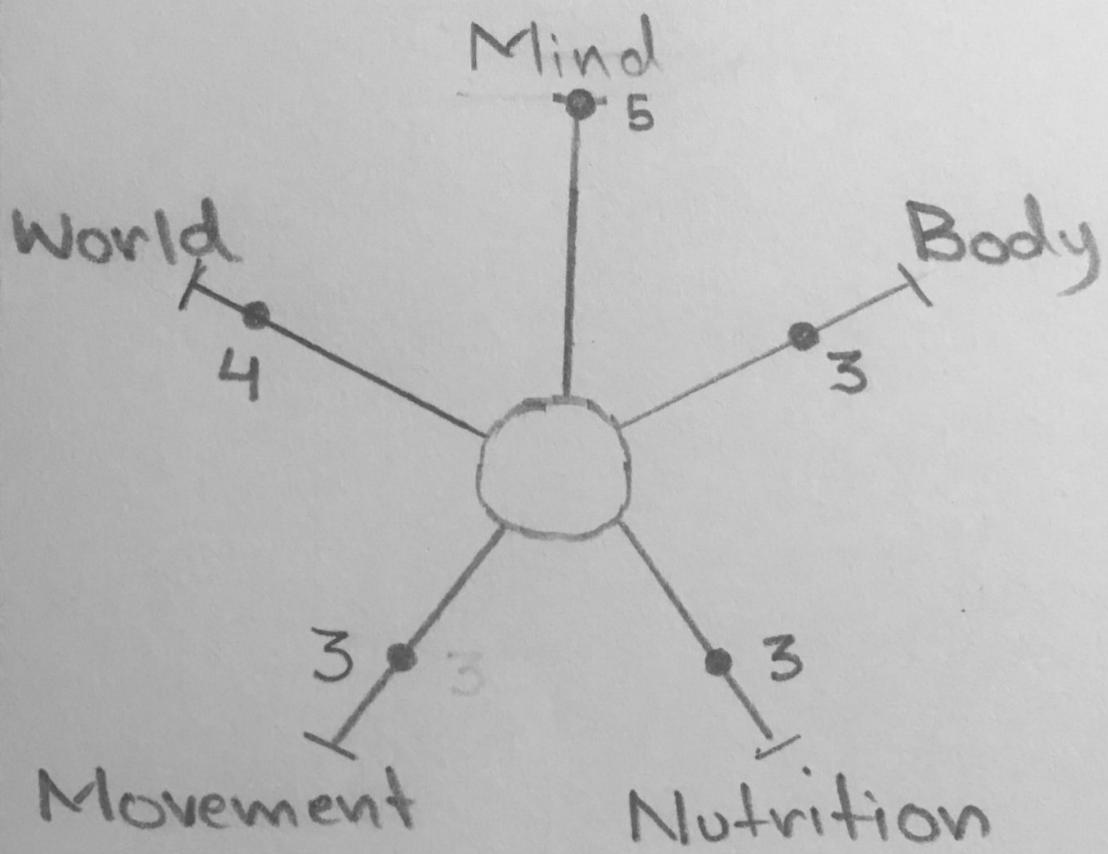
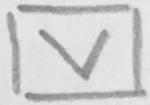


Movement



<

THF - 5



STRESS

GOALS

Logo THE HUMAN FIVE

Username ..

password..

Remember Me

Login

Don't have an account
Click here to register

LOGIN

Logo THE HUMAN FIVE

Username ..

e-mail address ..

password

re-type password

Register

Already have an account
Click here to login

REGISTER

LOGO

THE
HUMAN FIVE

Username ..

password..

Remember Me

Login

Don't have an account

Click here to register

LOGIN

LOGO

THE
HUMAN
FIVE

Username ..

e-mail address ..

password

re-type password

:

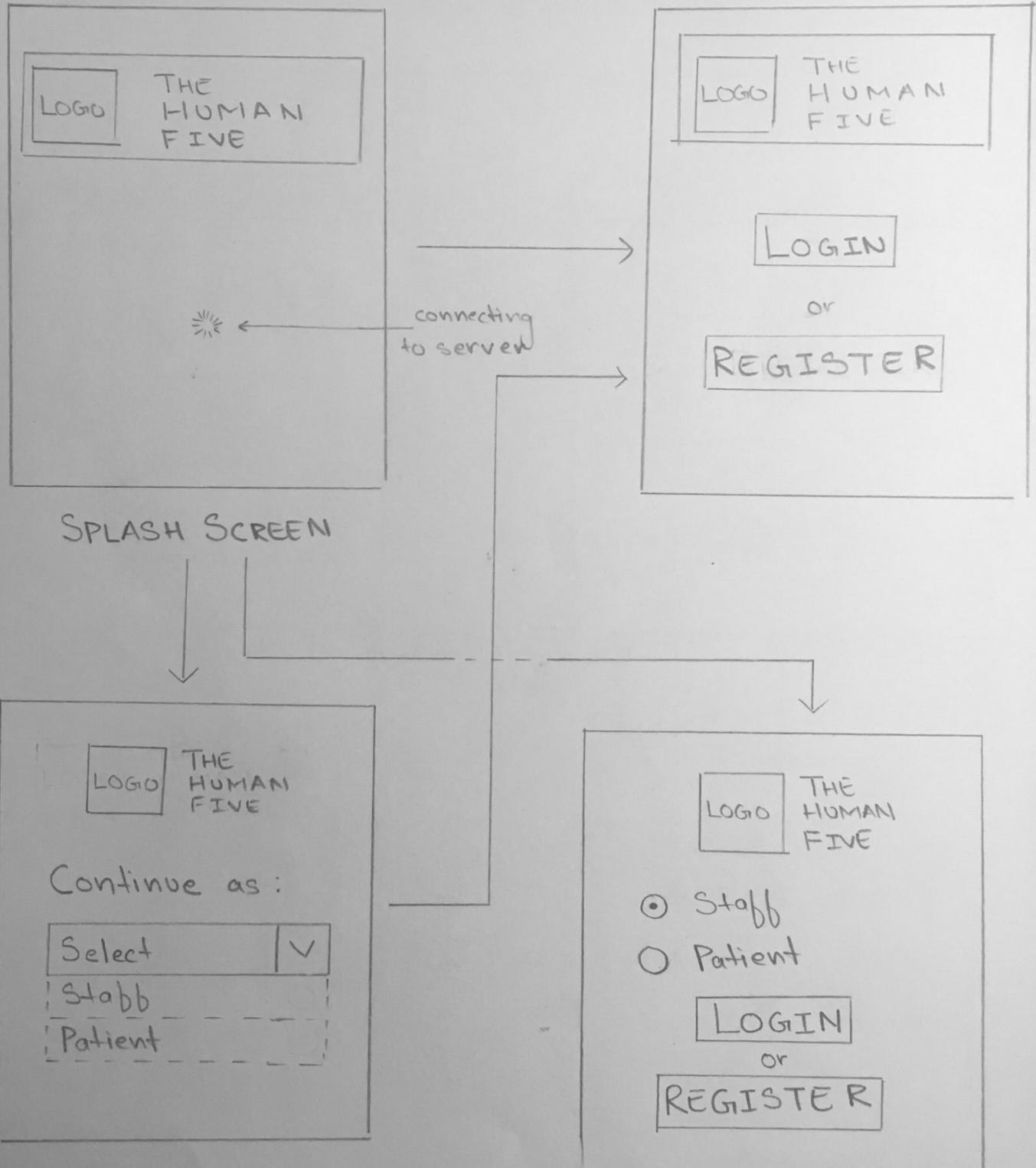
:

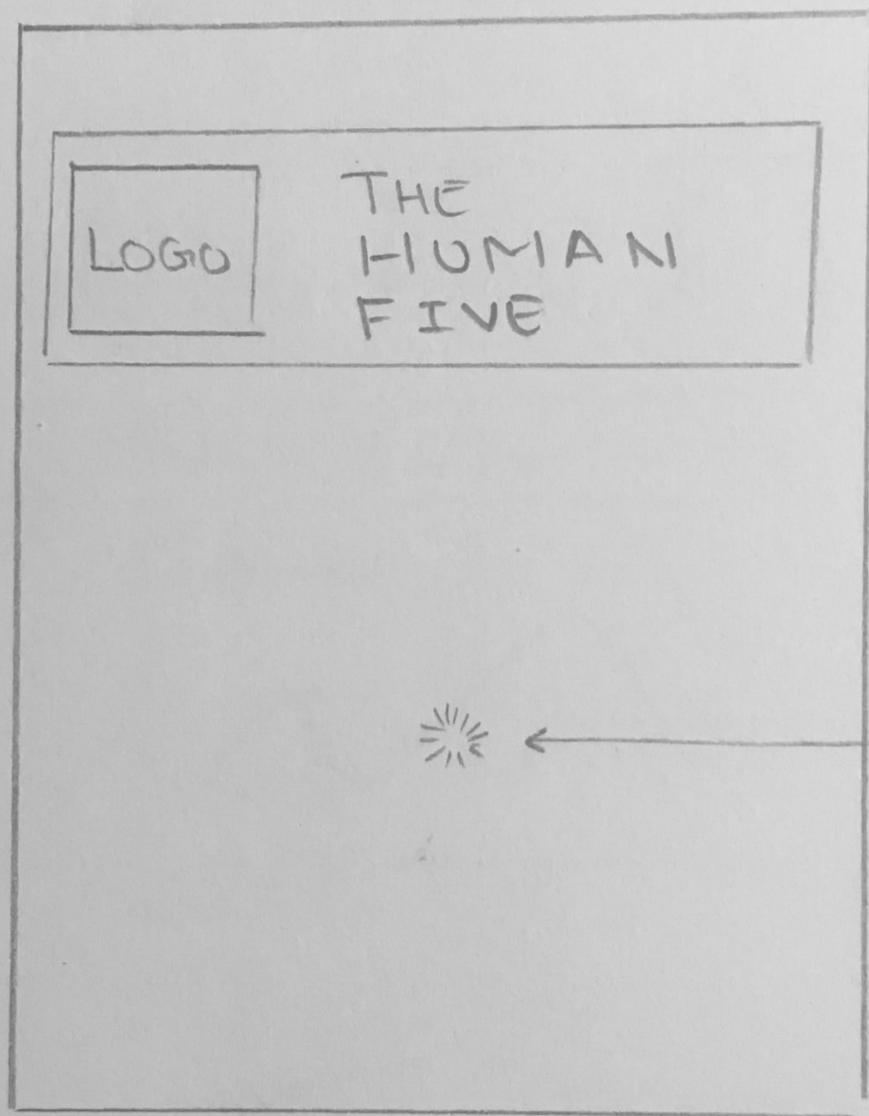
:

Register

Already have an account
Click here to login

REGISTER





SPLASH SCREEN

connecting
to server

LOGO

THE
HUMAN
FIVE

LOGIN

or

REGISTER

↓

LOGIO THE HUMAN FIVE

Continue as :

Select	✓
Stabb	
Patient	



LOGIO

THE
HUMAN
FIVE

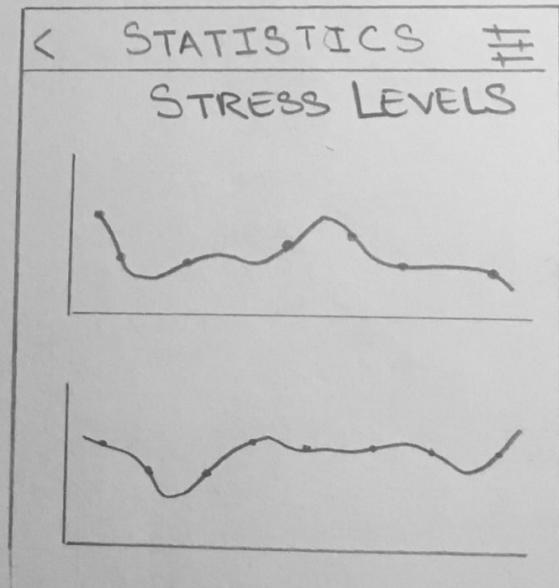
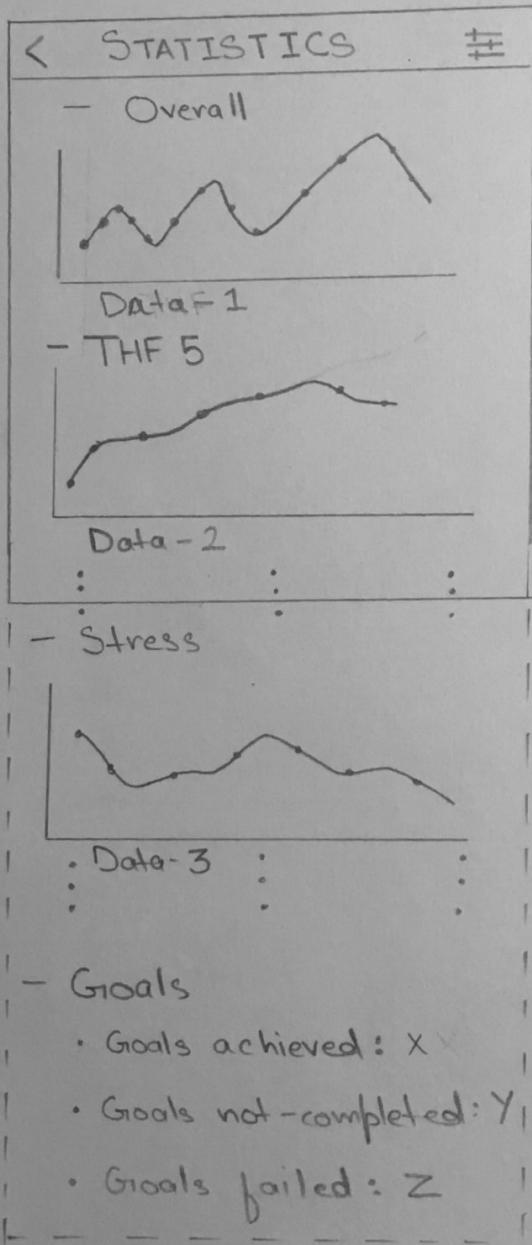
- Staff
- Patient

LOGIN

or

REGISTER

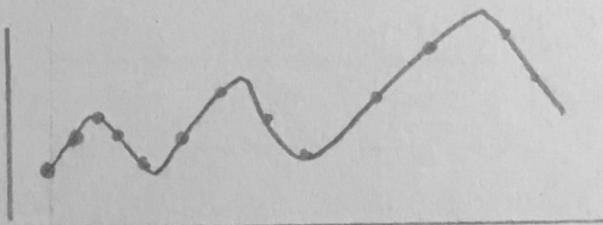
STATISTICS



- Other tabs lead to different pages which represent their corresponding graphs and information

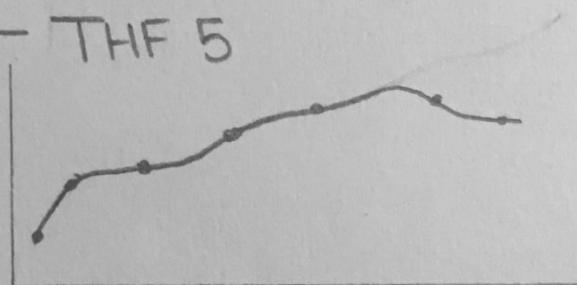
STATISTICS

- Overall



Data-1

- THF 5



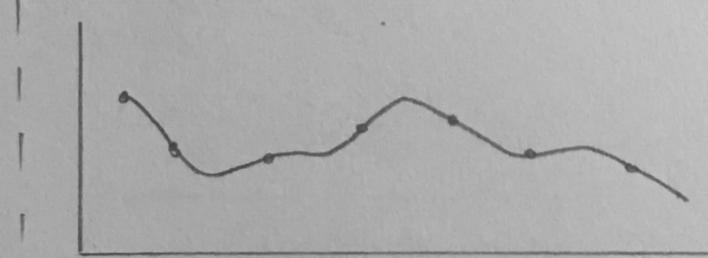
Data-2

:

:

:

- Stress



Data-3

:

:

:

- Goals

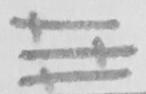
• Goals achieved: XX

• Goals not-completed: Y

• Goals failed: Z



STATISTICS



OVERALL

THF - 5

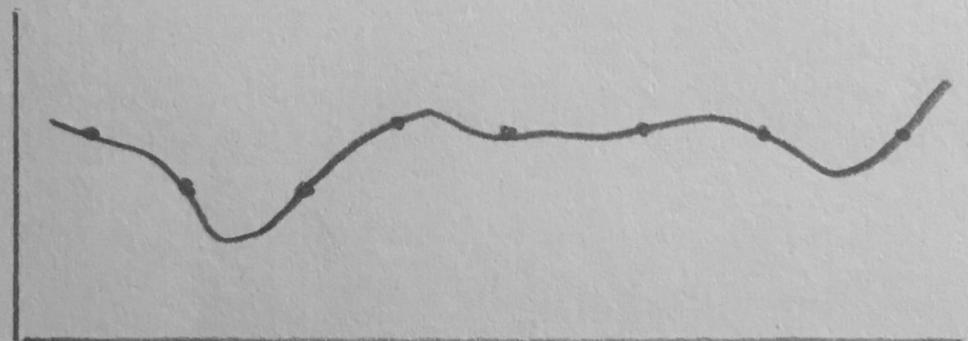
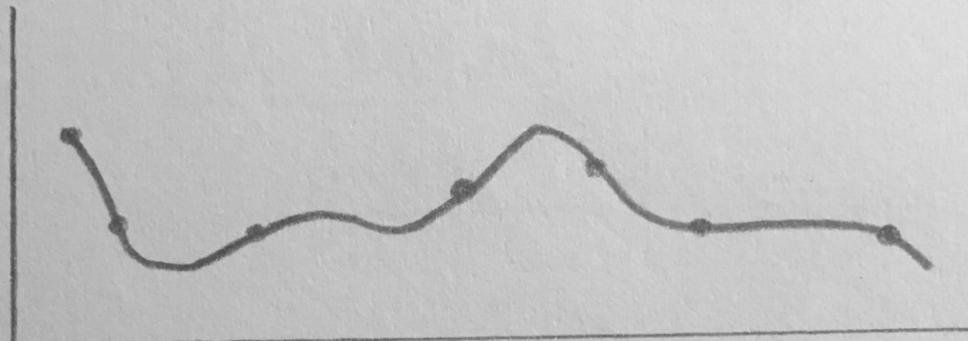
GOALS

STRESS

↓

STATISTICS H

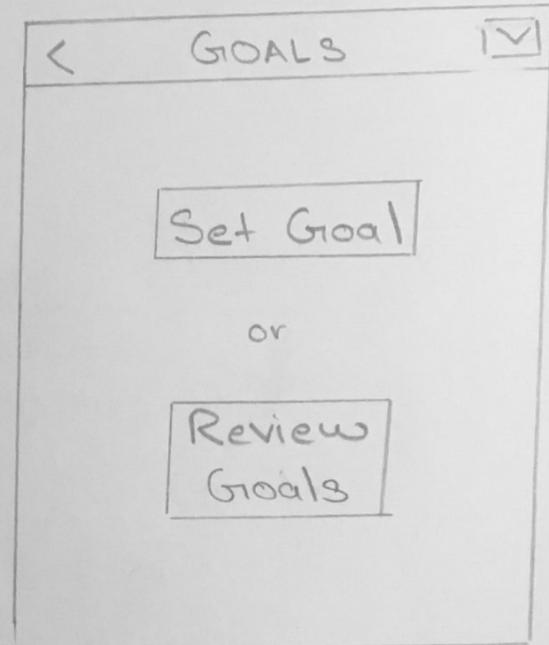
STRESS LEVELS



- Other tabs lead to different pages which represent their corresponding graphs and information

GOALS	
Goal 2	<input checked="" type="checkbox"/>
Goal 3	<input type="checkbox"/>
Goal 1	<input checked="" type="checkbox"/>
Goal 4	<input checked="" type="checkbox"/>
:	:
	(+)

Adding a Goal



Set Goal

Review Goals

GOALS

Set Goal

Name..

Category

Done

Blur Outside

Focused Modal

< GOALS	
Review Goals	<input checked="" type="checkbox"/>
Goal	<input checked="" type="checkbox"/>
Goal	<input type="checkbox"/>
Goal	<input checked="" type="checkbox"/>
Goal	<input checked="" type="checkbox"/>
:	:

- Goals may also include additional parameters and detailing

GOALS

Set Goal

Name..

Category

:

:

Set

Note: Filters includes:

- Date
- Checked
- Unchecked
- Category
- Alphabetical

GOALS	
=Goal 2	<input checked="" type="checkbox"/>
=Goal 3	<input type="checkbox"/>
=Goal 1	<input checked="" type="checkbox"/>
=Goal 4	<input checked="" type="checkbox"/>
:	:
	:



Adding a Goal



Set Goal

GOALS	
<div style="border: 1px solid black; padding: 10px;"> <p>Set Goal</p> <p>Name ..</p> <p>Category ✓</p> <p>Done</p> </div>	

Blur Outside

Focussed Modal

- Goals may also include additional parameters and detailing

