

You're about to listen to the Shared decision making workshop run by Dave Tomson and Keith Birrell.

But before you commit to listening to this session you are likely to want to know: is this workshop for you?

To help you decide: Here is some feedback from our participants and reviewers regarding this session:

The session was thought-provoking and somewhat inspiring. It changed my ideas and opened my perspectives on how to approach consultations.

The session was particularly useful for rapport building and health promotion.

This session was vital. Not just for the CSA exam but it will improve my consultation skills as a doctor.

The session the session was semistructured, lively and engaging. Learners and tutors were enthusiastic. The session was empowering, very interactive.

The tutors were very approachable and engaging. There were a number of "aha" learning moments.

Who is this session aimed at?

This session is aimed at all levels of GP registrar and at any GP who wishes to improve their communication skills.

So what skills will you learn in this session?

The session reinforces a partnership approach and the use of language such as "we".

You will learn to invite participation without losing power when asking the patient's ideas and expectations.

How to use tools in the consultation including: pen and paper, risk calculators and how to position your chair.

The use of the terms of choice, options and decisions.

How to share options.

An awareness of tools for shared decision-making.

Some useful websites and risk calculators.

How to avoid monologues and encourage dialogue.

How to communicate risk.

How to engage an agitated patient in decision-making. Is

How to make better shared decisions.

There are 31 audio segments in this workshop and it would be helpful for you to listen to the options discussion with Rachel about IBS before listening to the workshop.