

## Doctor's Instructions

**Name & age of patient** Gordon Francis 51

You are going through your blood test results on Friday evening at the end of your working day. You come across the following blood test results and decide to call the patient to share the result and to make a plan.

Glucose 24 mmol/l (normal range 3-7.7) HbA1c 104 mmol/l chol 5.5 HDL 1 mmol/l TSH 1.02 mIU/l Normal U+E normal,

### Summary Card

Past Medical History: Obesity 7 years ago. Hypertensive disease 9 years ago

DH: Lisinopril 5mg od

Allergies: None

### Case Notes - Last few entries in records:

today appointment with phlebotomist: HbA1c raised last year 48 mmol/l. Partner and mum both diabetes. Not a big drinker 5 units per week. Diet could be an issue. Motivated to change. BP 139/106 height 180cm weight 105kg BMI 32

HbA1c, TSH, U+E, fasting lipids taken

6 months ago Failed to attend appointment for hypertension review

1 year ago Letter to patient - invited to discuss recent blood test results.

1 year ago call to patient: message left to discuss recent blood test results. HbA1c 48 mmol/l