

You're about to listen to the Red flag questions and safety netting workshop run by Keith Birrell, Prem, Tamzin Ross and Sina Sharifpour.

But before you commit to listening to this session you are likely to want to know: is this workshop for you?

To help you decide: Here is some feedback from our participants and reviewers regarding this session:

The workshop encourage me to change my behaviour and language with patients.

I would highly recommend this session to others and regret that I've not been to more sessions.

I found it very useful to listen to and reflect on the audio consultation before attending the actual session.

The accompanying notes are very precious and will definitely change my future practice.

The icebreaker was helpful and a nice way to be introduced to everyone.

The quiz cemented my learning and encouraged us to practice ways of phrasing red flag questions and safety netting succinctly. It was also a fun way to end and consolidate the session.

Who is this session aimed at?

This session is aimed at all levels of GP registrar preparing for the Clinical Skills Assessment. But it will also help experienced GPs who want to make their consultations more safe.

So what skills will you learn in this session?

I will be more specific in terms of symptoms and timing when safety netting.

I will signpost that I am introducing important information to the patient when asking red flag questions.

I now understand Roger Neighbour's structure for safety netting.

For example: if I'm right that this is a cold, your cough should improve within 3 to 4 weeks. If I'm not right I'd like to see you if your symptoms aren't improving after 3 to 4 weeks. I also need to see you if your fever persists for more than two days, or if you become unwell or breathless.

I'll be more clear about the expected timeframe and natural history of illnesses.

My language and phrasing for asking red flag questions and for safety netting will be more clear and simple.

Although you will be educating patients about future possibilities of nasty illnesses you will be able to avoid scaring them by reassuring them with realistic probabilities.

I will be more specific in advising how patients should seek help.

I will try to use safety netting as an opportunity to influence help seeking behaviour.

There are 33 audio segments in this workshop