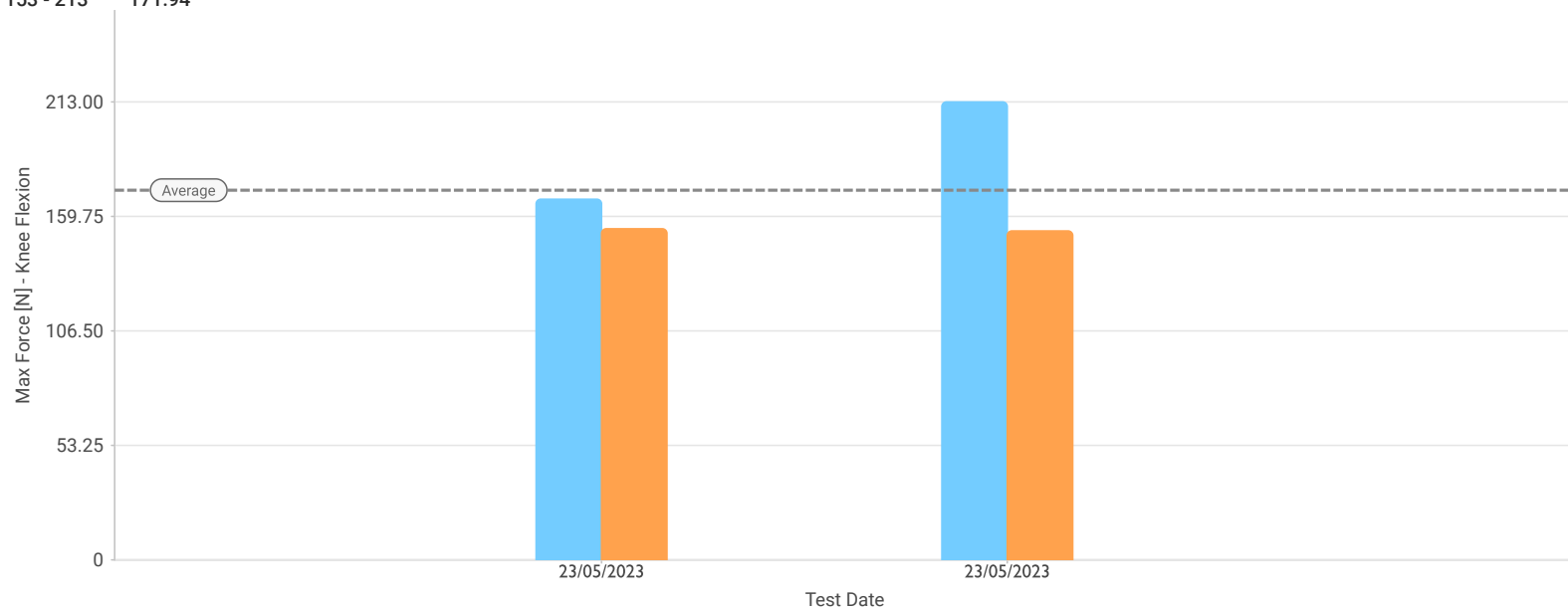


Tests (11)

Profile	Date	Test Type	Test Position	Reps
Adriana Silveira 11 Tests	23/05/2023 4:41 PM	Knee Flexion	Standing	FLEX 2 L / 2 R
	23/05/2023 4:38 PM	Knee Flexion	Prone	FLEX 2 L / 2 R
	23/05/2023 4:35 PM	Ankle IN/EV	Supine	INV 2 L / 2 R EV 2 L / 2 R
	23/05/2023 4:33 PM	Hip IR/ER	Prone	ER 2 L / 2 R IR 2 L / 2 R
	23/05/2023 4:30 PM	Hip Extension	Prone	EXT 2 L / 2 R
	23/05/2023 4:27 PM	Hip Flexion	Kicker	FLEX 2 L / 2 R
	23/05/2023 4:24 PM	Knee extensor	Knee ext	Outer 2 L / 2 R
	23/05/2023 4:20 PM	Hip AD/AB	Seated	ADD 2 L / 2 R ABD 2 L / 2 R
	23/05/2023 4:17 PM	Hip Flexion	Seated	FLEX 2 L / 2 R
	23/05/2023 4:14 PM	Ankle Dorsiflexion	Seated	DF 2 L / 2 R
	23/05/2023 4:06 PM	Panturrilha Sentada	Panturrilha Sentada	Outer 2 L / 2 R

Knee Flexion Max Force [N] - Knee Flexion

Range Average
153 - 213 171.94



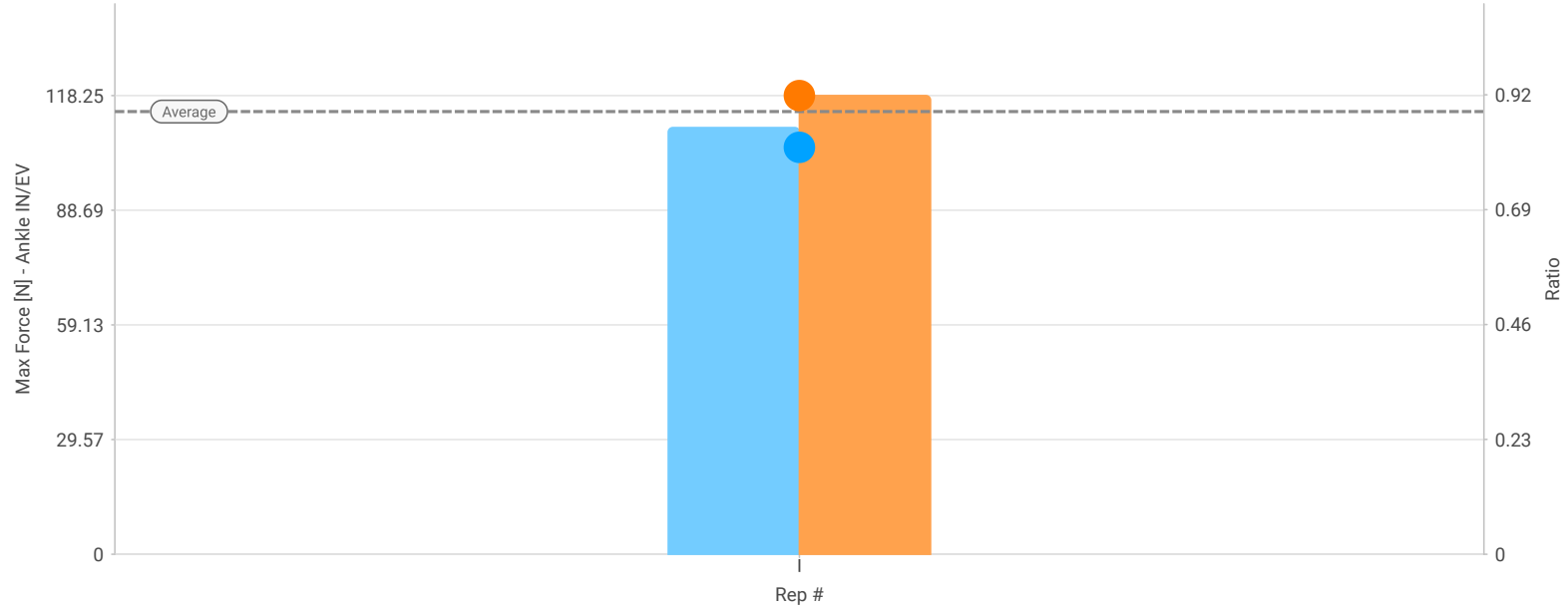
Inversion Max Force [N] - Ankle IN/EV

Range

Average

110 - 118.25

114.13



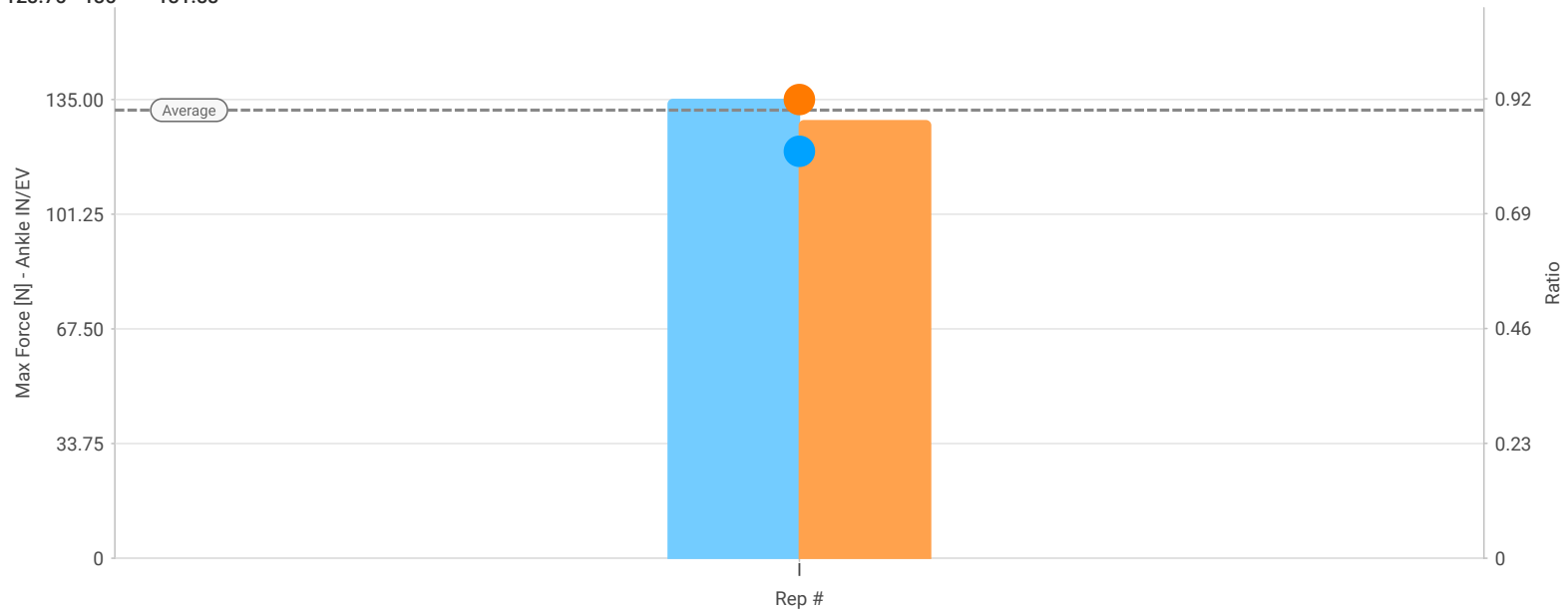
Eversion Max Force [N] - Ankle IN/EV

Range

Average

128.75 - 135

131.88



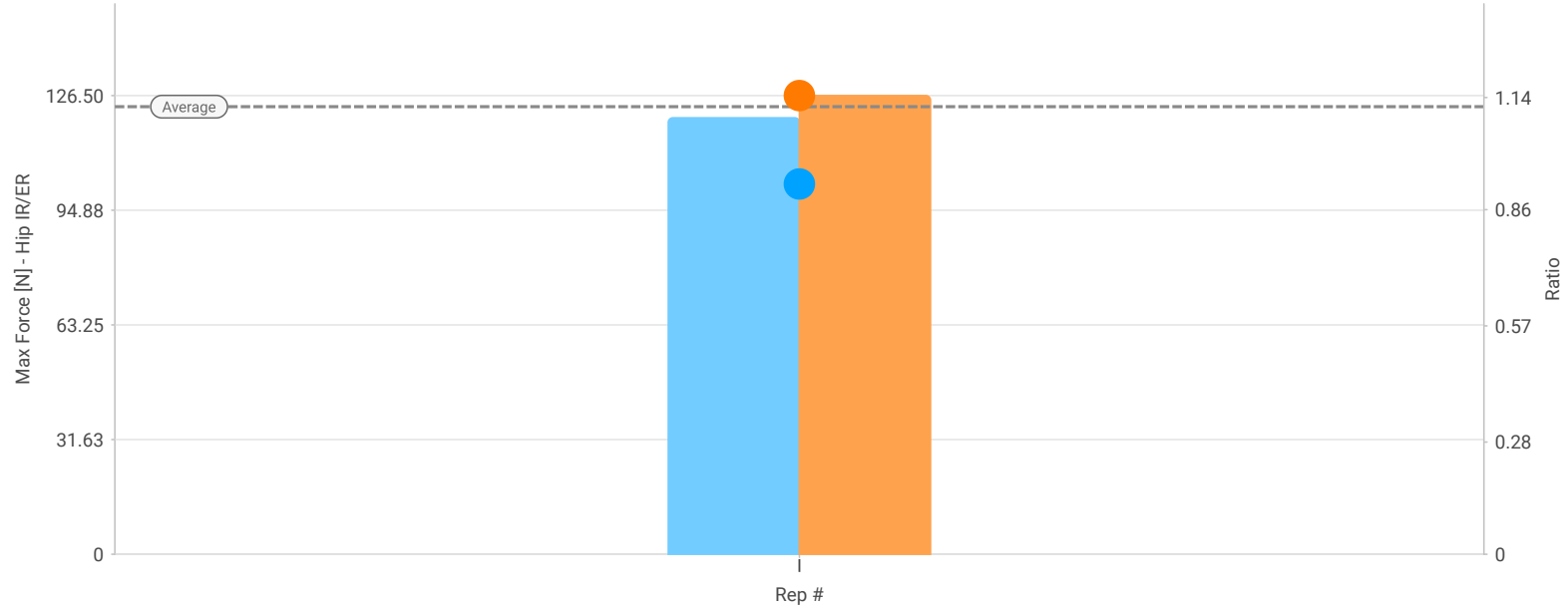
External Rotation Max Force [N] - Hip IR/ER

Range

Average

120.38 - 126.5

123.44



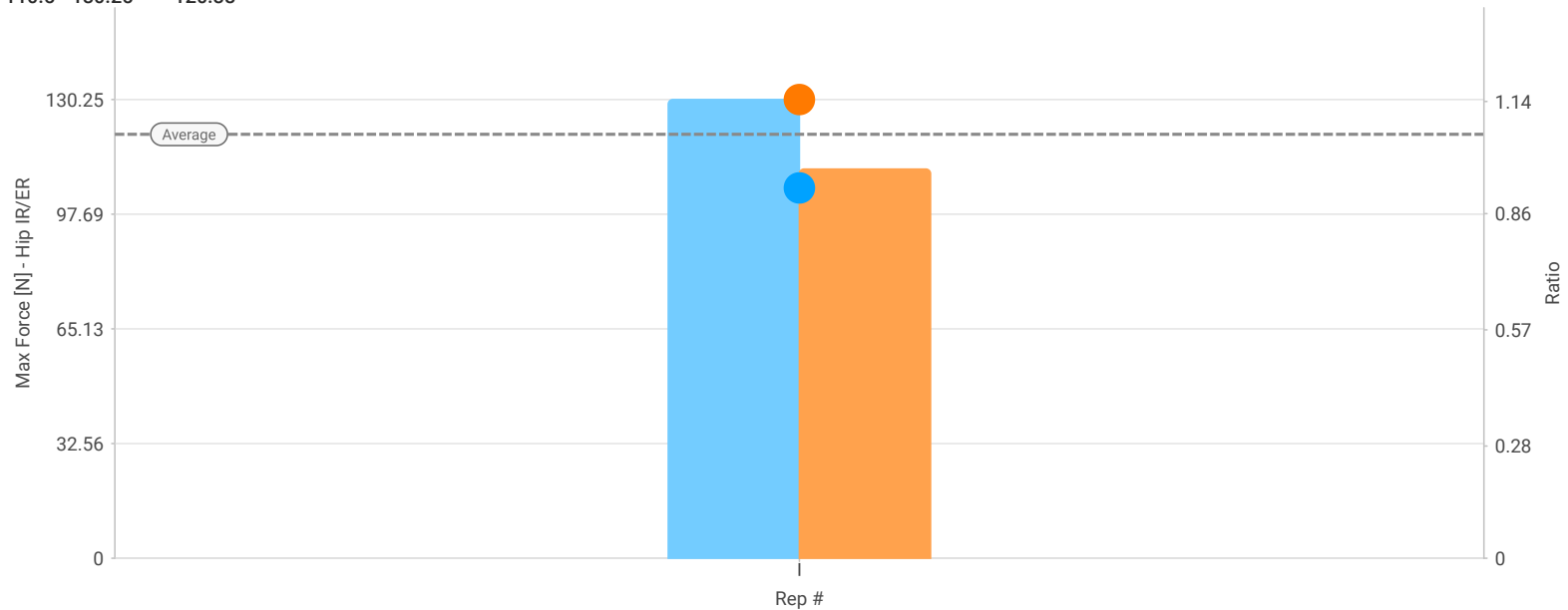
Internal Rotation Max Force [N] - Hip IR/ER

Range

Average

110.5 - 130.25

120.38



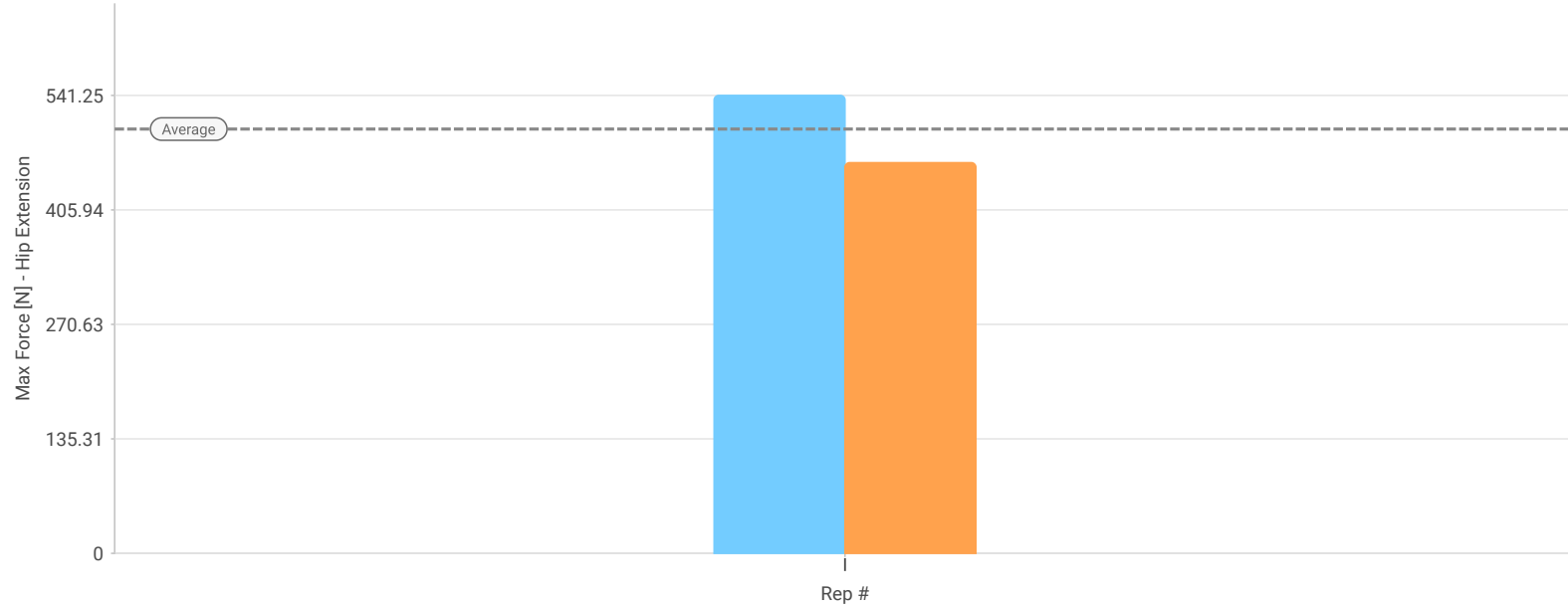
Extension Max Force [N] - Hip Extension

Range

461.75 - 541.25

Average

501.5



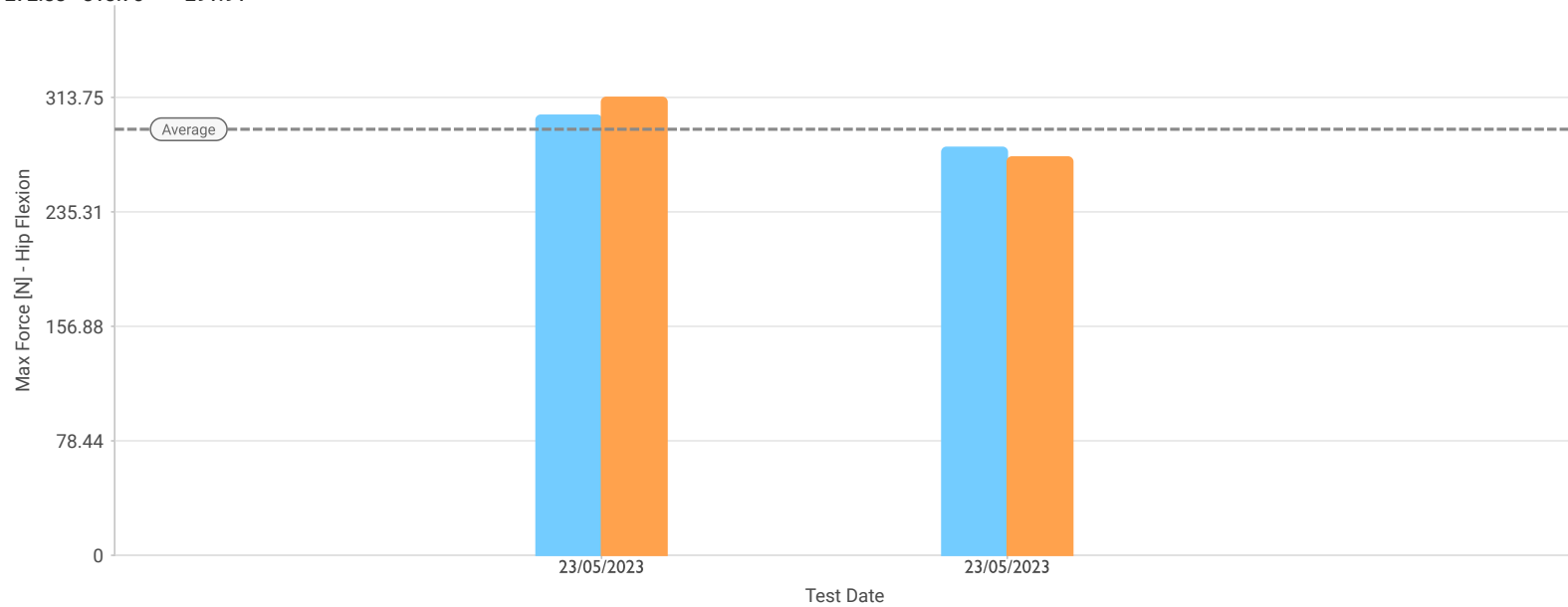
Flexion Max Force [N] - Hip Flexion

Range

272.88 - 313.75

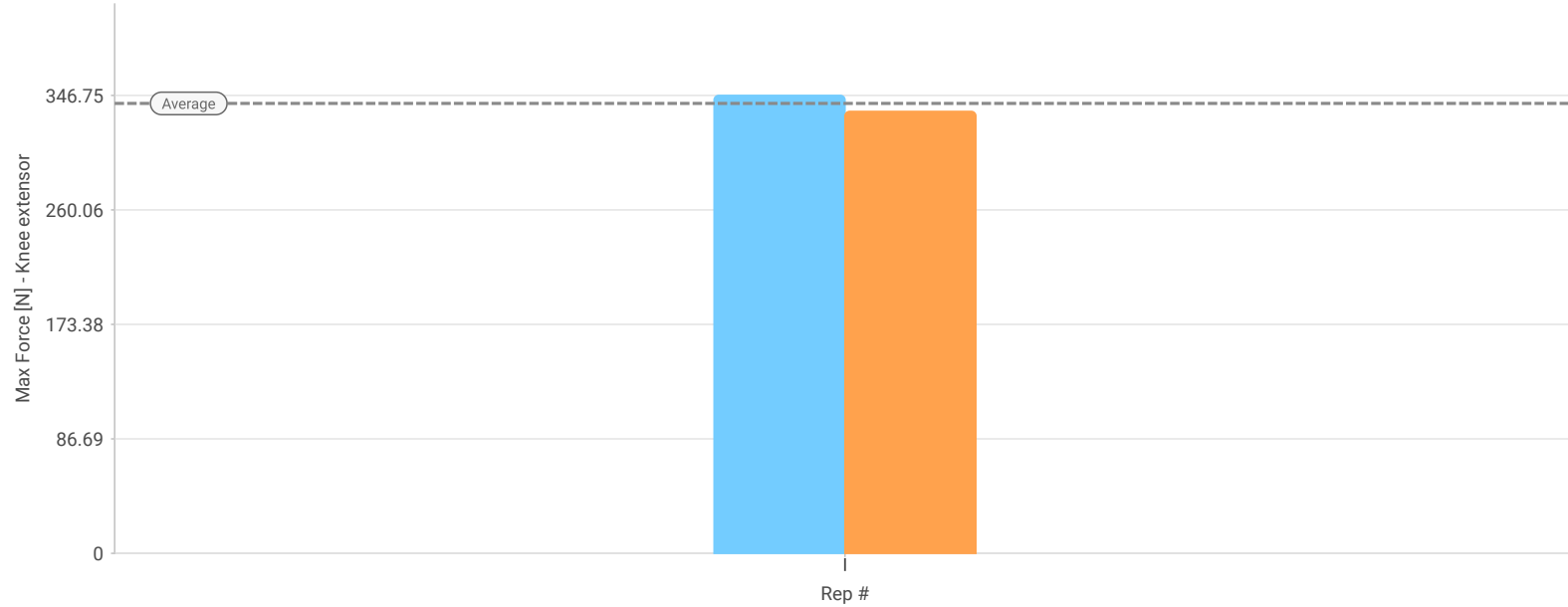
Average

291.91



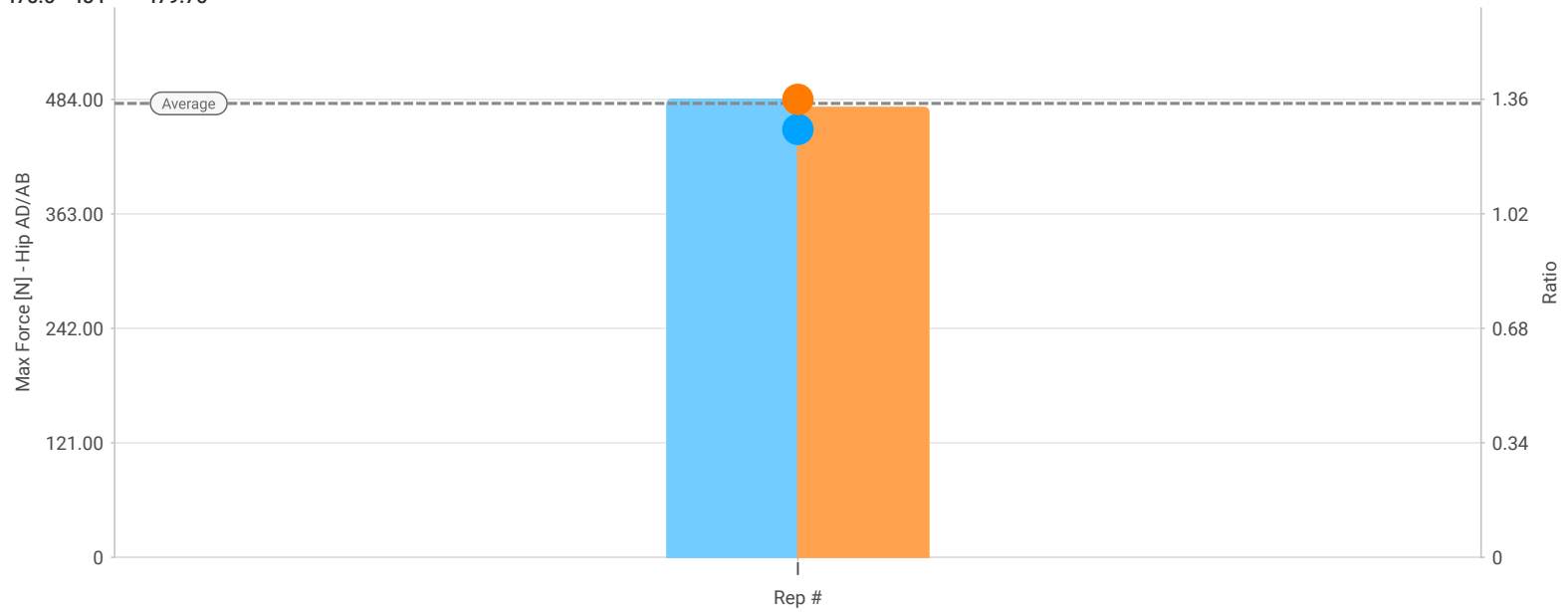
Max Force [N] - Knee extensor

Range Average
334.63 - 346.75 340.69



Adduction Max Force [N] - Hip AD/AB

Range Average
475.5 - 484 479.75



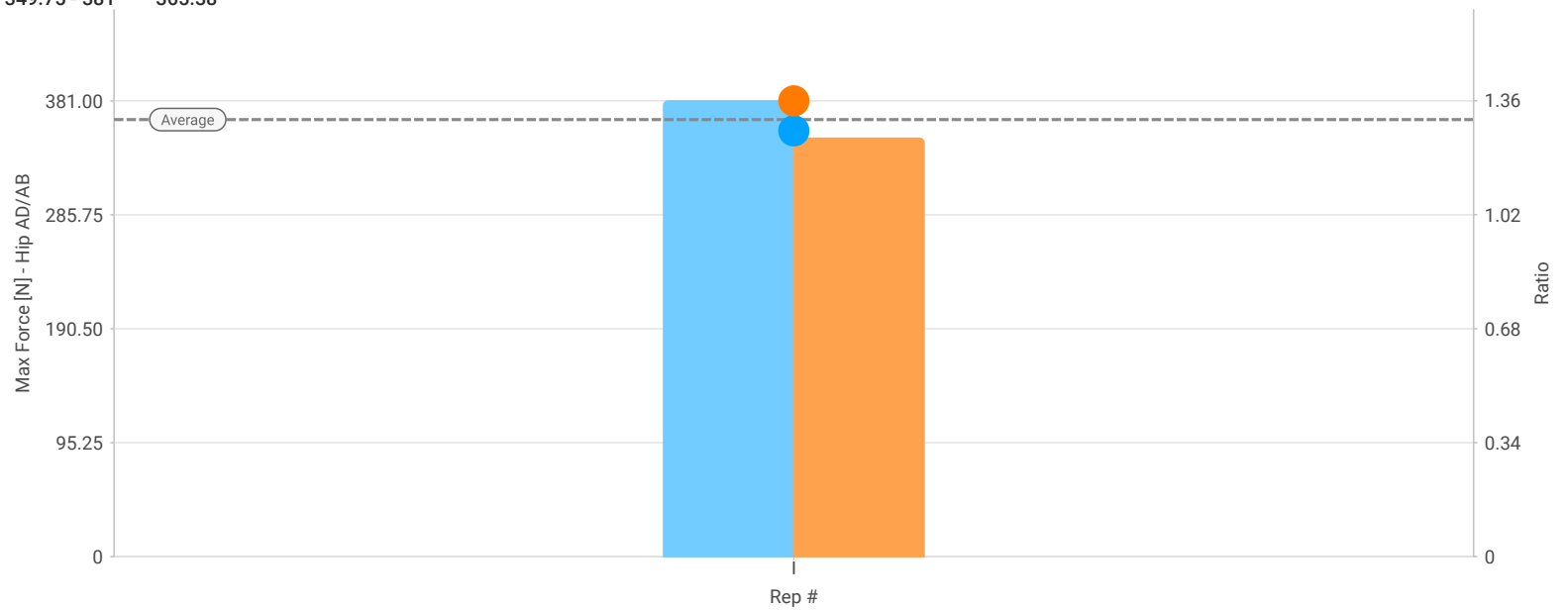
Abduction Max Force [N] - Hip AD/AB

Range

Average

349.75 - 381

365.38



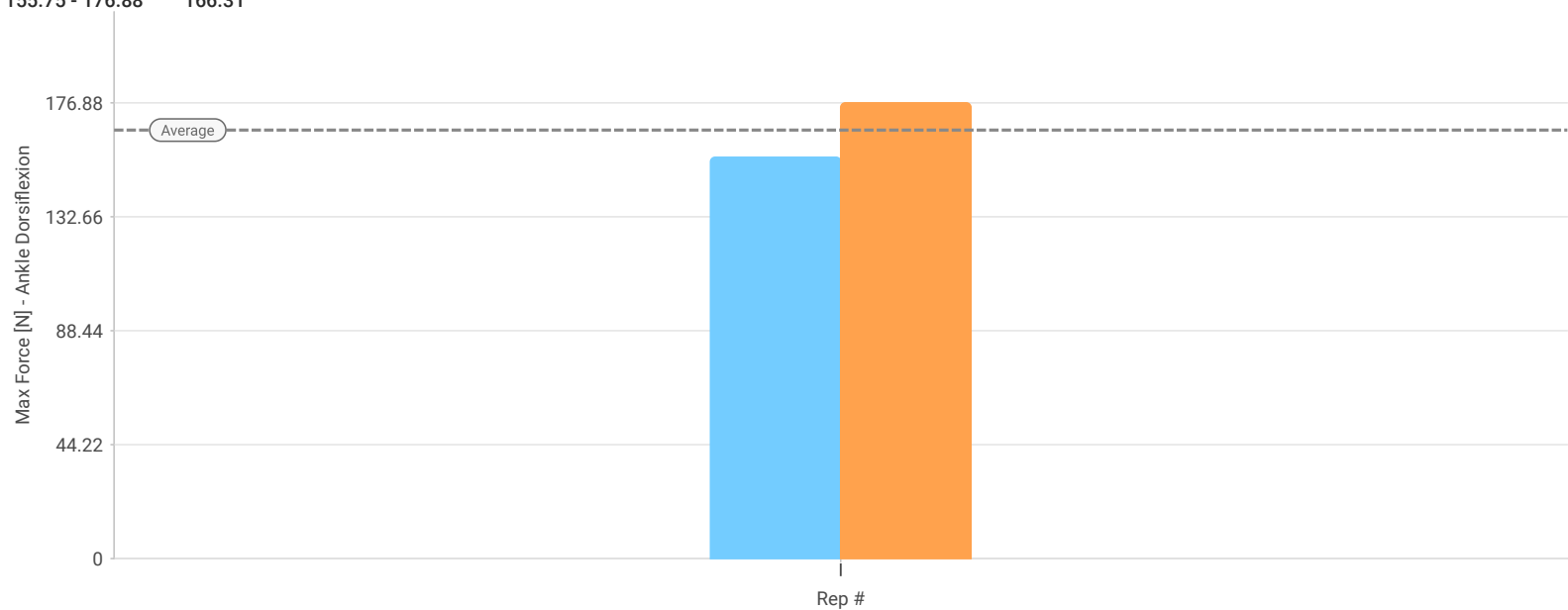
Dorsiflexion Max Force [N] - Ankle Dorsiflexion

Range

Average

155.75 - 176.88

166.31



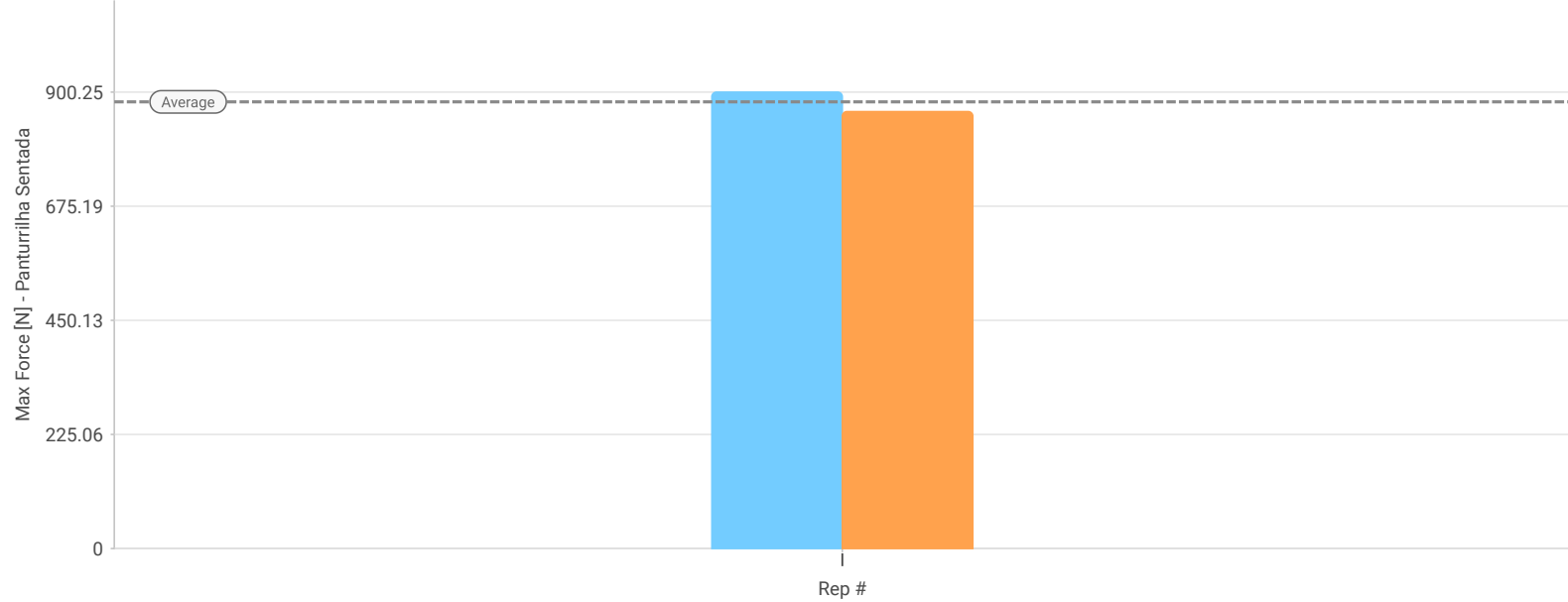
Max Force [N] - Panturrilha Sentada

Range

861.88 - 900.25

Average

881.06



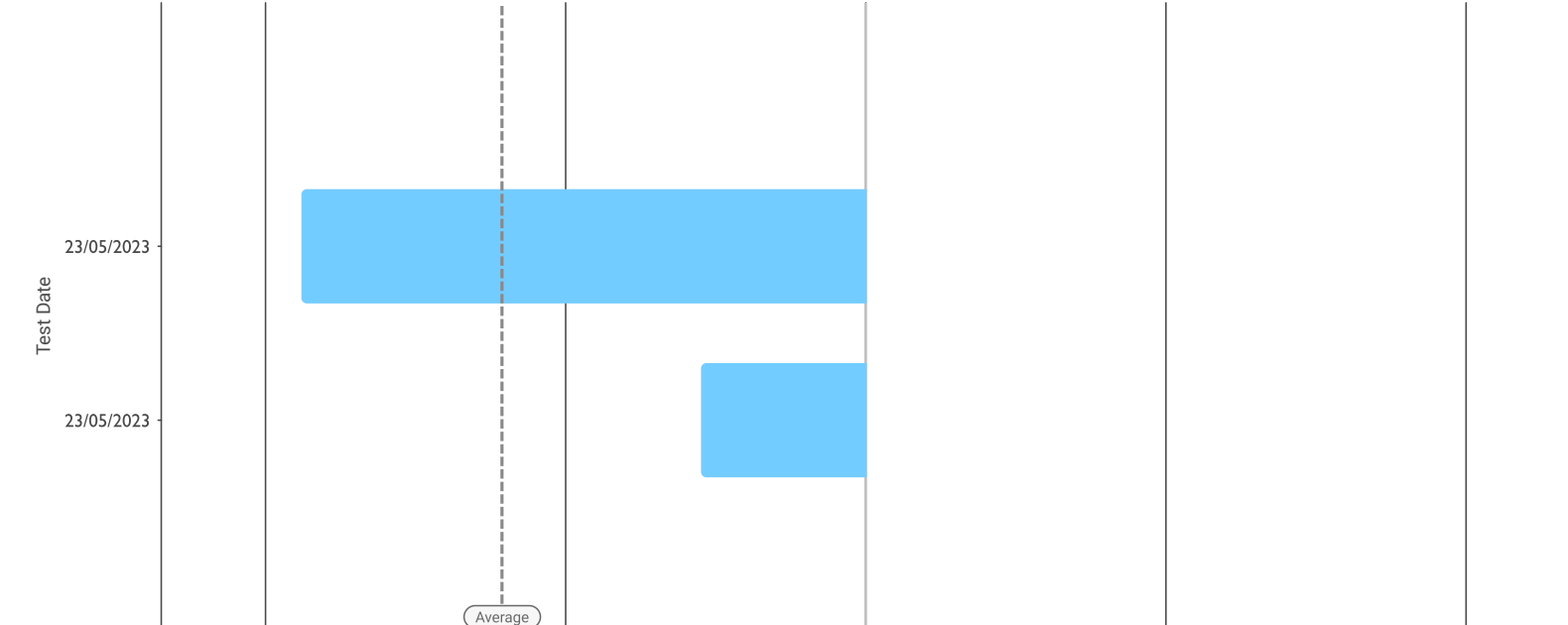
Knee Flexion Asymmetry [%] - Knee Flexion

Range

28.17 L - 8.2 R

Average

18.18 L



Inversion Asymmetry [%] - Ankle IN/EV

Range

Average

6.98 L - 6.98 R

6.98 R

Rep #



Eversion Asymmetry [%] - Ankle IN/EV

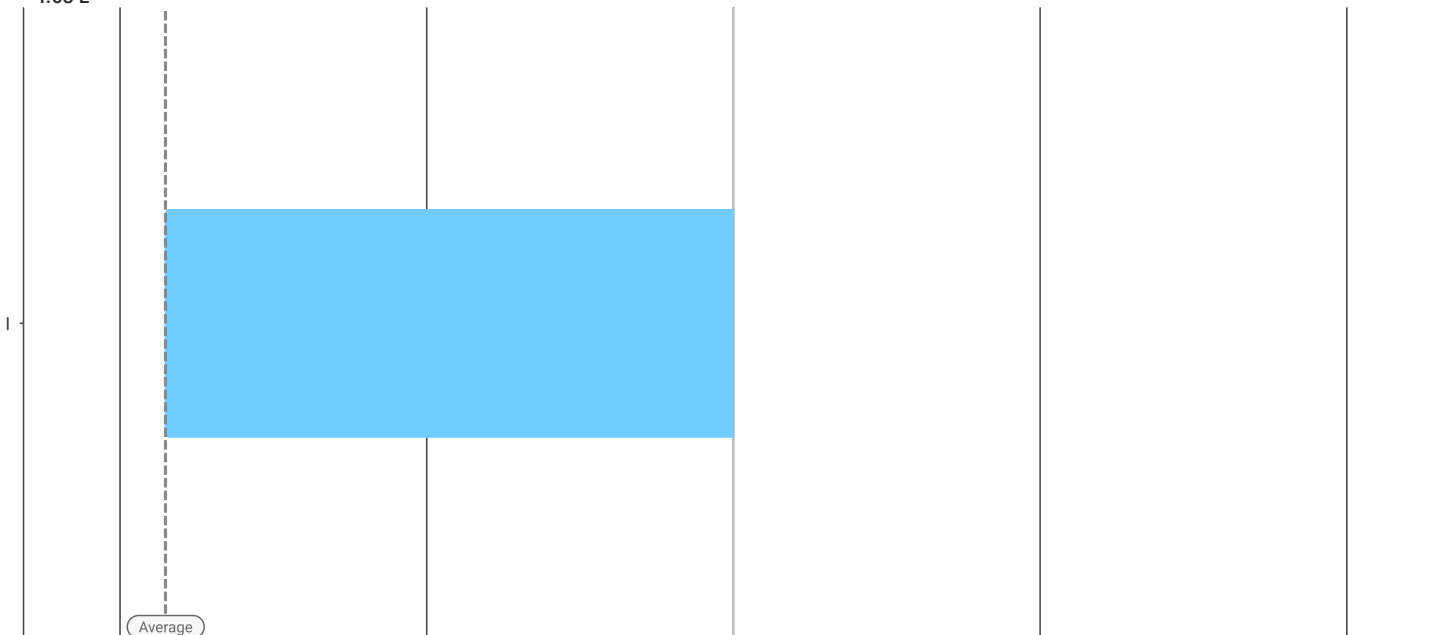
Range

Average

4.63 L - 4.63 R

4.63 L

Rep #



External Rotation Asymmetry [%] - Hip IR/ER

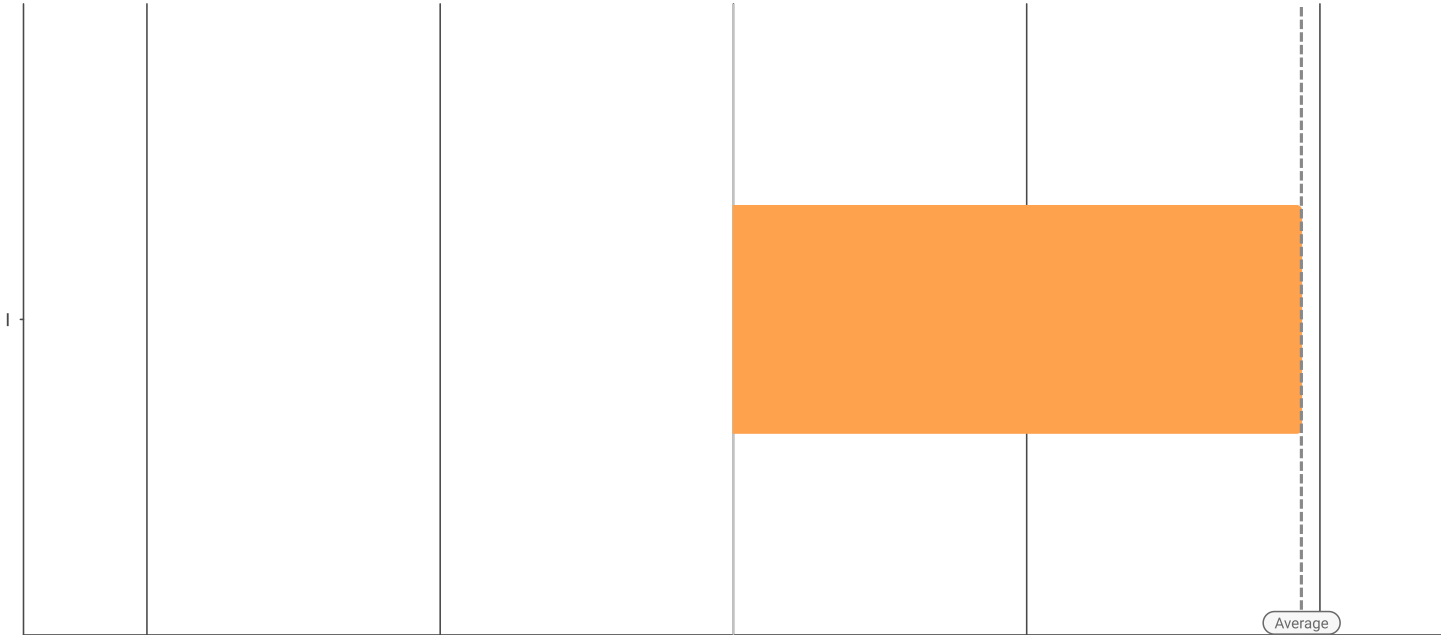
Range

Average

4.84 L - 4.84 R

4.84 R

Rep #



Internal Rotation Asymmetry [%] - Hip IR/ER

Range

Average

15.16 L - 15.16 R

15.16 L

Rep #



Extension Asymmetry [%] - Hip Extension

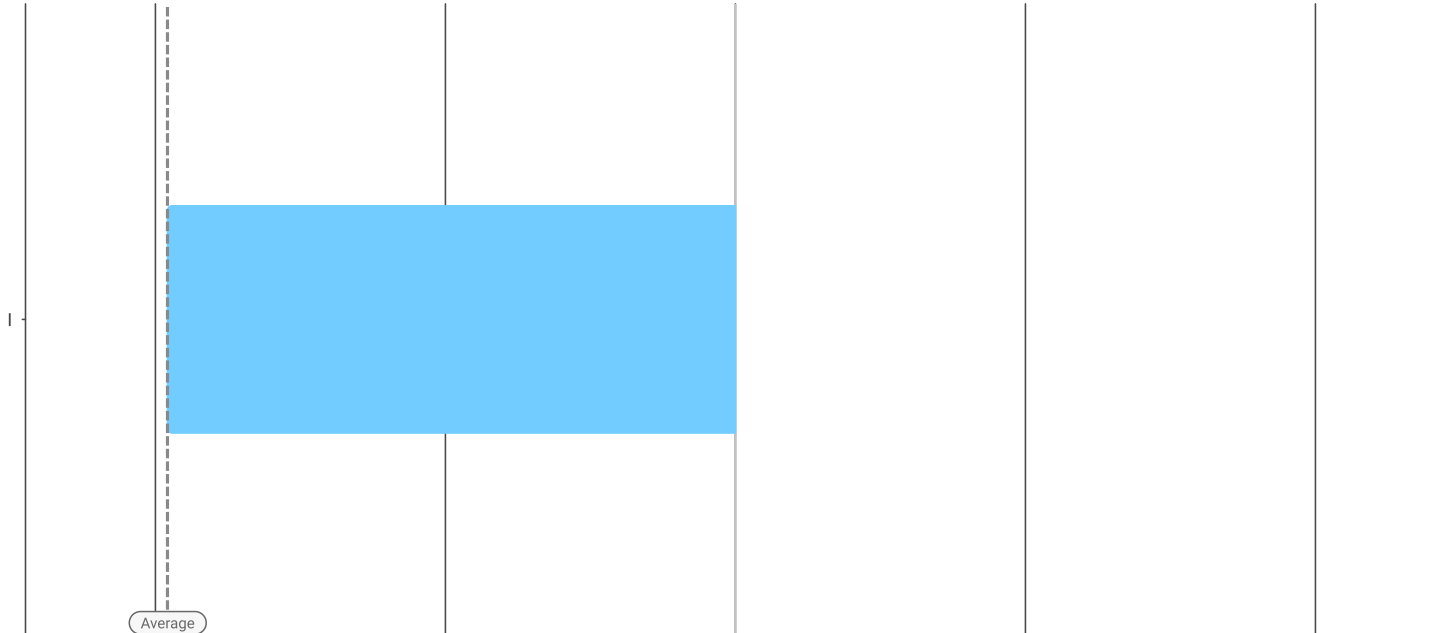
Range

Average

14.69 L - 14.69 R

14.69 L

Rep #



Flexion Asymmetry [%] - Hip Flexion

Range

Average

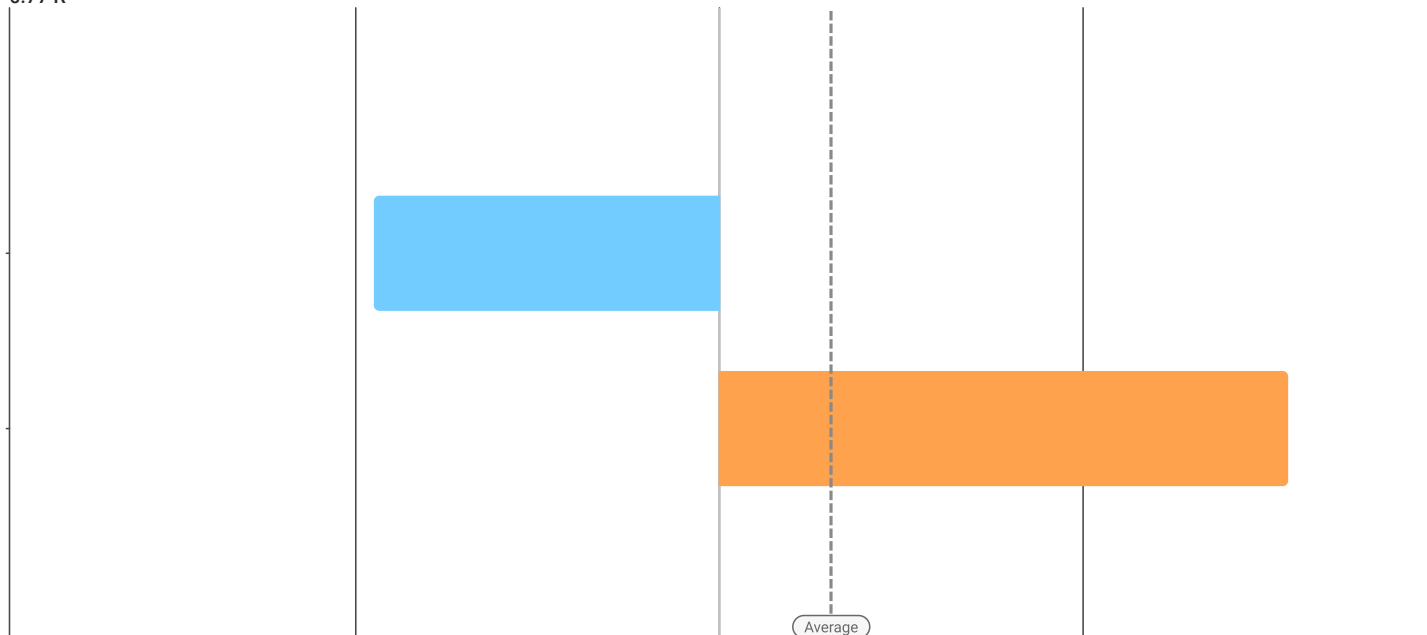
2.37 L - 3.9 R

0.77 R

Test Date

23/05/2023

23/05/2023



Asymmetry [%] - Knee extensor

Range

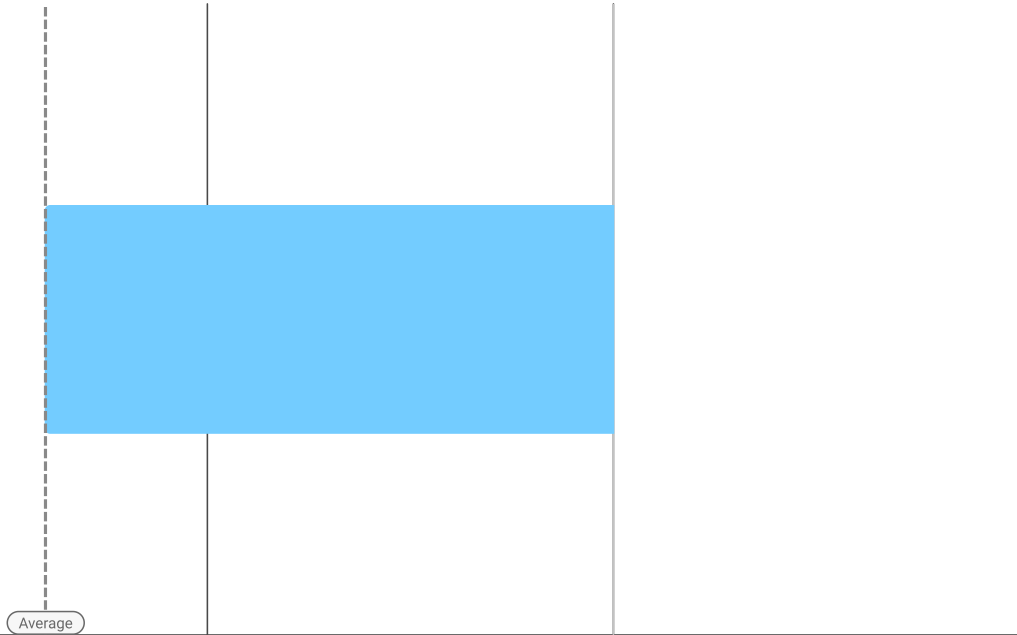
Average

3.5 L - 3.5 R

3.5 L

Rep #

1



Adduction Asymmetry [%] - Hip AD/AB

Range

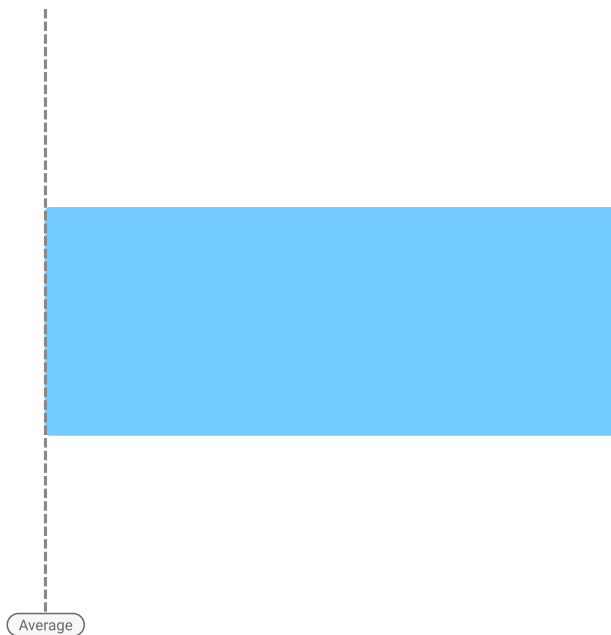
Average

1.76 L - 1.76 R

1.76 L

Rep #

1



Abduction Asymmetry [%] - Hip AD/AB

Range

Average

8.2 L - 8.2 R

8.2 L

Rep #



Dorsiflexion Asymmetry [%] - Ankle Dorsiflexion

Range

Average

11.94 L - 11.94 R

11.94 R

Rep #



Asymmetry [%] - Panturrilha Sentada

Range

Average

4.26 L - 4.26 R

4.26 L

Rep #



Knee Flexion Impulse Force [N] - Knee Flexion

Range

Average

1125.91 - 1461.28

1245.18

Impulse Force [N] - Knee Flexion

1461.28

1095.96

730.64

365.32

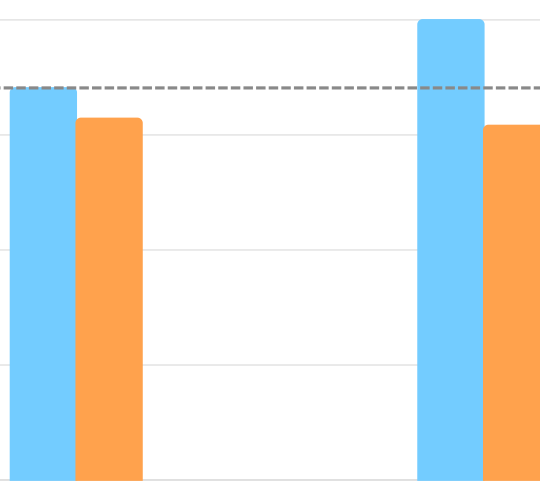
0

23/05/2023

23/05/2023

Test Date

Average



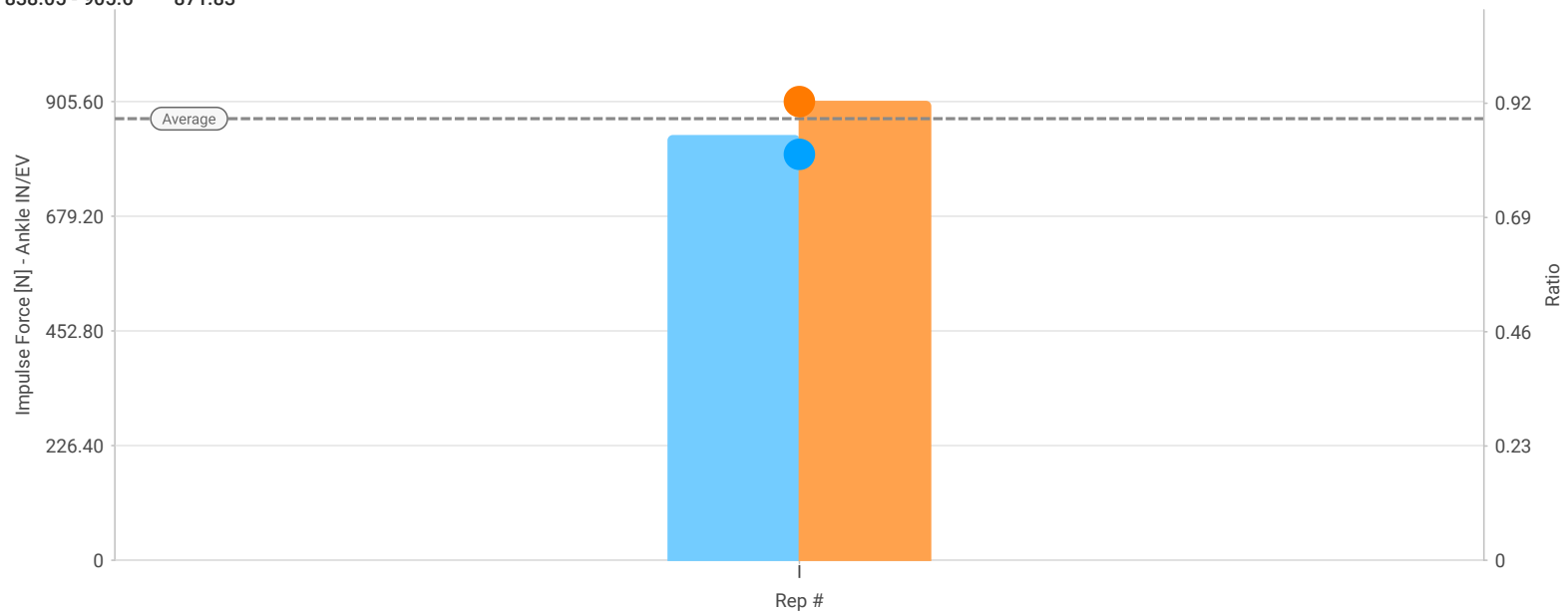
Inversion Impulse Force [N] - Ankle IN/EV

Range

Average

838.05 - 905.6

871.83



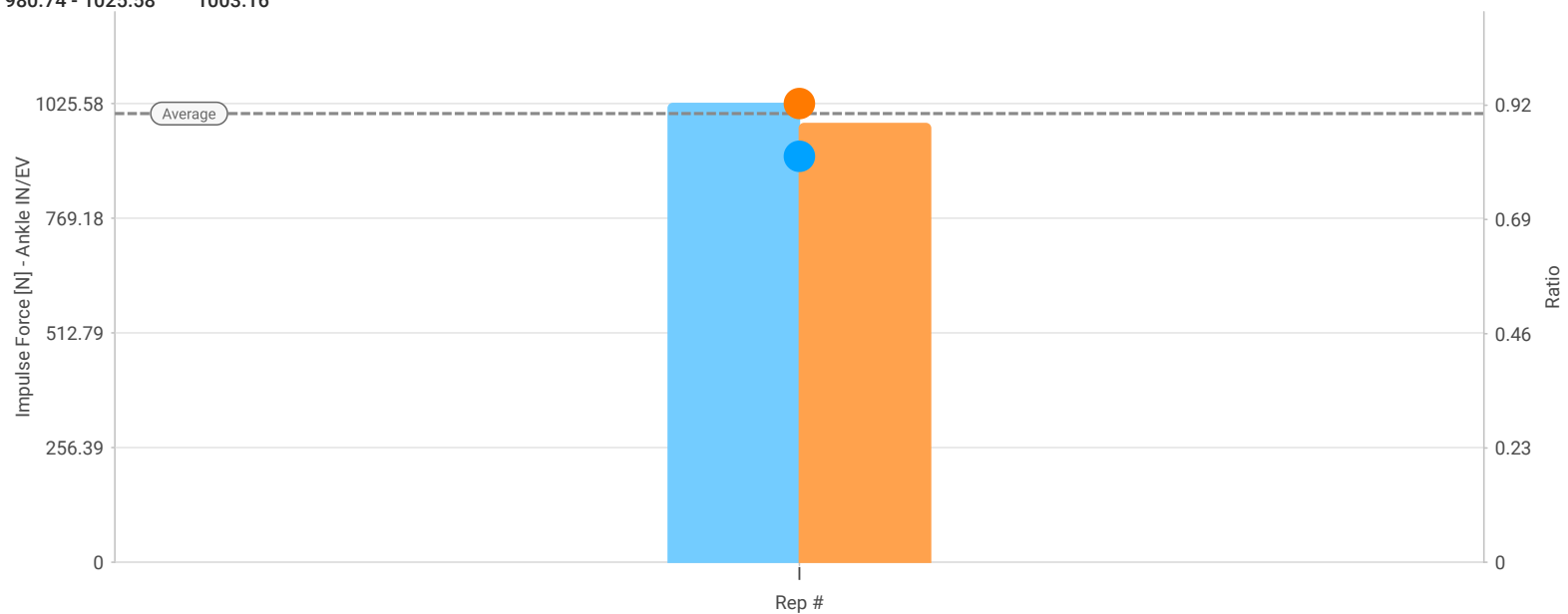
Eversion Impulse Force [N] - Ankle IN/EV

Range

Average

980.74 - 1025.58

1003.16



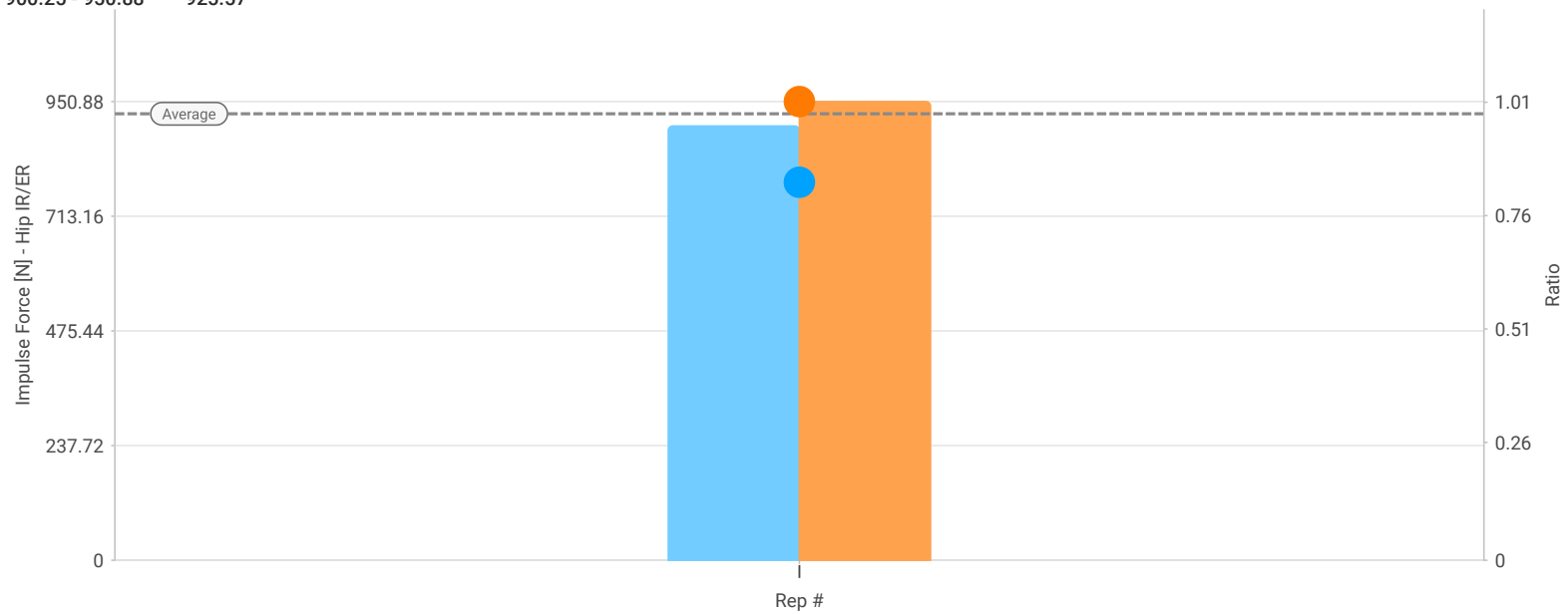
External Rotation Impulse Force [N] - Hip IR/ER

Range

Average

900.25 - 950.88

925.57



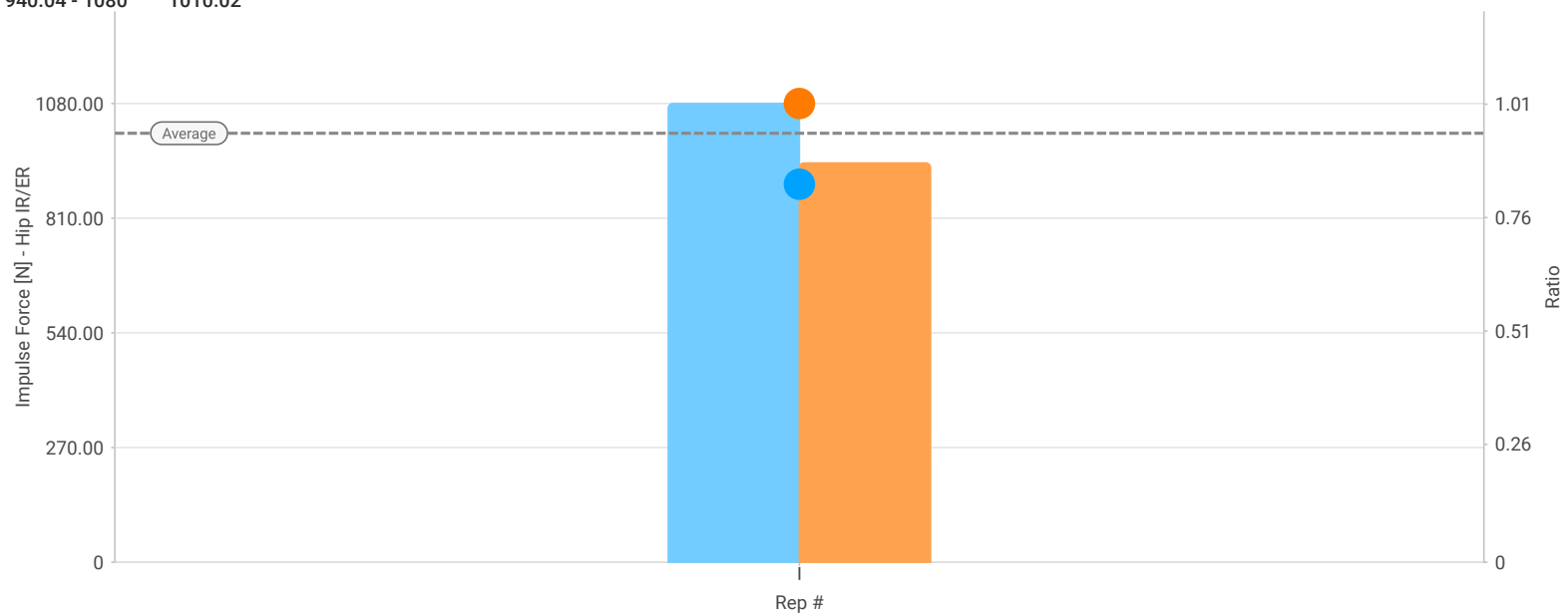
Internal Rotation Impulse Force [N] - Hip IR/ER

Range

Average

940.04 - 1080

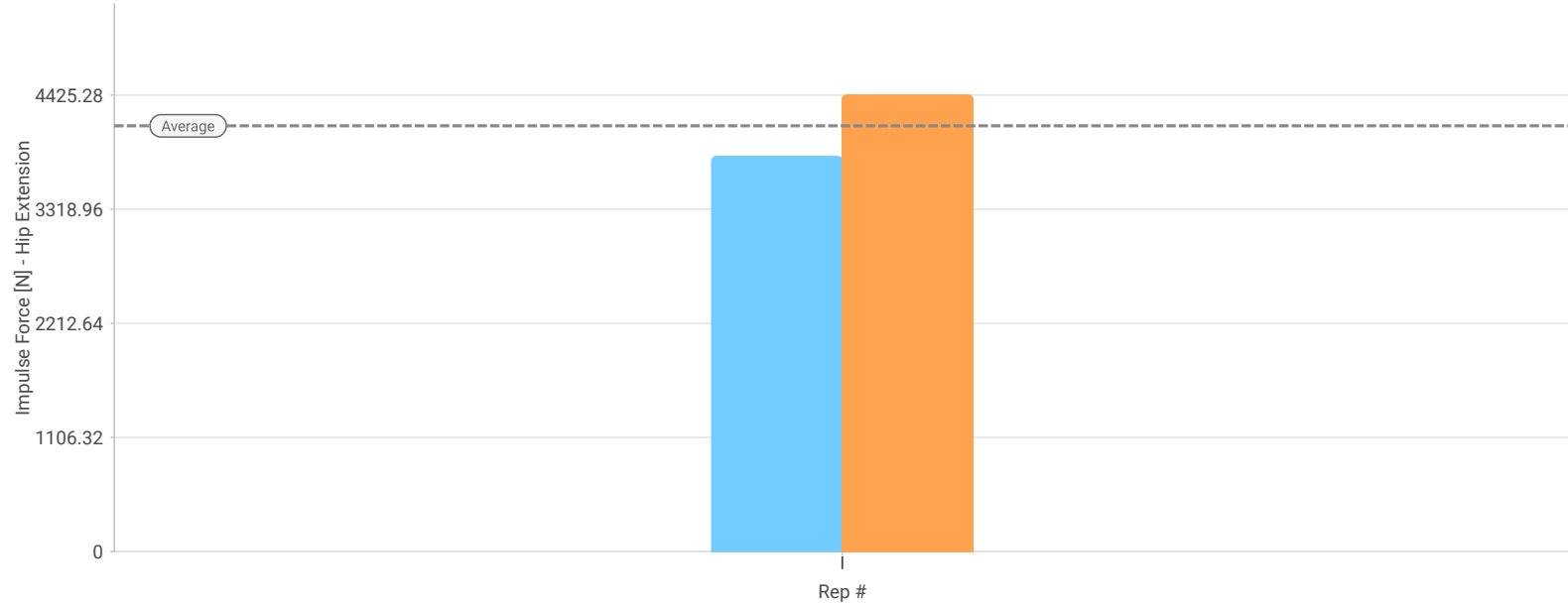
1010.02



Extension Impulse Force [N] - Hip Extension

Range
3829.49 - 4425.28

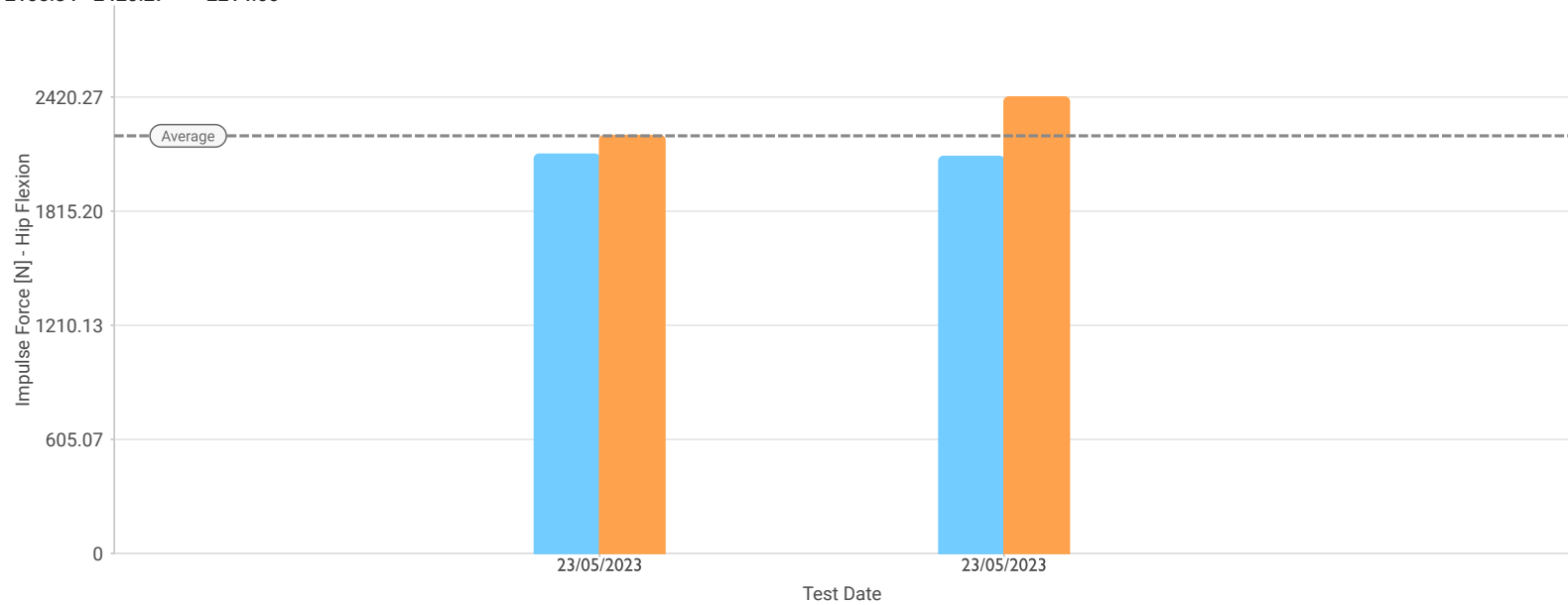
Average
4127.39



Flexion Impulse Force [N] - Hip Flexion

Range
2105.34 - 2420.27

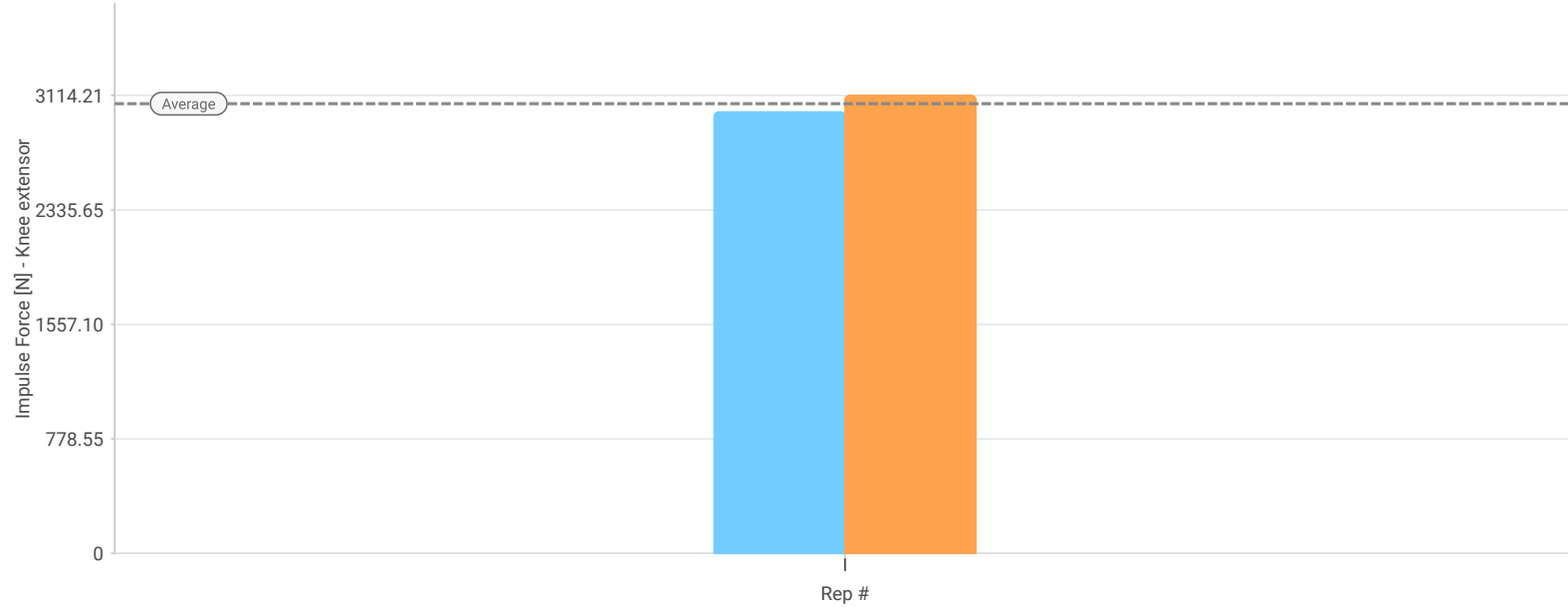
Average
2214.66



Impulse Force [N] - Knee extensor

Range
3001.78 - 3114.21

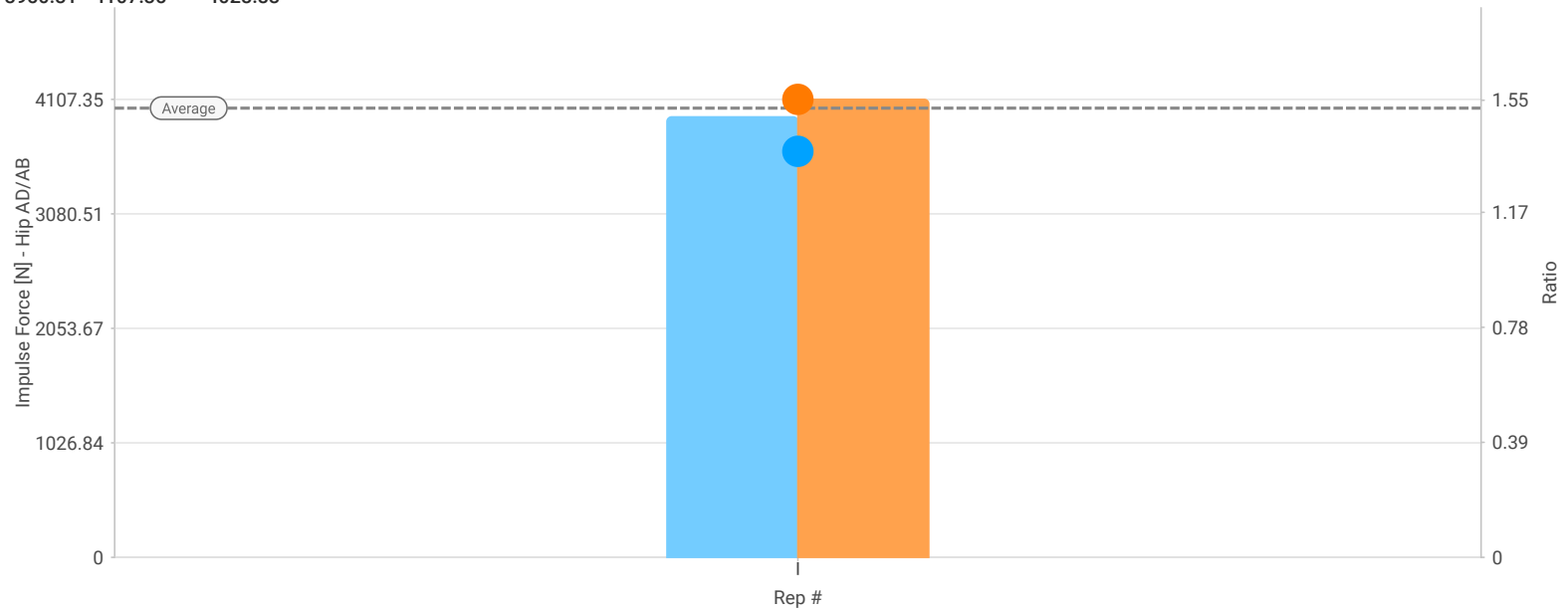
Average
3057.99



Adduction Impulse Force [N] - Hip AD/AB

Range
3950.31 - 4107.35

Average
4028.83



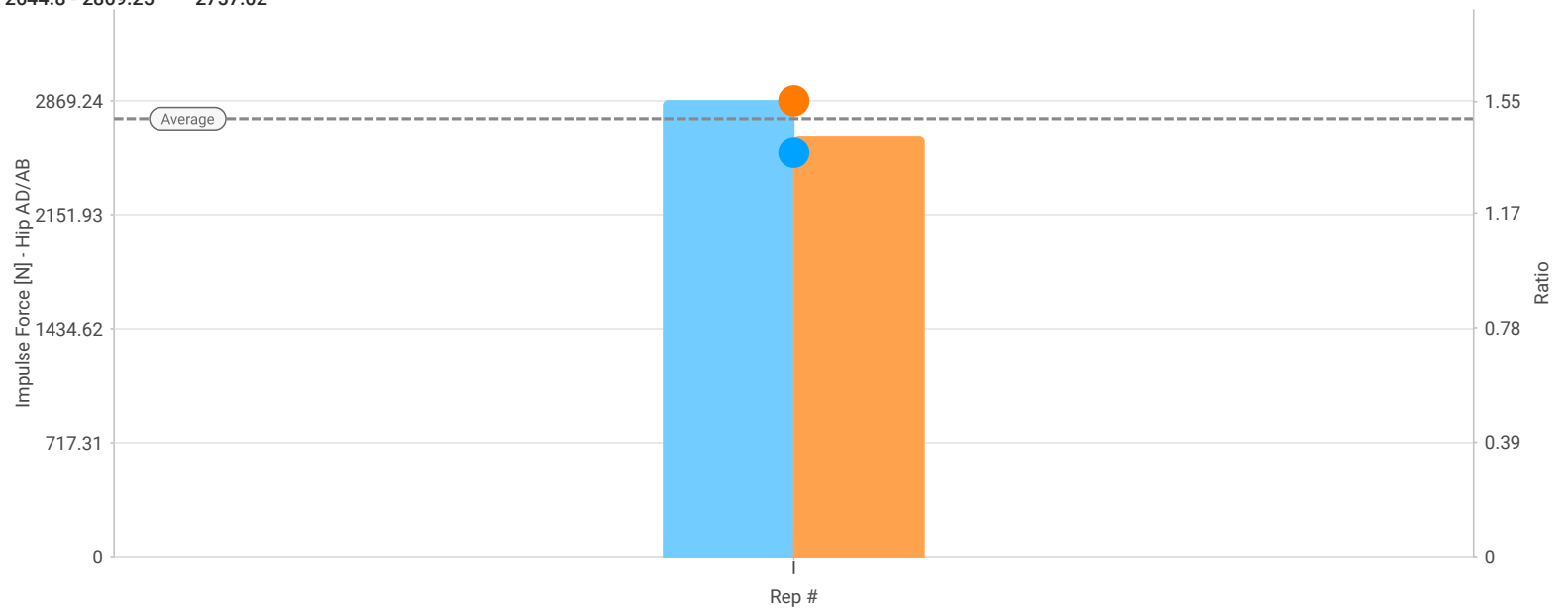
Abduction Impulse Force [N] - Hip AD/AB

Range

Average

2644.8 - 2869.25

2757.02



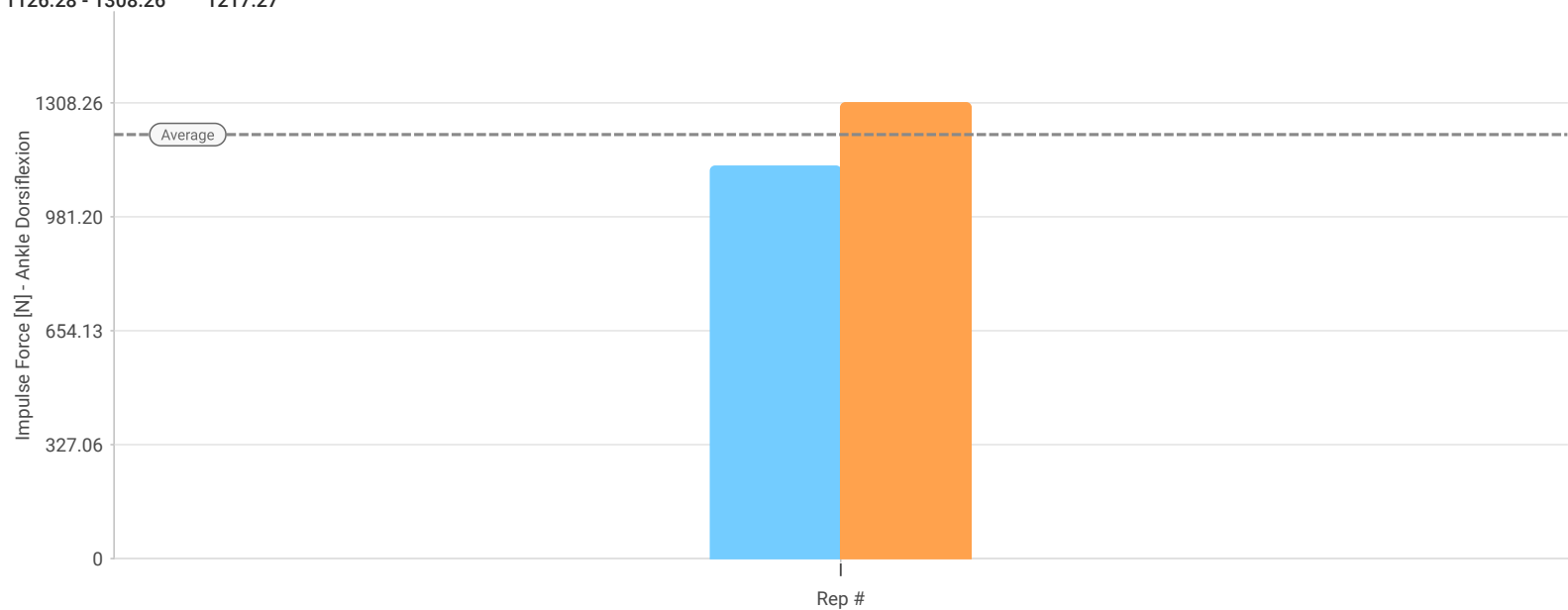
Dorsiflexion Impulse Force [N] - Ankle Dorsiflexion

Range

Average

1126.28 - 1308.26

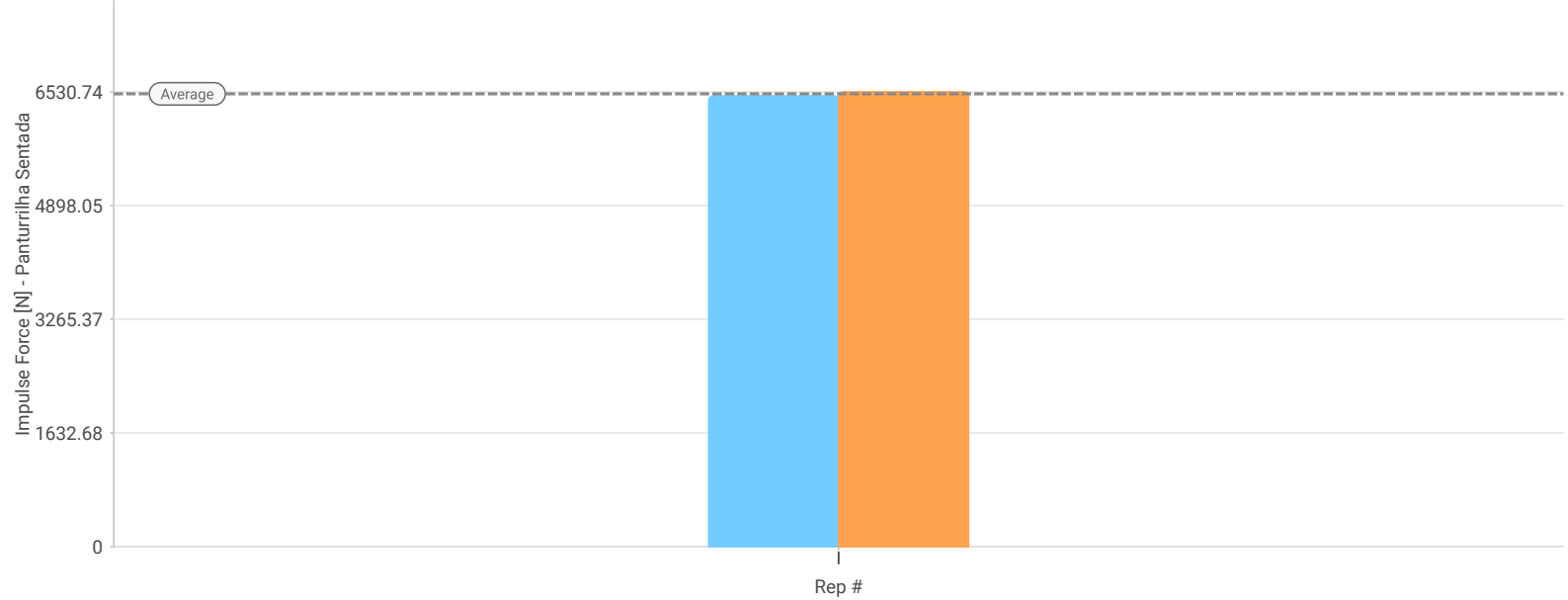
1217.27



Impulse Force [N] - Panturrilha Sentada

Range
6472.97 - 6530.74

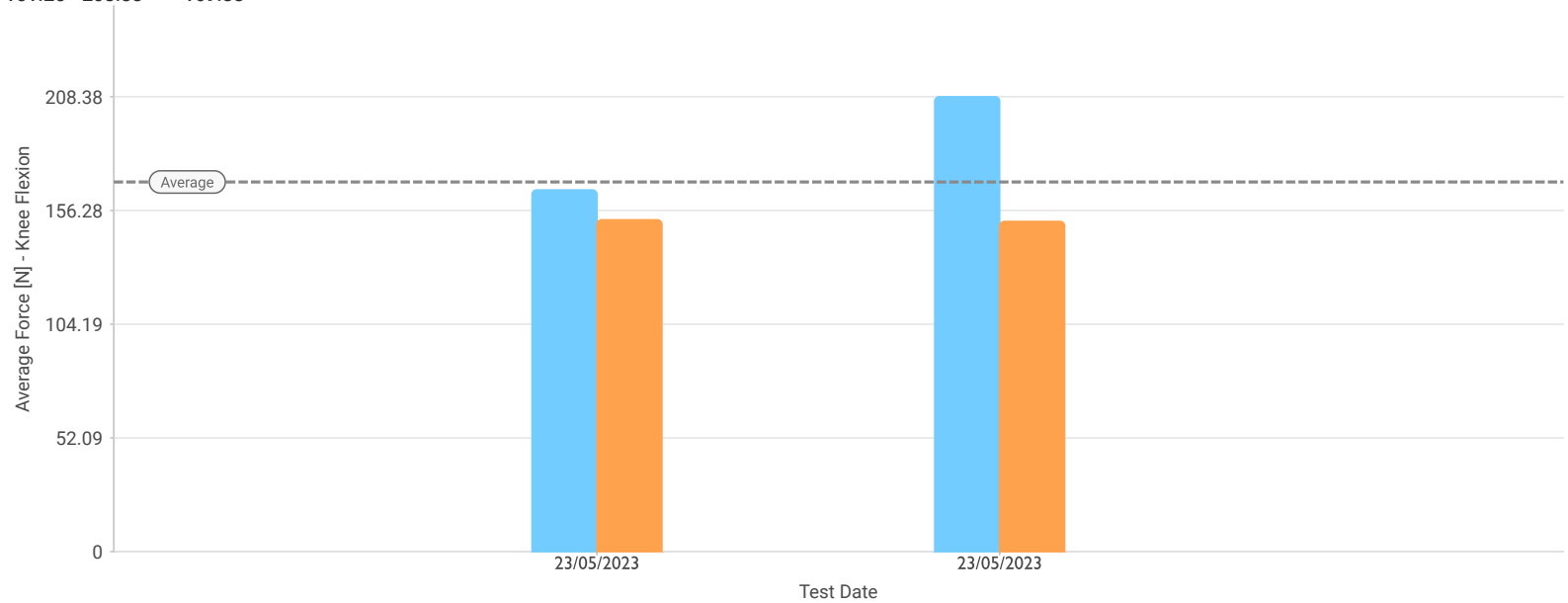
Average
6501.85



Knee Flexion Average Force [N] - Knee Flexion

Range
151.25 - 208.38

Average
169.33



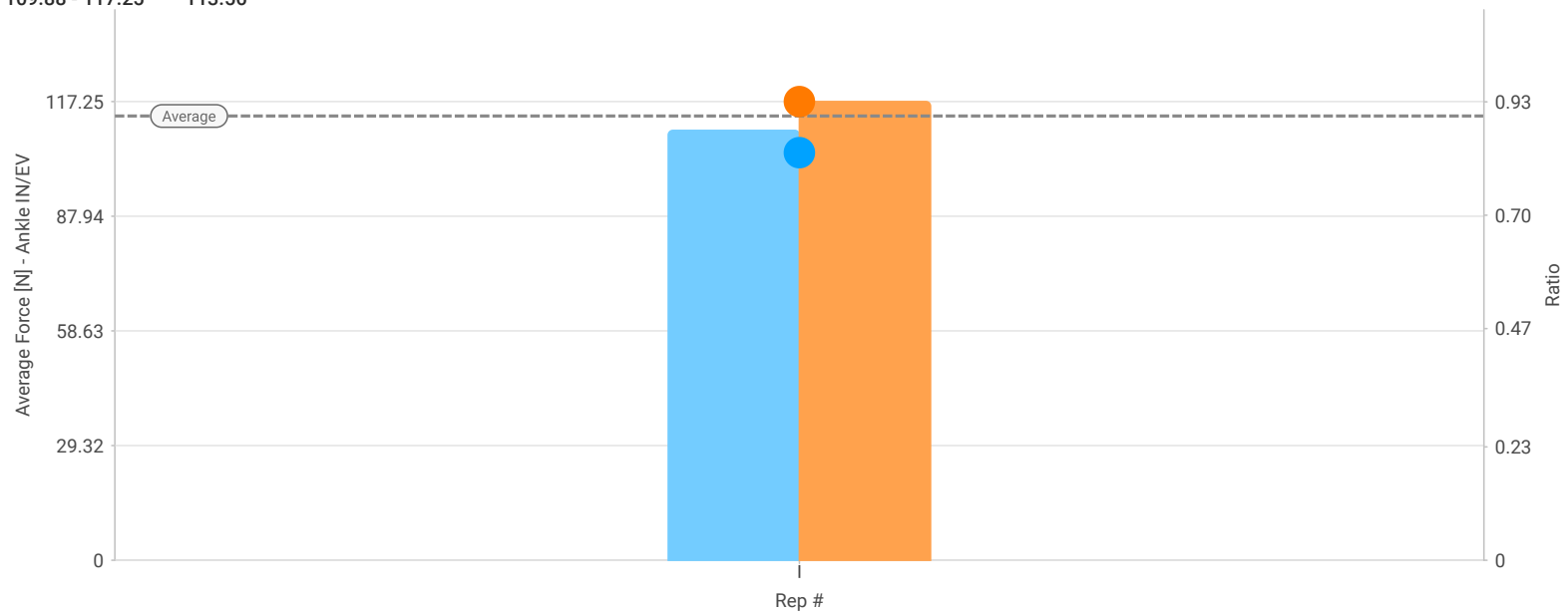
Inversion Average Force [N] - Ankle IN/EV

Range

Average

109.88 - 117.25

113.56



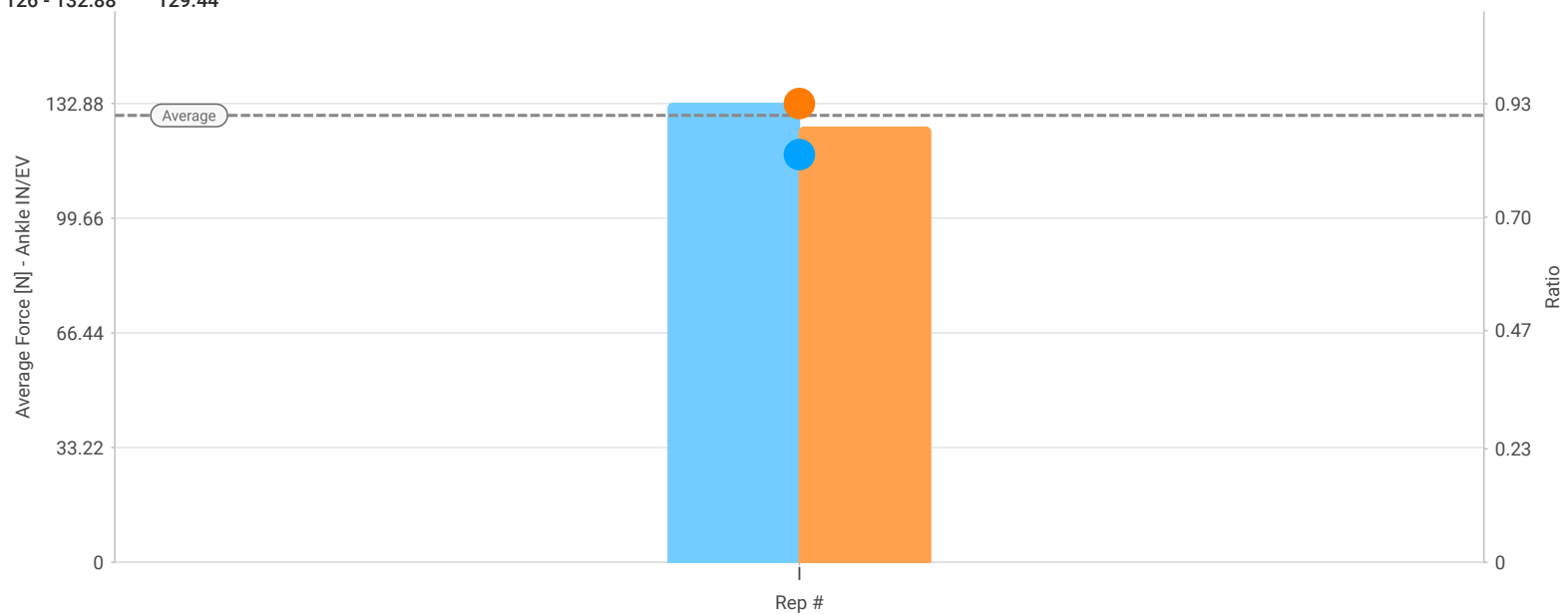
Eversion Average Force [N] - Ankle IN/EV

Range

Average

126 - 132.88

129.44



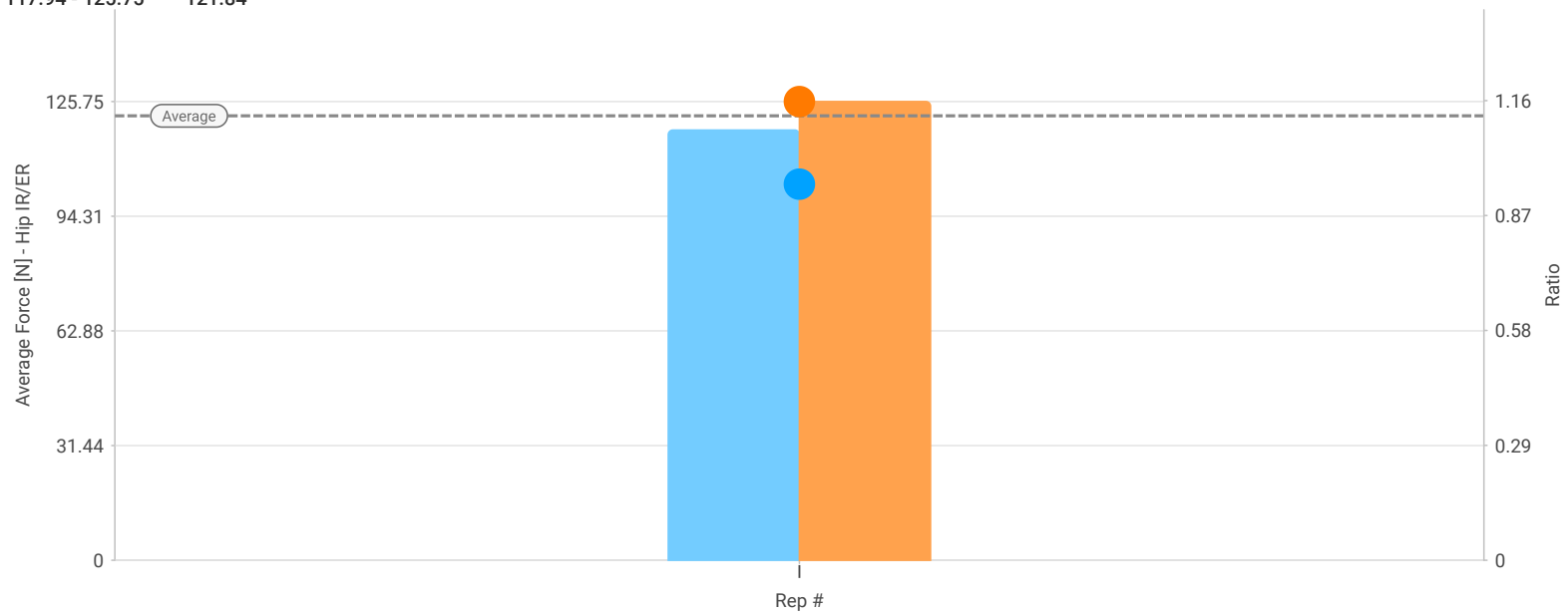
External Rotation Average Force [N] - Hip IR/ER

Range

Average

117.94 - 125.75

121.84



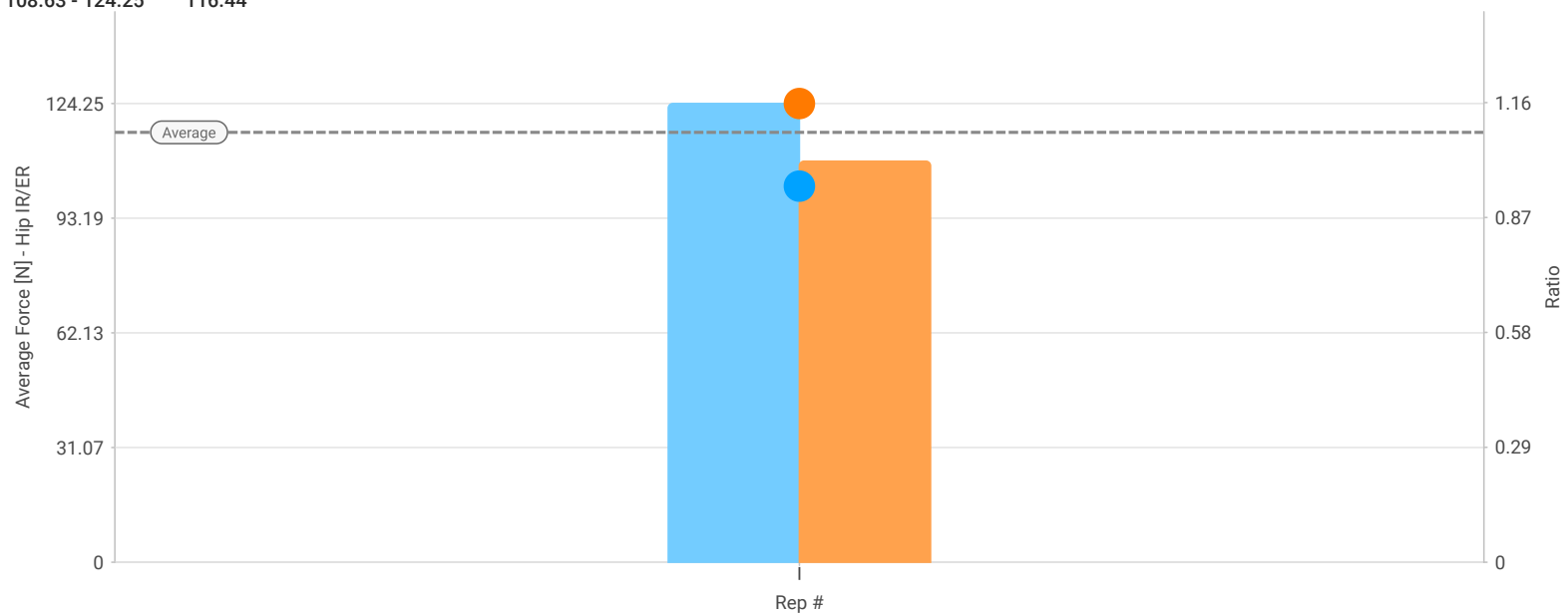
Internal Rotation Average Force [N] - Hip IR/ER

Range

Average

108.63 - 124.25

116.44



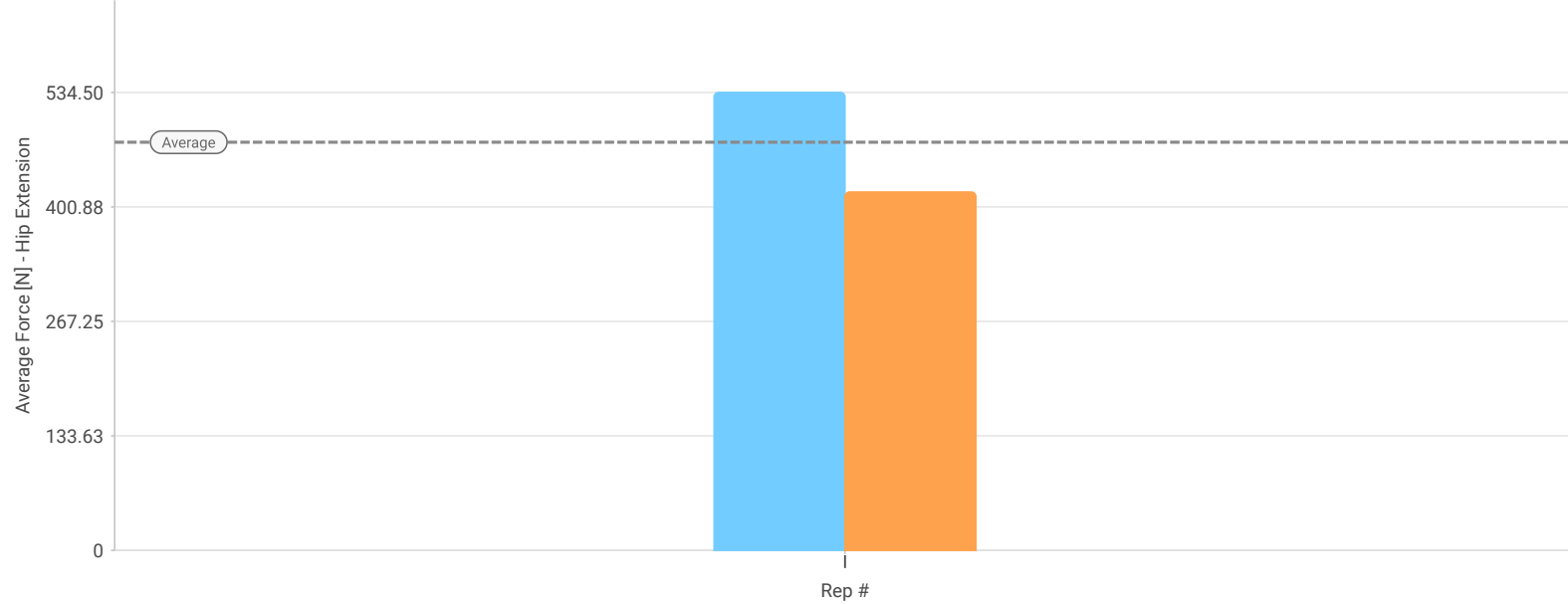
Extension Average Force [N] - Hip Extension

Range

Average

418.25 - 534.5

476.38



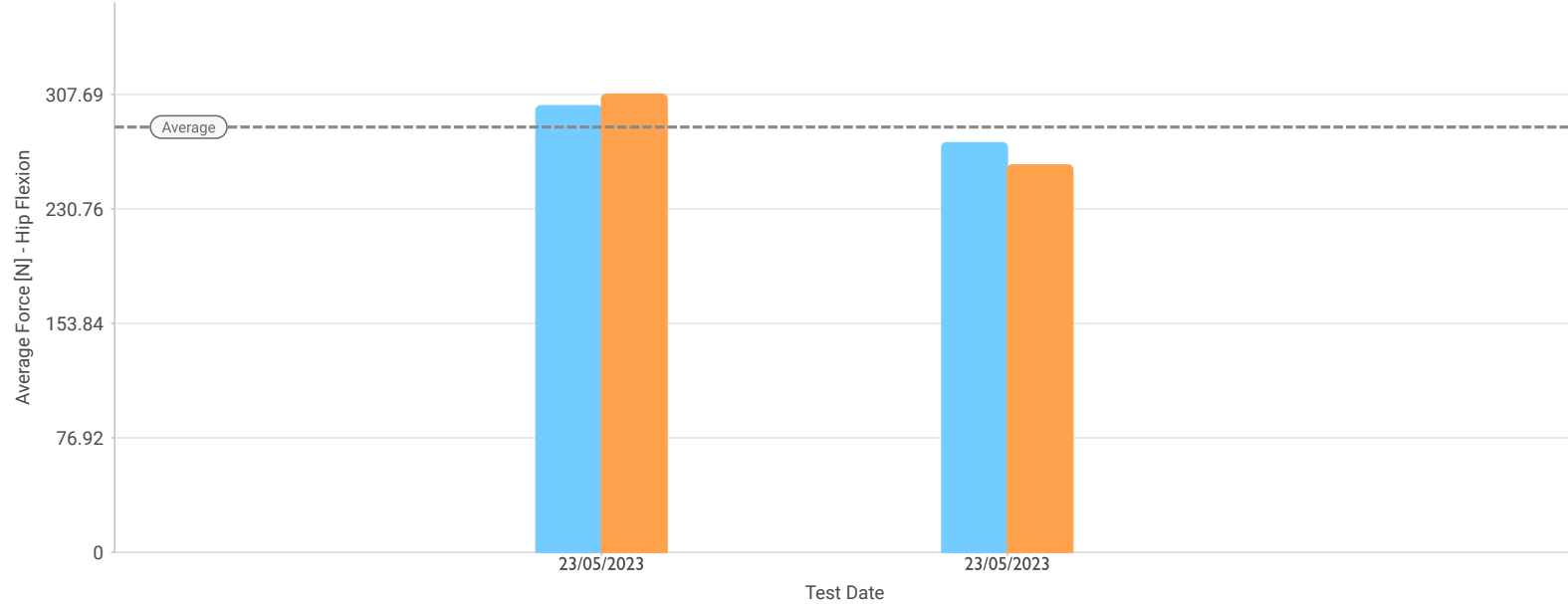
Flexion Average Force [N] - Hip Flexion

Range

Average

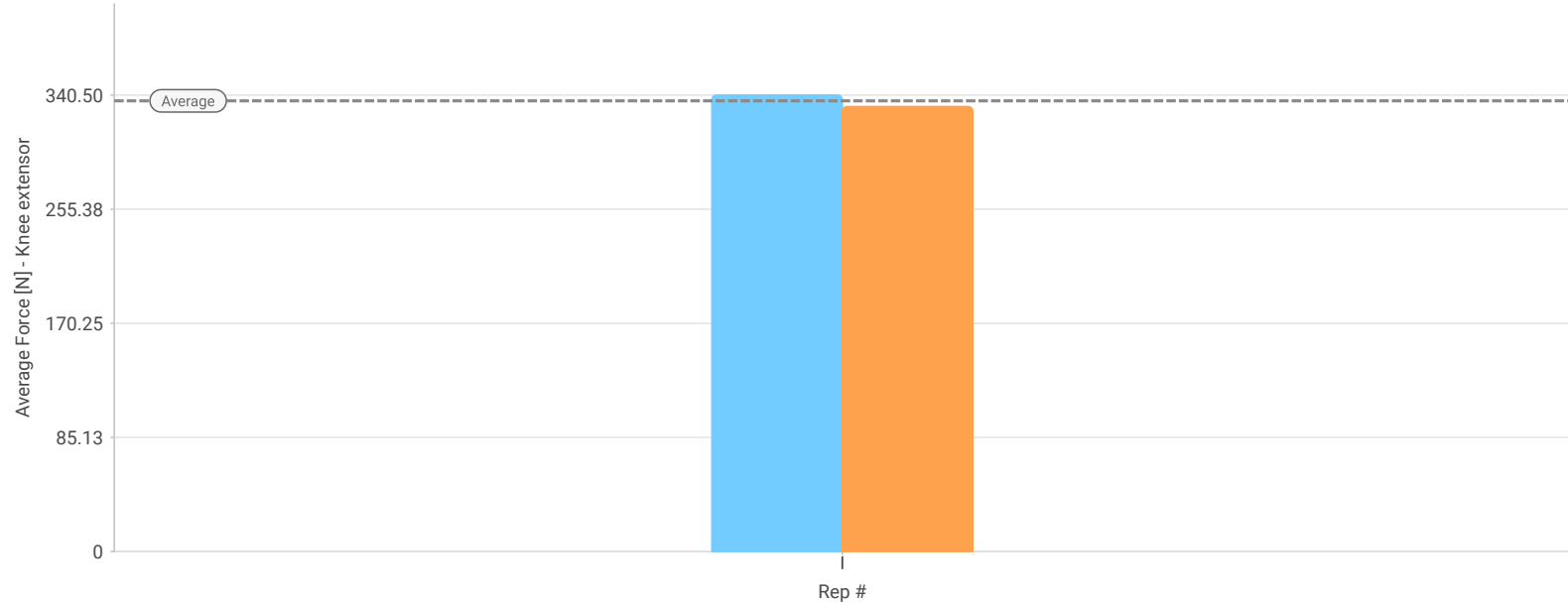
260.19 - 307.69

285.75



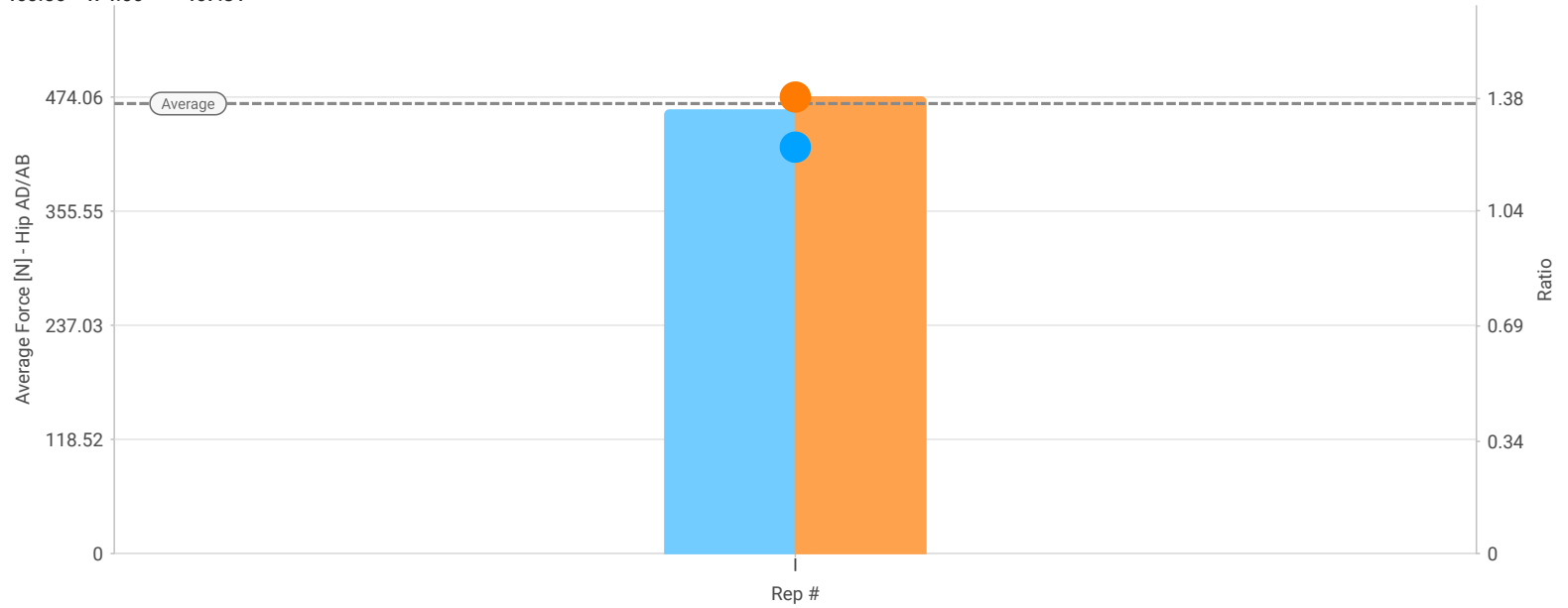
Average Force [N] - Knee extensor

Range Average
331.94 - 340.5 336.22



Adduction Average Force [N] - Hip AD/AB

Range Average
460.56 - 474.06 467.31



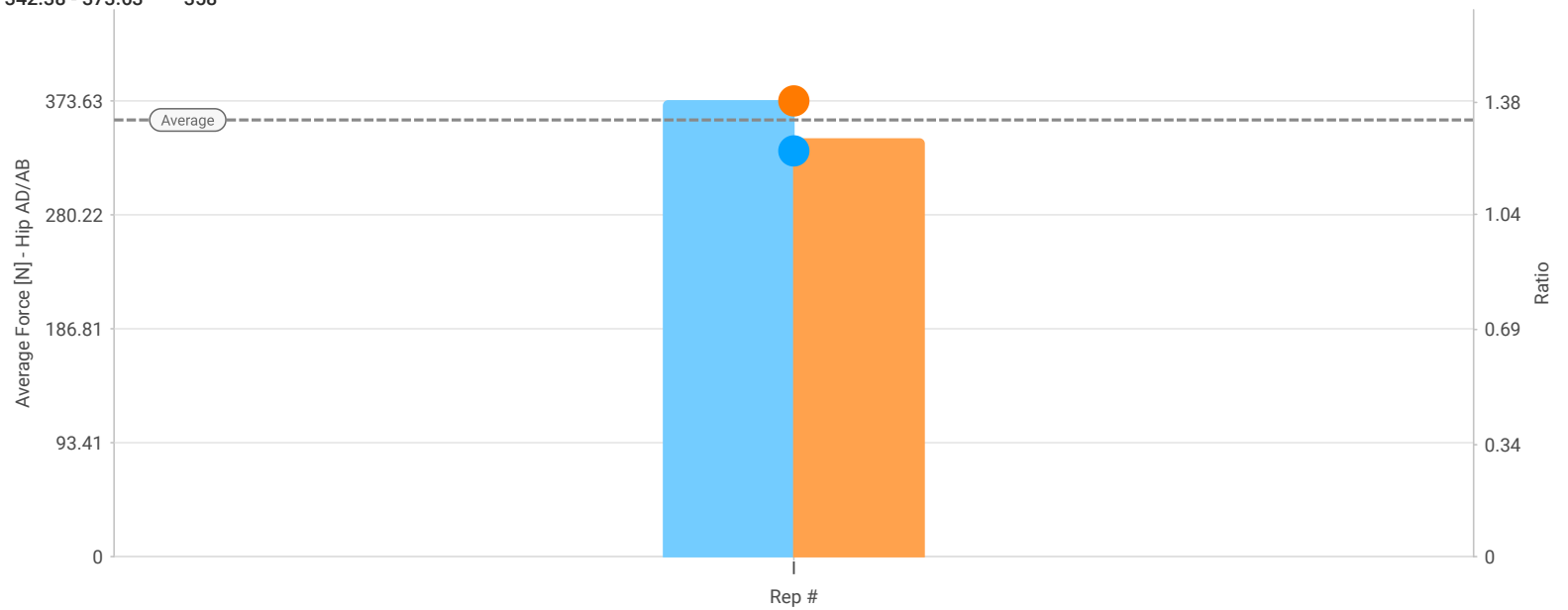
Abduction Average Force [N] - Hip AD/AB

Range

Average

342.38 - 373.63

358



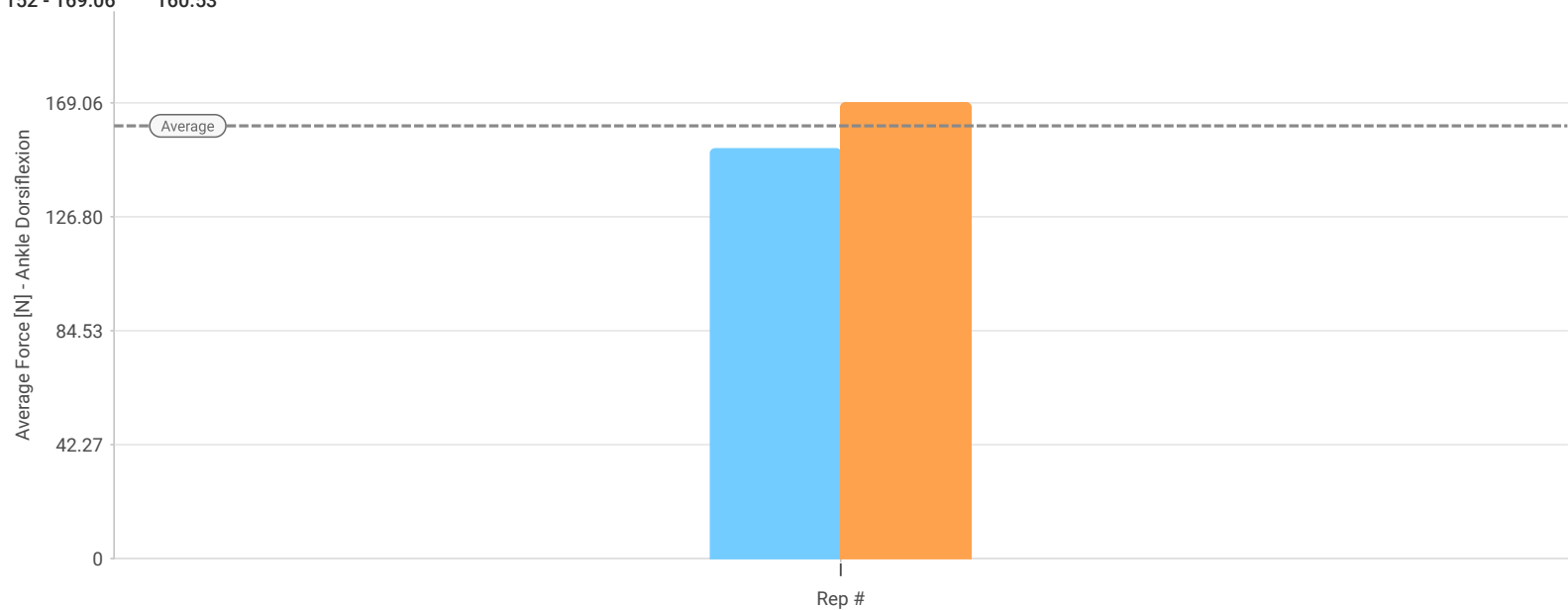
Dorsiflexion Average Force [N] - Ankle Dorsiflexion

Range

Average

152 - 169.06

160.53



Average Force [N] - Panturrilha Sentada

Range
855.06 - 887.13

Average
871.09

