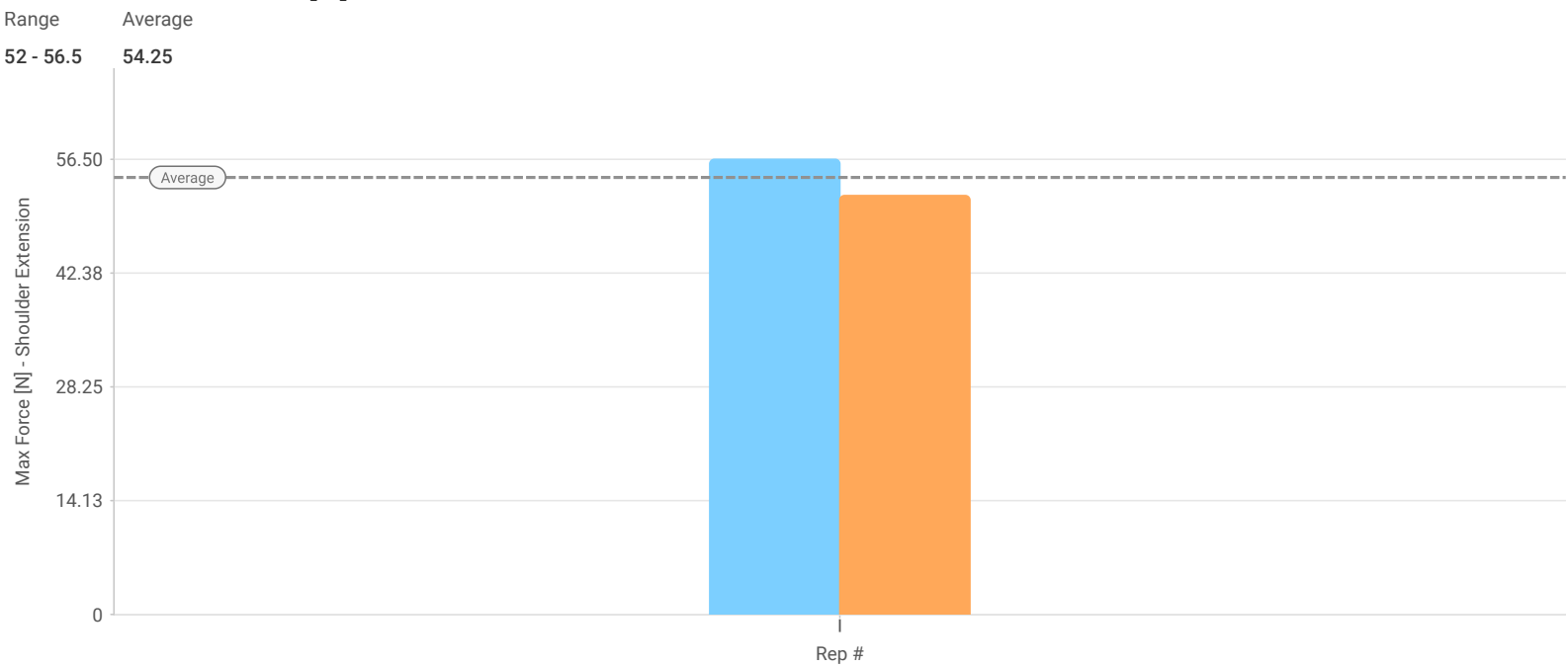


Tests (7)

Profile	Date	Test Type	Test Position	Reps
Luisa Brito Martins Varela 7 Tests				
	23/01/2024 9:18 AM	Shoulder Extension	Prone	EXT 0 L / 0 R
	23/01/2024 9:17 AM	Shoulder Flexion	Prone	FLEX 0 L / 0 R
	23/01/2024 9:13 AM	Shoulder IR/ER	Supine (Neutral)	IR 0 L / 0 R ER 0 L / 0 R
	23/01/2024 9:10 AM	Shoulder Abduction	Side lying	AB 0 L / 0 R
	23/01/2024 9:07 AM	Shoulder Adduction	Side lying	AD 0 L / 0 R
	23/01/2024 9:04 AM	Elbow Extension	Seated	EXT 0 L / 0 R
	23/01/2024 9:02 AM	Elbow Flexion	Seated	FLEX 0 L / 0 R

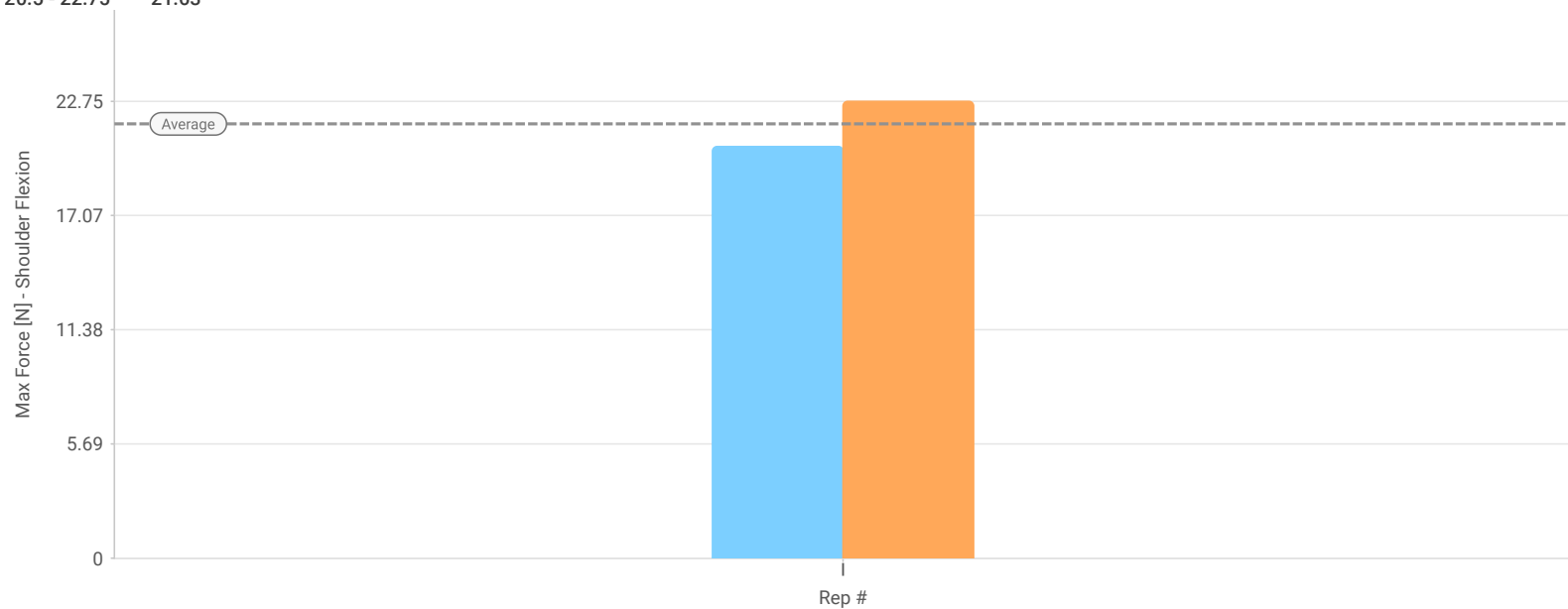
Extension Max Force [N] - Shoulder Extension



Flexion Max Force [N] - Shoulder Flexion

Range
20.5 - 22.75

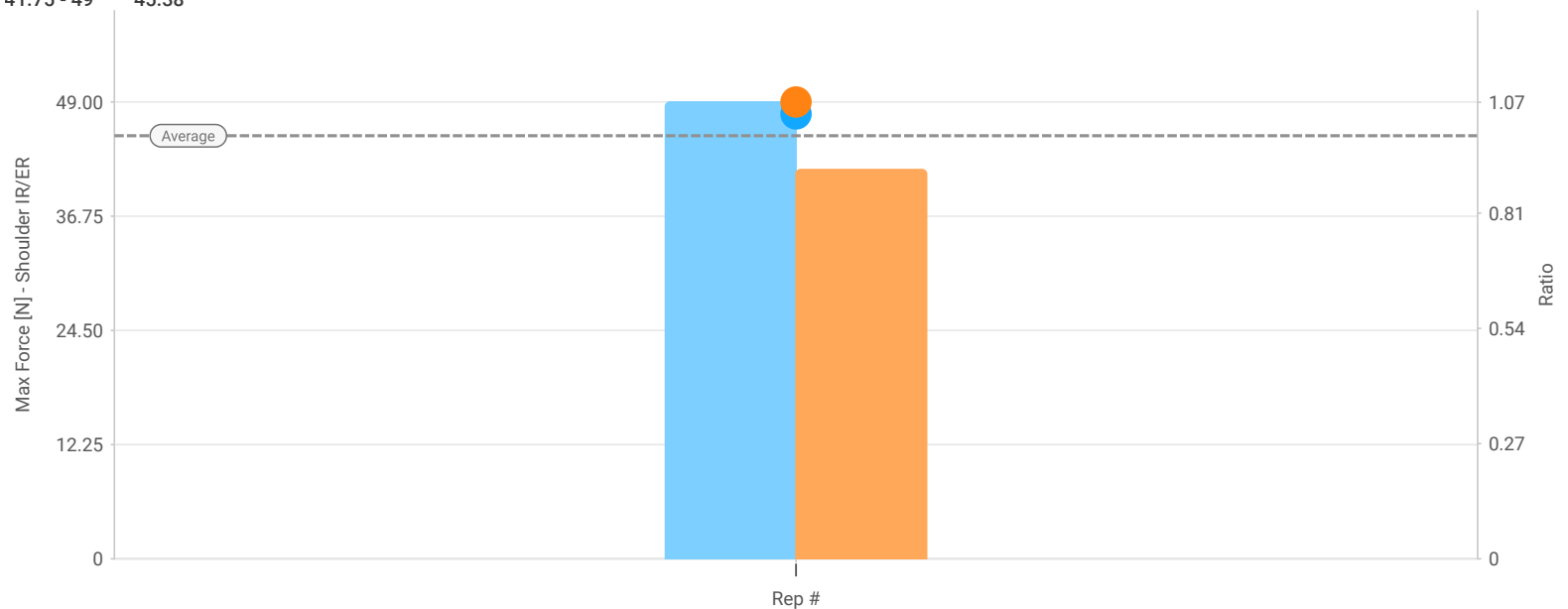
Average
21.63



Internal Rotation Max Force [N] - Shoulder IR/ER

Range
41.75 - 49

Average
45.38

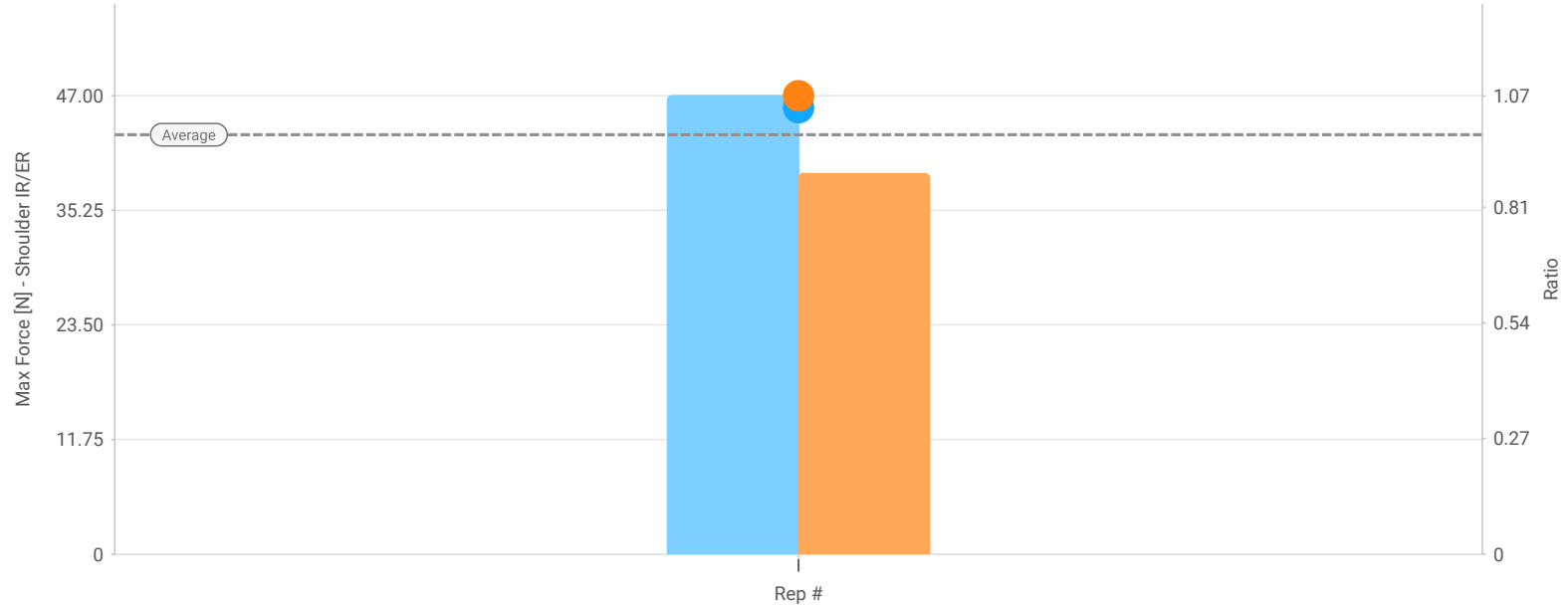


External Rotation Max Force [N] - Shoulder IR/ER

Range Average

39 - 47

43

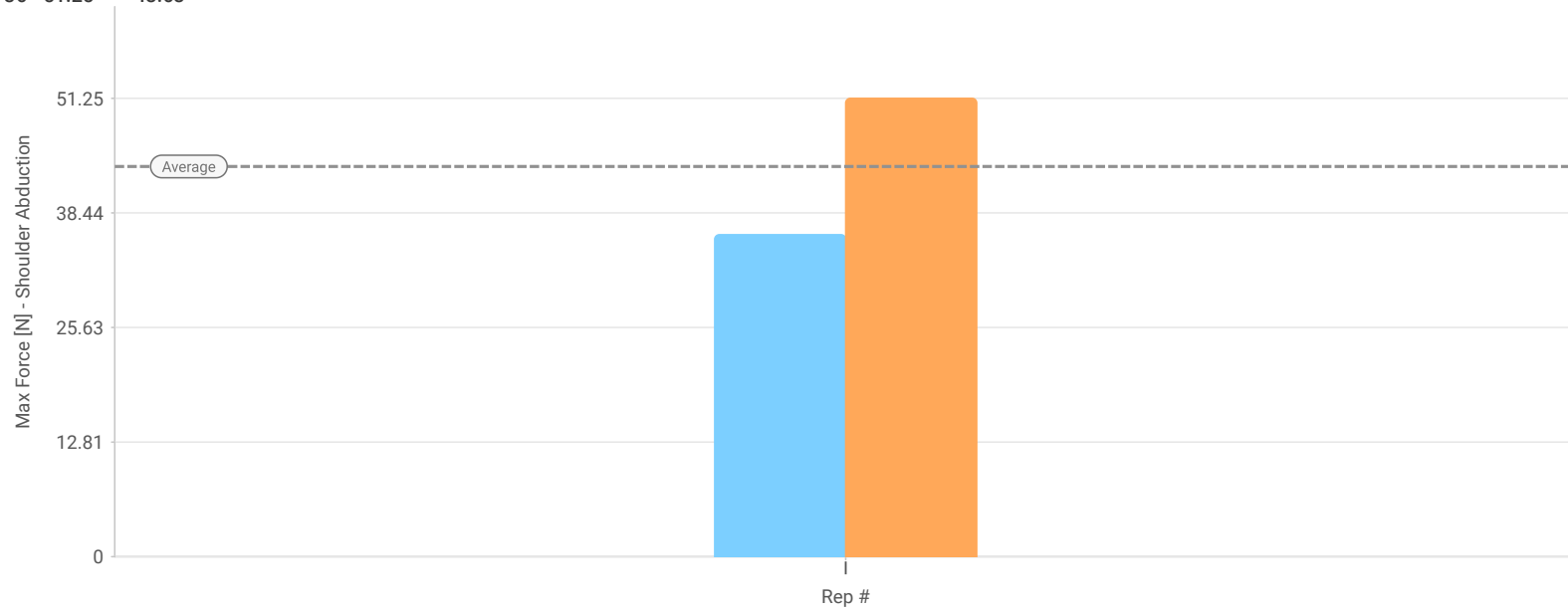


Abduction Max Force [N] - Shoulder Abduction

Range Average

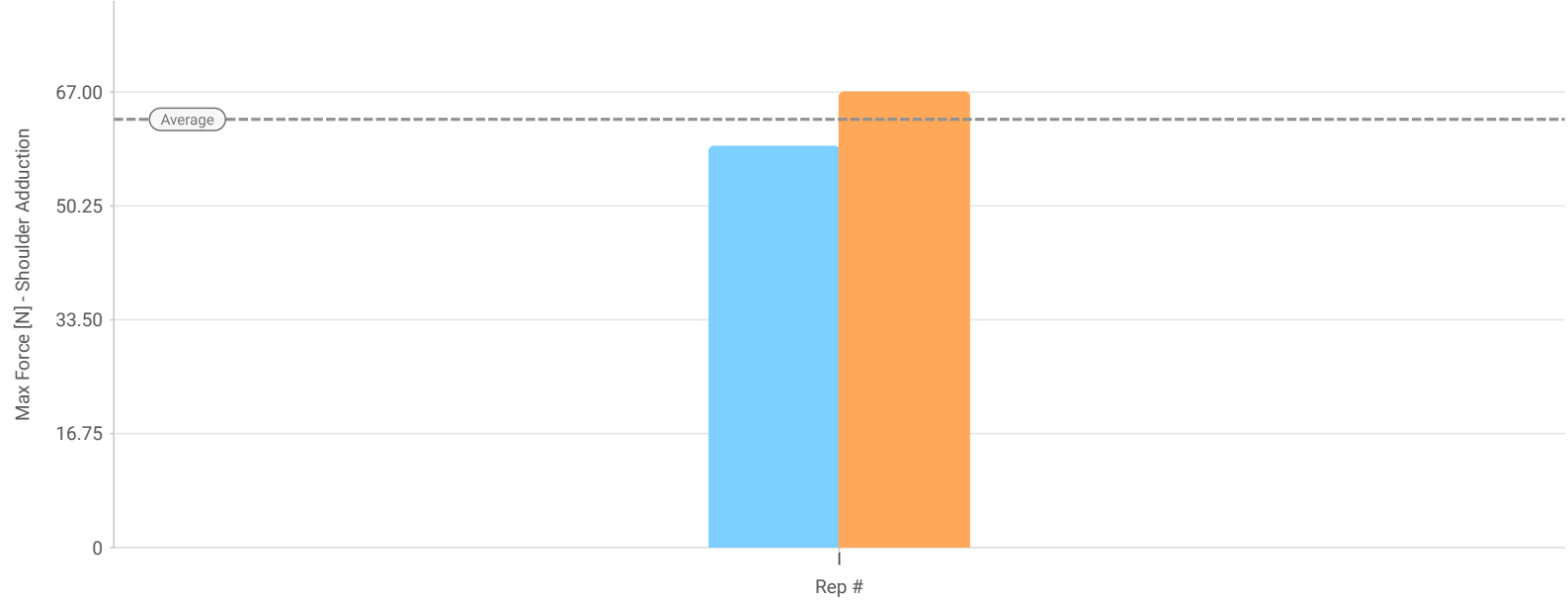
36 - 51.25

43.63



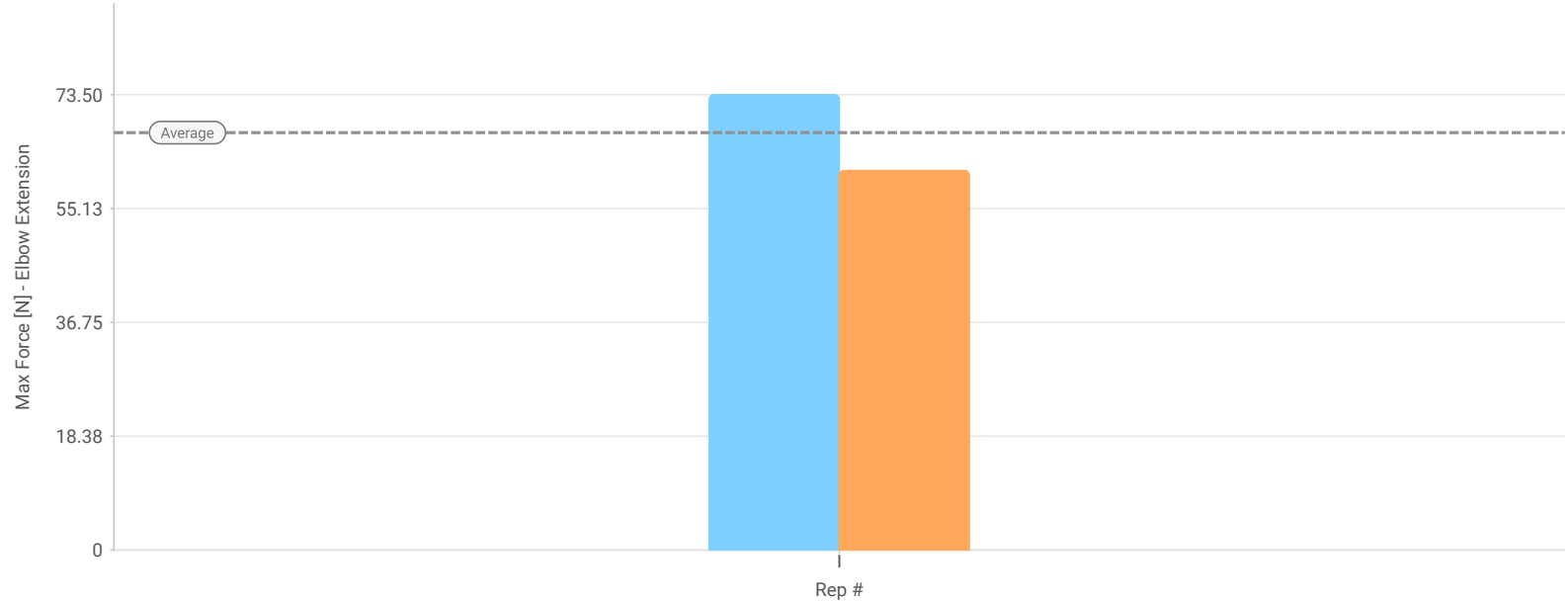
Adduction Max Force [N] - Shoulder Adduction

Range Average
59 - 67 63



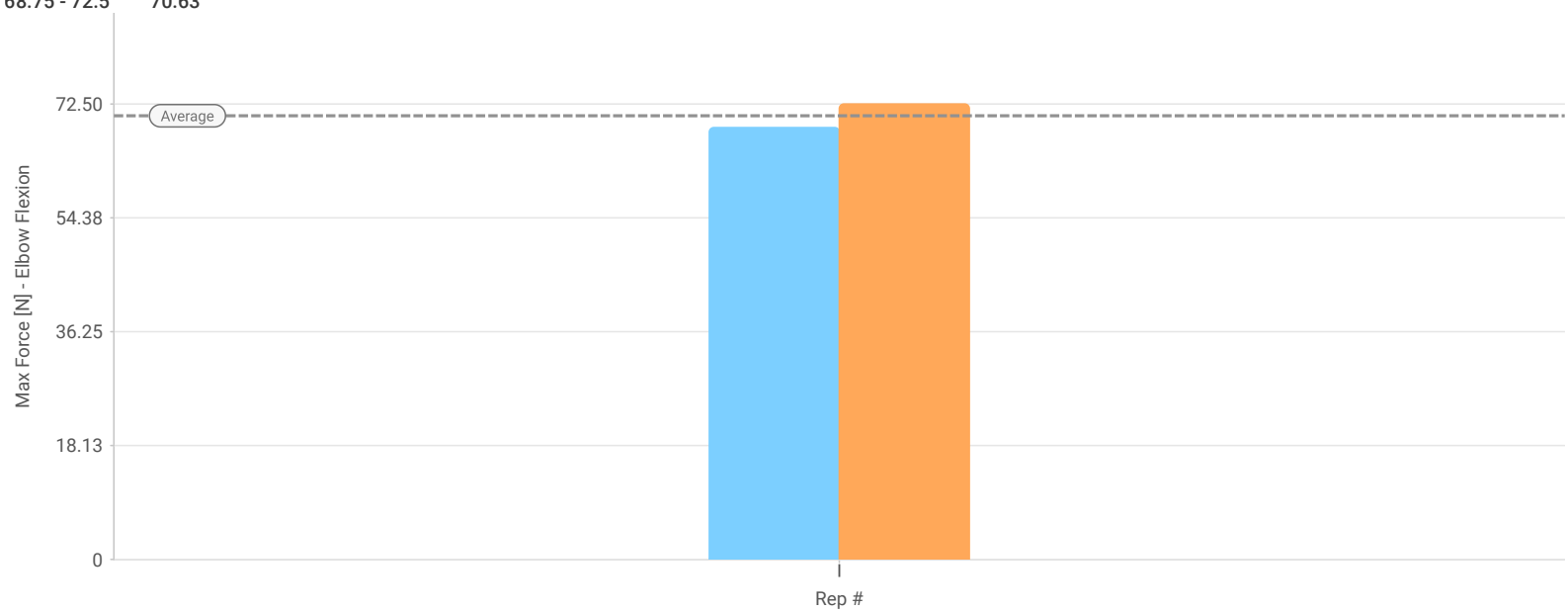
Extension Max Force [N] - Elbow Extension

Range Average
61.25 - 73.5 67.38



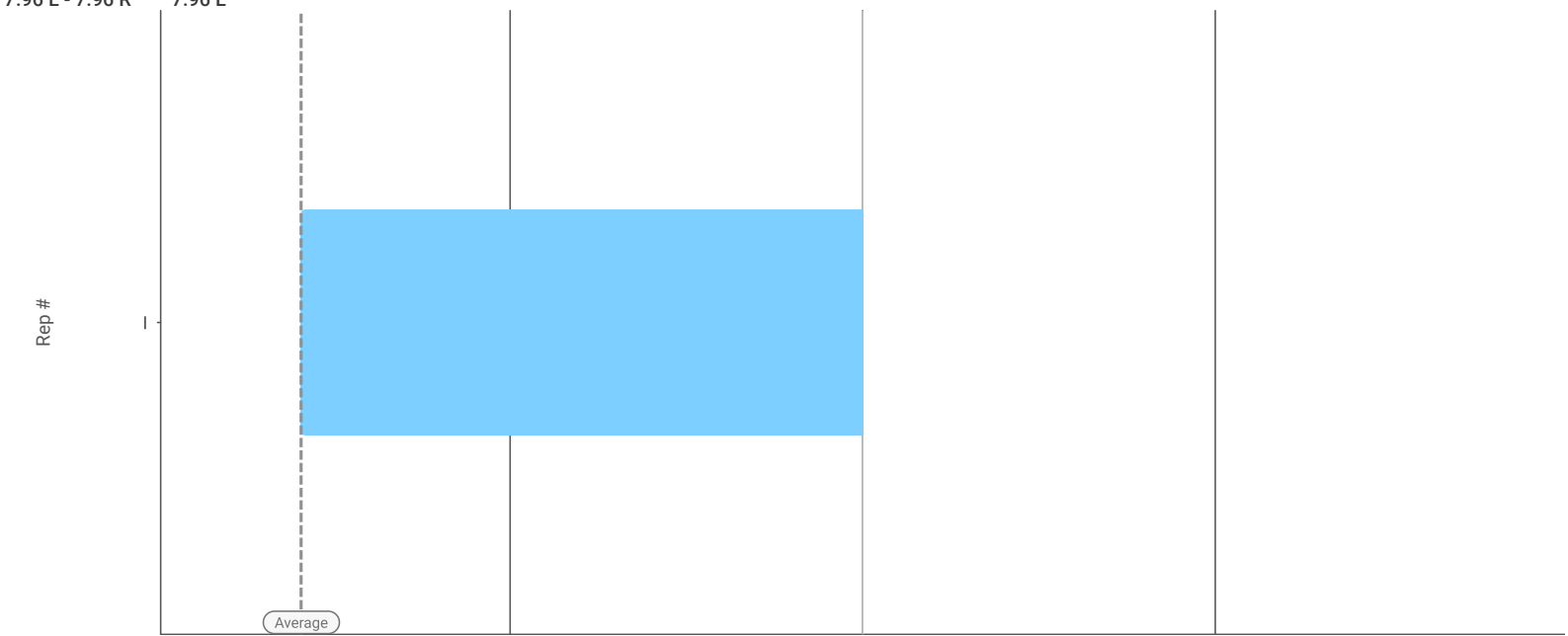
Max Force [N] - Elbow Flexion

Range Average
68.75 - 72.5 70.63



Extension Asymmetry [%] - Shoulder Extension

Range Average
7.96 L - 7.96 R 7.96 L



Flexion Asymmetry [%] - Shoulder Flexion

Range

Average

9.89 L - 9.89 R

9.89 R

Rep #



Internal Rotation Asymmetry [%] - Shoulder IR/ER

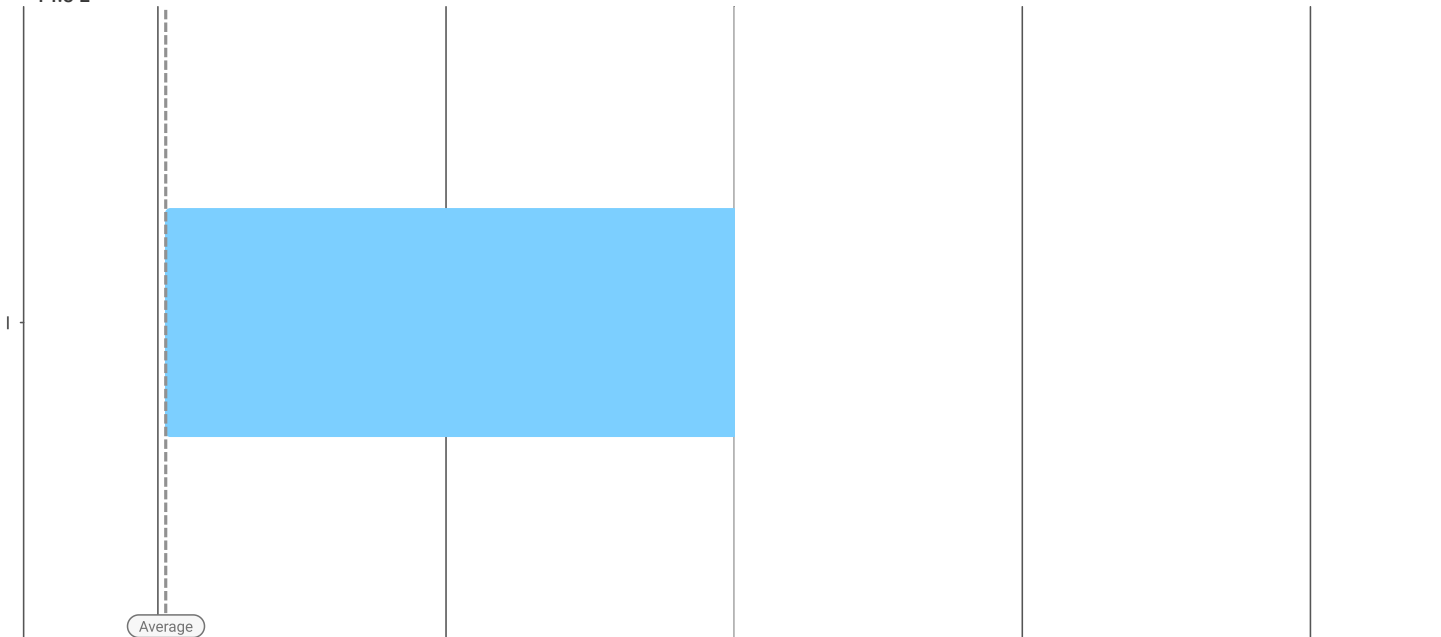
Range

Average

14.8 L - 14.8 R

14.8 L

Rep #



External Rotation Asymmetry [%] - Shoulder IR/ER

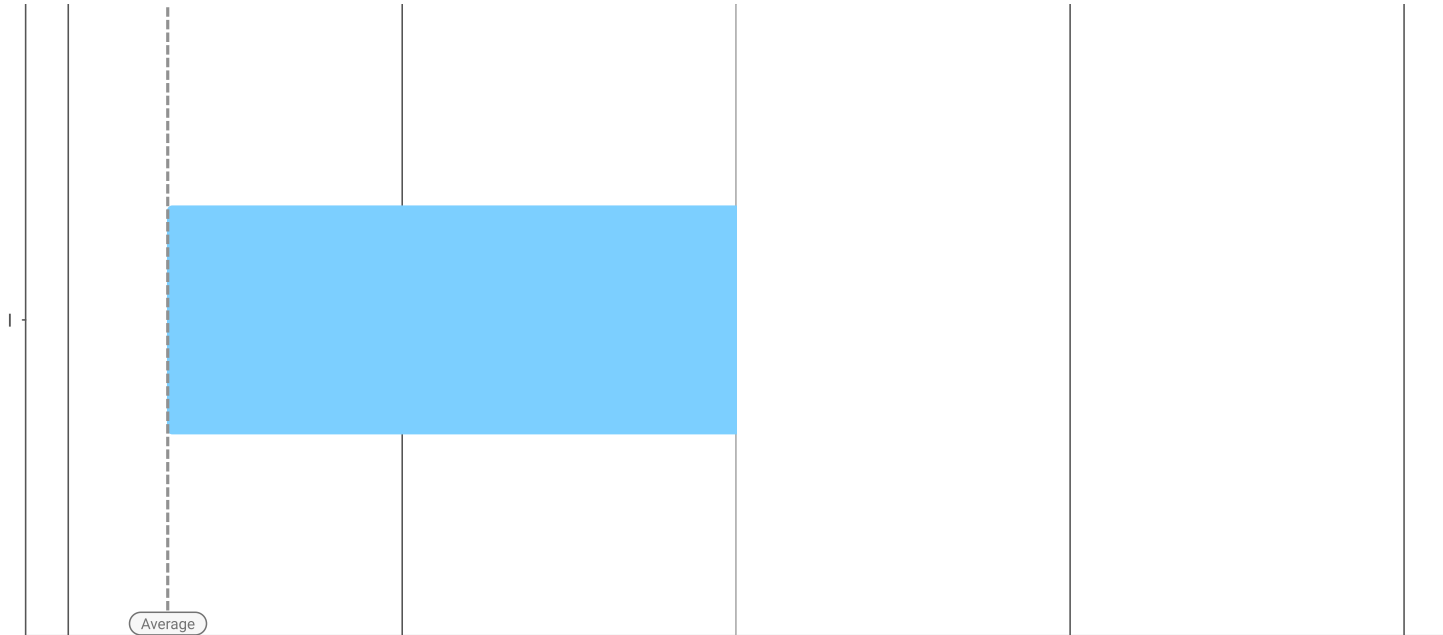
Range

Average

17.02 L - 17.02 R

17.02 L

Rep #



Abduction Asymmetry [%] - Shoulder Abduction

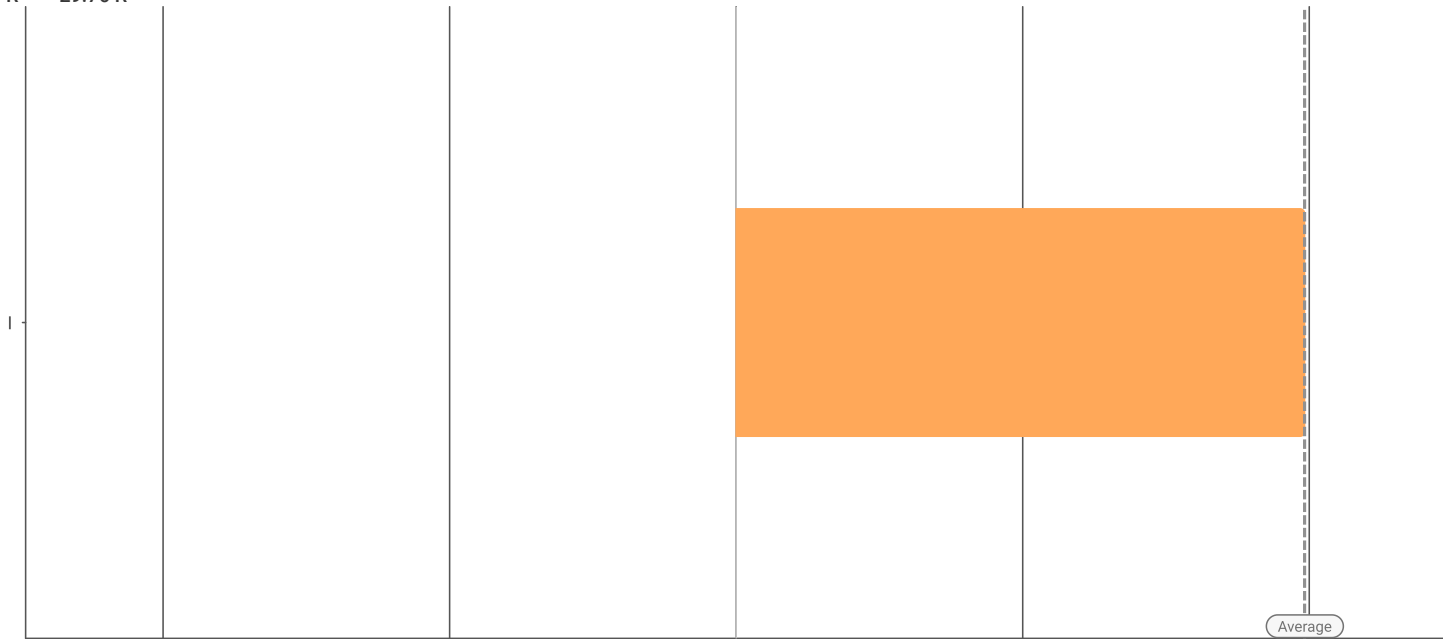
Range

Average

29.76 L - 29.76 R

29.76 R

Rep #



Adduction Asymmetry [%] - Shoulder Adduction

Range

Average

11.94 L - 11.94 R

11.94 R

Rep #

1

Average

Extension Asymmetry [%] - Elbow Extension

Range

Average

16.67 L - 16.67 R

16.67 L

Rep #

1

Average

Asymmetry [%] - Elbow Flexion

Range

Average

5.17 L - 5.17 R

5.17 R

Rep #



Extension Impulse Force [Ns] - Shoulder Extension

Range

Average

463.99 - 508.77

486.38

Impulse Force [Ns] - Shoulder Extension

508.77

381.58

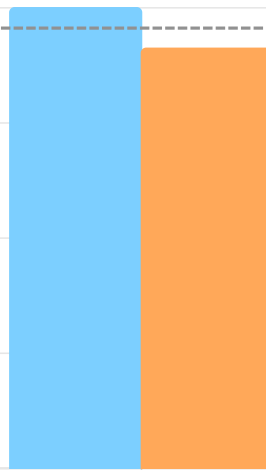
254.39

127.19

0

Rep #

Average



Flexion Impulse Force [Ns] - Shoulder Flexion

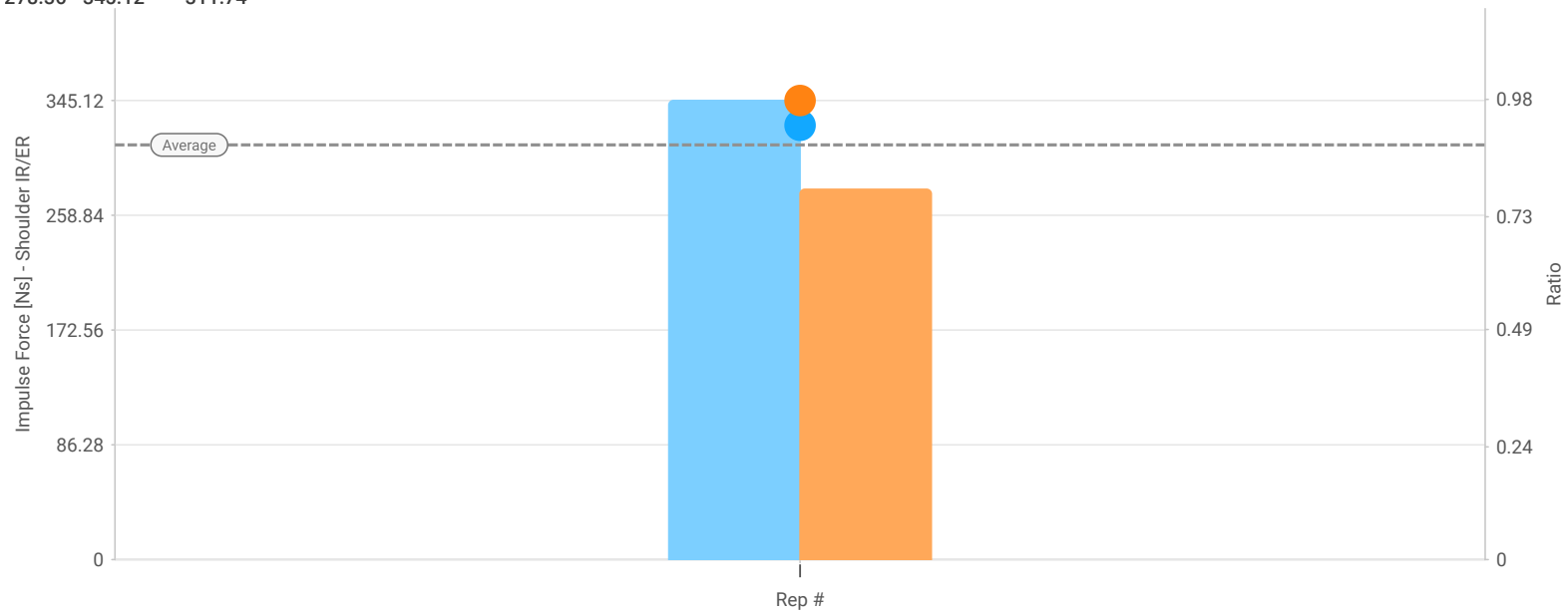
Range Average
0 - 0 0

Average

Rep #

Internal Rotation Impulse Force [Ns] - Shoulder IR/ER

Range Average
278.36 - 345.12 311.74



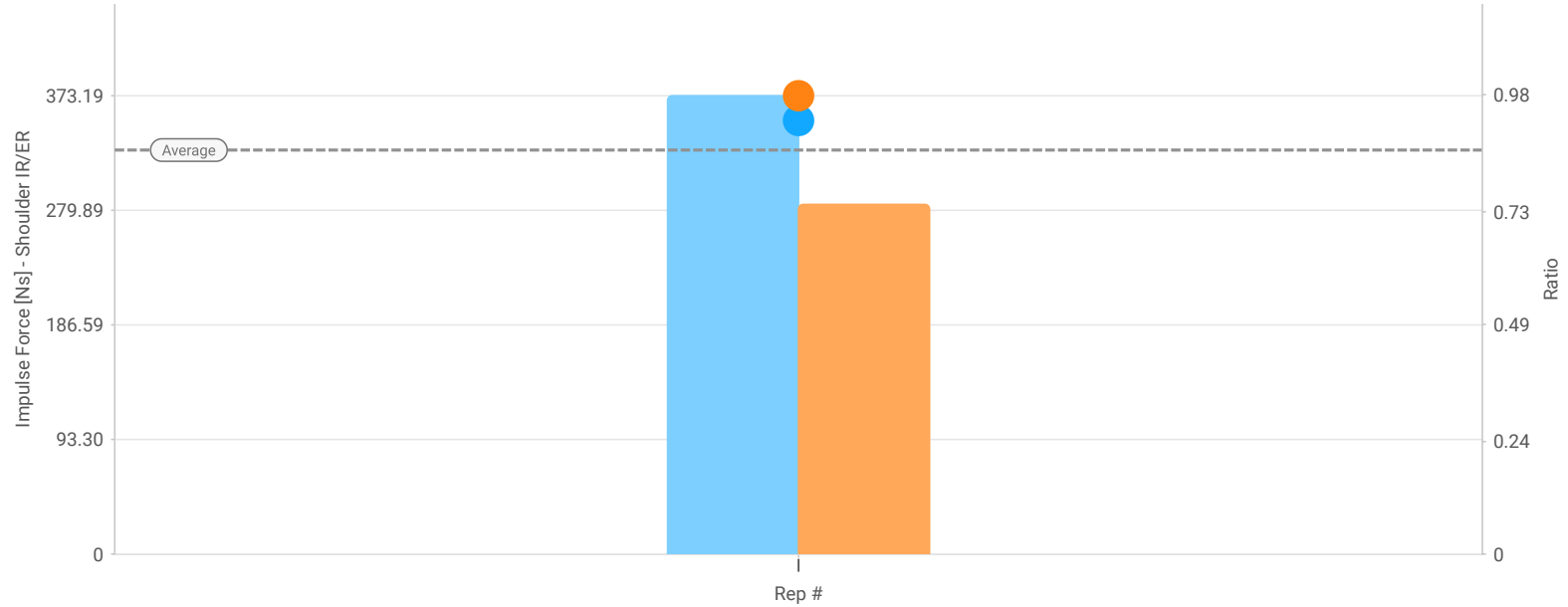
External Rotation Impulse Force [Ns] - Shoulder IR/ER

Range

Average

284.73 - 373.19

328.96



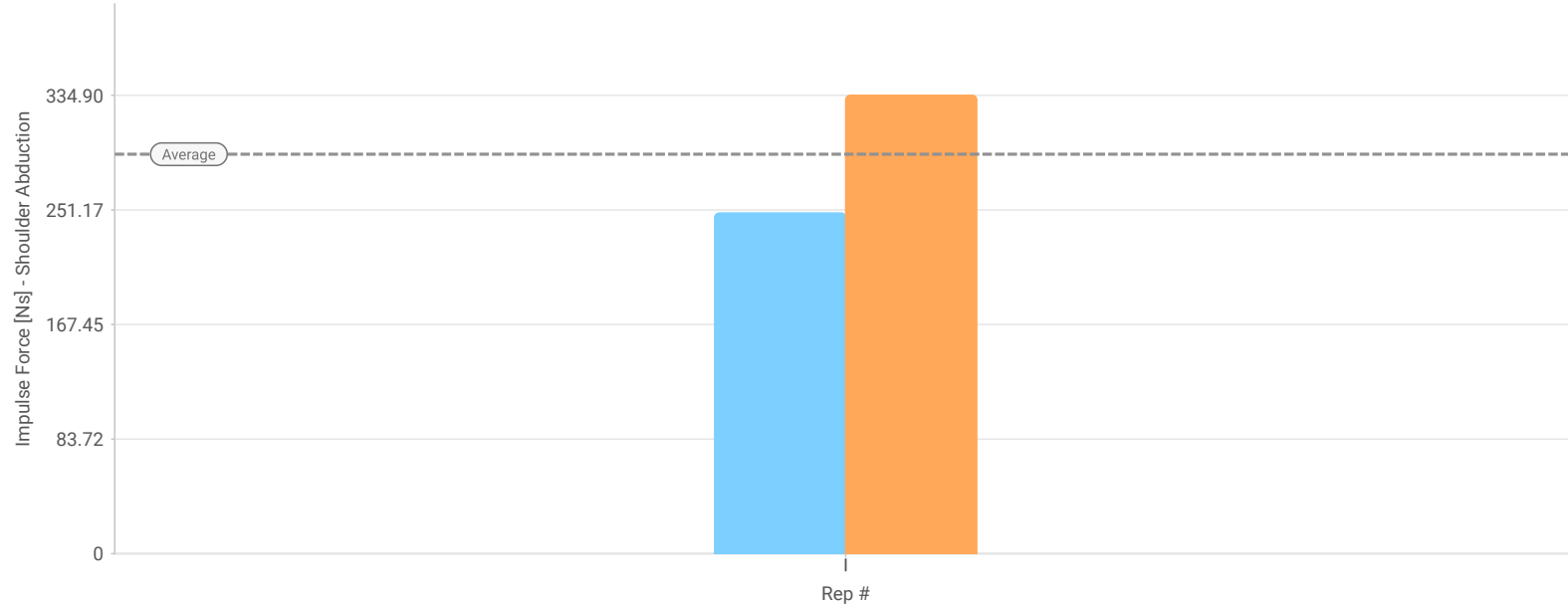
Abduction Impulse Force [Ns] - Shoulder Abduction

Range

Average

248.88 - 334.9

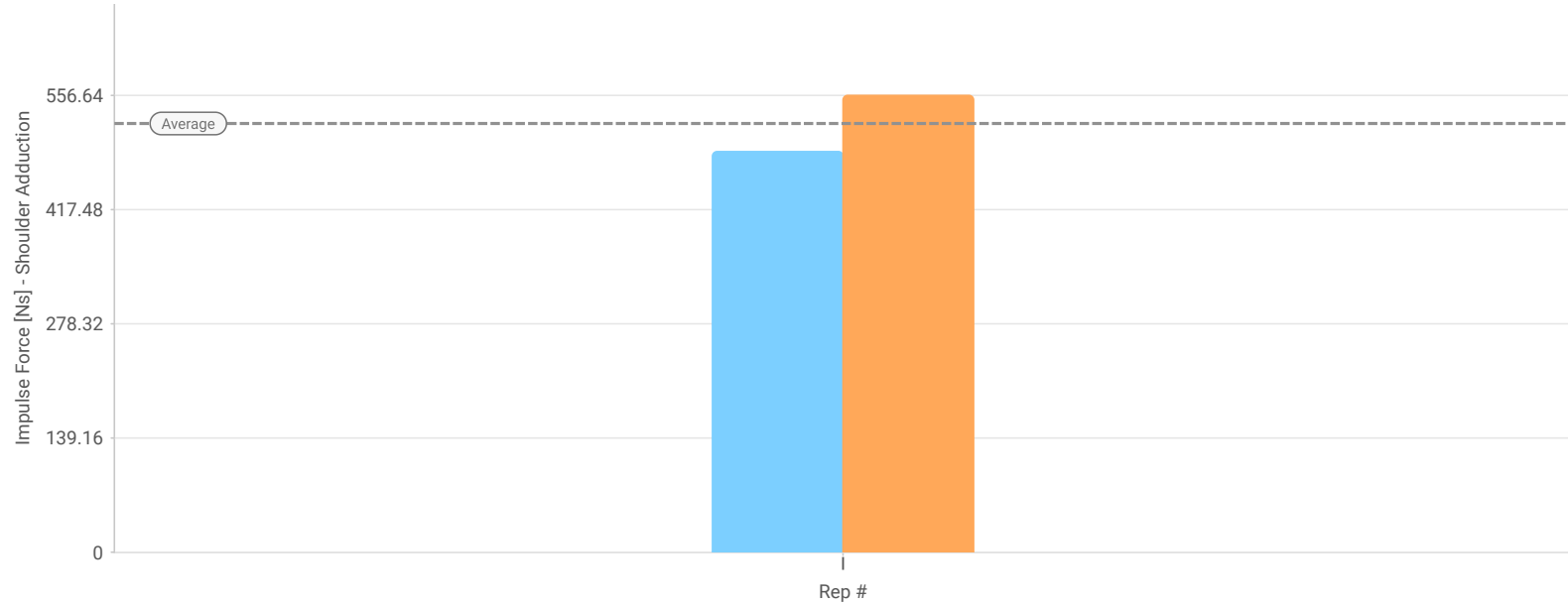
291.89



Adduction Impulse Force [Ns] - Shoulder Adduction

Range
488.19 - 556.64

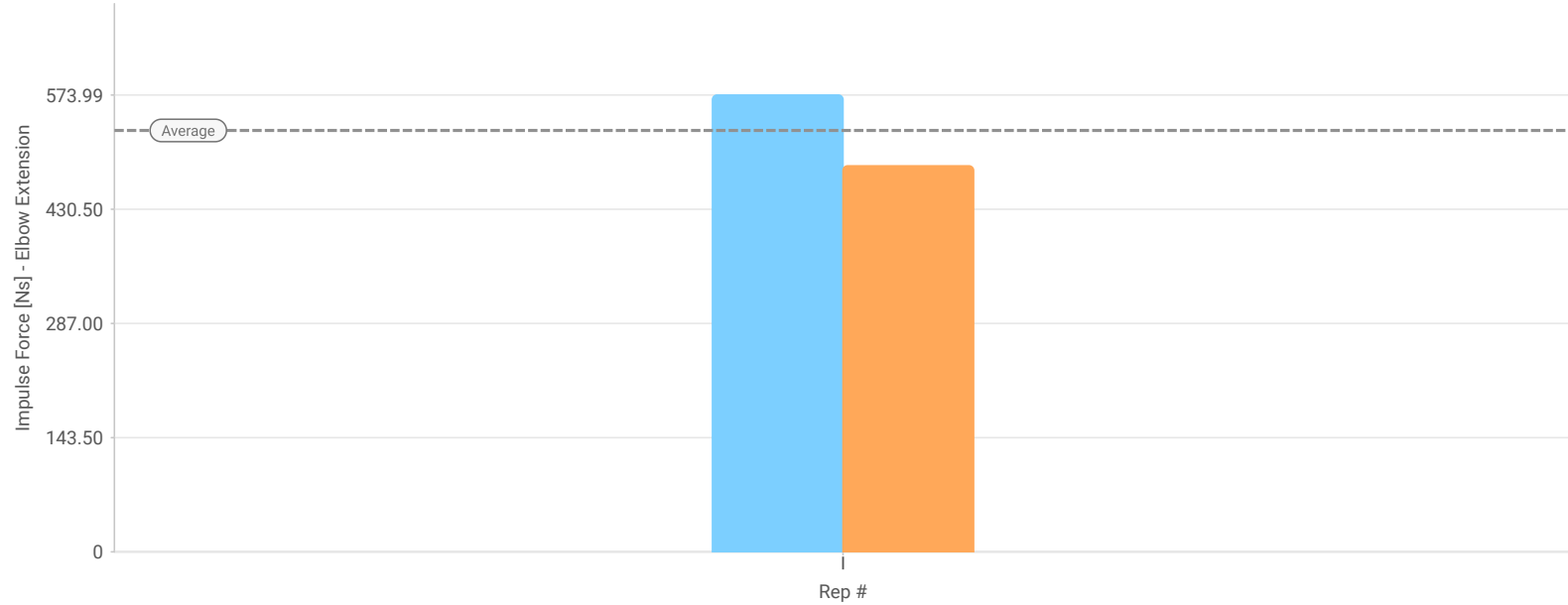
Average
522.42



Extension Impulse Force [Ns] - Elbow Extension

Range
485.01 - 573.99

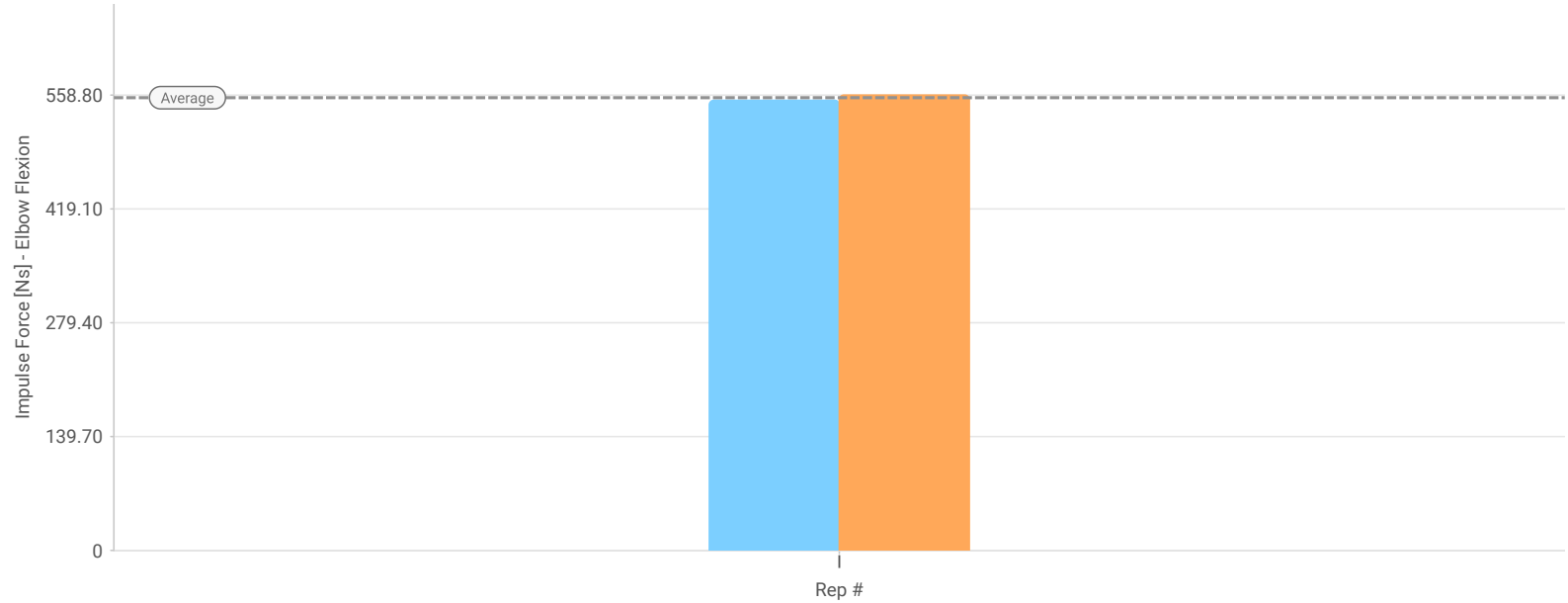
Average
529.5



Impulse Force [Ns] - Elbow Flexion

Range
552.39 - 558.8

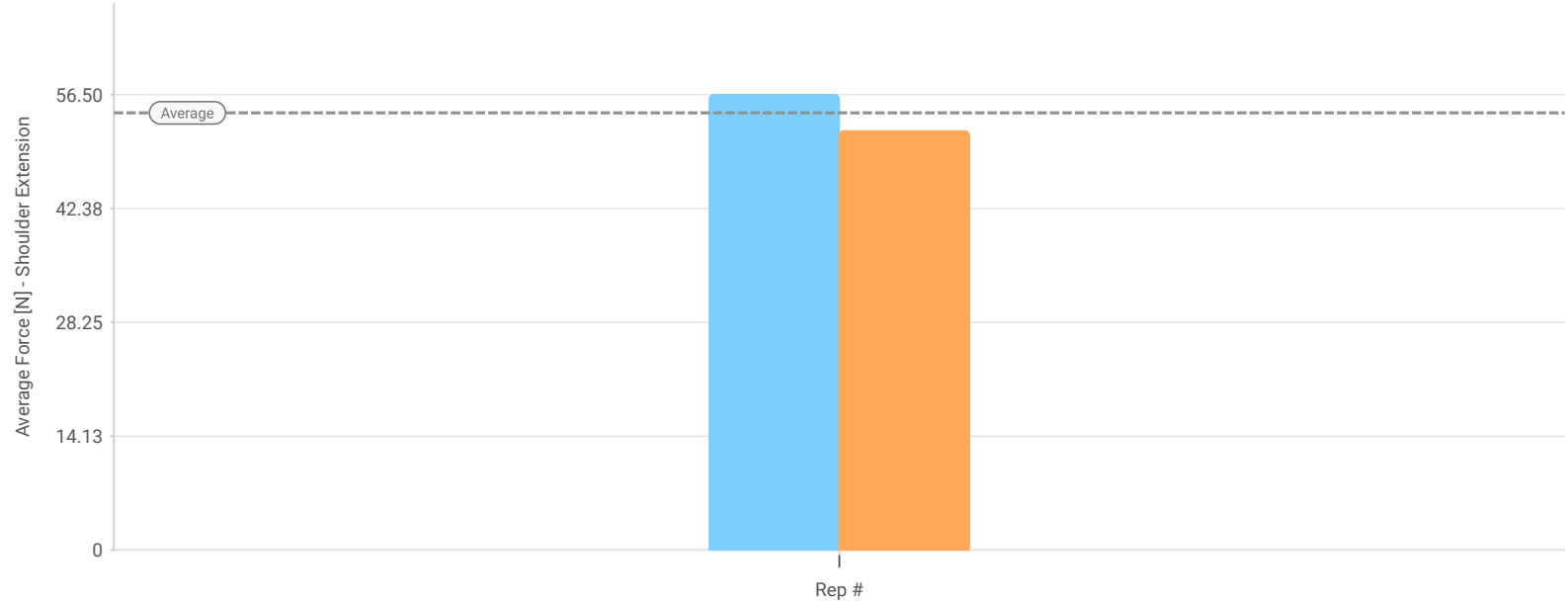
Average
555.6



Extension Average Force [N] - Shoulder Extension

Range
52 - 56.5

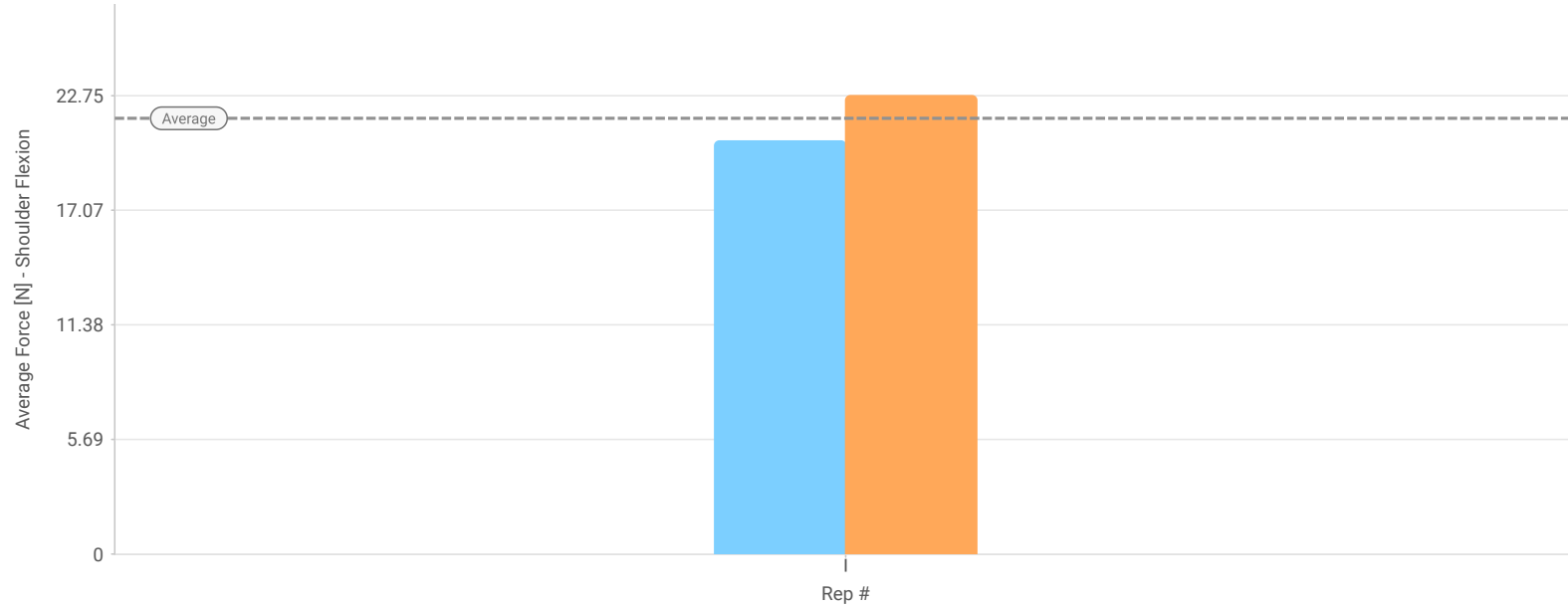
Average
54.25



Flexion Average Force [N] - Shoulder Flexion

Range
20.5 - 22.75

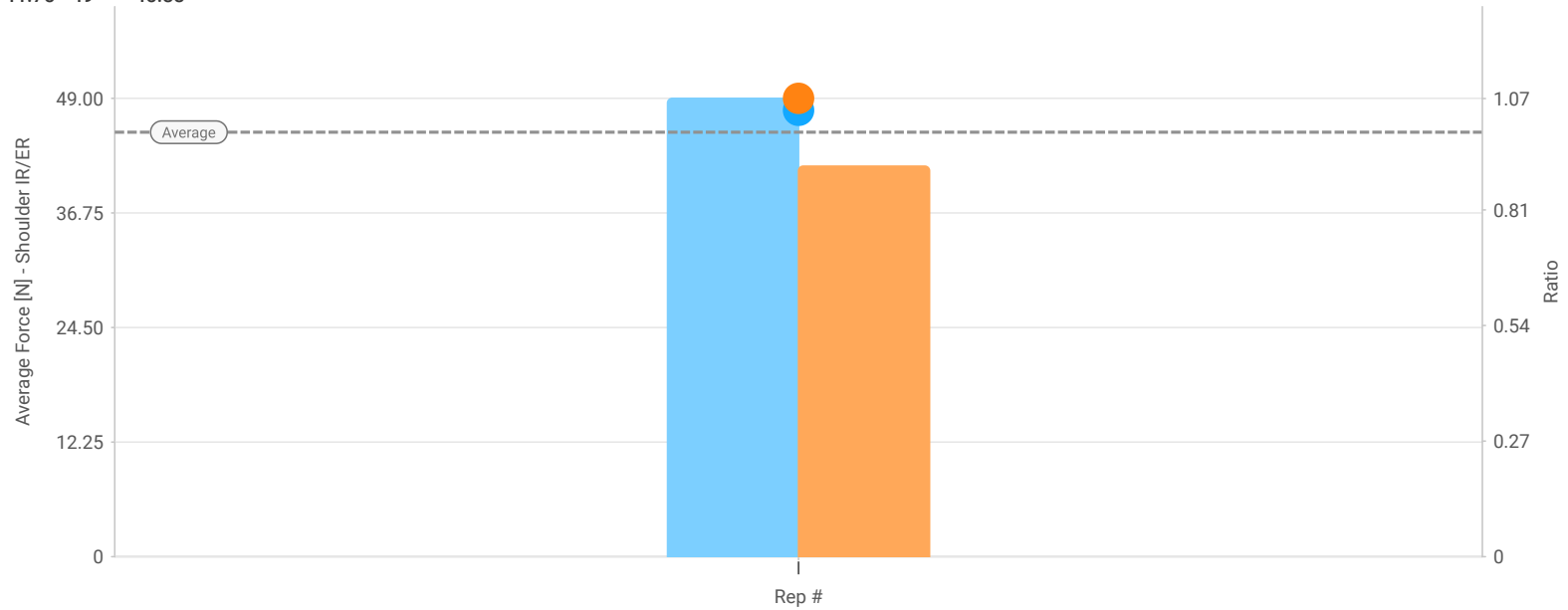
Average
21.63



Internal Rotation Average Force [N] - Shoulder IR/ER

Range
41.75 - 49

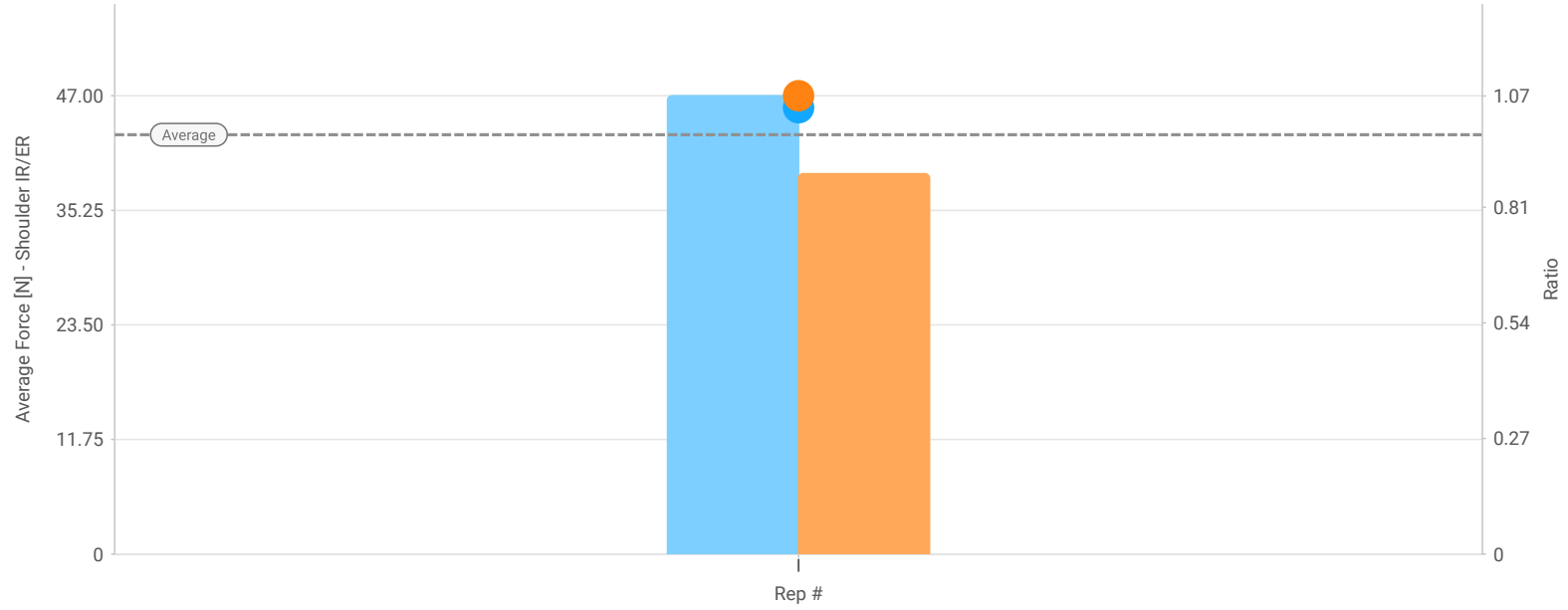
Average
45.38



External Rotation Average Force [N] - Shoulder IR/ER

Range Average

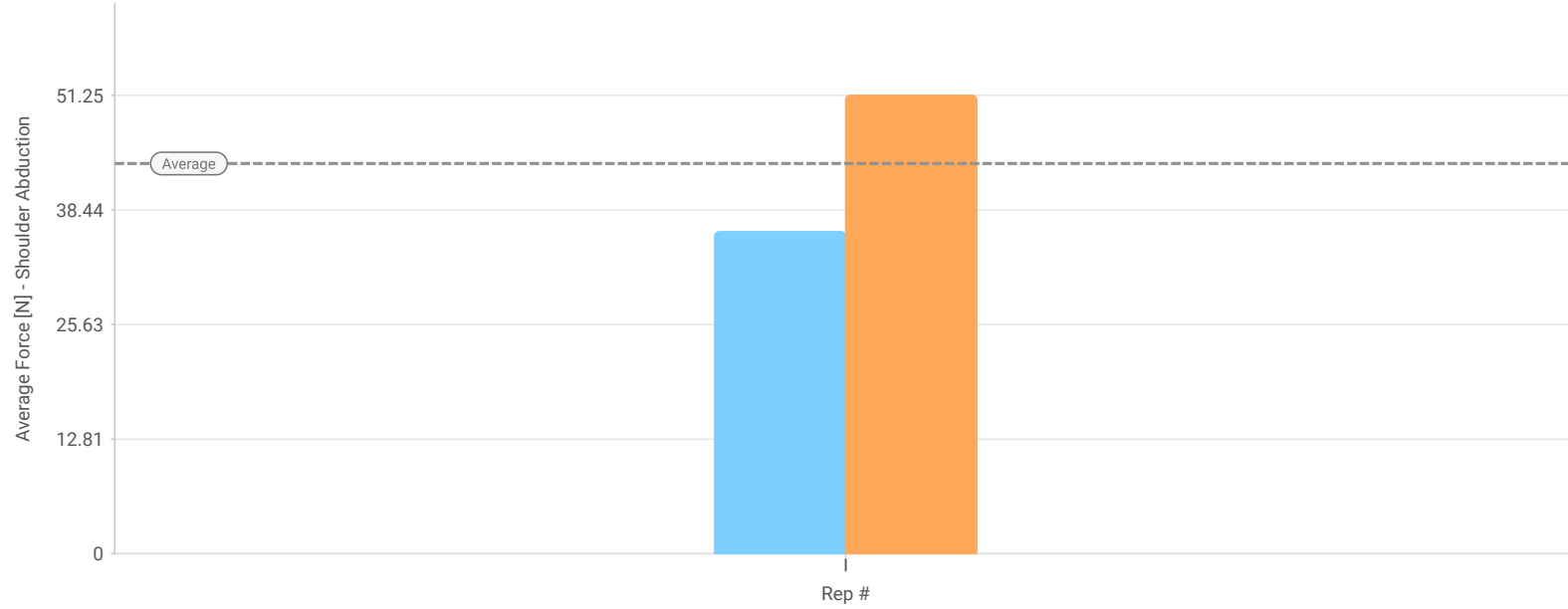
39 - 47 43



Abduction Average Force [N] - Shoulder Abduction

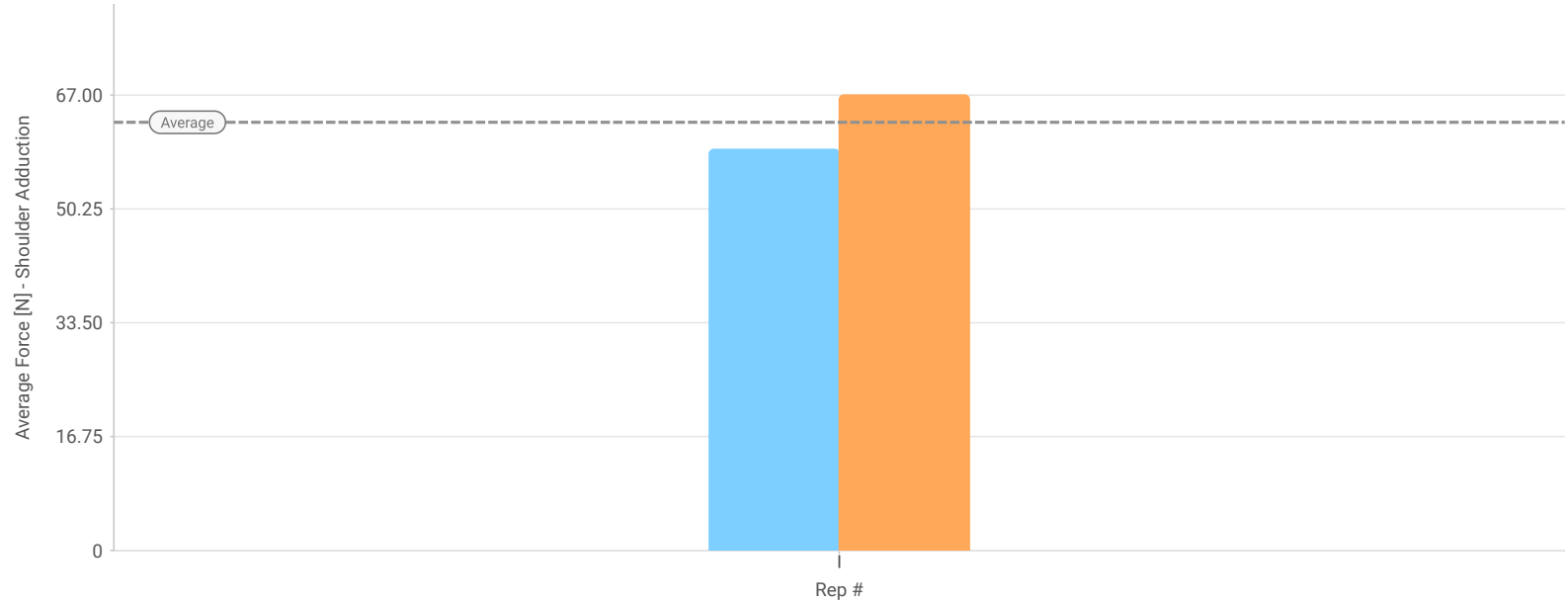
Range Average

36 - 51.25 43.63



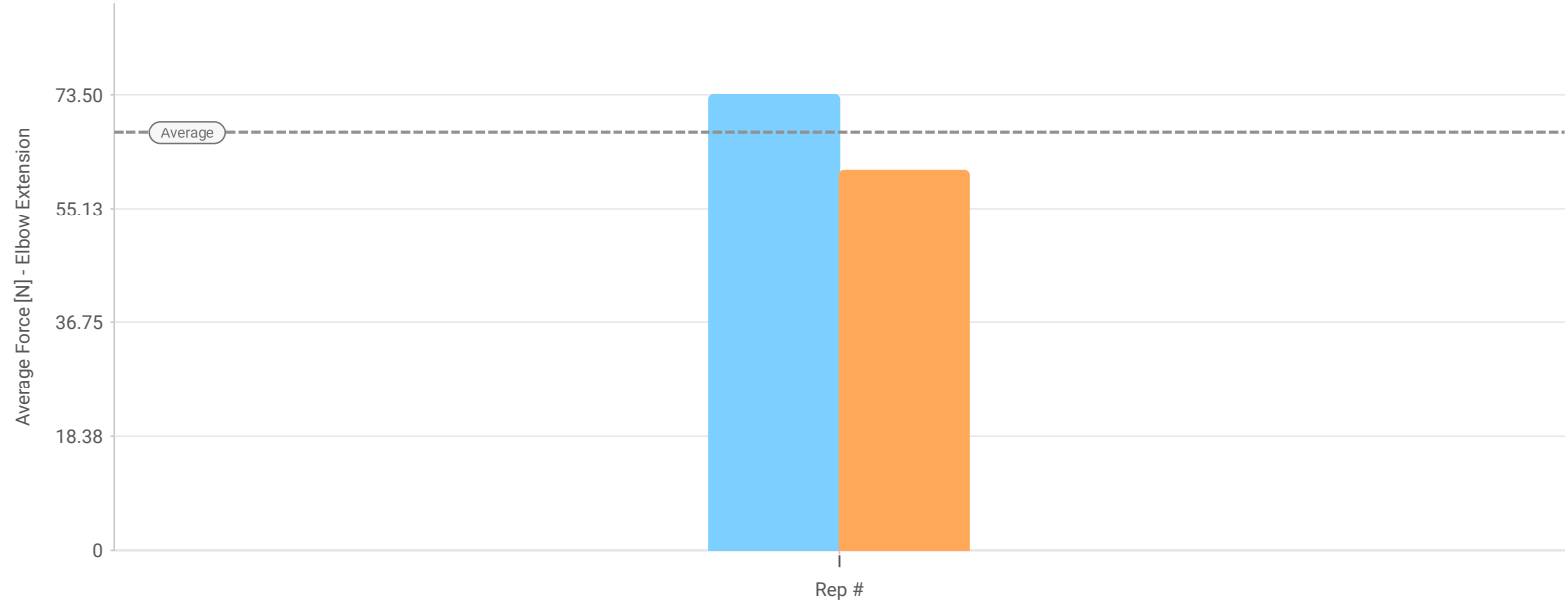
Adduction Average Force [N] - Shoulder Adduction

Range Average
59 - 67 63



Extension Average Force [N] - Elbow Extension

Range Average
61.25 - 73.5 67.38



Average Force [N] - Elbow Flexion

Range
68.75 - 72.5

Average
70.63

