



ON Evolução Corporal

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Profile:

Lucas Mito

Report By:

Nemi Sabeh

Report Date:

21 Dec 2023

Lucas Mito

Age: 19 (09 Dec 2004)

Knee Flexion - Standing

Max Force - Left & Right Side

Left

171N

↓ 21.2%

Right

212N

↓ 21.2%

19.4%

Asymmetry

Hip IR/ER - Prone

Max Force - Left & Right Side Hip IR

Left

124N

Right

133N

6.4%

Asymmetry

Knee Flexion - Prone

Max Force - Left & Right Side

Left

185N

Right

209N

11.6%

Asymmetry

Ankle Plantar Flexion - Supin...

Max Force - Left & Right Side

Left

618N

Right

684N

9.7%

Asymmetry

Hip Add/Abd - Seated

Max Force - Left & Right Side Hip Abd

Left

523N

Right

525N

0.5%

Asymmetry

Knee Extension - Seated (90)

Avg Force - Left & Right Side

Left

396N

Right

388N

2%

Asymmetry



Hip Flexion - Seated

Max Force - Left & Right Side

Left

321N

Right

346N



Ankle Plantar Flexion - Seated

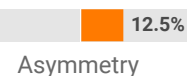
Avg Force - Left & Right Side

Left

949N

Right

1085N



Ankle Dorsiflexion - Seated

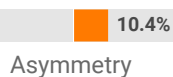
Max Force - Left & Right Side

Left

301N

Right

336N



Hip Extension - Standing

Max Force - Left & Right Side

Left

263N

Right

277N



Hip Flexion - Kicker

Max Force - Left & Right Side

Left

319N

Right

339N

