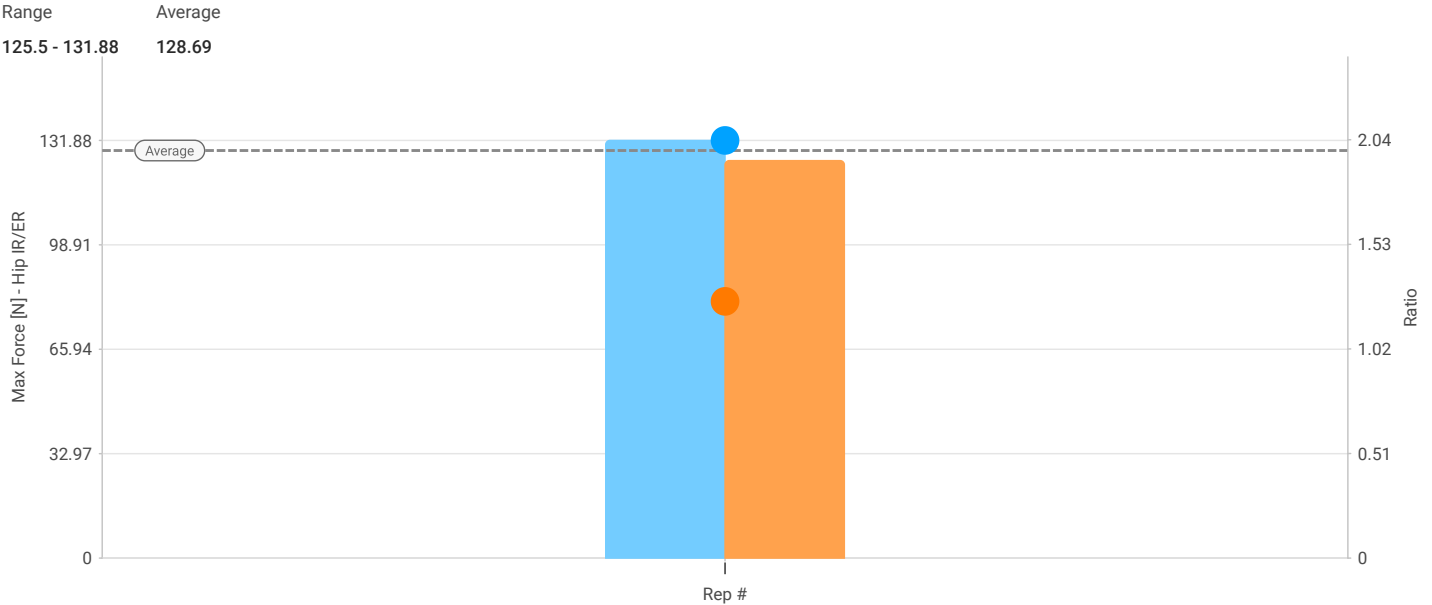




Tests (11)

Profile	Date	Test Type	Test Position	Reps
Frederico Oliveira 11 Tests	21/03/2023 5:40 PM	Hip IR/ER	Prone	ER 2 L / 2 R IR 0 L / 2 R
	21/03/2023 5:36 PM	Knee Flexion	Prone	FLEX 2 L / 2 R
	21/03/2023 5:33 PM	Knee Flexion	Standing	FLEX 2 L / 2 R
	21/03/2023 5:30 PM	Ankle IN/EV	Supine	INV 2 L / 2 R EV 2 L / 2 R
	21/03/2023 5:29 PM	Hip Extension	Prone	EXT 2 L / 2 R
	21/03/2023 5:24 PM	Hip Flexion	Kicker	FLEX 2 L / 2 R
	21/03/2023 5:20 PM	Hip Flexion	Seated	FLEX 2 L / 2 R
	21/03/2023 5:17 PM	Hip AD/AB	Seated	ADD 2 L / 2 R ABD 2 L / 2 R
	21/03/2023 5:14 PM	Knee extensor	Knee ext	Outer 2 L / 2 R
	21/03/2023 5:11 PM	Panturrilha Sentada	Panturrilha Sentada	Outer 2 L / 2 R
	21/03/2023 5:07 PM	Ankle Dorsiflexion	Seated	DF 2 L / 2 R

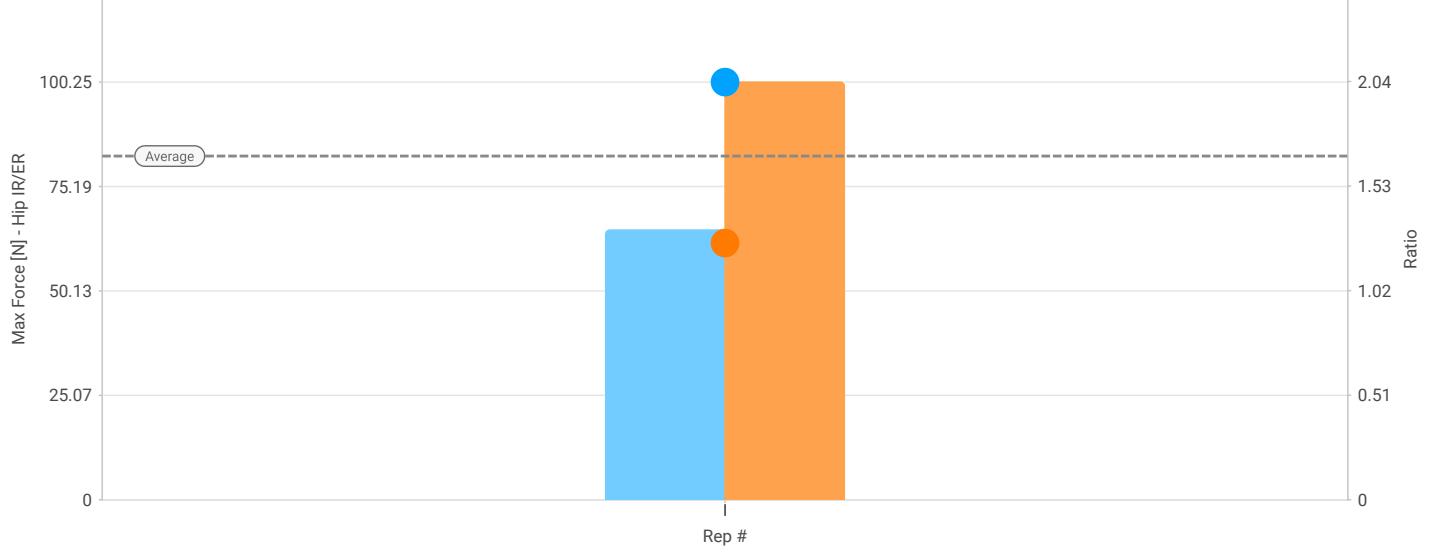
External Rotation Max Force [N] - Hip IR/ER





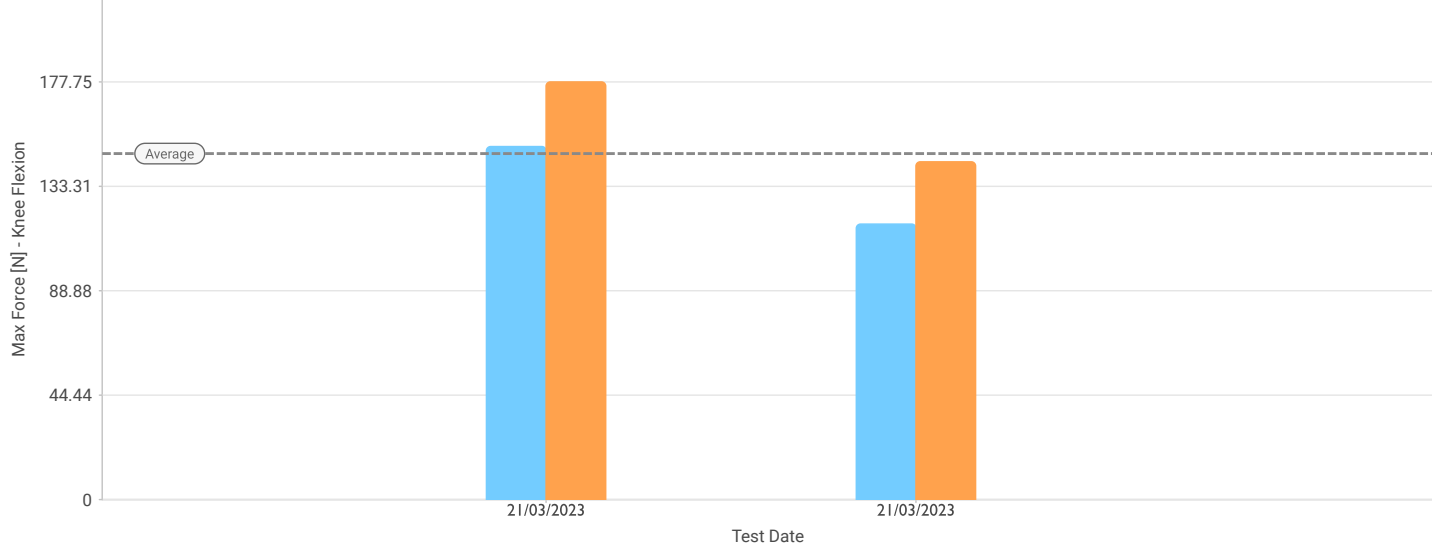
Internal Rotation Max Force [N] - Hip IR/ER

Range Average
64.75 - 100.25 82.5



Knee Flexion Max Force [N] - Knee Flexion

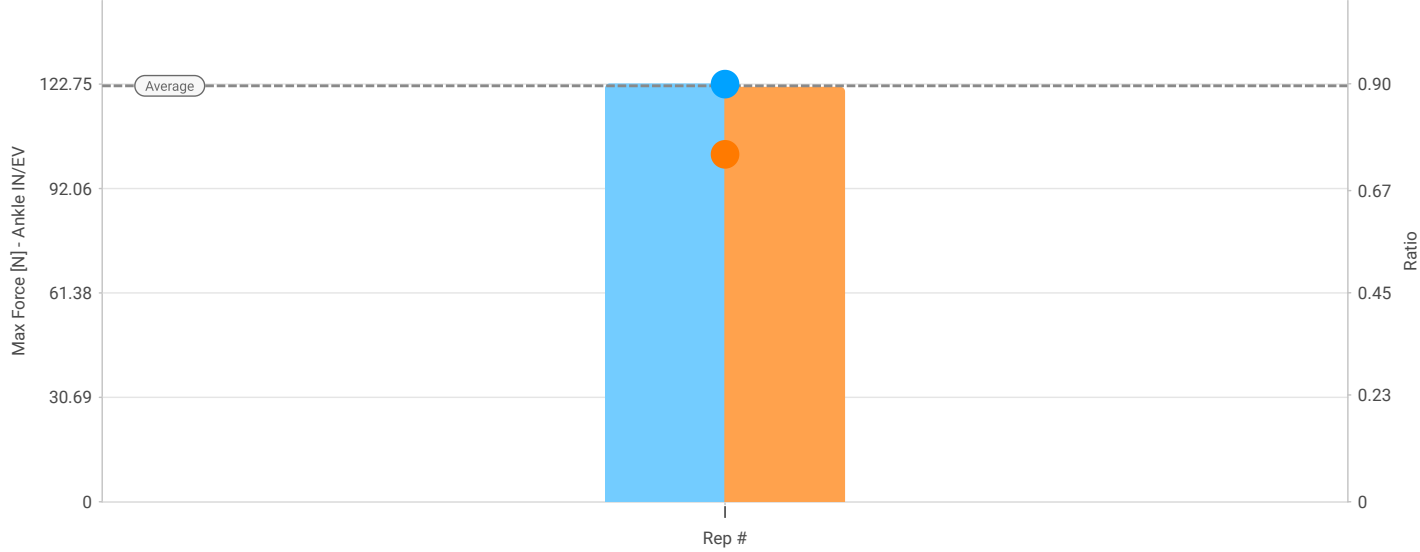
Range Average
117.25 - 177.75 147.25





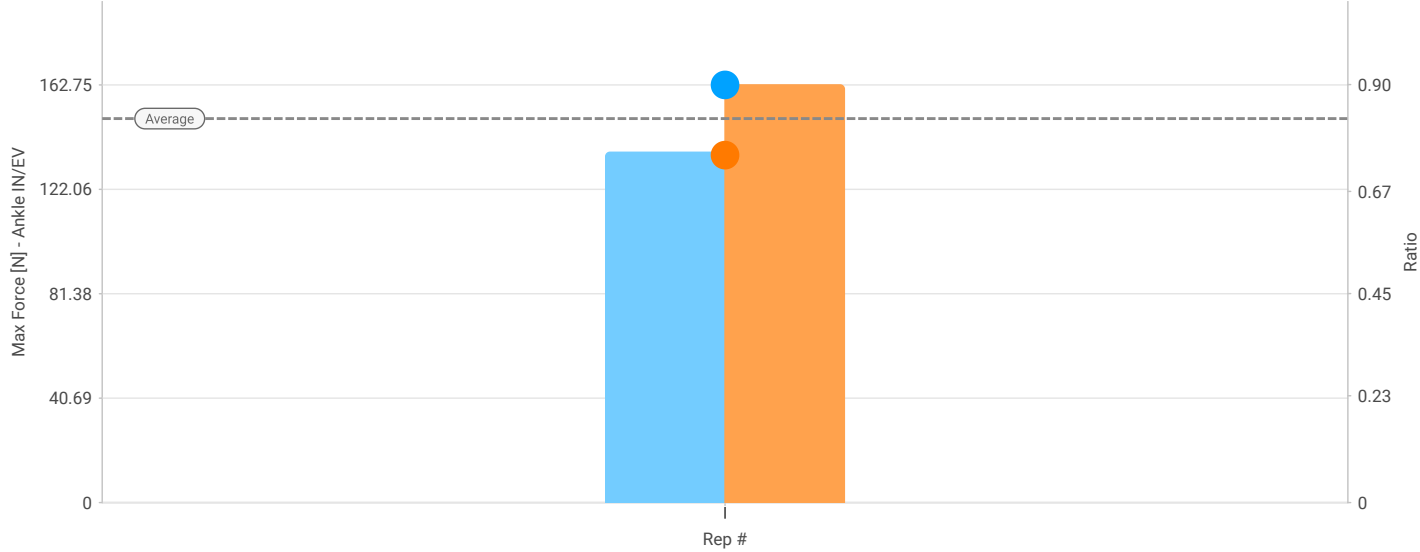
Inversion Max Force [N] - Ankle IN/EV

Range Average
121.75 - 122.75 122.25



Eversion Max Force [N] - Ankle IN/EV

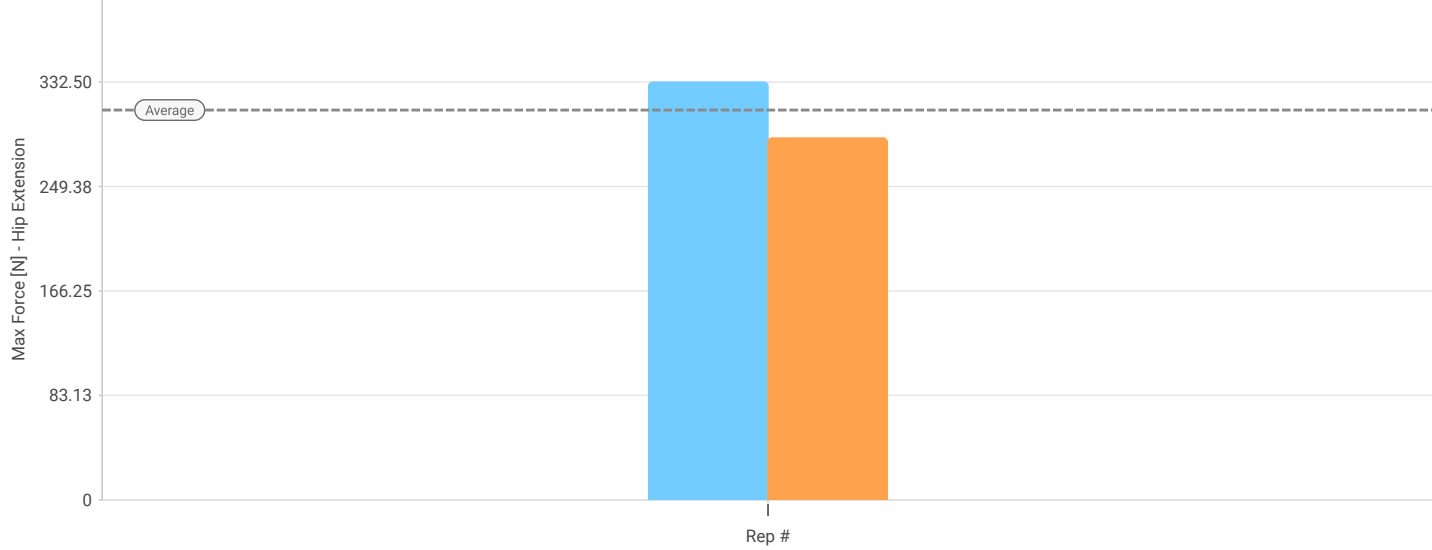
Range Average
136.5 - 162.75 149.63





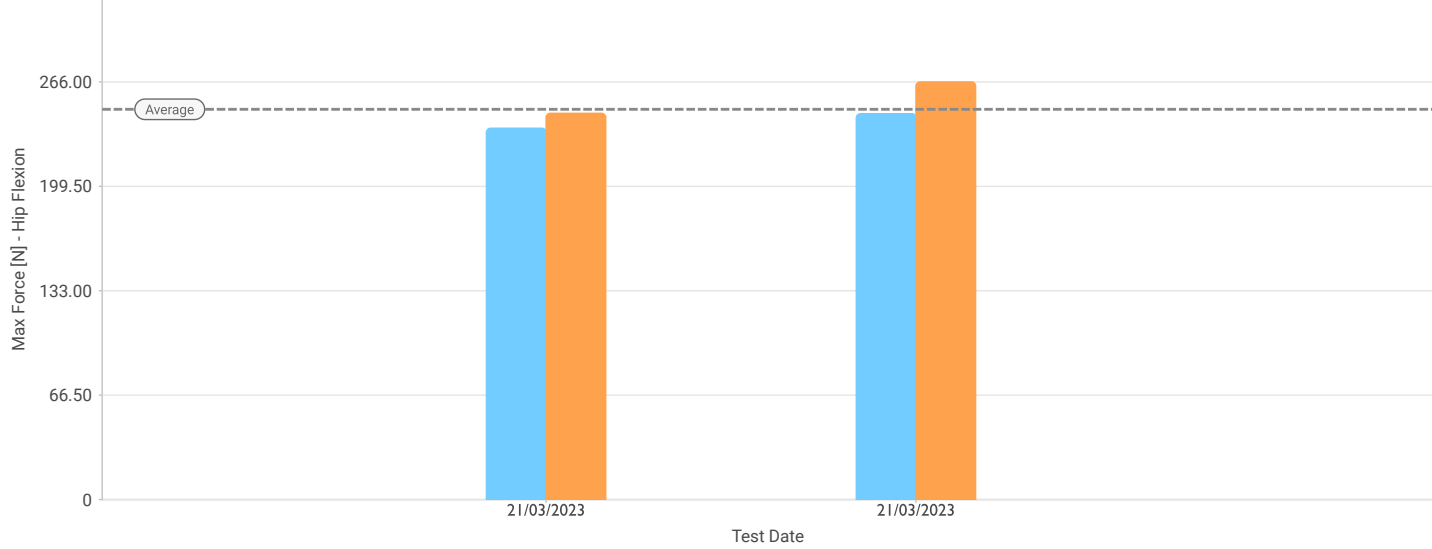
Extension Max Force [N] - Hip Extension

Range Average
288 - 332.5 310.25



Flexion Max Force [N] - Hip Flexion

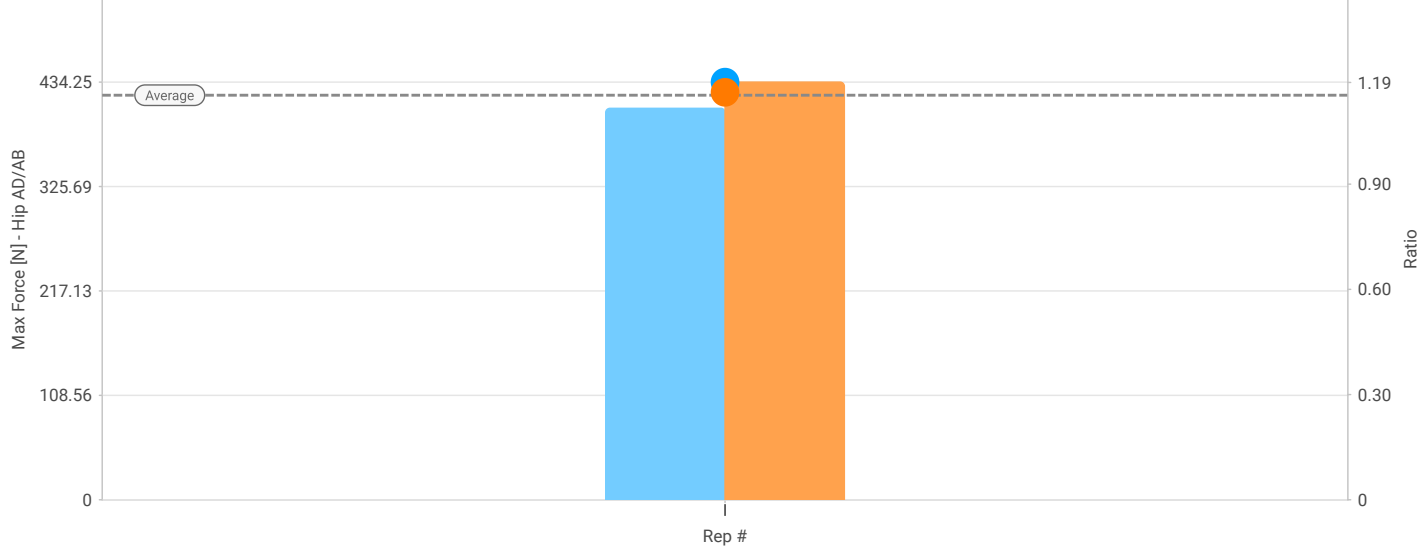
Range Average
236.5 - 266 248.56





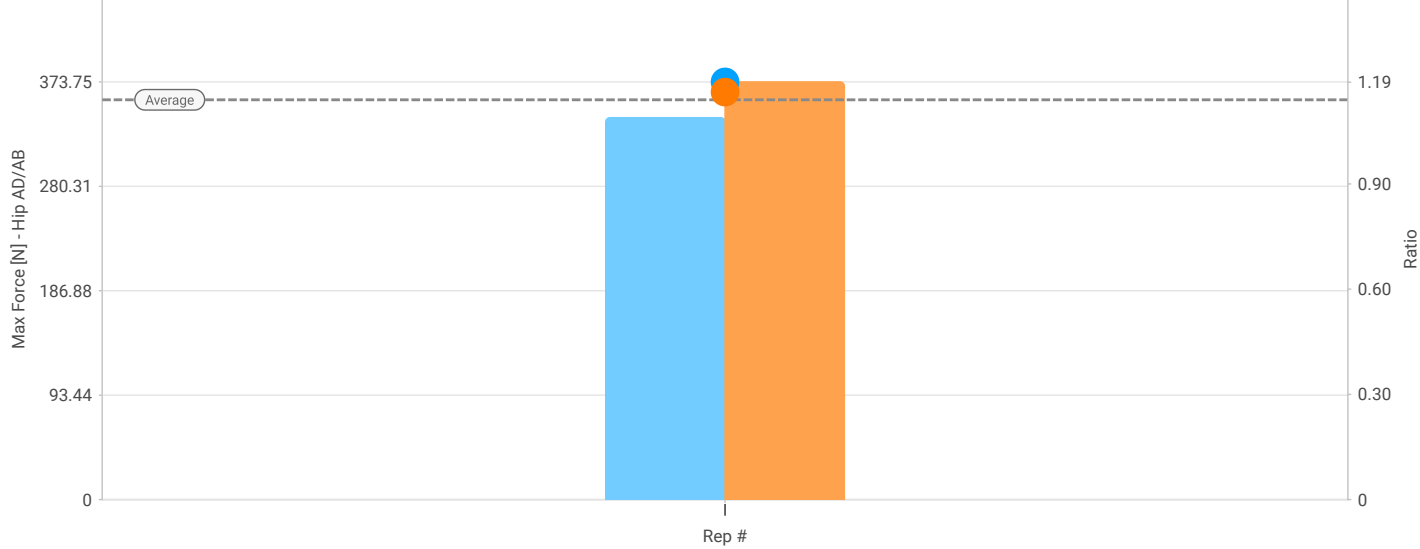
Adduction Max Force [N] - Hip AD/AB

Range Average
407 - 434.25 420.63



Abduction Max Force [N] - Hip AD/AB

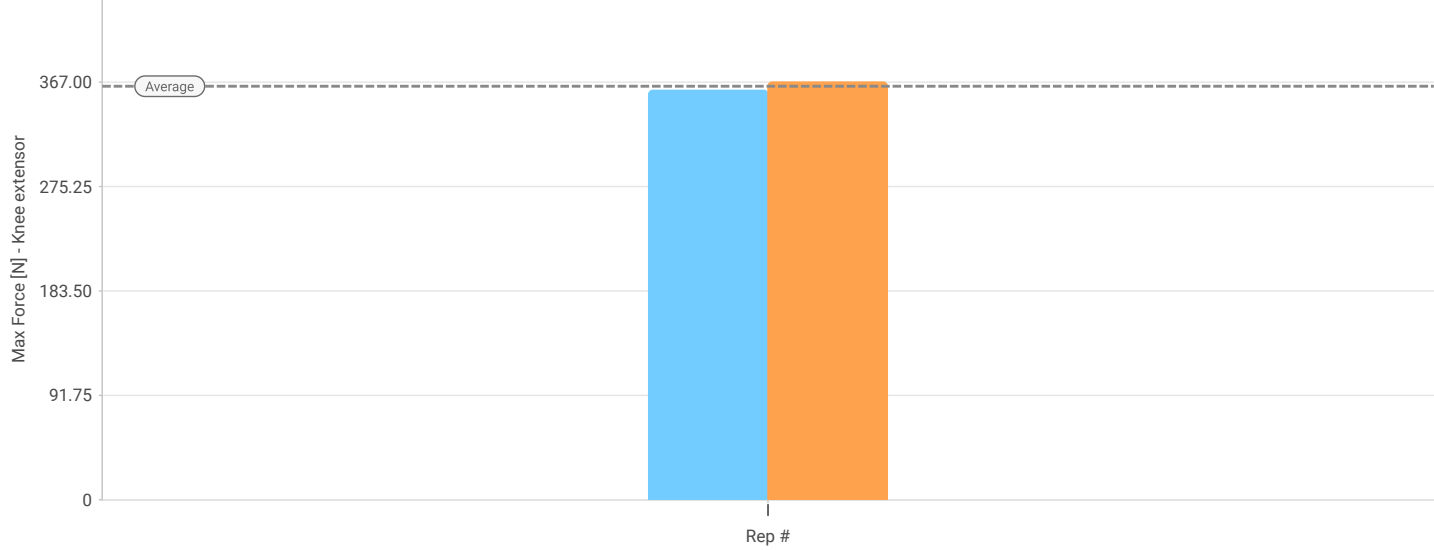
Range Average
341.75 - 373.75 357.75





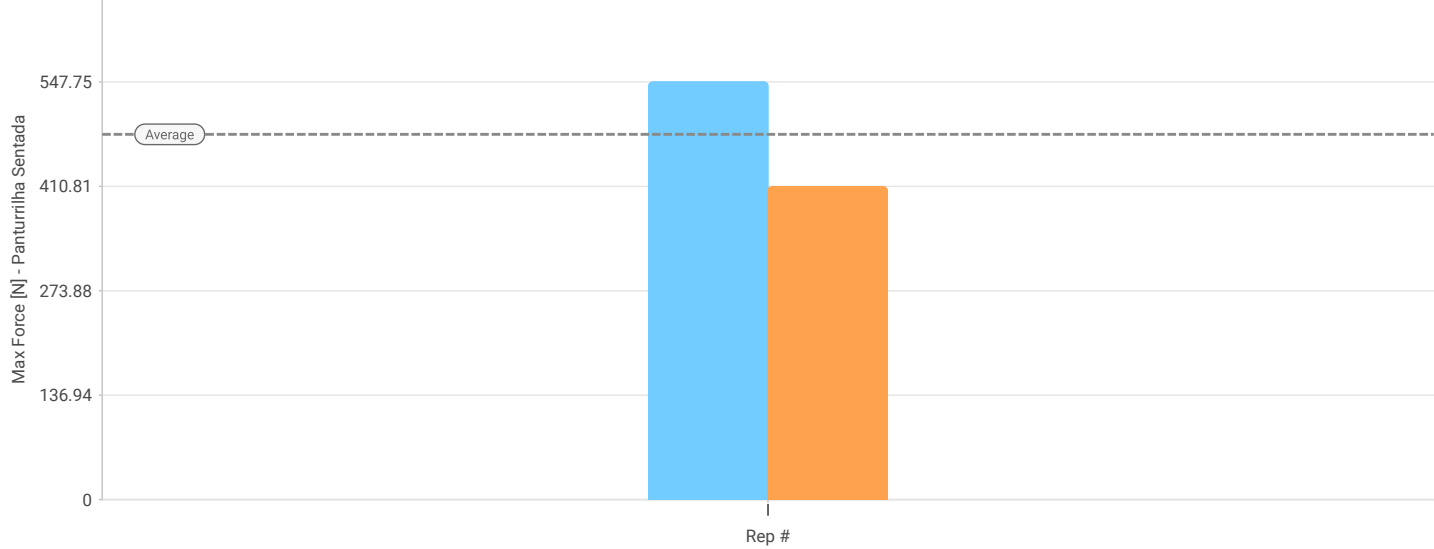
Max Force [N] - Knee extensor

Range Average
359.75 - 367 363.38



Max Force [N] - Panturrilha Sentada

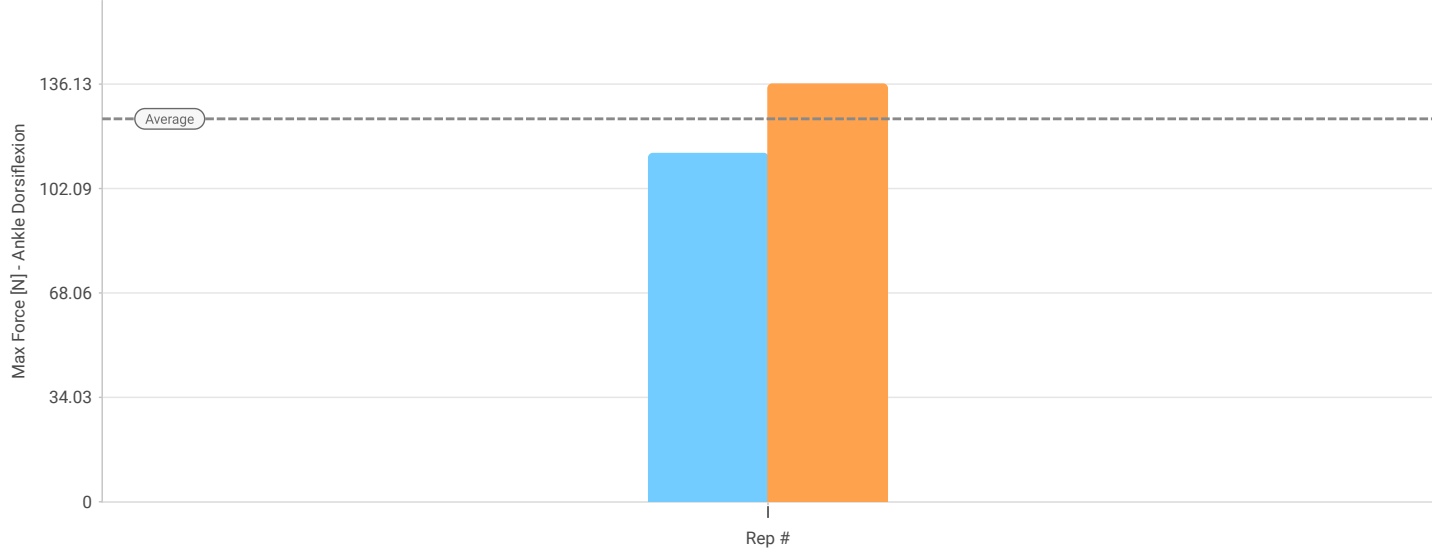
Range Average
410.25 - 547.75 479





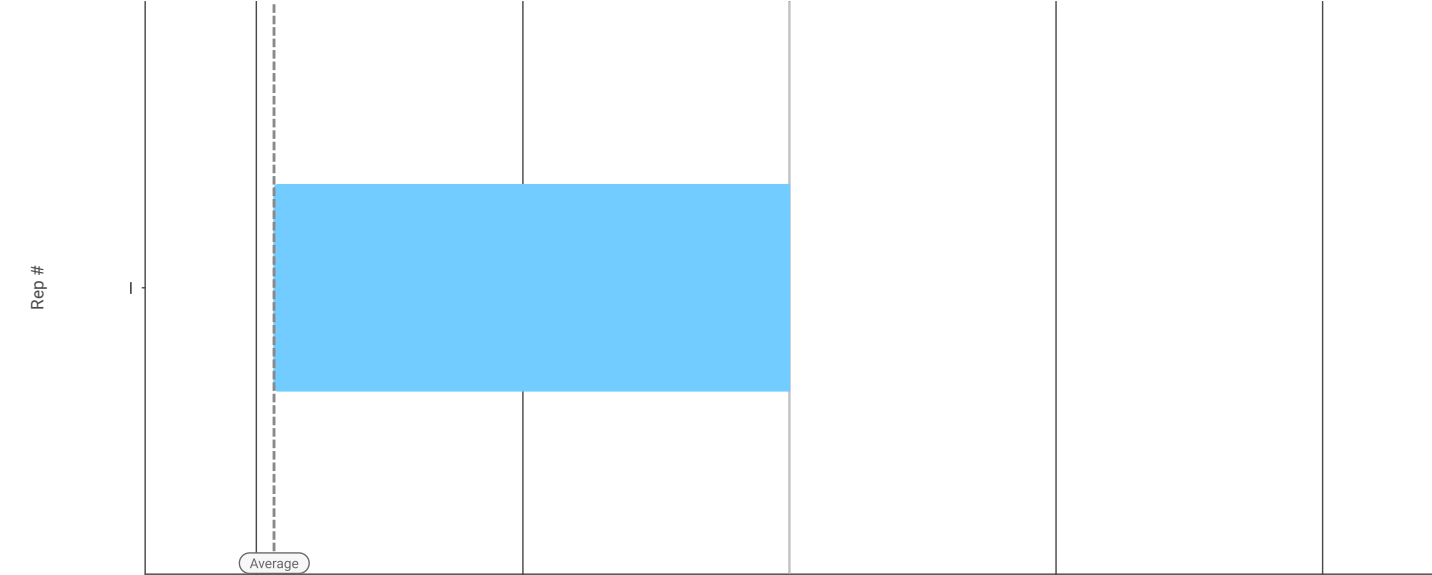
Dorsiflexion Max Force [N] - Ankle Dorsiflexion

Range Average
113.5 - 136.13 124.81



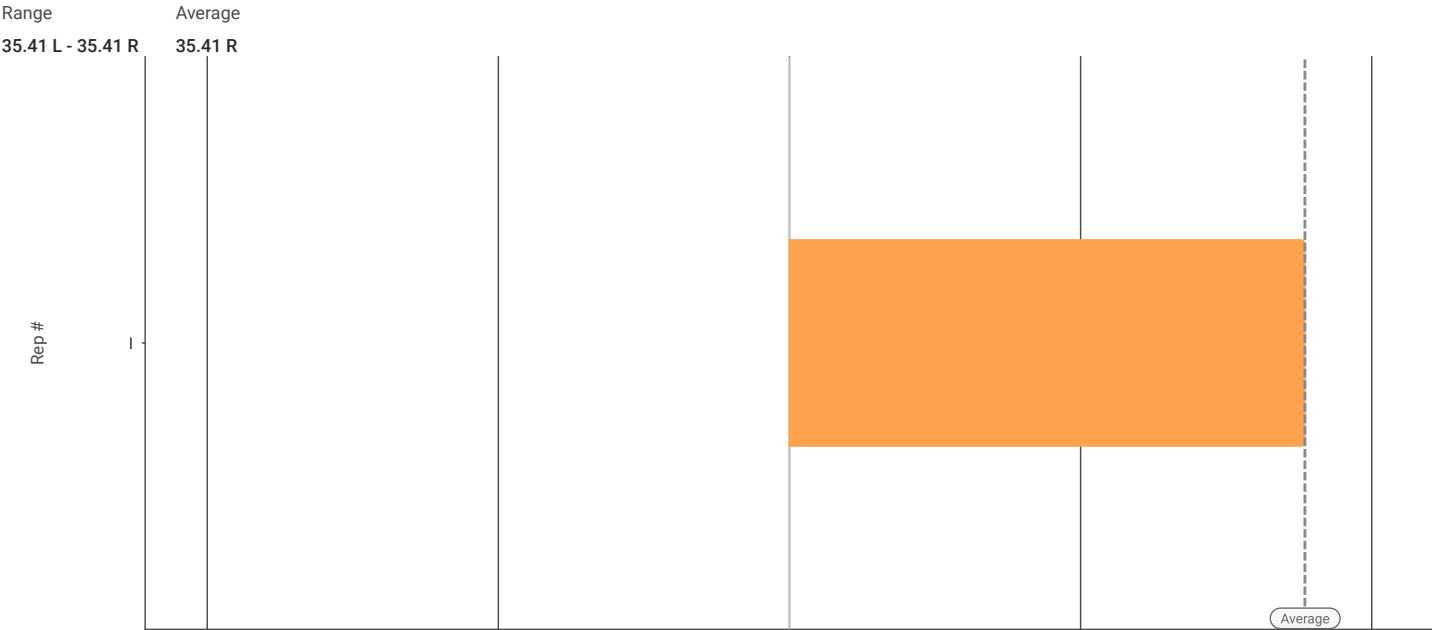
External Rotation Asymmetry [%] - Hip IR/ER

Range Average
4.83 L - 4.83 R 4.83 L





Internal Rotation Asymmetry [%] - Hip IR/ER

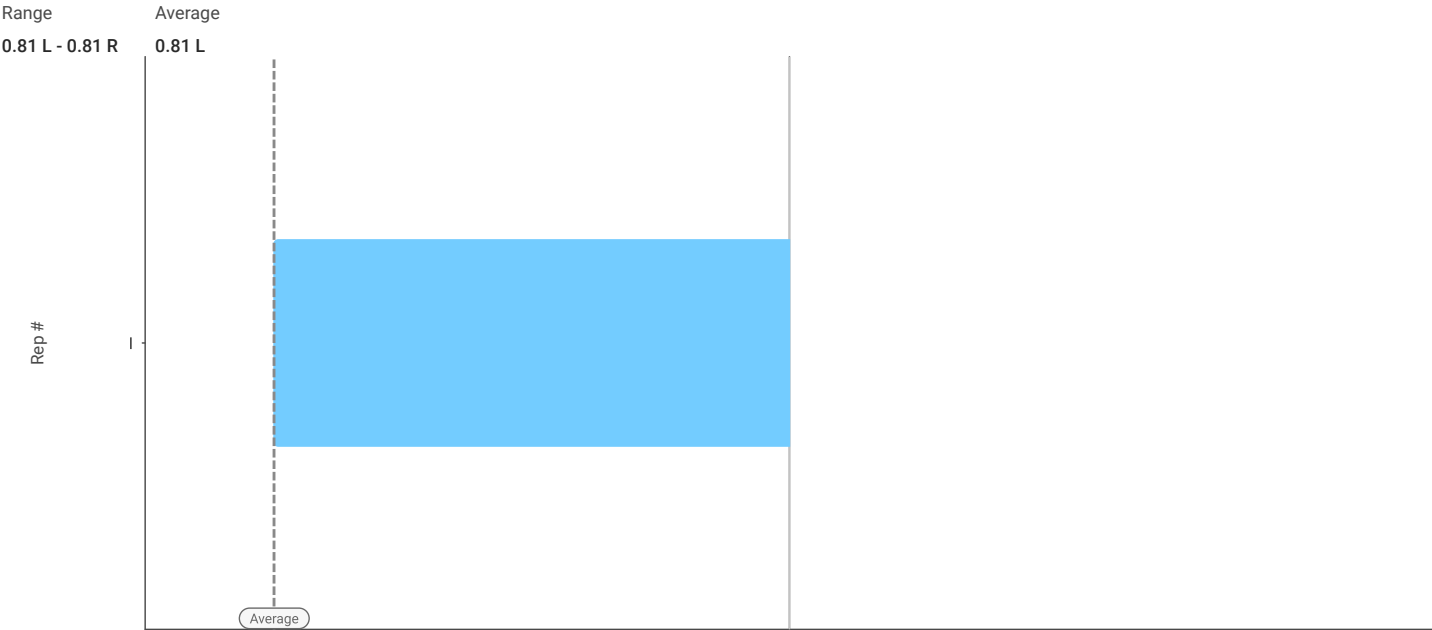


Knee Flexion Asymmetry [%] - Knee Flexion





Inversion Asymmetry [%] - Ankle IN/EV

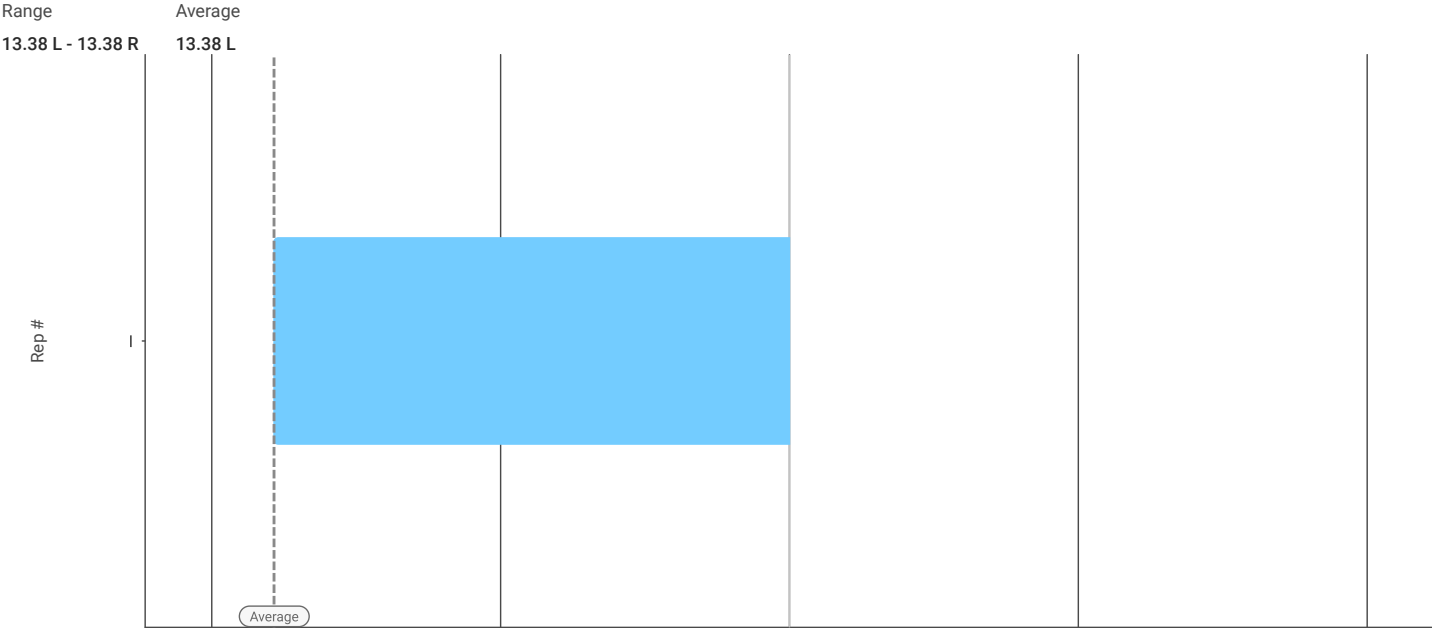


Eversion Asymmetry [%] - Ankle IN/EV





Extension Asymmetry [%] - Hip Extension



Flexion Asymmetry [%] - Hip Flexion





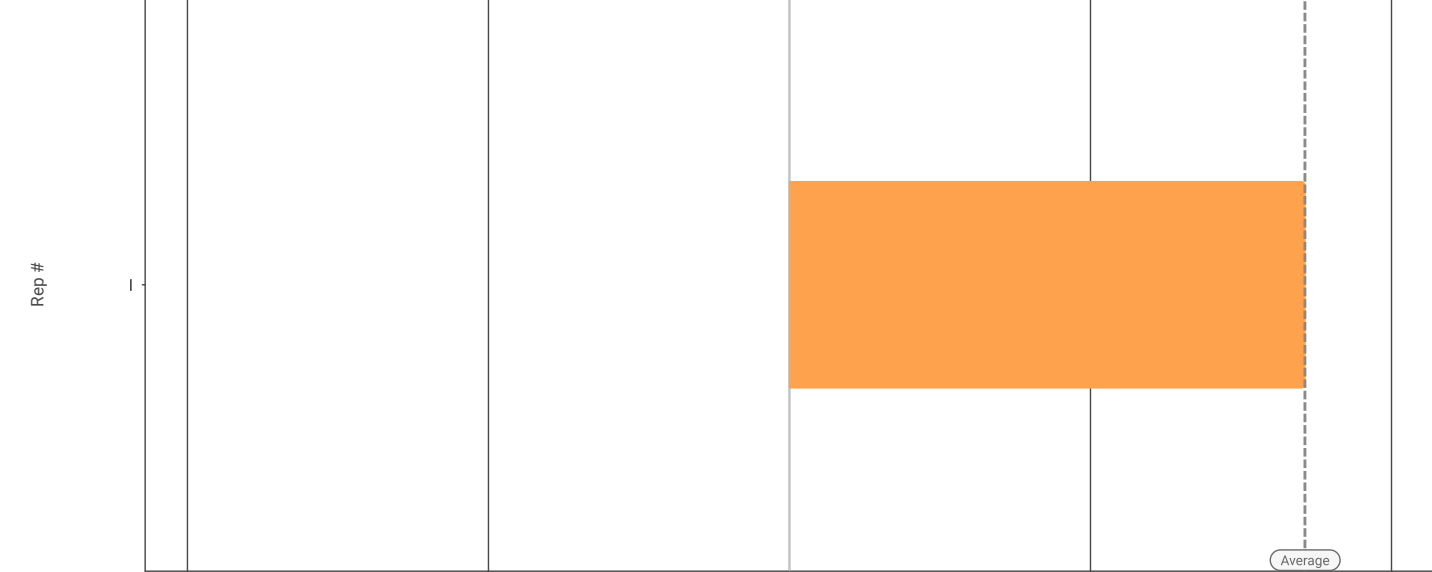
Adduction Asymmetry [%] - Hip AD/AB

Range Average
6.28 L - 6.28 R 6.28 R



Abduction Asymmetry [%] - Hip AD/AB

Range Average
8.56 L - 8.56 R 8.56 R





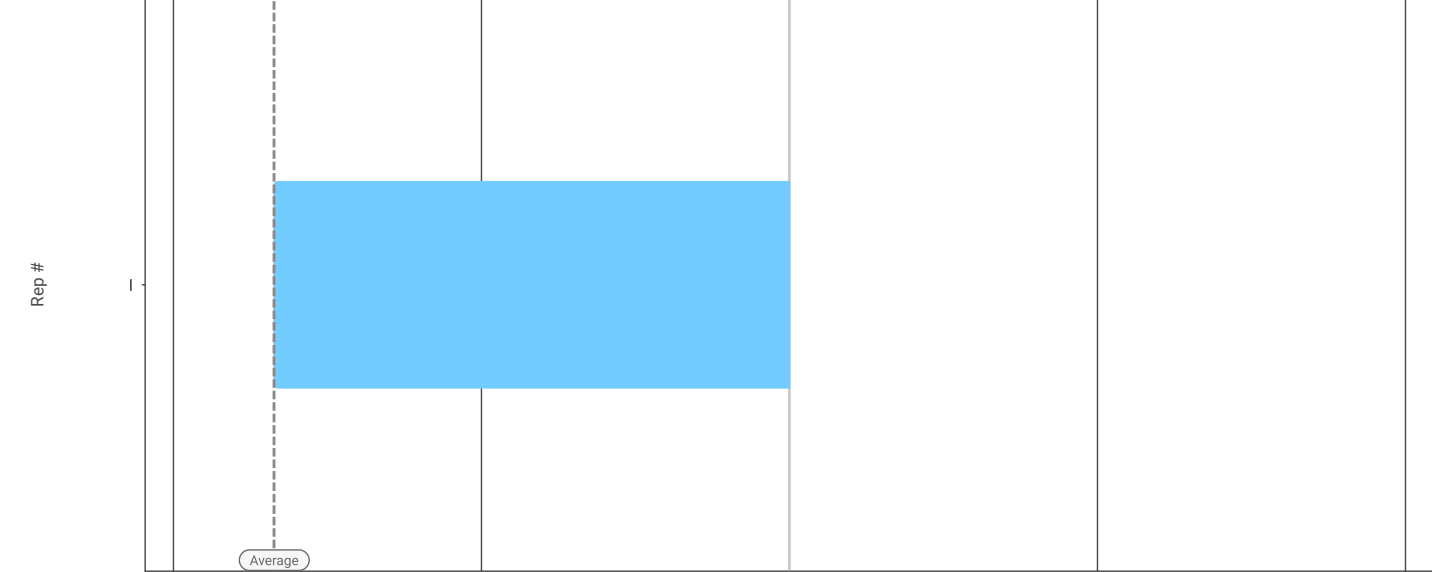
Asymmetry [%] - Knee extensor

Range Average
1.98 L - 1.98 R 1.98 R



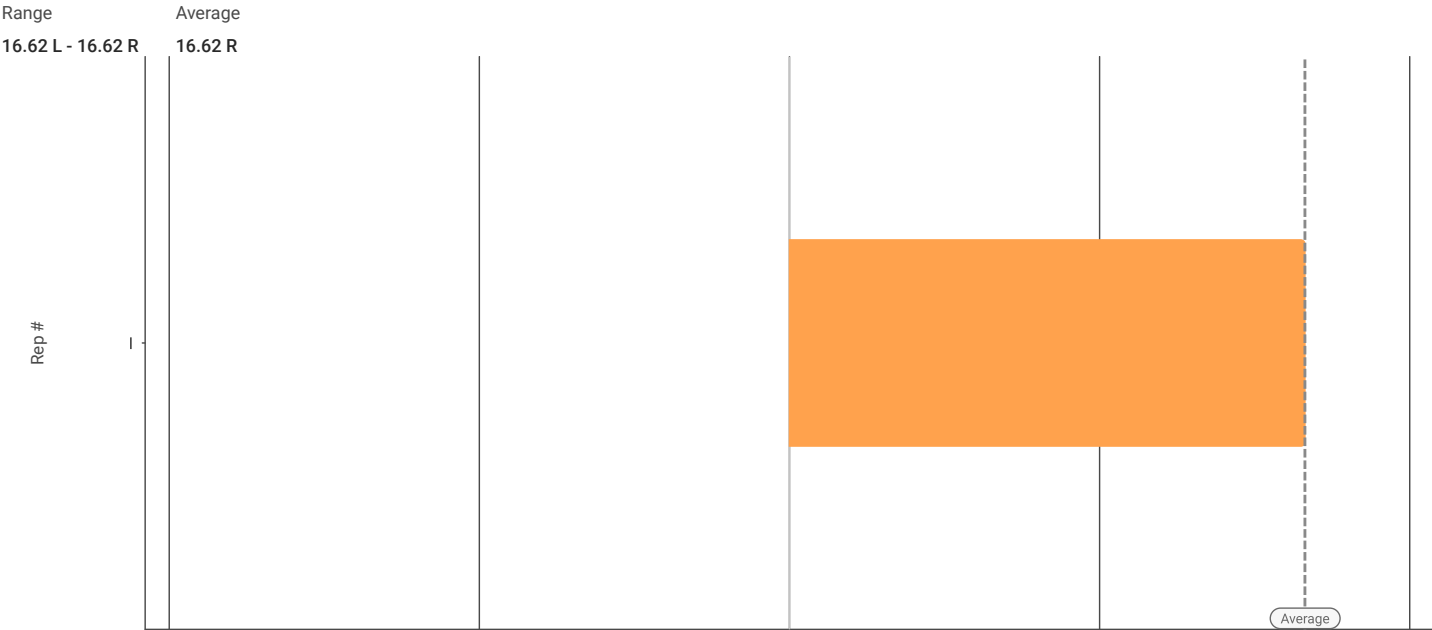
Asymmetry [%] - Panturrilha Sentada

Range Average
25.1 L - 25.1 R 25.1 L





Dorsiflexion Asymmetry [%] - Ankle Dorsiflexion



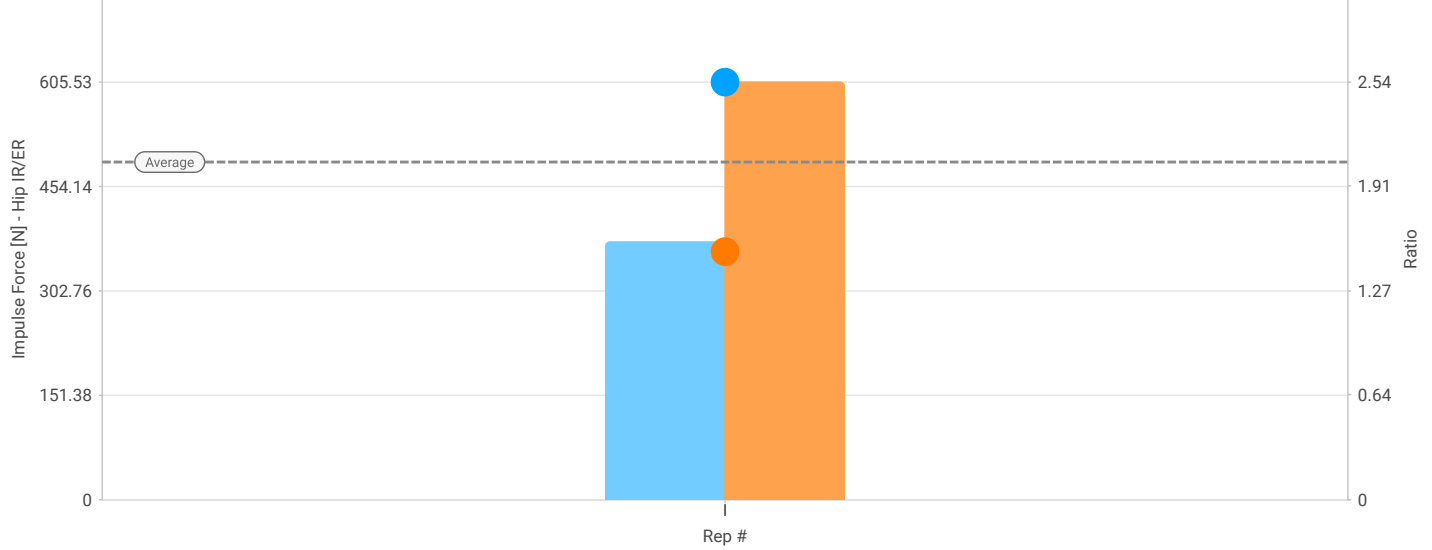
External Rotation Impulse Force [N] - Hip IR/ER





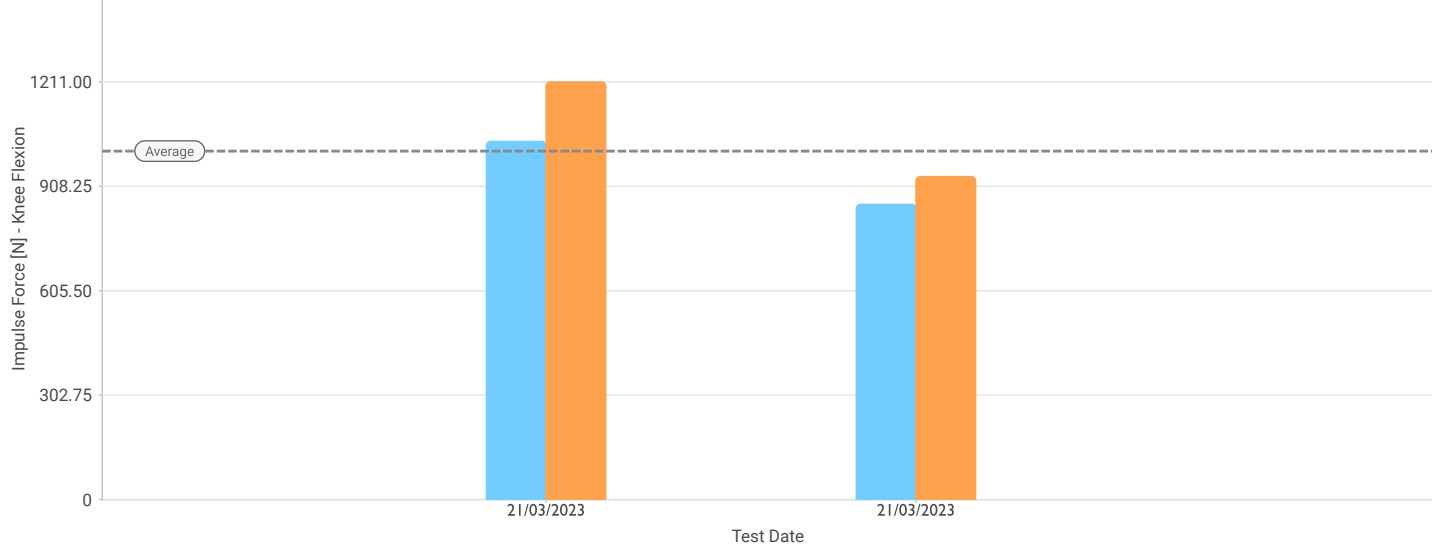
Internal Rotation Impulse Force [N] - Hip IR/ER

Range Average
373.82 - 605.53 489.67



Knee Flexion Impulse Force [N] - Knee Flexion

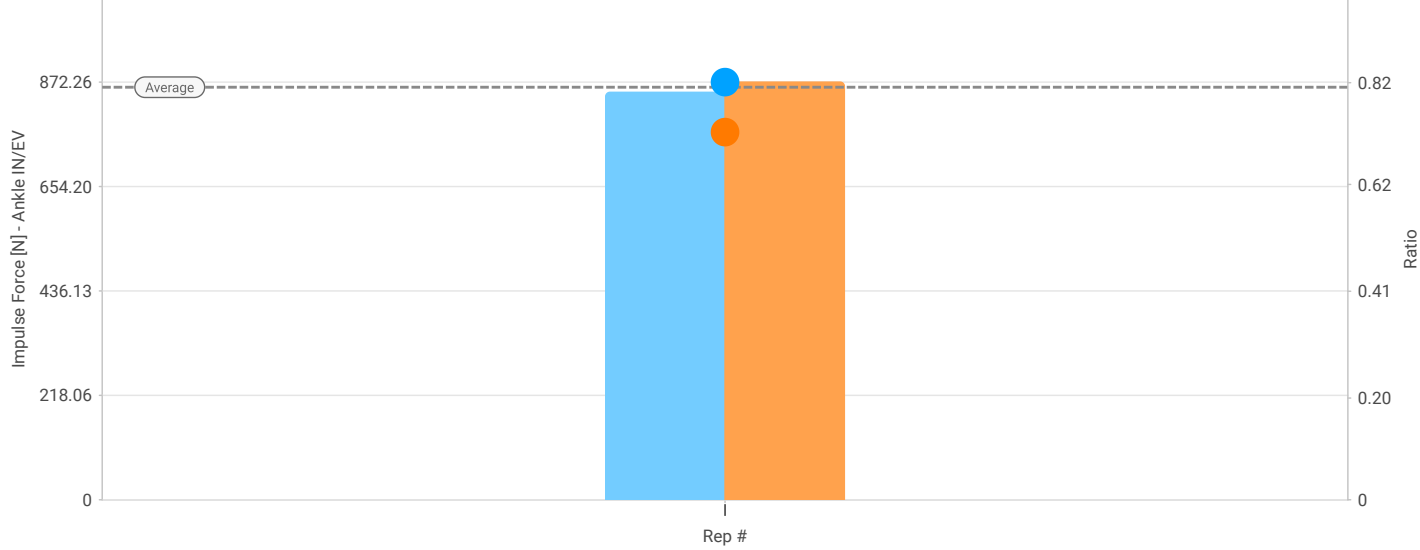
Range Average
855.81 - 1211 1010.4





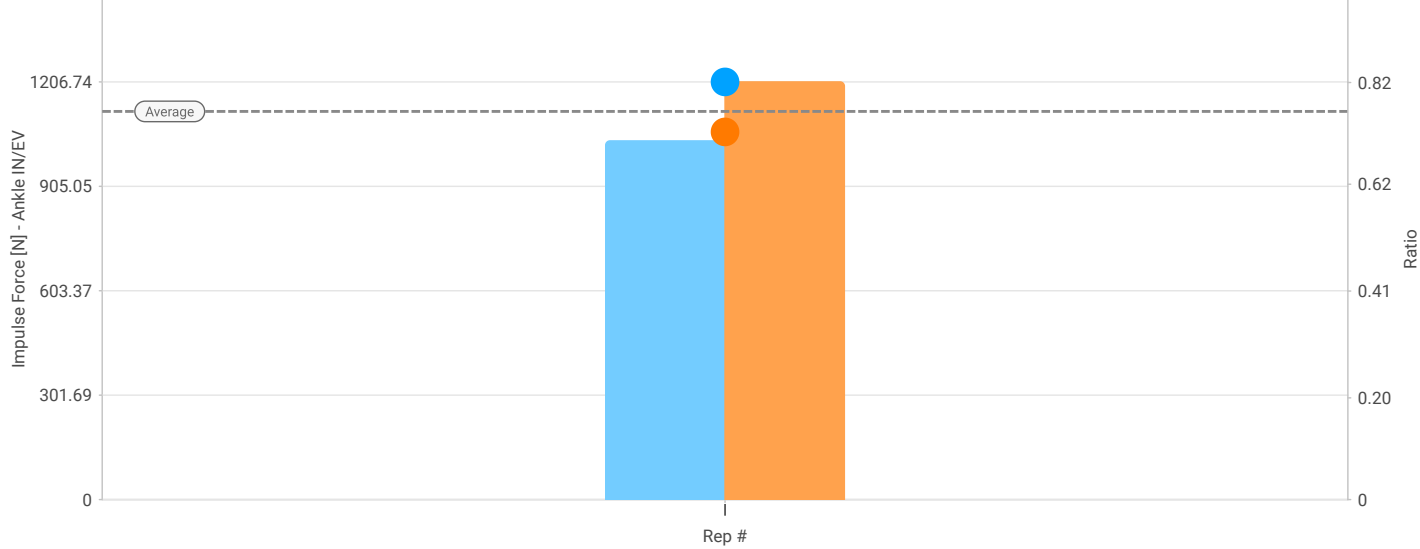
Inversion Impulse Force [N] - Ankle IN/EV

Range Average
850.94 - 872.26 861.6



Eversion Impulse Force [N] - Ankle IN/EV

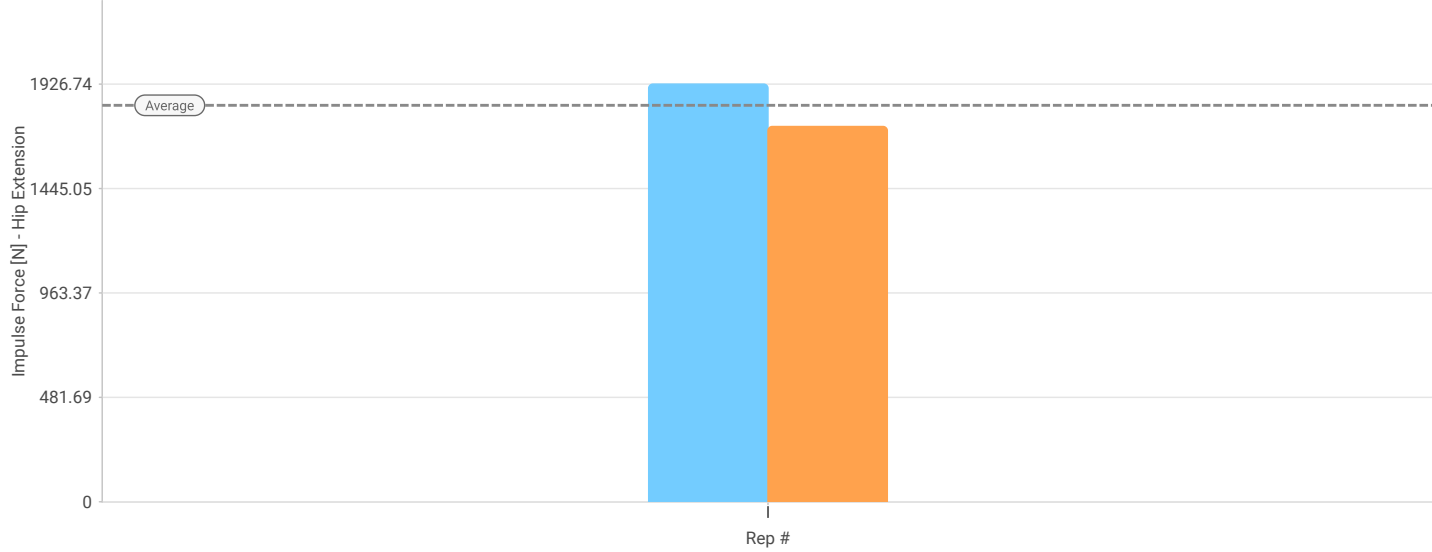
Range Average
1036.29 - 1206.74 1121.51





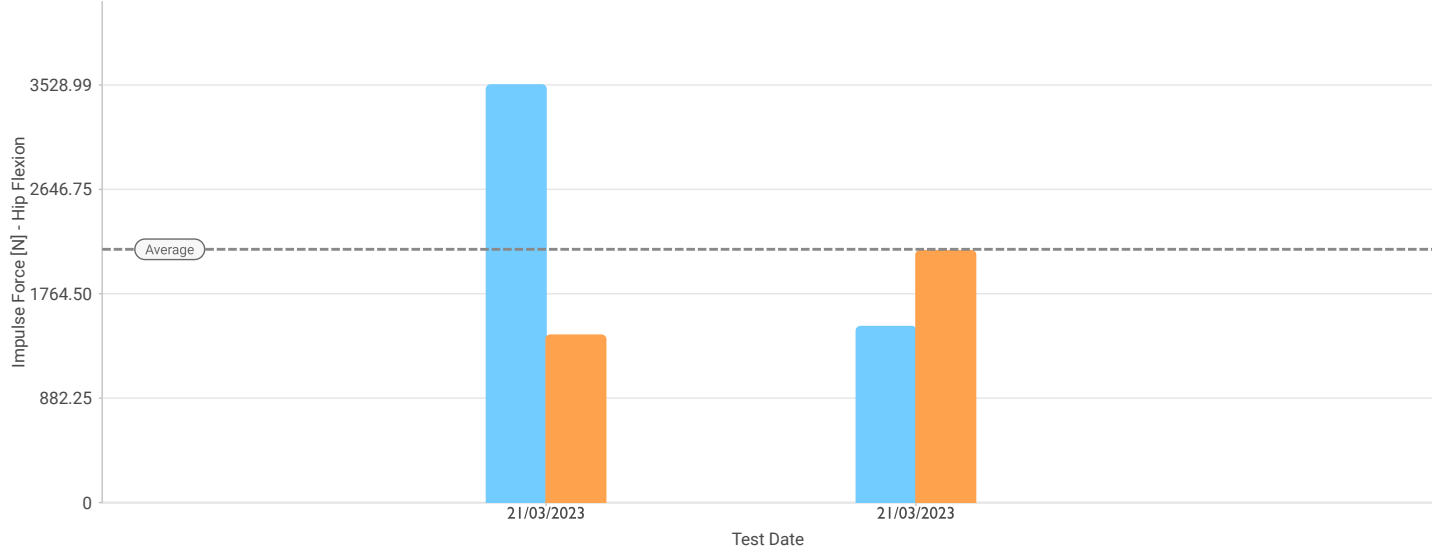
Extension Impulse Force [N] - Hip Extension

Range Average
1731.17 - 1926.74 1828.95



Flexion Impulse Force [N] - Hip Flexion

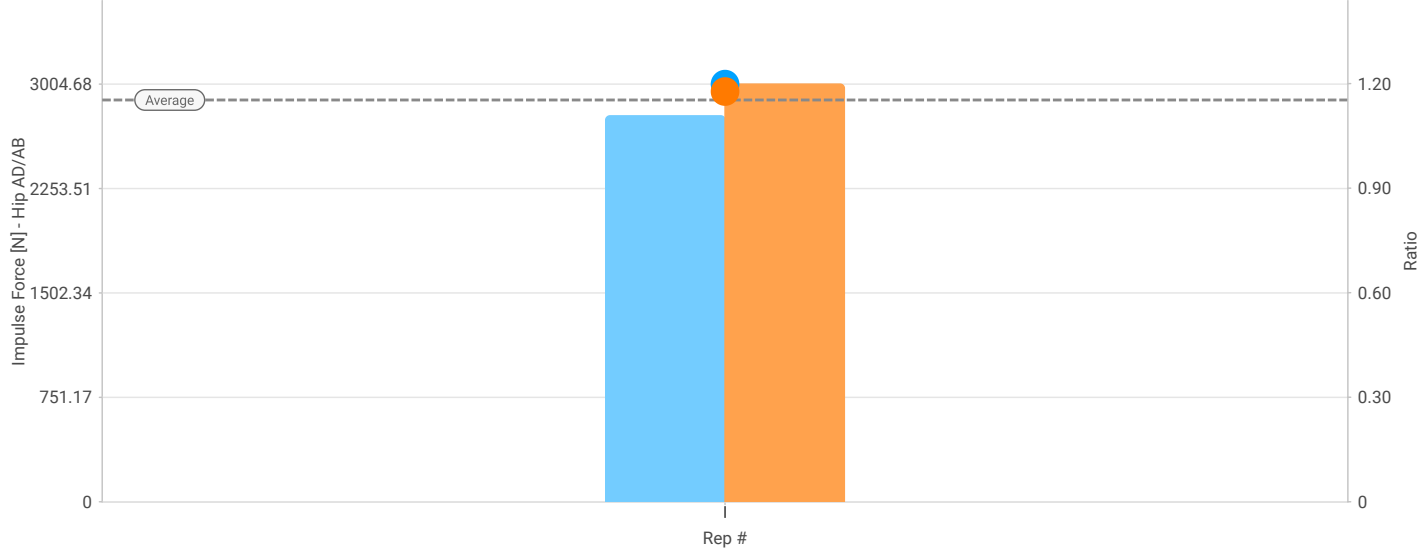
Range Average
1414.95 - 3528.99 2139.97





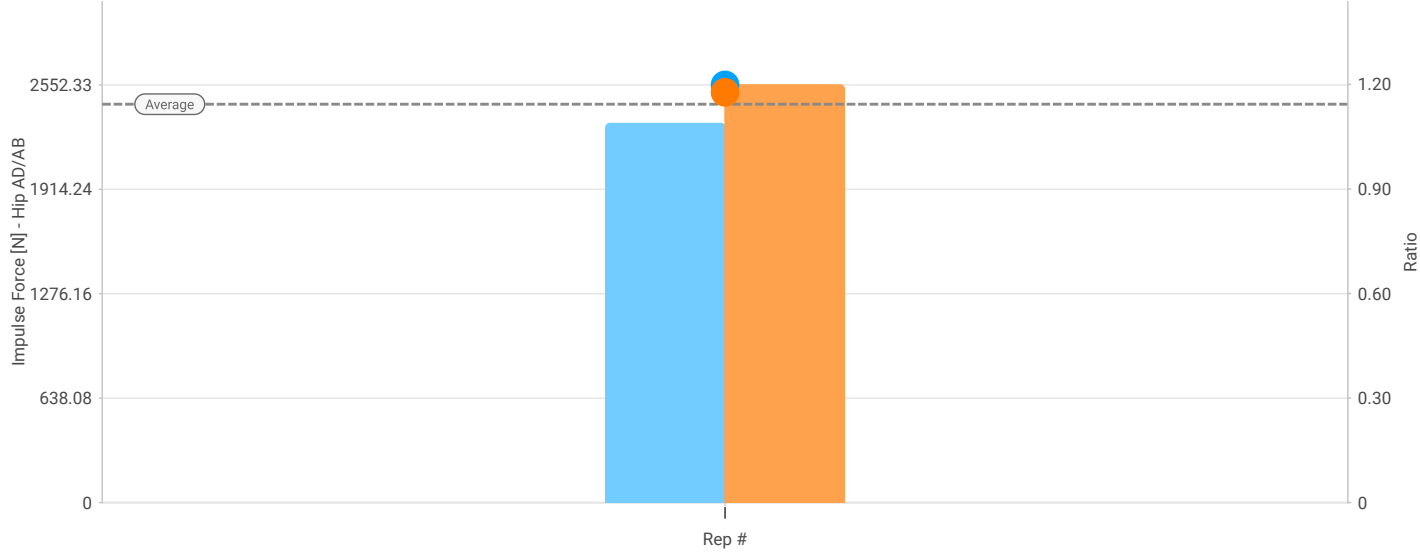
Adduction Impulse Force [N] - Hip AD/AB

Range Average
2776.37 - 3004.68 2890.53



Abduction Impulse Force [N] - Hip AD/AB

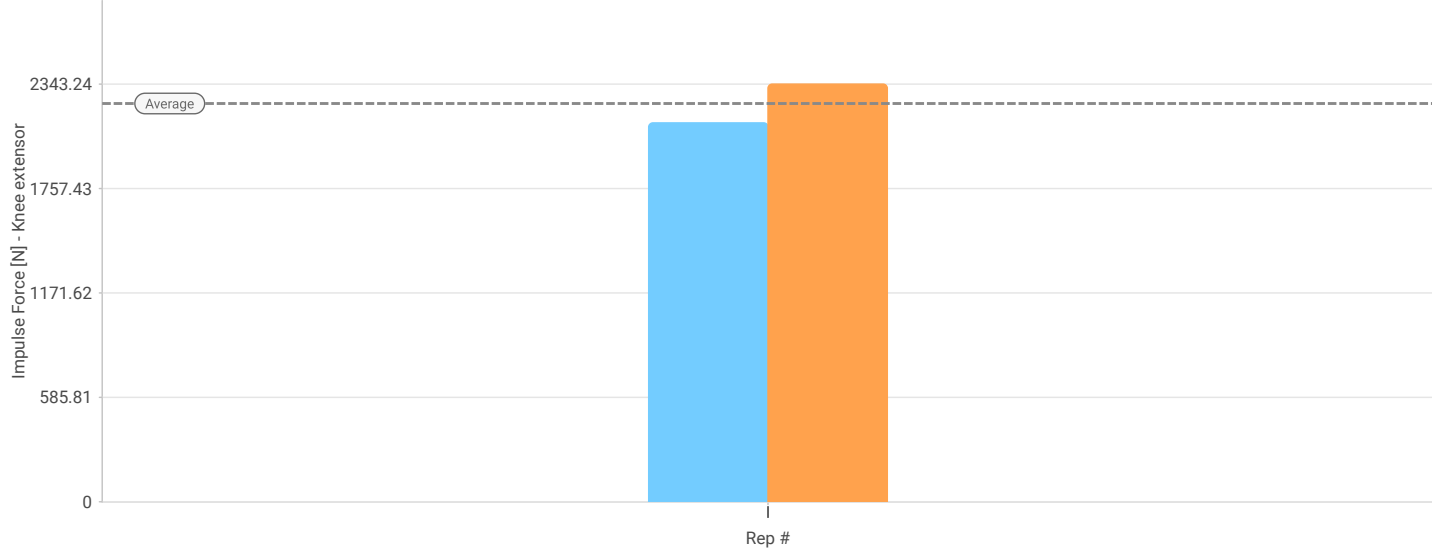
Range Average
2316.55 - 2552.33 2434.44





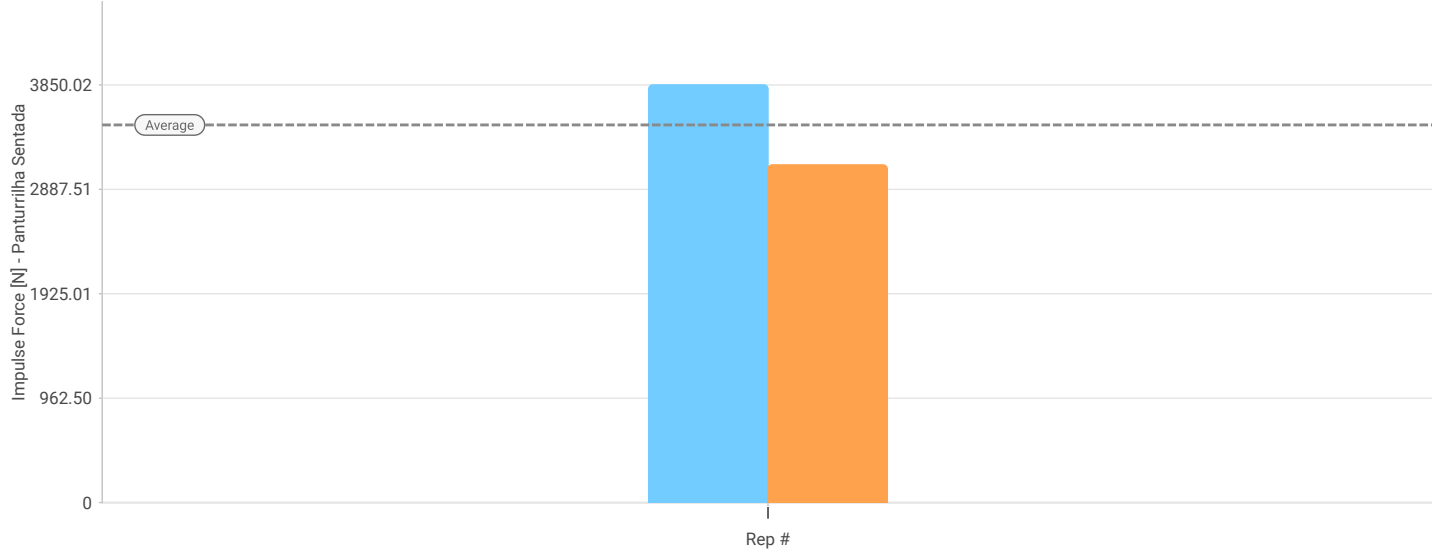
Impulse Force [N] - Knee extensor

Range Average
2125.7 - 2343.24 2234.47



Impulse Force [N] - Panturrilha Sentada

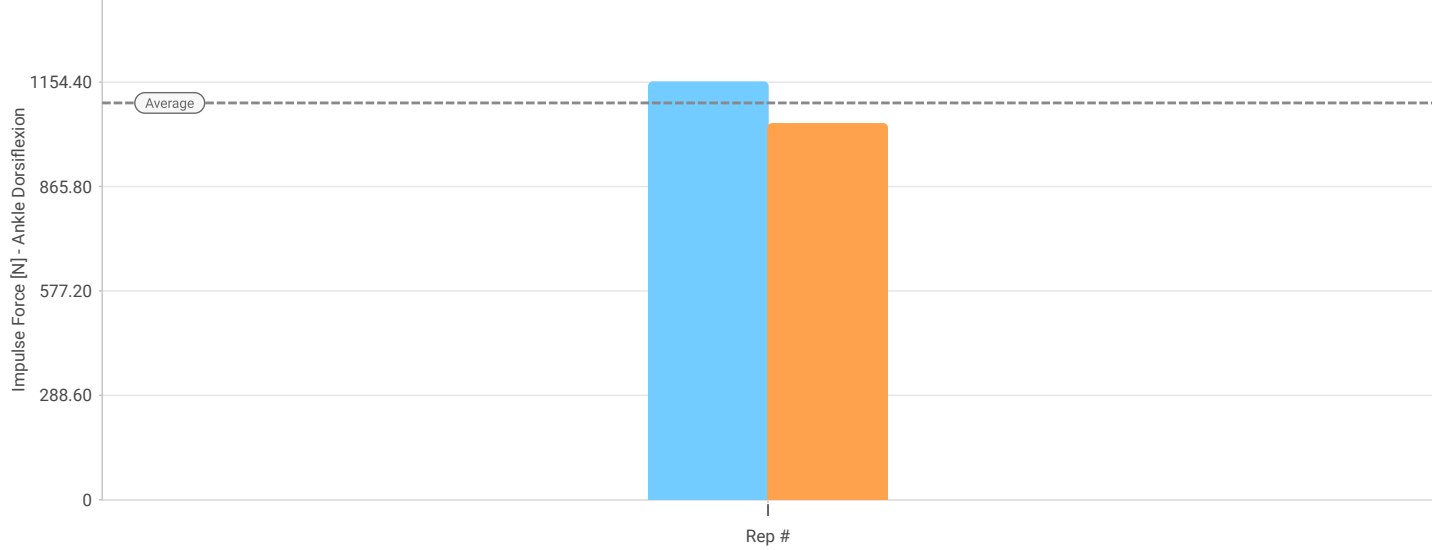
Range Average
3112.45 - 3850.02 3481.23





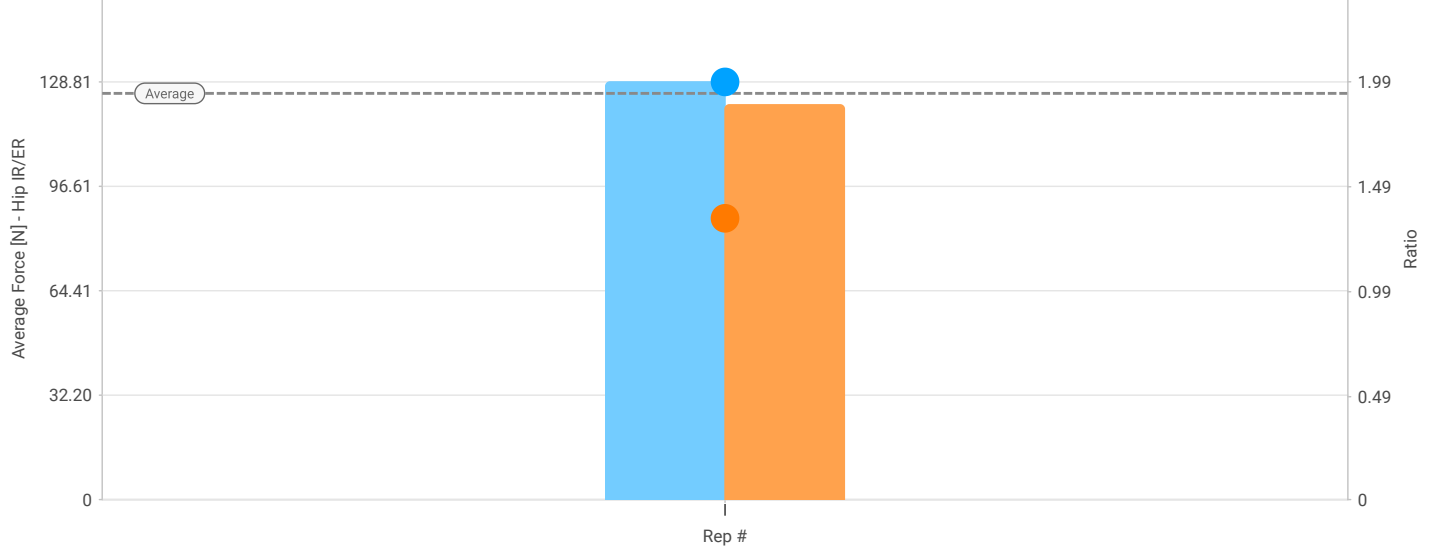
Dorsiflexion Impulse Force [N] - Ankle Dorsiflexion

Range Average
1039.36 - 1154.4 1096.88



External Rotation Average Force [N] - Hip IR/ER

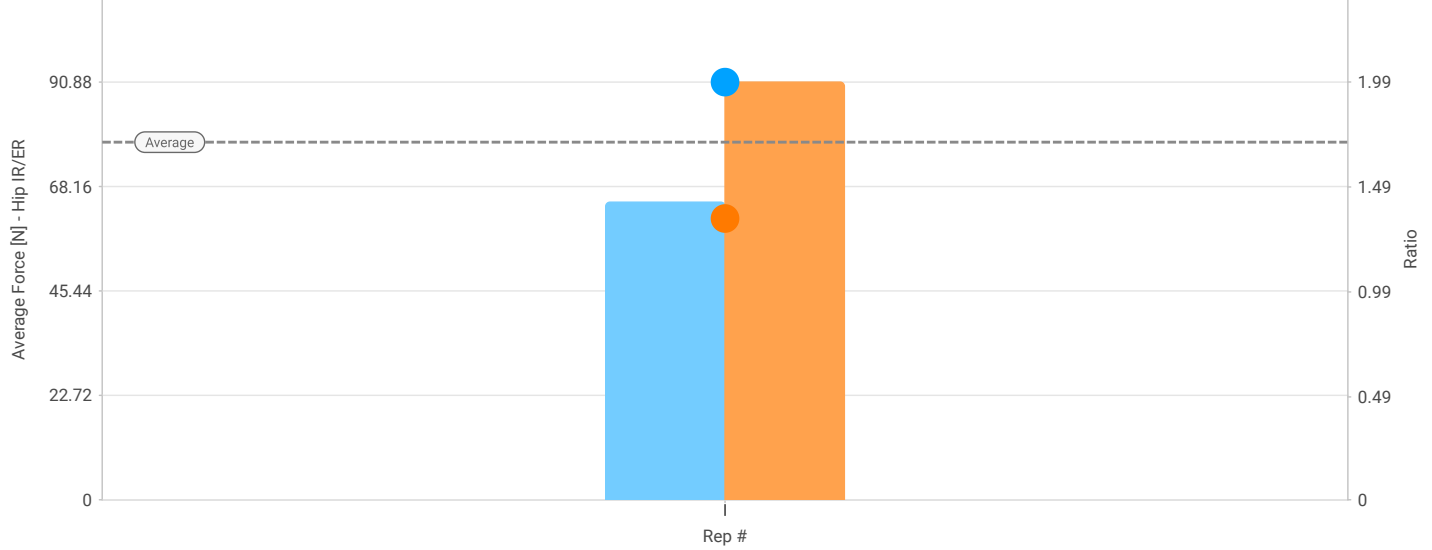
Range Average
121.75 - 128.81 125.28





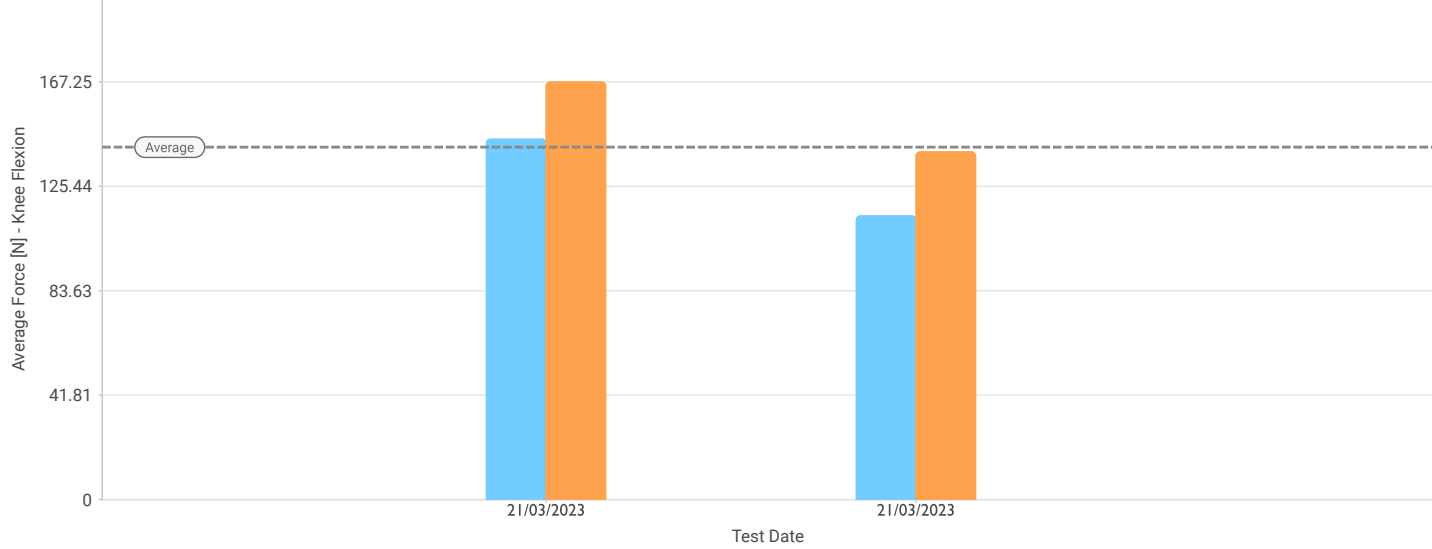
Internal Rotation Average Force [N] - Hip IR/ER

Range Average
64.75 - 90.88 77.81



Knee Flexion Average Force [N] - Knee Flexion

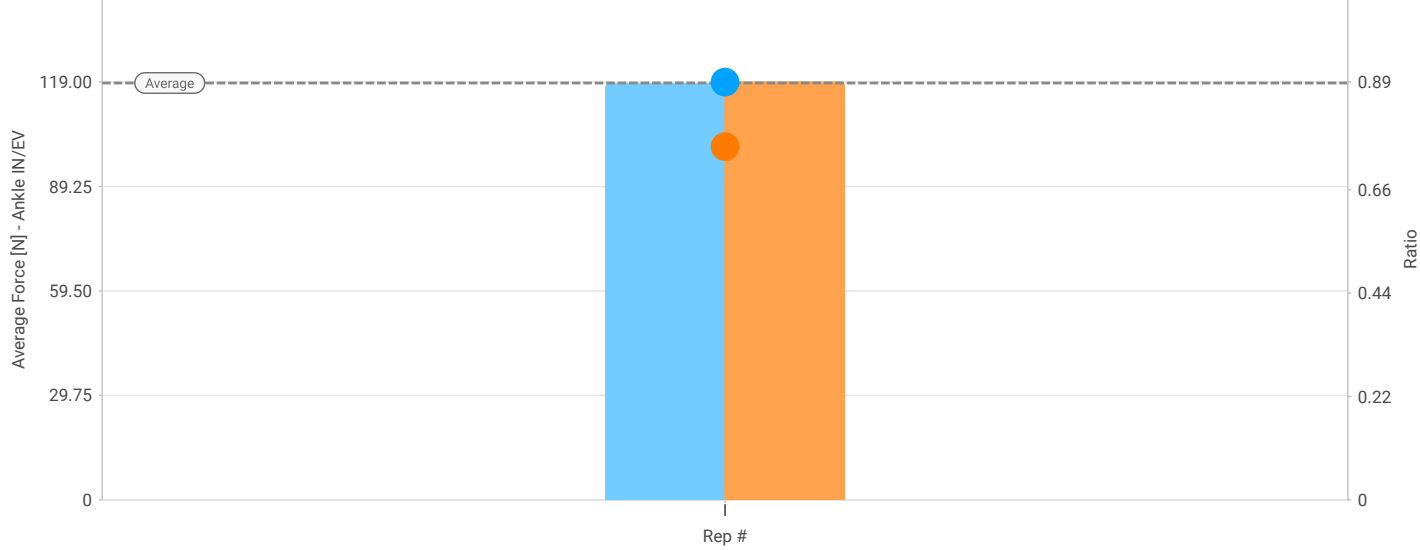
Range Average
113.63 - 167.25 141.13





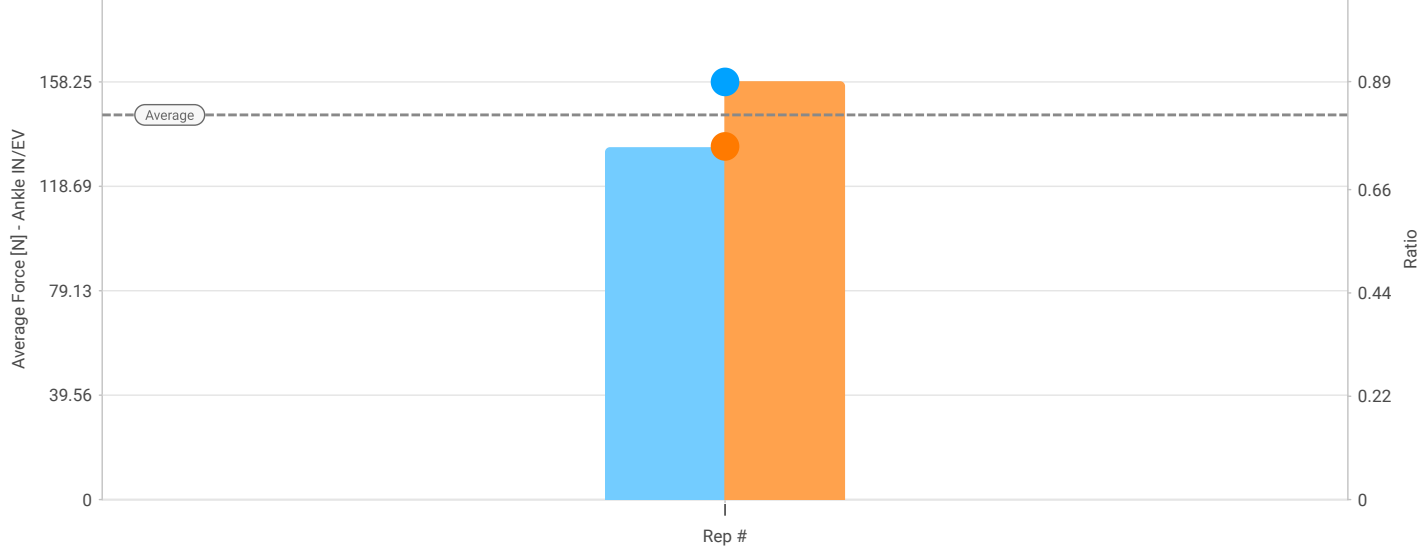
Inversion Average Force [N] - Ankle IN/EV

Range Average
118.5 - 119 118.75



Eversion Average Force [N] - Ankle IN/EV

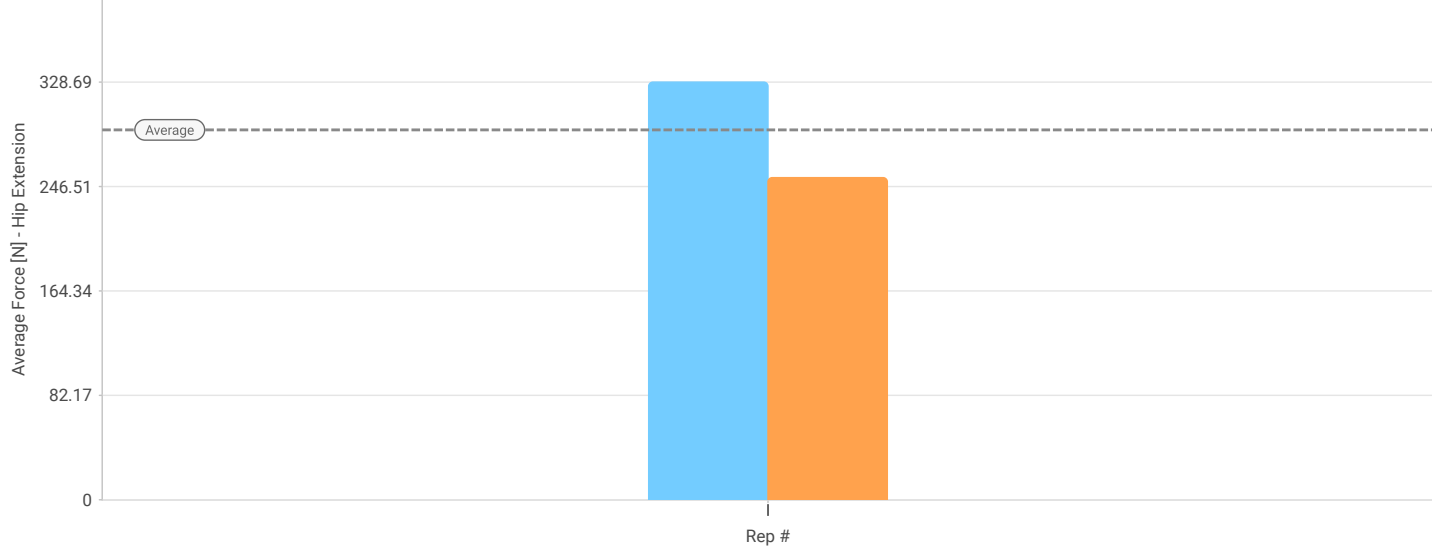
Range Average
133.25 - 158.25 145.75





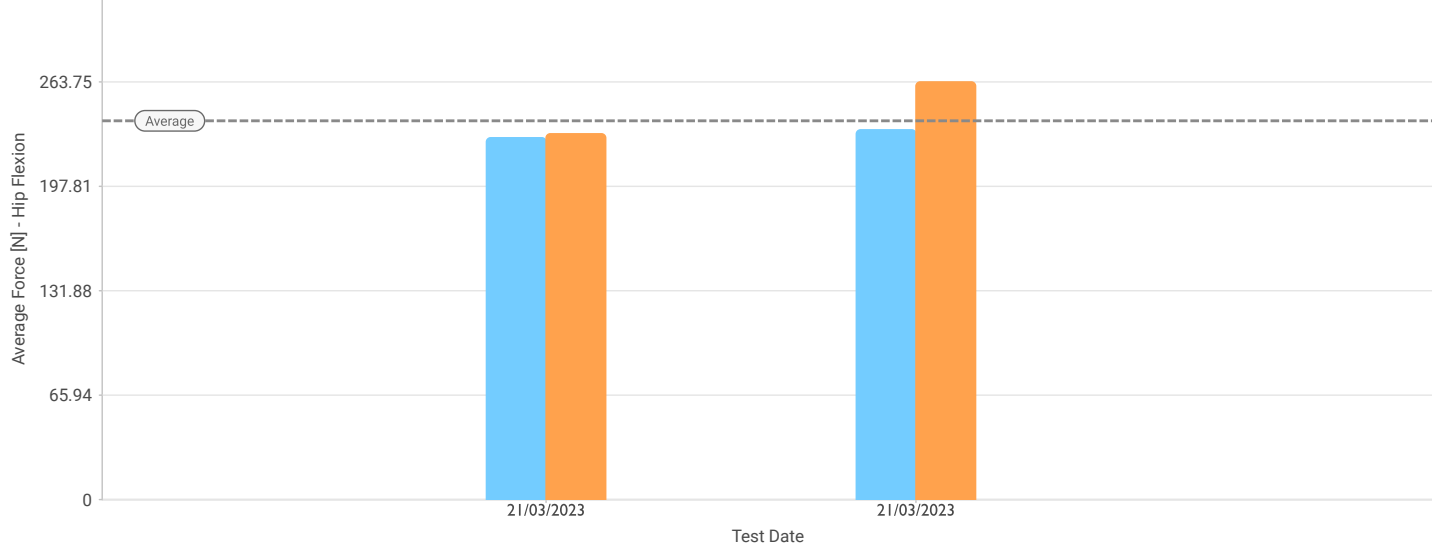
Extension Average Force [N] - Hip Extension

Range Average
253.5 - 328.69 291.09



Flexion Average Force [N] - Hip Flexion

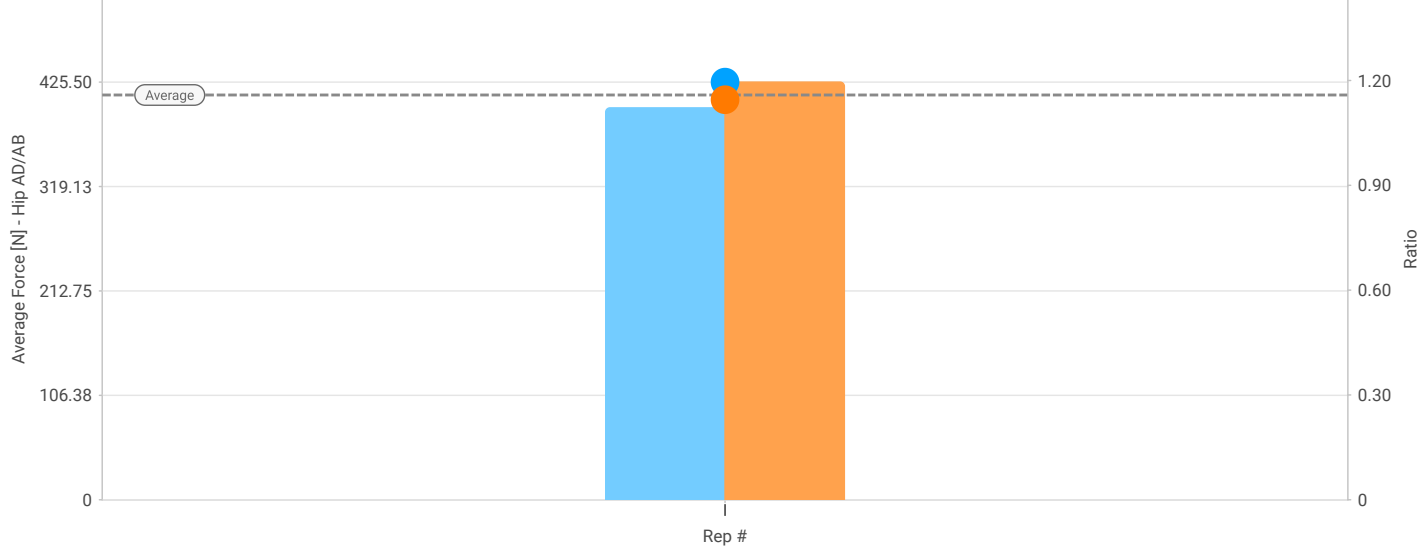
Range Average
228.5 - 263.75 239.19





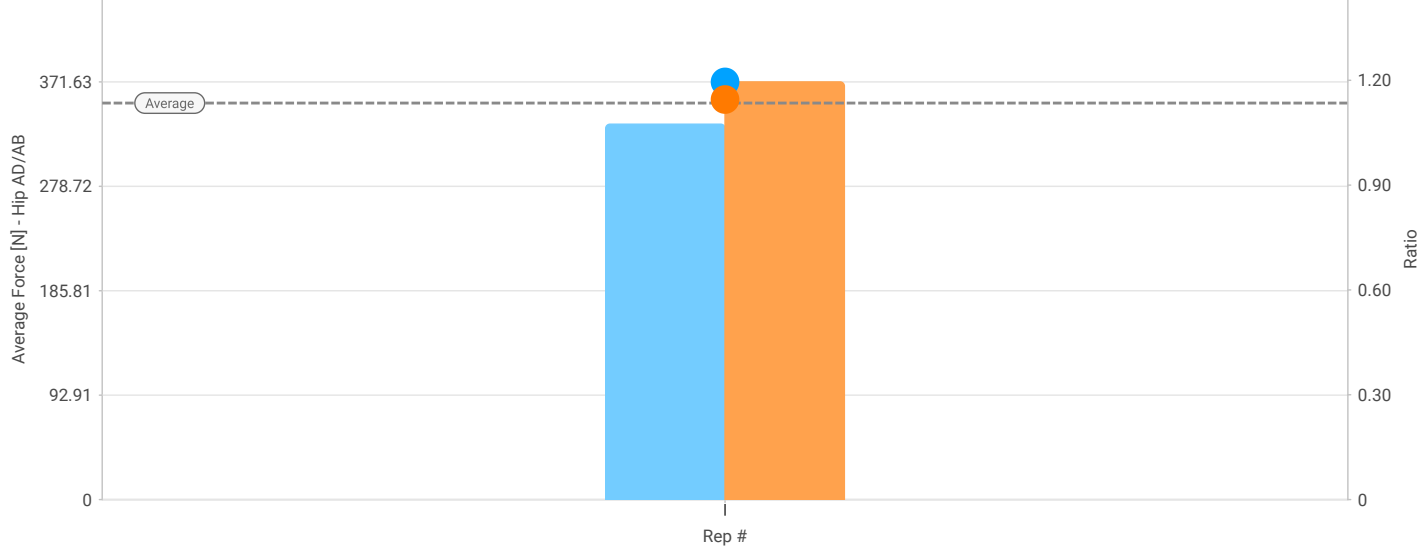
Adduction Average Force [N] - Hip AD/AB

Range Average
399.25 - 425.5 412.38



Abduction Average Force [N] - Hip AD/AB

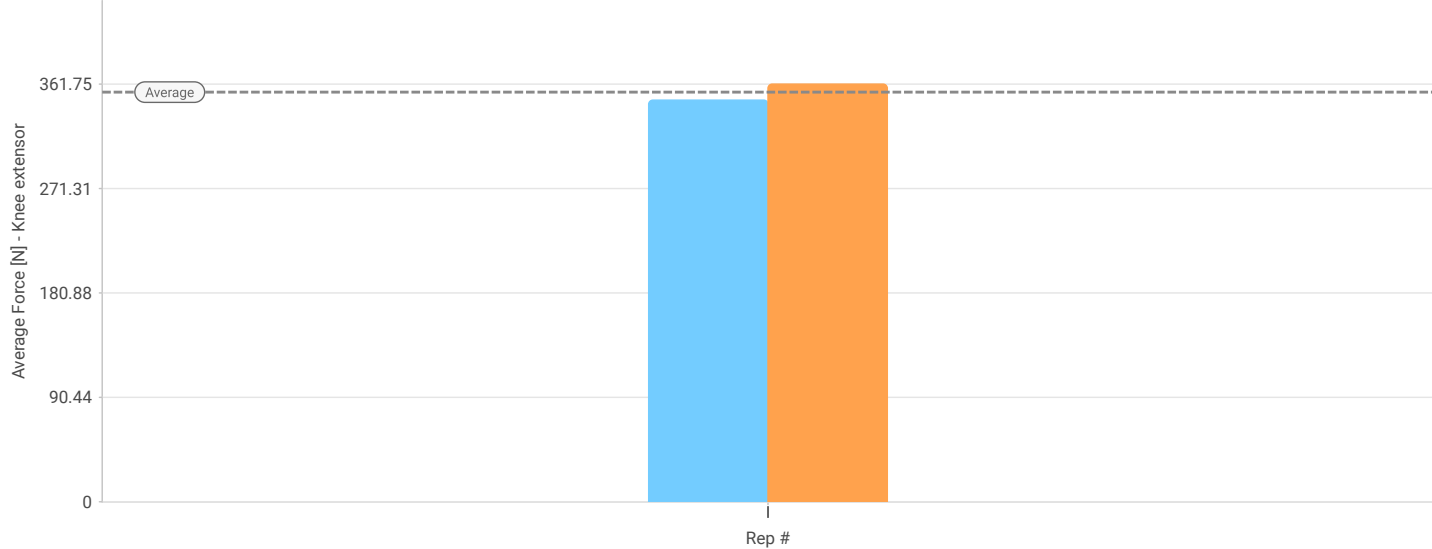
Range Average
334 - 371.63 352.81





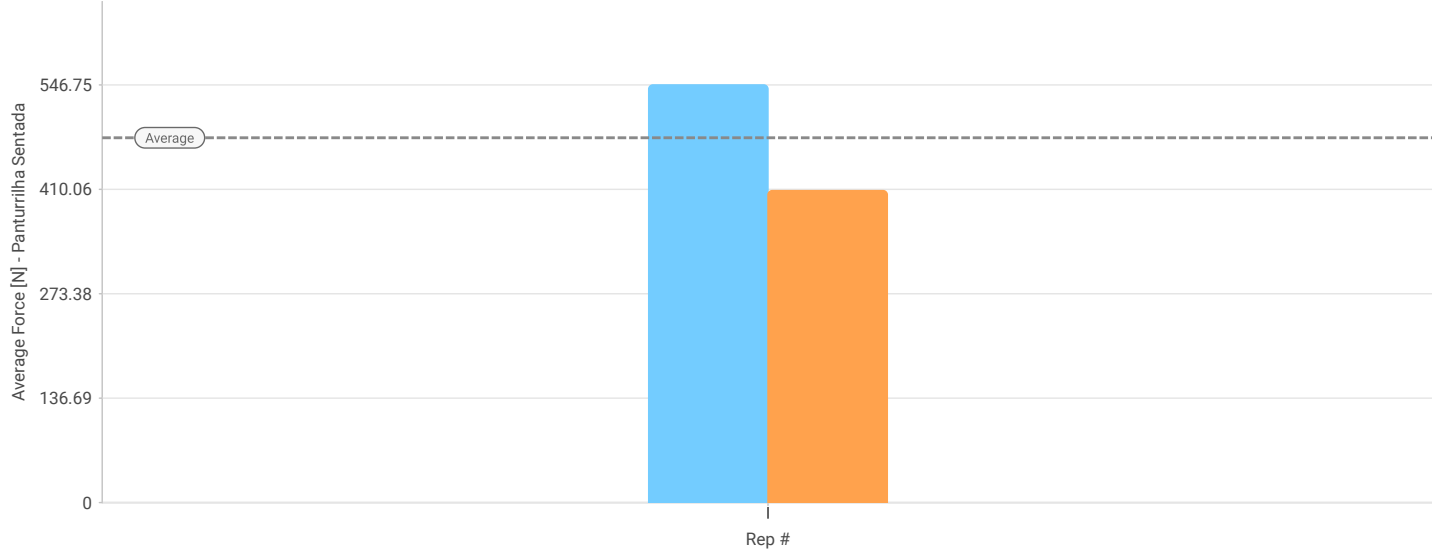
Average Force [N] - Knee extensor

Range Average
347.88 - 361.75 354.81



Average Force [N] - Panturrilha Sentada

Range Average
408.38 - 546.75 477.56





Dorsiflexion Average Force [N] - Ankle Dorsiflexion

Range Average
112.25 - 132.19 122.22

