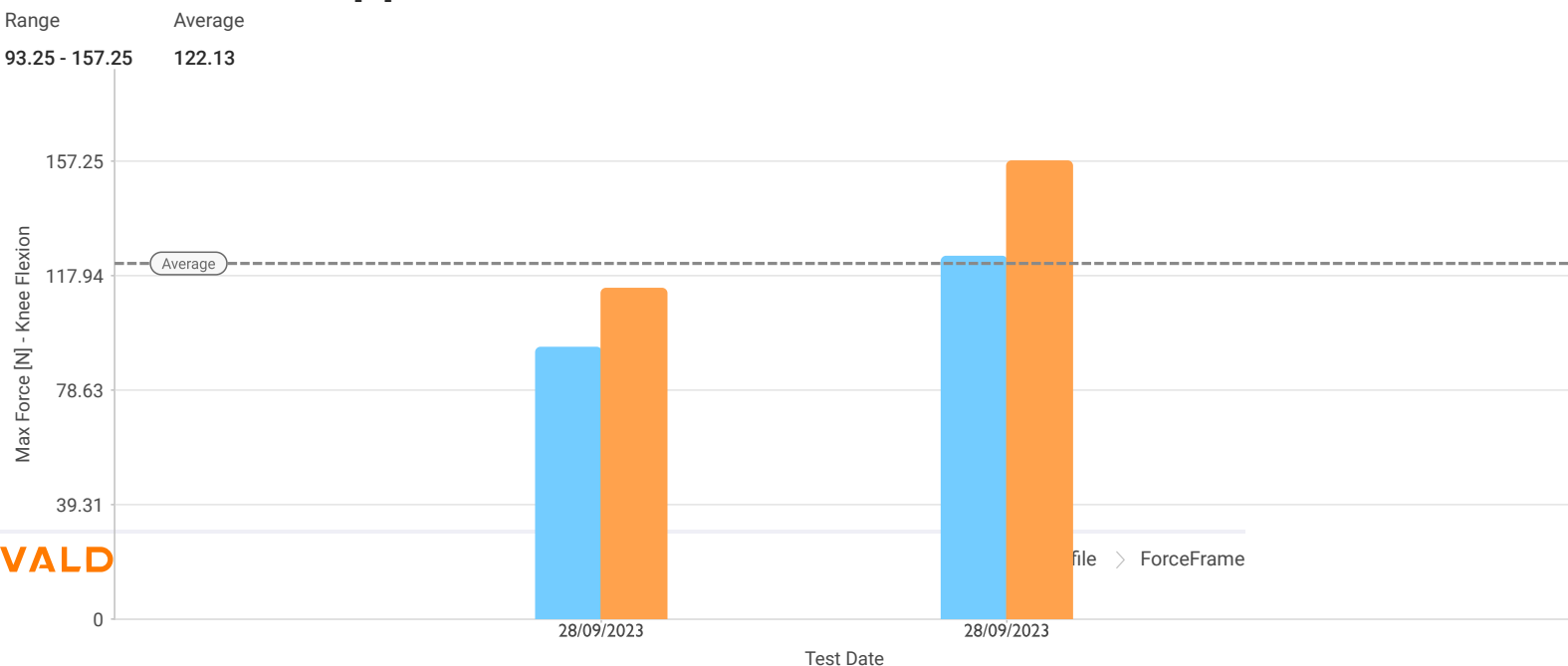


Tests (11)

Profile	Date	Test Type	Test Position	Reps
Natalia Francisco Seixas 11 Tests	28/09/2023 10:34 AM	Knee Flexion	Prone	FLEX 2 L / 2 R
	28/09/2023 10:30 AM	Hip IR/ER	Prone	ER 0 L / 0 R IR 0 L / 0 R
	28/09/2023 10:28 AM	Ankle IN/EV	Supine	INV 0 L / 0 R EV 0 L / 2 R
	28/09/2023 10:24 AM	Hip AD/AB	Seated	ADD 2 L / 2 R ABD 2 L / 2 R
	28/09/2023 10:20 AM	Knee Extension	Seated (90)	EXT 2 L / 2 R
	28/09/2023 10:17 AM	Hip Flexion	Seated	FLEX 2 L / 2 R
	28/09/2023 10:14 AM	Ankle Dorsiflexion	Seated	DF 2 L / 2 R
	28/09/2023 10:11 AM	Ankle Plantar Flexion	Seated	FLEX 2 L / 2 R
	28/09/2023 10:08 AM	Hip Extension	Standing	EXT 2 L / 2 R
	28/09/2023 10:06 AM	Hip Flexion	Kicker	FLEX 2 L / 2 R
	28/09/2023 10:03 AM	Knee Flexion	Standing	FLEX 1 L / 2 R

Knee Flexion Max Force [N] - Knee Flexion



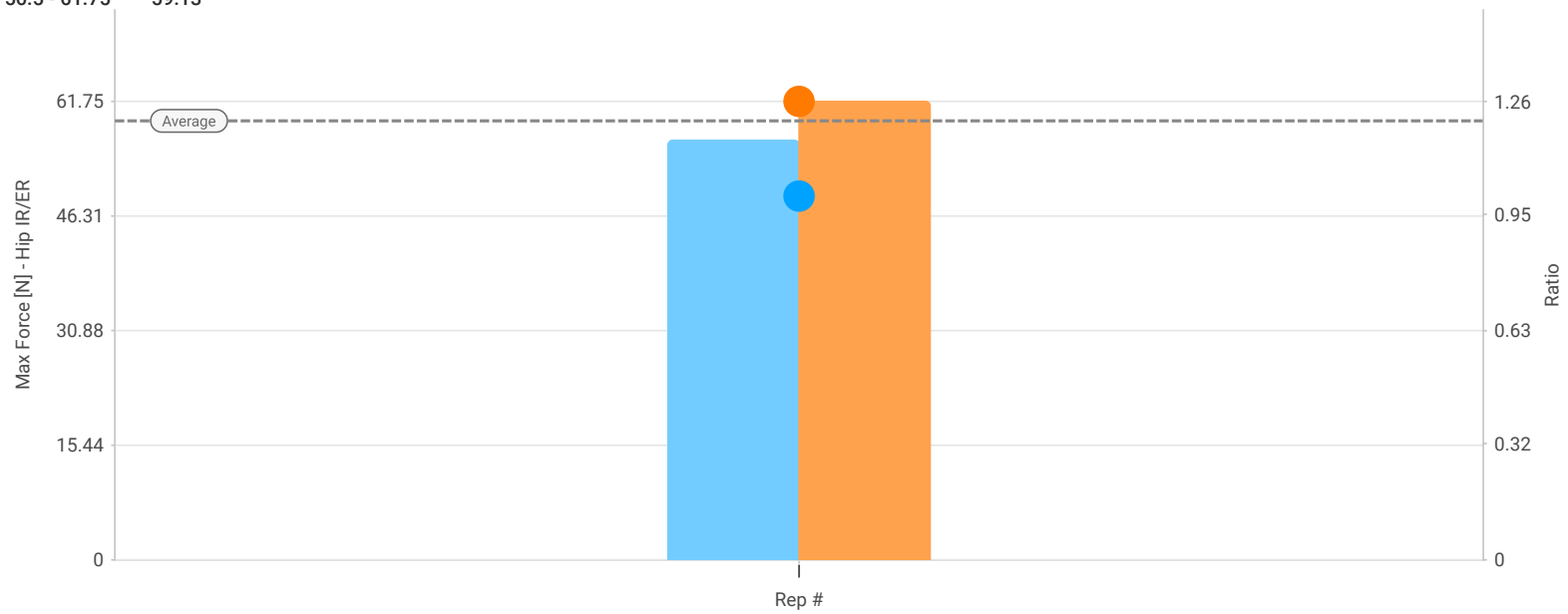
External Rotation Max Force [N] - Hip IR/ER

Range

Average

56.5 - 61.75

59.13



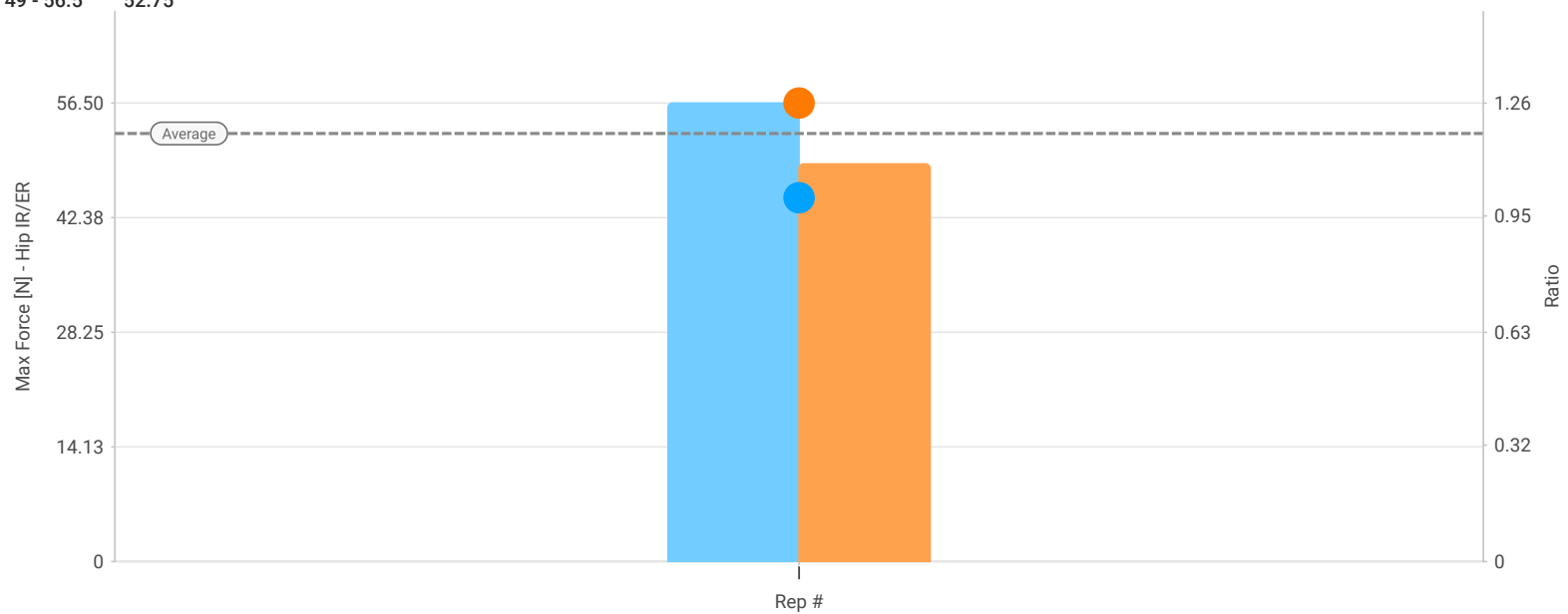
Internal Rotation Max Force [N] - Hip IR/ER

Range

Average

49 - 56.5

52.75



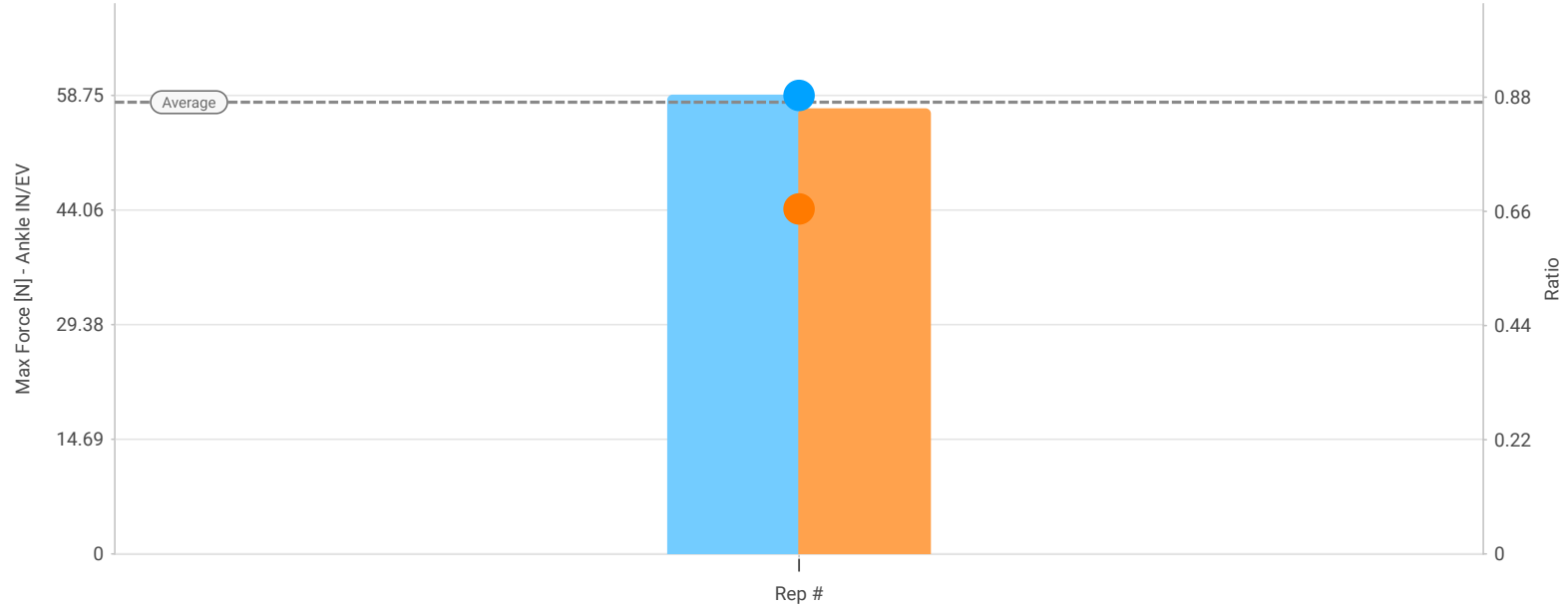
Inversion Max Force [N] - Ankle IN/EV

Range

Average

57 - 58.75

57.88



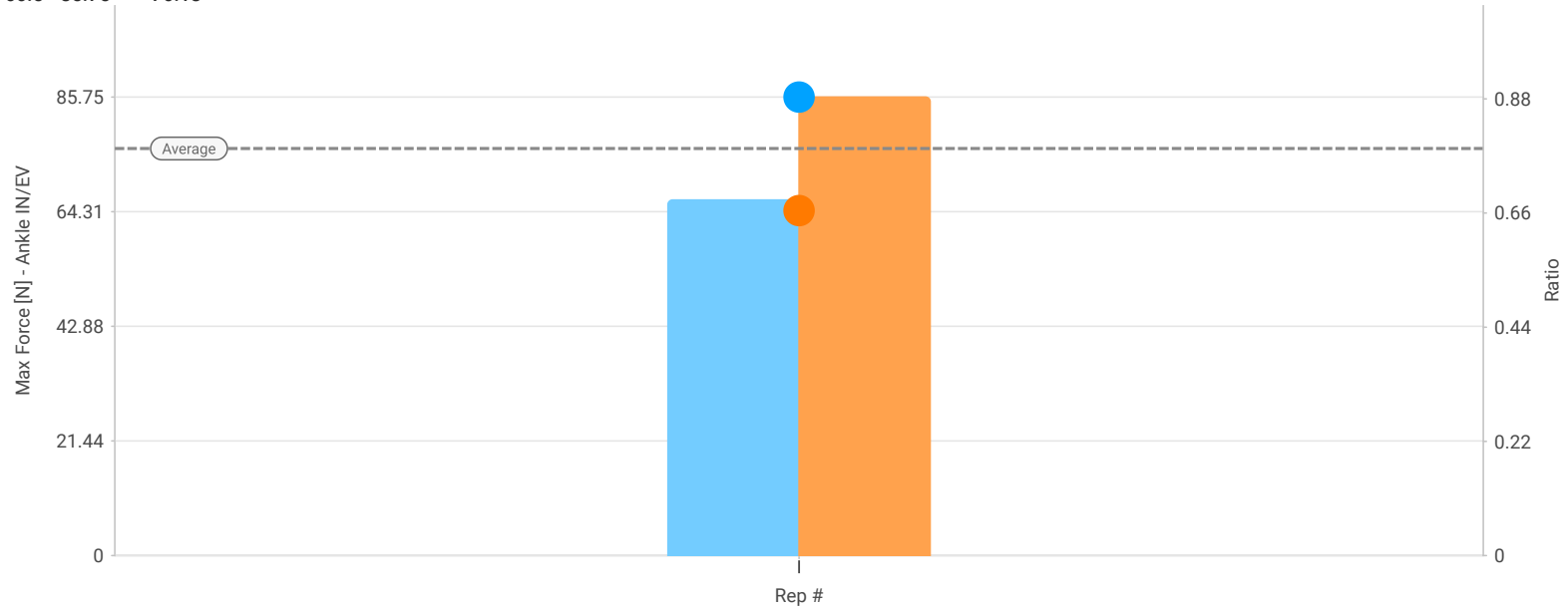
Eversion Max Force [N] - Ankle IN/EV

Range

Average

66.5 - 85.75

76.13



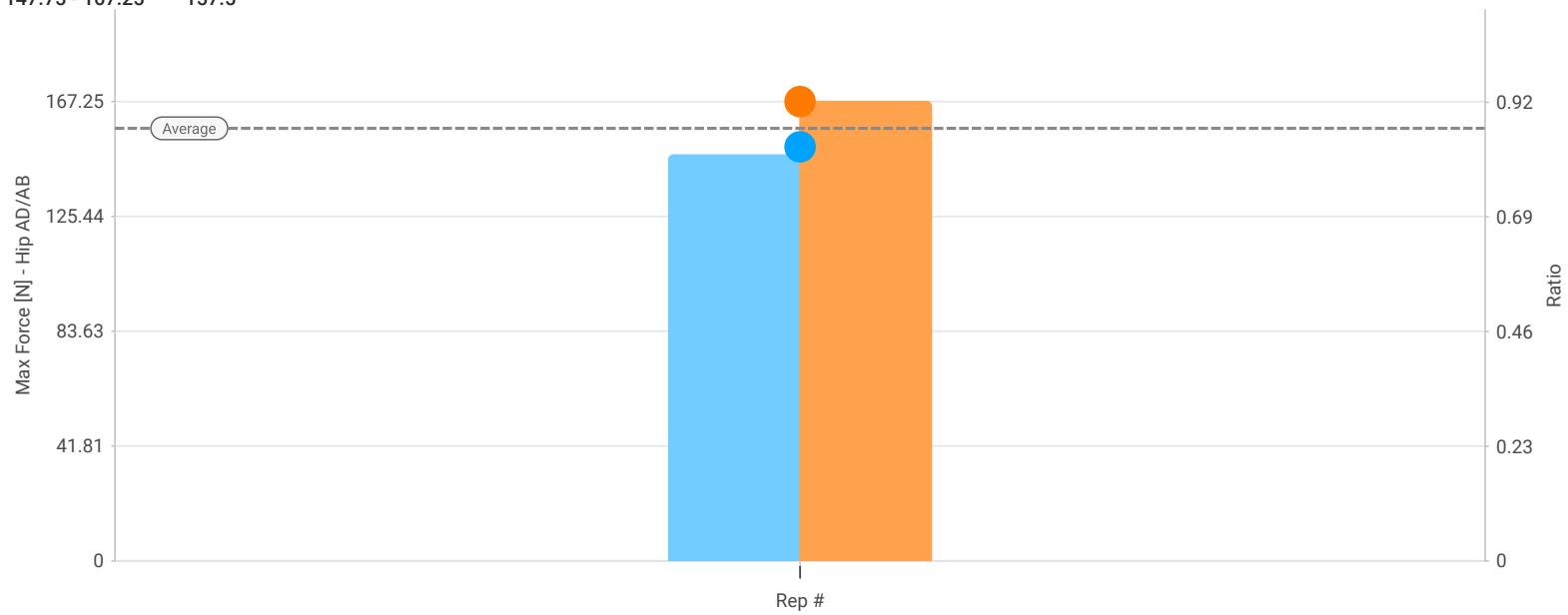
Adduction Max Force [N] - Hip AD/AB

Range

147.75 - 167.25

Average

157.5



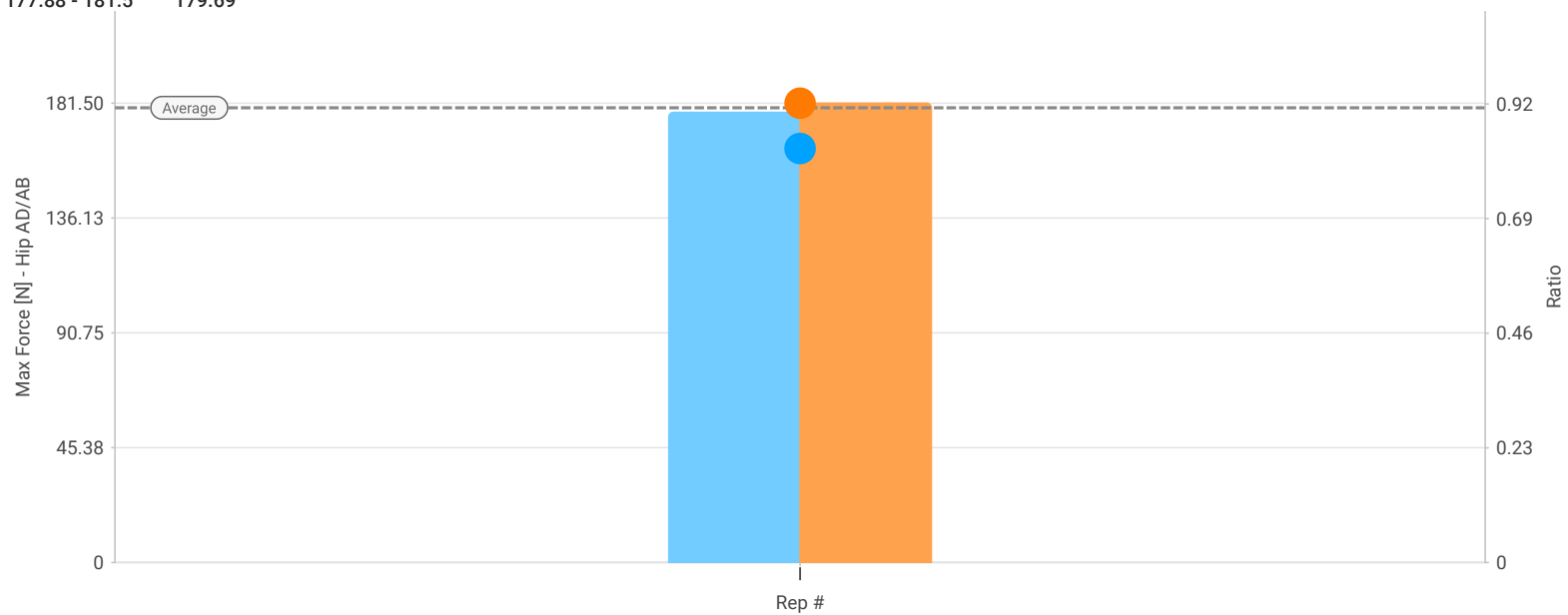
Abduction Max Force [N] - Hip AD/AB

Range

177.88 - 181.5

Average

179.69



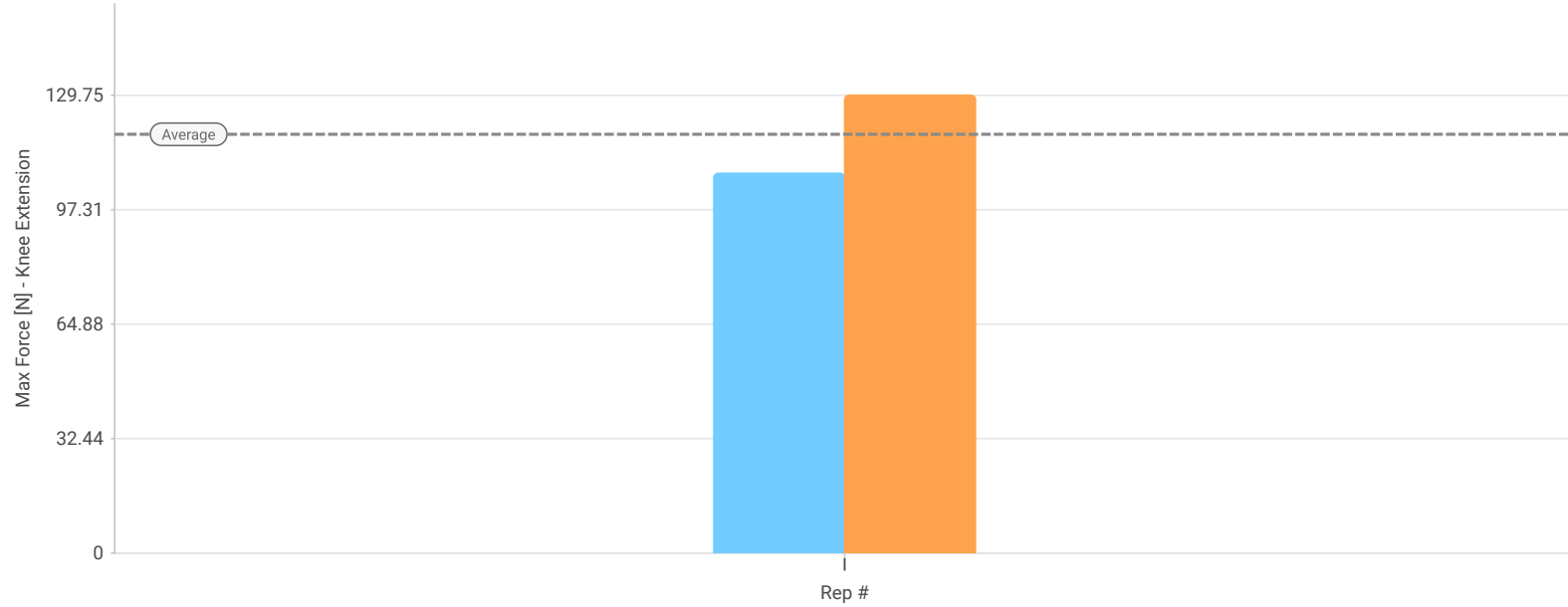
Extension Max Force [N] - Knee Extension

Range

Average

107.63 - 129.75

118.69



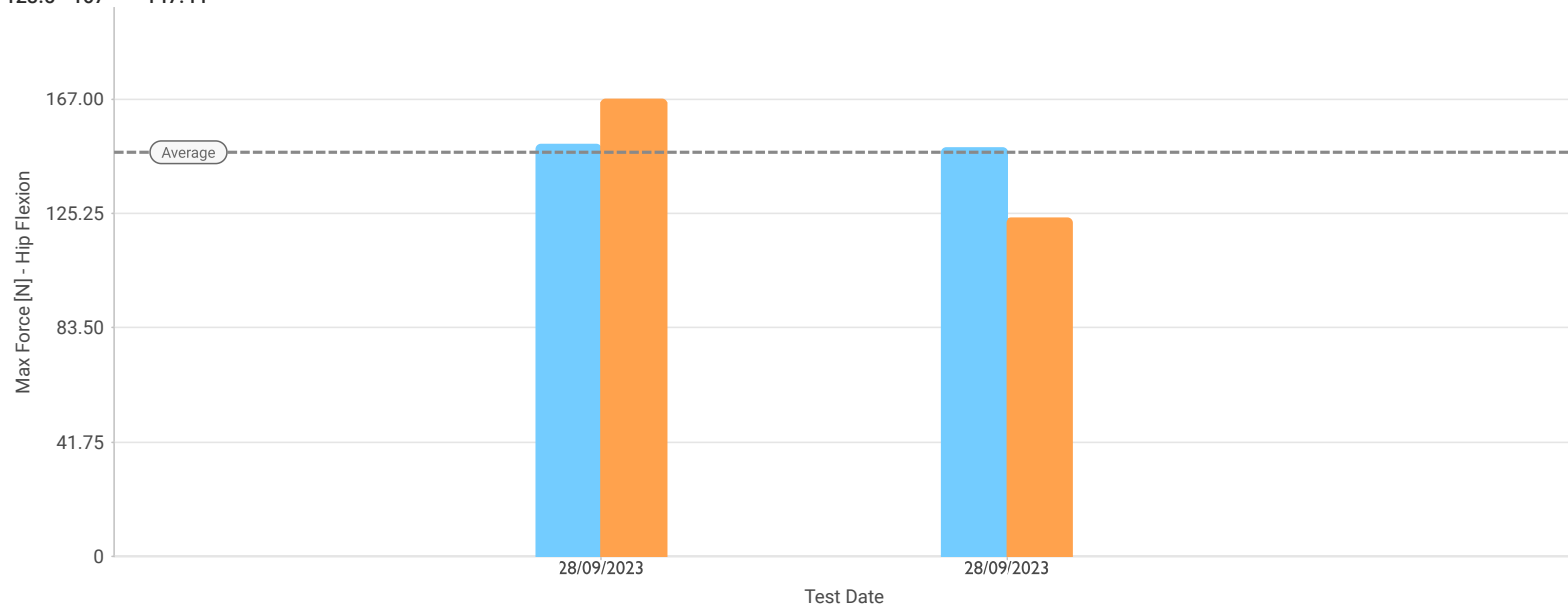
Flexion Max Force [N] - Hip Flexion

Range

Average

123.5 - 167

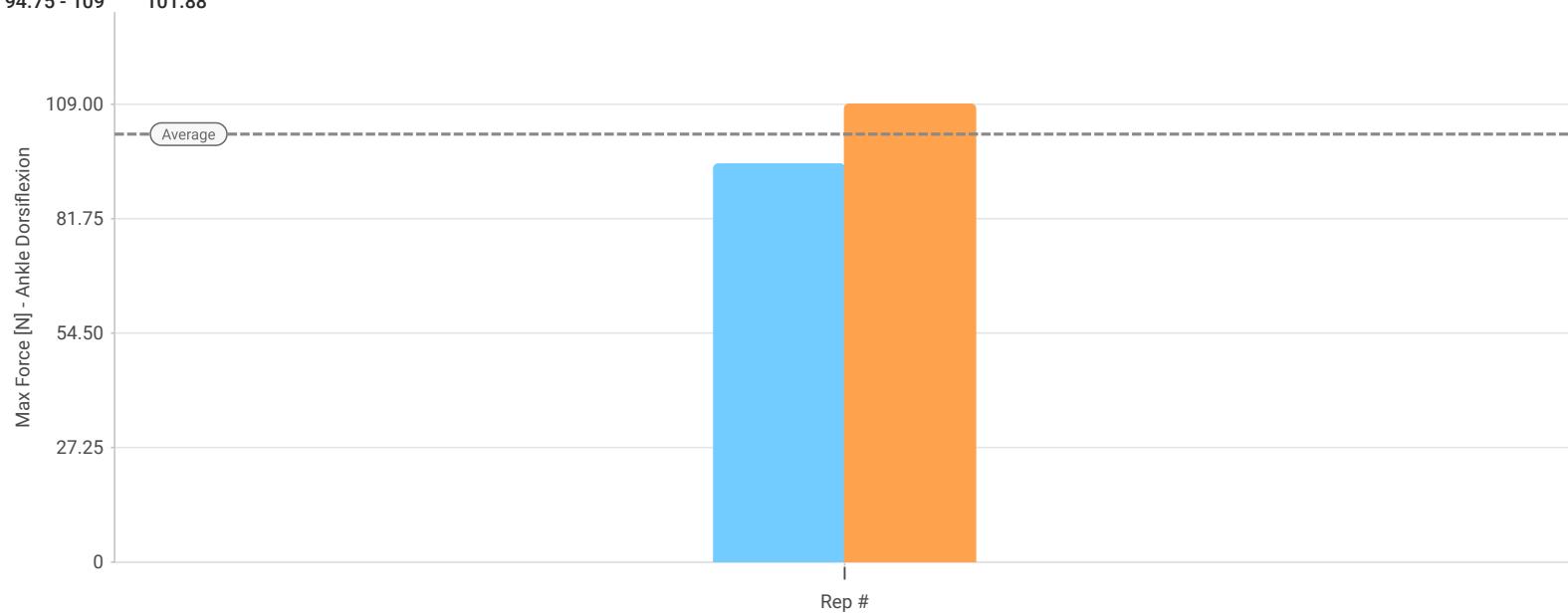
147.44



Dorsiflexion Max Force [N] - Ankle Dorsiflexion

Range
94.75 - 109

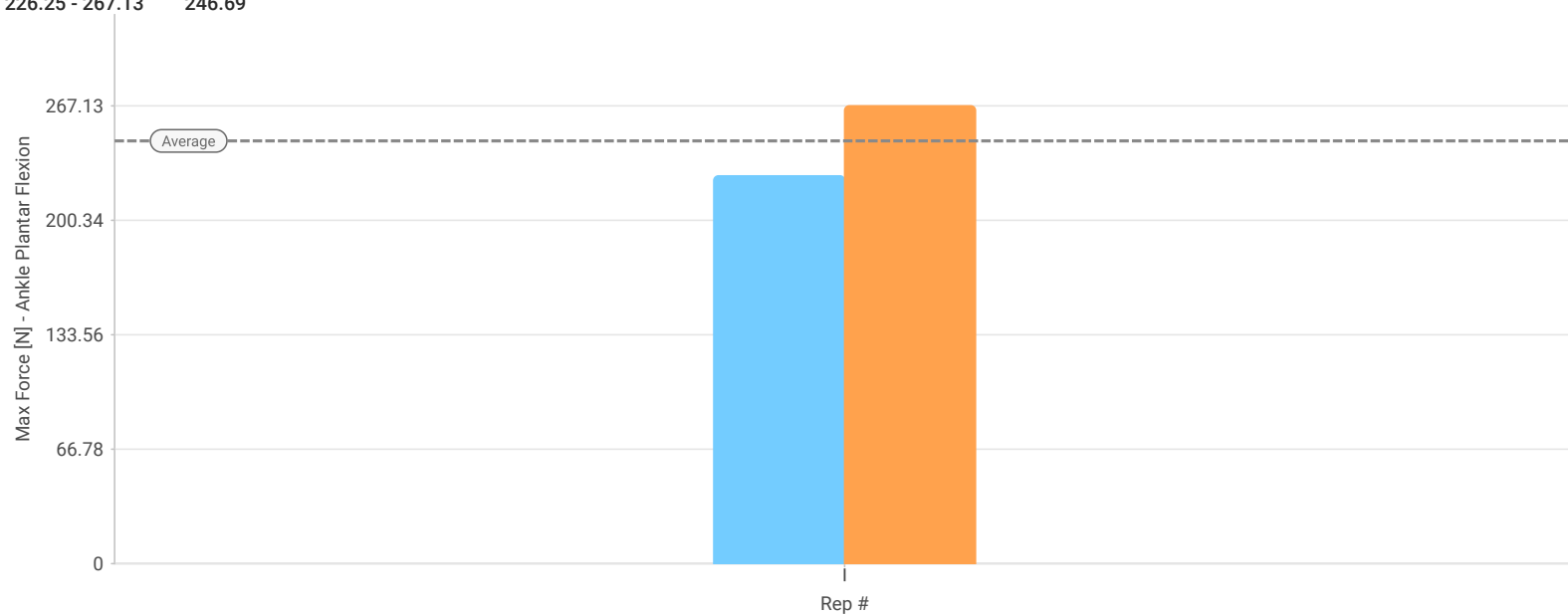
Average
101.88



Plantar Flexion Max Force [N] - Ankle Plantar Flexion

Range
226.25 - 267.13

Average
246.69



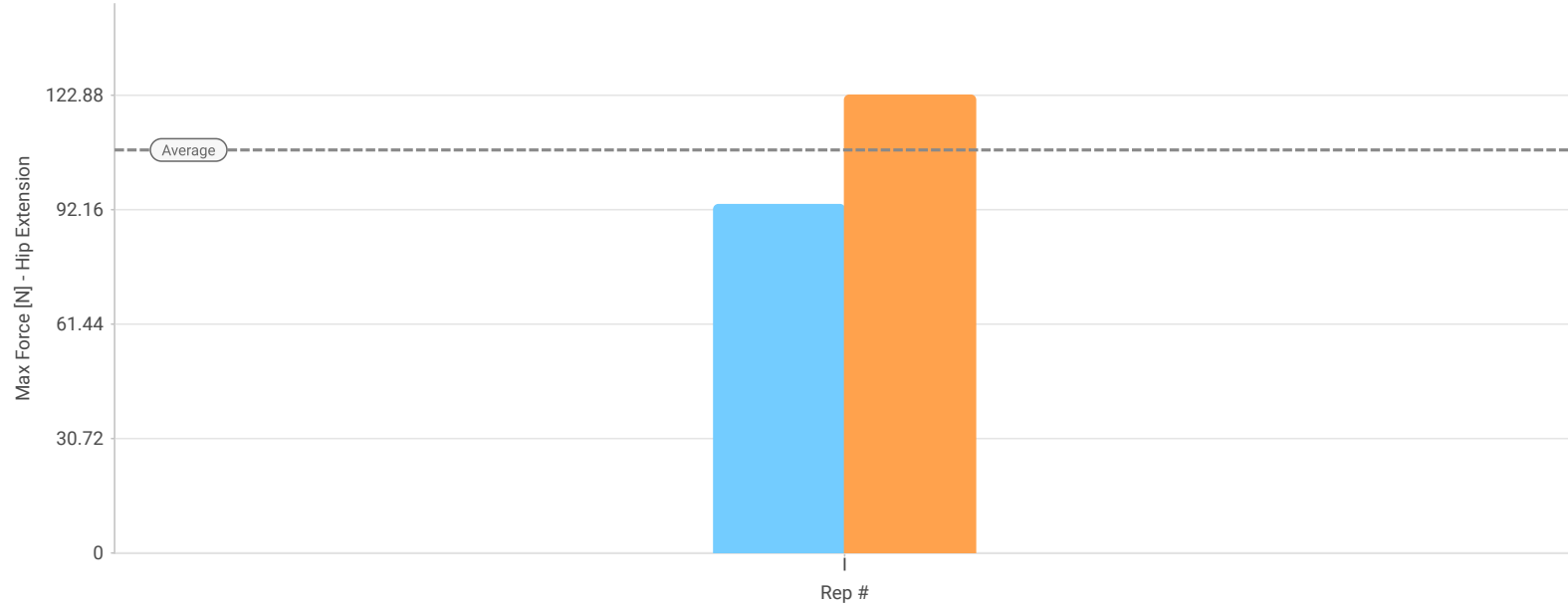
Extension Max Force [N] - Hip Extension

Range

Average

93.5 - 122.88

108.19



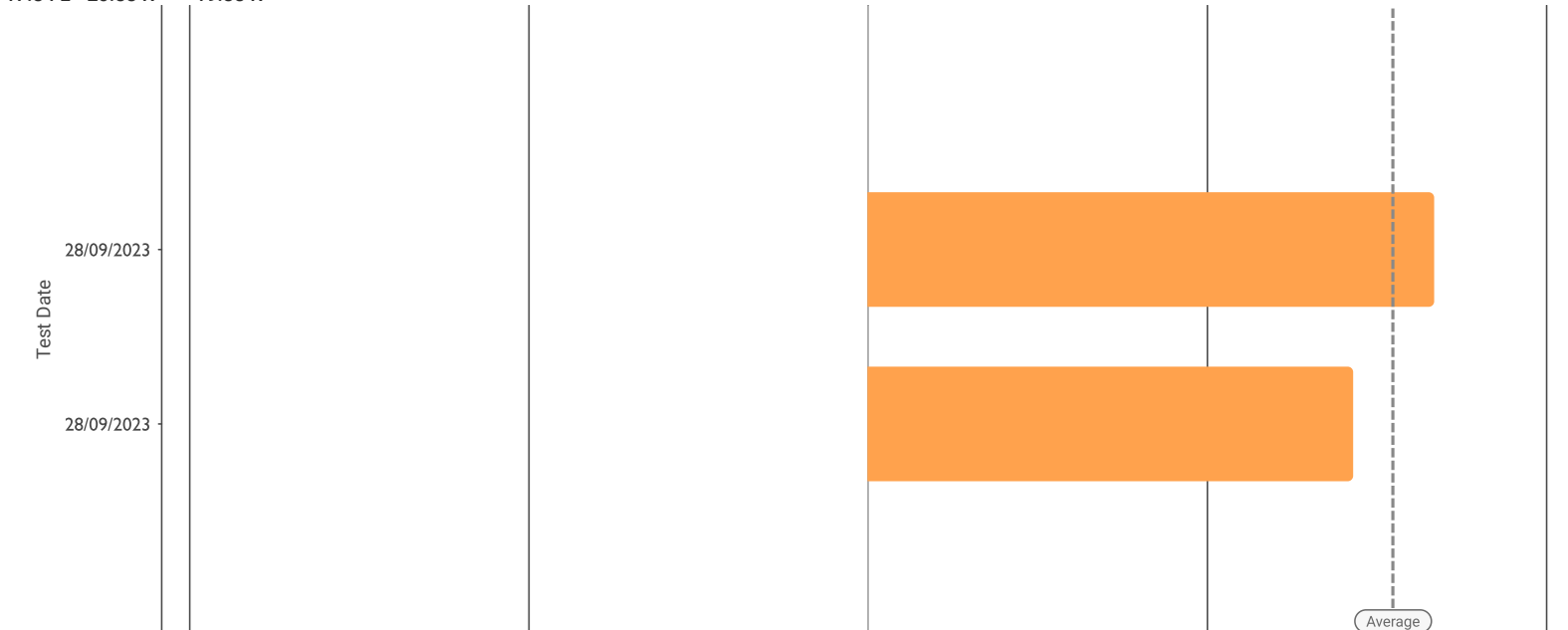
Knee Flexion Asymmetry [%] - Knee Flexion

Range

Average

17.84 L - 20.83 R

19.33 R



External Rotation Asymmetry [%] - Hip IR/ER

Range

Average

8.5 L - 8.5 R

8.5 R

Rep #

1

Average

Internal Rotation Asymmetry [%] - Hip IR/ER

Range

Average

13.27 L - 13.27 R

13.27 L

Rep #

1

Average

Inversion Asymmetry [%] - Ankle IN/EV

Range

Average

2.98 L - 2.98 R

2.98 L

Rep #

1

Average

Eversion Asymmetry [%] - Ankle IN/EV

Range

Average

22.45 L - 22.45 R

22.45 R

Rep #

1

Average

Adduction Asymmetry [%] - Hip AD/AB

Range

Average

11.66 L - 11.66 R

11.66 R

Rep #

1

Average

Abduction Asymmetry [%] - Hip AD/AB

Range

Average

2 L - 2 R

2 R

Rep #

1

Average

Extension Asymmetry [%] - Knee Extension

Range

17.05 L - 17.05 R

Average

17.05 R

Rep #

Average

Flexion Asymmetry [%] - Hip Flexion

Range

17.11 L - 10.03 R

Average

3.54 L

Test Date

28/09/2023

28/09/2023

Average

Dorsiflexion Asymmetry [%] - Ankle Dorsiflexion

Range

13.07 L - 13.07 R

Average

13.07 R

Rep #

1



Average

Plantar Flexion Asymmetry [%] - Ankle Plantar Flexion

Range

15.3 L - 15.3 R

Average

15.3 R

Rep #

1



Average

Extension Asymmetry [%] - Hip Extension

Range

Average

23.91 L - 23.91 R

23.91 R

Rep #

Average

Knee Flexion Impulse Force [Ns] - Knee Flexion

Range

Average

635.68 - 1289.54

906.68

Impulse Force [Ns] - Knee Flexion

1289.54

967.15

644.77

322.38

0

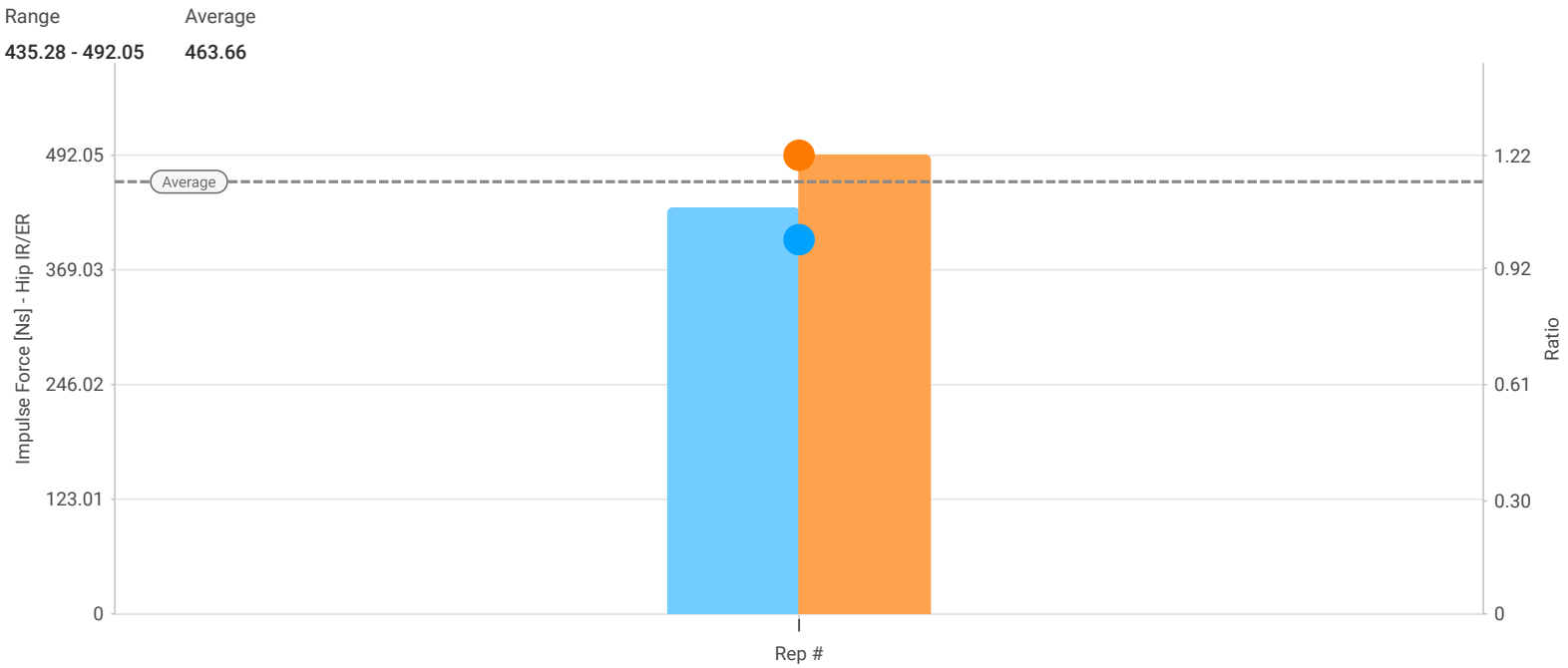
28/09/2023

Test Date

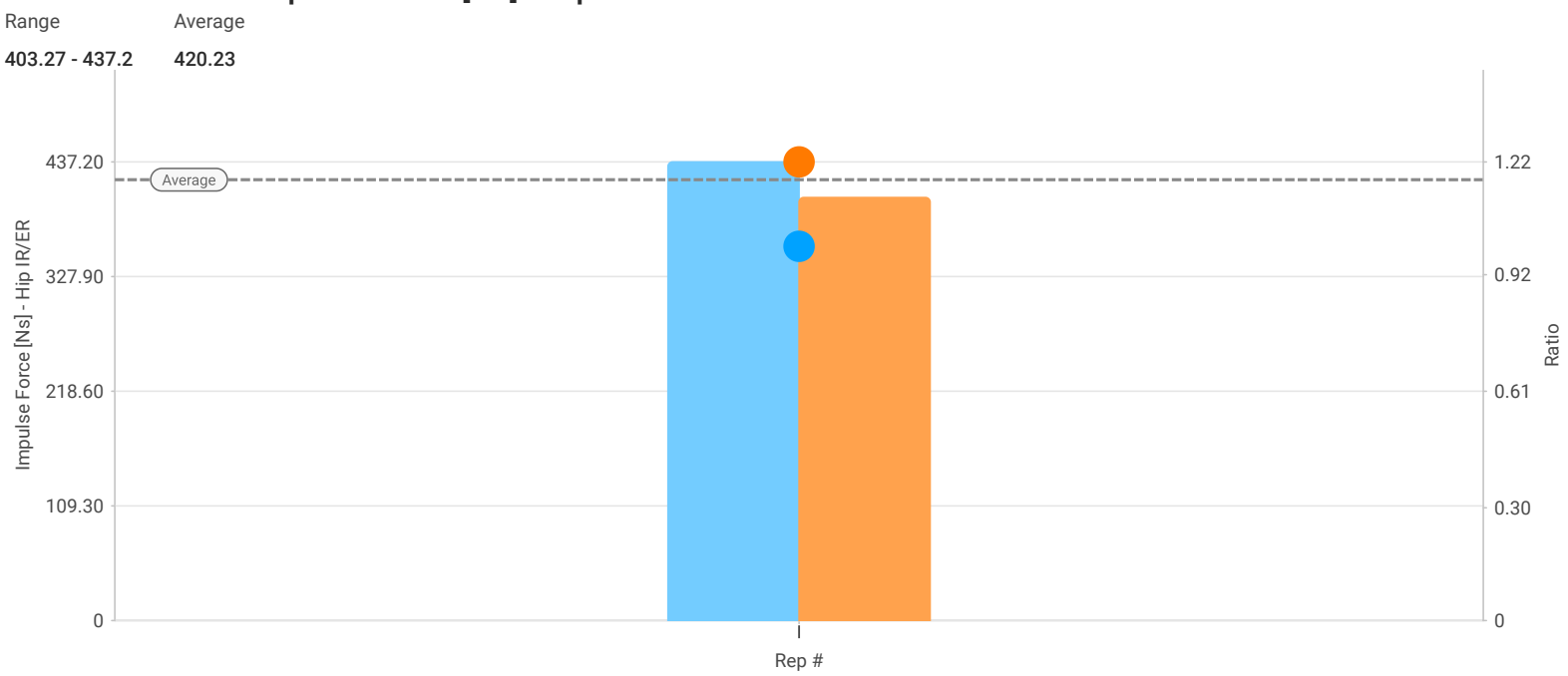
28/09/2023

Average

External Rotation Impulse Force [Ns] - Hip IR/ER



Internal Rotation Impulse Force [Ns] - Hip IR/ER



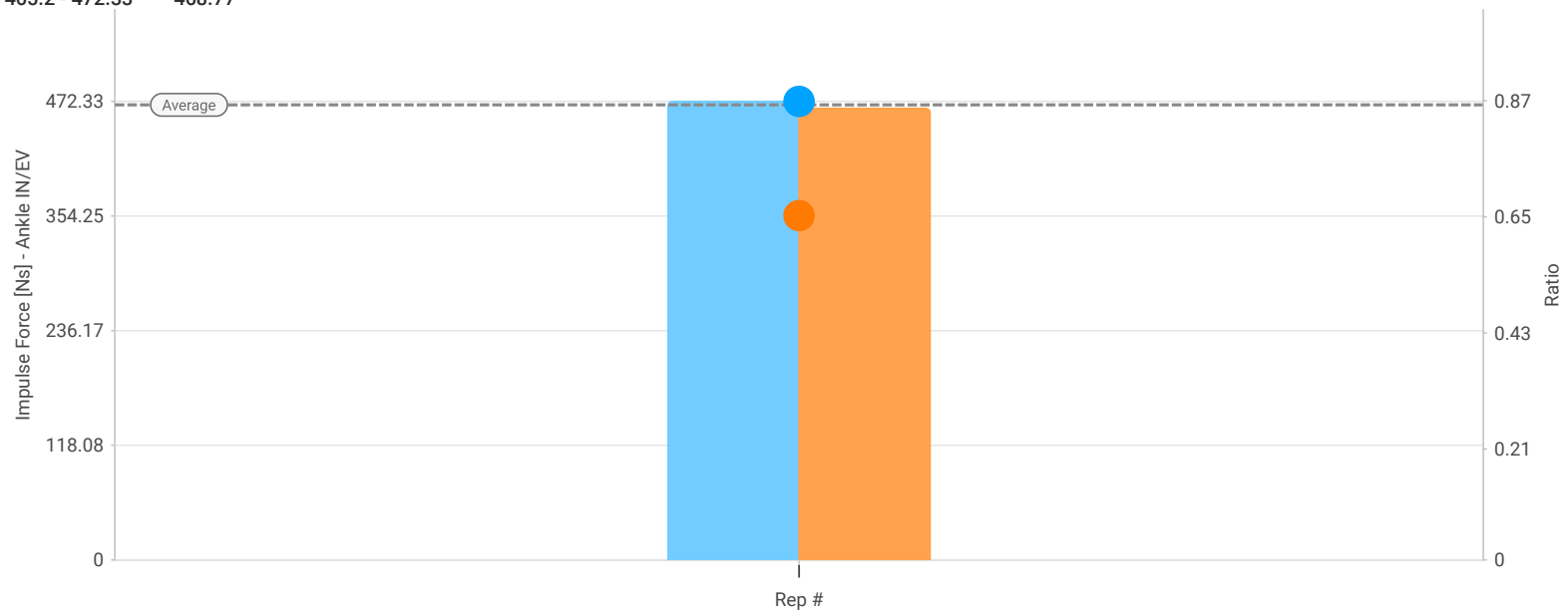
Inversion Impulse Force [Ns] - Ankle IN/EV

Range

465.2 - 472.33

Average

468.77



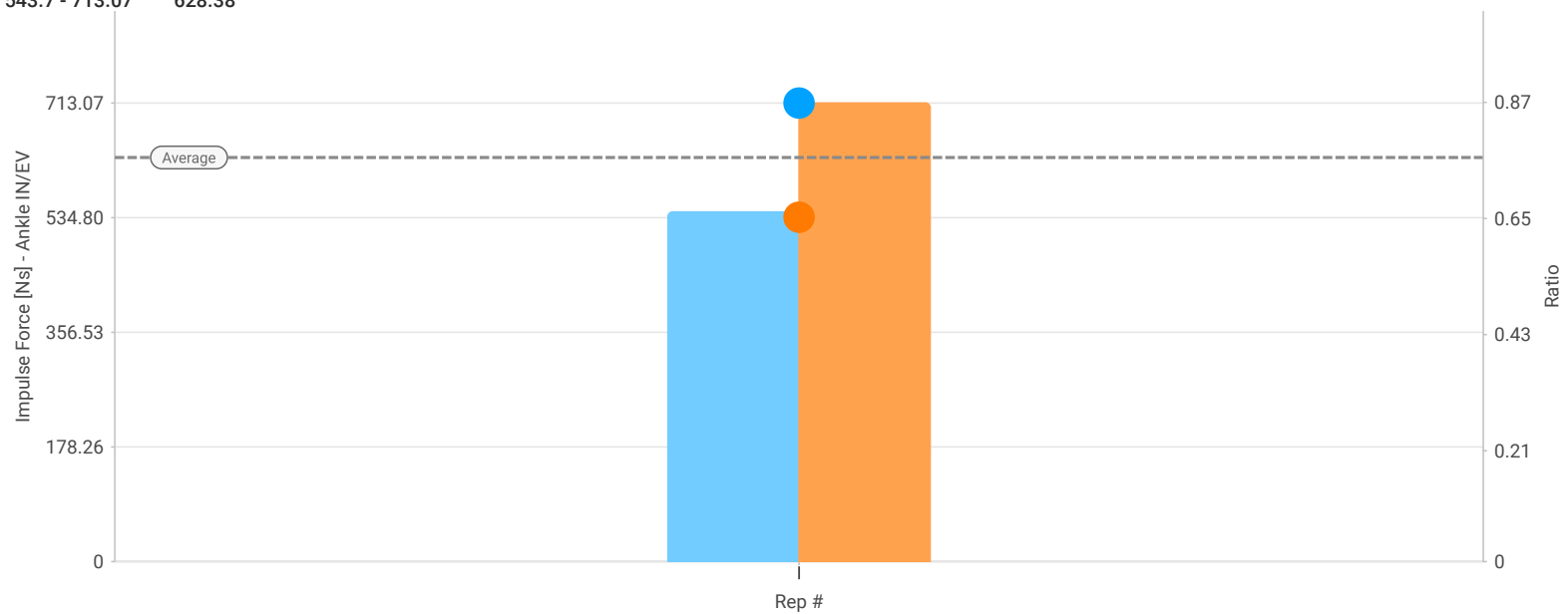
Eversion Impulse Force [Ns] - Ankle IN/EV

Range

543.7 - 713.07

Average

628.38



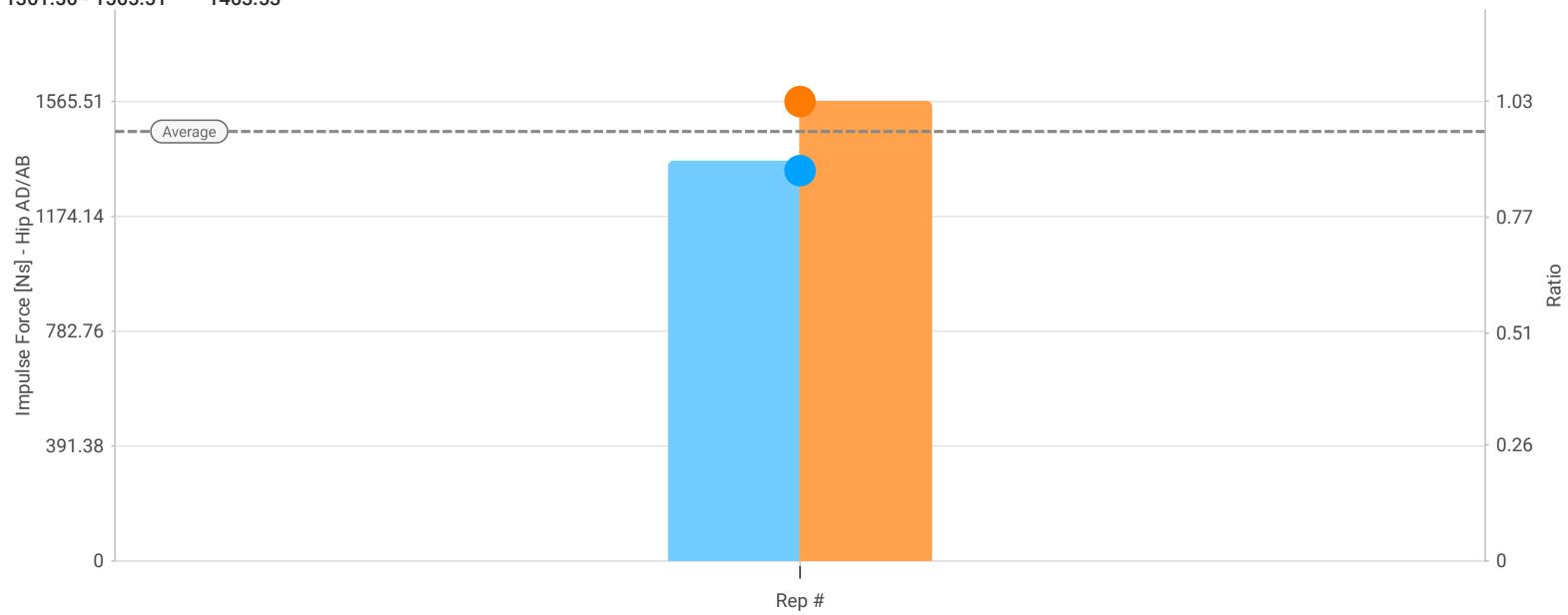
Adduction Impulse Force [Ns] - Hip AD/AB

Range

1361.56 - 1565.51

Average

1463.53



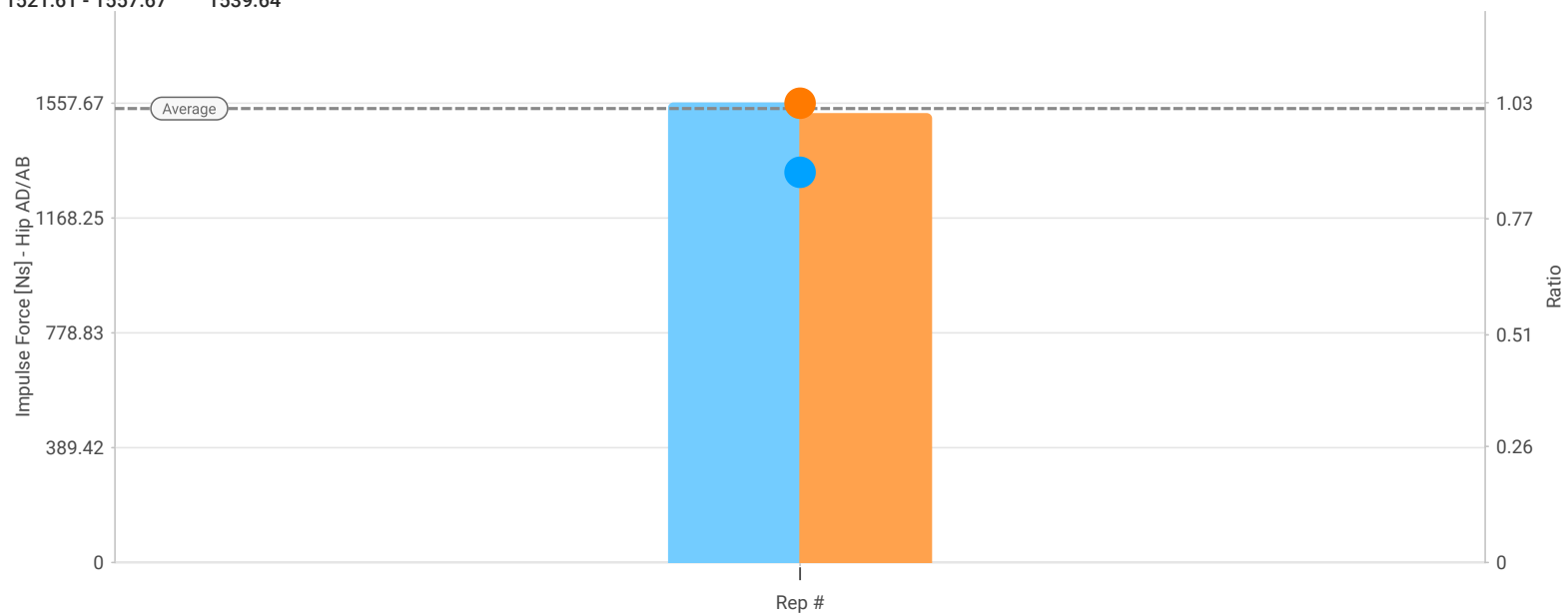
Abduction Impulse Force [Ns] - Hip AD/AB

Range

1521.61 - 1557.67

Average

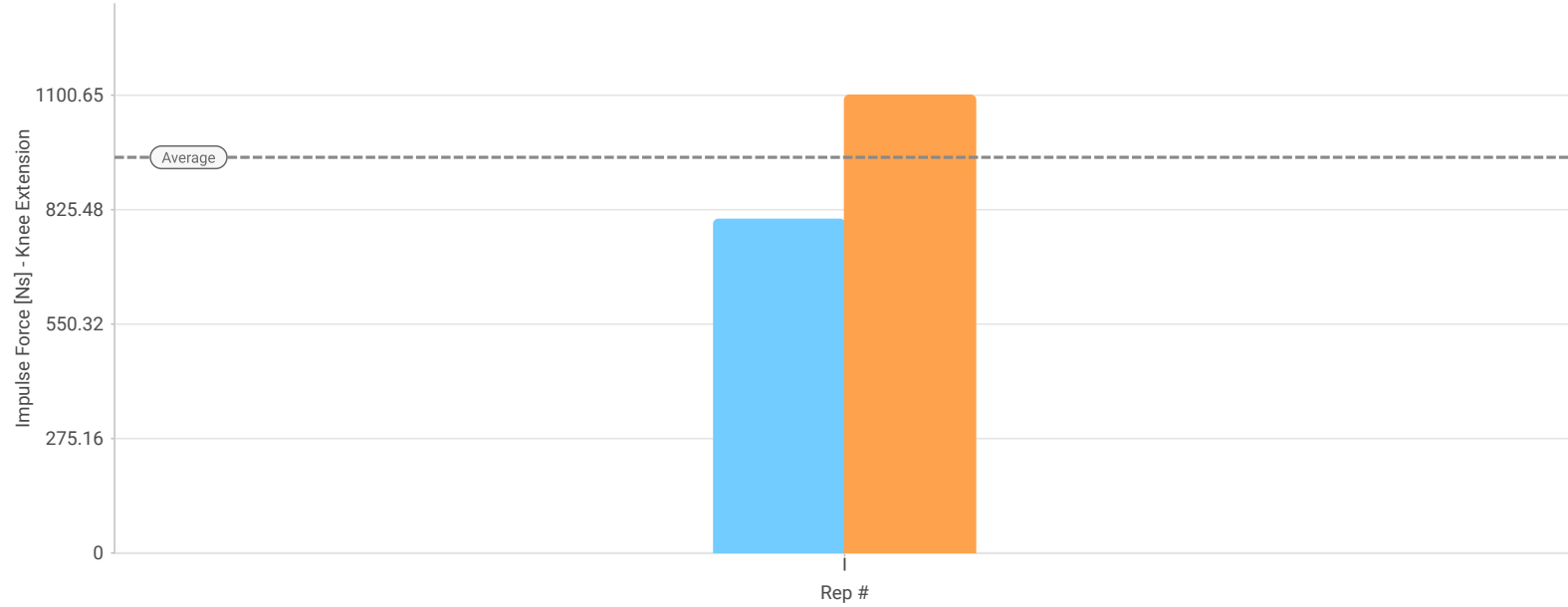
1539.64



Extension Impulse Force [Ns] - Knee Extension

Range
802.22 - 1100.65

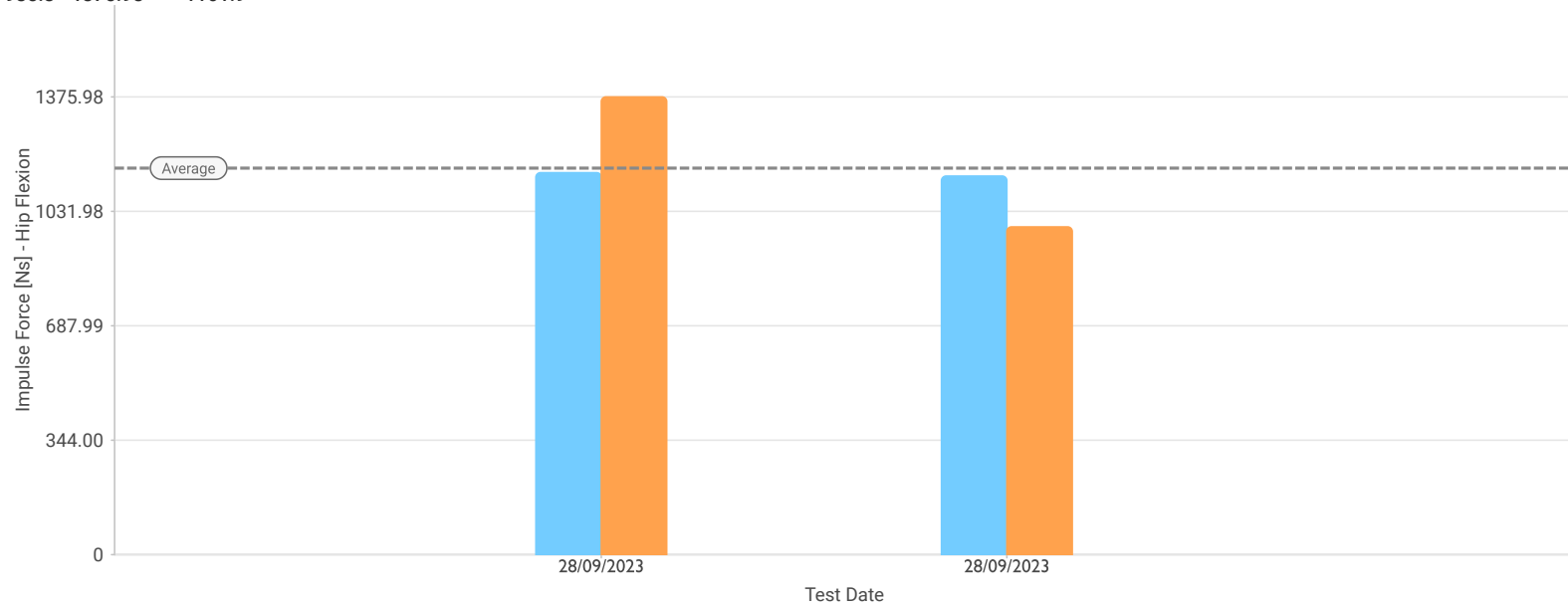
Average
951.44



Flexion Impulse Force [Ns] - Hip Flexion

Range
985.3 - 1375.98

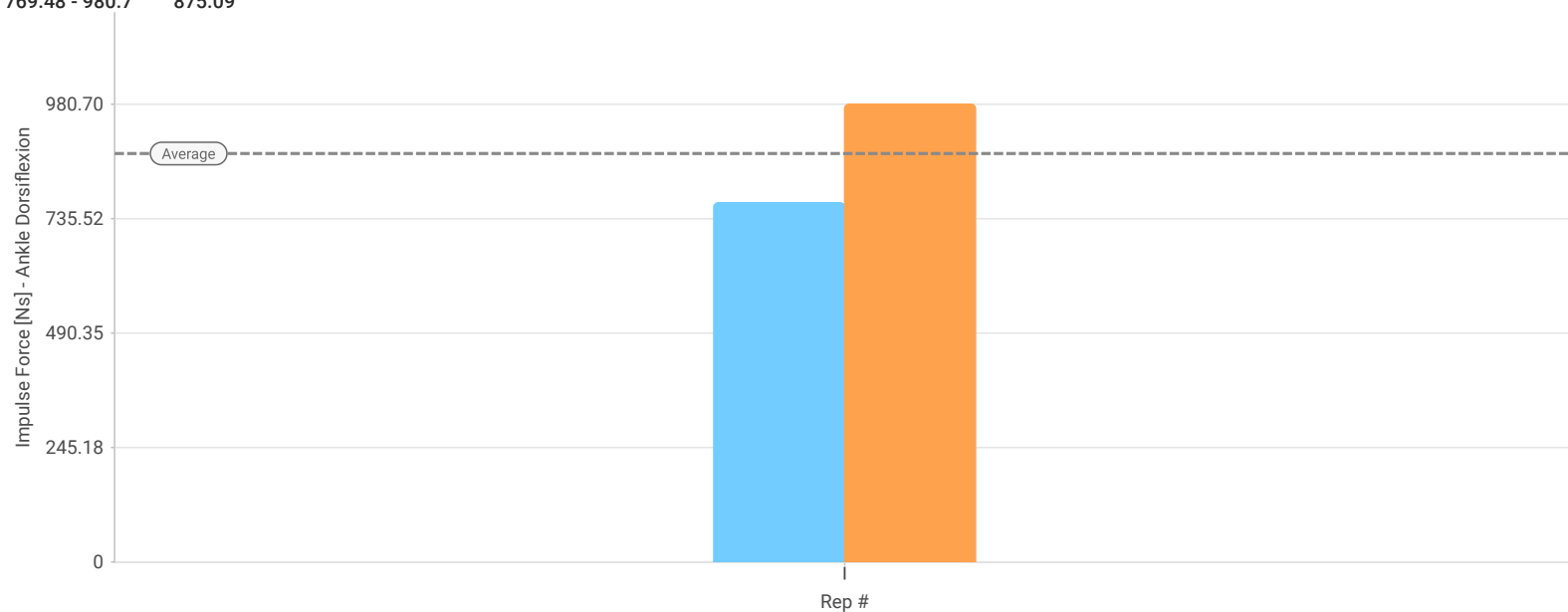
Average
1161.9



Dorsiflexion Impulse Force [Ns] - Ankle Dorsiflexion

Range
769.48 - 980.7

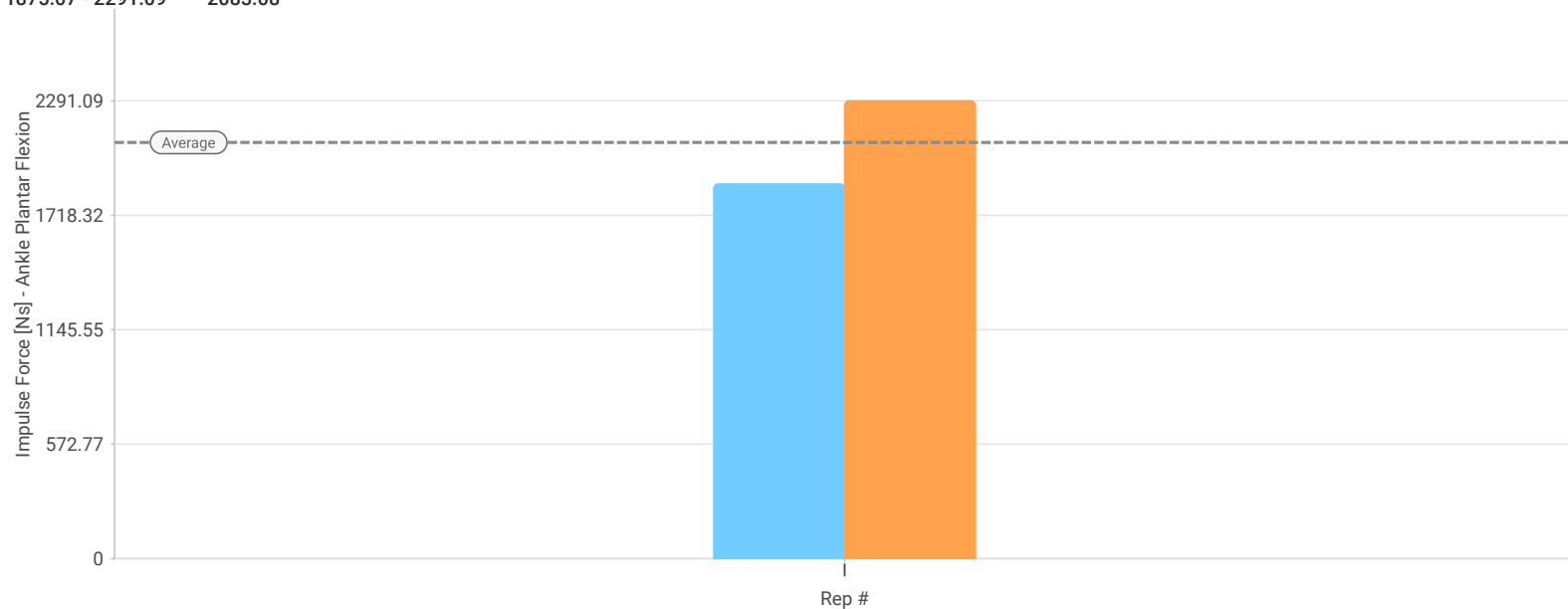
Average
875.09



Plantar Flexion Impulse Force [Ns] - Ankle Plantar Flexion

Range
1875.07 - 2291.09

Average
2083.08



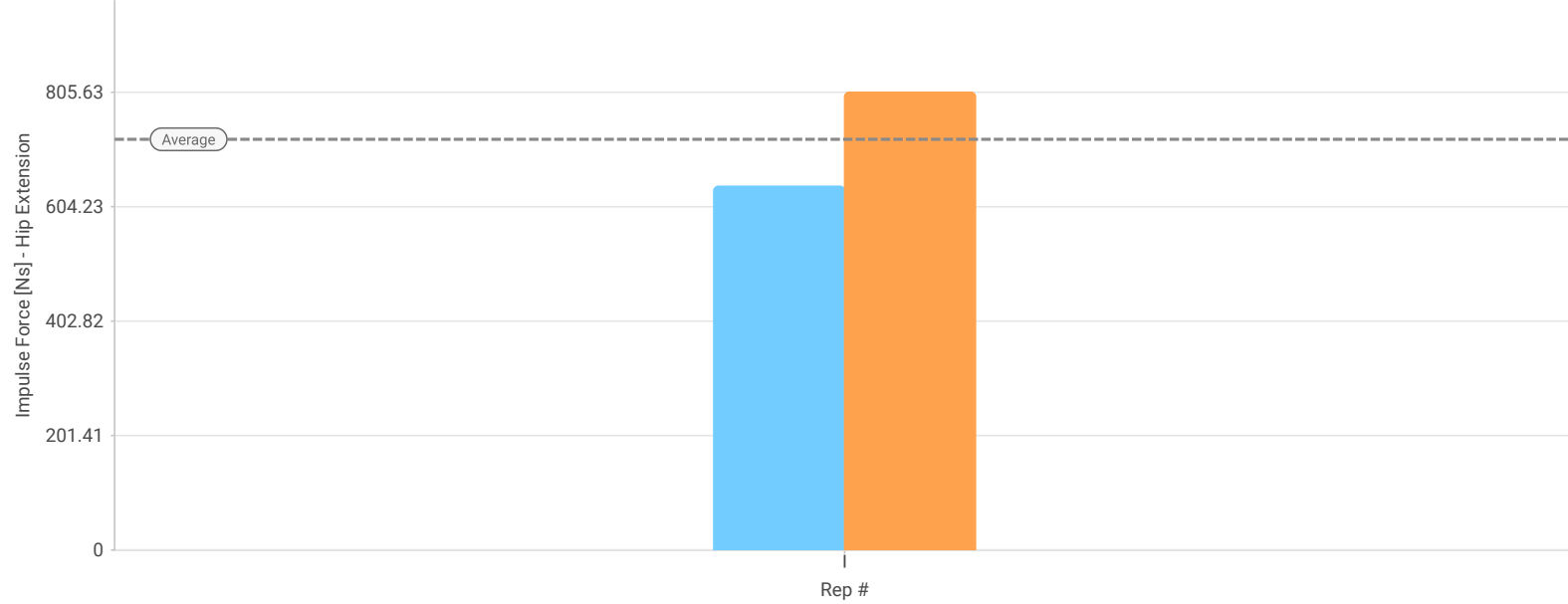
Extension Impulse Force [Ns] - Hip Extension

Range

Average

640.09 - 805.63

722.86



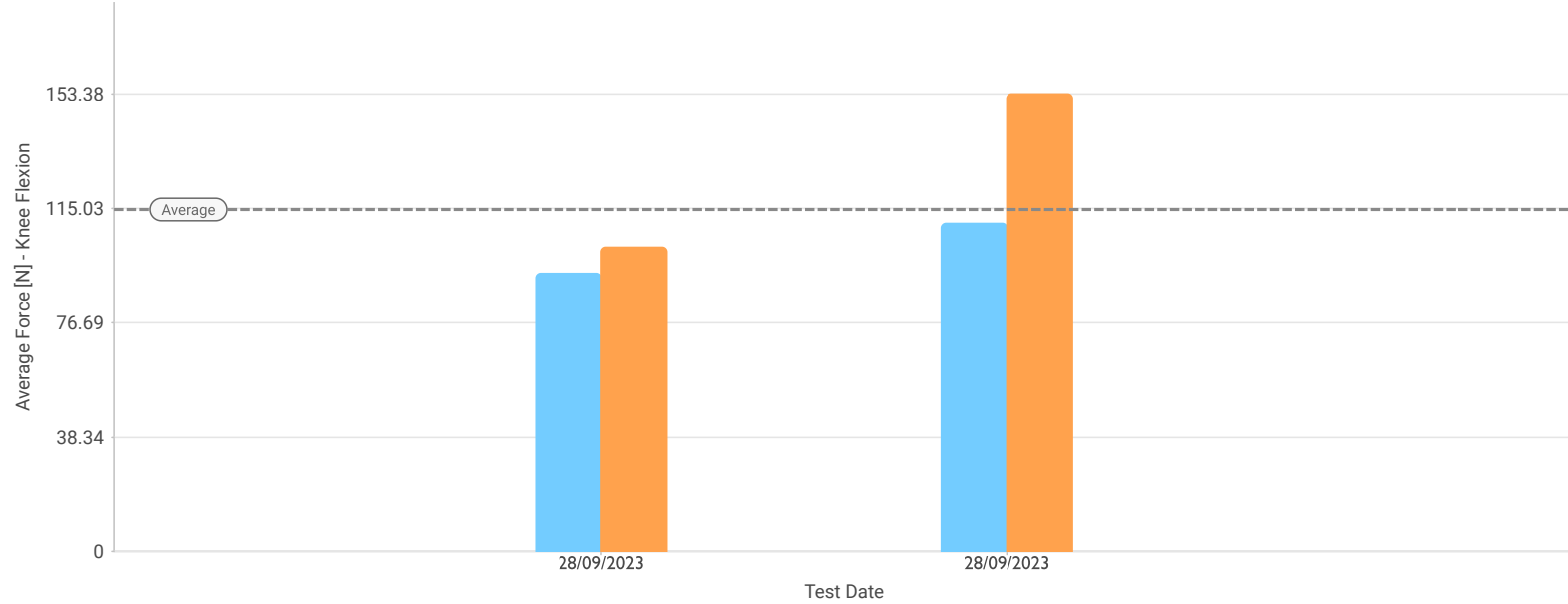
Knee Flexion Average Force [N] - Knee Flexion

Range

Average

93.25 - 153.38

114.66



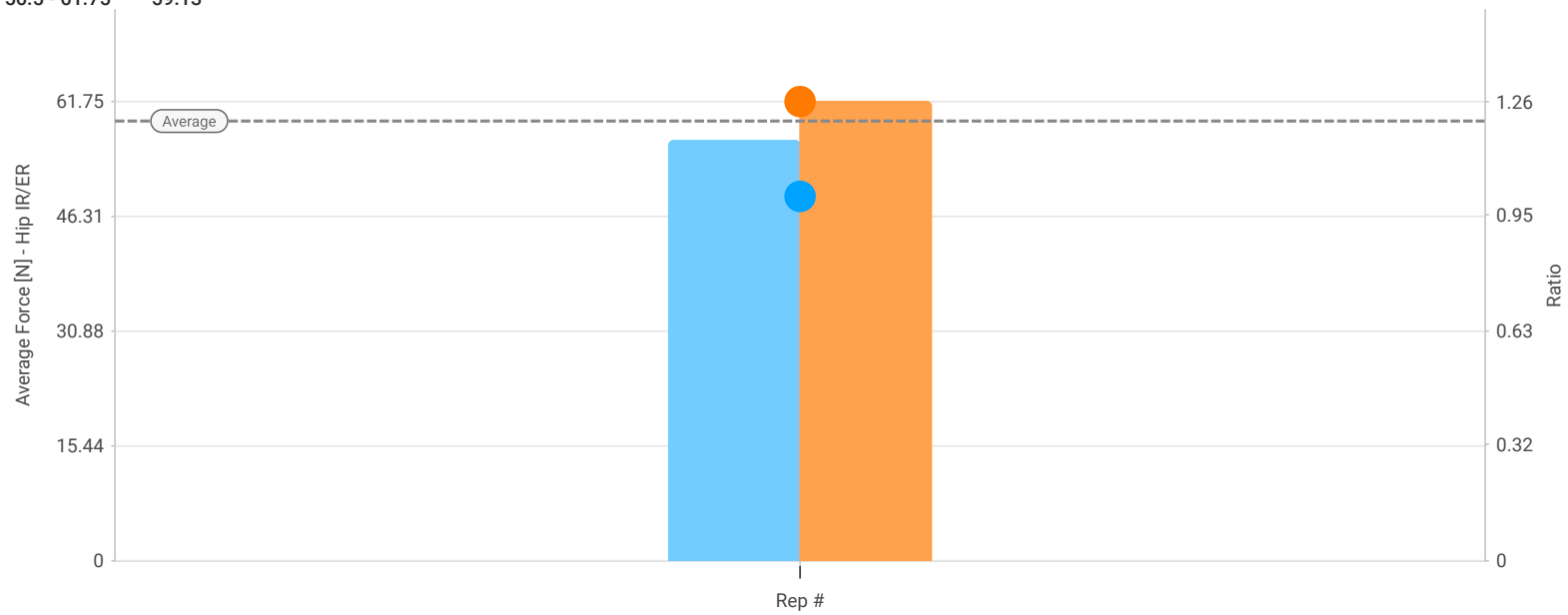
External Rotation Average Force [N] - Hip IR/ER

Range

Average

56.5 - 61.75

59.13



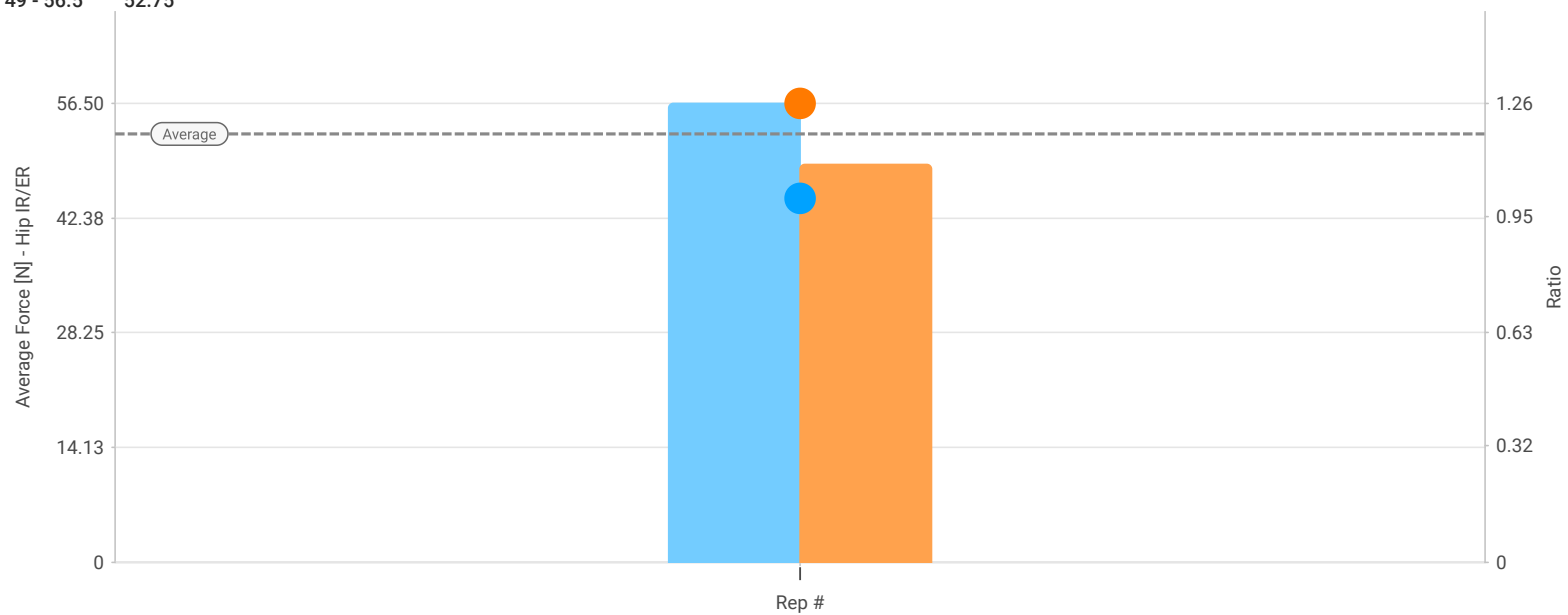
Internal Rotation Average Force [N] - Hip IR/ER

Range

Average

49 - 56.5

52.75



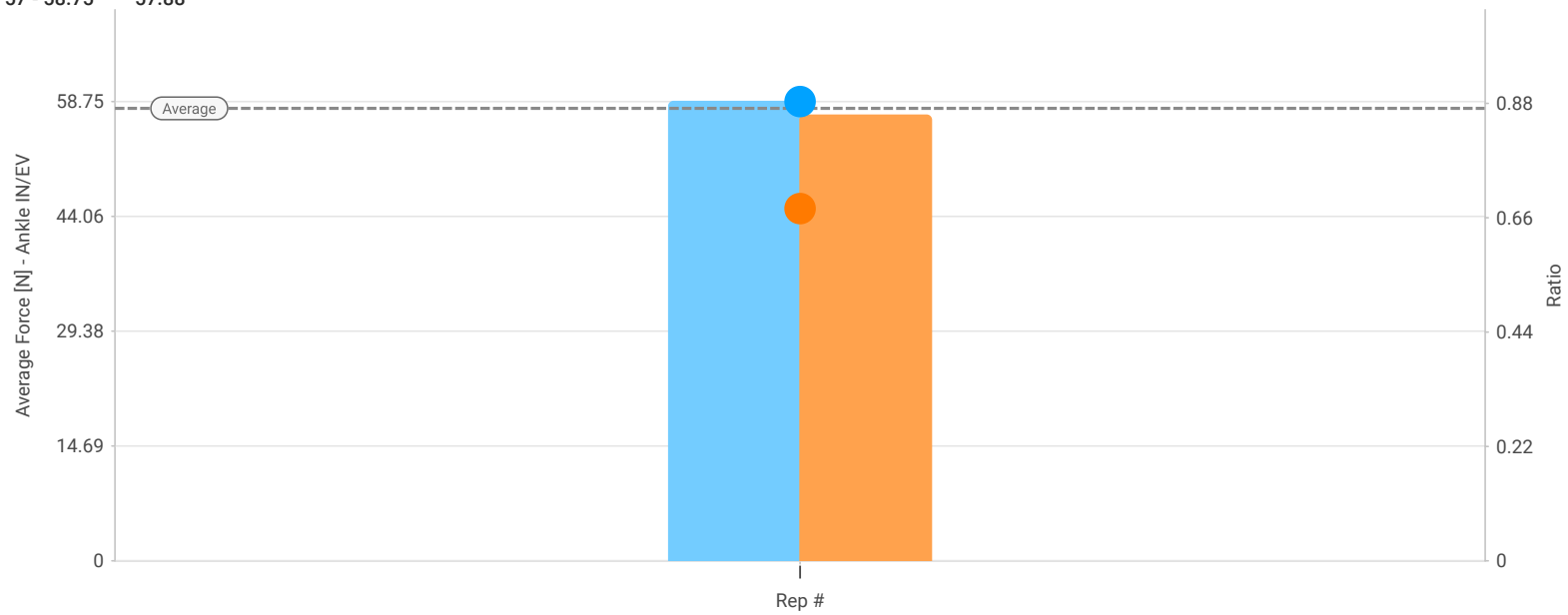
Inversion Average Force [N] - Ankle IN/EV

Range

57 - 58.75

Average

57.88



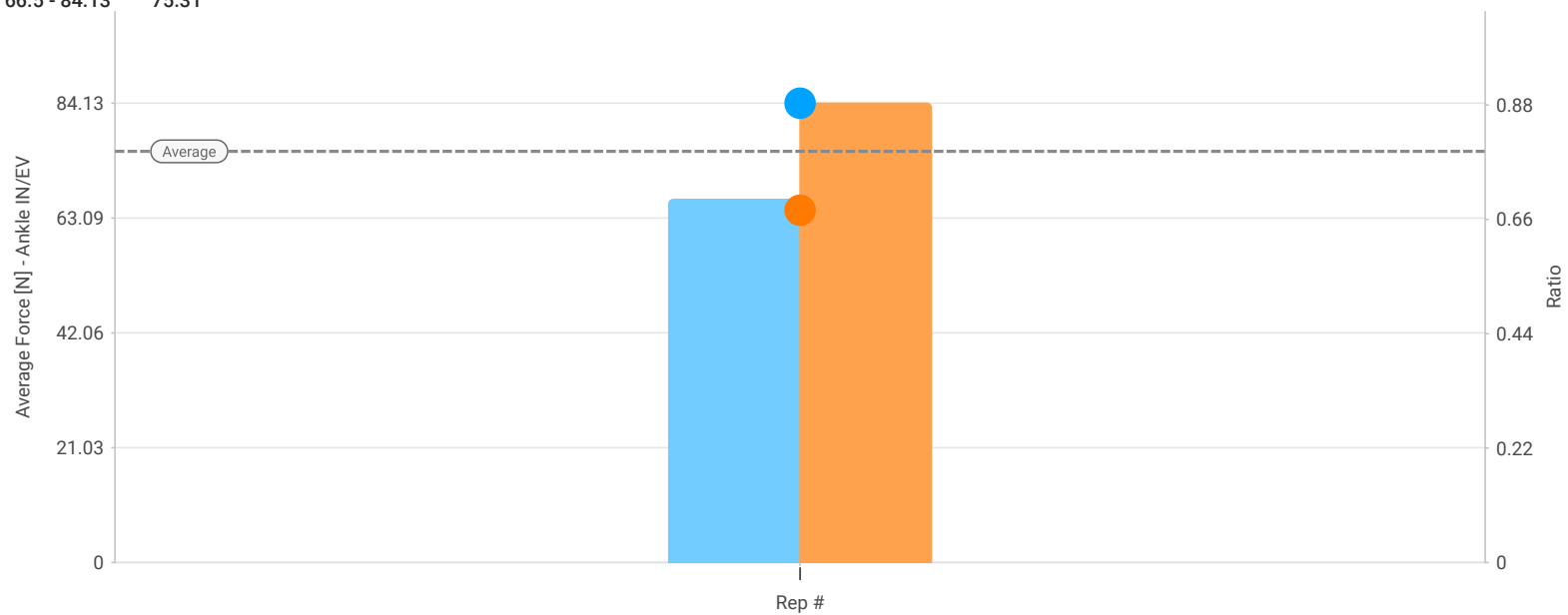
Eversion Average Force [N] - Ankle IN/EV

Range

66.5 - 84.13

Average

75.31



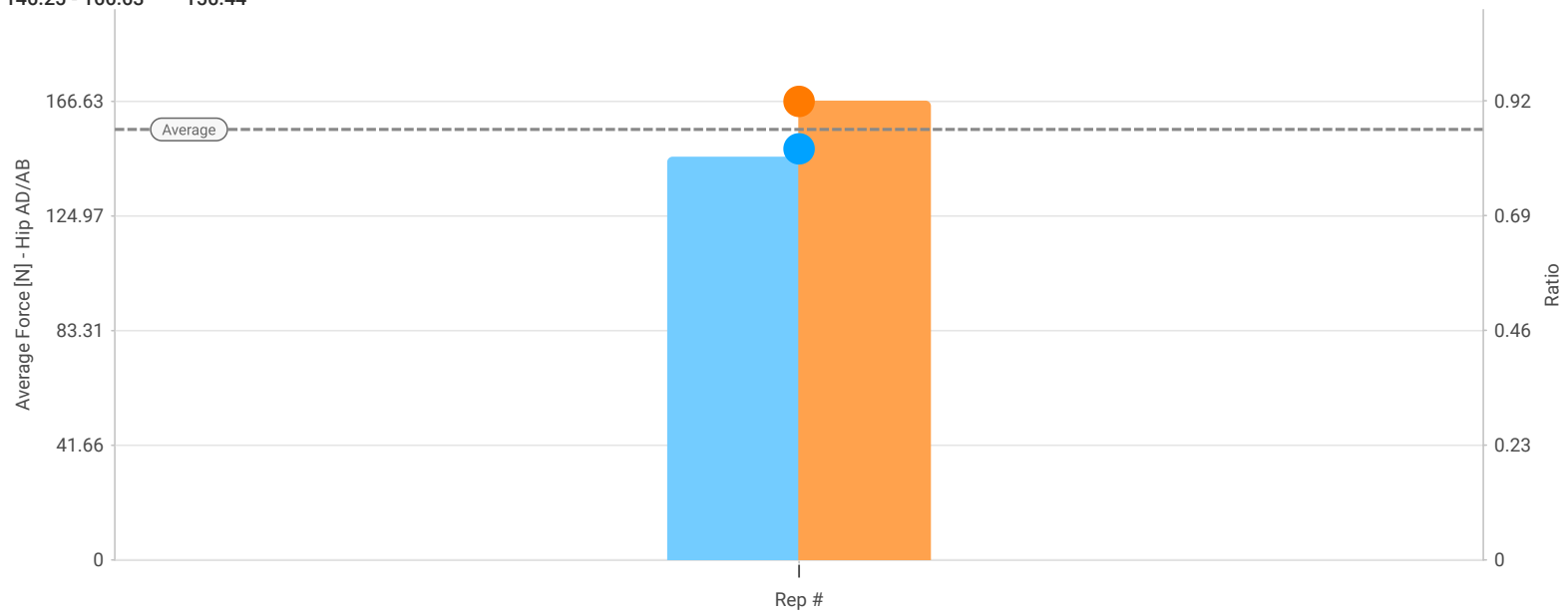
Adduction Average Force [N] - Hip AD/AB

Range

146.25 - 166.63

Average

156.44



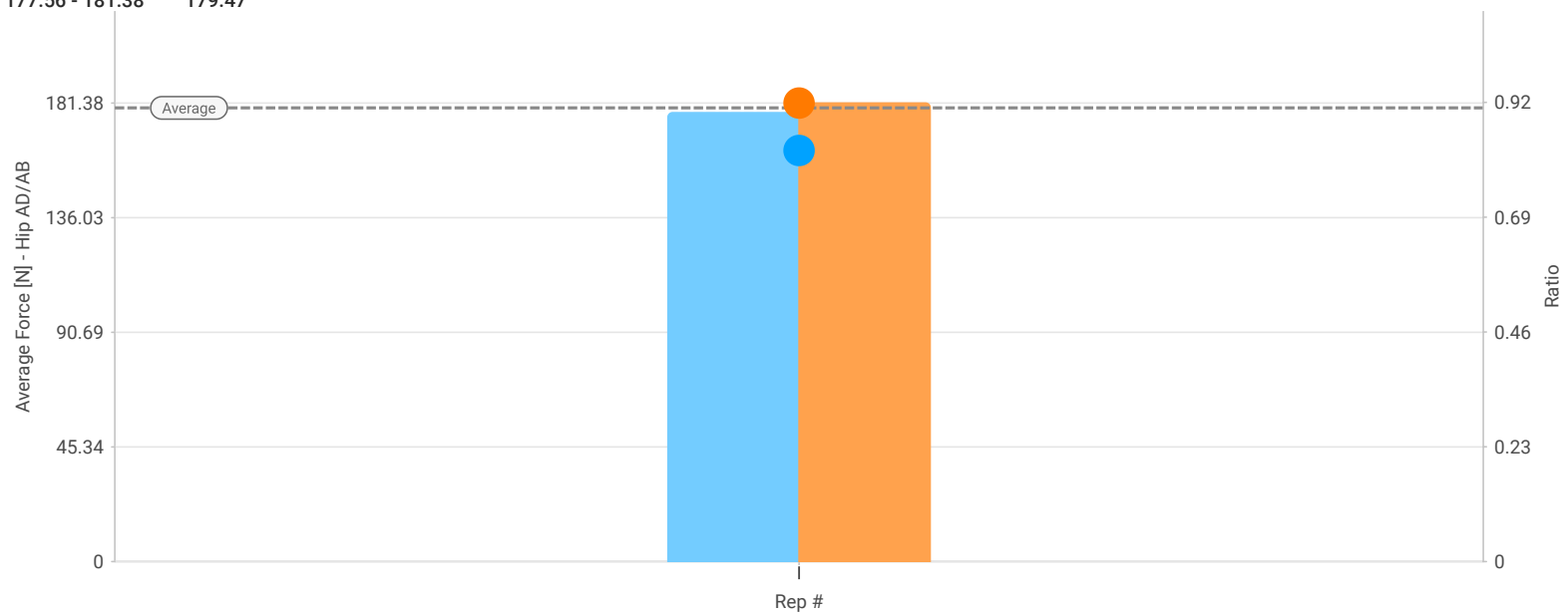
Abduction Average Force [N] - Hip AD/AB

Range

177.56 - 181.38

Average

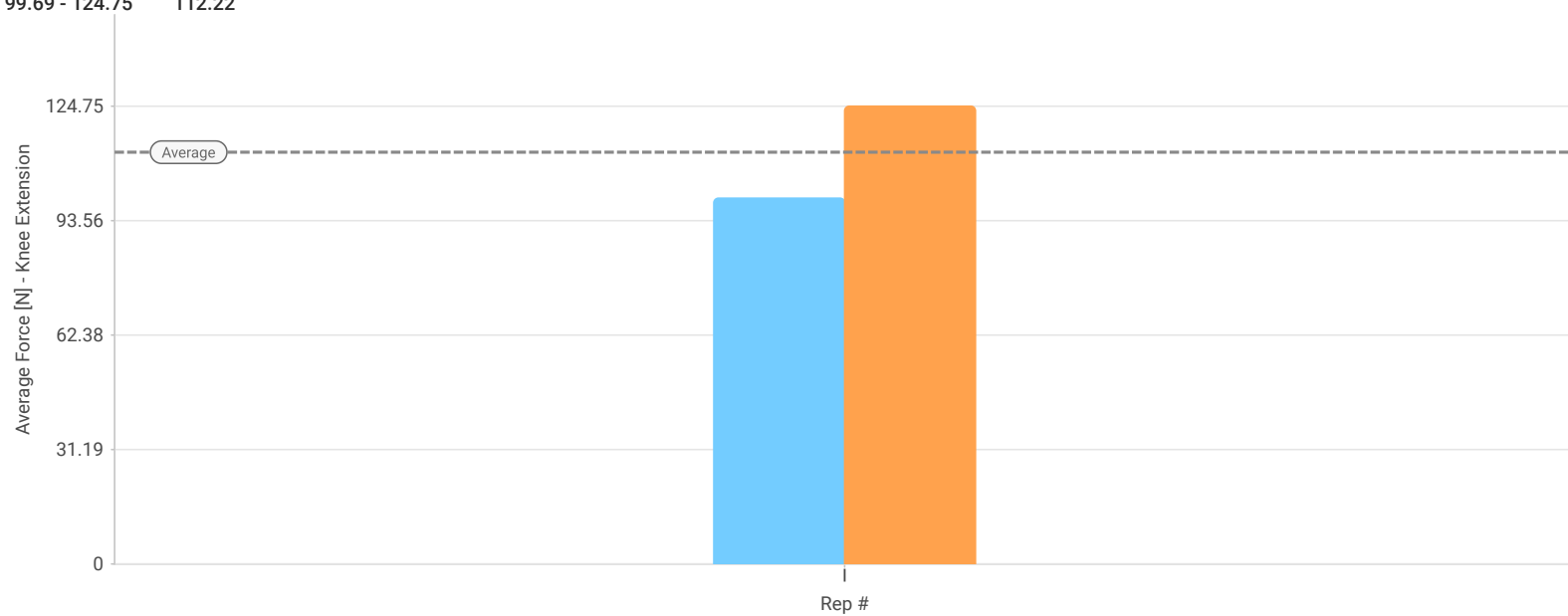
179.47



Extension Average Force [N] - Knee Extension

Range
99.69 - 124.75

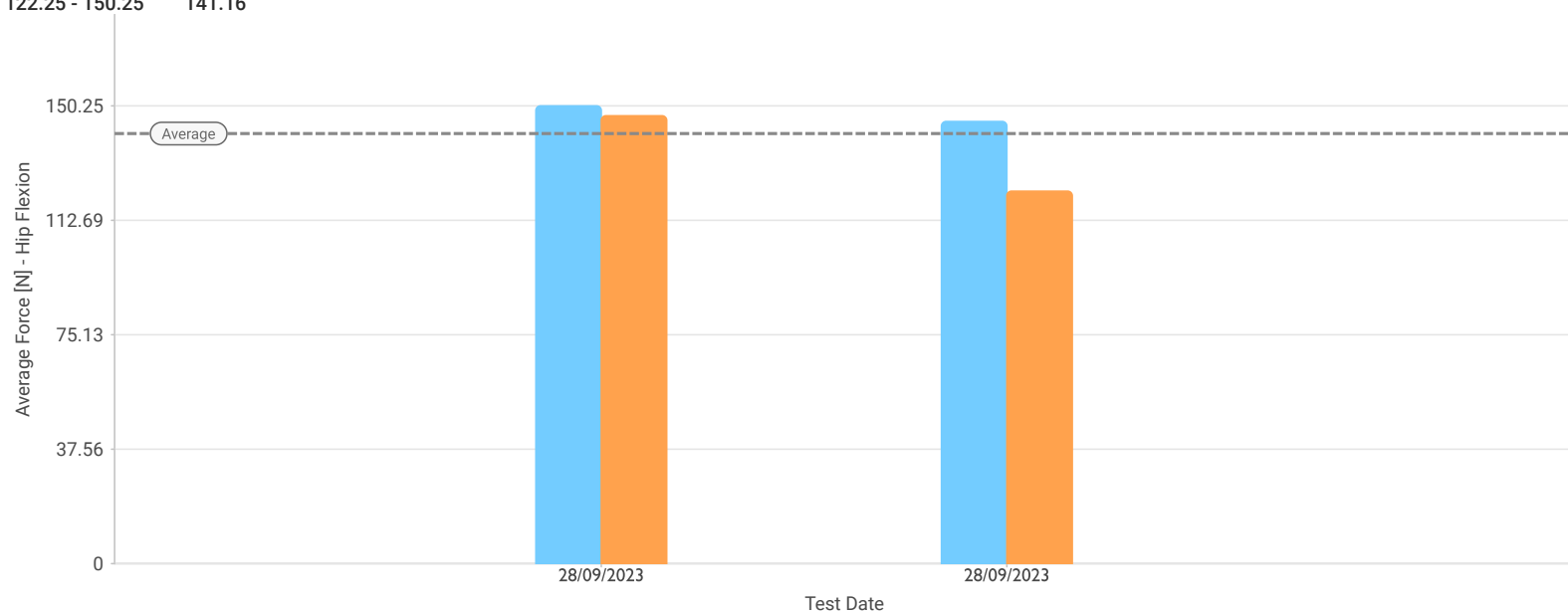
Average
112.22



Flexion Average Force [N] - Hip Flexion

Range
122.25 - 150.25

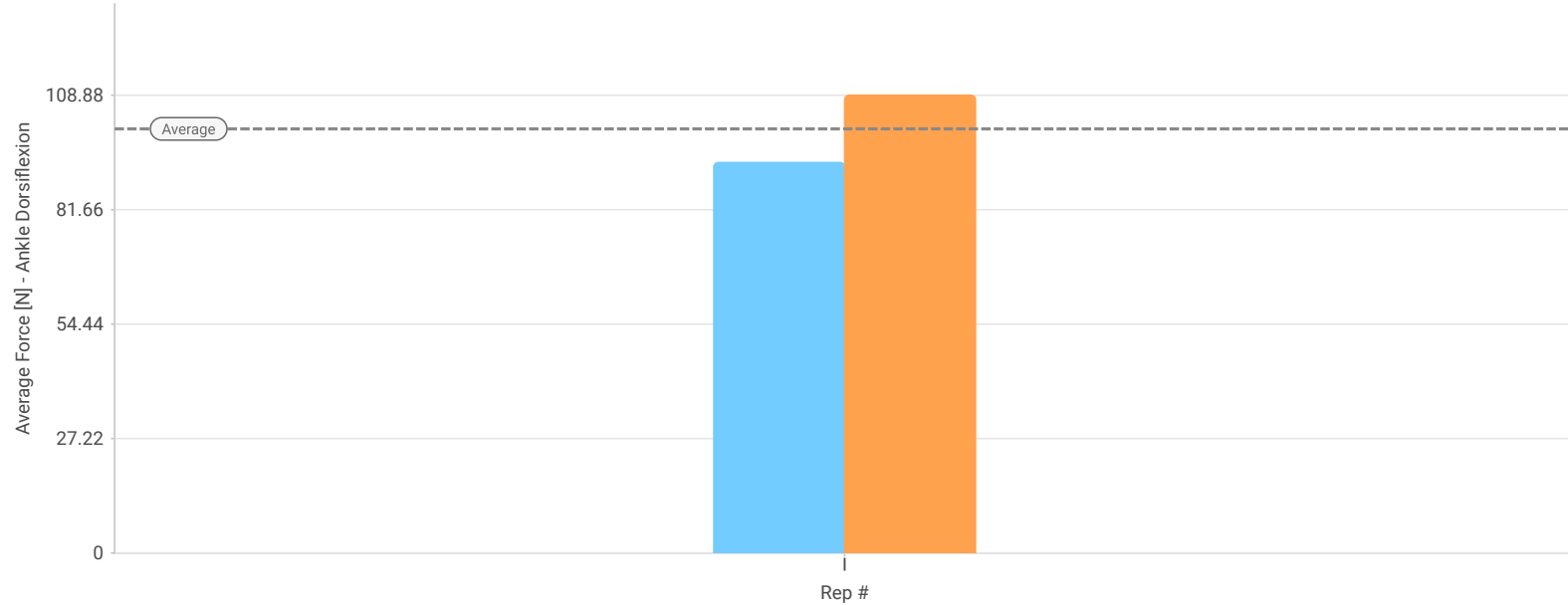
Average
141.16



Dorsiflexion Average Force [N] - Ankle Dorsiflexion

Range
92.88 - 108.88

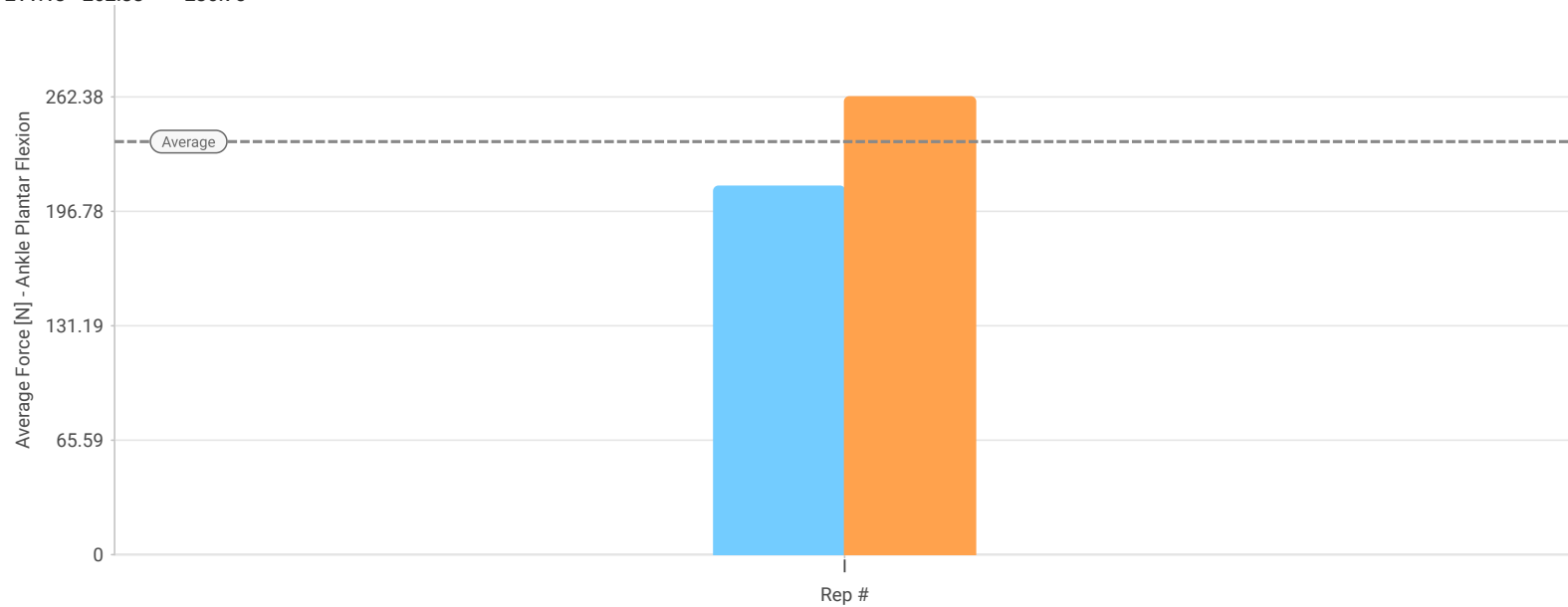
Average
100.88



Plantar Flexion Average Force [N] - Ankle Plantar Flexion

Range
211.13 - 262.38

Average
236.75



Extension Average Force [N] - Hip Extension

Range

Average

85.5 - 110.44

97.97

