



## Vinicius Meireles

Age: 34 (27 May 1989)

### Elbow Extension - Seated

Max Force - Left & Right Side

Left

217N

Right

226N

4.2%

Asymmetry

### Elbow Flexion - Seated

Max Force - Left & Right Side

Left

249N

Right

240N

3.3%

Asymmetry

### Shoulder IR/ER - Supine (Neut...

Max Force - Left & Right Side Shoulder E...

Left

139N

Right

172N

19.3%

Asymmetry

### Shoulder IR/ER - Supine (90 D...

Max Force - Left & Right Side Shoulder E...

Left

153N

Right

202N

24.6%

Asymmetry

### Shoulder Extension - Prone

Max Force - Left & Right Side

Left

96N

Right

102N

5.6%

Asymmetry

### Shoulder Flexion - Prone

Max Force - Left & Right Side

Left

146N

Right

150N

3.2%

Asymmetry



**ON Evolução Corporal**

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Profile: Vinicius Meireles  
Report By: Nemi Sabeh  
Report Date: 12 Mar 2024

**Shoulder Add - Side lying**

Max Force - Left & Right Side

Left

170N

Right

191N

10.9%

Asymmetry

**Shoulder Abd - Side lying**

Max Force - Left & Right Side

Left

143N

Right

179N

20%

Asymmetry