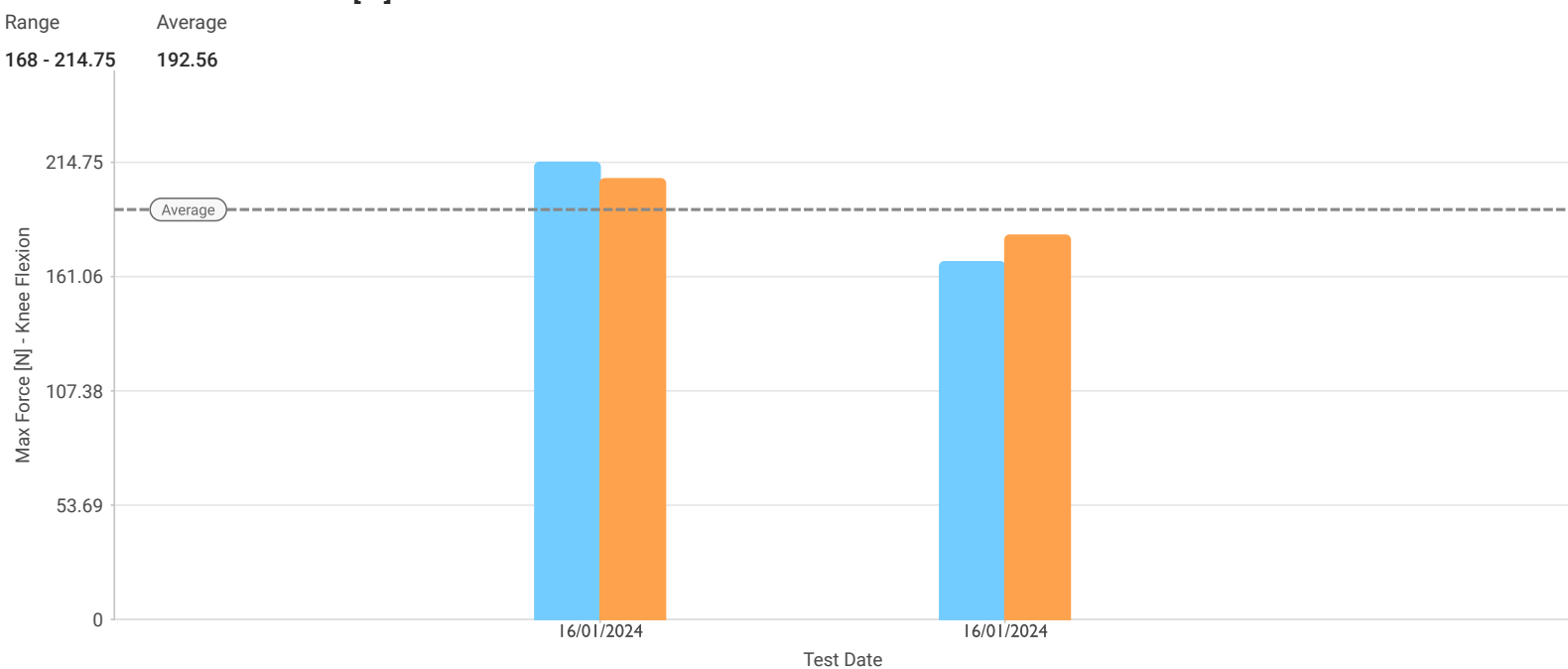


Tests (11)

Profile	Date	Test Type	Test Position	Reps
Michele da Silva Pinto 11 Tests	16/01/2024 5:00 PM	Knee Flexion	Prone	FLEX 2 L / 2 R
	16/01/2024 4:57 PM	Hip IR/ER	Prone	ER 2 L / 2 R IR 2 L / 2 R
	16/01/2024 4:54 PM	Ankle IN/EV	Supine	INV 2 L / 2 R EV 2 L / 2 R
	16/01/2024 4:51 PM	Hip AD/AB	Seated	ADD 2 L / 2 R ABD 2 L / 2 R
	16/01/2024 4:48 PM	Knee Extension	Seated (90)	EXT 3 L / 1 R
	16/01/2024 4:43 PM	Ankle Dorsiflexion	Seated	DF 2 L / 2 R
	16/01/2024 4:38 PM	Ankle Plantar Flexion	Seated	FLEX 2 L / 2 R
	16/01/2024 4:34 PM	Hip Flexion	Seated	FLEX 2 L / 2 R
	16/01/2024 4:31 PM	Hip Extension	Standing	EXT 2 L / 2 R
	16/01/2024 4:29 PM	Hip Flexion	Kicker	FLEX 2 L / 2 R
	16/01/2024 4:25 PM	Knee Flexion	Standing	FLEX 2 L / 2 R

Knee Flexion Max Force [N] - Knee Flexion



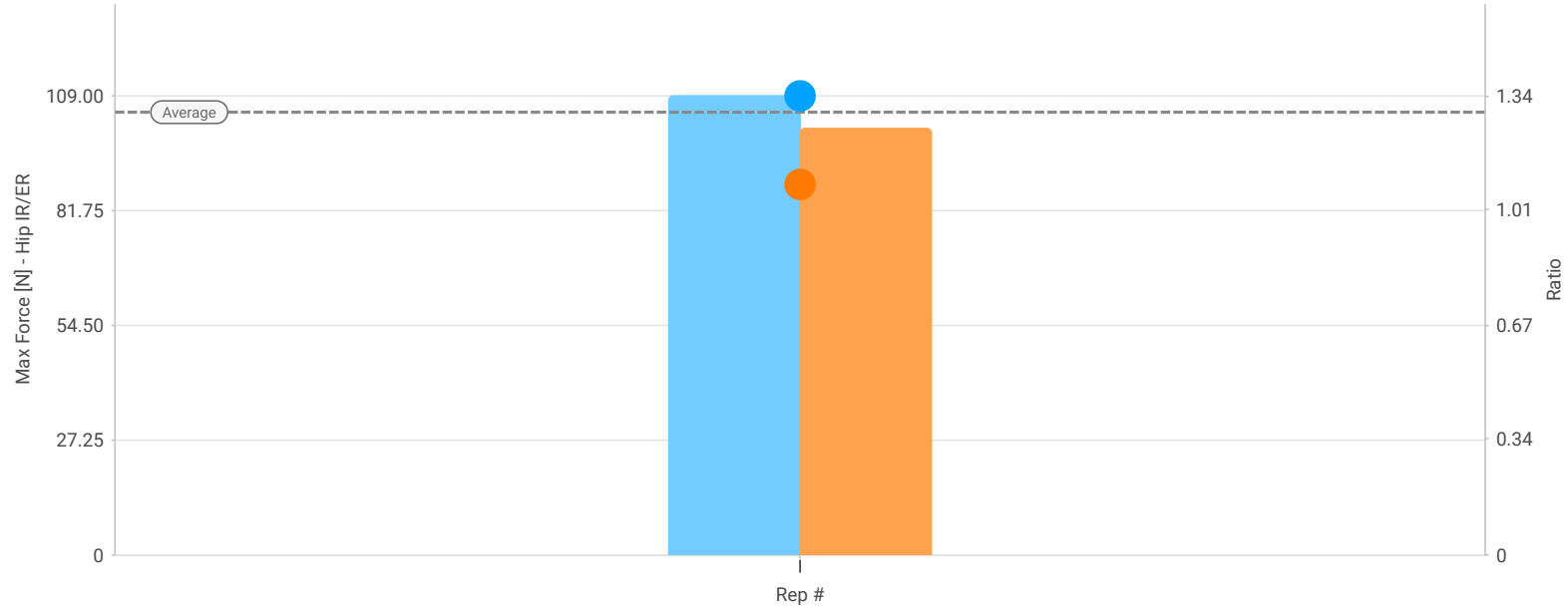
External Rotation Max Force [N] - Hip IR/ER

Range

Average

101.25 - 109

105.13



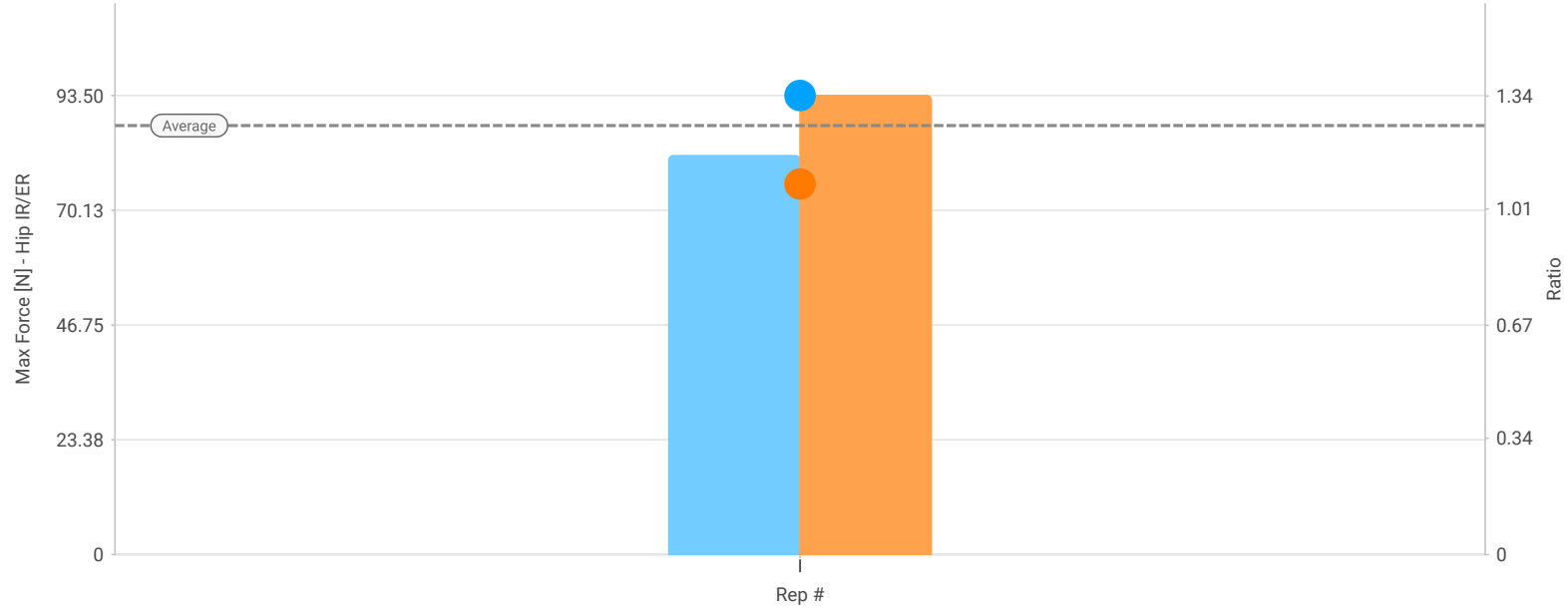
Internal Rotation Max Force [N] - Hip IR/ER

Range

Average

81.25 - 93.5

87.38



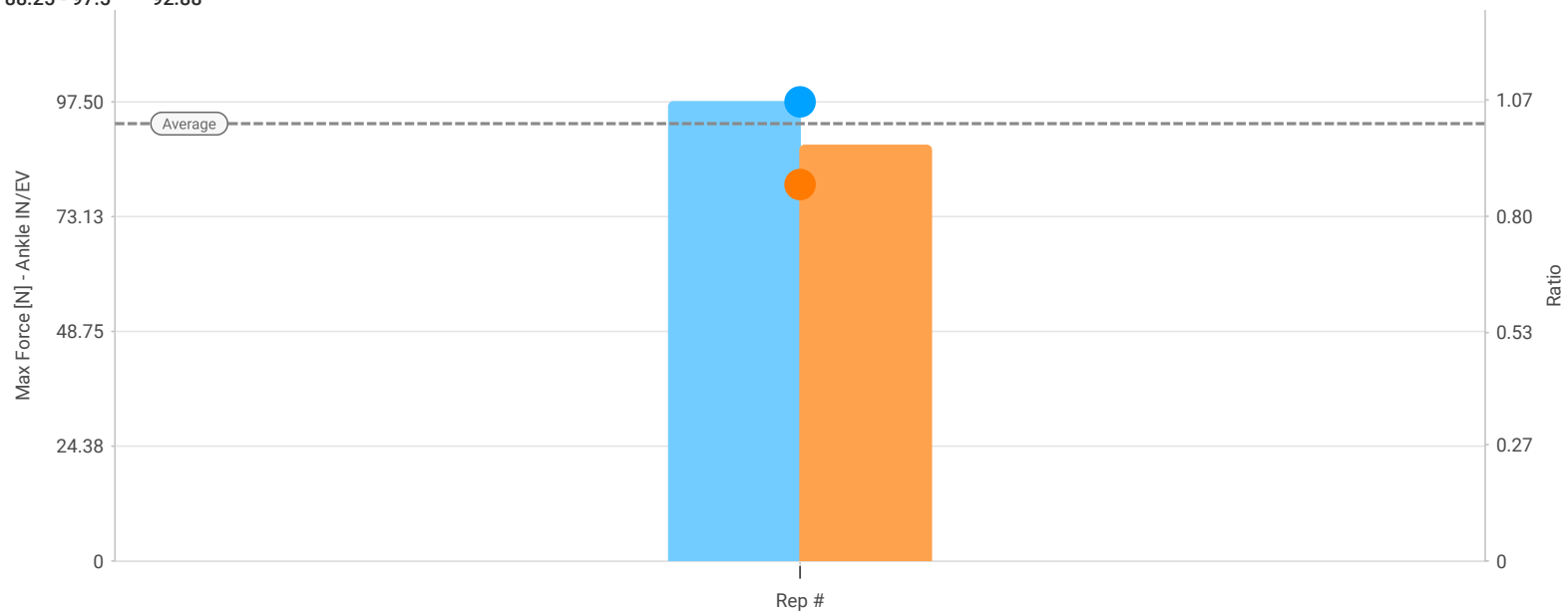
Inversion Max Force [N] - Ankle IN/EV

Range

Average

88.25 - 97.5

92.88



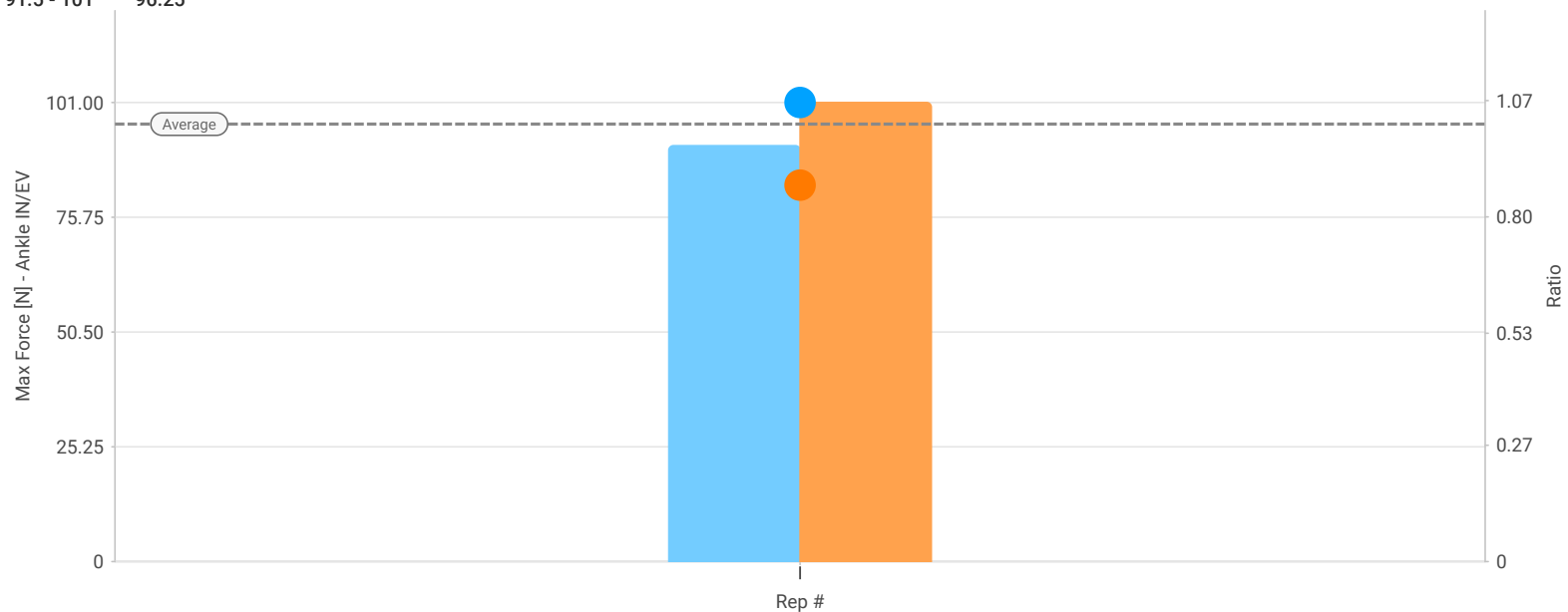
Eversion Max Force [N] - Ankle IN/EV

Range

Average

91.5 - 101

96.25



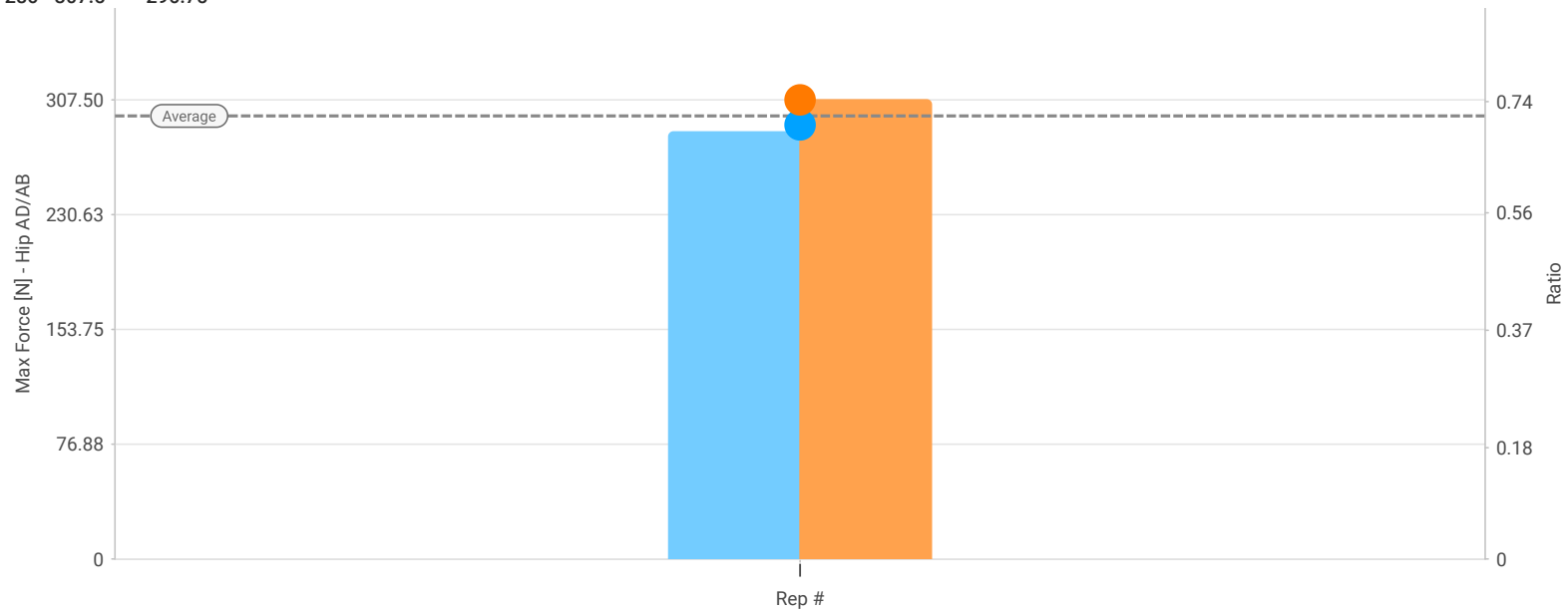
Adduction Max Force [N] - Hip AD/AB

Range

Average

286 - 307.5

296.75



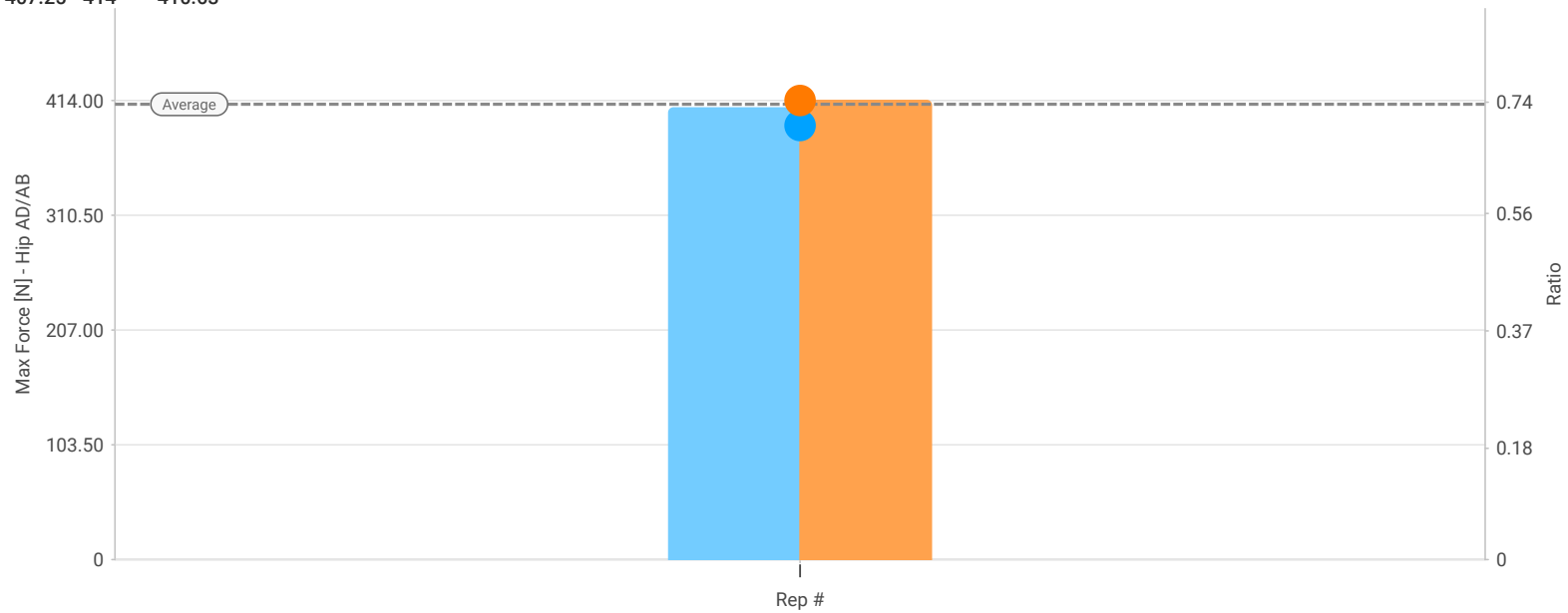
Abduction Max Force [N] - Hip AD/AB

Range

Average

407.25 - 414

410.63



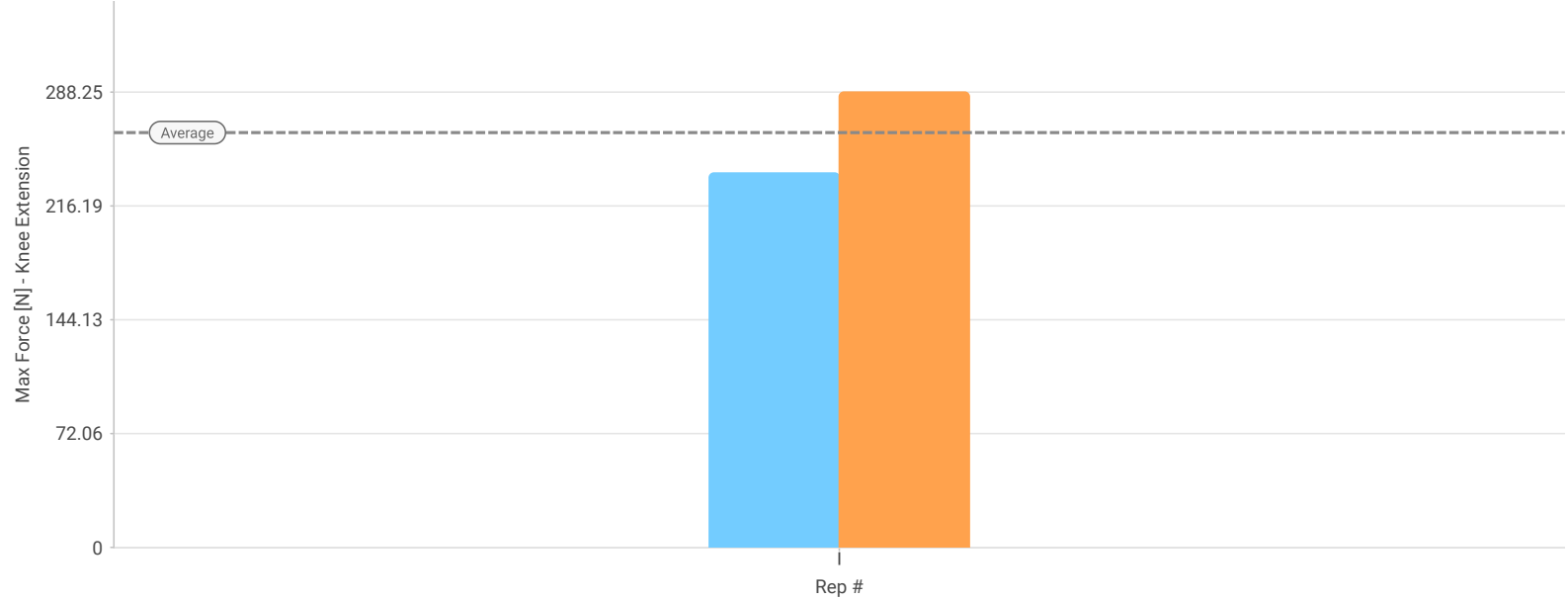
Extension Max Force [N] - Knee Extension

Range

Average

237 - 288.25

262.63



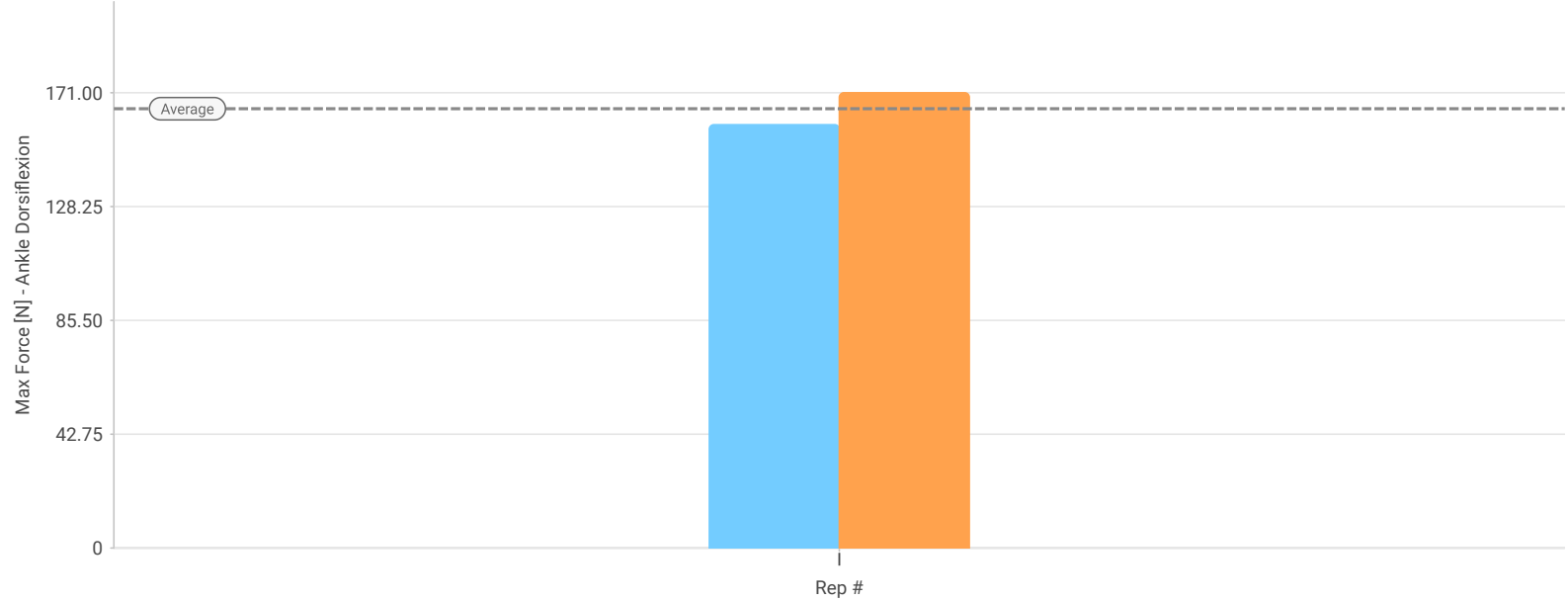
Dorsiflexion Max Force [N] - Ankle Dorsiflexion

Range

Average

159 - 171

165



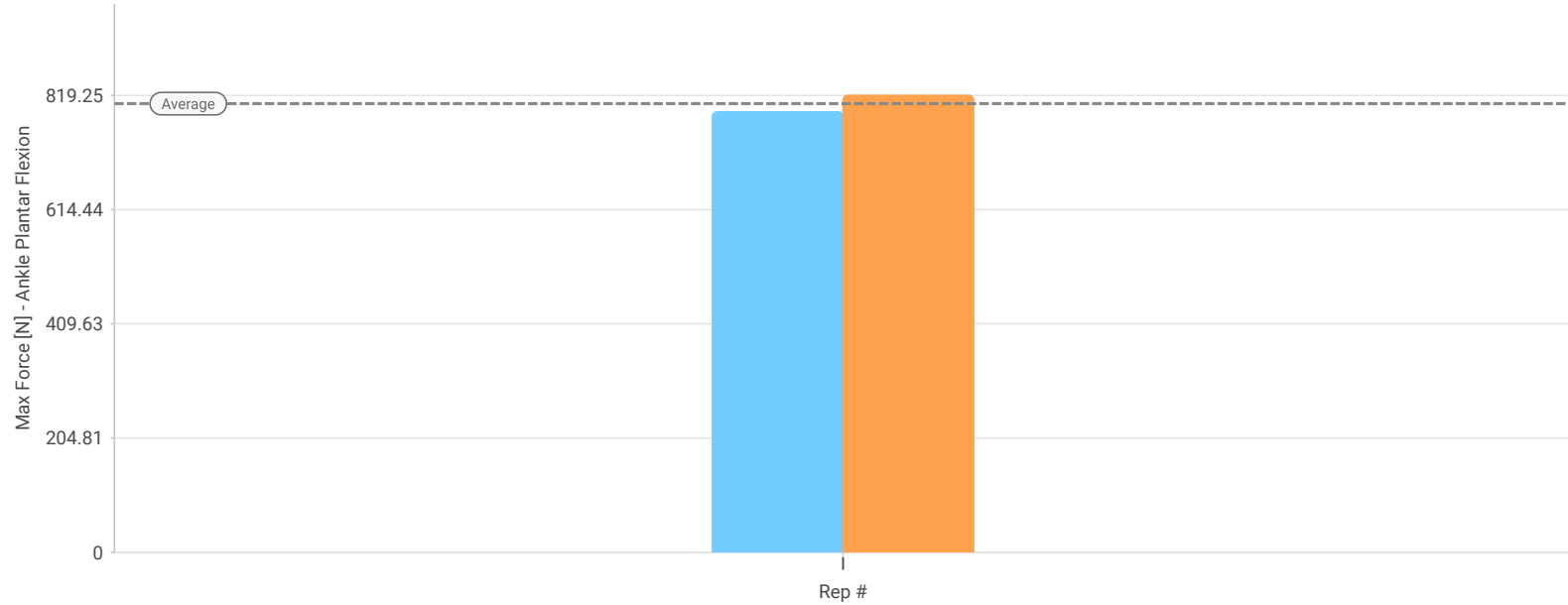
Plantar Flexion Max Force [N] - Ankle Plantar Flexion

Range

Average

789.75 - 819.25

804.5



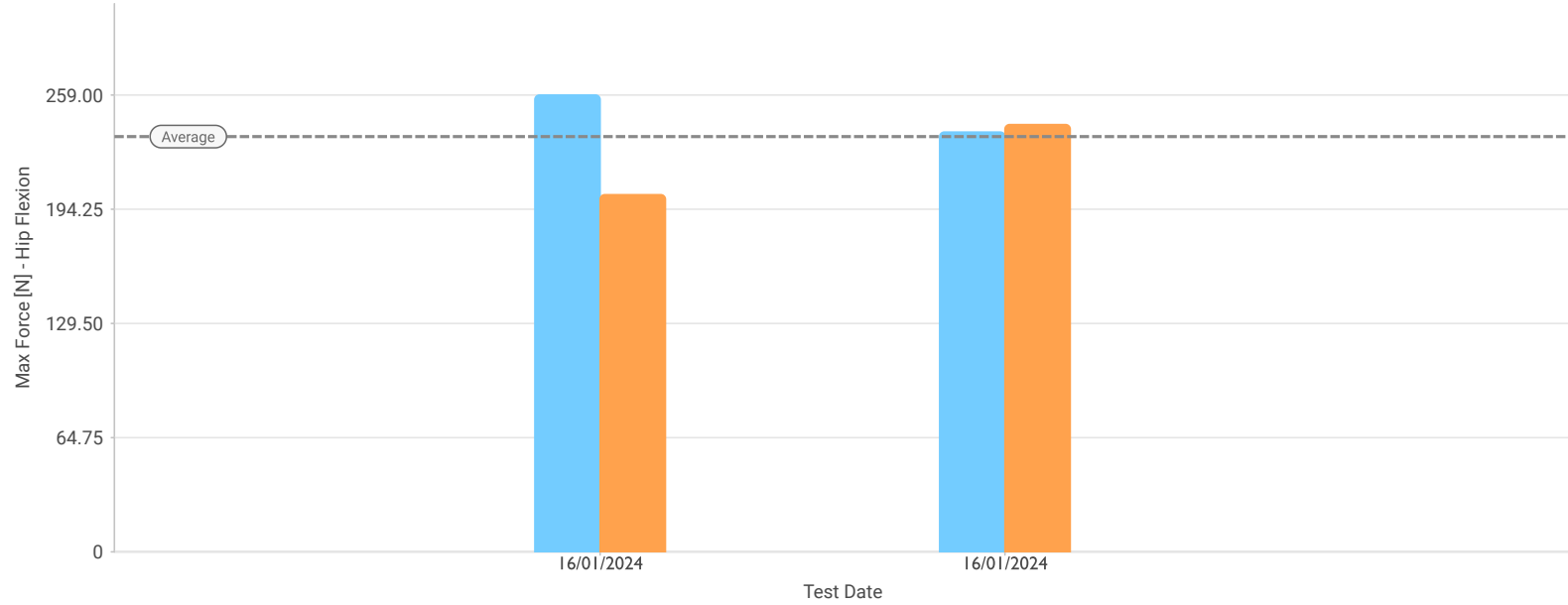
Flexion Max Force [N] - Hip Flexion

Range

Average

202.5 - 259

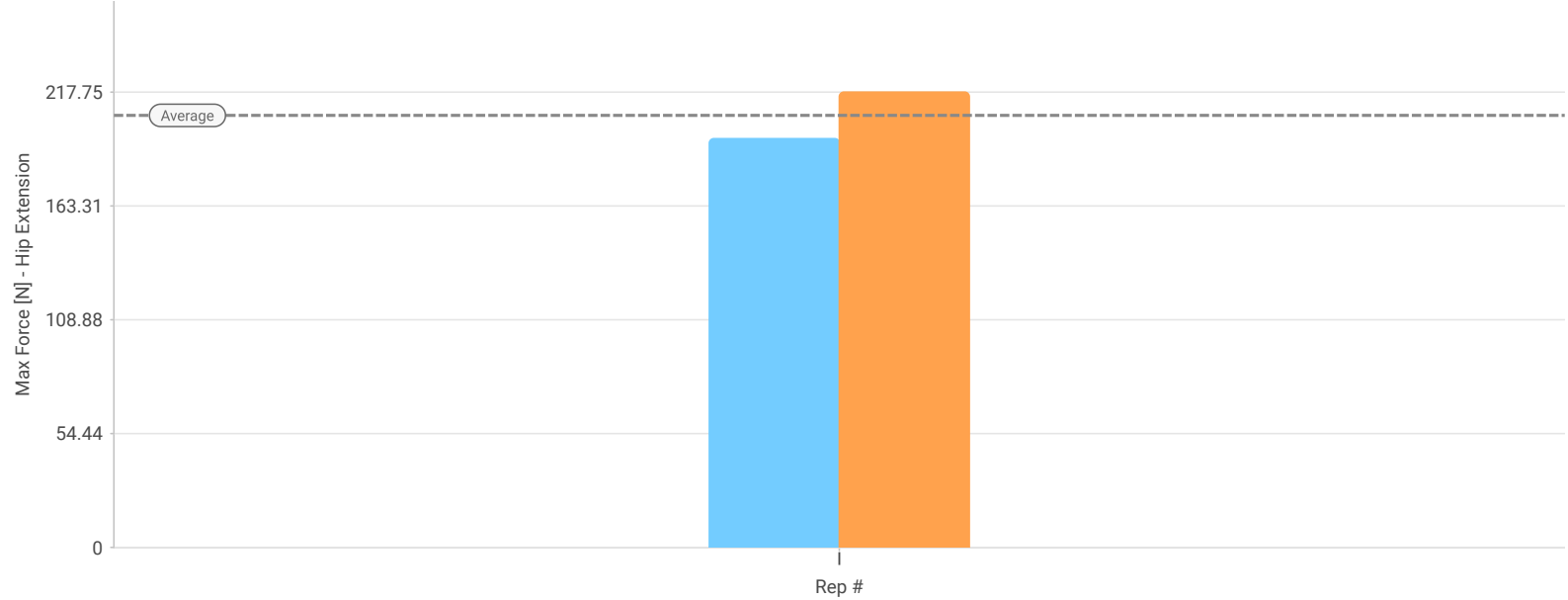
235.44



Extension Max Force [N] - Hip Extension

Range
195.5 - 217.75

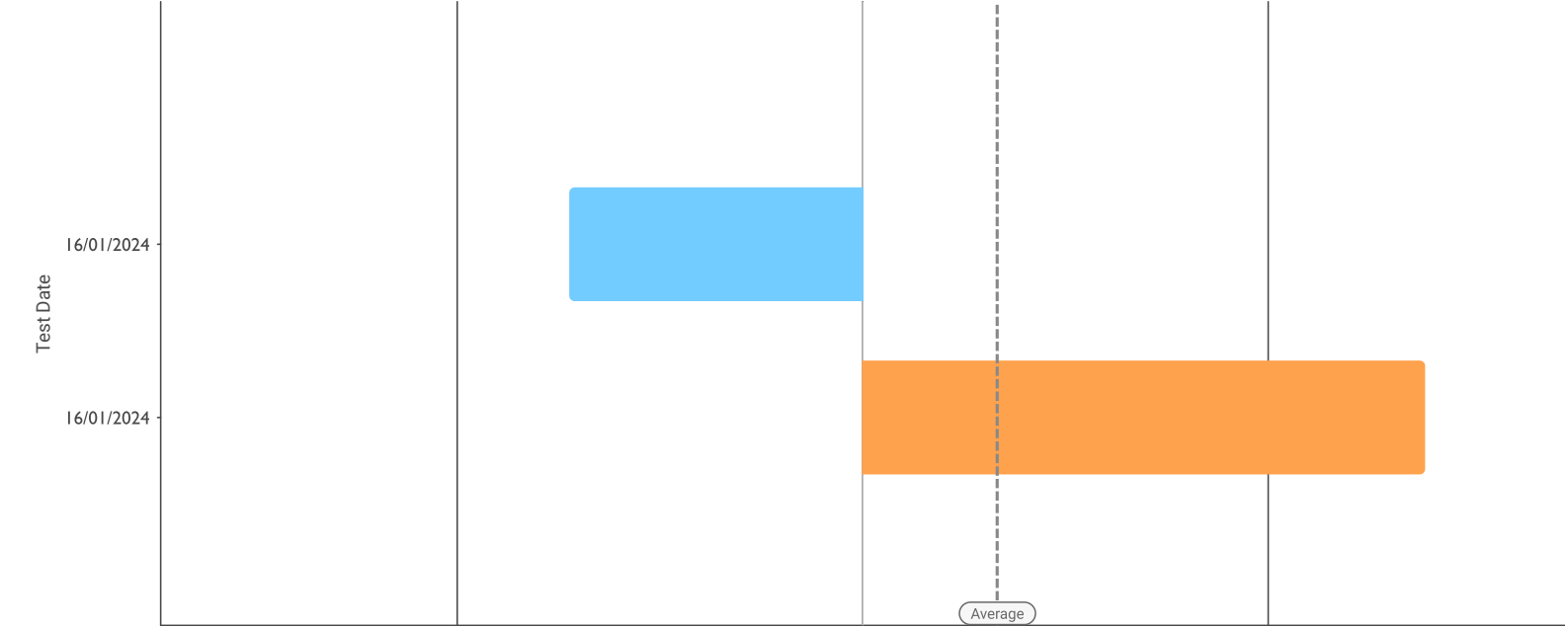
Average
206.63



Knee Flexion Asymmetry [%] - Knee Flexion

Range
3.61 L - 6.93 R

Average
1.66 R



External Rotation Asymmetry [%] - Hip IR/ER

Range

Average

7.11 L - 7.11 R

7.11 L

Rep #



Internal Rotation Asymmetry [%] - Hip IR/ER

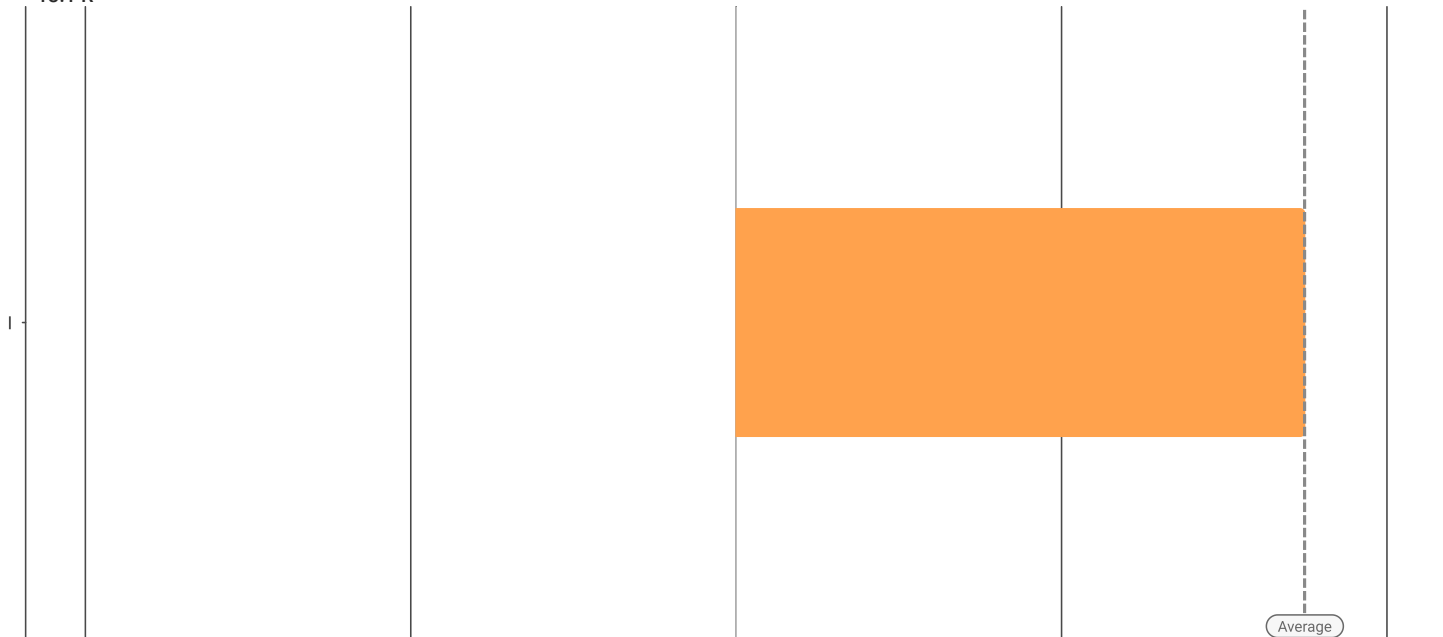
Range

Average

13.1 L - 13.1 R

13.1 R

Rep #



Inversion Asymmetry [%] - Ankle IN/EV

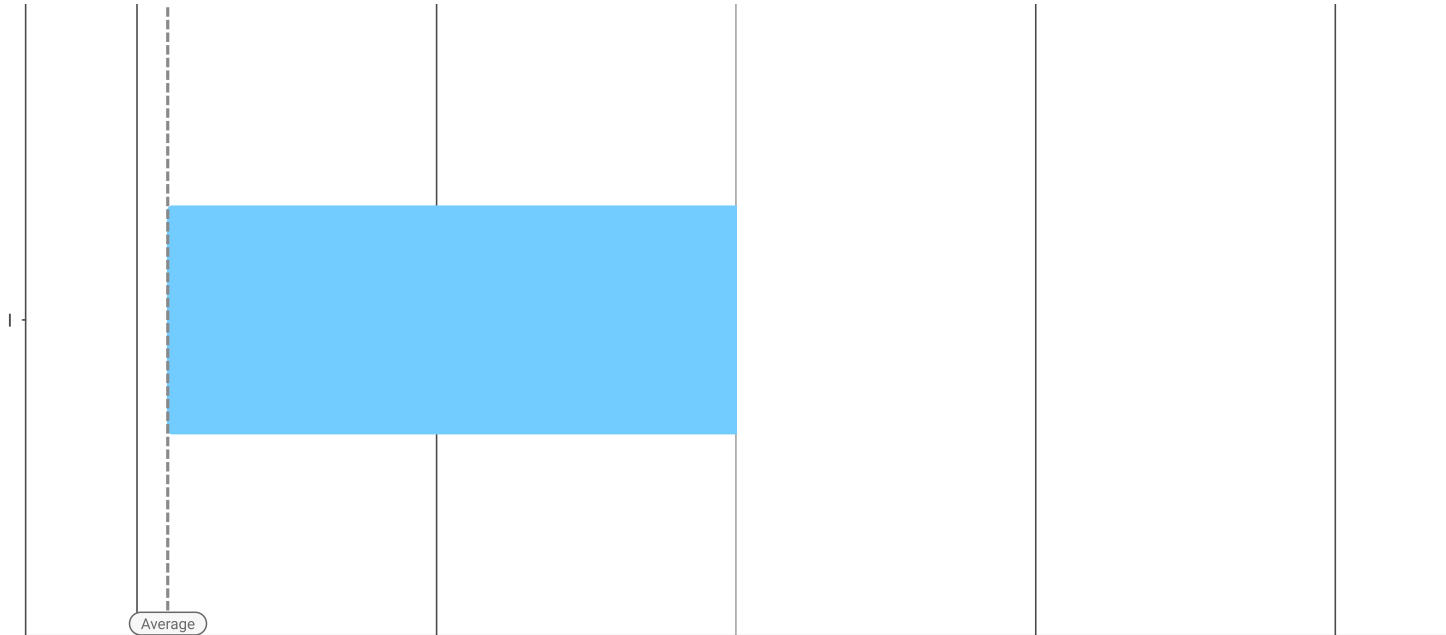
Range

Average

9.49 L - 9.49 R

9.49 L

Rep #



Eversion Asymmetry [%] - Ankle IN/EV

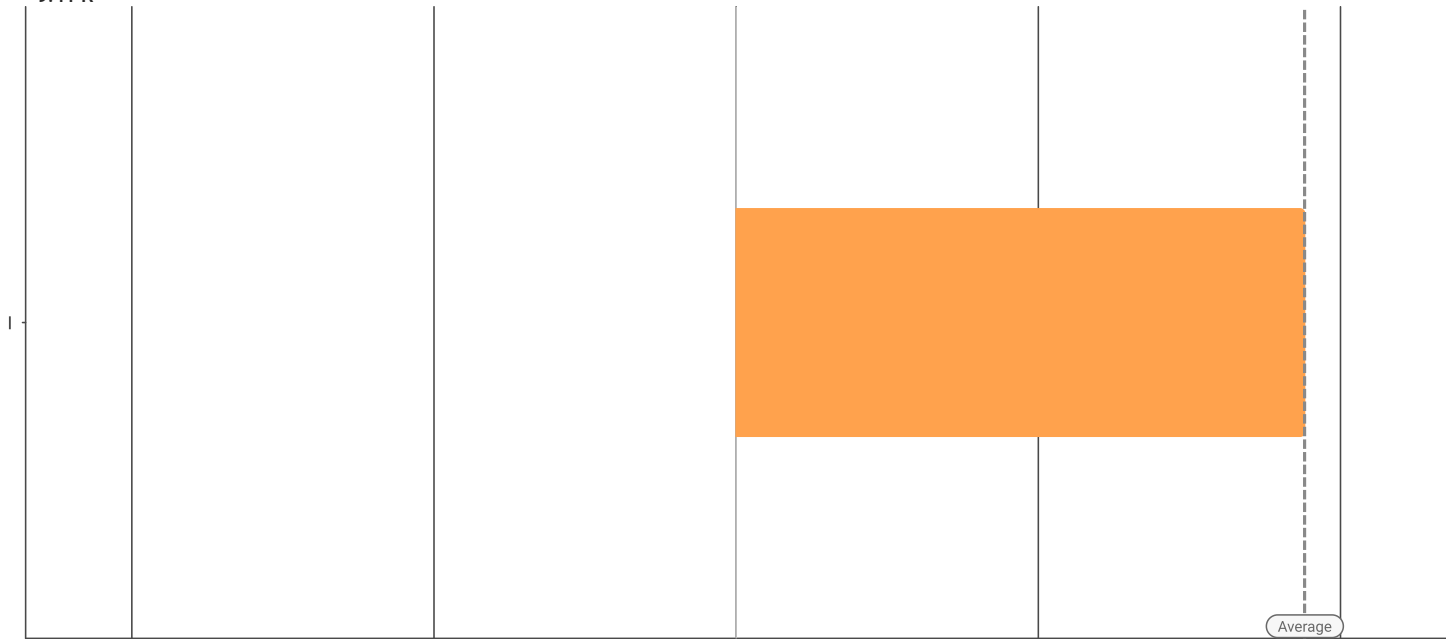
Range

Average

9.41 L - 9.41 R

9.41 R

Rep #



Adduction Asymmetry [%] - Hip AD/AB

Range

Average

6.99 L - 6.99 R

6.99 R

Rep #



Abduction Asymmetry [%] - Hip AD/AB

Range

Average

1.63 L - 1.63 R

1.63 R

Rep #



Extension Asymmetry [%] - Knee Extension

Range

Average

17.78 L - 17.78 R

17.78 R

Rep #

Average

Dorsiflexion Asymmetry [%] - Ankle Dorsiflexion

Range

Average

7.02 L - 7.02 R

7.02 R

Rep #

Average

Plantar Flexion Asymmetry [%] - Ankle Plantar Flexion

Range

Average

3.6 L - 3.6 R

3.6 R

Rep #



Flexion Asymmetry [%] - Hip Flexion

Range

Average

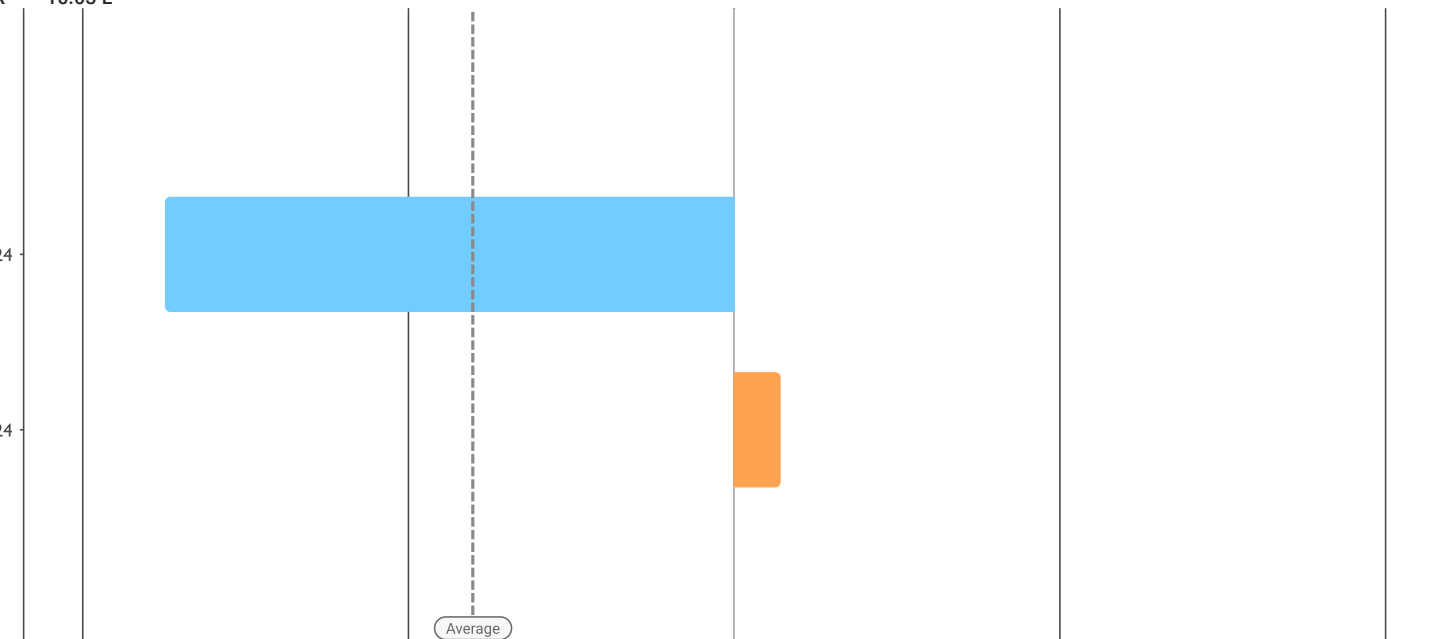
21.81 L - 1.75 R

10.03 L

Test Date

16/01/2024

16/01/2024



Extension Asymmetry [%] - Hip Extension

Range

Average

10.22 L - 10.22 R

10.22 R

Rep #

Average

Knee Flexion Impulse Force [Ns] - Knee Flexion

Range

Average

1230.3 - 1524.97

1394.65

Impulse Force [Ns] - Knee Flexion

1524.97

Average

1143.73

762.49

381.25

0

16/01/2024

Test Date

16/01/2024

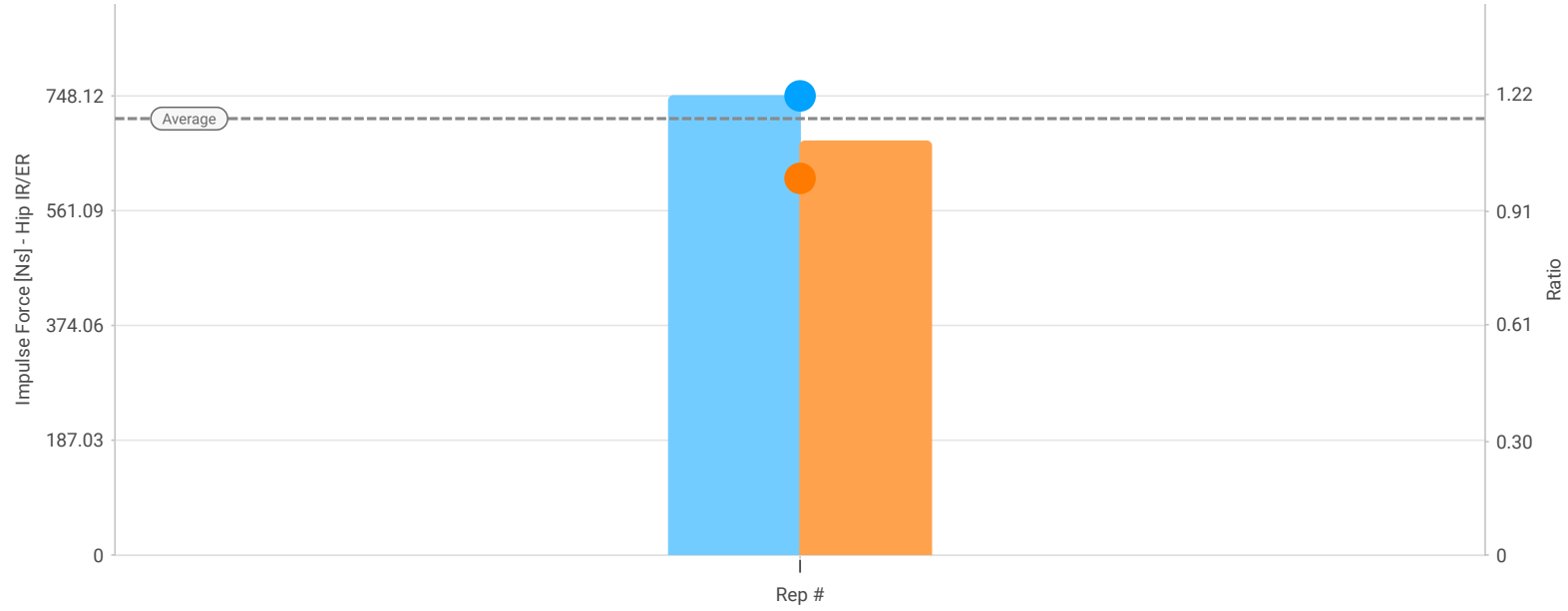
External Rotation Impulse Force [Ns] - Hip IR/ER

Range

Average

674.12 - 748.12

711.12



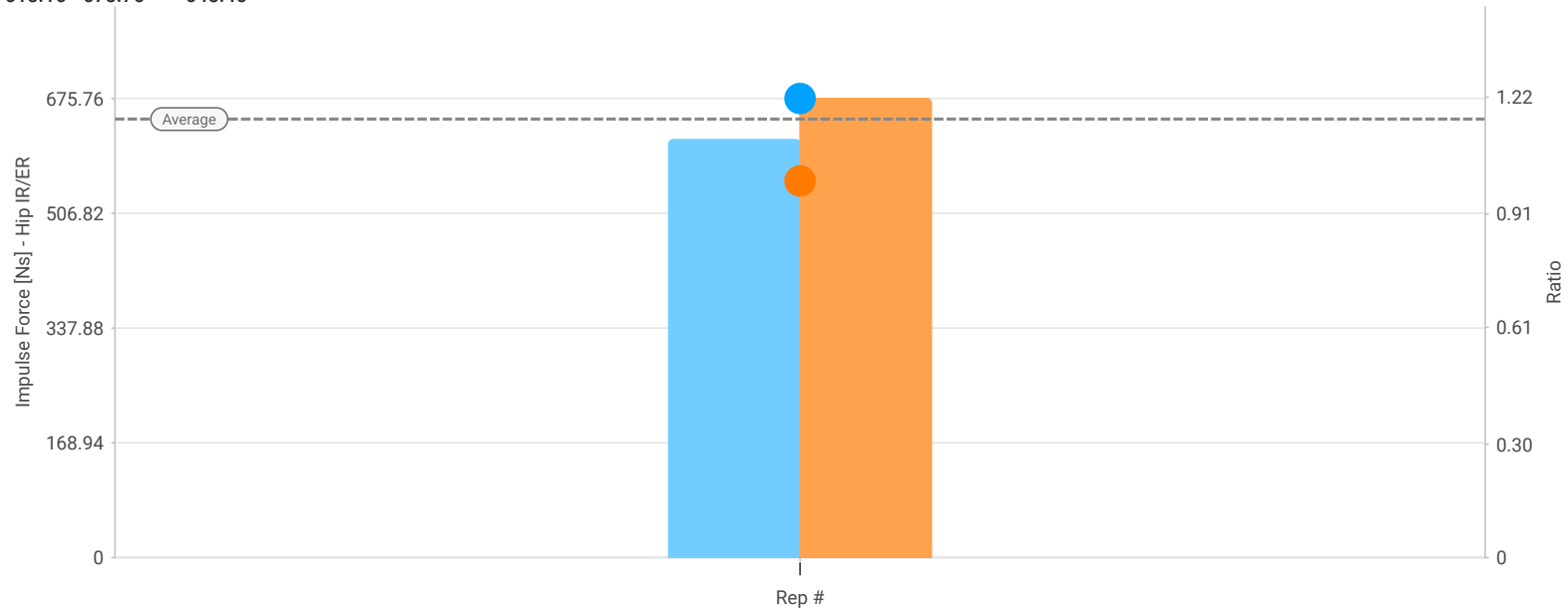
Internal Rotation Impulse Force [Ns] - Hip IR/ER

Range

Average

615.16 - 675.76

645.46



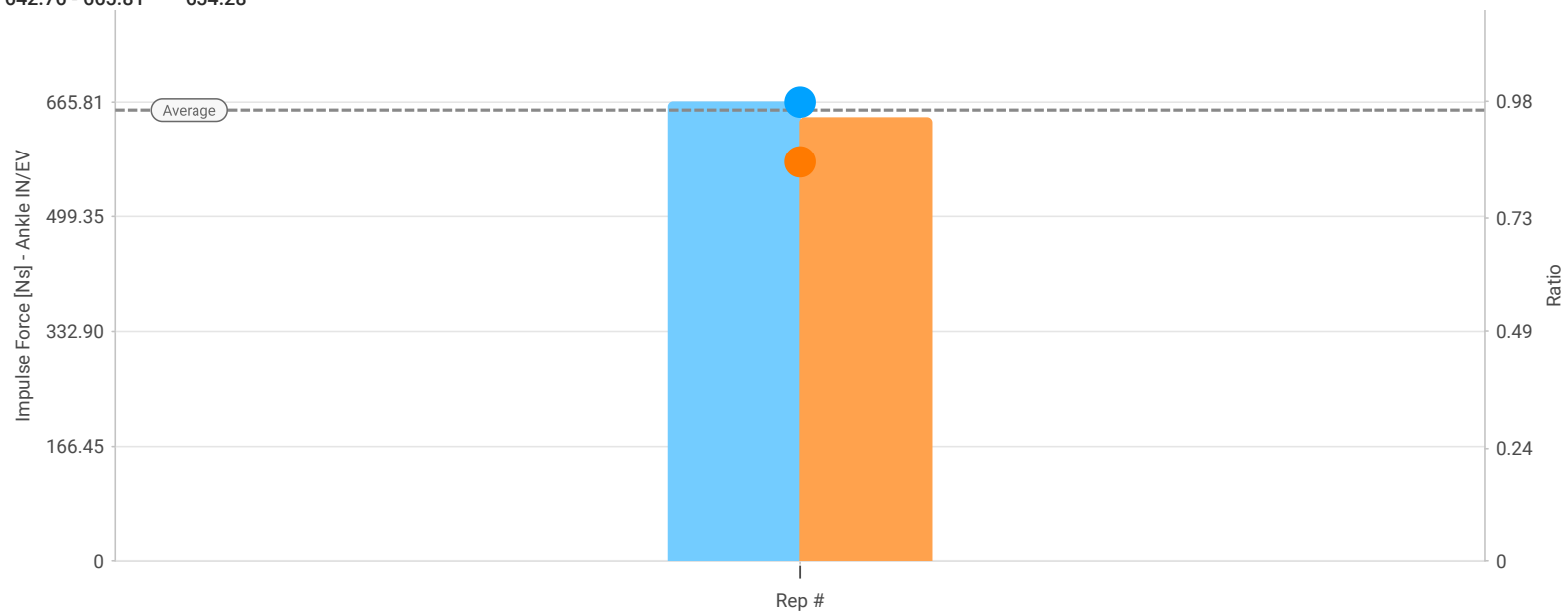
Inversion Impulse Force [Ns] - Ankle IN/EV

Range

Average

642.76 - 665.81

654.28



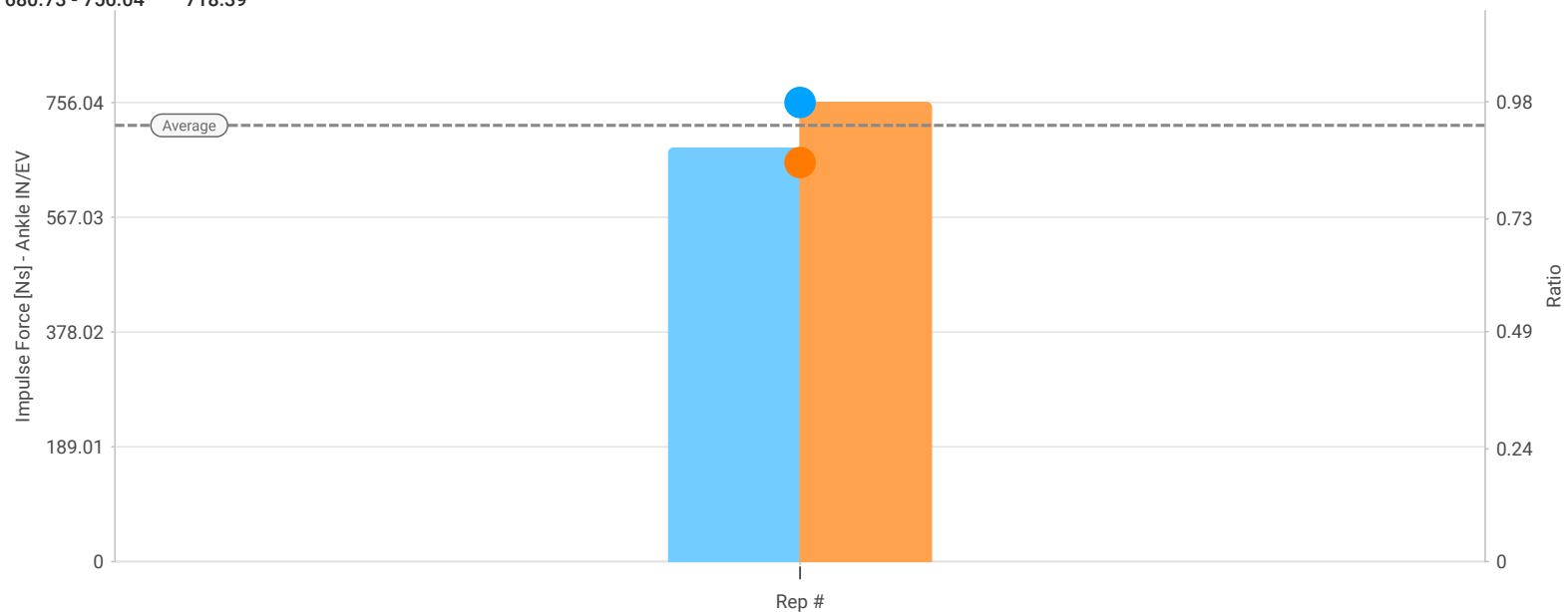
Eversion Impulse Force [Ns] - Ankle IN/EV

Range

Average

680.73 - 756.04

718.39



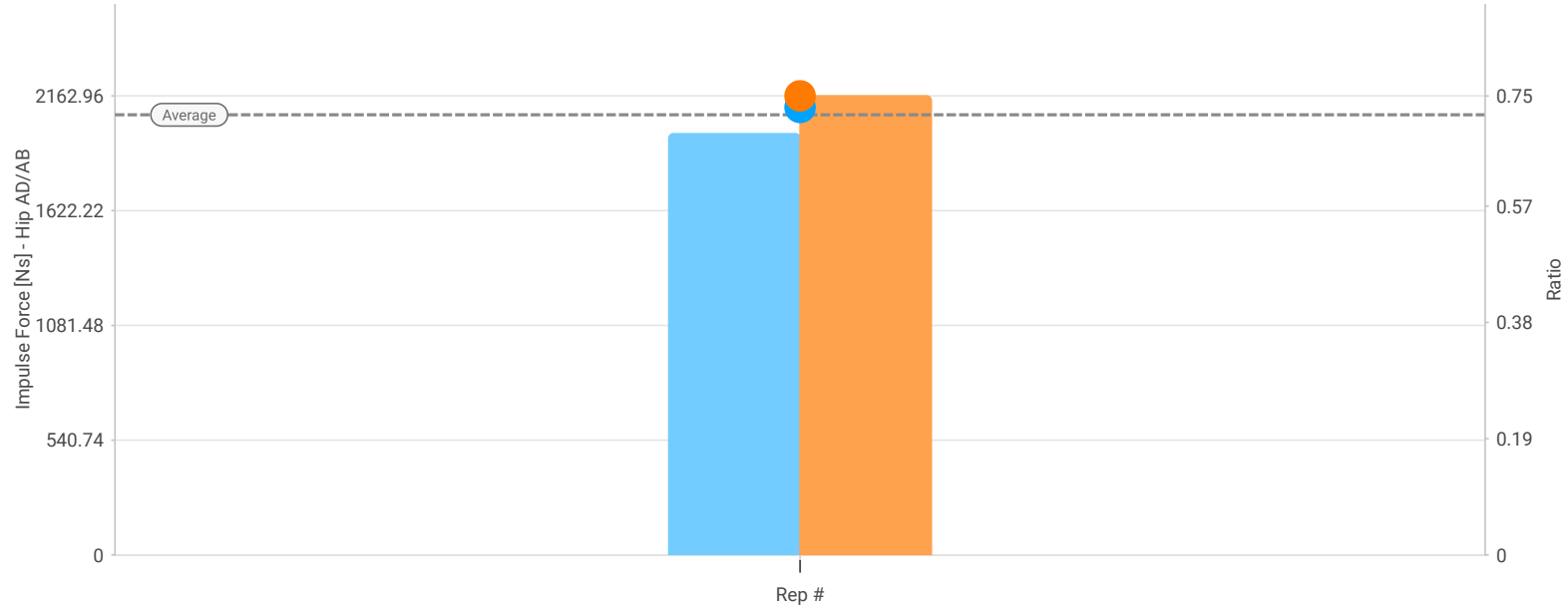
Adduction Impulse Force [Ns] - Hip AD/AB

Range

Average

1984.78 - 2162.96

2073.87



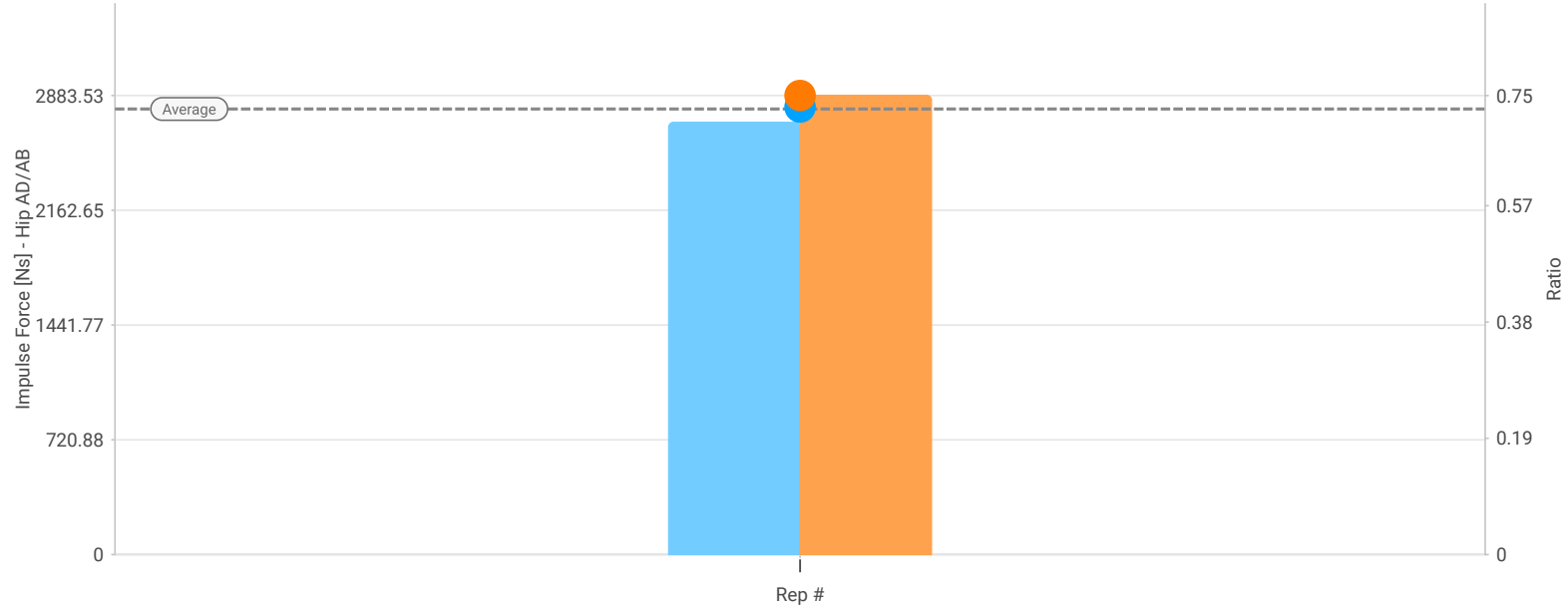
Abduction Impulse Force [Ns] - Hip AD/AB

Range

Average

2714.25 - 2883.53

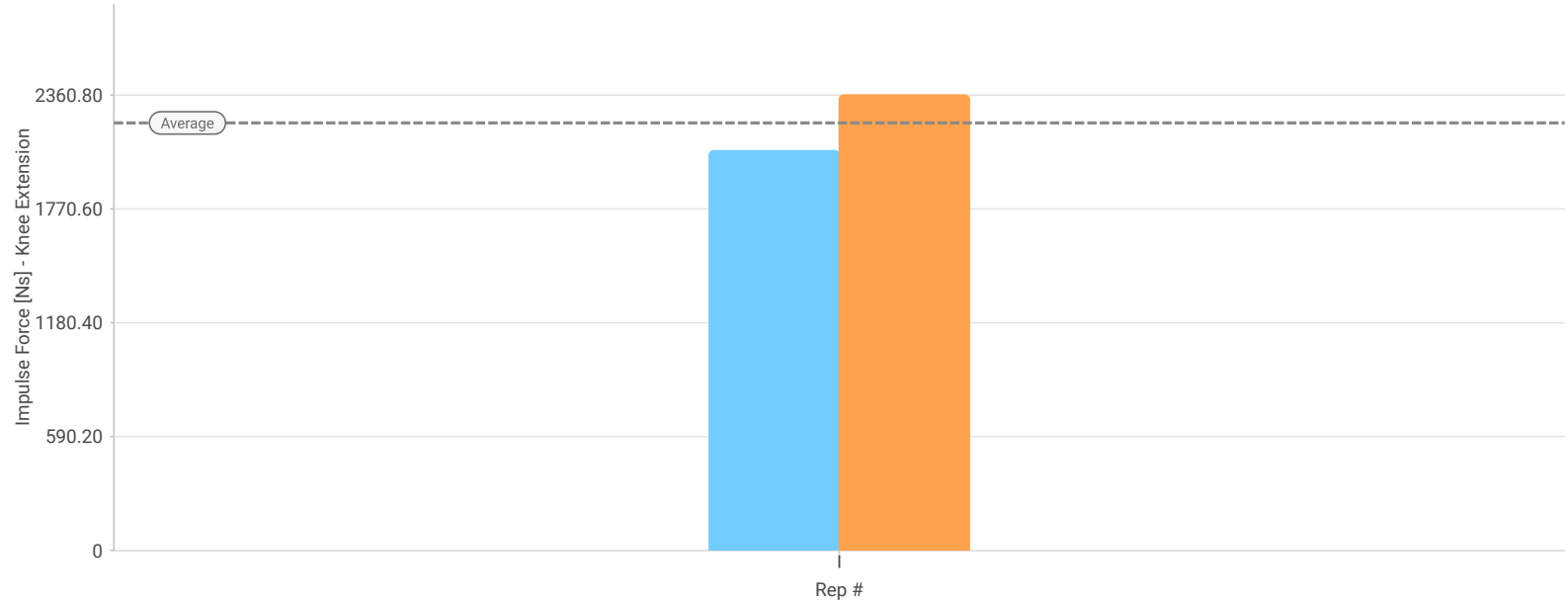
2798.89



Extension Impulse Force [Ns] - Knee Extension

Range
2072.45 - 2360.8

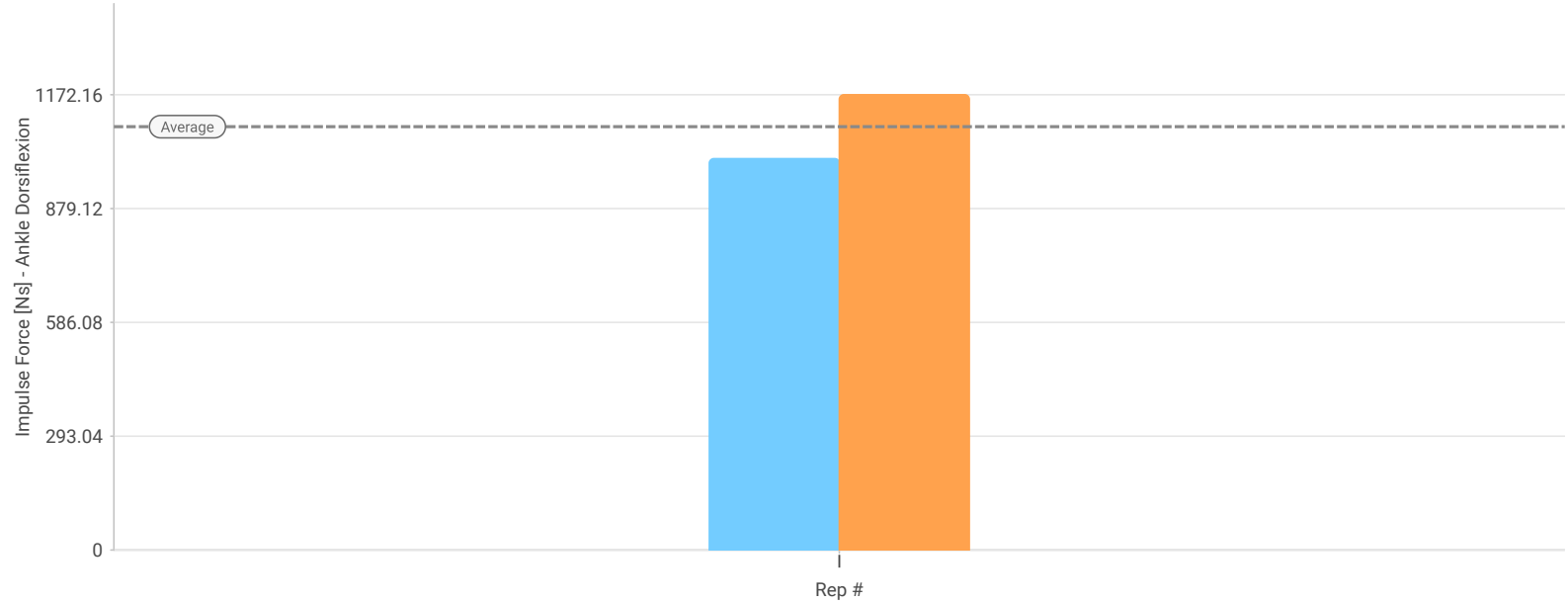
Average
2216.63



Dorsiflexion Impulse Force [Ns] - Ankle Dorsiflexion

Range
1007.67 - 1172.16

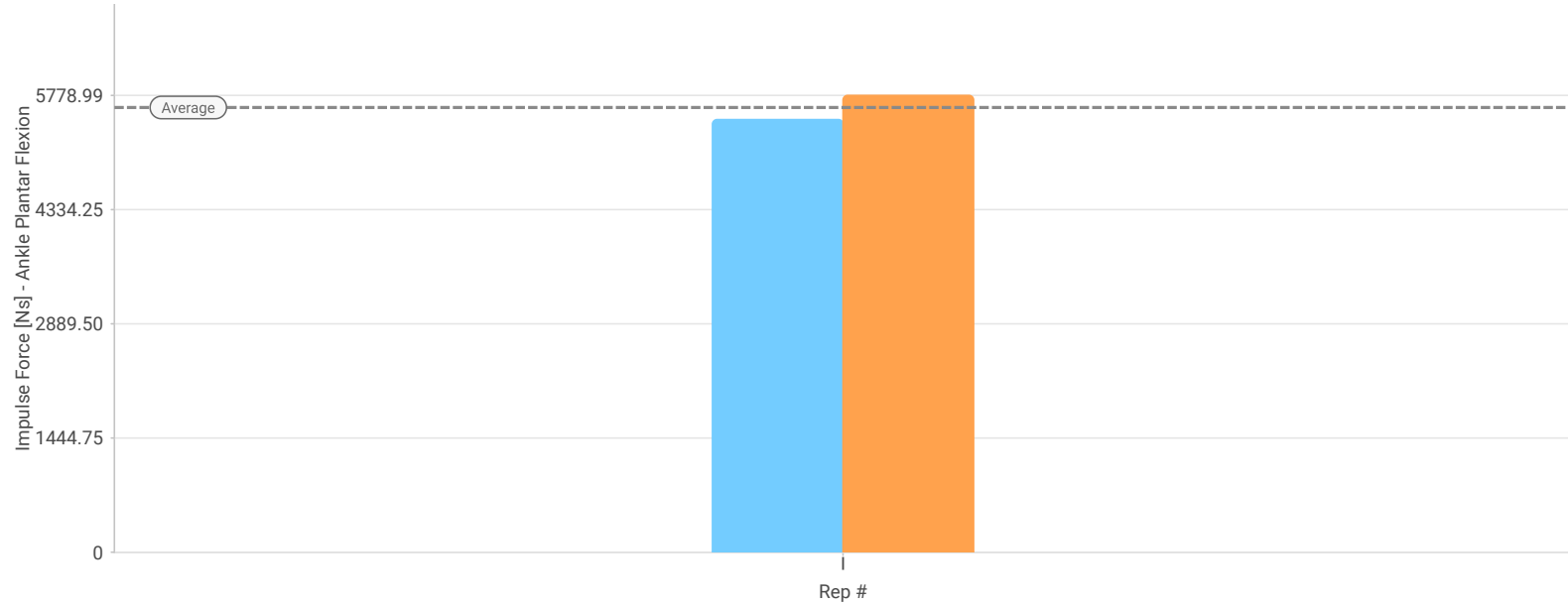
Average
1089.91



Plantar Flexion Impulse Force [Ns] - Ankle Plantar Flexion

Range
5473.31 - 5778.99

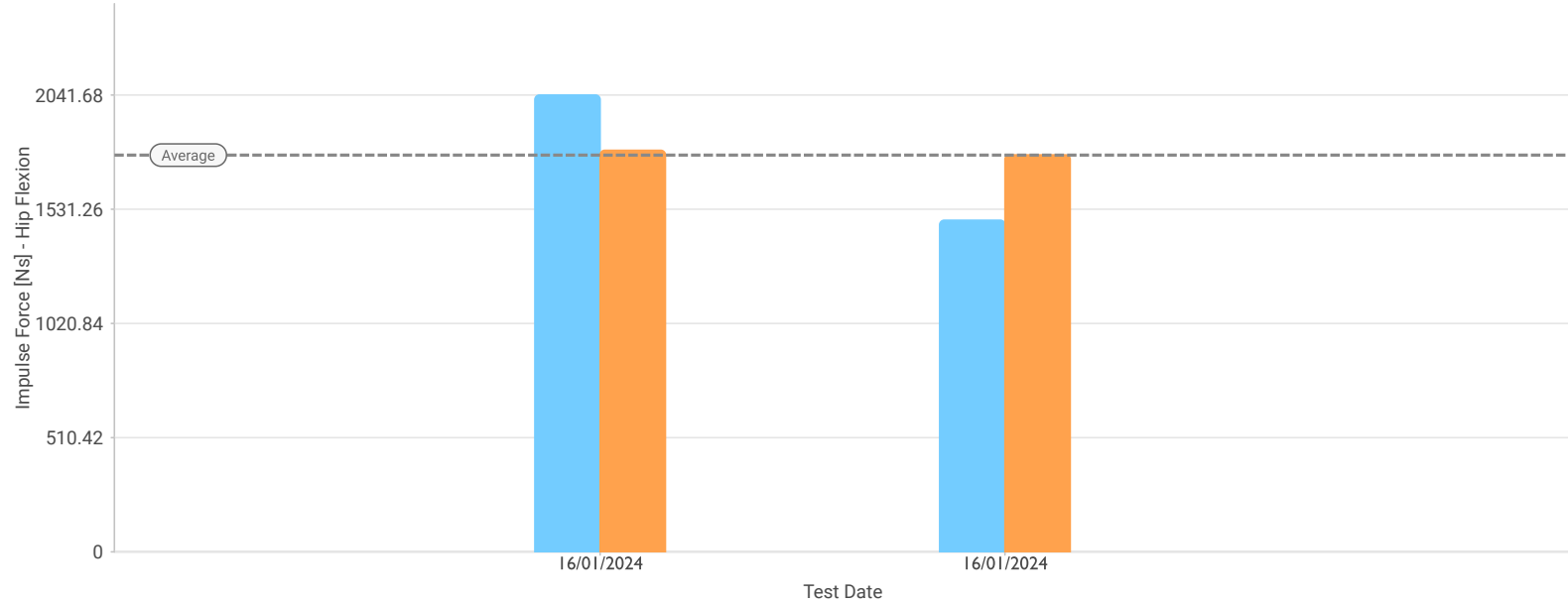
Average
5626.15



Flexion Impulse Force [Ns] - Hip Flexion

Range
1482.2 - 2041.68

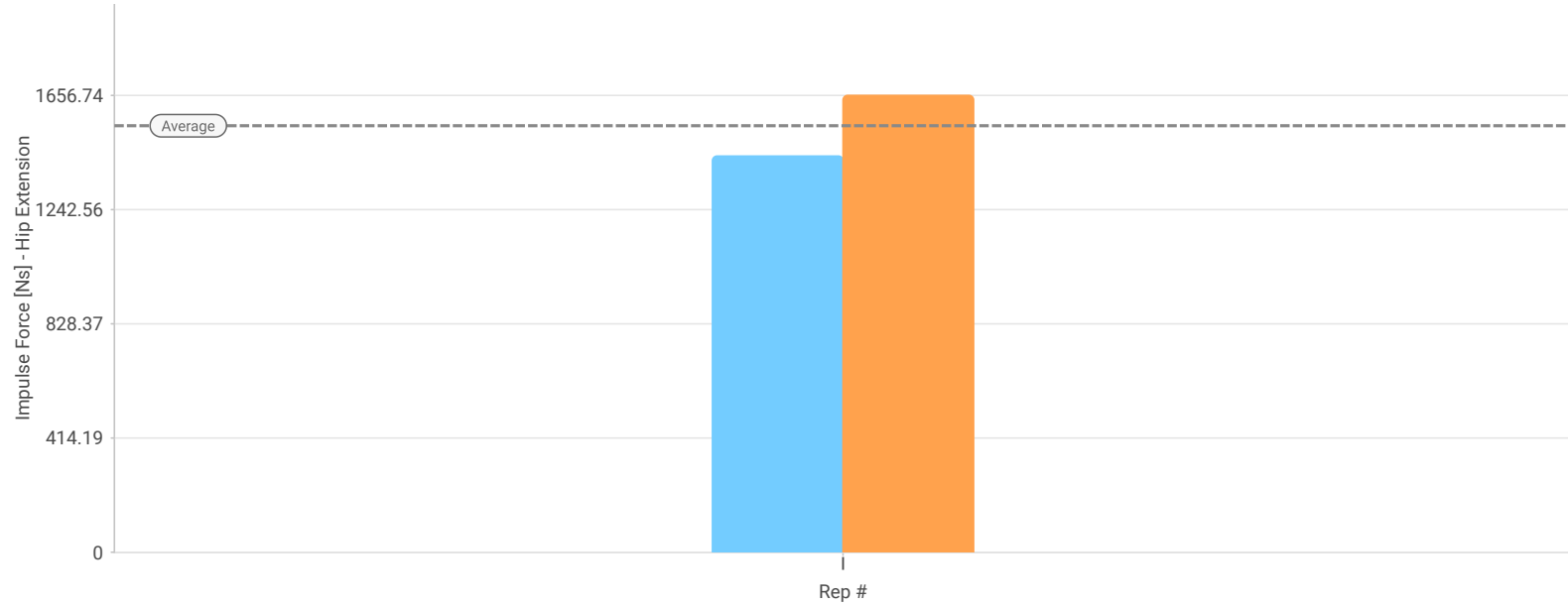
Average
1773.24



Extension Impulse Force [Ns] - Hip Extension

Range
1436.81 - 1656.74

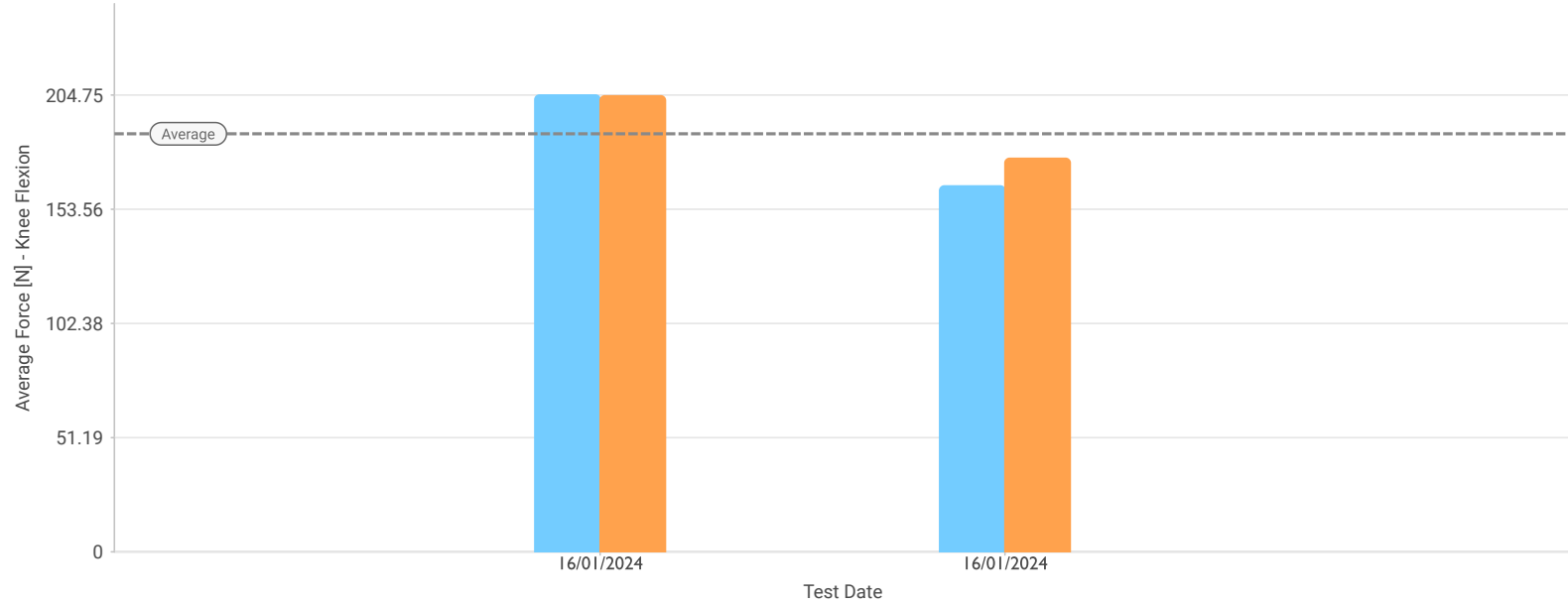
Average
1546.78



Knee Flexion Average Force [N] - Knee Flexion

Range
164 - 204.75

Average
187.38



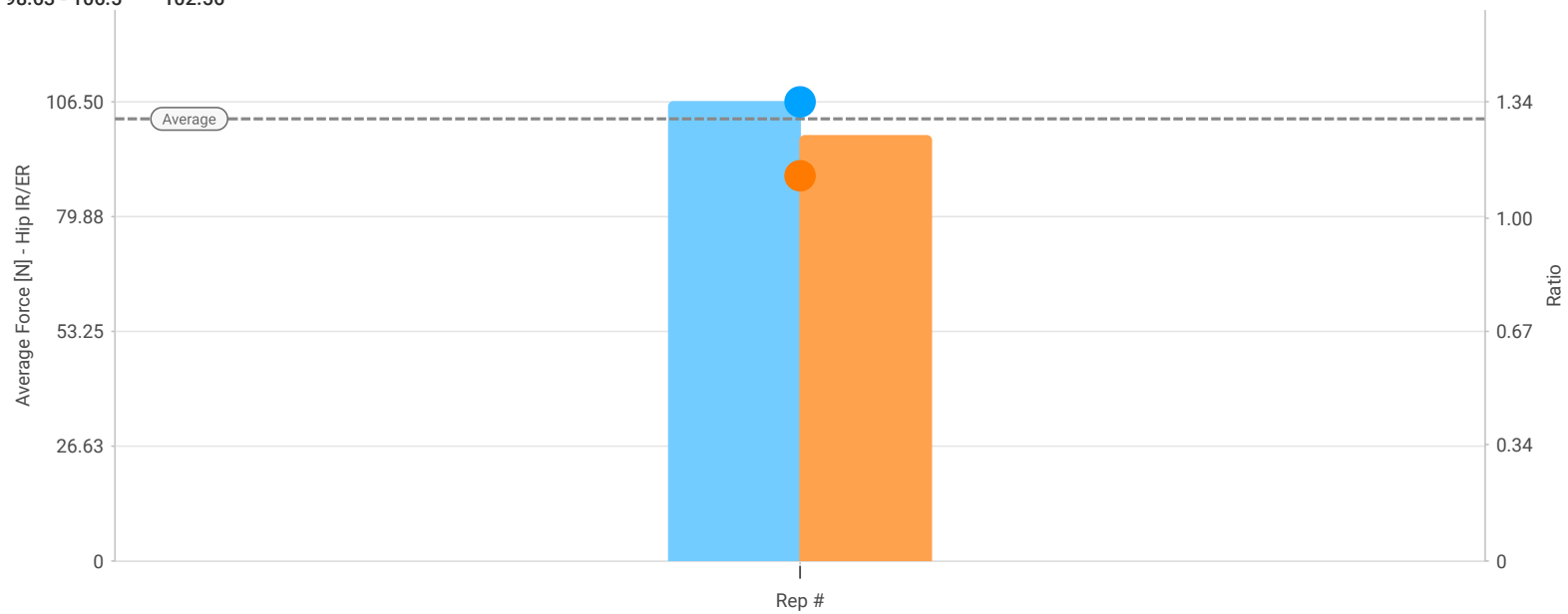
External Rotation Average Force [N] - Hip IR/ER

Range

Average

98.63 - 106.5

102.56



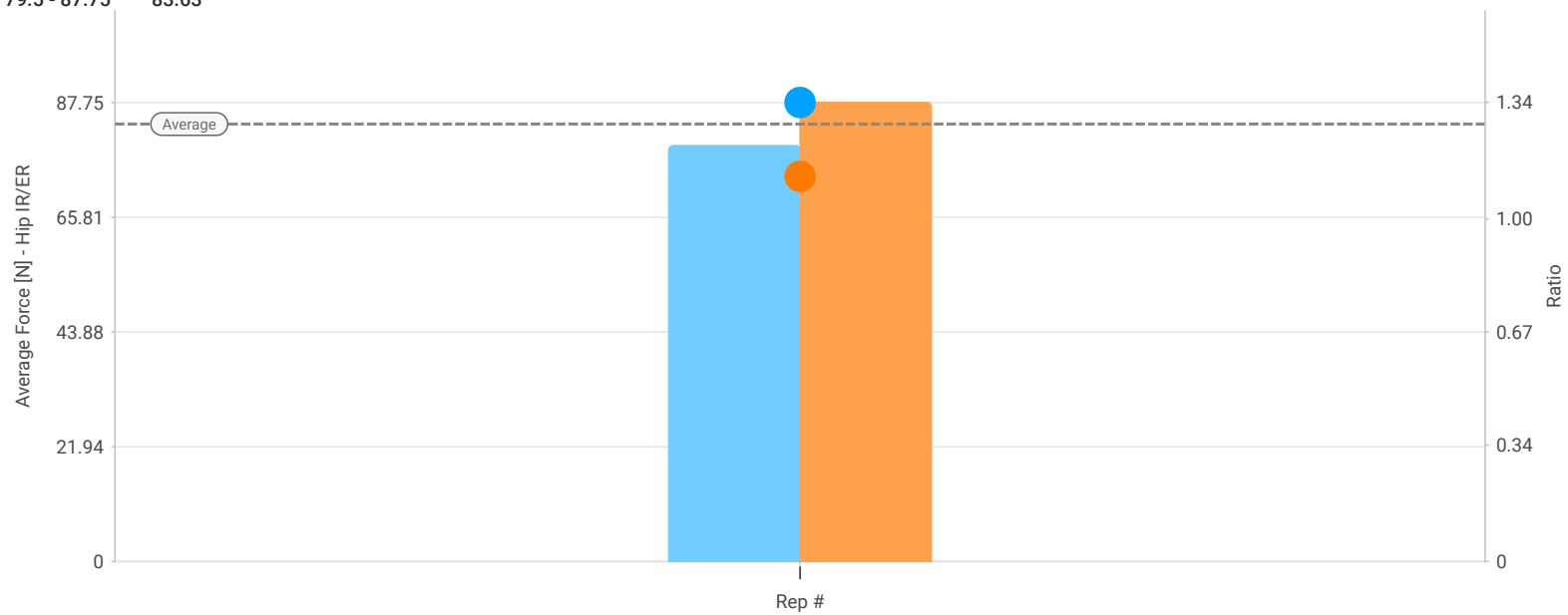
Internal Rotation Average Force [N] - Hip IR/ER

Range

Average

79.5 - 87.75

83.63



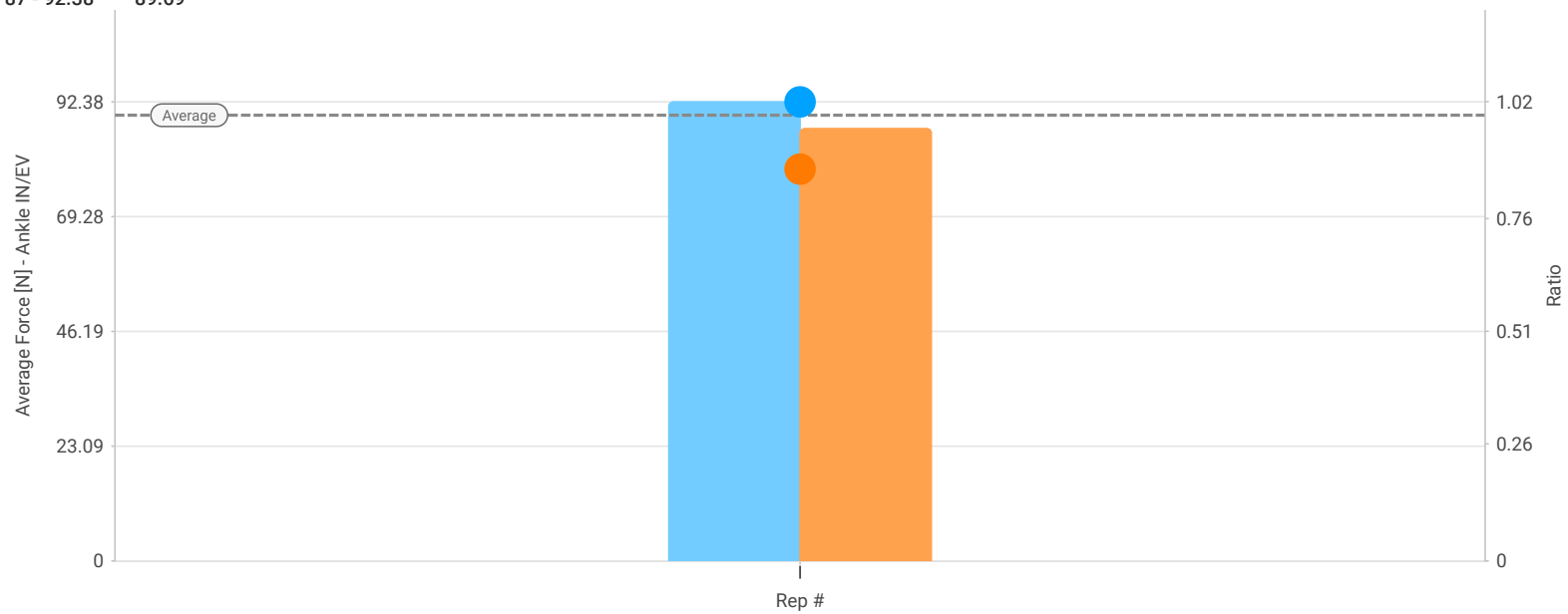
Inversion Average Force [N] - Ankle IN/EV

Range

87 - 92.38

Average

89.69



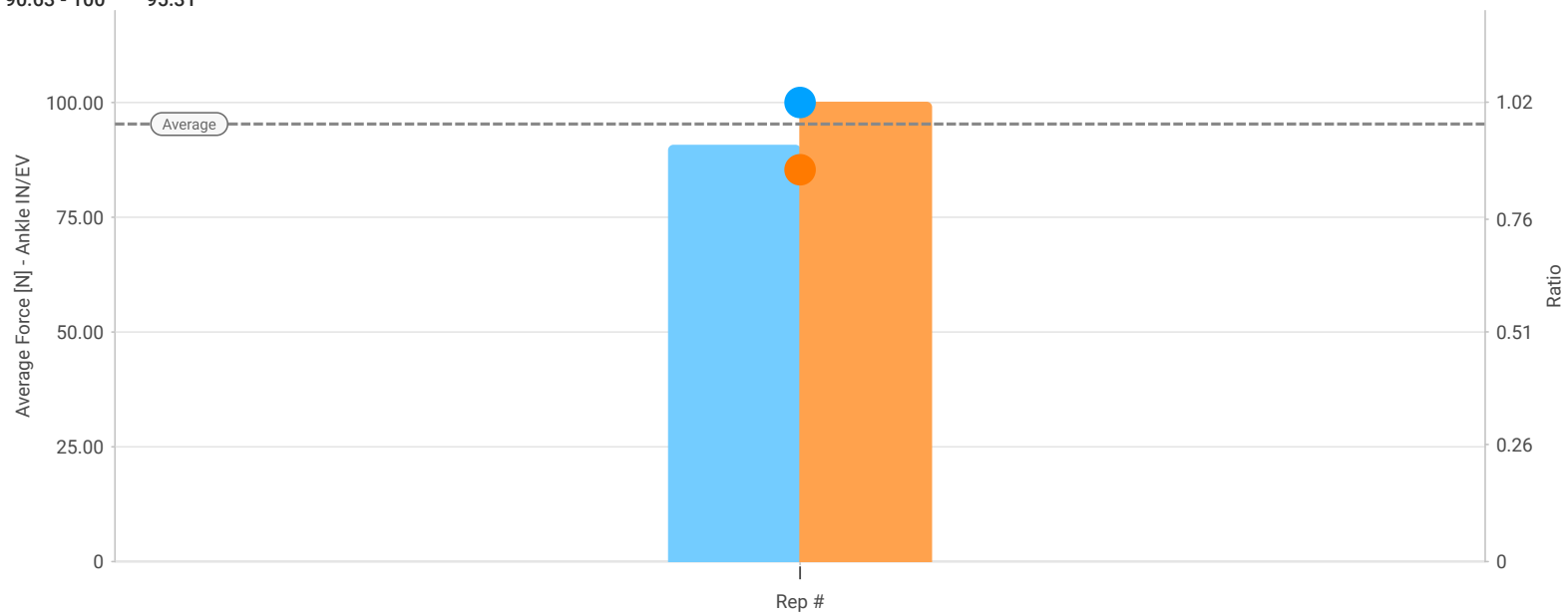
Eversion Average Force [N] - Ankle IN/EV

Range

90.63 - 100

Average

95.31



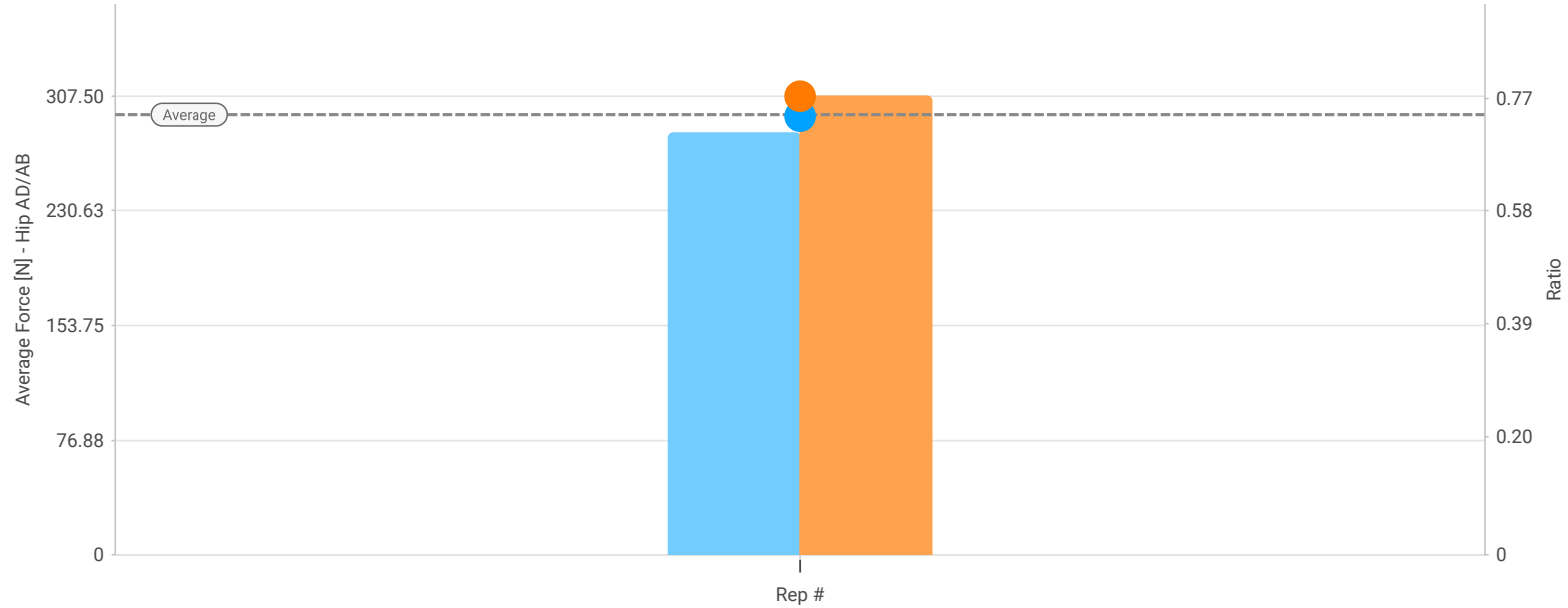
Adduction Average Force [N] - Hip AD/AB

Range

Average

282.88 - 307.5

295.19



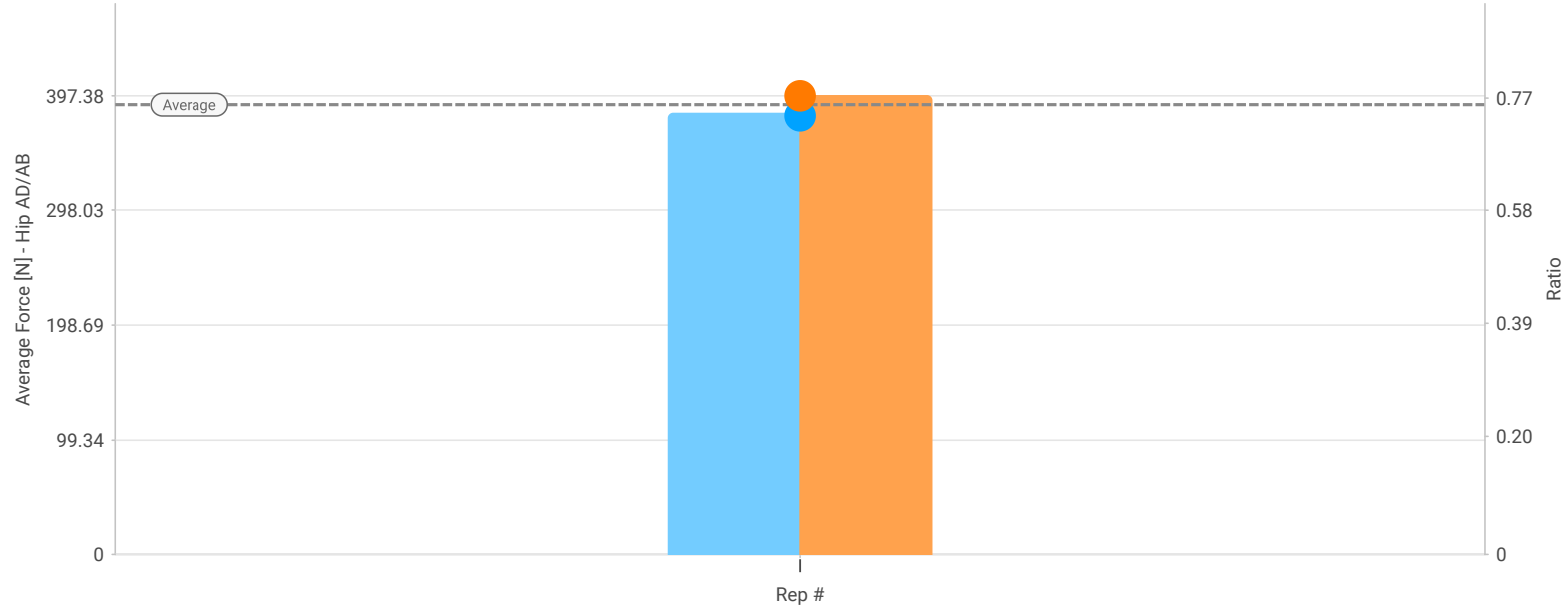
Abduction Average Force [N] - Hip AD/AB

Range

Average

382.13 - 397.38

389.75



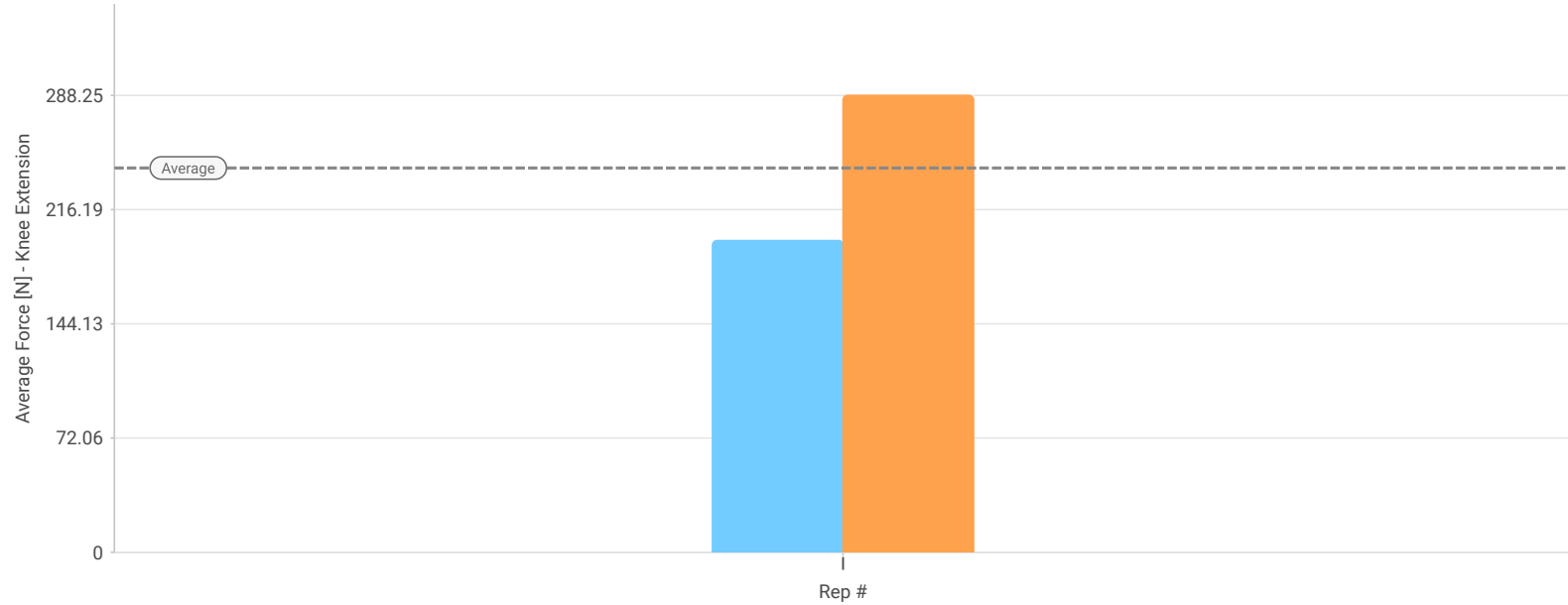
Extension Average Force [N] - Knee Extension

Range

Average

196.67 - 288.25

242.46



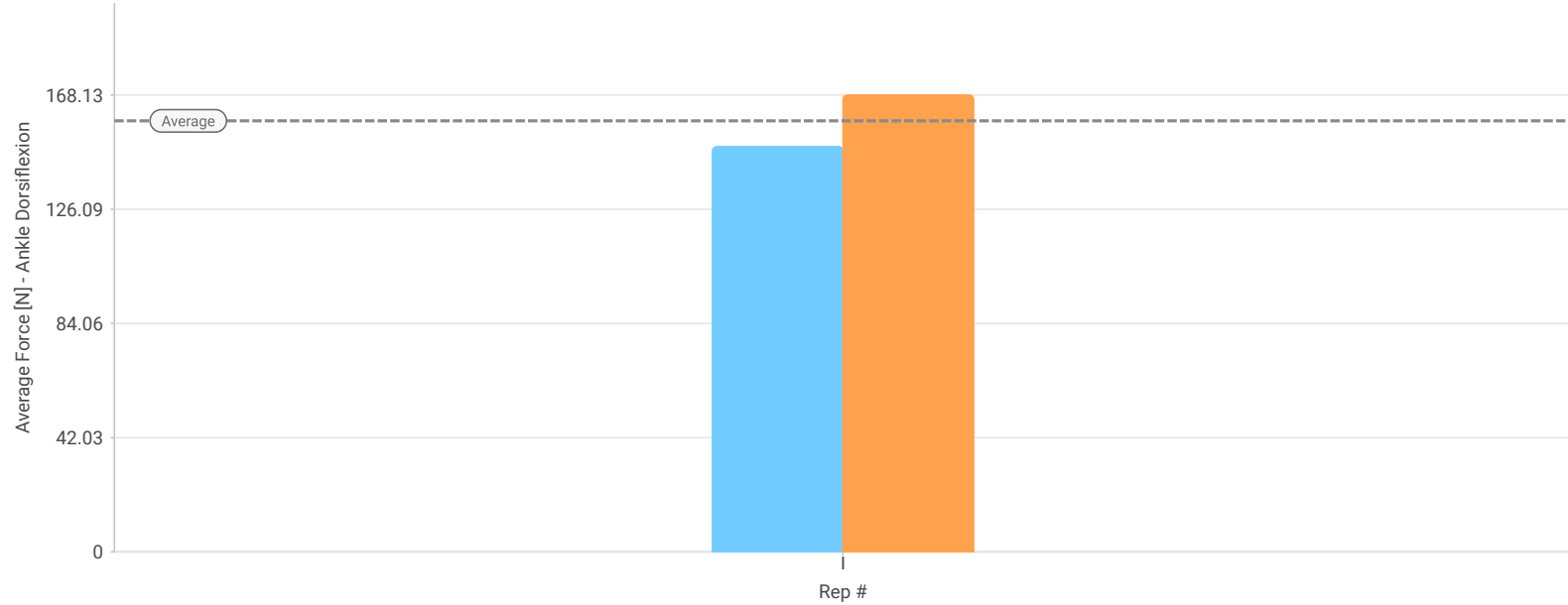
Dorsiflexion Average Force [N] - Ankle Dorsiflexion

Range

Average

149.13 - 168.13

158.63



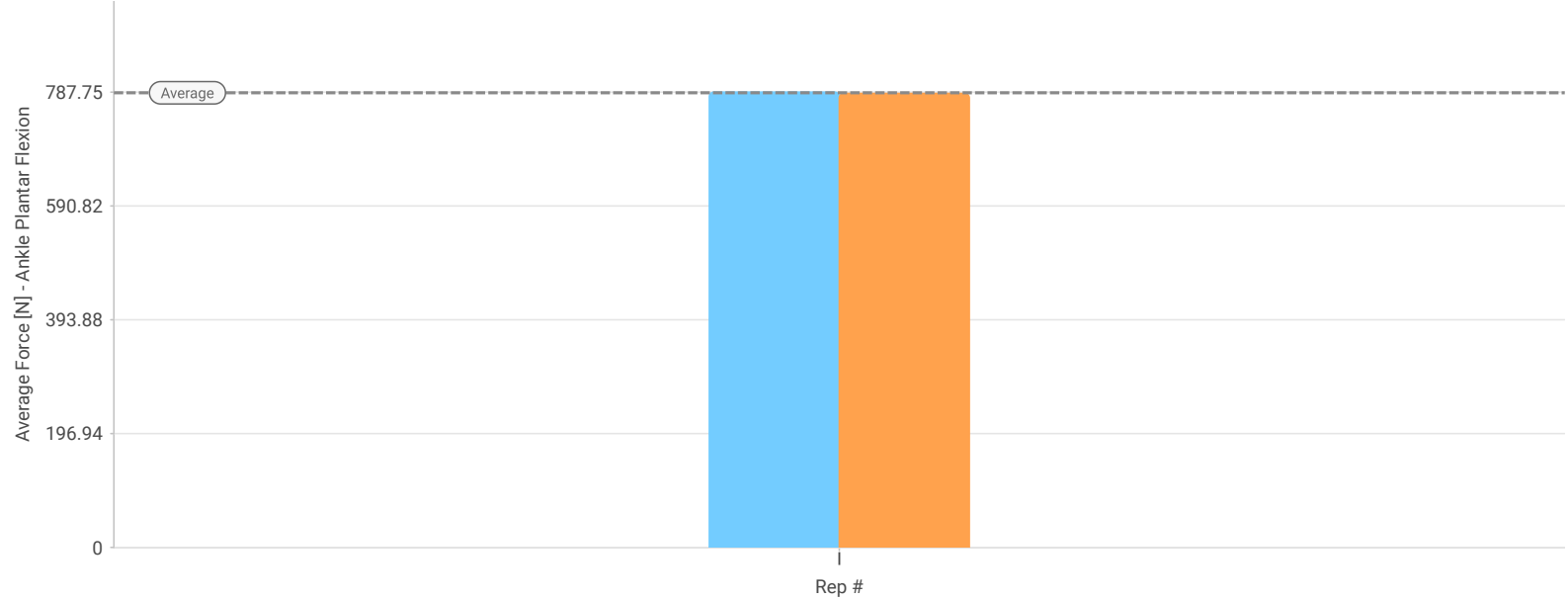
Plantar Flexion Average Force [N] - Ankle Plantar Flexion

Range

Average

785.5 - 787.75

786.63



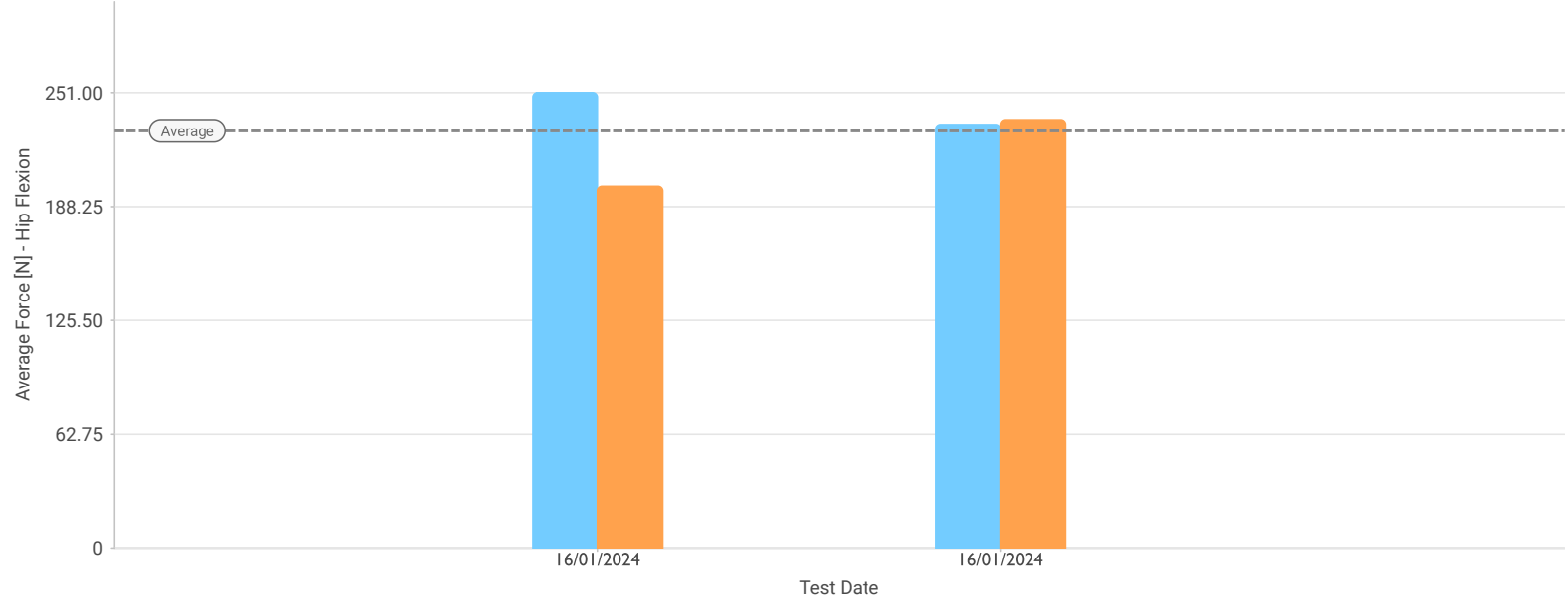
Flexion Average Force [N] - Hip Flexion

Range

Average

199.5 - 251

230.03



Extension Average Force [N] - Hip Extension

Range
188.13 - 213.5

Average
200.81

