



PNOE Ergometry results

Subject 		Measurement	
Name *****		Status  Closed	
Gender Female (32)		Date August 27, 2021 at 4:30:24 PM GMT+1	
Weight 66 kg		Duration 19' (236 breaths)	
Height 163 cm		Protocol Free run	
Exercise Frequency 7 times a week		Device PNOE 2016-157	
Exercise Goal Fat Loss			

Teste esforç... Recovery

