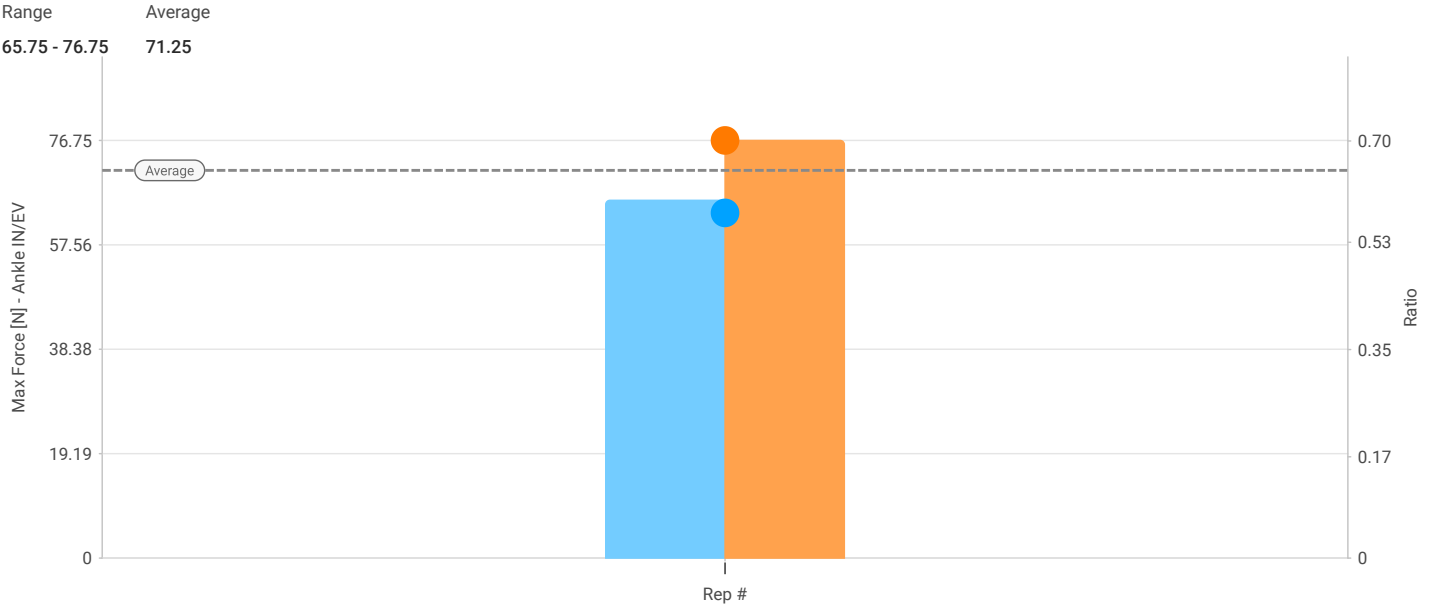




Tests (11)

PROFILE	DATE	TEST TYPE	TEST POSITION	REPS
Luis Ricardo de Mendonca Guastella				
11 Tests				
	16/02/2023 4:06 PM	Ankle IN/EV	Supine	INV 0 L / 1 R EV 2 L / 2 R
	16/02/2023 4:03 PM	Knee Flexion	Prone	FLEX 2 L / 2 R
	16/02/2023 4:02 PM	Hip IR/ER	Prone	ER 2 L / 2 R IR 2 L / 2 R
	16/02/2023 4:00 PM	Hip Extension	Prone	EXT 2 L / 2 R
	16/02/2023 3:57 PM	Knee Flexion	Standing	FLEX 2 L / 2 R
	16/02/2023 3:55 PM	Hip Flexion	Kicker	FLEX 2 L / 2 R
	16/02/2023 3:52 PM	Hip Flexion	Seated	FLEX 2 L / 2 R
	16/02/2023 3:48 PM	Hip AD/AB	Seated	ADD 2 L / 2 R ABD 2 L / 2 R
	16/02/2023 3:43 PM	Knee extensor	Knee ext	Outer 2 L / 2 R
	16/02/2023 3:38 PM	Panturrilha Sentada	Panturrilha Sentada	Outer 4 L / 2 R
	16/02/2023 3:34 PM	Ankle Dorsiflexion	Seated	DF 2 L / 2 R

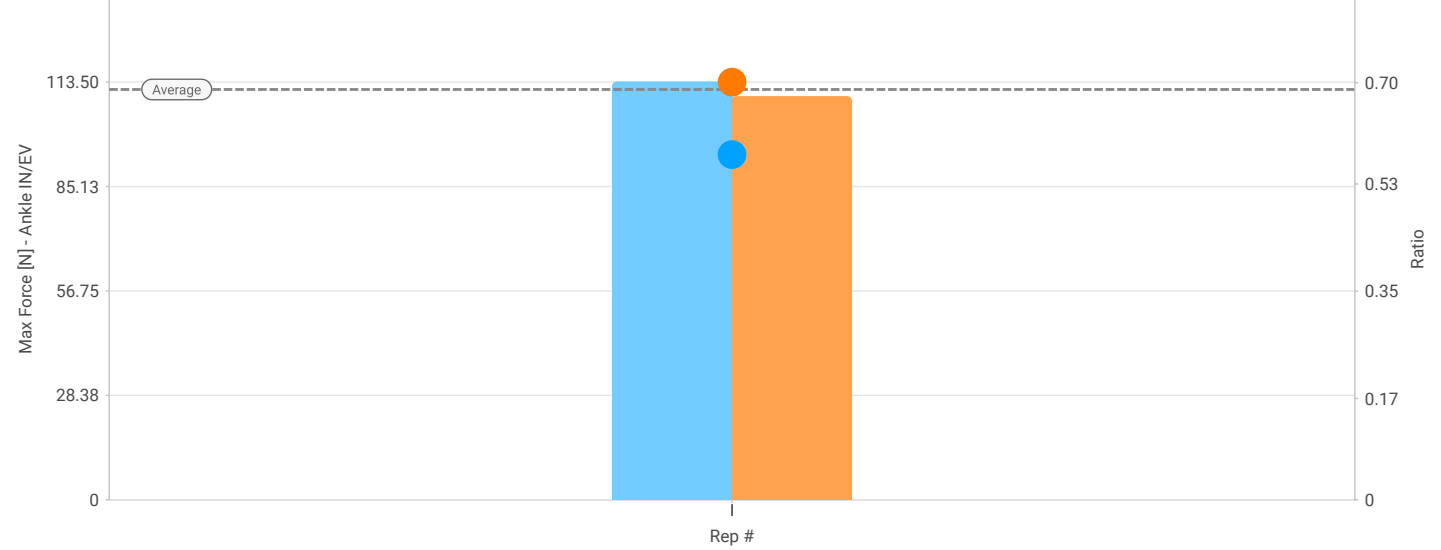
Inversion Max Force [N] - Ankle IN/EV





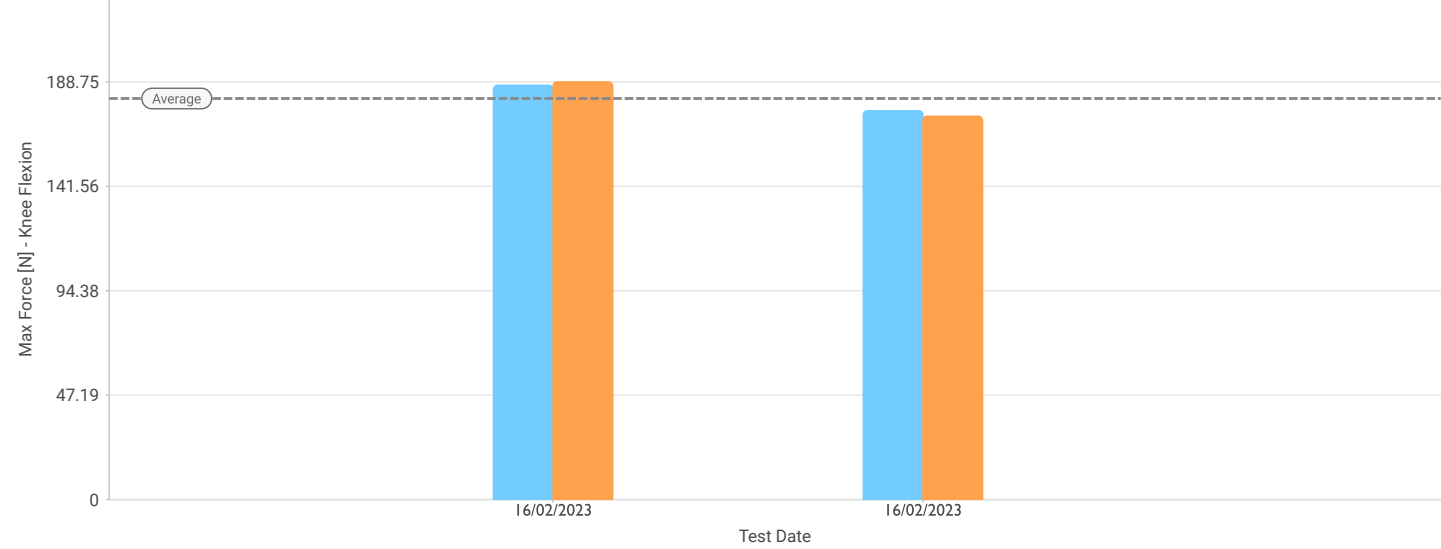
Eversion Max Force [N] - Ankle IN/EV

Range Average
109.5 - 113.5 111.5



Knee Flexion Max Force [N] - Knee Flexion

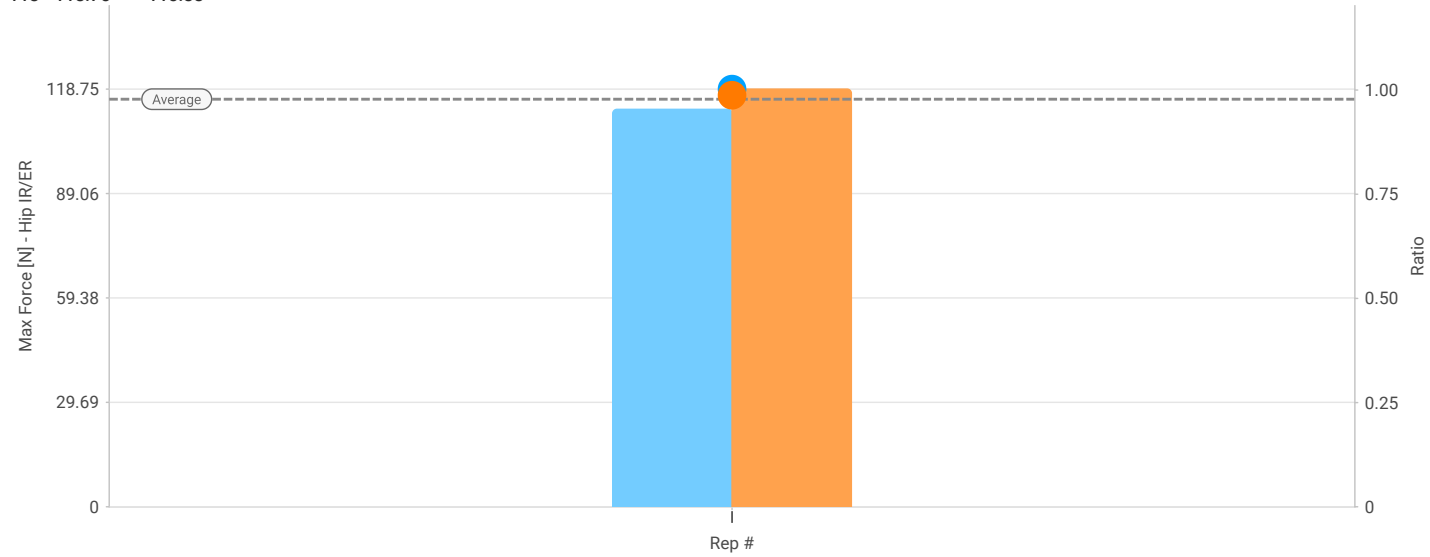
Range Average
173.25 - 188.75 181.25





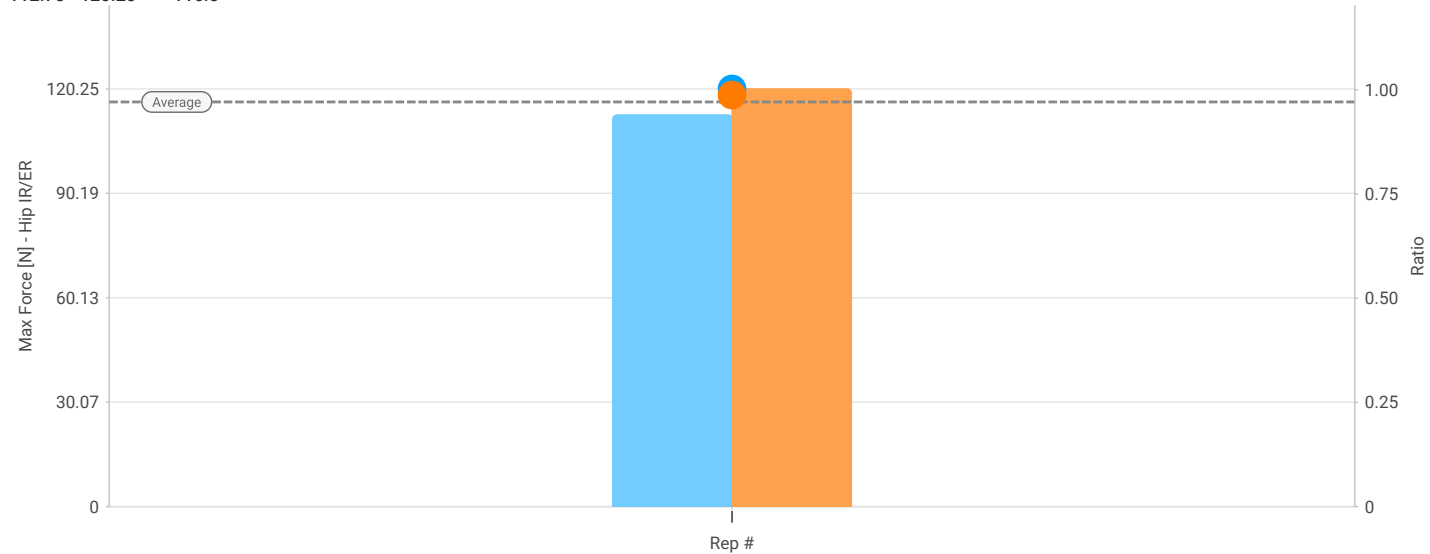
External Rotation Max Force [N] - Hip IR/ER

Range Average
113 - 118.75 115.88



Internal Rotation Max Force [N] - Hip IR/ER

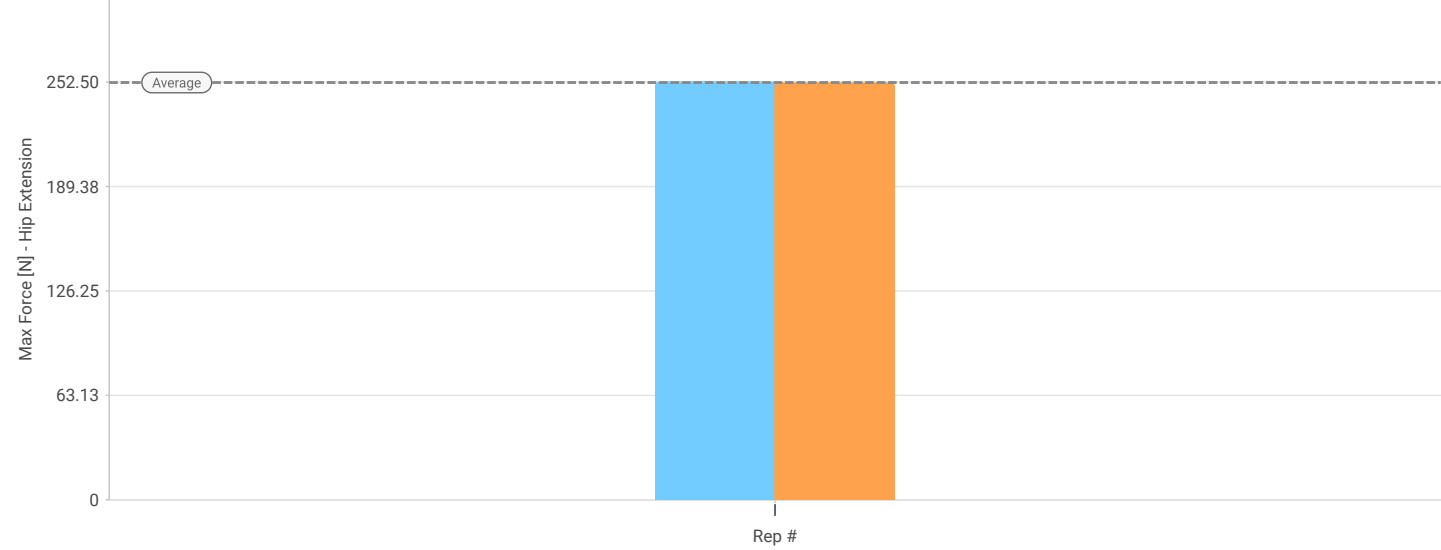
Range Average
112.75 - 120.25 116.5





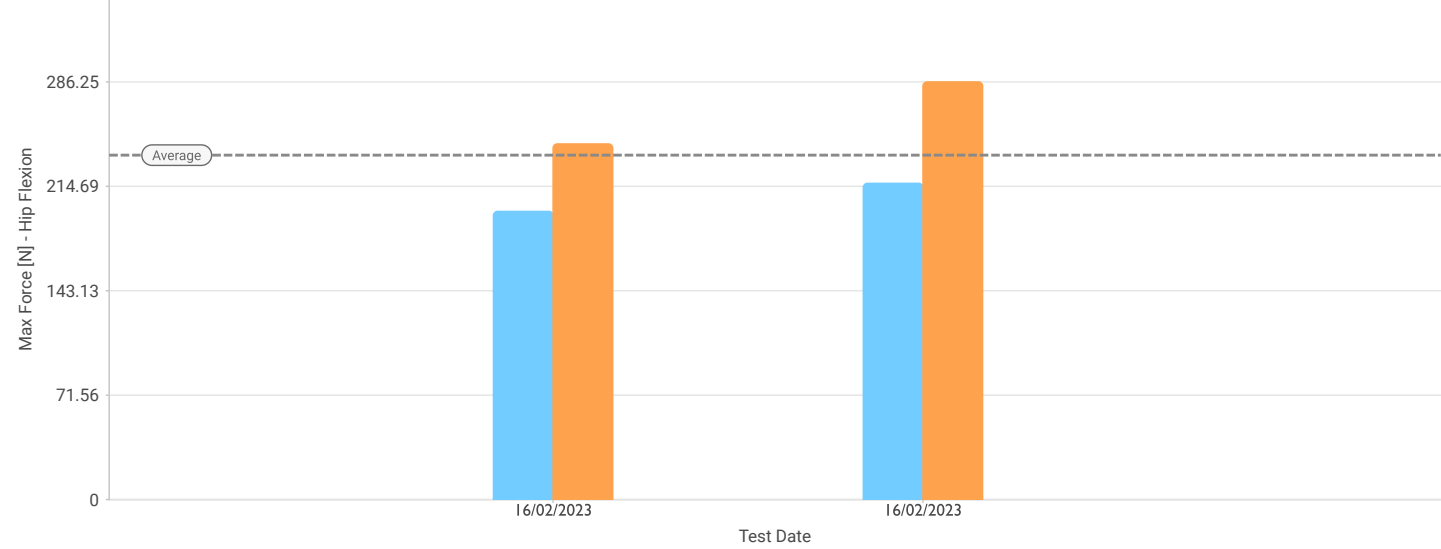
Extension Max Force [N] - Hip Extension

Range Average
252 - 252.5 252.25



Flexion Max Force [N] - Hip Flexion

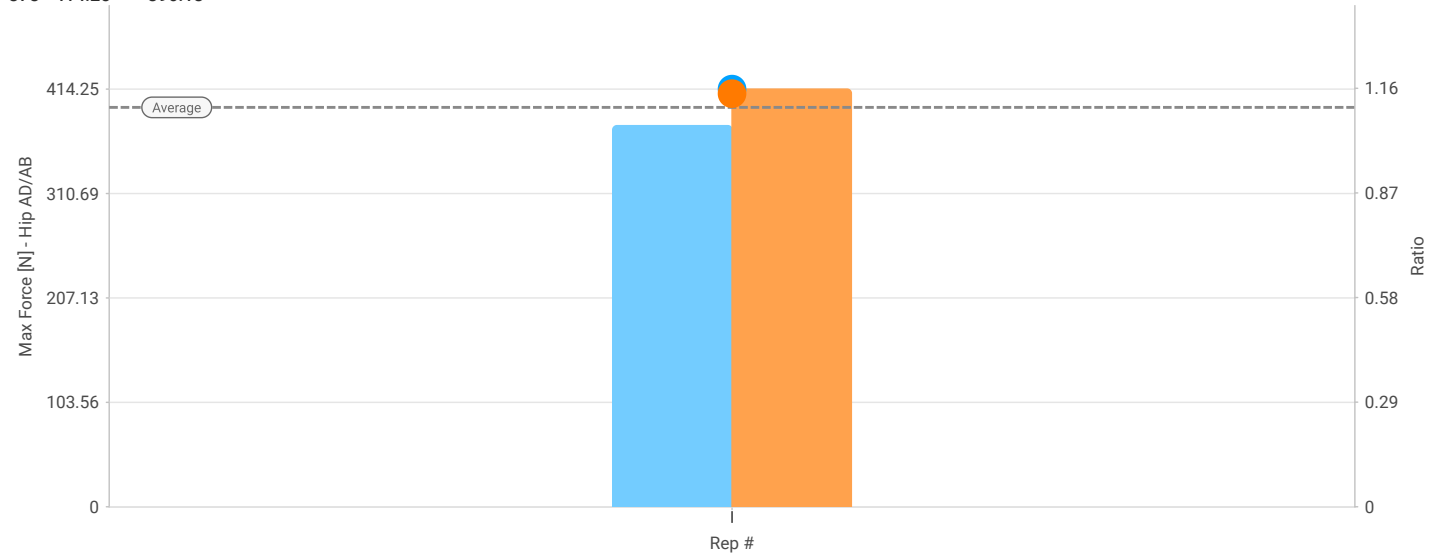
Range Average
197.5 - 286.25 236.06





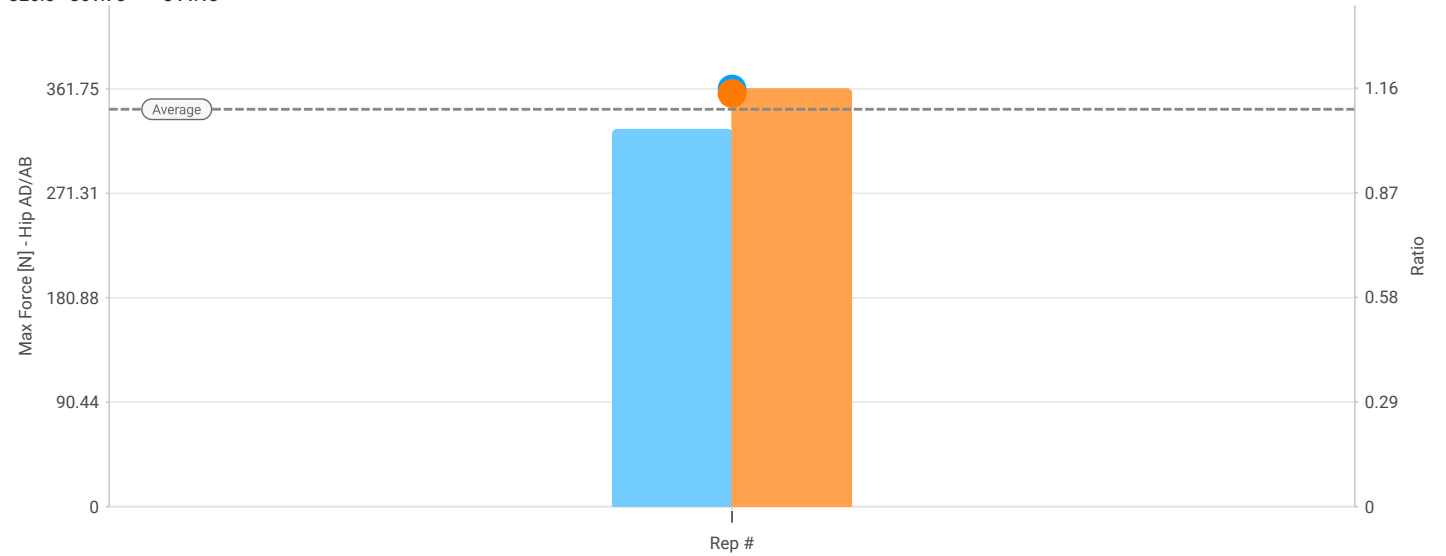
Adduction Max Force [N] - Hip AD/AB

Range Average
378 - 414.25 396.13



Abduction Max Force [N] - Hip AD/AB

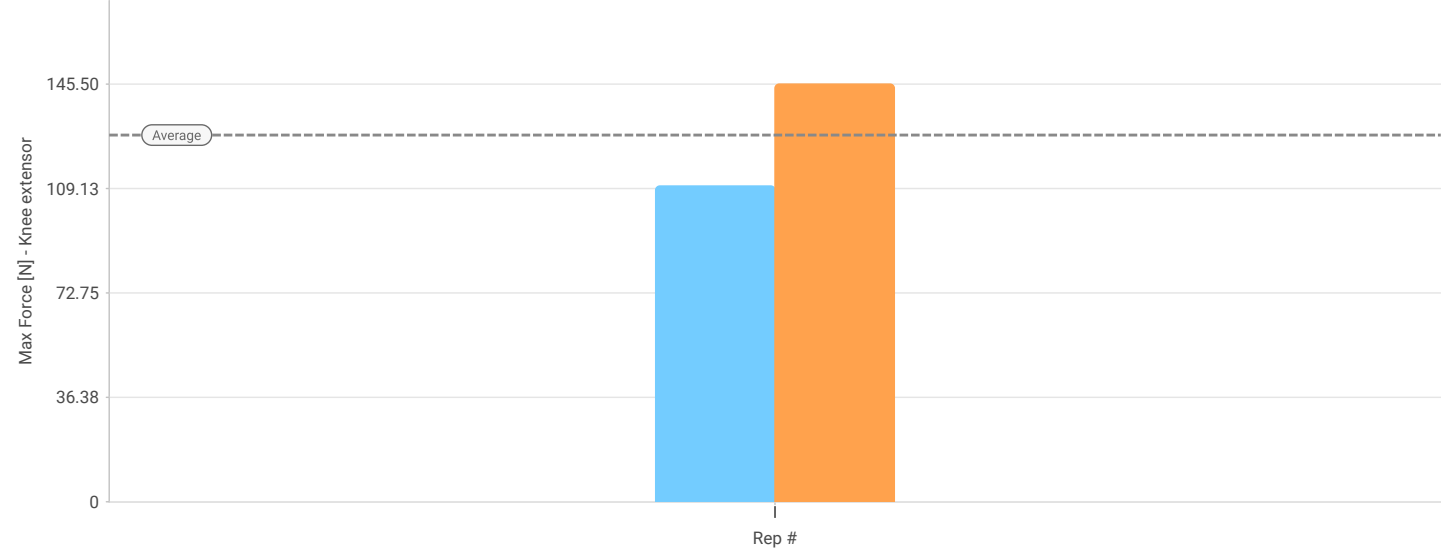
Range Average
326.5 - 361.75 344.13





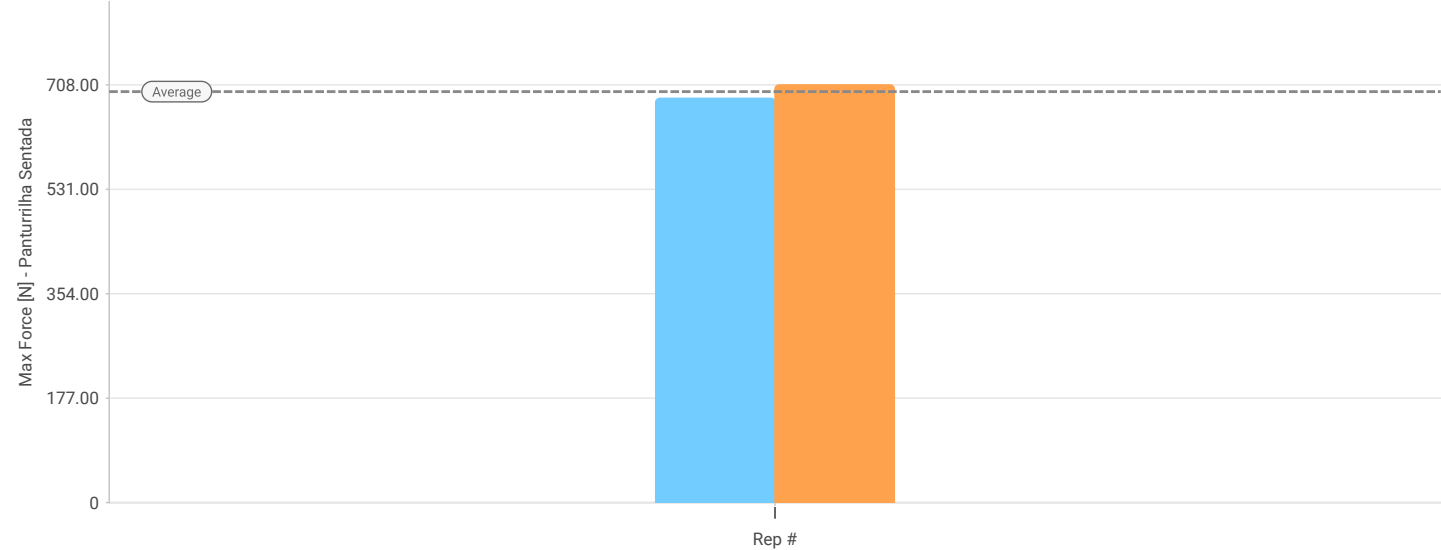
Max Force [N] - Knee extensor

Range Average
110 - 145.5 127.75



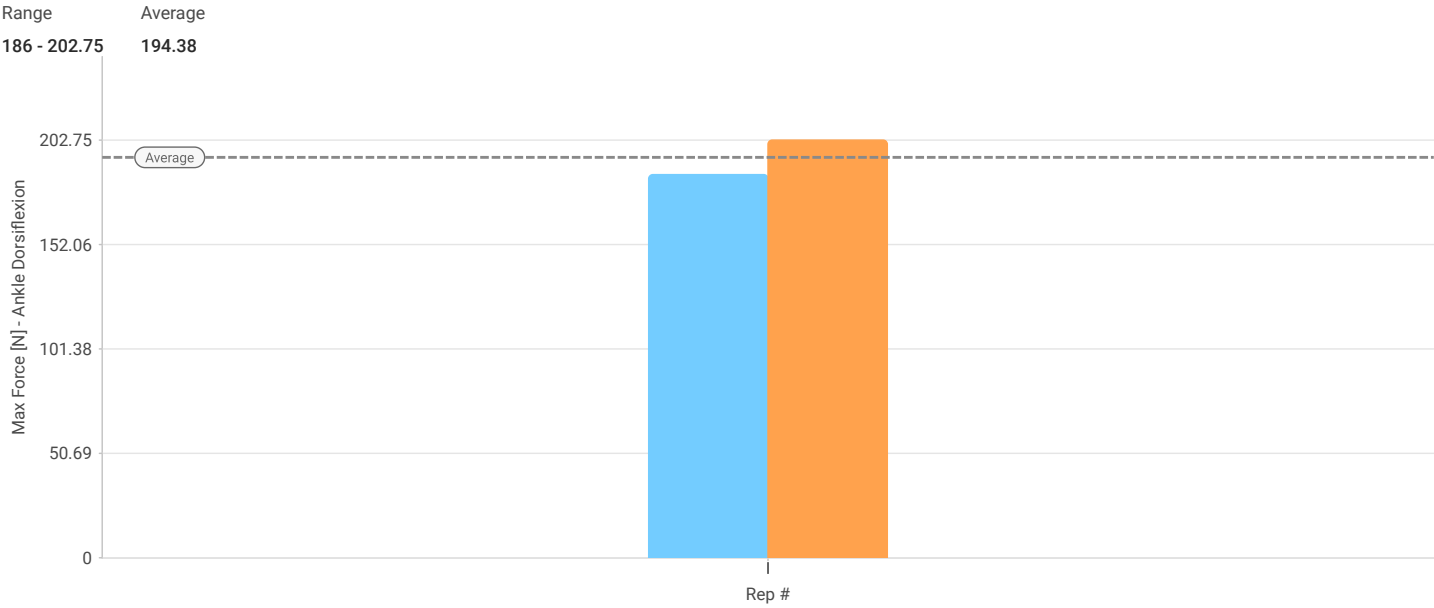
Max Force [N] - Panturrilha Sentada

Range Average
685.25 - 708 696.63

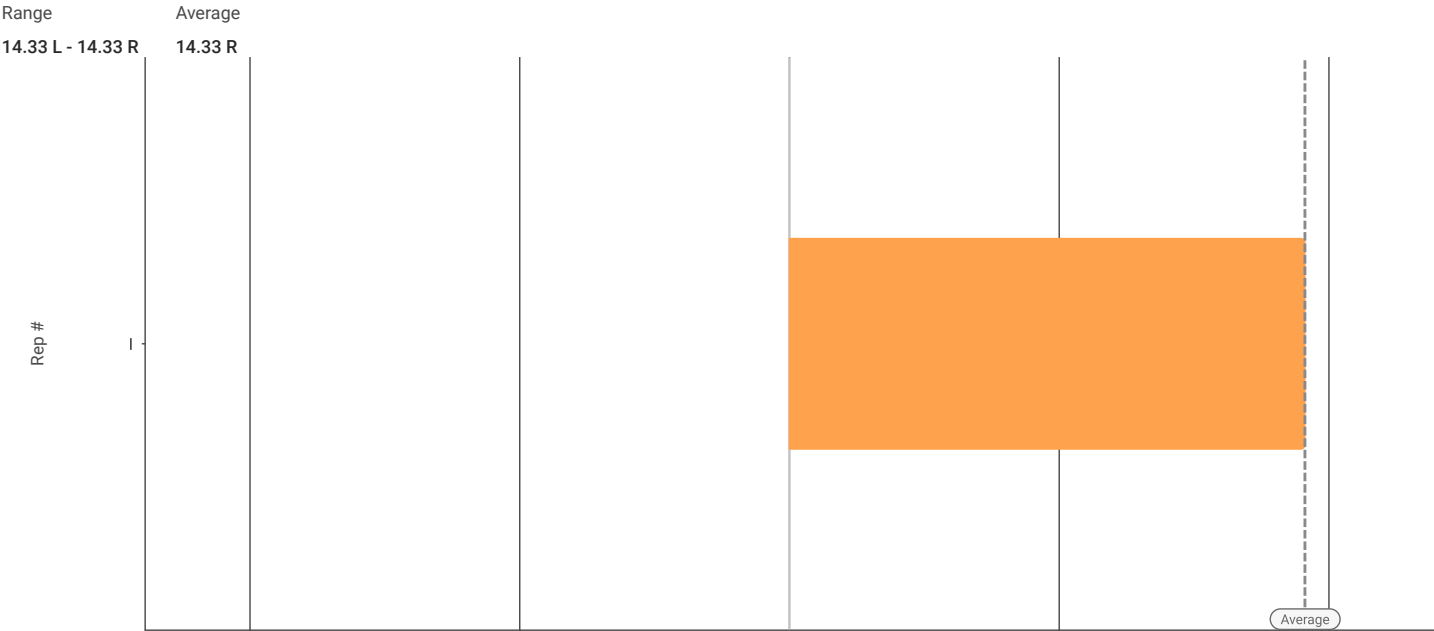




Dorsiflexion Max Force [N] - Ankle Dorsiflexion



Inversion Asymmetry [%] - Ankle IN/EV





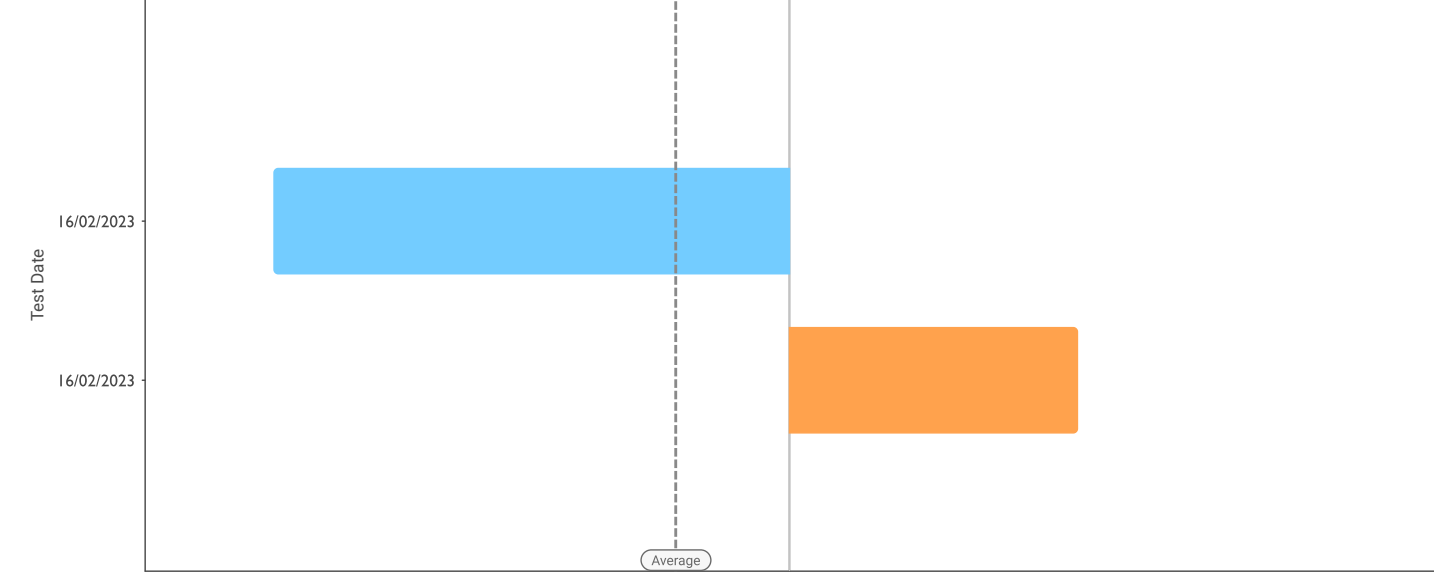
Eversion Asymmetry [%] - Ankle IN/EV

Range Average
3.52 L - 3.52 R 3.52 L



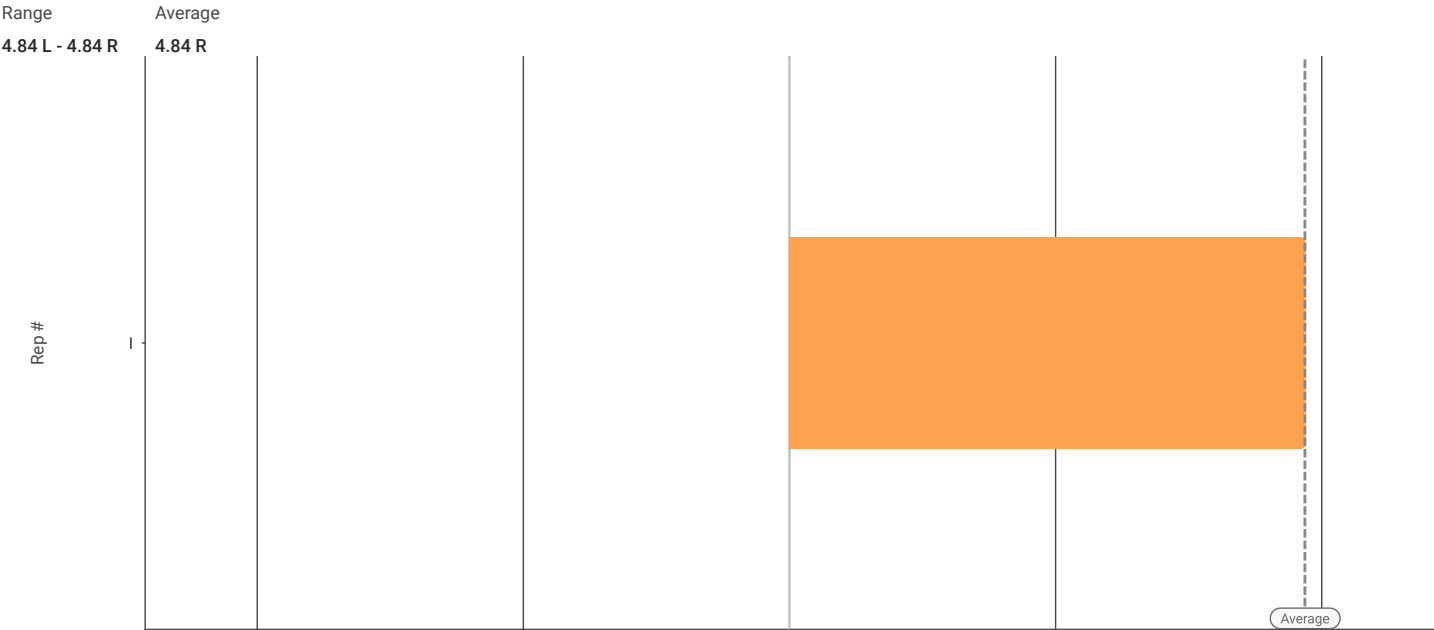
Knee Flexion Asymmetry [%] - Knee Flexion

Range Average
1.42 L - 0.79 R 0.31 L

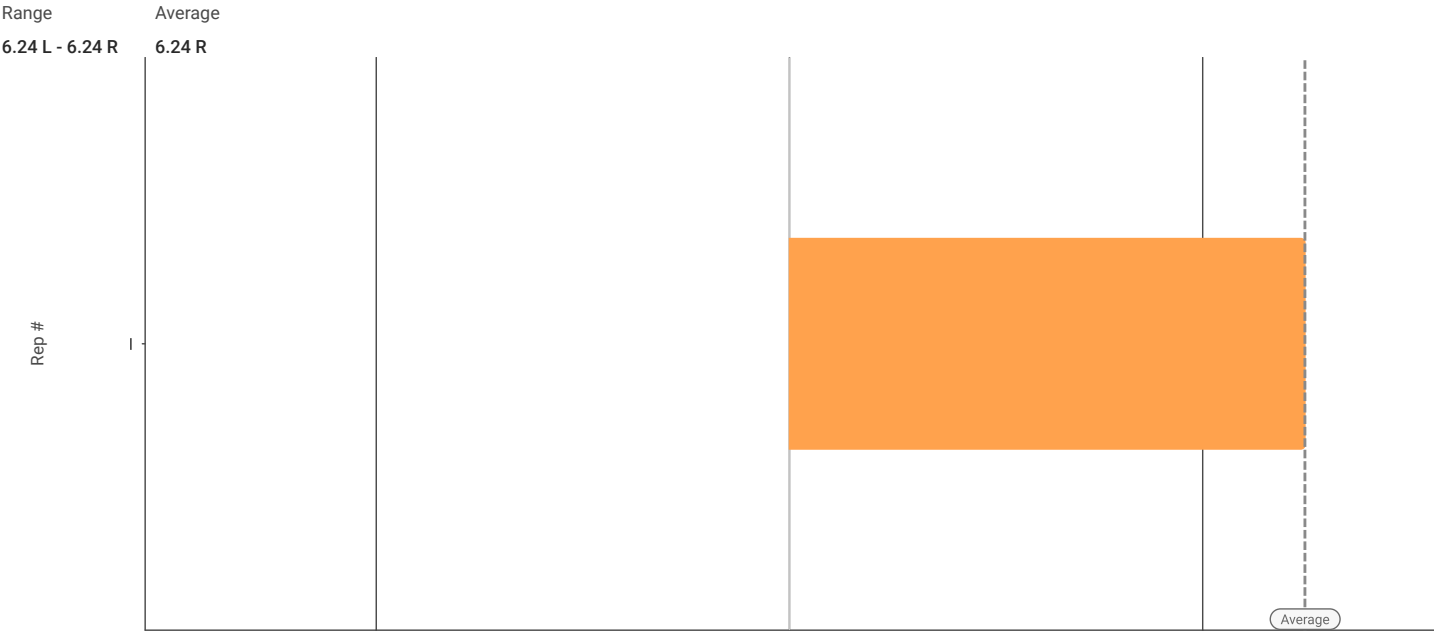




External Rotation Asymmetry [%] - Hip IR/ER

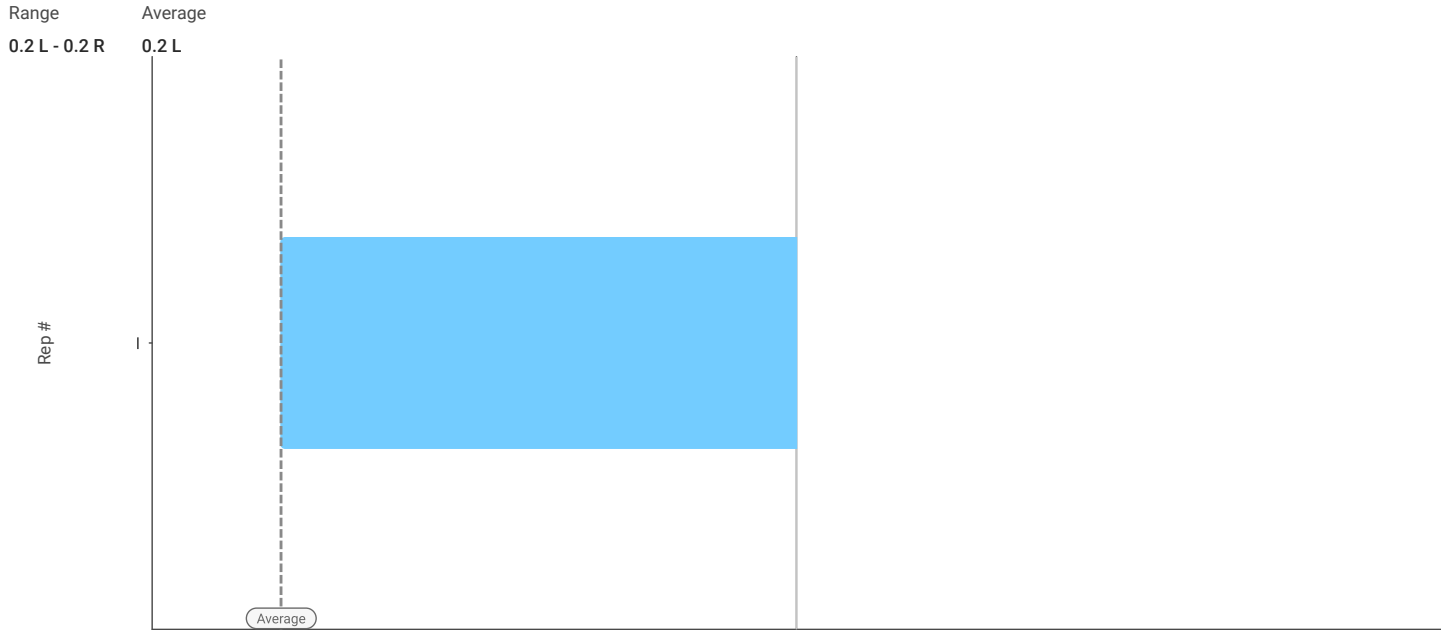


Internal Rotation Asymmetry [%] - Hip IR/ER





Extension Asymmetry [%] - Hip Extension



Flexion Asymmetry [%] - Hip Flexion





Adduction Asymmetry [%] - Hip AD/AB

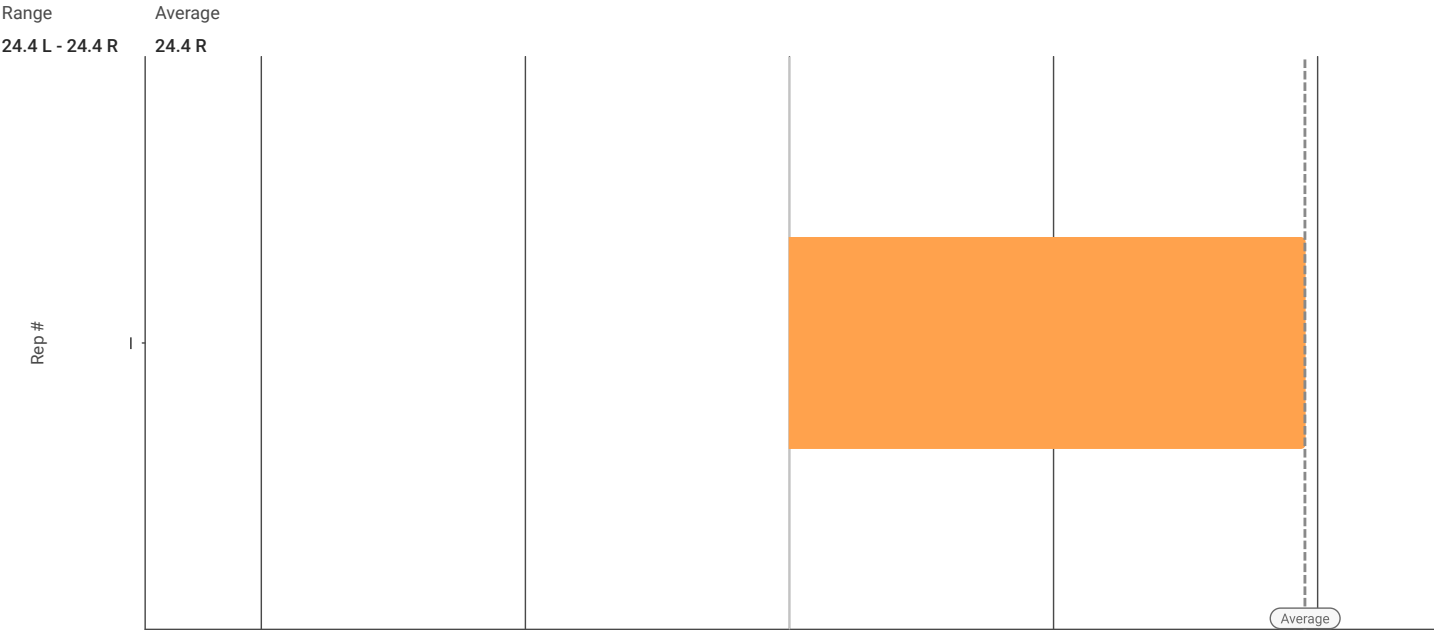


Abduction Asymmetry [%] - Hip AD/AB

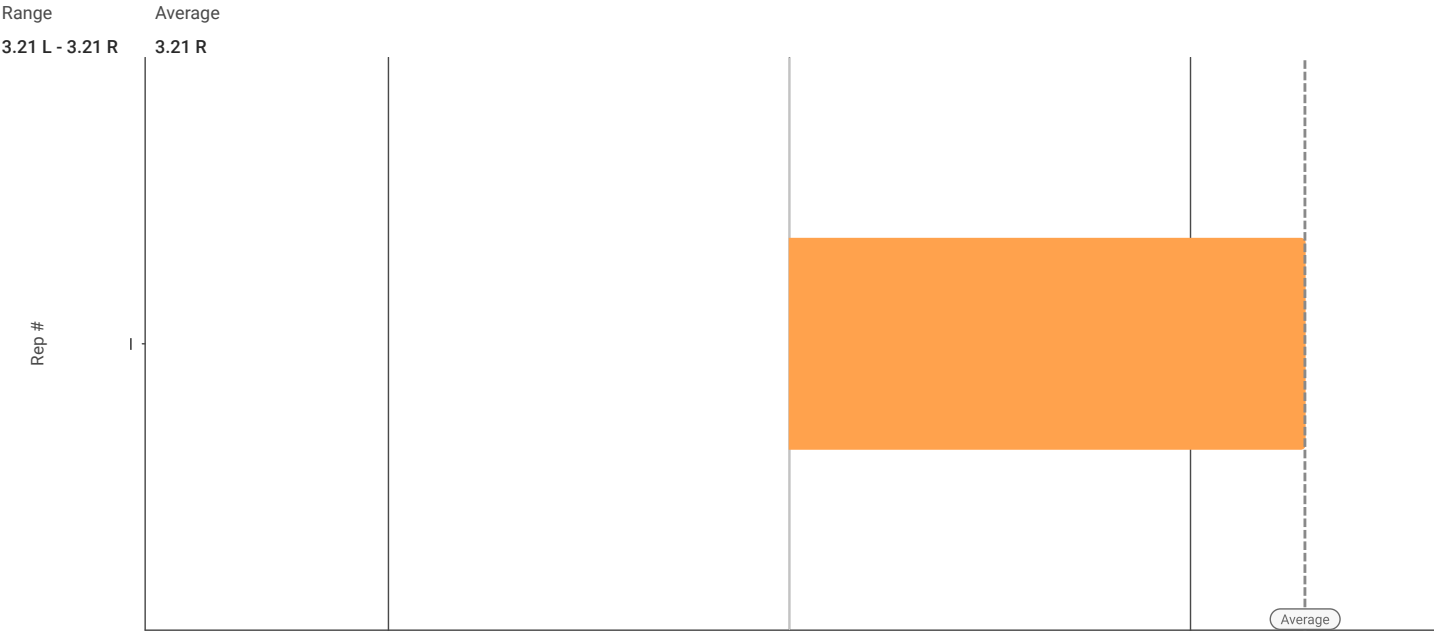




Asymmetry [%] - Knee extensor



Asymmetry [%] - Panturrilha Sentada





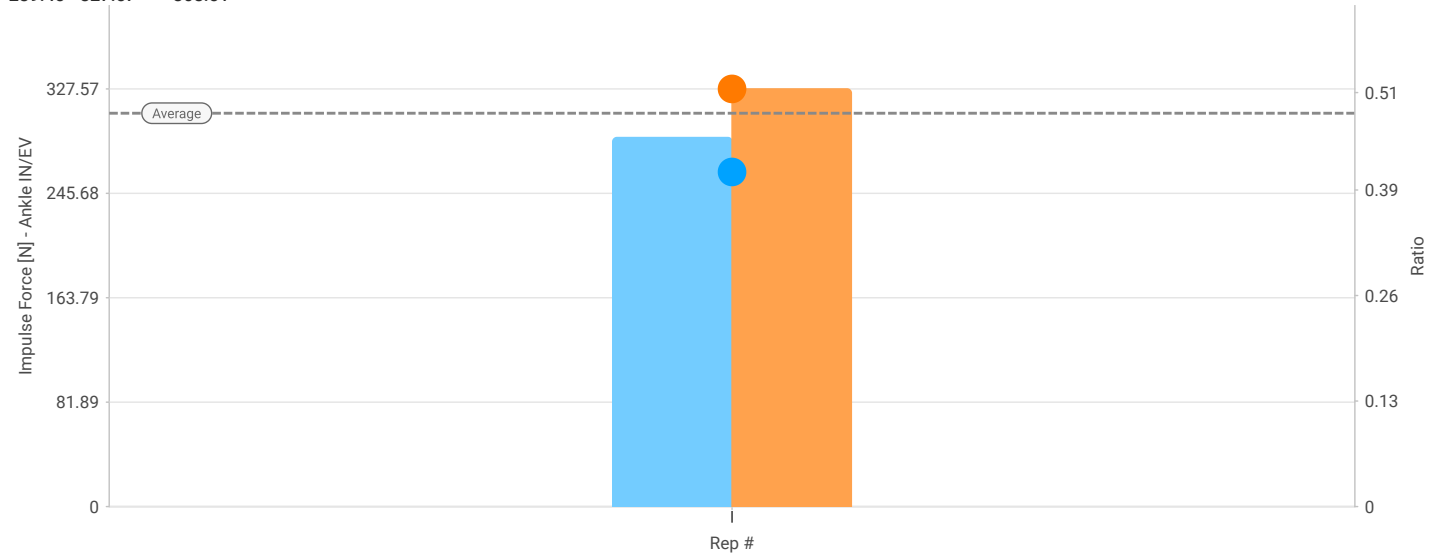
Dorsiflexion Asymmetry [%] - Ankle Dorsiflexion

Range Average
8.26 L - 8.26 R 8.26 R



Inversion Impulse Force [N] - Ankle IN/EV

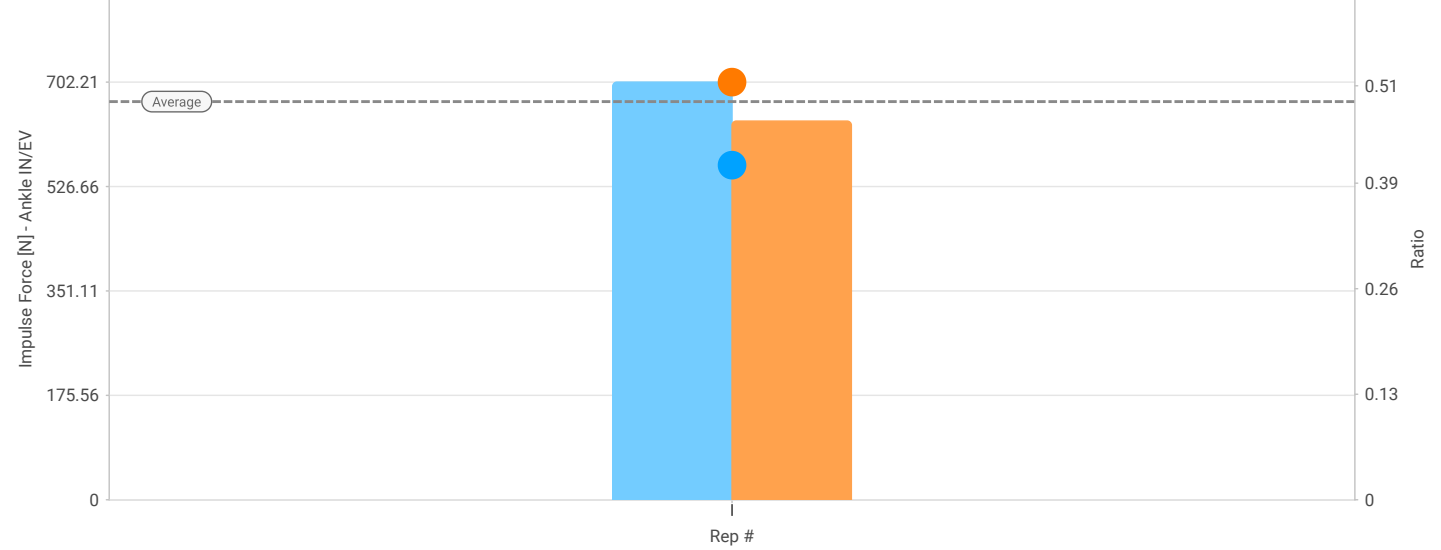
Range Average
289.45 - 327.57 308.51





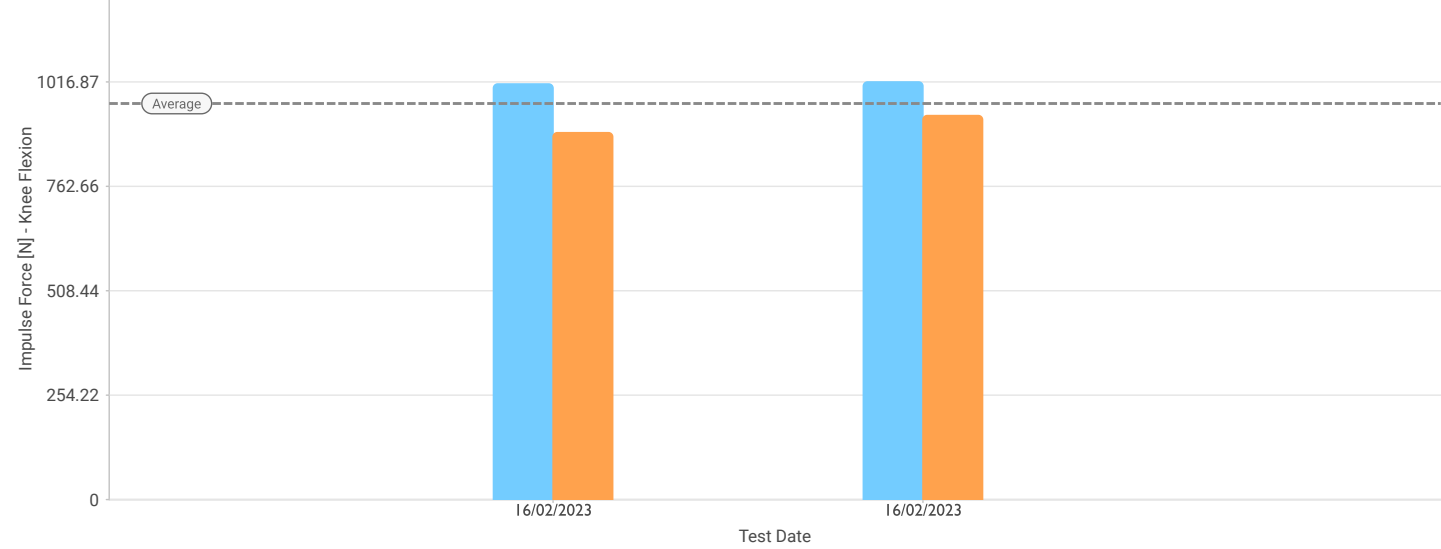
Eversion Impulse Force [N] - Ankle IN/EV

Range Average
636.69 - 702.21 669.45



Knee Flexion Impulse Force [N] - Knee Flexion

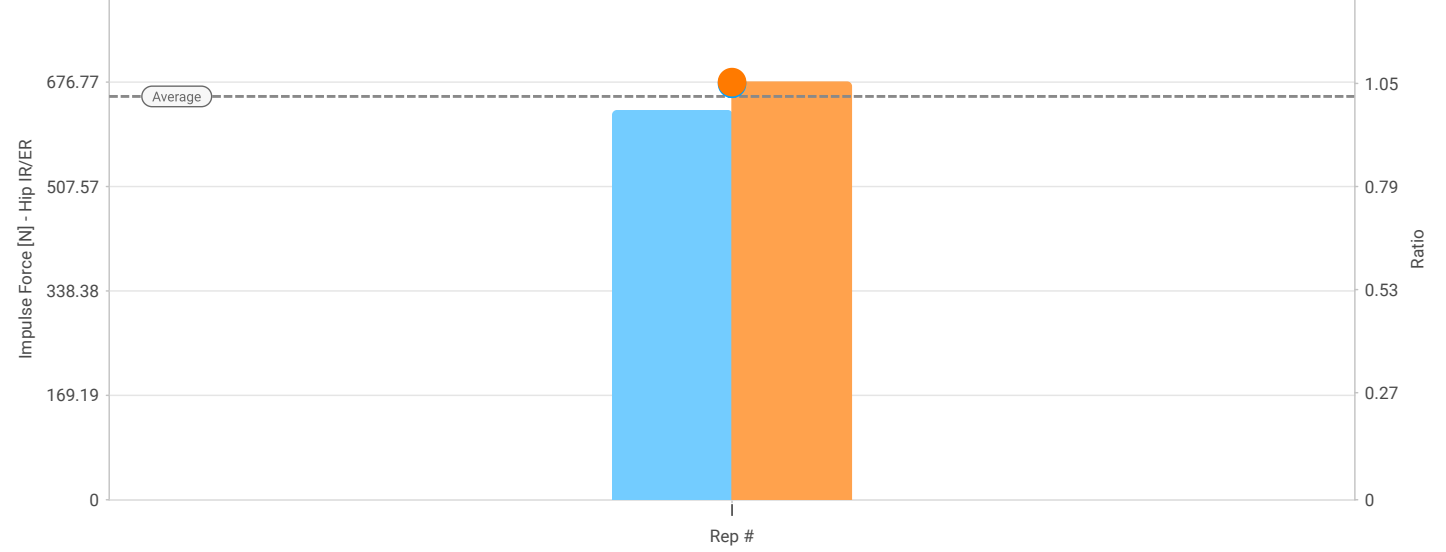
Range Average
893.36 - 1016.87 964.31





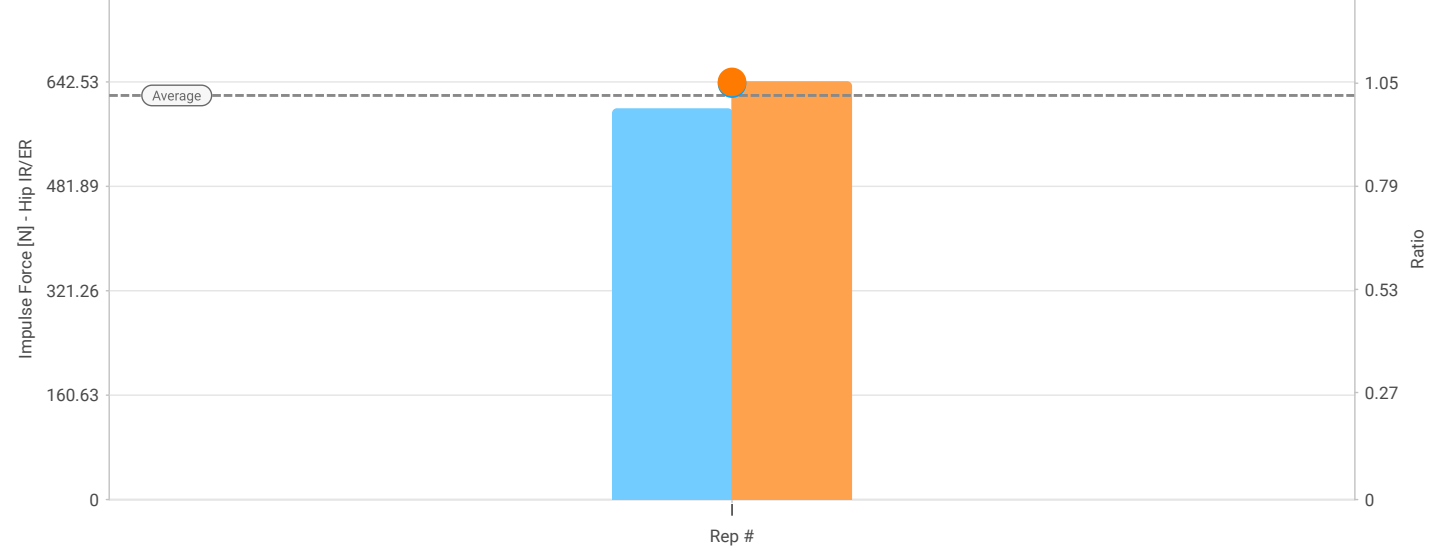
External Rotation Impulse Force [N] - Hip IR/ER

Range Average
630.4 - 676.77 653.58



Internal Rotation Impulse Force [N] - Hip IR/ER

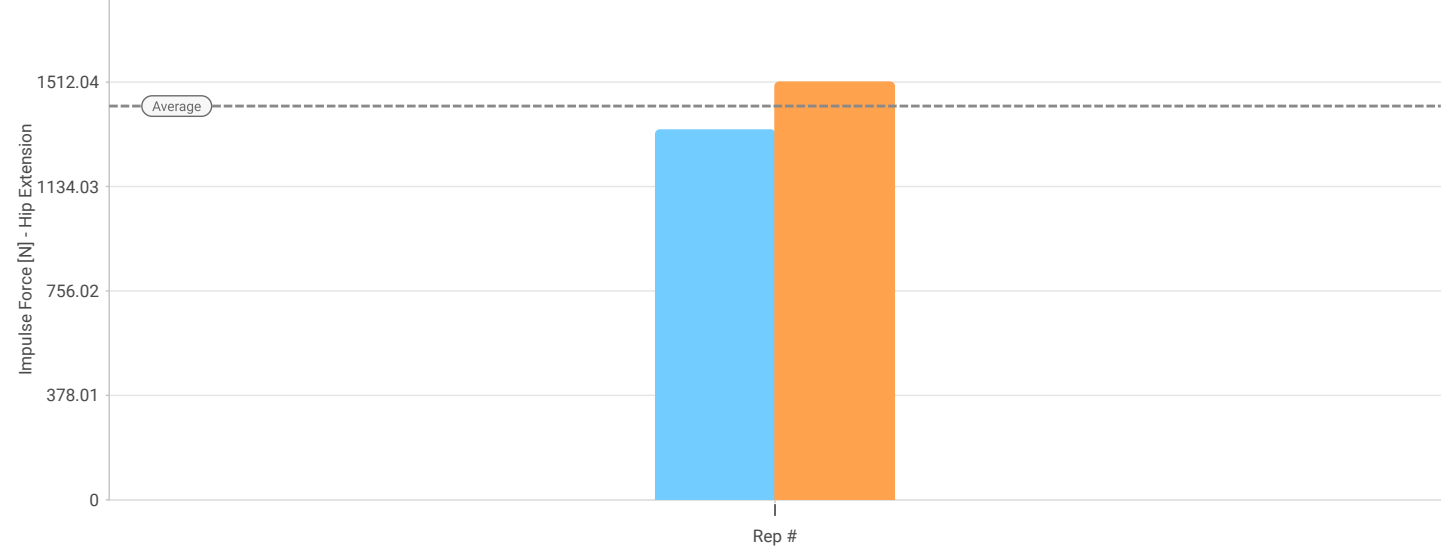
Range Average
600.89 - 642.53 621.71





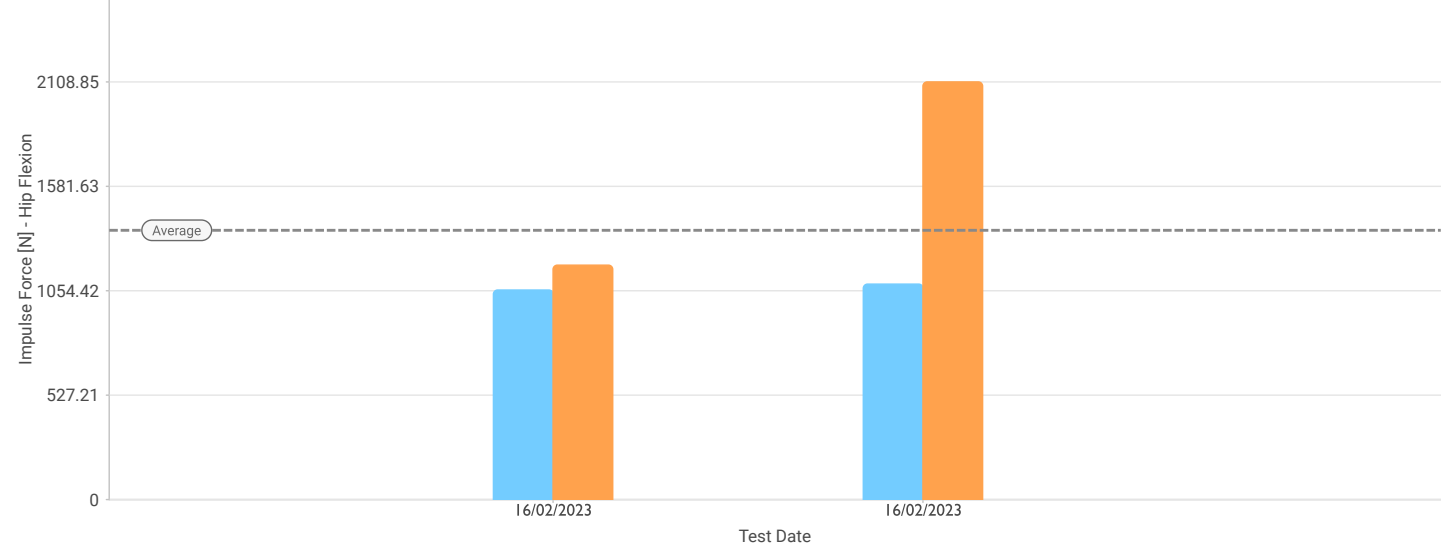
Extension Impulse Force [N] - Hip Extension

Range Average
1338.67 - 1512.04 1425.35



Flexion Impulse Force [N] - Hip Flexion

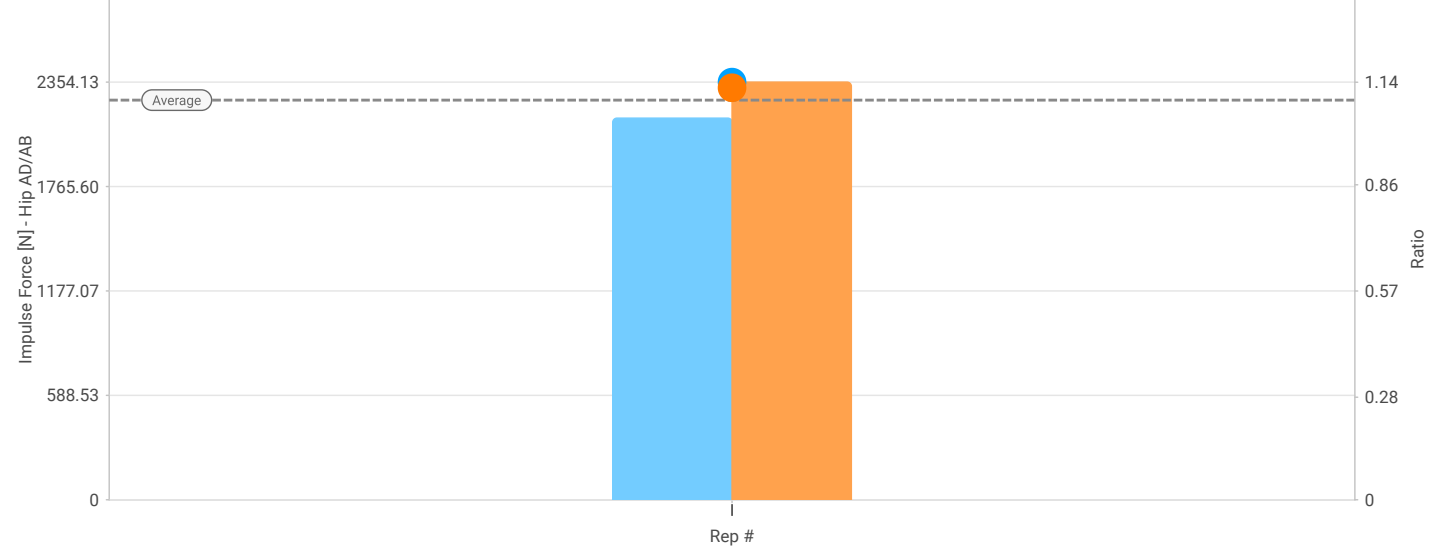
Range Average
1058.14 - 2108.85 1359.65





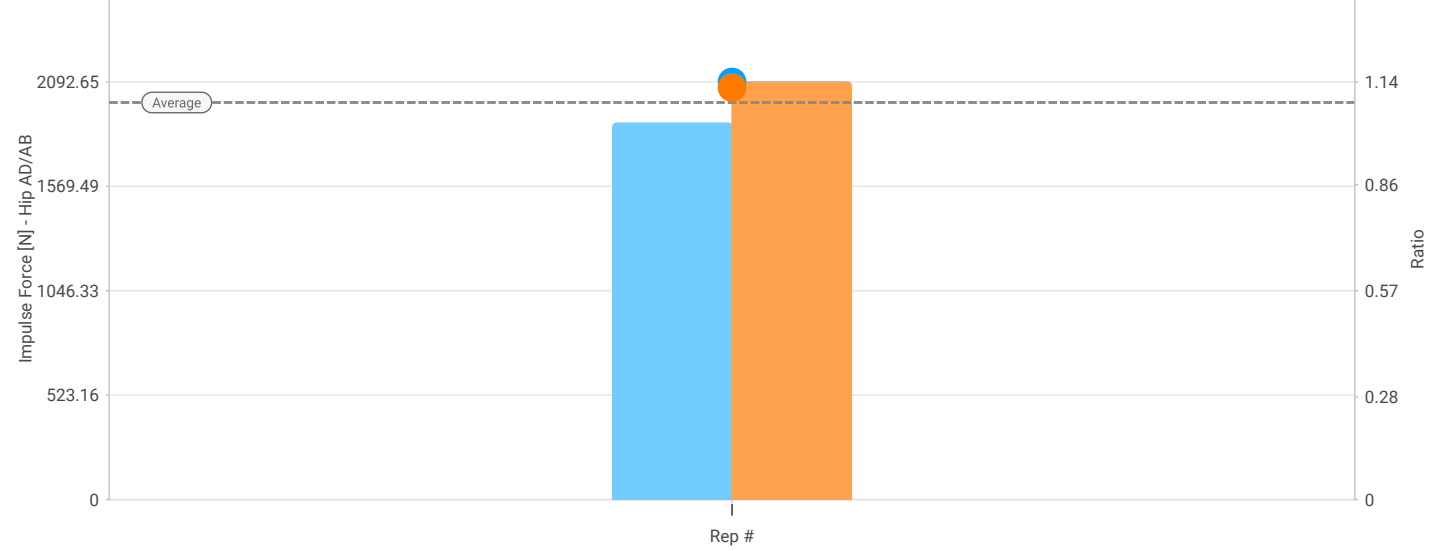
Adduction Impulse Force [N] - Hip AD/AB

Range Average
2151.17 - 2354.13 2252.65



Abduction Impulse Force [N] - Hip AD/AB

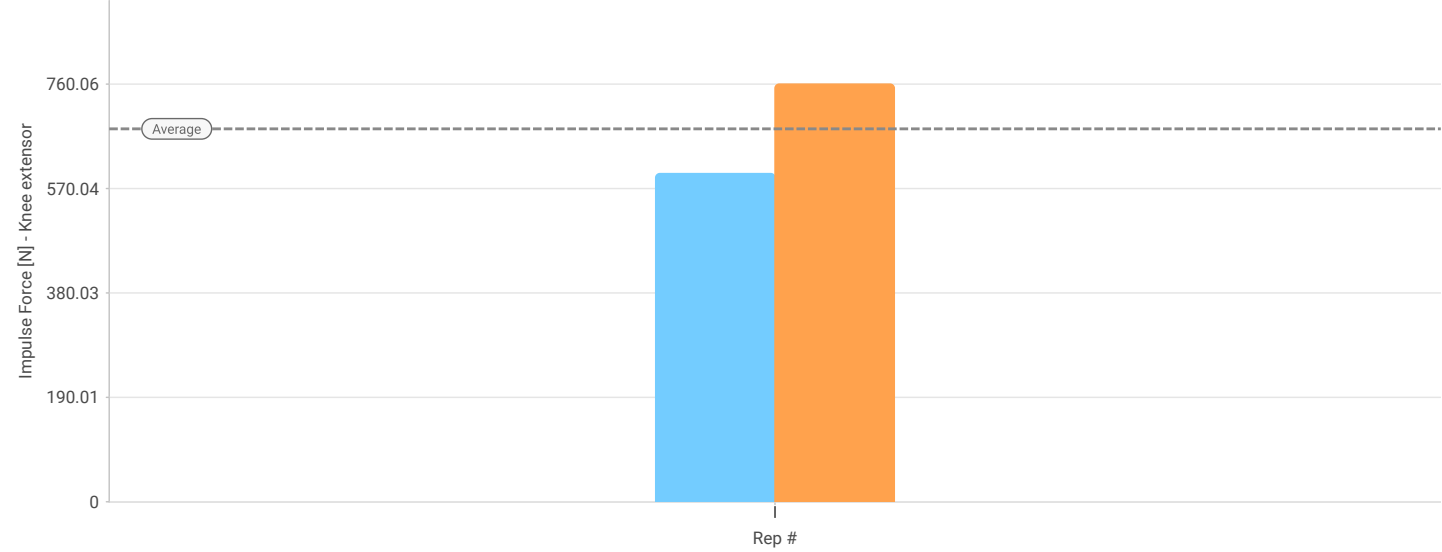
Range Average
1886.48 - 2092.65 1989.56





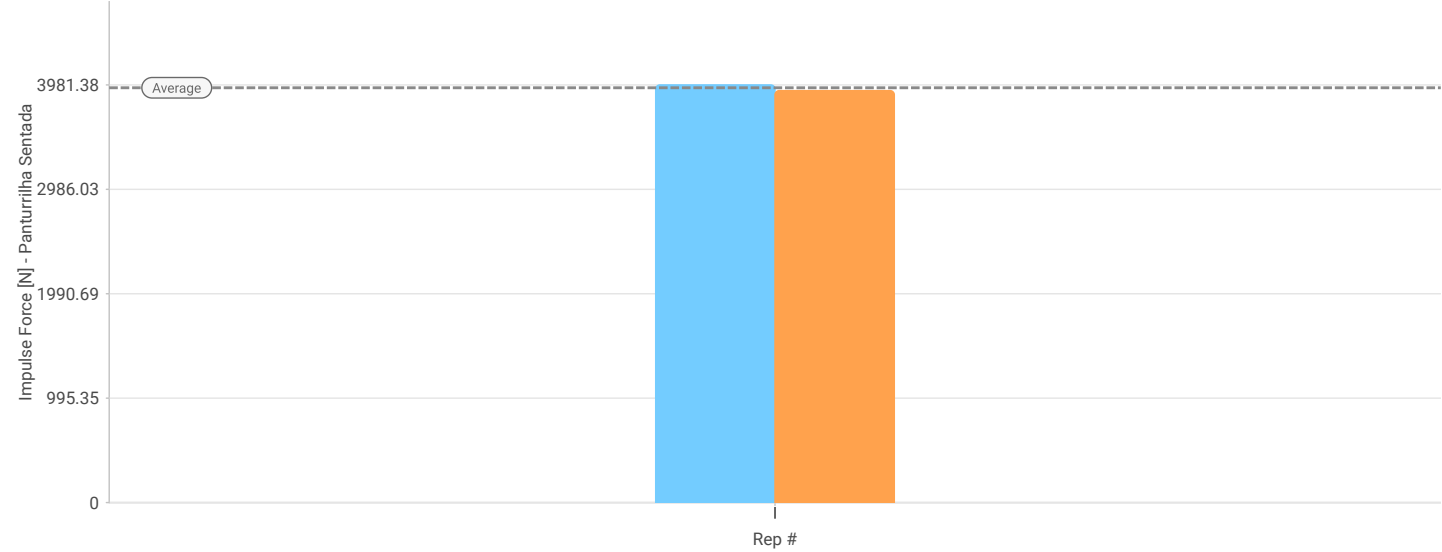
Impulse Force [N] - Knee extensor

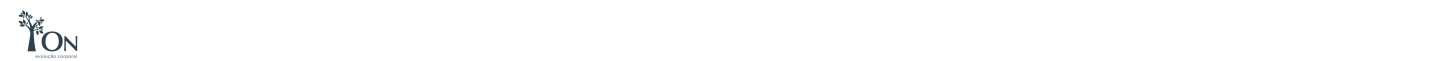
Range Average
597.25 - 760.06 678.65



Impulse Force [N] - Panturrilha Sentada

Range Average
3927.03 - 3981.38 3954.2





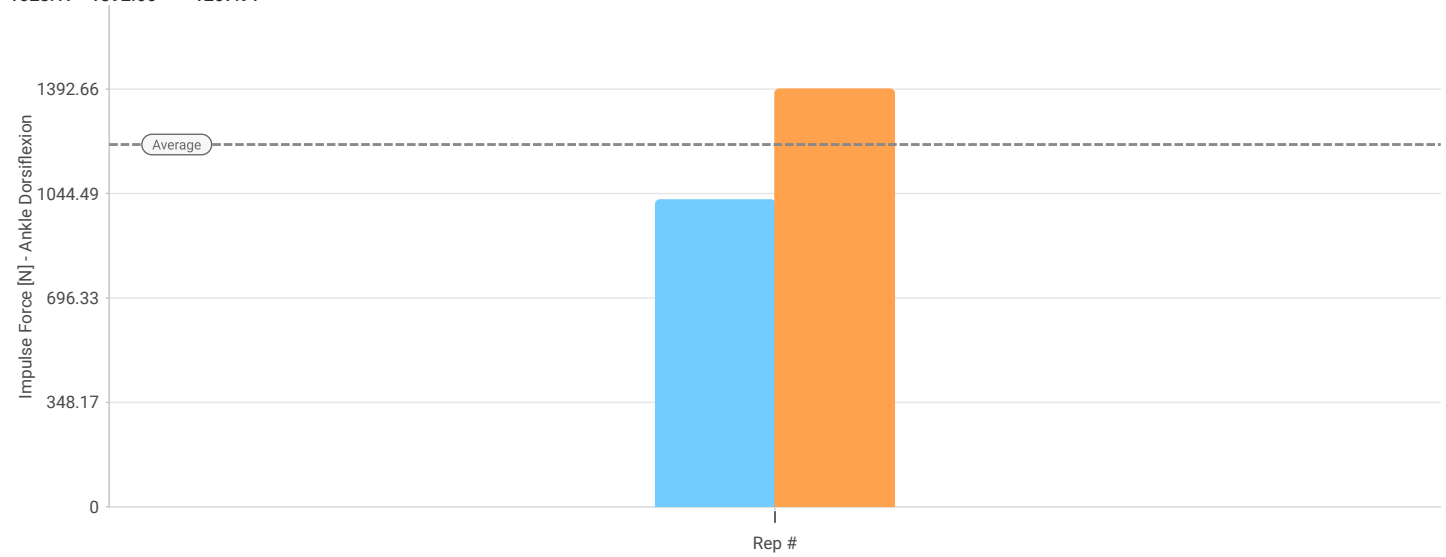
Dorsiflexion Impulse Force [N] - Ankle Dorsiflexion

Range

Average

1023.17 - 1392.66

1207.91



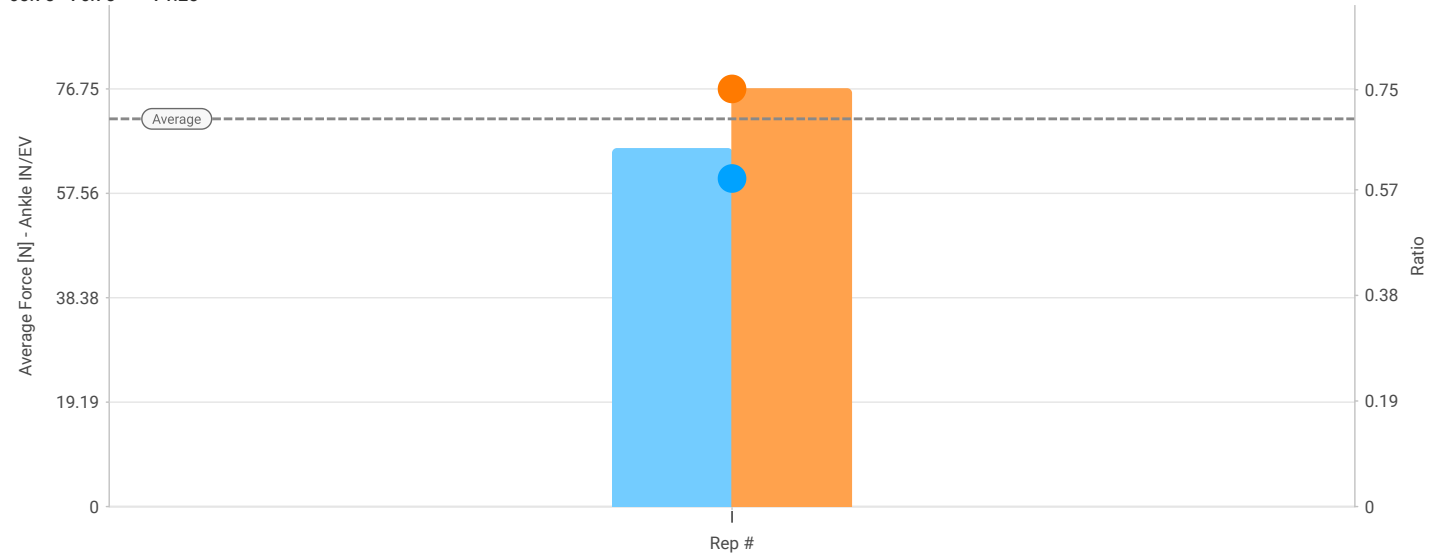
Inversion Average Force [N] - Ankle IN/EV

Range

Average

65.75 - 76.75

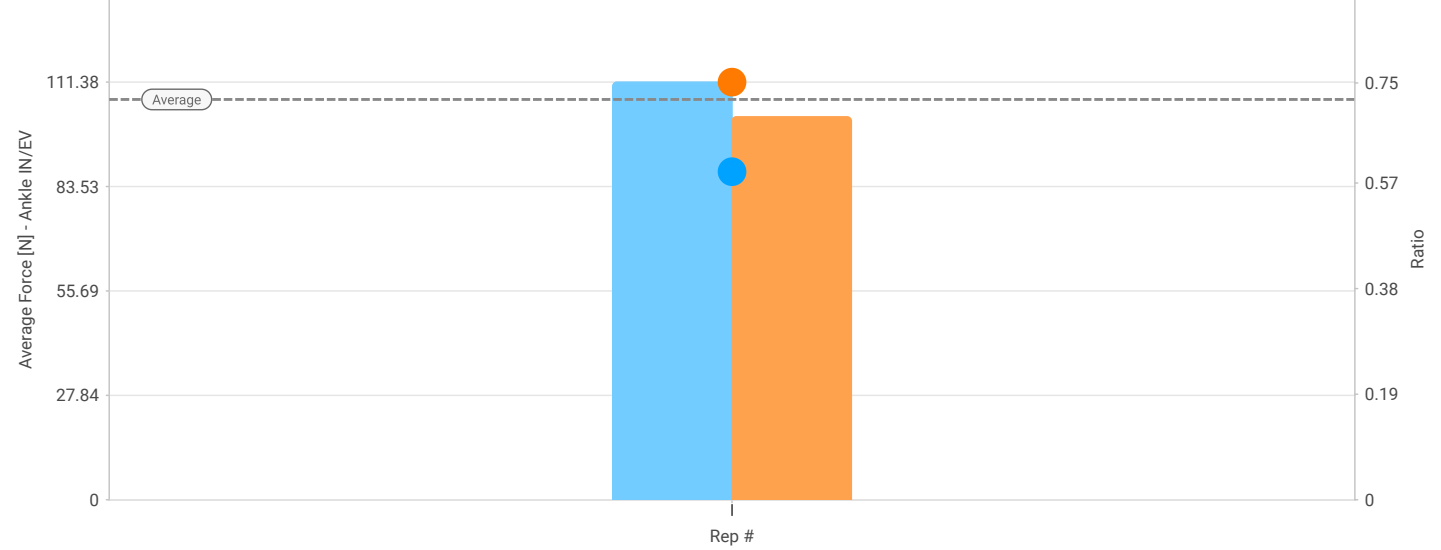
71.25





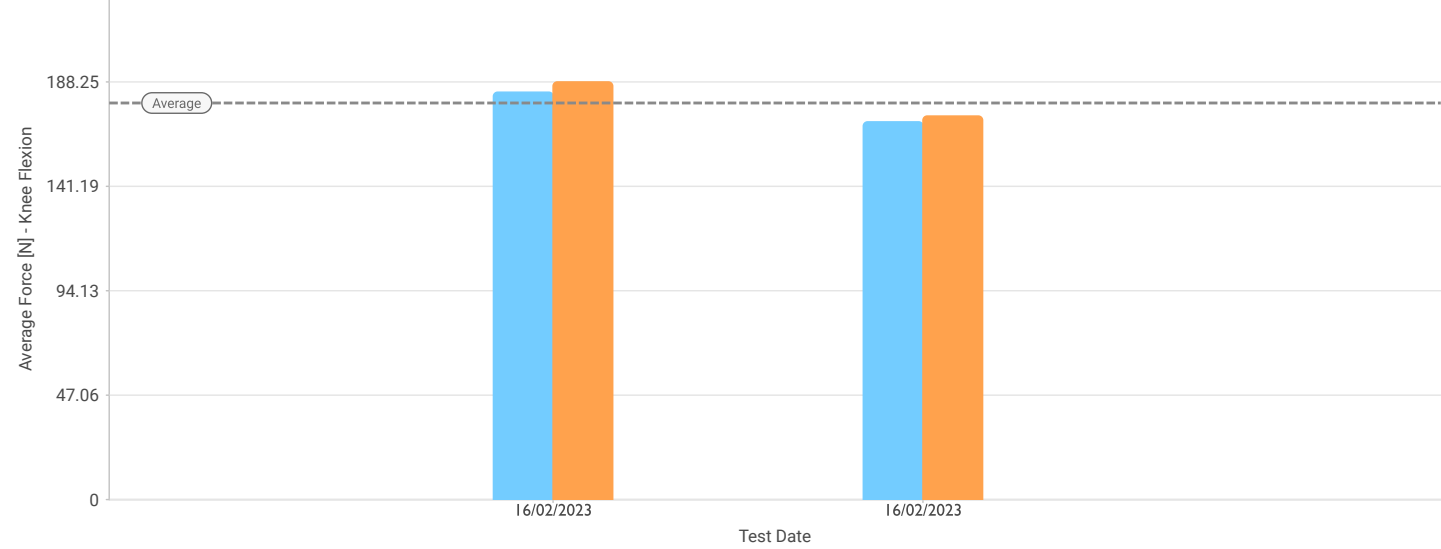
Eversion Average Force [N] - Ankle IN/EV

Range Average
102.13 - 111.38 106.75



Knee Flexion Average Force [N] - Knee Flexion

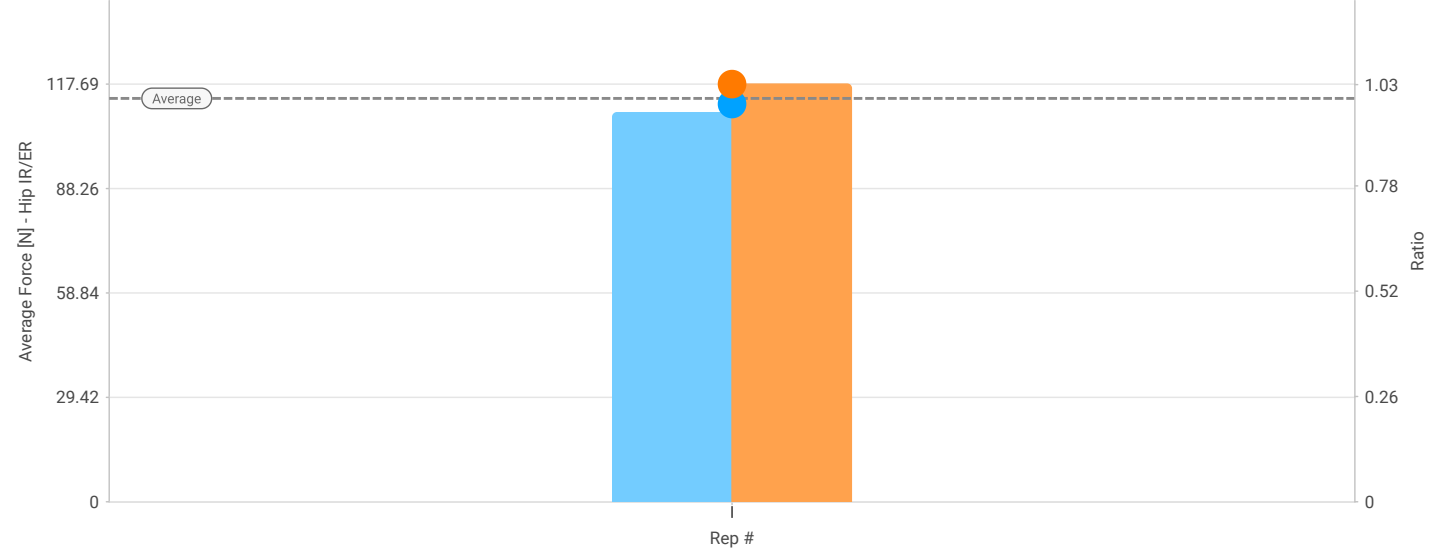
Range Average
170.25 - 188.25 178.75





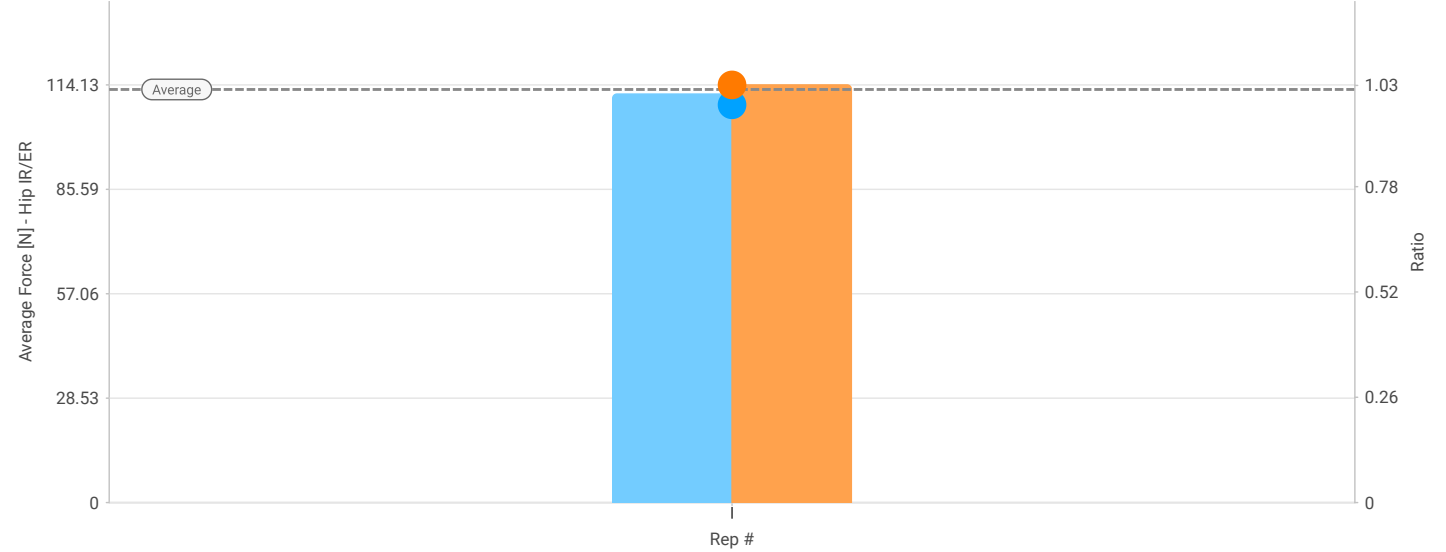
External Rotation Average Force [N] - Hip IR/ER

Range Average
109.63 - 117.69 113.66



Internal Rotation Average Force [N] - Hip IR/ER

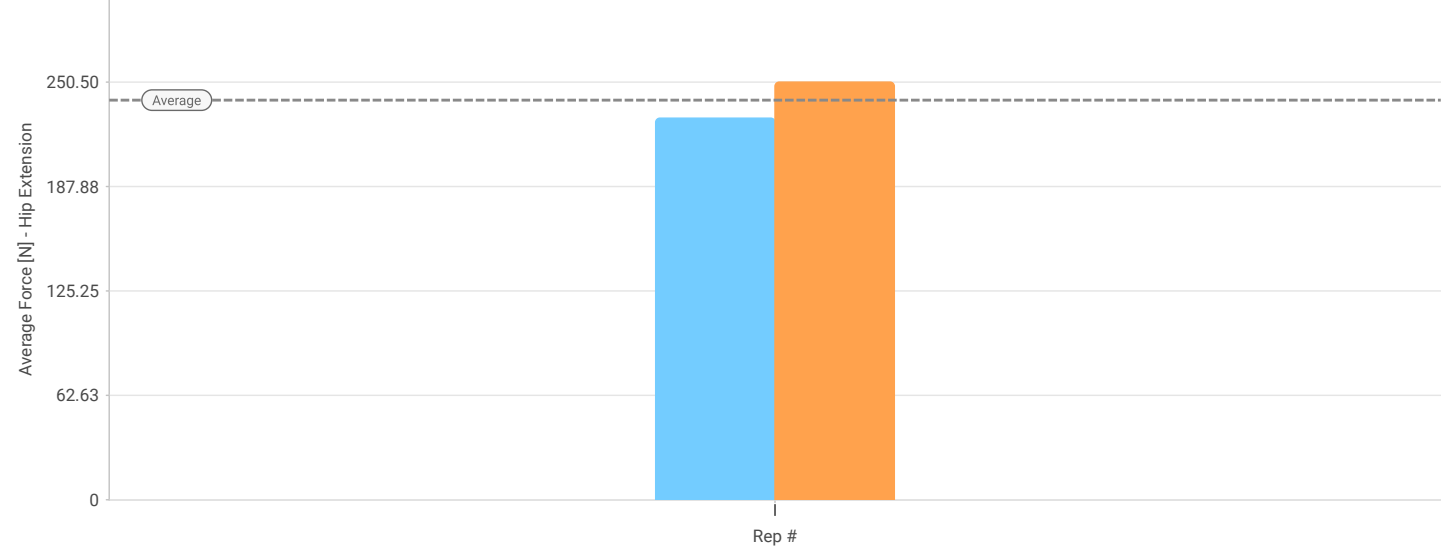
Range Average
111.63 - 114.13 112.88





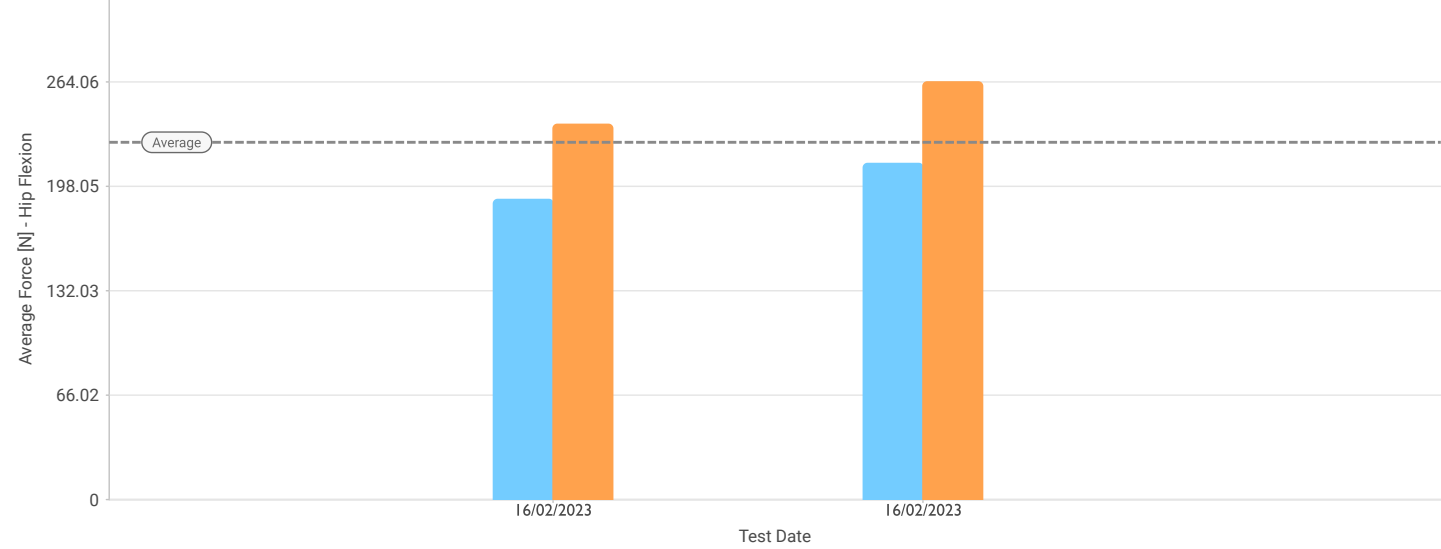
Extension Average Force [N] - Hip Extension

Range Average
228.88 - 250.5 239.69



Flexion Average Force [N] - Hip Flexion

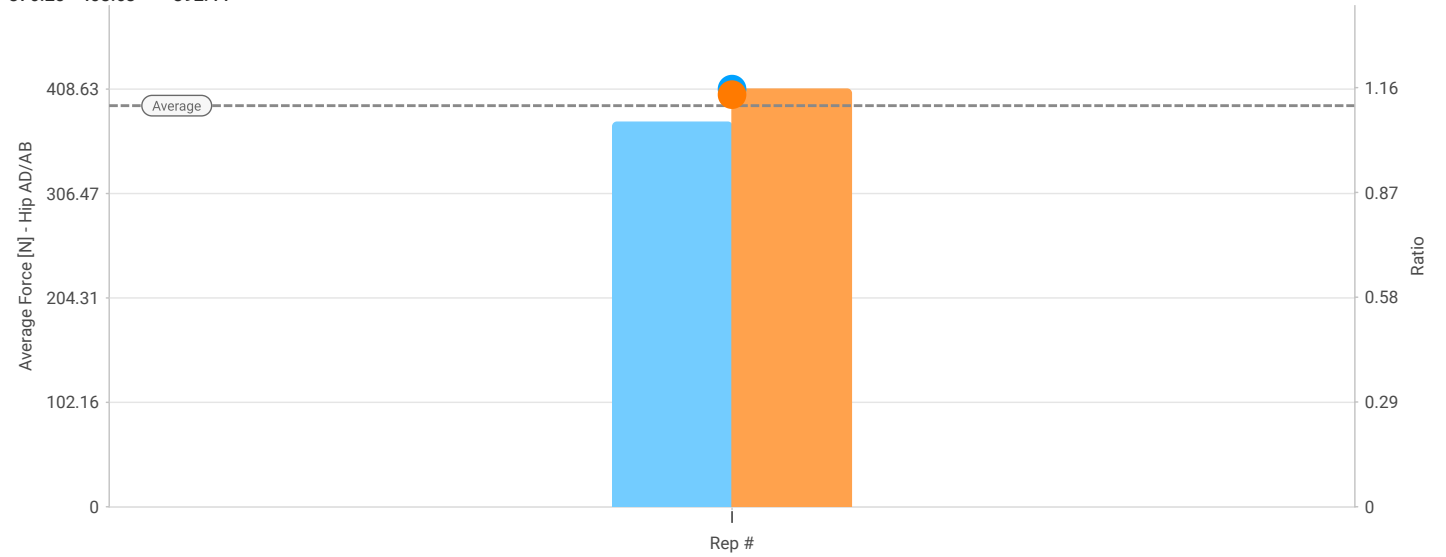
Range Average
189.75 - 264.06 225.89





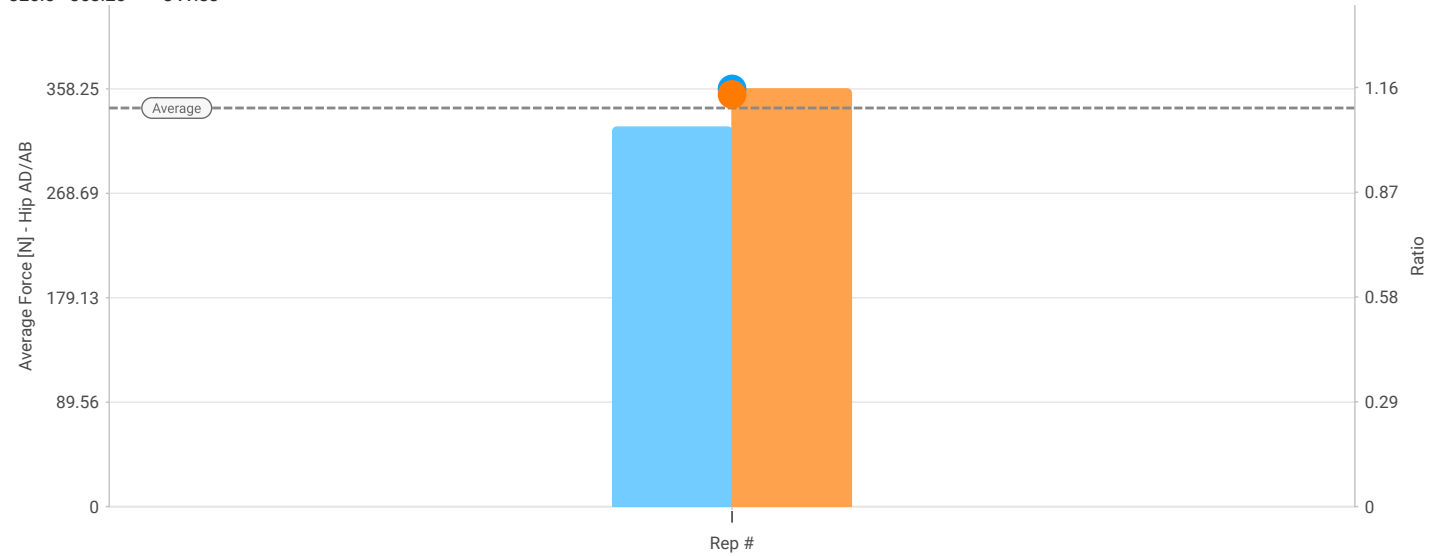
Adduction Average Force [N] - Hip AD/AB

Range Average
376.25 - 408.63 392.44



Abduction Average Force [N] - Hip AD/AB

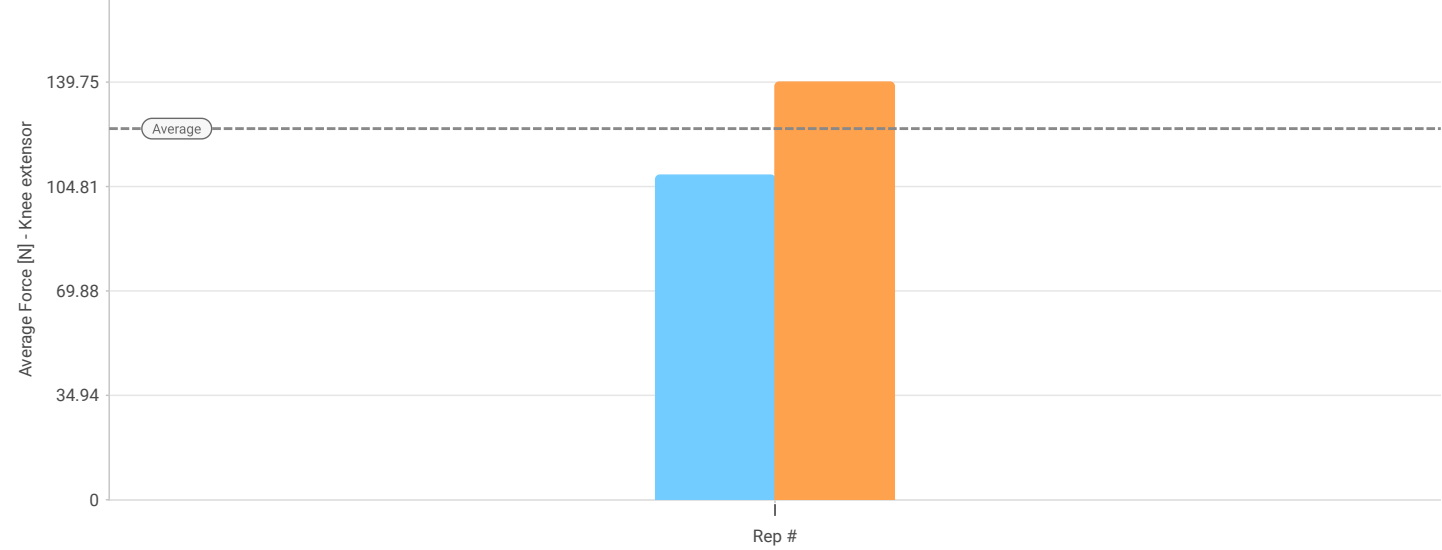
Range Average
325.5 - 358.25 341.88





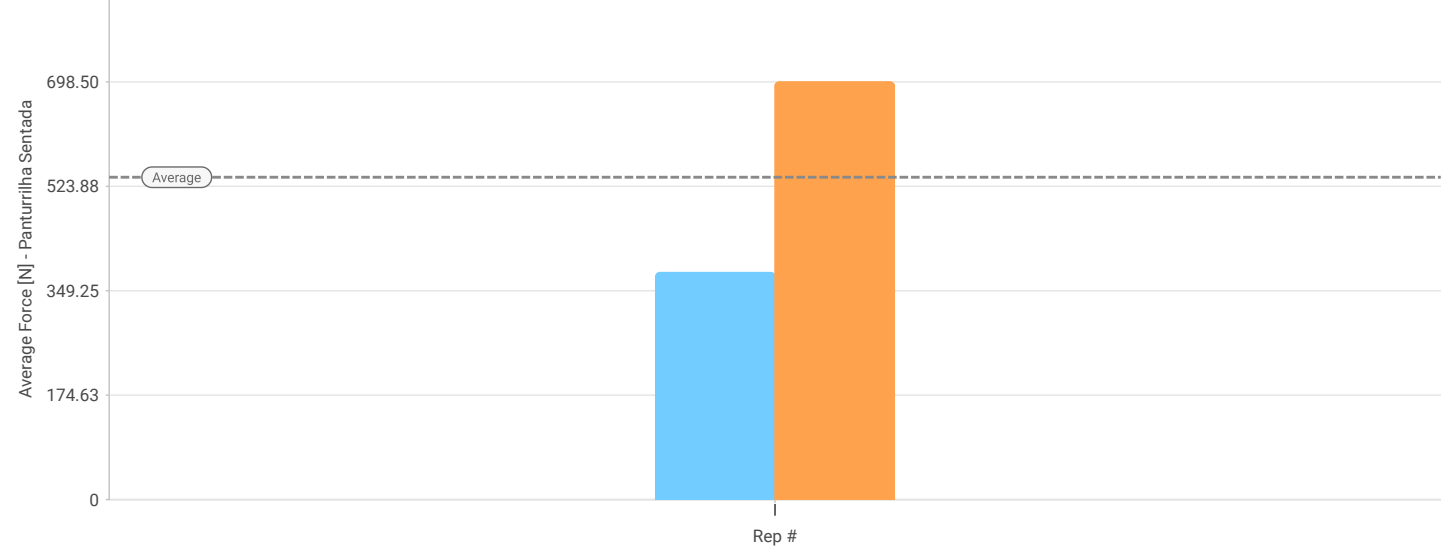
Average Force [N] - Knee extensor

Range Average
108.63 - 139.75 124.19



Average Force [N] - Panturrilha Sentada

Range Average
379.69 - 698.5 539.09





Dorsiflexion Average Force [N] - Ankle Dorsiflexion

