



ON Evolução Corporal

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Profile: Alessandra Velloza

Report By: Nemi Sabeh

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## Alessandra Velloza

Age: 49 (20 Dec 1973)

### Knee Flexion - Prone

Max Force - Left & Right Side

Left

185N

Right

181N

2%

Asymmetry

### Hip IR/ER - Prone

Max Force - Left & Right Side Hip ER

Left

102N

Right

82N

19.6%

Asymmetry

### Knee Flexion - Standing

Max Force - Left & Right Side

Left

217N

Right

189N

13.1%

Asymmetry

### Knee Extension - Seated (90)

Max Force - Left & Right Side

Left

235N

Right

210N

10.7%

Asymmetry

### Hip Flexion - Seated

Max Force - Left & Right Side

Left

207N

Right

227N

8.9%

Asymmetry

### Hip Extension - Standing

Max Force - Left & Right Side

Left

155N

Right

146N

6.3%

Asymmetry



### Hip Add/Abd - Seated

Max Force - Left & Right Side Hip Abd

Left

345N

Right

341N

1%

Asymmetry

### Ankle Plantar Flexion - Seate...

Avg Force - Left & Right Side

Left

449N

Right

518N

13.3%

Asymmetry

### Ankle Inv/Ev - Supine

Max Force - Left & Right Side Ankle Inv

Left

80N

Right

77N

2.8%

Asymmetry

### Ankle Dorsiflexion - Seated

Max Force - Left & Right Side

Left

147N

Right

149N

1.5%

Asymmetry