



ON Evolução Corporal

AVENIDA JORGE JOÃO SAAD, 1222 - MORUMBI Sao Paulo, SP 05618-000
ph: +55 11 988163553

Profile: Ana Paula de Sousa Mesquita

Report By: Nemi Sabeh

Report Date: 10 Apr 2024

Ana Paula de Sousa Mesquita

Age: 35 (26 Nov 1988)

Shoulder IR/ER - Supine (90 D...

Max Force - Left & Right Side Shoulder E...

Left

67N

Right

73N

8.2%

Asymmetry

Shoulder IR/ER - Supine (Neut...

Max Force - Left & Right Side Shoulder I...

Left

74N

Right

72N

2.4%

Asymmetry

Shoulder Extension - Prone

Max Force - Left & Right Side

Left

82N

Right

89N

8.4%

Asymmetry

Shoulder Flexion - Prone

Max Force - Left & Right Side

Left

30N

Right

32N

5.5%

Asymmetry

Shoulder Abd - Side lying

Max Force - Left & Right Side

Left

59N

Right

65N

9.3%

Asymmetry

Shoulder Add - Side lying

Max Force - Left & Right Side

Left

88N

Right

86N

2.6%

Asymmetry



ON Evolução Corporal

AVENIDA JORGE JOÃO SAAD, 1222 - MORUMBI Sao Paulo, SP 05618-000

ph: +55 11 988163553

Profile: Ana Paula de Sousa Mesquita

Report By: Nemi Sabeh

Report Date: 10 Apr 2024

Elbow Extension - Seated

Max Force - Left & Right Side

Left

113N

Right

125N

9.6%

Asymmetry

Elbow Flexion - Seated

Max Force - Left & Right Side

Left

125N

Right

135N

6.9%

Asymmetry