

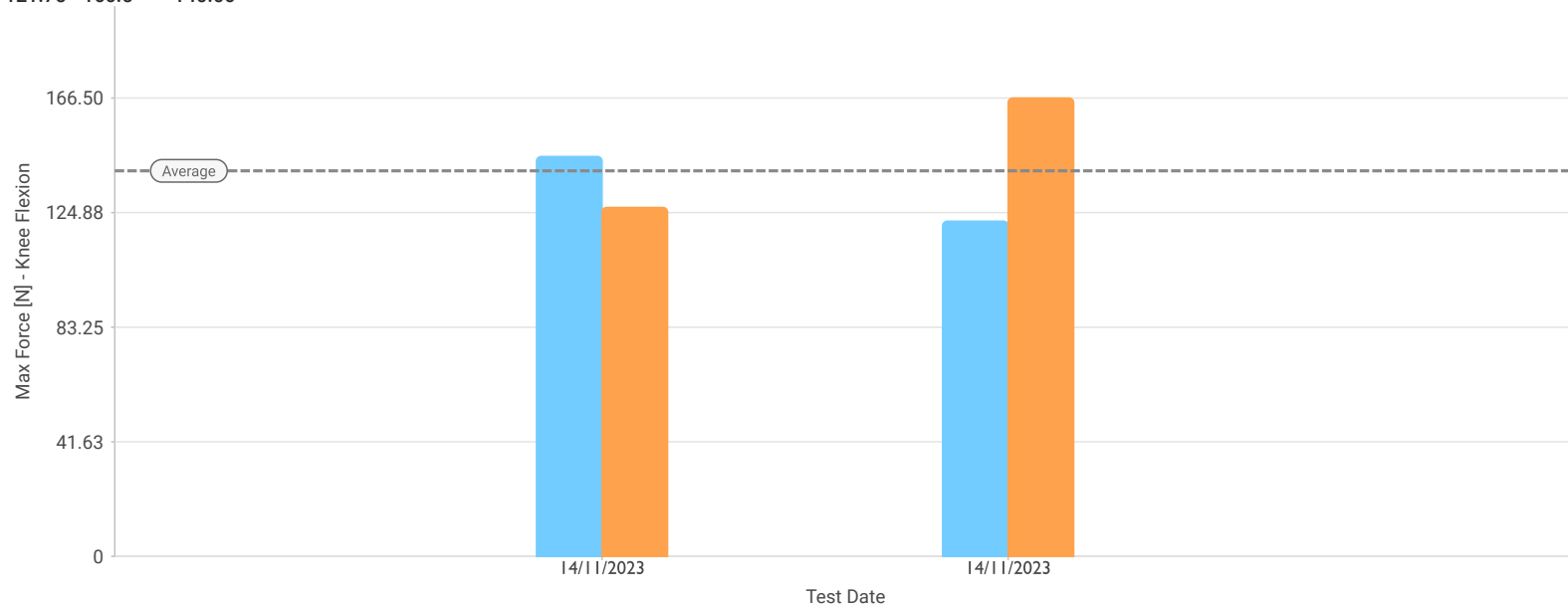
Tests (11)

Profile	Date	Test Type	Test Position	Reps
Anita Magdelaine				
11 Tests				
	14/11/2023 6:35 PM	Knee Flexion	Prone	FLEX 2 L / 2 R
	14/11/2023 6:33 PM	Hip IR/ER	Prone	ER 2 L / 2 R IR 2 L / 2 R
	14/11/2023 6:30 PM	Ankle IN/EV	Supine	INV 2 L / 2 R EV 2 L / 2 R
	14/11/2023 6:27 PM	Ankle Plantar Flexion	Seated	FLEX 2 L / 2 R
	14/11/2023 6:24 PM	Hip AD/AB	Seated	ADD 2 L / 2 R ABD 2 L / 2 R
	14/11/2023 6:22 PM	Knee Extension	Seated (90)	EXT 2 L / 2 R
	14/11/2023 6:19 PM	Ankle Dorsiflexion	Seated	DF 2 L / 2 R
	14/11/2023 6:15 PM	Hip Flexion	Seated	FLEX 2 L / 2 R
	14/11/2023 6:13 PM	Hip Extension	Standing	EXT 2 L / 2 R
	14/11/2023 6:10 PM	Hip Flexion	Kicker	FLEX 2 L / 2 R
	14/11/2023 6:08 PM	Knee Flexion	Standing	FLEX 2 L / 2 R

Knee Flexion Max Force [N] - Knee Flexion

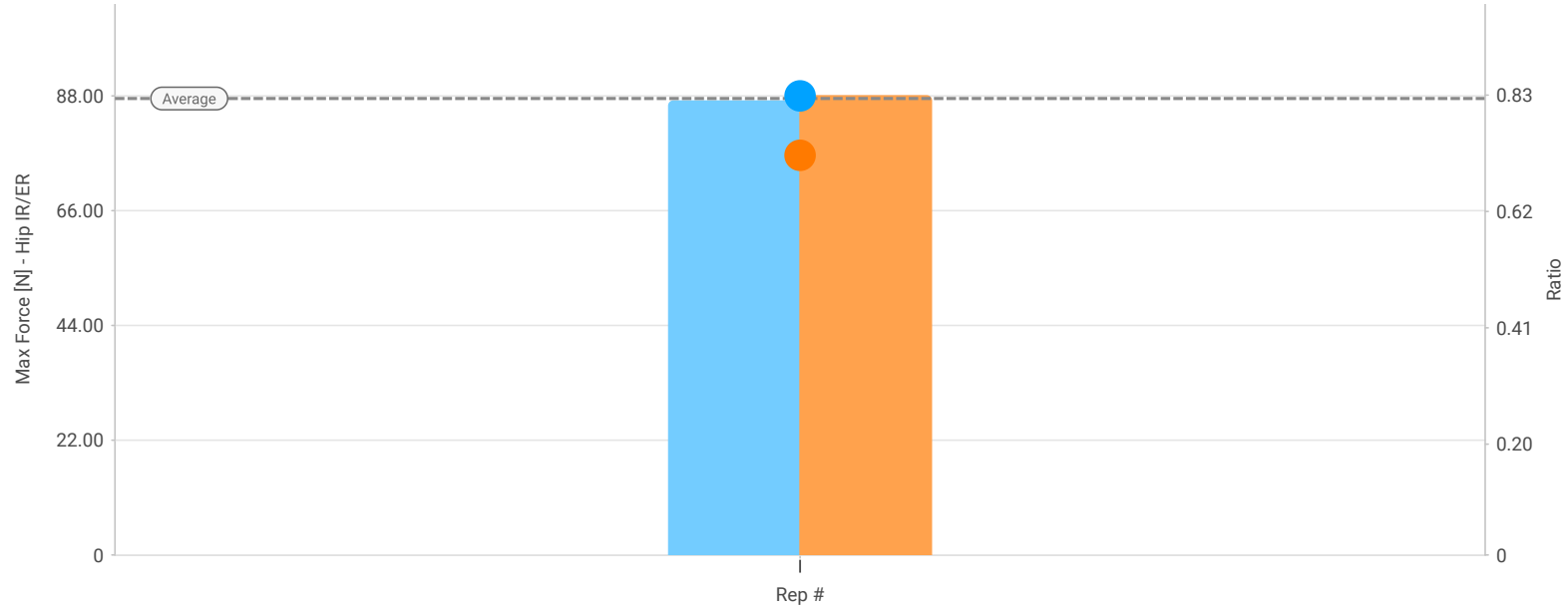
Range
121.75 - 166.5

Average
140.06



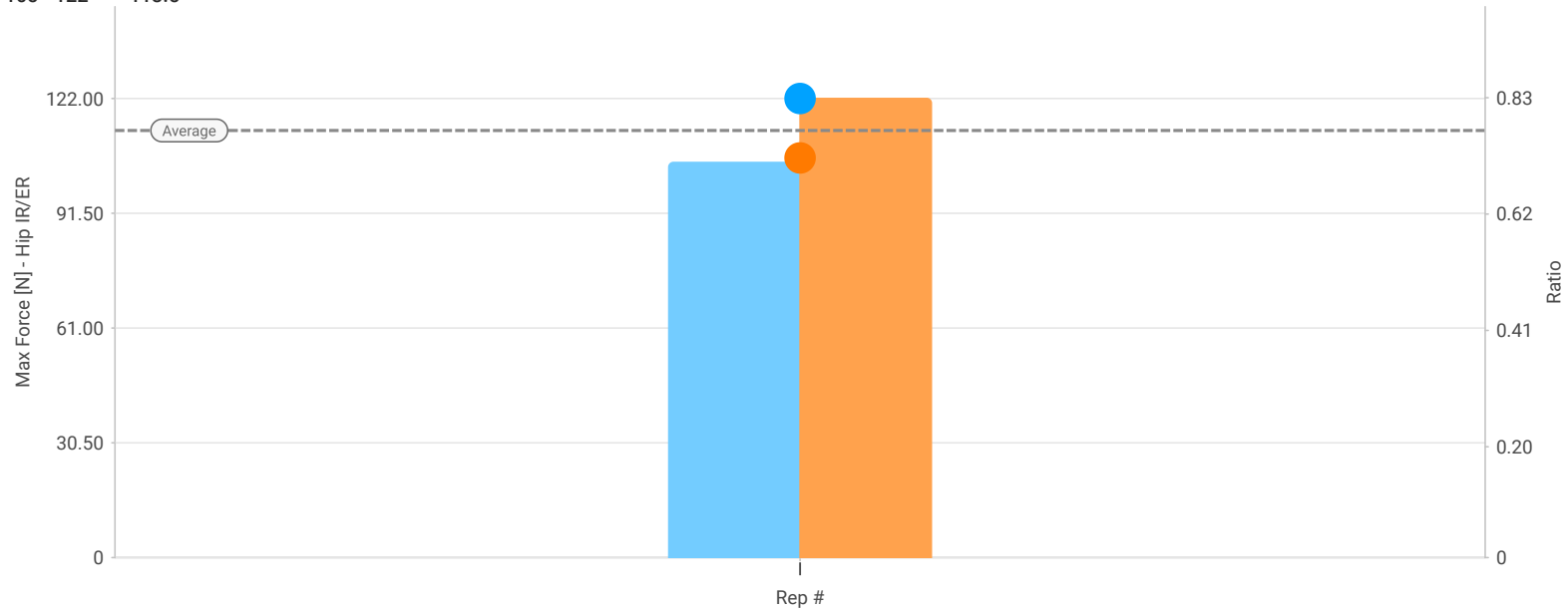
External Rotation Max Force [N] - Hip IR/ER

Range Average
87 - 88 87.5



Internal Rotation Max Force [N] - Hip IR/ER

Range Average
105 - 122 113.5



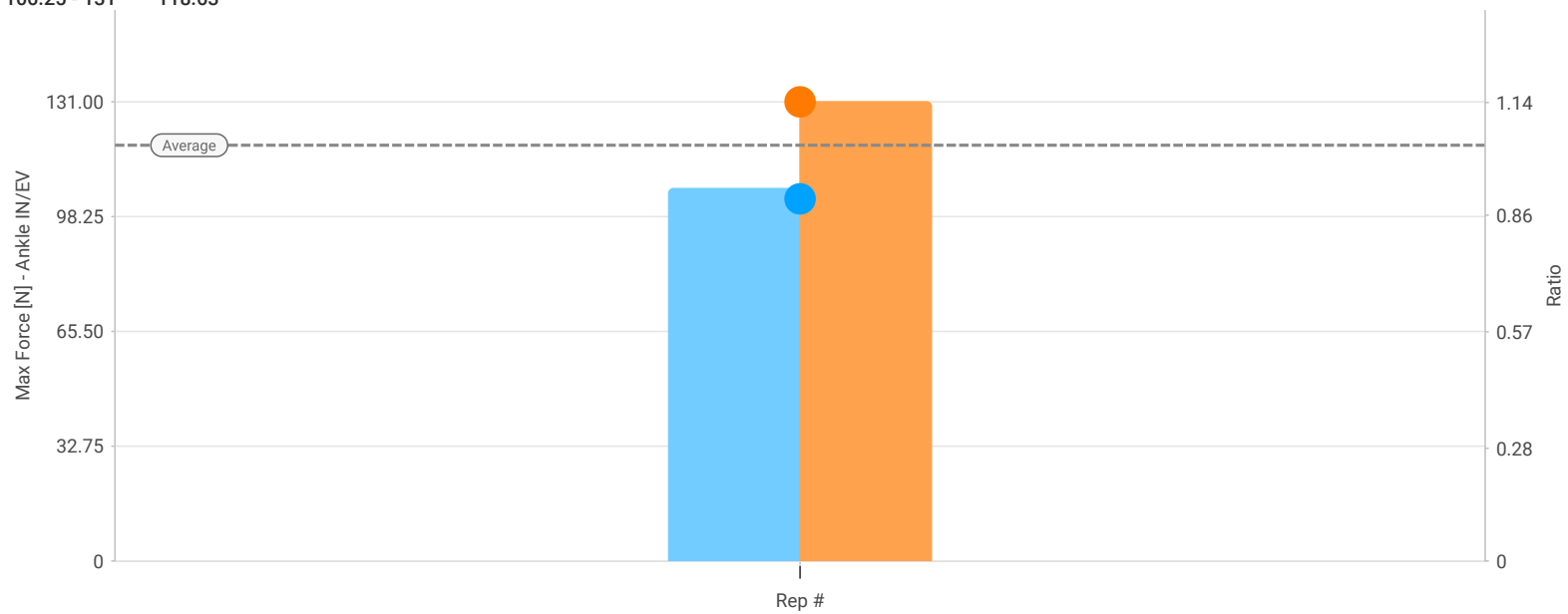
Inversion Max Force [N] - Ankle IN/EV

Range

Average

106.25 - 131

118.63



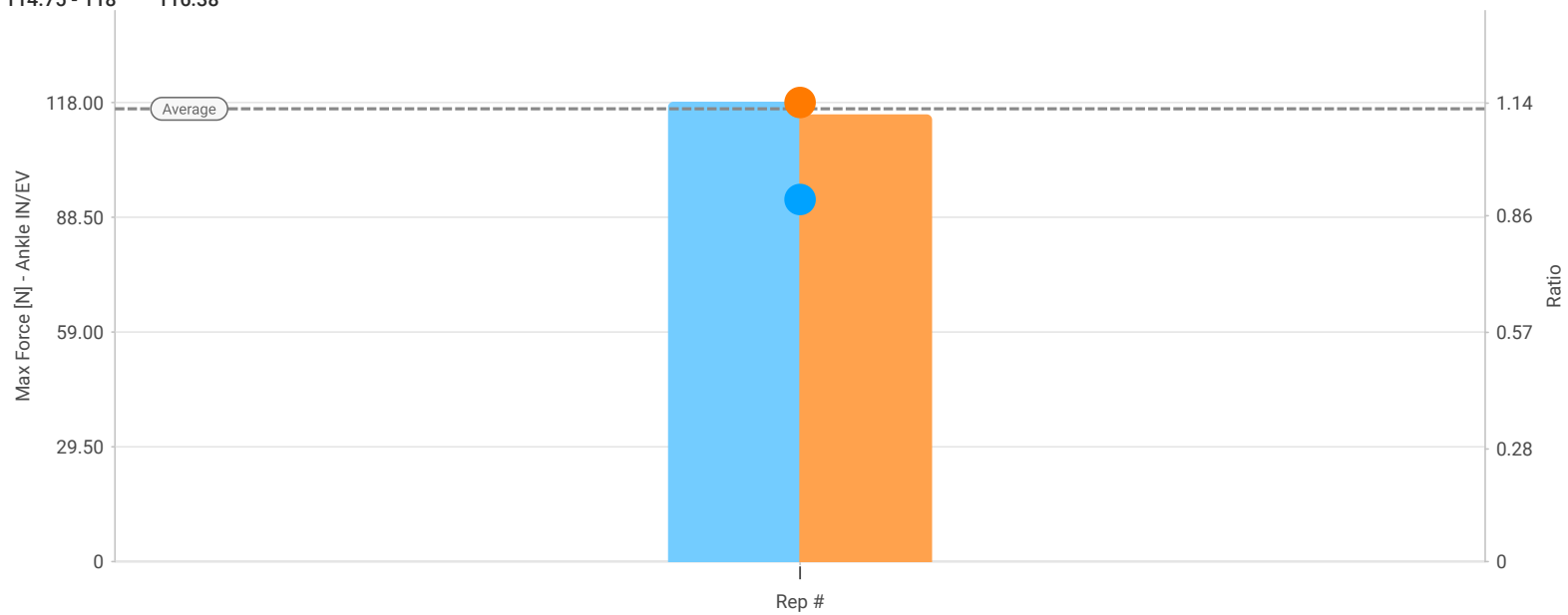
Eversion Max Force [N] - Ankle IN/EV

Range

Average

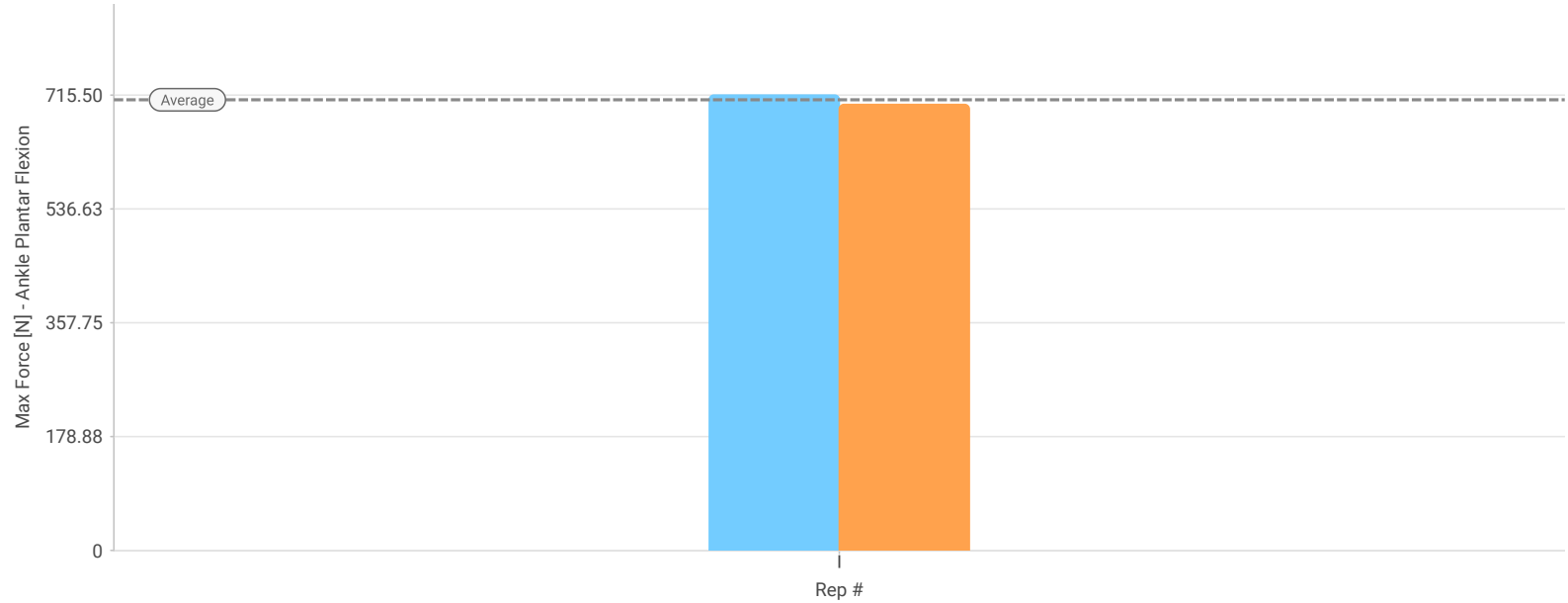
114.75 - 118

116.38



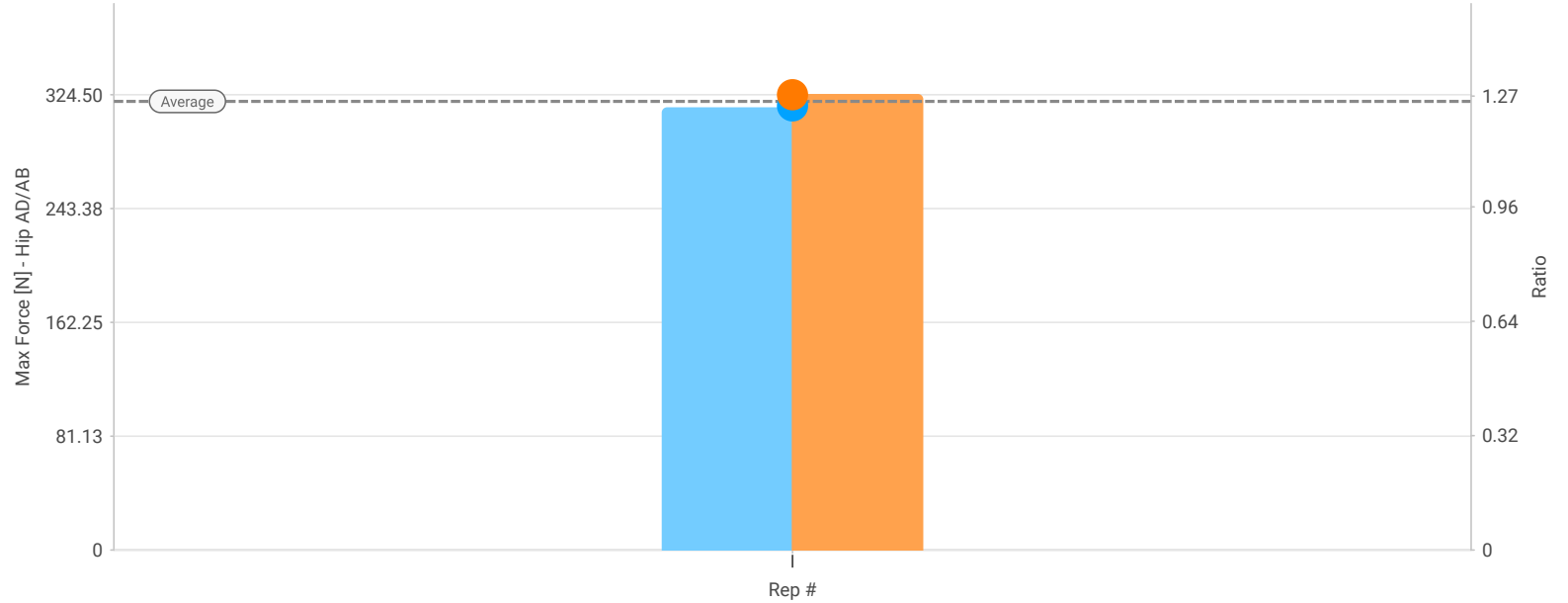
Plantar Flexion Max Force [N] - Ankle Plantar Flexion

Range Average
700.75 - 715.5 708.13



Adduction Max Force [N] - Hip AD/AB

Range Average
315 - 324.5 319.75



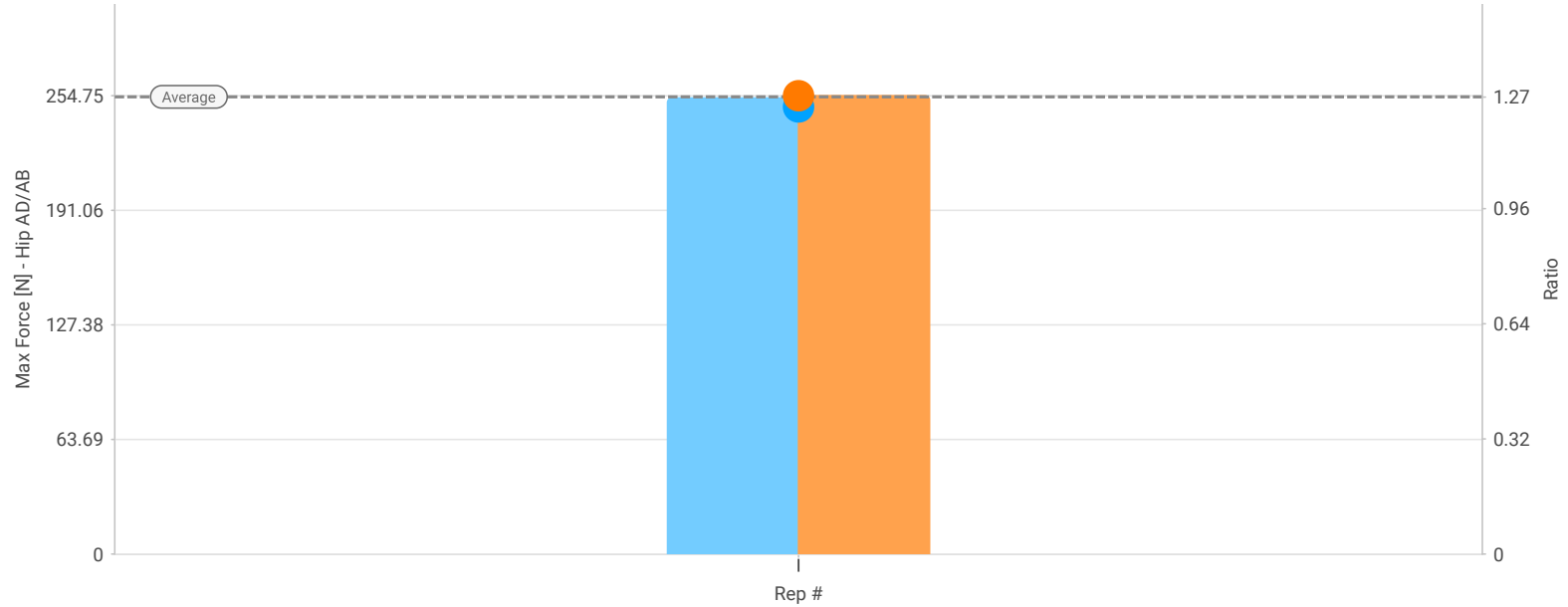
Abduction Max Force [N] - Hip AD/AB

Range

Average

253.5 - 254.75

254.13



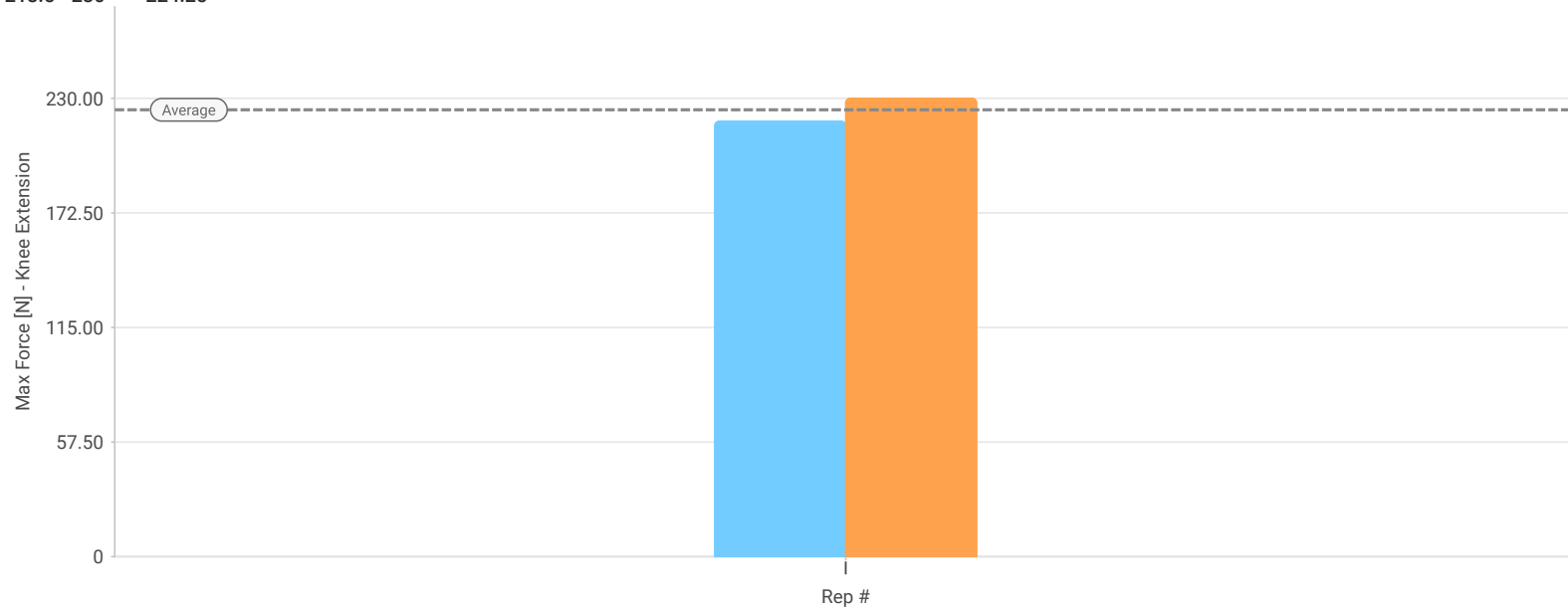
Extension Max Force [N] - Knee Extension

Range

Average

218.5 - 230

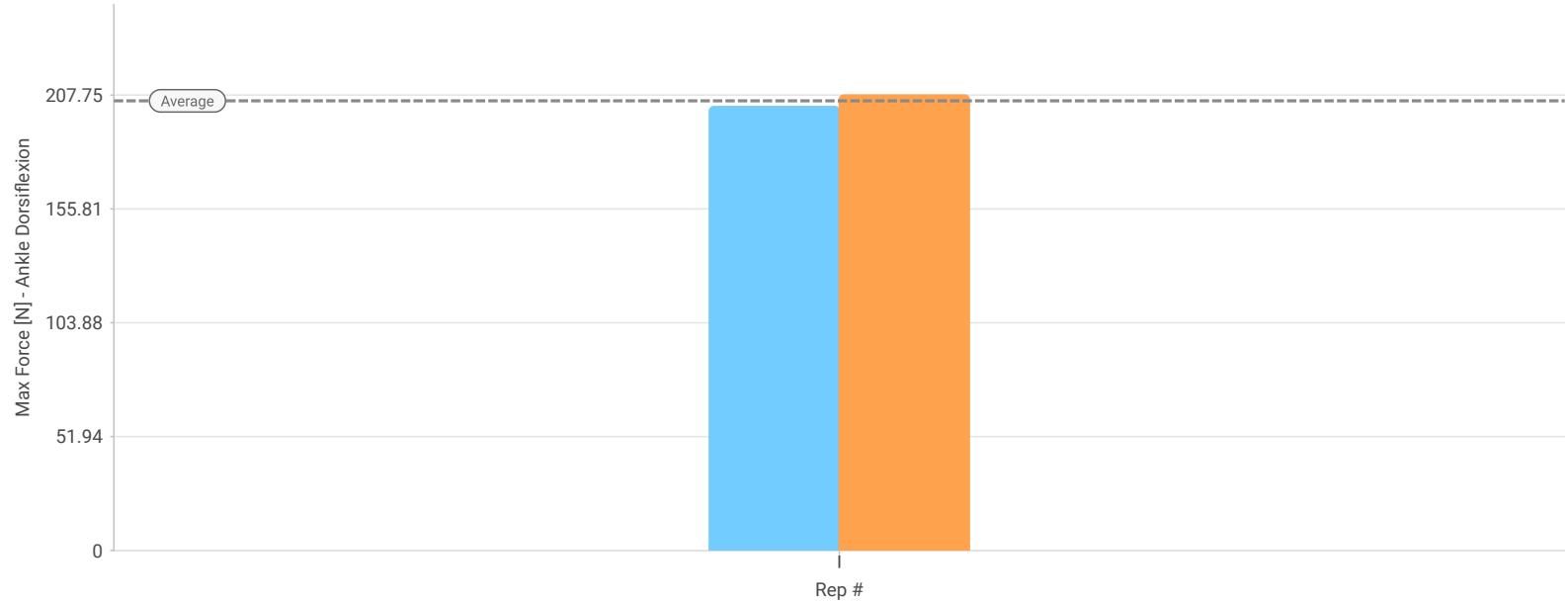
224.25



Dorsiflexion Max Force [N] - Ankle Dorsiflexion

Range
202.5 - 207.75

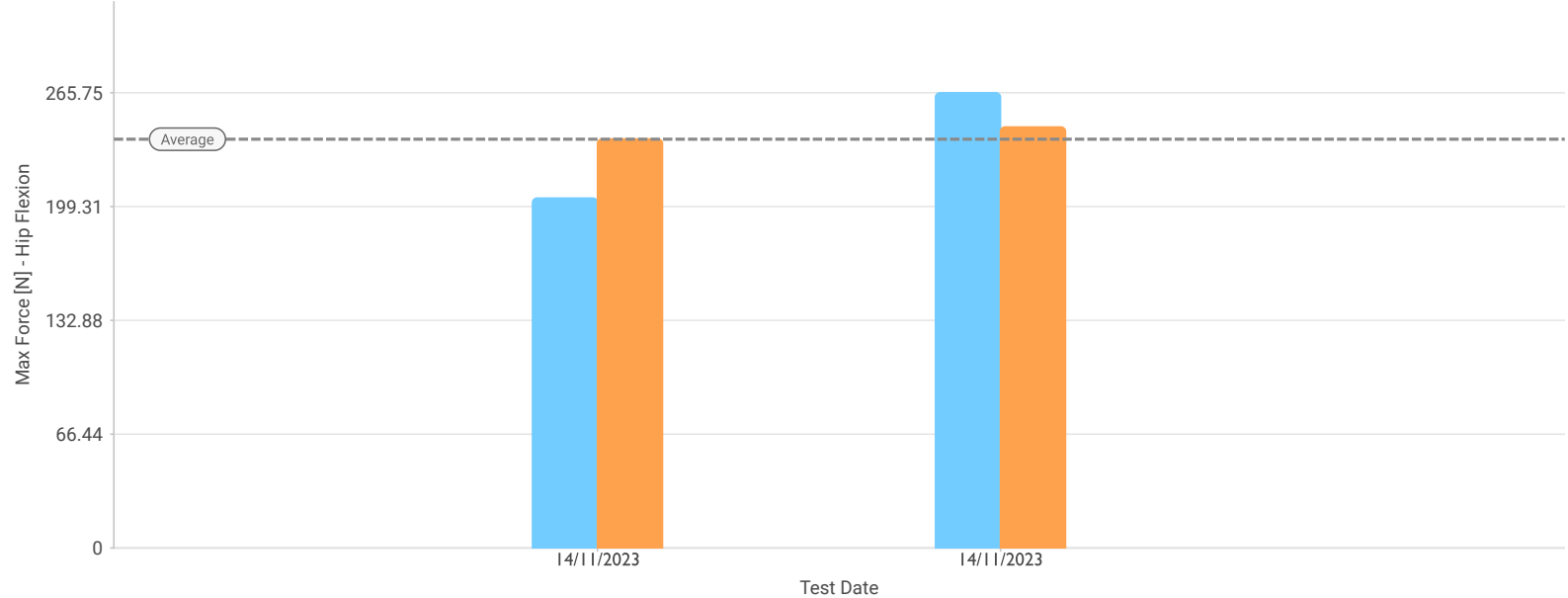
Average
205.13



Flexion Max Force [N] - Hip Flexion

Range
204.25 - 265.75

Average
238.63



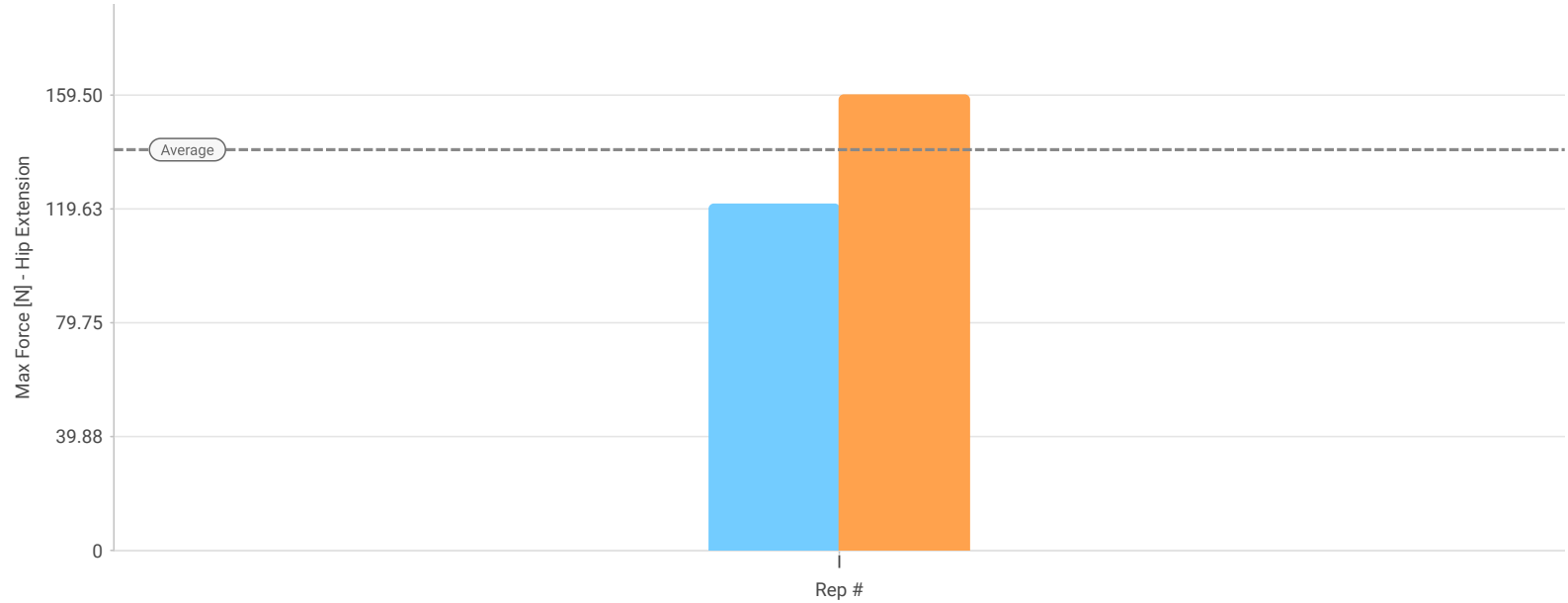
Extension Max Force [N] - Hip Extension

Range

Average

121.25 - 159.5

140.38



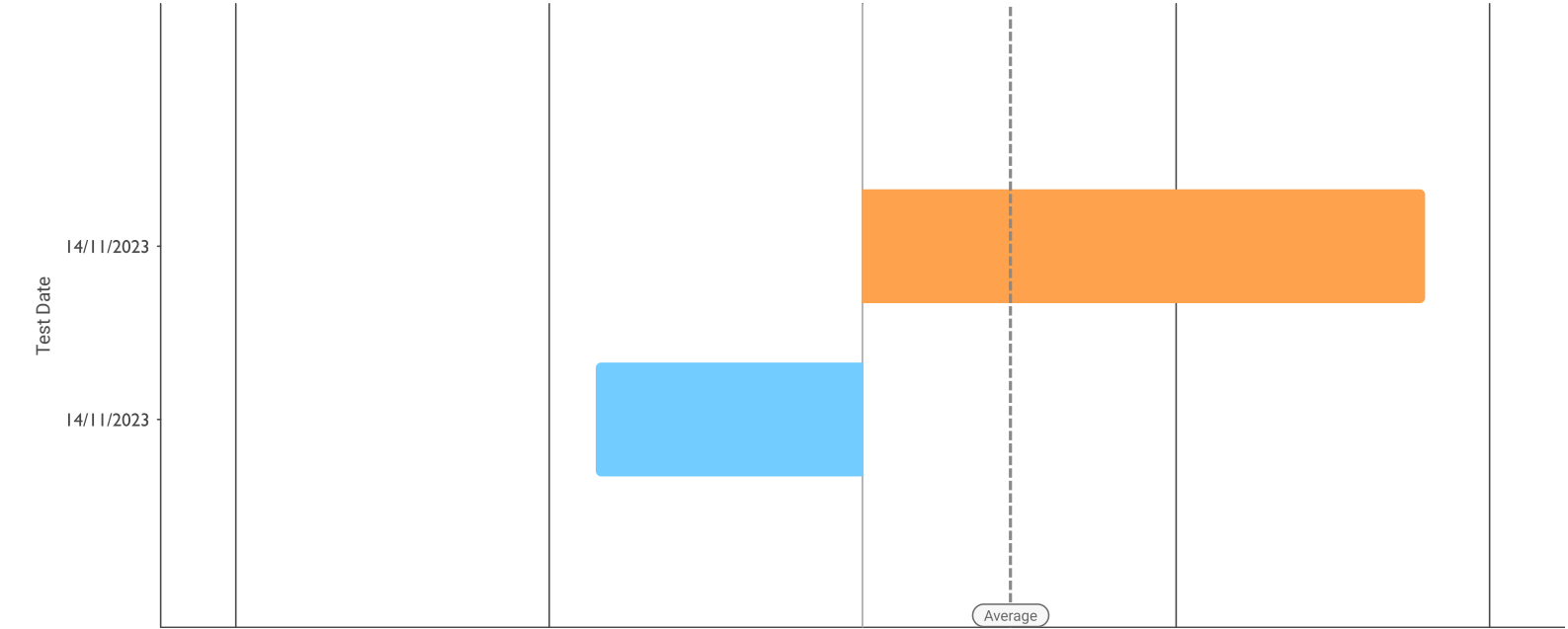
Knee Flexion Asymmetry [%] - Knee Flexion

Range

Average

12.74 L - 26.88 R

7.07 R



External Rotation Asymmetry [%] - Hip IR/ER

Range

Average

1.14 L - 1.14 R

1.14 R

Rep #



Internal Rotation Asymmetry [%] - Hip IR/ER

Range

Average

13.93 L - 13.93 R

13.93 R

Rep #



Inversion Asymmetry [%] - Ankle IN/EV

Range

Average

18.89 L - 18.89 R

18.89 R

Rep #

1

Average

Everson Asymmetry [%] - Ankle IN/EV

Range

Average

2.75 L - 2.75 R

2.75 L

Rep #

1

Average

Plantar Flexion Asymmetry [%] - Ankle Plantar Flexion

Range

Average

2.06 L - 2.06 R

2.06 L

Rep #



Adduction Asymmetry [%] - Hip AD/AB

Range

Average

2.93 L - 2.93 R

2.93 R

Rep #



Abduction Asymmetry [%] - Hip AD/AB

Range

Average

0.49 L - 0.49 R

0.49 R

Rep #



Extension Asymmetry [%] - Knee Extension

Range

Average

5 L - 5 R

5 R

Rep #



Dorsiflexion Asymmetry [%] - Ankle Dorsiflexion

Range

Average

2.53 L - 2.53 R

2.53 R

Rep #



Flexion Asymmetry [%] - Hip Flexion

Range

Average

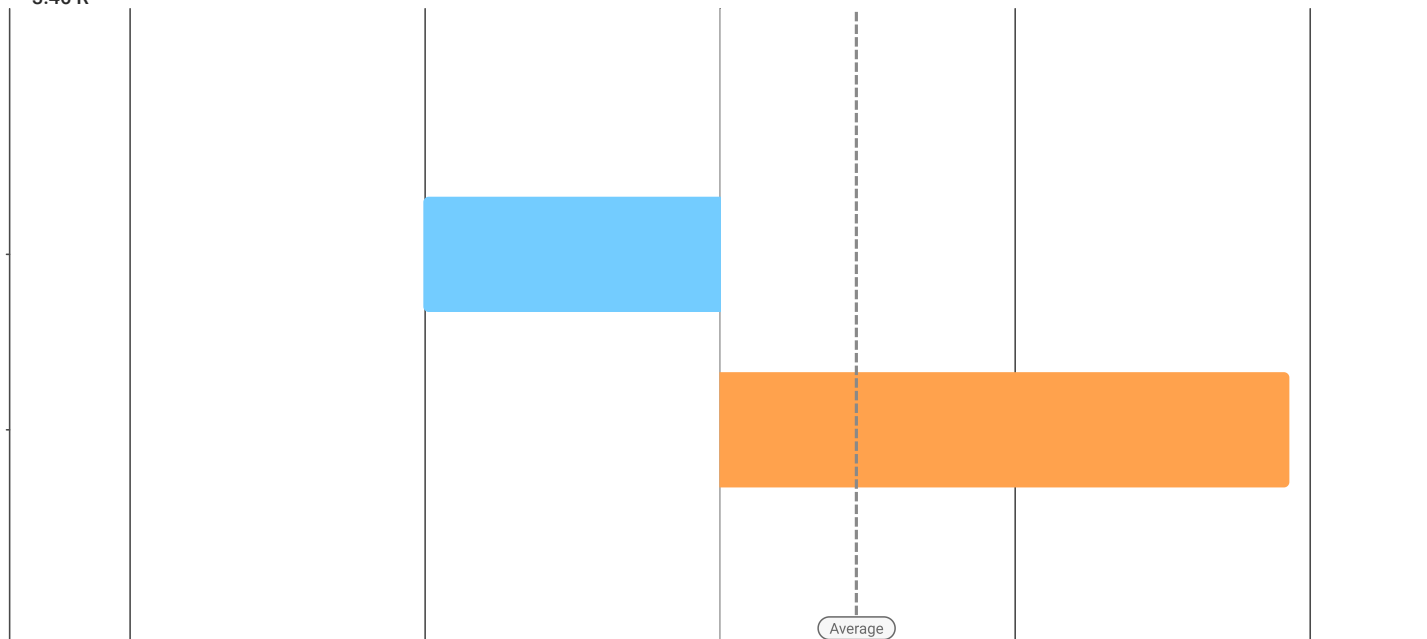
7.53 L - 14.45 R

3.46 R

Test Date

14/11/2023

14/11/2023



Extension Asymmetry [%] - Hip Extension

Range

Average

23.98 L - 23.98 R

23.98 R

Rep #

Average

Knee Flexion Impulse Force [Ns] - Knee Flexion

Range

Average

968.34 - 1435.45

1115.64

Impulse Force [Ns] - Knee Flexion

1435.45

1076.58

717.72

358.86

0

14/11/2023

14/11/2023

Test Date

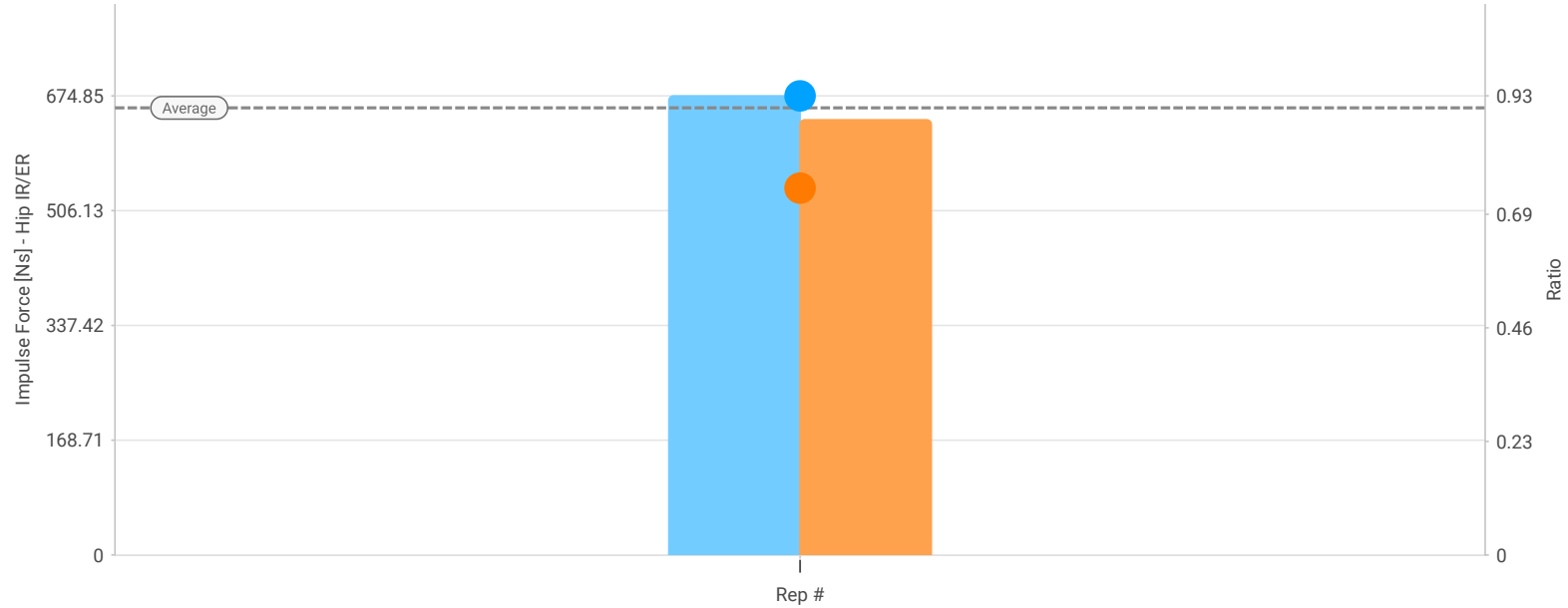
External Rotation Impulse Force [Ns] - Hip IR/ER

Range

Average

639.69 - 674.85

657.27



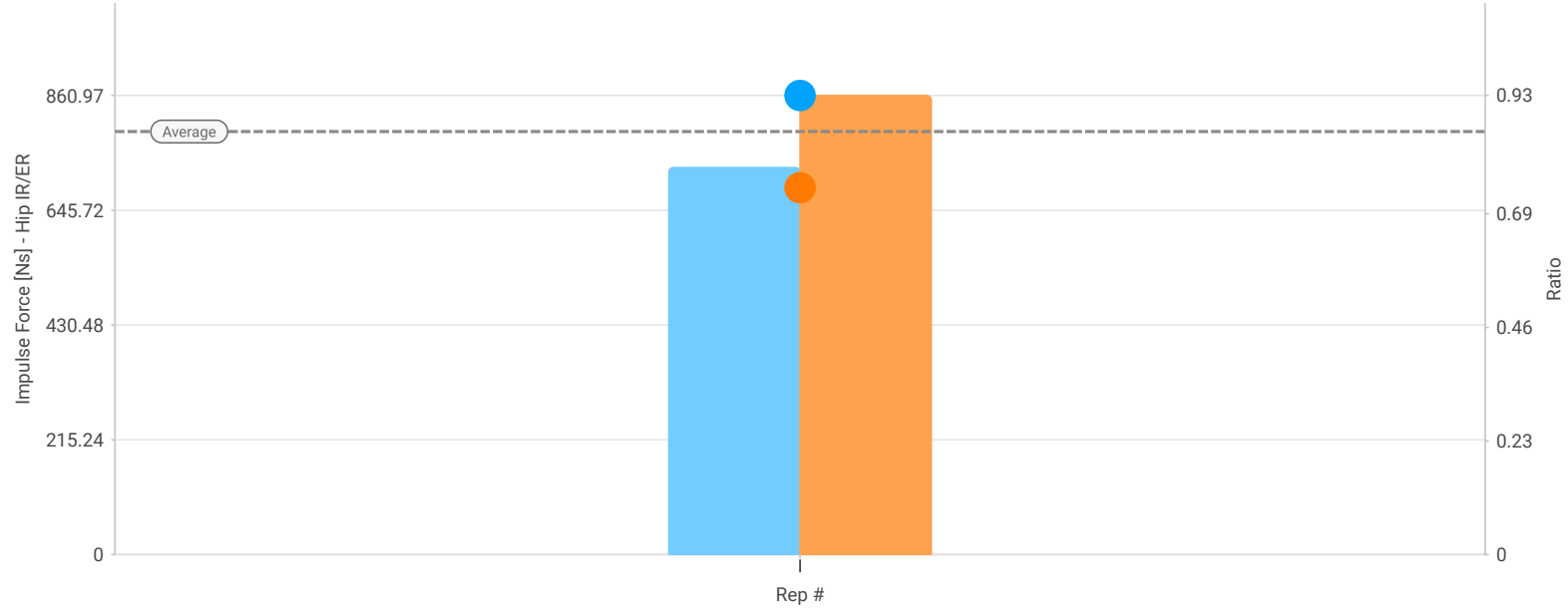
Internal Rotation Impulse Force [Ns] - Hip IR/ER

Range

Average

725.83 - 860.97

793.4



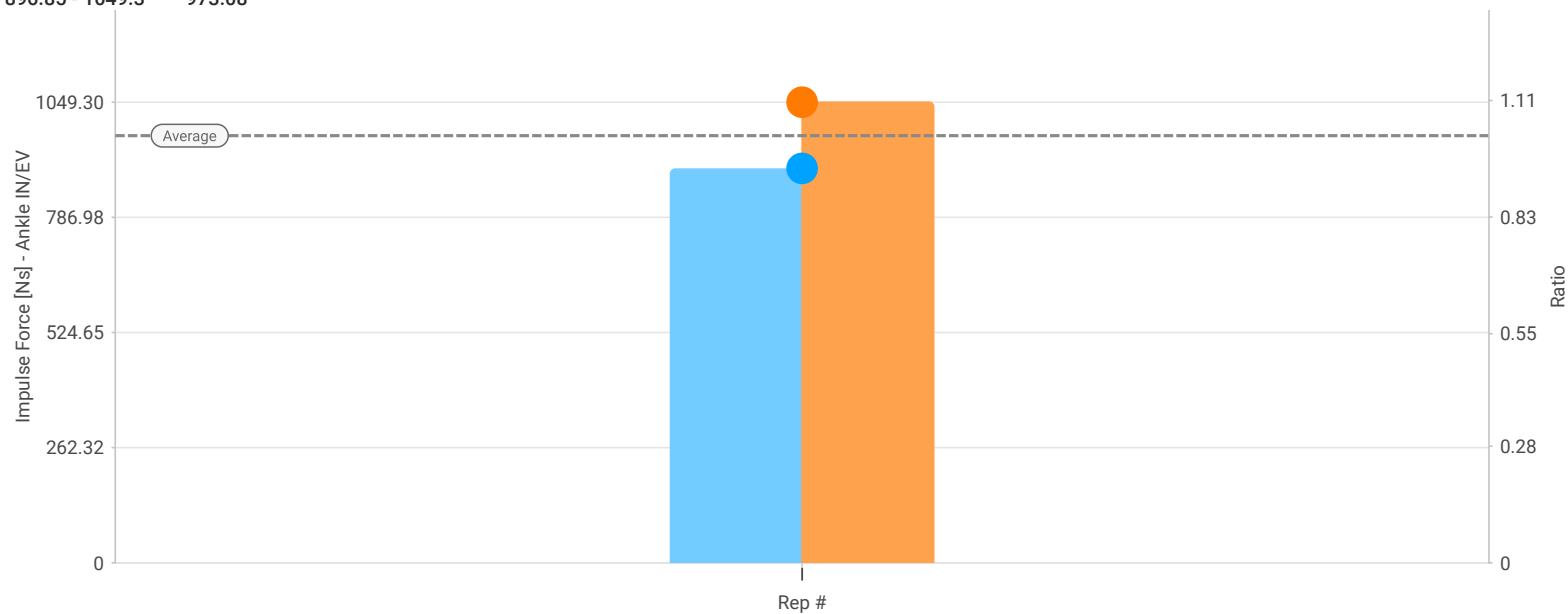
Inversion Impulse Force [Ns] - Ankle IN/EV

Range

Average

896.85 - 1049.3

973.08



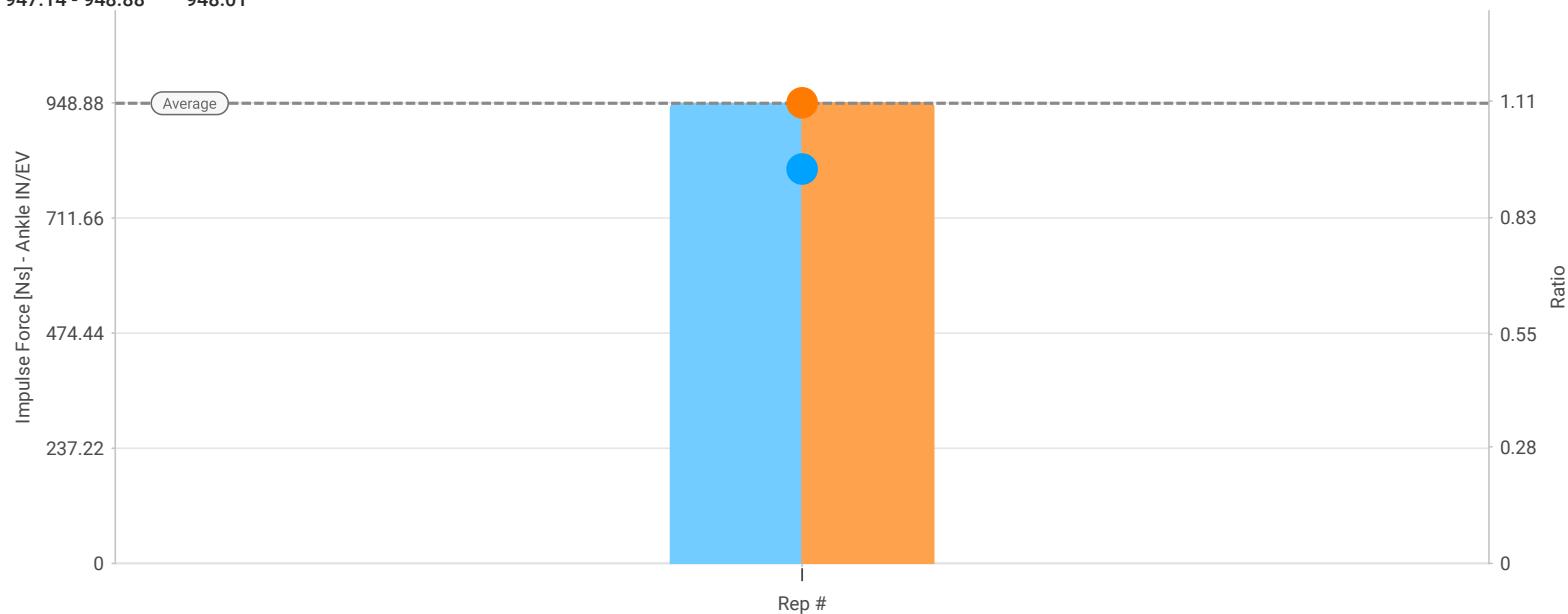
Eversion Impulse Force [Ns] - Ankle IN/EV

Range

Average

947.14 - 948.88

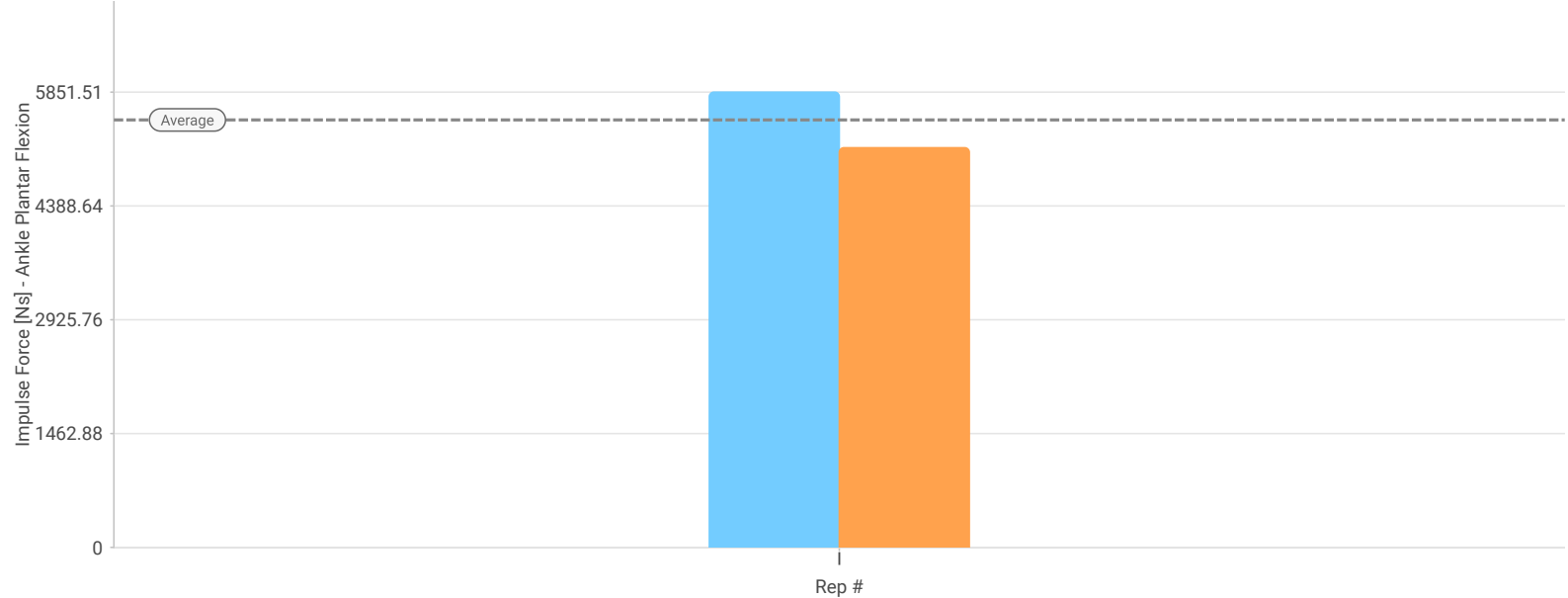
948.01



Plantar Flexion Impulse Force [Ns] - Ankle Plantar Flexion

Range Average

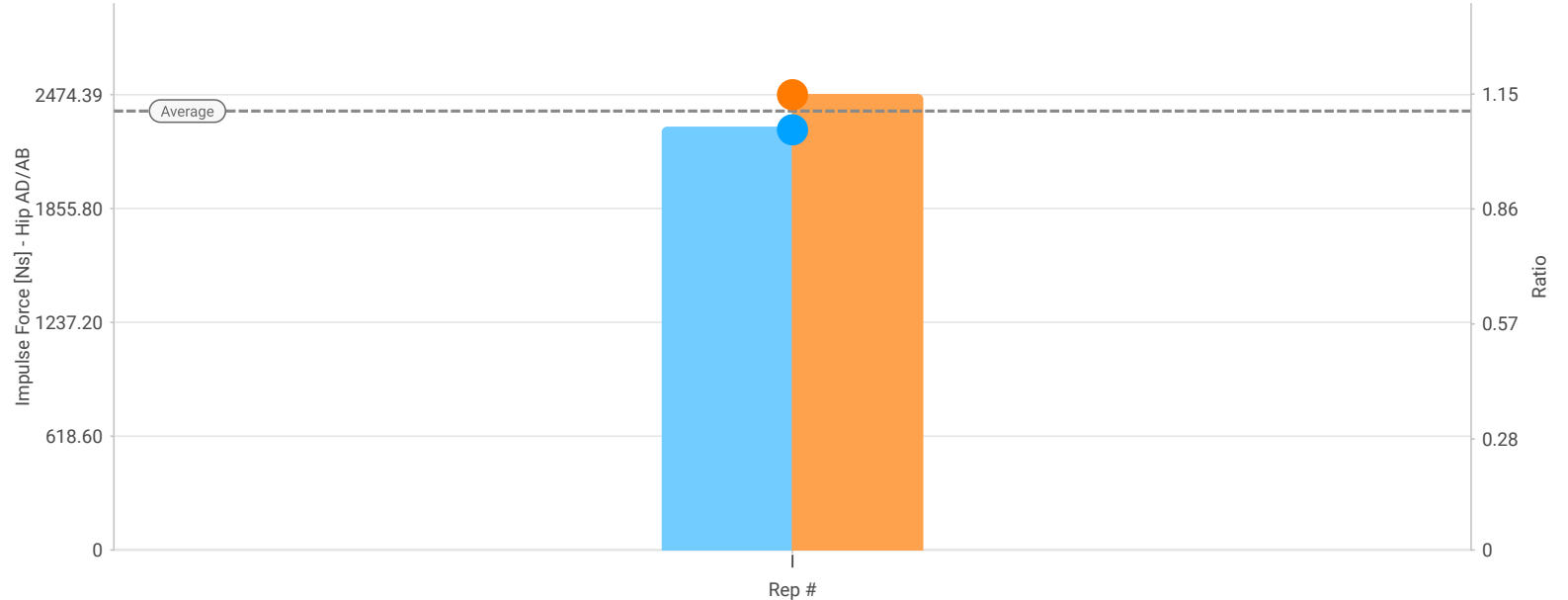
5136.91 - 5851.51 5494.21



Adduction Impulse Force [Ns] - Hip AD/AB

Range Average

2296.81 - 2474.39 2385.6



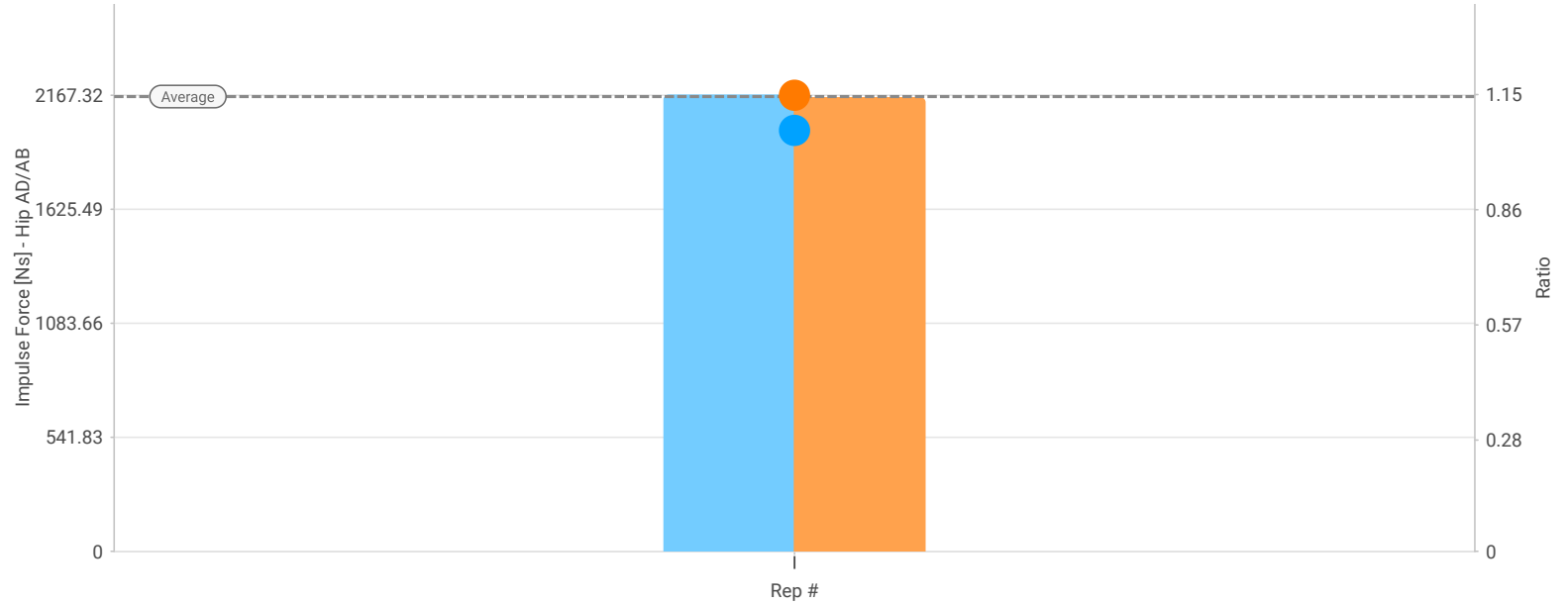
Abduction Impulse Force [Ns] - Hip AD/AB

Range

Average

2155.02 - 2167.32

2161.17



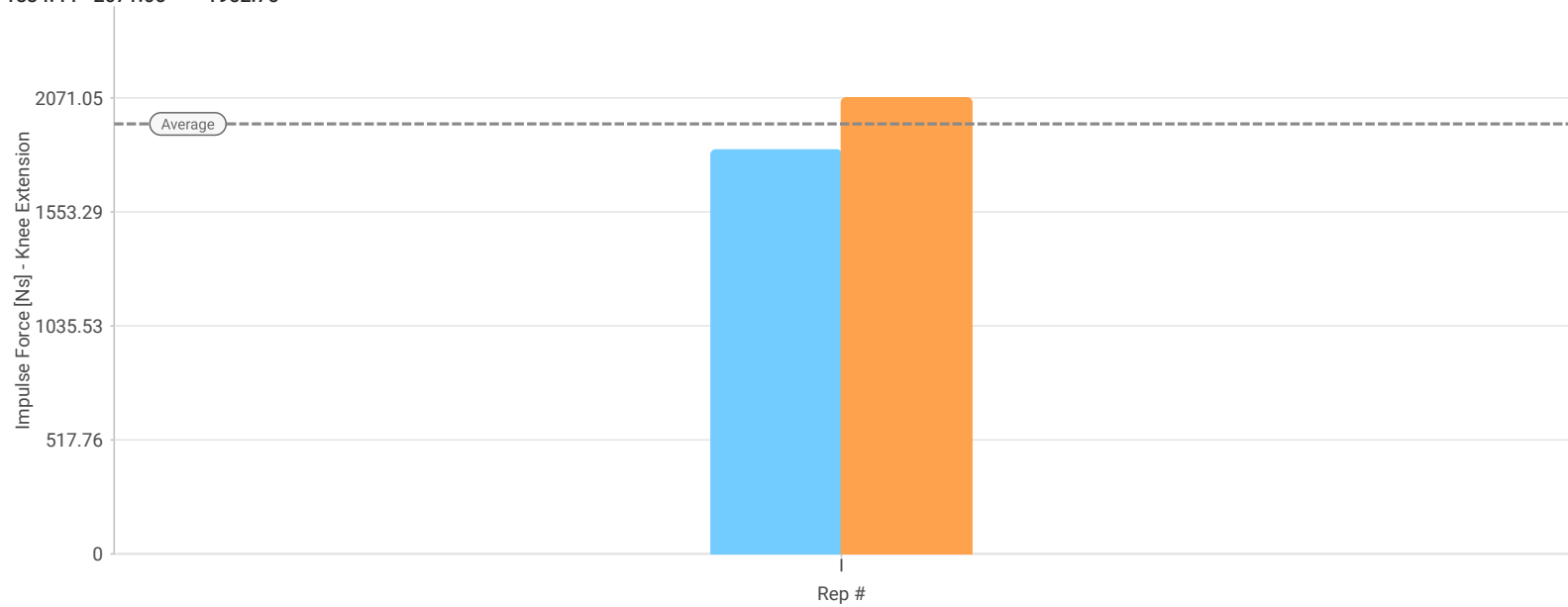
Extension Impulse Force [Ns] - Knee Extension

Range

Average

1834.44 - 2071.05

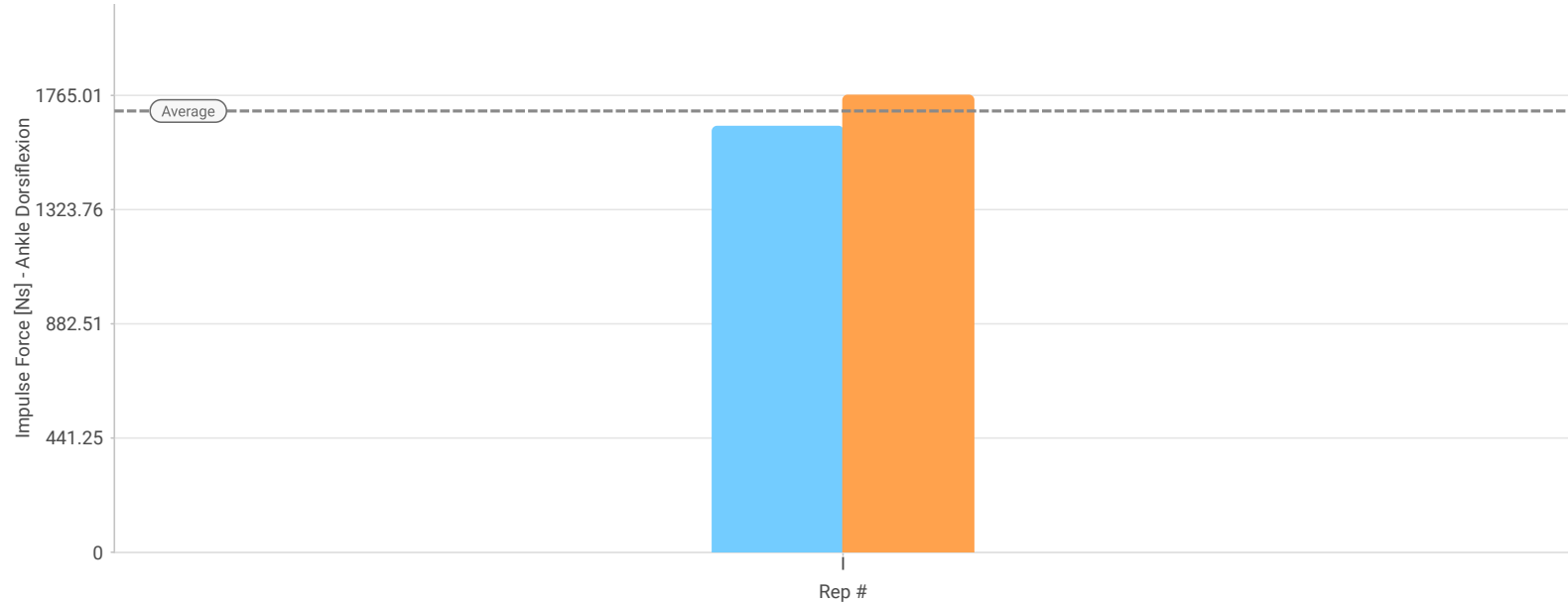
1952.75



Dorsiflexion Impulse Force [Ns] - Ankle Dorsiflexion

Range
1644.75 - 1765.01

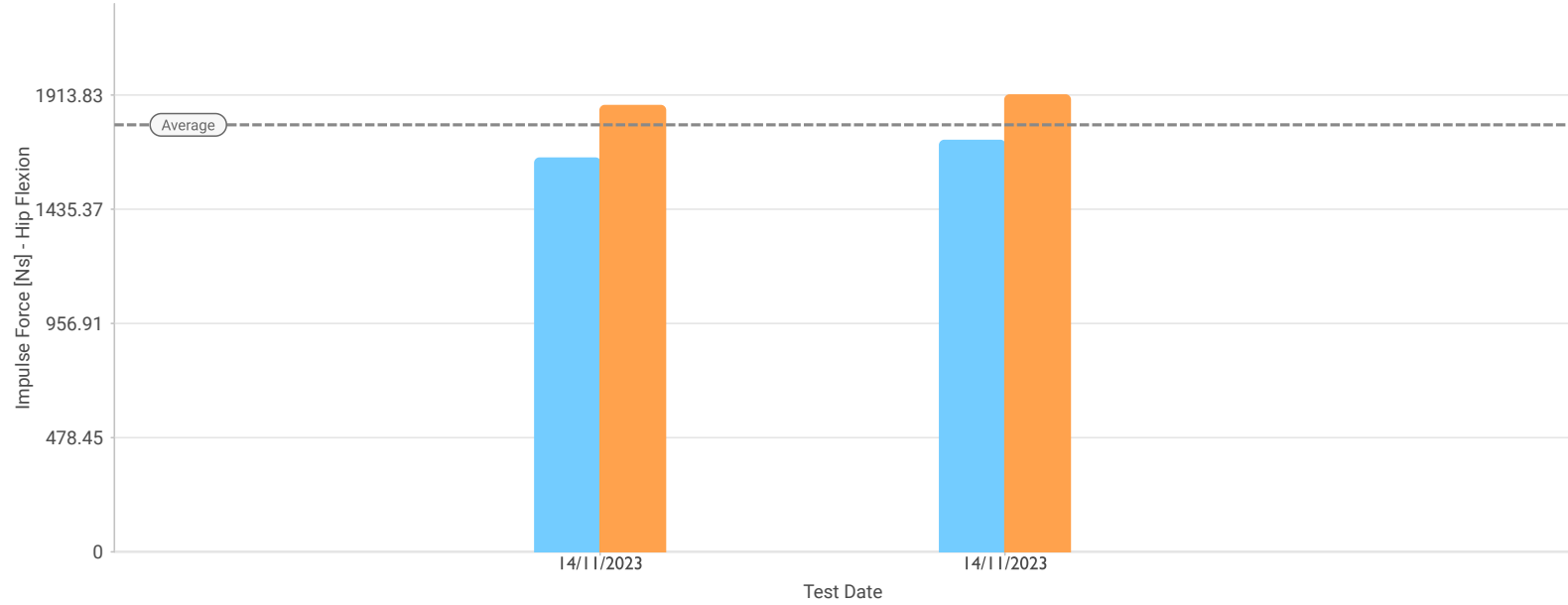
Average
1704.88



Flexion Impulse Force [Ns] - Hip Flexion

Range
1649.39 - 1913.83

Average
1789.04



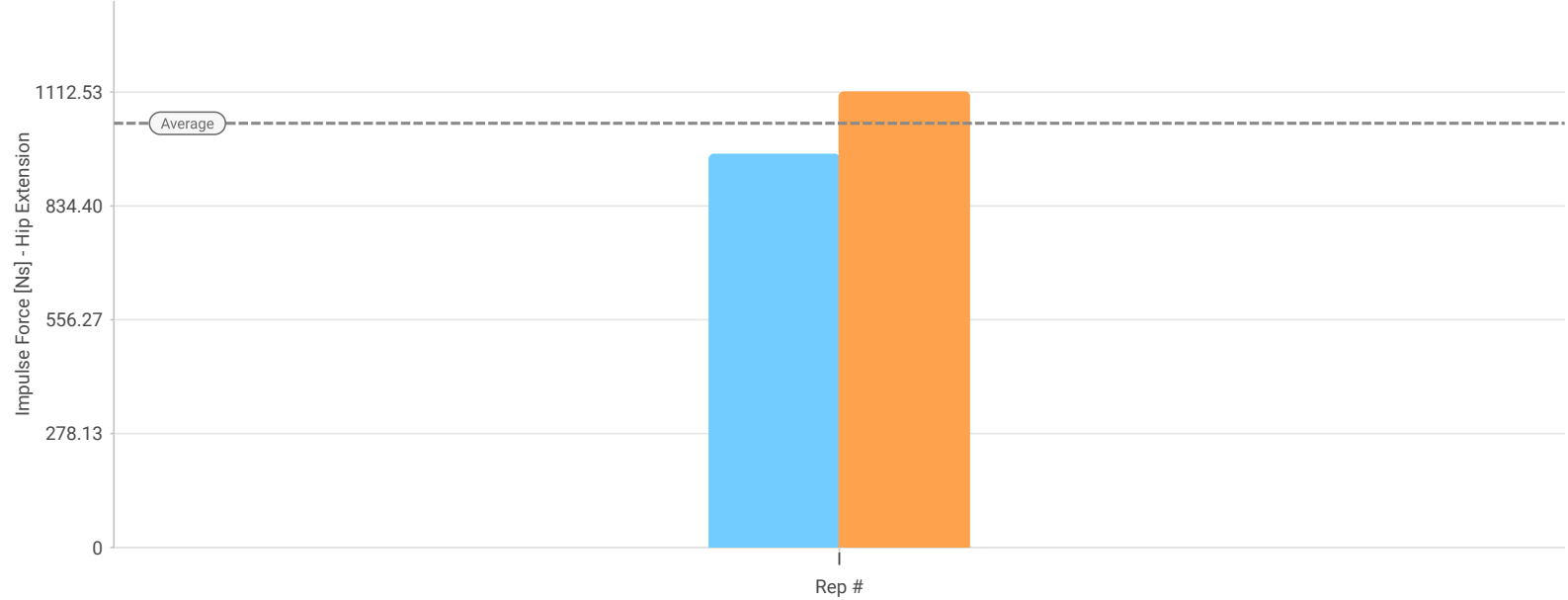
Extension Impulse Force [Ns] - Hip Extension

Range

Average

960.36 - 1112.53

1036.44



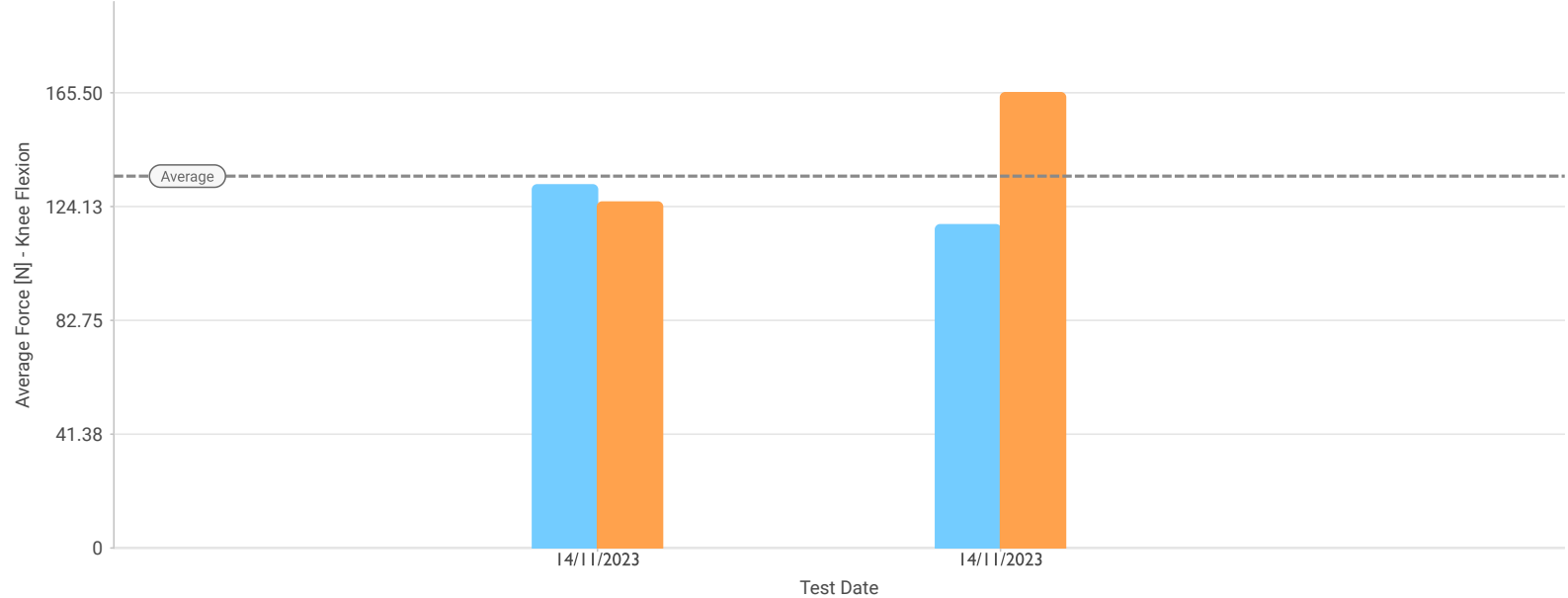
Knee Flexion Average Force [N] - Knee Flexion

Range

Average

117.5 - 165.5

135.19



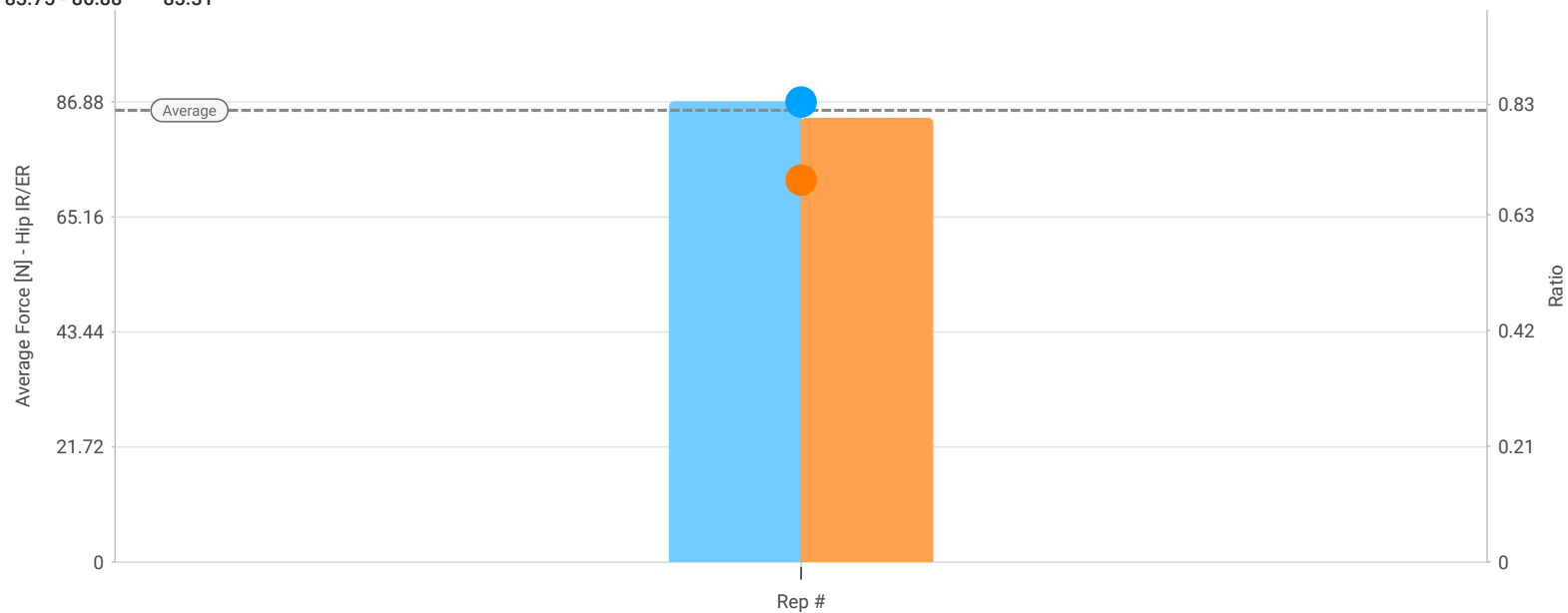
External Rotation Average Force [N] - Hip IR/ER

Range

Average

83.75 - 86.88

85.31



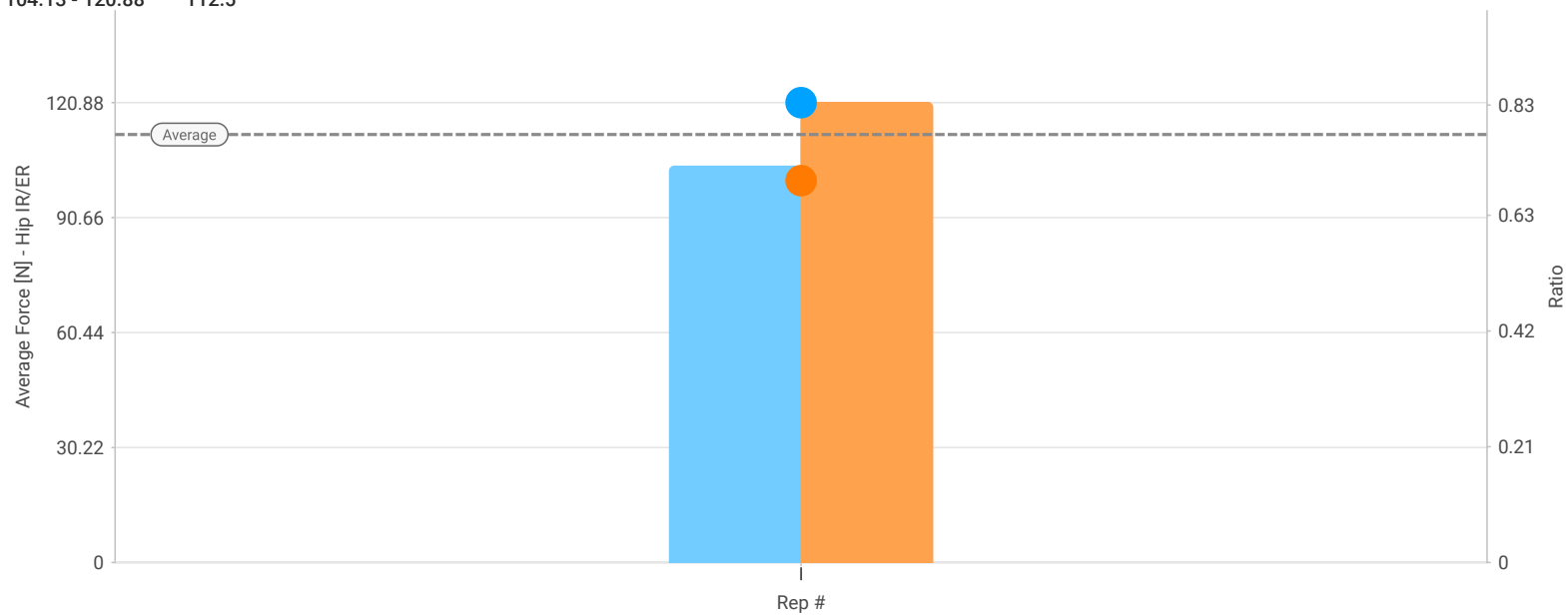
Internal Rotation Average Force [N] - Hip IR/ER

Range

Average

104.13 - 120.88

112.5



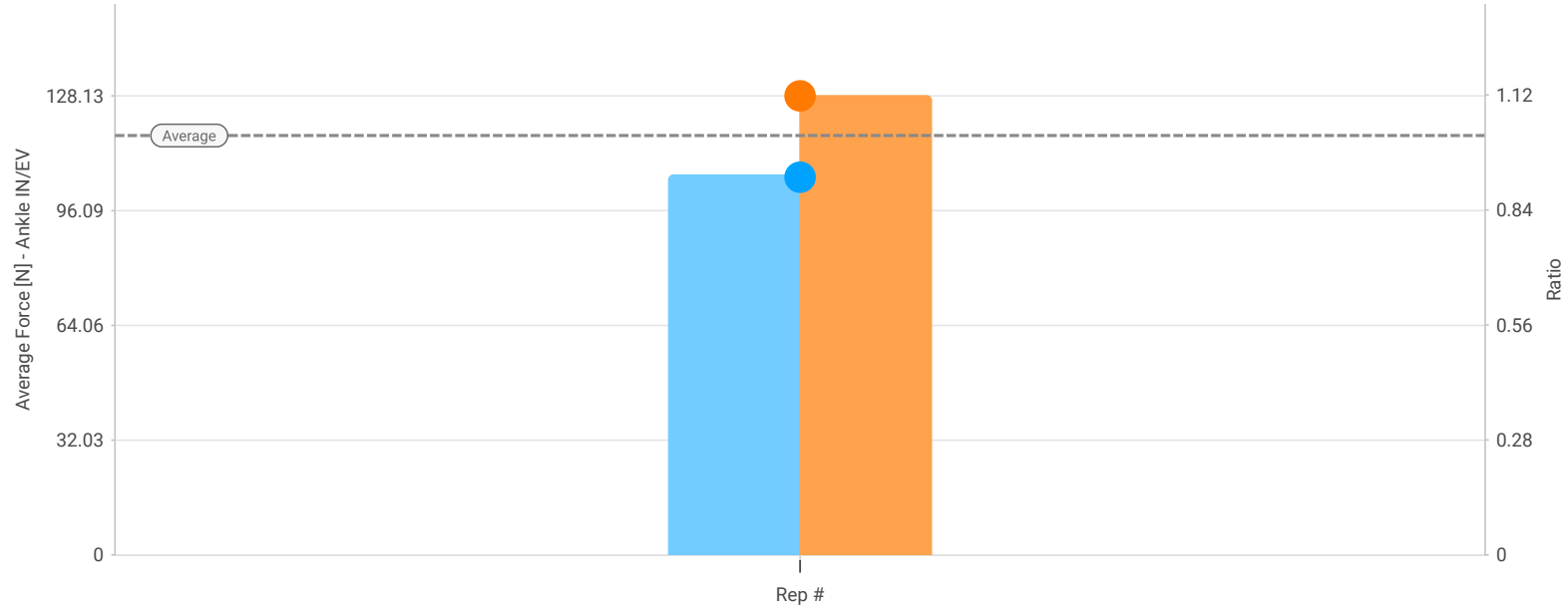
Inversion Average Force [N] - Ankle IN/EV

Range

Average

106 - 128.13

117.06



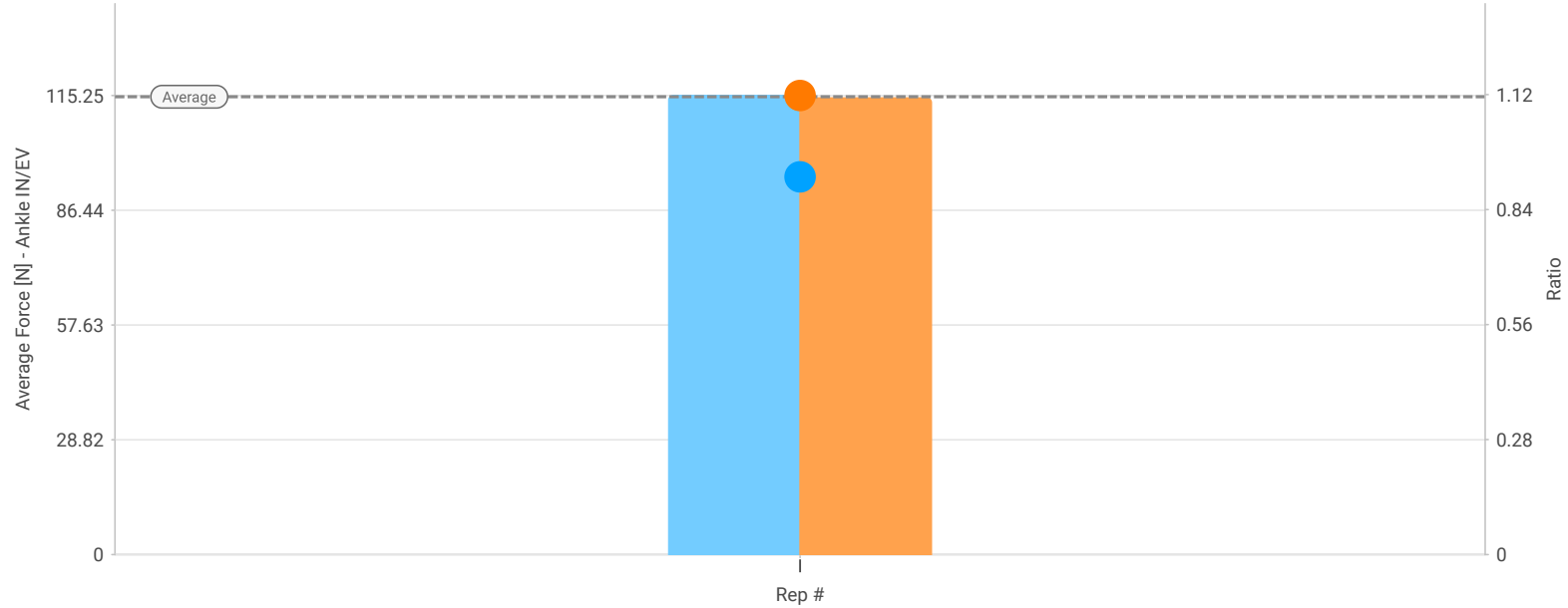
Eversion Average Force [N] - Ankle IN/EV

Range

Average

114.63 - 115.25

114.94



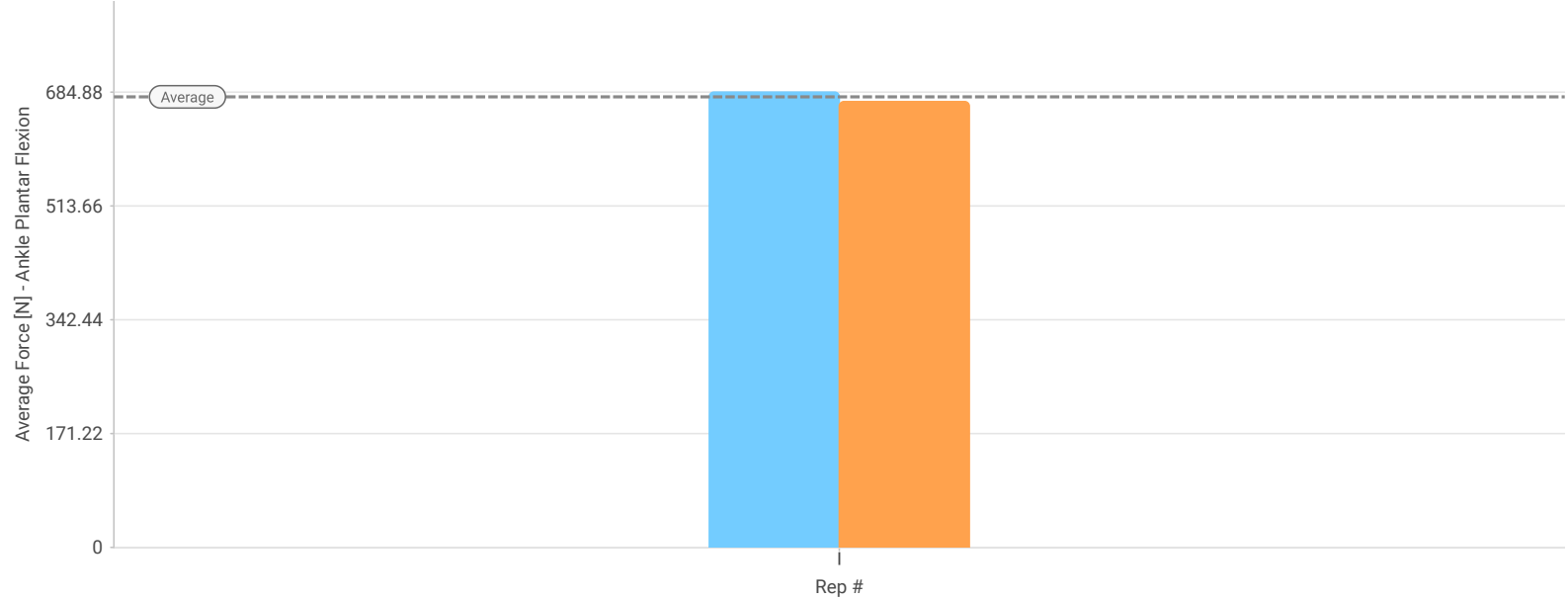
Plantar Flexion Average Force [N] - Ankle Plantar Flexion

Range

Average

670.63 - 684.88

677.75



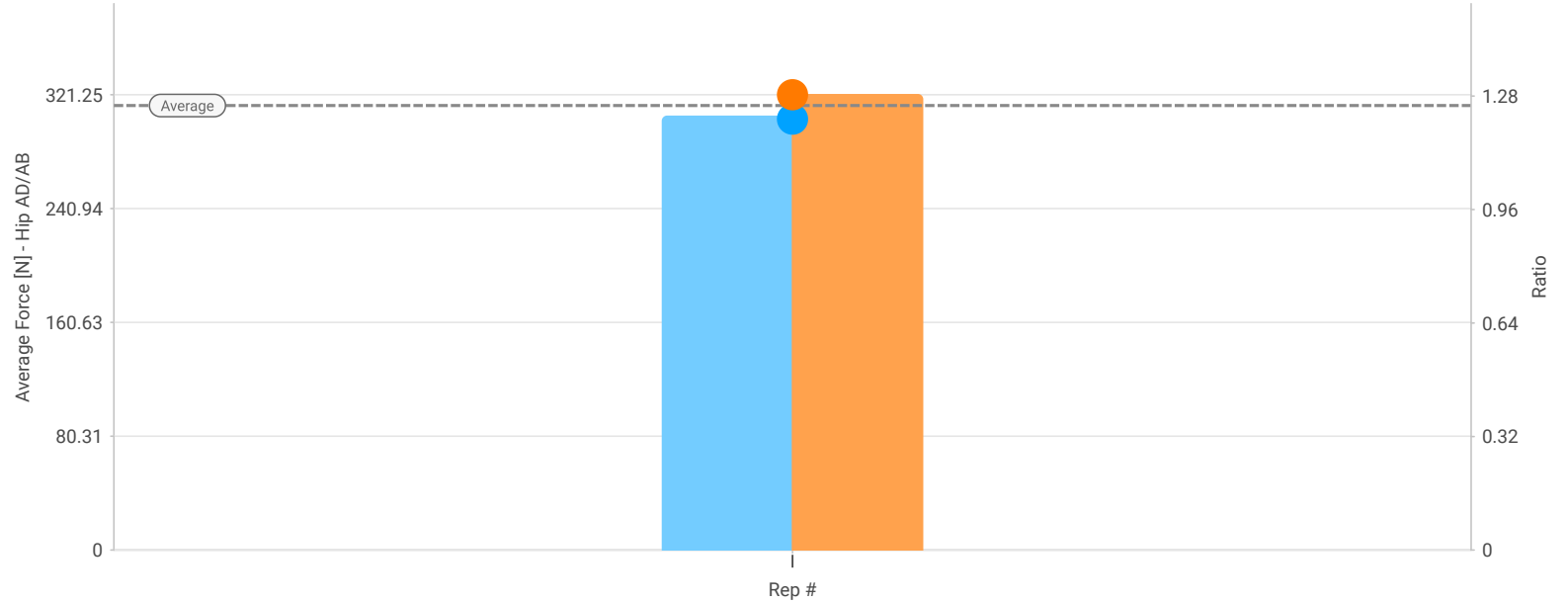
Adduction Average Force [N] - Hip AD/AB

Range

Average

306 - 321.25

313.63



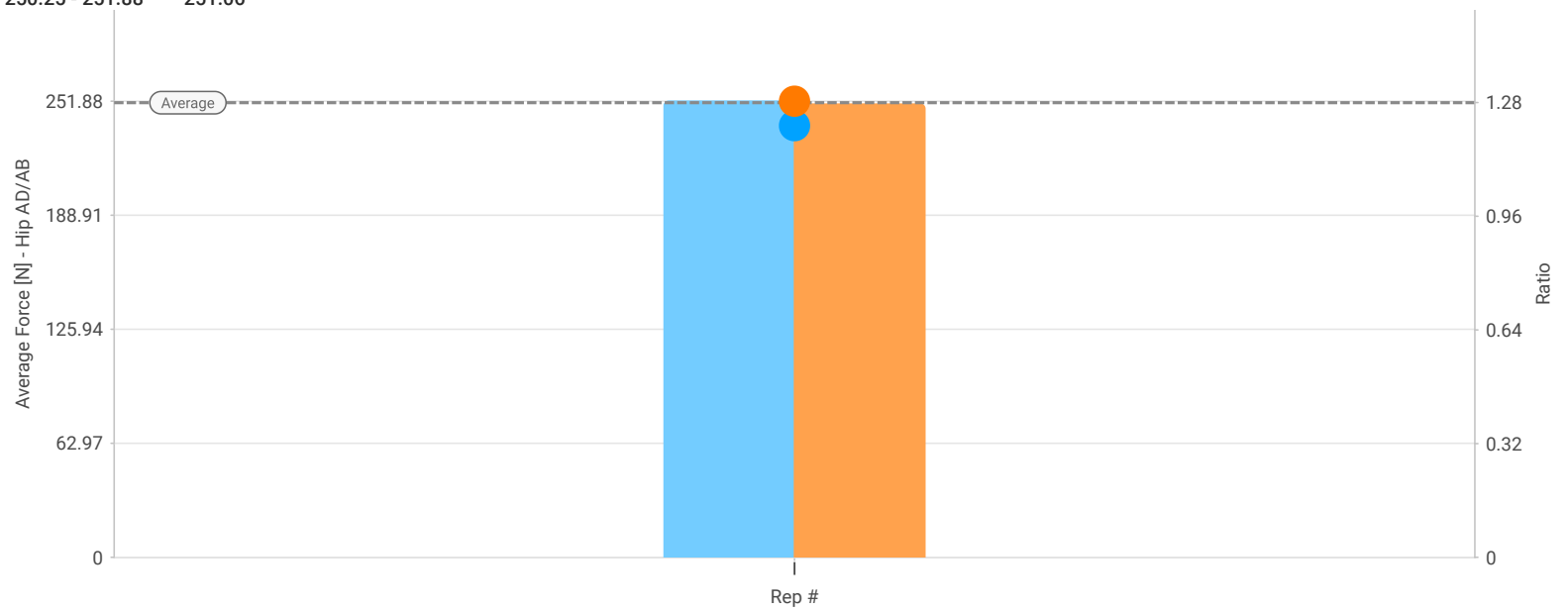
Abduction Average Force [N] - Hip AD/AB

Range

250.25 - 251.88

Average

251.06



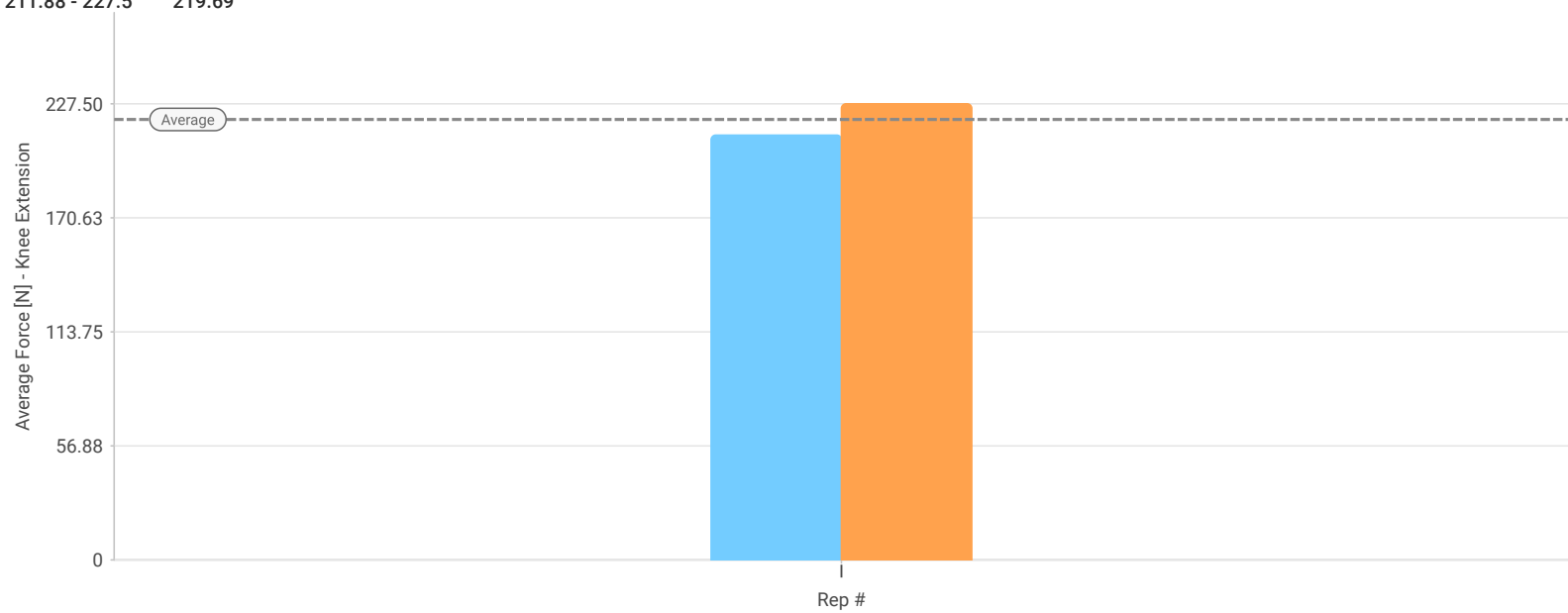
Extension Average Force [N] - Knee Extension

Range

211.88 - 227.5

Average

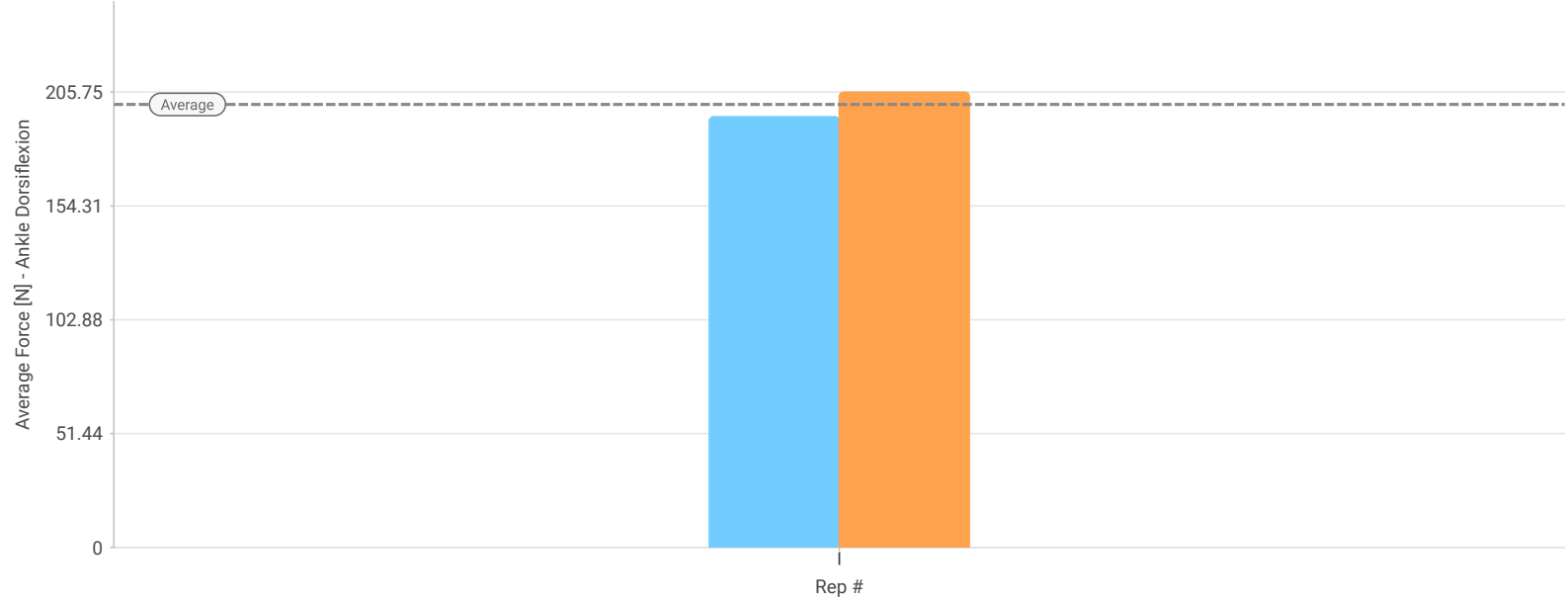
219.69



Dorsiflexion Average Force [N] - Ankle Dorsiflexion

Range
194.63 - 205.75

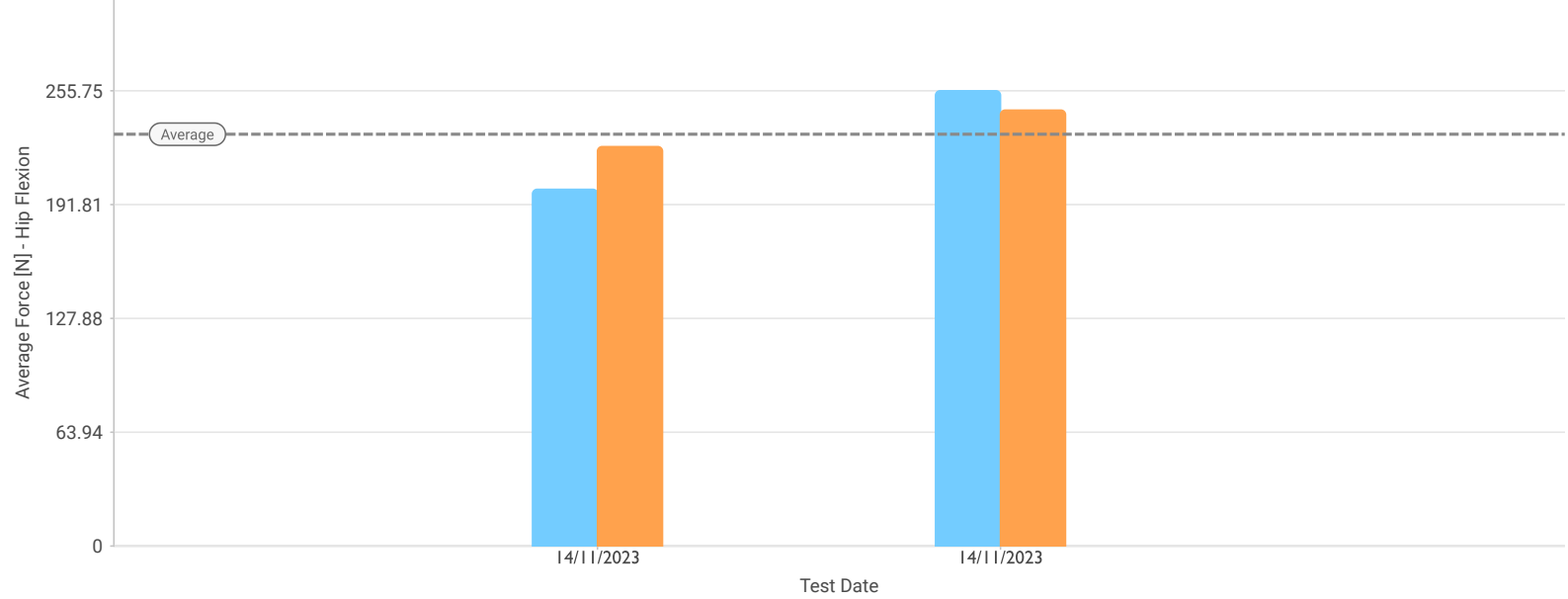
Average
200.19



Flexion Average Force [N] - Hip Flexion

Range
200.38 - 255.75

Average
231.34



Extension Average Force [N] - Hip Extension

Range

Average

116.13 - 153.63

134.88

