

| Tests | (1 | 8) | | | |
|------------|----|----|--|--|--|
| DD OF U.E. | | | | | |

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|-------------------|------------|--------------------|------------------|-----------------|
| PROFILE | DATE | TEST TYPE | TEST POSITION | REPS |
| João Pedro Iseppe | | | | |
| 8 Tests | | | | |
| | 17/11/2021 | Hip IR/ER | Prone | ER 3 L / 3 R |
| | 5:46 PM | | | IR 2 L / 2 R |
| | 17/11/2021 | Hip IR/ER | Prone | ER 4 L / 4 R |
| | 5:28 PM | THE IN EN | | IR 2 L / 2 R |
| | 17/11/2021 | Hip Extension | Standing | EXT 2 L / 3 R |
| | 5:23 PM | | | |
| | 17/11/2021 | Hip Extension | Prone | EXT 2 L / 2 R |
| | 5:21 PM | THE Extension | | |
| | 17/11/2021 | Hip Flexion | Kicker | FLEX 3 L / 2 R |
| | 5:14 PM | THE FIEXION | | |
| | 17/11/2021 | Hip Flexion | Supine | FLEX 2 L / 2 R |
| | 5:10 PM | | | |
| | 17/11/2021 | Hip Flexion | Standing | FLEX 2 L / 2 R |
| | 5:05 PM | po.xio | | |
| | 17/11/2021 | Hip Flexion | Seated | FLEX 2 L / 4 R |
| | 5:01 PM | | | |
| | 17/11/2021 | Hip AD/AB | Standing (Ankle) | ADD 2 L / 2 R |
| | 4:56 PM | , | | ABD 2 L / 3 R |
| | 17/11/2021 | Hip AD/AB | Standing (Knee) | ADD 2 L / 4 R |
| | 4:40 PM | | | ABD 2 L / 2 R |
| | 17/11/2021 | Hip AD/AB | Seated | ADD 2 L / 2 R |
| | 4:34 PM | | | ABD 2 L / 2 R |
| | 17/11/2021 | Hip AD/AB | 90° | ADD 2 L / 2 R |
| | 4:31 PM | | | ABD 2 L / 2 R |
| | 17/11/2021 | knee extensor | knee extensor | Inner 0 L / 0 R |
| | 4:25 PM | | | Outer 2 L / 3 R |
| | 17/11/2021 | Knee Flexion | Supine | FLEX 2 L / 3 R |
| | 4:18 PM | | | |
| | 17/11/2021 | Knee Flexion | Standing | FLEX 2 L / 2 R |
| | 4:16 PM | | | |
| | 17/11/2021 | Knee Flexion | Prone | FLEX 2 L / 2 R |
| | 4:13 PM | Ankle IN/EV Su | | INIV O L / O D |
| | 17/11/2021 | | Supine | INV 2 L / 2 R |
| 4:09 PM | | | EV 2 L / 2 R | |
| | 17/11/2021 | Ankle Dorsiflexion | Seated | DF 2 L / 2 R |
| | 4:04 PM | | | |



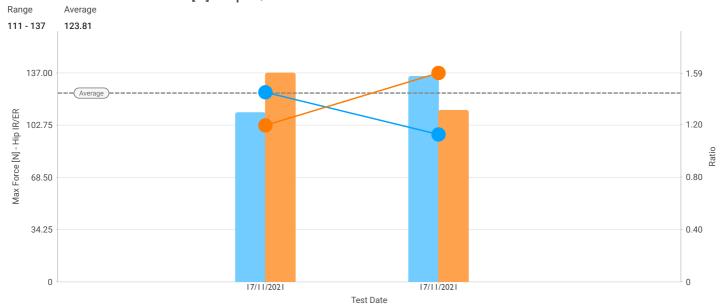
4:04 PM



External Rotation Max Force [N] - Hip IR/ER



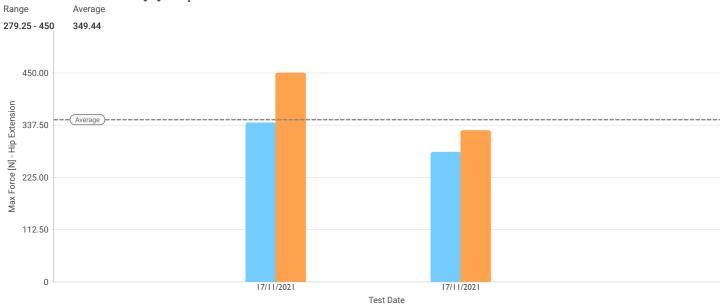
Internal Rotation Max Force [N] - Hip IR/ER



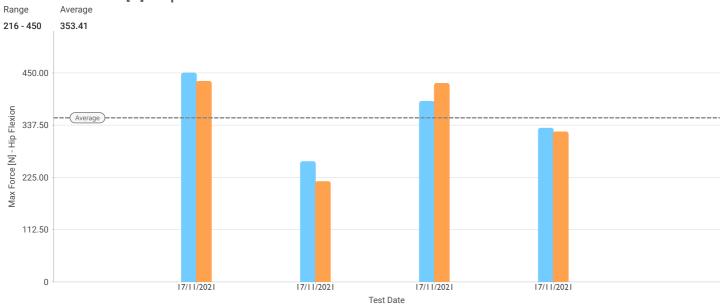




Extension Max Force [N] - Hip Extension



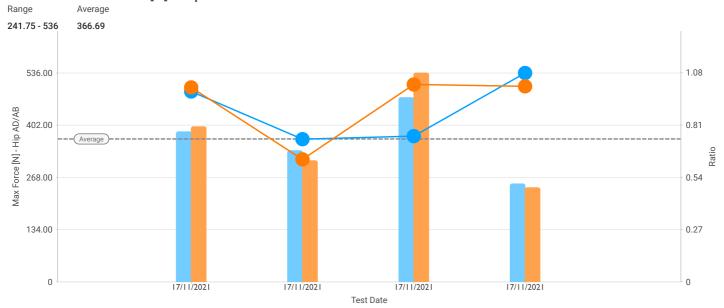
Flexion Max Force [N] - Hip Flexion



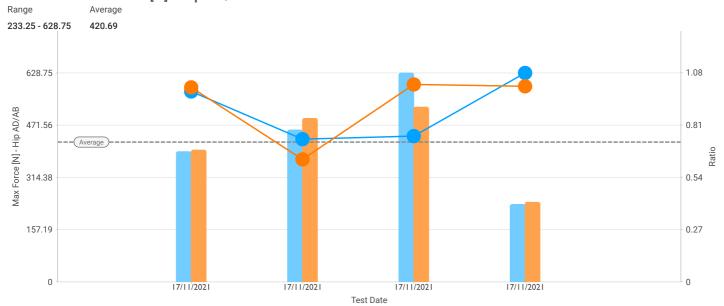




Adduction Max Force [N] - Hip AD/AB

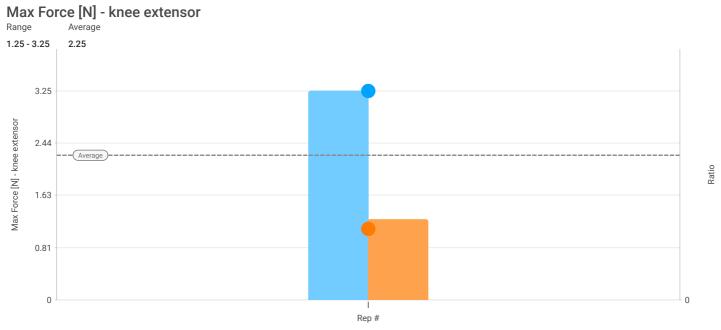


Abduction Max Force [N] - Hip AD/AB

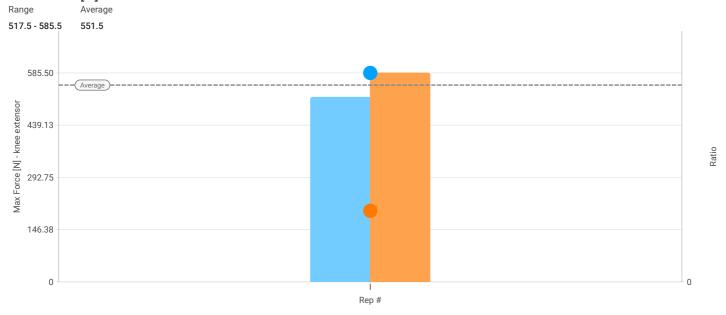






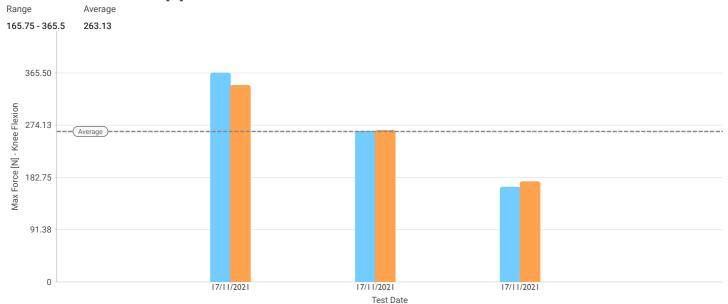


Max Force [N] - knee extensor

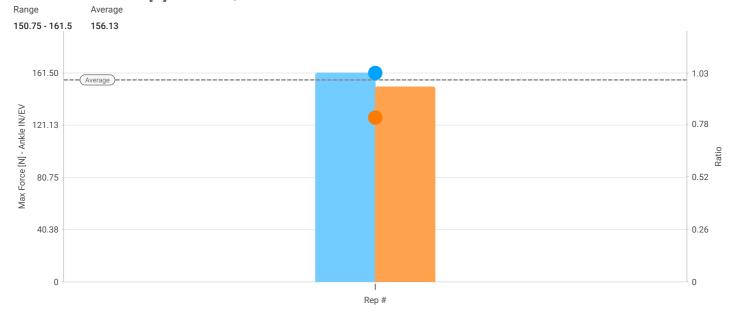




Knee Flexion Max Force [N] - Knee Flexion

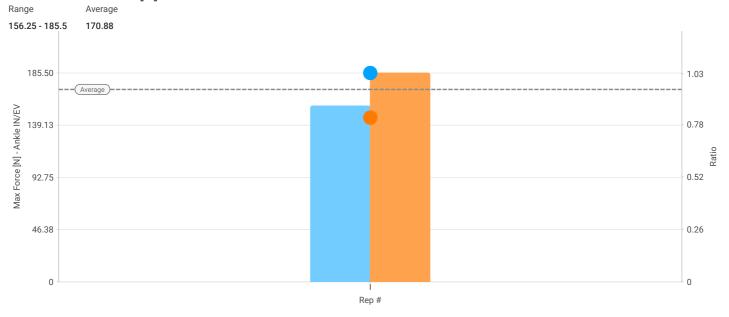


Inversion Max Force [N] - Ankle IN/EV

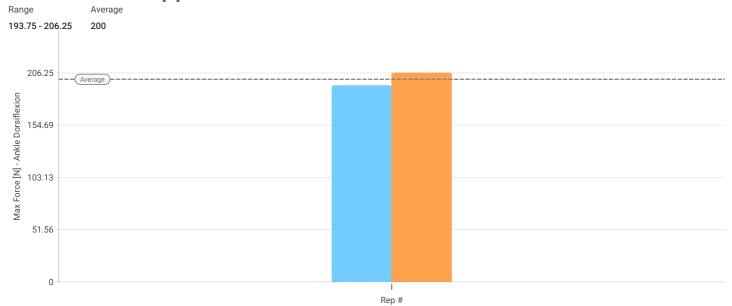




Eversion Max Force [N] - Ankle IN/EV

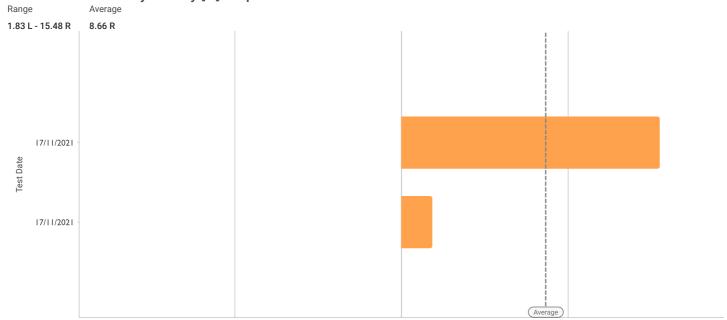


Dorsiflexion Max Force [N] - Ankle Dorsiflexion

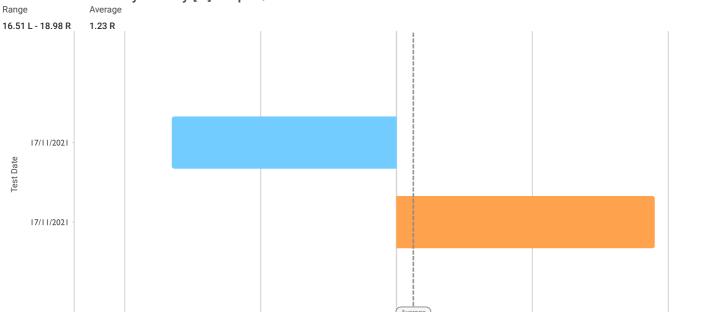




External Rotation Asymmetry [%] - Hip IR/ER

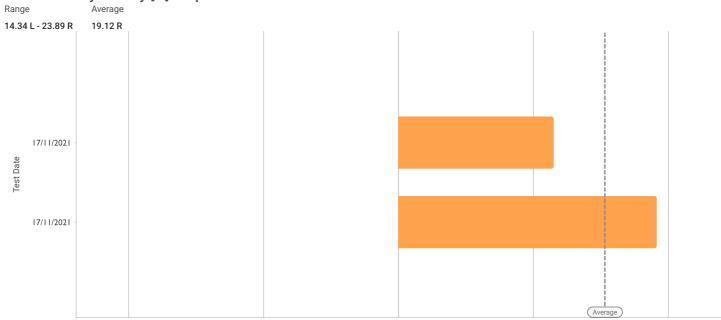


Internal Rotation Asymmetry [%] - Hip IR/ER

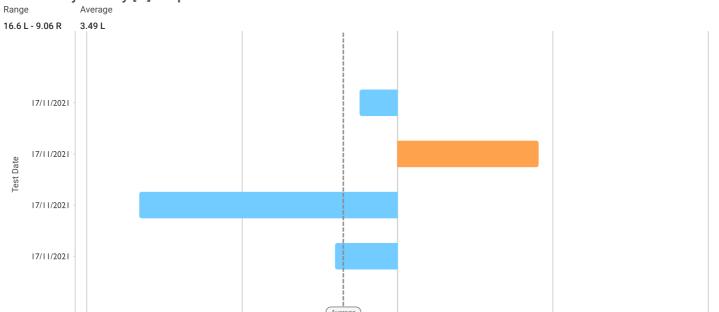




Extension Asymmetry [%] - Hip Extension

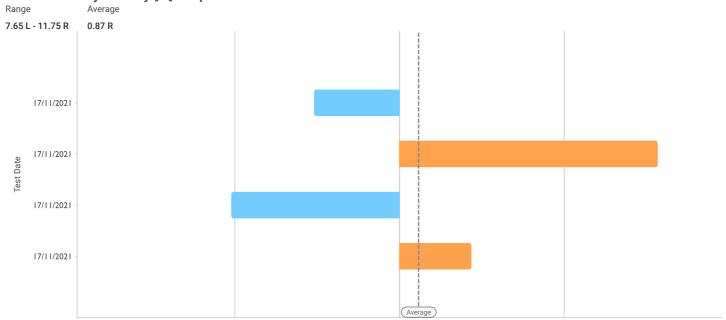


Flexion Asymmetry [%] - Hip Flexion

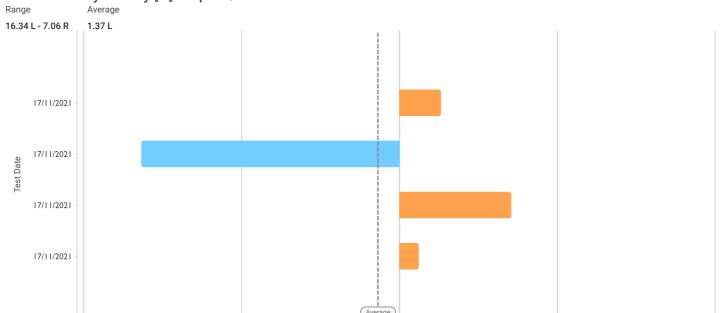




Adduction Asymmetry [%] - Hip AD/AB



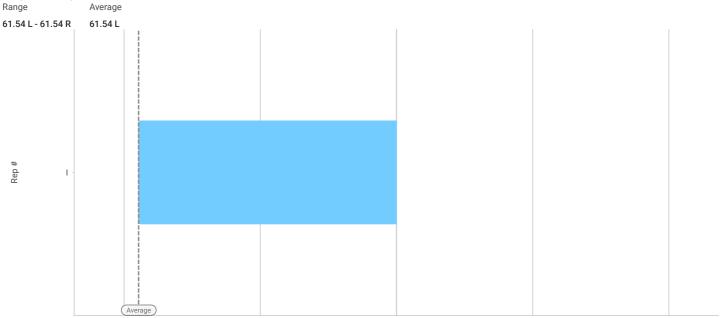
Abduction Asymmetry [%] - Hip AD/AB

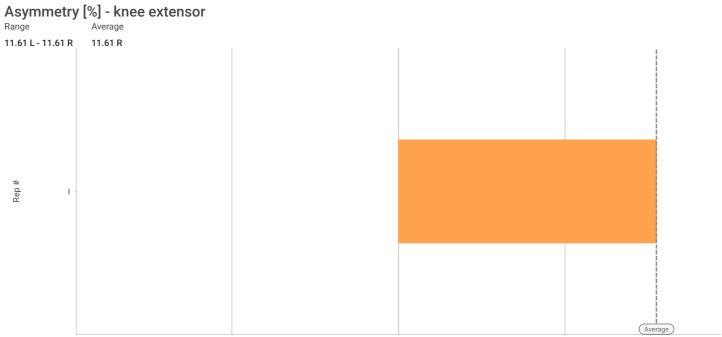






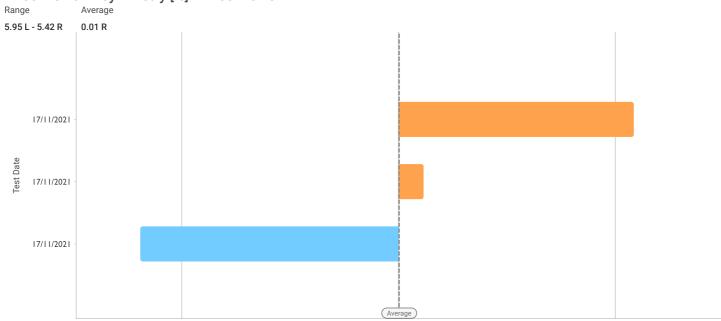




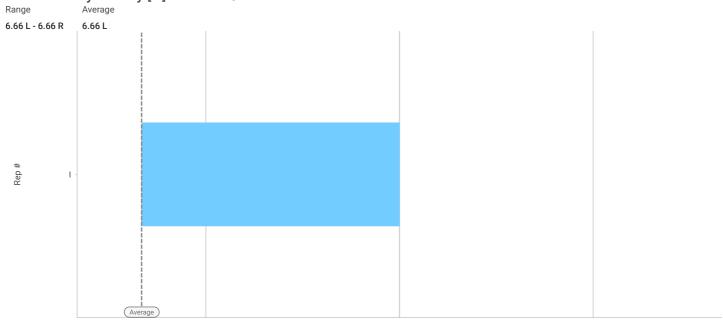




Knee Flexion Asymmetry [%] - Knee Flexion



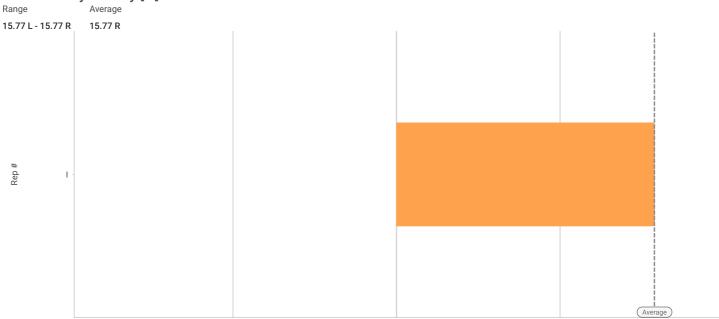
Inversion Asymmetry [%] - Ankle IN/EV



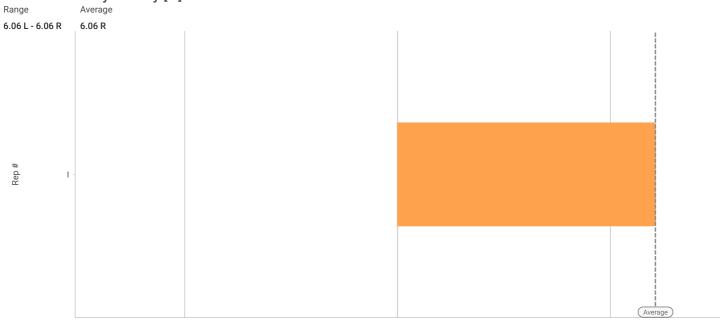






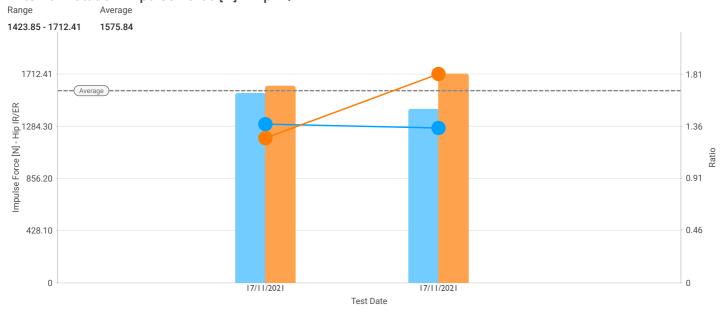


Dorsiflexion Asymmetry [%] - Ankle Dorsiflexion

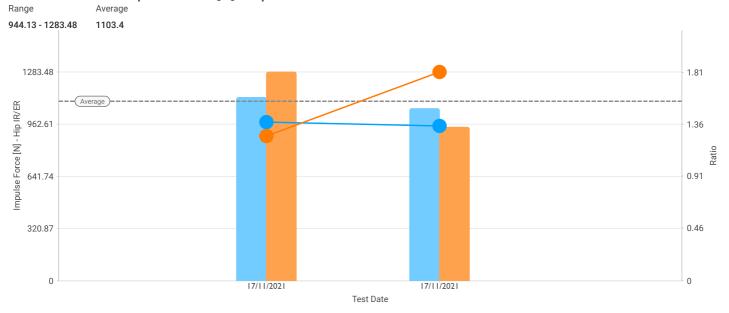




External Rotation Impulse Force [N] - Hip IR/ER

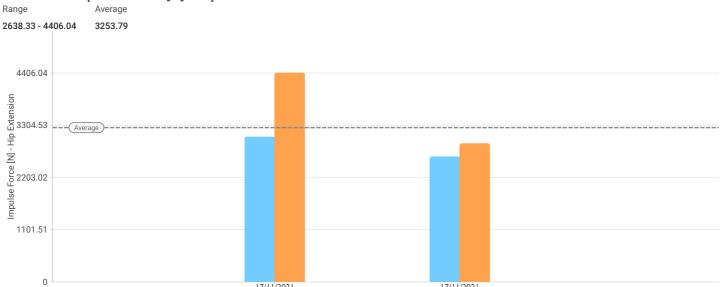


Internal Rotation Impulse Force [N] - Hip IR/ER





Extension Impulse Force [N] - Hip Extension

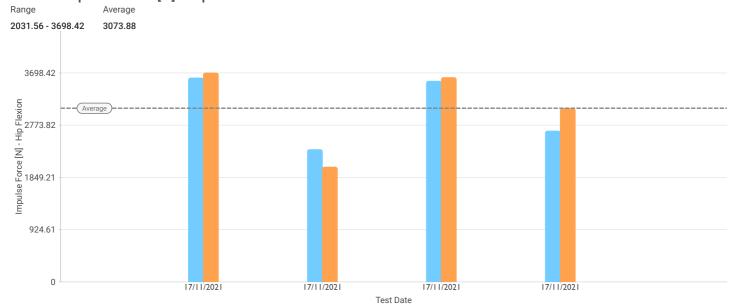


Test Date

17/11/2021

17/11/2021

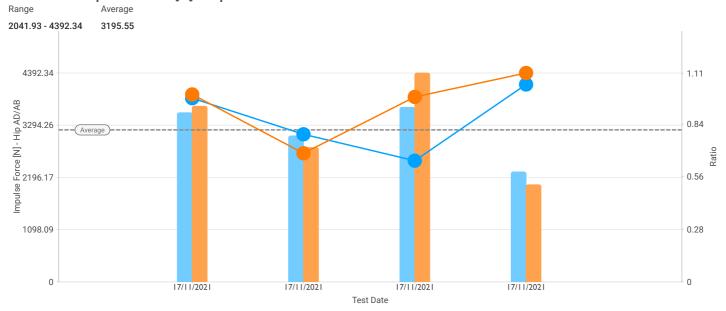
Flexion Impulse Force [N] - Hip Flexion



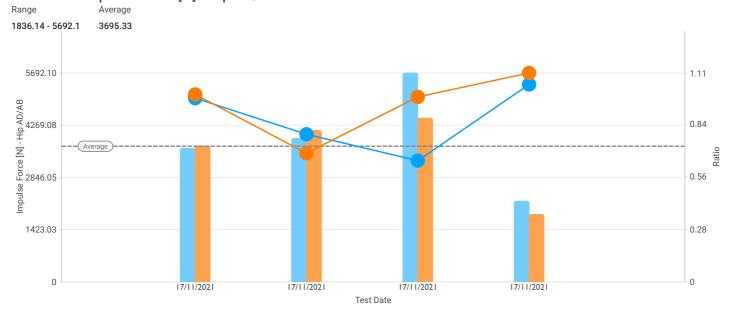




Adduction Impulse Force [N] - Hip AD/AB

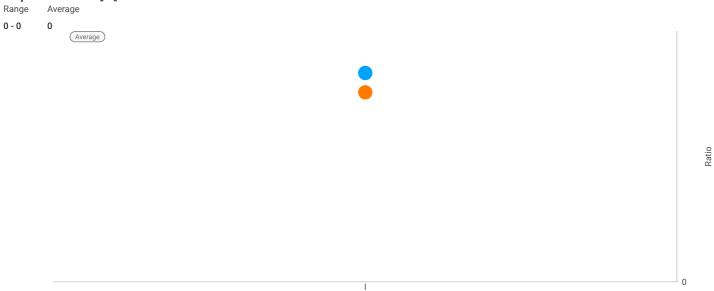


Abduction Impulse Force [N] - Hip AD/AB

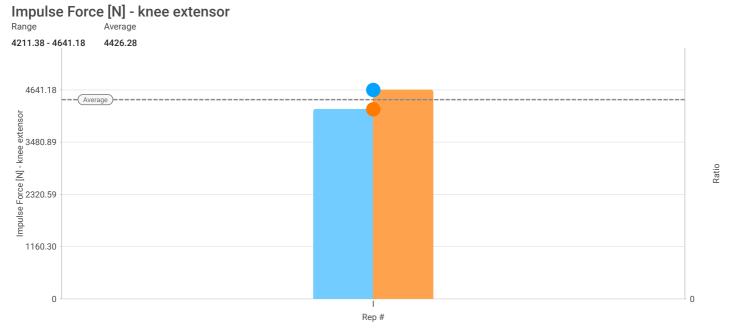




Impulse Force [N] - knee extensor

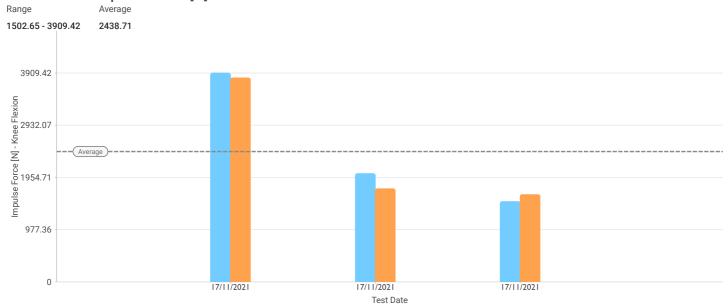


Rep#

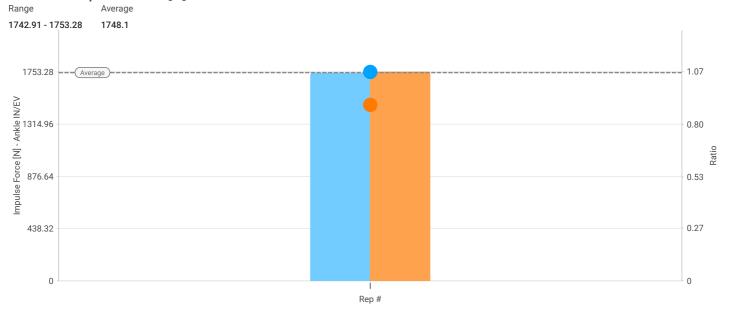




Knee Flexion Impulse Force [N] - Knee Flexion

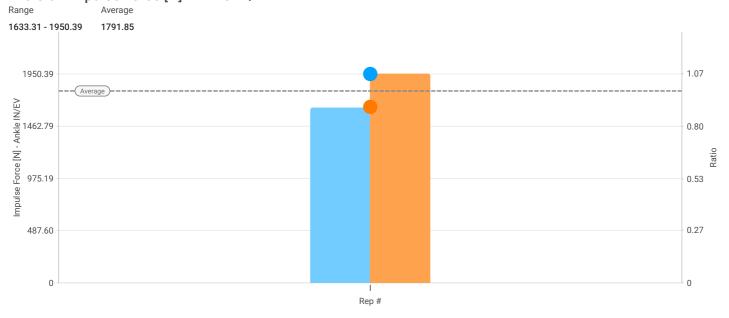


Inversion Impulse Force [N] - Ankle IN/EV



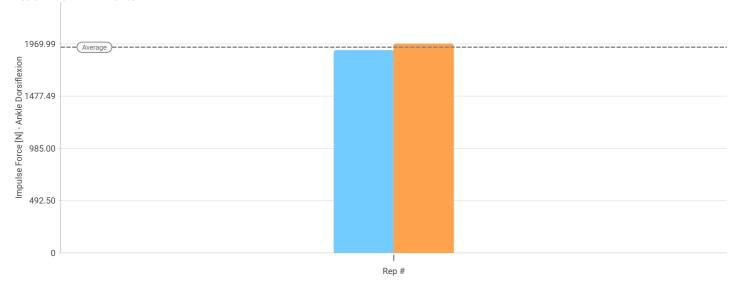


Eversion Impulse Force [N] - Ankle IN/EV



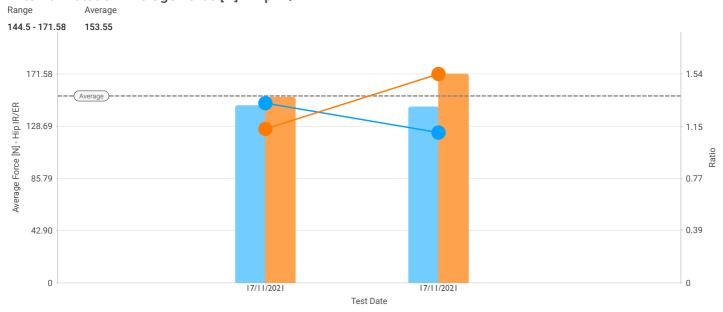
Dorsiflexion Impulse Force [N] - Ankle Dorsiflexion



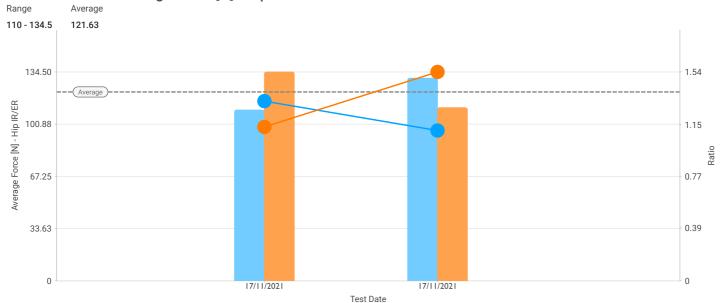




External Rotation Average Force [N] - Hip IR/ER



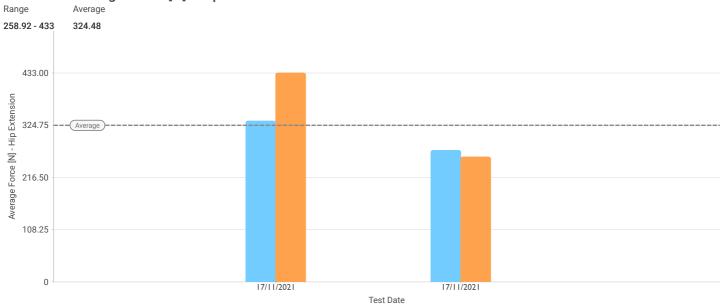
Internal Rotation Average Force [N] - Hip IR/ER



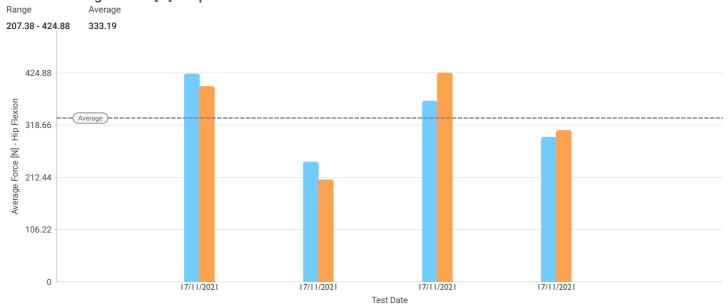




Extension Average Force [N] - Hip Extension



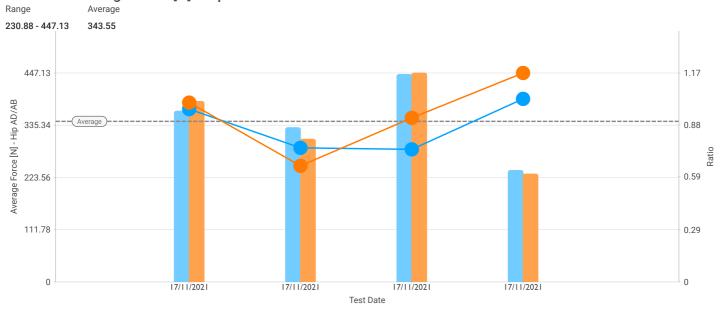
Flexion Average Force [N] - Hip Flexion



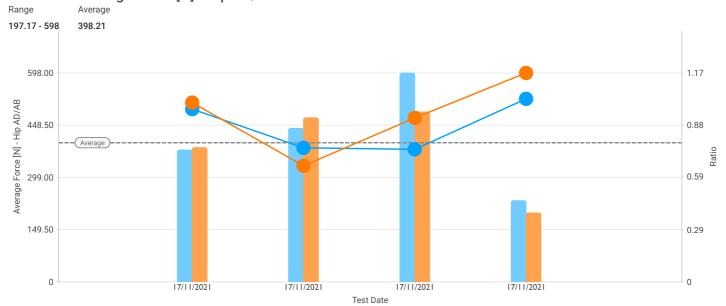




Adduction Average Force [N] - Hip AD/AB



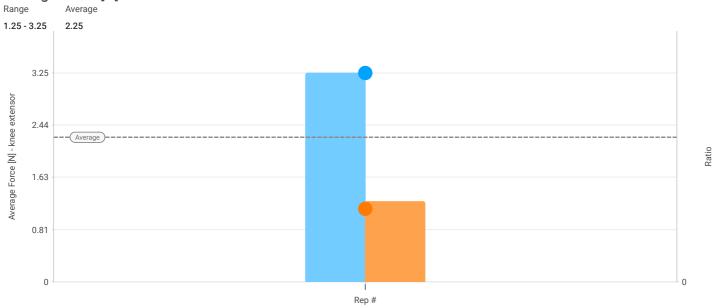
Abduction Average Force [N] - Hip AD/AB



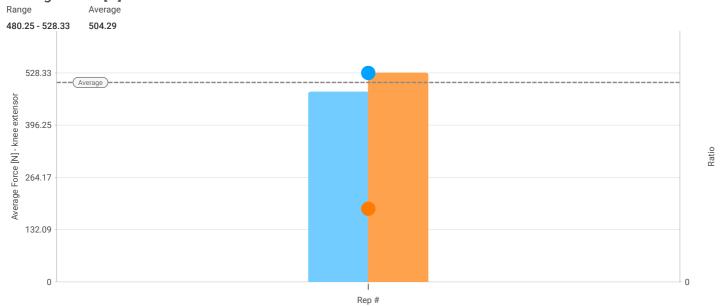




Average Force [N] - knee extensor



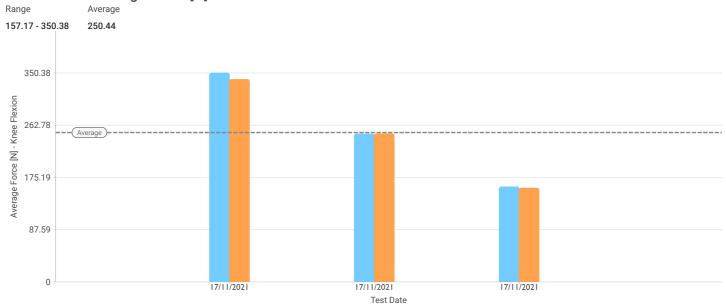
Average Force [N] - knee extensor



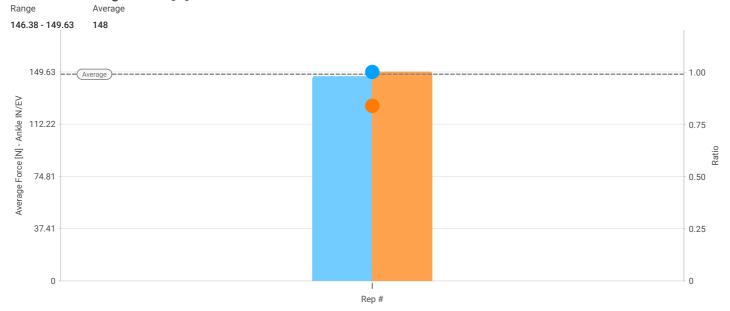




Knee Flexion Average Force [N] - Knee Flexion

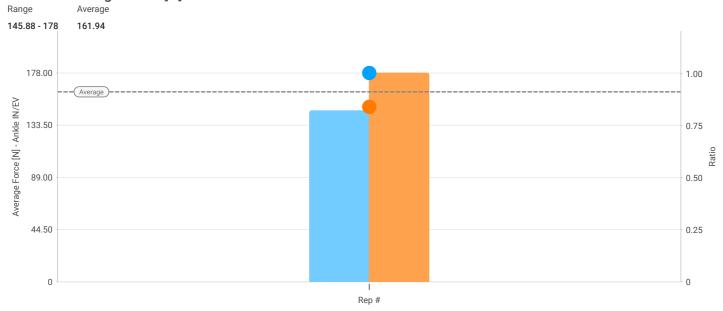


Inversion Average Force [N] - Ankle IN/EV





Eversion Average Force [N] - Ankle IN/EV



Dorsiflexion Average Force [N] - Ankle Dorsiflexion

