



**ON Evolução Corporal**

AVENIDA JORGE JOÃO SAAD, 1222 - MORUMBI Sao Paulo, SP 05618-000

ph: +55 11 988163553

Profile: Ricardo Pereira Maiostri

Report By: Nemi Sabeh

Report Date: 27 Mar 2024

## Ricardo Pereira Maiostri

Age: 35 (19 Sep 1988)

### Elbow Extension - Seated

Max Force - Left & Right Side

Left

148N

Right

182N

18.8%

Asymmetry

### Elbow Flexion - Seated

Max Force - Left & Right Side

Left

156N

Right

171N

8.8%

Asymmetry

### Shoulder IR/ER - Supine (Neut...

Max Force - Left & Right Side Shoulder E...

Left

92N

Right

103N

10%

Asymmetry

### Shoulder IR/ER - Supine (90 D...

Max Force - Left & Right Side Shoulder E...

Left

88N

Right

106N

17%

Asymmetry

### Shoulder Extension - Prone

Max Force - Left & Right Side

Left

65N

Right

73N

11%

Asymmetry

### Shoulder Flexion - Prone

Max Force - Left & Right Side

Left

123N

Right

121N

1.6%

Asymmetry



### Shoulder Add - Side lying

Max Force - Left & Right Side

Left

122N

Right

123N

0.6%

Asymmetry

### Shoulder Abd - Side lying

Max Force - Left & Right Side

Left

97N

Right

77N

20.2%

Asymmetry

### Wrist Extension 90° Elbow Flex...

Peak ROM Left Side

Left

96°

### Hip Abd Supine

Max Force Left and Right Side

Left

198N

Right

219N

9.7%

Asymmetry

### Knee Flexion Supine

Max Force Left and Right Side

Left

228N

Right

236N

3.4%

Asymmetry

### Shoulder ER Seated - Elbow 90°

Max Force Left and Right Side

Left

102N

Right

101N

0.9%

Asymmetry



**ON Evolução Corporal**

AVENIDA JORGE JOÃO SAAD, 1222 - MORUMBI Sao Paulo, SP 05618-000  
ph: +55 11 988163553

Profile: Ricardo Pereira Maiostri  
Report By: Nemi Sabeh  
Report Date: 27 Mar 2024

**Trunk Rotation (R) Seated**

Peak ROM

77°

**Trunk Rotation (L) Seated**

Peak ROM

75°

**Trunk Extension Seated**

Peak ROM

40°