

RELATORIO VO2 MAXIMO

On Morumbi Sao Paulo

Jorge Joao Saad 1096
None



Summary Report

ID(M/F)	12182020	BMI	21.63
Sex	Male	BSA	1.81 (m2)
First Name	Antonio	Filter	Avg 20 Sec, Report every 10 sec (BBB)
Last Name	Dib	File Name	DibAntonio2.stress
D.O.B (Age)	1 January 1900(120)	Tested by	
Weight	67 Kg (148 Lbs)	Physician	
Height	176 cm (69 Inches)	Date Printed	01/10/2020

Test Conditions

Date	12/18/2019	Time	13:08:52
Temperature	33.0 °C	Duration	15 Minutes
Baro Pressure	707	Exercise Device	Manual Ergometer
Humidity	50 % (Human)	Protocol	Rest
Last Calibration	12/18/2019		

Results Summary

	At Rest	Predicted Max	Measured at LT	Measured Actual Max	Actual * 100 / Pred
Time	0:49	N/A	0	12:19	N/A
VO2 (lpm)	0.95	0.49	0.00	3.44	701%
VO2 (mL/kg)	14.15	7.32	0.00	51.33	701%
LT % of VO2max	N/A	N/A	0%	N/A	N/A
VE (stpd)	17.57	48.00	0.00	92.32	192%
RQ	0.74	N/A	0.00	1.18	N/A
Heart Rate	1	100	0	1	1%
Work Rate	0	N/A	0	0	N/A
METS	4.04	2.09	0.00	14.67	701%

Limiar	Velocidade (Km/h)	FC (bpm)	VOMax%	KCALMIN	KCALSUM
L1	10	152	69%	11,45	45,08
L2	13	173	87%	14,63	84,55

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Av. Jorge João Saad, 1096 • Morumbi

+ 55 11 4301 4004

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Rua Smith de Vasconcelos, 304

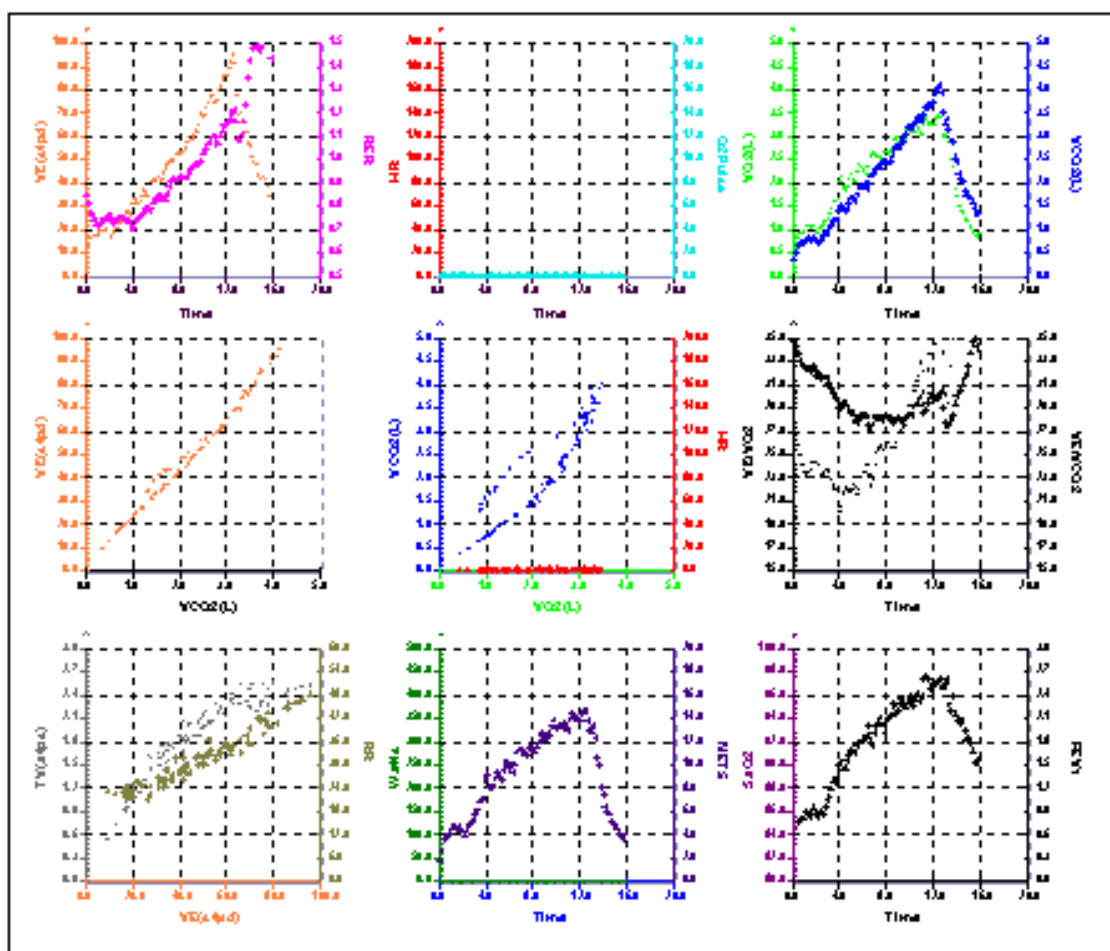
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On Morumbi Sao Paulo

Jorge Joao Saad 1096
None



ID	: 12182020	Protocol	: Rest
Sex	: Male	Date of Test	: 12/18/2019 13:08:52
First Name	: ANTONIO	Baro	: 707
Last Name	: DIB	Temperature	: 33.0 °C
DOB	: 1 January 1900(120)	Humidity	: 50 %
Weight	: 67.0 Kg (149 Lbs)	Filter	: Avg 20 Sec, Report every 10 sec (BBB)
Height	: 176 cm (69.3 inches)	File	: DibAntonio2.stress
BMI	: 21.63	Tested by	:
BSA	: 1.81 m2	Physician	:
Date Printed	: 01/10/2020		



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