

Tests (11	
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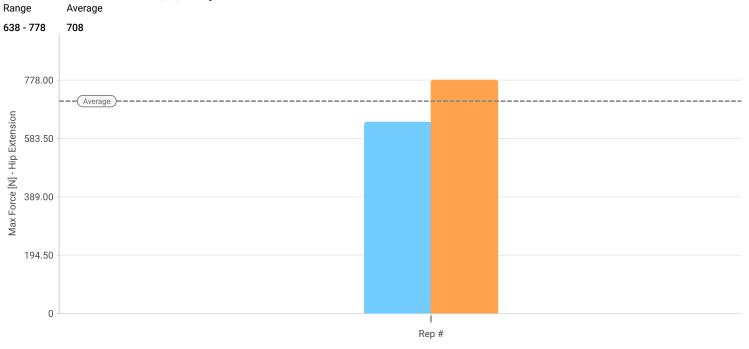
PROFILE	DATE	TEST TYPE	TEST POSITION	REPS
UDSON DANTAS 11 Tests				
	17/11/2022 2:33 PM	Hip Extension	Prone	EXT 1 L / 1 R
	17/11/2022 2:27 PM	Knee Flexion	Prone	FLEX 1 L / 1 R
	17/11/2022 2:21 PM	Hip IR/ER	Prone	ER 1 L / 1 R IR 1 L / 1 R
	17/11/2022 2:15 PM	Ankle IN/EV	Supine	INV 1 L / 1 R EV 1 L / 1 R
	17/11/2022 2:12 PM	Hip AD/AB	Seated	ADD 1 L / 1 R ABD 1 L / 1 R
	17/11/2022 2:06 PM	Hip Flexion	Kicker	FLEX 1 L / 1 R
	17/11/2022 2:02 PM	Knee extensor	Knee ext	Outer 1 L / 1 R
	17/11/2022 1:59 PM	Hip Flexion	Seated	FLEX 1 L / 1 R
	17/11/2022 1:56 PM	Knee Flexion	Standing	FLEX 1 L / 1 R
	17/11/2022 1:53 PM	Panturrilha Sentada	Panturrilha Sentada	Outer 1 L / 1 R
	17/11/2022 1:51 PM	Ankle Dorsiflexion	Seated	DF 1 L / 1 R



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Extension Max Force [N] - Hip Extension



Knee Flexion Max Force [N] - Knee Flexion

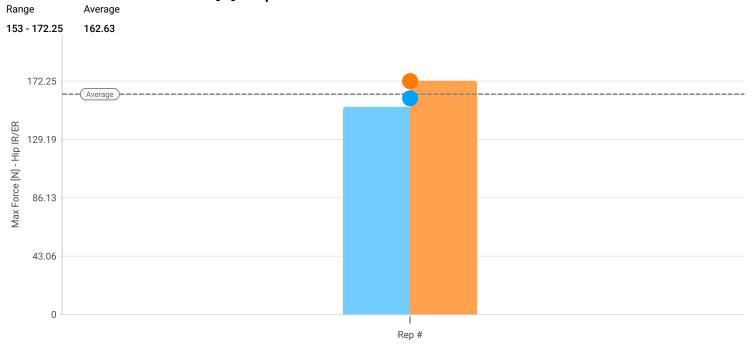




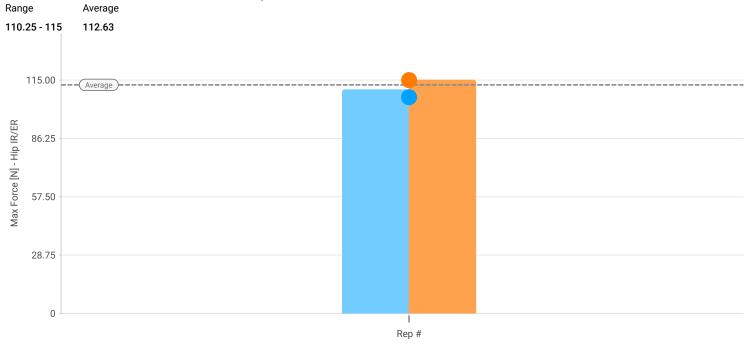




External Rotation Max Force [N] - Hip IR/ER



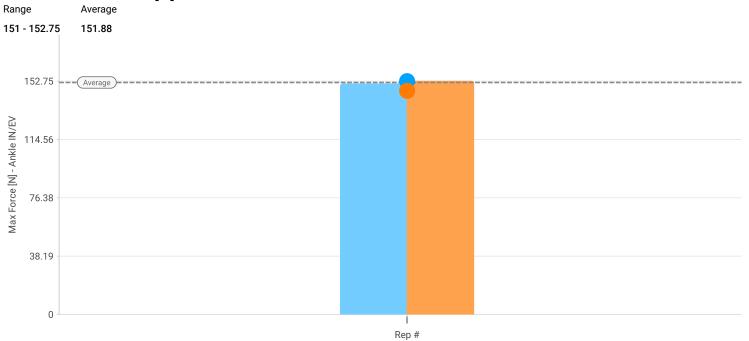
Internal Rotation Max Force [N] - Hip IR/ER



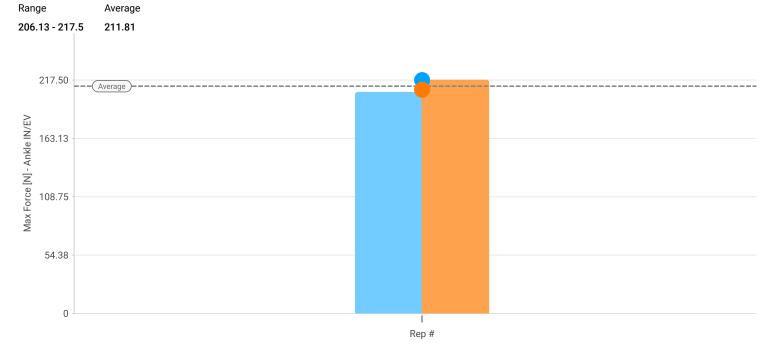




Inversion Max Force [N] - Ankle IN/EV



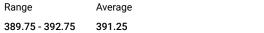
Eversion Max Force [N] - Ankle IN/EV

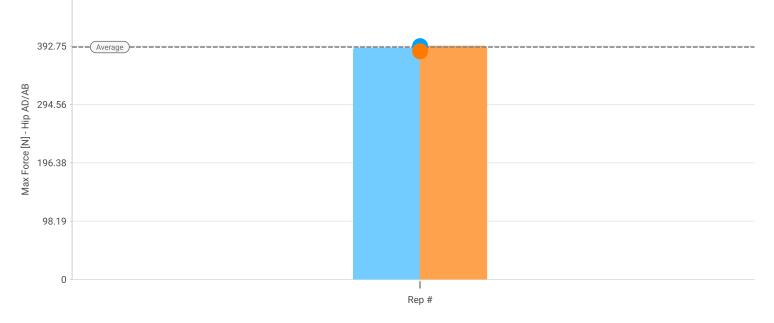




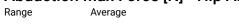


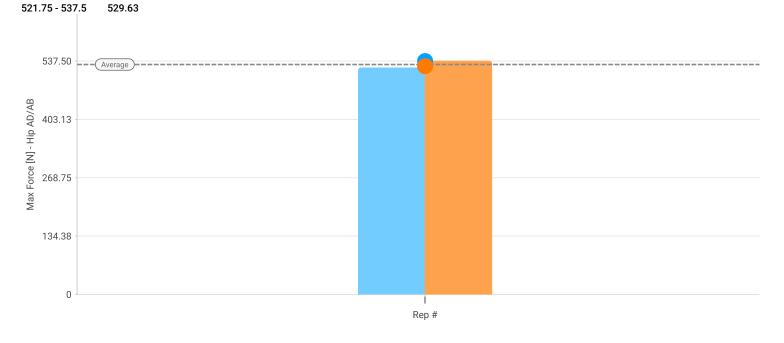
Adduction Max Force [N] - Hip AD/AB Range Average





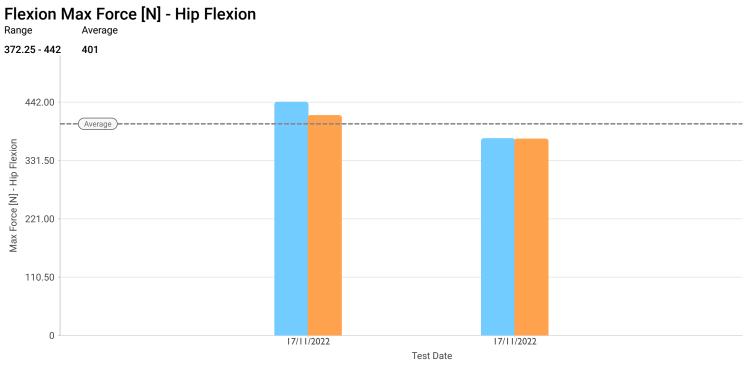
Abduction Max Force [N] - Hip AD/AB





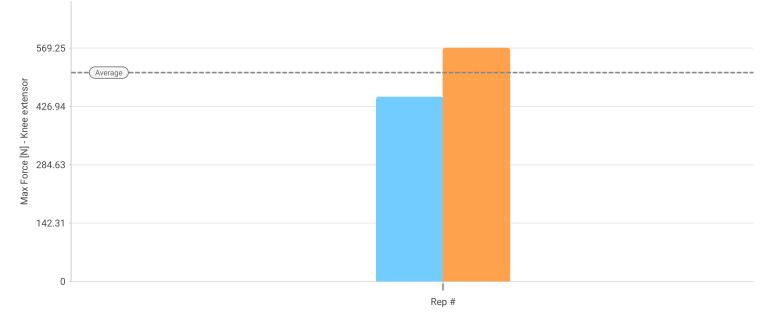






Max Force [N] - Knee extensor





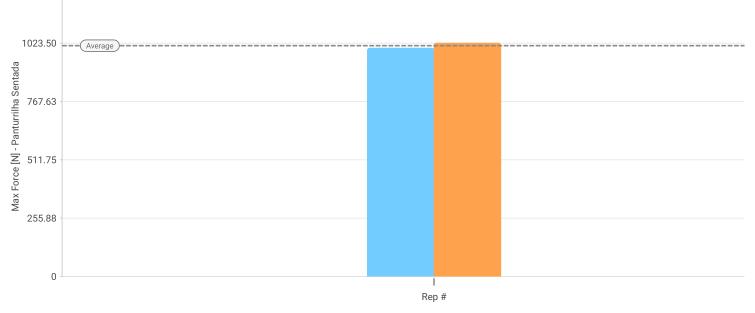


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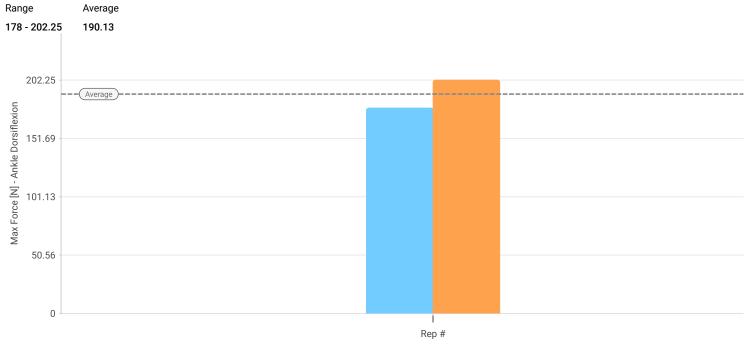


Max Force [N] - Panturrilha Sentada Range Average





Dorsiflexion Max Force [N] - Ankle Dorsiflexion

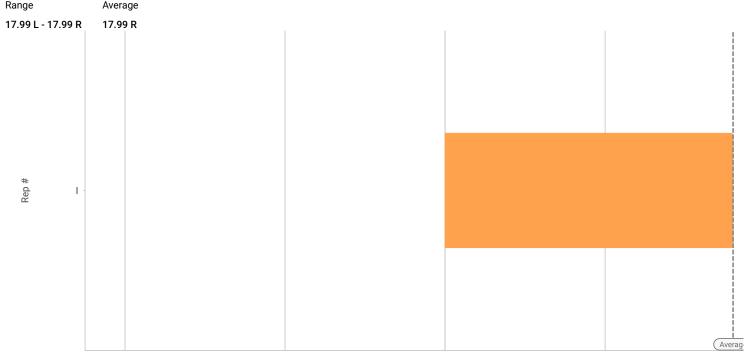




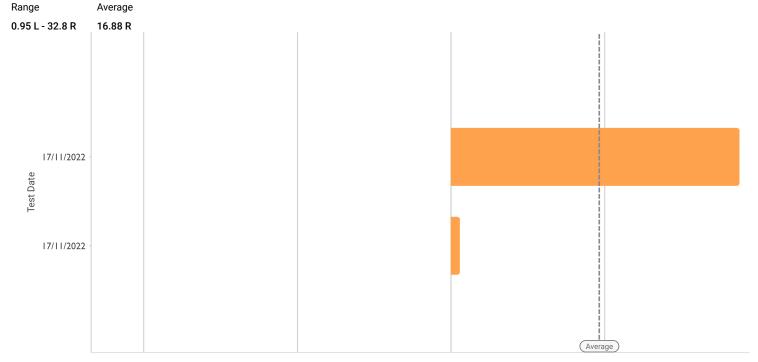
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Extension Asymmetry [%] - Hip Extension Range Average



Knee Flexion Asymmetry [%] - Knee Flexion Range Average

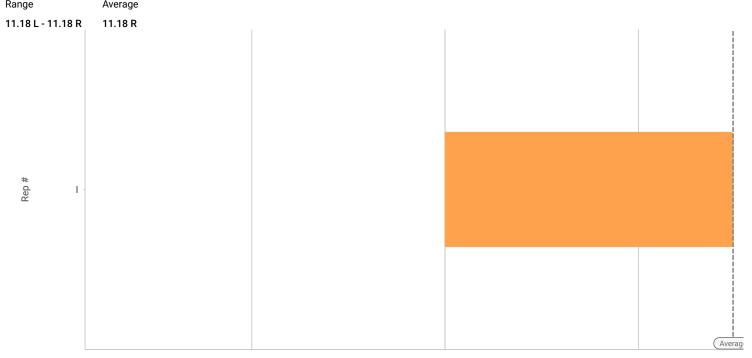




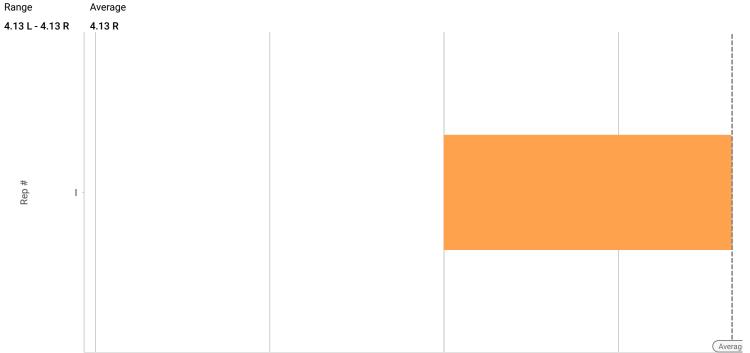
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Internal Rotation Asymmetry [%] - Hip IR/ER Range Average

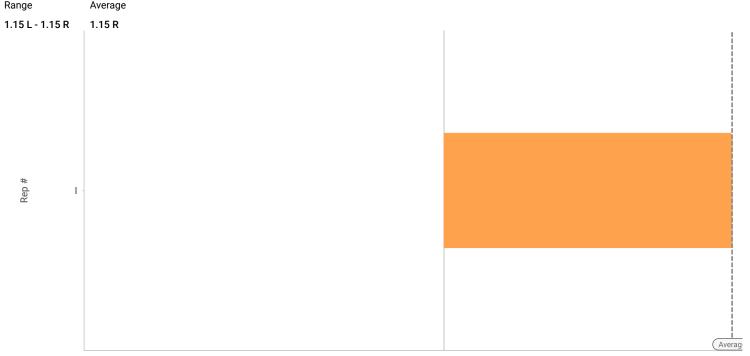


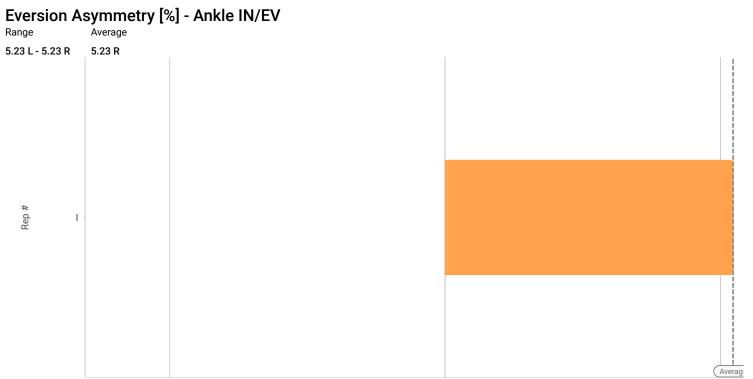


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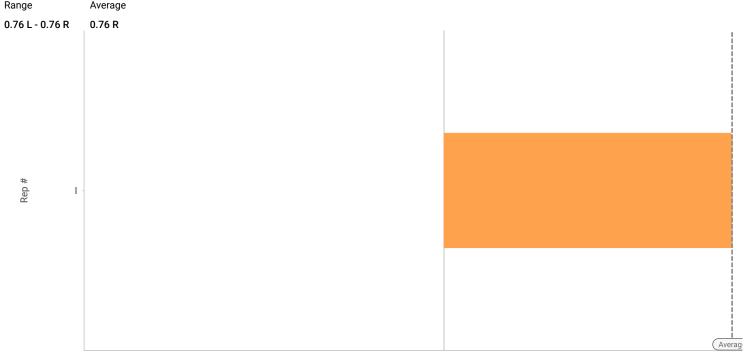


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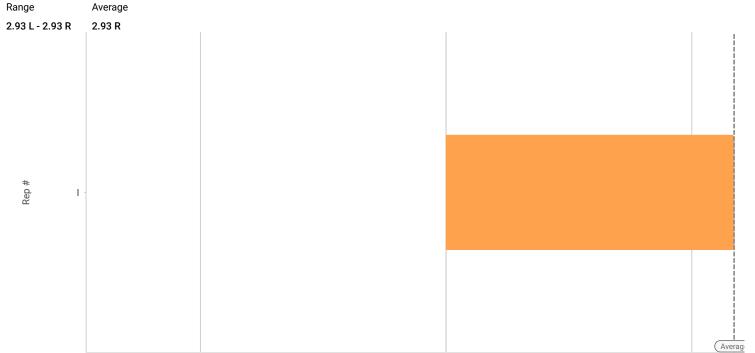
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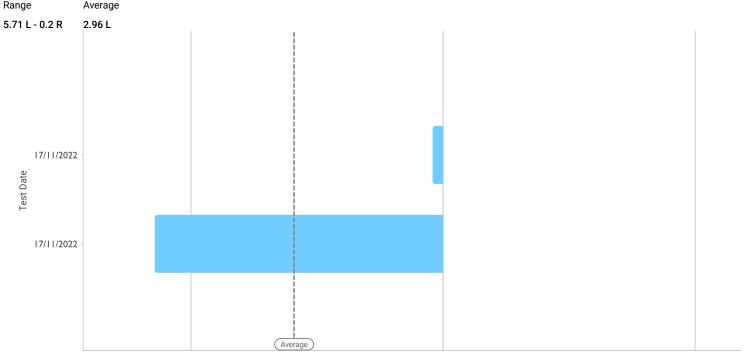
Abduction Asymmetry [%] - Hip AD/AB Range Average



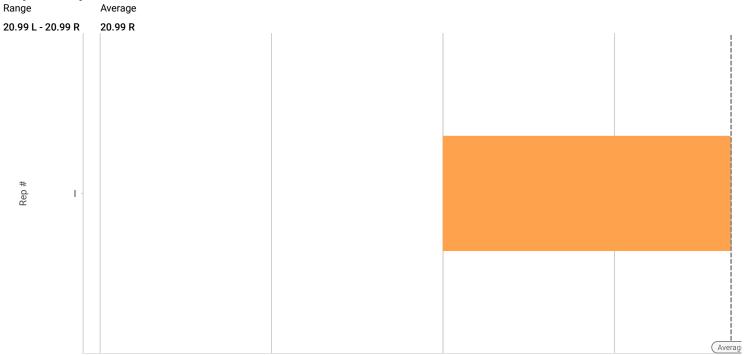




Flexion Asymmetry [%] - Hip Flexion Range Average



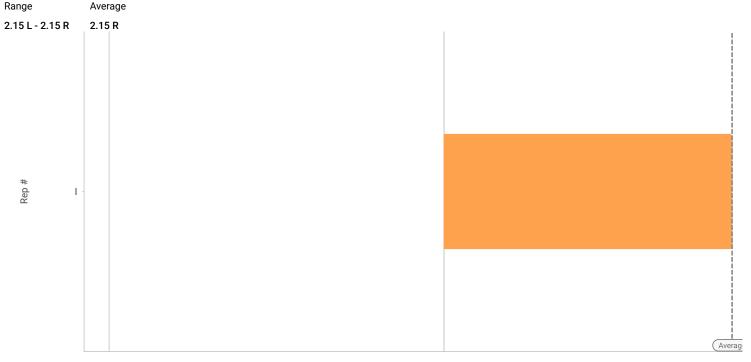
Asymmetry [%] - Knee extensor Range Average



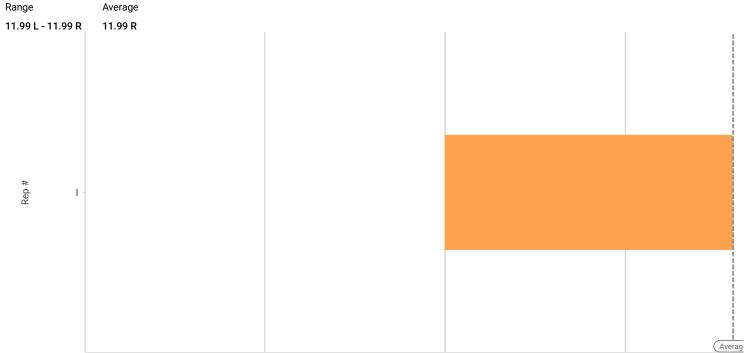








Dorsiflexion Asymmetry [%] - Ankle Dorsiflexion Range Average



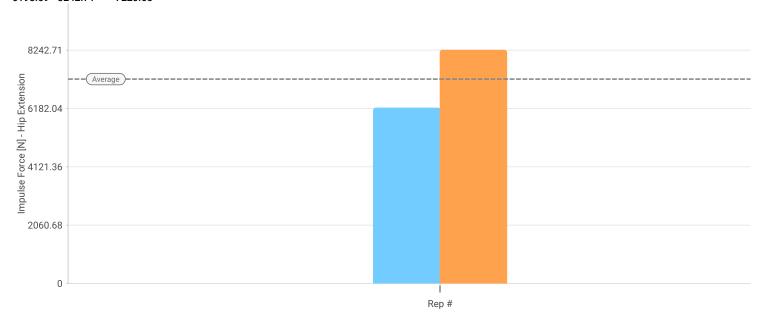


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Extension Impulse Force [N] - Hip Extension

Range Average
6198.59 - 8242.71 7220.65



Knee Flexion Impulse Force [N] - Knee Flexion

Range Average 2186.23 - 3798.22 2783.73

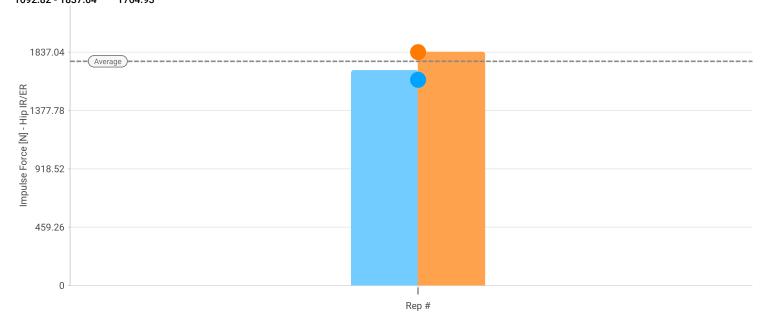






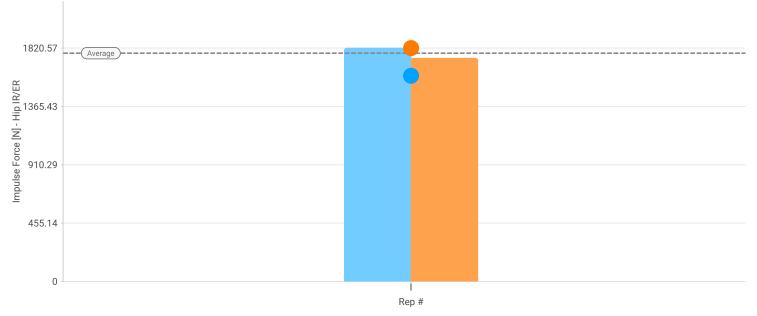
External Rotation Impulse Force [N] - Hip IR/ER

Range Average
1692.82 - 1837.04 1764.93



Internal Rotation Impulse Force [N] - Hip IR/ER

Range Average 1741.38 - 1820.57 1780.97

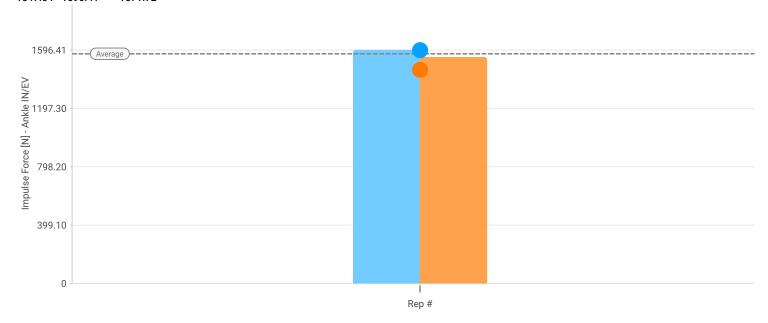






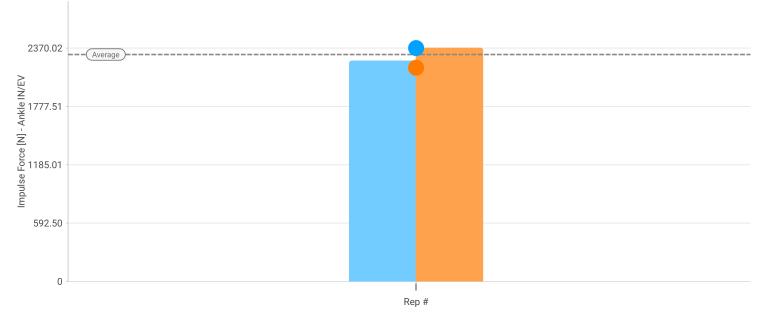
Inversion Impulse Force [N] - Ankle IN/EV

Range Average 1547.04 - 1596.41 1571.72



Eversion Impulse Force [N] - Ankle IN/EV

Range Average 2239.47 - 2370.02 2304.75

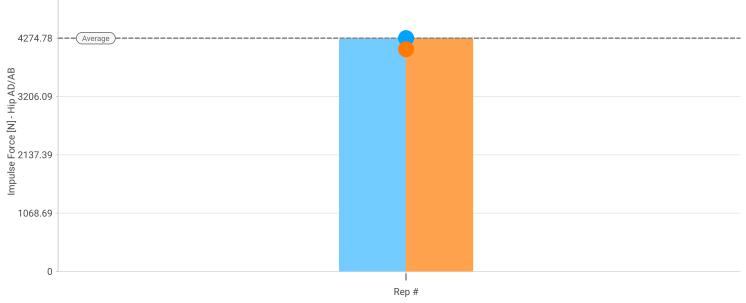






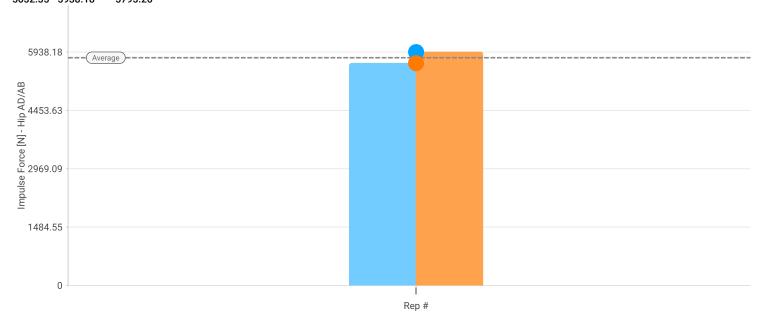
Adduction Impulse Force [N] - Hip AD/AB





Abduction Impulse Force [N] - Hip AD/AB

Range Average 5652.35 - 5938.18 5795.26

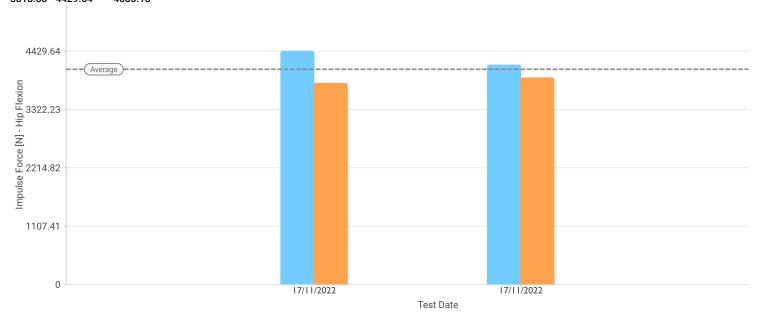






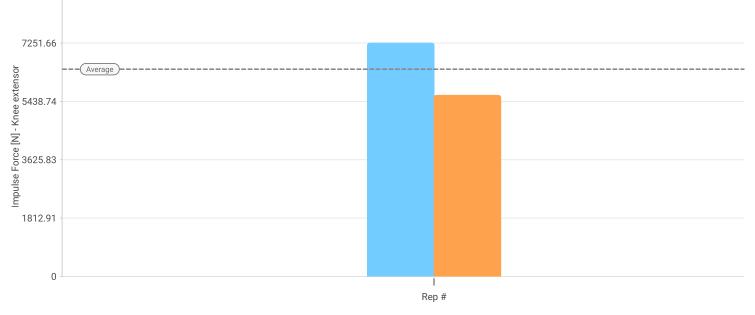
Flexion Impulse Force [N] - Hip Flexion Range Average

Range Average 3818.88 - 4429.64 4085.13



Impulse Force [N] - Knee extensor

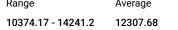
Range Average 5629.21 - 7251.66 6440.44

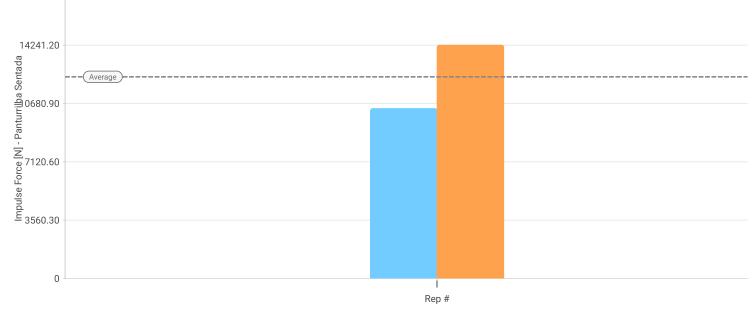






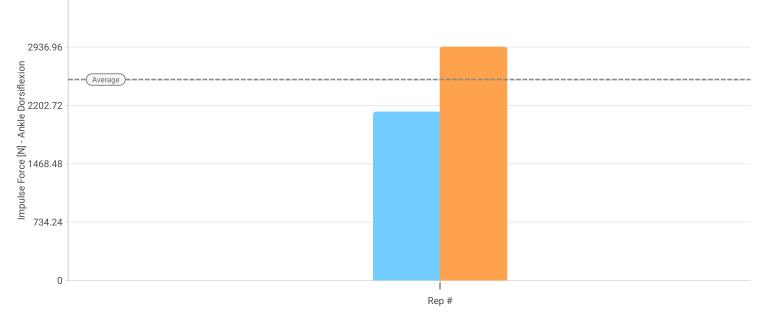
Impulse Force [N] - Panturrilha Sentada Range Average





Dorsiflexion Impulse Force [N] - Ankle Dorsiflexion

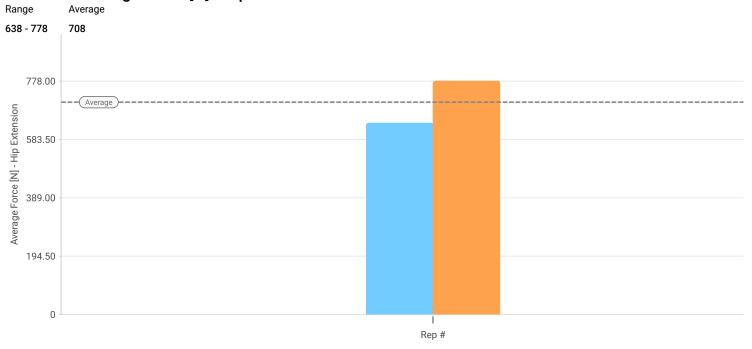
Range Average 2120.13 - 2936.96 2528.54



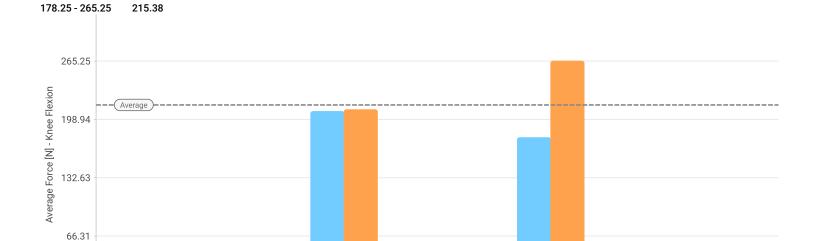




Extension Average Force [N] - Hip Extension



Knee Flexion Average Force [N] - Knee Flexion Range Average



17/11/2022

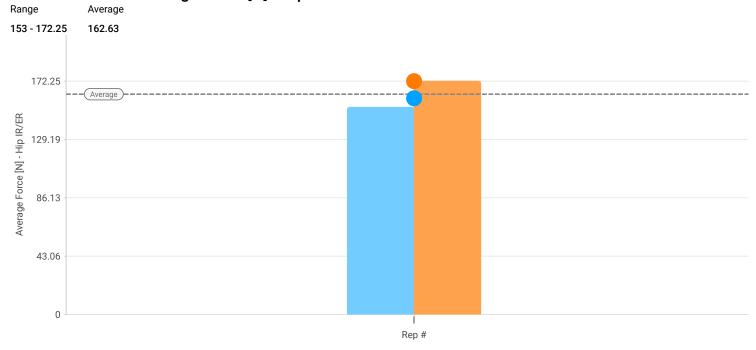
Test Date

17/11/2022

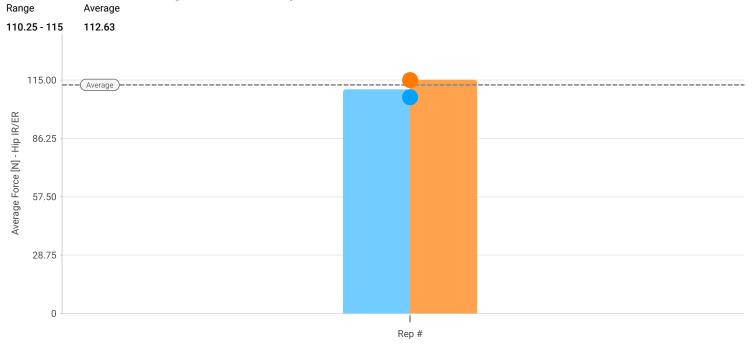




External Rotation Average Force [N] - Hip IR/ER



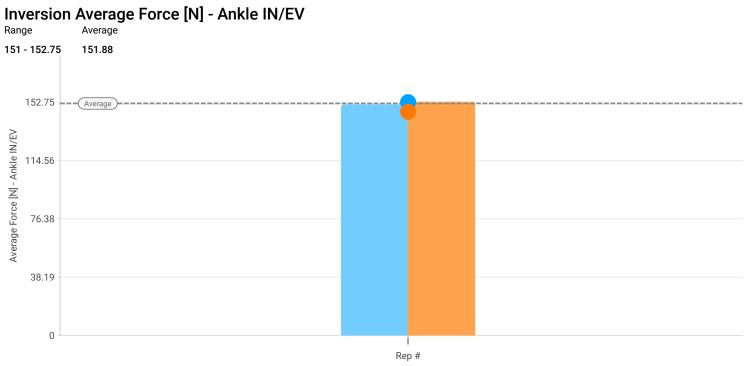
Internal Rotation Average Force [N] - Hip IR/ER



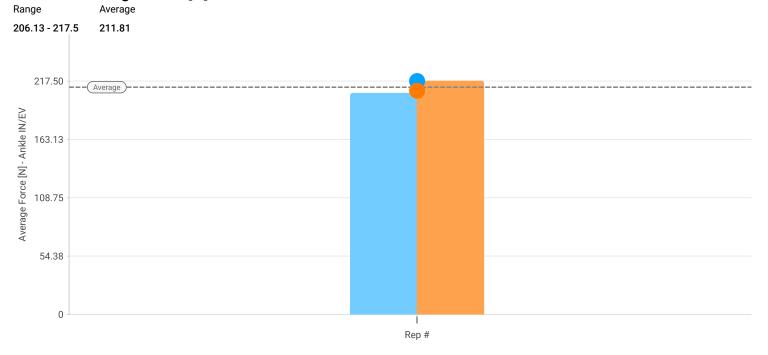


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Eversion Average Force [N] - Ankle IN/EV

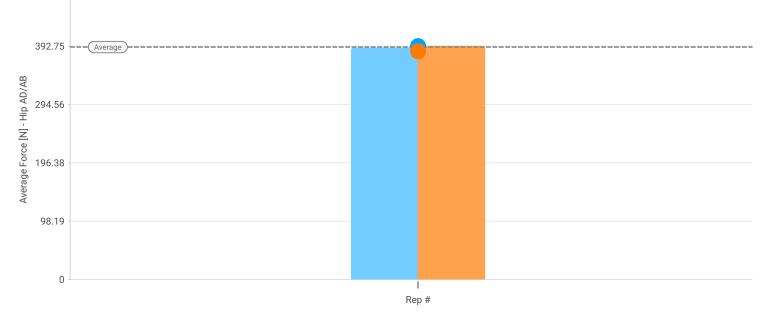




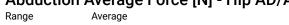
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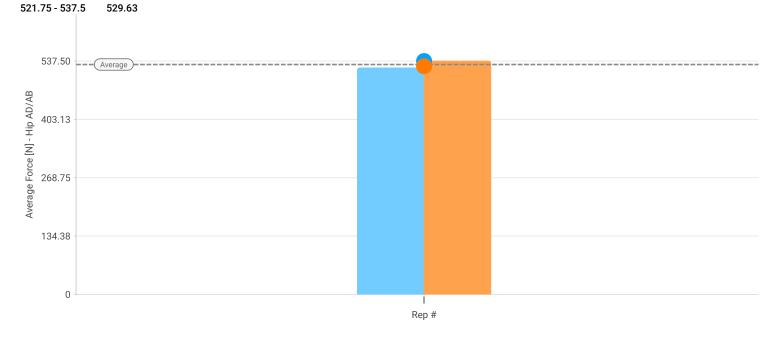






Abduction Average Force [N] - Hip AD/AB



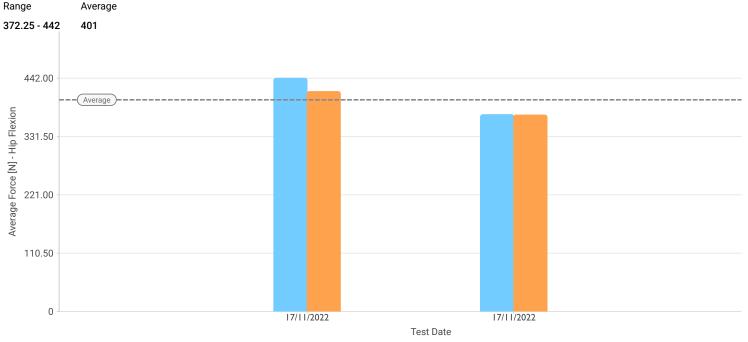




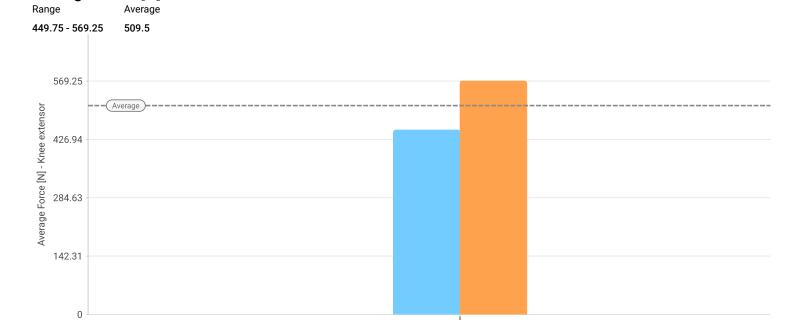
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Flexion Average Force [N] - Hip Flexion Range Average



Average Force [N] - Knee extensor



Rep#

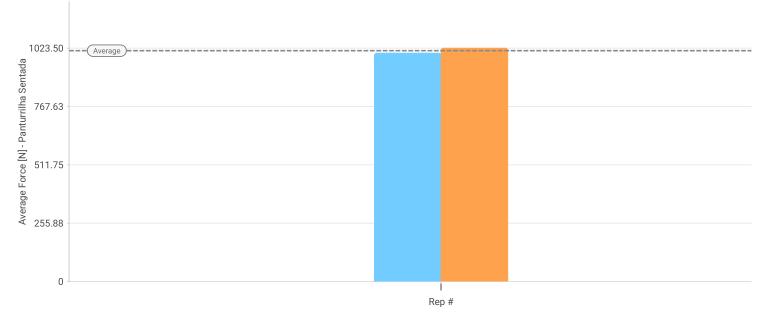


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Average Force [N] - Panturrilha Sentada Range Average

Range Average 1001.5 - 1023.5 1012.5



Dorsiflexion Average Force [N] - Ankle Dorsiflexion

