



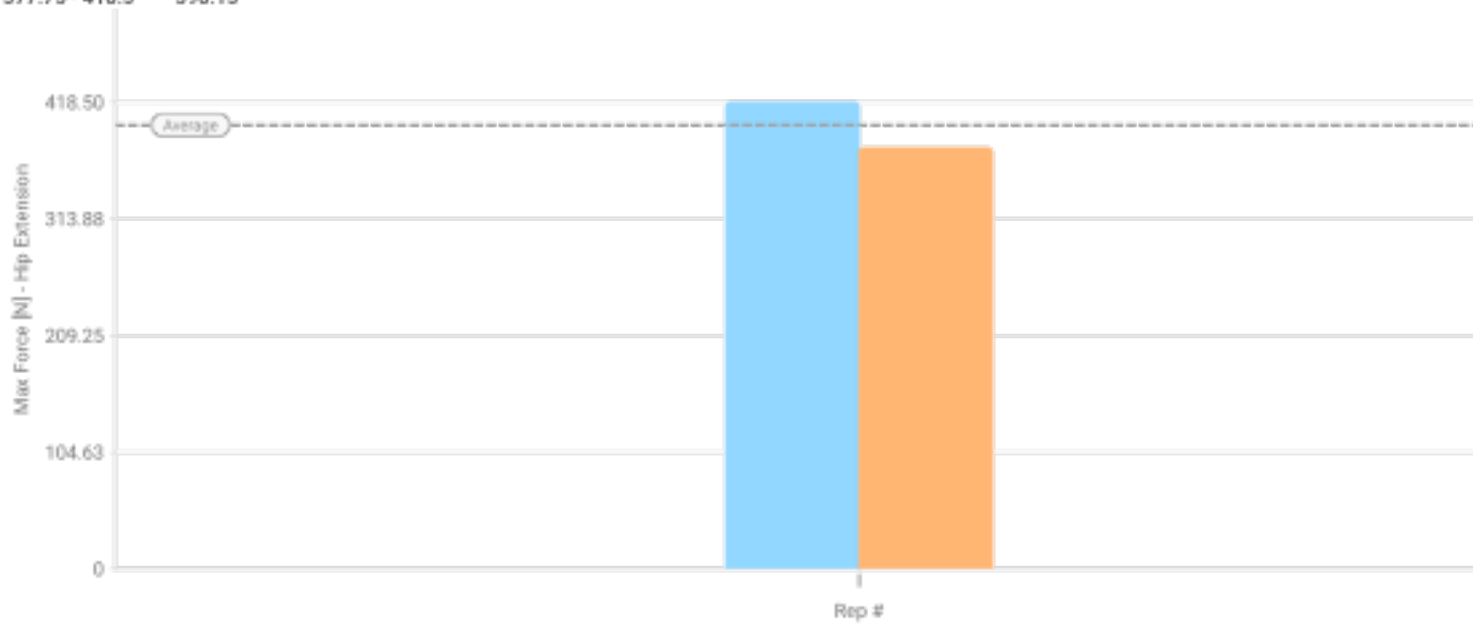
## Tests (11)

PROFILE	DATE	TEST TYPE	TEST POSITION	REPS
Milena Mendes Grado				
11 Tests				
	22/09/2022 10:46 AM	Hip Extension	Prone	EXT 1 L / 1 R
	22/09/2022 10:40 AM	Hip IR/ER	Prone	ER 1 L / 2 R IR 0 L / 0 R
	22/09/2022 10:36 AM	Ankle IN/EV	Supine	INV 2 L / 1 R EV 1 L / 1 R
	22/09/2022 10:32 AM	Hip AD/AB	Seated	ADD 1 L / 1 R ABD 1 L / 1 R
	22/09/2022 10:28 AM	Knee Flexion	Prone	FLEX 1 L / 1 R
	22/09/2022 10:22 AM	Knee extensor	Knee ext	Outer 1 L / 1 R
	22/09/2022 10:17 AM	Hip Flexion	Kicker	FLEX 1 L / 1 R
	22/09/2022 10:12 AM	Knee Flexion	Standing	FLEX 1 L / 1 R
	22/09/2022 10:07 AM	Hip Flexion	Seated	FLEX 1 L / 1 R
	22/09/2022 10:04 AM	Panturrilha Sentada	Panturrilha Sentada	Outer 1 L / 1 R
	22/09/2022 10:00 AM	Ankle Dorsiflexion	Seated	DF 1 L / 1 R



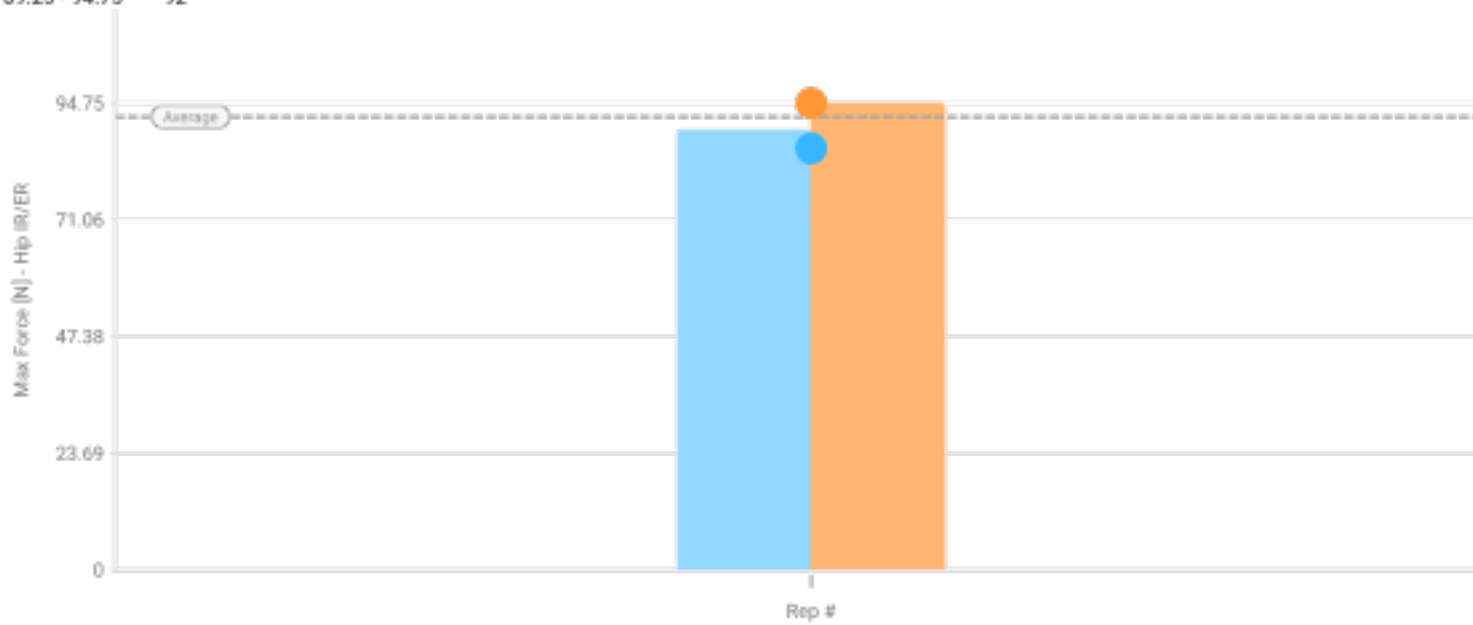
## Extension Max Force [N] - Hip Extension

Range      Average  
377.75 - 418.5      398.13



## External Rotation Max Force [N] - Hip IR/ER

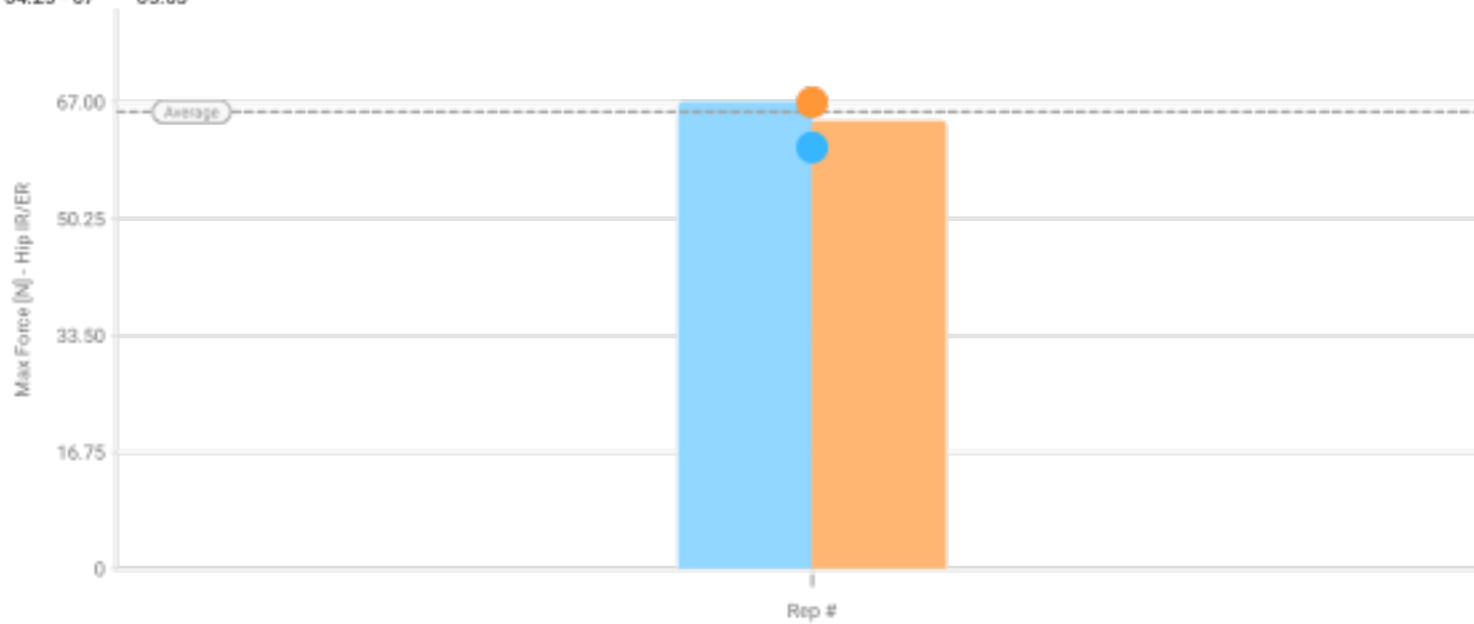
Range      Average  
89.25 - 94.75      92





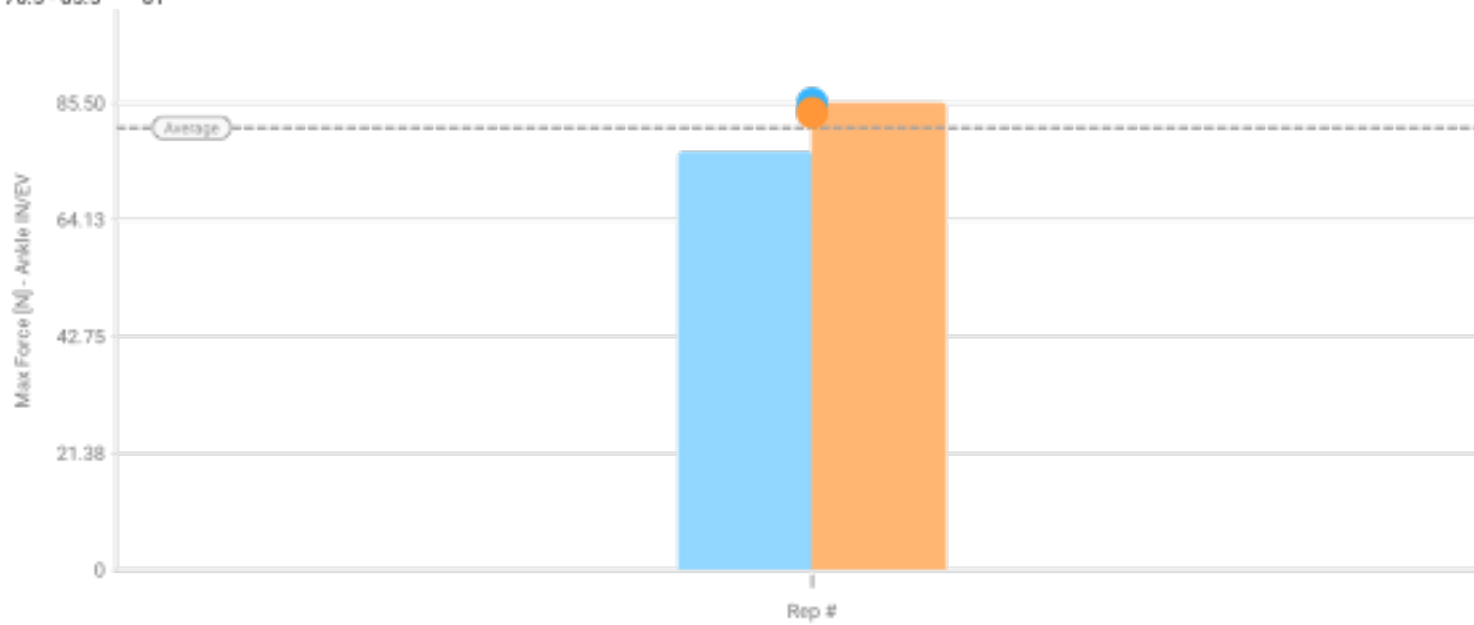
## Internal Rotation Max Force [N] - Hip IR/ER

Range      Average  
64.25 - 67      65.63



## Inversion Max Force [N] - Ankle IN/EV

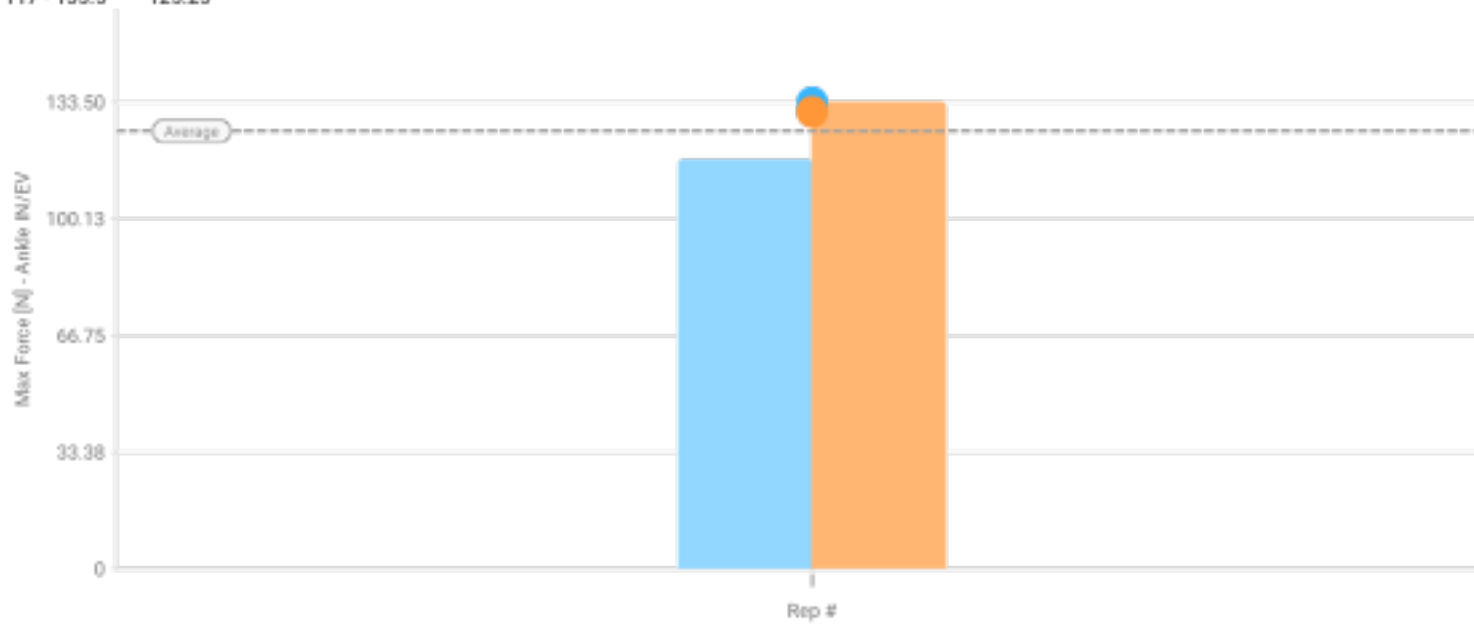
Range      Average  
76.5 - 85.5      81





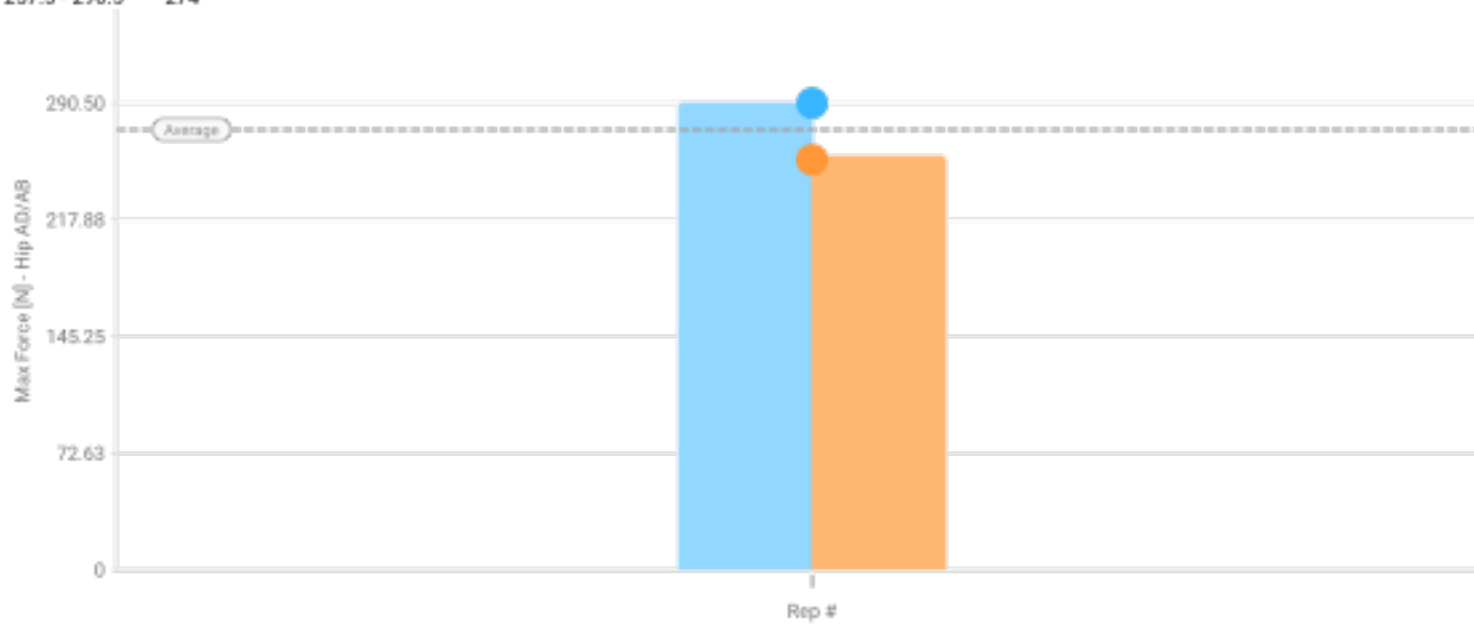
## Eversion Max Force [N] - Ankle IN/EV

Range      Average  
117 - 133.5      125.25



## Adduction Max Force [N] - Hip AD/AB

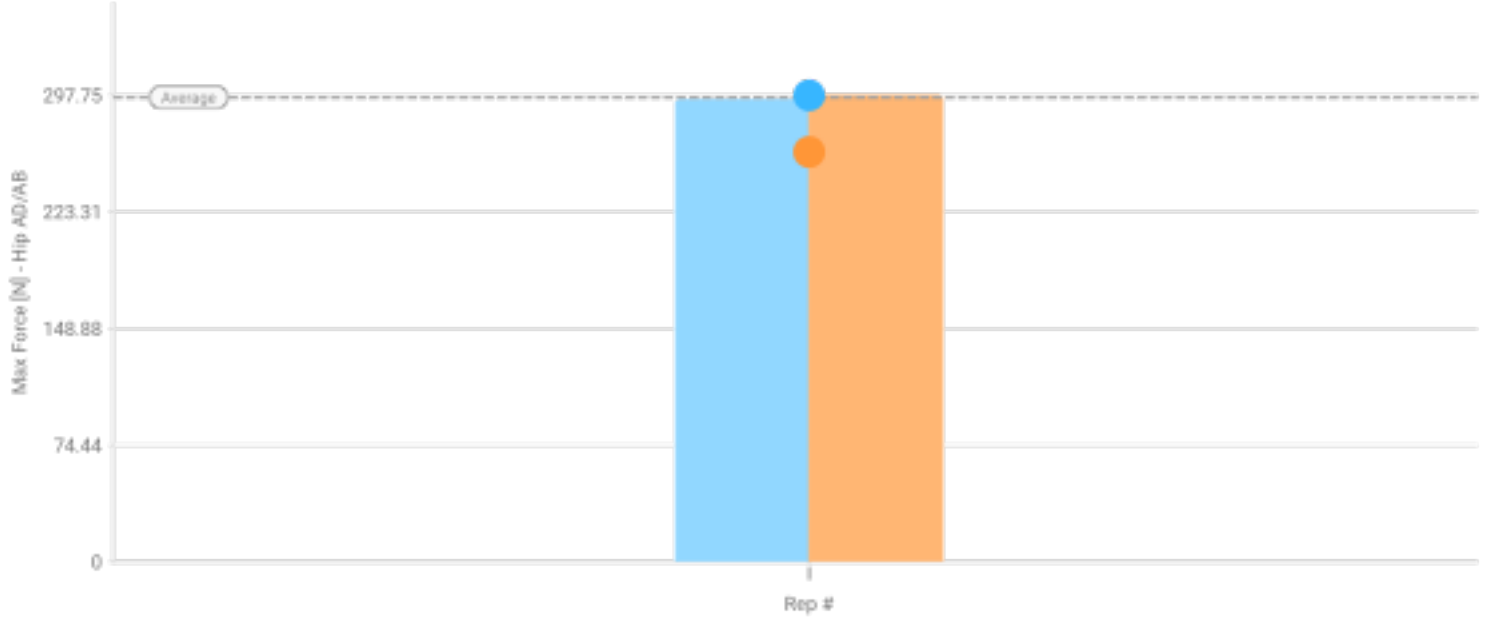
Range      Average  
257.5 - 290.5      274





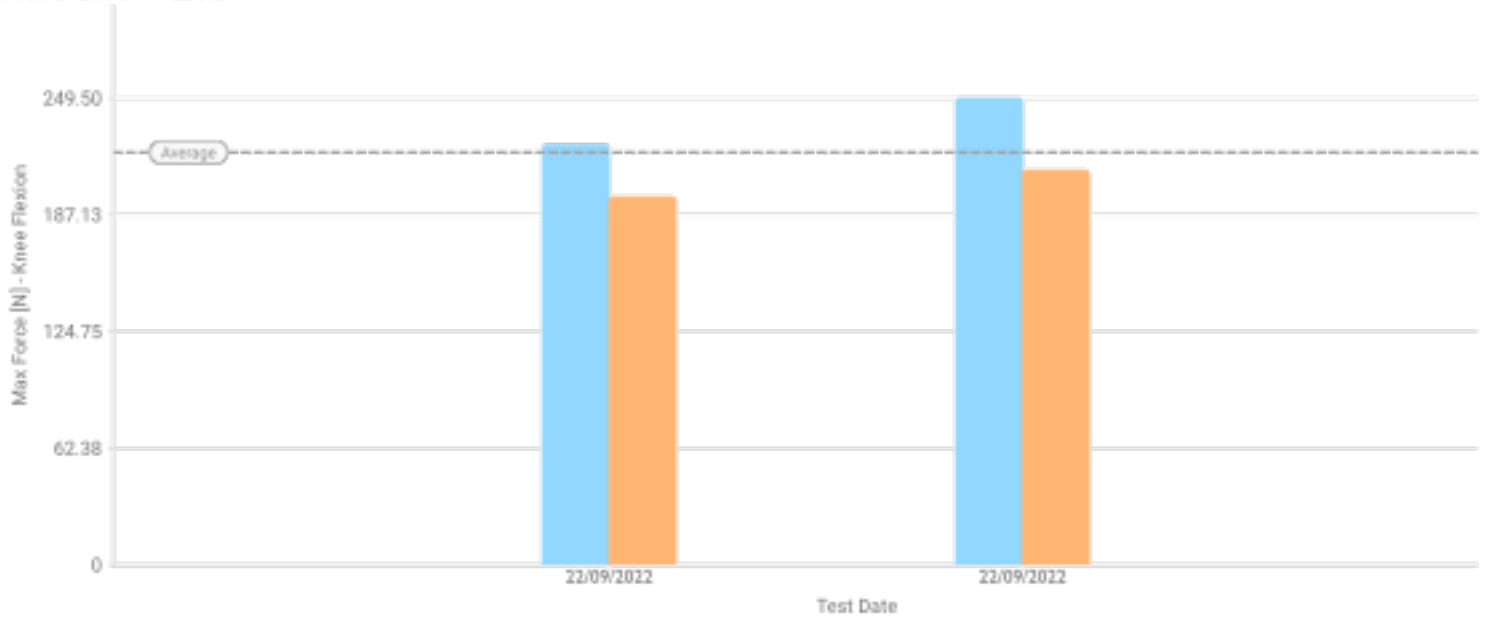
## Abduction Max Force [N] - Hip AD/AB

Range      Average  
295.13 - 297.75      296.44



## Knee Flexion Max Force [N] - Knee Flexion

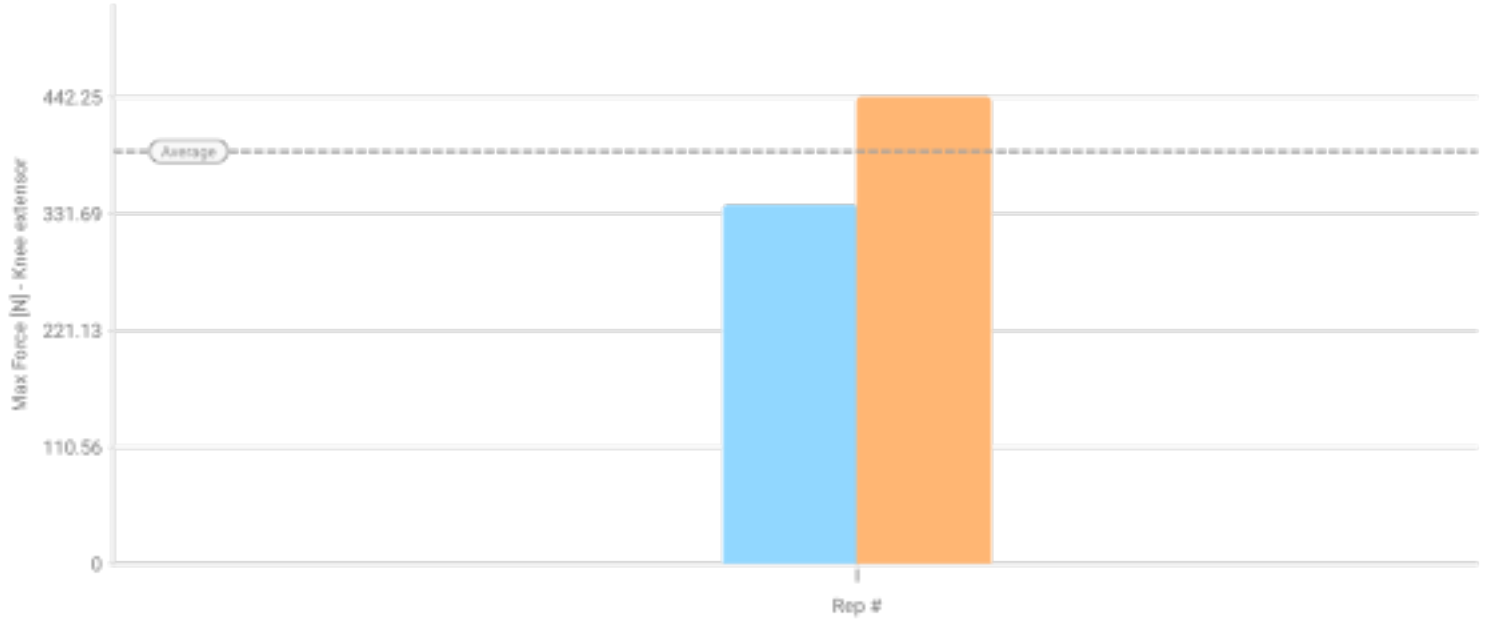
Range      Average  
196.75 - 249.5      220.5





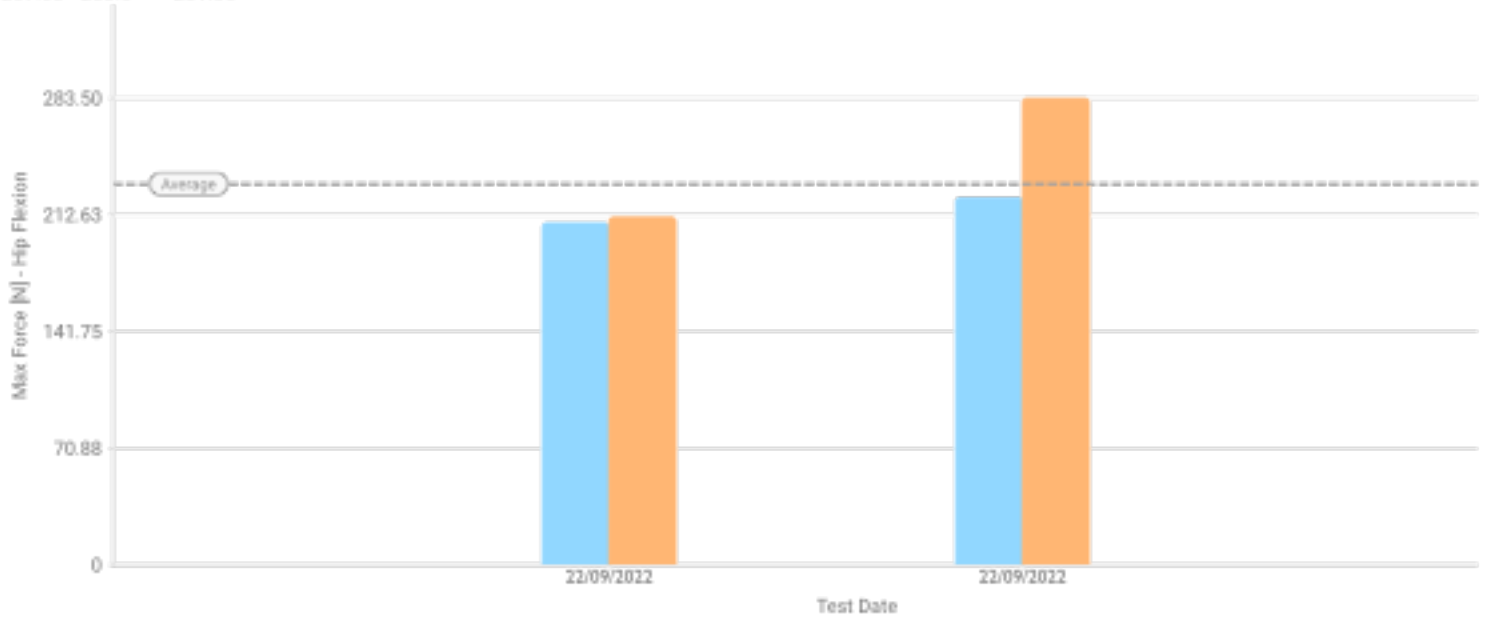
## Max Force [N] - Knee extensor

Range      Average  
339.75 - 442.25      391



## Flexion Max Force [N] - Hip Flexion

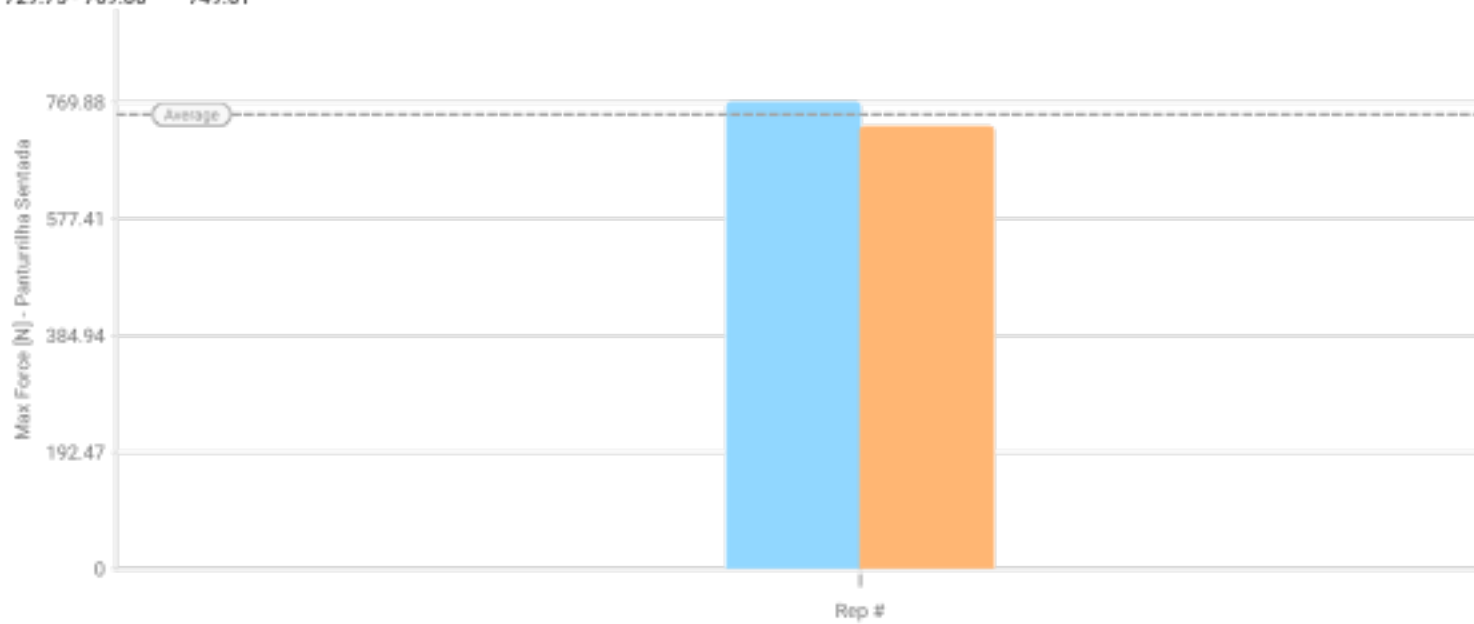
Range      Average  
207.63 - 283.5      231.38





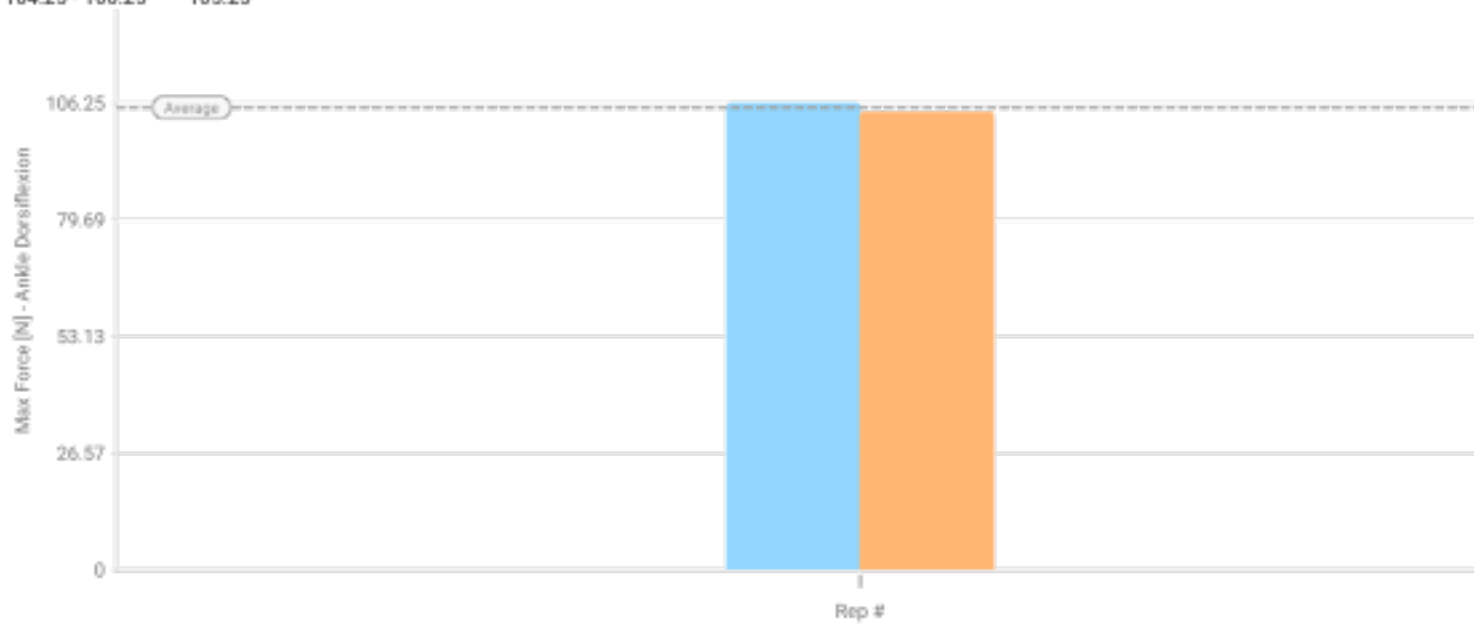
## Max Force [N] - Panturrilha Sentada

Range      Average  
729.75 - 769.88      749.81



## Dorsiflexion Max Force [N] - Ankle Dorsiflexion

Range      Average  
104.25 - 106.25      105.25





## Extension Asymmetry [%] - Hip Extension

Range

Average

9.74 L - 9.74 R

9.74 L

Rep #



## External Rotation Asymmetry [%] - Hip IR/ER

Range

Average

5.8 L - 5.8 R

5.8 R

Rep #

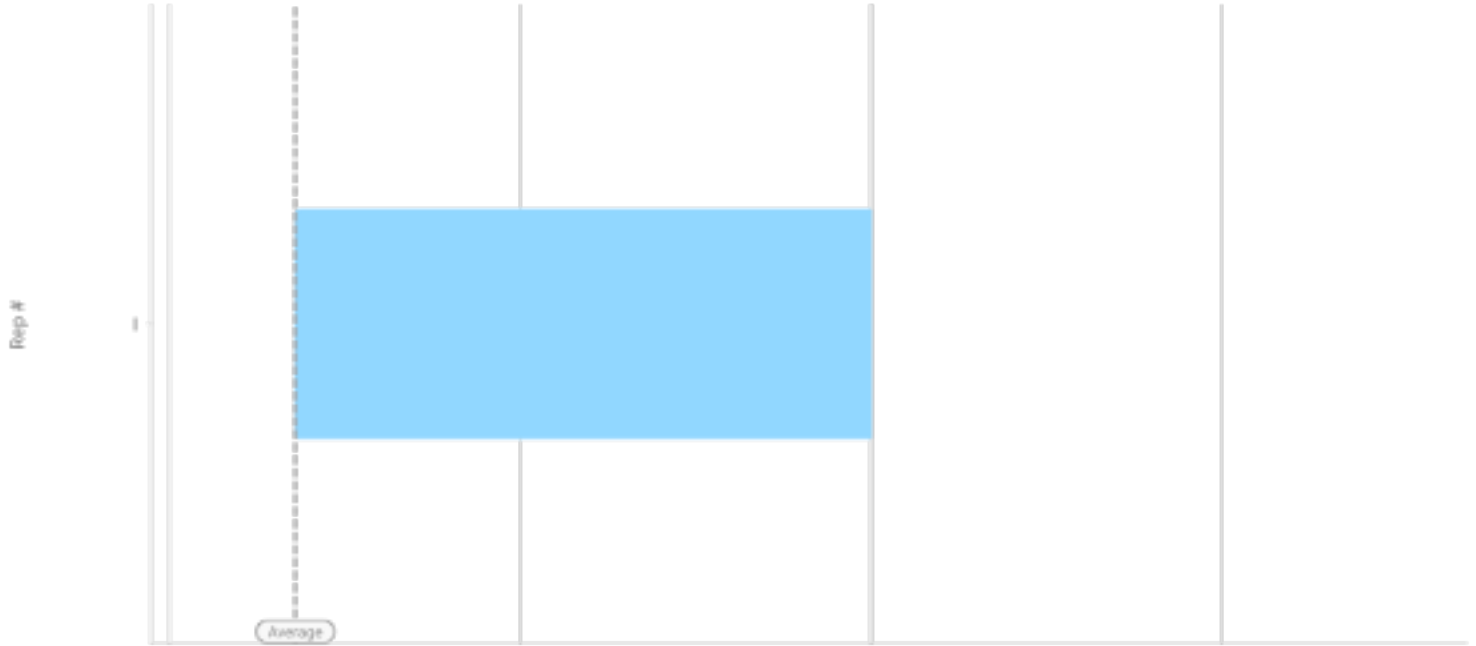






## Internal Rotation Asymmetry [%] - Hip IR/ER

Range      Average  
4.1 L - 4.1 R      4.1 L



## Inversion Asymmetry [%] - Ankle IN/EV

Range      Average  
10.53 L - 10.53 R      10.53 R





## Everson Asymmetry [%] - Ankle IN/EV

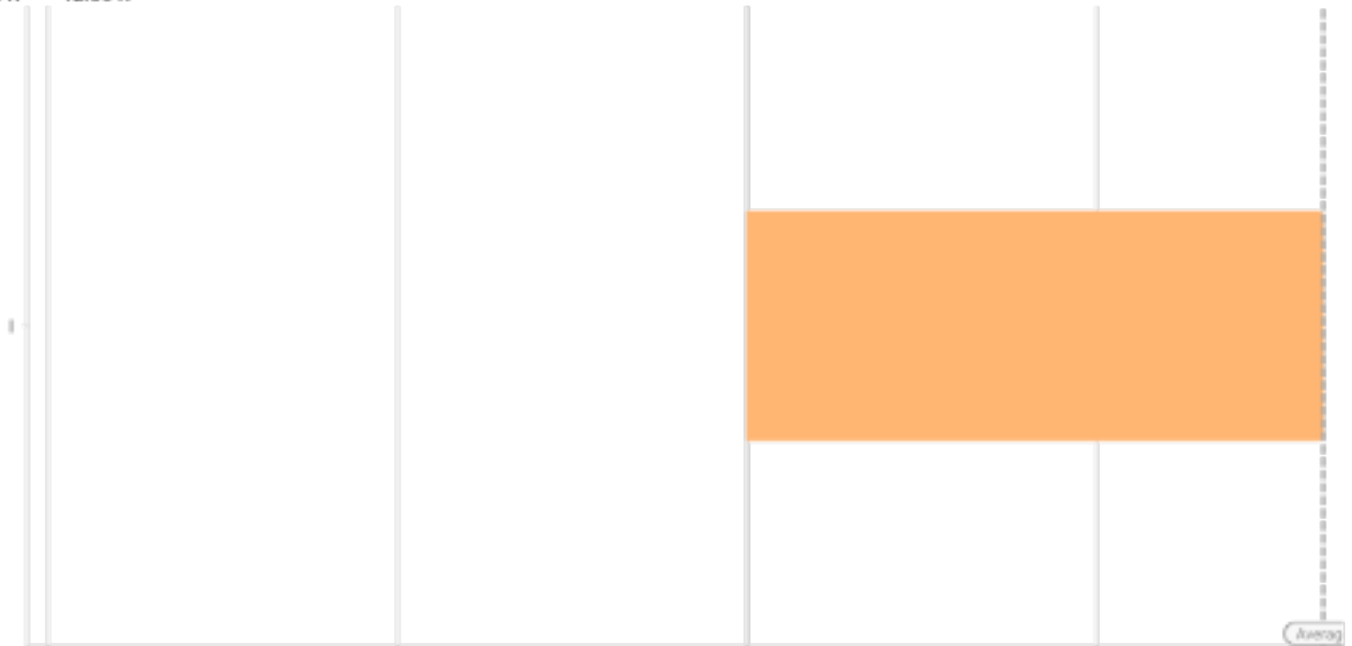
Range

Average

12.36 L - 12.36 R

12.36 R

Rep #



## Adduction Asymmetry [%] - Hip AD/AB

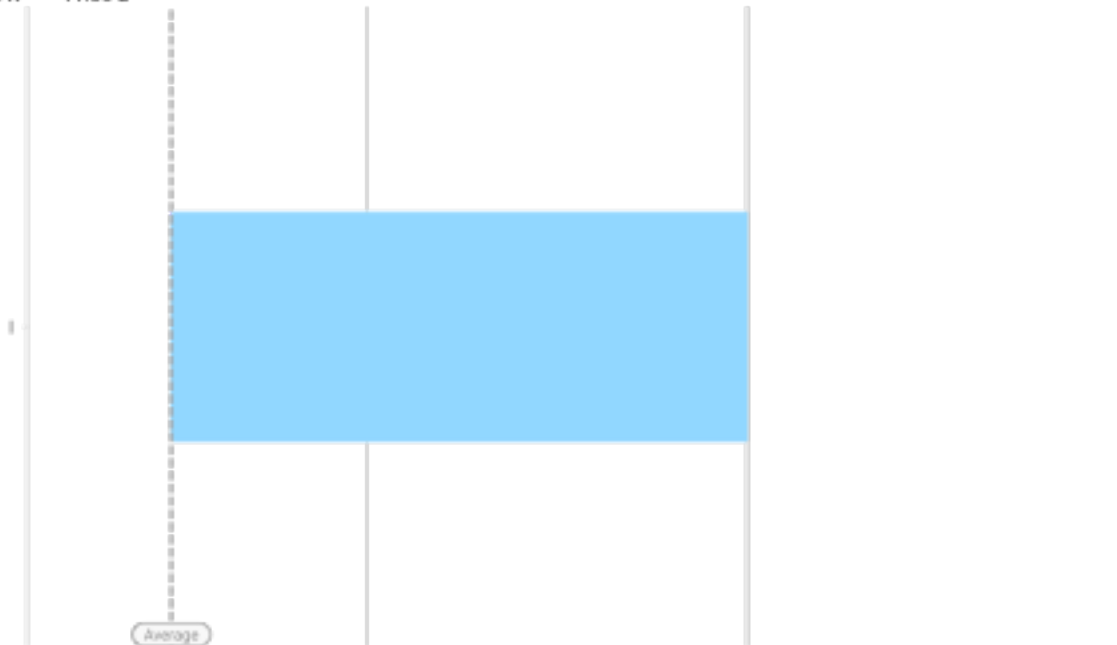
Range

Average

11.36 L - 11.36 R

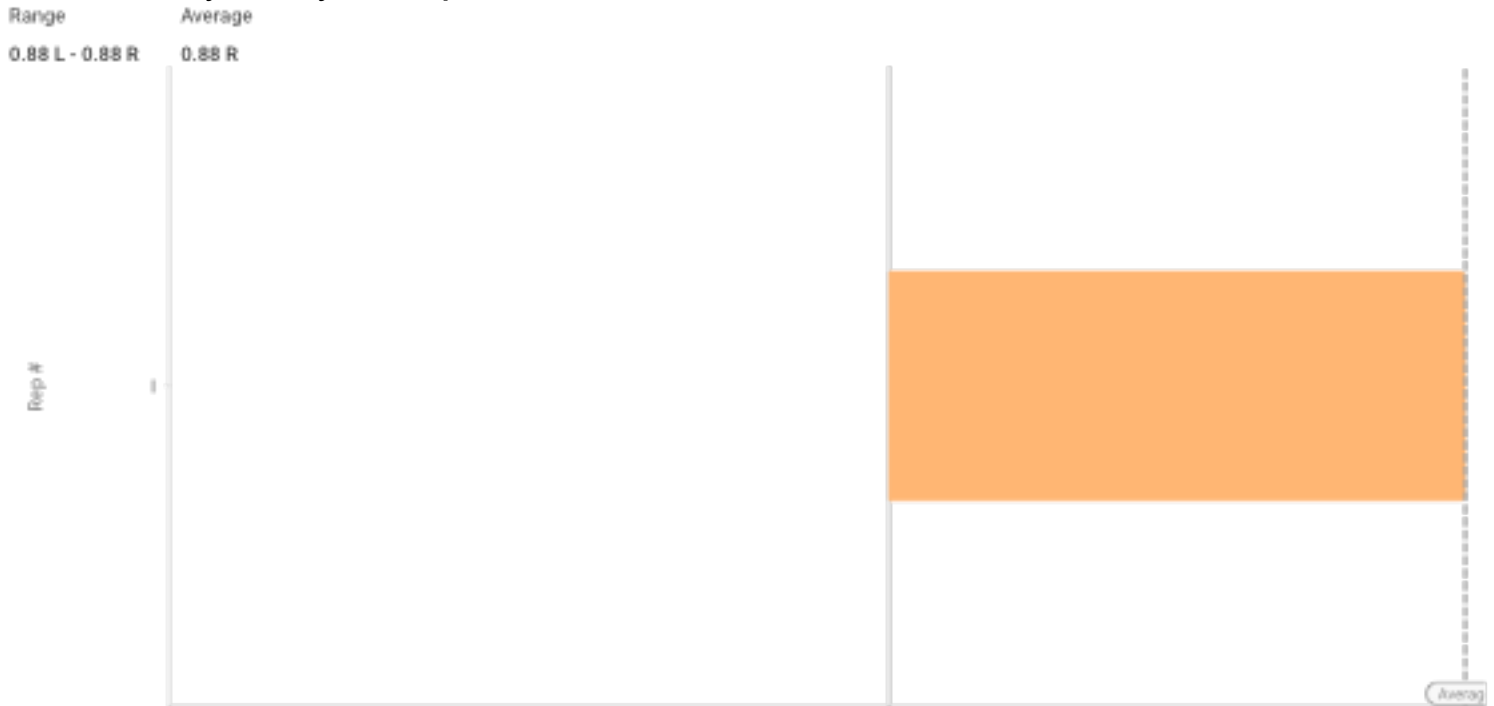
11.36 L

Rep #

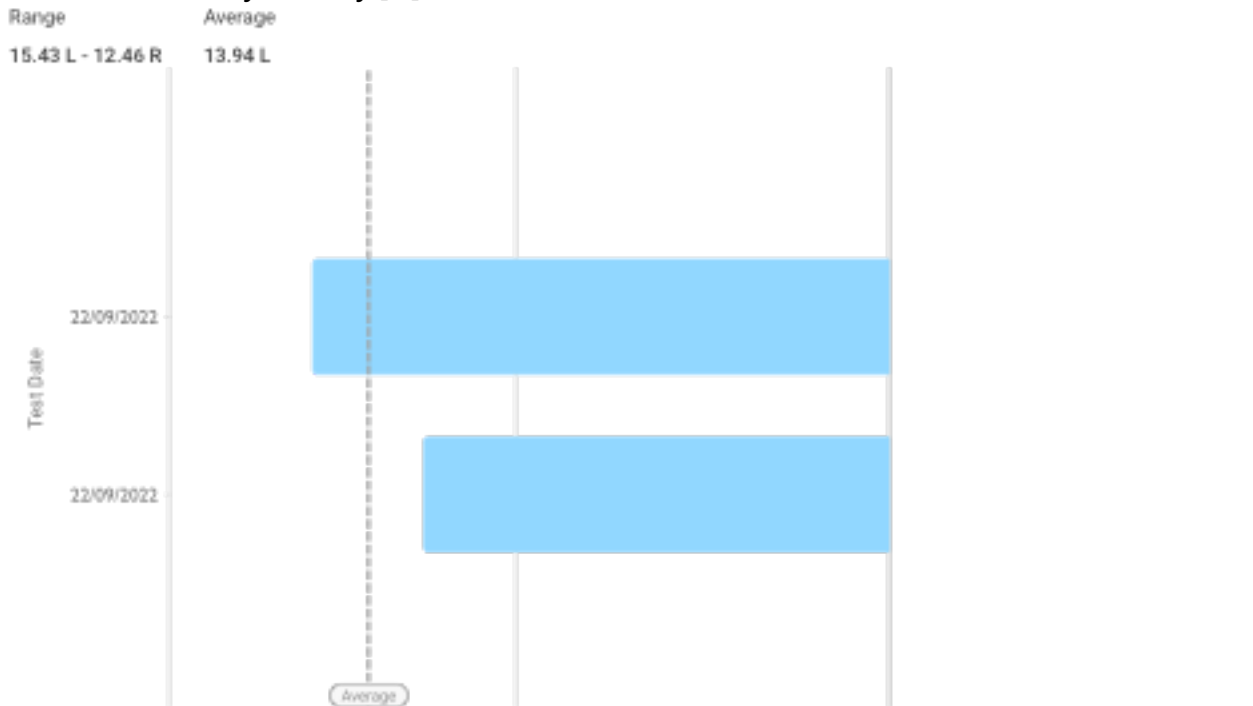




## Abduction Asymmetry [%] - Hip AD/AB

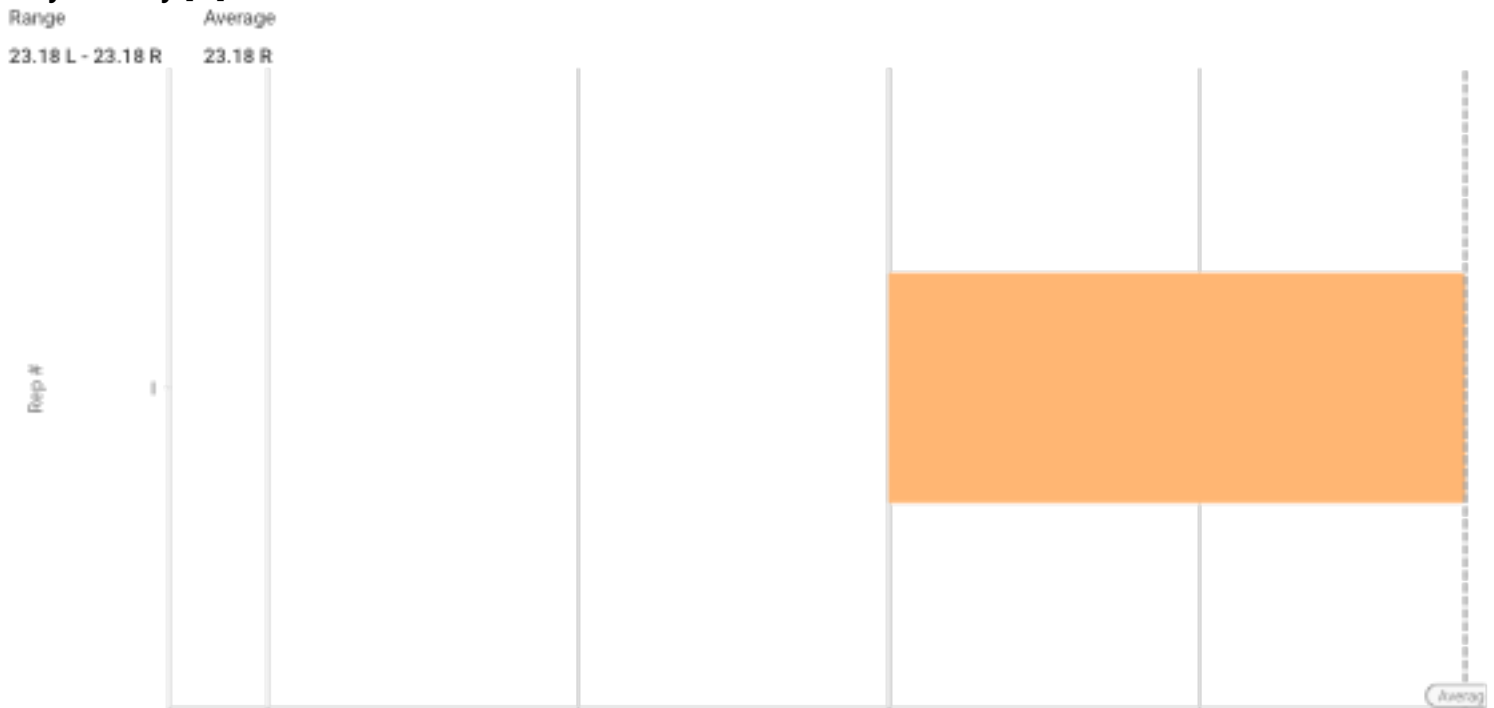


## Knee Flexion Asymmetry [%] - Knee Flexion

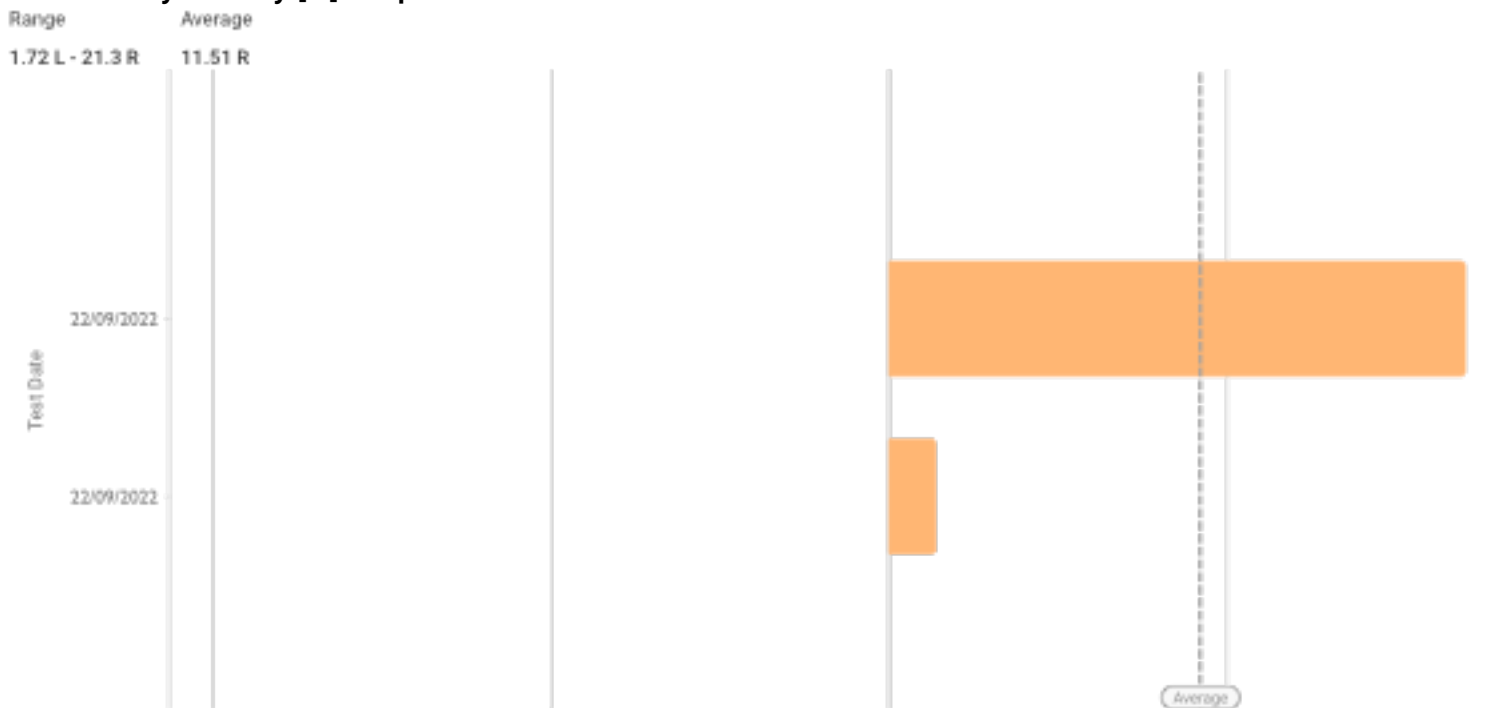




## Asymmetry [%] - Knee extensor



## Flexion Asymmetry [%] - Hip Flexion





## Asymmetry [%] - Panturrilha Sentada

Range

5.21 L - 5.21 R

Average

5.21 L

Rep #



## Dorsiflexion Asymmetry [%] - Ankle Dorsiflexion

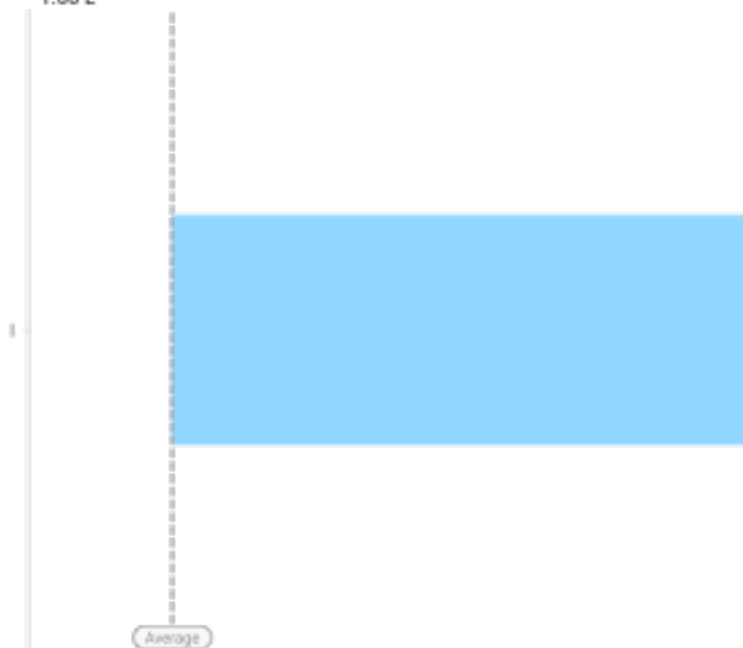
Range

1.88 L - 1.88 R

Average

1.88 L

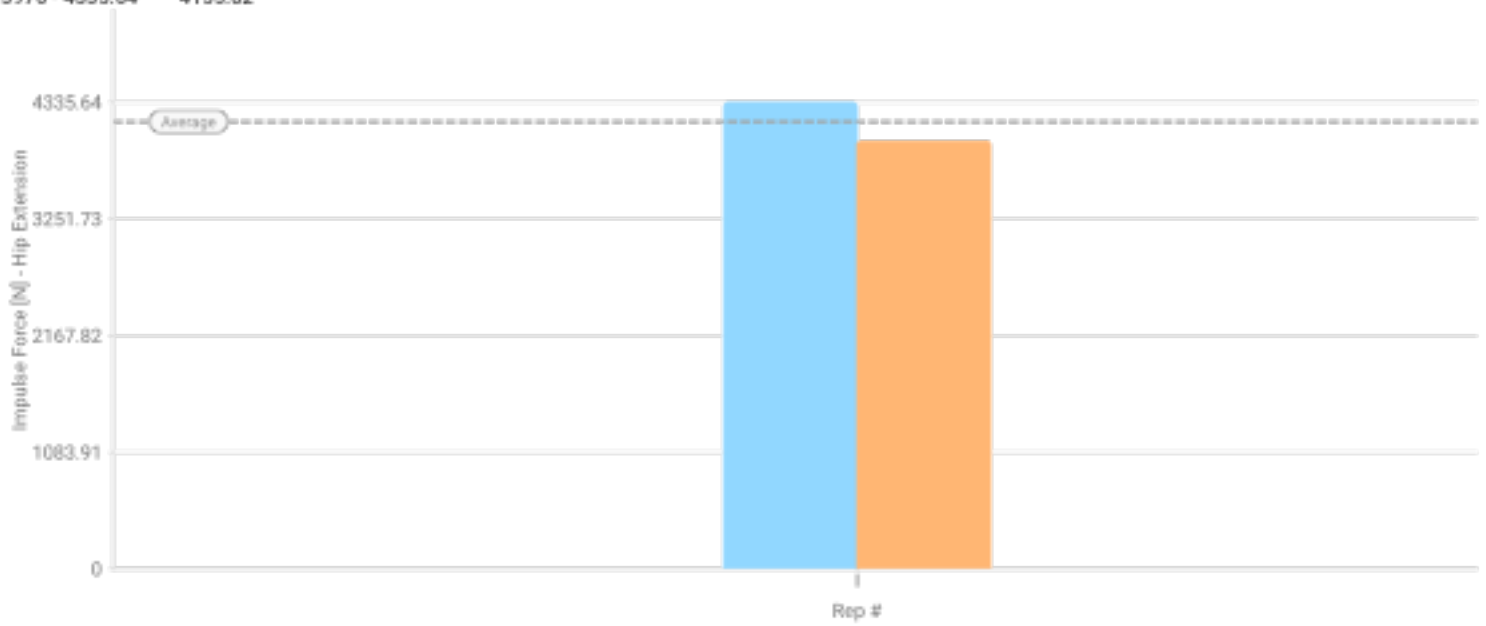
Rep #





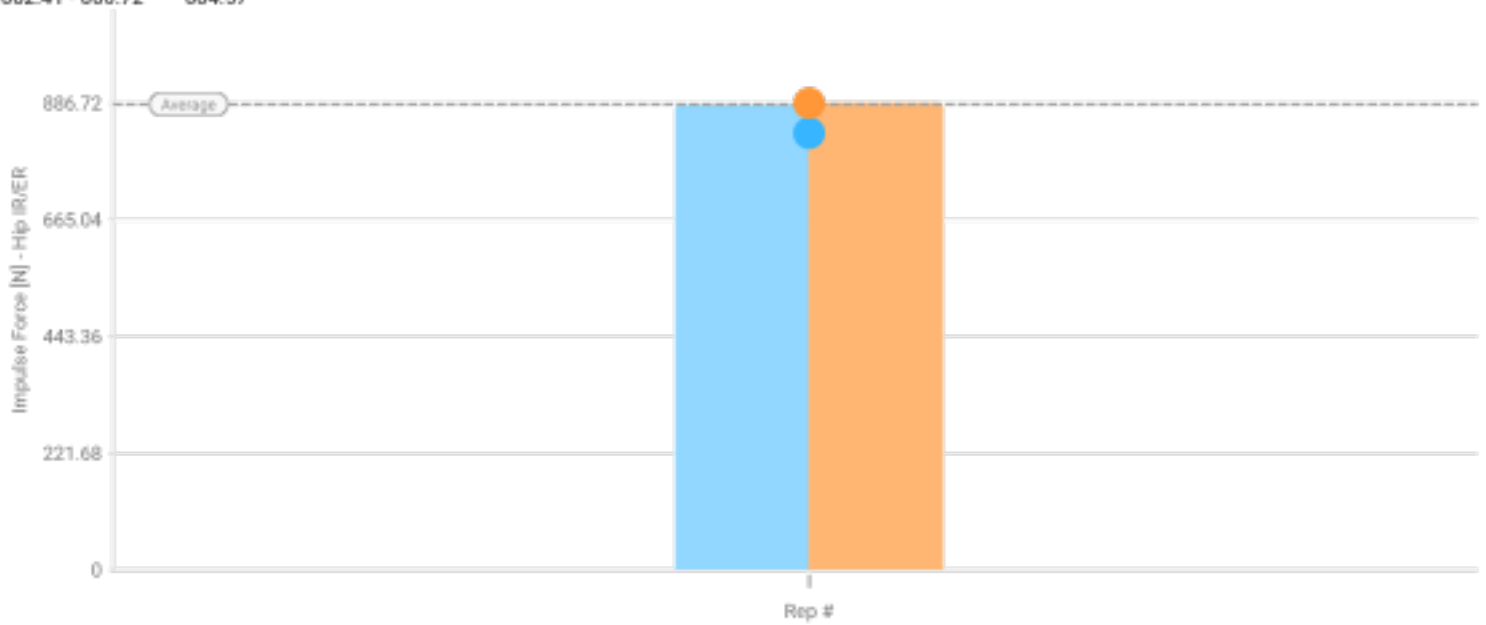
## Extension Impulse Force [N] - Hip Extension

Range      Average  
3976 - 4335.64      4155.82



## External Rotation Impulse Force [N] - Hip IR/ER

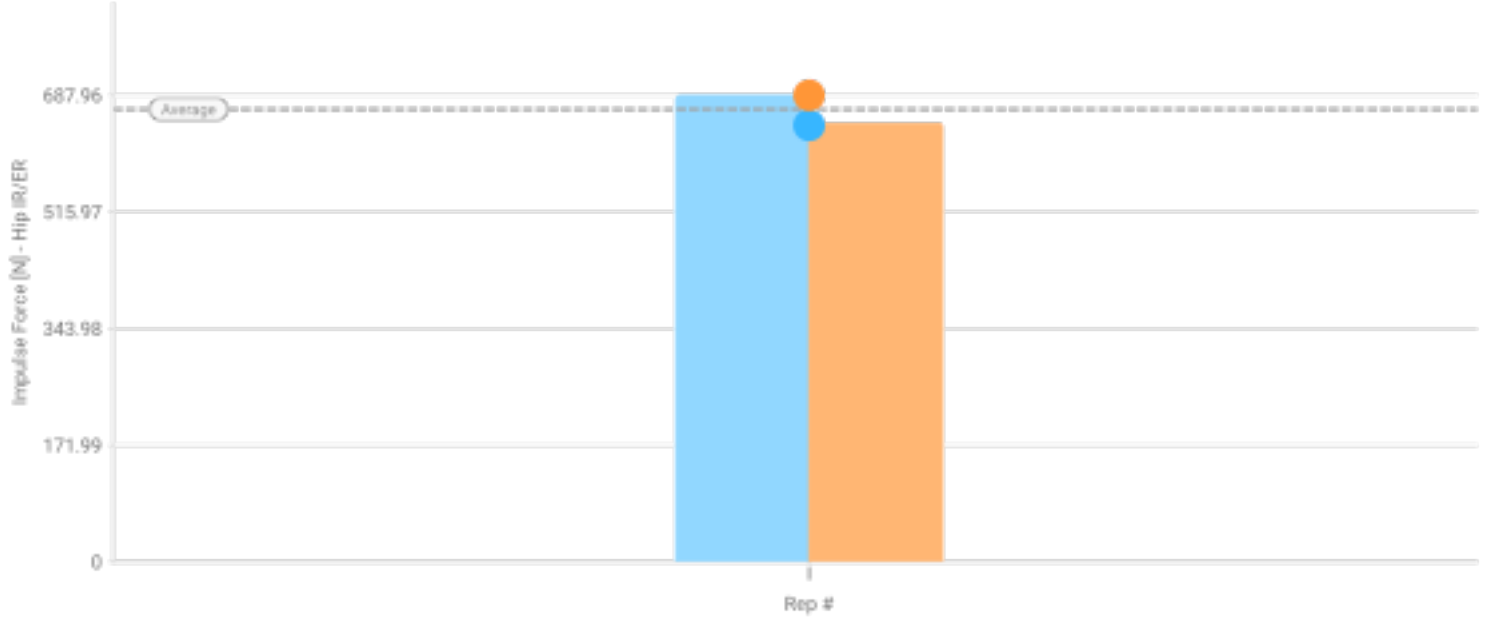
Range      Average  
882.41 - 886.72      884.57





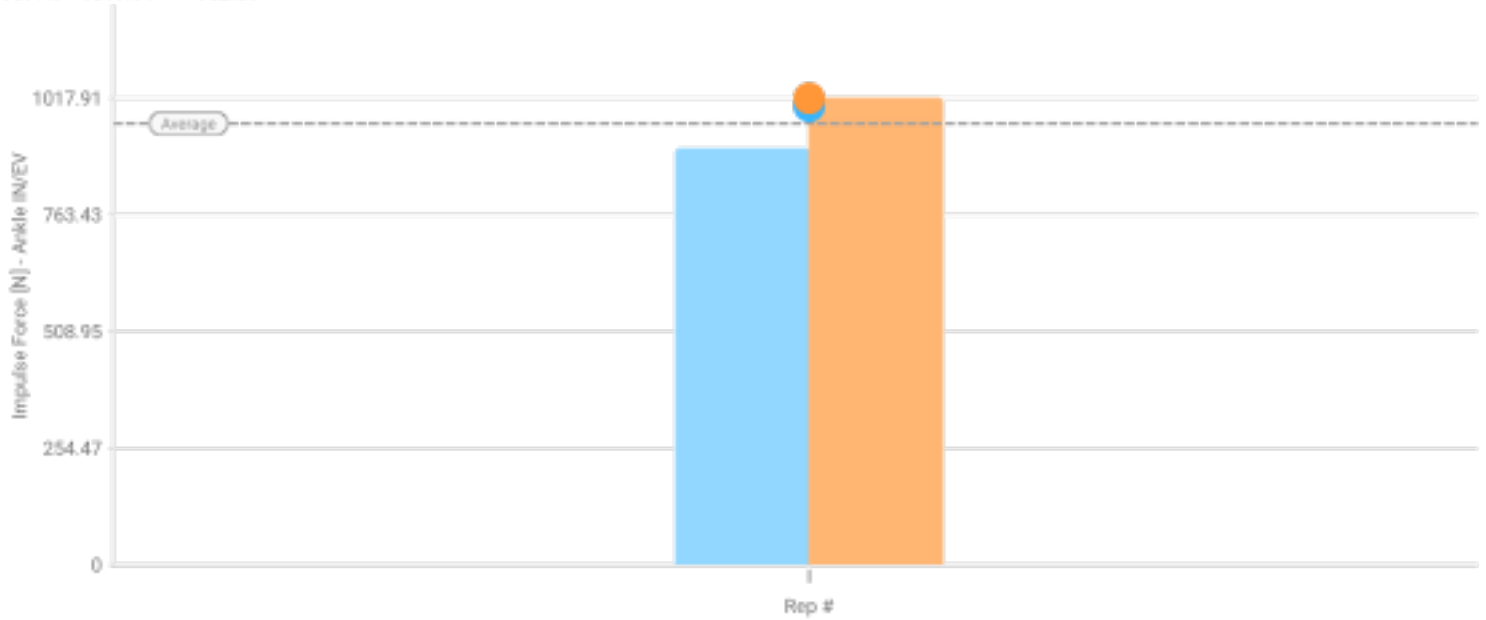
## Internal Rotation Impulse Force [N] - Hip IR/ER

Range      Average  
646.94 - 687.96      667.45



## Inversion Impulse Force [N] - Ankle IN/EV

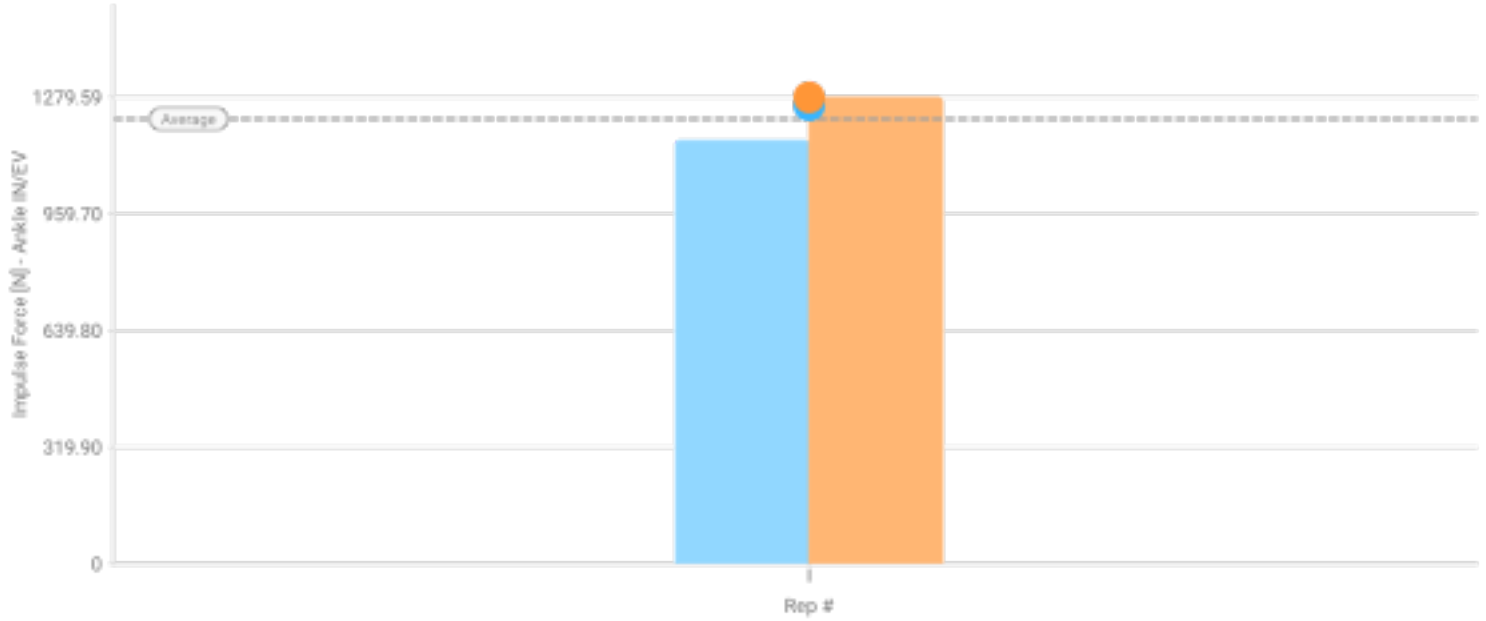
Range      Average  
907.47 - 1017.91      962.69





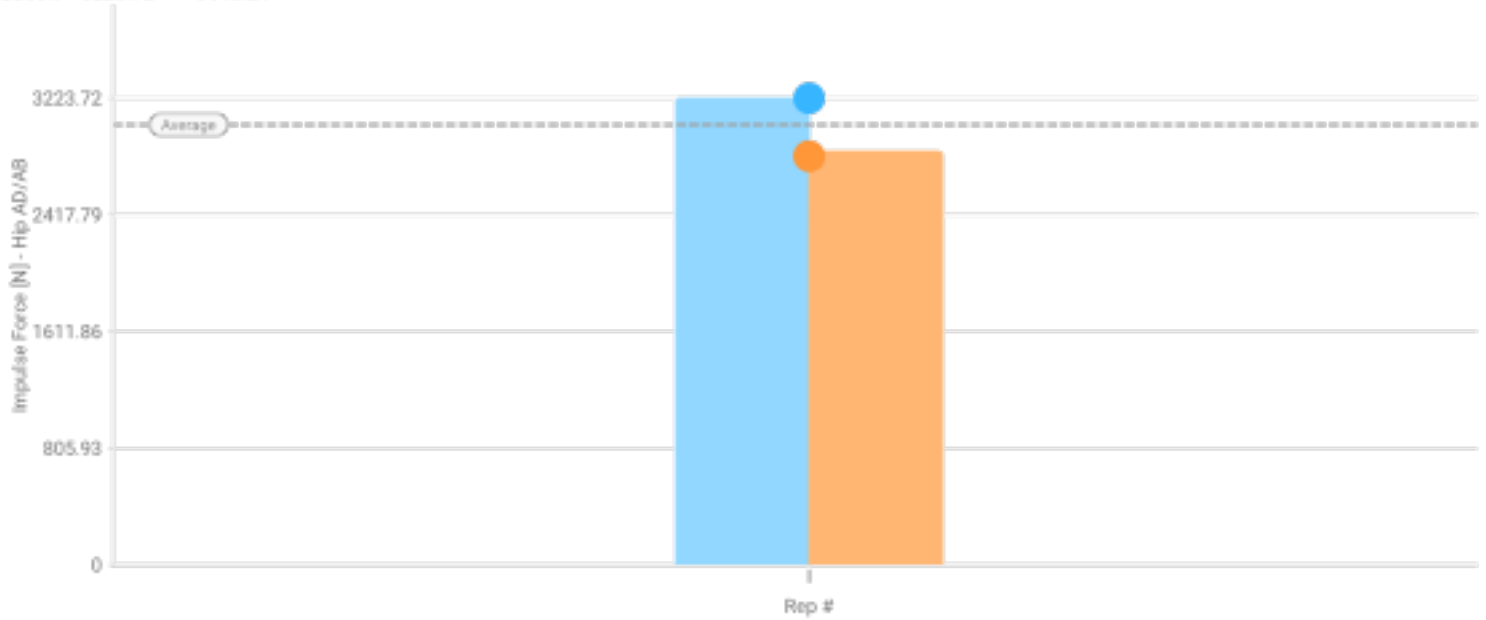
## Everson Impulse Force [N] - Ankle IN/EV

Range      Average  
1160.75 - 1279.59      1220.17



## Adduction Impulse Force [N] - Hip AD/AB

Range      Average  
2856.7 - 3223.72      3040.21

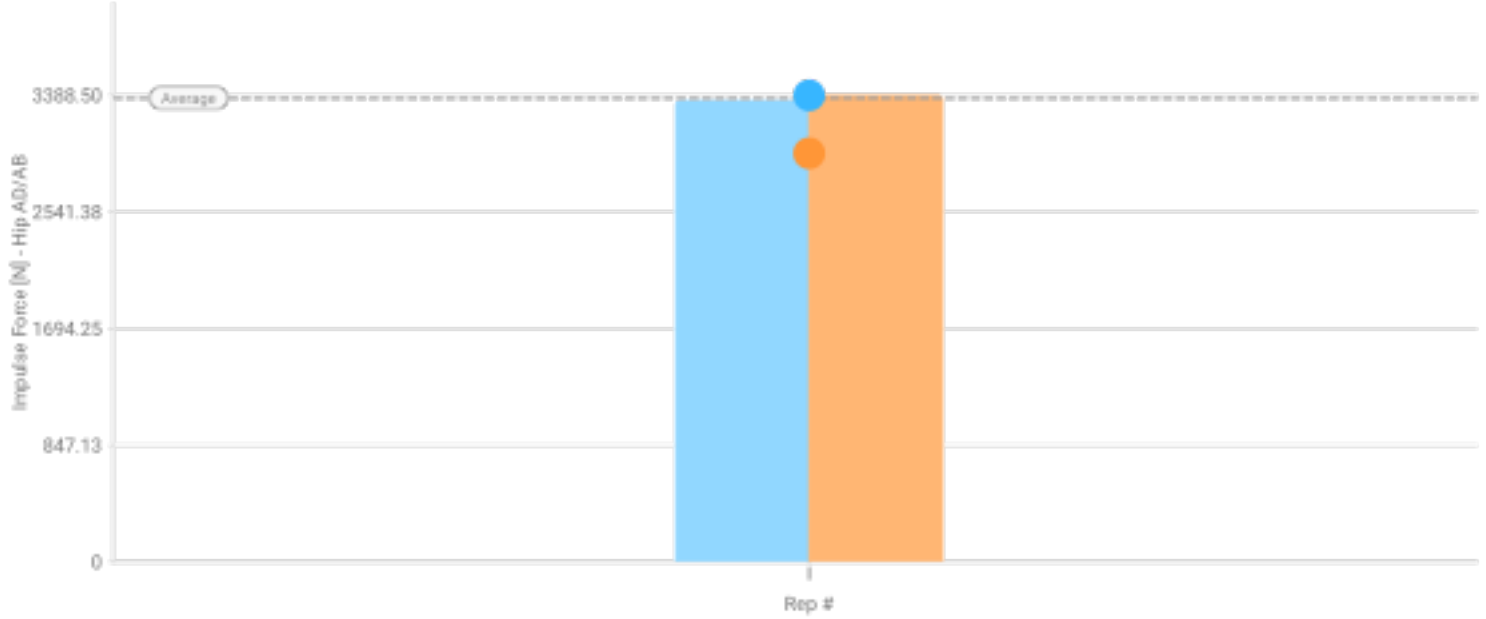






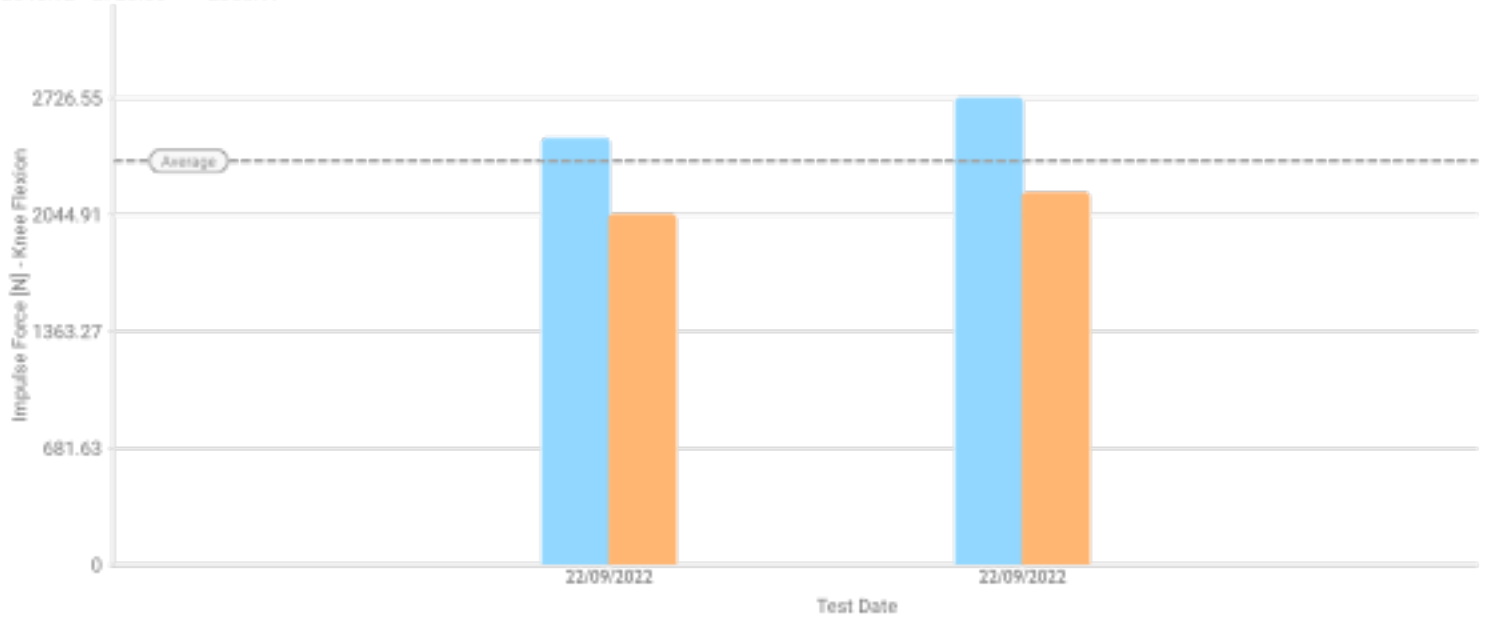
### Abduction Impulse Force [N] - Hip AD/AB

Range      Average  
3348.64 - 3388.5      3368.57



### Knee Flexion Impulse Force [N] - Knee Flexion

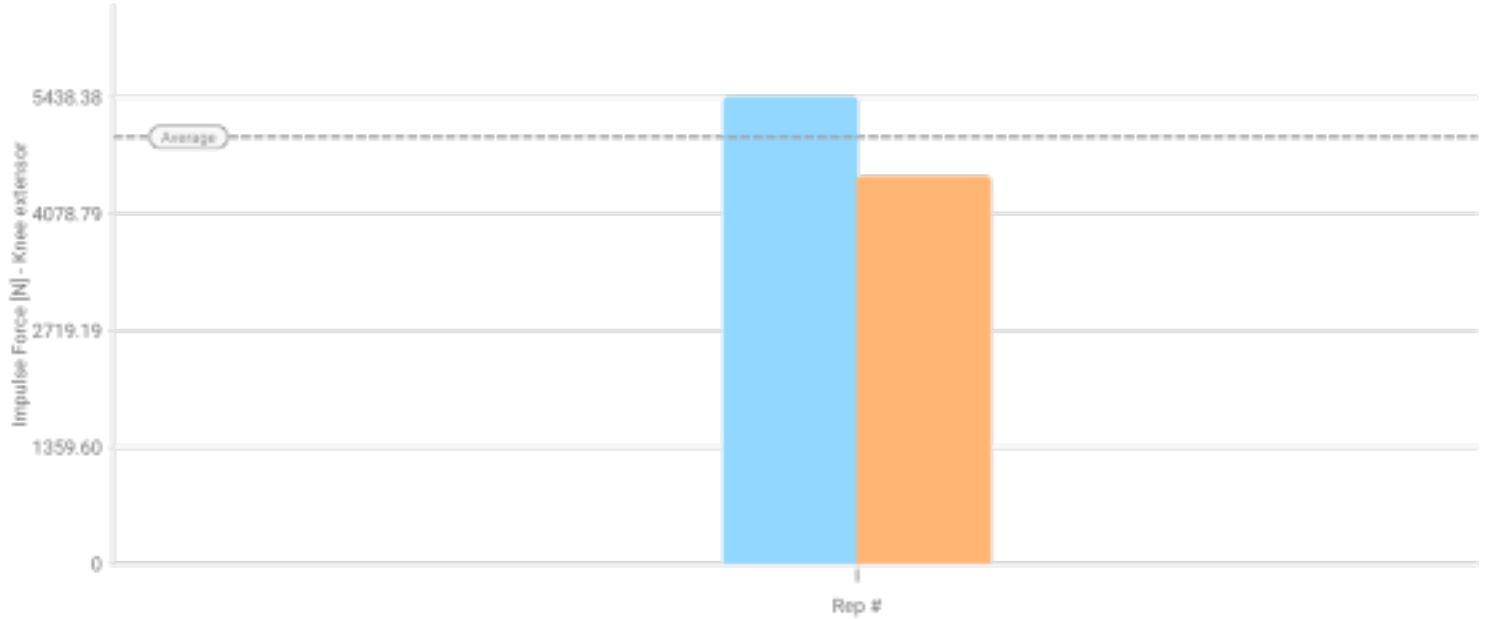
Range      Average  
2045.92 - 2726.55      2358.97





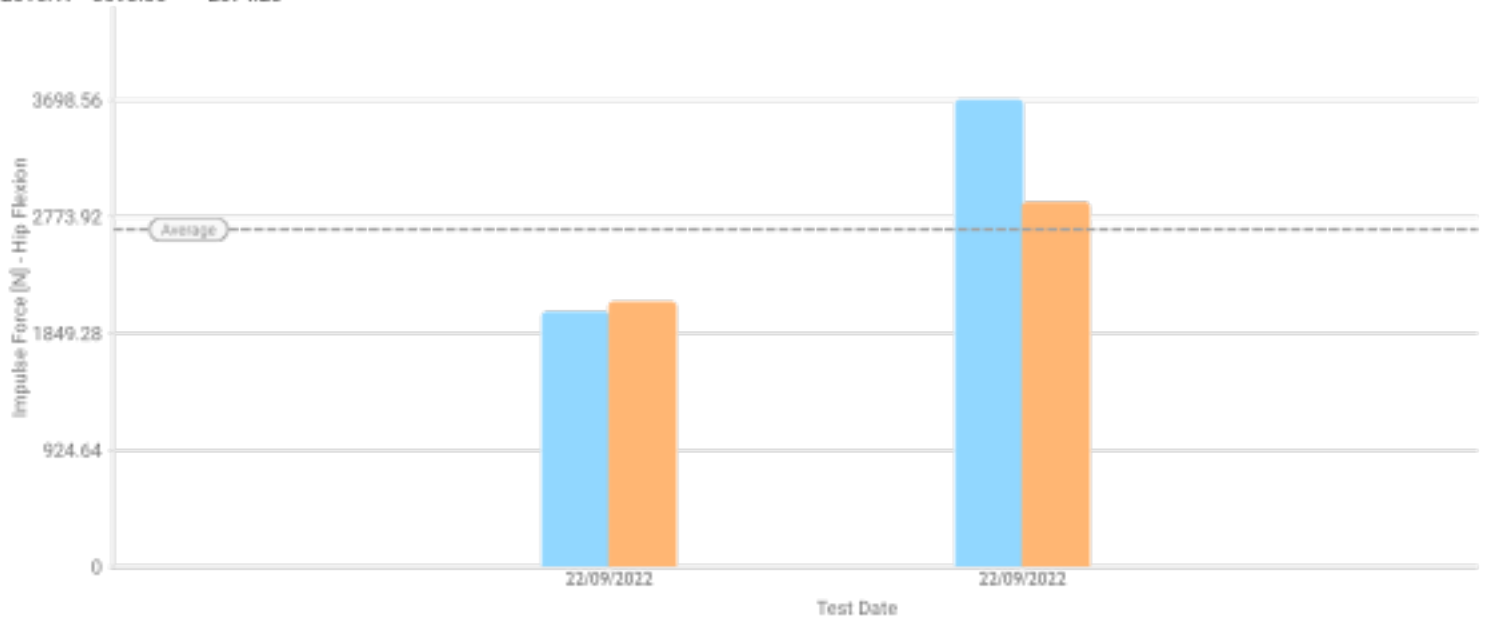
## Impulse Force [N] - Knee extensor

Range      Average  
4511.56 - 5438.38      4974.97



## Flexion Impulse Force [N] - Hip Flexion

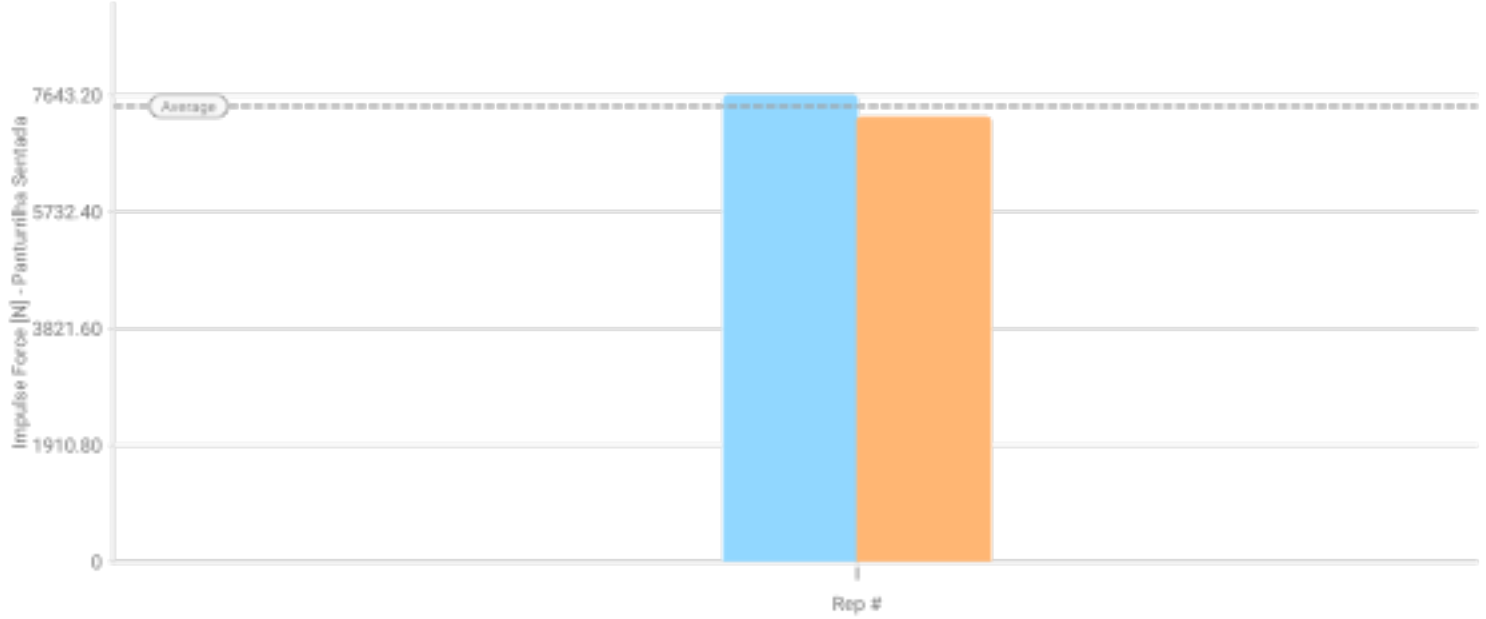
Range      Average  
2016.17 - 3698.56      2674.25





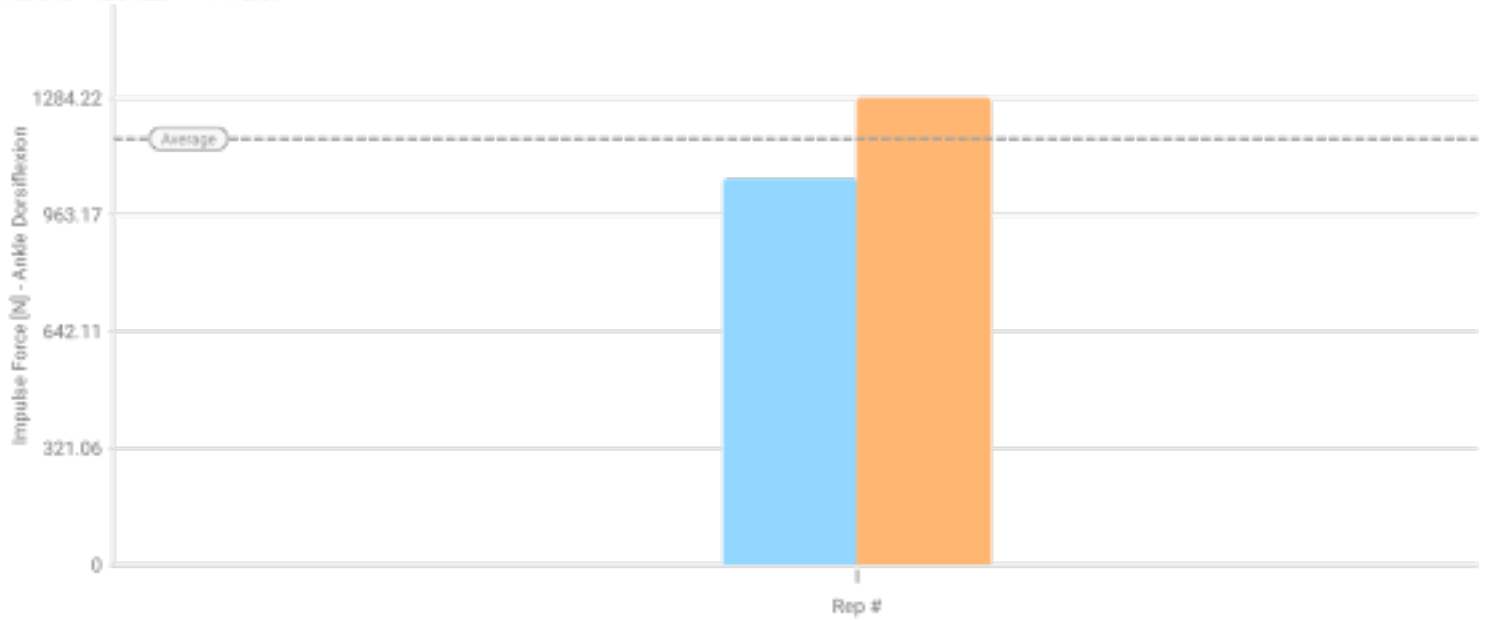
## Impulse Force [N] - Panturrilha Sentada

Range      Average  
7285.02 - 7643.2      7464.11



## Dorsiflexion Impulse Force [N] - Ankle Dorsiflexion

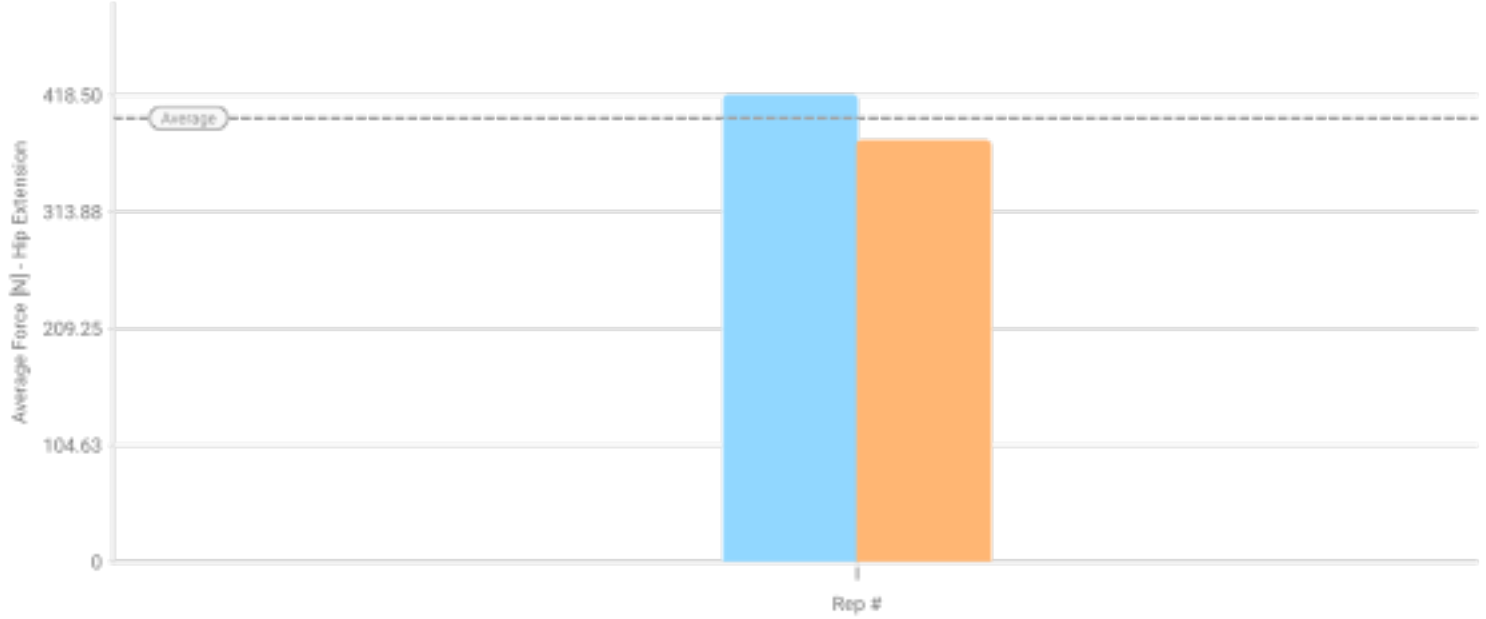
Range      Average  
1060.95 - 1284.22      1172.59





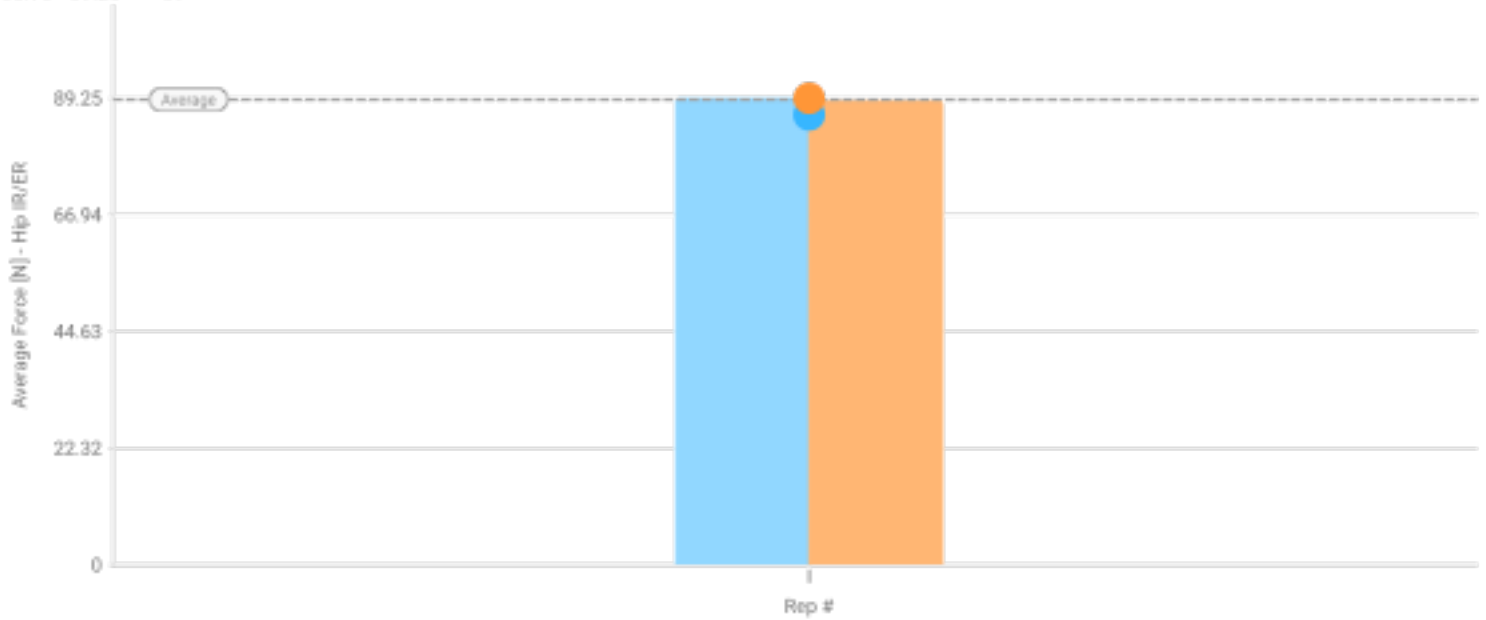
## Extension Average Force [N] - Hip Extension

Range      Average  
377.75 - 418.5      398.13



## External Rotation Average Force [N] - Hip IR/ER

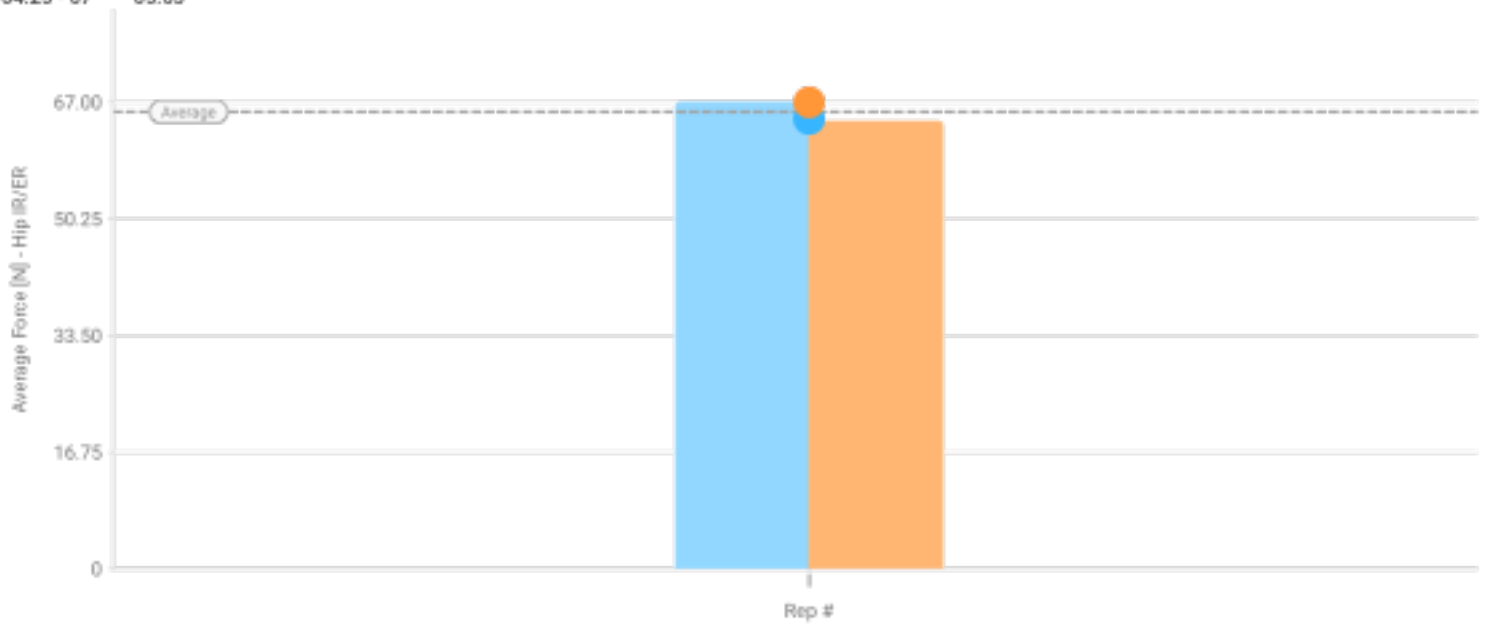
Range      Average  
88.75 - 89.25      89





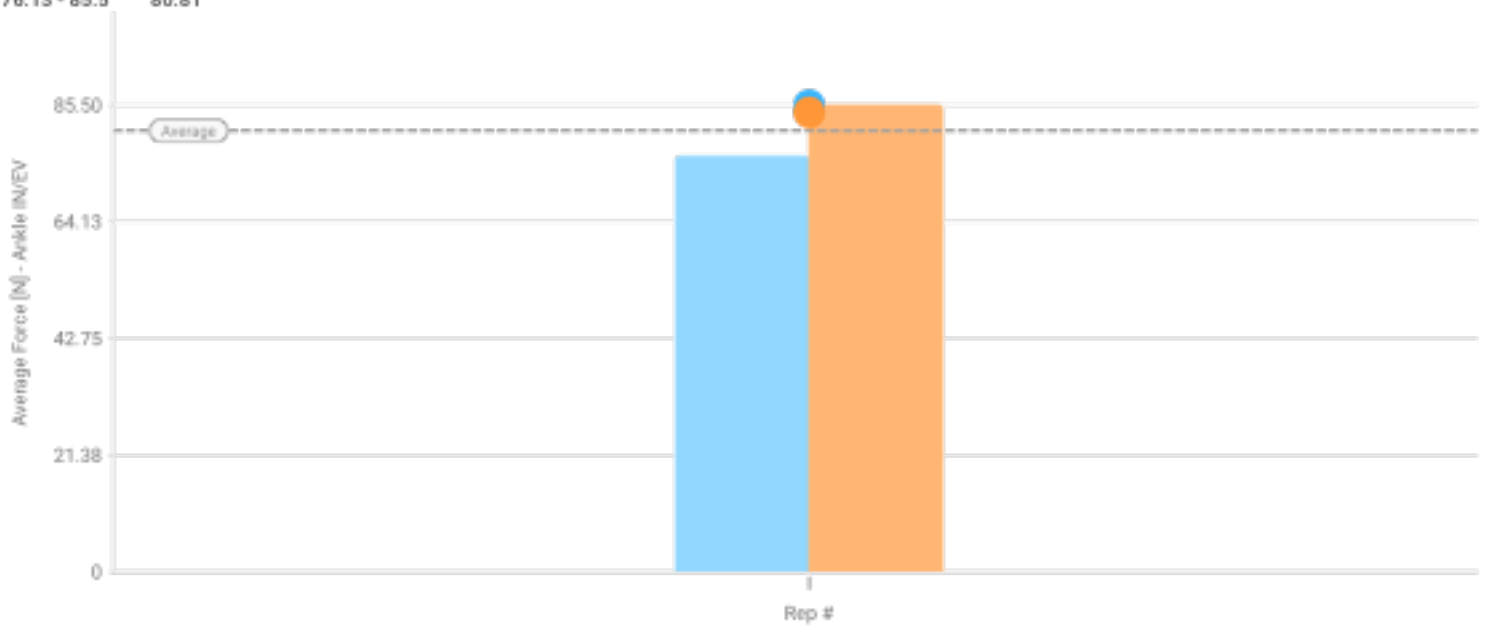
### Internal Rotation Average Force [N] - Hip IR/ER

Range      Average  
64.25 - 67      65.63



### Inversion Average Force [N] - Ankle IN/EV

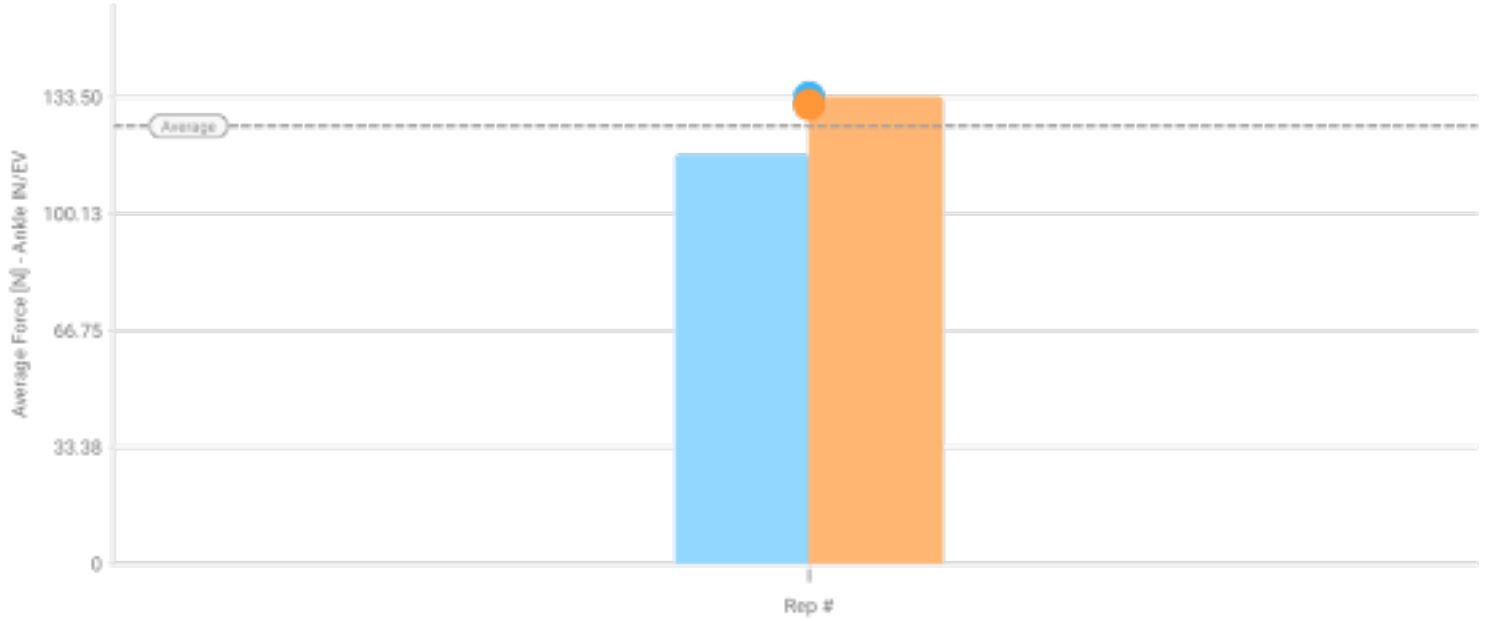
Range      Average  
76.13 - 85.5      80.81





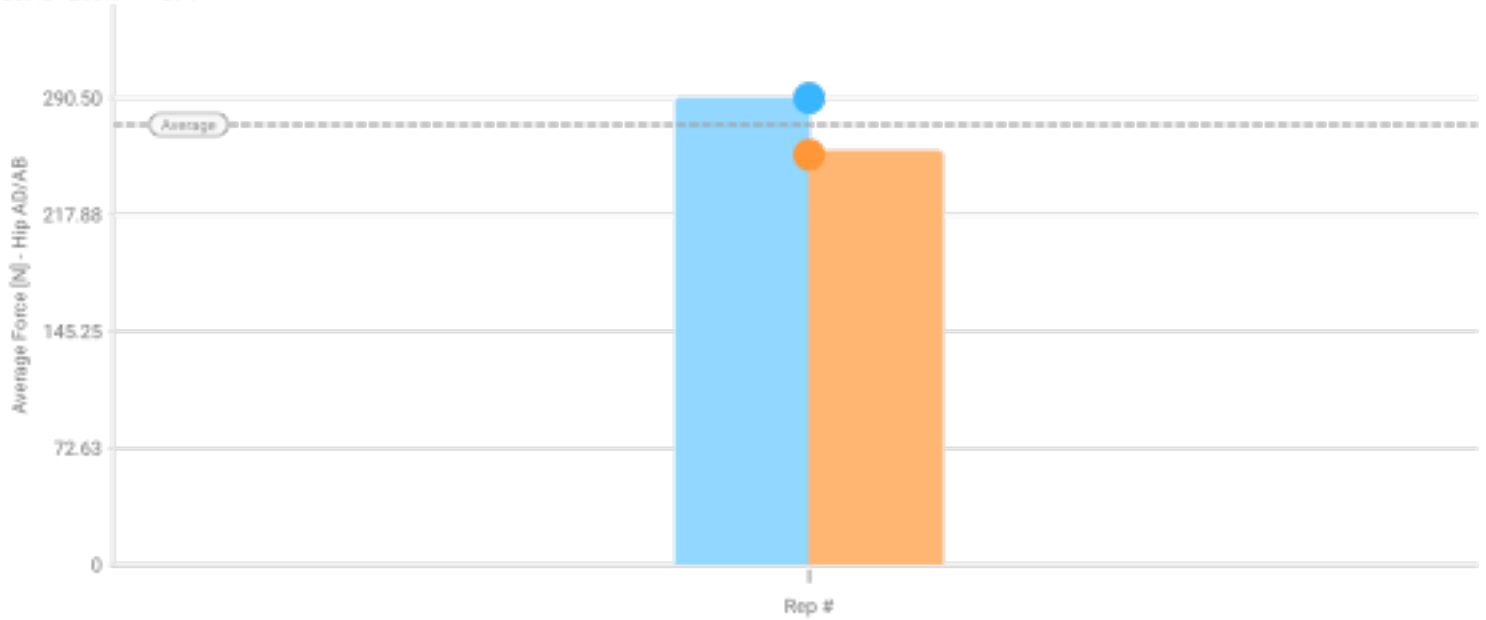
### Eversion Average Force [N] - Ankle IN/EV

Range      Average  
117 - 133.5      125.25



### Adduction Average Force [N] - Hip AD/AB

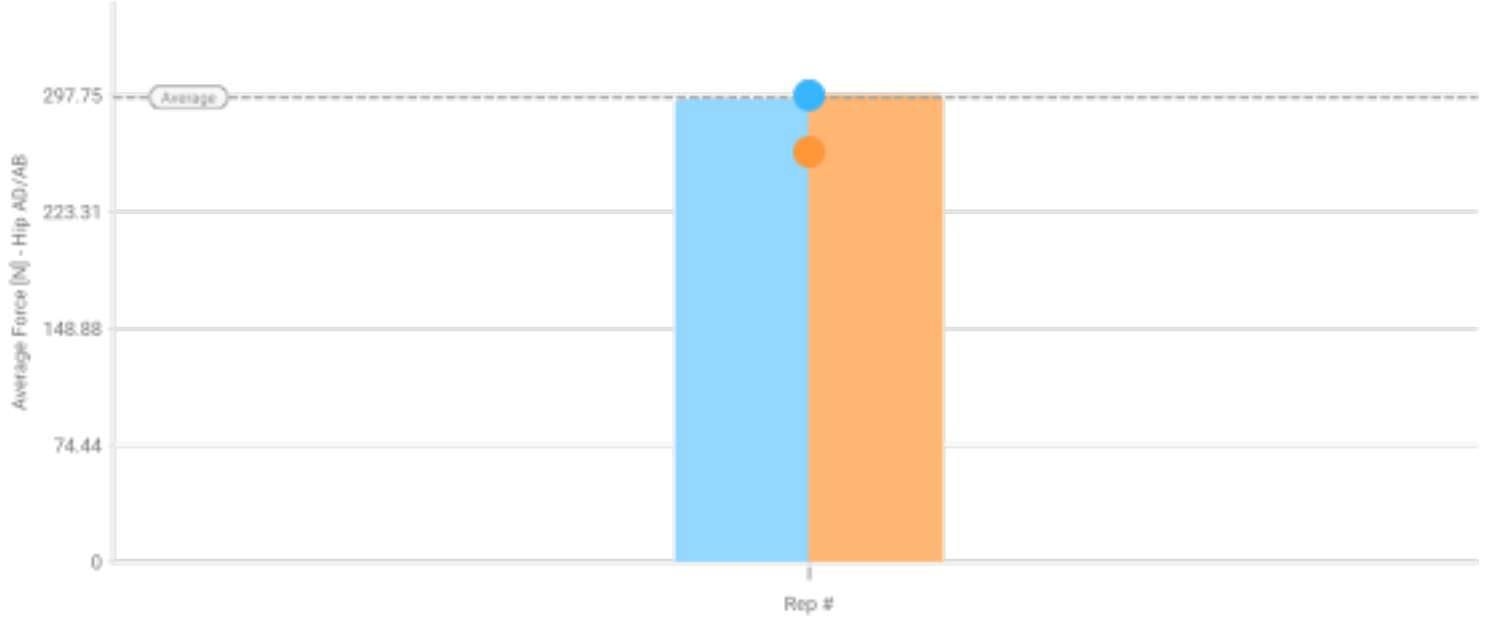
Range      Average  
257.5 - 290.5      274





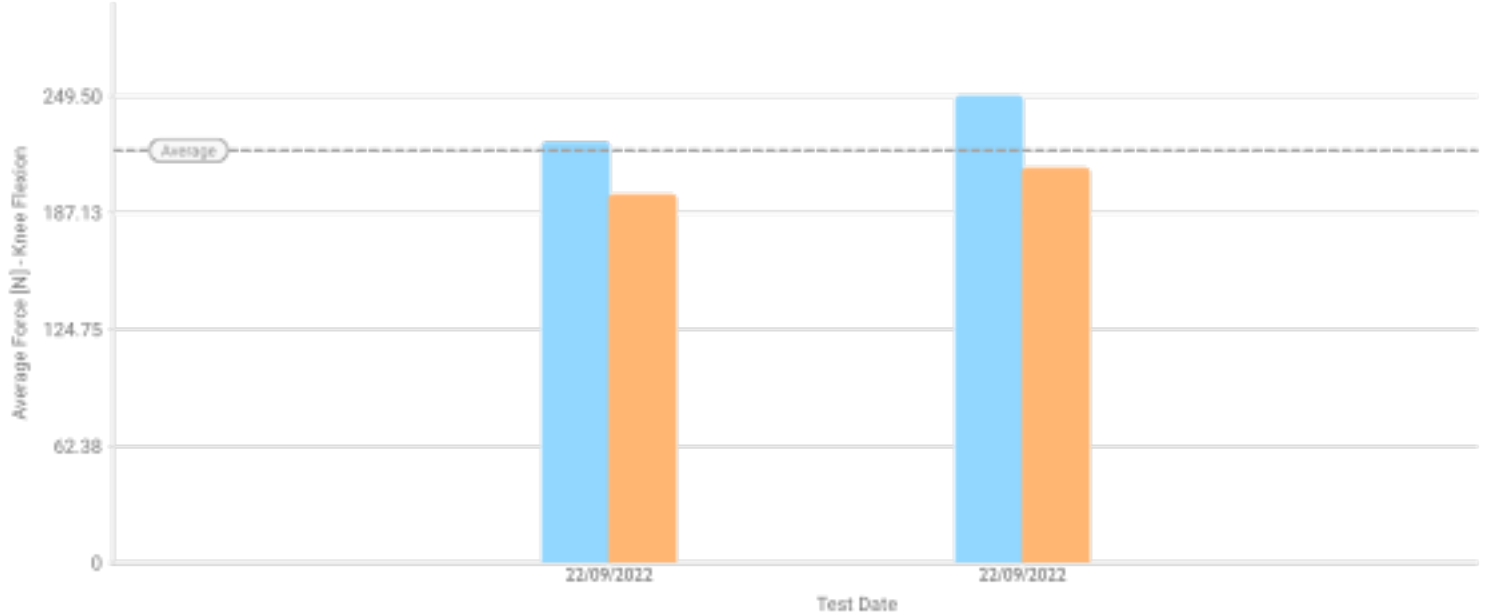
### Abduction Average Force [N] - Hip AD/AB

Range      Average  
295.13 - 297.75      296.44



### Knee Flexion Average Force [N] - Knee Flexion

Range      Average  
196.75 - 249.5      220.5

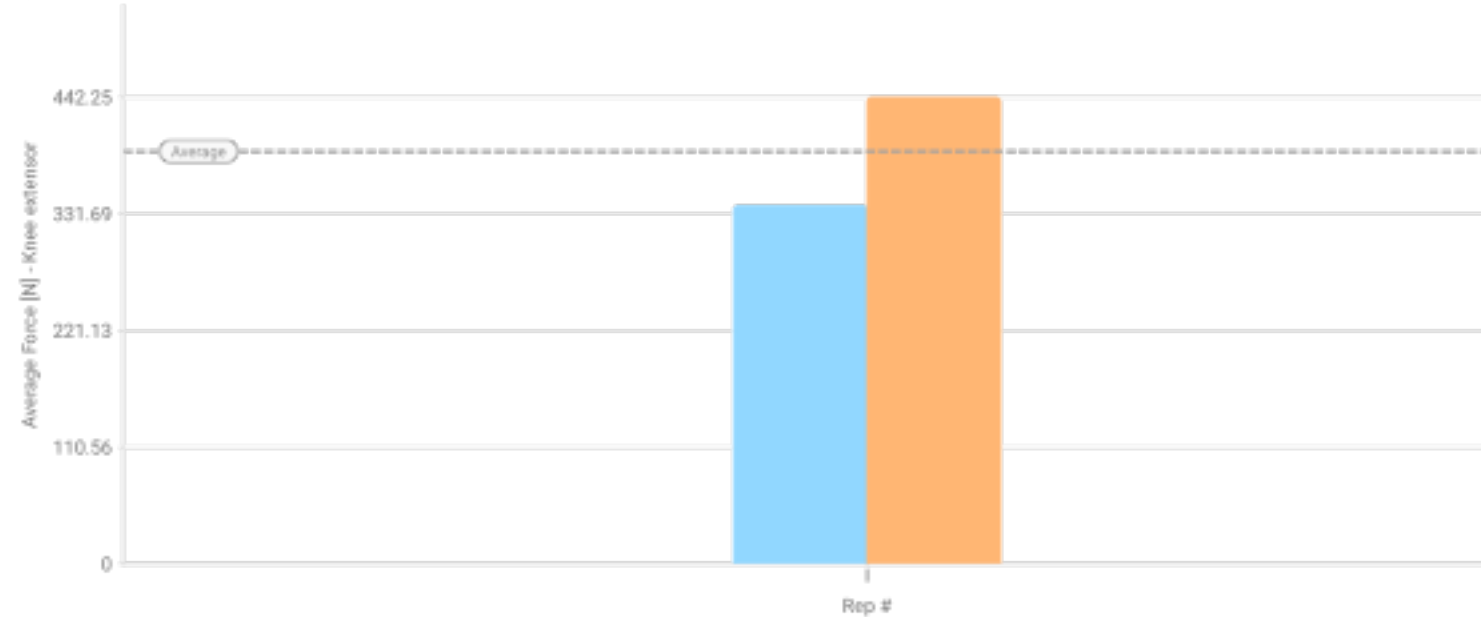




### Average Force [N] - Knee extensor

Range      Average

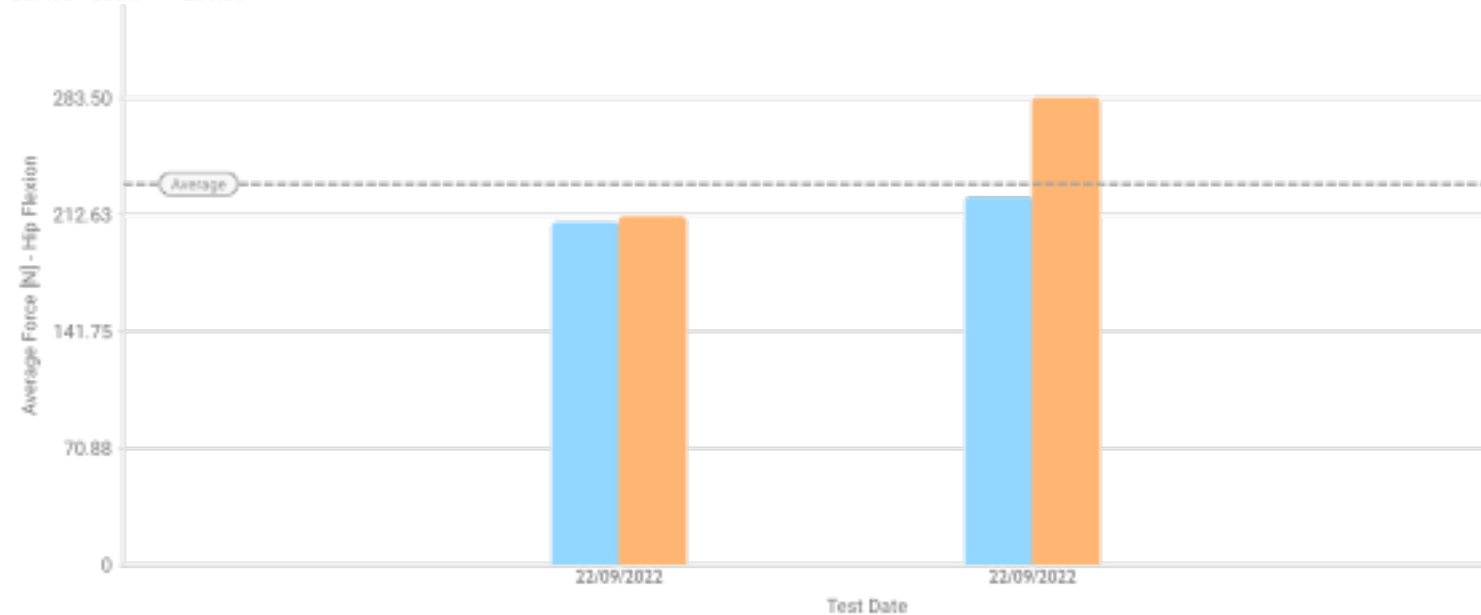
339.75 - 442.25      391



### Flexion Average Force [N] - Hip Flexion

Range      Average

207.63 - 283.5      231.38

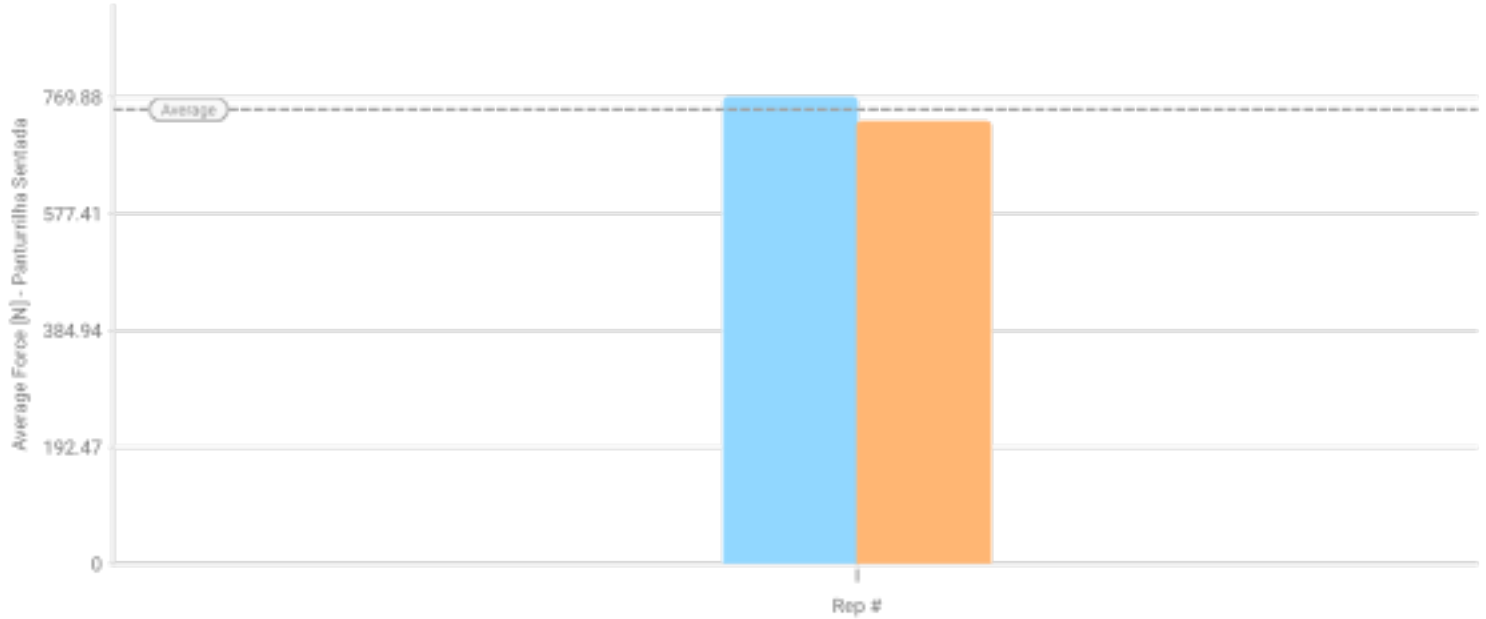






## Average Force [N] - Panturrilha Sentada

Range      Average  
729.75 - 769.88      749.81



## Dorsiflexion Average Force [N] - Ankle Dorsiflexion

Range      Average  
104.25 - 106.25      105.25

