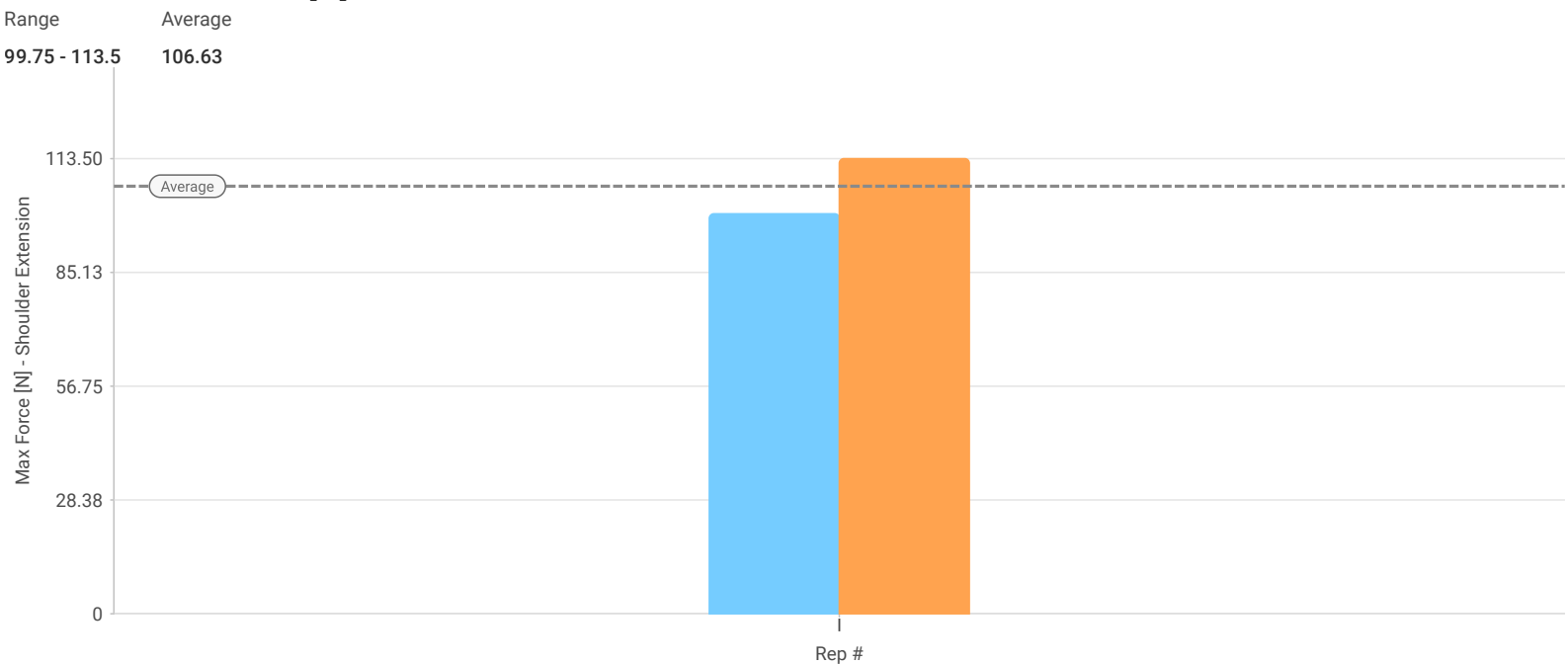


Tests (8)

Profile	Date	Test Type	Test Position	Reps
Michele da Silva Pinto 8 Tests	16/01/2024 5:37 PM	Shoulder Extension	Prone	EXT 2 L / 2 R
	16/01/2024 5:21 PM	Shoulder IR/ER	Supine (90 Degrees AB)	IR 2 L / 2 R ER 2 L / 2 R
	16/01/2024 5:18 PM	Shoulder IR/ER	Supine (Neutral)	IR 2 L / 2 R ER 2 L / 2 R
	16/01/2024 5:14 PM	Shoulder Flexion	Prone	FLEX 0 L / 0 R
	16/01/2024 5:11 PM	Shoulder Abduction	Side lying	AB 2 L / 2 R
	16/01/2024 5:09 PM	Shoulder Adduction	Side lying	AD 2 L / 2 R
	16/01/2024 5:07 PM	Elbow Extension	Seated	EXT 2 L / 2 R
	16/01/2024 5:06 PM	Elbow Flexion	Seated	FLEX 2 L / 2 R

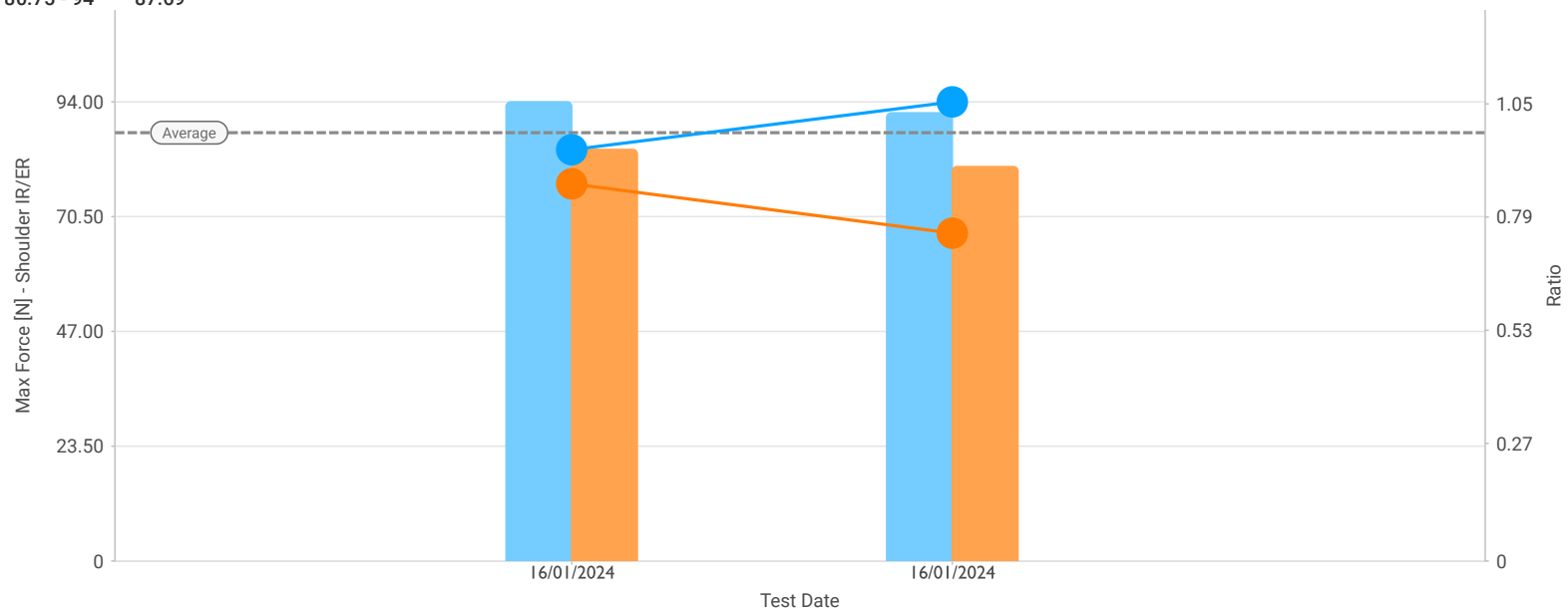
Extension Max Force [N] - Shoulder Extension



Internal Rotation Max Force [N] - Shoulder IR/ER

Range
80.75 - 94

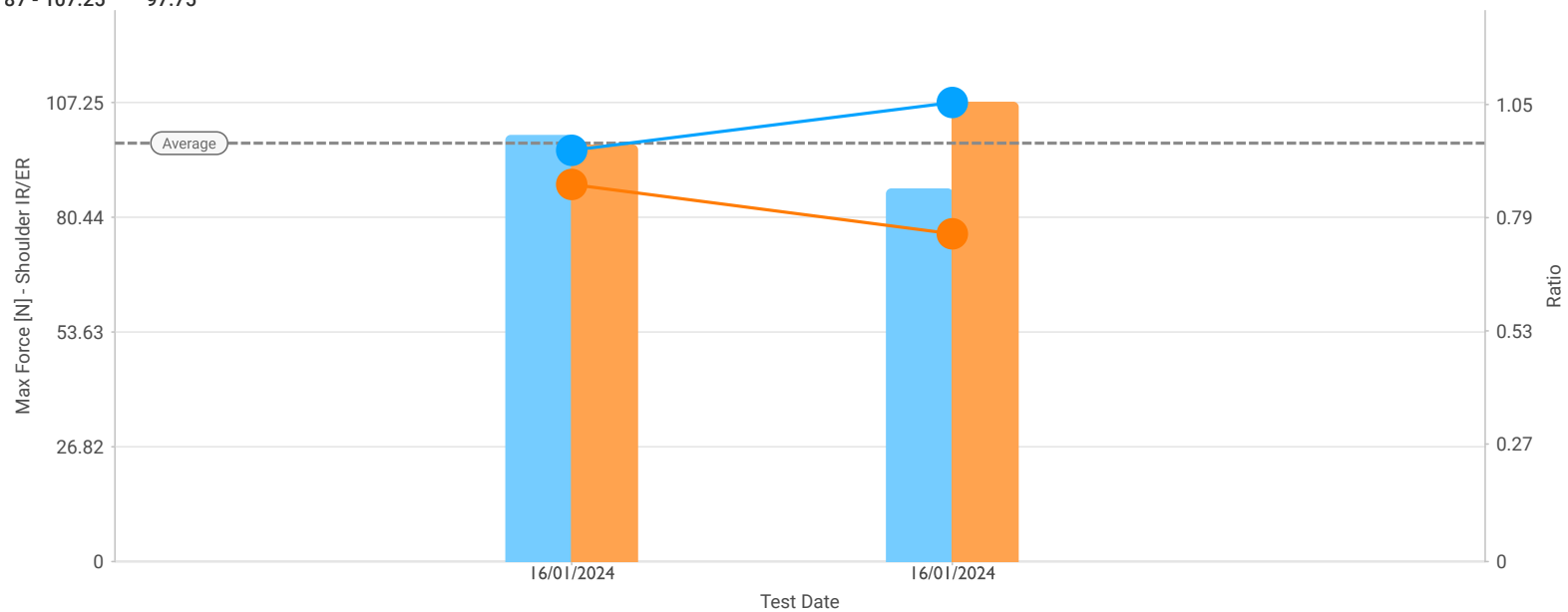
Average
87.69



External Rotation Max Force [N] - Shoulder IR/ER

Range
87 - 107.25

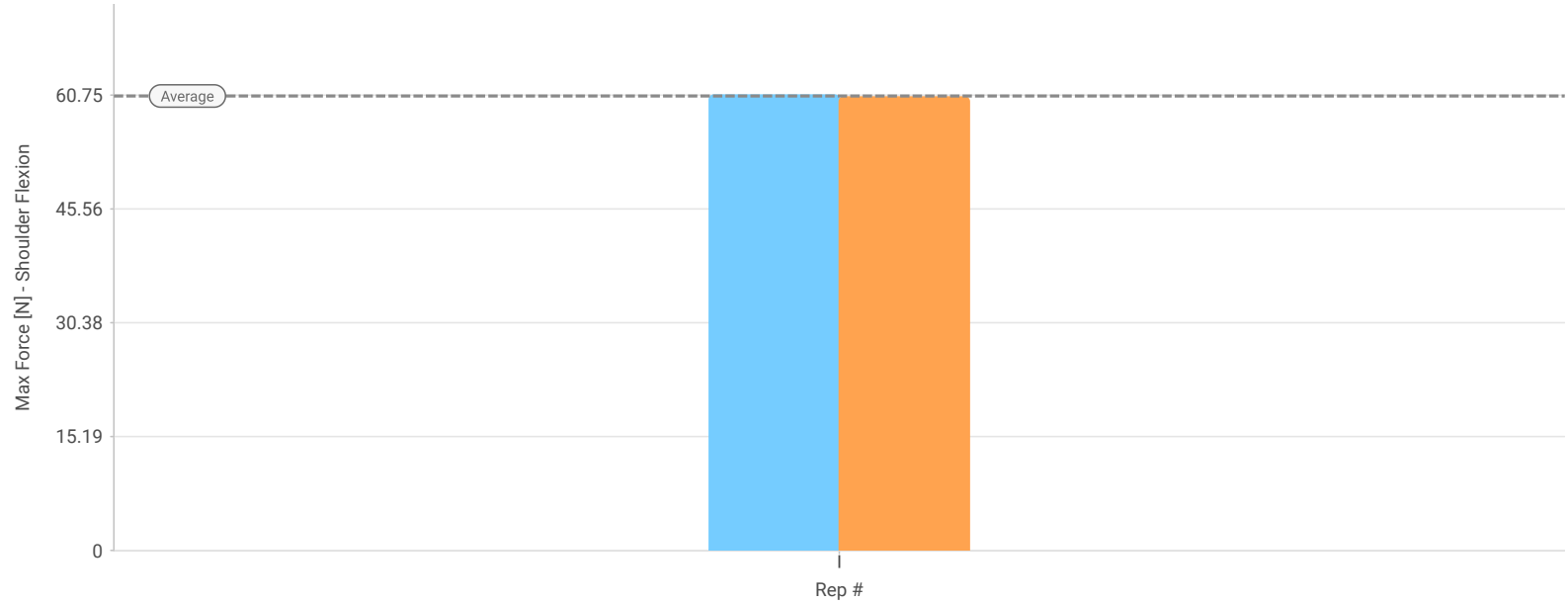
Average
97.75



Flexion Max Force [N] - Shoulder Flexion

Range
60.5 - 60.75

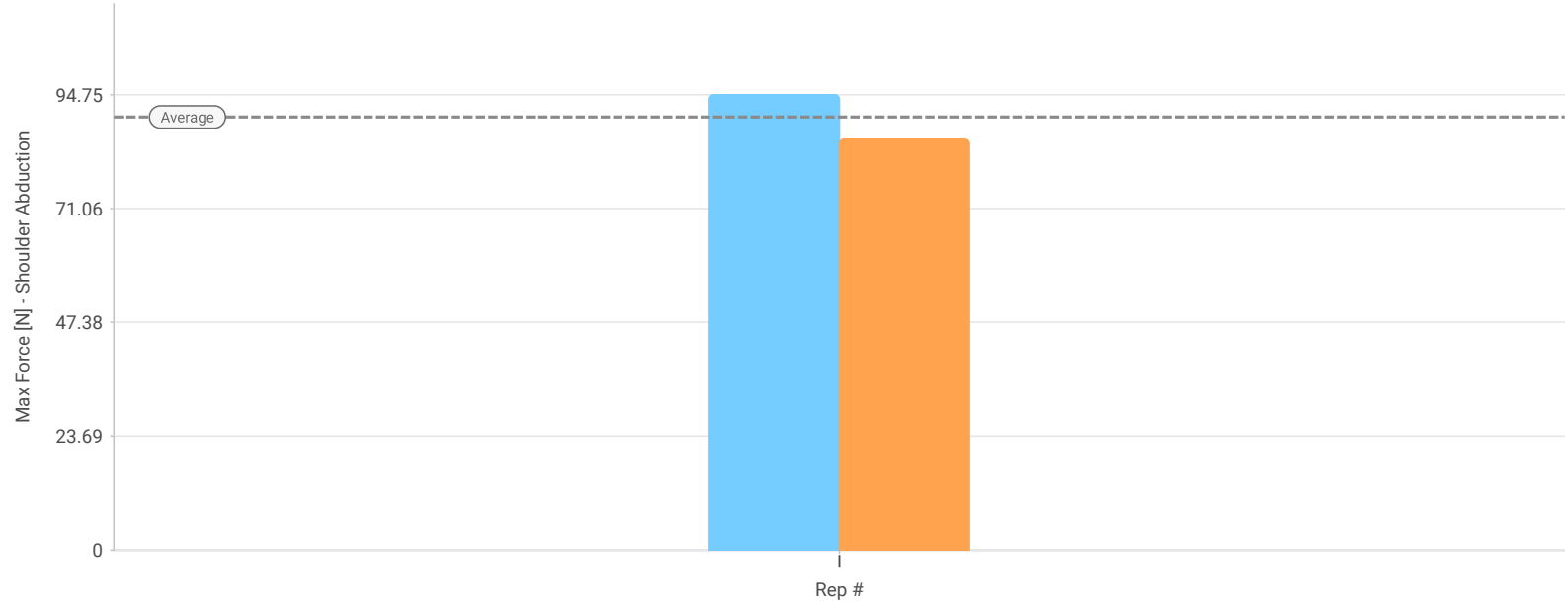
Average
60.63



Abduction Max Force [N] - Shoulder Abduction

Range
85.5 - 94.75

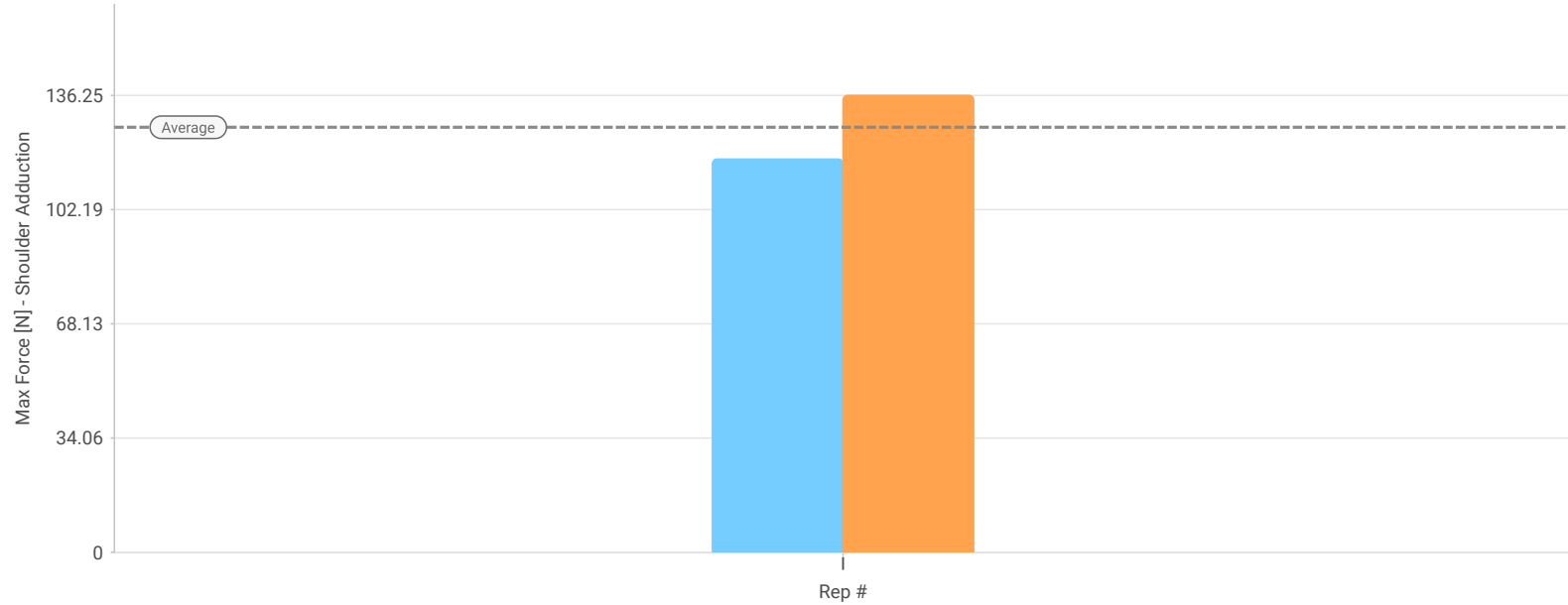
Average
90.13



Adduction Max Force [N] - Shoulder Adduction

Range
117.25 - 136.25

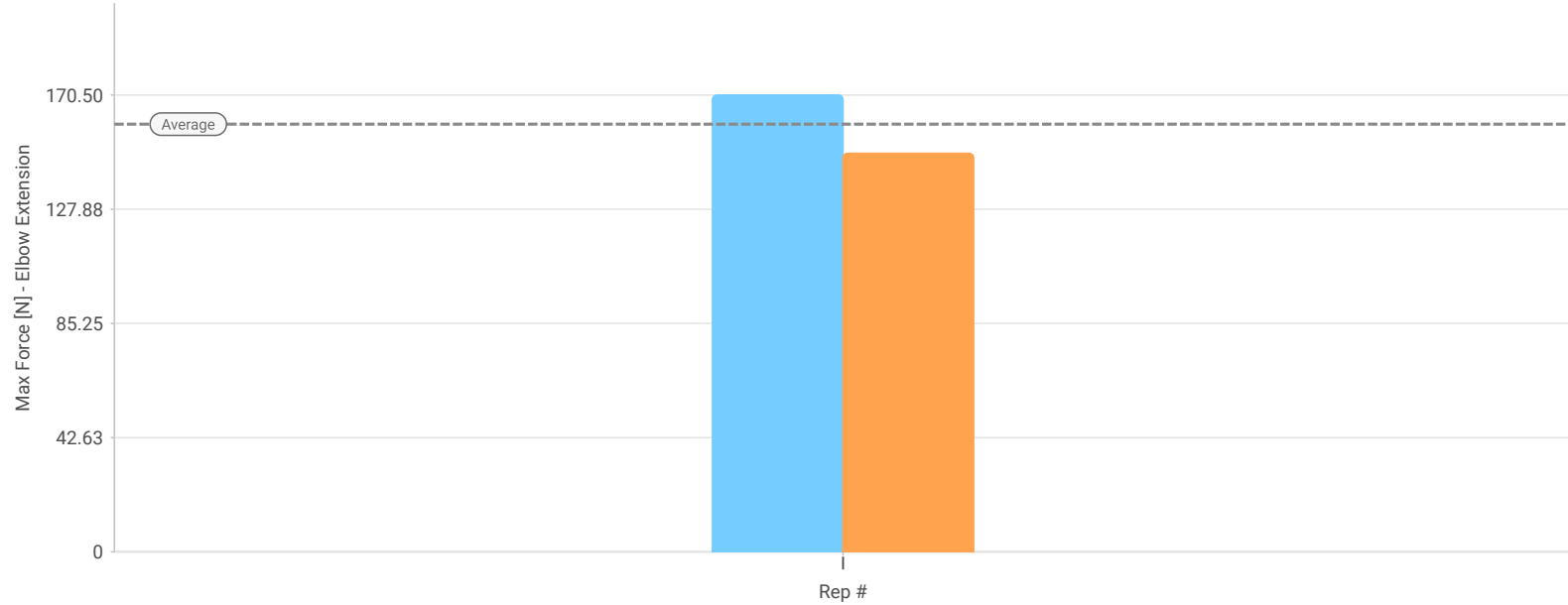
Average
126.75



Extension Max Force [N] - Elbow Extension

Range
148.75 - 170.5

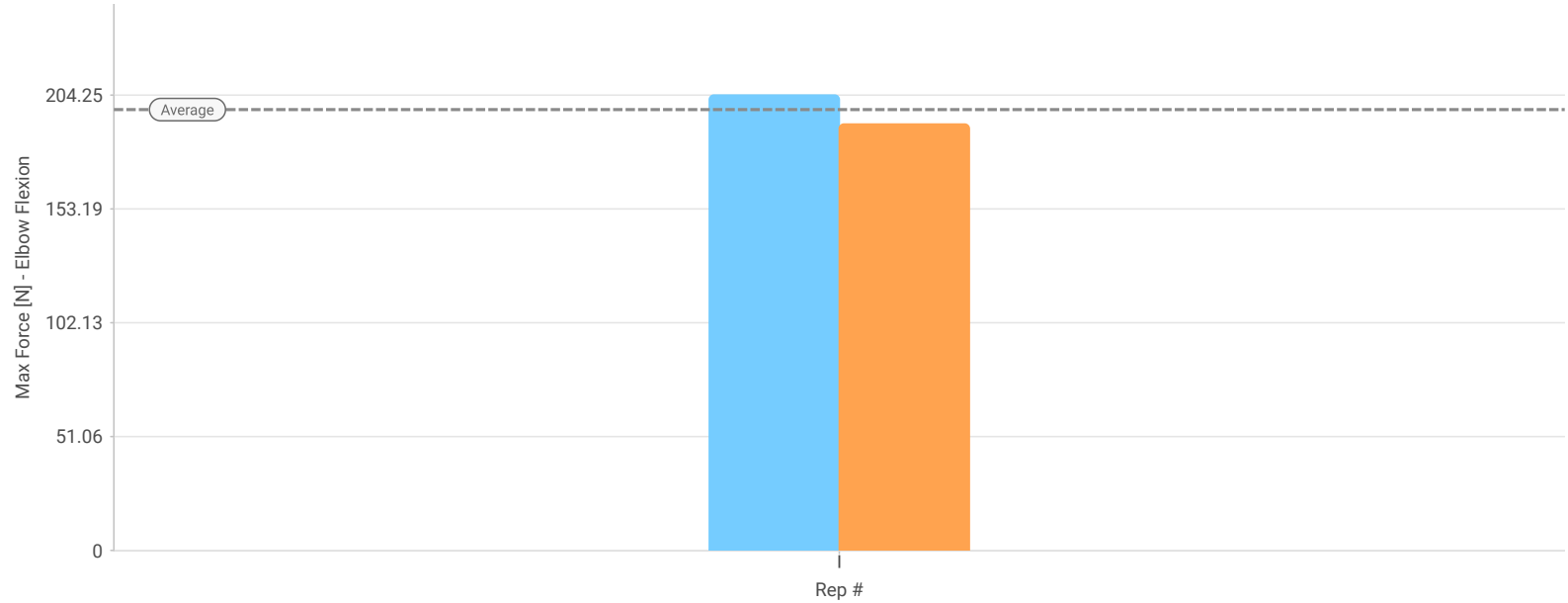
Average
159.63



Max Force [N] - Elbow Flexion

Range
191.25 - 204.25

Average
197.75



Extension Asymmetry [%] - Shoulder Extension

Range
12.11 L - 12.11 R

Average
12.11 R



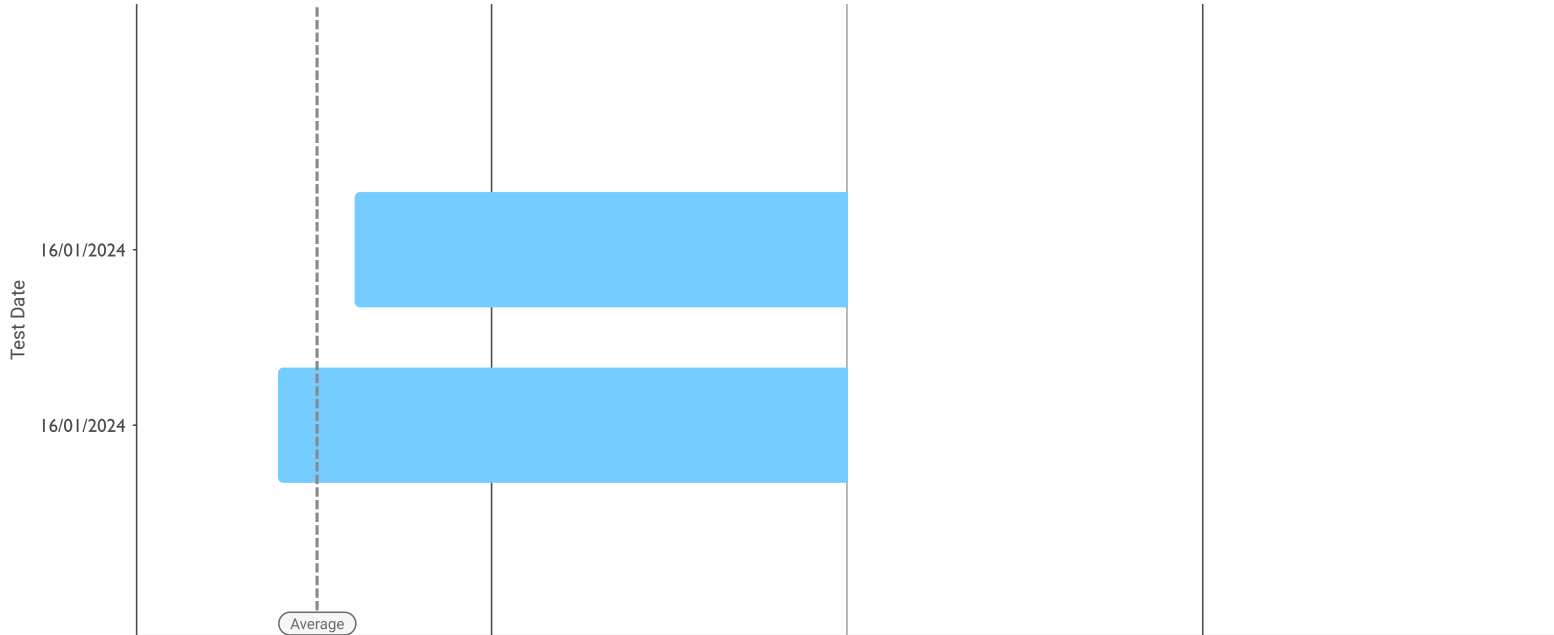
Internal Rotation Asymmetry [%] - Shoulder IR/ER

Range

11.99 L - 10.37 R

Average

11.18 L



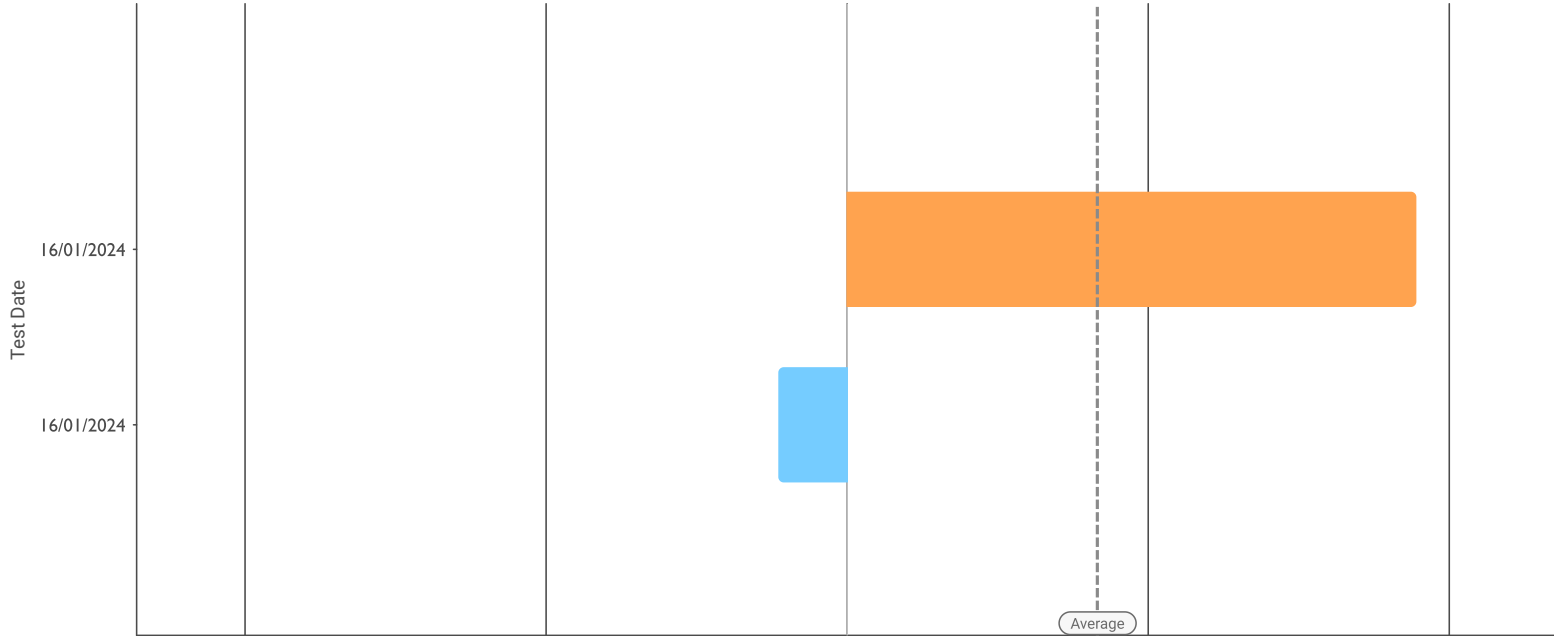
External Rotation Asymmetry [%] - Shoulder IR/ER

Range

2.26 L - 18.88 R

Average

8.31 R



Flexion Asymmetry [%] - Shoulder Flexion

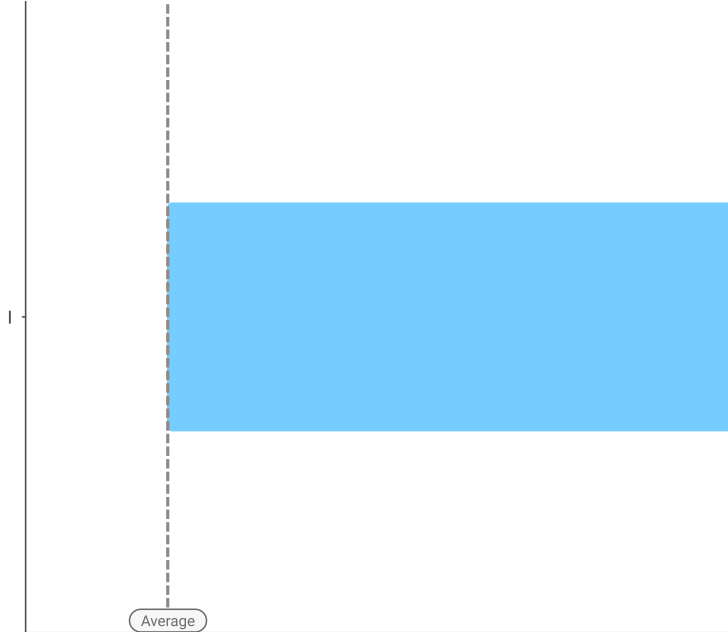
Range

Average

0.41 L - 0.41 R

0.41 L

Rep #



Abduction Asymmetry [%] - Shoulder Abduction

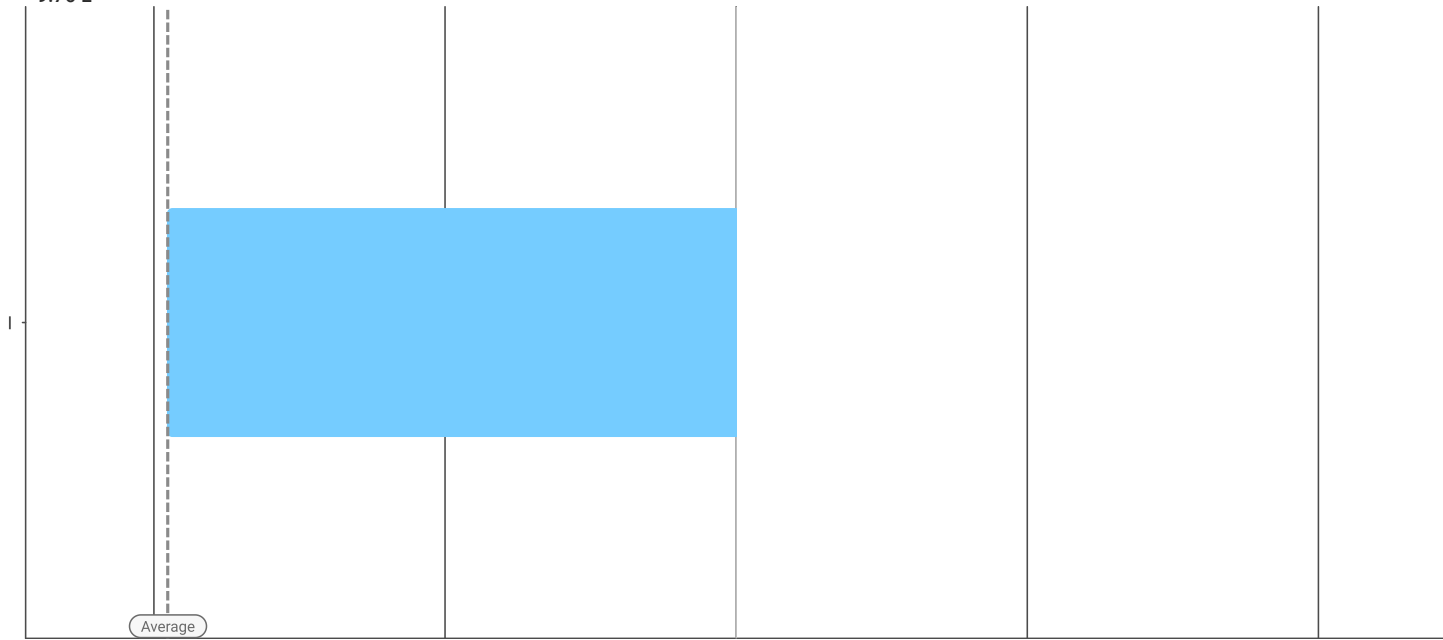
Range

Average

9.76 L - 9.76 R

9.76 L

Rep #



Adduction Asymmetry [%] - Shoulder Adduction

Range

Average

13.94 L - 13.94 R

13.94 R

Rep #

1

Average

Extension Asymmetry [%] - Elbow Extension

Range

Average

12.76 L - 12.76 R

12.76 L

Rep #

1

Average

Asymmetry [%] - Elbow Flexion

Range

6.36 L - 6.36 R

Average

6.36 L

Rep #



Extension Impulse Force [Ns] - Shoulder Extension

Range

895.04 - 942.65

Average

918.85

Impulse Force [Ns] - Shoulder Extension

942.65

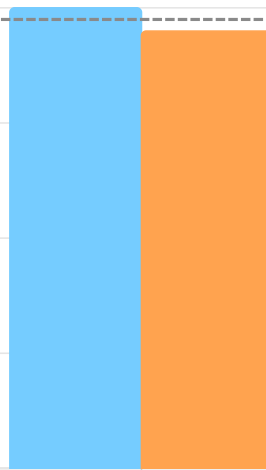
706.99

471.32

235.66

0

Rep #



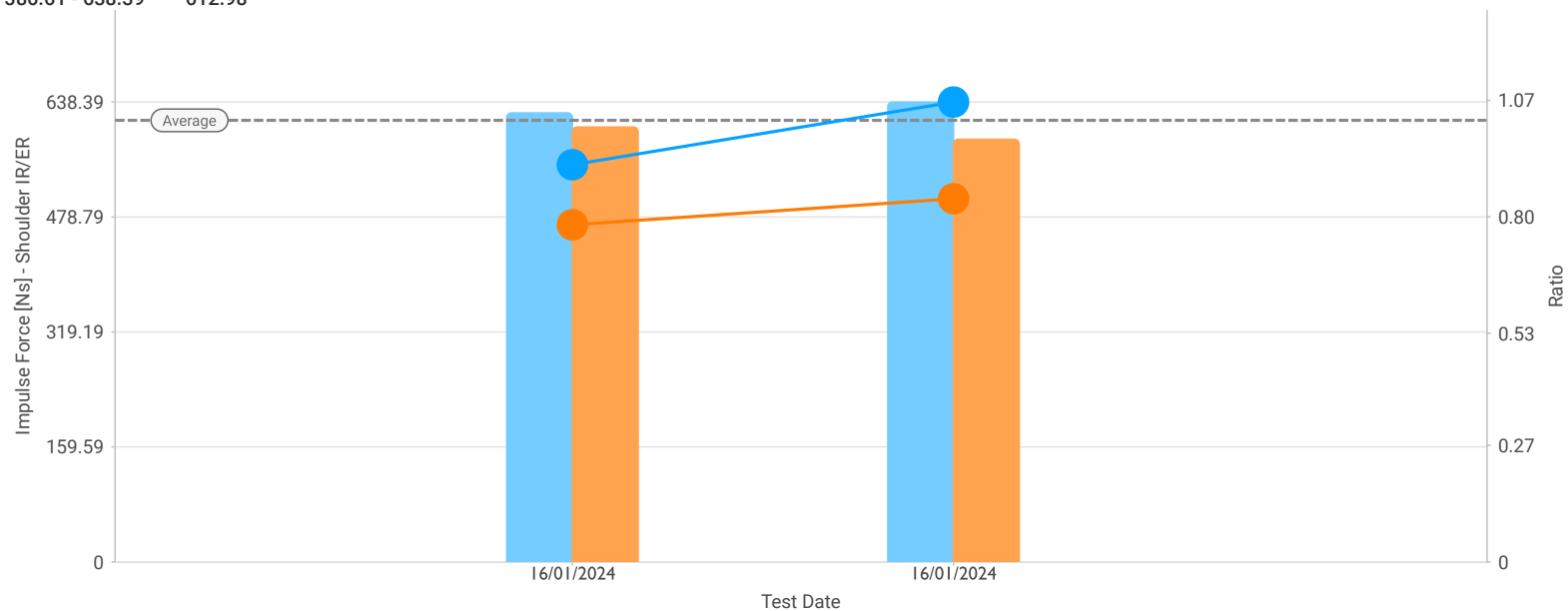
Internal Rotation Impulse Force [Ns] - Shoulder IR/ER

Range

Average

586.61 - 638.39

612.98



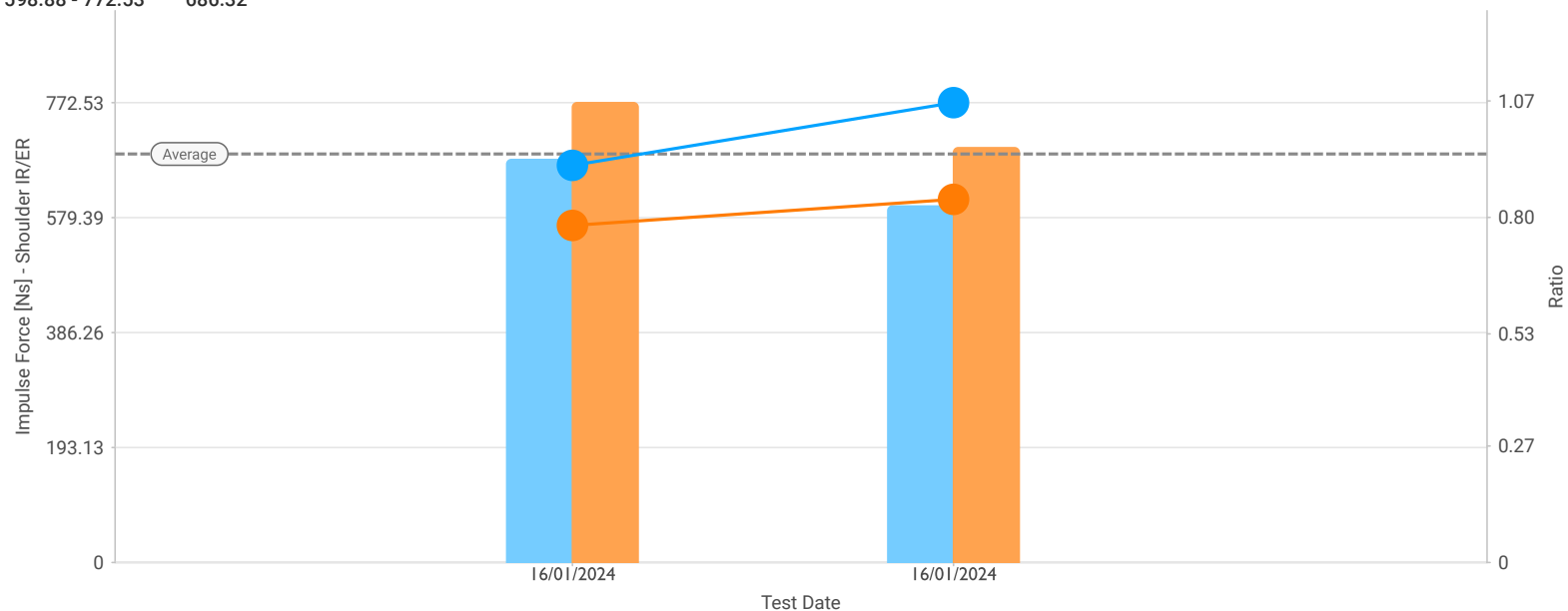
External Rotation Impulse Force [Ns] - Shoulder IR/ER

Range

Average

598.88 - 772.53

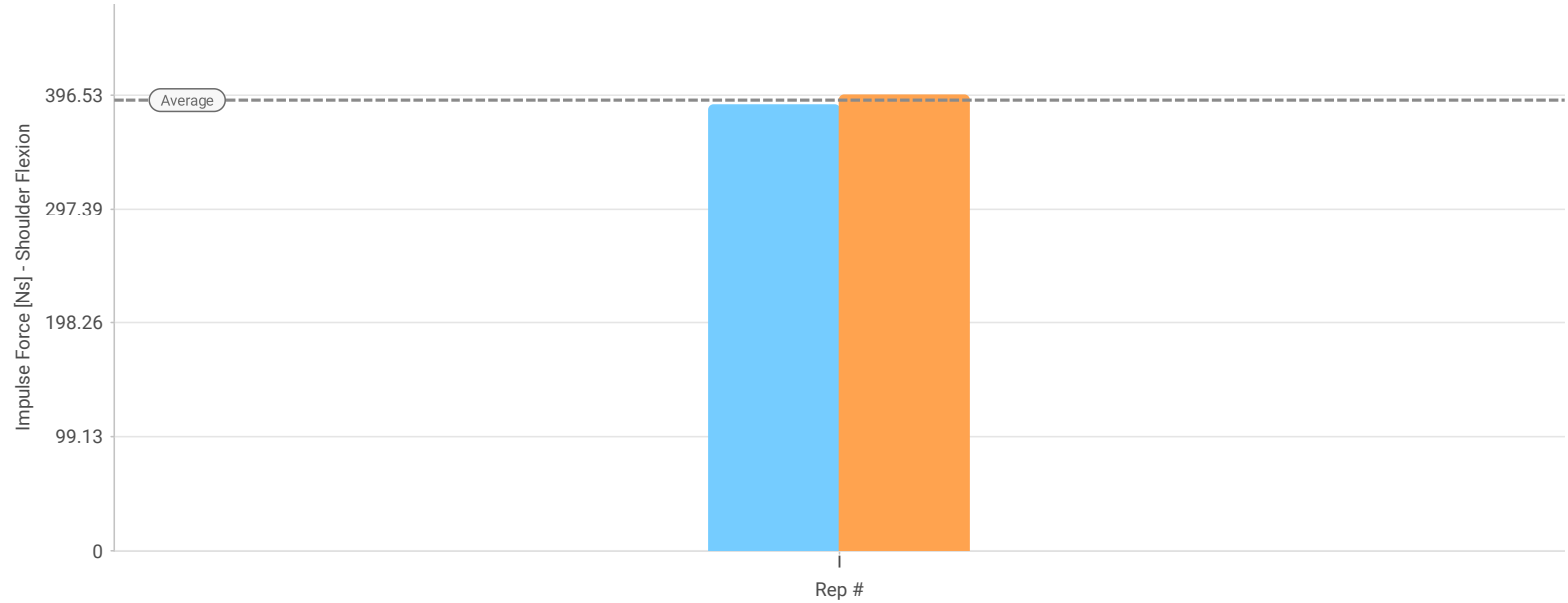
686.32



Flexion Impulse Force [Ns] - Shoulder Flexion

Range
388.05 - 396.53

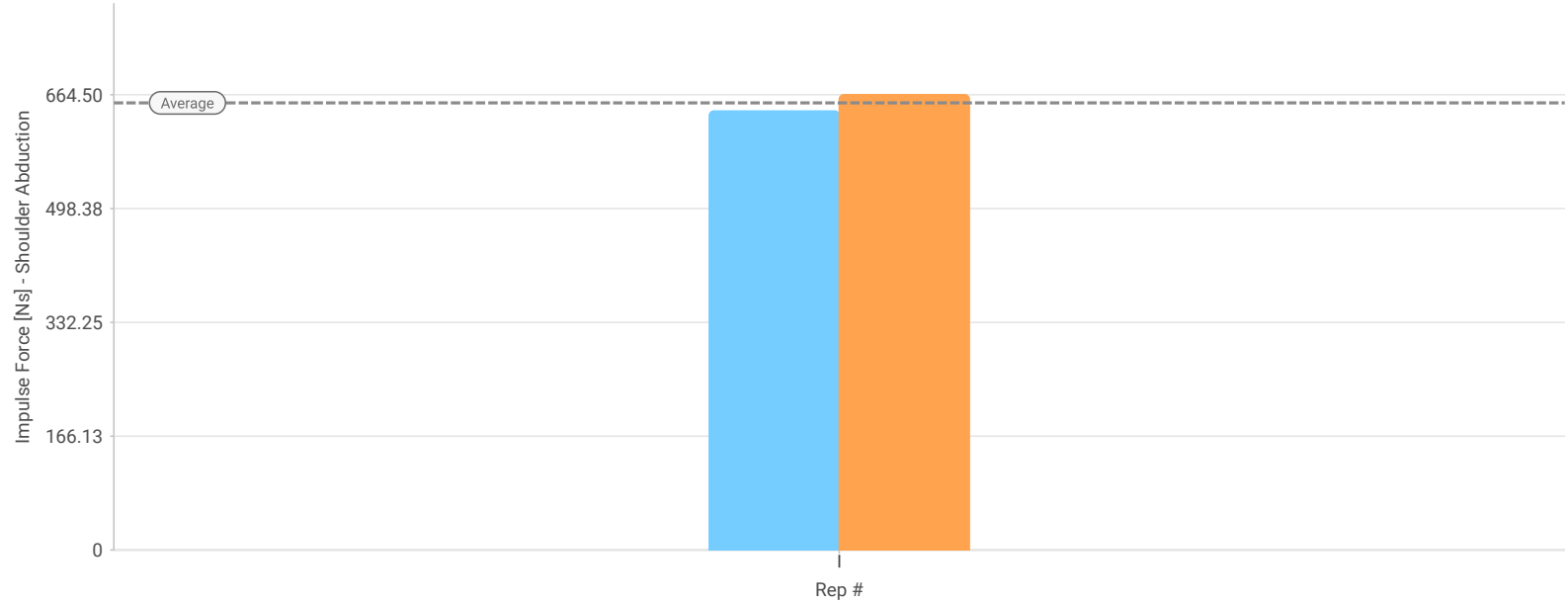
Average
392.29



Abduction Impulse Force [Ns] - Shoulder Abduction

Range
640.67 - 664.51

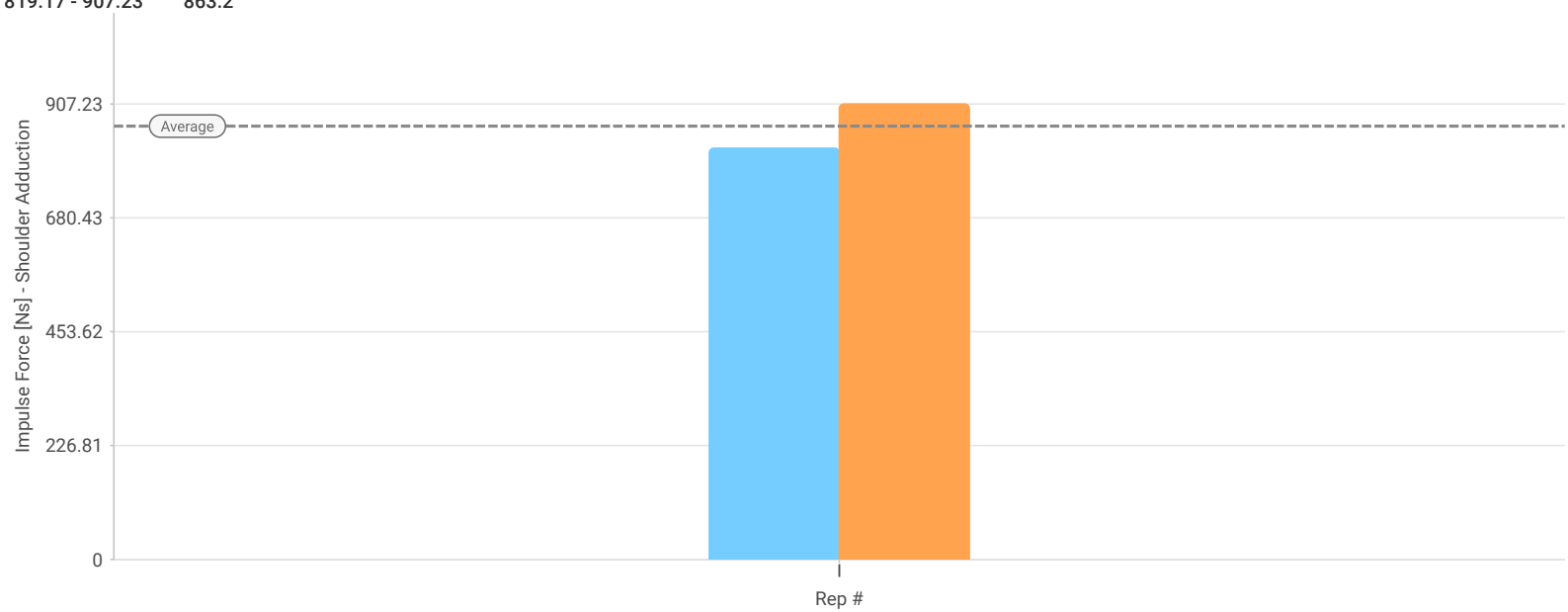
Average
652.59



Adduction Impulse Force [Ns] - Shoulder Adduction

Range
819.17 - 907.23

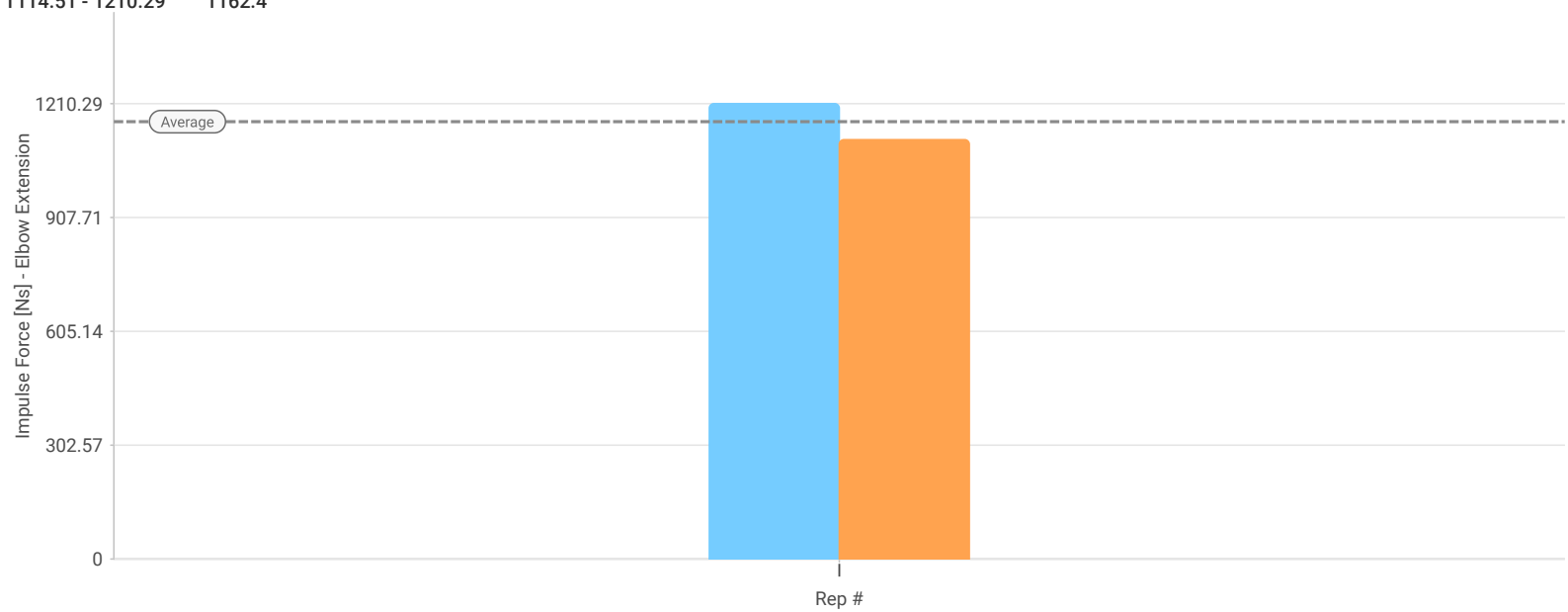
Average
863.2



Extension Impulse Force [Ns] - Elbow Extension

Range
1114.51 - 1210.29

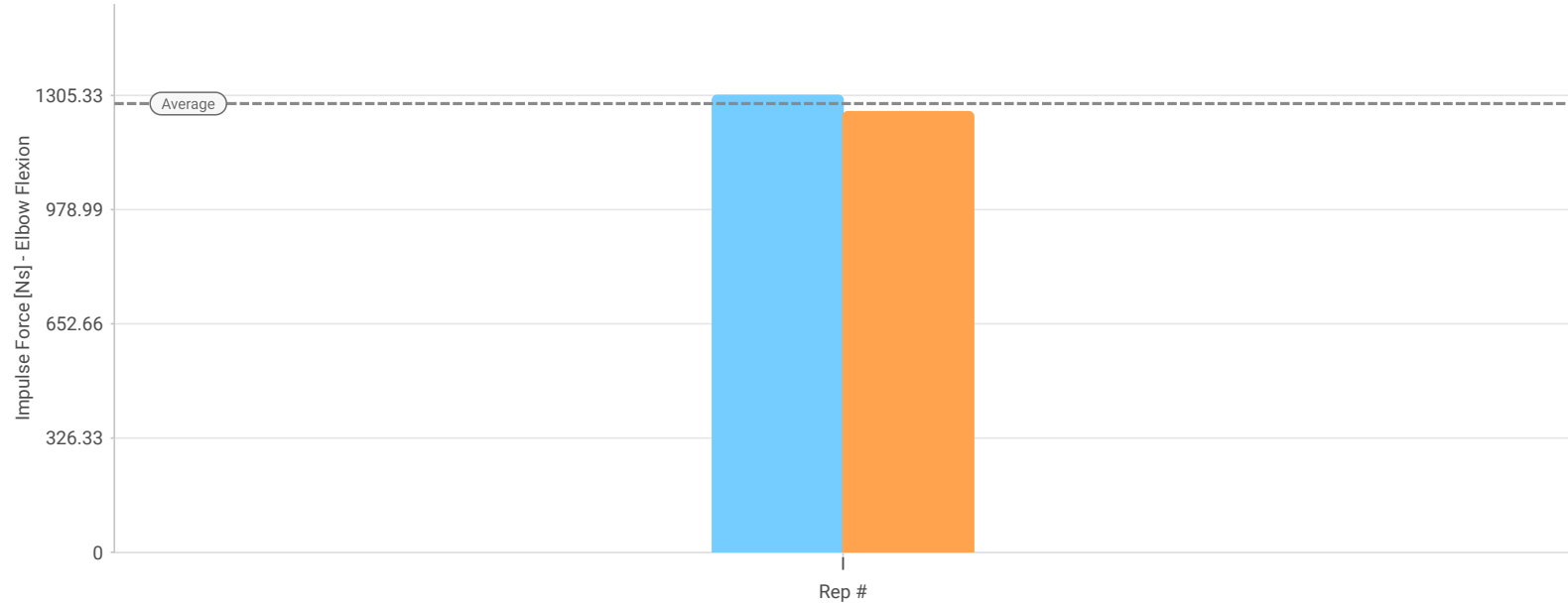
Average
1162.4



Impulse Force [Ns] - Elbow Flexion

Range
1258.59 - 1305.33

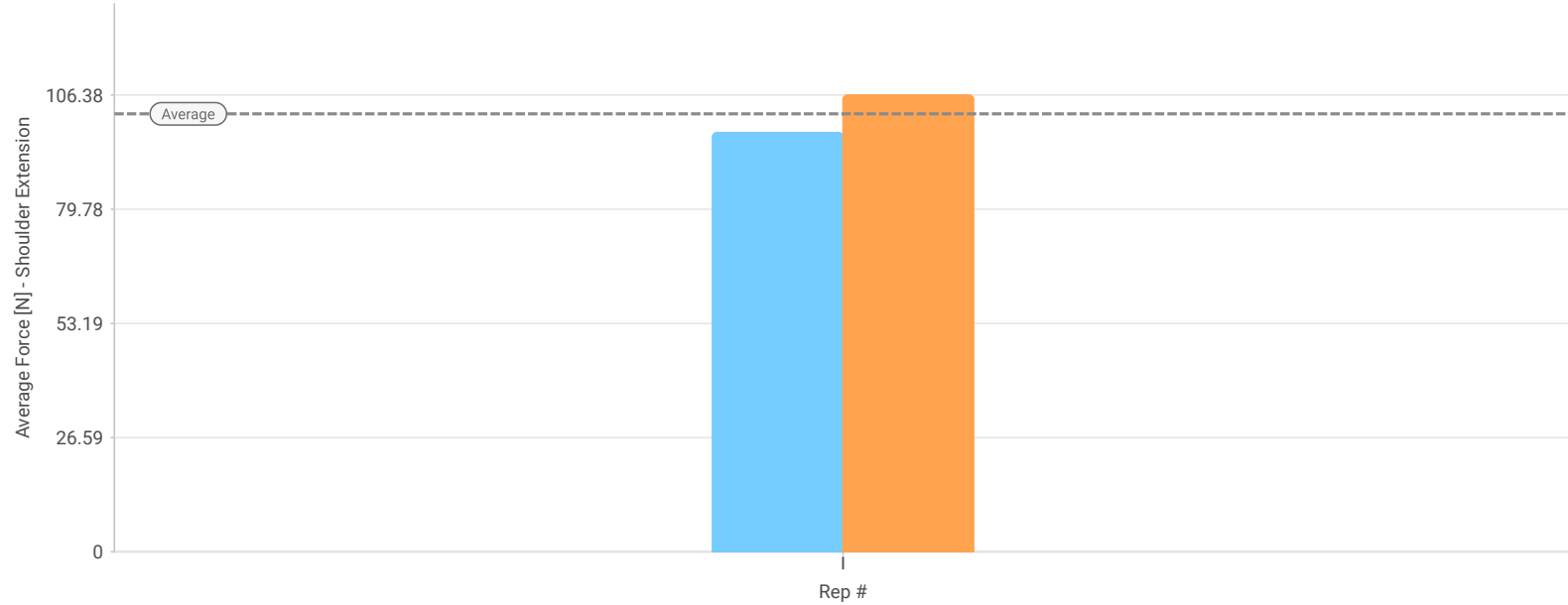
Average
1281.96



Extension Average Force [N] - Shoulder Extension

Range
97.63 - 106.38

Average
102



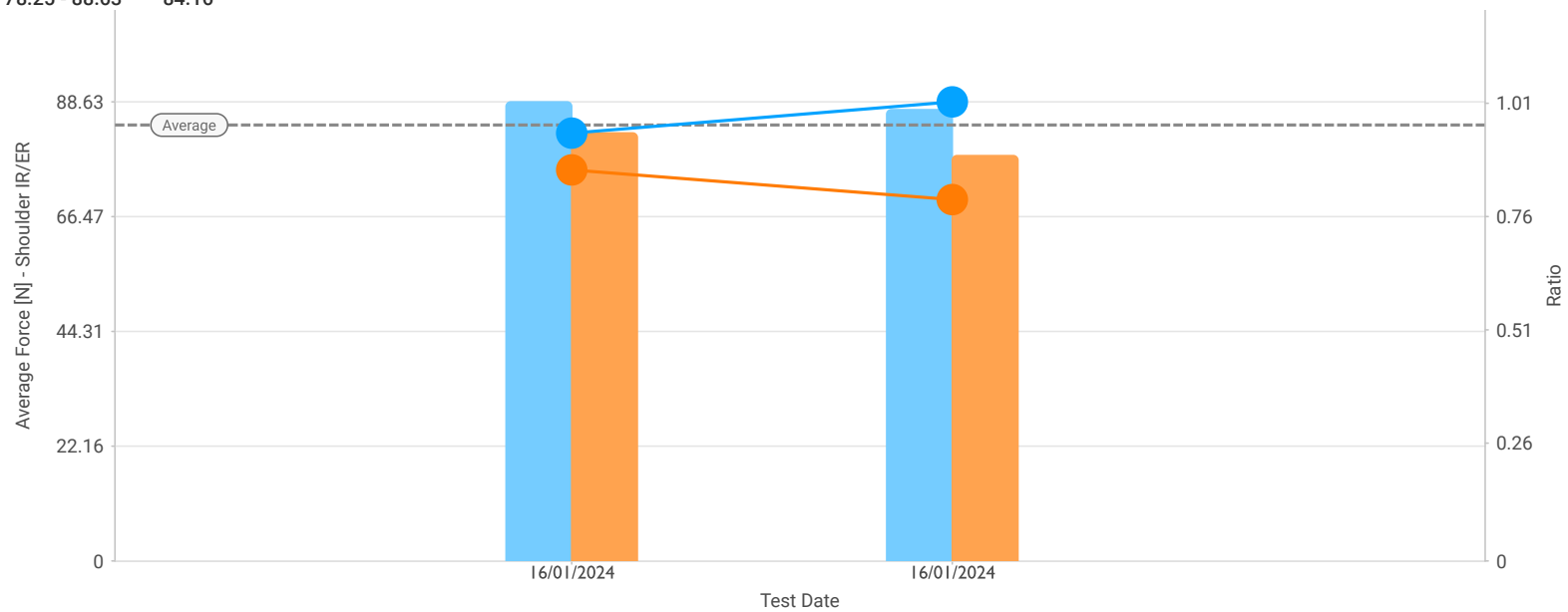
Internal Rotation Average Force [N] - Shoulder IR/ER

Range

Average

78.25 - 88.63

84.16



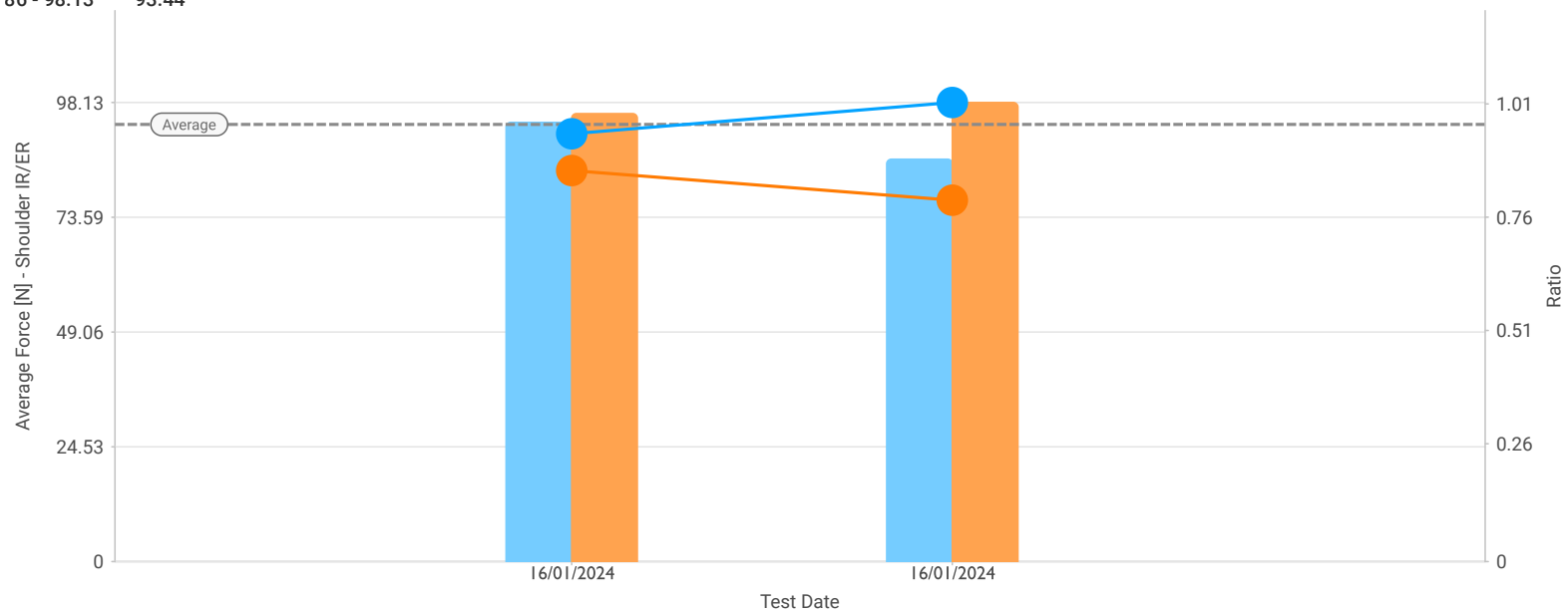
External Rotation Average Force [N] - Shoulder IR/ER

Range

Average

86 - 98.13

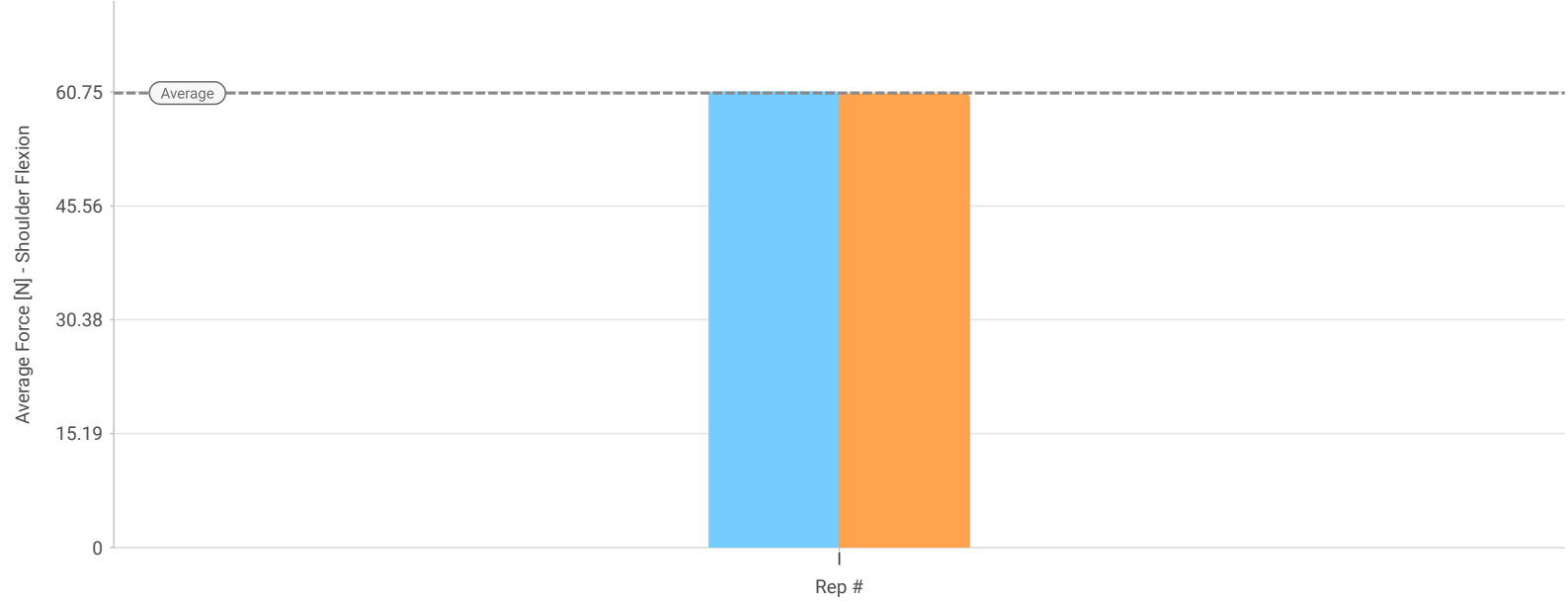
93.44



Flexion Average Force [N] - Shoulder Flexion

Range
60.5 - 60.75

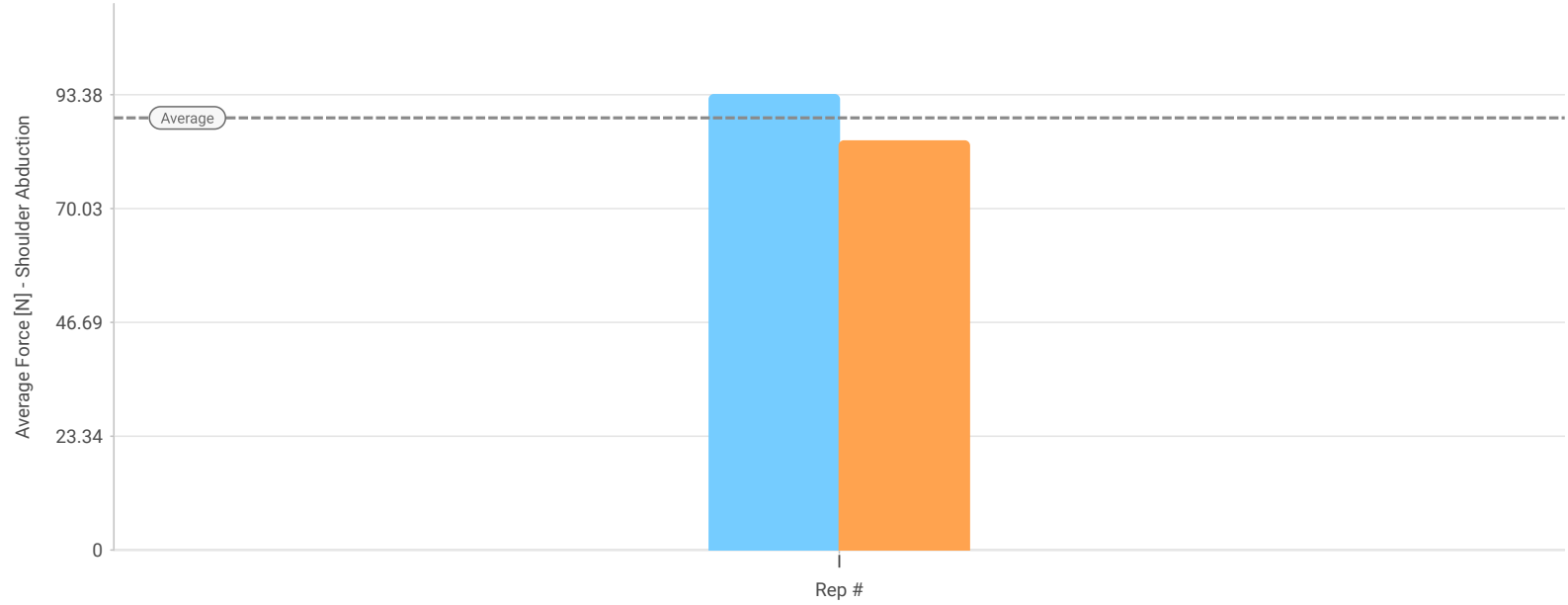
Average
60.63



Abduction Average Force [N] - Shoulder Abduction

Range
83.88 - 93.38

Average
88.63



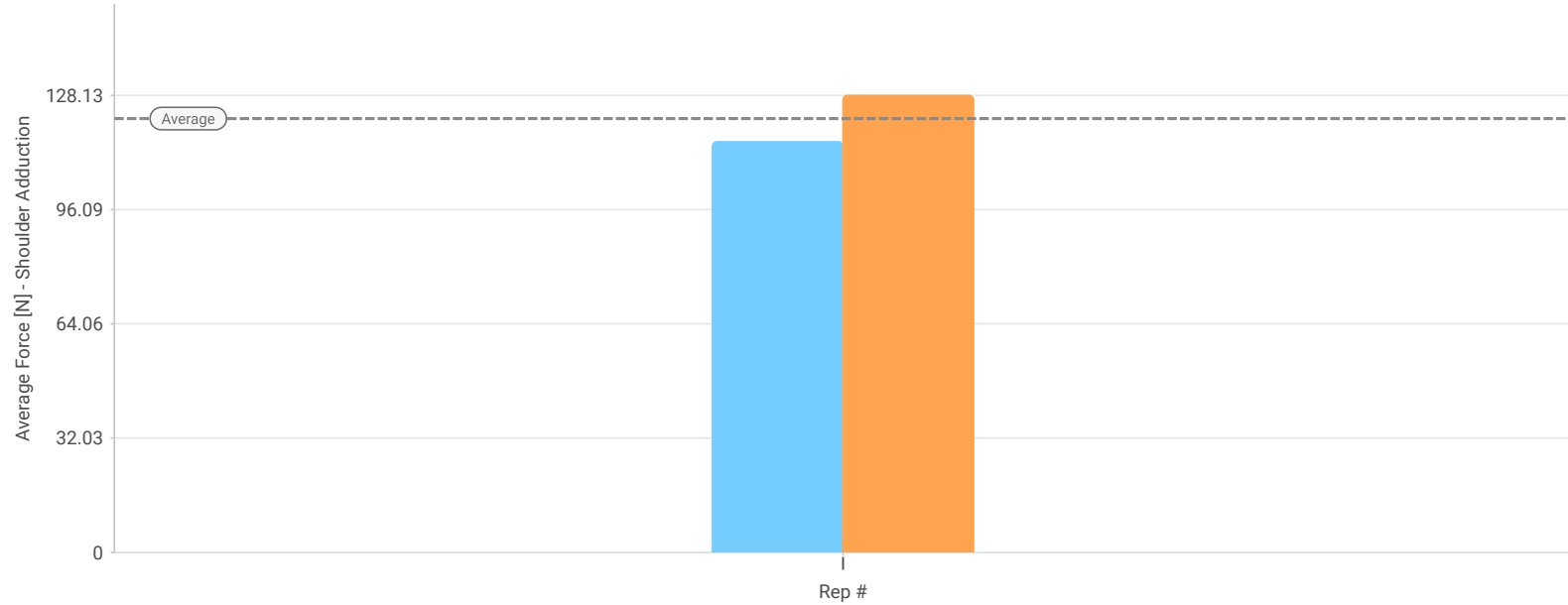
Adduction Average Force [N] - Shoulder Adduction

Range

Average

115.13 - 128.13

121.63



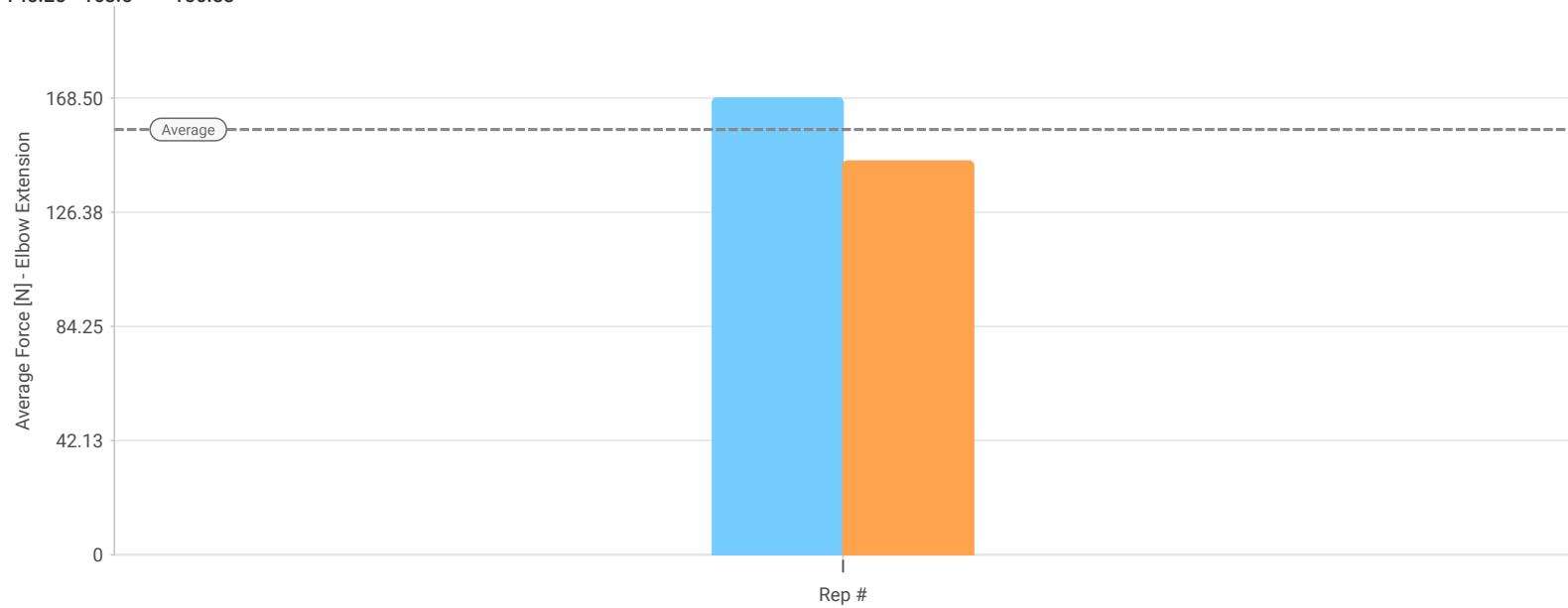
Extension Average Force [N] - Elbow Extension

Range

Average

145.25 - 168.5

156.88



Average Force [N] - Elbow Flexion

Range

Average

190.25 - 190.63

190.44

