

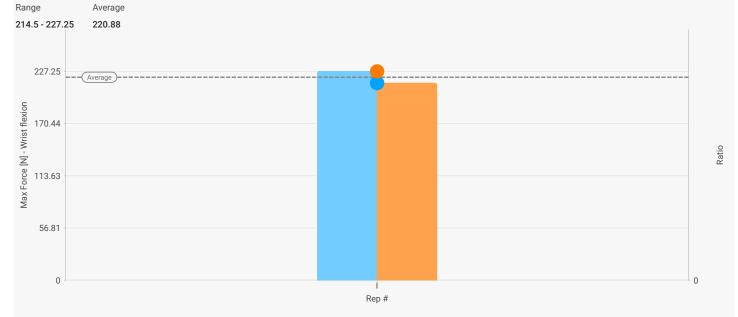
ROFILE	DATE	TEST TYPE	TEST POSITION	REPS
tur Volpi 5 Tests				
	15/12/2021 10:08 AM	Wrist flexion	Wrist flexion	Inner 0 L / 0 R Outer 2 L / 2 R
	15/12/2021 10:07 AM	Wrist extensor	Wrist extensor	Inner 0 L / 0 R Outer 2 L / 2 R
	15/12/2021 10:04 AM	Shoulder IR/ER	Supine (90 Degrees AB)	IR 2 L / 2 R ER 2 L / 2 R
	15/12/2021 10:00 AM	Shoulder IR/ER	Supine (Neutral)	IR 2 L / 2 R ER 2 L / 2 R
	11/12/2021 11:42 AM	Shoulder IR/ER	Supine (Neutral)	IR 2 L / 2 R ER 2 L / 2 R
	11/12/2021 11:39 AM	Shoulder Extension	Prone	EXT 0 L / 1 R
	11/12/2021 11:38 AM	Shoulder Flexion	Prone	FLEX 1 L / 1 R
	11/12/2021 11:34 AM	Shoulder Adduction	Side lying	AD 2 L / 2 R
	11/12/2021 11:32 AM	Shoulder Abduction	Side lying	AB 2 L / 2 R
	11/12/2021 11:30 AM	Elbow Flexion	Seated	FLEX 2 L / 2 R
	11/12/2021 11:29 AM	Elbow Extension	Seated	EXT 2 L / 2 R
	11/12/2021 11:25 AM	Hip IR/ER	Prone	ER 2 L / 2 R IR 2 L / 2 R
	11/12/2021 11:23 AM	Hip Extension	Standing	EXT 2 L / 2 R
	11/12/2021 11:20 AM	Hip Extension	Prone	EXT 2 L / 2 R
	11/12/2021 11:15 AM	Hip Flexion	Kicker	FLEX 2 L / 2 R
	11/12/2021 11:13 AM	Hip Flexion	Seated	FLEX 2 L / 2 R
	11/12/2021 11:08 AM	Hip AD/AB	Standing (Knee)	ADD 2 L / 2 R ABD 2 L / 2 R
	11/12/2021 11:06 AM	Hip AD/AB	Seated	ADD 2 L / 2 R ABD 2 L / 2 R
	11/12/2021 11:05 AM	Hip AD/AB	90°	ADD 2 L / 2 R ABD 2 L / 2 R
	11/12/2021 11:01 AM	knee extensor	knee extensor	Inner 0 L / 0 R Outer 2 L / 2 R
	11/12/2021 10:59 AM	Knee Flexion	Supine	FLEX 2 L / 2 R
	11/12/2021 10:56 AM	Knee Flexion	Standing	FLEX 2 L / 2 R
	11/12/2021 10:54 AM	Knee Flexion	Prone	FLEX 2 L / 2 R
	11/12/2021 10:49 AM	Ankle IN/EV	Supine	INV 2 L / 2 R EV 2 L / 2 R
	11/12/2021 10:47 AM	Ankle Dorsiflexion	Seated	DF 2 L / 2 R







# Max Force [N] - Wrist flexion

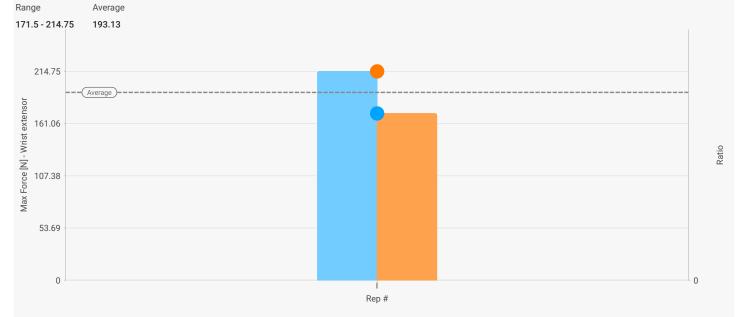








## Max Force [N] - Wrist extensor

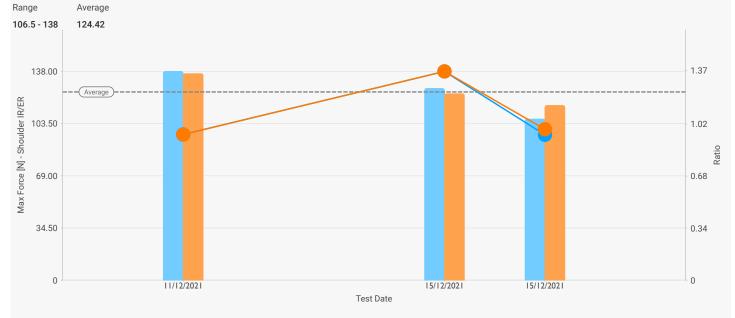






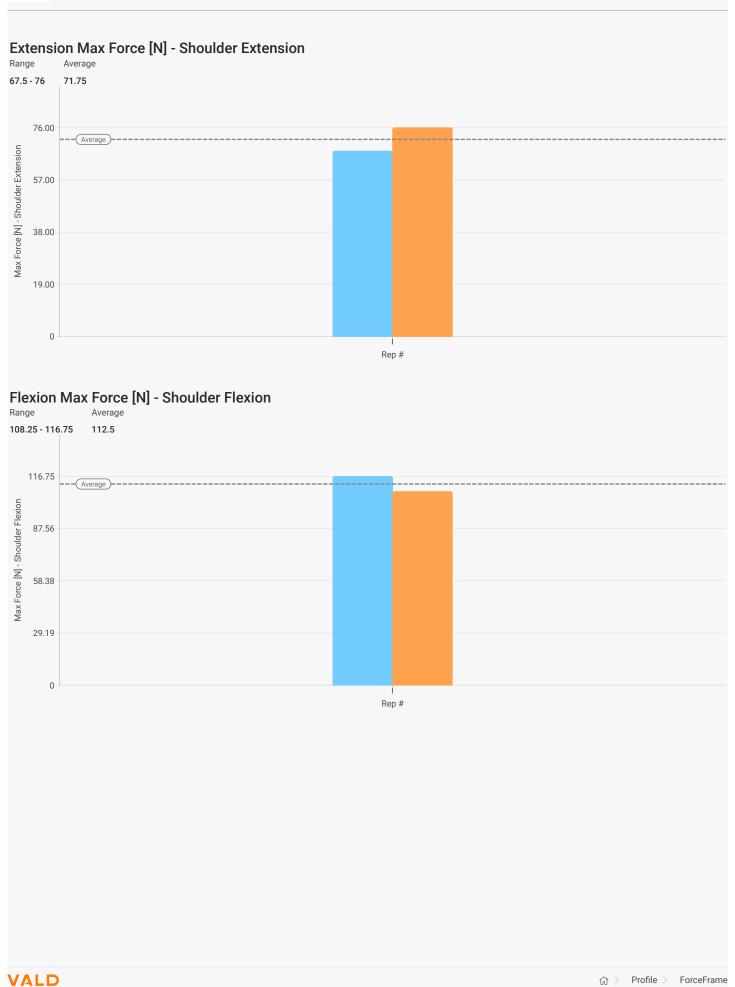


#### External Rotation Max Force [N] - Shoulder IR/ER

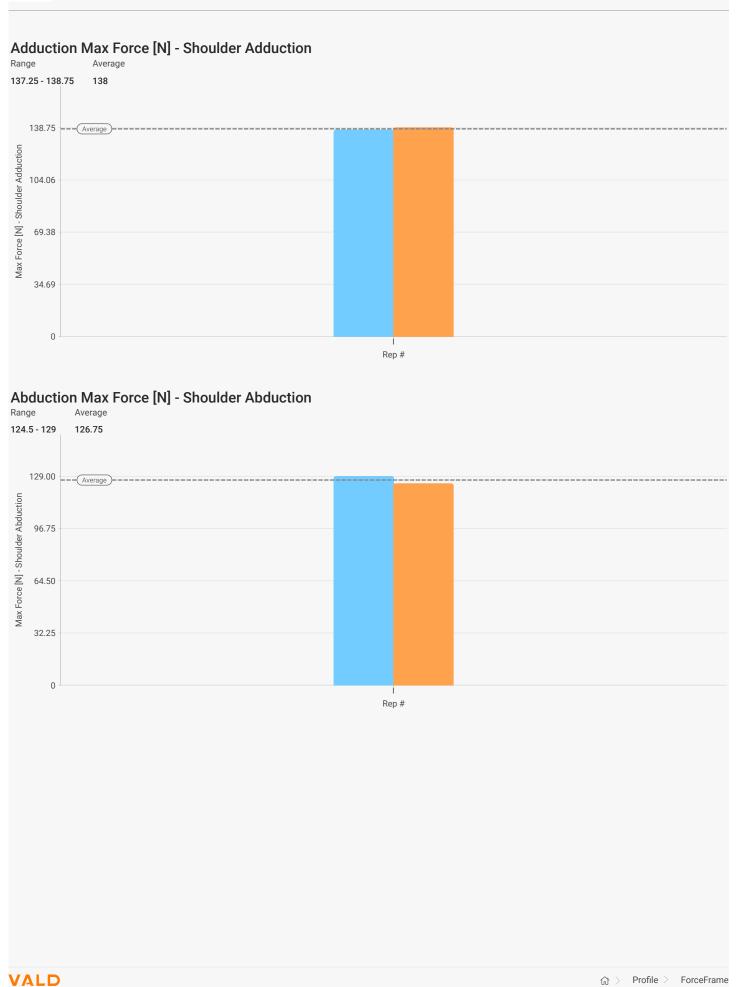




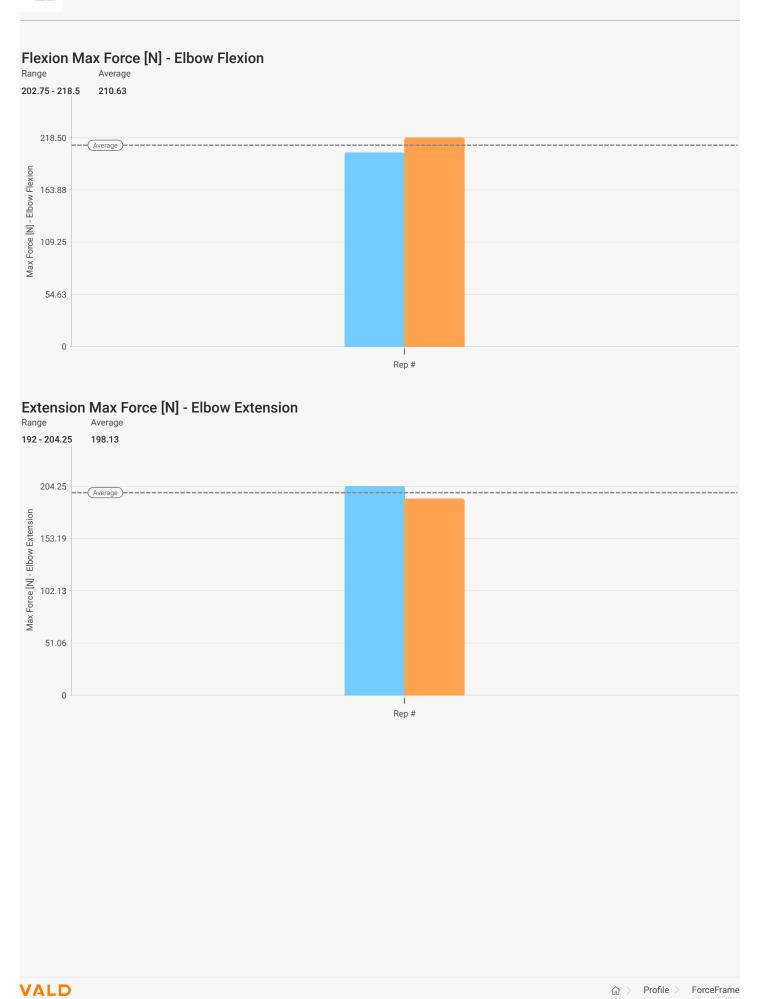




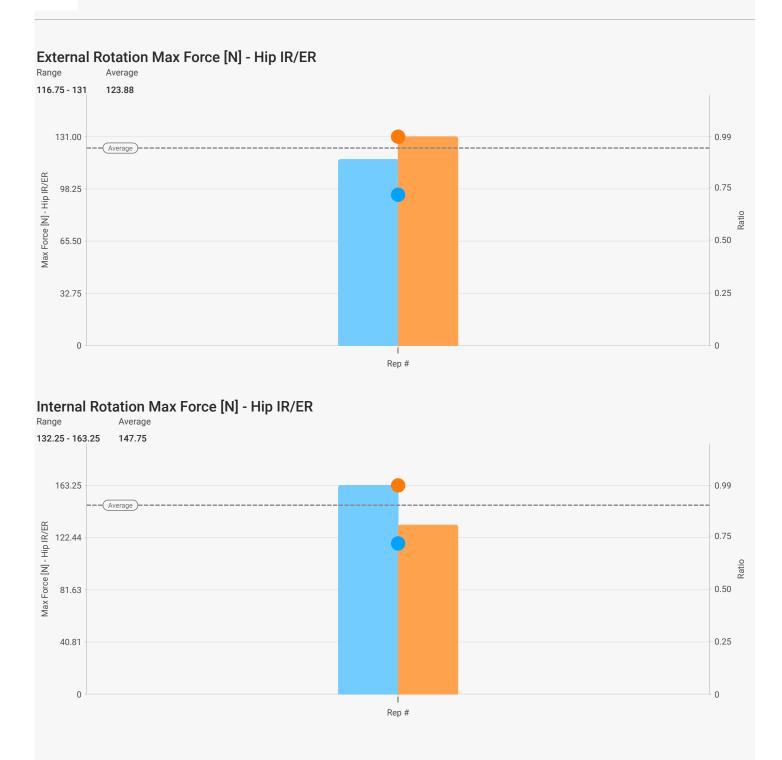






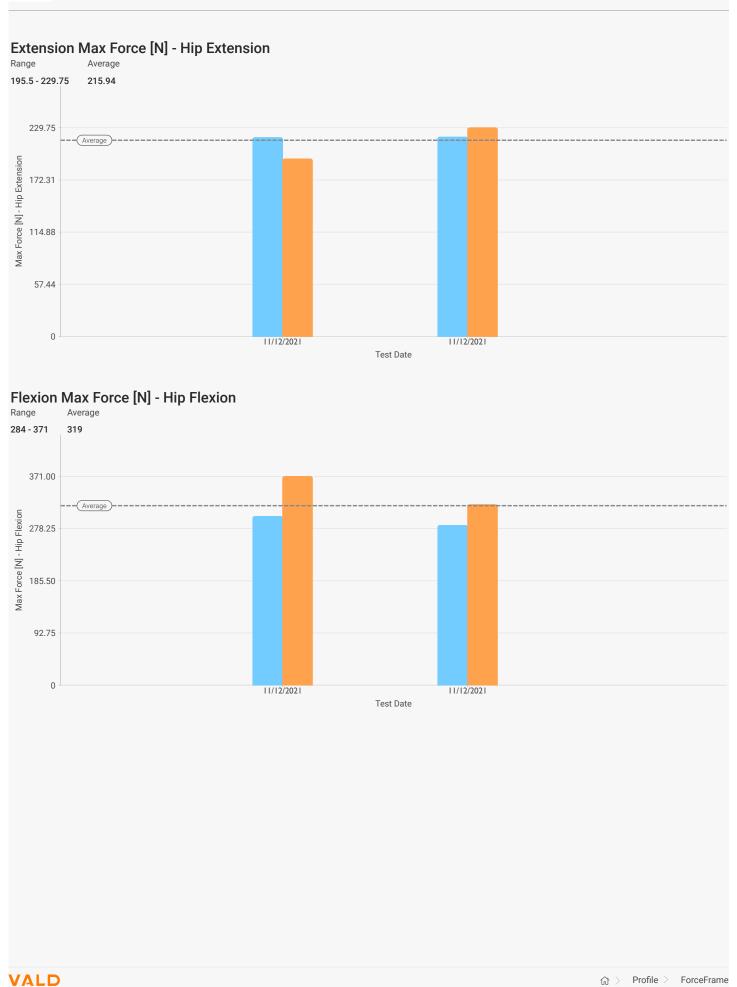




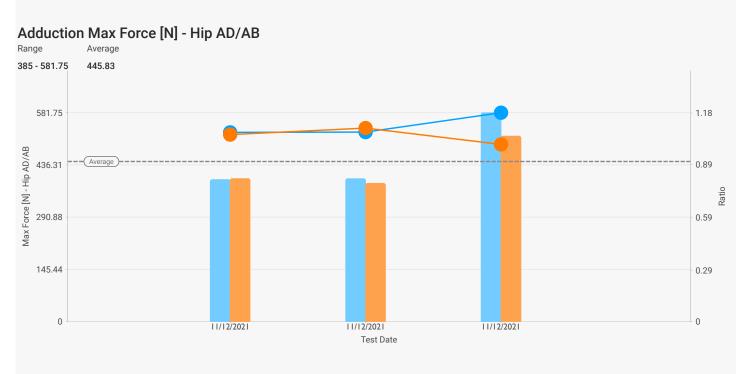




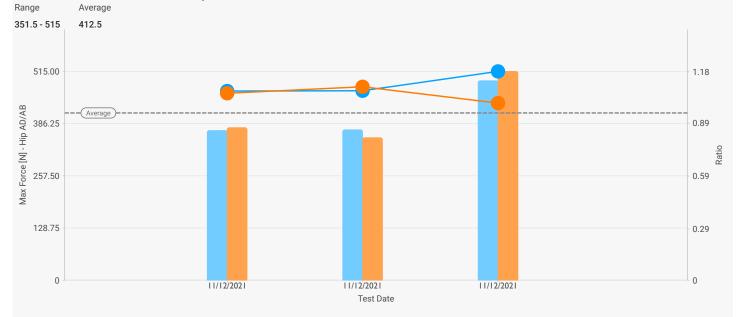












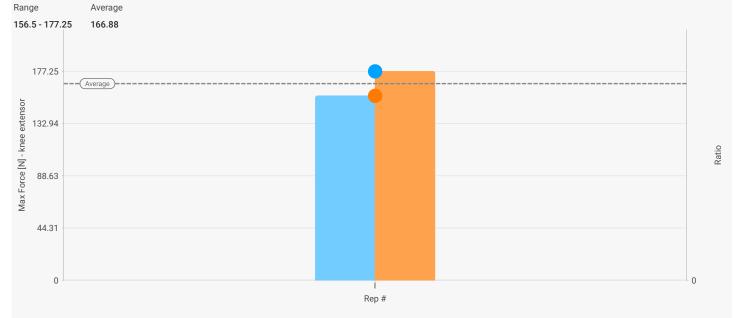


ForceFrame



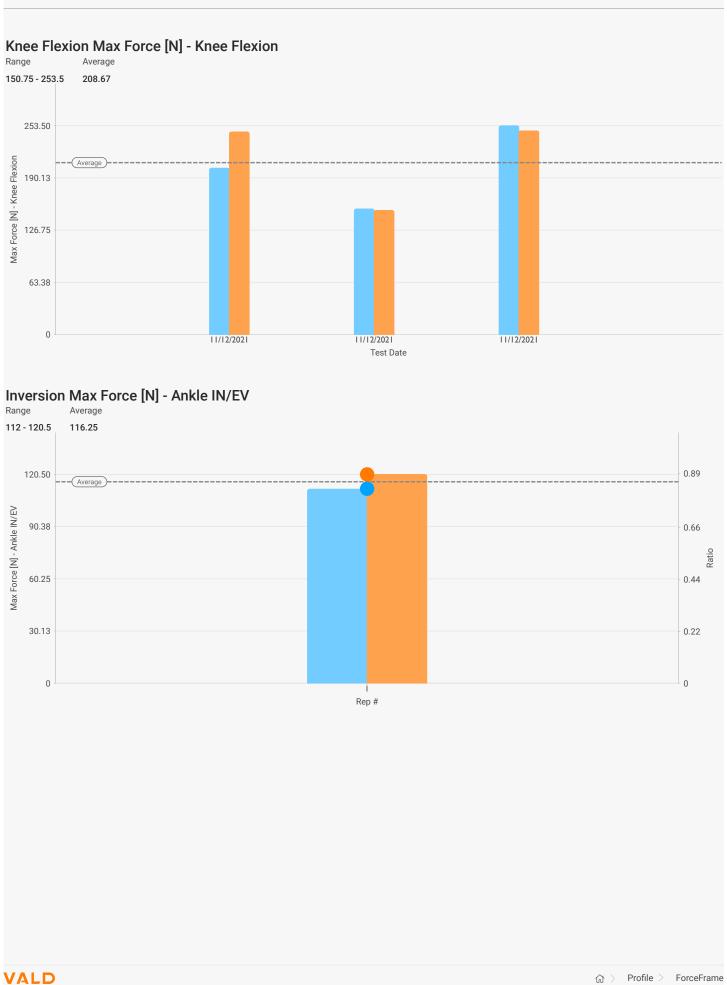


## Max Force [N] - knee extensor

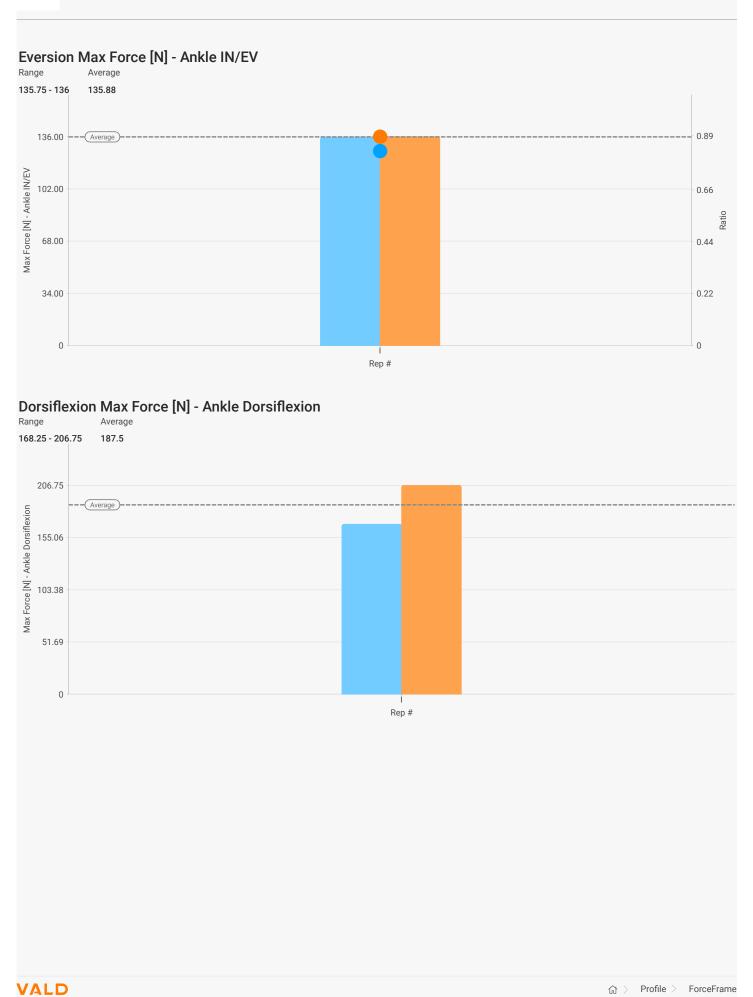




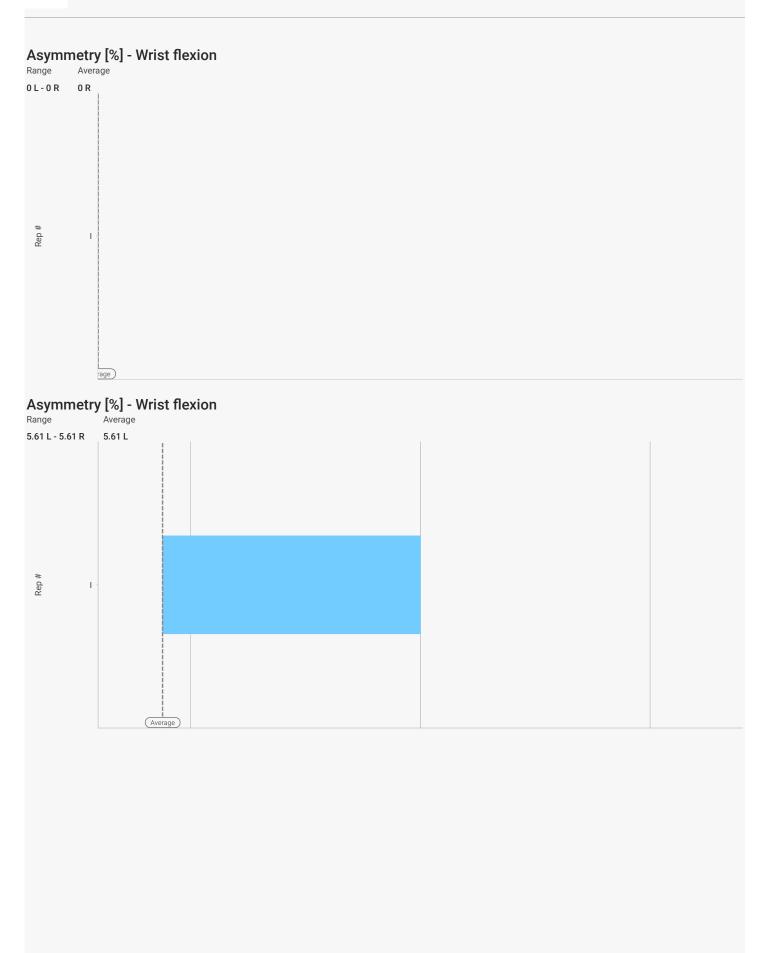




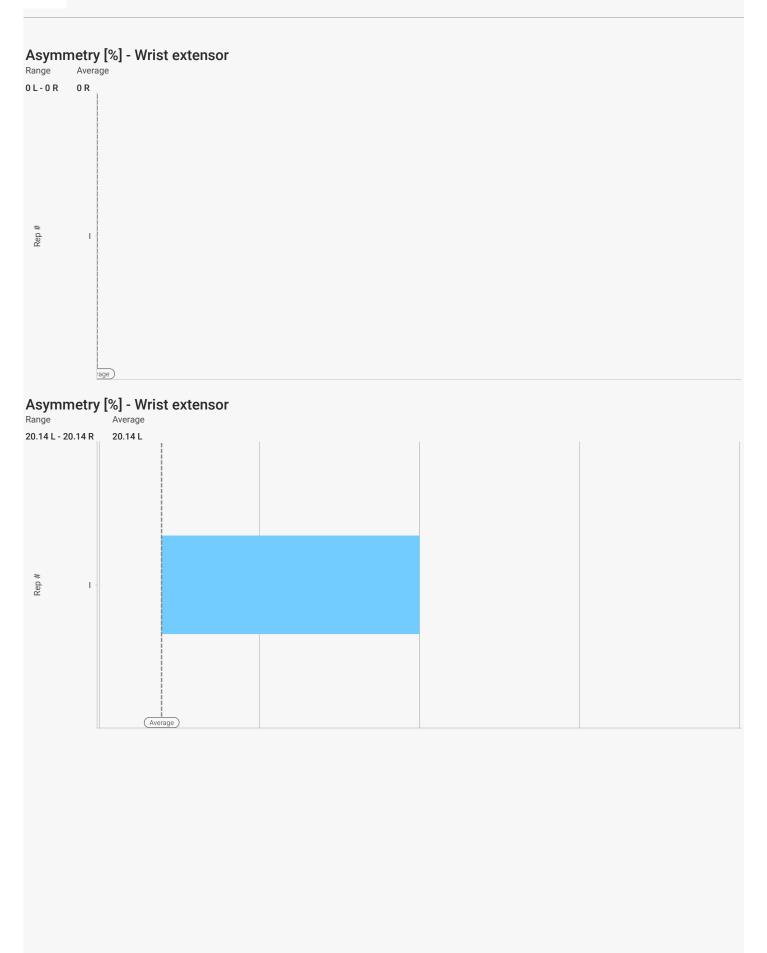






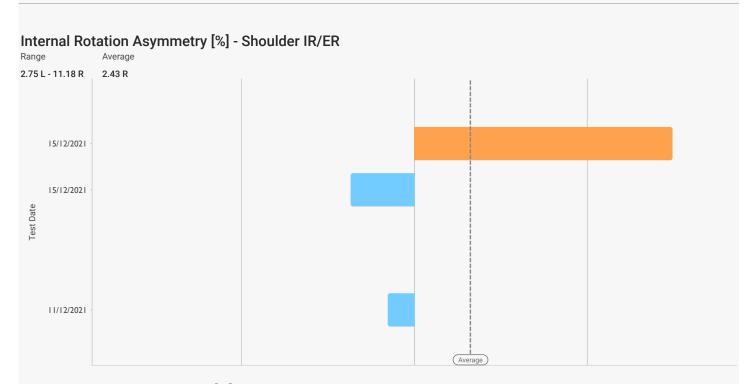




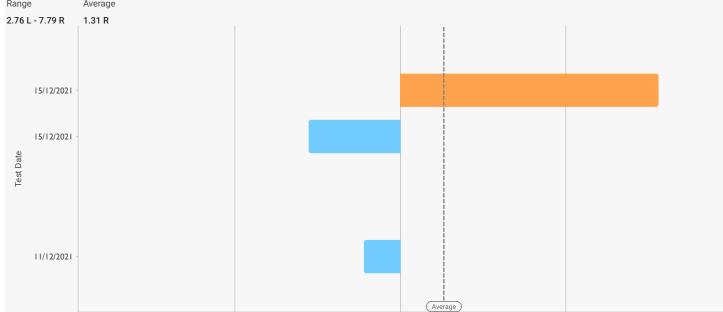






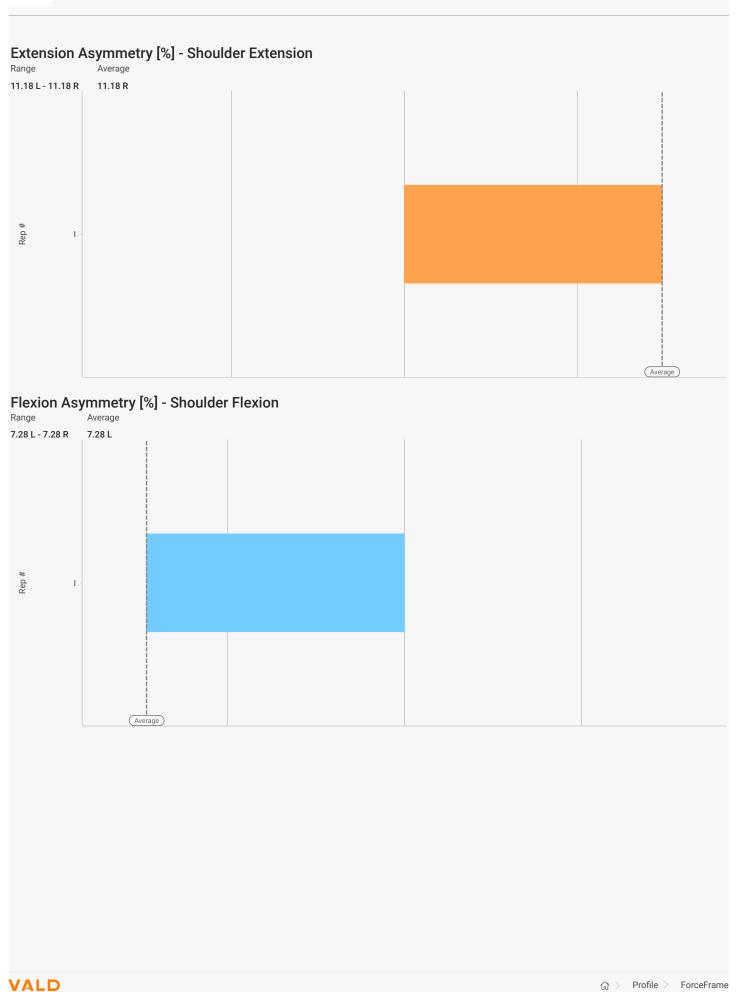




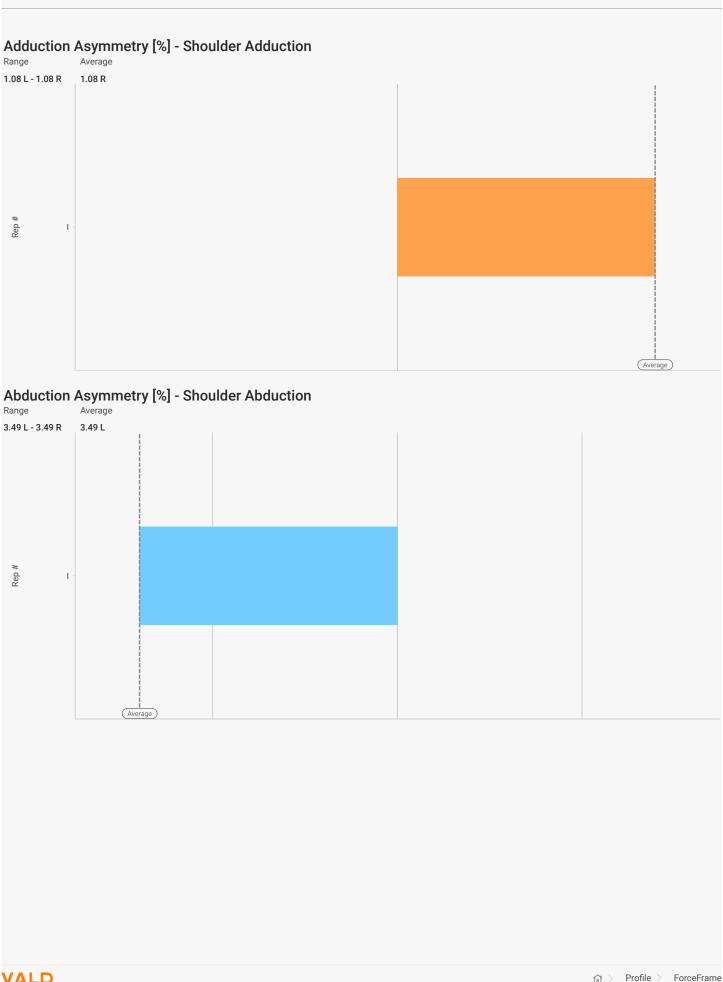




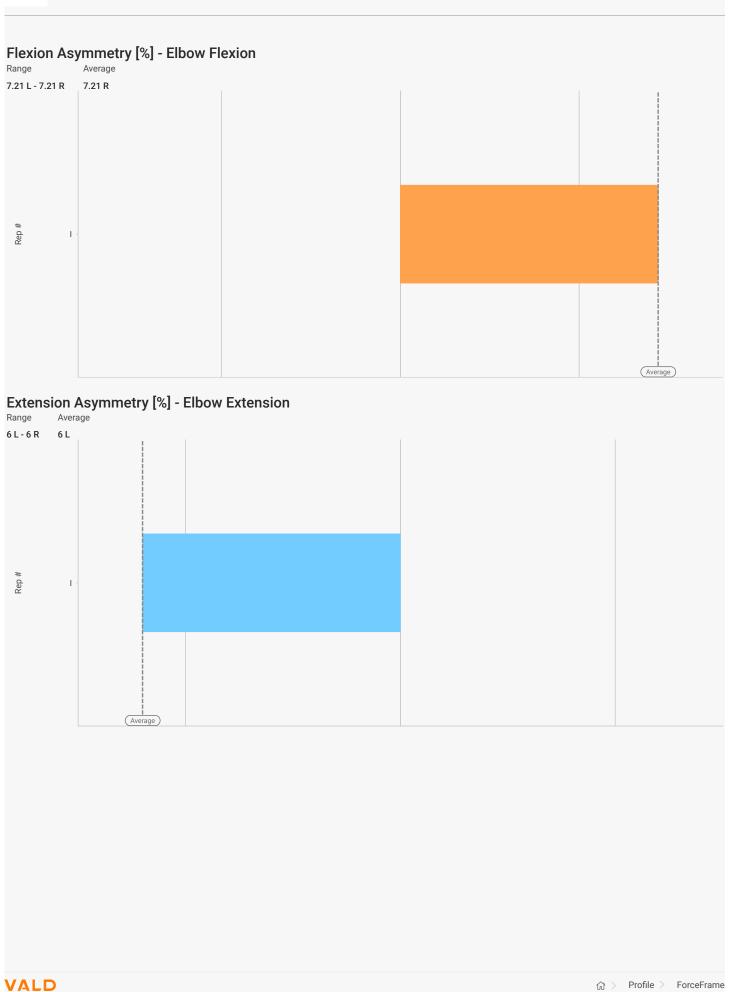




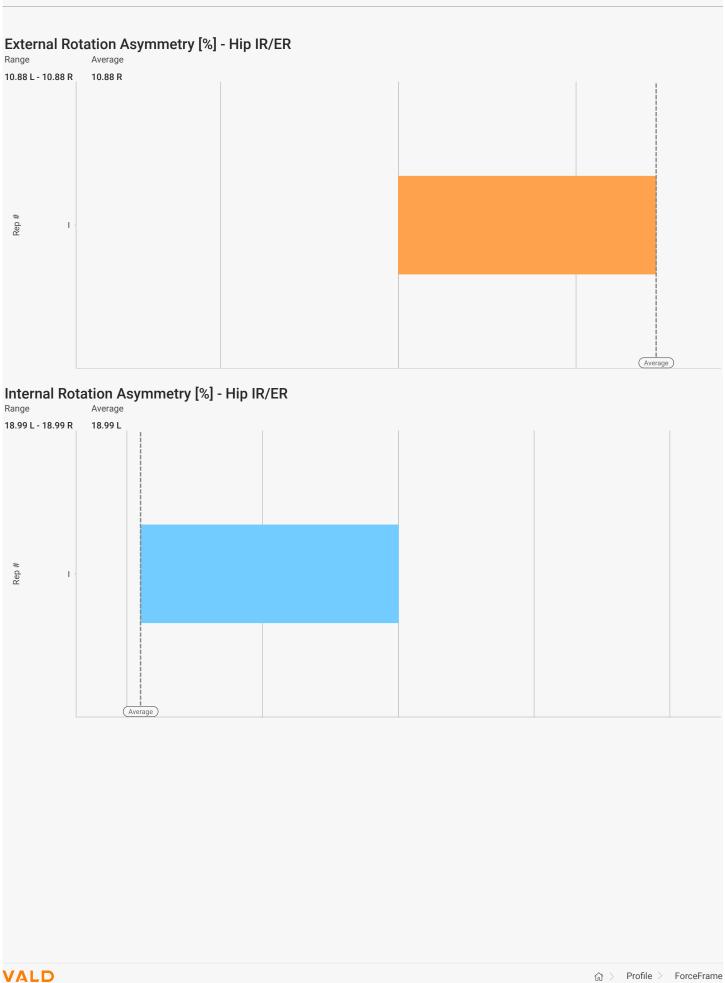




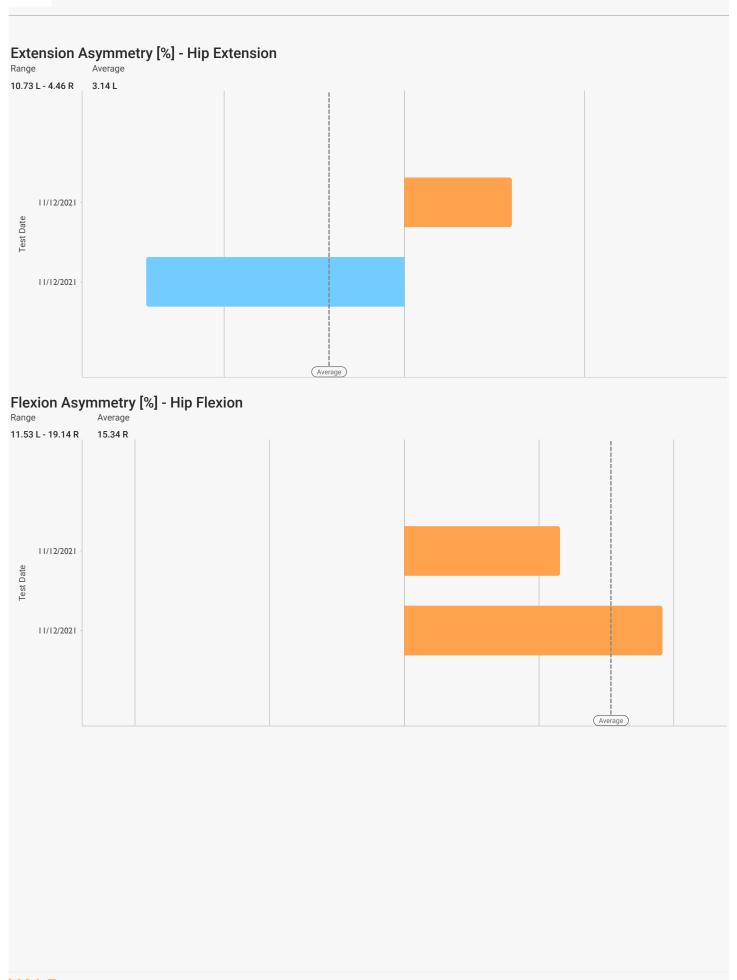




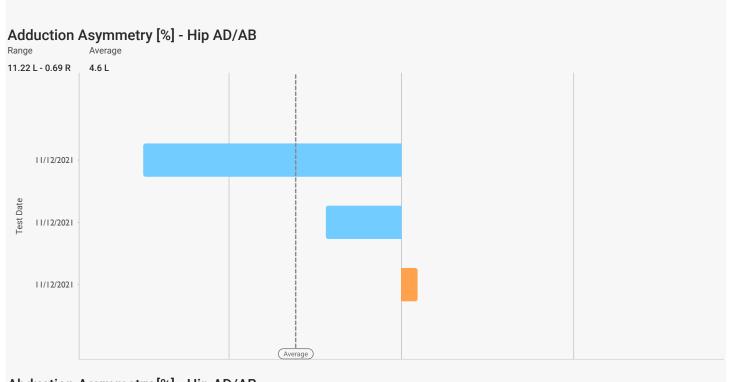


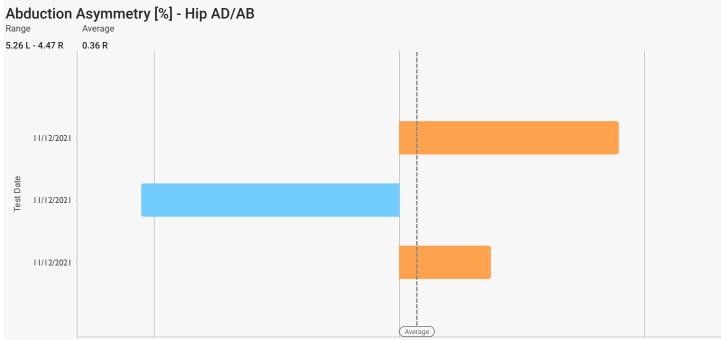






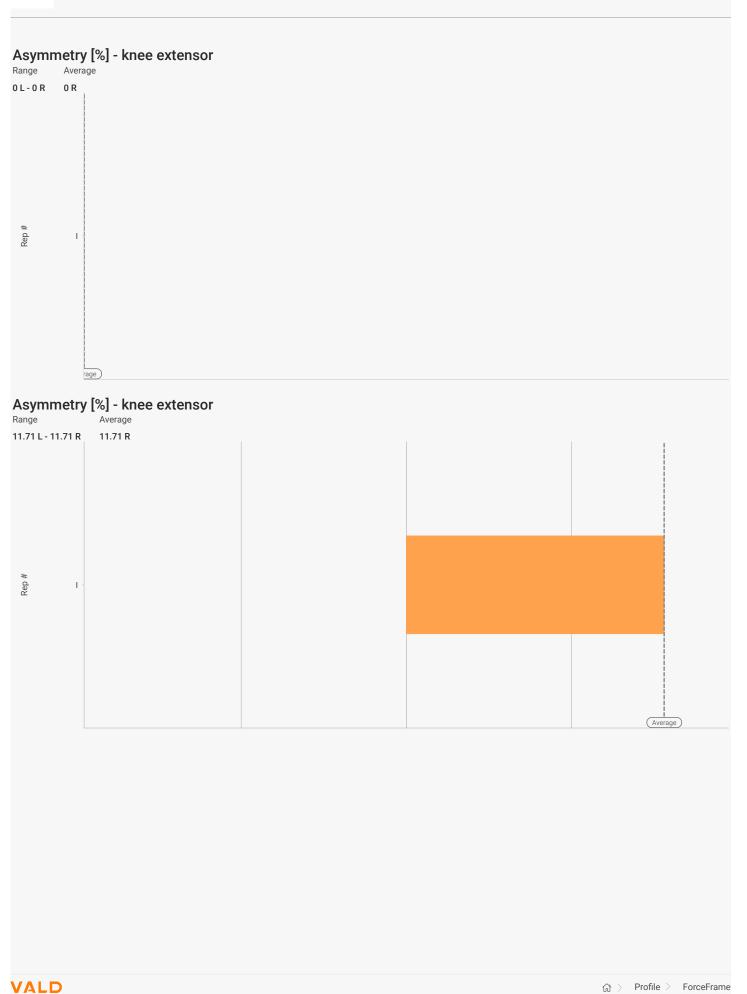




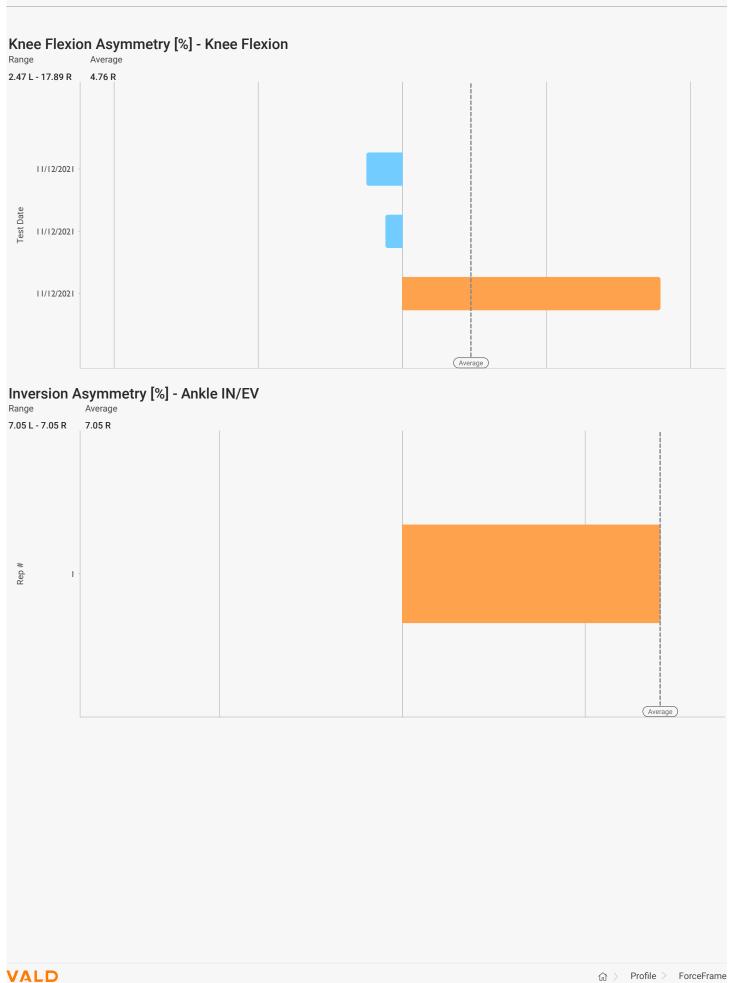




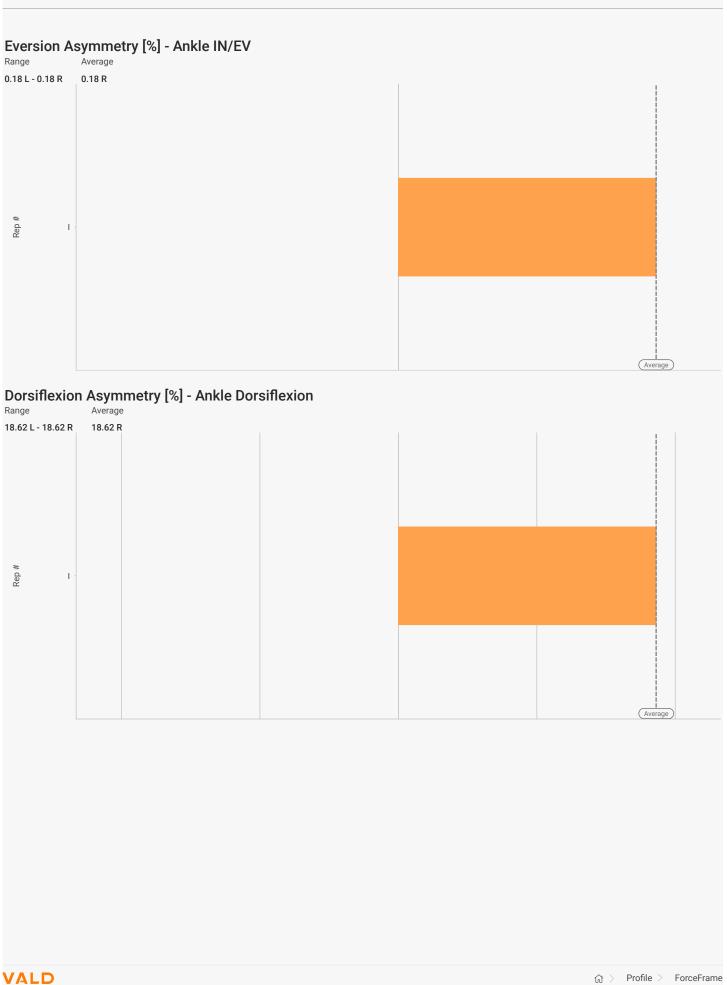




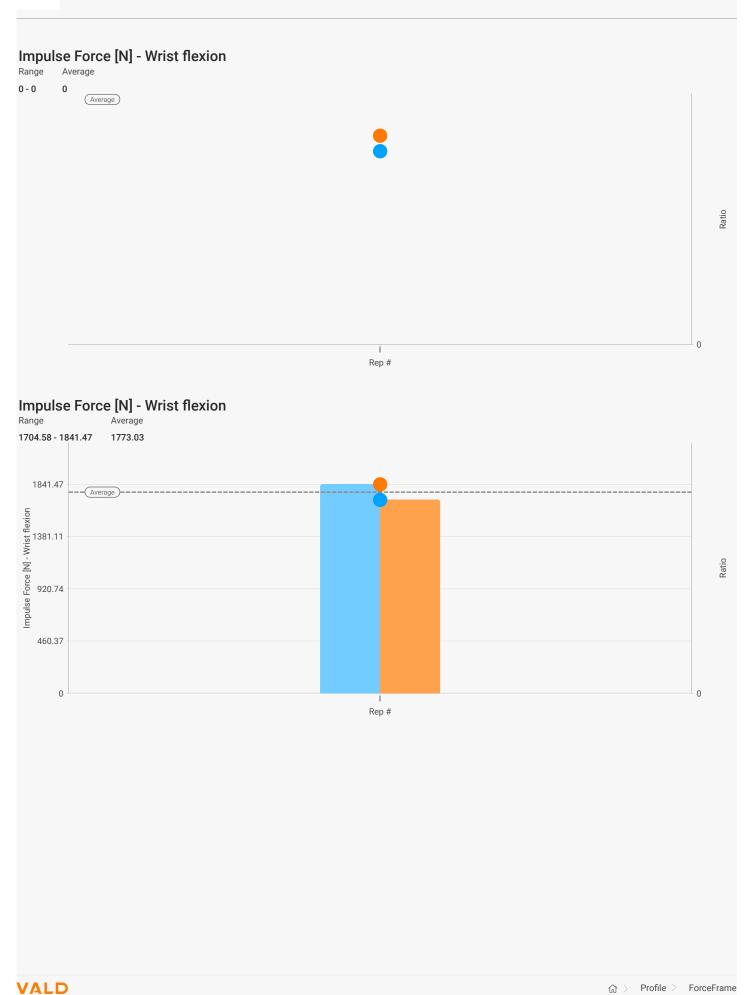




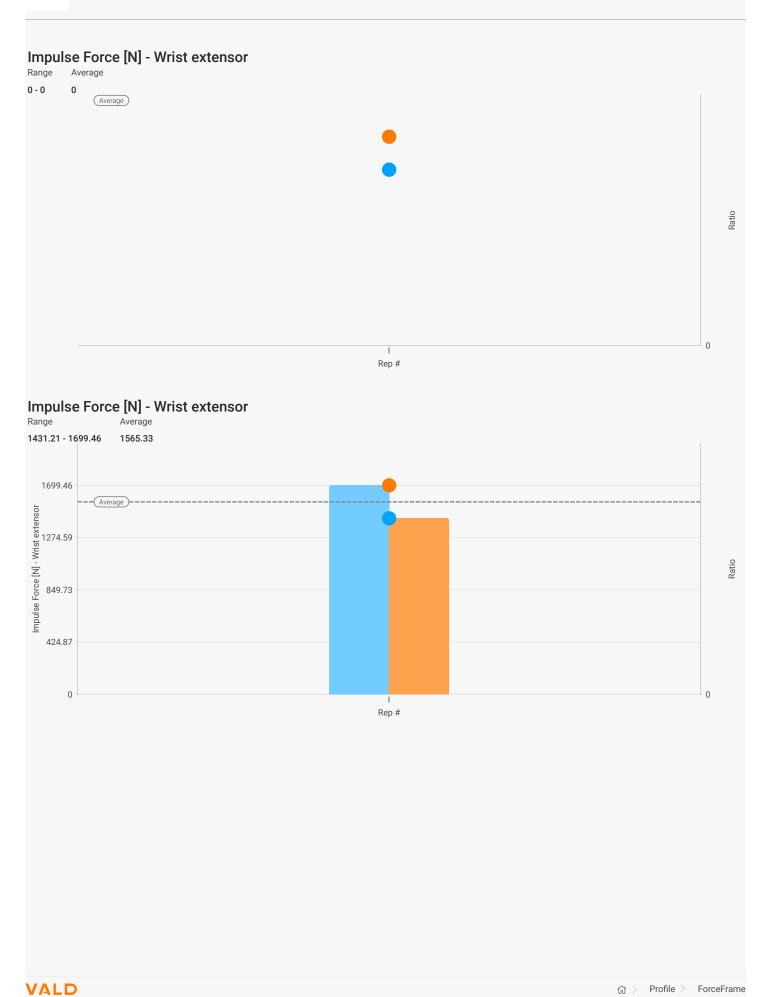




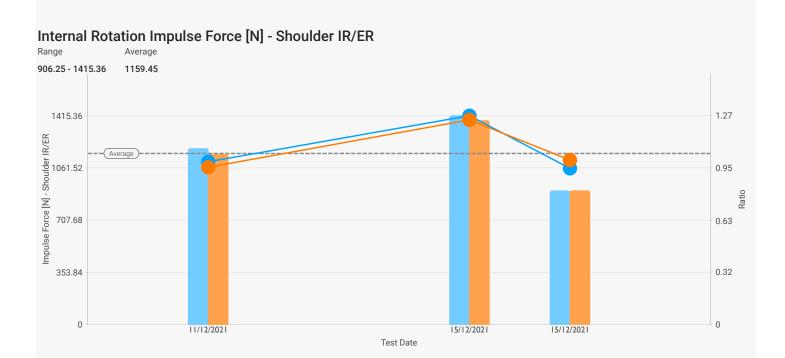




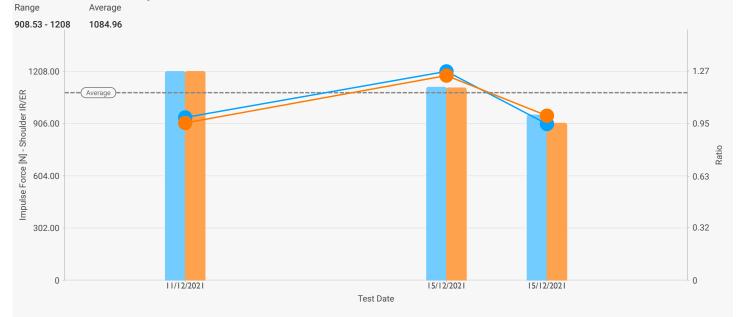






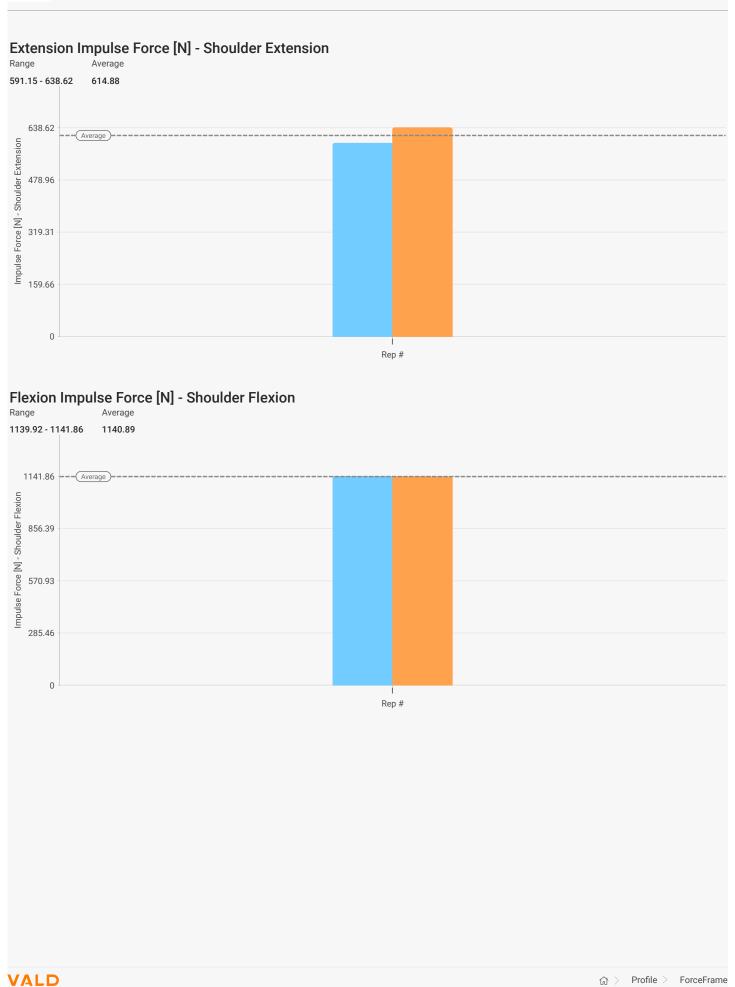


### External Rotation Impulse Force [N] - Shoulder IR/ER

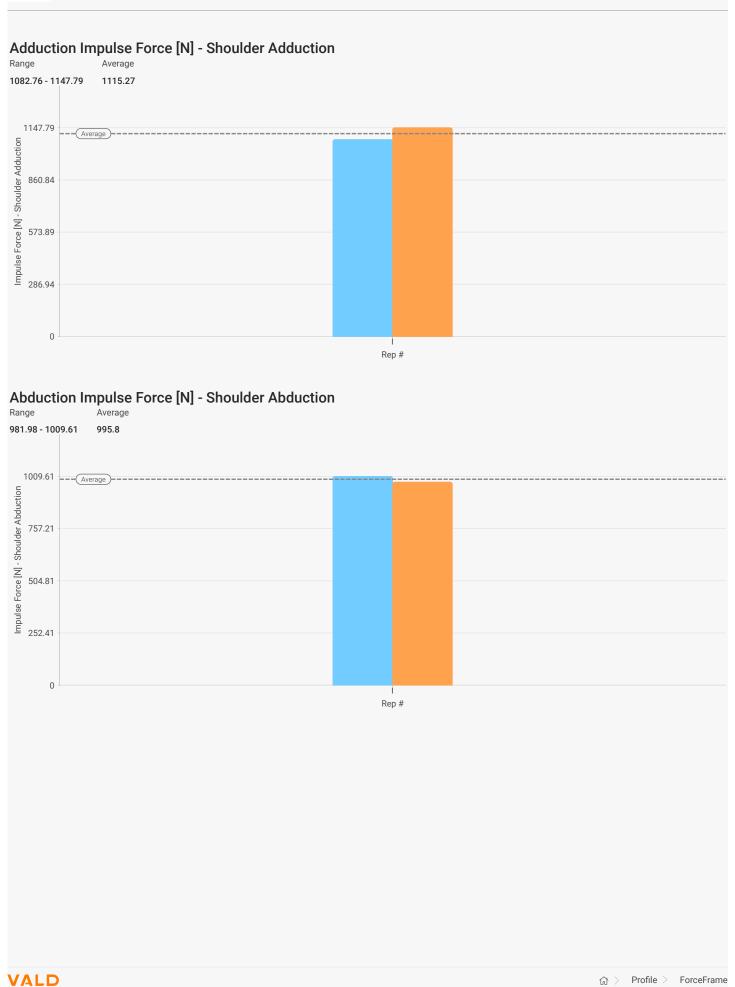




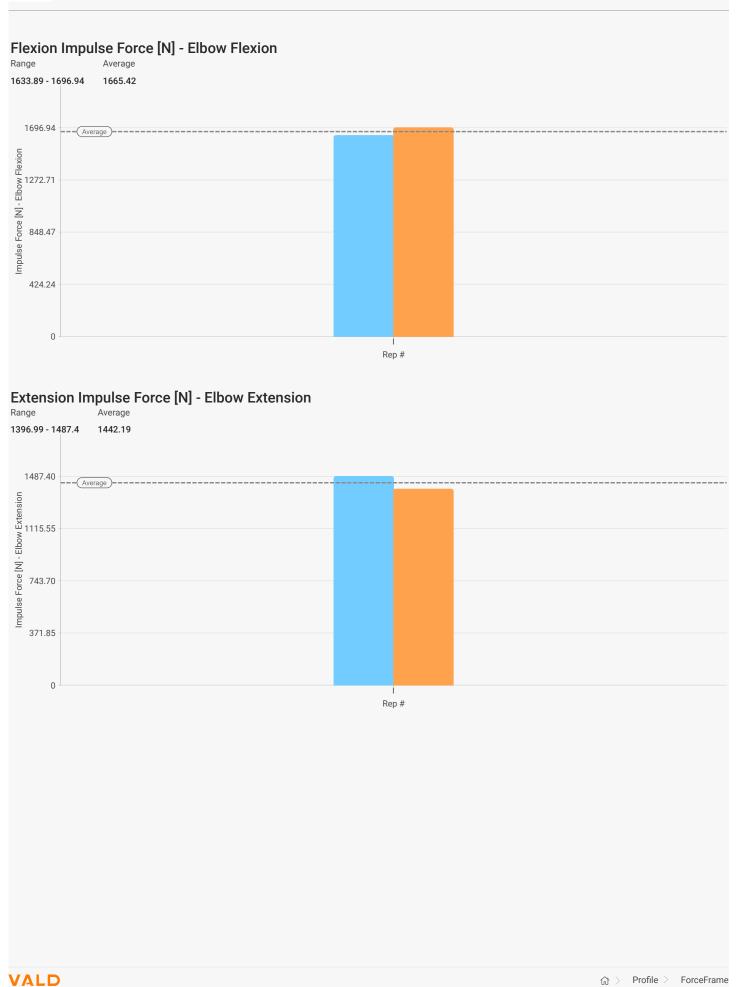




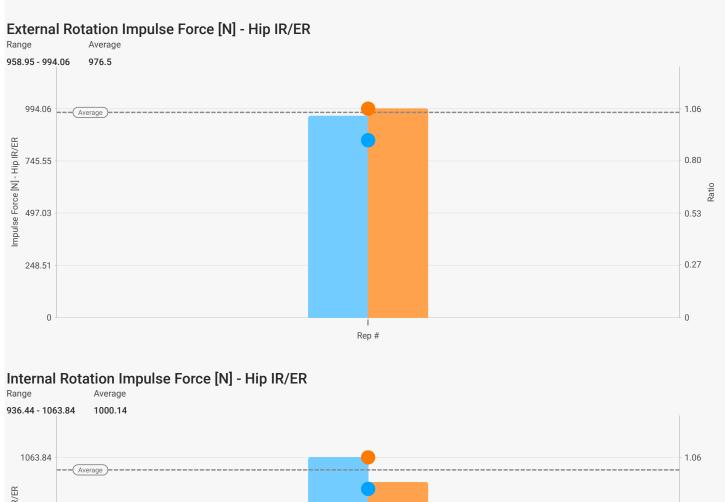


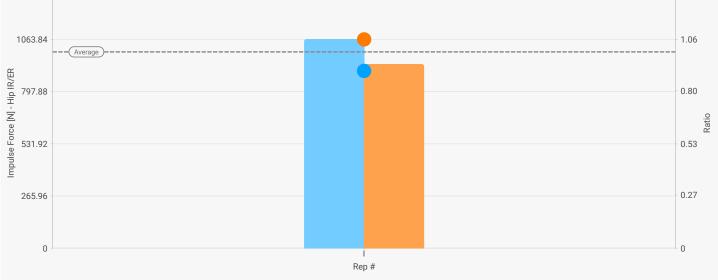






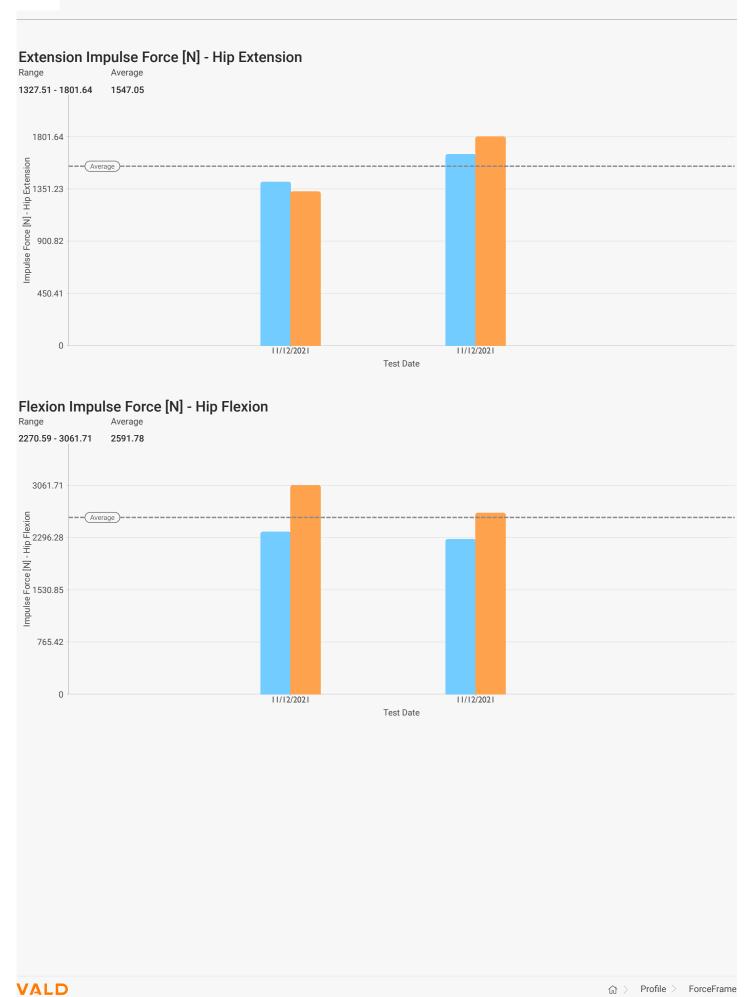




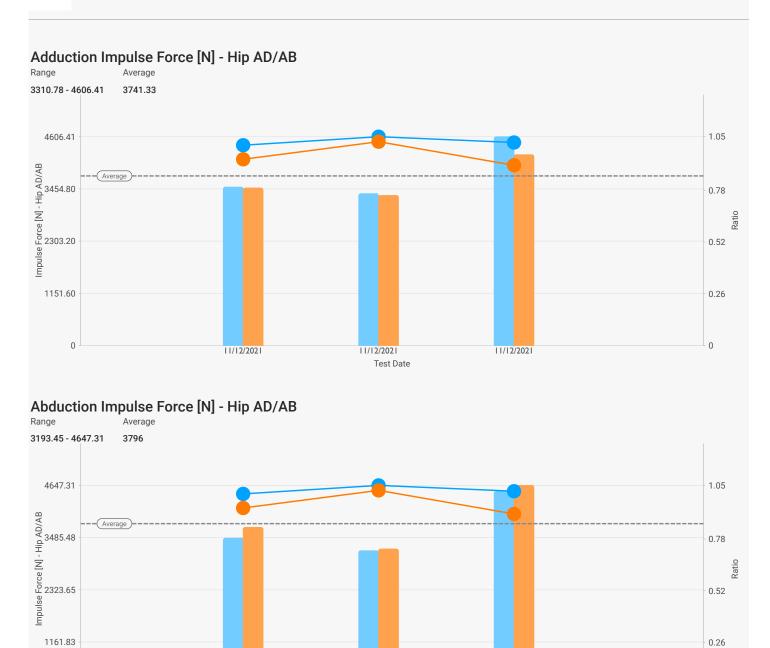












11/12/2021

Test Date

11/12/2021

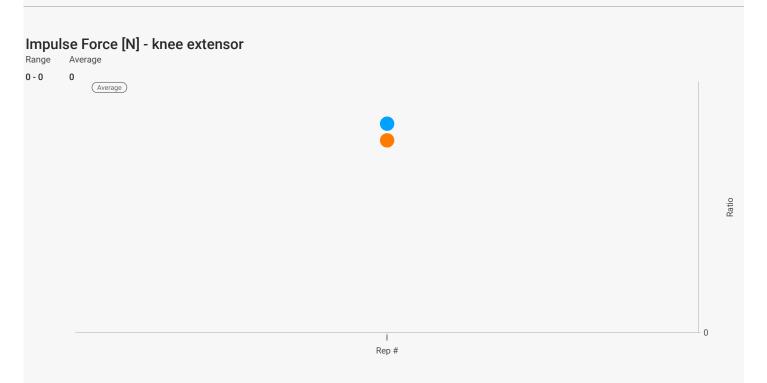


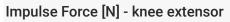
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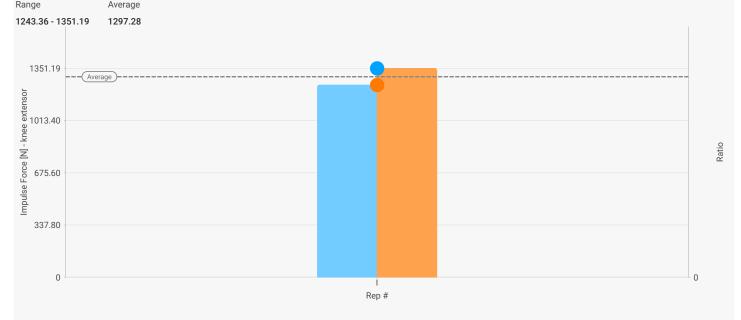
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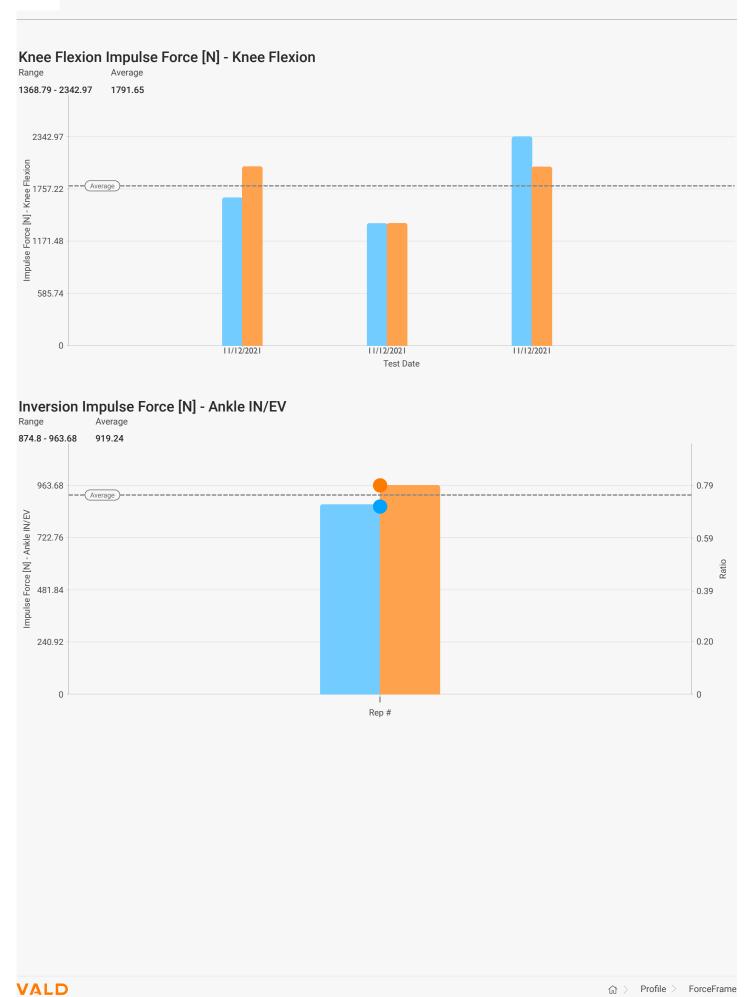




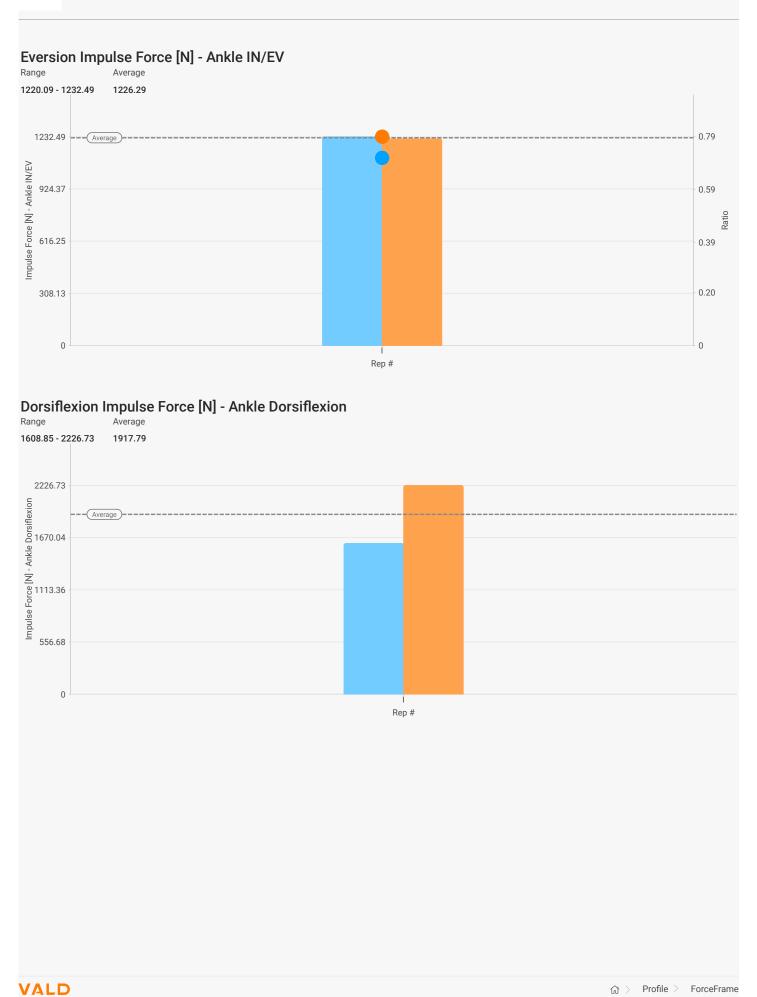




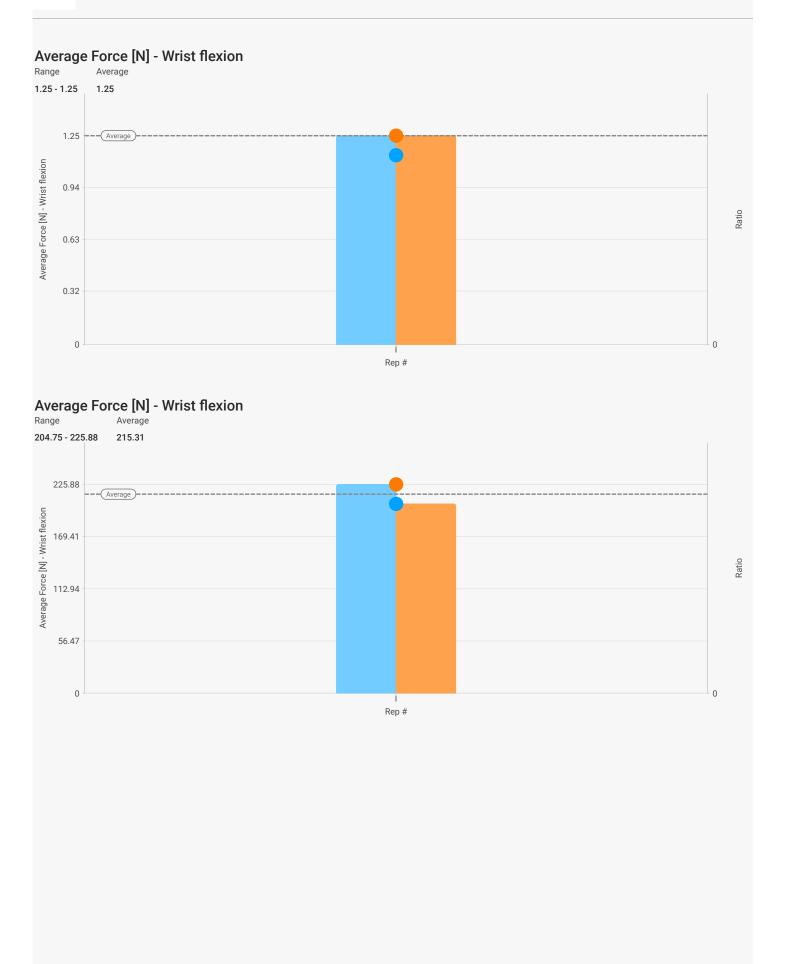






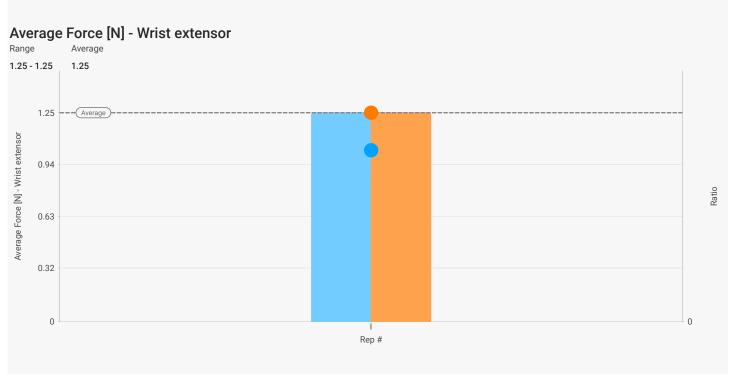




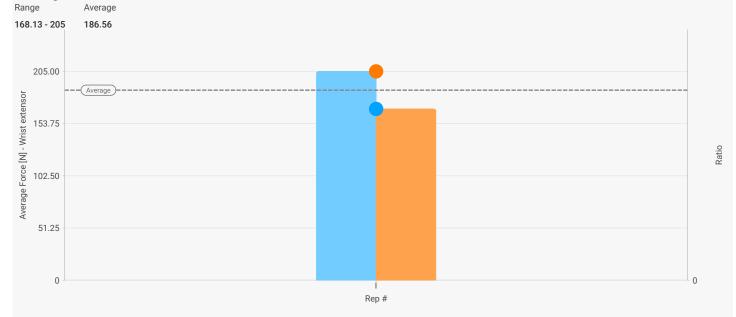






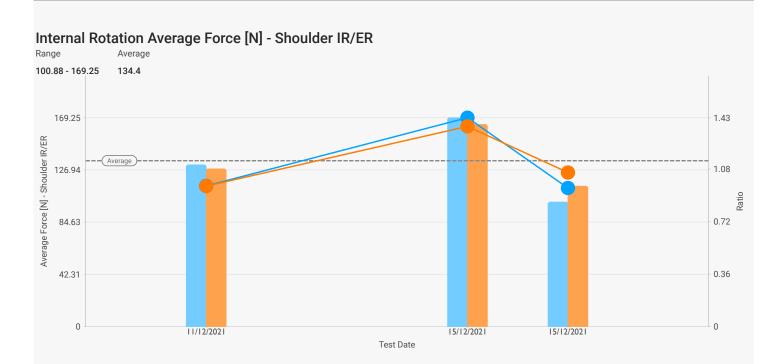




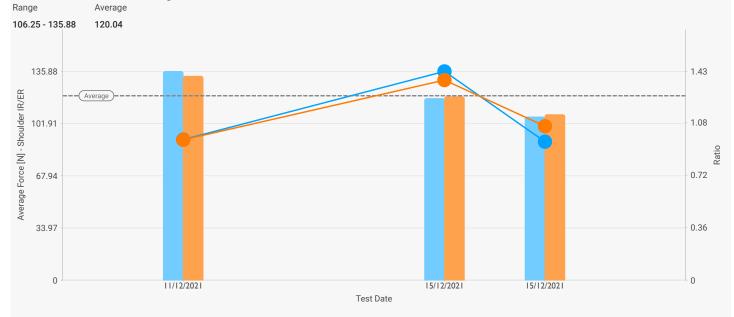






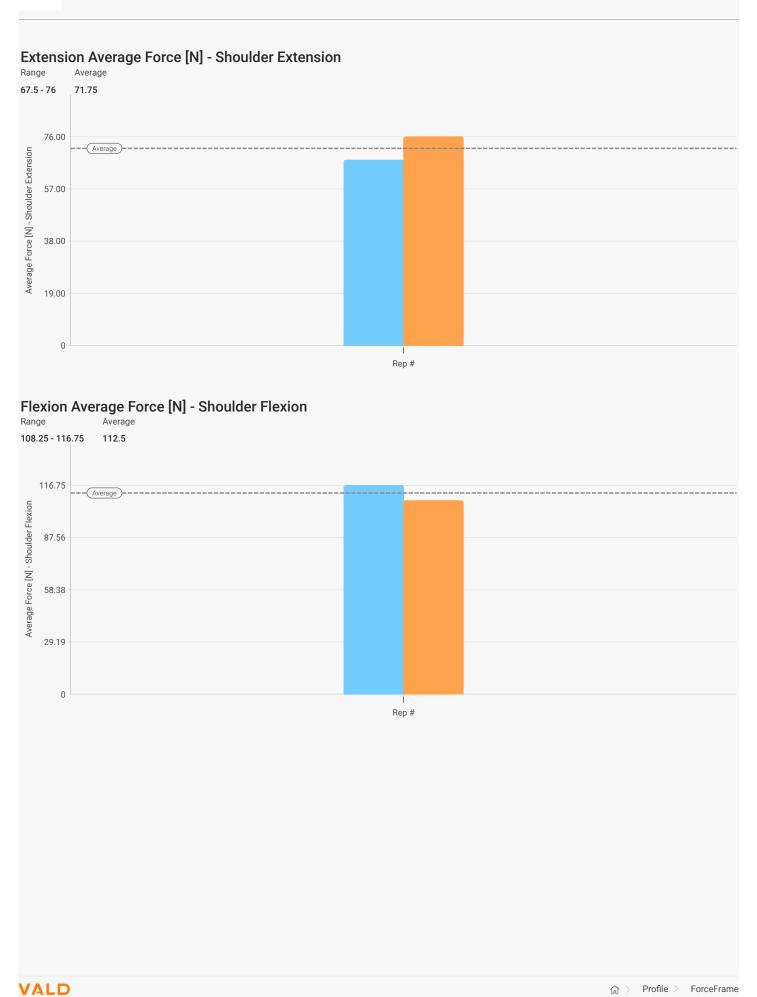


## External Rotation Average Force [N] - Shoulder IR/ER

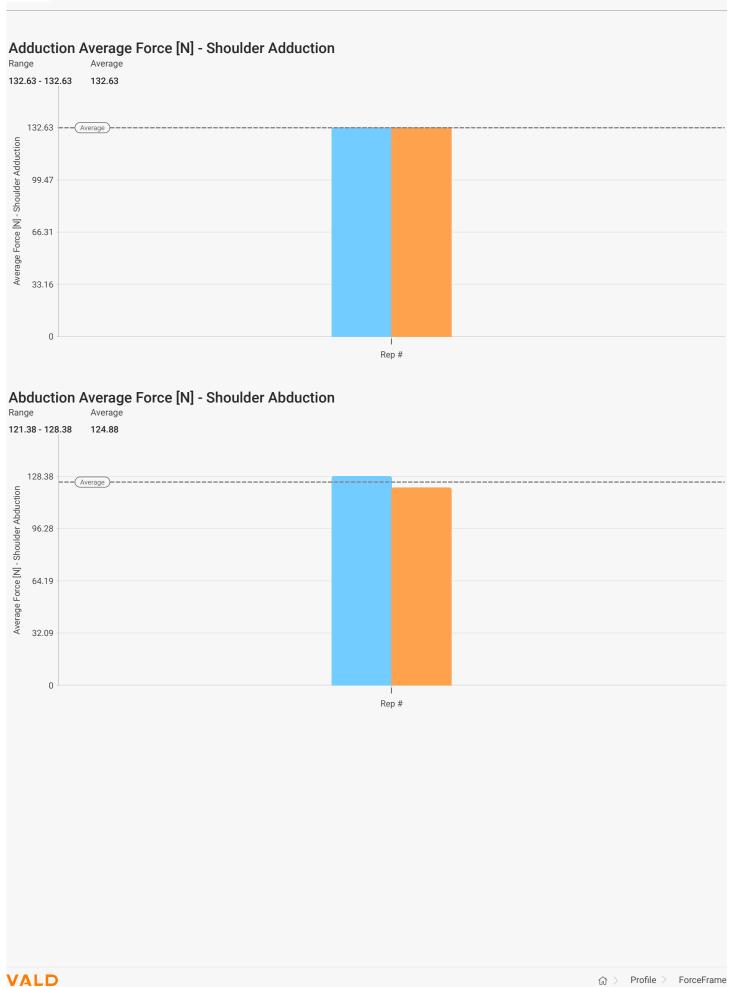




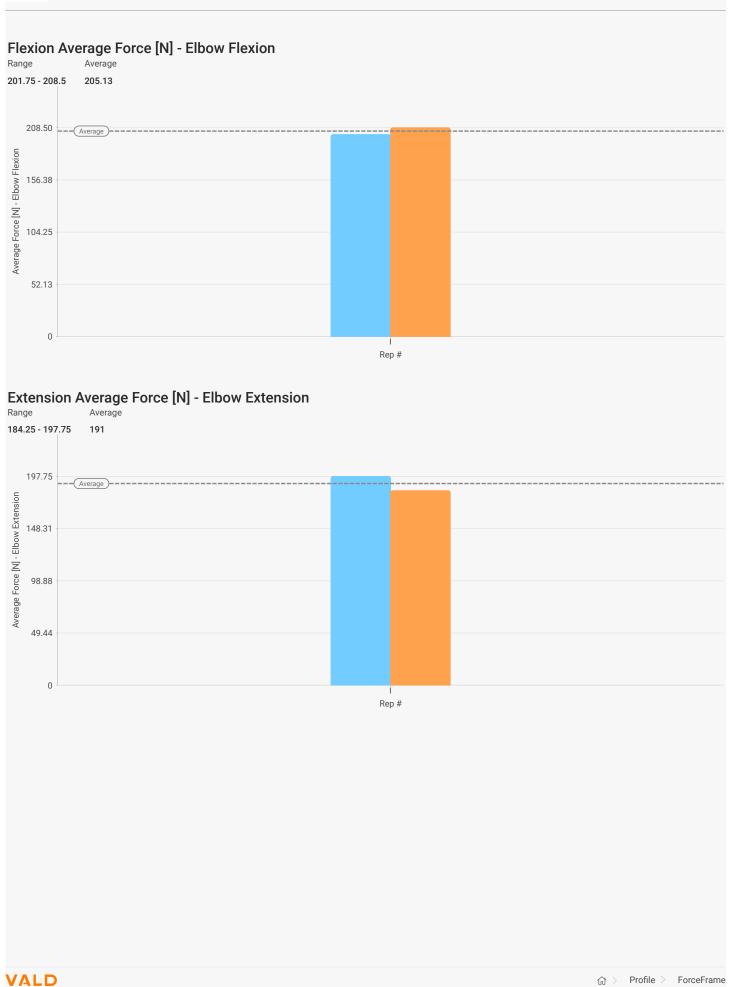




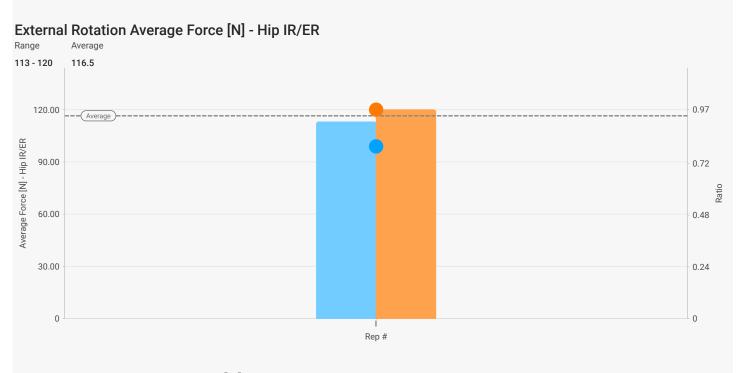




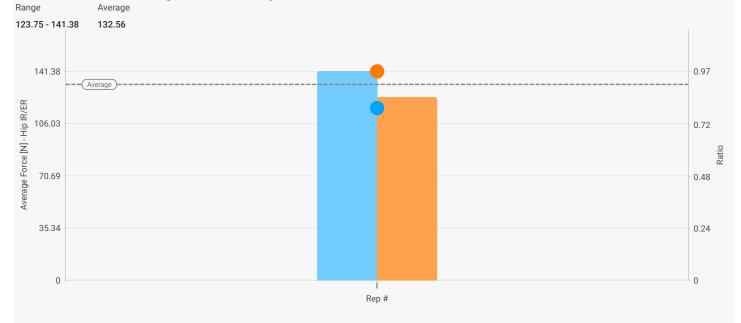






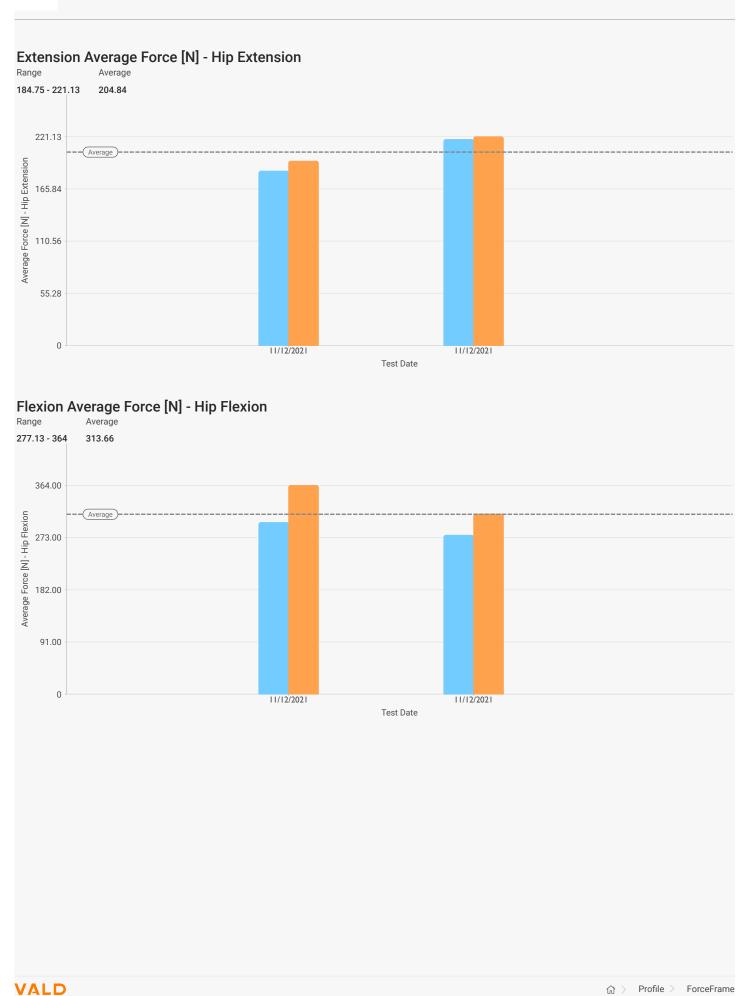


## Internal Rotation Average Force [N] - Hip IR/ER

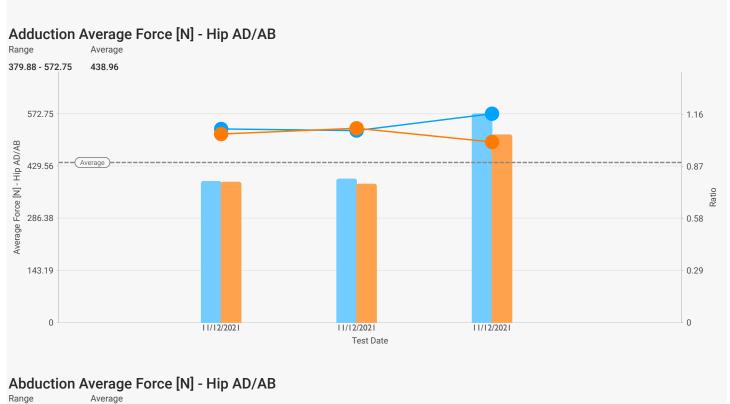


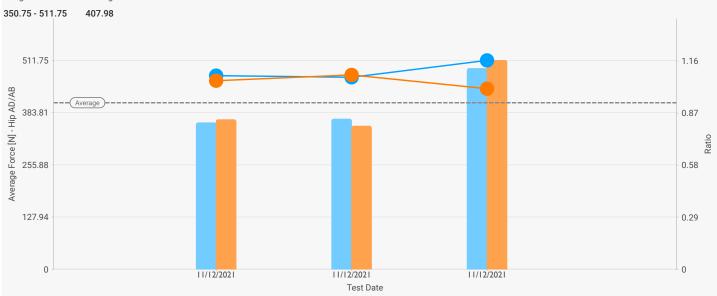








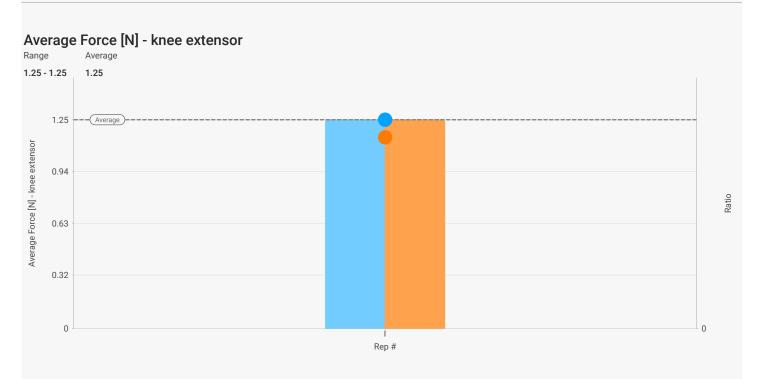












## Average Force [N] - knee extensor

