



Alexandre de Sa Rodrigues

Age: 30 (15 Jul 1993)

Shoulder IR/ER - Supine (90 D...

Max Force - Left & Right Side Shoulder E...

Left

144N

Right

133N

7.3%

Asymmetry

Shoulder IR/ER - Supine (Neut...

Max Force - Left & Right Side Shoulder E...

Left

153N

Right

138N

9.8%

Asymmetry

Shoulder Extension - Prone

Max Force - Left & Right Side

Left

160N

Right

152N

5%

Asymmetry

Shoulder Flexion - Prone

Max Force - Left & Right Side

Left

61N

Right

69N

11.3%

Asymmetry

Shoulder Abd - Side lying

Max Force - Left & Right Side

Left

99N

Right

92N

7.1%

Asymmetry

Shoulder Add - Side lying

Max Force - Left & Right Side

Left

154N

Right

148N

3.9%

Asymmetry



Elbow Extension - Seated

Max Force - Left & Right Side

Left

175N

Right

181N

3.5%

Asymmetry

Elbow Flexion - Seated

Max Force - Left & Right Side

Left

273N

Right

241N

11.5%

Asymmetry

Knee Flexion - Prone

Max Force - Left & Right Side

Left

165N

Right

187N

11.7%

Asymmetry

Hip IR/ER - Prone

Max Force - Left & Right Side Hip IR

Left

92N

Right

104N

11.1%

Asymmetry

Ankle Inv/Ev - Supine

Max Force - Left & Right Side Ankle Inv

Left

149N

Right

154N

2.9%

Asymmetry

Hip Add/Abd - Seated

Max Force - Left & Right Side Hip Add

Left

324N

Right

352N

7.9%

Asymmetry



ON Evolução Corporal

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Profile: Alexandre de Sa Rodrigues
Report By: Nemi Sabeh
Report Date: 13 Mar 2024

Knee Extension - Seated (90)

Avg Force - Left & Right Side

Left

350N

Right

352N

0.7%

Asymmetry

Ankle Dorsiflexion - Seated

Max Force - Left & Right Side

Left

217N

Right

213N

1.8%

Asymmetry