



ON Evolução Corporal

AVENIDA JORGE JOÃO SAAD, 1222 - MORUMBI Sao Paulo, SP 05618-000

ph: +55 11 988163553

Profile: Ana Kietzmann

Report By: Nemi Sabeh

Report Date: 19 Mar 2024

## Ana Kietzmann

Age: 46 (06 Mar 1978)

### Elbow Extension - Seated

Max Force - Left & Right Side

Left

100N

Right

97N

2.5%

Asymmetry

### Elbow Flexion - Seated

Max Force - Left & Right Side

Left

124N

Right

129N

3.7%

Asymmetry

### Shoulder IR/ER - Supine (Neut...

Max Force - Left & Right Side Shoulder E...

Left

53N

Right

60N

12.1%

Asymmetry

### Shoulder IR/ER - Supine (90 D...

Max Force - Left & Right Side Shoulder E...

Left

83N

Right

88N

5.7%

Asymmetry

### Shoulder Extension - Prone

Max Force - Left & Right Side

Left

29N

Right

38N

24.8%

Asymmetry

### Shoulder Flexion - Prone

Max Force - Left & Right Side

Left

72N

Right

60N

17%

Asymmetry



### Shoulder Add - Side lying

Max Force - Left & Right Side

Left

77N

Right

83N

7.5%

Asymmetry

### Shoulder Abd - Side lying

Max Force - Left & Right Side

Left

52N

Right

62N

15.8%

Asymmetry

### Knee Flexion - Prone

Max Force - Left & Right Side

Left

92N

Right

102N

9.6%

Asymmetry

### Hip IR/ER - Prone

Max Force - Left & Right Side Hip ER

Left

46N

Right

55N

16.7%

Asymmetry

### Hip Add/Abd - Seated

Max Force - Left & Right Side Hip Abd

Left

206N

Right

200N

2.7%

Asymmetry

### Knee Extension - Seated (90)

Avg Force - Left & Right Side

Left

148N

Right

158N

6.8%

Asymmetry



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**Ankle Plantar Flexion - Seate...**

Max Force - Left & Right Side

Left

687N

Right

791N

13.1%

Asymmetry

**Ankle Dorsiflexion - Seated**

Max Force - Left & Right Side

Left

201N

Right

212N

5%

Asymmetry