



## Tests (11)

PROFILE	DATE	TEST TYPE	TEST POSITION	REPS
Marcelo Santos 11 Tests	14/09/2022 10:14 AM	Hip IR/ER	Prone	ER 2 L / 2 R IR 0 L / 0 R
	14/09/2022 10:13 AM	Hip Extension	Prone	EXT 1 L / 1 R
	14/09/2022 10:09 AM	Hip Flexion	Kicker	FLEX 1 L / 1 R
	14/09/2022 10:06 AM	Hip Flexion	Seated	FLEX 1 L / 1 R
	14/09/2022 10:02 AM	Hip AD/AB	Seated	ADD 2 L / 2 R ABD 2 L / 2 R
	14/09/2022 9:59 AM	knee extensor	knee extensor	
	14/09/2022 9:56 AM	Knee Flexion	Standing	FLEX 1 L / 1 R
	14/09/2022 9:54 AM	Knee Flexion	Prone	FLEX 1 L / 1 R
	14/09/2022 9:51 AM	Ankle IN/EV	Supine	INV 2 L / 2 R EV 2 L / 2 R
	14/09/2022 9:46 AM	Panturrilha Sentada	Panturrilha Sentada	Outer 1 L / 1 R



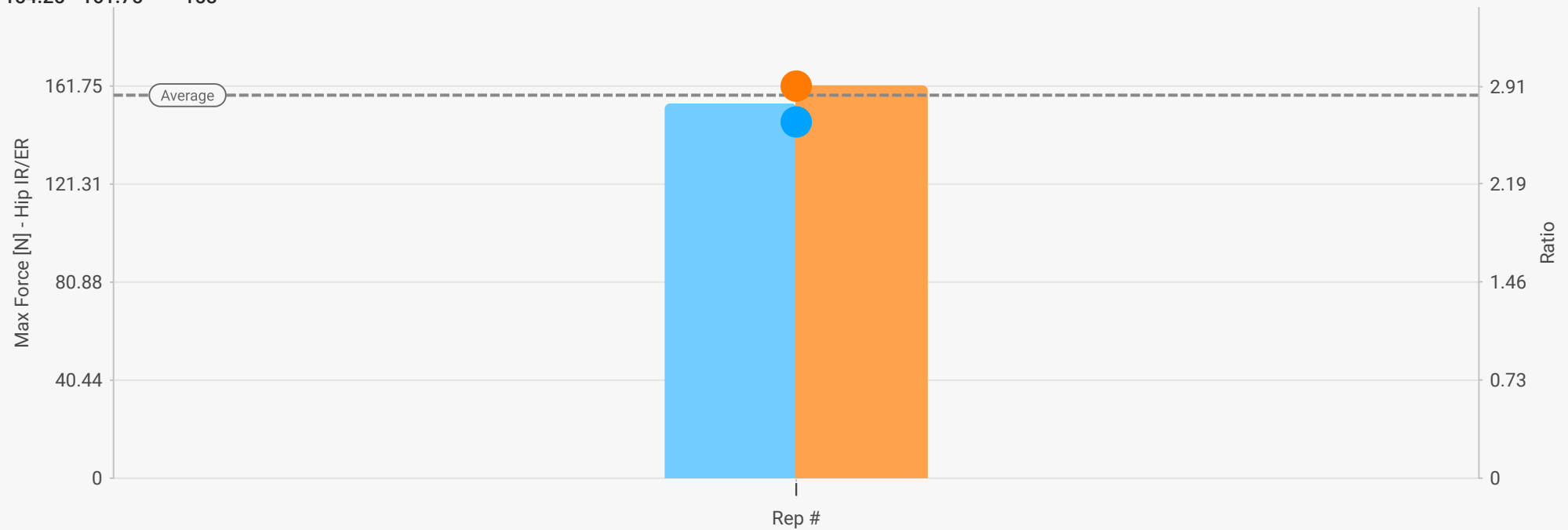
PROFILE	DATE	TEST TYPE	TEST POSITION	REPS
	14/09/2022 9:43 AM	Ankle Dorsiflexion	Seated	DF 2 L / 2 R



## External Rotation Max Force [N] - Hip IR/ER

Range      Average

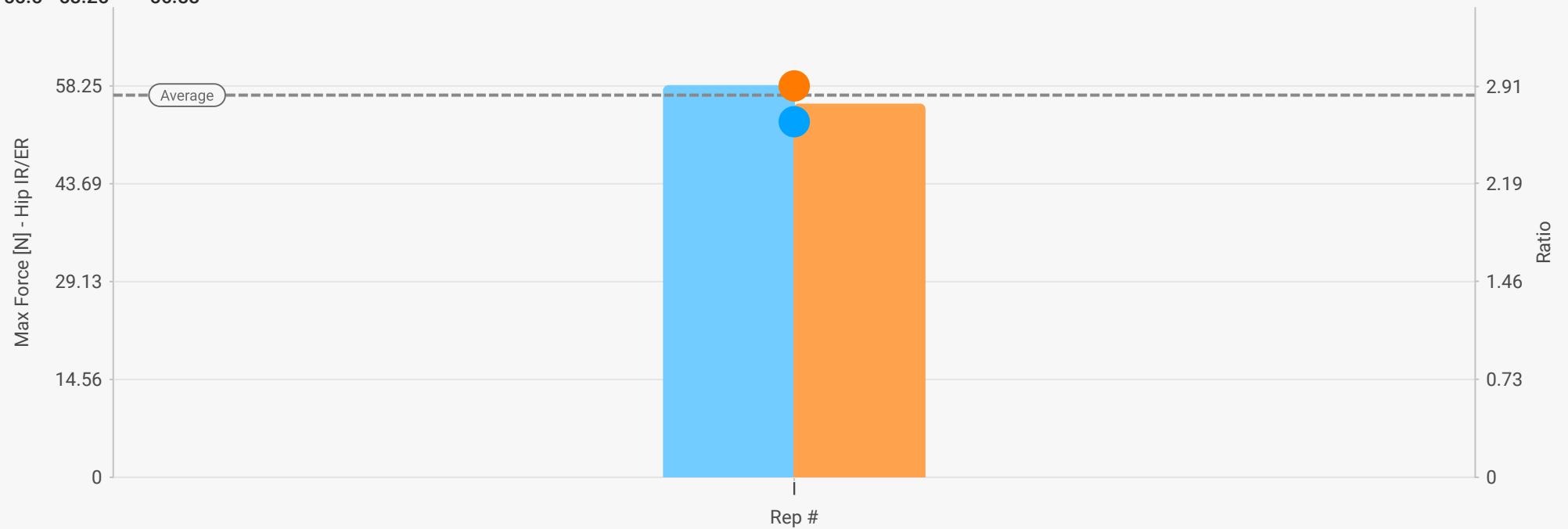
154.25 - 161.75      158





## Internal Rotation Max Force [N] - Hip IR/ER

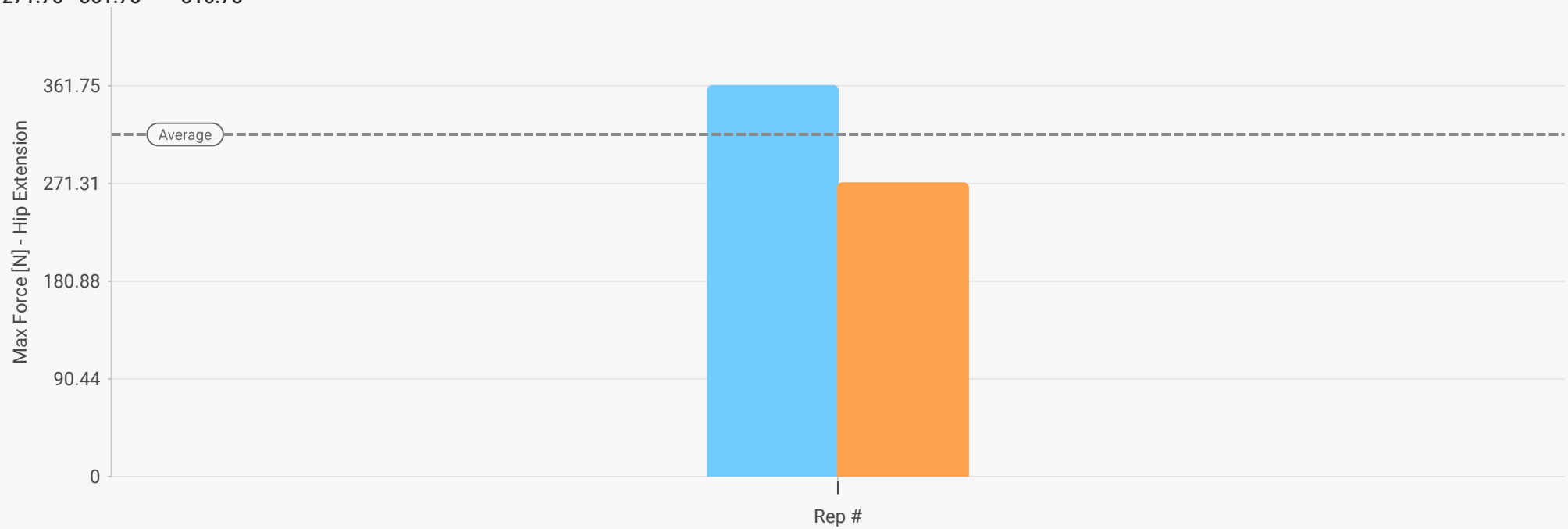
Range      Average  
55.5 - 58.25      56.88





## Extension Max Force [N] - Hip Extension

Range      Average  
271.75 - 361.75      316.75

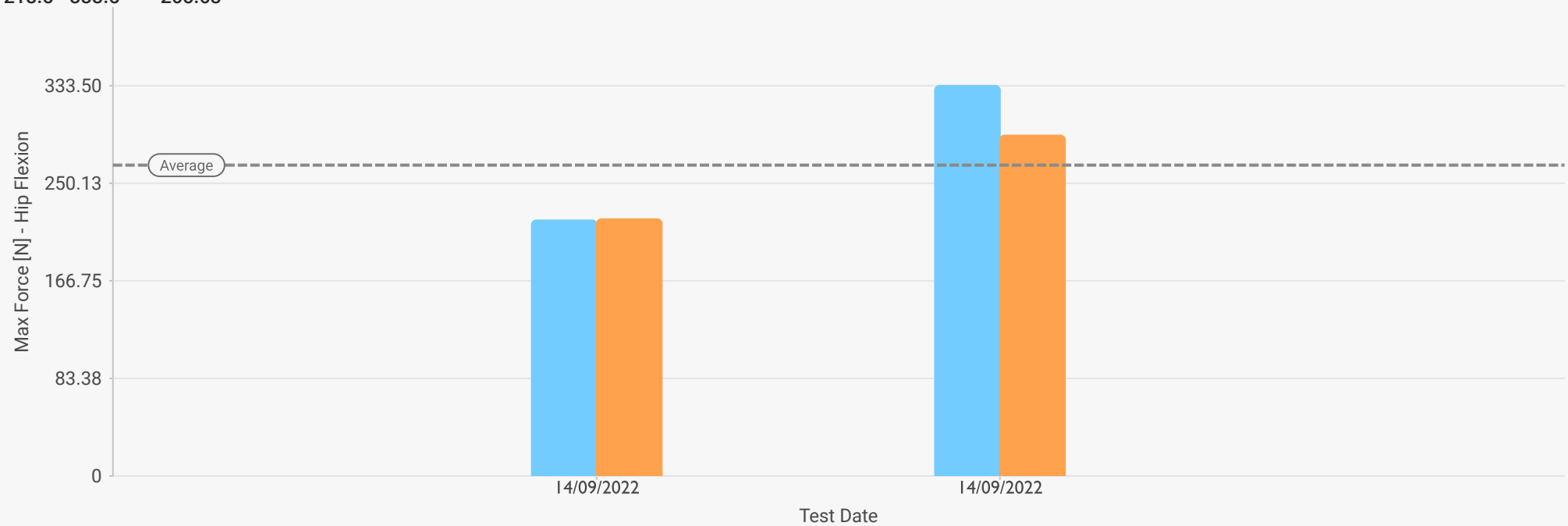




## Flexion Max Force [N] - Hip Flexion

Range  
218.5 - 333.5

Average  
265.63

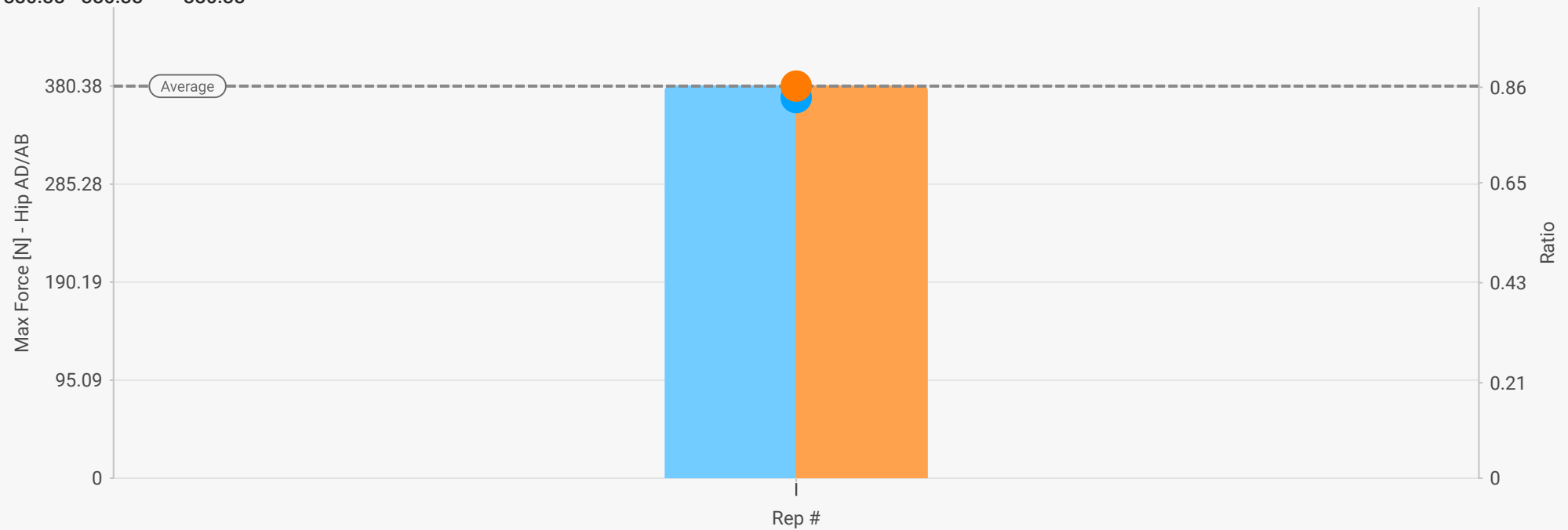




## Adduction Max Force [N] - Hip AD/AB

Range      Average

380.38 - 380.38      380.38





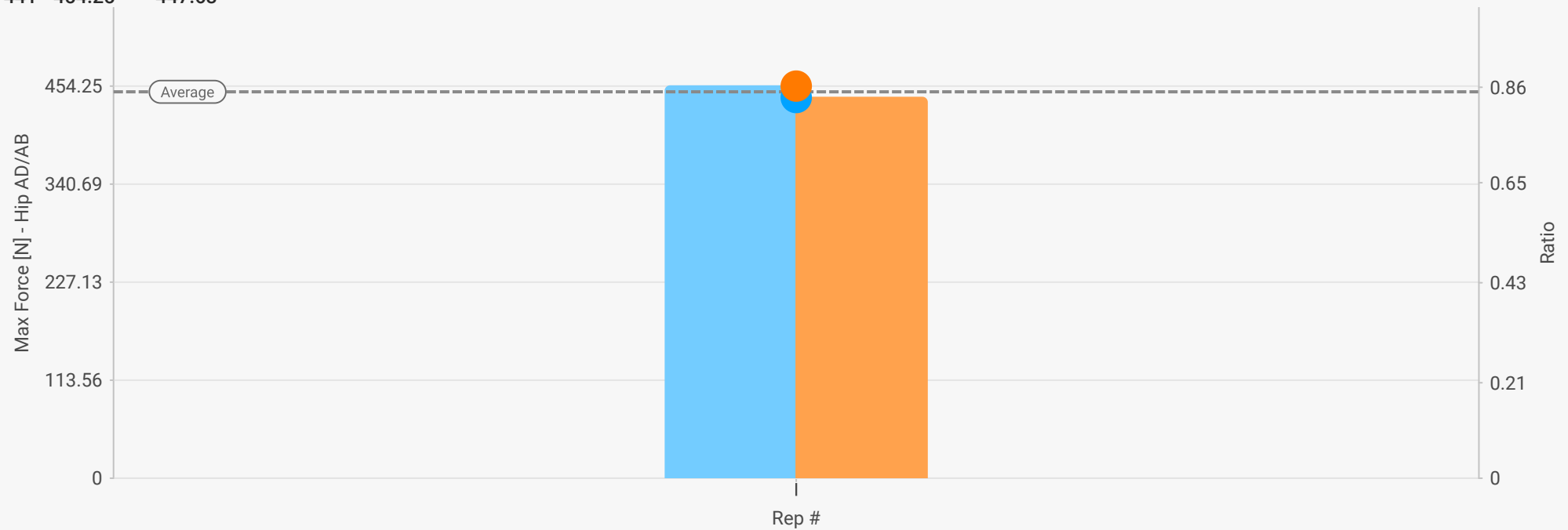
## Abduction Max Force [N] - Hip AD/AB

Range

Average

441 - 454.25

447.63



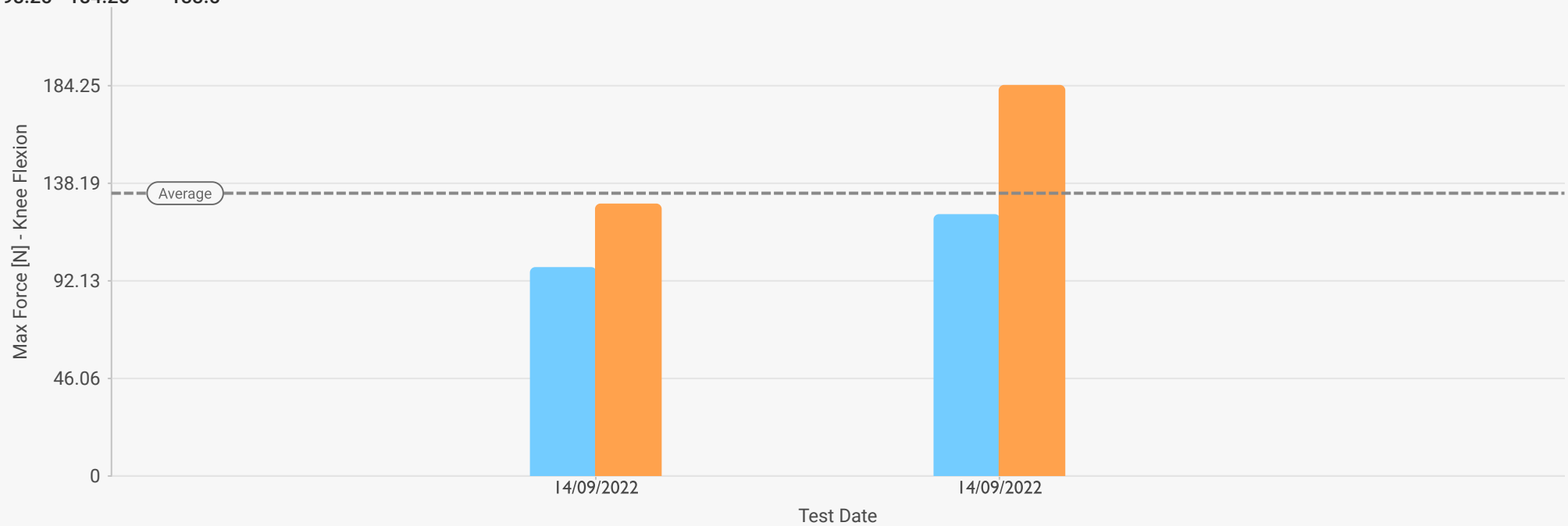




## Knee Flexion Max Force [N] - Knee Flexion

Range      Average

98.25 - 184.25      133.5

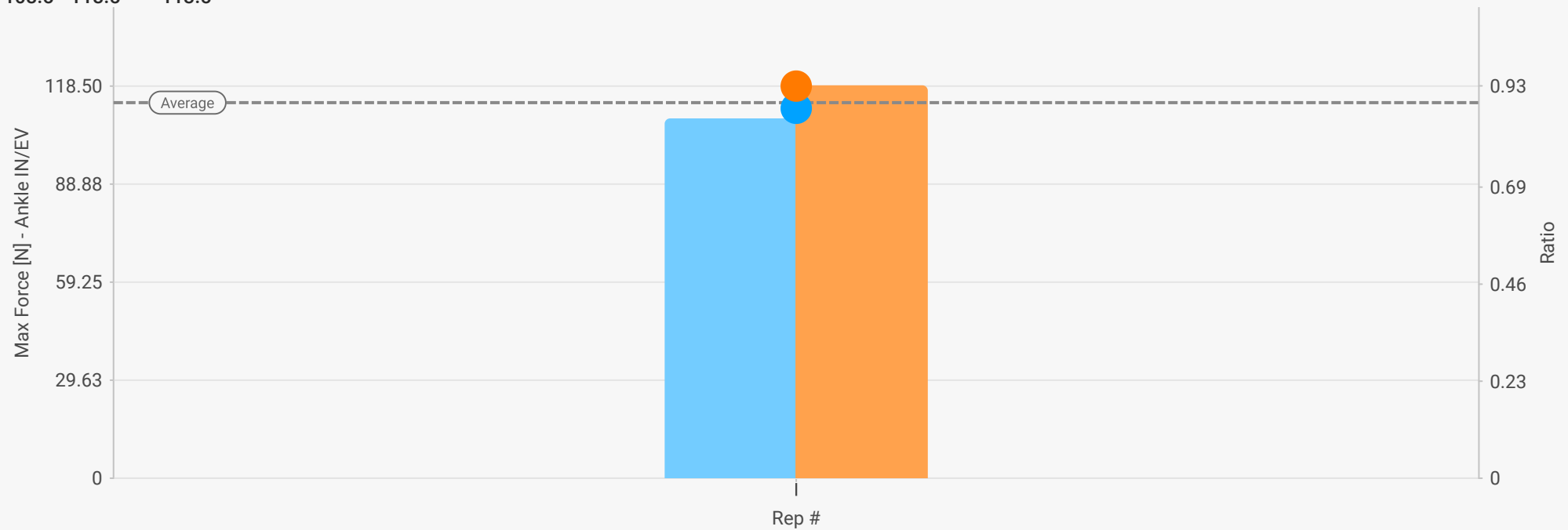




## Inversion Max Force [N] - Ankle IN/EV

Range      Average

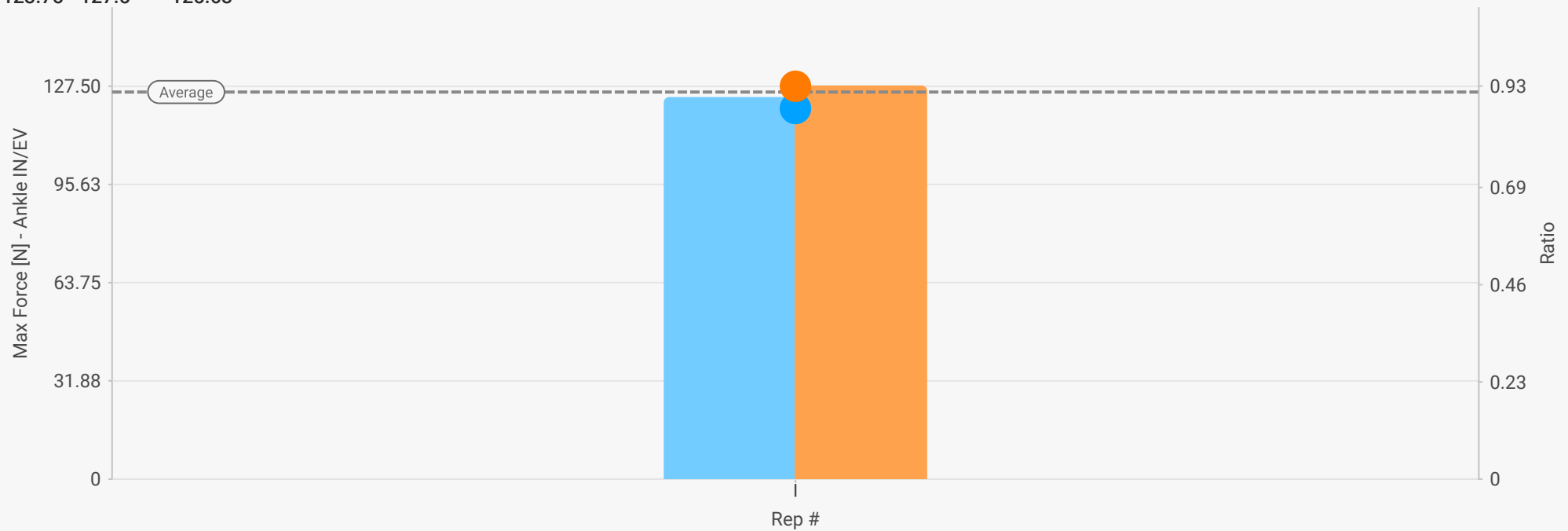
108.5 - 118.5      113.5





## Eversion Max Force [N] - Ankle IN/EV

Range      Average  
123.75 - 127.5      125.63



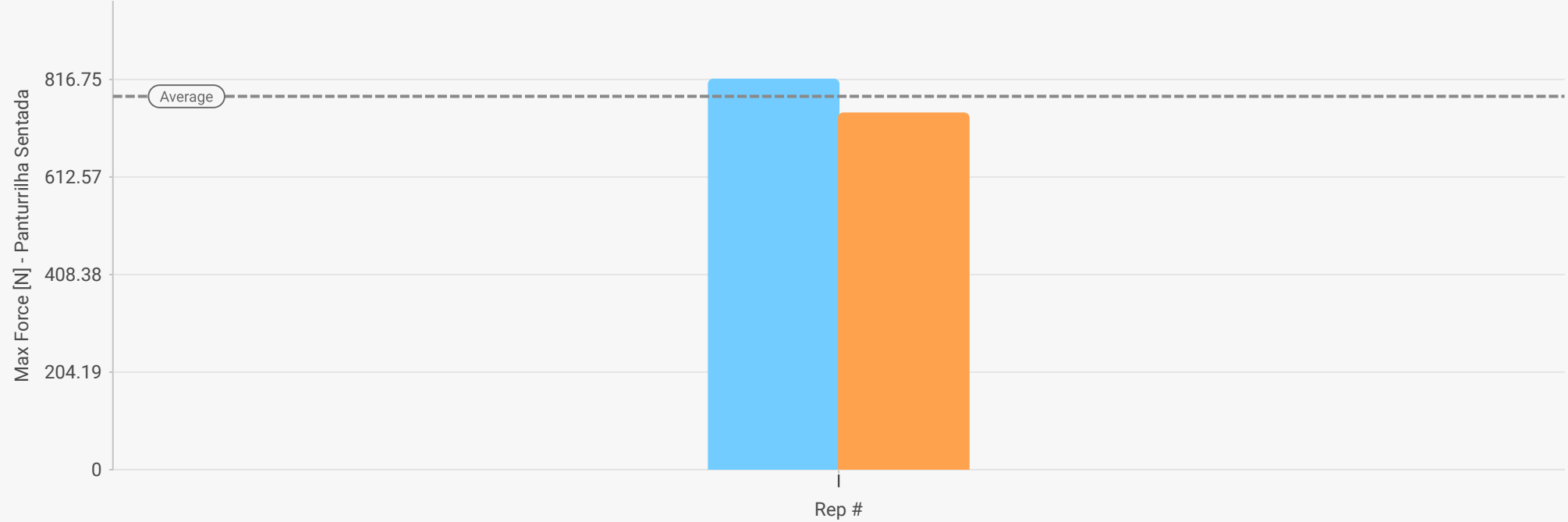


## Max Force [N] - Panturrilha Sentada

Range      Average

746 - 816.75

781.38

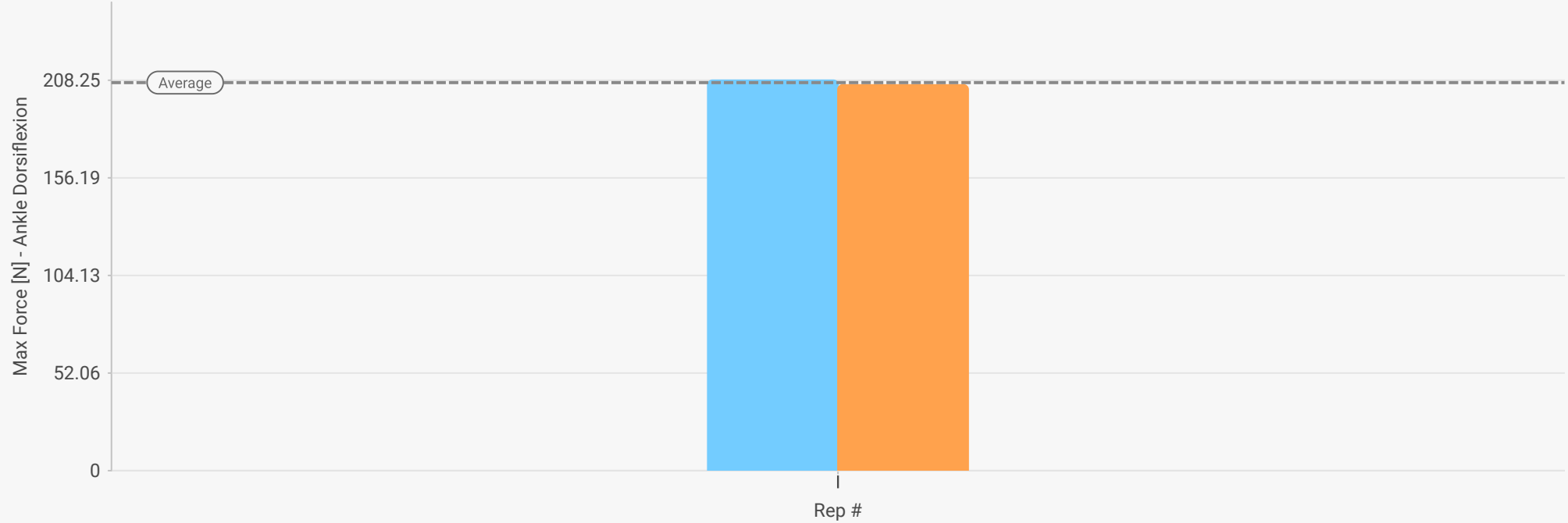




## Dorsiflexion Max Force [N] - Ankle Dorsiflexion

Range      Average

205.75 - 208.25      207





## External Rotation Asymmetry [%] - Hip IR/ER

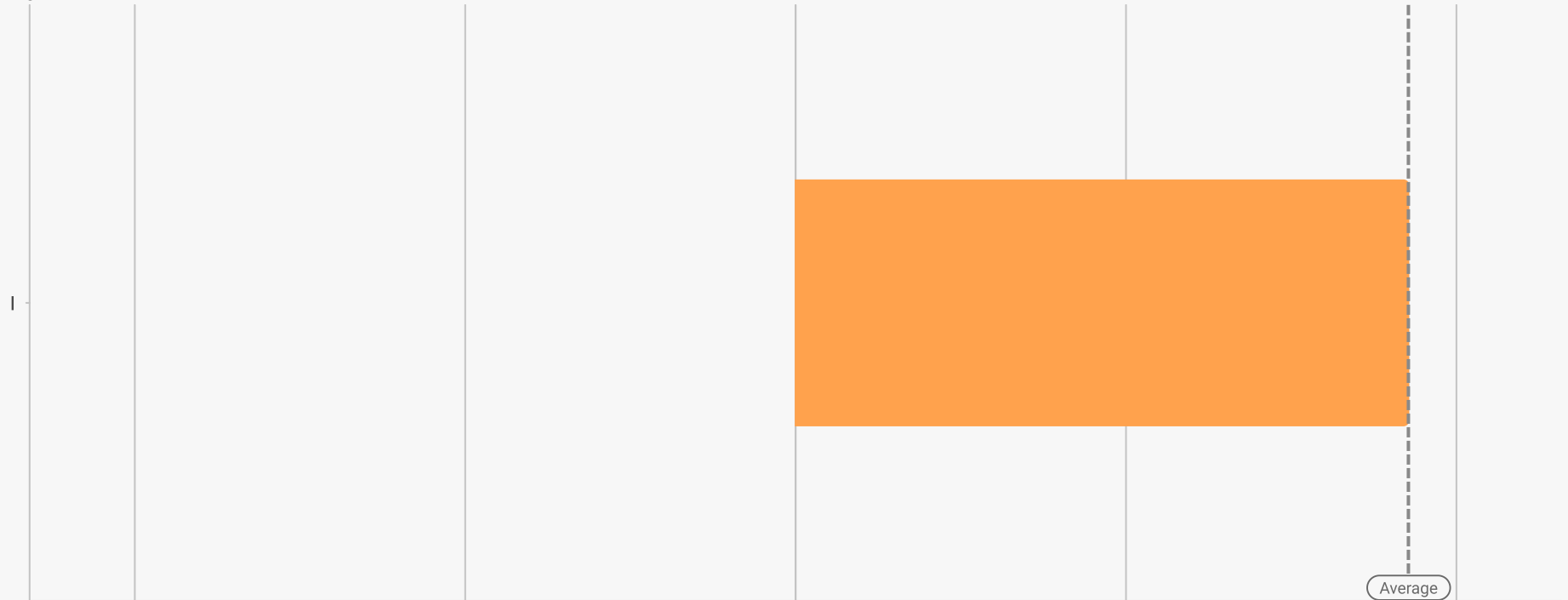
Range

Average

4.64 L - 4.64 R

4.64 R

Rep #





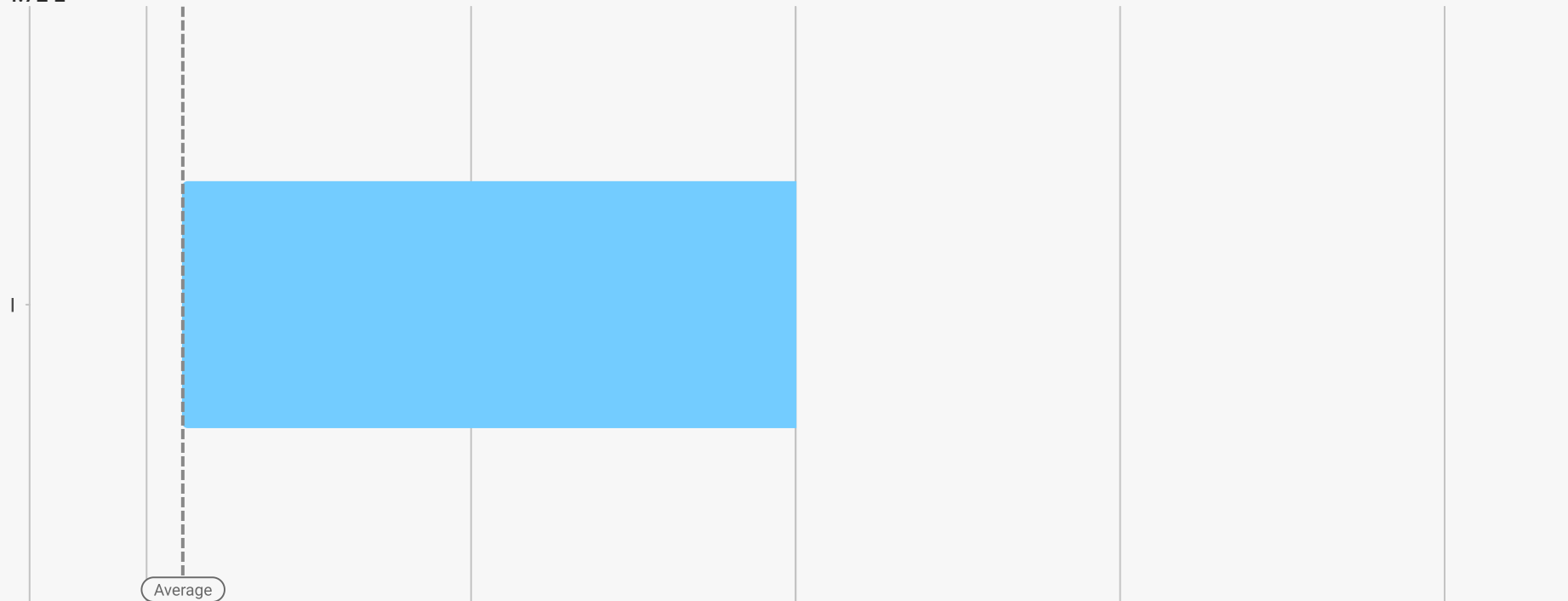
## Internal Rotation Asymmetry [%] - Hip IR/ER

Range      Average

4.72 L - 4.72 R

4.72 L

Rep #





## Extension Asymmetry [%] - Hip Extension

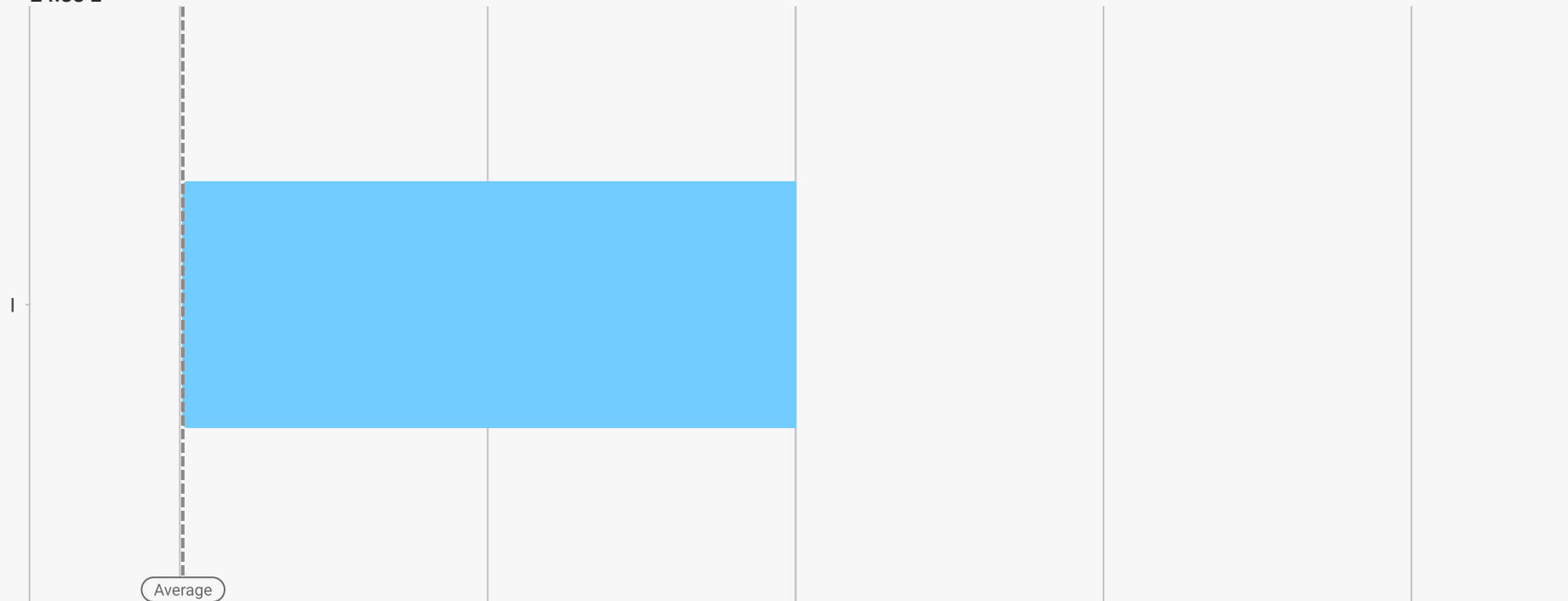
Range

Average

24.88 L - 24.88 R

24.88 L

Rep #







## Flexion Asymmetry [%] - Hip Flexion

Range

Average

12.74 L - 0.46 R

6.14 L

Test Date

14/09/2022

14/09/2022

Average



## Adduction Asymmetry [%] - Hip AD/AB

Range      Average

0 L - 0 R      0 R

Rep #





## Abduction Asymmetry [%] - Hip AD/AB

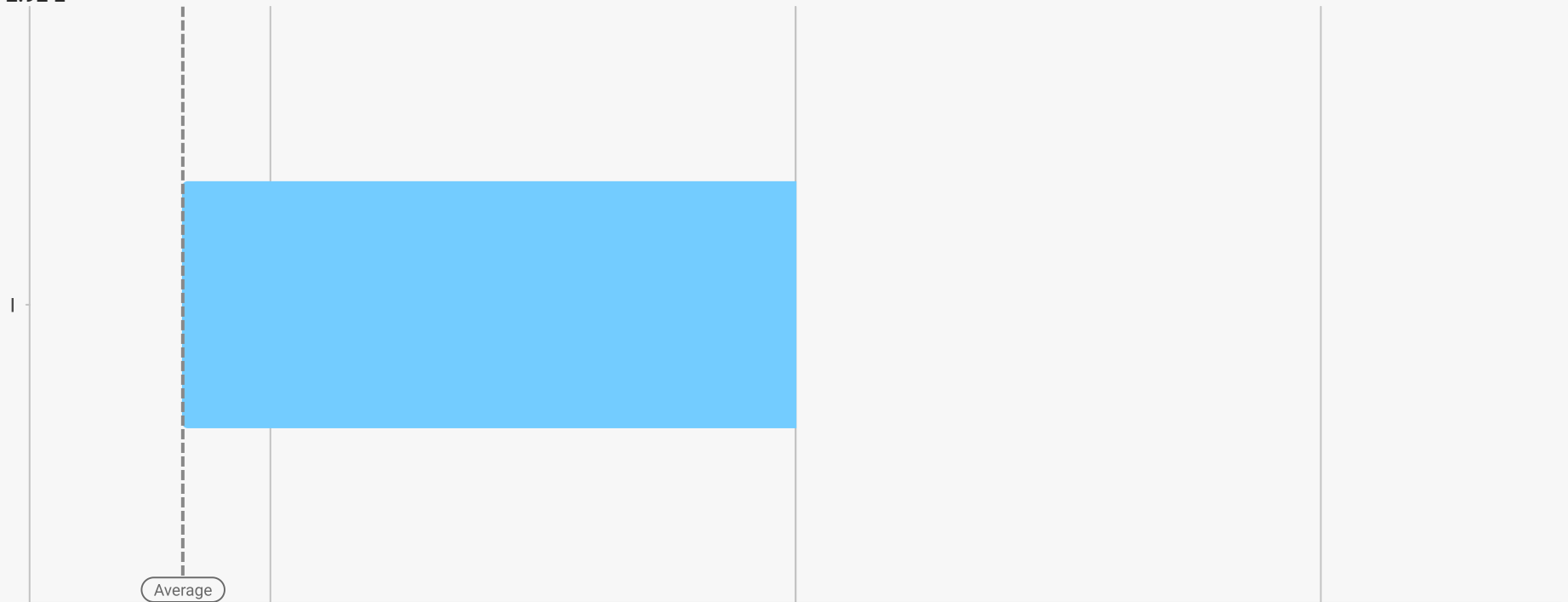
Range

2.92 L - 2.92 R

Average

2.92 L

Rep #





## Knee Flexion Asymmetry [%] - Knee Flexion

Range

Average

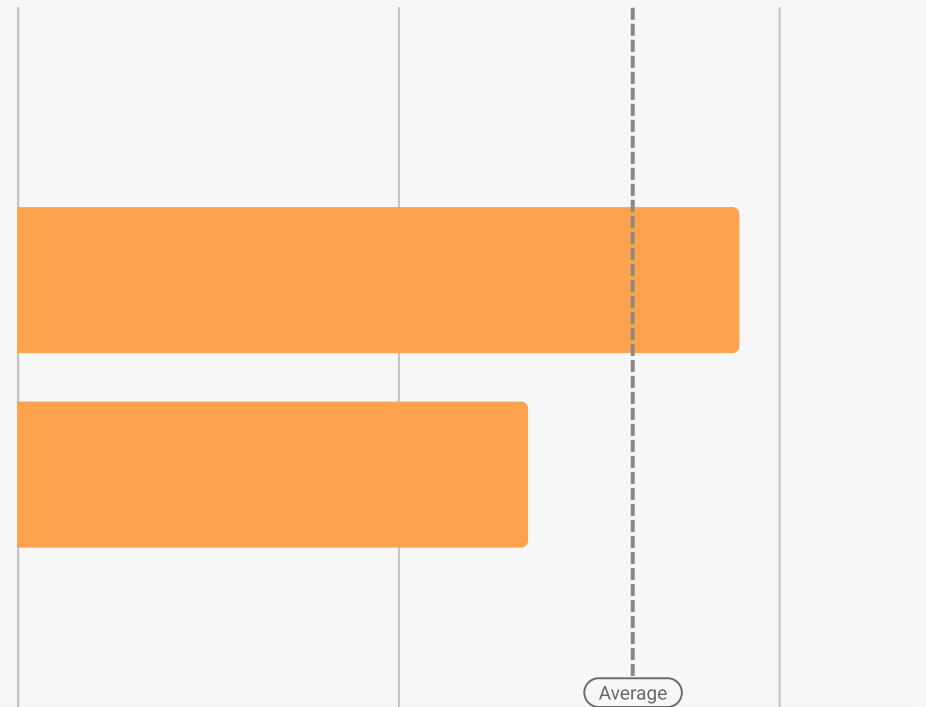
23.39 L - 33.11 R

28.25 R

Test Date

14/09/2022

14/09/2022





## Inversion Asymmetry [%] - Ankle IN/EV

Range

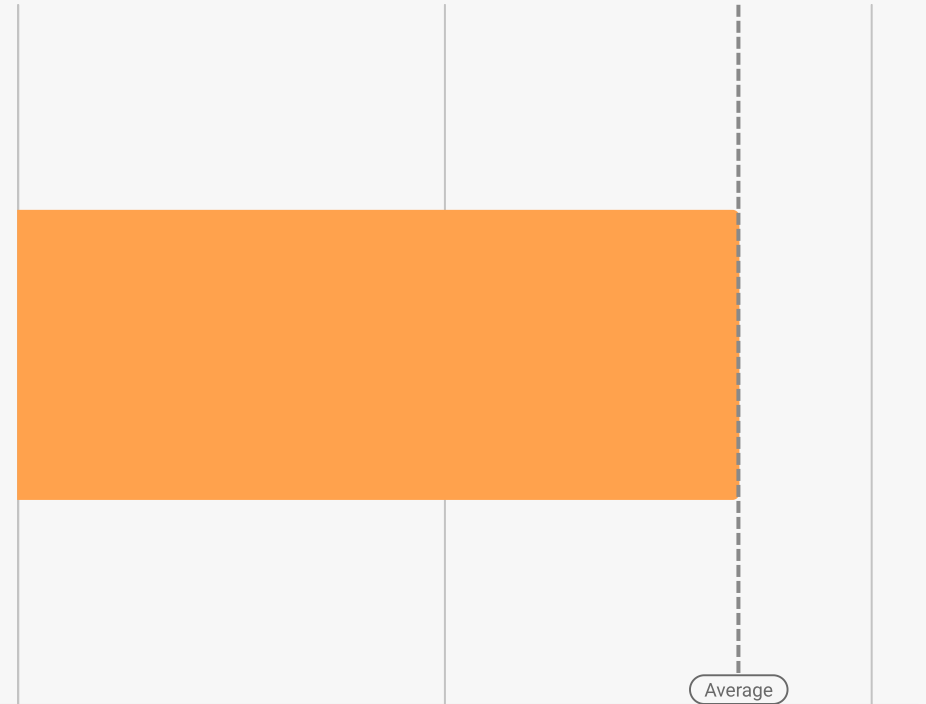
Average

8.44 L - 8.44 R

8.44 R

Rep #

1





## Eversion Asymmetry [%] - Ankle IN/EV

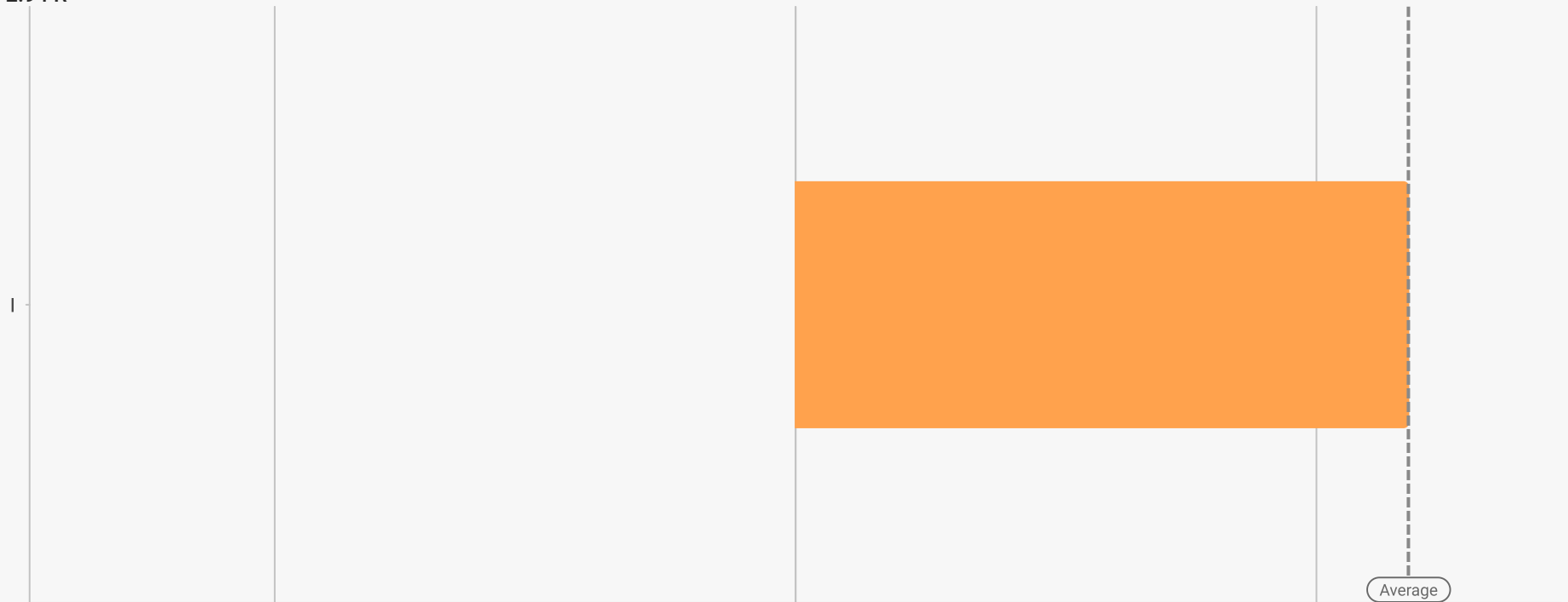
Range

Average

2.94 L - 2.94 R

2.94 R

Rep #





## Asymmetry [%] - Panturrilha Sentada

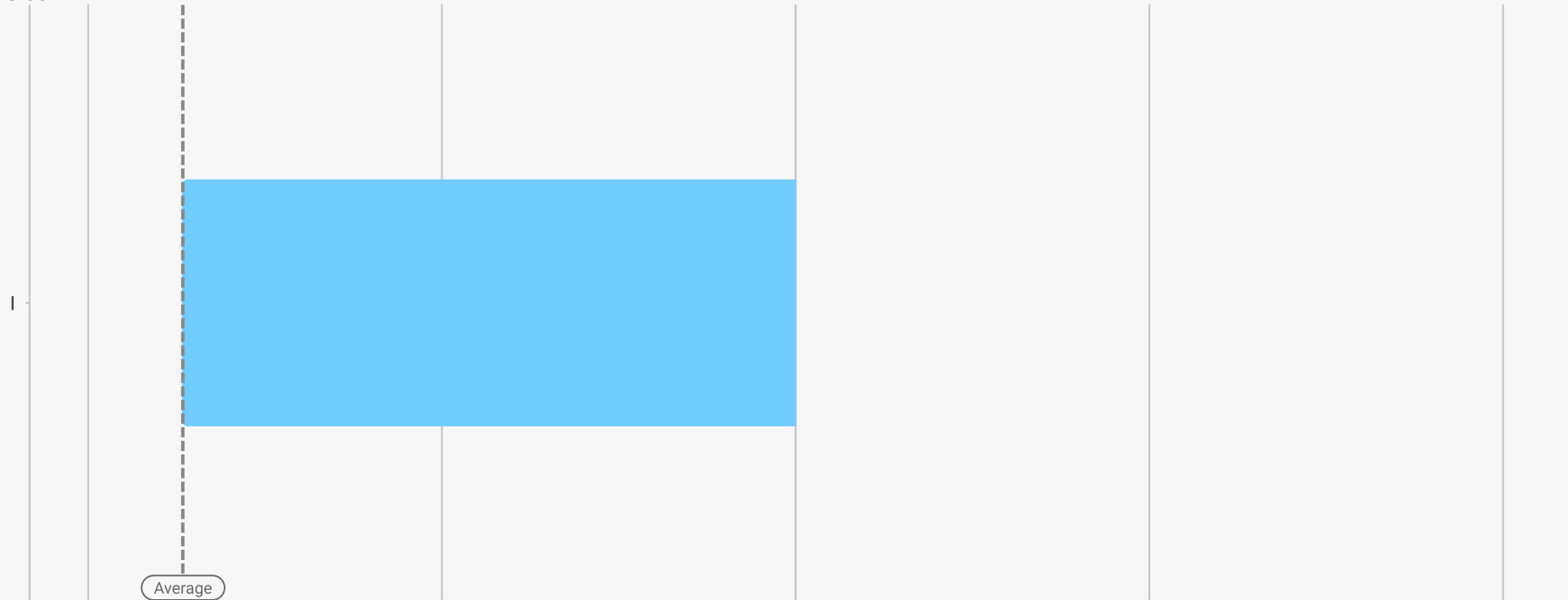
Range

Average

8.66 L - 8.66 R

8.66 L

Rep #





## Dorsiflexion Asymmetry [%] - Ankle Dorsiflexion

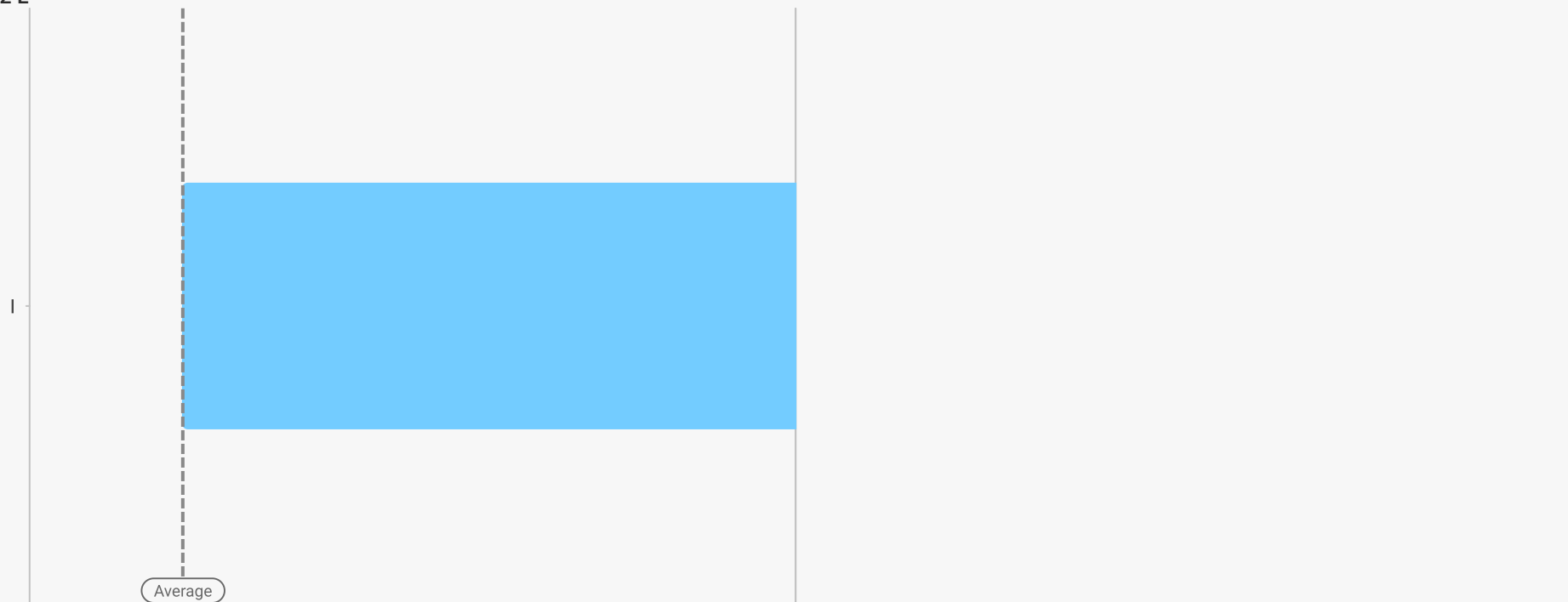
Range

Average

1.2 L - 1.2 R

1.2 L

Rep #

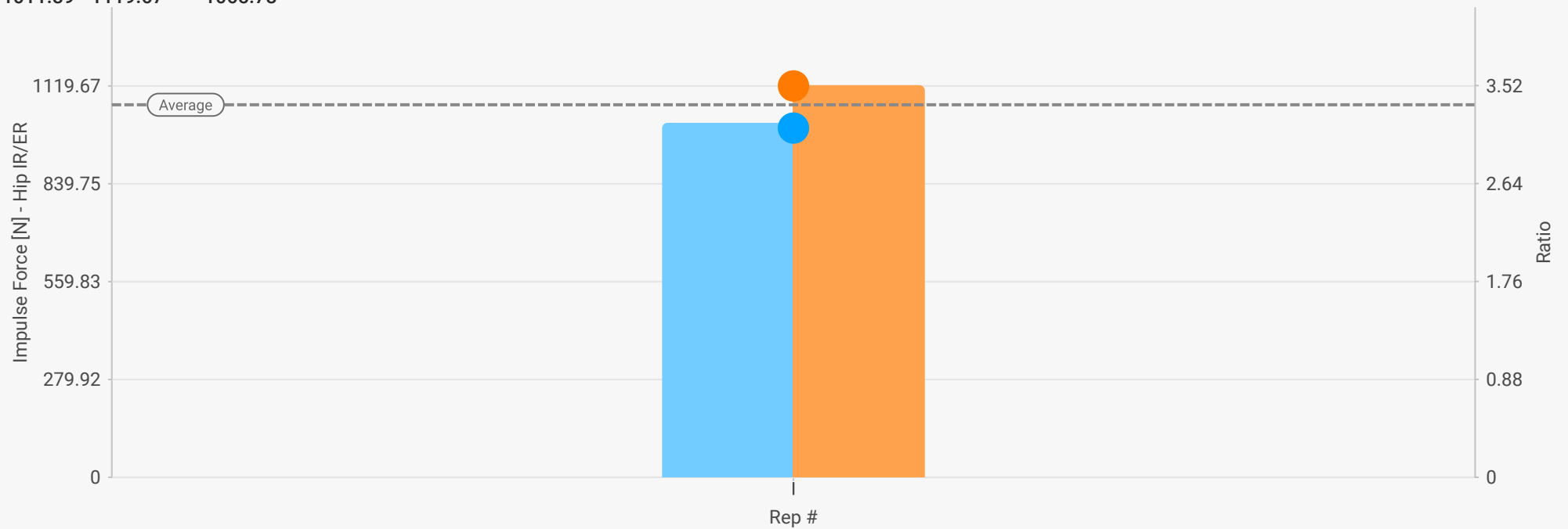






## External Rotation Impulse Force [N] - Hip IR/ER

Range      Average  
1011.89 - 1119.67      1065.78

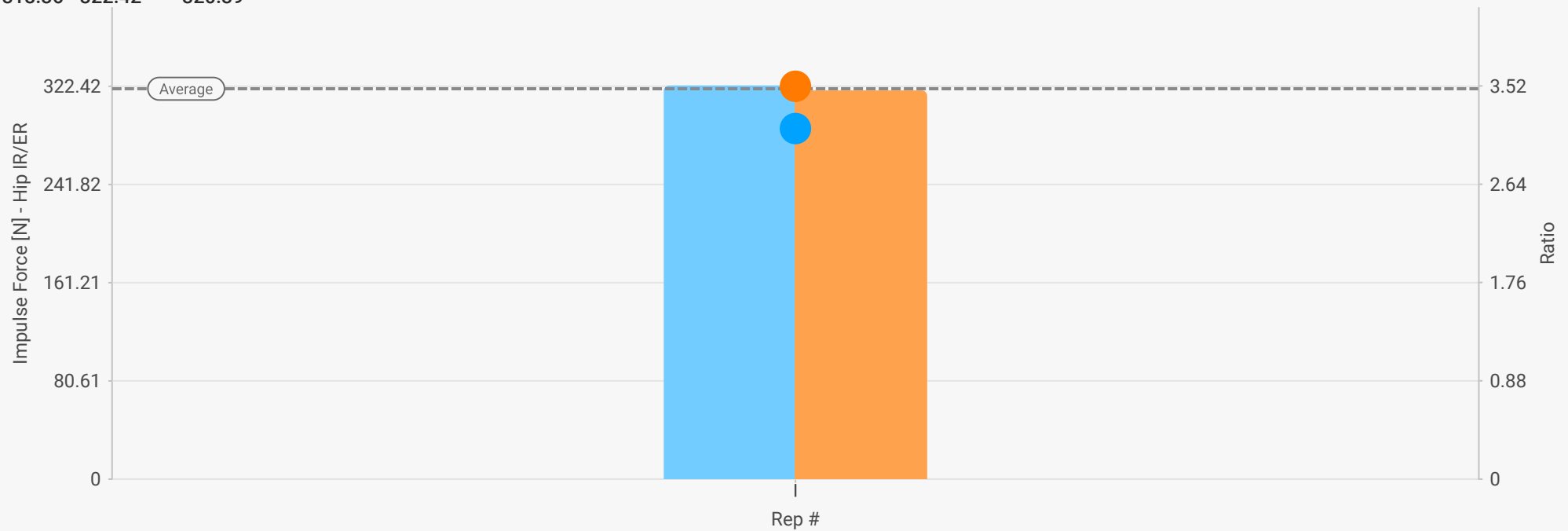




## Internal Rotation Impulse Force [N] - Hip IR/ER

Range      Average

318.36 - 322.42      320.39

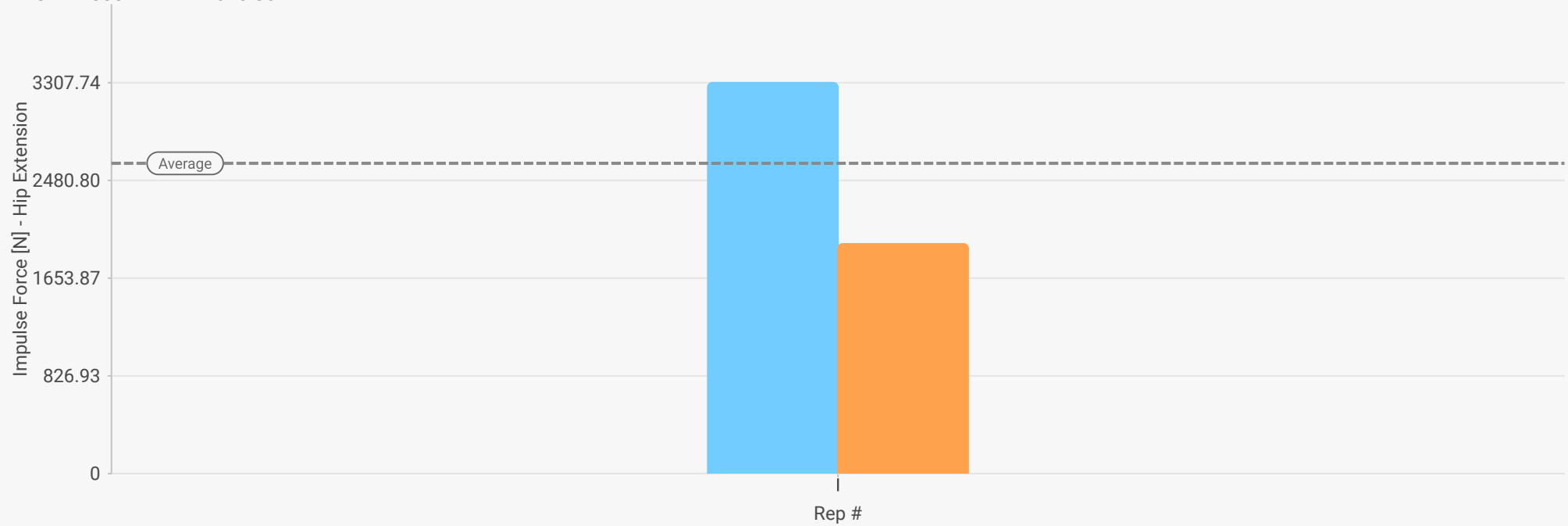




## Extension Impulse Force [N] - Hip Extension

Range      Average

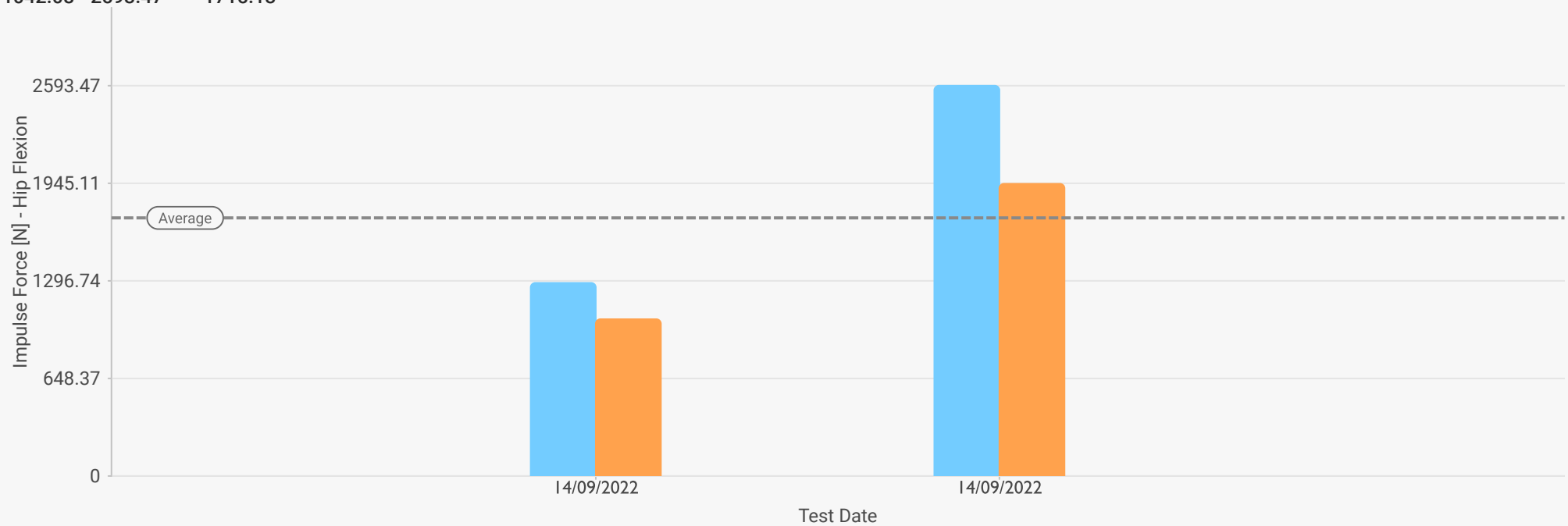
1943.99 - 3307.74      2625.86





## Flexion Impulse Force [N] - Hip Flexion

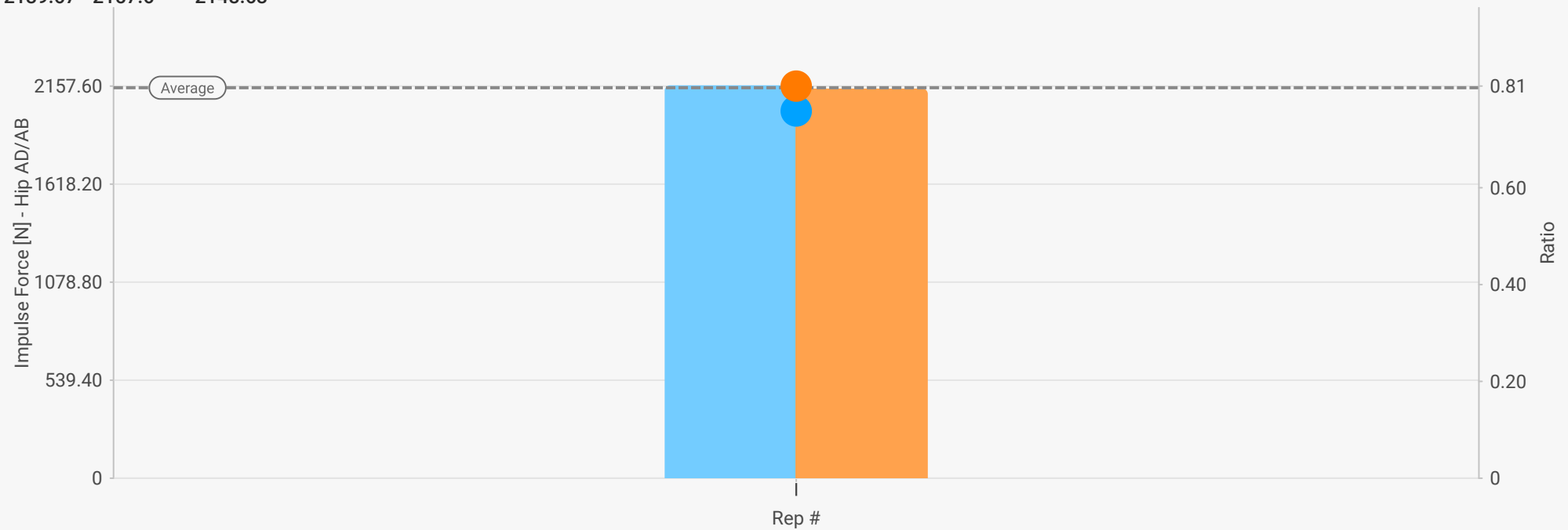
Range      Average  
1042.08 - 2593.47      1715.13





## Adduction Impulse Force [N] - Hip AD/AB

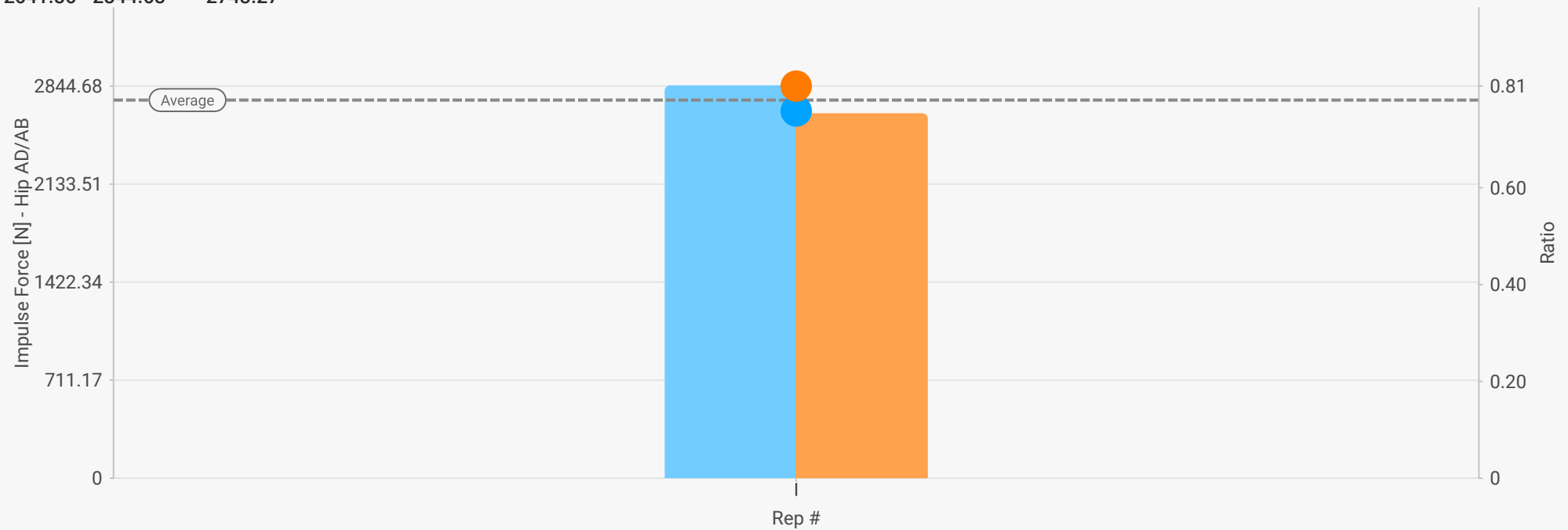
Range      Average  
2139.67 - 2157.6      2148.63





## Abduction Impulse Force [N] - Hip AD/AB

Range      Average  
2641.86 - 2844.68      2743.27

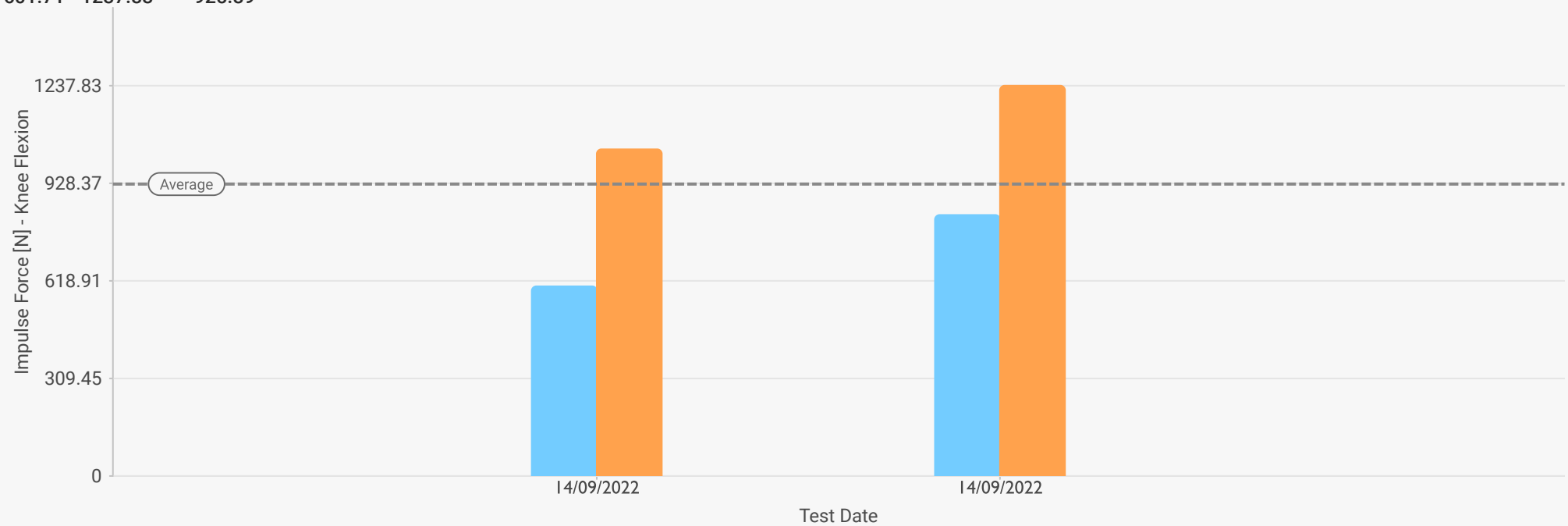




## Knee Flexion Impulse Force [N] - Knee Flexion

Range      Average

601.71 - 1237.83      925.89

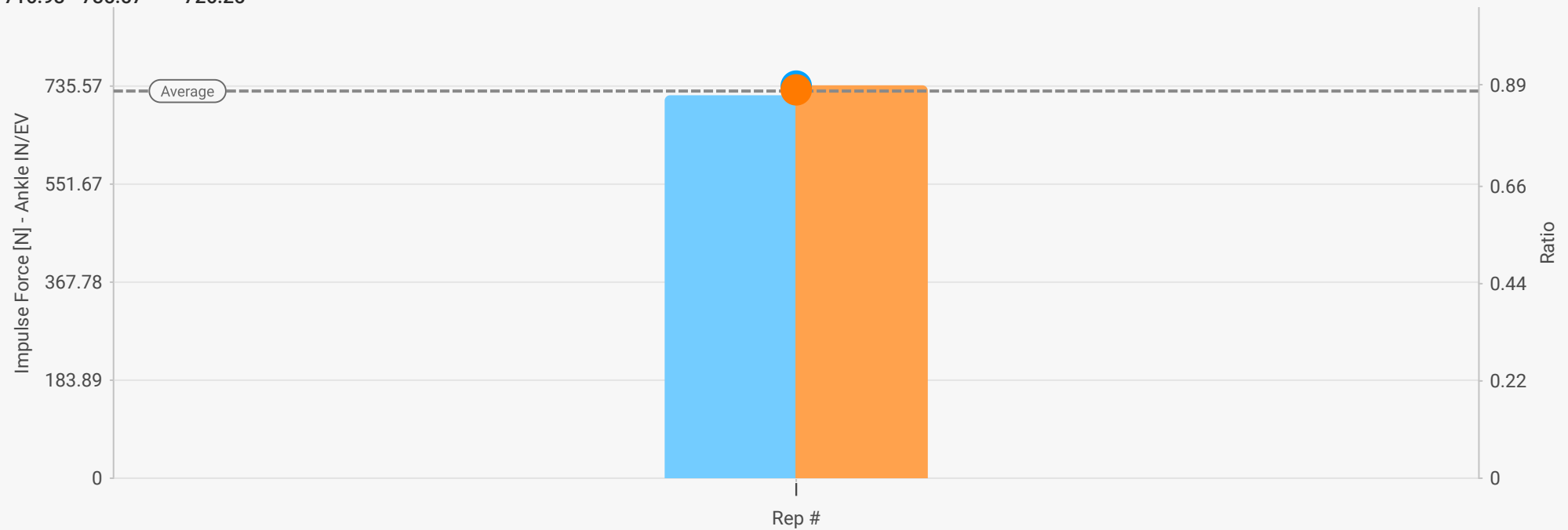




## Inversion Impulse Force [N] - Ankle IN/EV

Range      Average

716.93 - 735.57      726.25



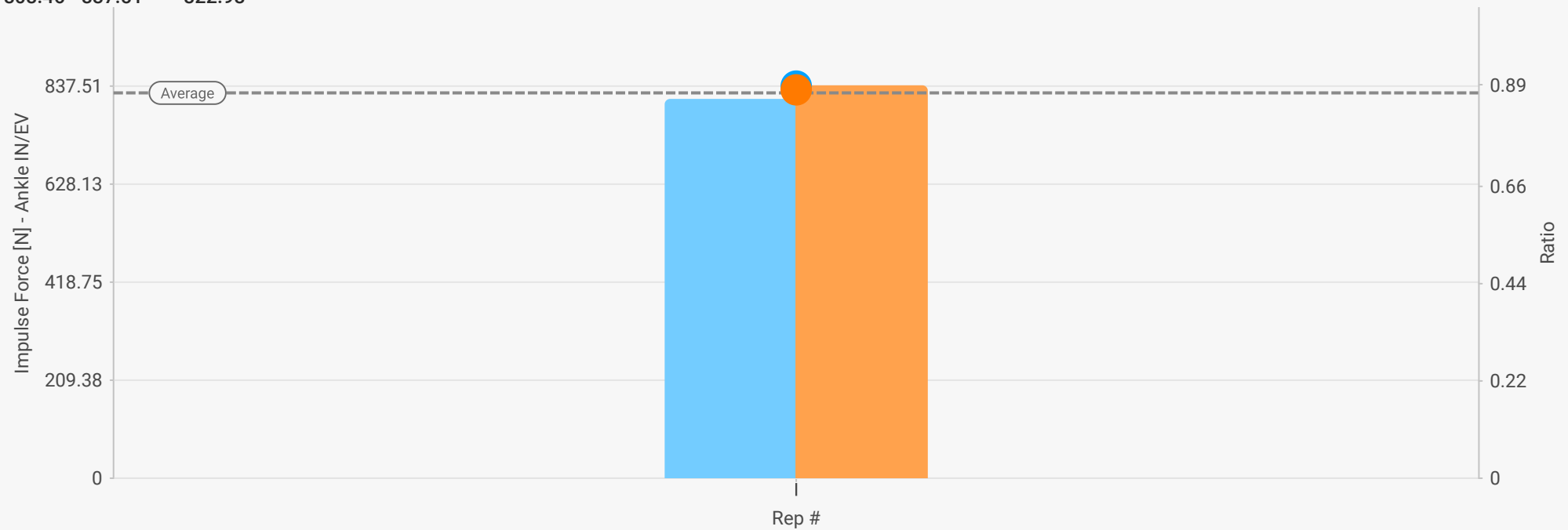




## Eversion Impulse Force [N] - Ankle IN/EV

Range      Average

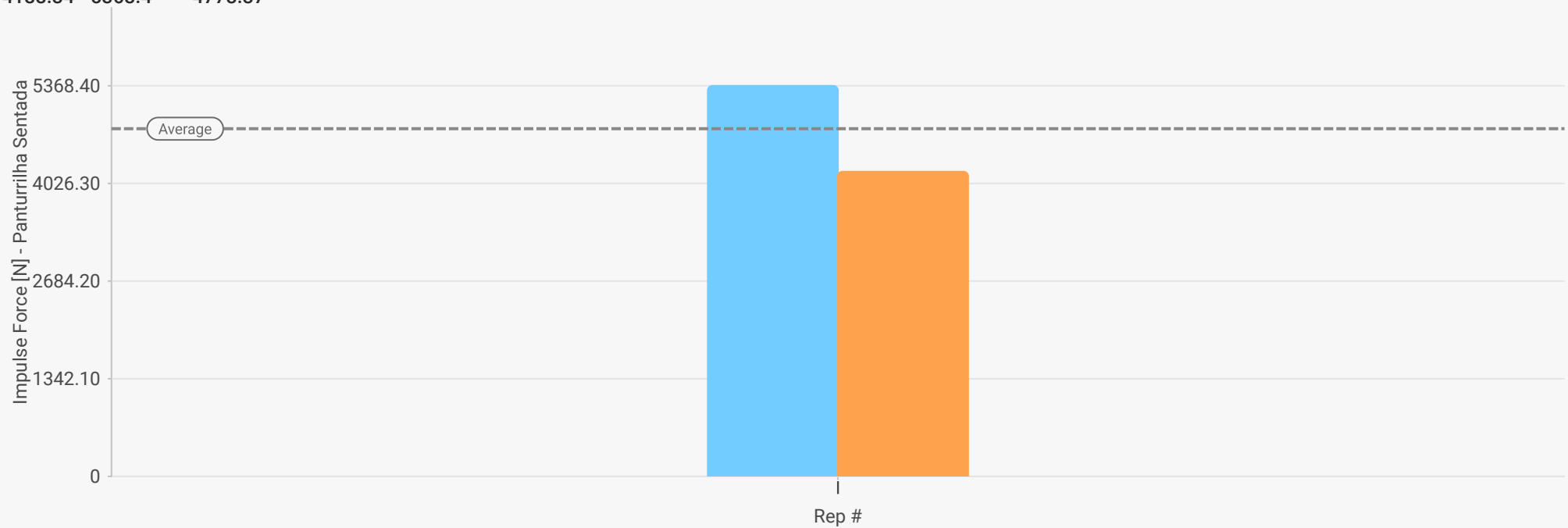
808.46 - 837.51      822.98





## Impulse Force [N] - Panturrilha Sentada

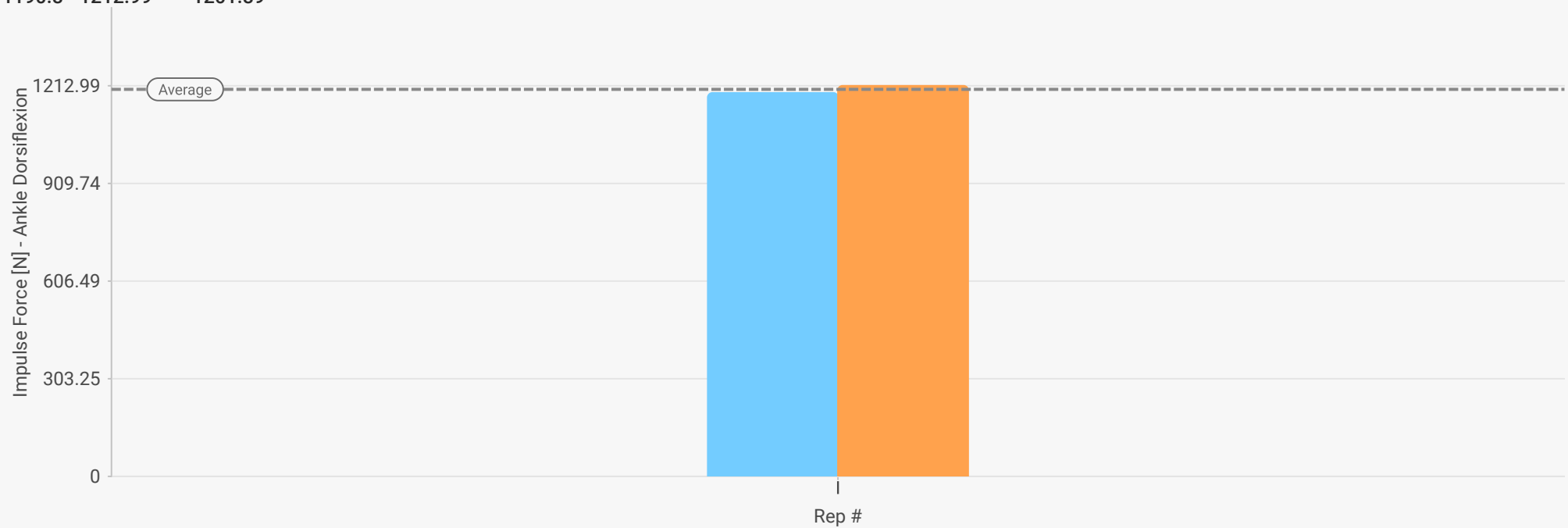
Range      Average  
4188.34 - 5368.4      4778.37





## Dorsiflexion Impulse Force [N] - Ankle Dorsiflexion

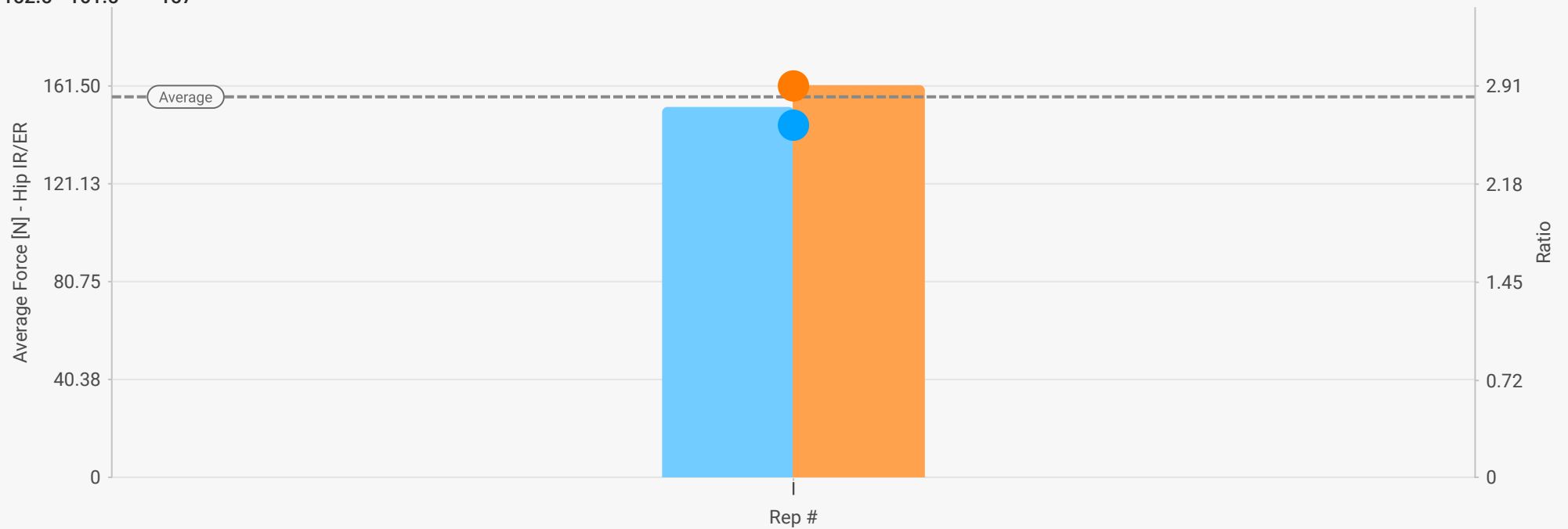
Range      Average  
1190.8 - 1212.99      1201.89





## External Rotation Average Force [N] - Hip IR/ER

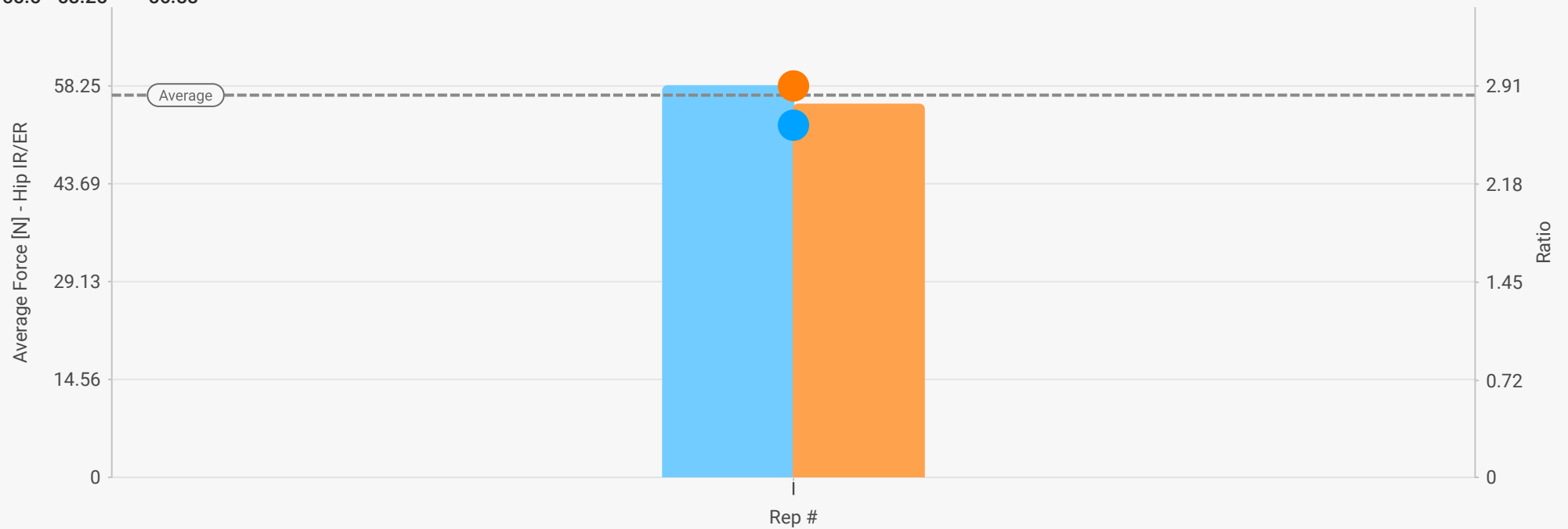
Range      Average  
152.5 - 161.5      157





## Internal Rotation Average Force [N] - Hip IR/ER

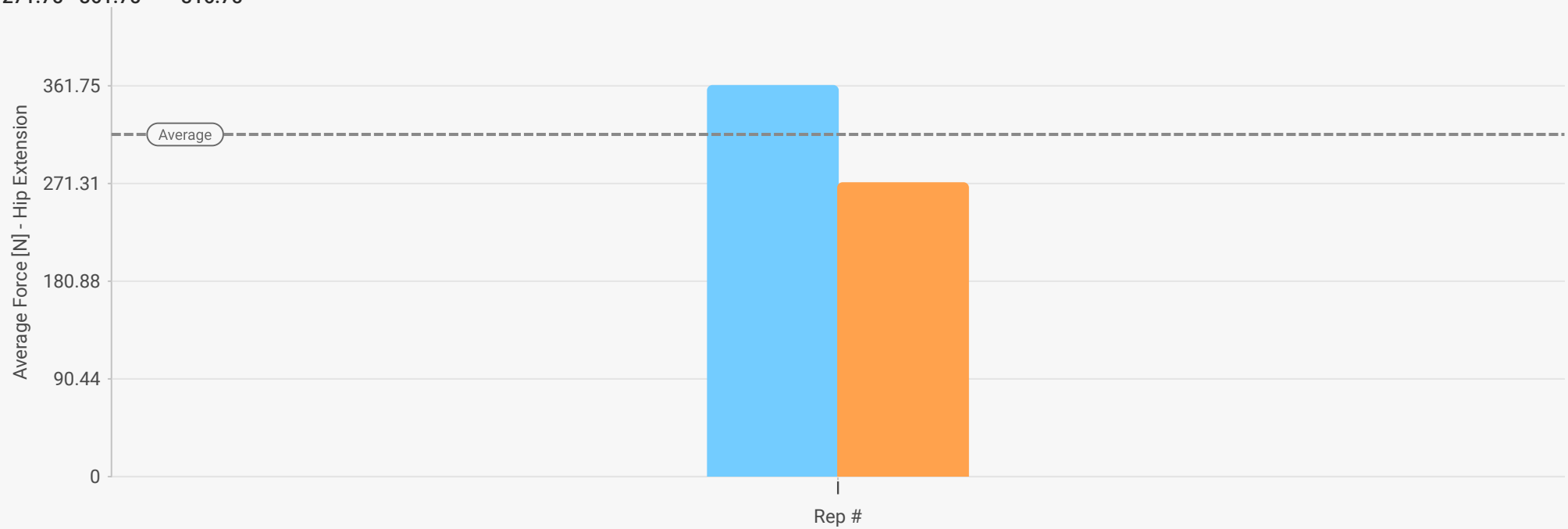
Range      Average  
55.5 - 58.25      56.88





## Extension Average Force [N] - Hip Extension

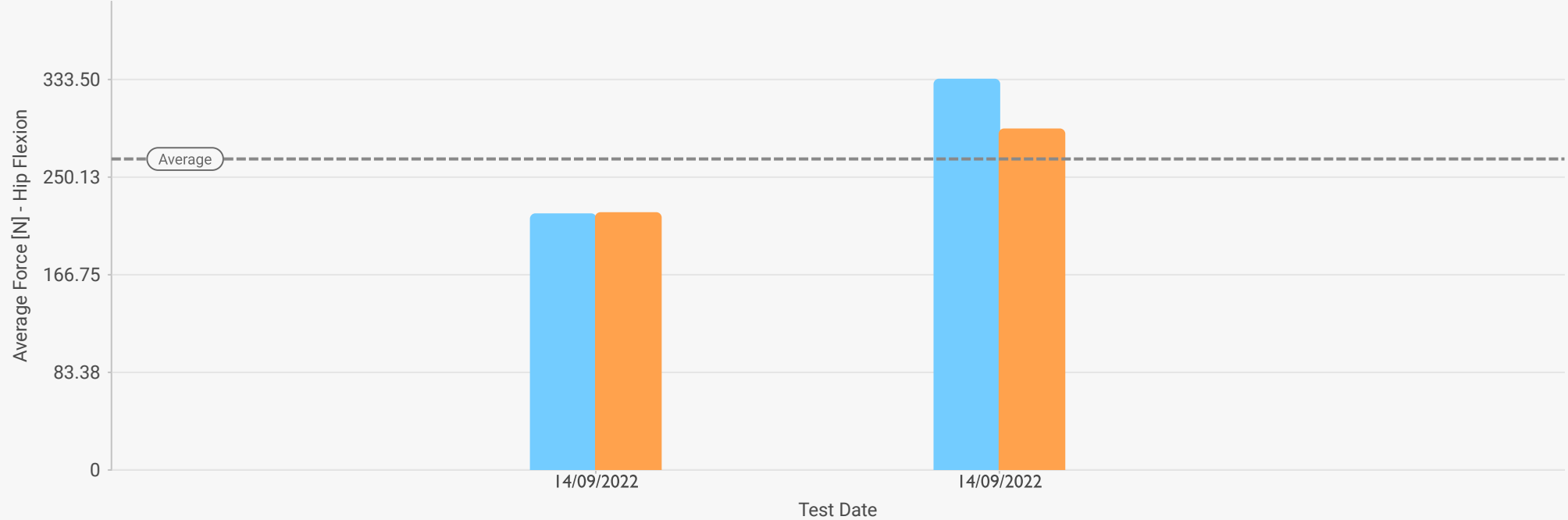
Range      Average  
271.75 - 361.75      316.75





## Flexion Average Force [N] - Hip Flexion

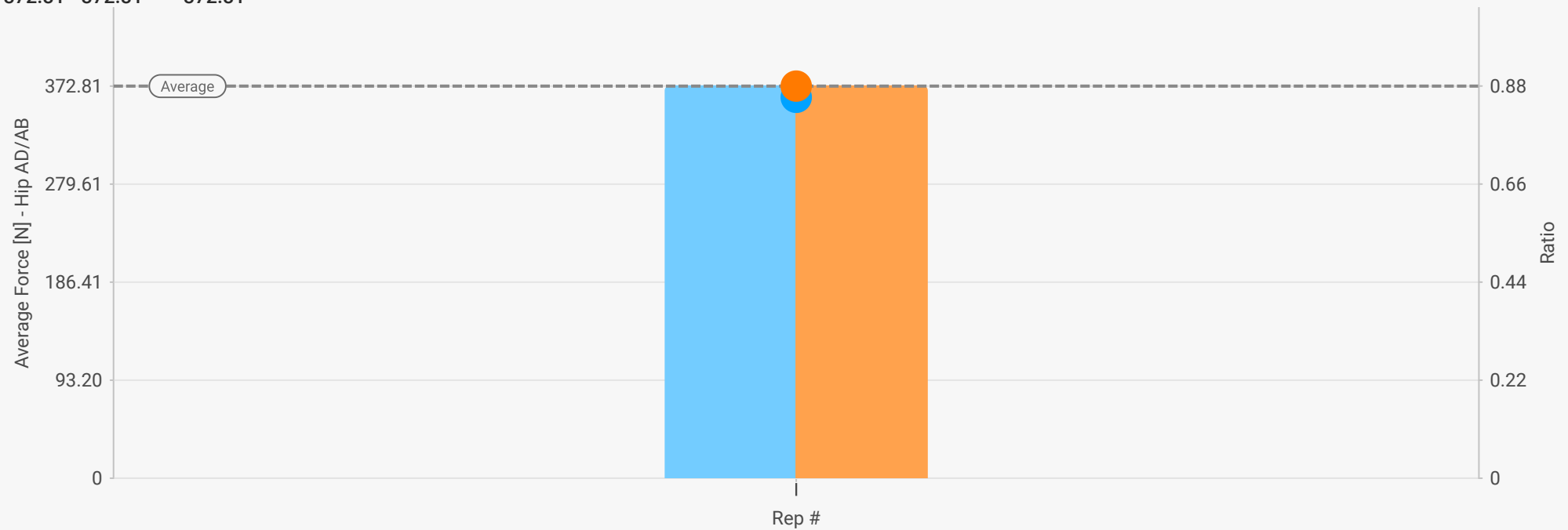
Range      Average  
218.5 - 333.5      265.63





## Adduction Average Force [N] - Hip AD/AB

Range      Average  
372.81 - 372.81      372.81



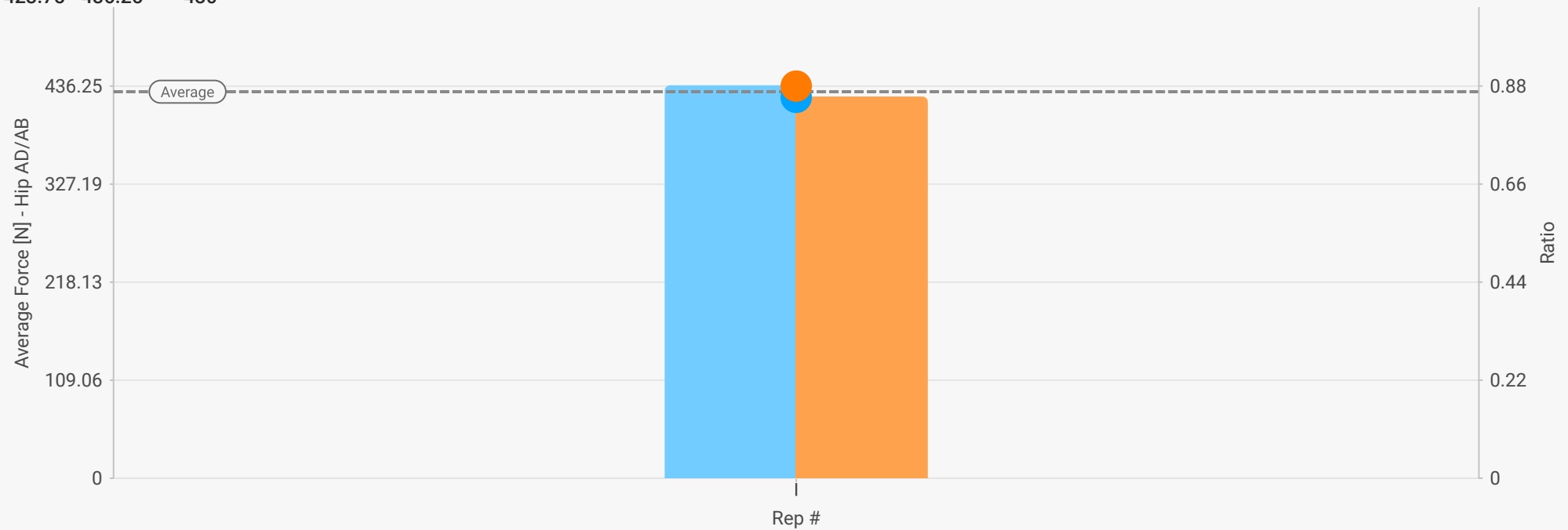




## Abduction Average Force [N] - Hip AD/AB

Range      Average

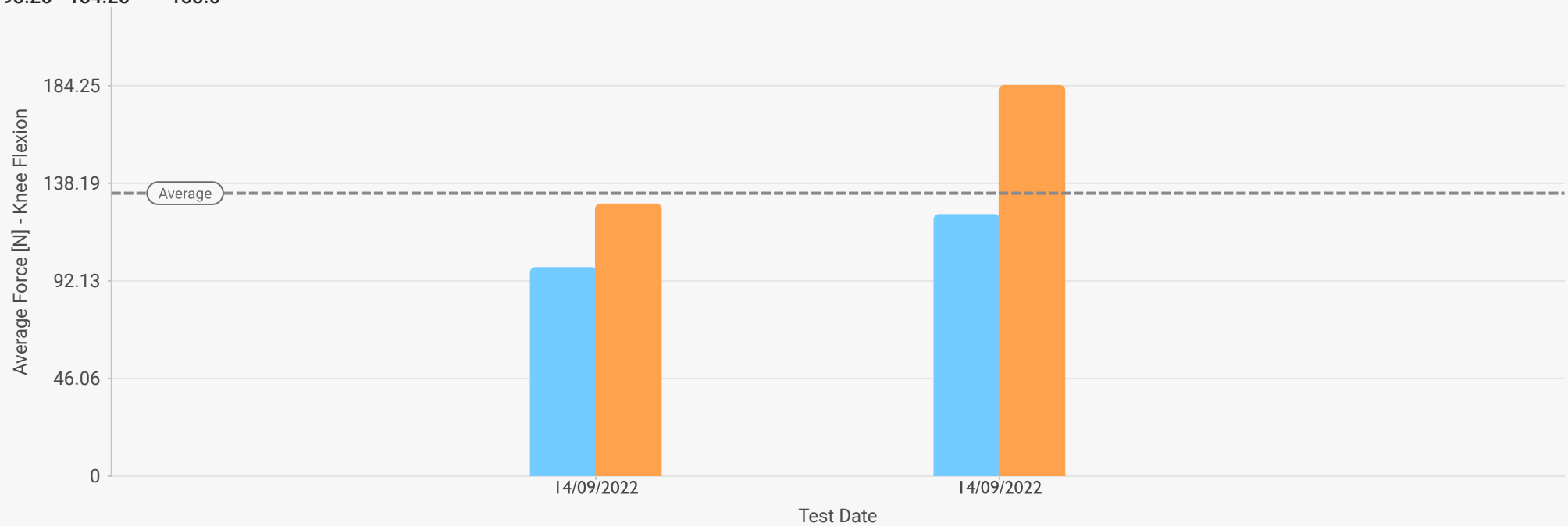
423.75 - 436.25      430





## Knee Flexion Average Force [N] - Knee Flexion

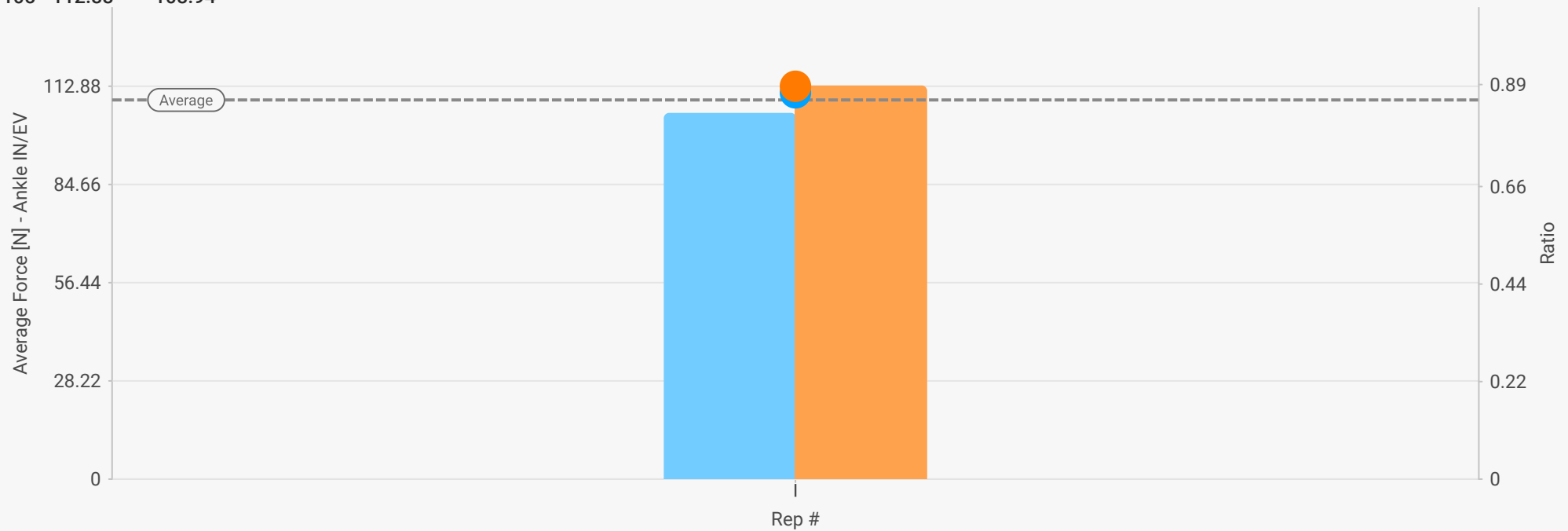
Range      Average  
98.25 - 184.25      133.5





## Inversion Average Force [N] - Ankle IN/EV

Range      Average  
105 - 112.88      108.94

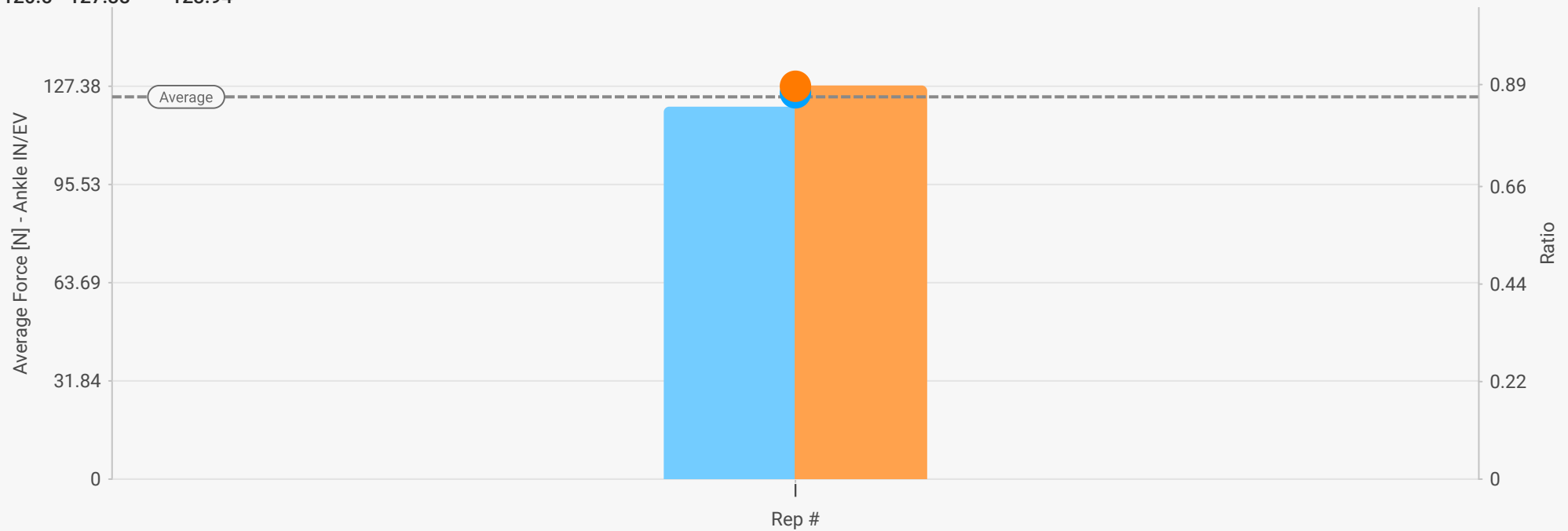




## Eversion Average Force [N] - Ankle IN/EV

Range      Average

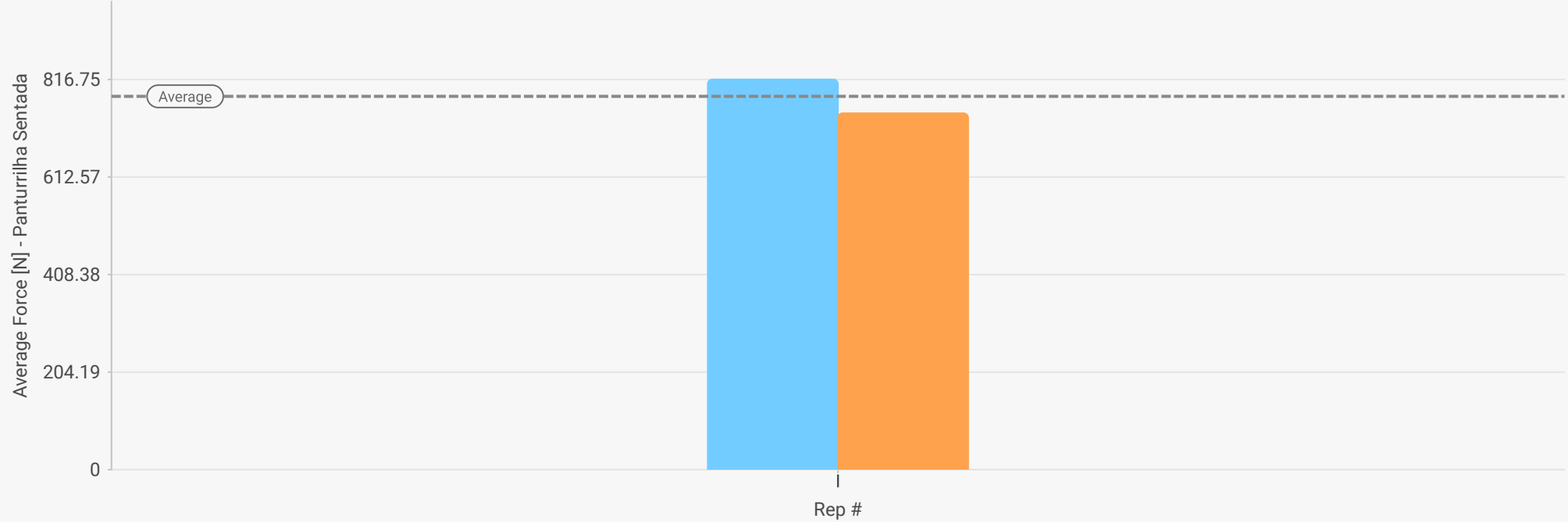
120.5 - 127.38      123.94





## Average Force [N] - Panturrilha Sentada

Range      Average  
746 - 816.75      781.38





## Dorsiflexion Average Force [N] - Ankle Dorsiflexion

Range      Average  
202.38 - 203.38      202.88

