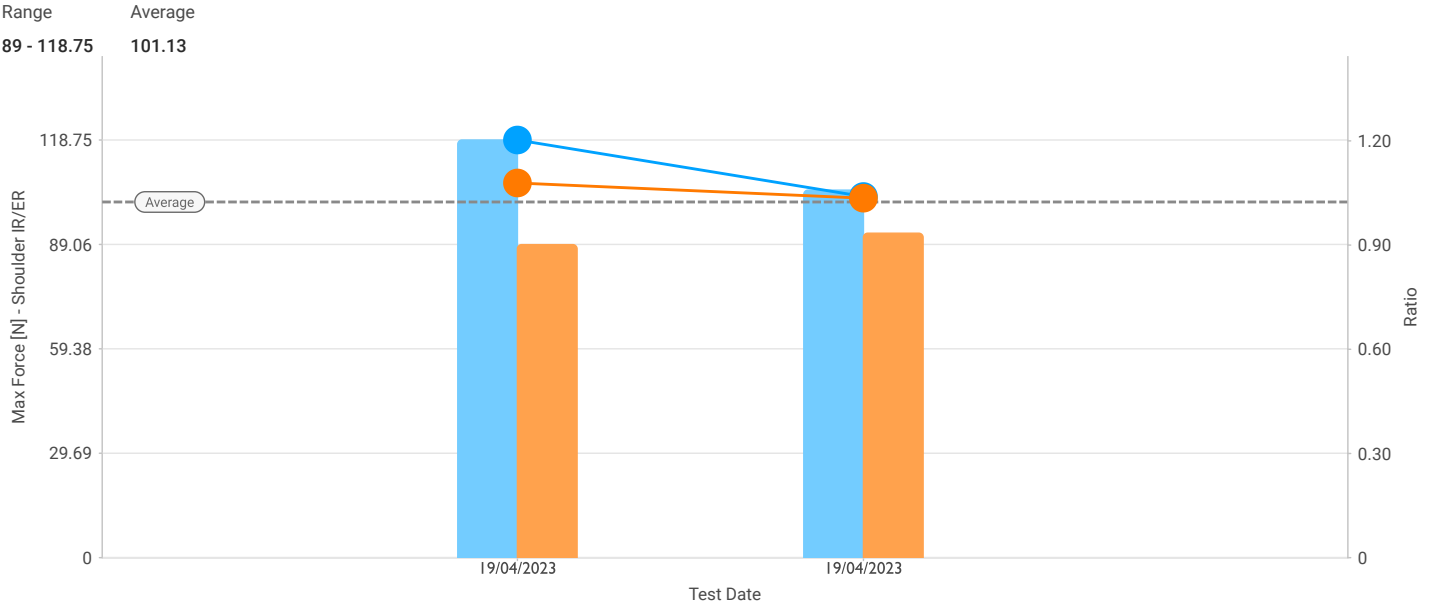




Tests (8)

Profile	Date	Test Type	Test Position	Reps
Adriana Silveira				
8 Tests				
	19/04/2023 4:37 PM	Shoulder IR/ER	Supine (90 Degrees AB)	IR 2 L / 2 R ER 2 L / 2 R
	19/04/2023 4:33 PM	Shoulder IR/ER	Supine (Neutral)	IR 2 L / 2 R ER 2 L / 2 R
	19/04/2023 4:25 PM	Shoulder Flexion	Prone	FLEX 2 L / 2 R
	19/04/2023 4:21 PM	Shoulder Extension	Prone	EXT 0 L / 0 R
	19/04/2023 4:19 PM	Shoulder Abduction	Side lying	AB 2 L / 1 R
	19/04/2023 4:15 PM	Shoulder Adduction	Side lying	AD 2 L / 2 R
	19/04/2023 4:12 PM	Elbow Extension	Seated	EXT 2 L / 2 R
	19/04/2023 4:09 PM	Elbow Flexion	Seated	FLEX 2 L / 2 R

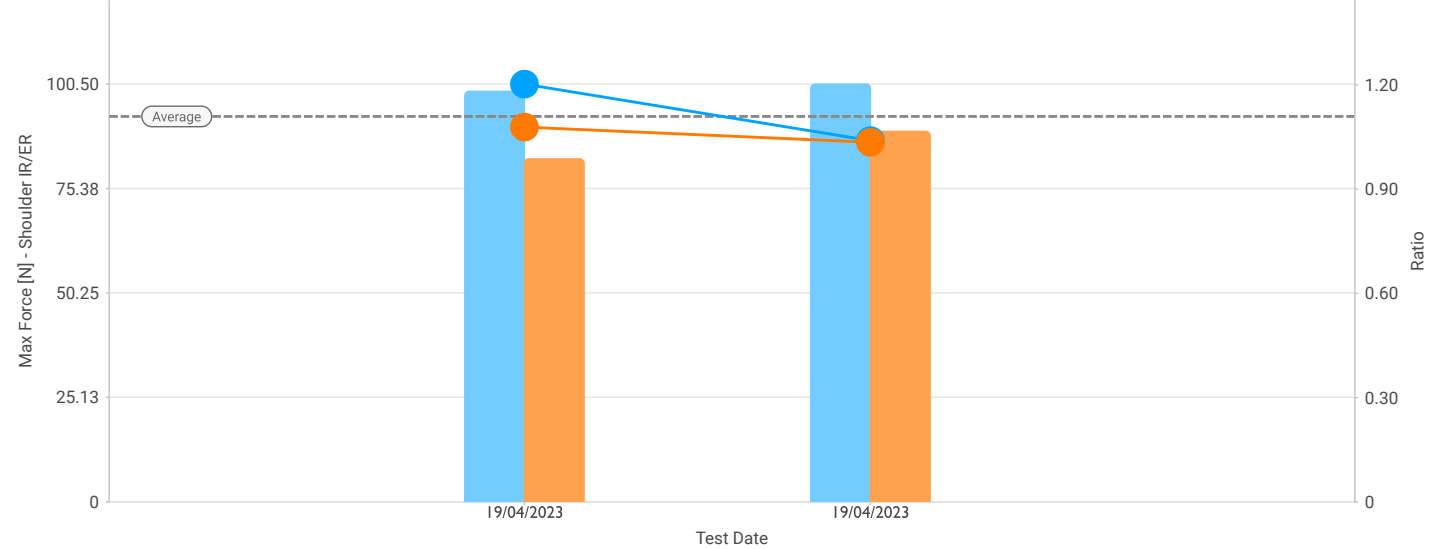
Internal Rotation Max Force [N] - Shoulder IR/ER





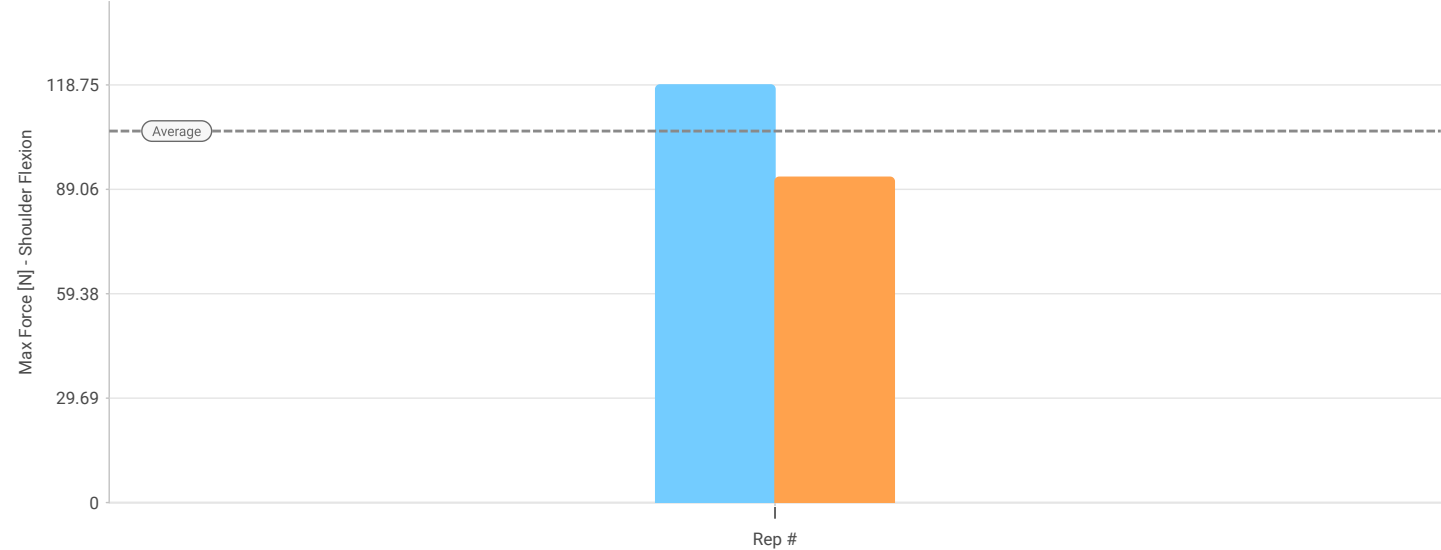
### External Rotation Max Force [N] - Shoulder IR/ER

Range      Average  
82.5 - 100.5      92.72



### Flexion Max Force [N] - Shoulder Flexion

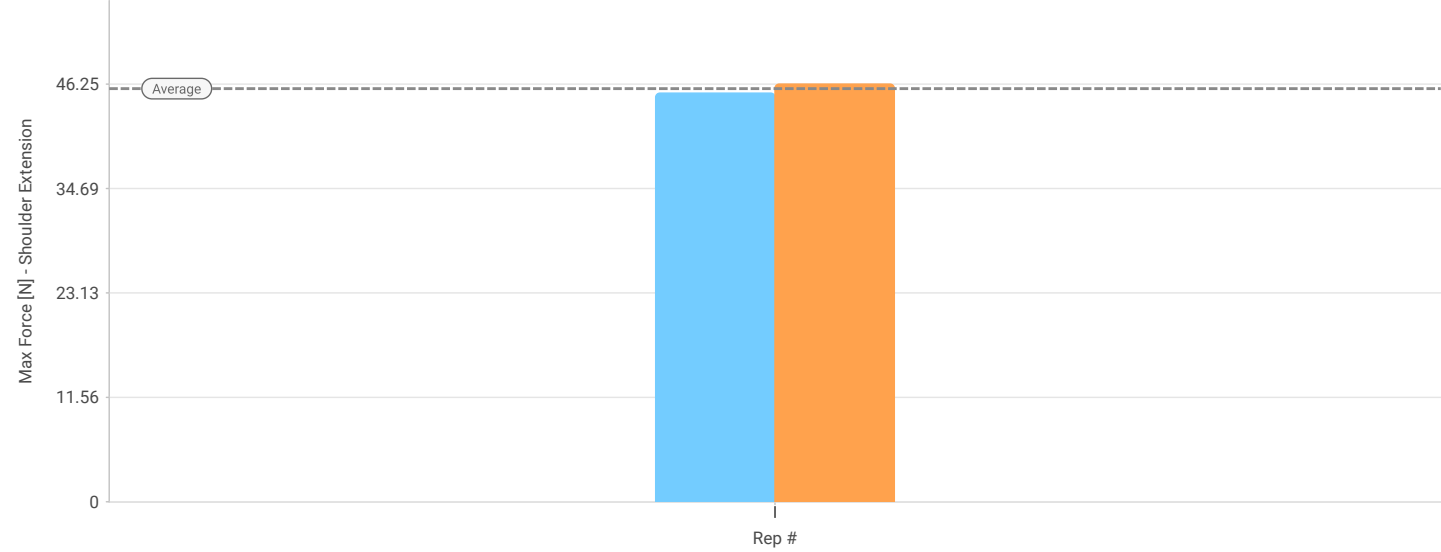
Range      Average  
92.5 - 118.75      105.63





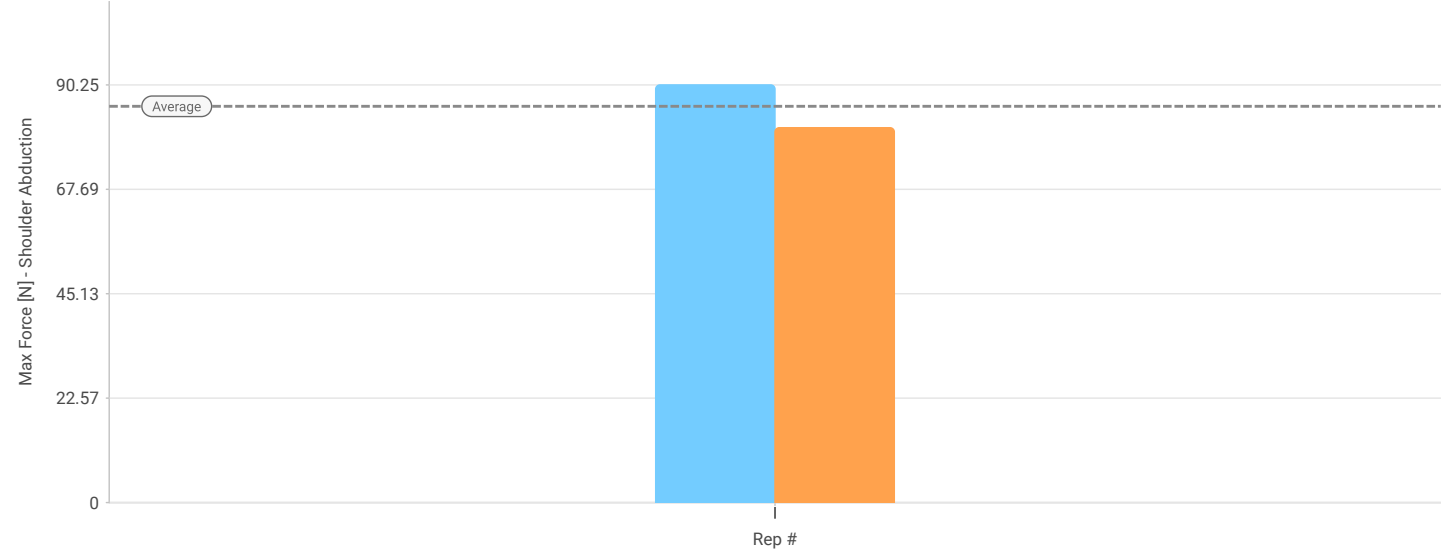
### Extension Max Force [N] - Shoulder Extension

Range      Average  
45.25 - 46.25      45.75



### Abduction Max Force [N] - Shoulder Abduction

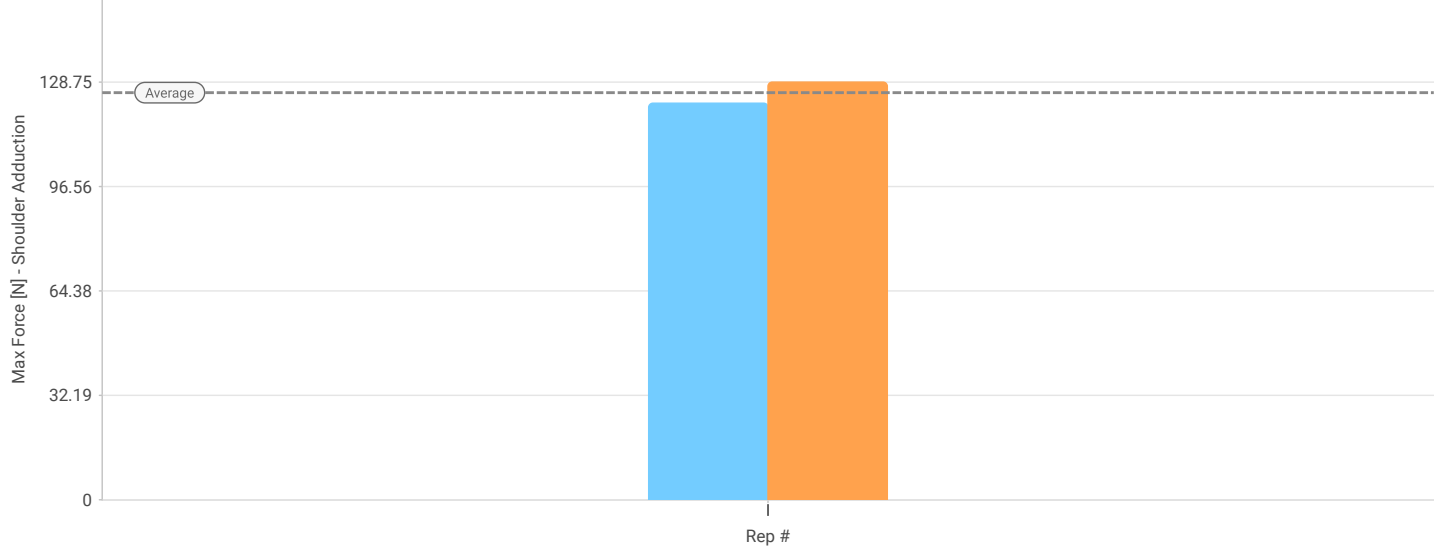
Range      Average  
81 - 90.25      85.63





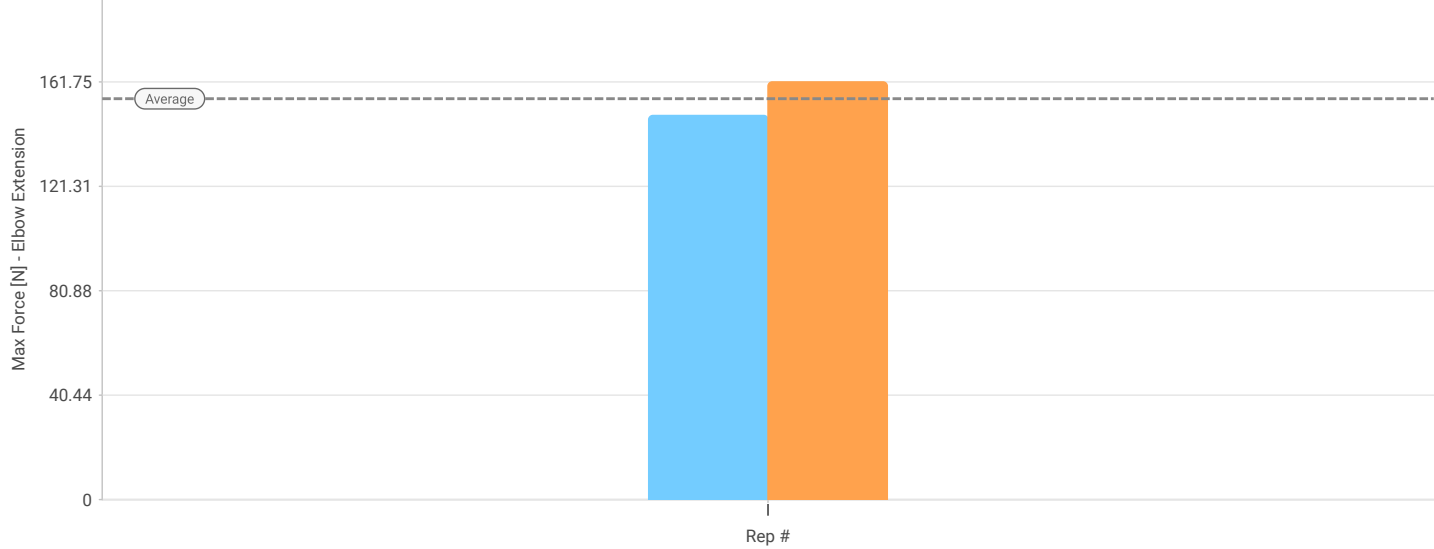
Adduction Max Force [N] - Shoulder Adduction

Range      Average  
122.25 - 128.75      125.5



Extension Max Force [N] - Elbow Extension

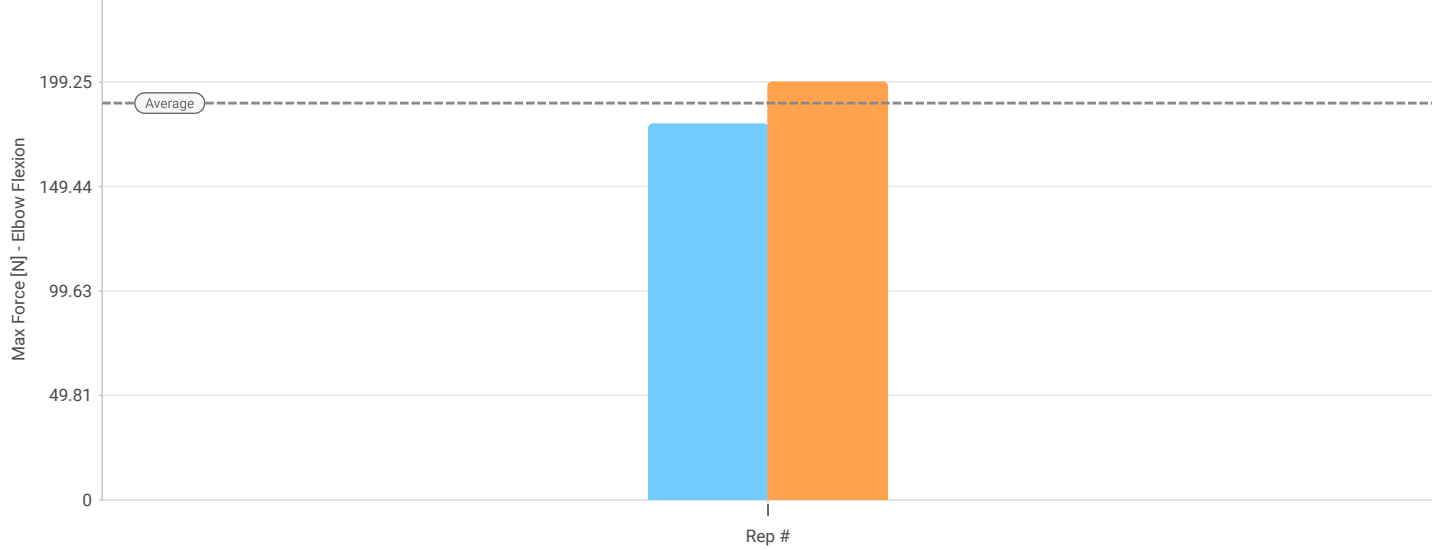
Range      Average  
148.75 - 161.75      155.25





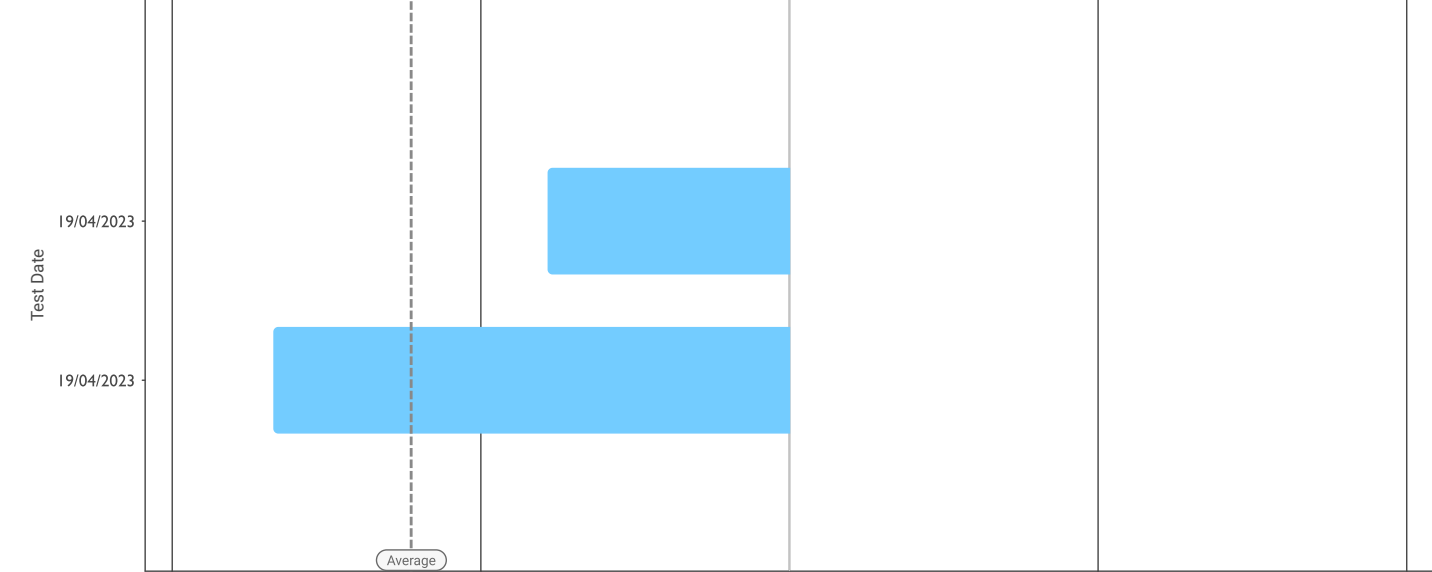
Max Force [N] - Elbow Flexion

Range      Average  
179.25 - 199.25      189.25



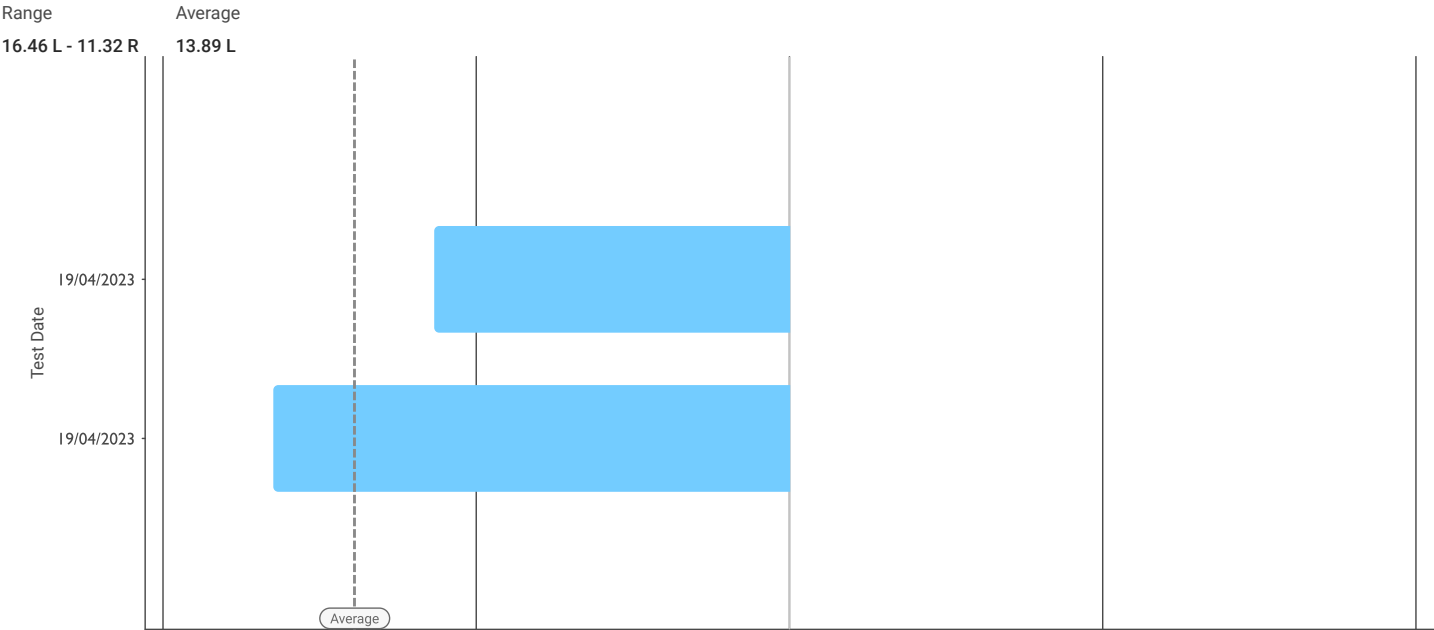
Internal Rotation Asymmetry [%] - Shoulder IR/ER

Range      Average  
25.05 L - 11.72 R      18.39 L

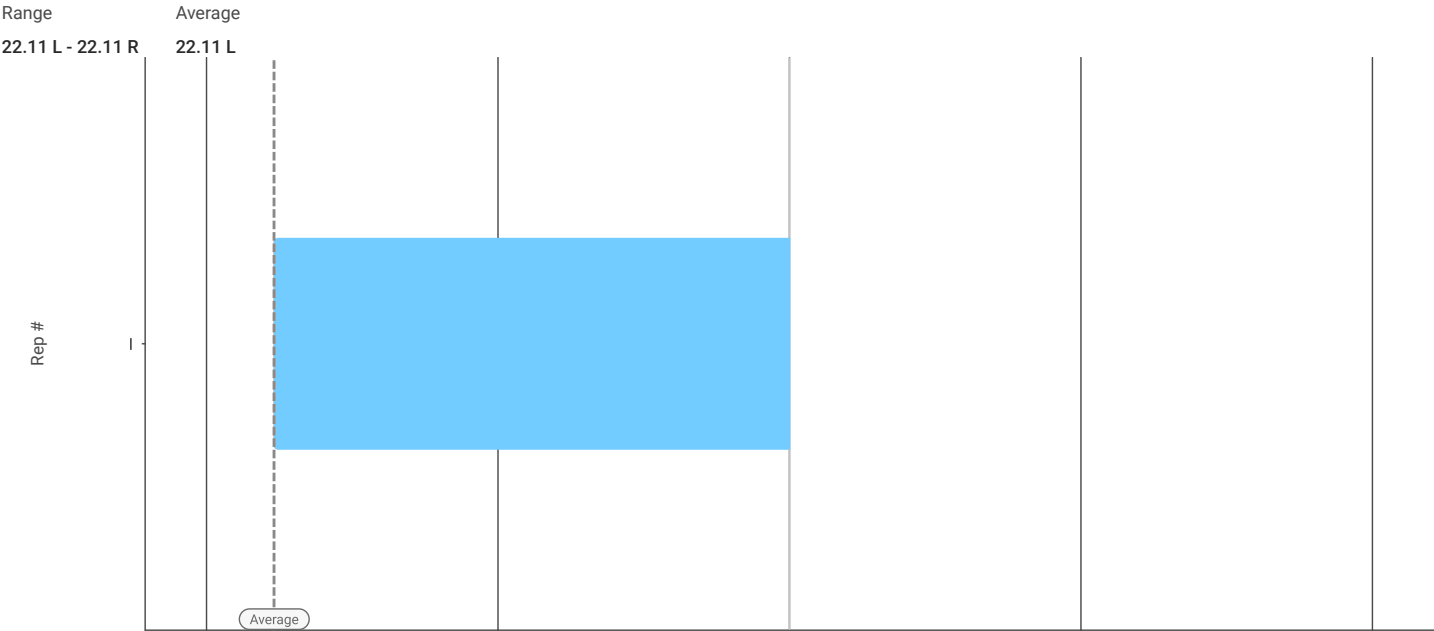




External Rotation Asymmetry [%] - Shoulder IR/ER

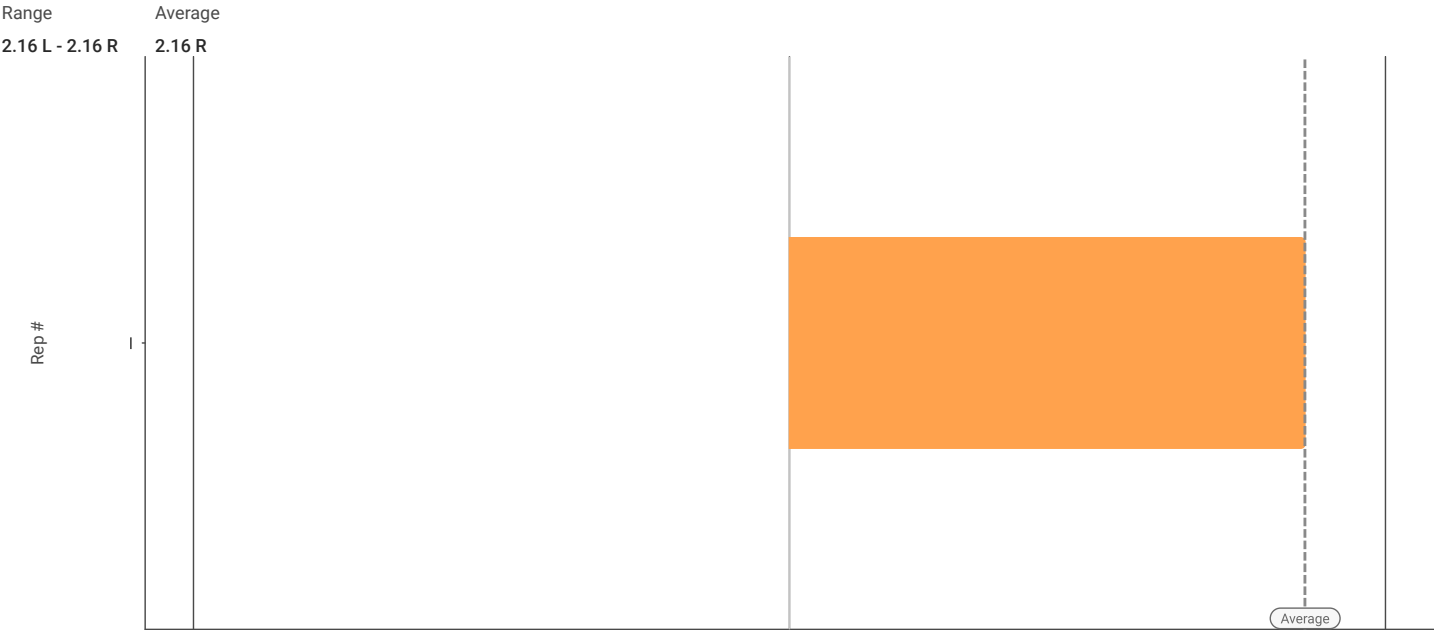


Flexion Asymmetry [%] - Shoulder Flexion

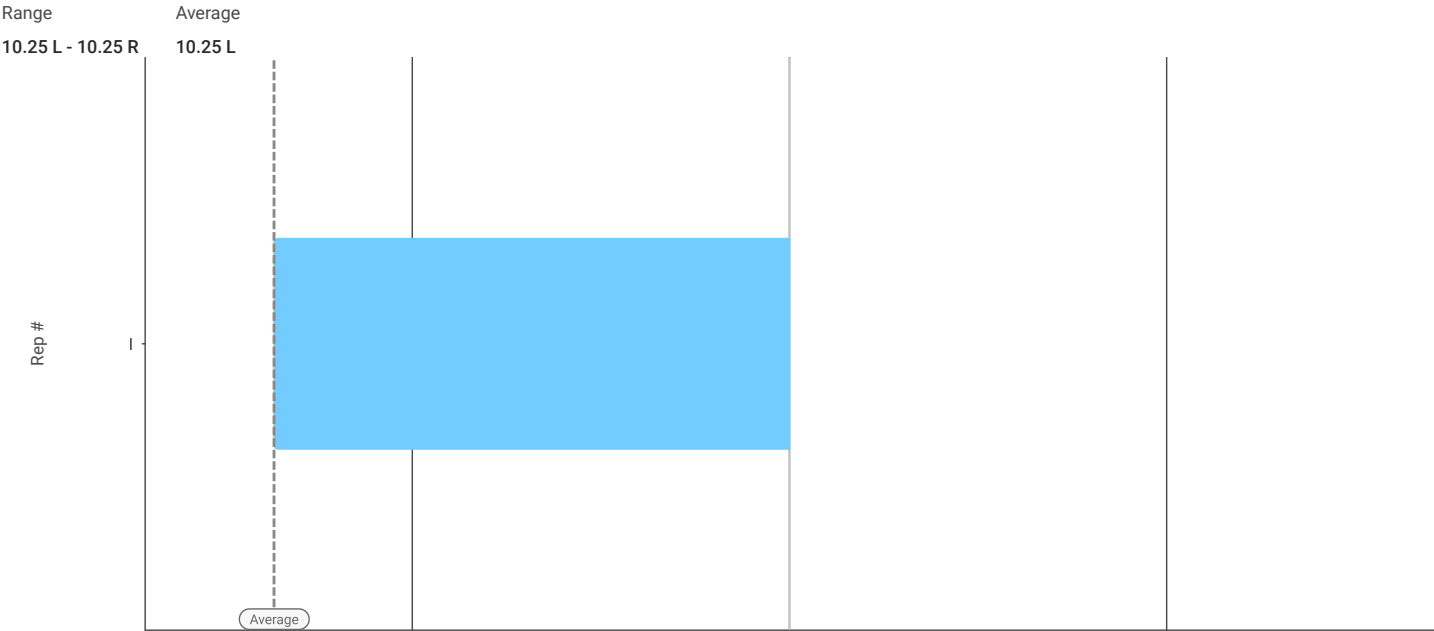




Extension Asymmetry [%] - Shoulder Extension

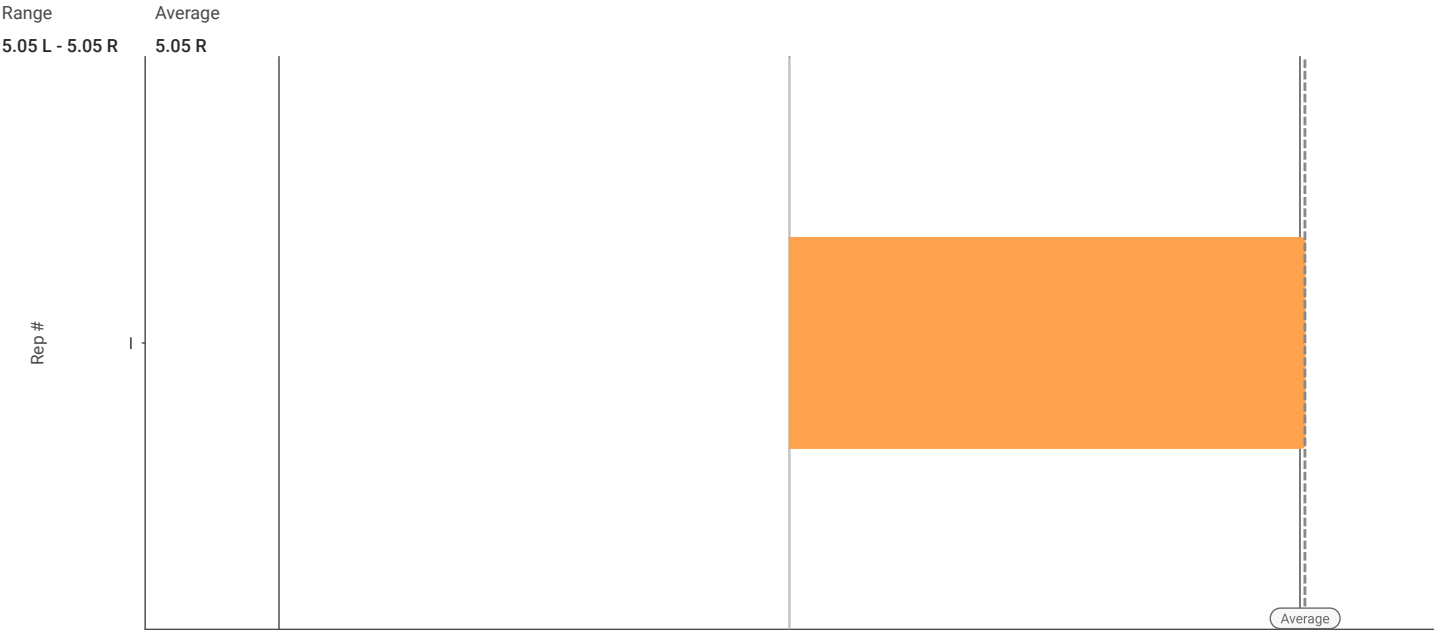


Abduction Asymmetry [%] - Shoulder Abduction

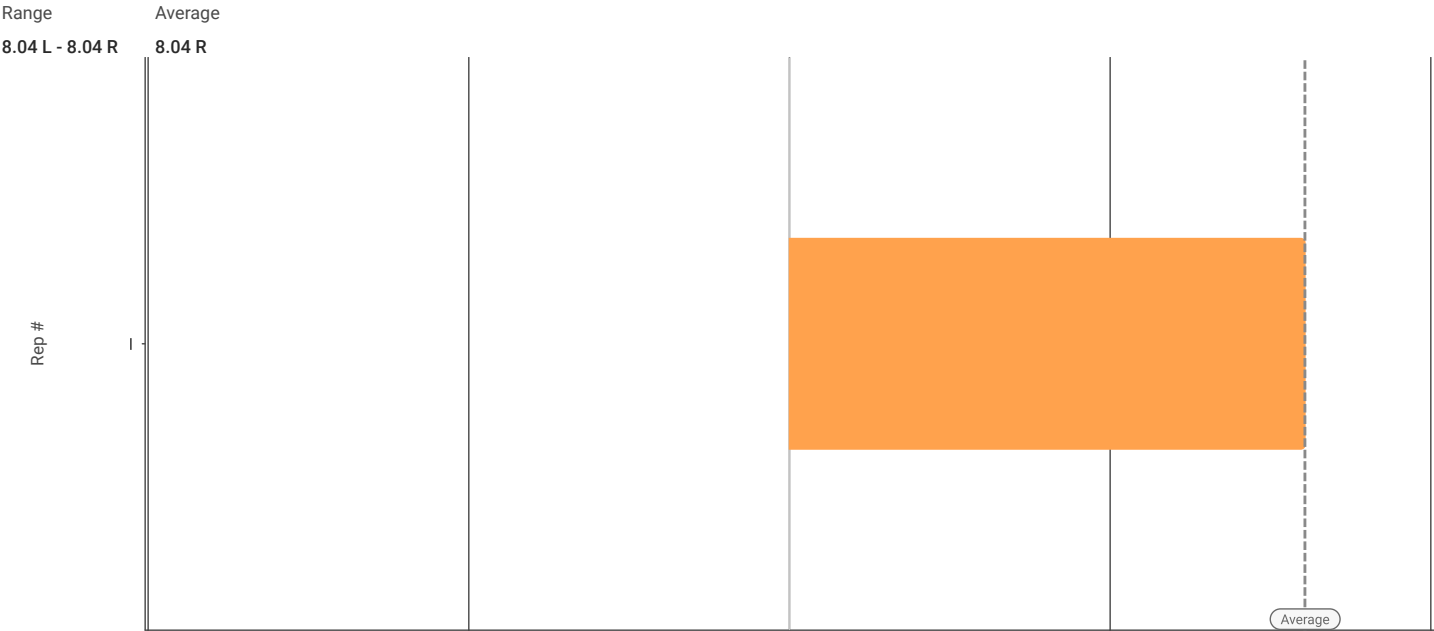




Adduction Asymmetry [%] - Shoulder Adduction



Extension Asymmetry [%] - Elbow Extension



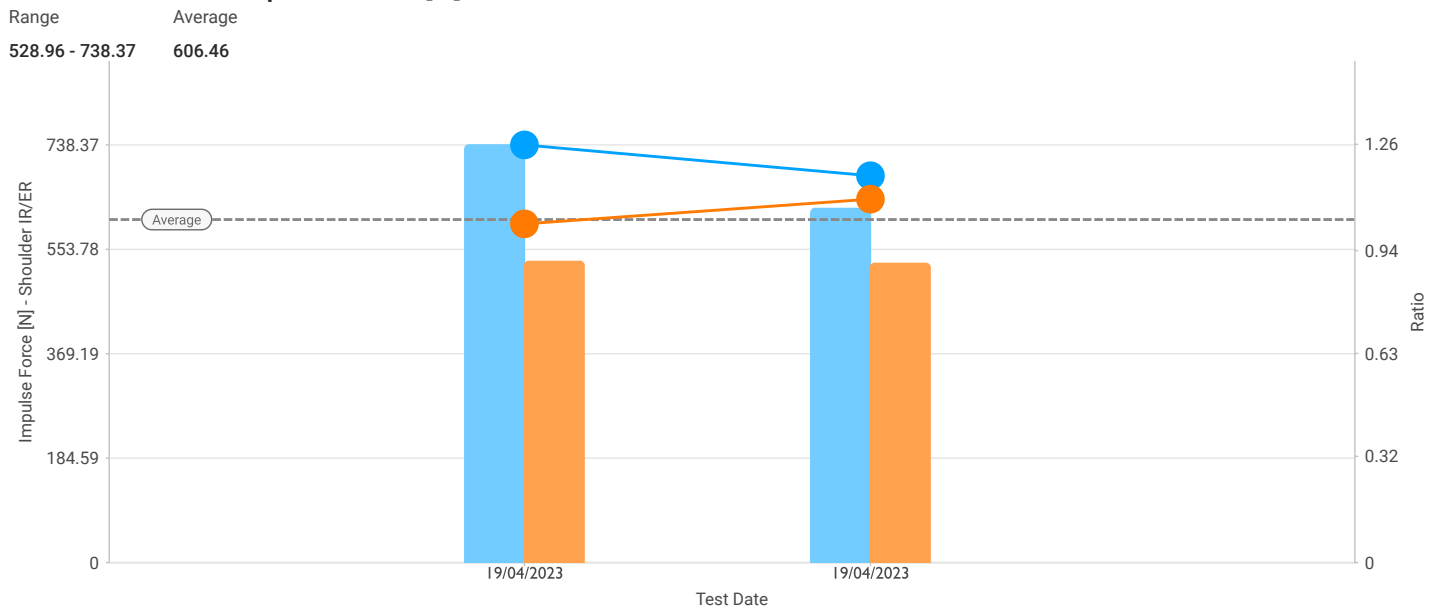




### Asymmetry [%] - Elbow Flexion



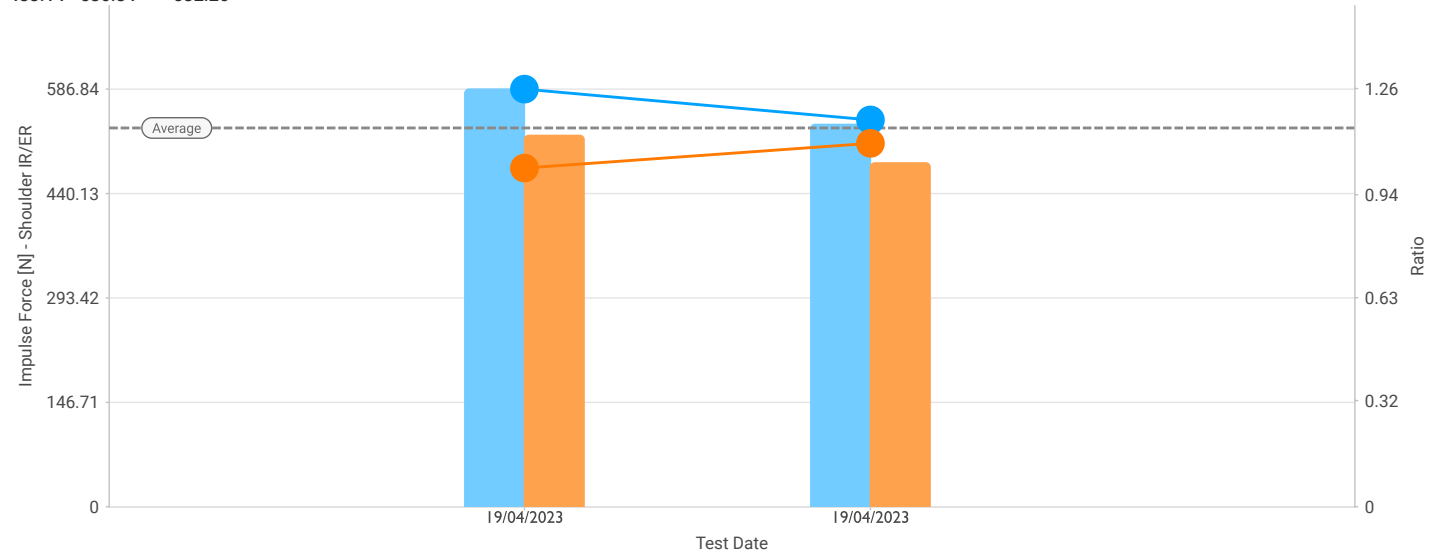
### Internal Rotation Impulse Force [N] - Shoulder IR/ER





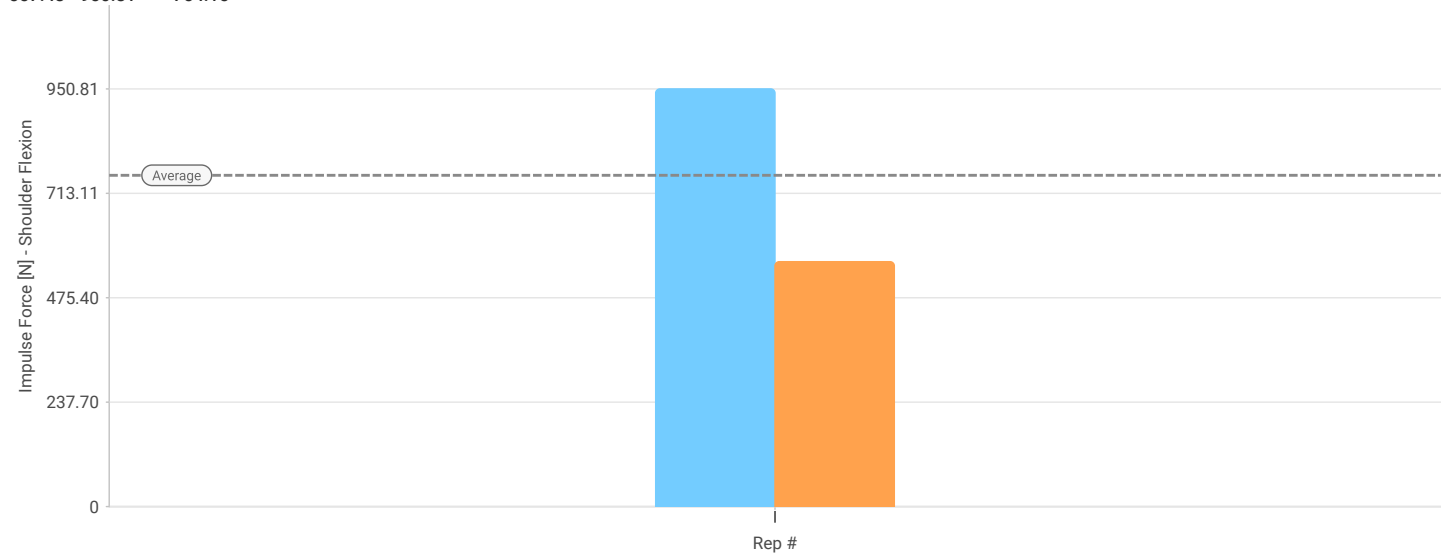
### External Rotation Impulse Force [N] - Shoulder IR/ER

Range      Average  
483.14 - 586.84      532.26



### Flexion Impulse Force [N] - Shoulder Flexion

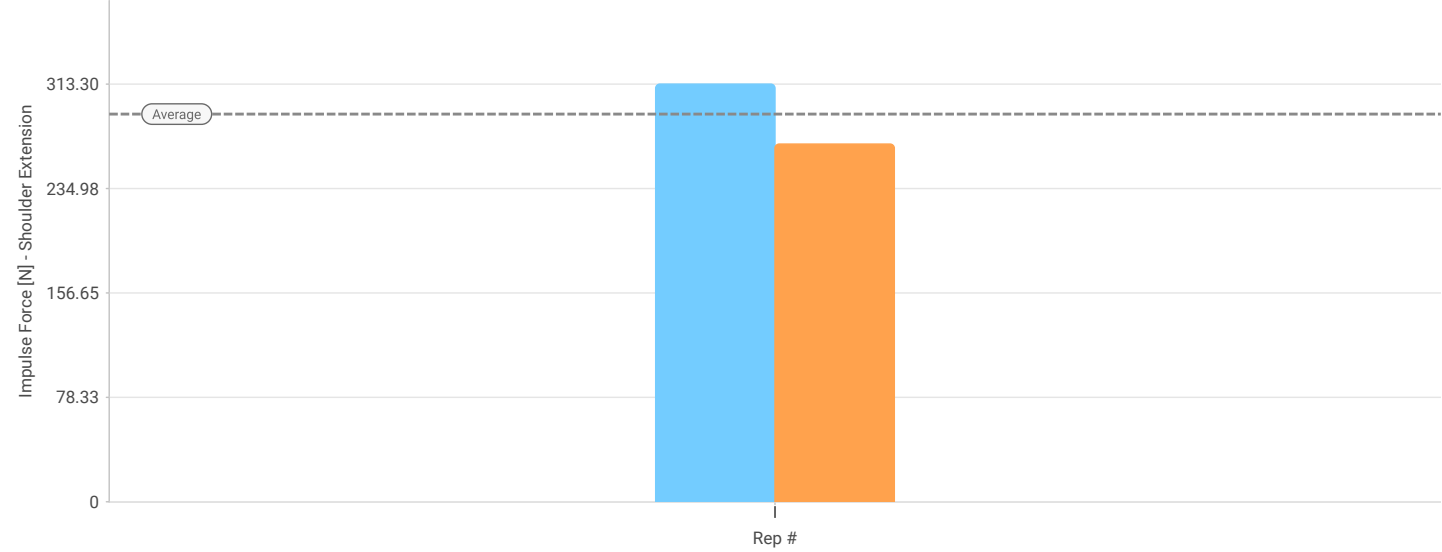
Range      Average  
557.48 - 950.81      754.15





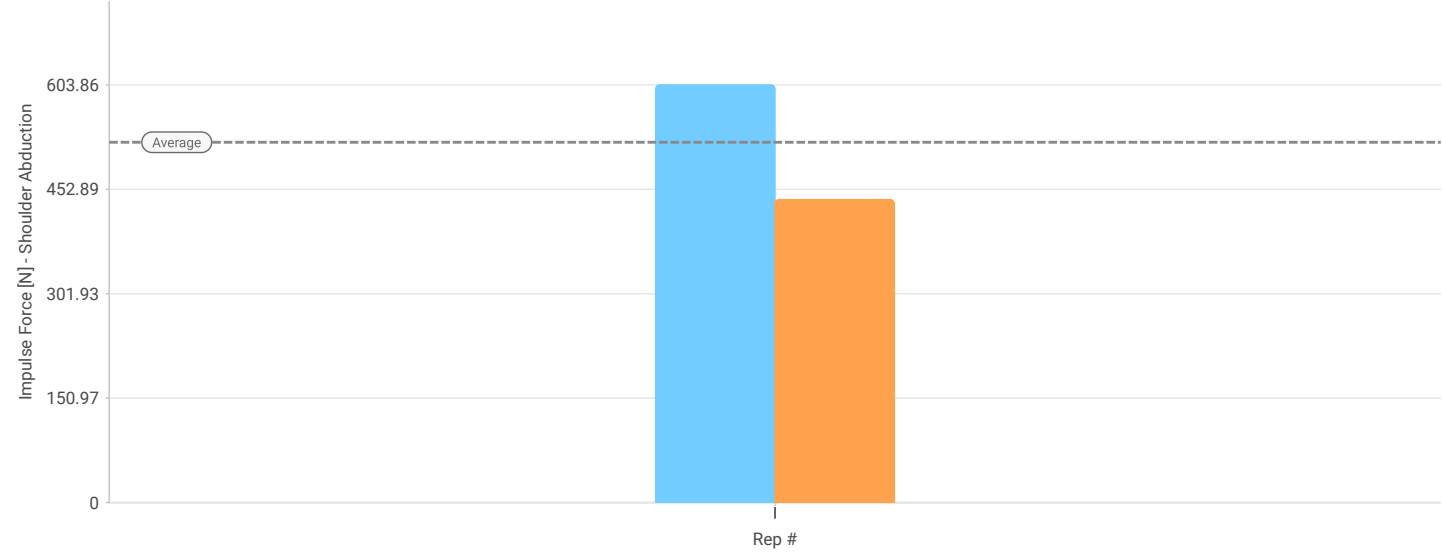
### Extension Impulse Force [N] - Shoulder Extension

Range      Average  
268.33 - 313.3      290.82



### Abduction Impulse Force [N] - Shoulder Abduction

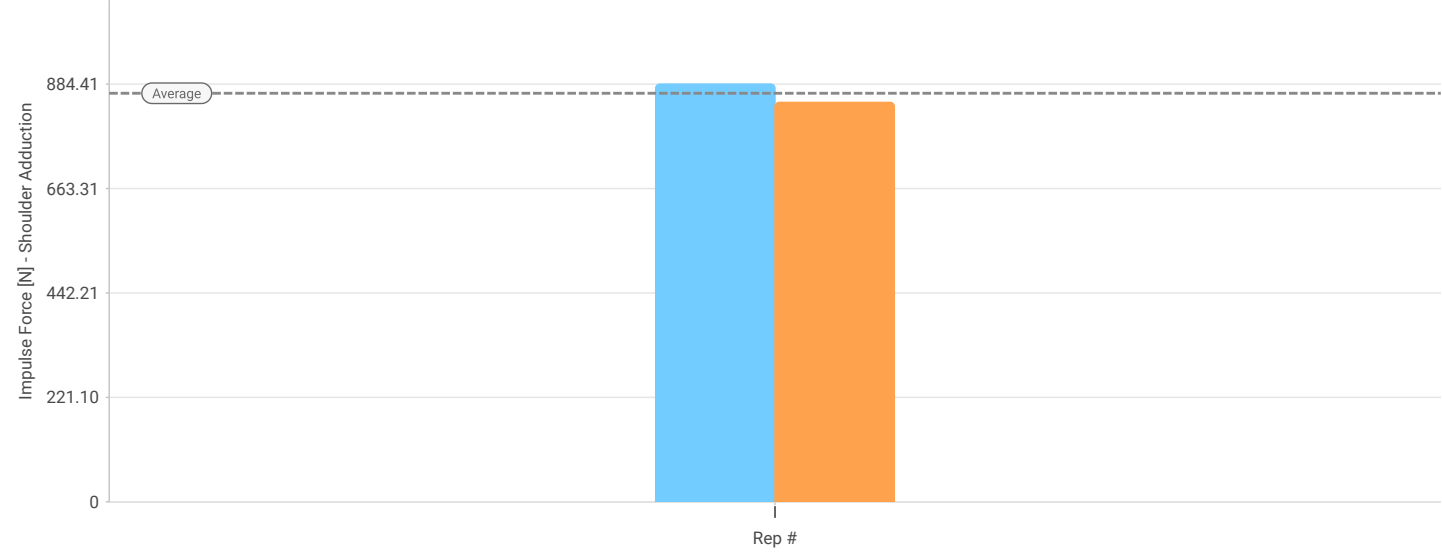
Range      Average  
438.05 - 603.86      520.95





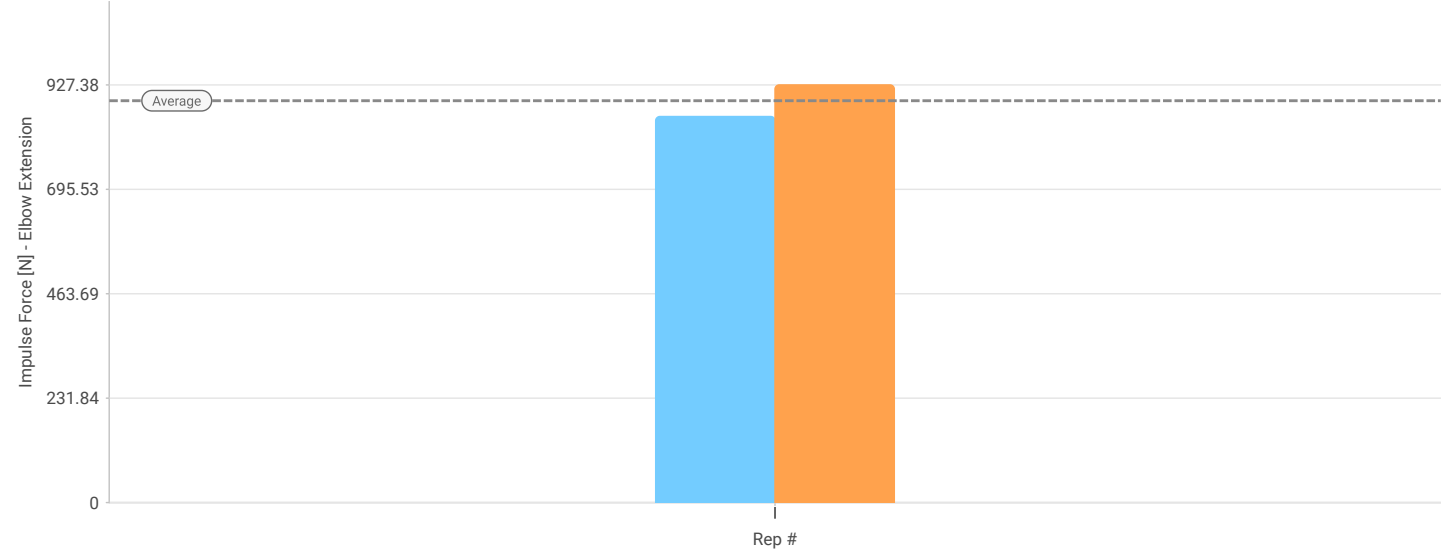
### Adduction Impulse Force [N] - Shoulder Adduction

Range      Average  
845.7 - 884.41      865.06



### Extension Impulse Force [N] - Elbow Extension

Range      Average  
857.23 - 927.38      892.3





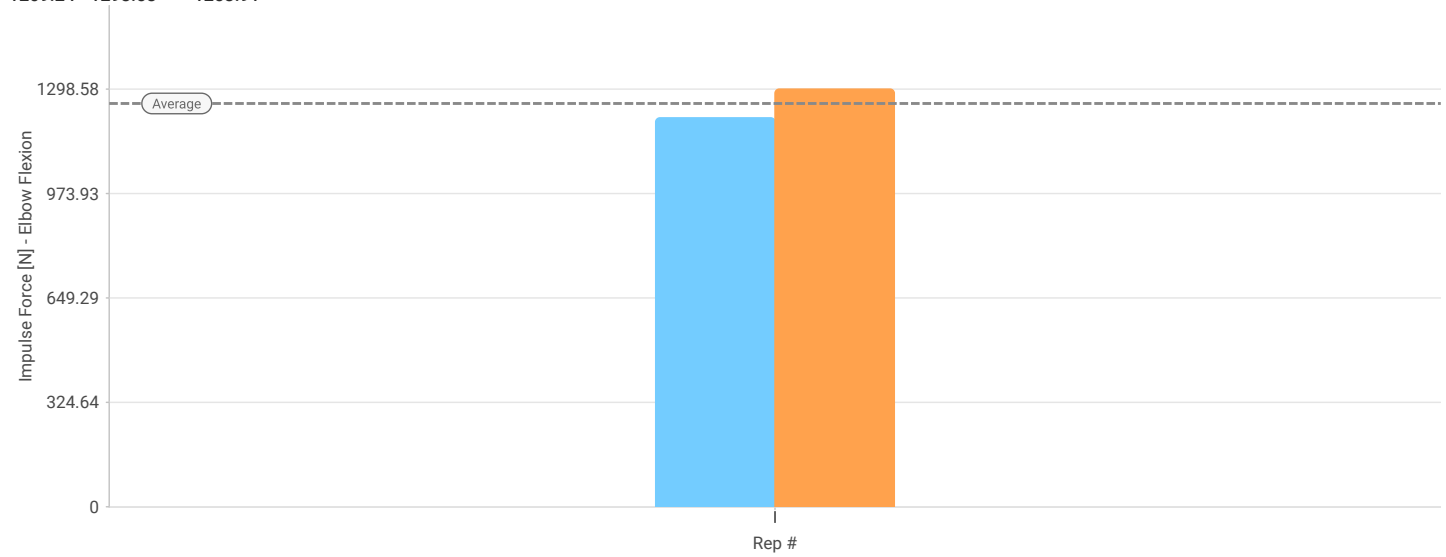
### Impulse Force [N] - Elbow Flexion

Range

1209.24 - 1298.58

Average

1253.91



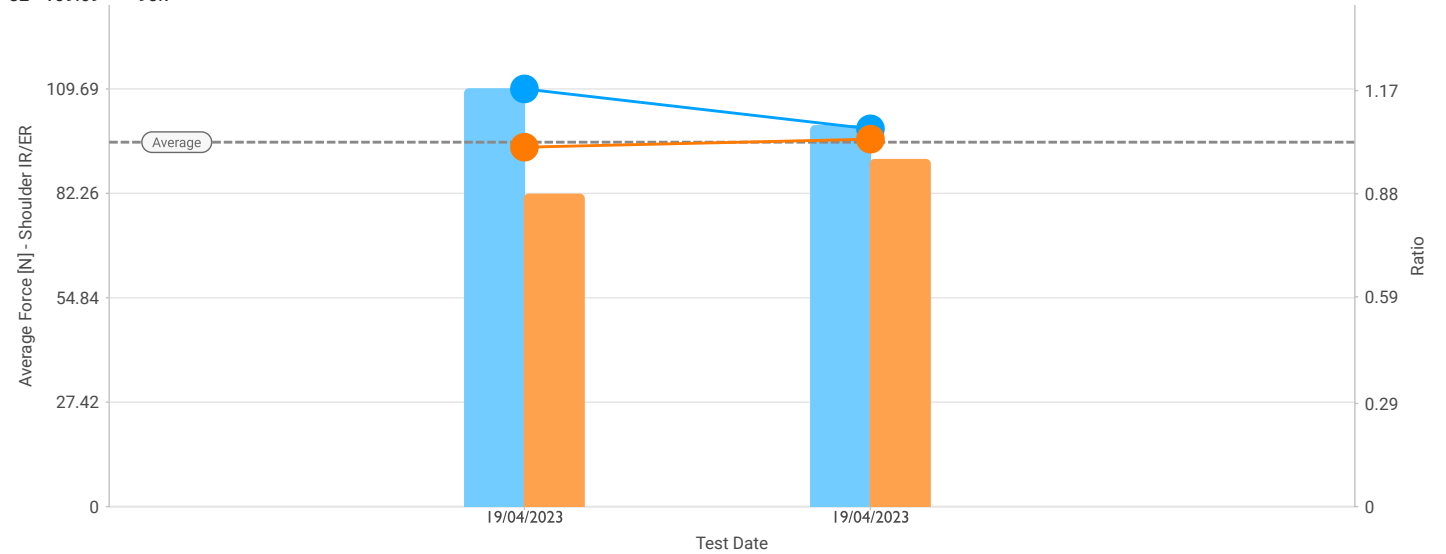
### Internal Rotation Average Force [N] - Shoulder IR/ER

Range

82 - 109.69

Average

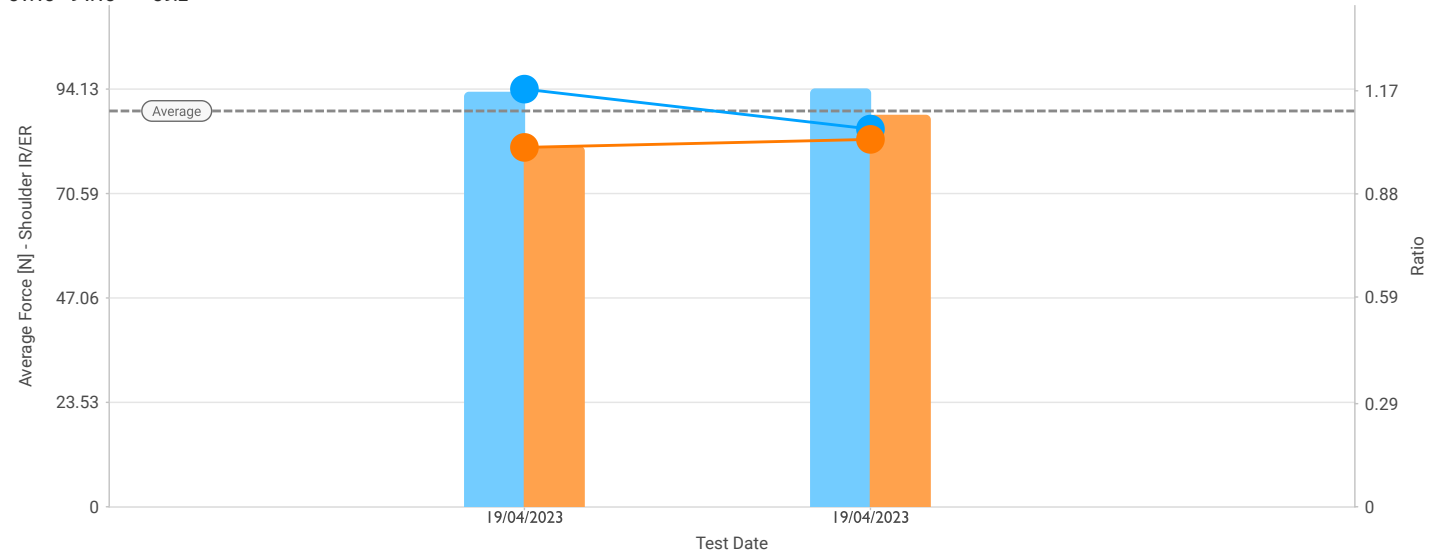
95.7





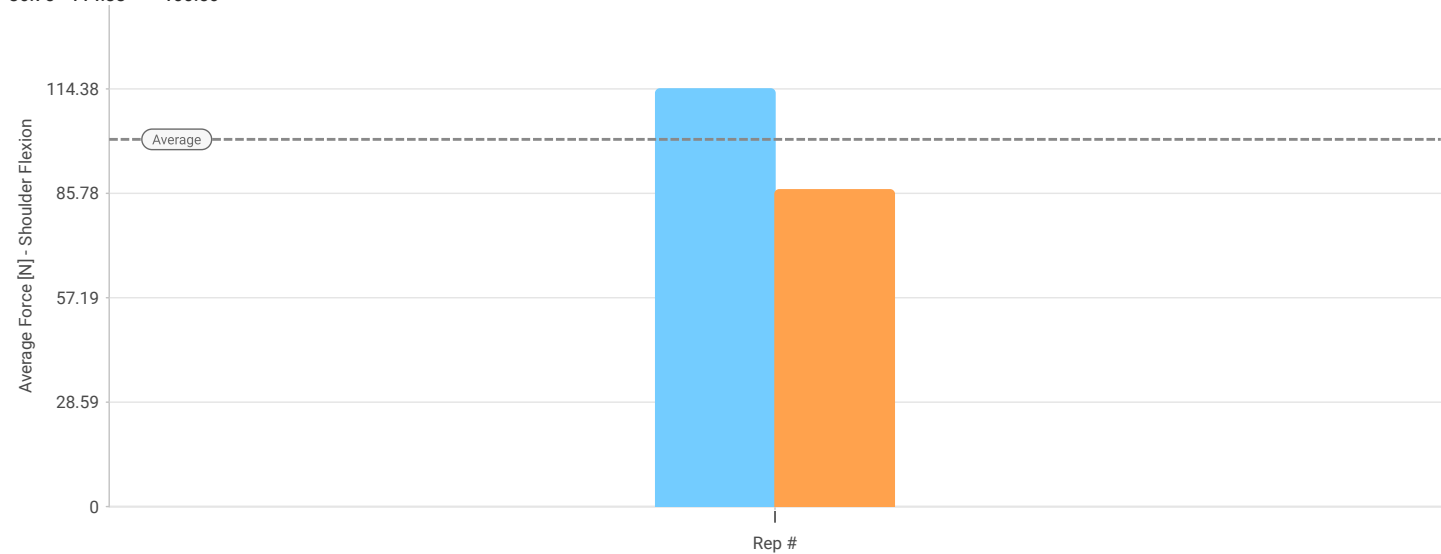
### External Rotation Average Force [N] - Shoulder IR/ER

Range      Average  
81.13 - 94.13      89.2



### Flexion Average Force [N] - Shoulder Flexion

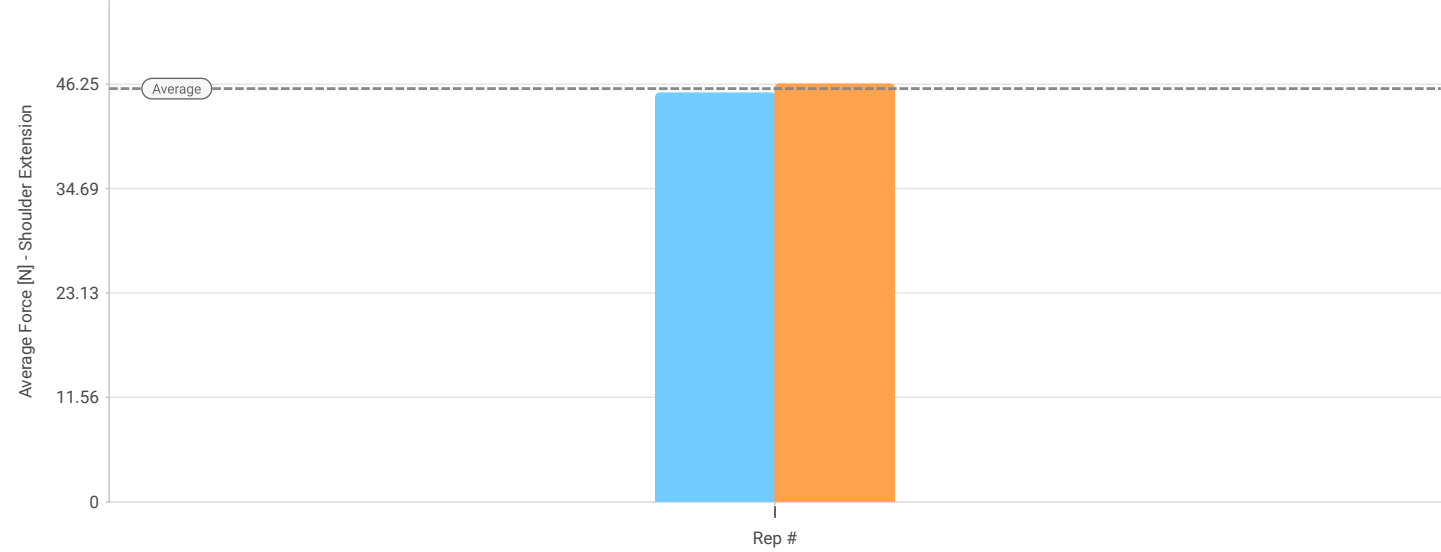
Range      Average  
86.75 - 114.38      100.56





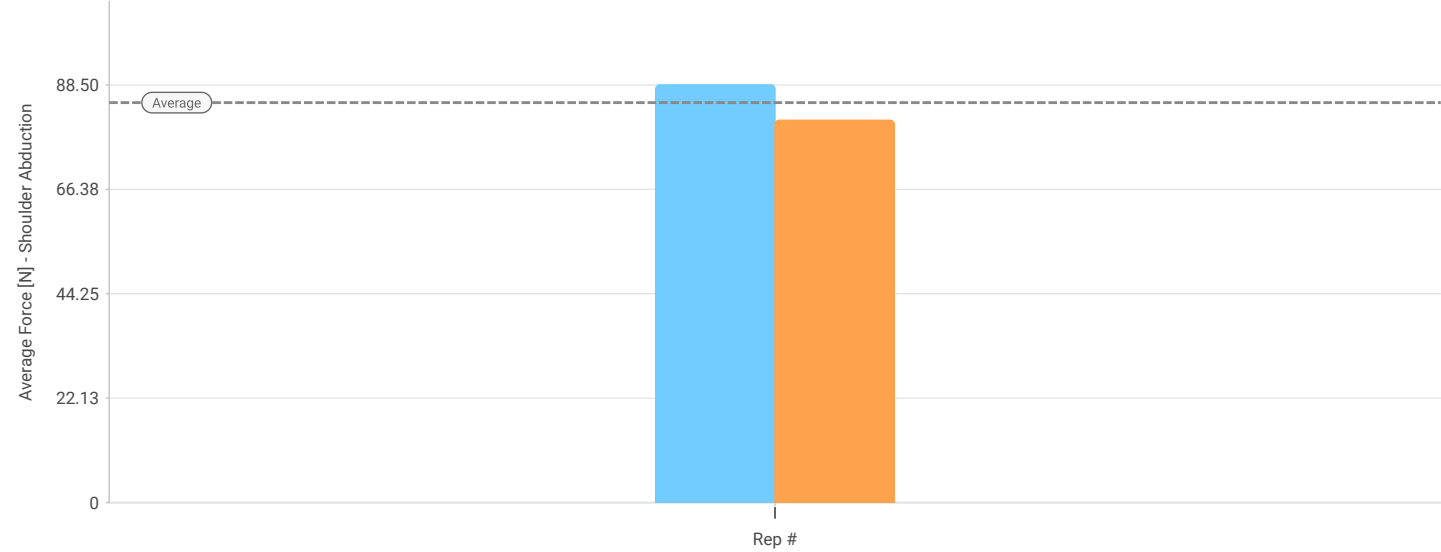
### Extension Average Force [N] - Shoulder Extension

Range      Average  
45.25 - 46.25      45.75



### Abduction Average Force [N] - Shoulder Abduction

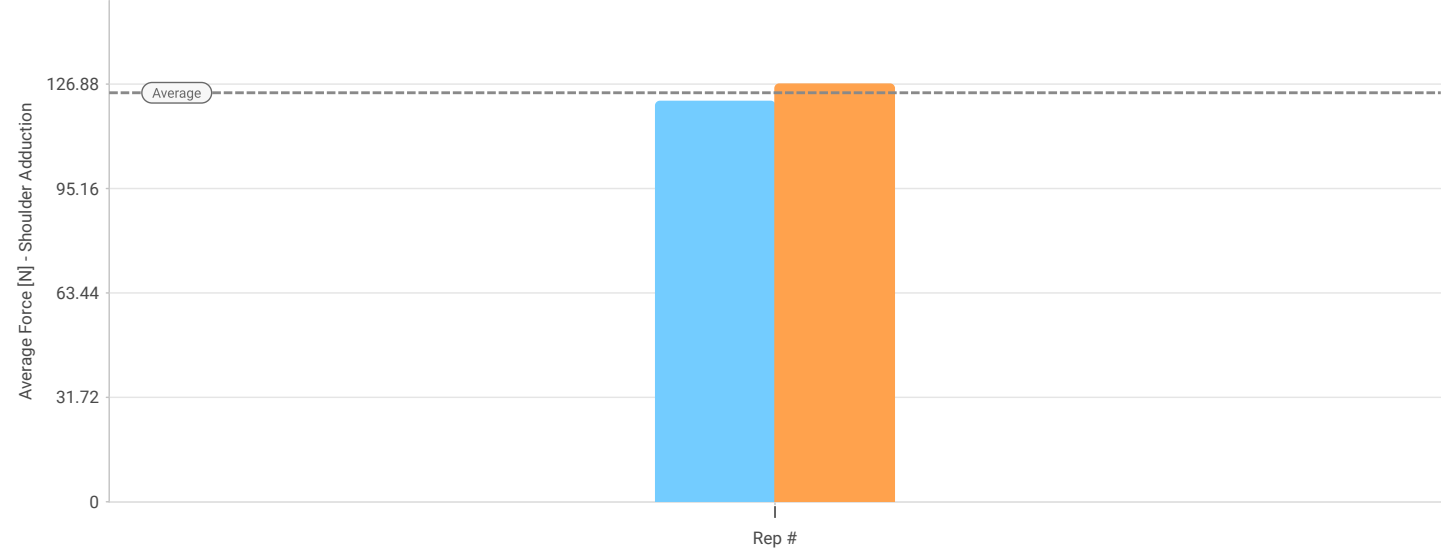
Range      Average  
81 - 88.5      84.75





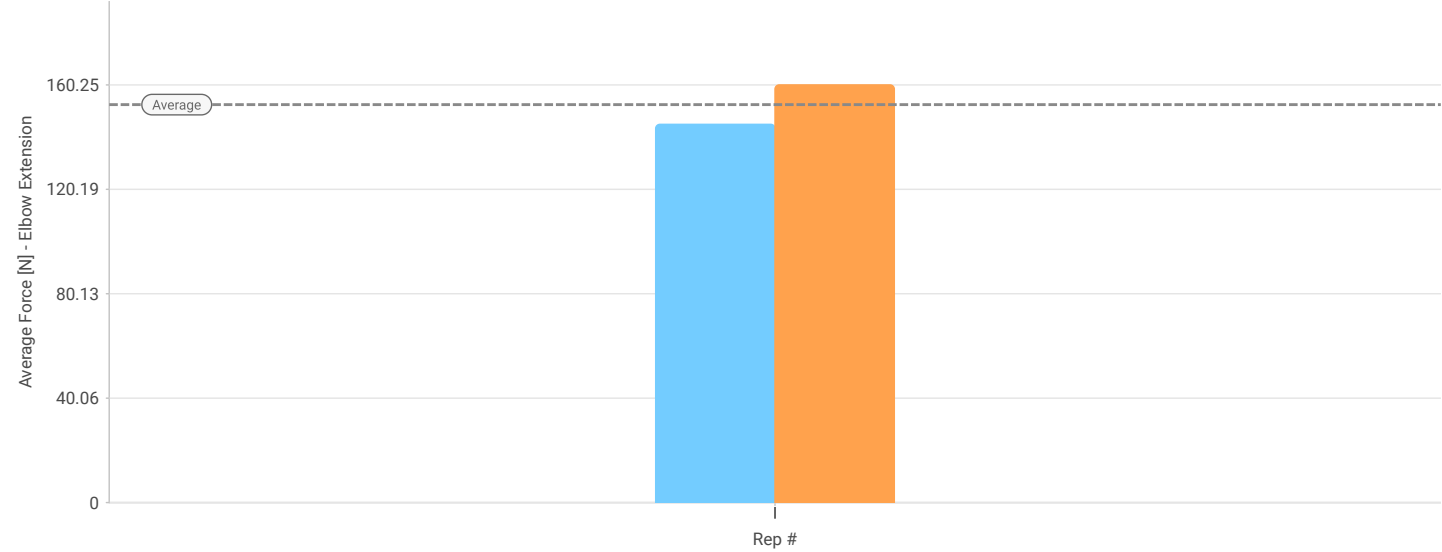
### Adduction Average Force [N] - Shoulder Adduction

Range      Average  
121.63 - 126.88      124.25



### Extension Average Force [N] - Elbow Extension

Range      Average  
145.13 - 160.25      152.69







### Average Force [N] - Elbow Flexion

Range      Average  
175.13 - 191.75      183.44

