



ON Evolução Corporal

AVENIDA JORGE JOÃO SAAD, 1222 - MORUMBI Sao Paulo, SP 05618-000

ph: +55 11 988163553

Profile: Rubens Oliveira

Report By: Nemi Sabeh

Report Date: 22 Jan 2024

Rubens Oliveira

Age: 51 (07 Dec 1972)

Elbow Extension - Seated

Max Force - Left & Right Side

Left

175N

Right

170N

3%

Asymmetry

Elbow Flexion - Seated

Max Force - Left & Right Side

Left

192N

Right

200N

3.8%

Asymmetry

Shoulder Abd - Side lying

Max Force - Left & Right Side

Left

103N

Right

130N

20.6%

Asymmetry

Shoulder IR/ER - Supine (90 D...

Max Force - Left & Right Side Shoulder E...

Left

130N

Right

122N

6%

Asymmetry

Hip IR/ER - Prone

Max Force - Left & Right Side Hip IR

Left

54N

Right

47N

13.4%

Asymmetry

Knee Flexion - Prone

Max Force - Left & Right Side

Left

132N

Right

96N

27.8%

Asymmetry



Ankle Plantar Flexion - Supin...

Max Force - Left & Right Side

Left

366N

Right

385N



Hip Add/Abd - Seated

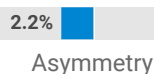
Max Force - Left & Right Side Hip Abd

Left

290N

Right

283N



Hip Flexion - Seated

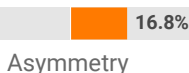
Max Force - Left & Right Side

Left

224N

Right

269N



Knee Extension - Seated (90)

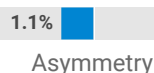
Avg Force - Left & Right Side

Left

139N

Right

138N



Ankle Plantar Flexion - Seate...

Avg Force - Left & Right Side

Left

1233N

Right

1331N



Ankle Dorsiflexion - Seated

Max Force - Left & Right Side

Left

239N

Right

257N





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Hip Extension - Standing

Max Force - Left & Right Side

Left

219N

Right

199N

9%

Asymmetry

Hip Flexion - Kicker

Max Force - Left & Right Side

Left

283N

Right

320N

11.3%

Asymmetry