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Ergometry Console

(Nemi Sabeh Junior) (/Company/Edit?id=4ef7ffa4-d120-4c47-33bc-ff5719c2d708) / Falcão Diego

🔍

Teste esforço submáximo na esteira (Duration 18.12' (230 breaths))

✕

🖨

📊 Calculations

🔧 Parameters

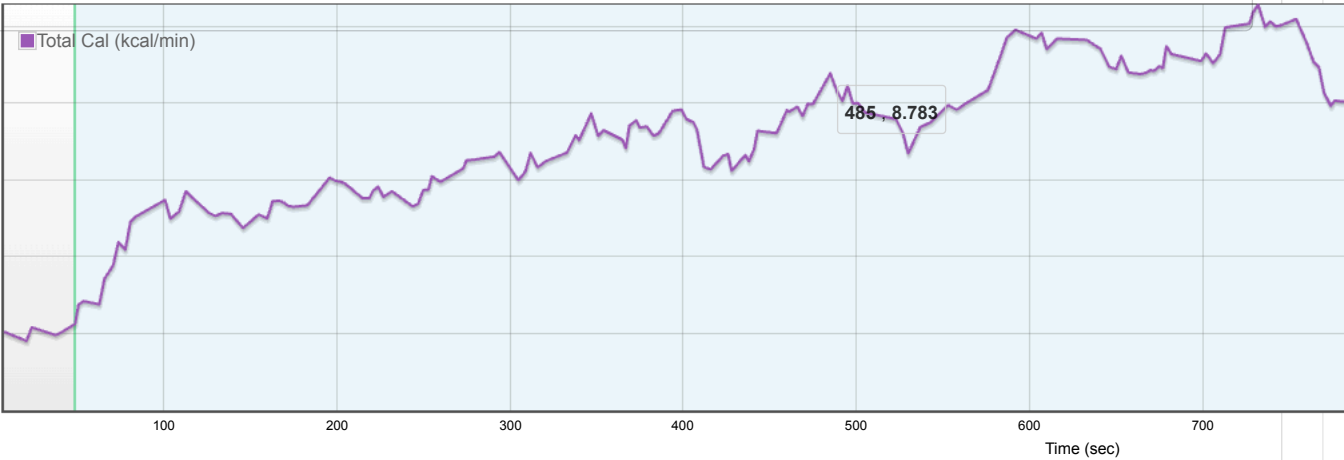
<b>VO2 peak</b>	2231.24 ml/min	25.4 ml/min/kg	<b>HR peak</b>	197.1 bpm	<b>Mean Carbs</b>	28.1%
<b>VO2 mean</b>	1523.7 ml/min	17.3 ml/min/kg	<b>HR mean</b>	155 bpm	<b>Mean Fat</b>	71.9%
<b>VO2 last 15"</b>	1565.9 ml/min	17.8 ml/min/kg	<b>HR last 15"</b>	148 bpm	<b>Mean EE</b>	7.2 Kcal/min
<b>VCO2 peak</b>	1729.3 ml/min	19.7 ml/min/kg	<b>VE peak</b>	70.08 L/min	<b>Mean EE</b>	10405 kcal/day
<b>VCO2 mean</b>	1166.7 ml/min	13.3 ml/min/kg	<b>VE last 15"</b>	69.72 L/min	<b>Total Carbs</b>	38.2 Kcal
<b>VCO2 last ...</b>	1441.1 ml/min	16.4 ml/min/kg	<b>RER peak</b>	0.94	<b>Total Fat</b>	97.6 Kcal
			<b>RER mean</b>	0.76	<b>Total EE</b>	136 Kcal
			<b>RER last 15"</b>	0.92		

💳 Credits balance (/usr/addcredits) : 0

Teste esfor...

Recovery

✕ Cancel



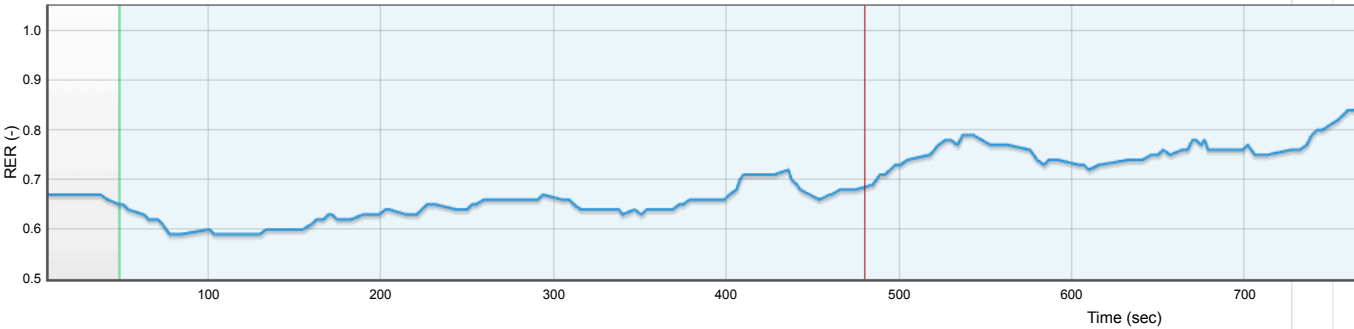
📊 Mov.Avg (breaths) ▾

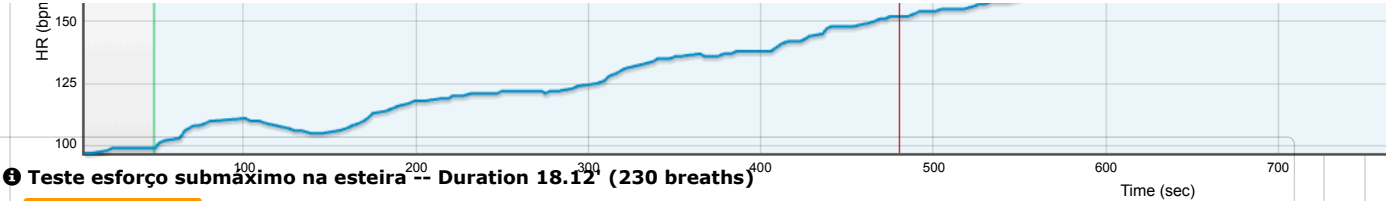
🕒 Mov.Avg (time) ▾

📊 BINS (time) ▾

✕ View in KG

📊

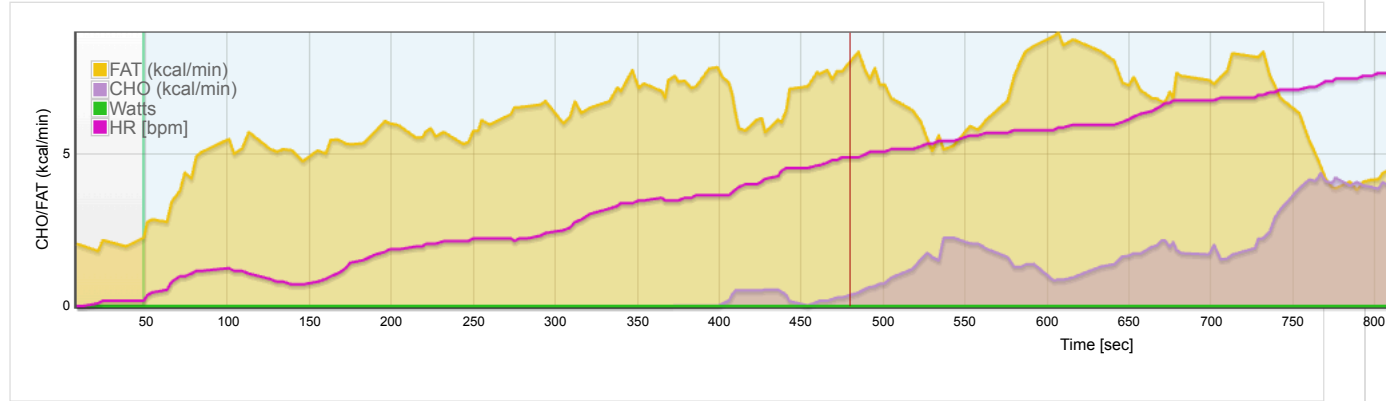
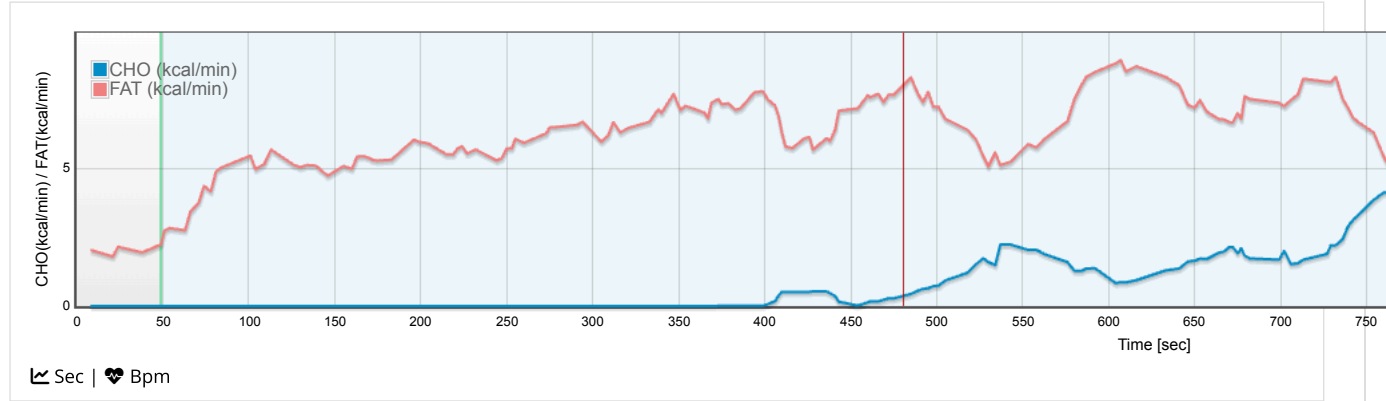
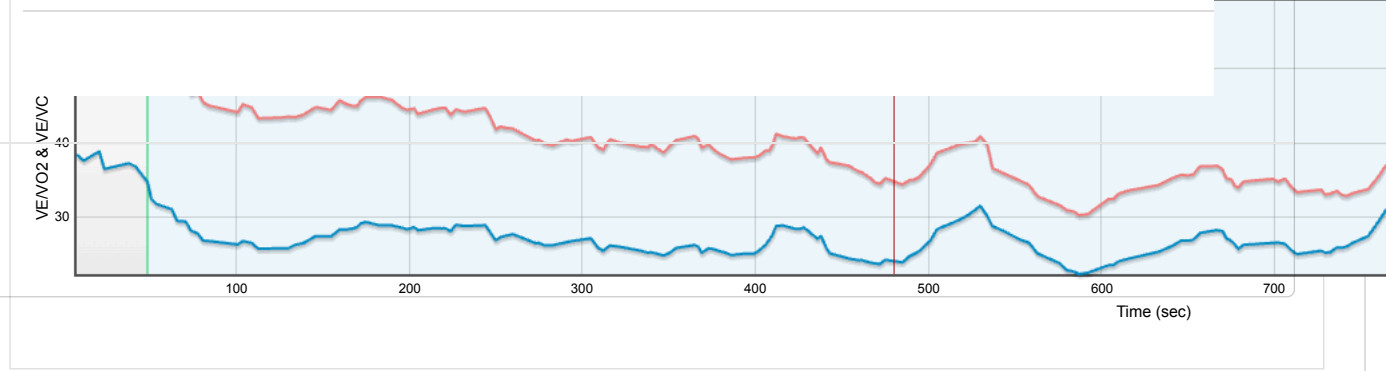
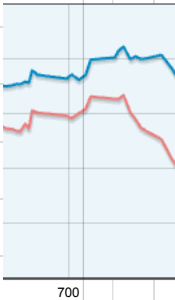


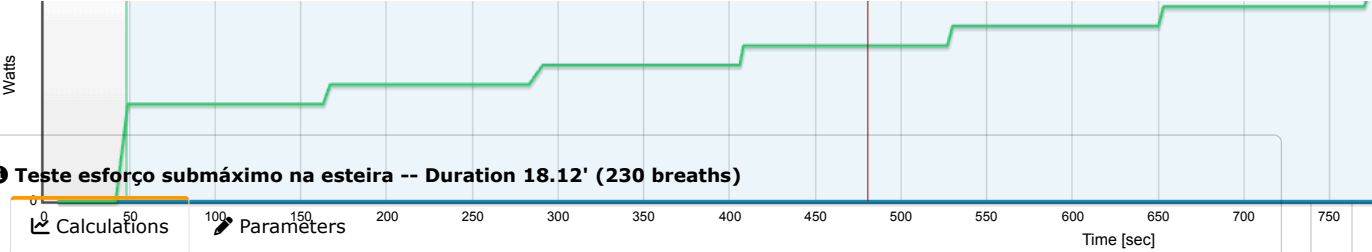


Teste esforço submáximo na esteira -- Duration 18.12' (230 breaths)

Calculations Parameters

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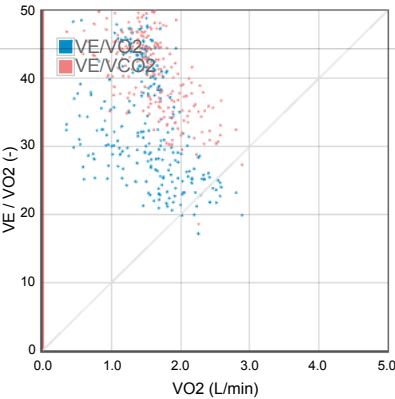
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VT1/VT2

Elevation

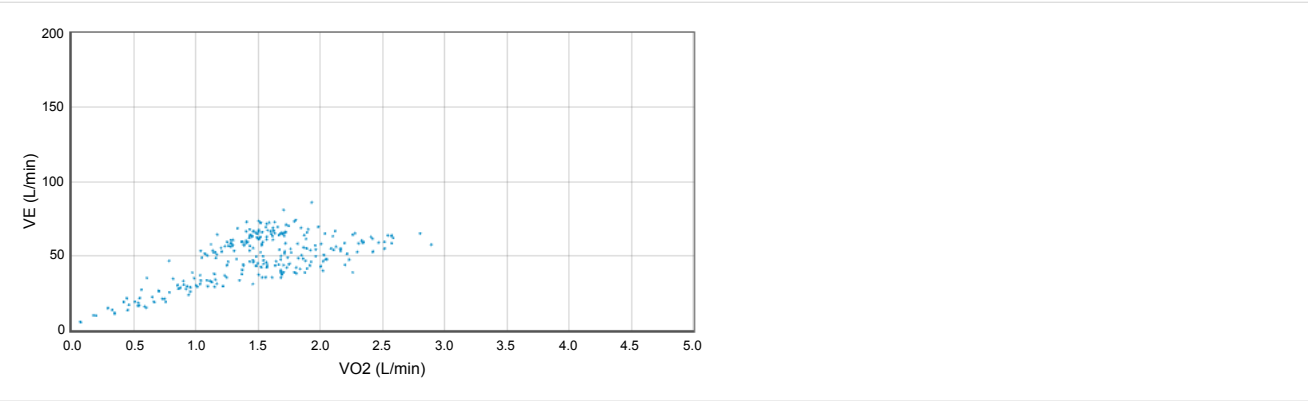
System V11 | User V11

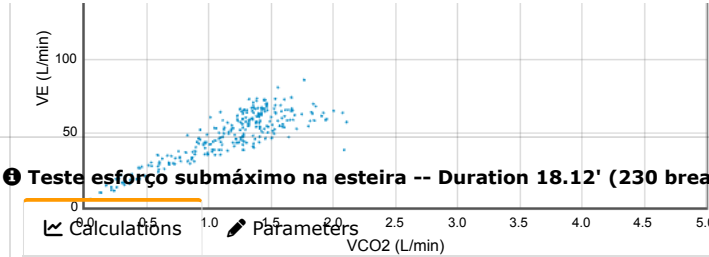
Trend lines



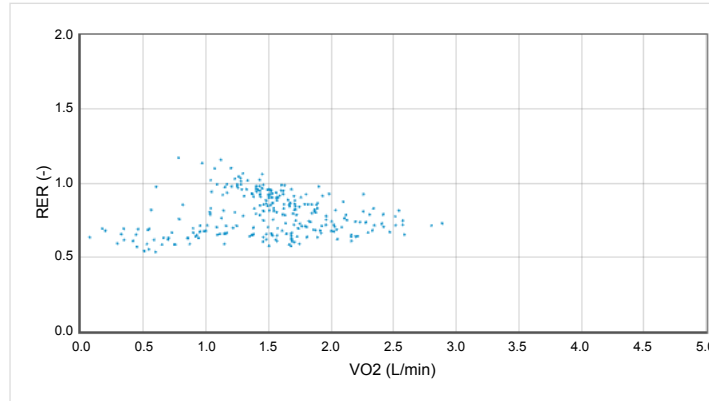
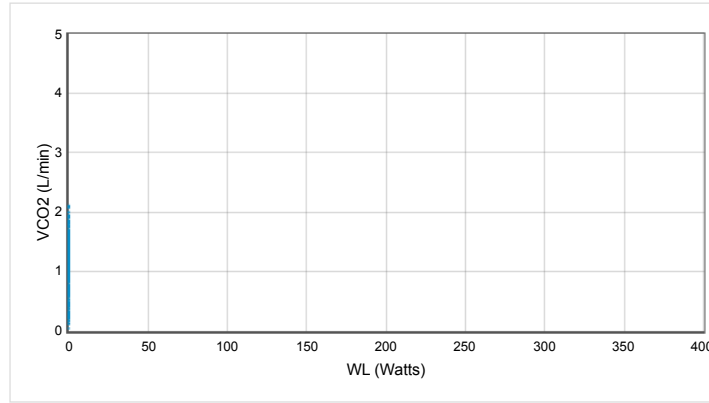
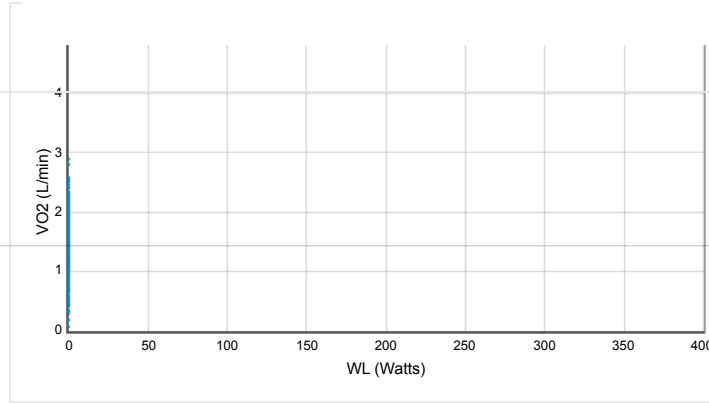
System VT2 | User VT2

User Input						
VT1						
VT2						





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