

RELATORIO VO2 MAXIMO

On Morumbi Sao Paulo

Jorge Joao Saad 1096
None



Summary Report

ID(M/F)	21122020	BMI	22.43
Sex	Male	BSA	1.57 (m2)
First Name	Luisa	Filter	Avg 5 Sec
Last Name	Pecile Fontes	File Name	Pecile FontesLuisa5.stress
D.O.B (Age)	1 January 1900(120)	Tested by	
Weight	56 Kg (123 Lbs)	Physician	
Height	158 cm (62 Inches)	Date Printed	01/16/2020

Test Conditions

Date	12/21/2019	Time	12:52:44
Temperature	33.0 °C	Duration	0 Minutes
Baro Pressure	706	Exercise Device	Manual Ergometer
Humidity	50 % (Human)	Protocol	Rest
Last Calibration	12/21/2019		

Results Summary

	At Rest	Predicted Max	Measured at LT	Measured Actual Max	Actual * 100 / Pred
Time	0:45	N/A	0	9:45	N/A
VO2 (lpm)	0.30	0.41	0.00	2.36	582%
VO2 (ml/kg)	5.44	7.24	0.00	42.15	582%
LT % of VO2max	N/A	N/A	0%	N/A	N/A
VE (stpd)	9.00	16.00	0.00	49.12	307%
RQ	1.21	N/A	0.00	1.08	N/A
Heart Rate	1	100	0	1	1%
Work Rate	0	N/A	0	0	N/A
METS	1.55	2.07	0.00	12.04	582%

Limiar	Velocidade (Km/h)	FC (bpm)	VOMax%	KCALMIN	KCALSUM
L1	9	144	74%	9,60	38,81
L2	11	170	90%	11,67	58,37

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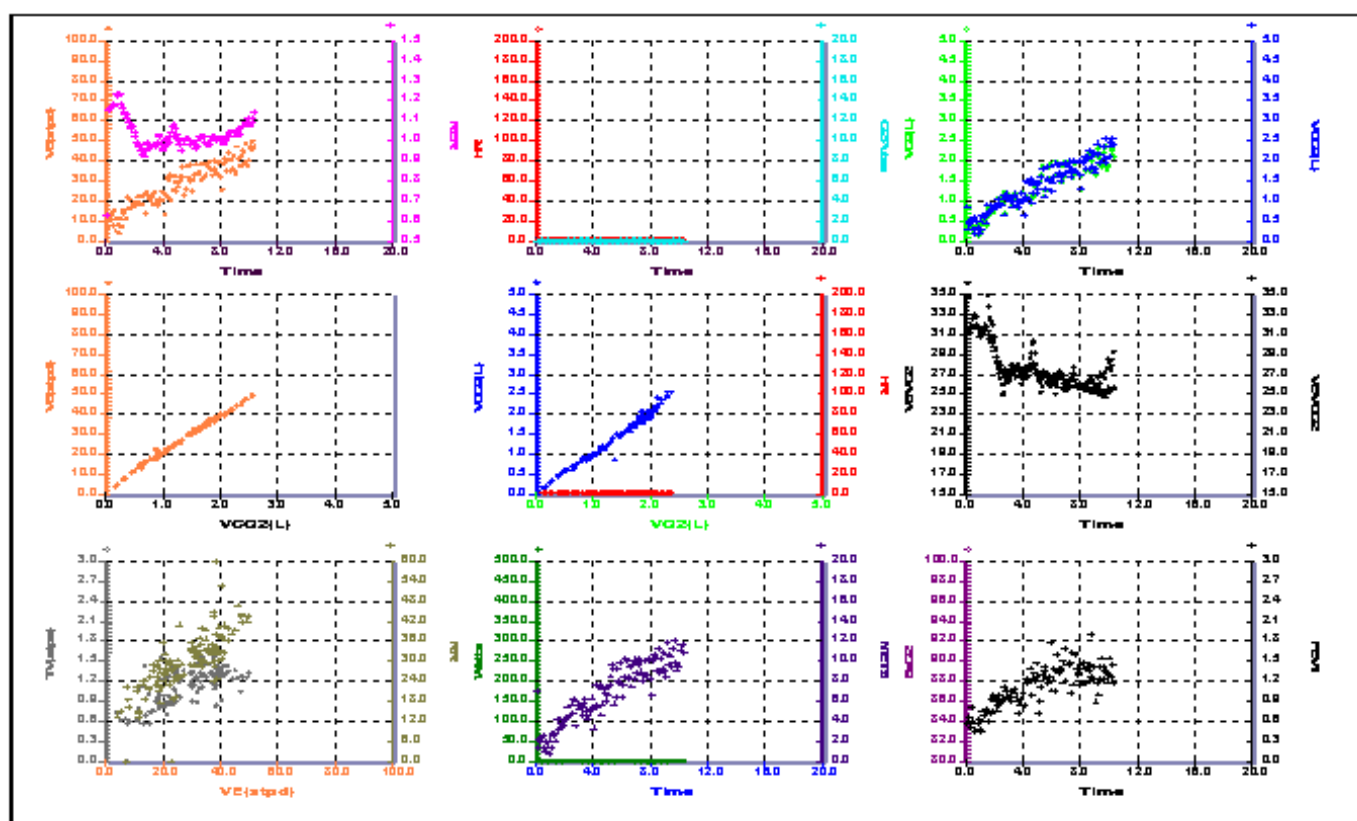
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On Morumbi Sao Paulo

Jorge Joao Saad 1096
None



ID	: 21122020	Protocol	: Rest
Sex	: Male	Date of Test	: 12/21/2019 12:52:44
First Name	: LUISA	Baro	: 706
Last Name	: PECILE FONTES	Temperature	: 33.0 °C
DOB	: 1 January 1900 (120)	Humidity	: 50 %
Weight	: 56.0 Kg (124 Lbs)	Filter	: Avg 5 Sec
Height	: 158 cm (62.2 inches)	File	: Pecile FontesLuisa5.stress
BMI	: 22.43	Tested by	:
BSA	: 1.57 m2	Physician	:
Date Printed	: 01/16/2020		



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