


PNOE Ergometry results

Subject 		Measurement	
Name	*****	Status	✔ Closed
Gender	Female (30)	Date	November 16, 2020 at 9:03:46 AM GMT
Weight	100 kg	Duration	19' (243 breaths)
Height	180 cm	Protocol	Free run
Exercise Frequency	4 times a week	Device	PNOE 2016-157
Exercise Goal	Fat Loss		
Report Type	None		

Teste esforç...

Recovery

