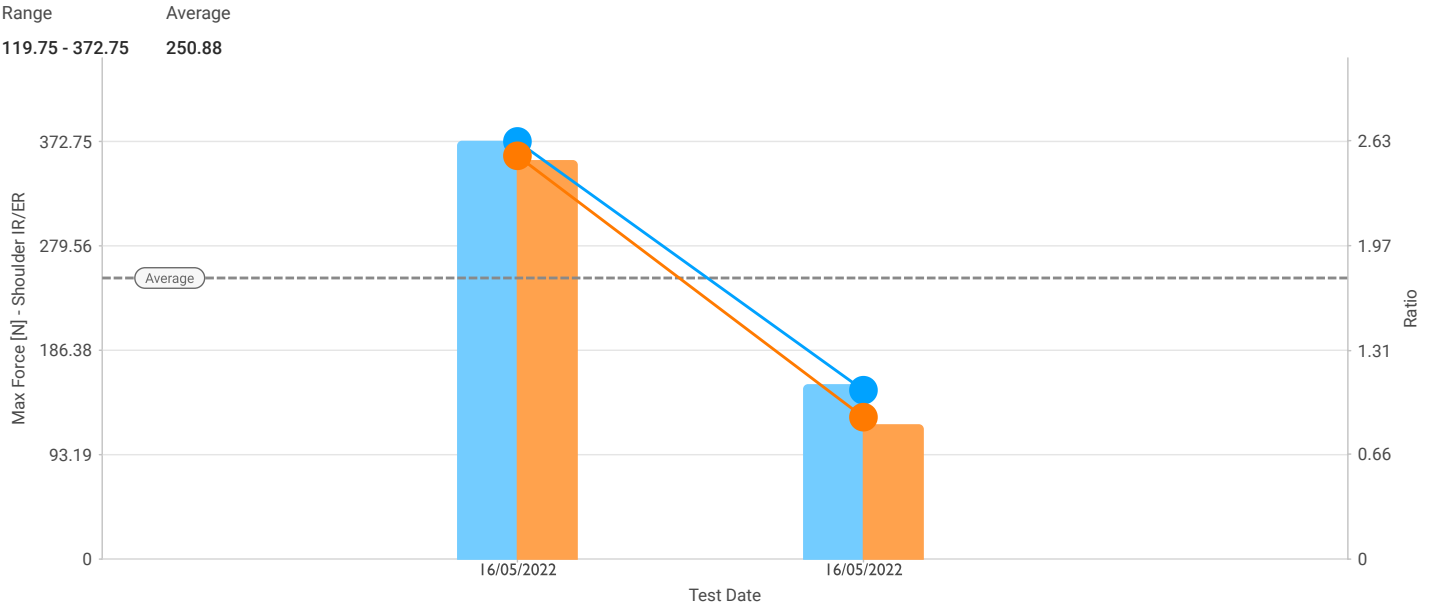




Tests (8)

| PROFILE | DATE | TEST TYPE | TEST POSITION | REPS |
|-----------------------------------|---------------------|--------------------|------------------------|------------------------------|
| Gabriel Freitas Alves dos Sant... | | | | |
| 8 Tests | | | | |
| | 16/05/2022 12:23 | Shoulder IR/ER | Supine (90 Degrees AB) | IR 1 L / 1 R ER 1 L / 1 R |
| | 16/05/2022 12:19 | Shoulder IR/ER | Supine (Neutral) | IR 1 L / 2 R ER 1 L / 1 R |
| | 16/05/2022 12:13 | Shoulder Extension | Prone | EXT 1 L / 1 R |
| | 16/05/2022 12:11 | Shoulder Abduction | Side lying | AB 1 L / 1 R |
| | 16/05/2022 12:09 | Shoulder Adduction | Side lying | AD 1 L / 1 R |
| | 16/05/2022 12:06 | Shoulder Flexion | Prone | FLEX 1 L / 1 R |
| | 16/05/2022 12:04 | Elbow Extension | Seated | EXT 1 L / 1 R |
| | 16/05/2022 12:03 | Elbow Flexion | Seated | FLEX 1 L / 1 R |

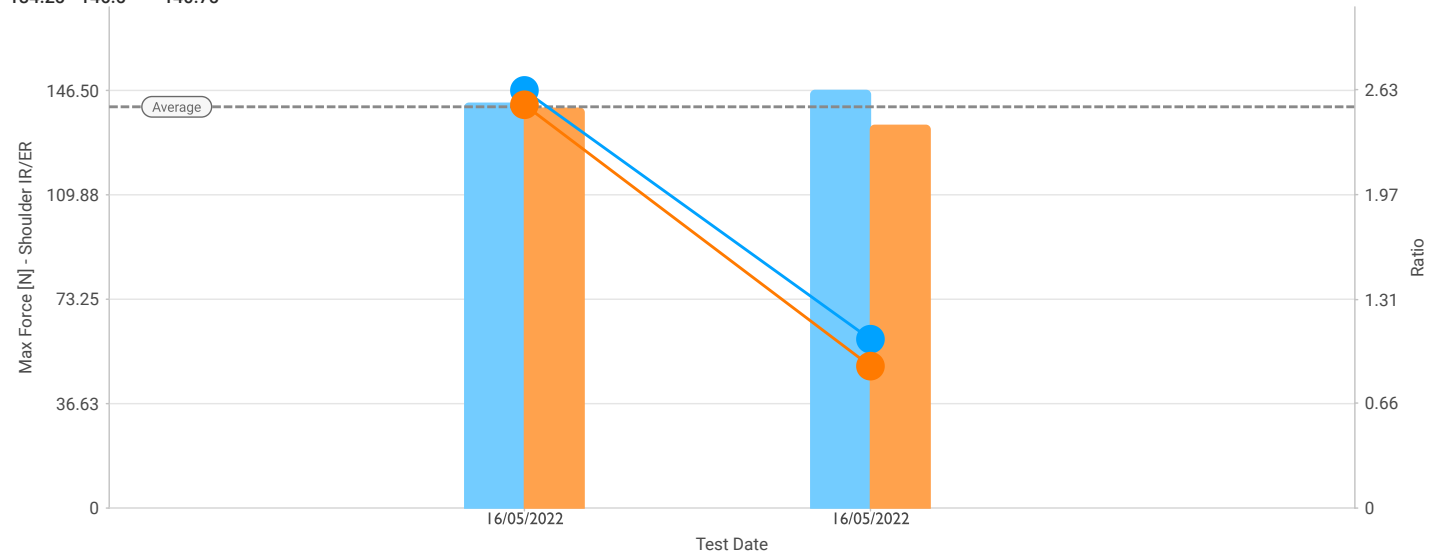
Internal Rotation Max Force [N] - Shoulder IR/ER





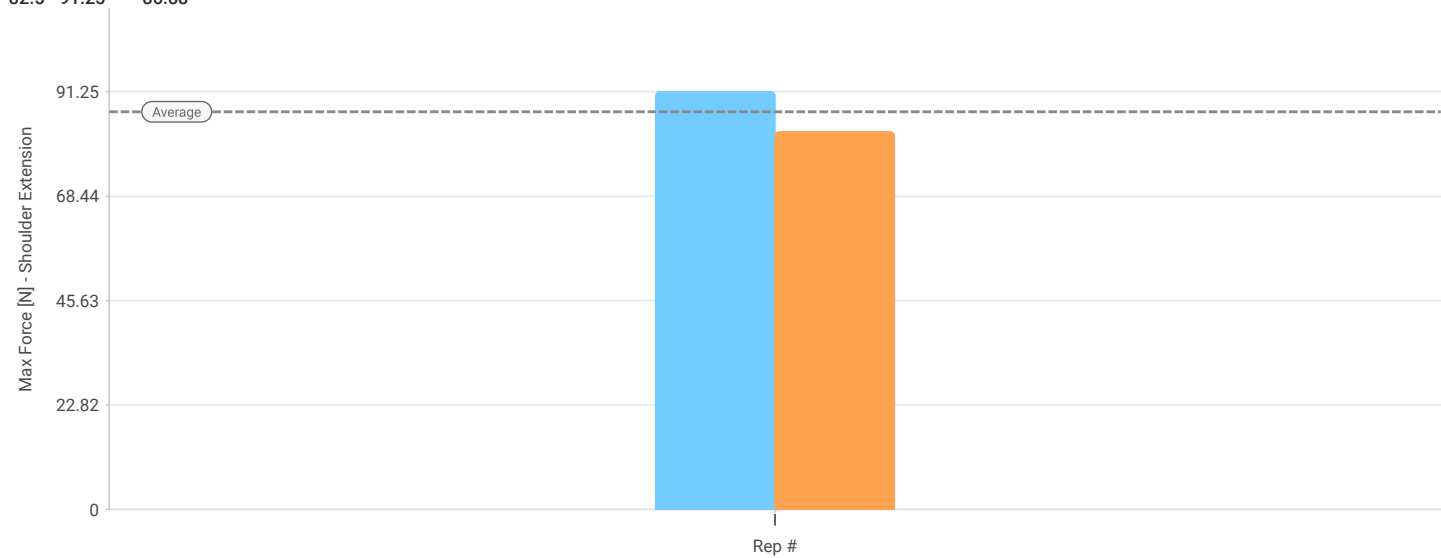
External Rotation Max Force [N] - Shoulder IR/ER

Range Average
134.25 - 146.5 140.75



Extension Max Force [N] - Shoulder Extension

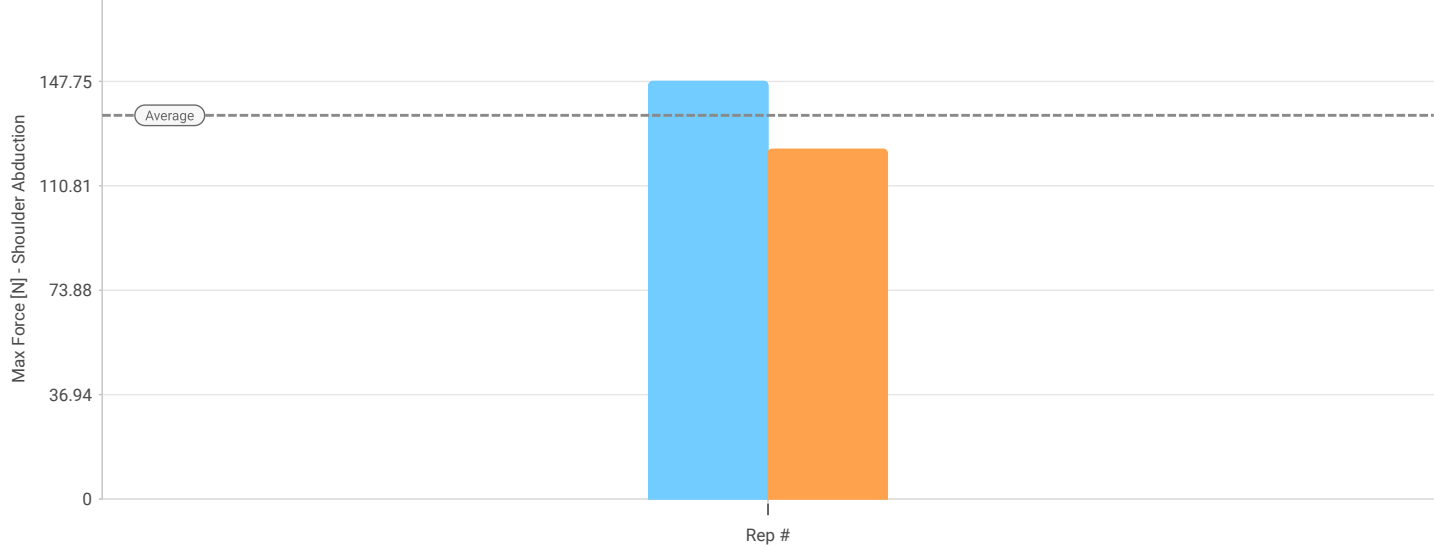
Range Average
82.5 - 91.25 86.88





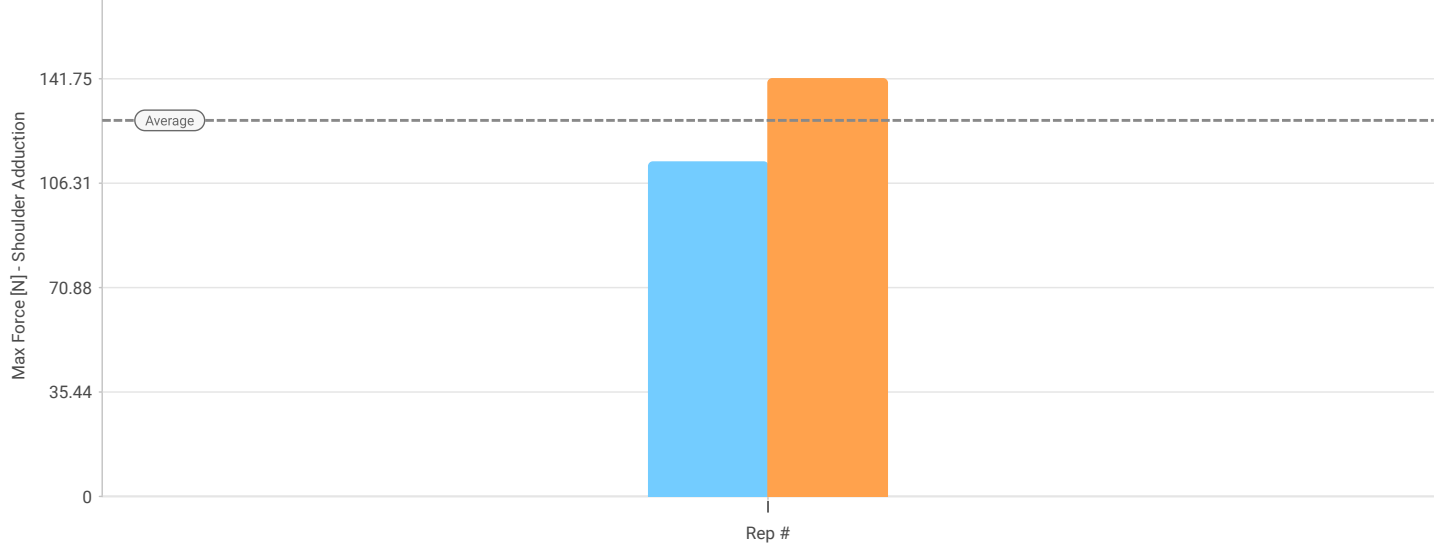
Abduction Max Force [N] - Shoulder Abduction

Range Average
123.75 - 147.75 135.75



Adduction Max Force [N] - Shoulder Adduction

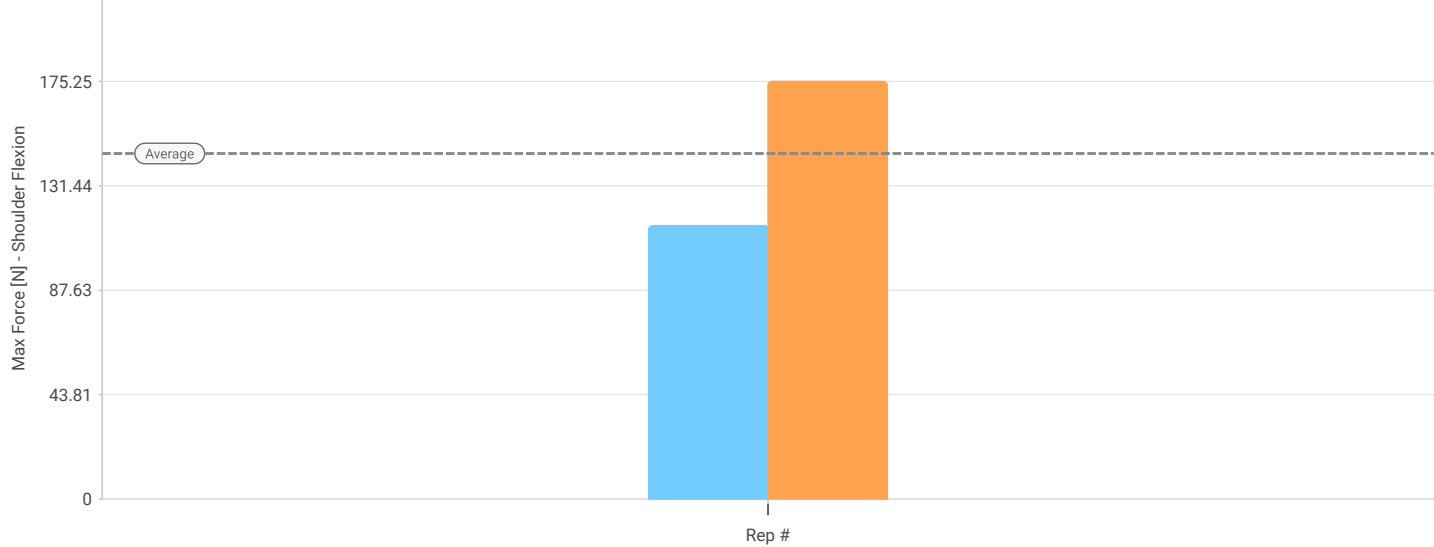
Range Average
113.5 - 141.75 127.63





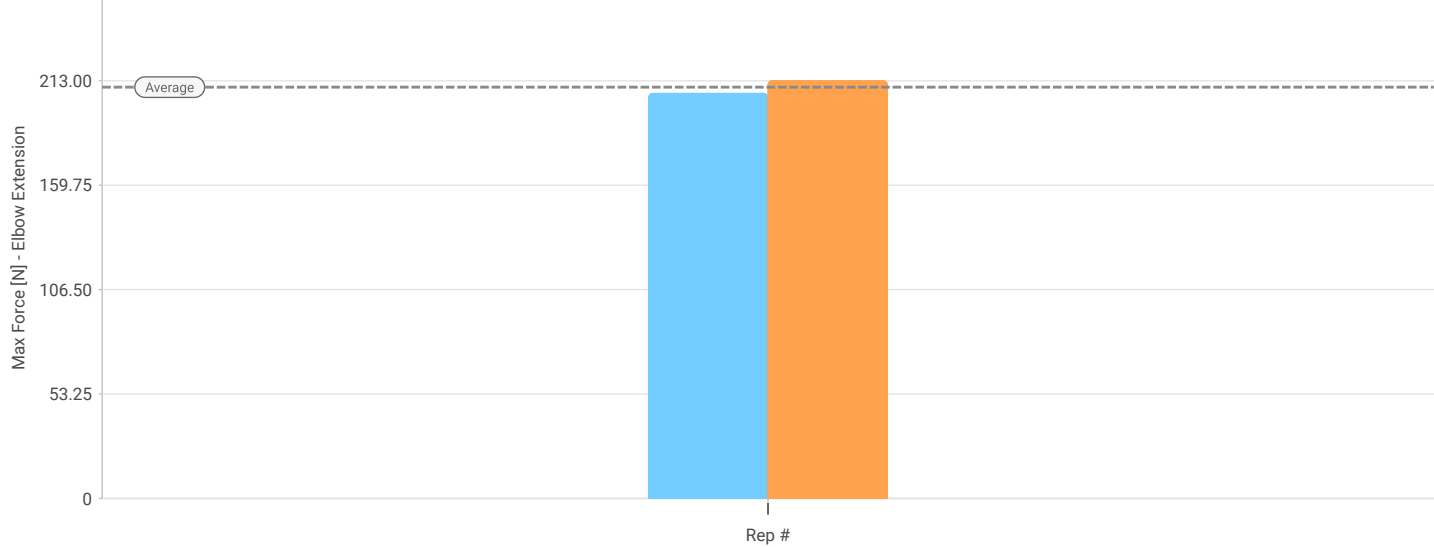
Flexion Max Force [N] - Shoulder Flexion

Range Average
114.75 - 175.25 145



Extension Max Force [N] - Elbow Extension

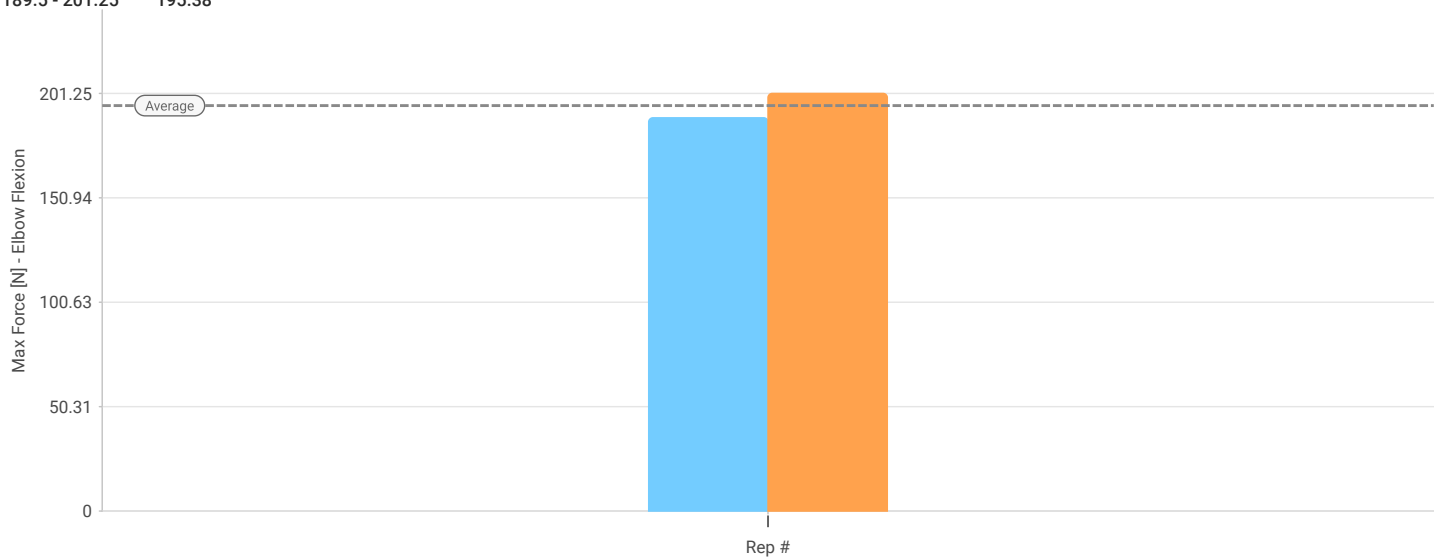
Range Average
206.5 - 213 209.75





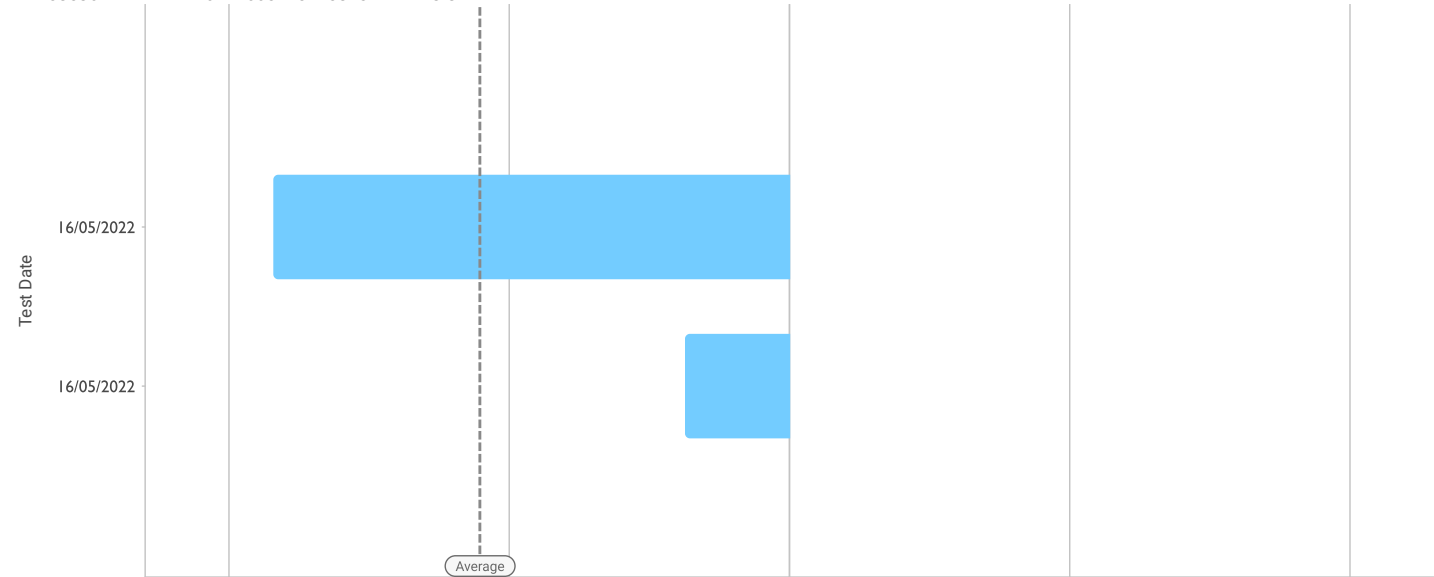
Flexion Max Force [N] - Elbow Flexion

Range Average
189.5 - 201.25 195.38



Internal Rotation Asymmetry [%] - Shoulder IR/ER

Range Average
22.9903536977492 L - 4.6277665995975825 R 13.81 L



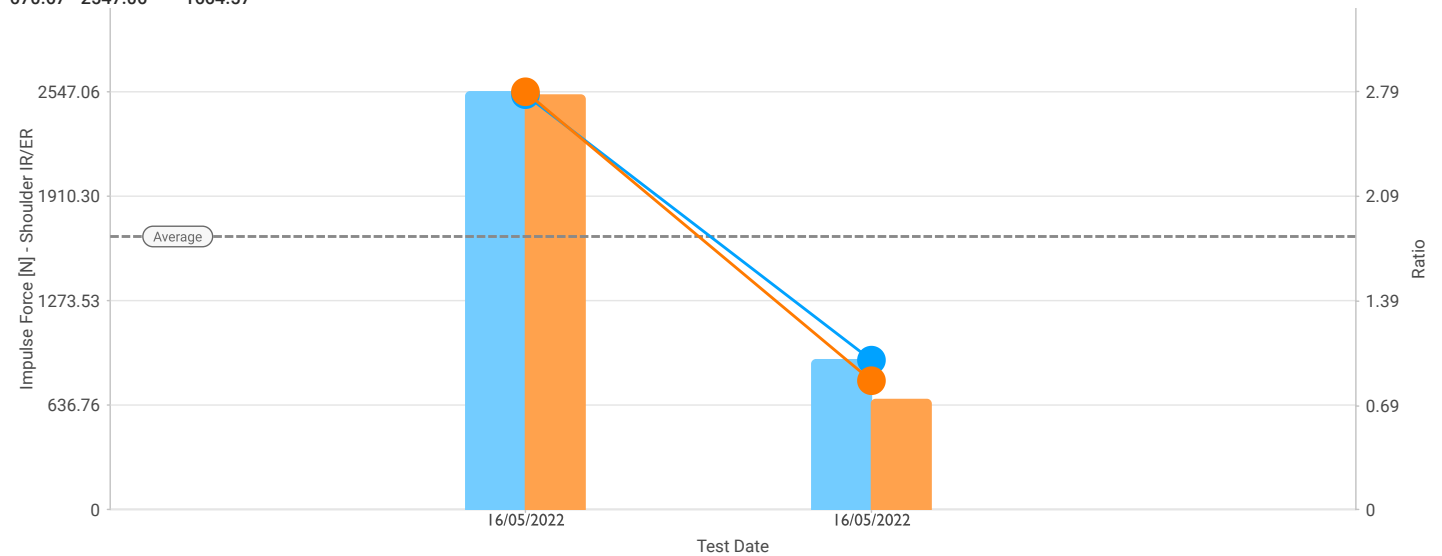




| Range | Average |
|---|---------|
| 5.838509316770191 L - 5.838509316770191 R | 5.84 R |



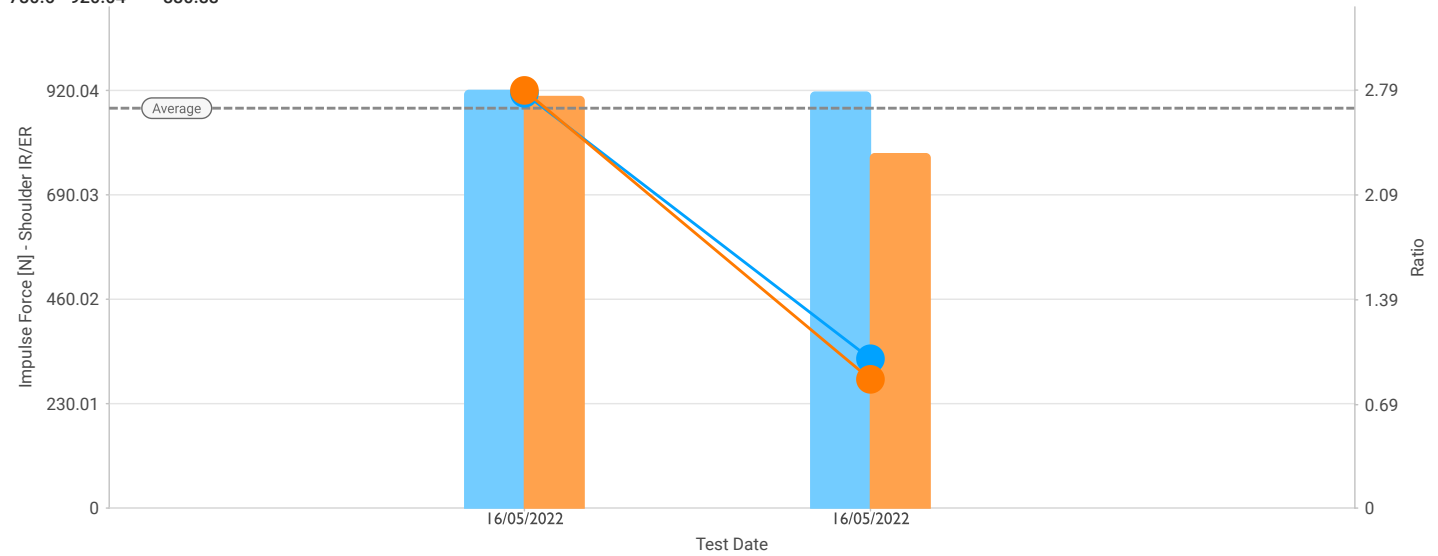
| Range | Average |
|------------------|---------|
| 670.67 - 2547.06 | 1664.57 |





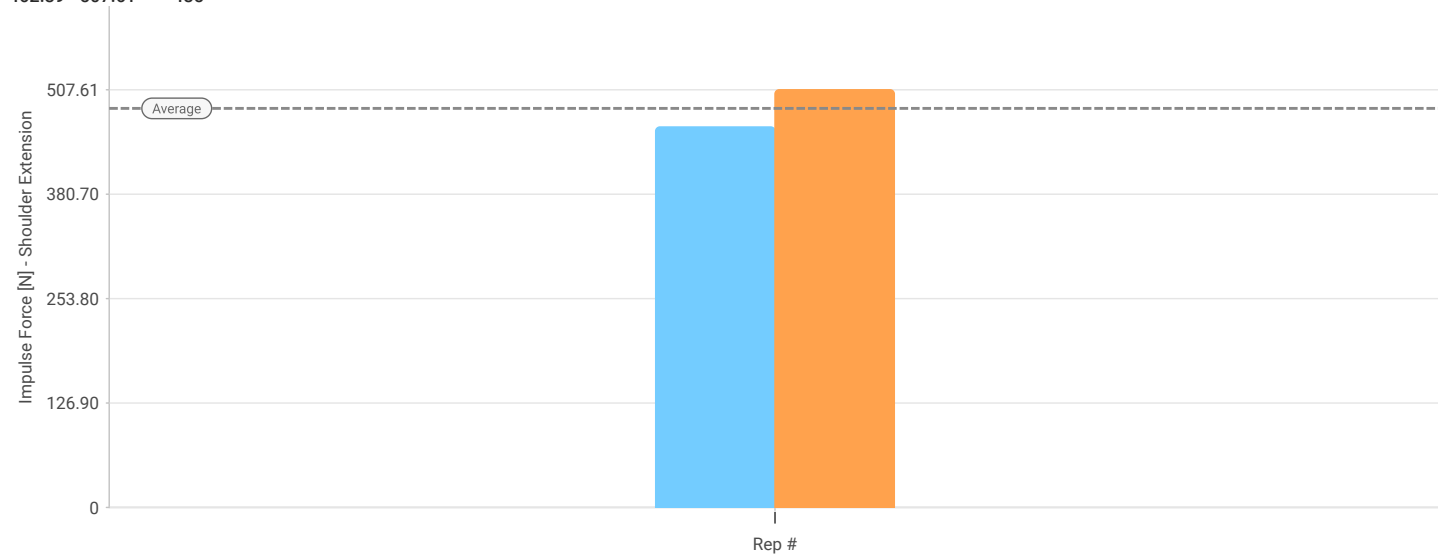
External Rotation Impulse Force [N] - Shoulder IR/ER

Range Average
780.6 - 920.04 880.88



Extension Impulse Force [N] - Shoulder Extension

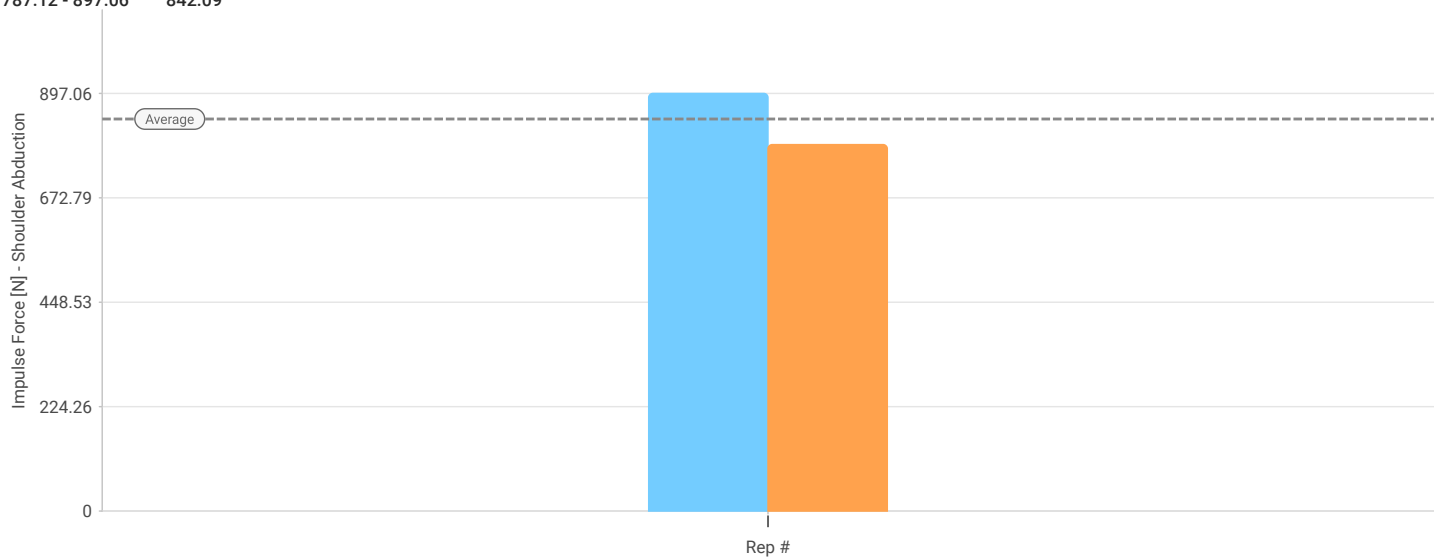
Range Average
462.39 - 507.61 485





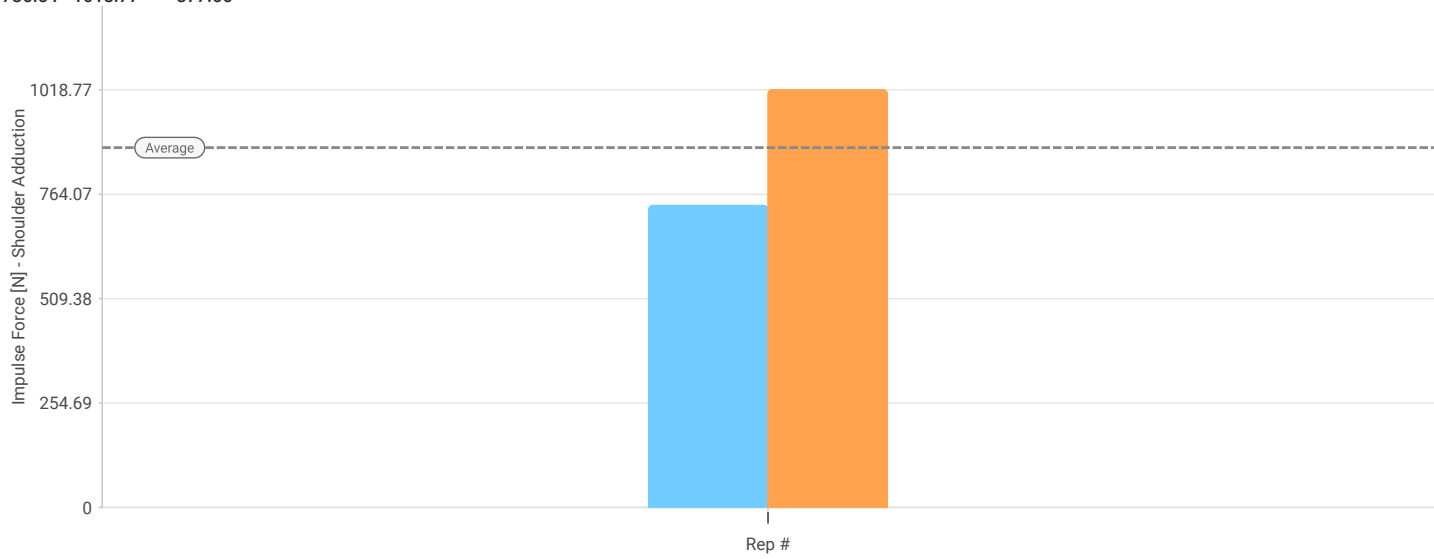
Abduction Impulse Force [N] - Shoulder Abduction

Range Average
787.12 - 897.06 842.09



Adduction Impulse Force [N] - Shoulder Adduction

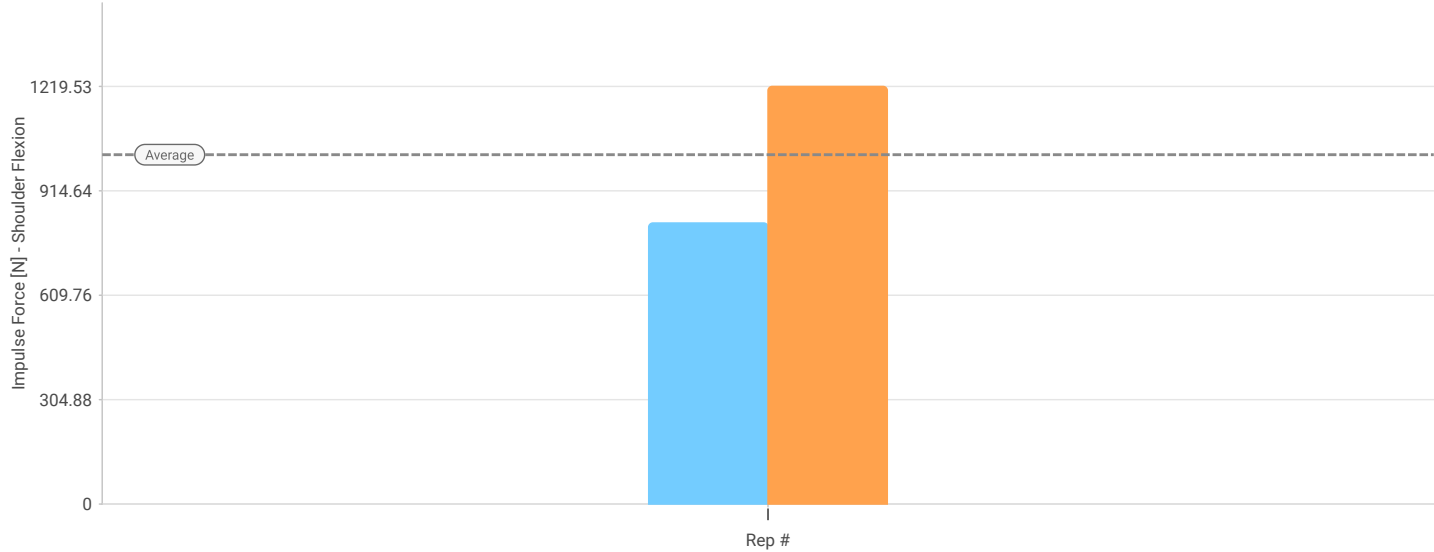
Range Average
736.54 - 1018.77 877.66





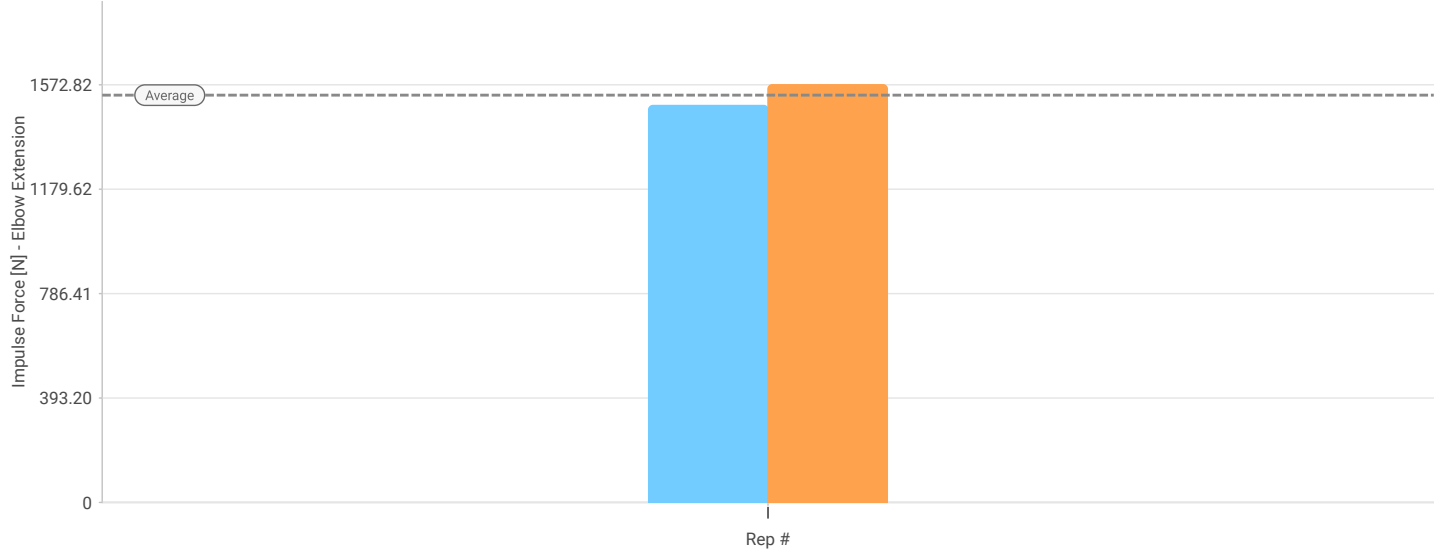
Flexion Impulse Force [N] - Shoulder Flexion

Range Average
820.74 - 1219.53 1020.13



Extension Impulse Force [N] - Elbow Extension

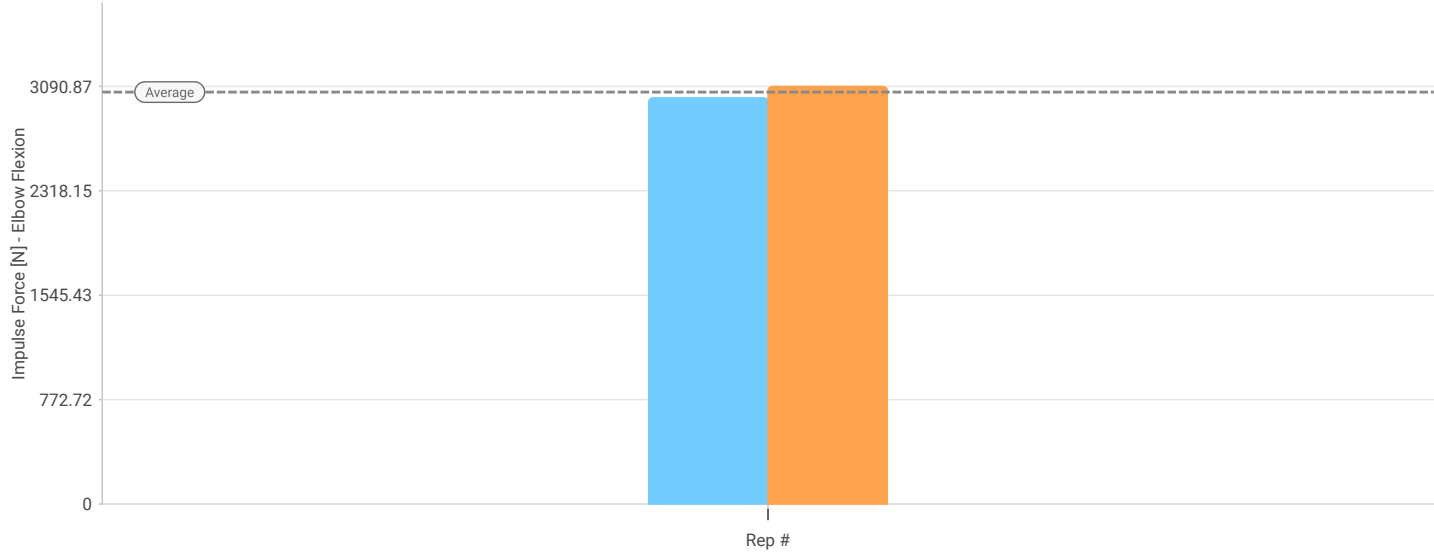
Range Average
1494.77 - 1572.82 1533.8





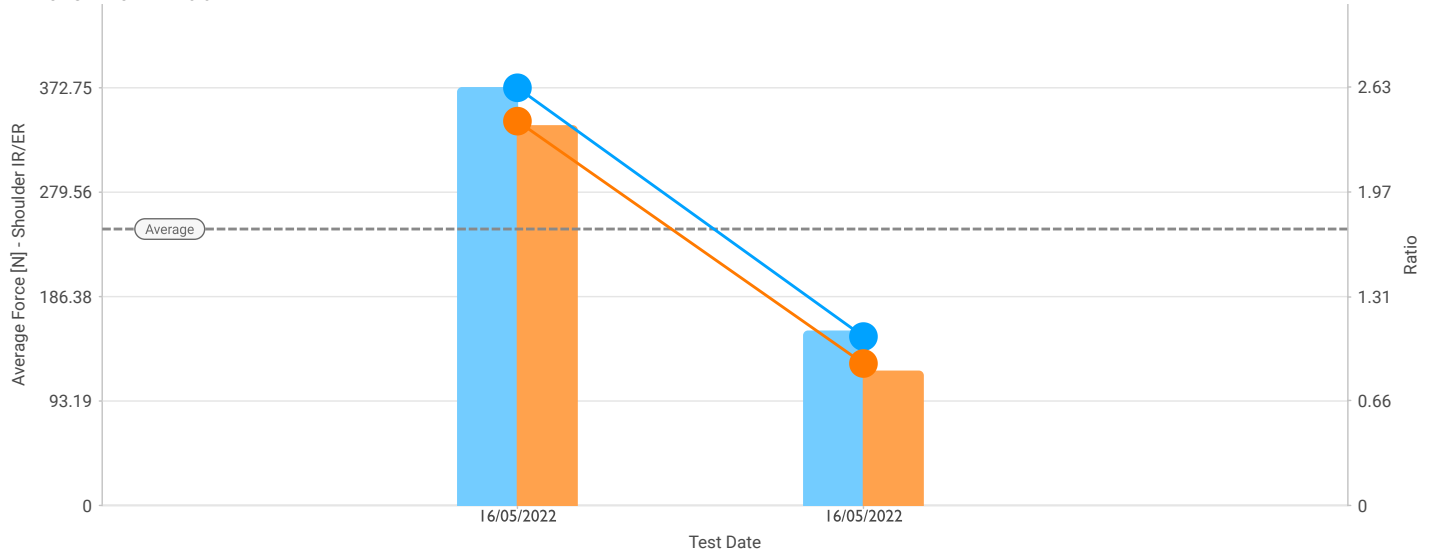
Flexion Impulse Force [N] - Elbow Flexion

Range Average
3006.8 - 3090.87 3048.83



Internal Rotation Average Force [N] - Shoulder IR/ER

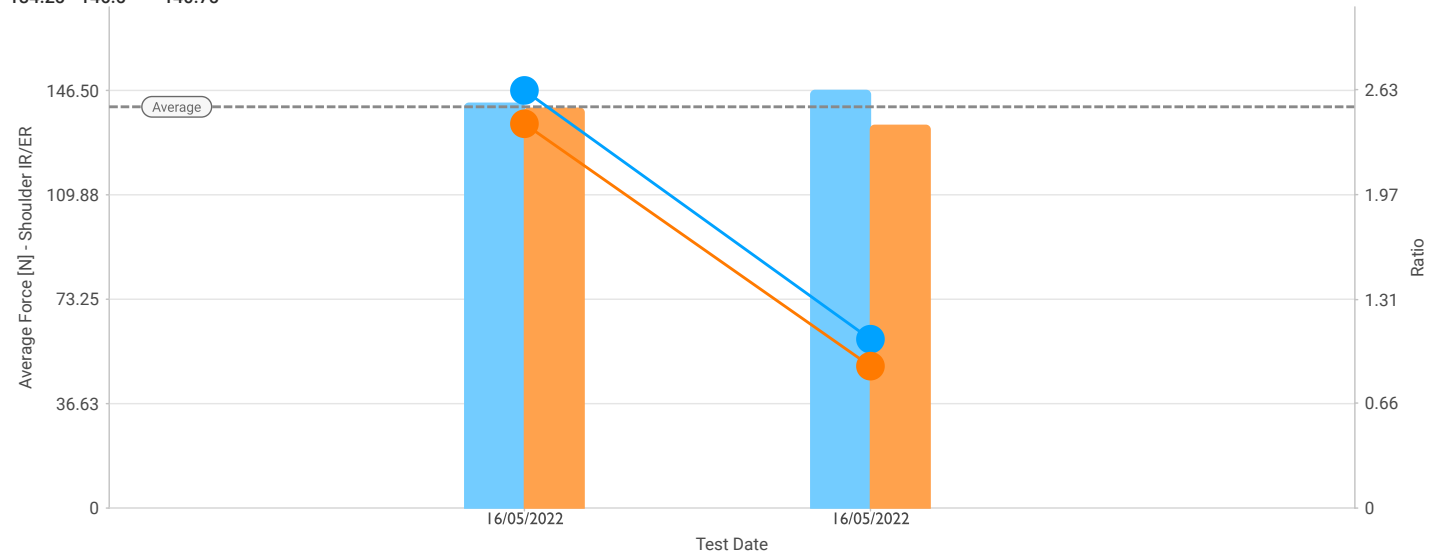
Range Average
119.75 - 372.75 246.69





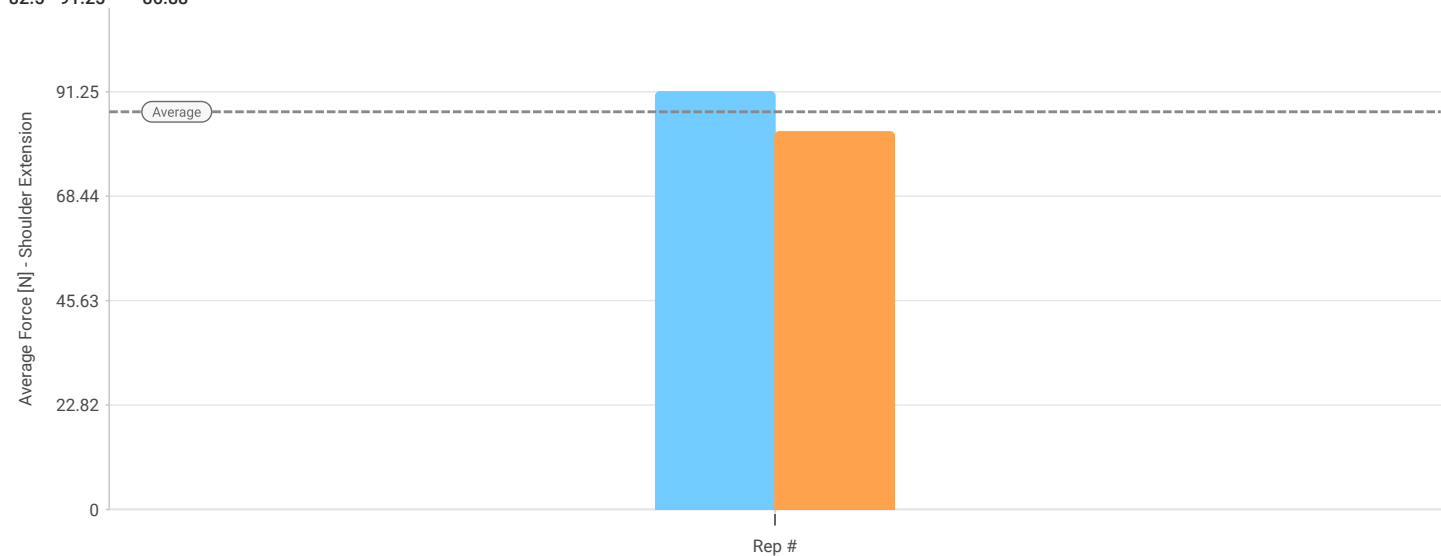
External Rotation Average Force [N] - Shoulder IR/ER

Range Average
134.25 - 146.5 140.75



Extension Average Force [N] - Shoulder Extension

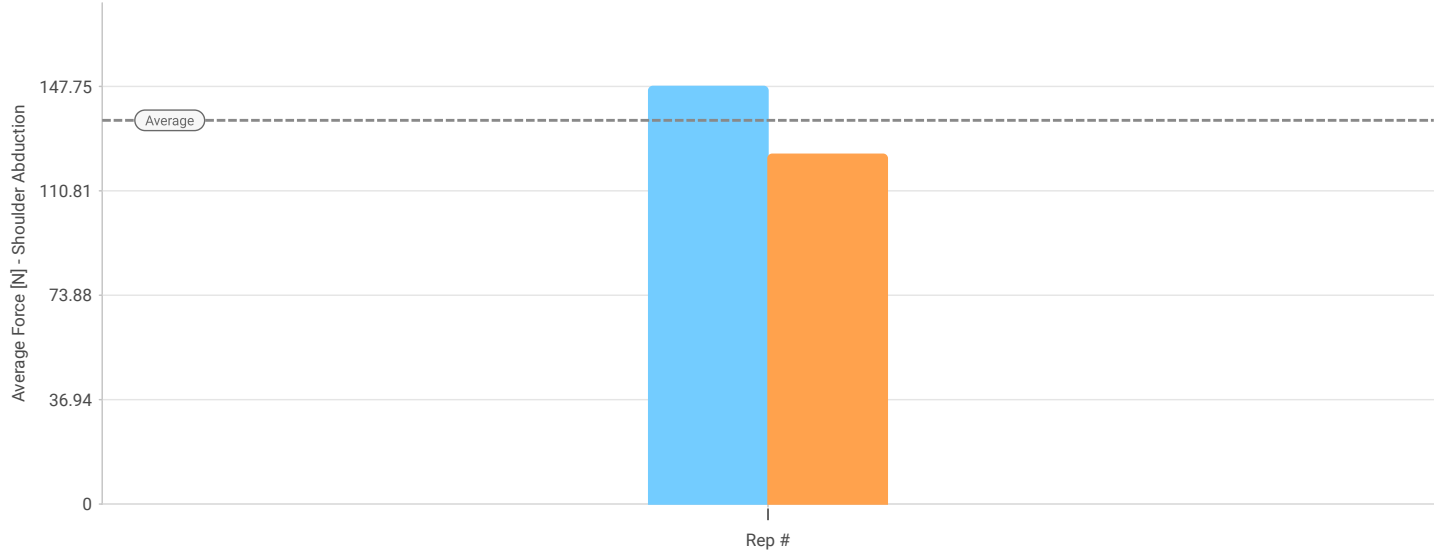
Range Average
82.5 - 91.25 86.88





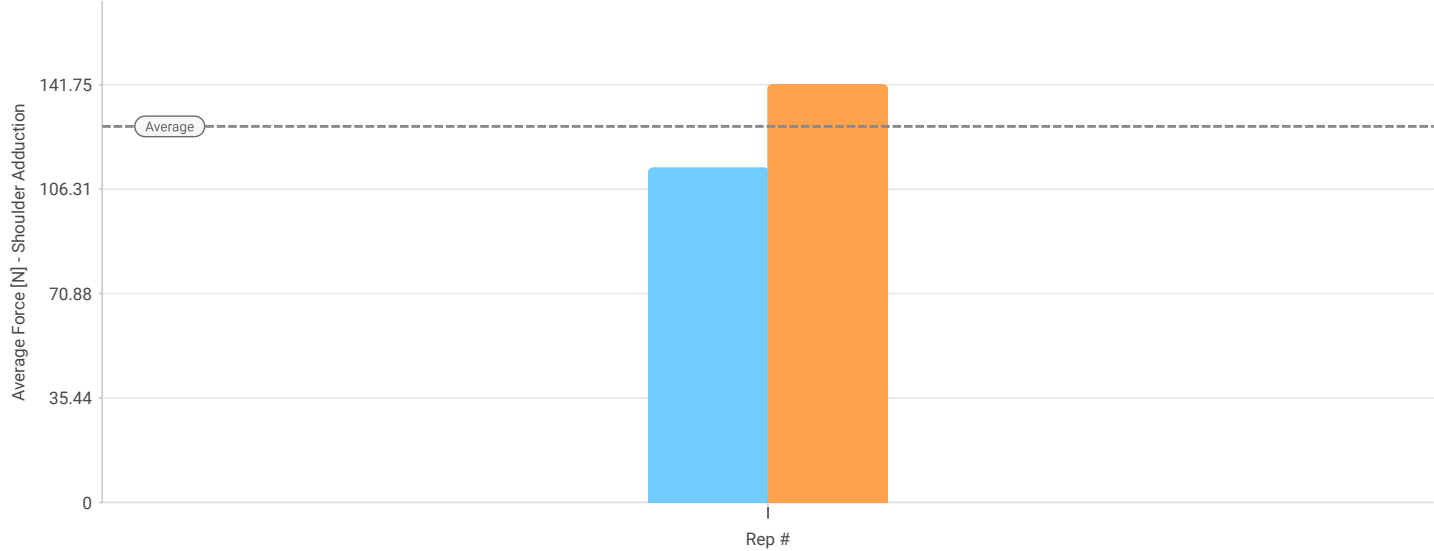
Abduction Average Force [N] - Shoulder Abduction

Range Average
123.75 - 147.75 135.75



Adduction Average Force [N] - Shoulder Adduction

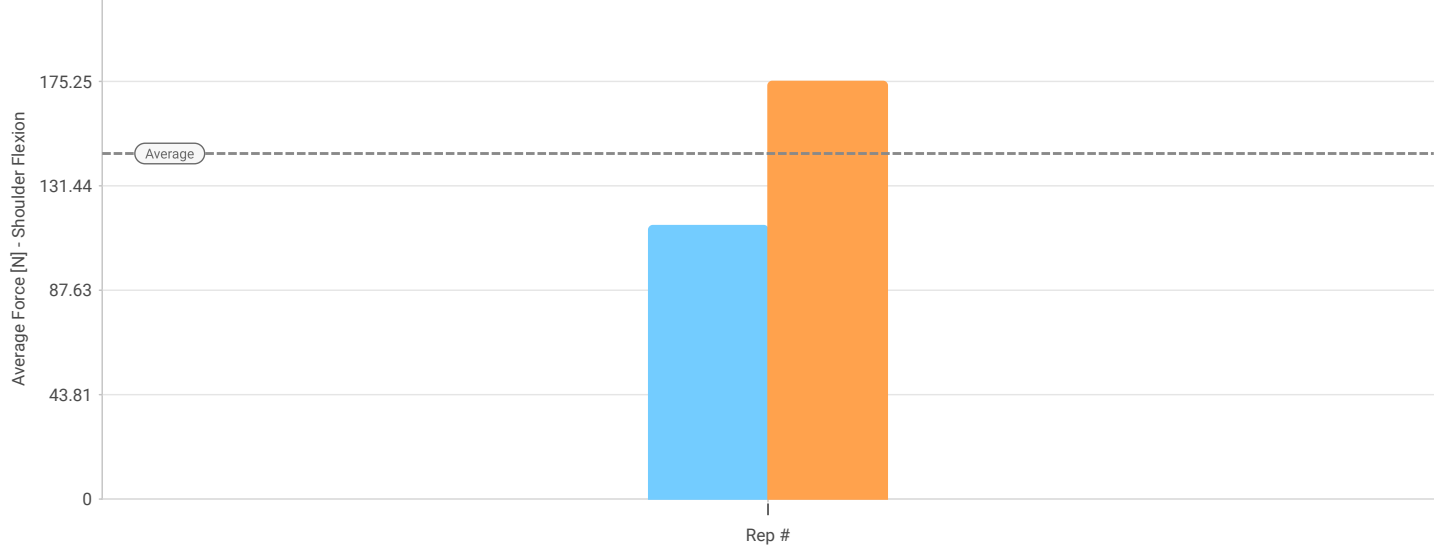
Range Average
113.5 - 141.75 127.63





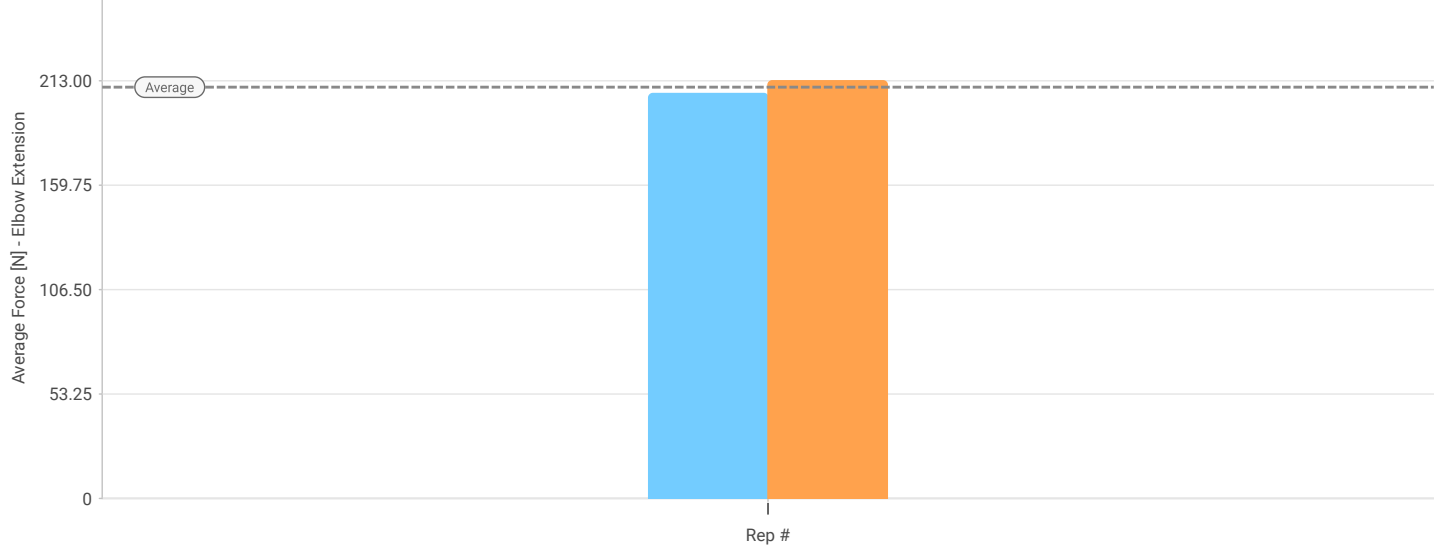
Flexion Average Force [N] - Shoulder Flexion

Range Average
114.75 - 175.25 145



Extension Average Force [N] - Elbow Extension

Range Average
206.5 - 213 209.75





Flexion Average Force [N] - Elbow Flexion

Range Average
189.5 - 201.25 195.38

