



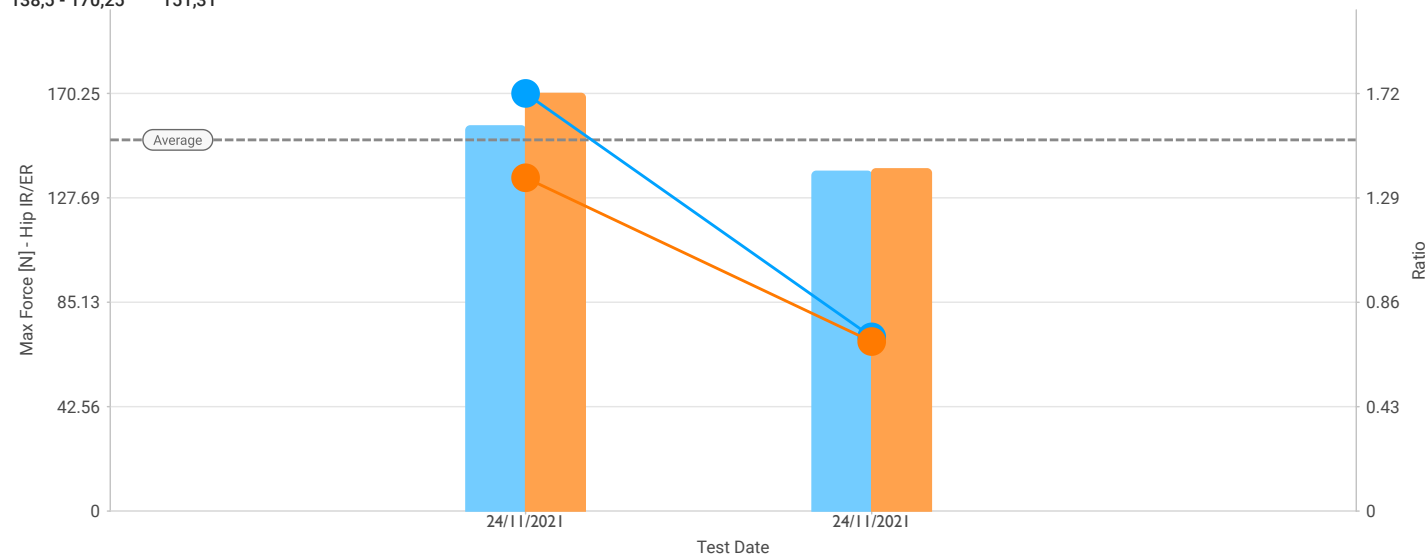
Testes (20)

PERFIL	ENCONTRO	TIPO DE TESTE	POSIÇÃO DE TESTE	REPS
Wallace Amorim 20 testes	24/11/2021 16h01	Hip IR / ER	Personalizado	ER 2 L / 2 R IR 2 L / 2 R
	24/11/2021 15:57	Hip IR / ER	Propenso	ER 2 L / 2 R IR 2 L / 2 R
	24/11/2021 15h50	Flexão do quadril	Supino	FLEX 2 L / 2 R
	24/11/2021 15h46	Flexão do quadril	Kicker	FLEX 2 L / 2 R
	24/11/2021 15h43	Flexão do quadril	De pé	FLEX 2 L / 2 R
	24/11/2021 15h40	Flexão do quadril	Sentado	FLEX 2 L / 2 R
	24/11/2021 15h36	Extensão de quadril	Propenso	EXT 2 L / 2 R
	24/11/2021 3:30 DA TARDE	Extensão de quadril	De pé	EXT 2 L / 2 R
	24/11/2021 15h25	Hip AD / AB	Supino (joelho)	ADICIONE 2 L / 2 R ABD 2 L / 2 R
	24/11/2021 15h22	Hip AD / AB	Supino (tornozelo)	ADICIONE 2 L / 2 R ABD 2 L / 2 R
	24/11/2021 15h18	Hip AD / AB	Em pé (tornozelo)	ADICIONE 2 L / 2 R ABD 2 L / 2 R
	24/11/2021 15h13	Hip AD / AB	Sentado	ADICIONE 2 L / 2 R ABD 2 L / 2 R
	24/11/2021 15h08	Hip AD / AB	90 °	ADICIONE 2 L / 2 R ABD 2 L / 2 R
	24/11/2021 15h04	Hip AD / AB	45 °	ADICIONE 2 L / 2 R ABD 2 L / 2 R
	24/11/2021 14h57	extensor de joelho em pé	extensor de joelho em pé	Interior 0 L / 0 R Exterior 2 L / 2 R
	24/11/2021 14h52	Flexão de joelho	De pé	FLEX 2 L / 2 R
	24/11/2021 14h48	Flexão de joelho	Supino	FLEX 2 L / 2 R
	24/11/2021 14h44	Flexão de joelho	Propenso	FLEX 2 L / 2 R
	24/11/2021 14h40	Tornozelo IN / EV	Supino	INV 2 L / 2 R EV 2 L / 2 R
	24/11/2021 14h35	Dorsiflexão do tornozelo	Sentado	DF 2 L / 2 R



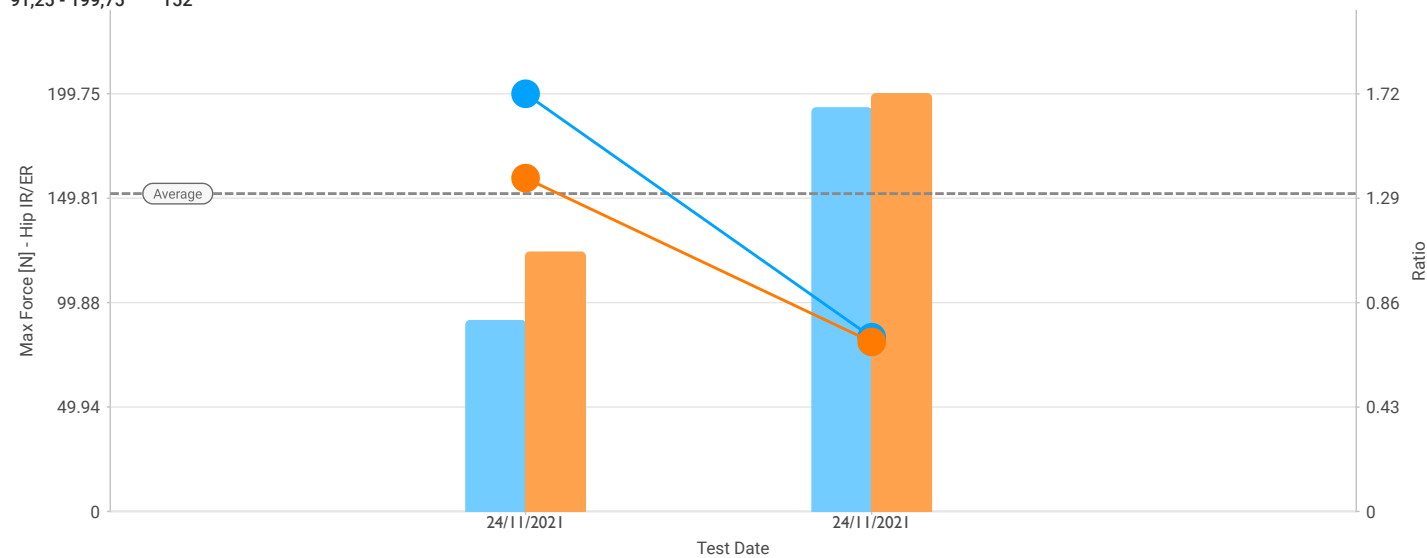
Força máxima de rotação externa [N] - Hip IR / ER

Faixa Média
138,5 - 170,25 151,31



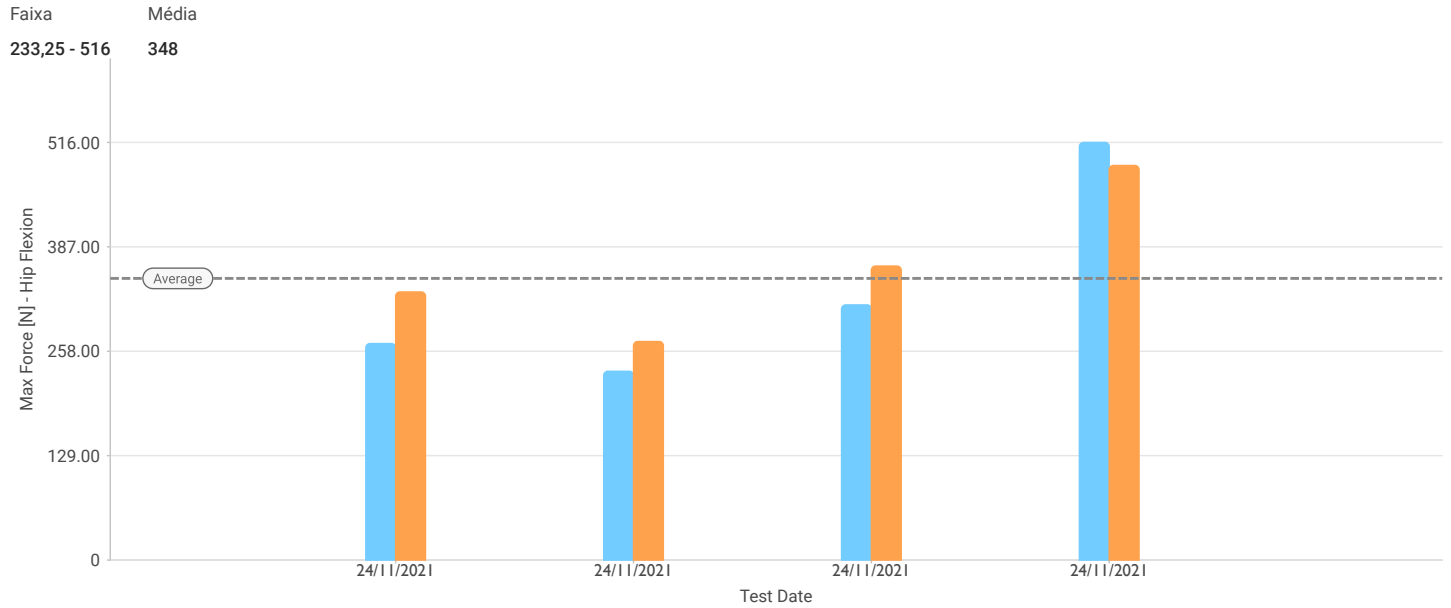
Força máxima de rotação interna [N] - Hip IR / ER

Faixa Média
91,25 - 199,75 152

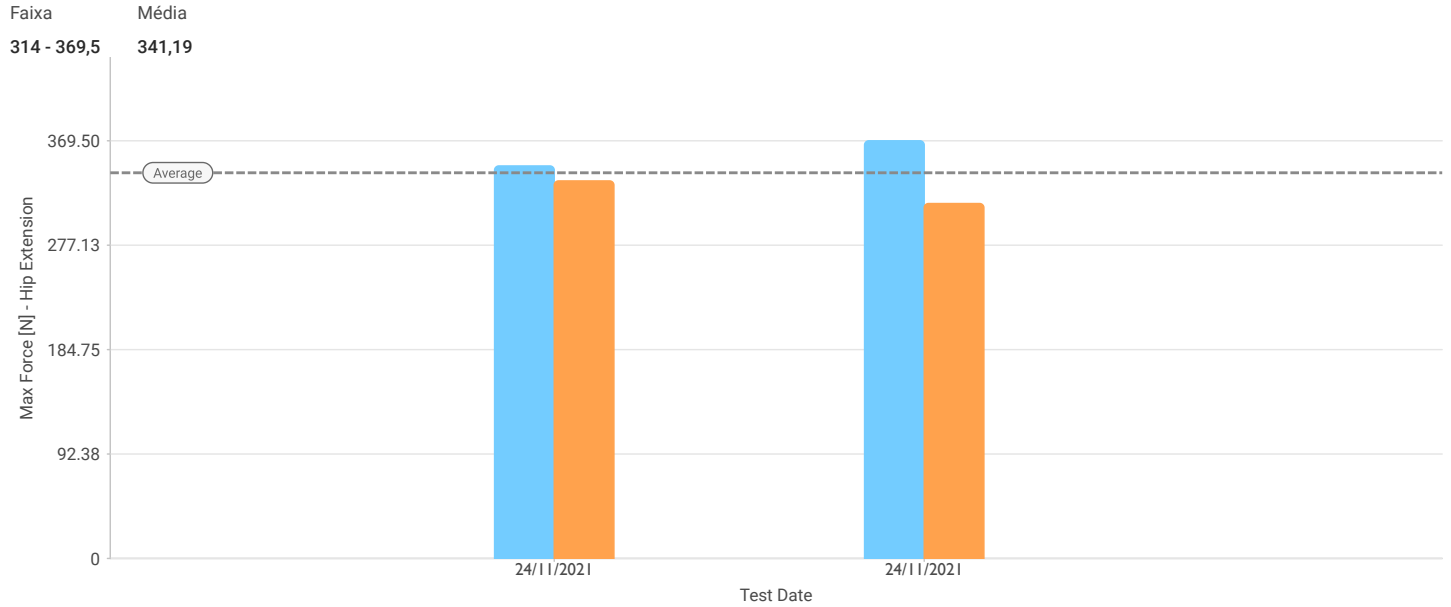




Força máxima de flexão [N] - Flexão do quadril



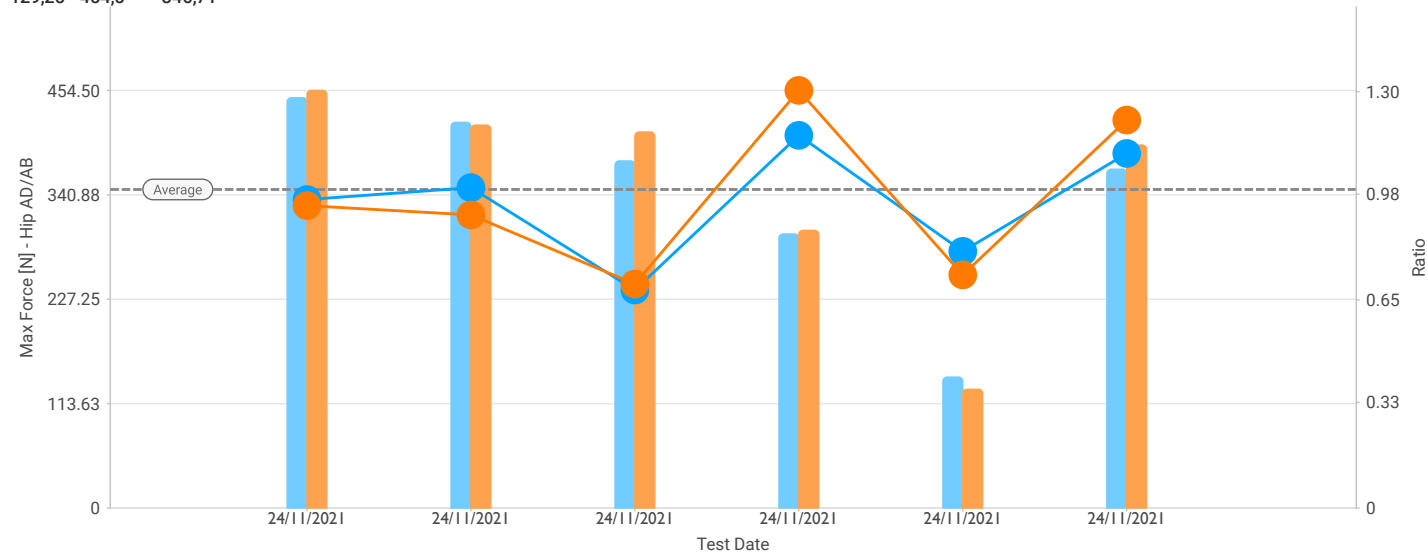
Força máxima de extensão [N] - Extensão de quadril





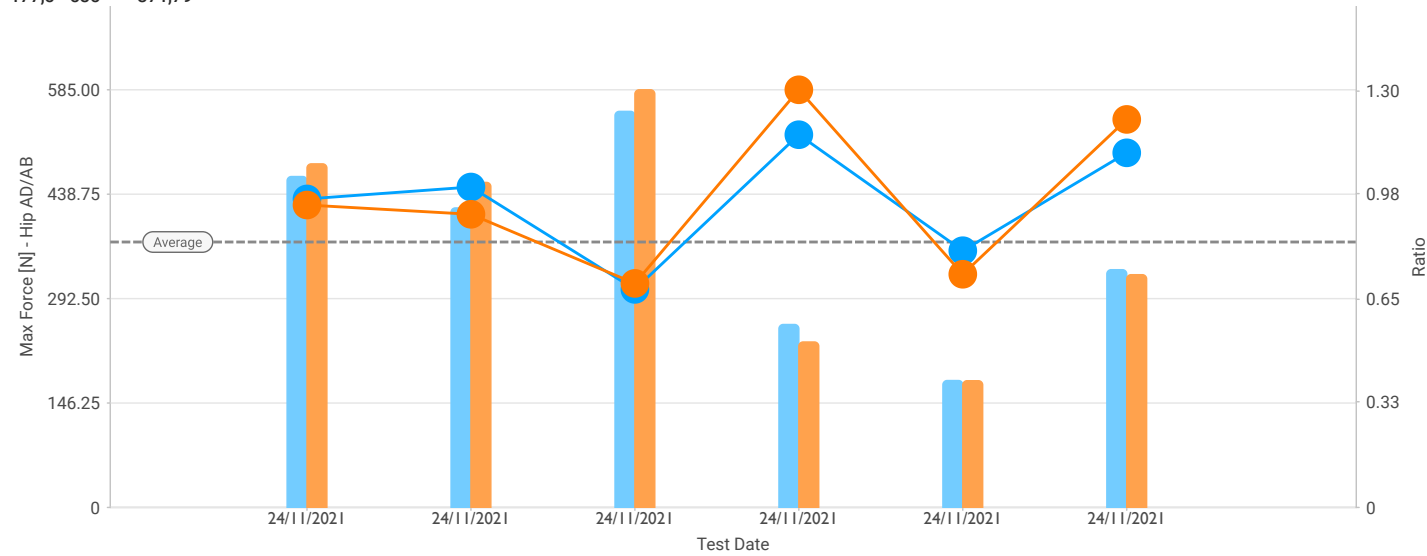
Força máxima de adução [N] - Quadril AD / AB

Faixa Média
129,25 - 454,5 346,71



Força máxima de abdução [N] - Quadril AD / AB

Faixa Média
177,5 - 585 371,79

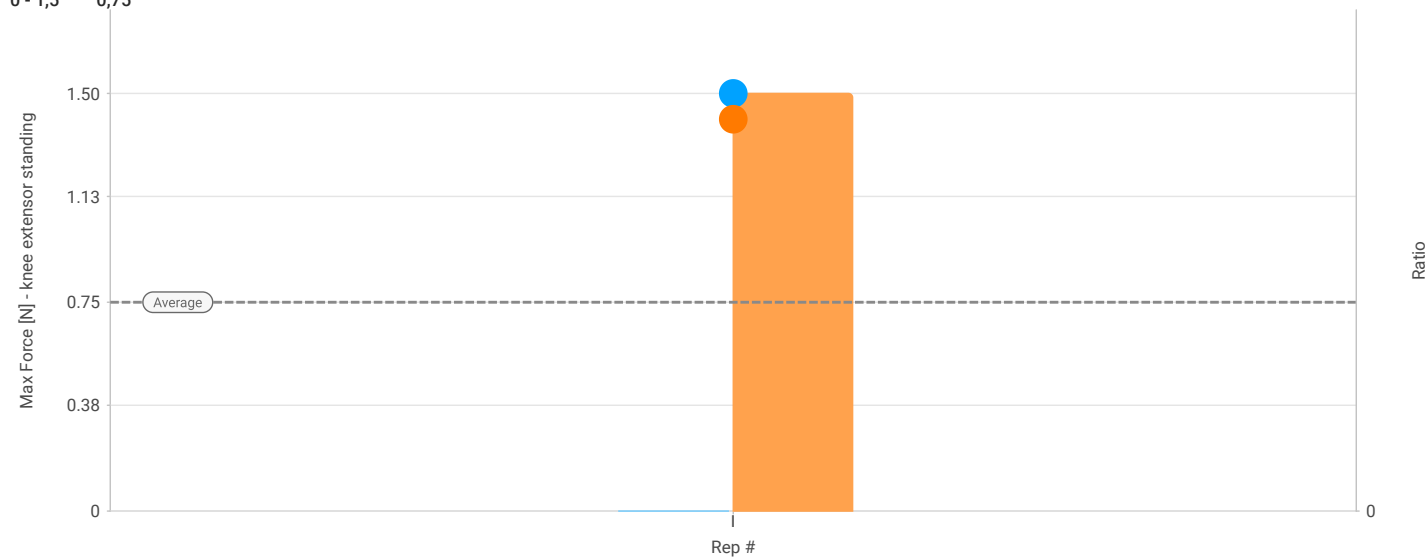




Força máxima [N] - extensor de joelho em pé

Faixa Média

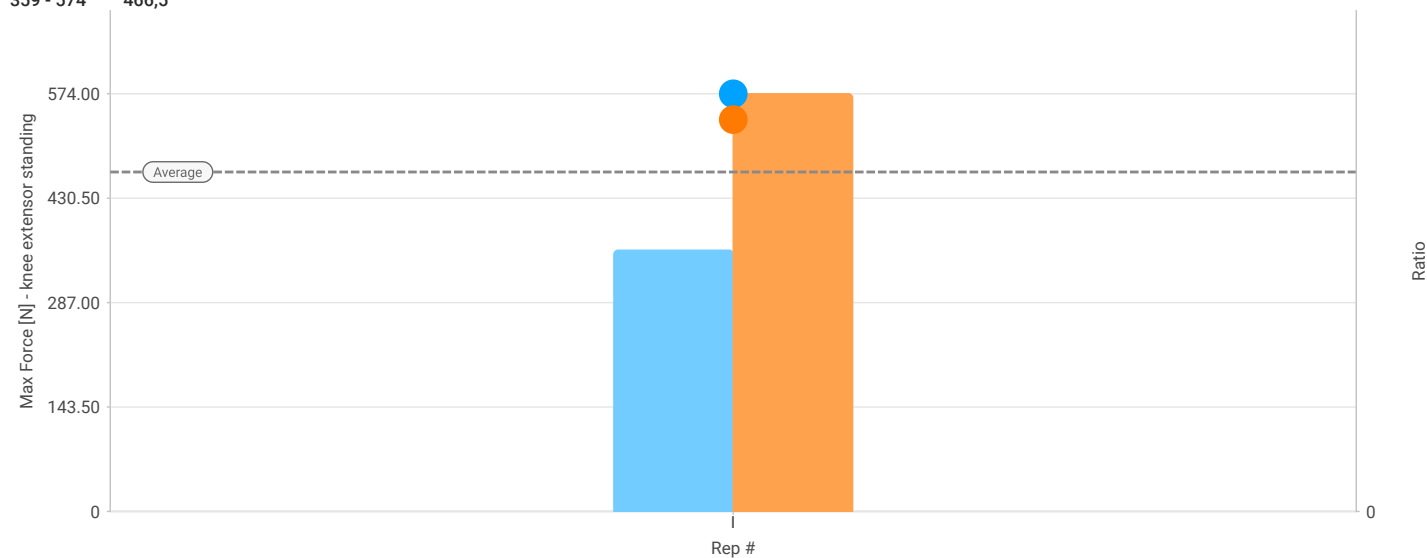
0 - 1,5 0,75



Força máxima [N] - extensor de joelho em pé

Faixa Média

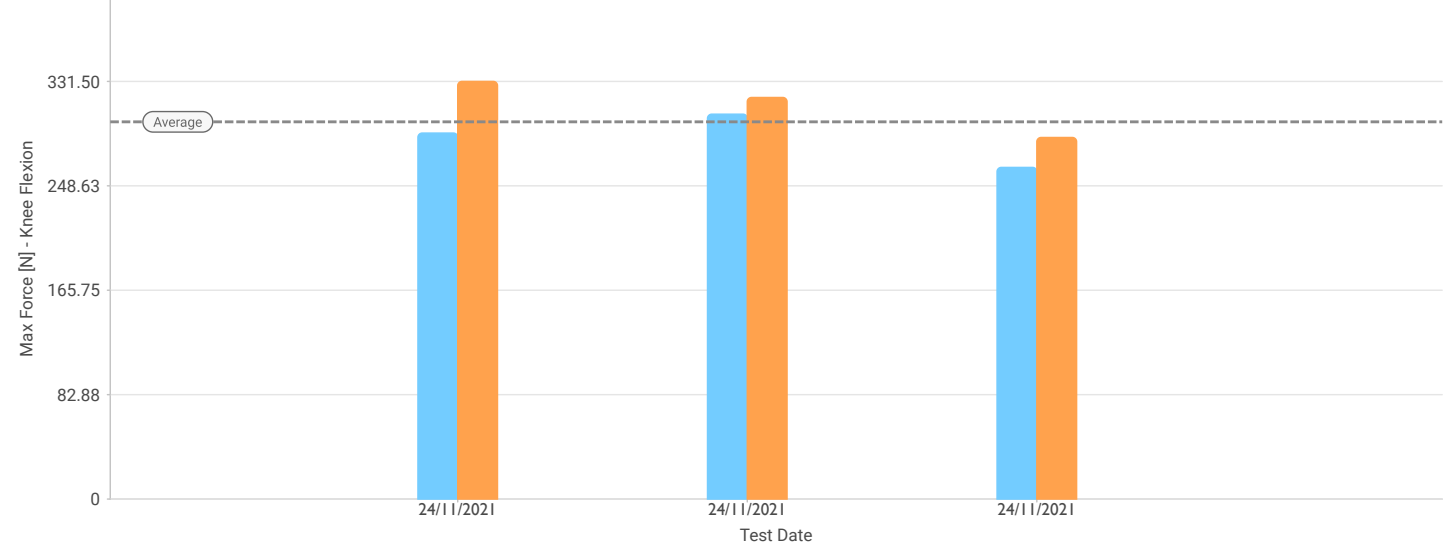
359 - 574 466,5





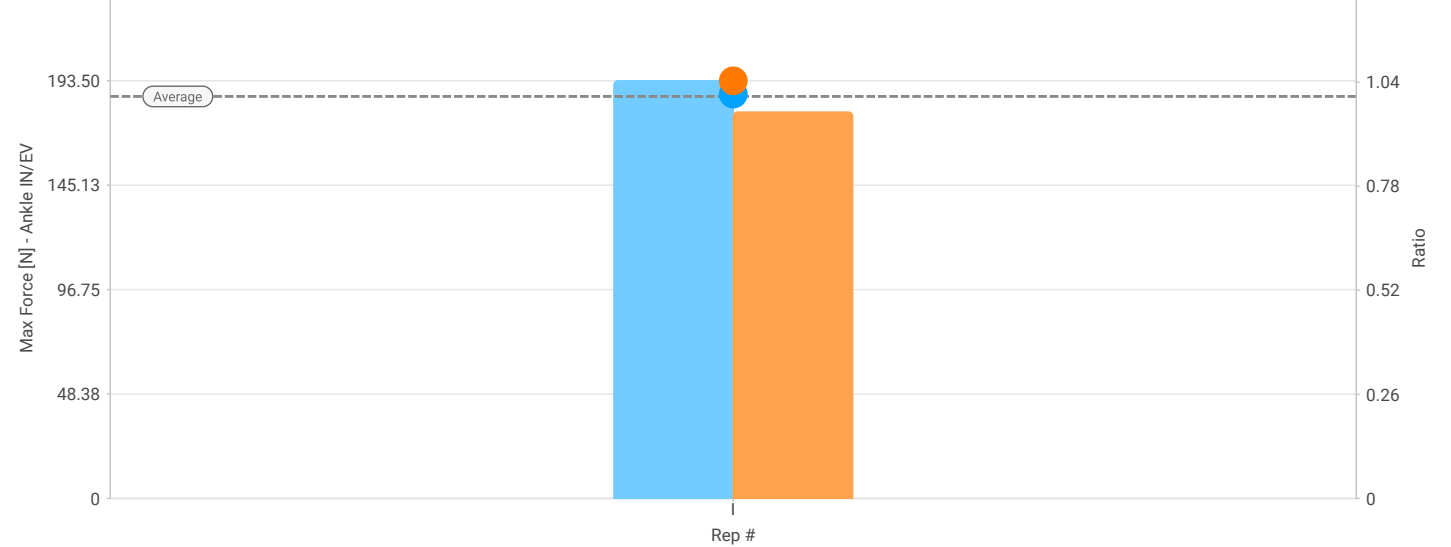
Força máxima de flexão do joelho [N] - Flexão do joelho

Faixa Média
263,25 - 331,5 299,42



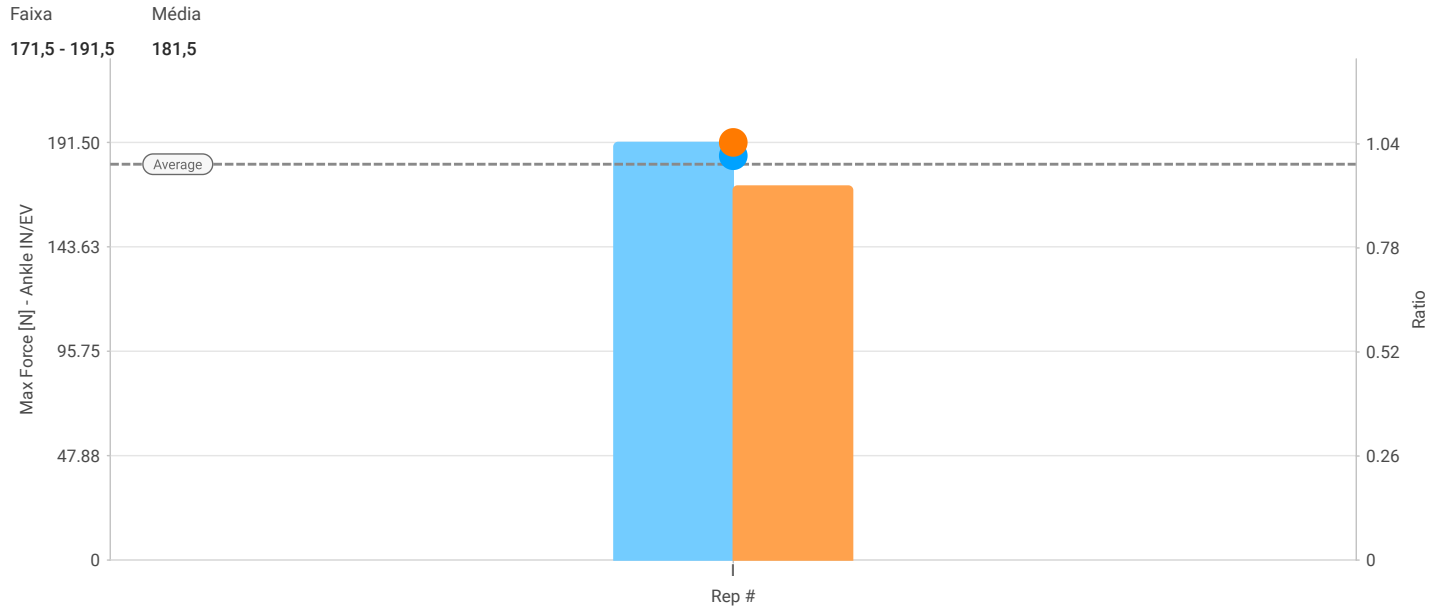
Força máxima de inversão [N] - Tornozelo IN / EV

Faixa Média
179 - 193,5 186,25

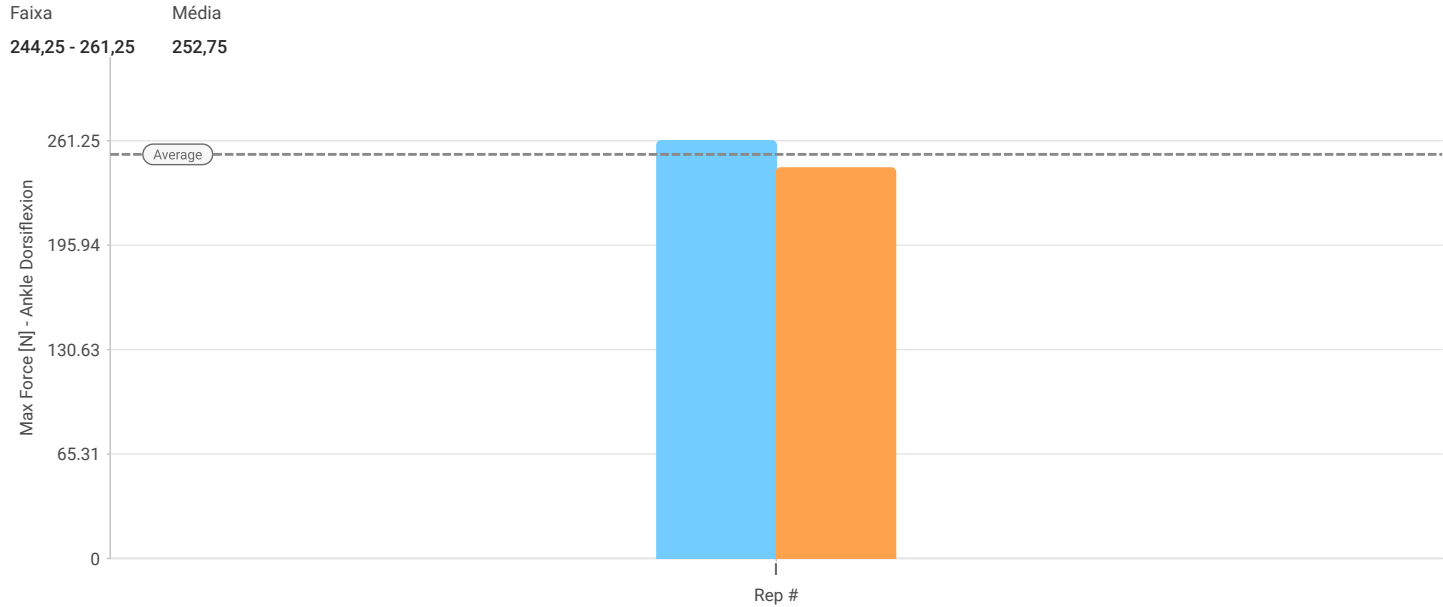




Força máxima de eversão [N] - Tornozelo IN / EV

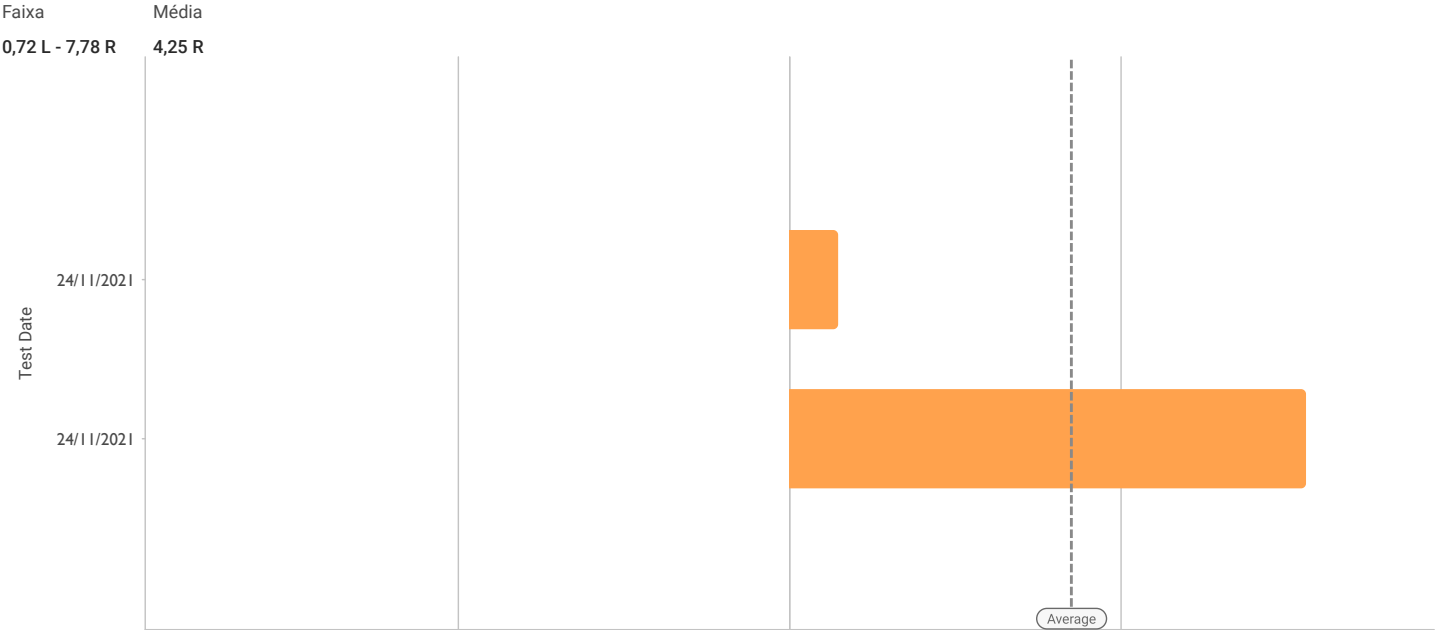


Força máxima de dorsiflexão [N] - Dorsiflexão do tornozelo

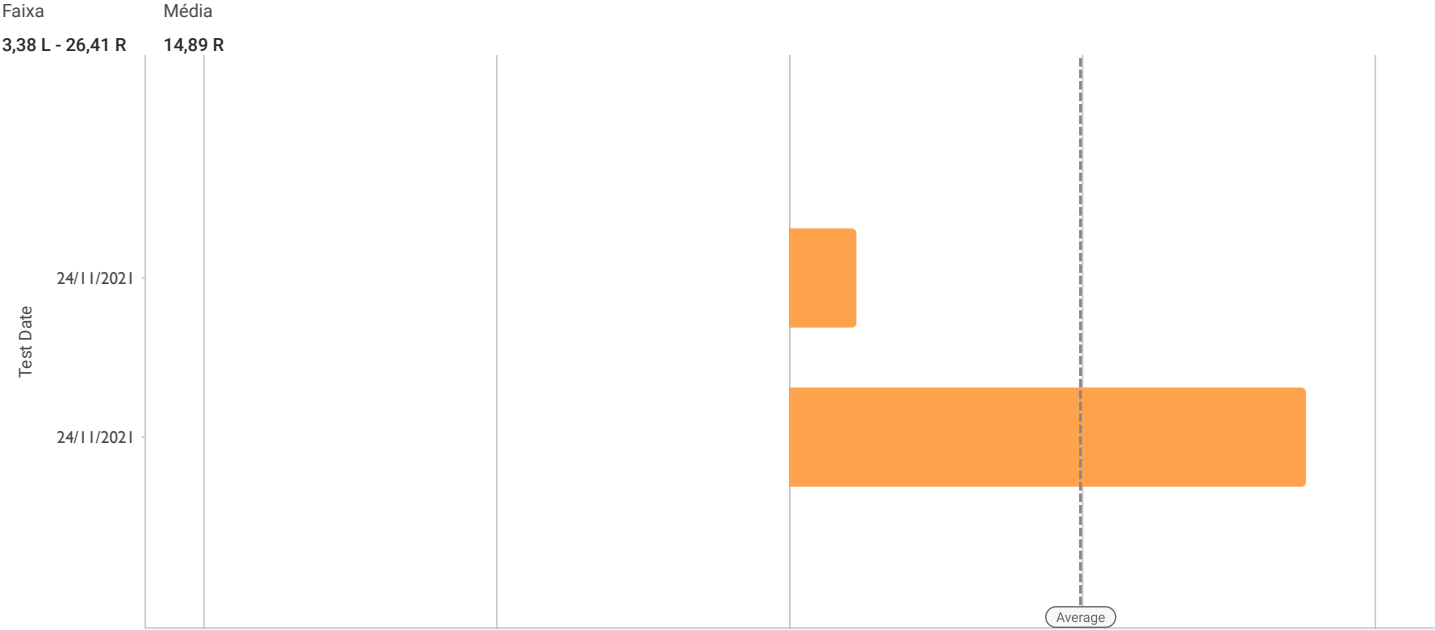




Assimetria de rotação externa [%] - Quadril IR / ER



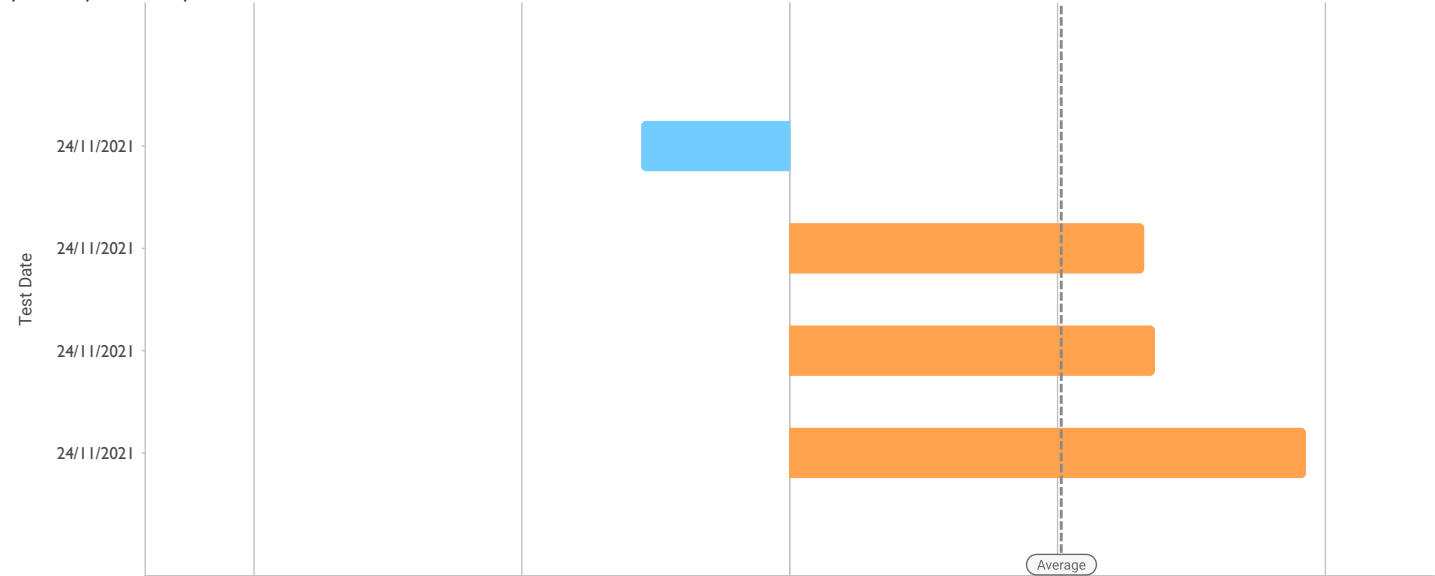
Assimetria de rotação interna [%] - Quadril IR / ER





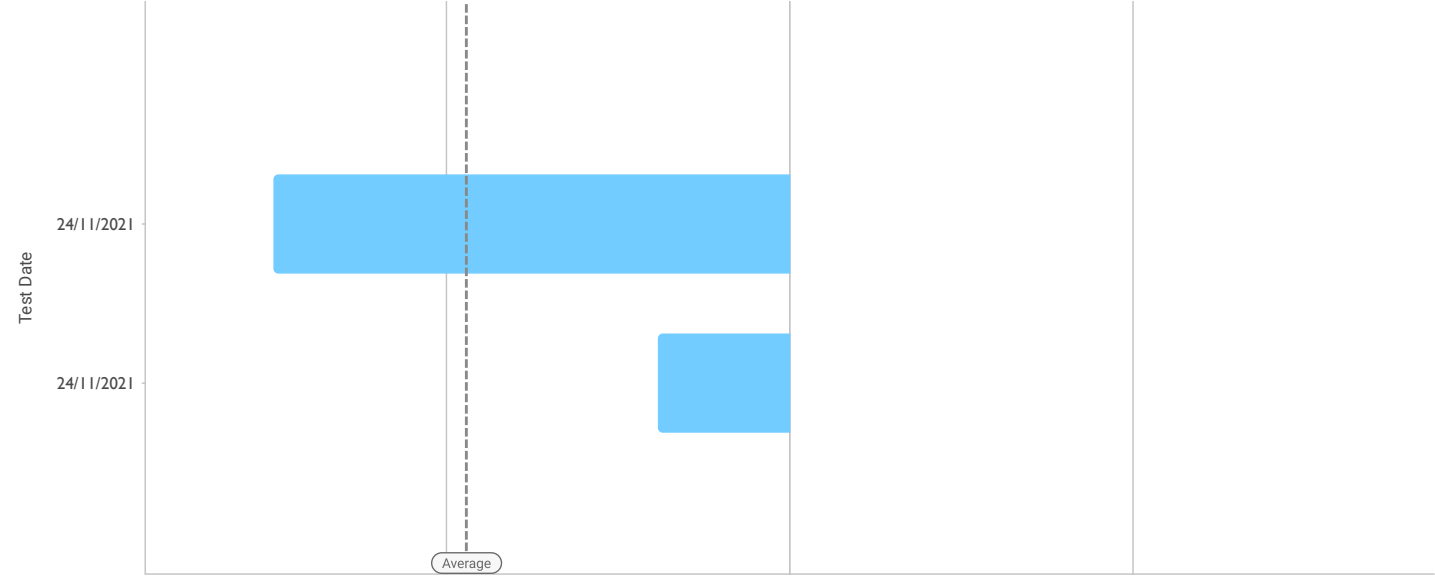
Assimetria de flexão [%] - Flexão de quadril

Faixa Média
5,52 L - 19,25 R 10,14 R



Extension Asymmetry [%] - Hip Extension

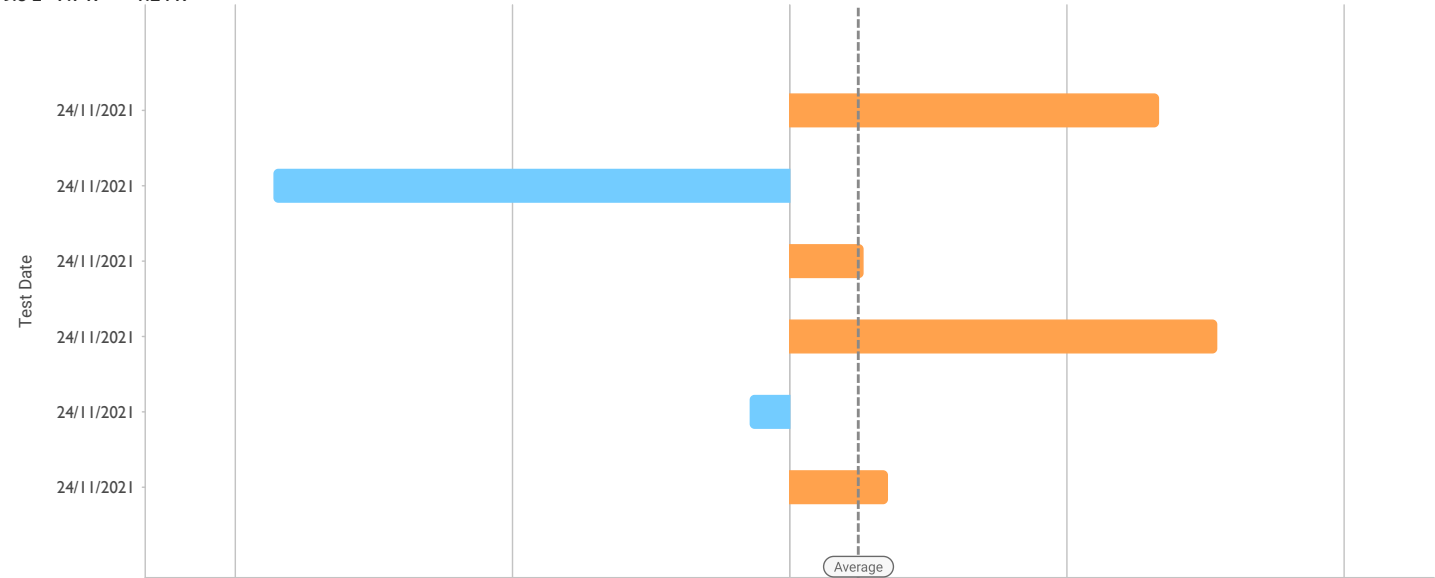
Range Average
15.02 L - 3.82 R 9.42 L





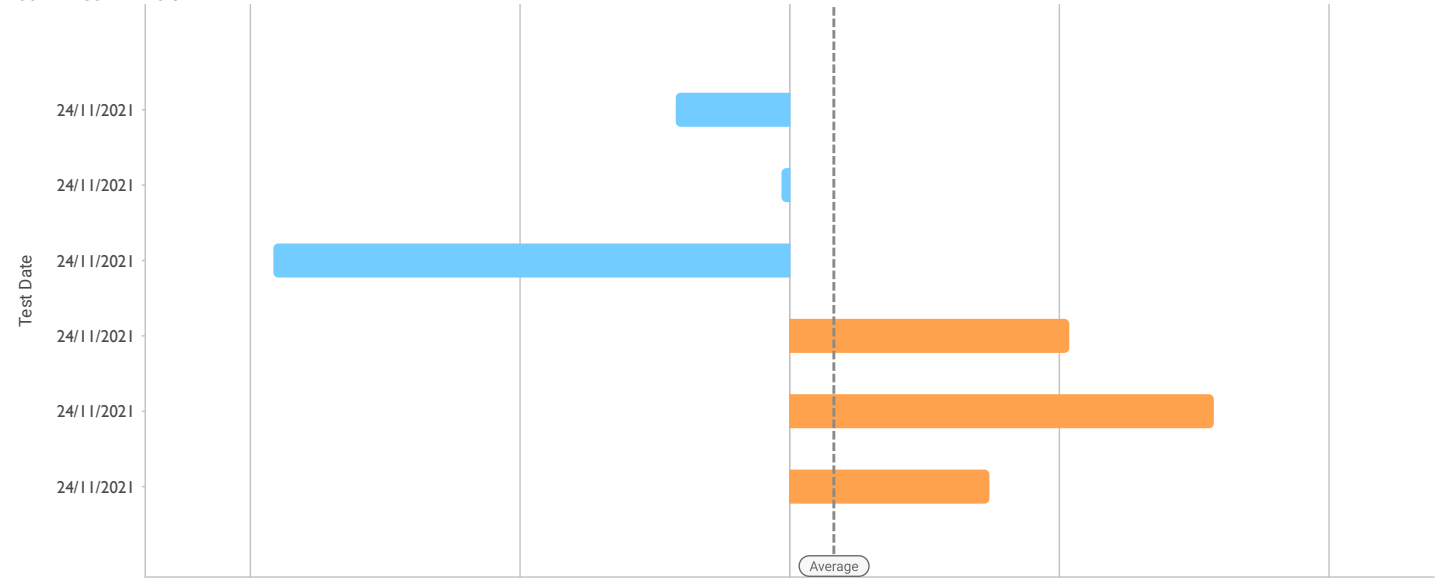
Adduction Asymmetry [%] - Hip AD/AB

Range Average
9.3 L - 7.7 R 1.24 R



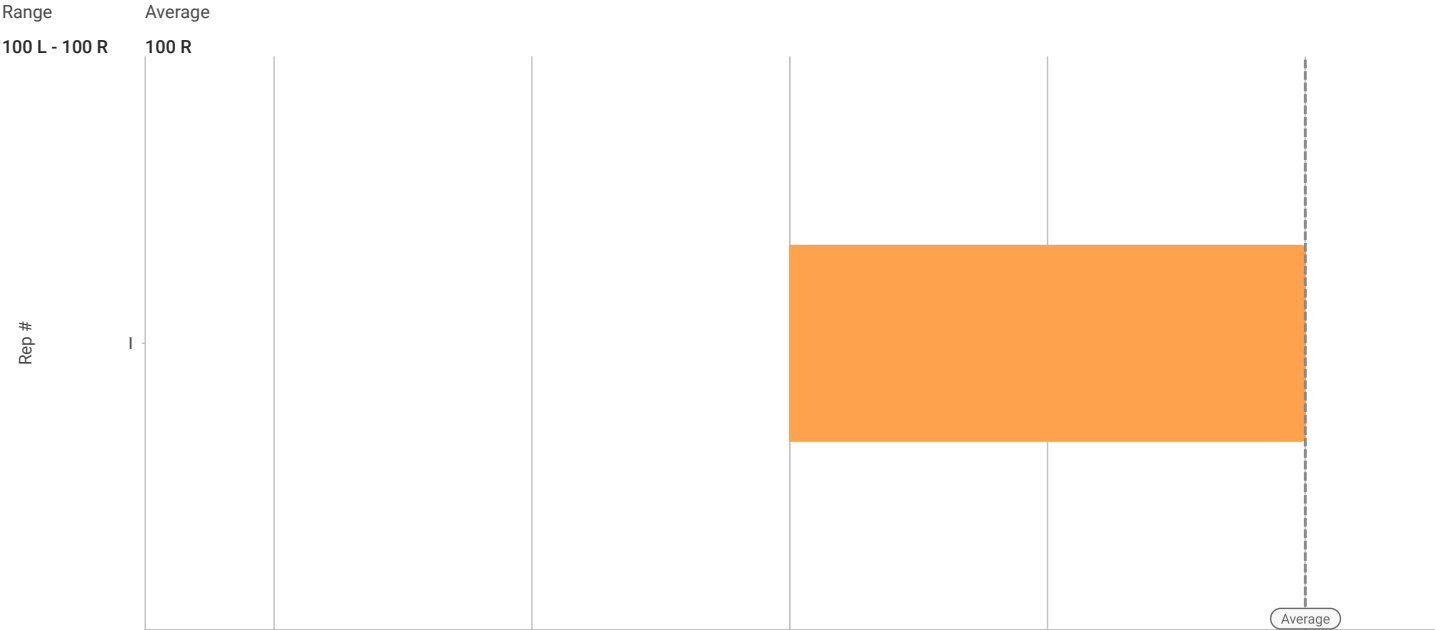
Abduction Asymmetry [%] - Hip AD/AB

Range Average
9.56 L - 7.85 R 0.82 R

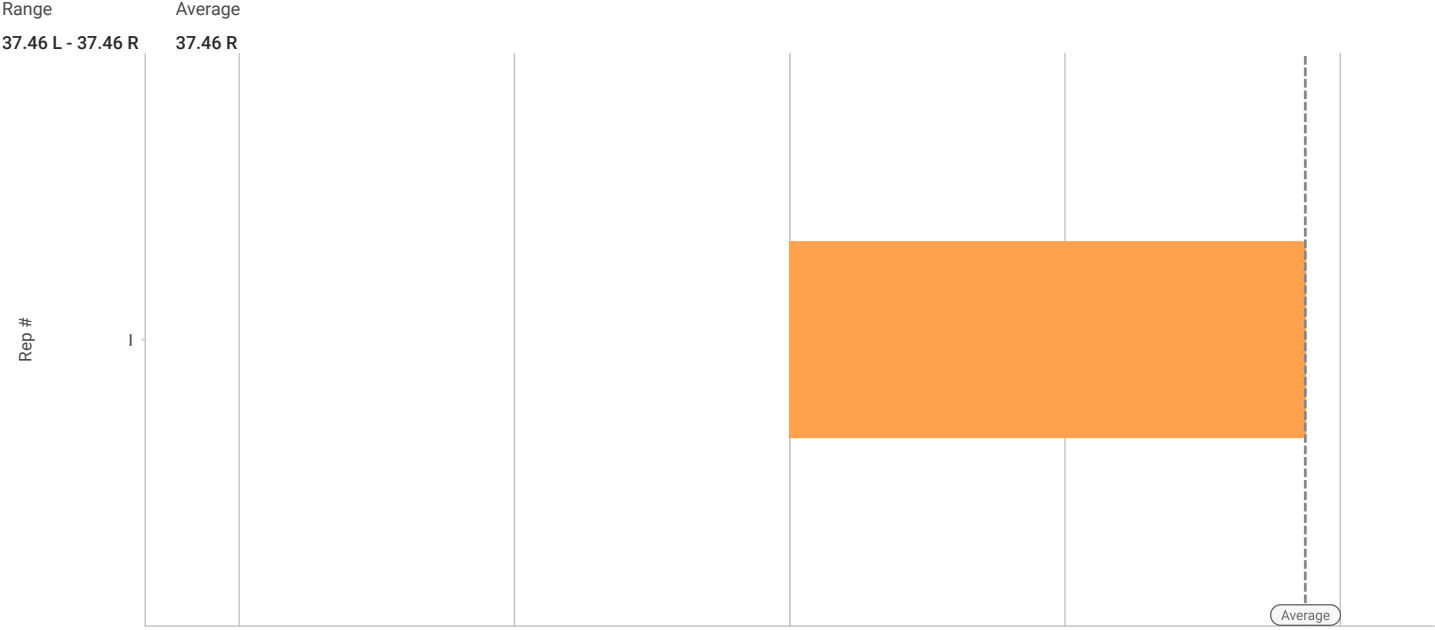




Asymmetry [%] - knee extensor standing



Asymmetry [%] - knee extensor standing

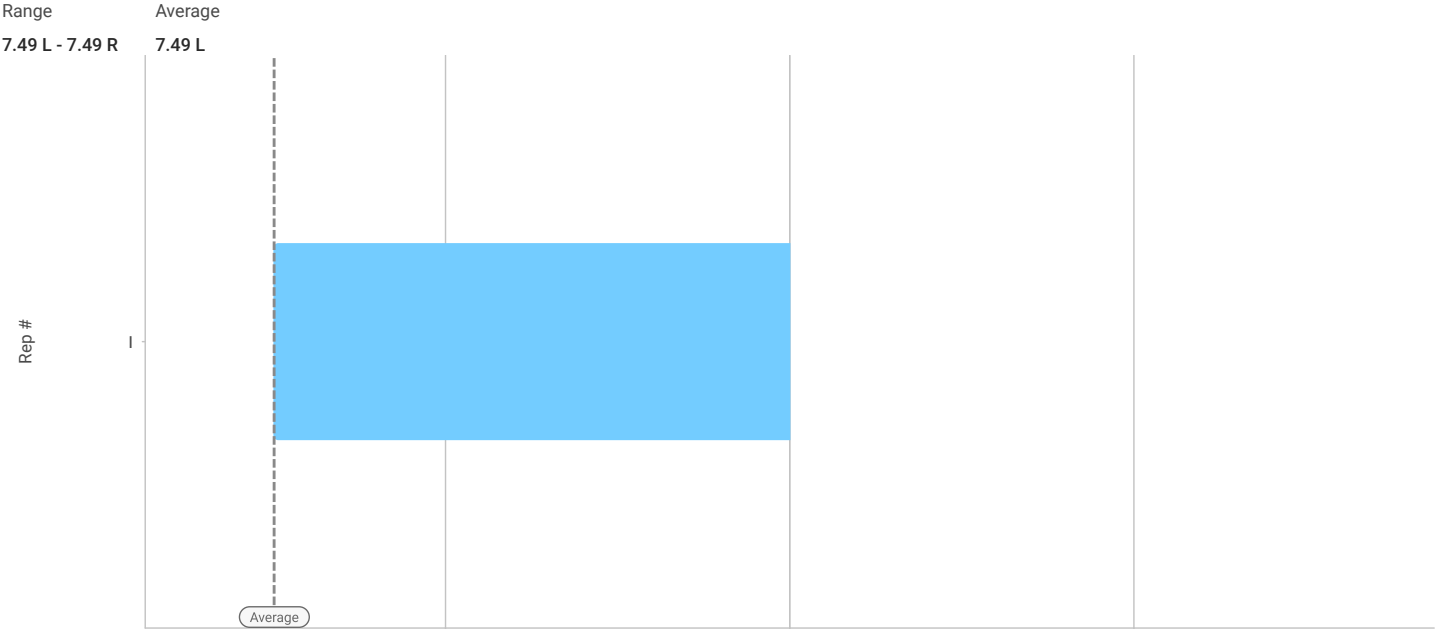




Knee Flexion Asymmetry [%] - Knee Flexion

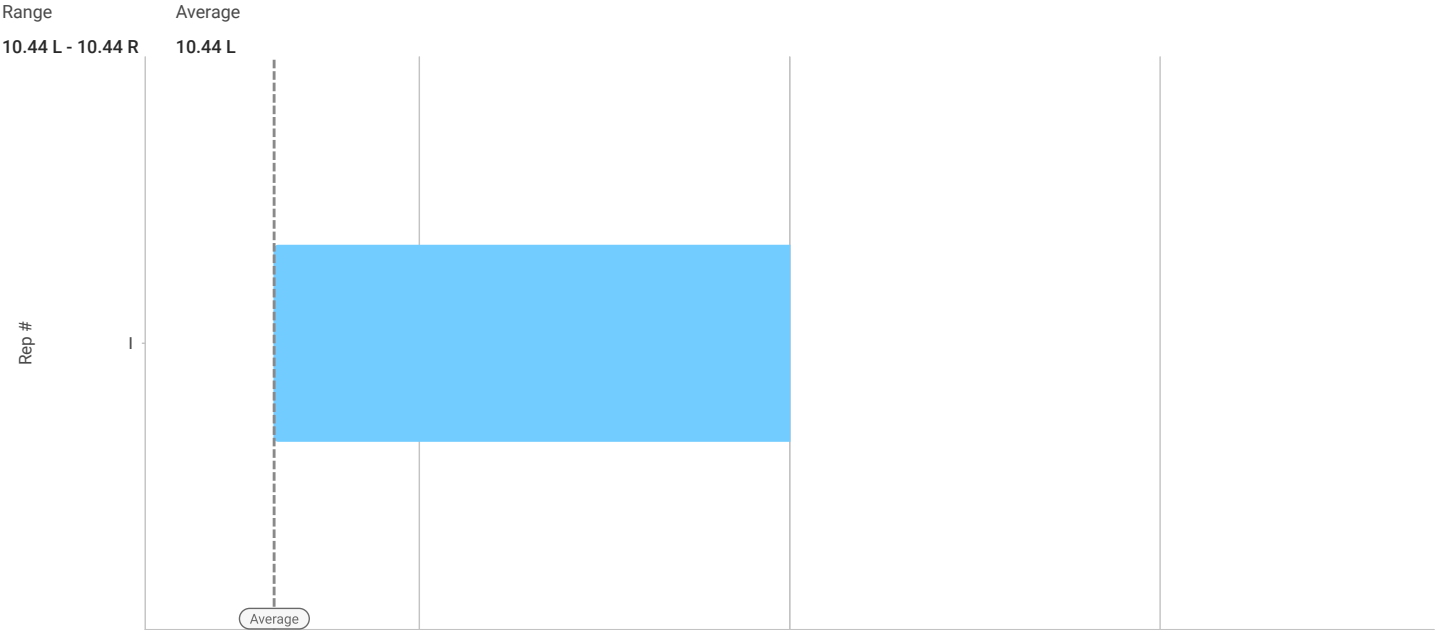


Inversion Asymmetry [%] - Ankle IN/EV

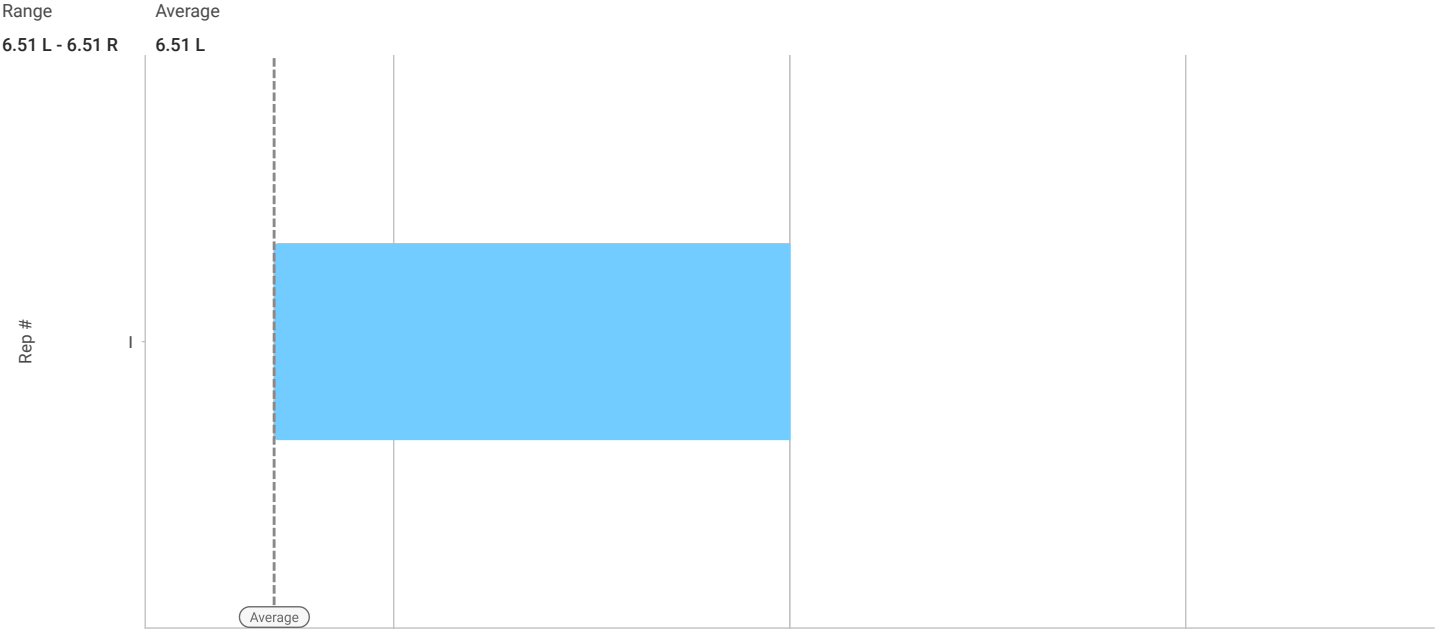




Eversion Asymmetry [%] - Ankle IN/EV



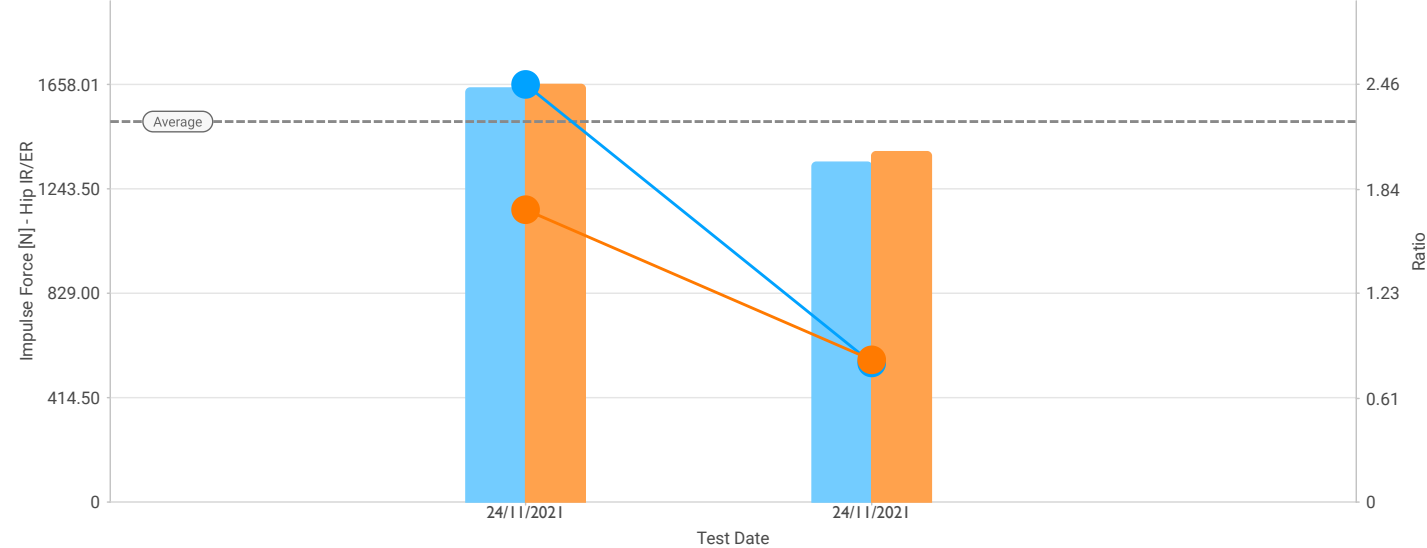
Dorsiflexion Asymmetry [%] - Ankle Dorsiflexion





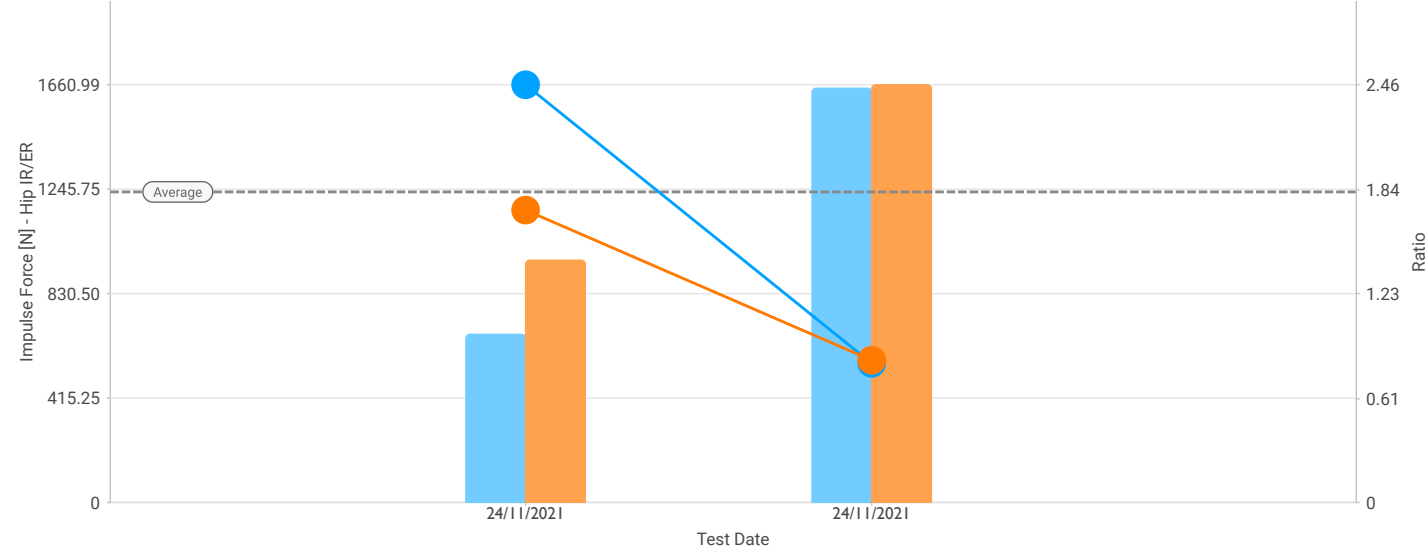
External Rotation Impulse Force [N] - Hip IR/ER

Range Average
1349.28 - 1658.01 1510.52



Internal Rotation Impulse Force [N] - Hip IR/ER

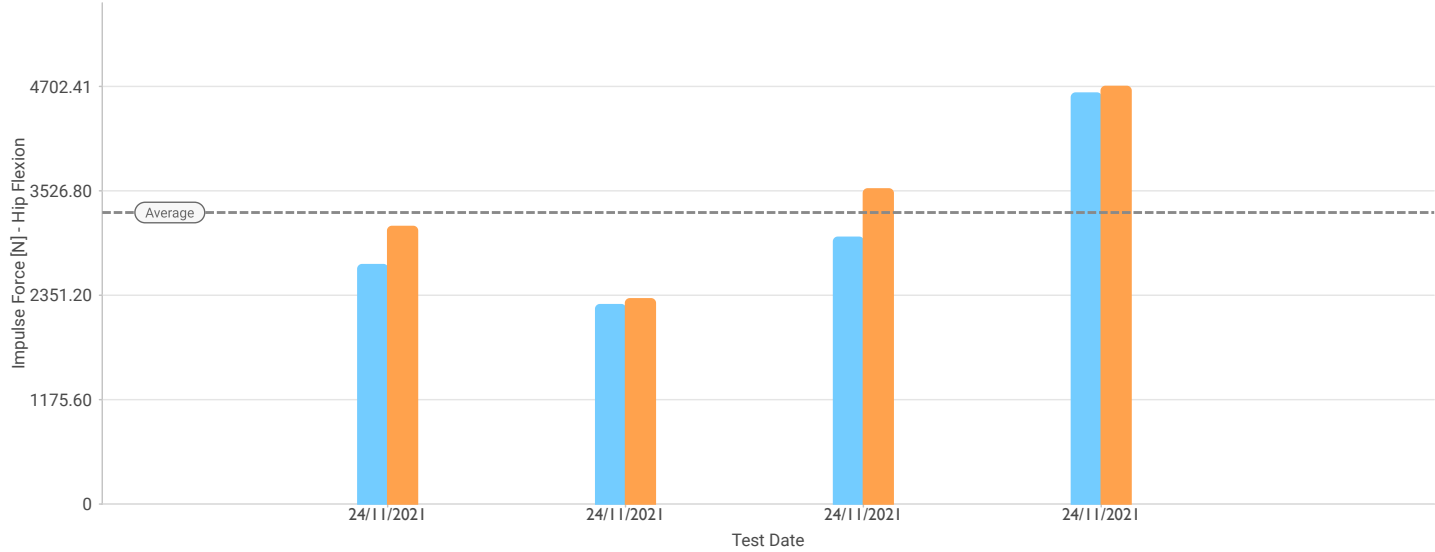
Range Average
668.46 - 1660.99 1234.96





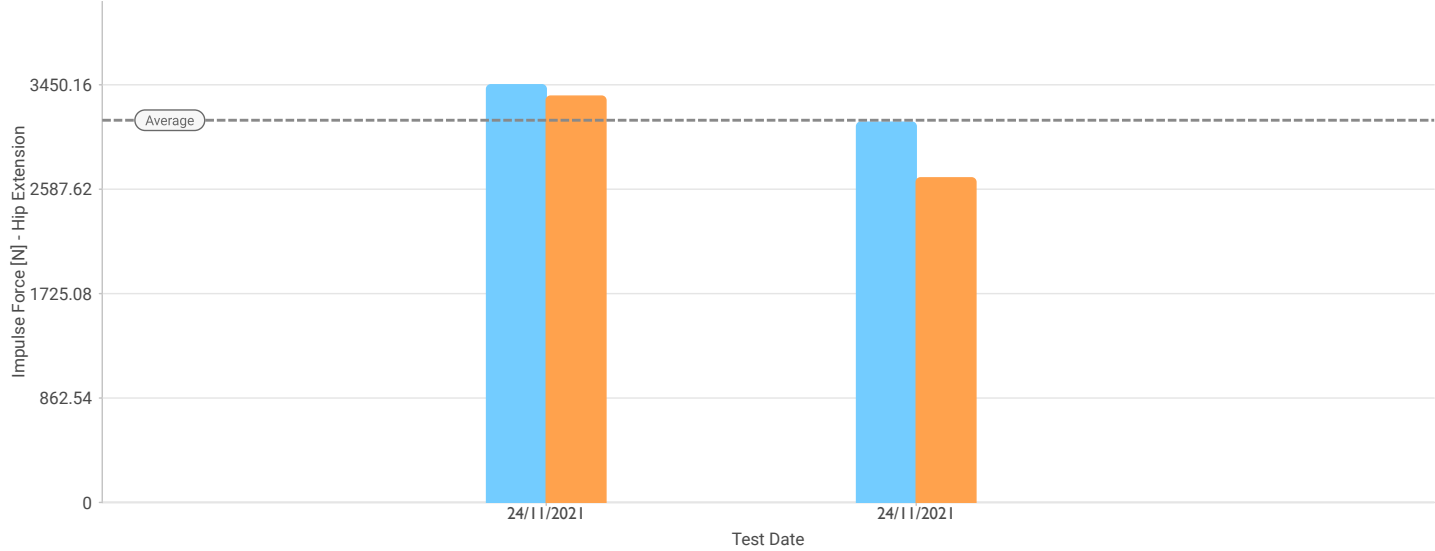
Flexion Impulse Force [N] - Hip Flexion

Range Average
2245.28 - 4702.41 3282.59



Extension Impulse Force [N] - Hip Extension

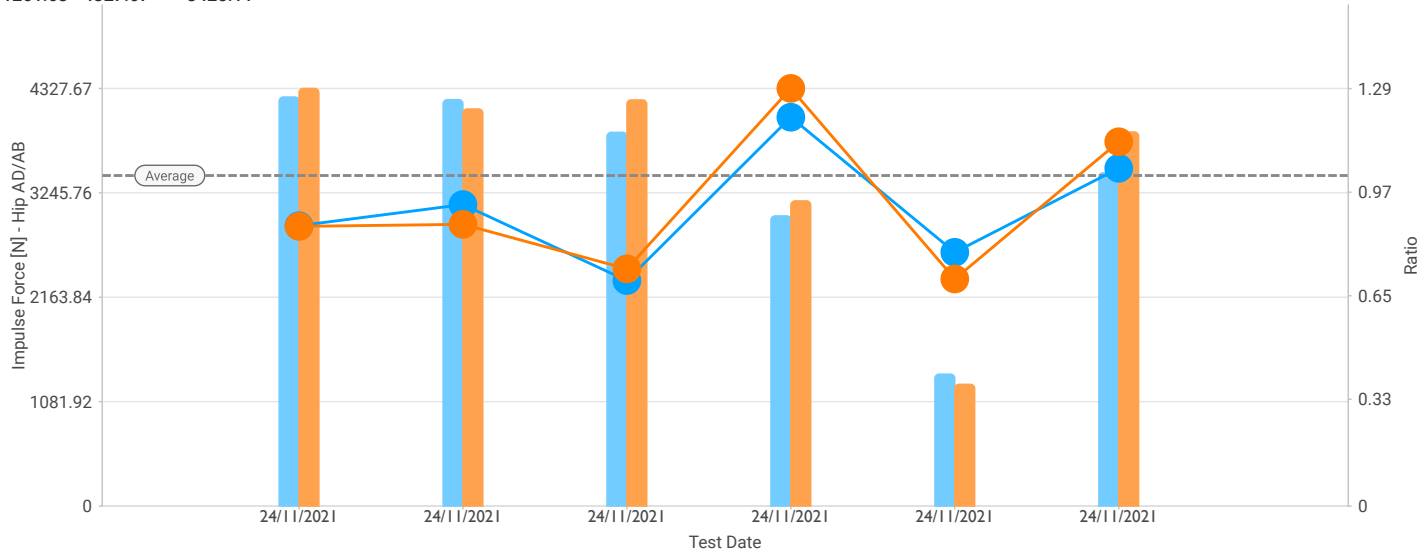
Range Average
2681.35 - 3450.16 3157.28





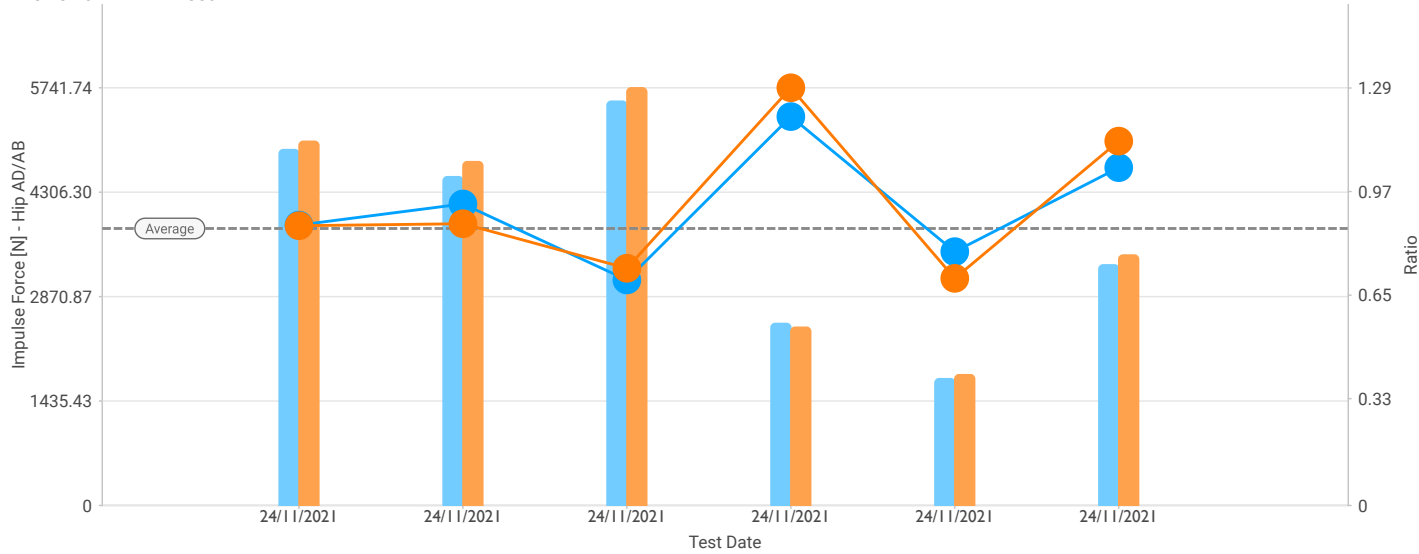
Adduction Impulse Force [N] - Hip AD/AB

Range Average
1261.63 - 4327.67 3425.11



Abduction Impulse Force [N] - Hip AD/AB

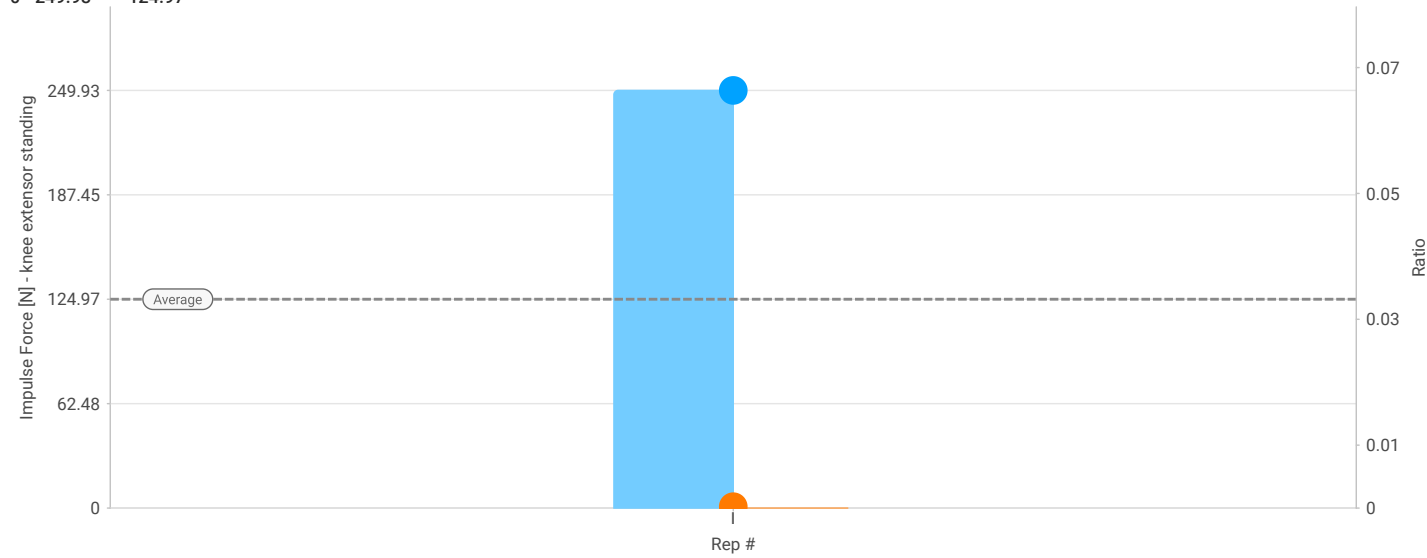
Range Average
1743.23 - 5741.74 3807.49





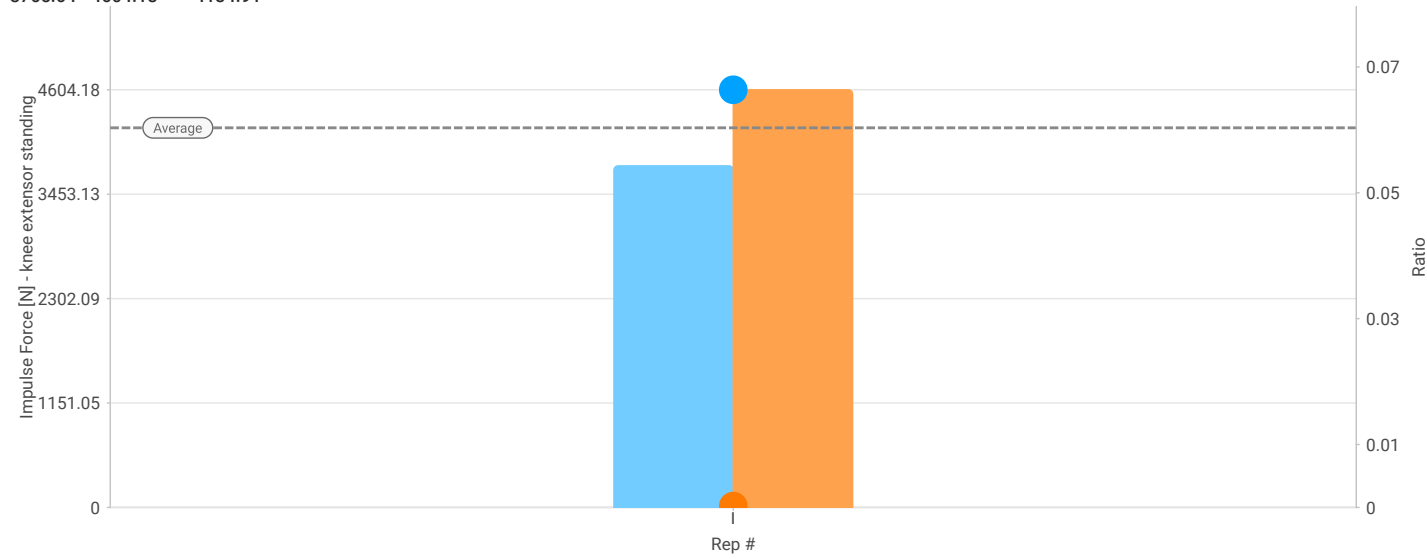
Impulse Force [N] - knee extensor standing

Range Average
0 - 249.93 124.97



Impulse Force [N] - knee extensor standing

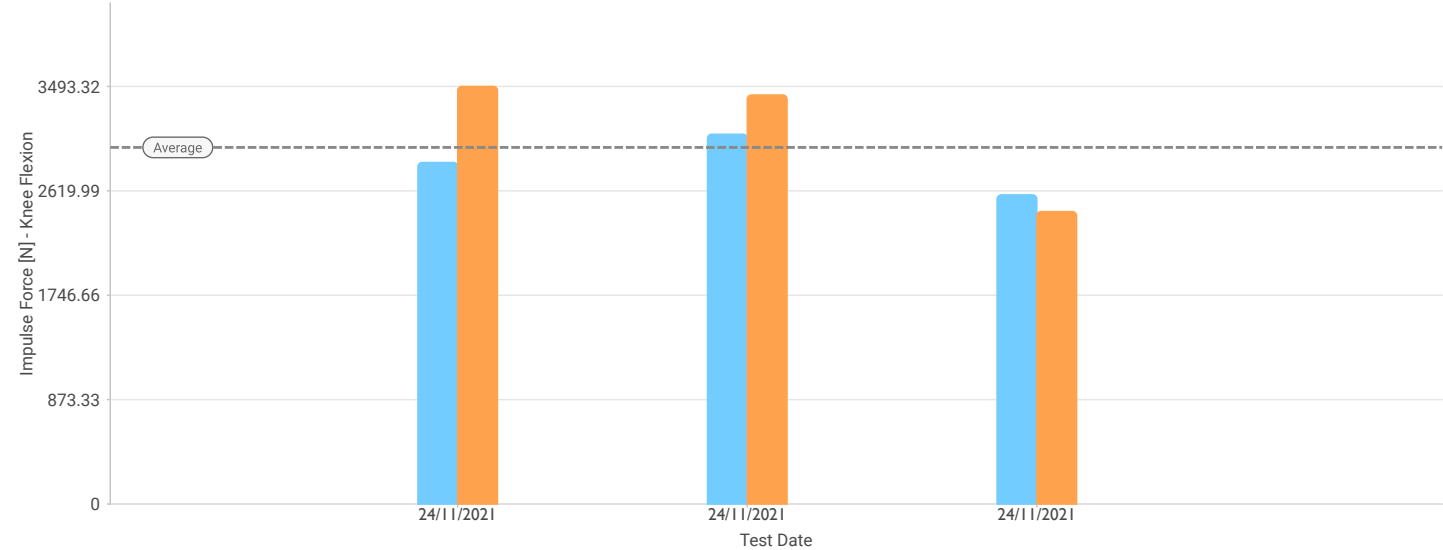
Range Average
3765.64 - 4604.18 4184.91





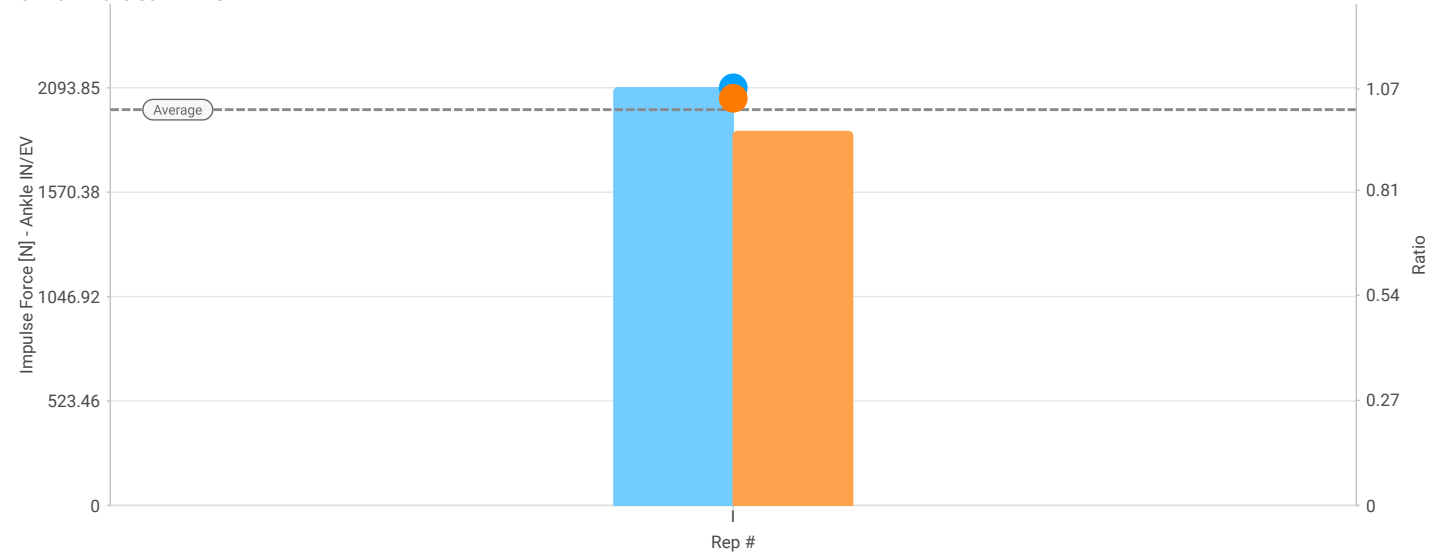
Knee Flexion Impulse Force [N] - Knee Flexion

Range Average
2446.44 - 3493.32 2983.11



Inversion Impulse Force [N] - Ankle IN/EV

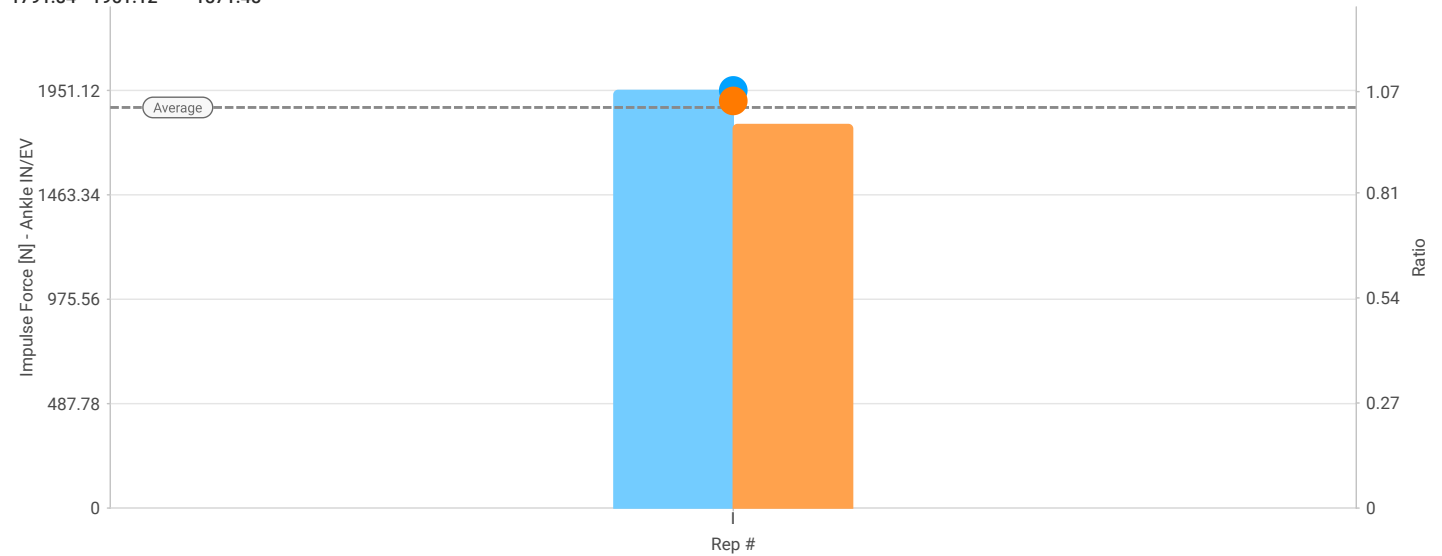
Range Average
1874.54 - 2093.85 1984.19





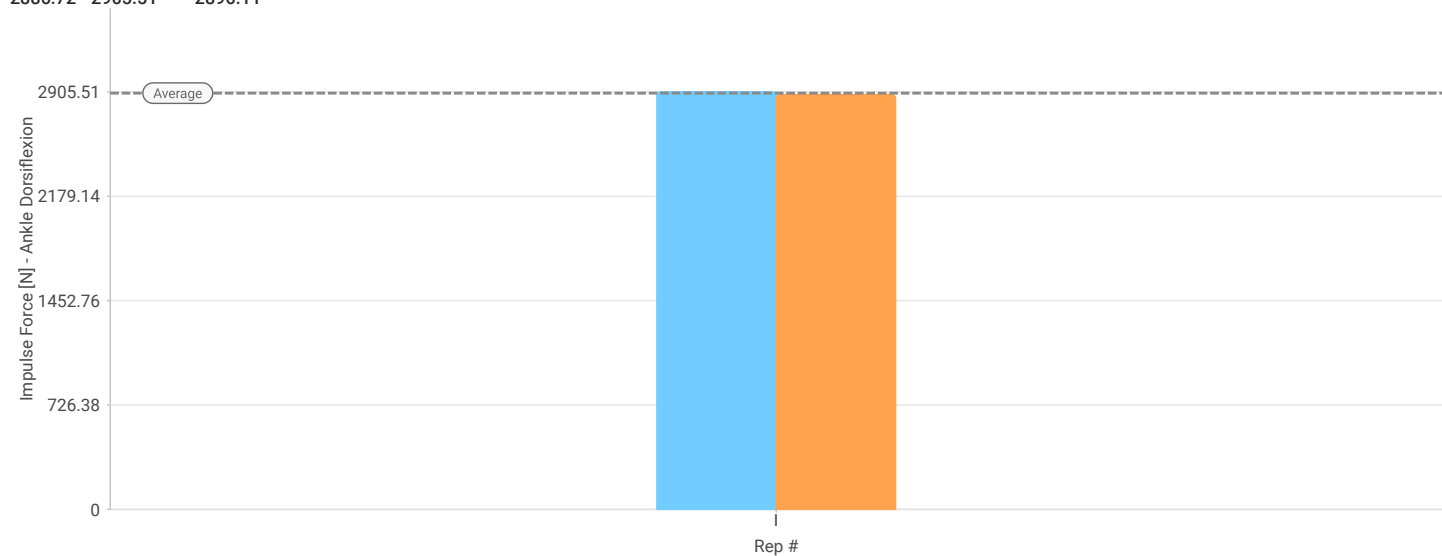
Eversion Impulse Force [N] - Ankle IN/EV

Range Average
1791.84 - 1951.12 1871.48



Dorsiflexion Impulse Force [N] - Ankle Dorsiflexion

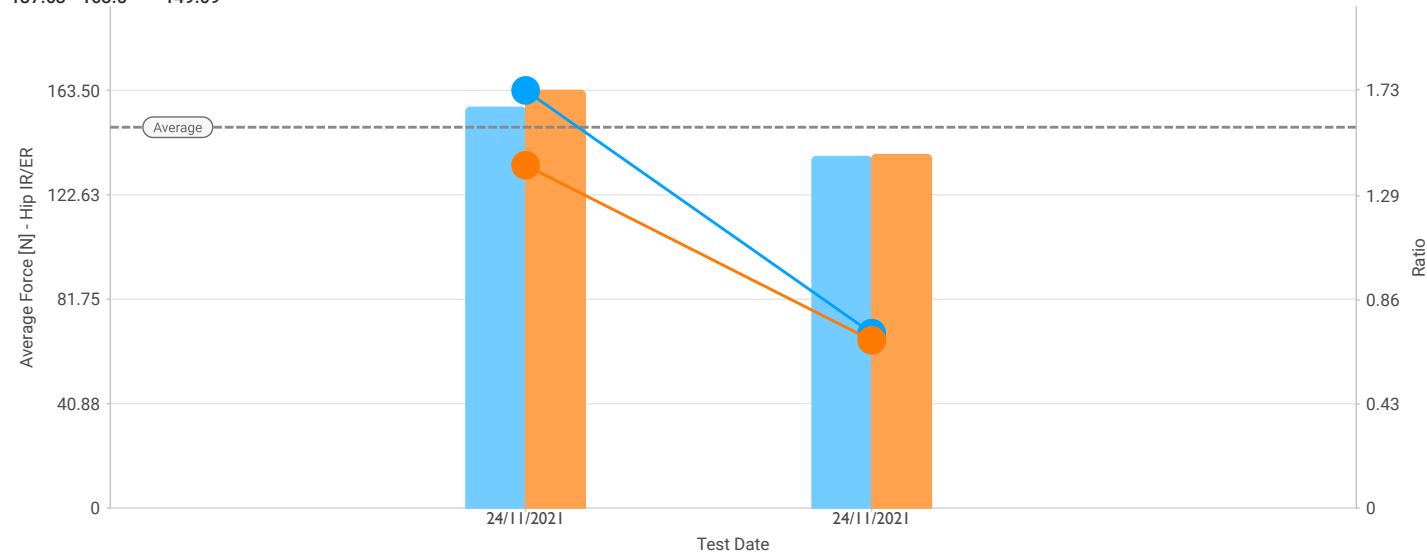
Range Average
2886.72 - 2905.51 2896.11





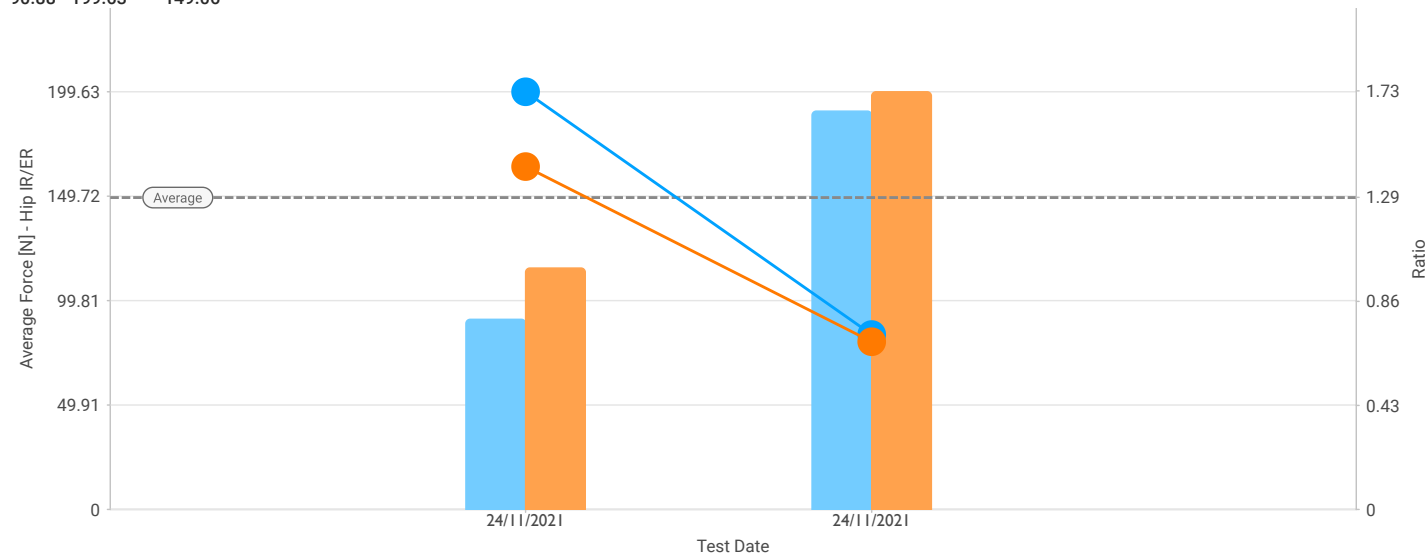
External Rotation Average Force [N] - Hip IR/ER

Range Average
137.63 - 163.5 149.09



Internal Rotation Average Force [N] - Hip IR/ER

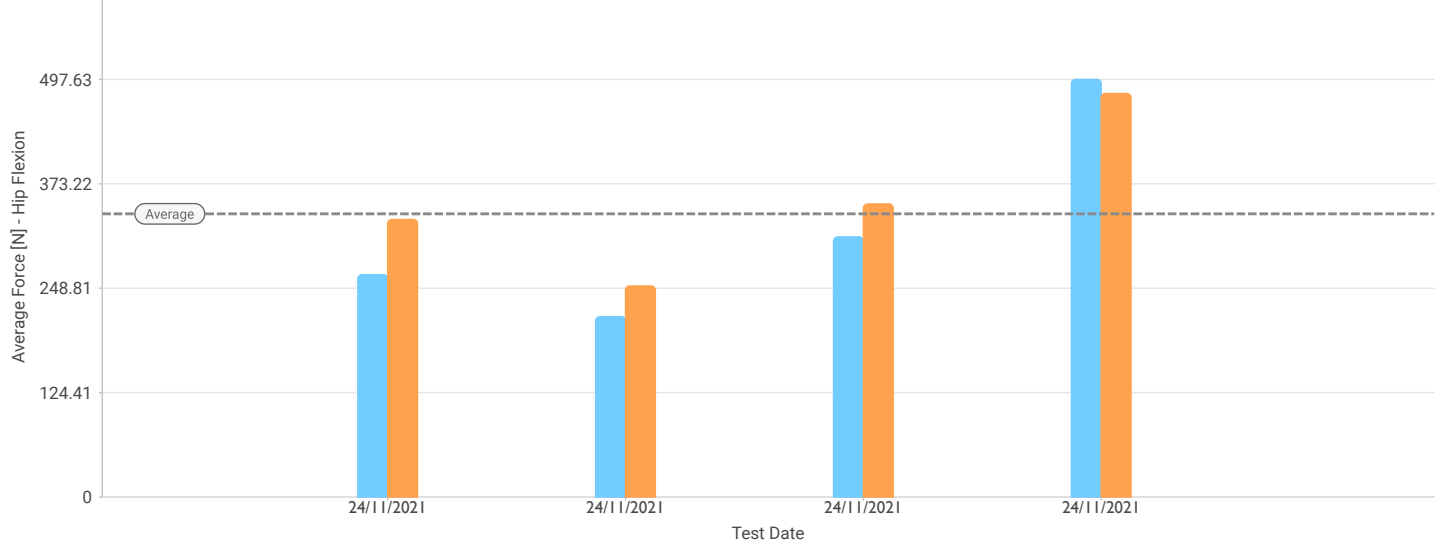
Range Average
90.88 - 199.63 149.06





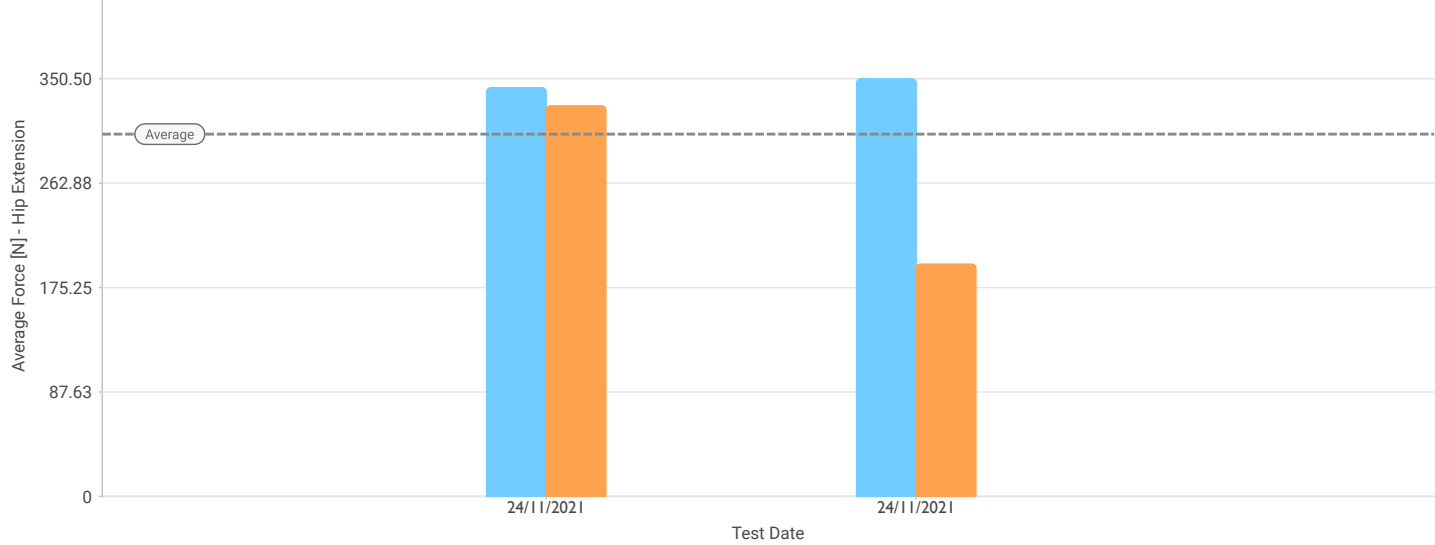
Flexion Average Force [N] - Hip Flexion

Range Average
214.88 - 497.63 337.47



Extension Average Force [N] - Hip Extension

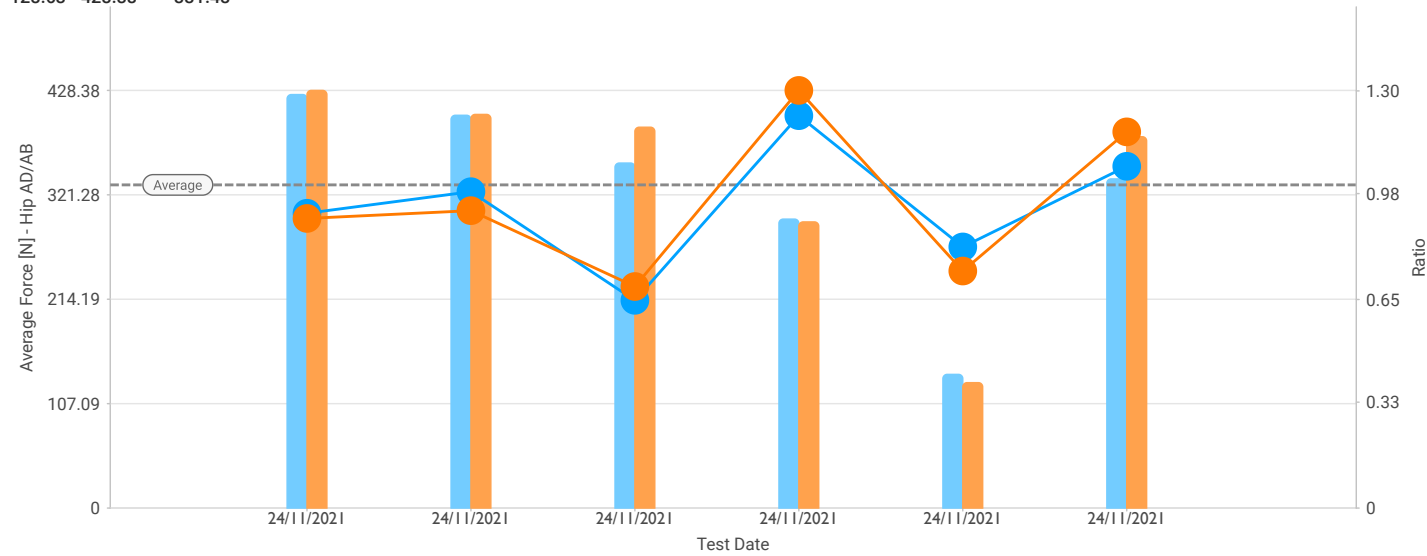
Range Average
195 - 350.5 304.06





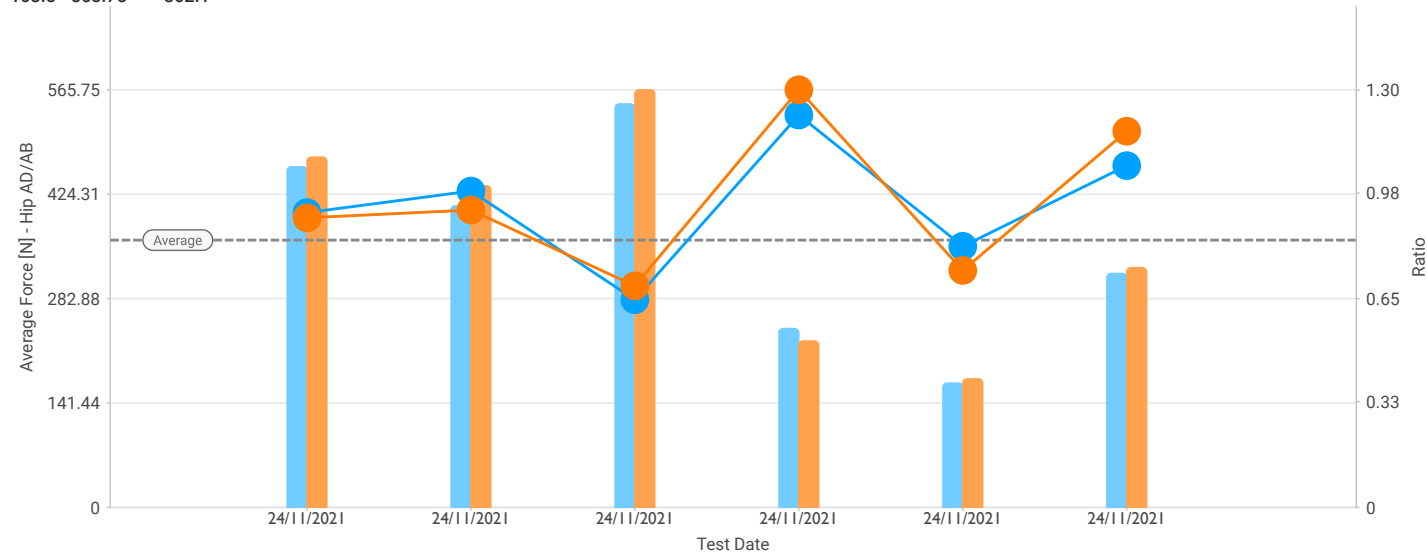
Adduction Average Force [N] - Hip AD/AB

Range Average
128.63 - 428.38 331.48



Abduction Average Force [N] - Hip AD/AB

Range Average
168.5 - 565.75 362.1

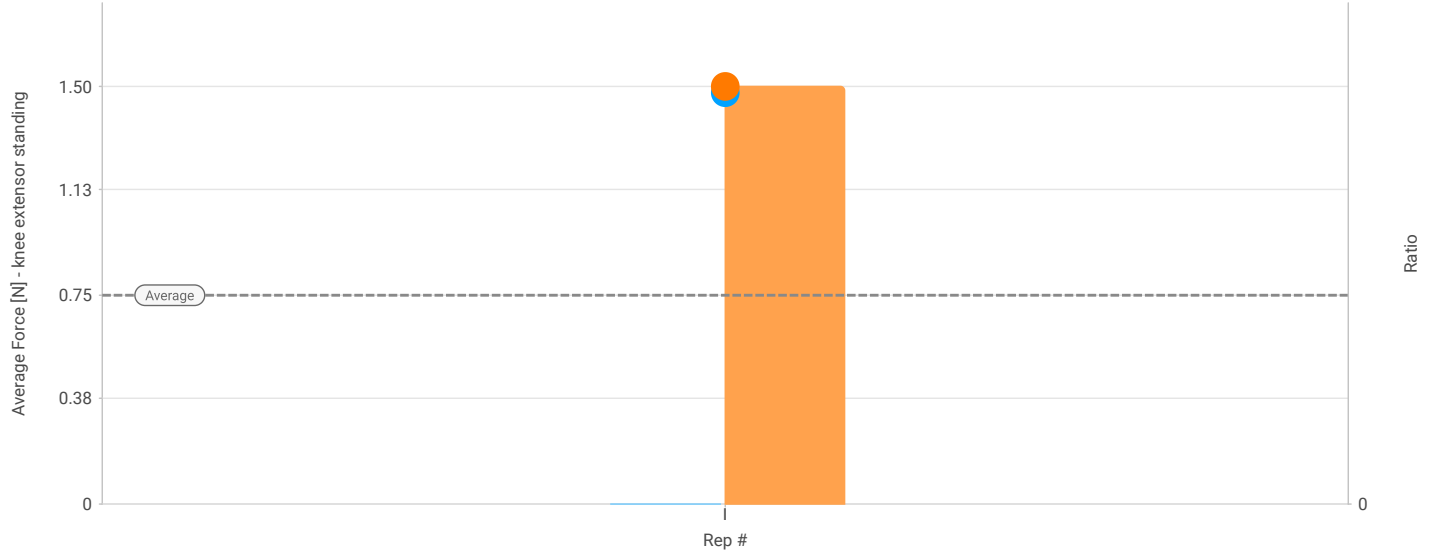




Average Force [N] - knee extensor standing

Range Average

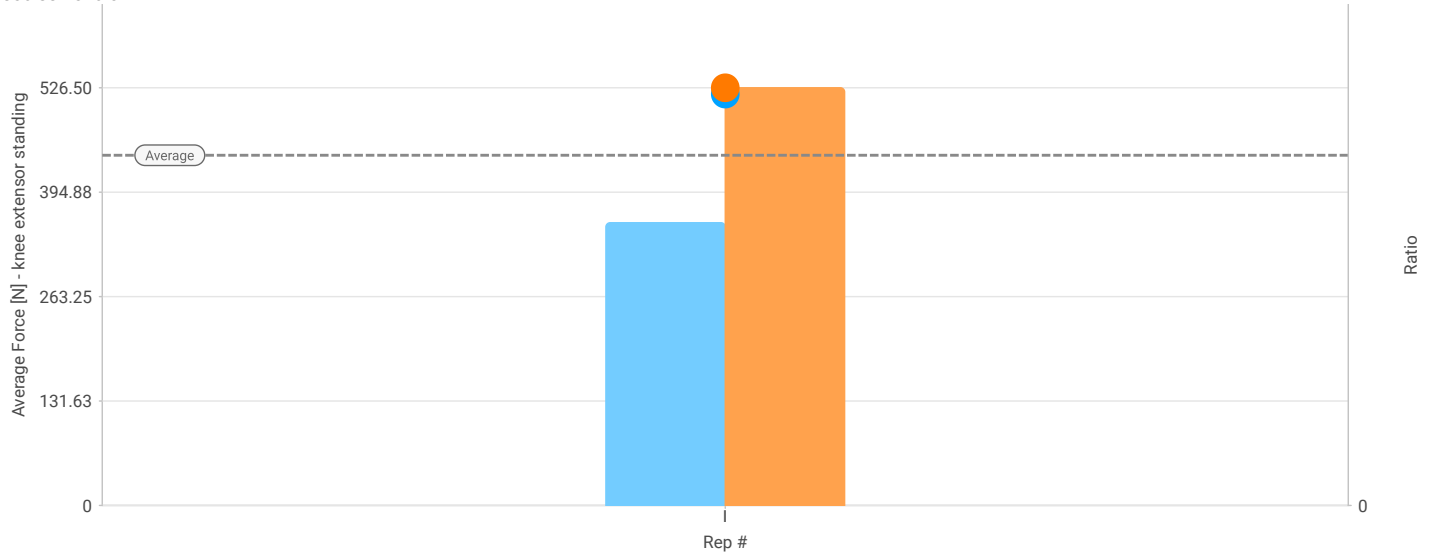
0 - 1.5 0.75



Average Force [N] - knee extensor standing

Range Average

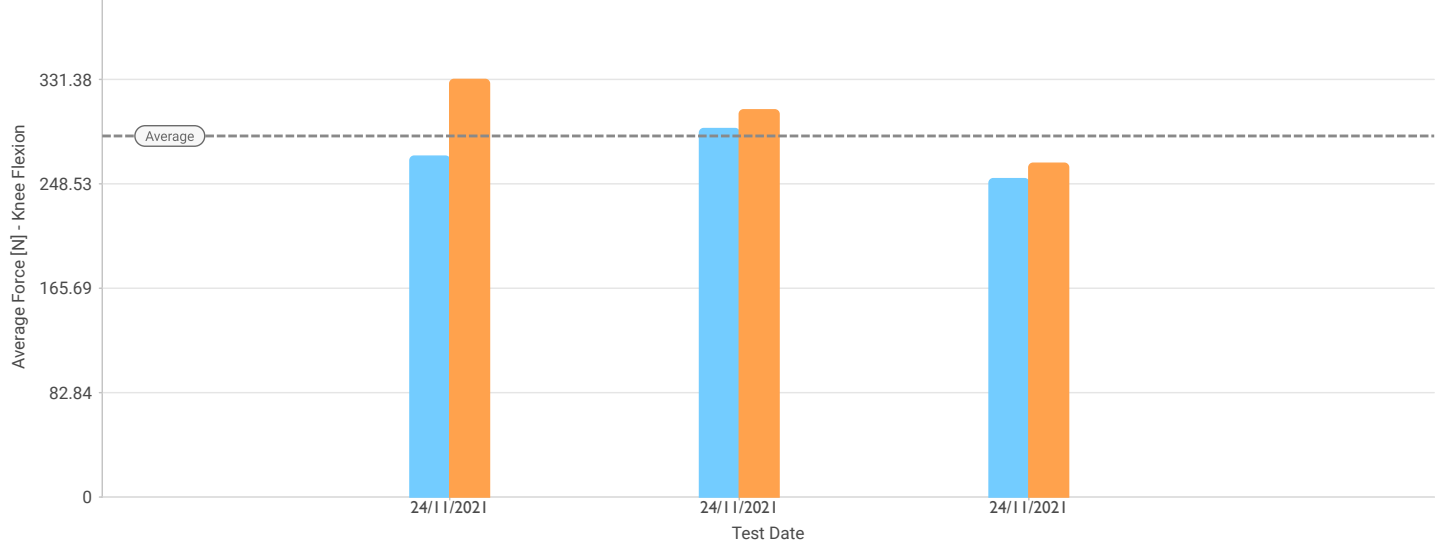
356.38 - 526.5 441.44





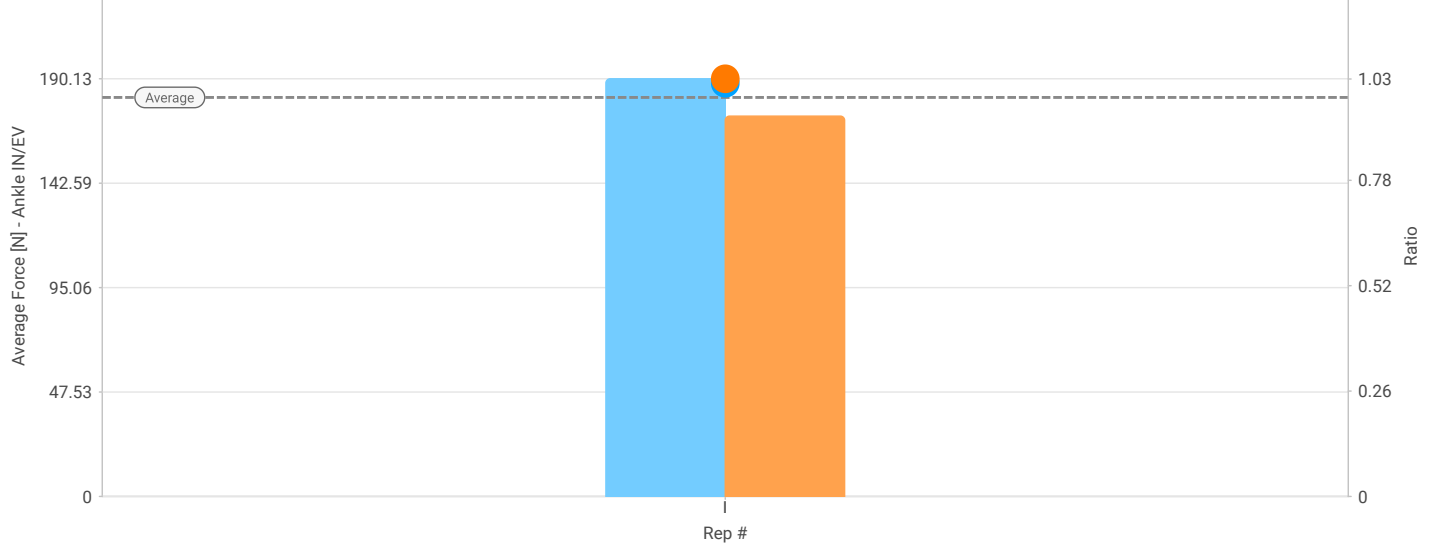
Knee Flexion Average Force [N] - Knee Flexion

Range Average
252.63 - 331.38 286.5



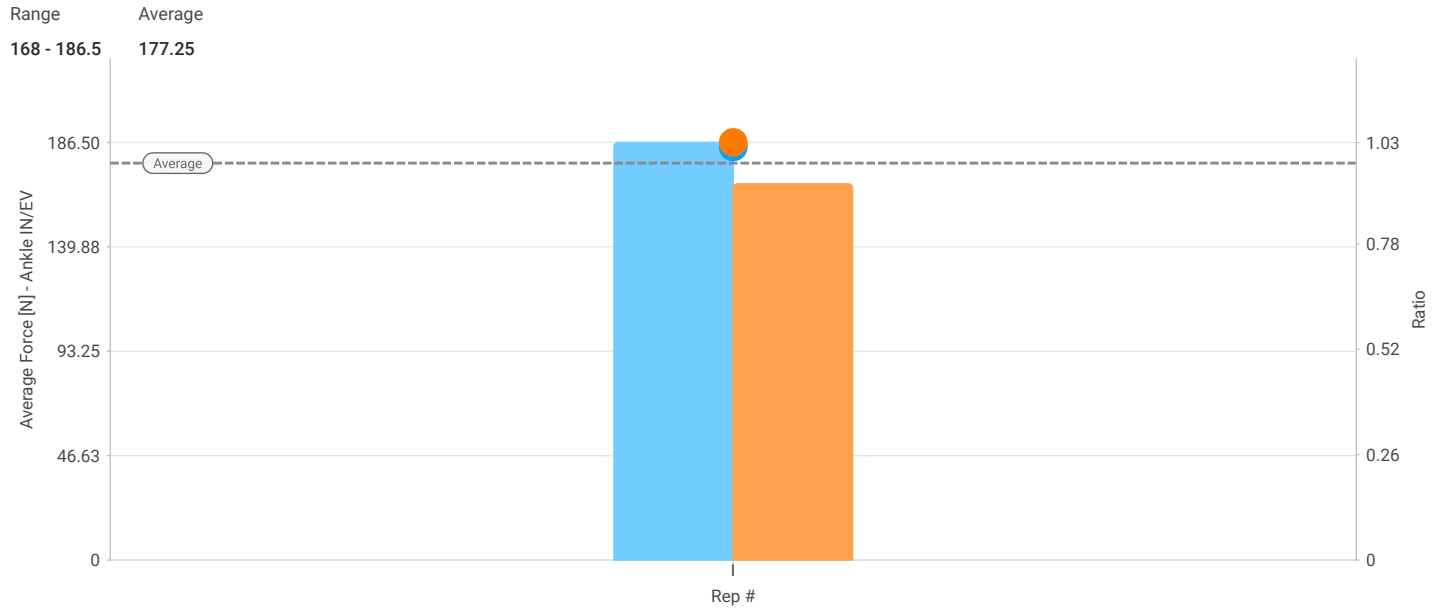
Inversion Average Force [N] - Ankle IN/EV

Range Average
173.13 - 190.13 181.63





Eversion Average Force [N] - Ankle IN/EV



Dorsiflexion Average Force [N] - Ankle Dorsiflexion

