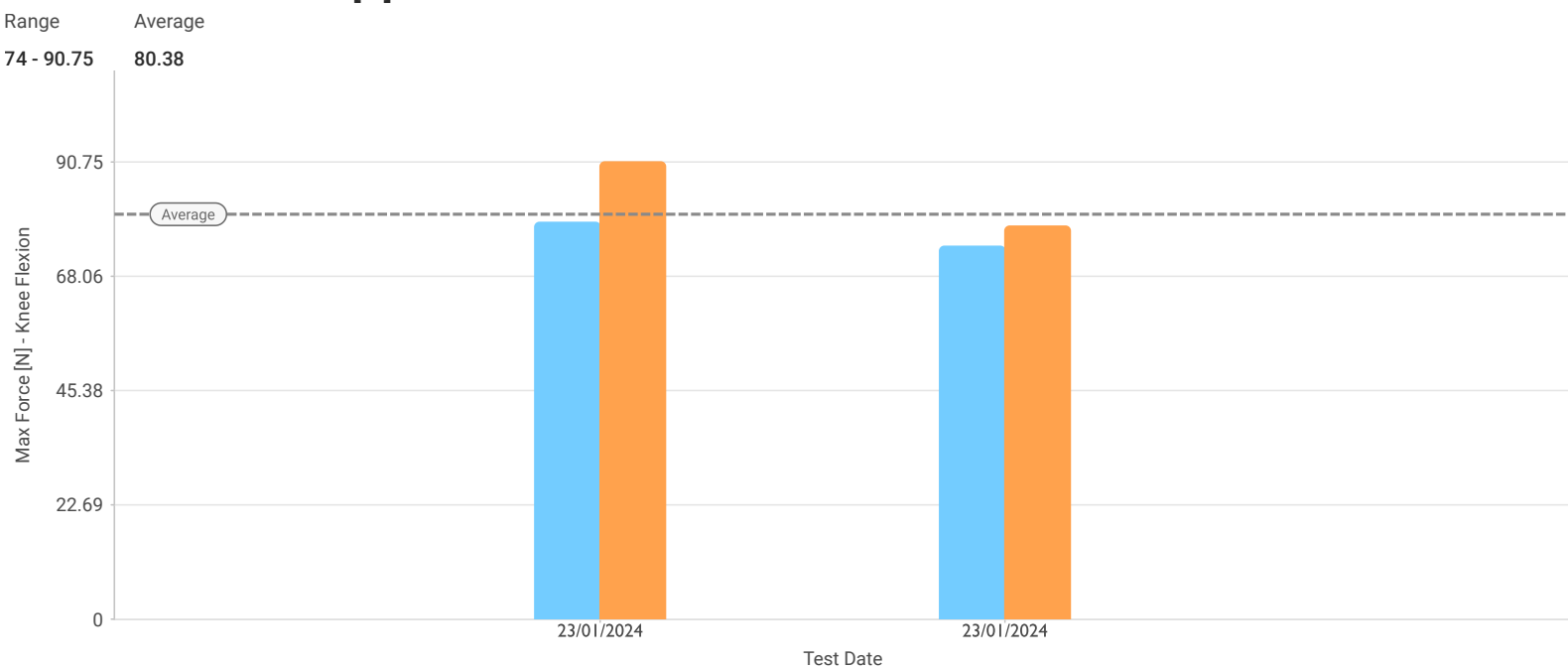


Tests (10)

Profile	Date	Test Type	Test Position	Reps
Luisa Brito Martins Varela 10 Tests	23/01/2024 8:55 AM	Knee Flexion	Prone	FLEX 0 L / 1 R
	23/01/2024 8:52 AM	Hip IR/ER	Prone	ER 2 L / 2 R IR 0 L / 0 R
	23/01/2024 8:48 AM	Ankle IN/EV	Supine	INV 0 L / 0 R EV 0 L / 0 R
	23/01/2024 8:45 AM	Hip AD/AB	Seated	ADD 2 L / 3 R ABD 2 L / 2 R
	23/01/2024 8:41 AM	Knee Extension	Supine (90)	EXT 2 L / 2 R
	23/01/2024 8:37 AM	Ankle Dorsiflexion	Seated	DF 0 L / 0 R
	23/01/2024 8:32 AM	Ankle Plantar Flexion	Seated	FLEX 2 L / 2 R
	23/01/2024 8:29 AM	Hip Flexion	Seated	FLEX 2 L / 2 R
	23/01/2024 8:25 AM	Hip Extension	Standing	EXT 2 L / 0 R
	23/01/2024 8:20 AM	Knee Flexion	Standing	FLEX 1 L / 2 R

Knee Flexion Max Force [N] - Knee Flexion



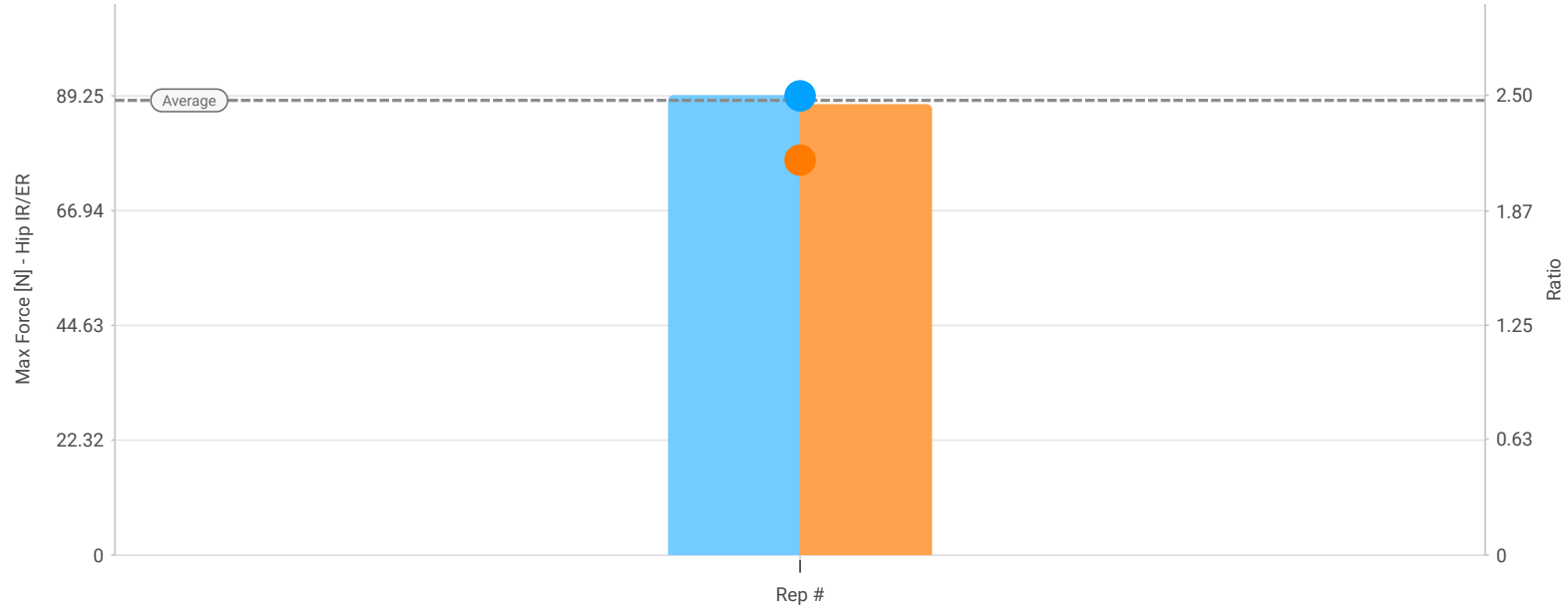
External Rotation Max Force [N] - Hip IR/ER

Range

Average

87.5 - 89.25

88.38



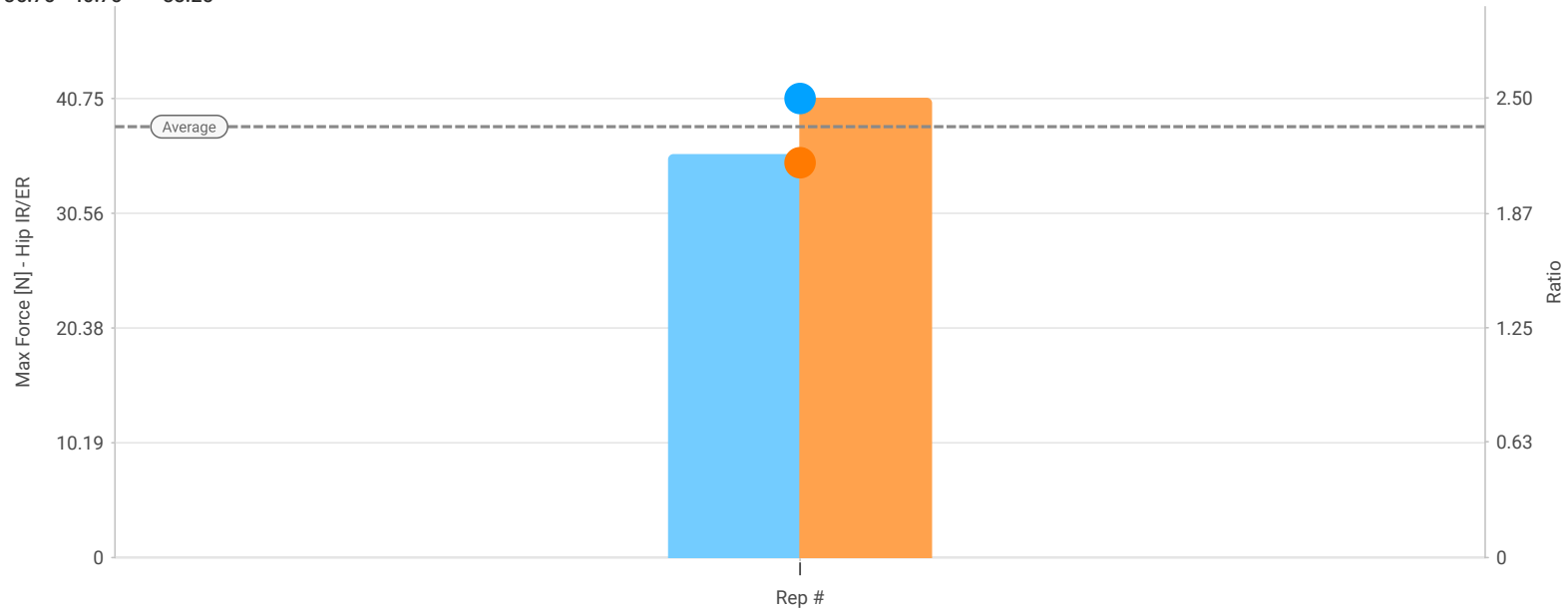
Internal Rotation Max Force [N] - Hip IR/ER

Range

Average

35.75 - 40.75

38.25



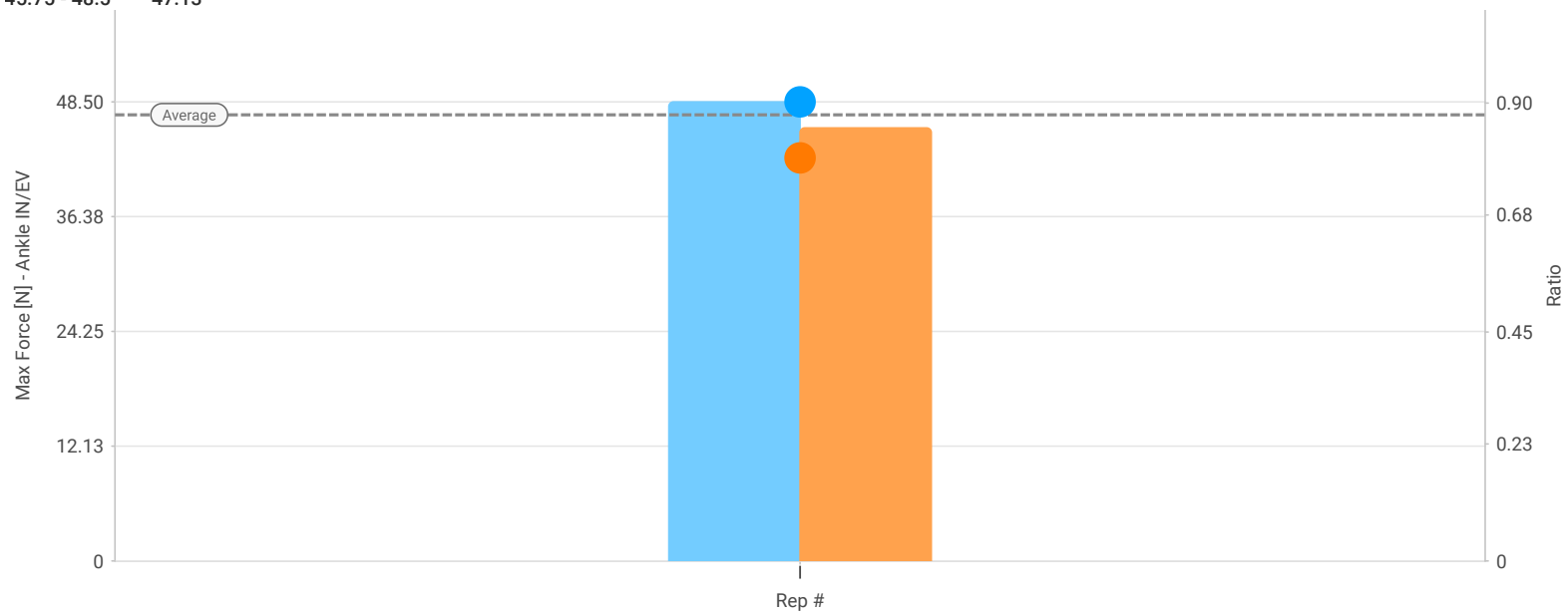
Inversion Max Force [N] - Ankle IN/EV

Range

Average

45.75 - 48.5

47.13



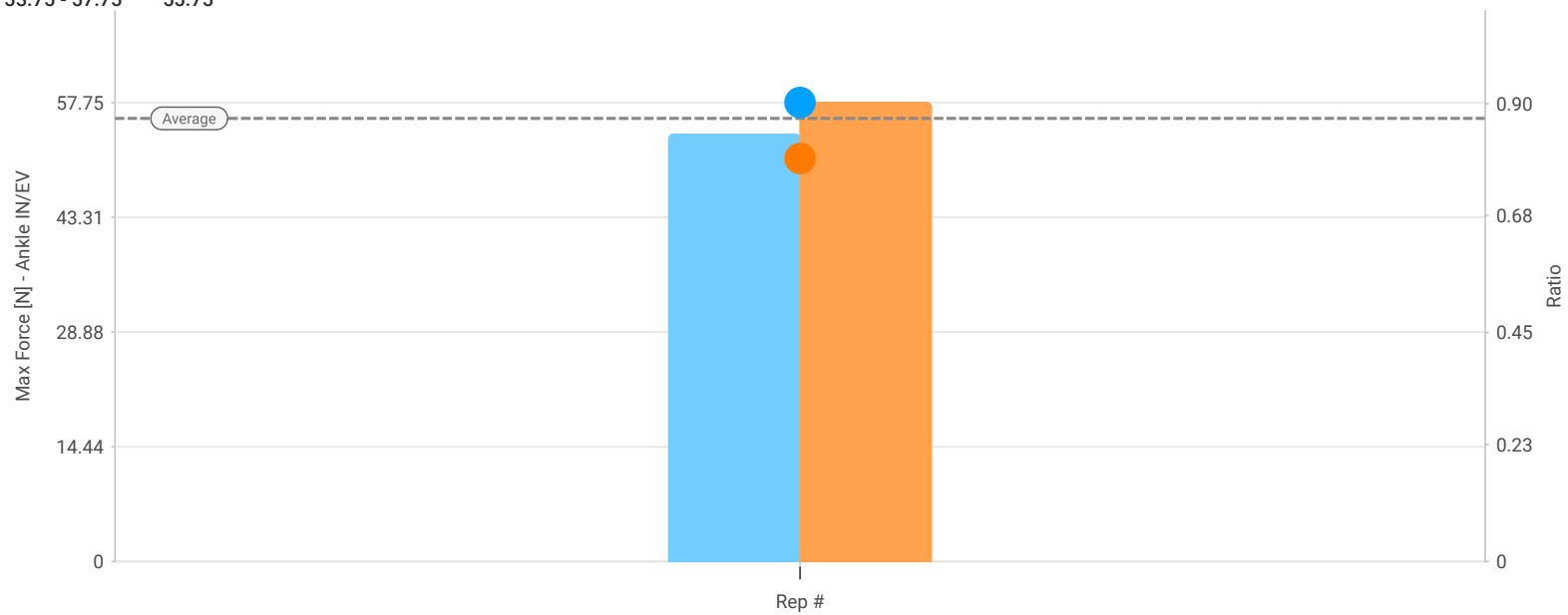
Eversion Max Force [N] - Ankle IN/EV

Range

Average

53.75 - 57.75

55.75



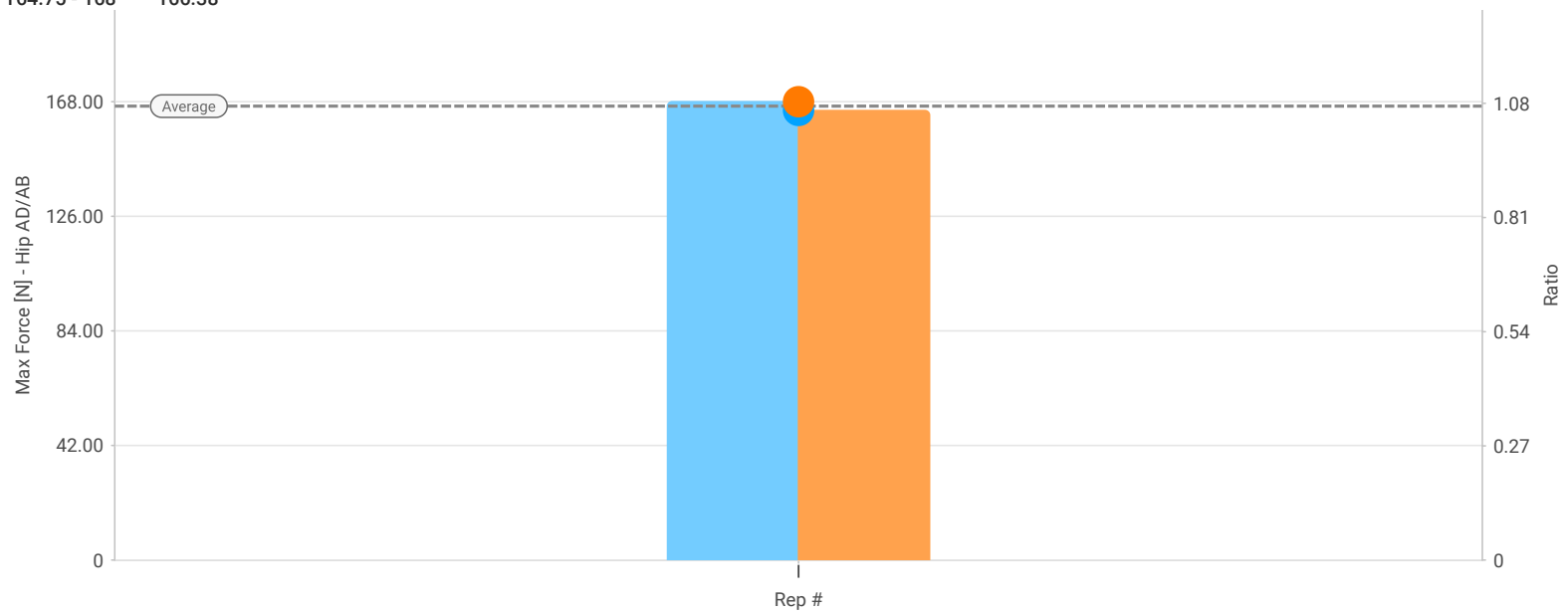
Adduction Max Force [N] - Hip AD/AB

Range

Average

164.75 - 168

166.38



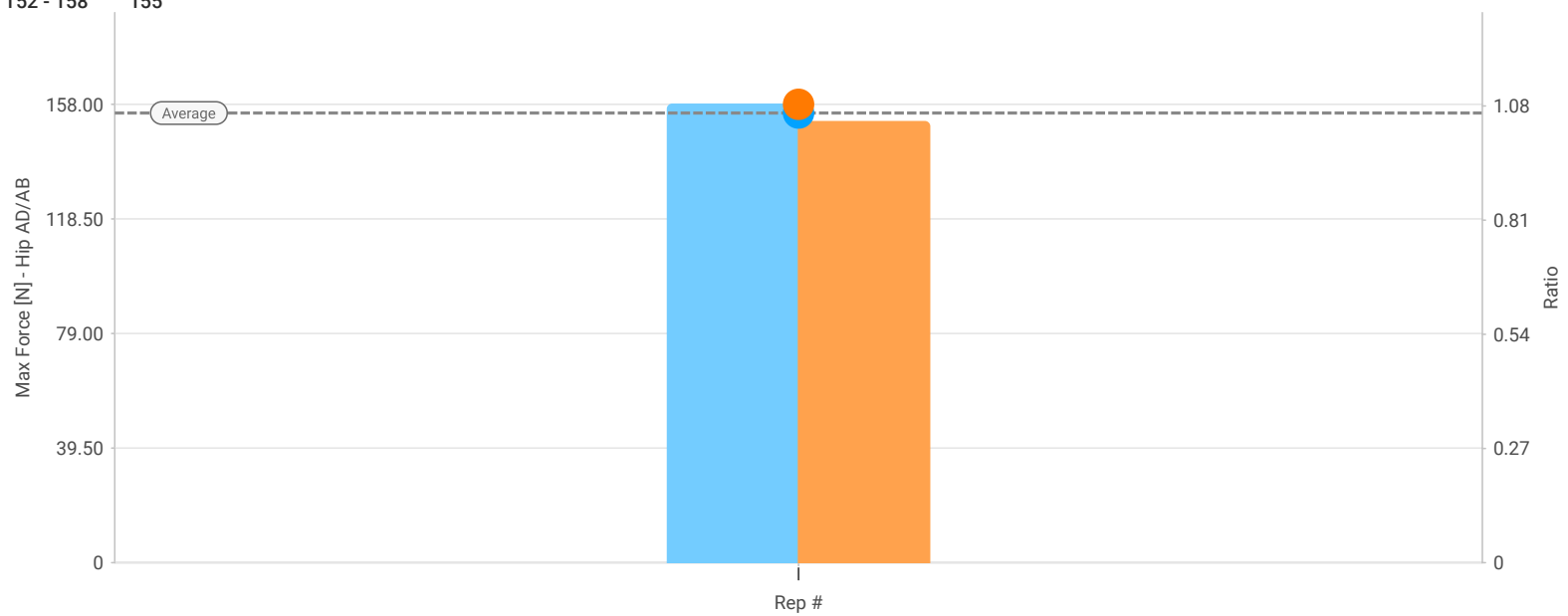
Abduction Max Force [N] - Hip AD/AB

Range

Average

152 - 158

155



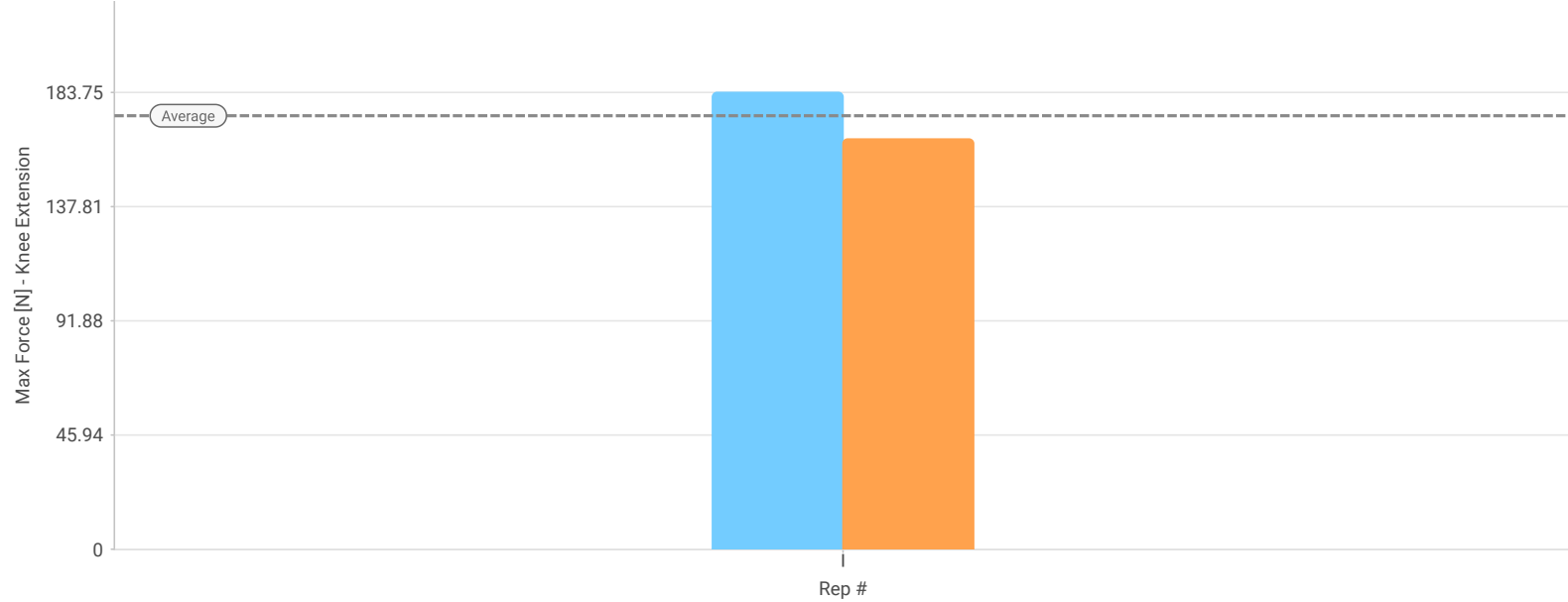
Extension Max Force [N] - Knee Extension

Range

Average

165 - 183.75

174.38



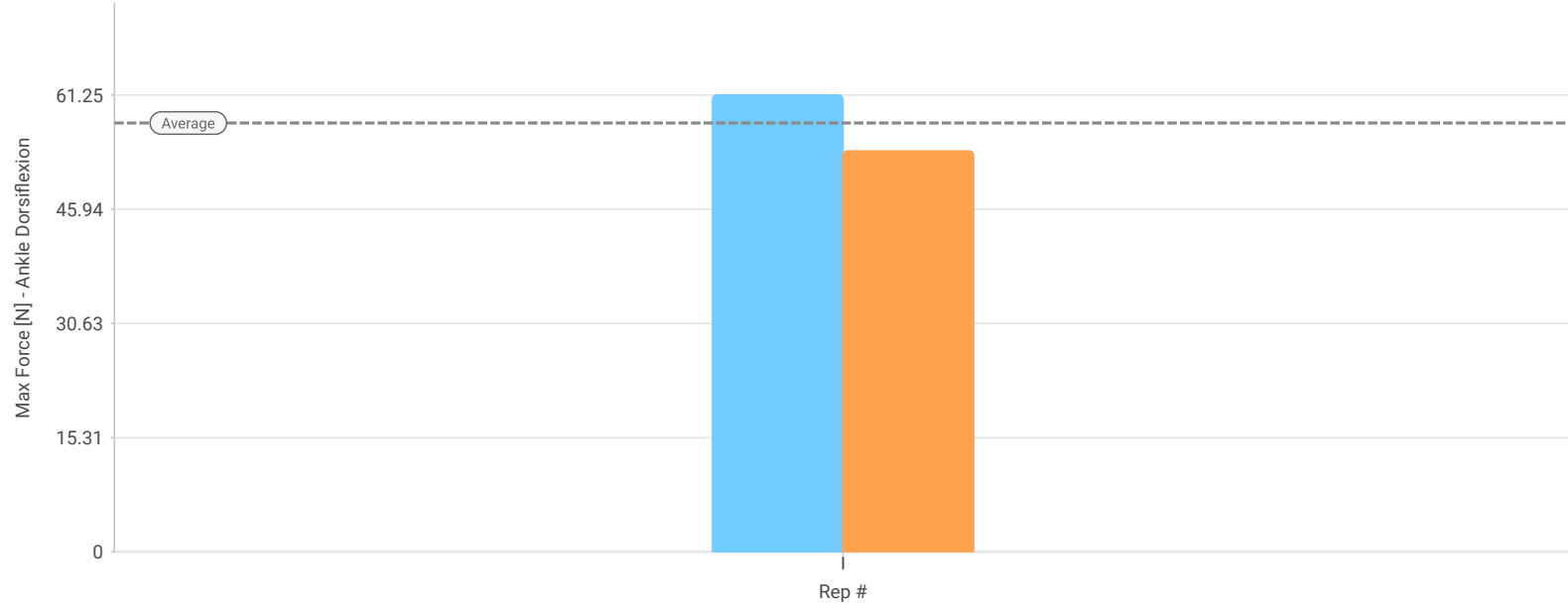
Dorsiflexion Max Force [N] - Ankle Dorsiflexion

Range

Average

53.75 - 61.25

57.5



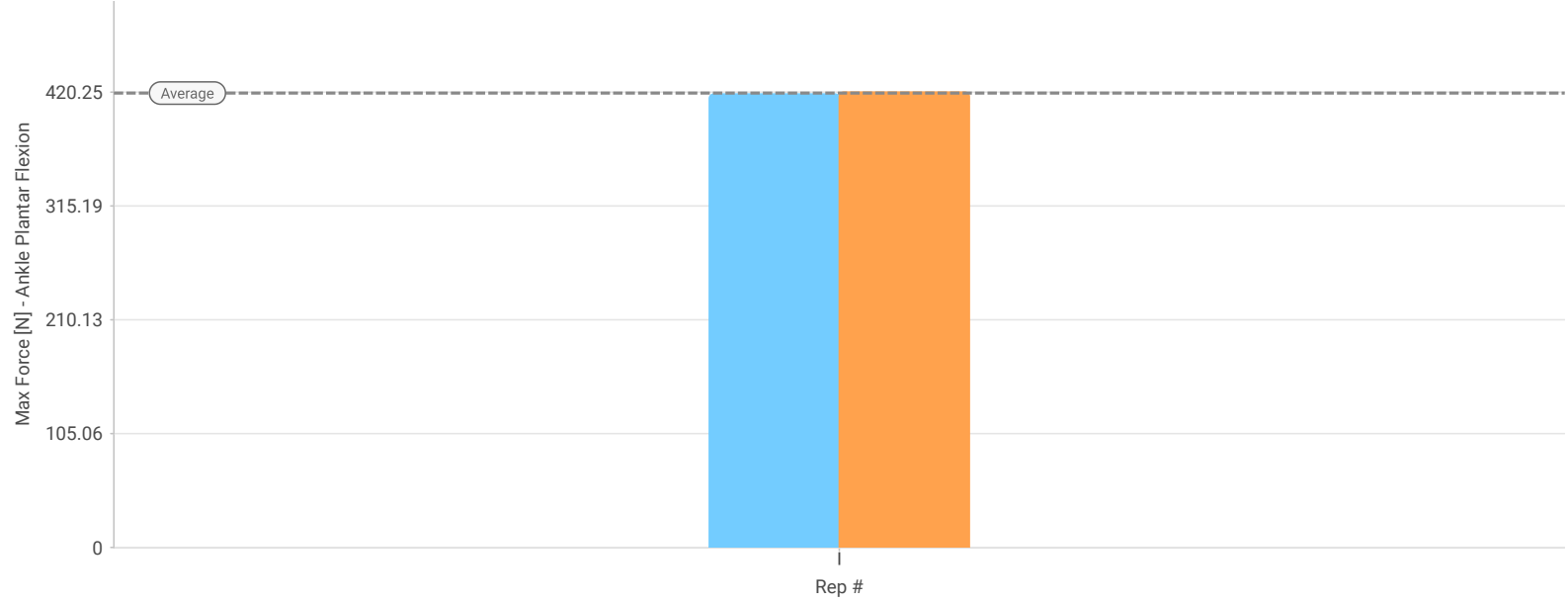
Plantar Flexion Max Force [N] - Ankle Plantar Flexion

Range

418.5 - 420.25

Average

419.38



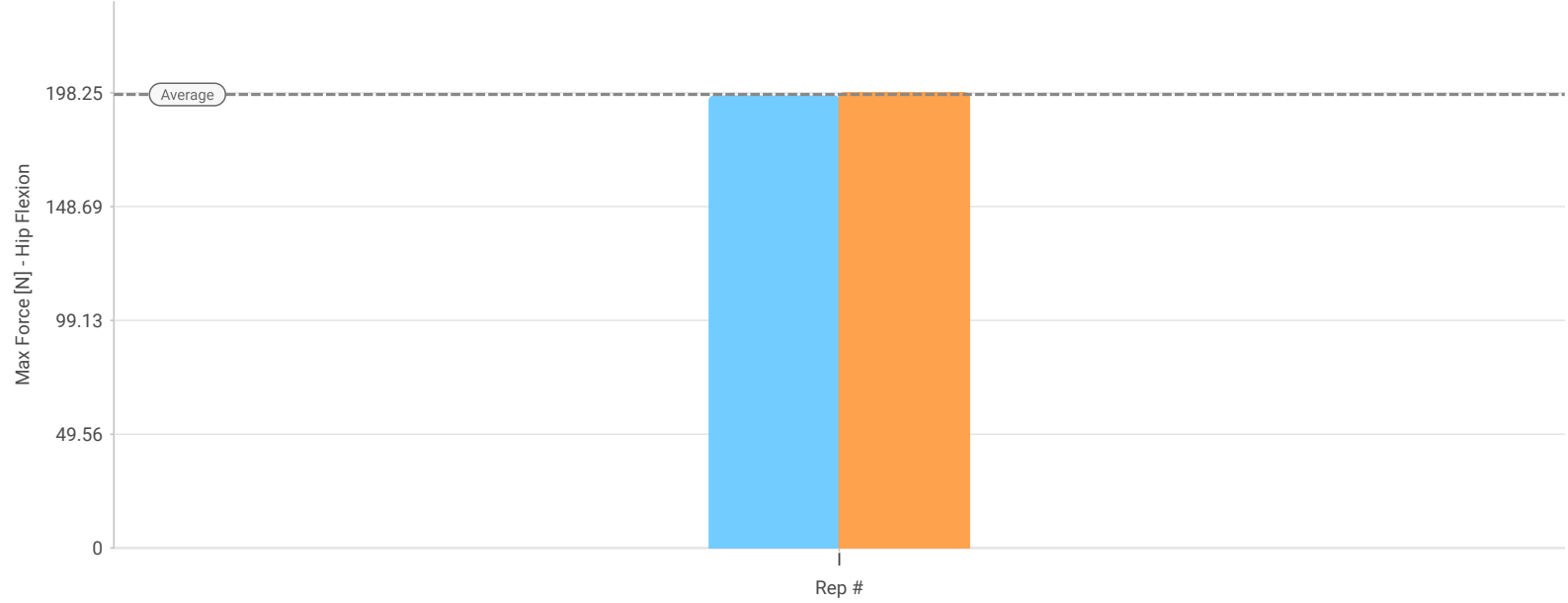
Flexion Max Force [N] - Hip Flexion

Range

196.75 - 198.25

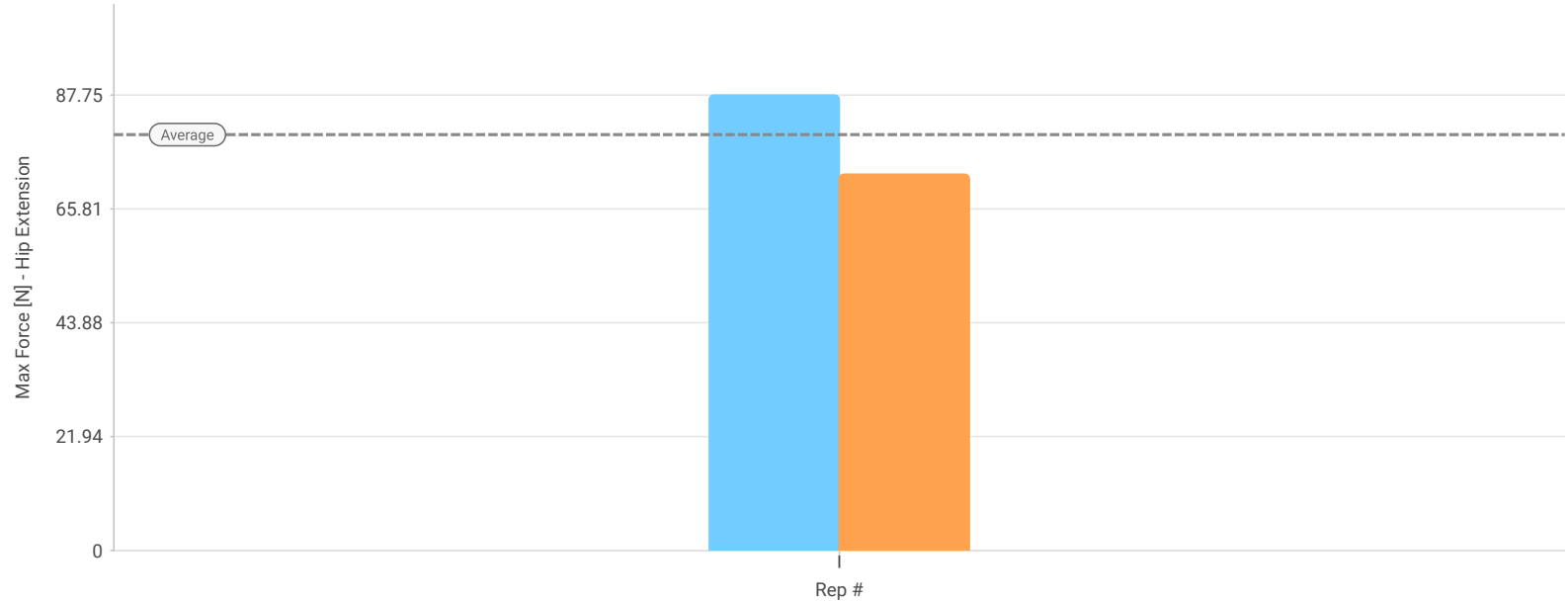
Average

197.5



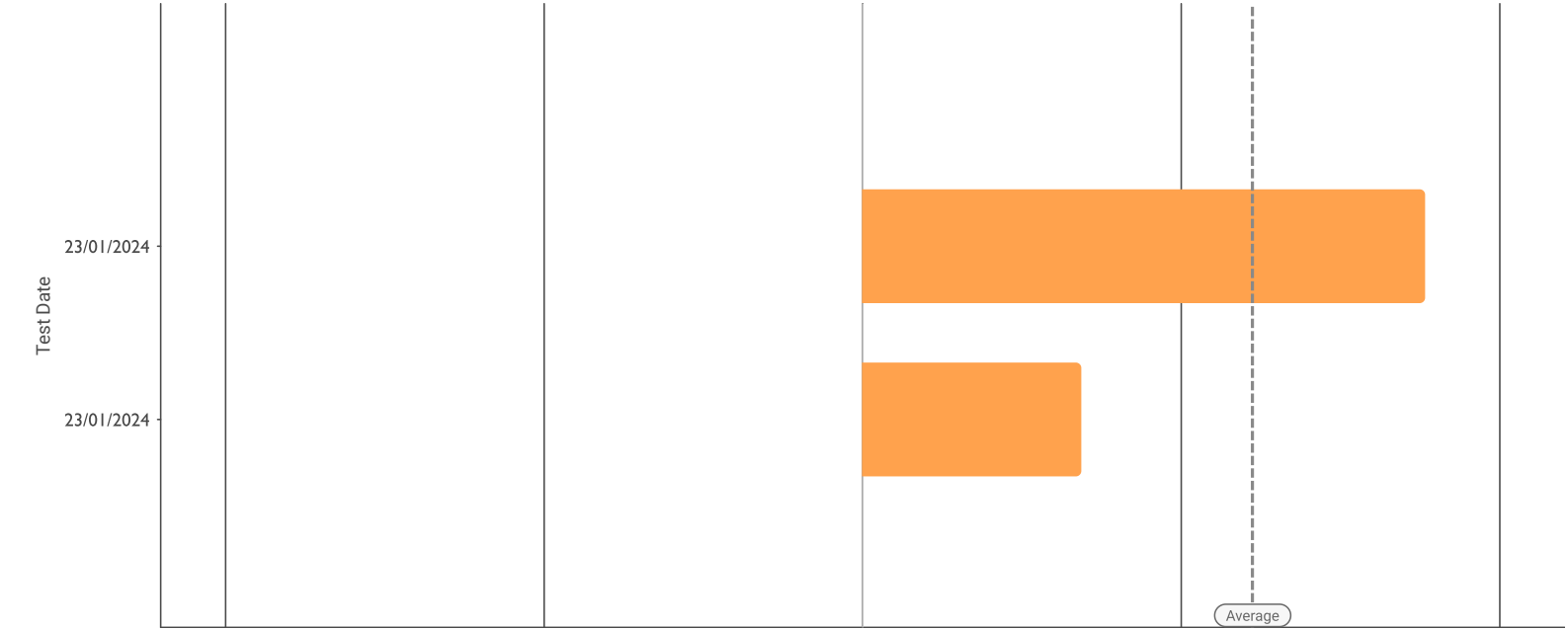
Extension Max Force [N] - Hip Extension

Range Average
72.5 - 87.75 80.13



Knee Flexion Asymmetry [%] - Knee Flexion

Range Average
5.13 L - 13.22 R 9.18 R



External Rotation Asymmetry [%] - Hip IR/ER

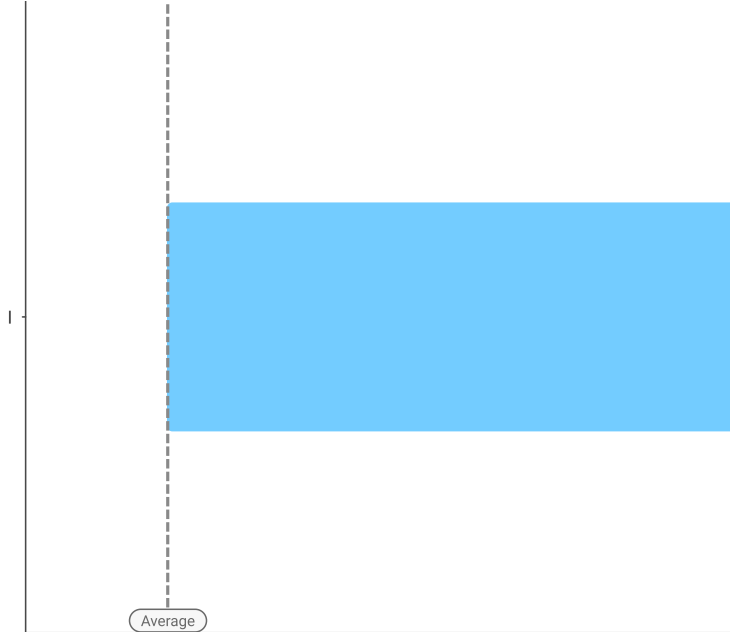
Range

Average

1.96 L - 1.96 R

1.96 L

Rep #



Internal Rotation Asymmetry [%] - Hip IR/ER

Range

Average

12.27 L - 12.27 R

12.27 R

Rep #



Inversion Asymmetry [%] - Ankle IN/EV

Range

Average

5.67 L - 5.67 R

5.67 L

Rep #



Eversion Asymmetry [%] - Ankle IN/EV

Range

Average

6.93 L - 6.93 R

6.93 R

Rep #



Adduction Asymmetry [%] - Hip AD/AB

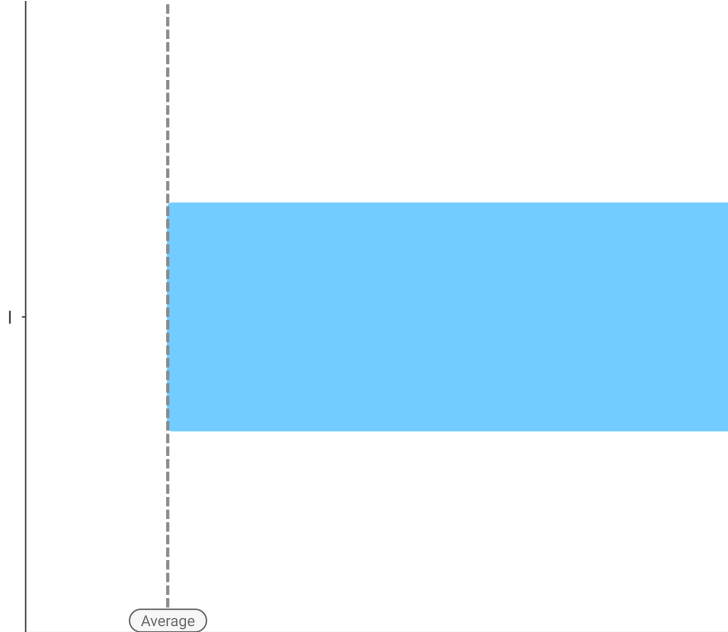
Range

Average

1.93 L - 1.93 R

1.93 L

Rep #



Abduction Asymmetry [%] - Hip AD/AB

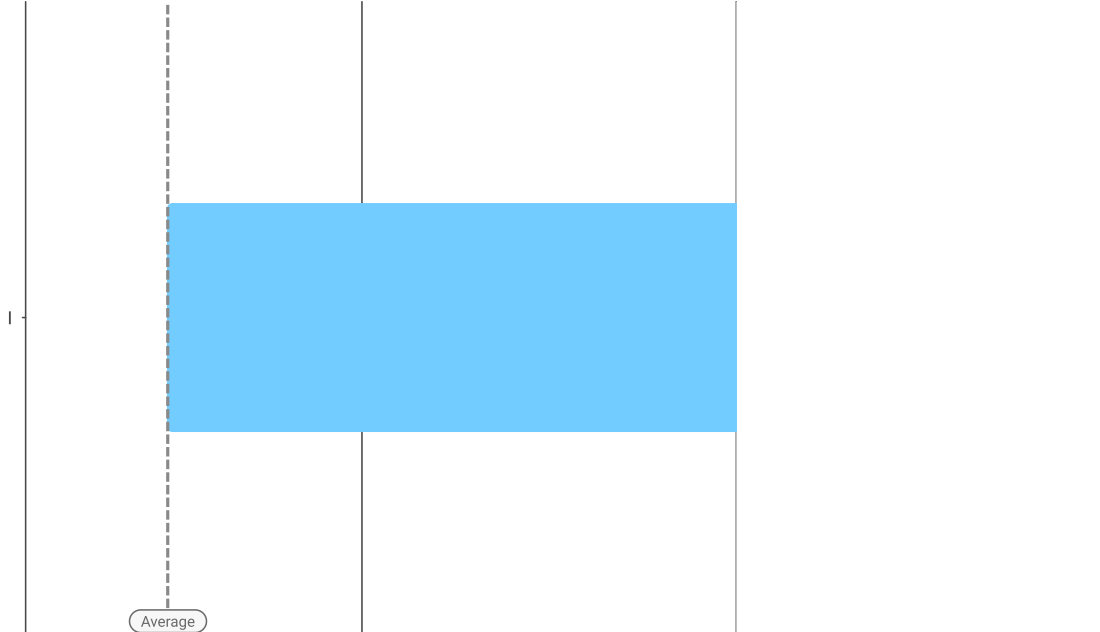
Range

Average

3.8 L - 3.8 R

3.8 L

Rep #



Extension Asymmetry [%] - Knee Extension

Range

Average

10.2 L - 10.2 R

10.2 L

Rep #



Dorsiflexion Asymmetry [%] - Ankle Dorsiflexion

Range

Average

12.24 L - 12.24 R

12.24 L

Rep #



Plantar Flexion Asymmetry [%] - Ankle Plantar Flexion

Range

Average

0.42 L - 0.42 R

0.42 R

Rep #



Flexion Asymmetry [%] - Hip Flexion

Range

Average

0.76 L - 0.76 R

0.76 R

Rep #



Extension Asymmetry [%] - Hip Extension

Range

Average

17.38 L - 17.38 R

17.38 L

Rep #

Average

Knee Flexion Impulse Force [Ns] - Knee Flexion

Range

Average

568.25 - 673

614.78

Impulse Force [Ns] - Knee Flexion

673.00

Average

504.75

336.50

168.25

0

23/01/2024

Test Date

23/01/2024

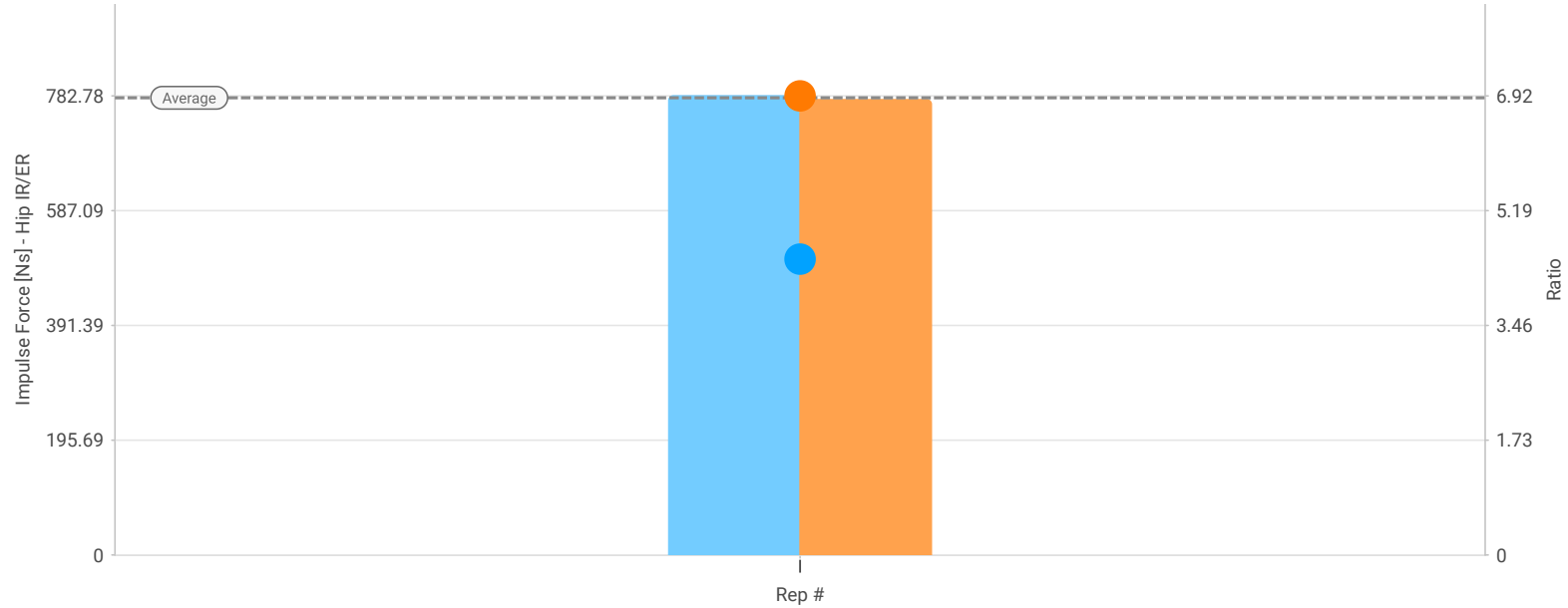
External Rotation Impulse Force [Ns] - Hip IR/ER

Range

Average

776.28 - 782.78

779.53



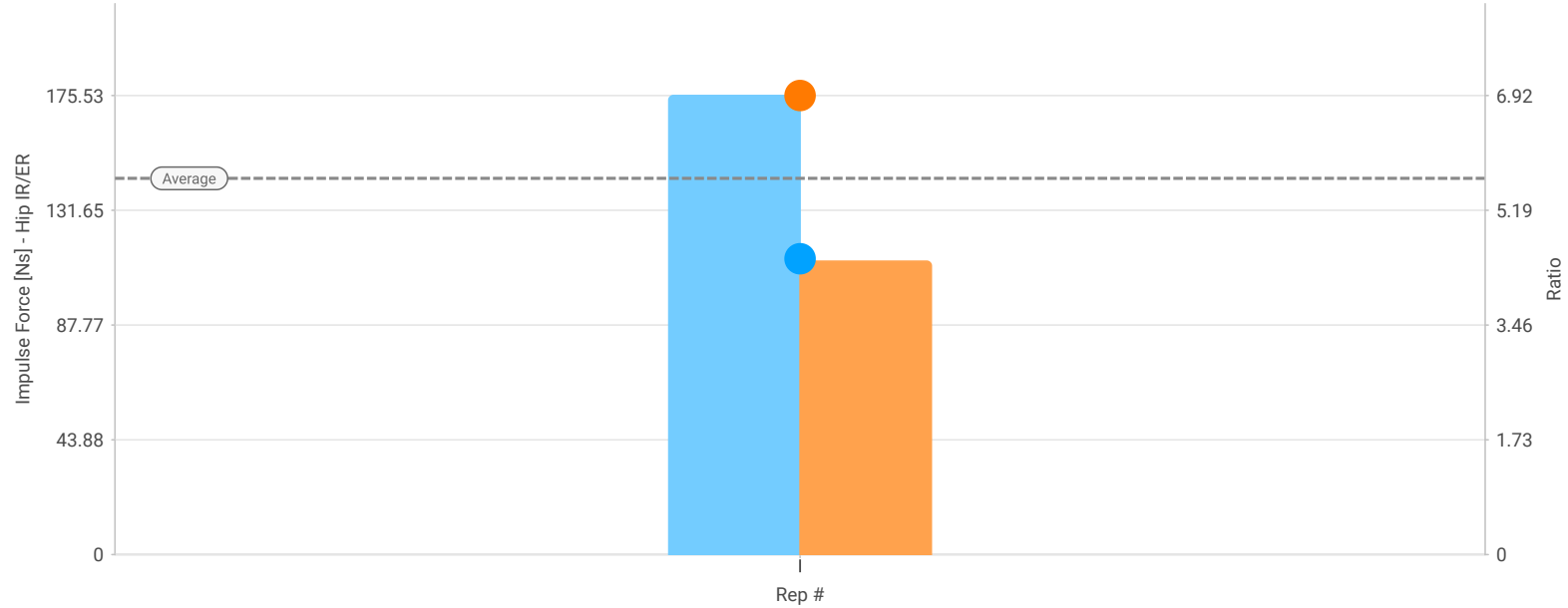
Internal Rotation Impulse Force [Ns] - Hip IR/ER

Range

Average

112.18 - 175.53

143.86



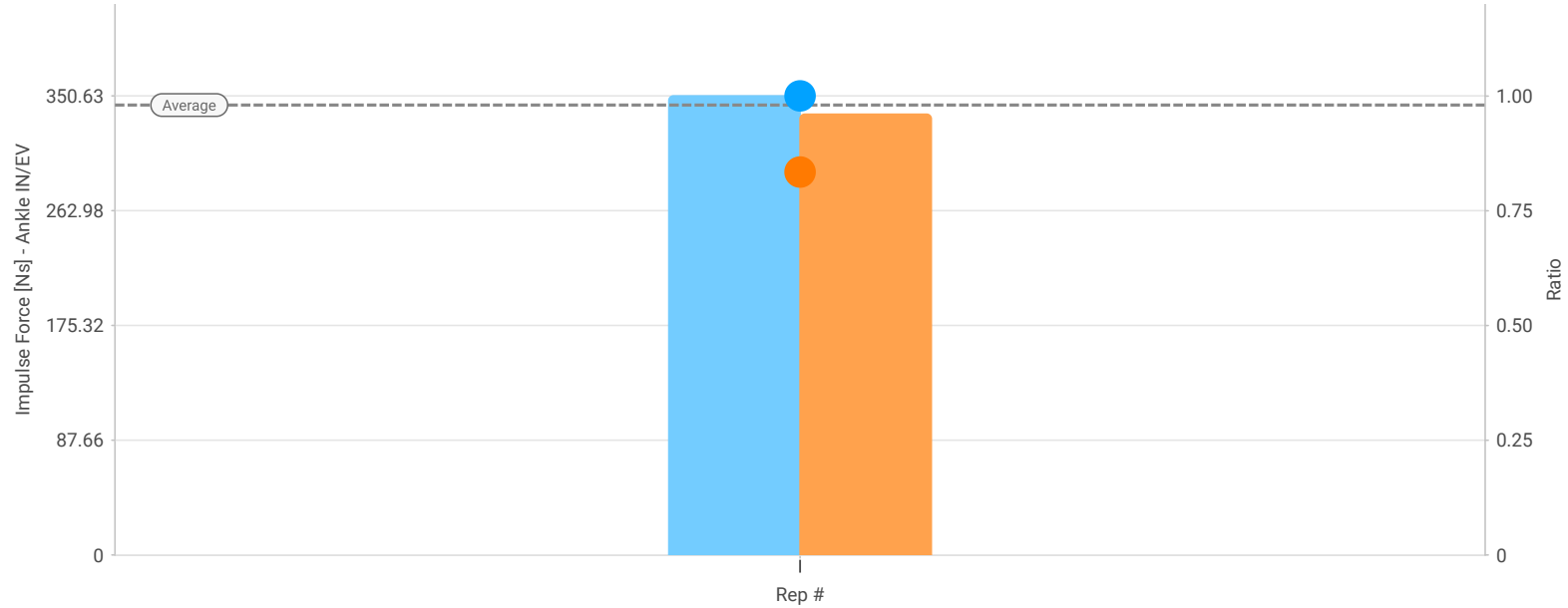
Inversion Impulse Force [Ns] - Ankle IN/EV

Range

Average

336.64 - 350.64

343.64



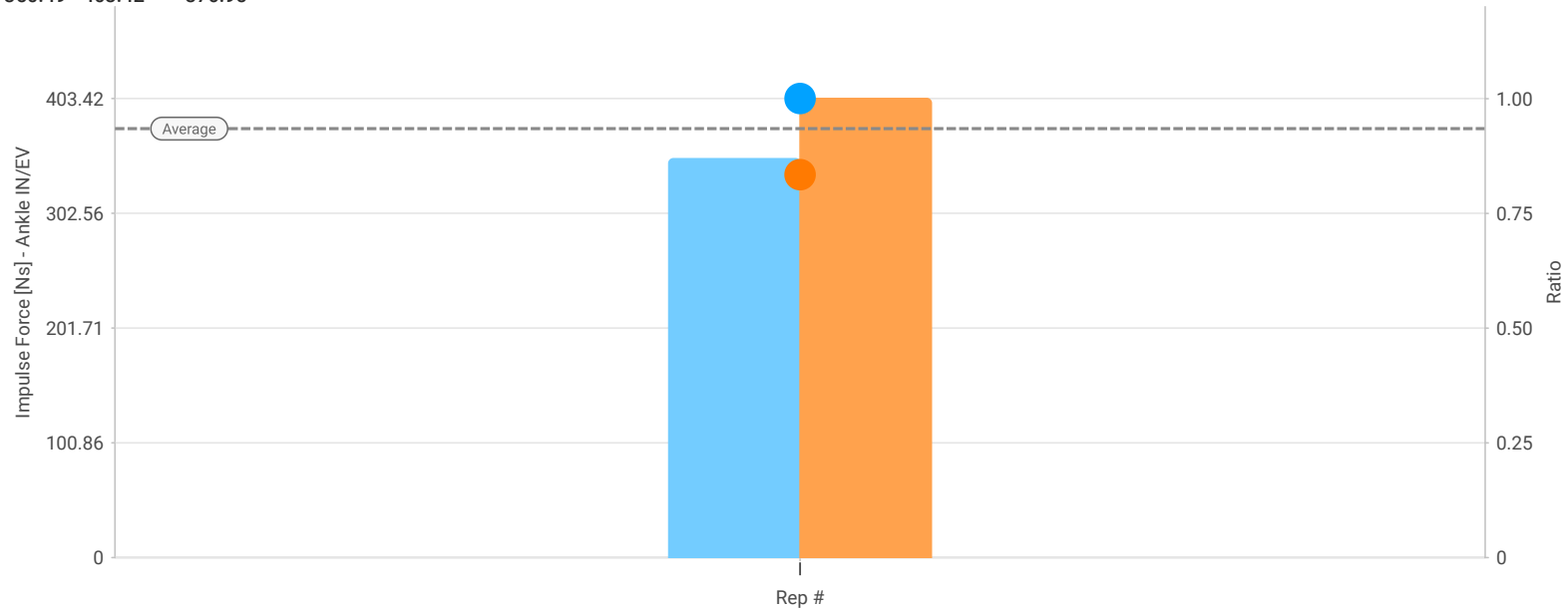
Eversion Impulse Force [Ns] - Ankle IN/EV

Range

Average

350.49 - 403.42

376.95



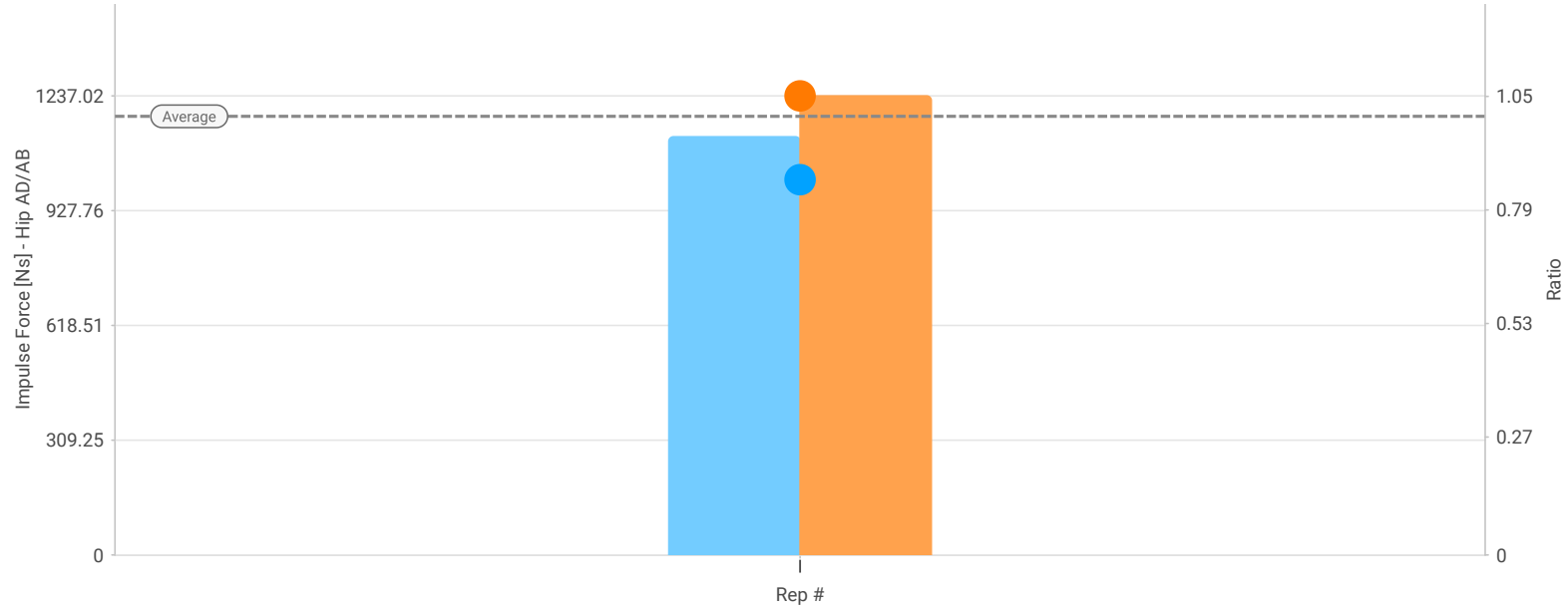
Adduction Impulse Force [Ns] - Hip AD/AB

Range

Average

1126.87 - 1237.02

1181.95



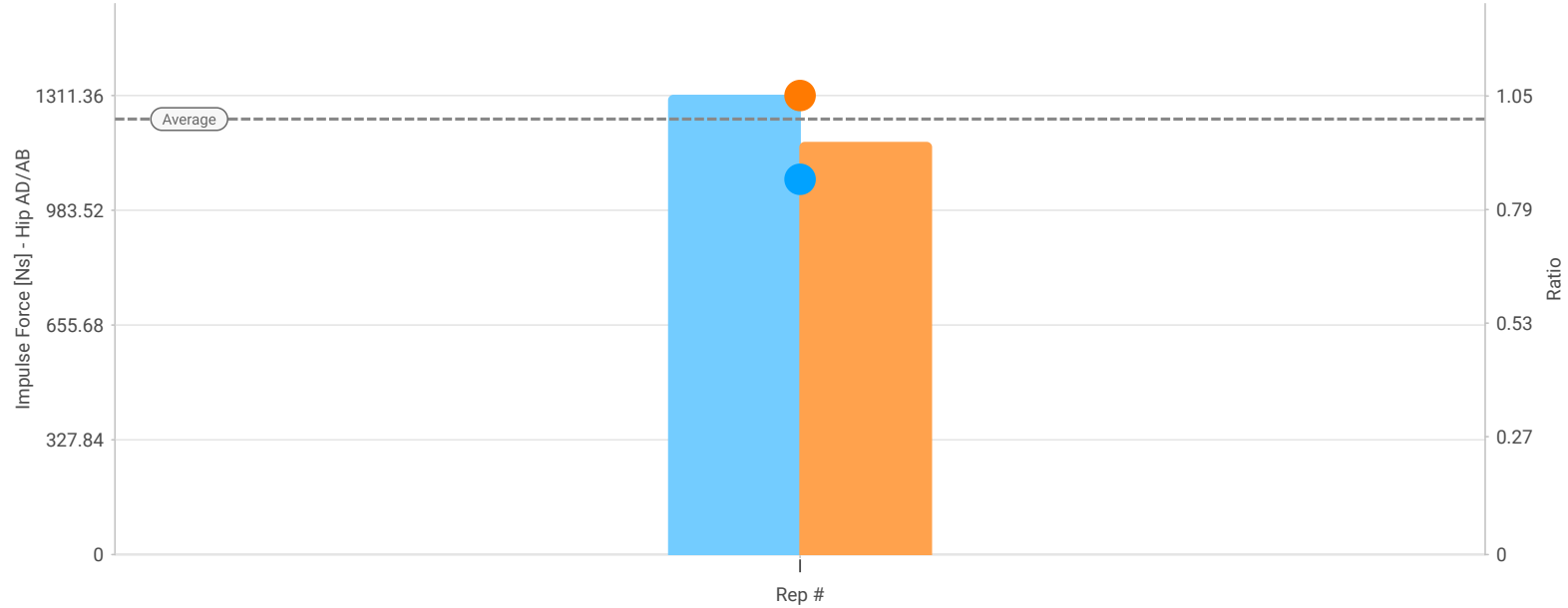
Abduction Impulse Force [Ns] - Hip AD/AB

Range

Average

1176.78 - 1311.36

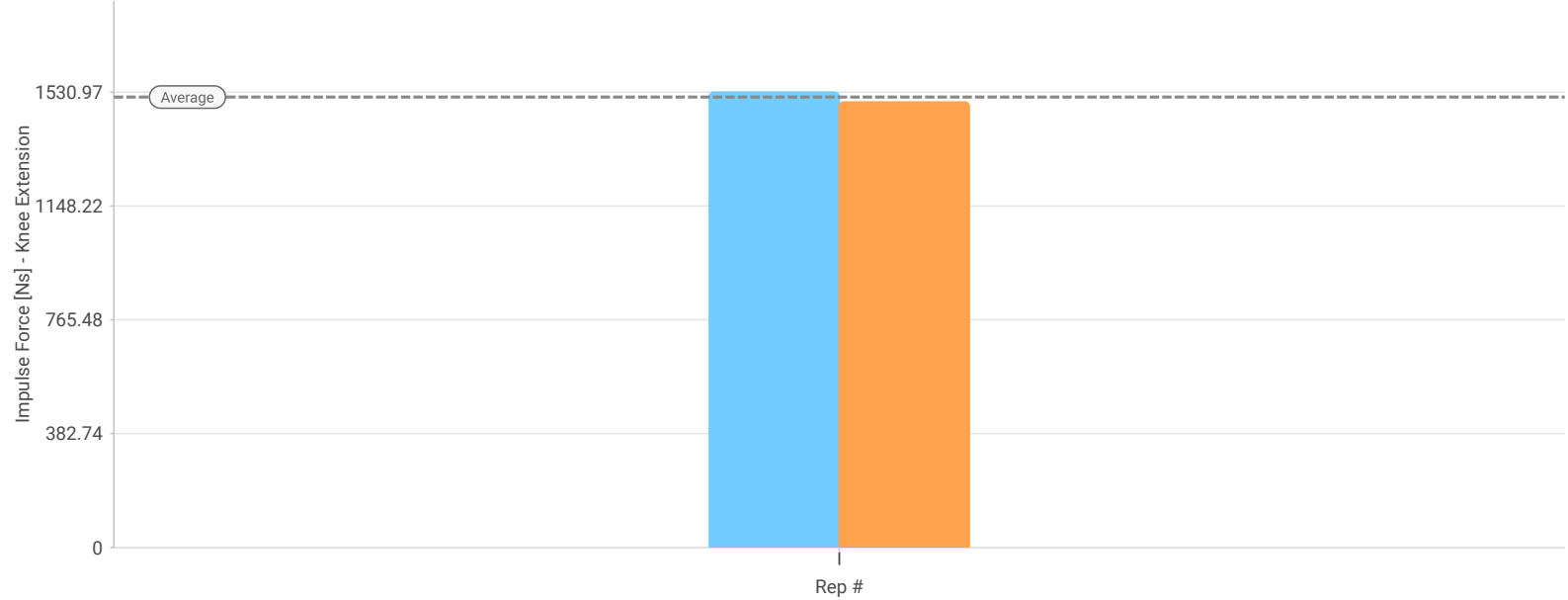
1244.07



Extension Impulse Force [Ns] - Knee Extension

Range
1497.71 - 1530.97

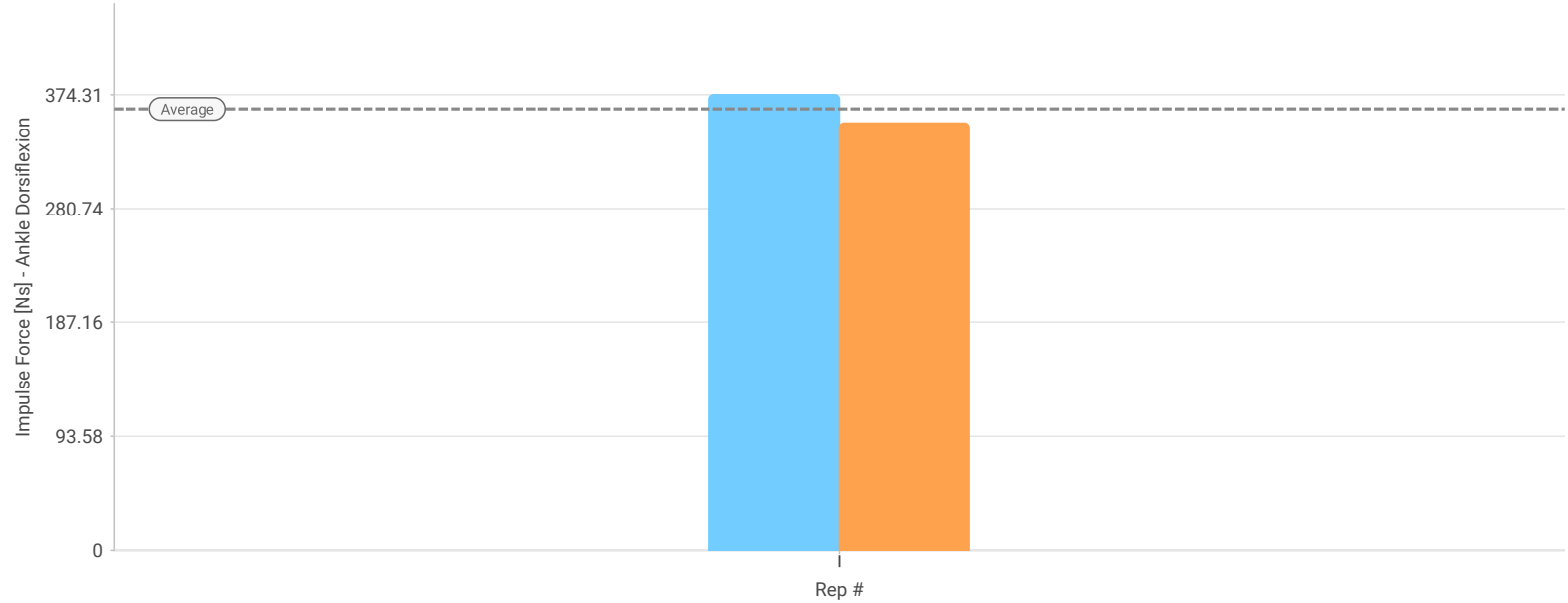
Average
1514.34



Dorsiflexion Impulse Force [Ns] - Ankle Dorsiflexion

Range
351.03 - 374.31

Average
362.67



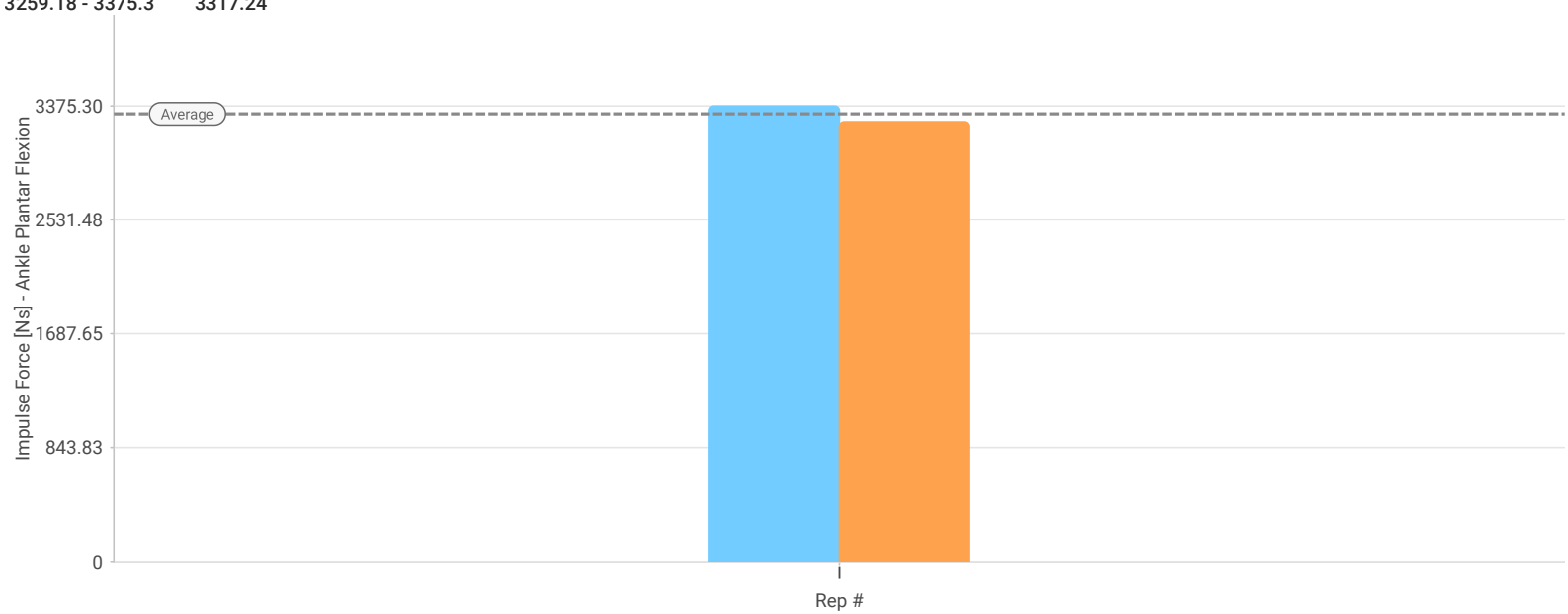
Plantar Flexion Impulse Force [Ns] - Ankle Plantar Flexion

Range

3259.18 - 3375.3

Average

3317.24



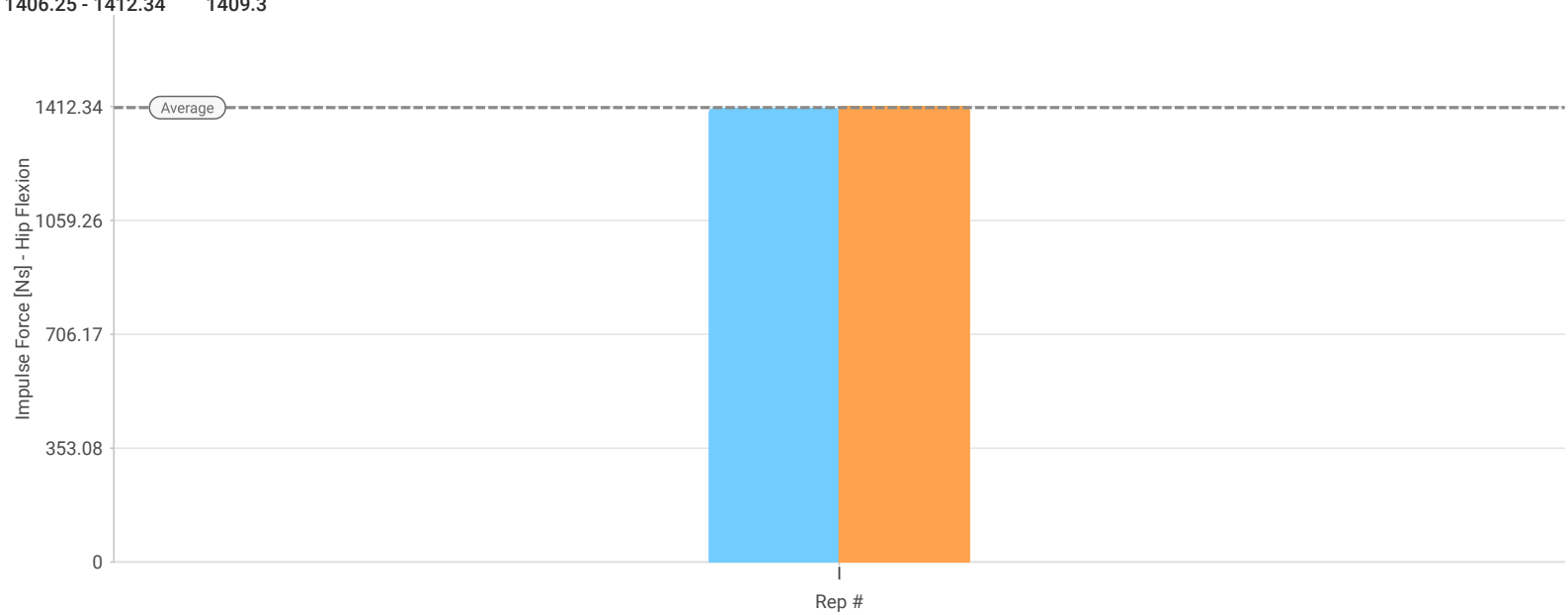
Flexion Impulse Force [Ns] - Hip Flexion

Range

1406.25 - 1412.34

Average

1409.3



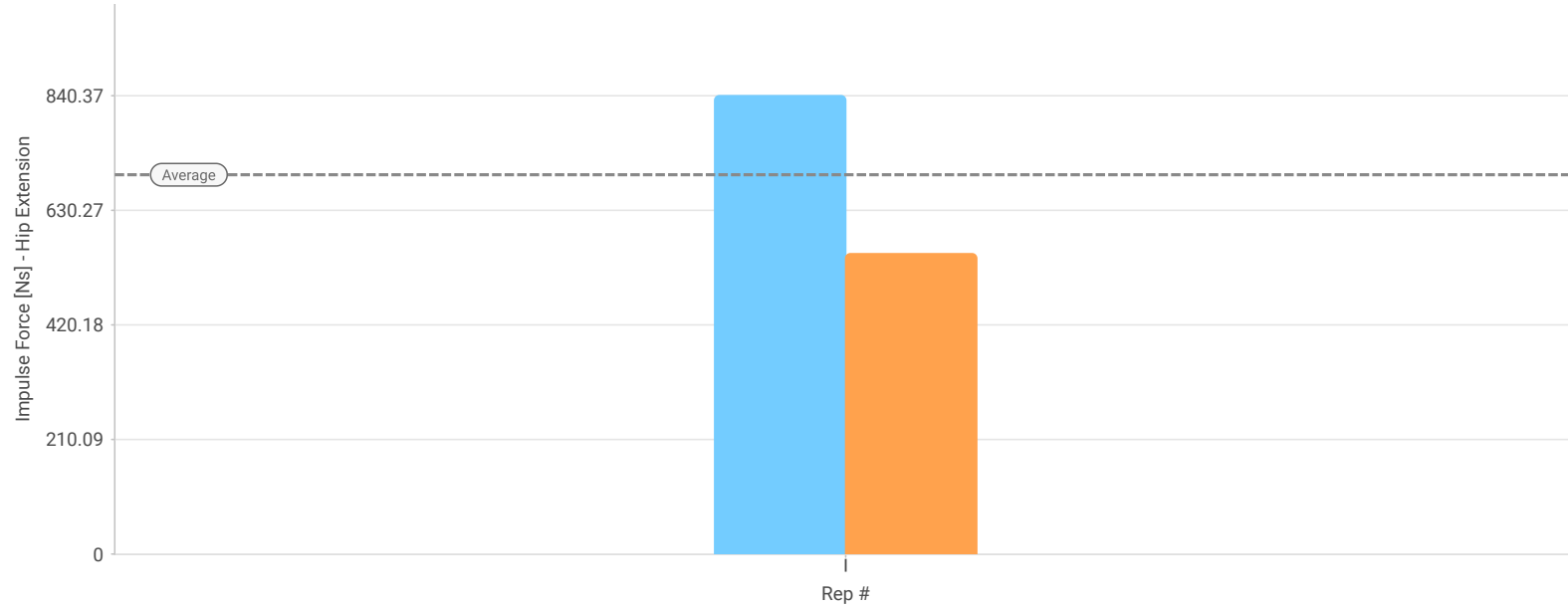
Extension Impulse Force [Ns] - Hip Extension

Range

550.62 - 840.37

Average

695.49



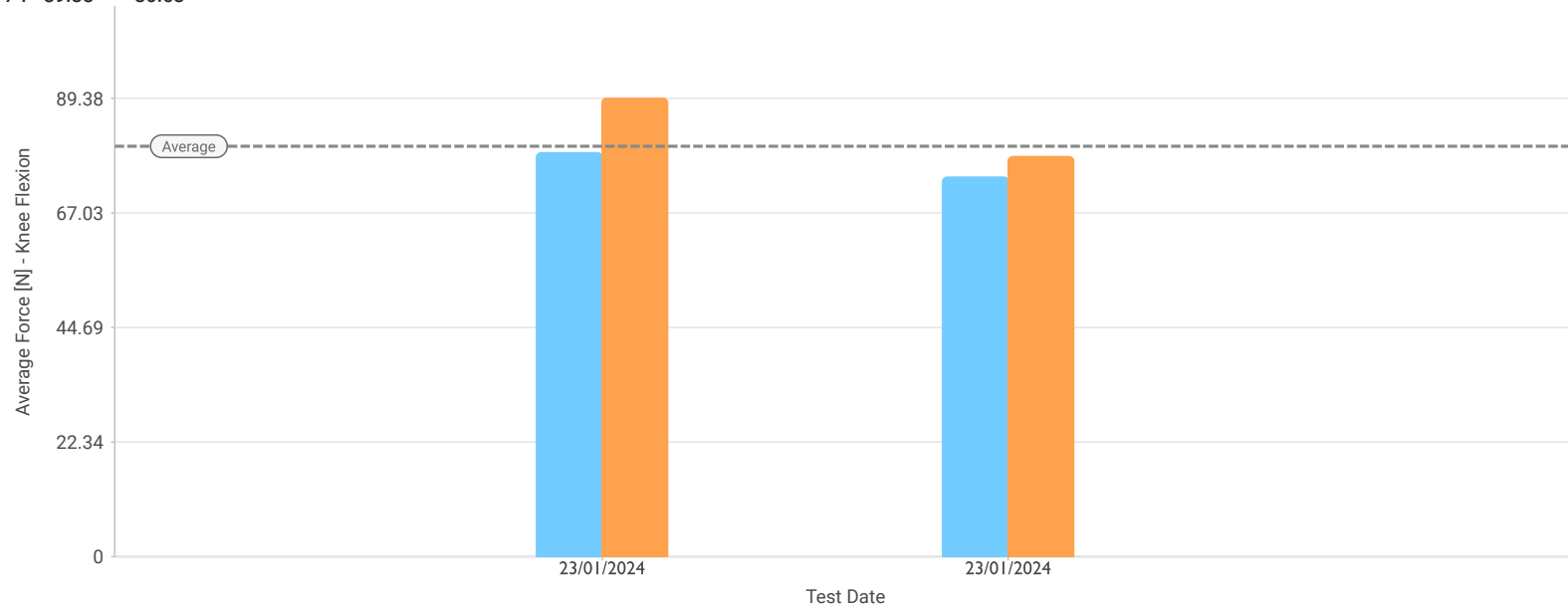
Knee Flexion Average Force [N] - Knee Flexion

Range

74 - 89.38

Average

80.03



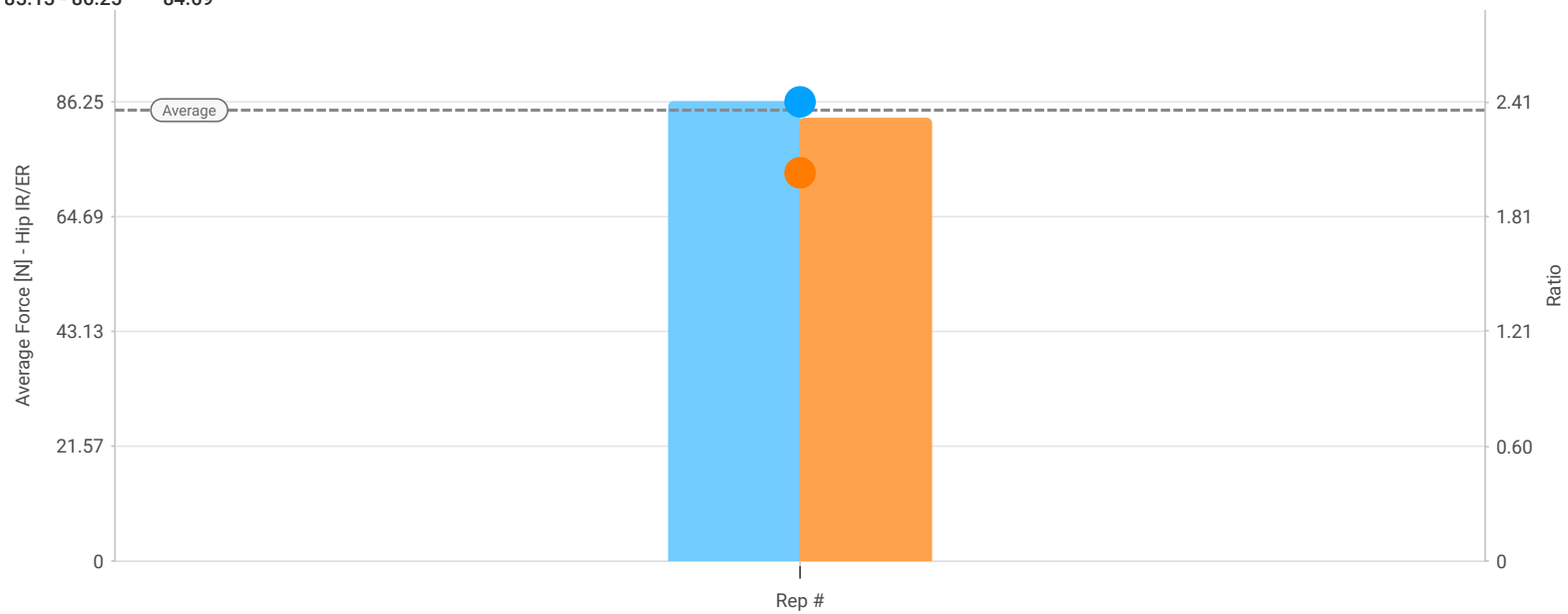
External Rotation Average Force [N] - Hip IR/ER

Range

Average

83.13 - 86.25

84.69



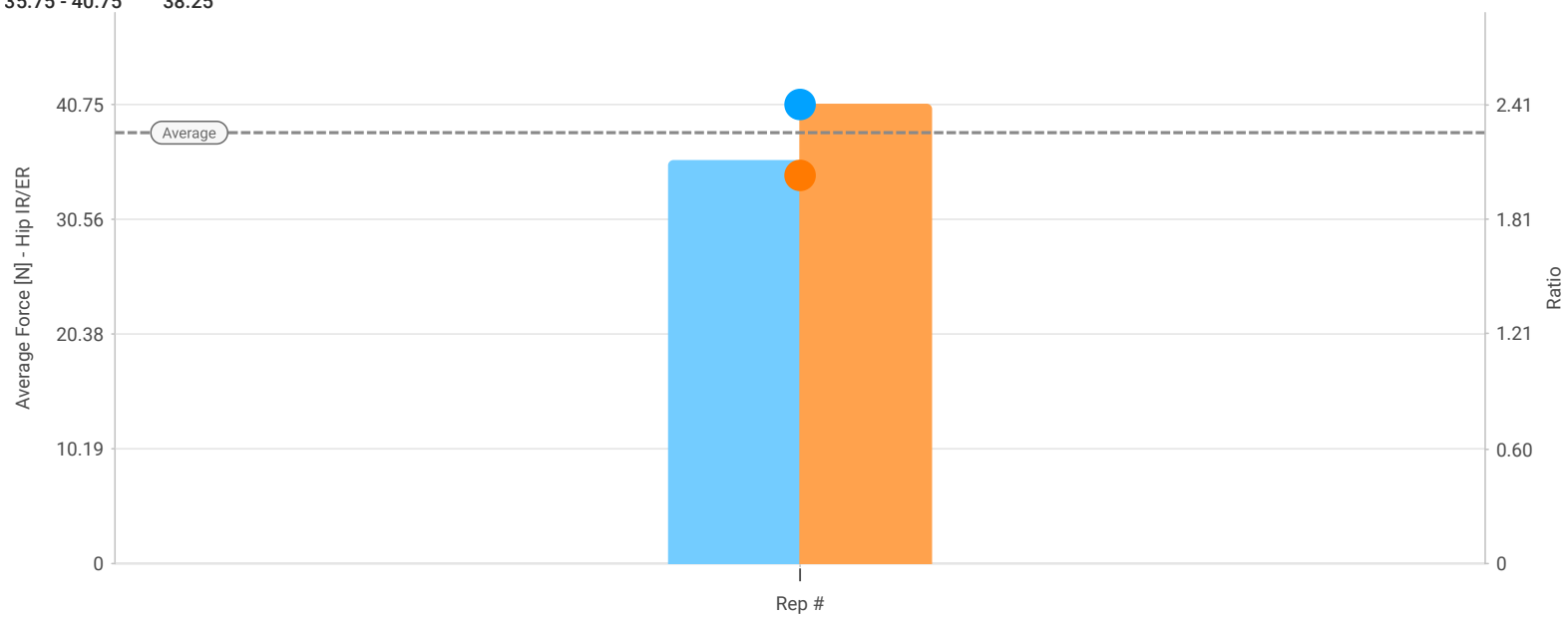
Internal Rotation Average Force [N] - Hip IR/ER

Range

Average

35.75 - 40.75

38.25



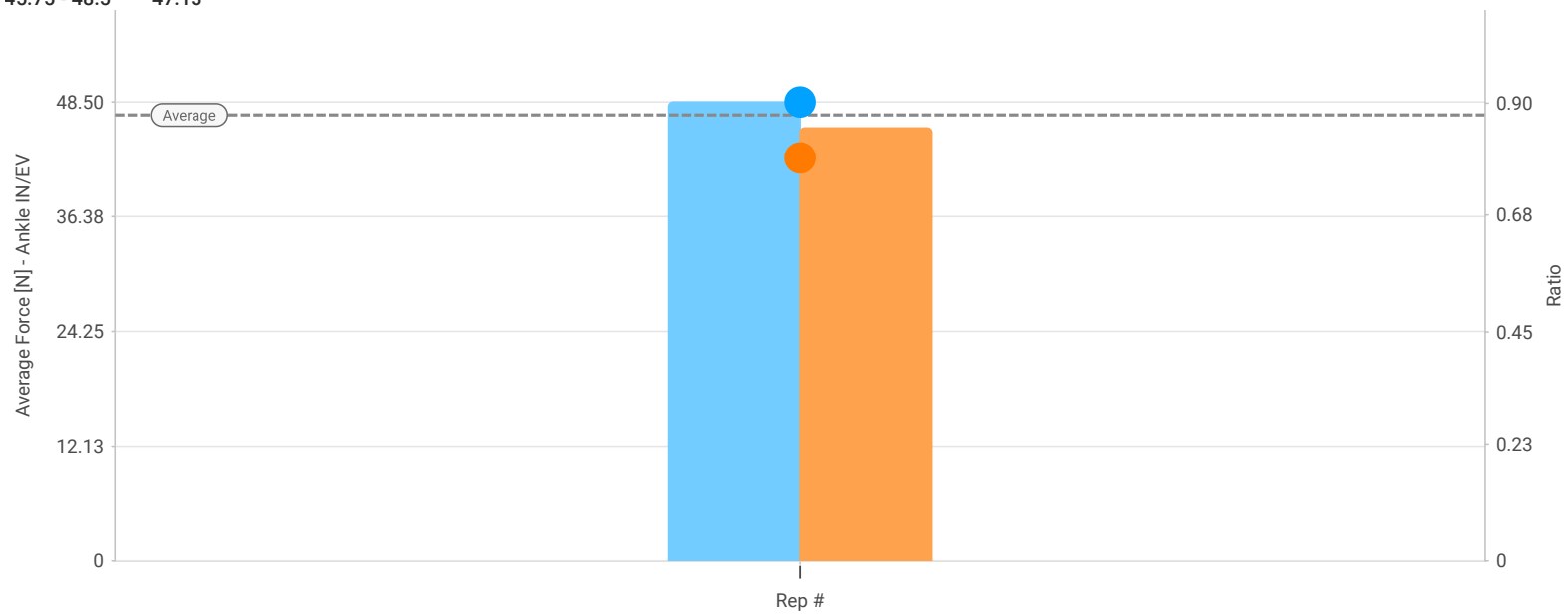
Inversion Average Force [N] - Ankle IN/EV

Range

Average

45.75 - 48.5

47.13



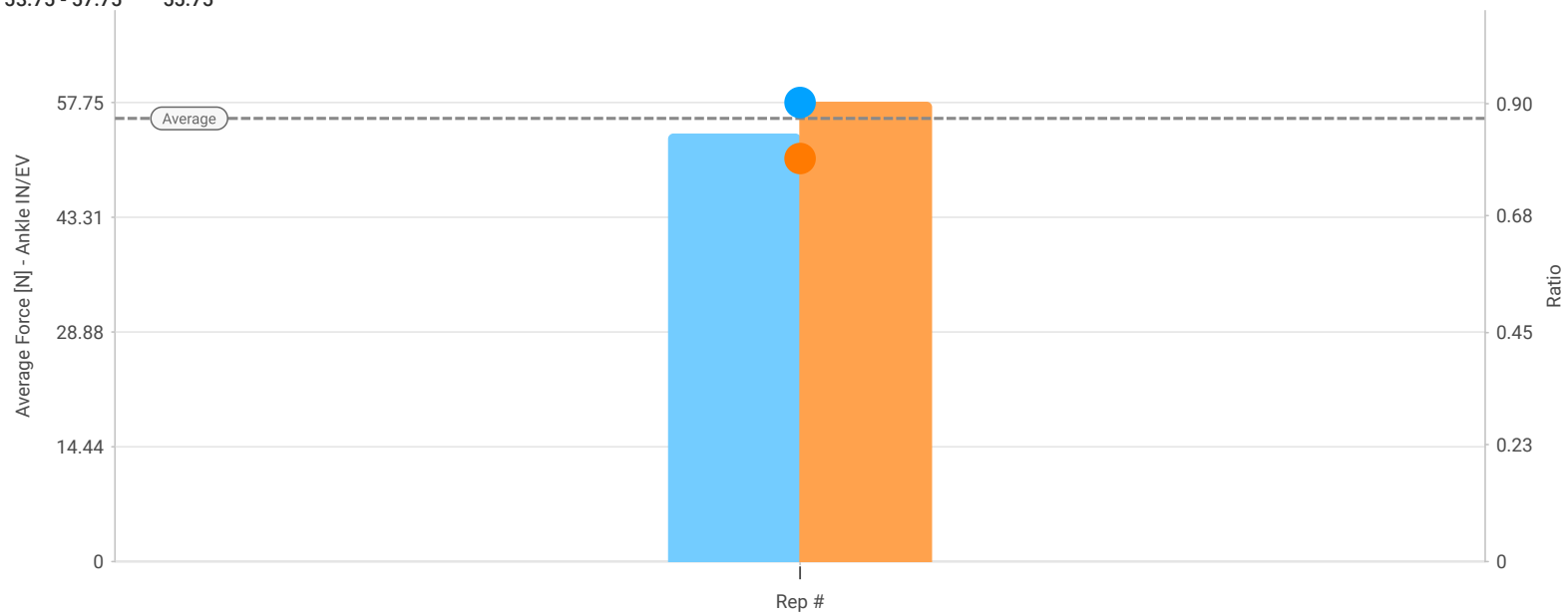
Eversion Average Force [N] - Ankle IN/EV

Range

Average

53.75 - 57.75

55.75



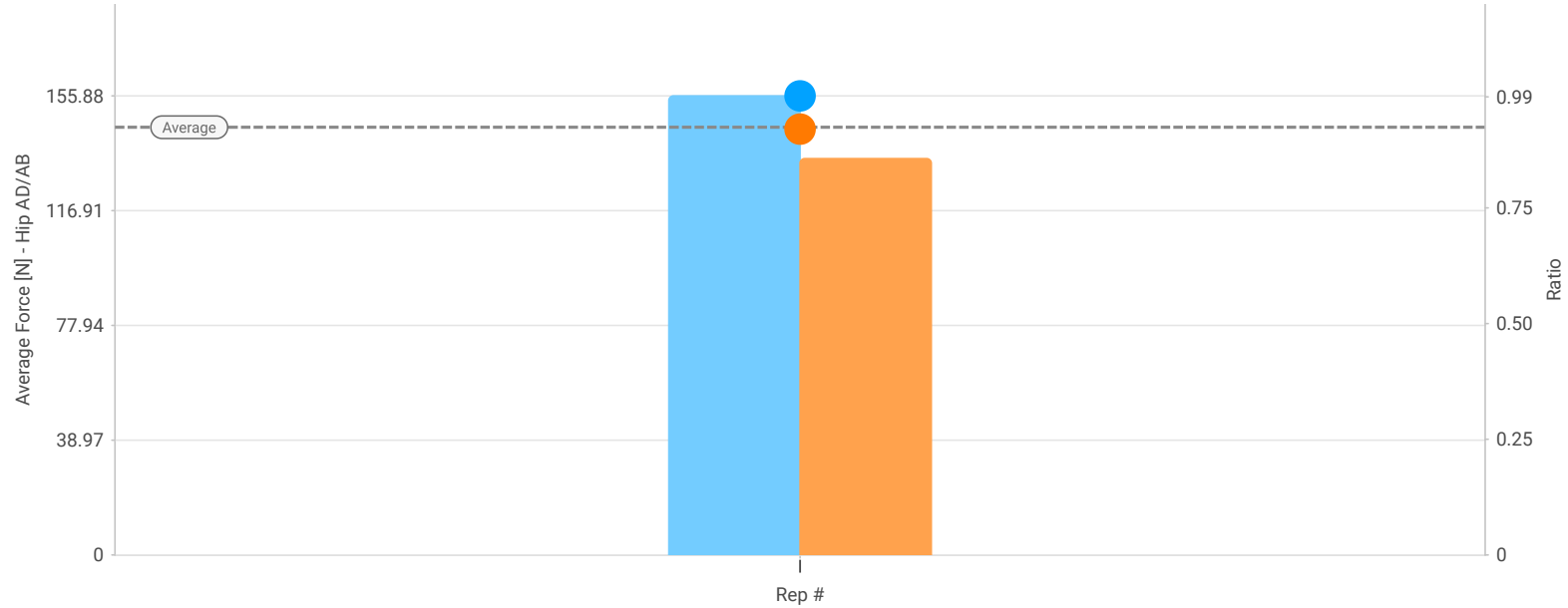
Adduction Average Force [N] - Hip AD/AB

Range

Average

134.58 - 155.88

145.23



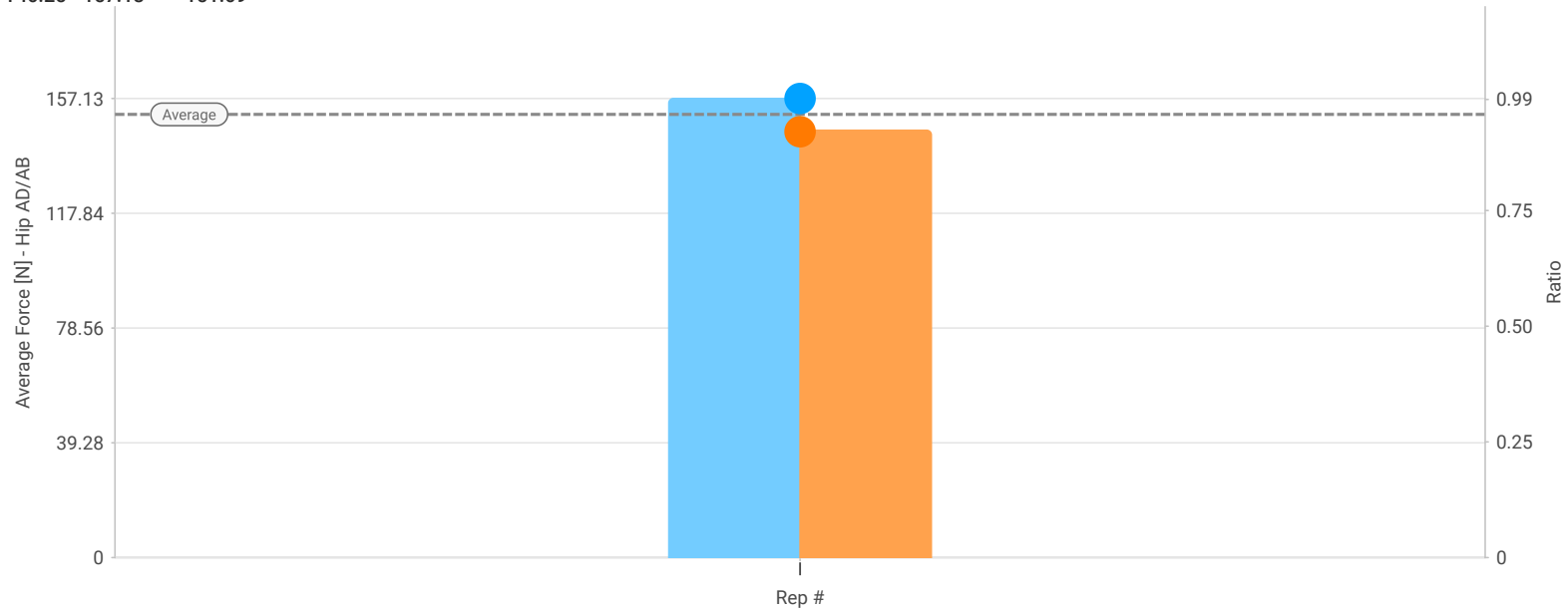
Abduction Average Force [N] - Hip AD/AB

Range

Average

146.25 - 157.13

151.69



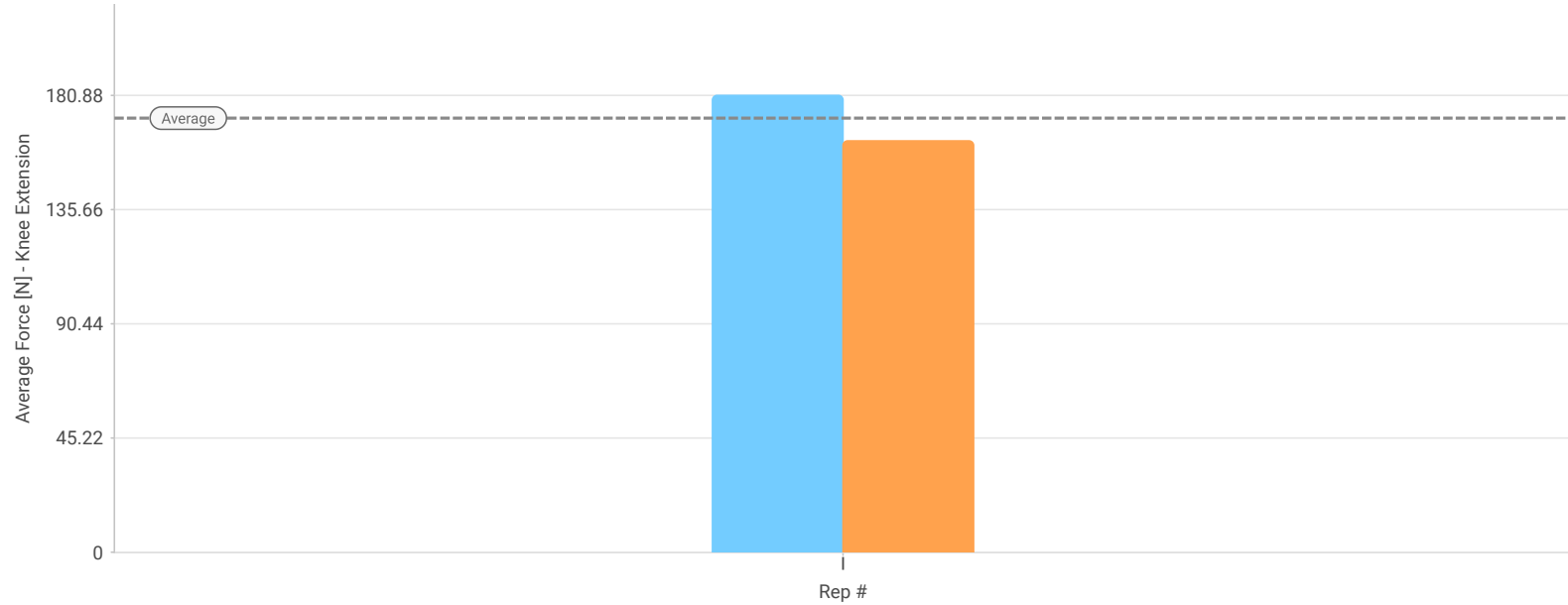
Extension Average Force [N] - Knee Extension

Range

Average

162.88 - 180.88

171.88



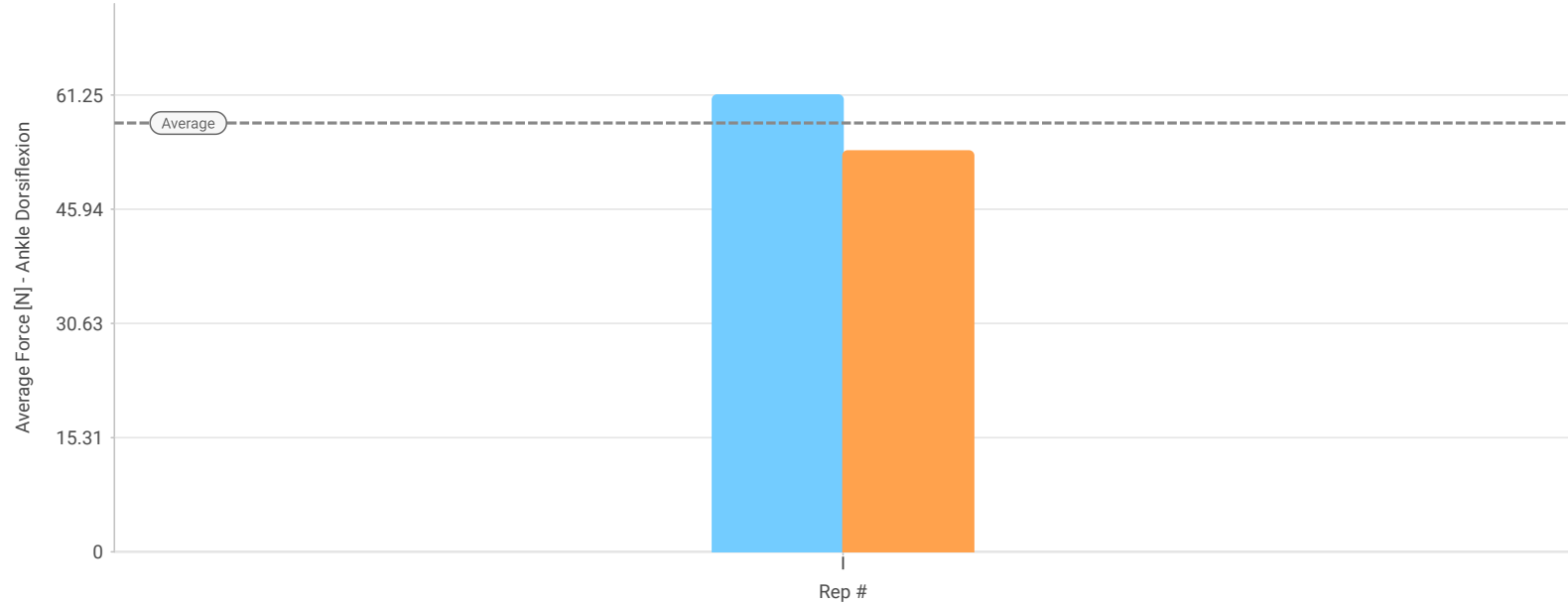
Dorsiflexion Average Force [N] - Ankle Dorsiflexion

Range

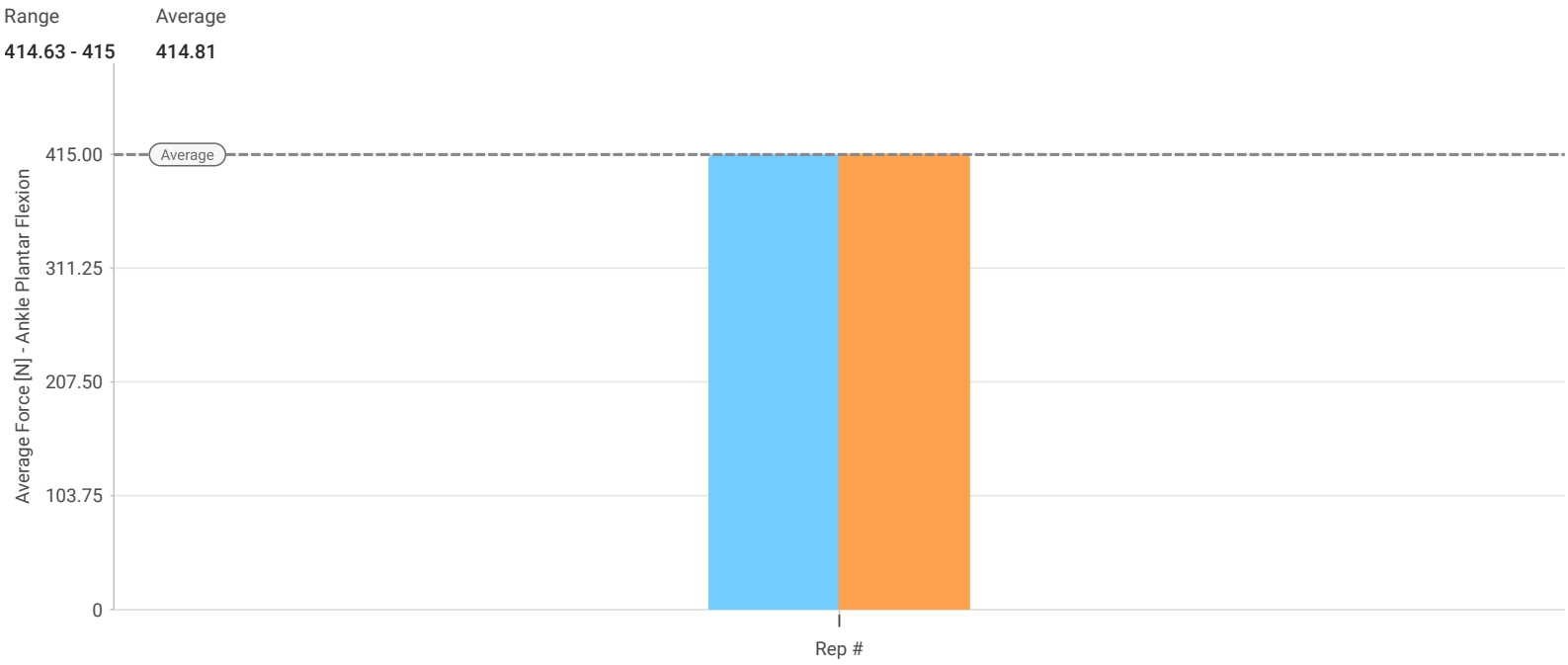
Average

53.75 - 61.25

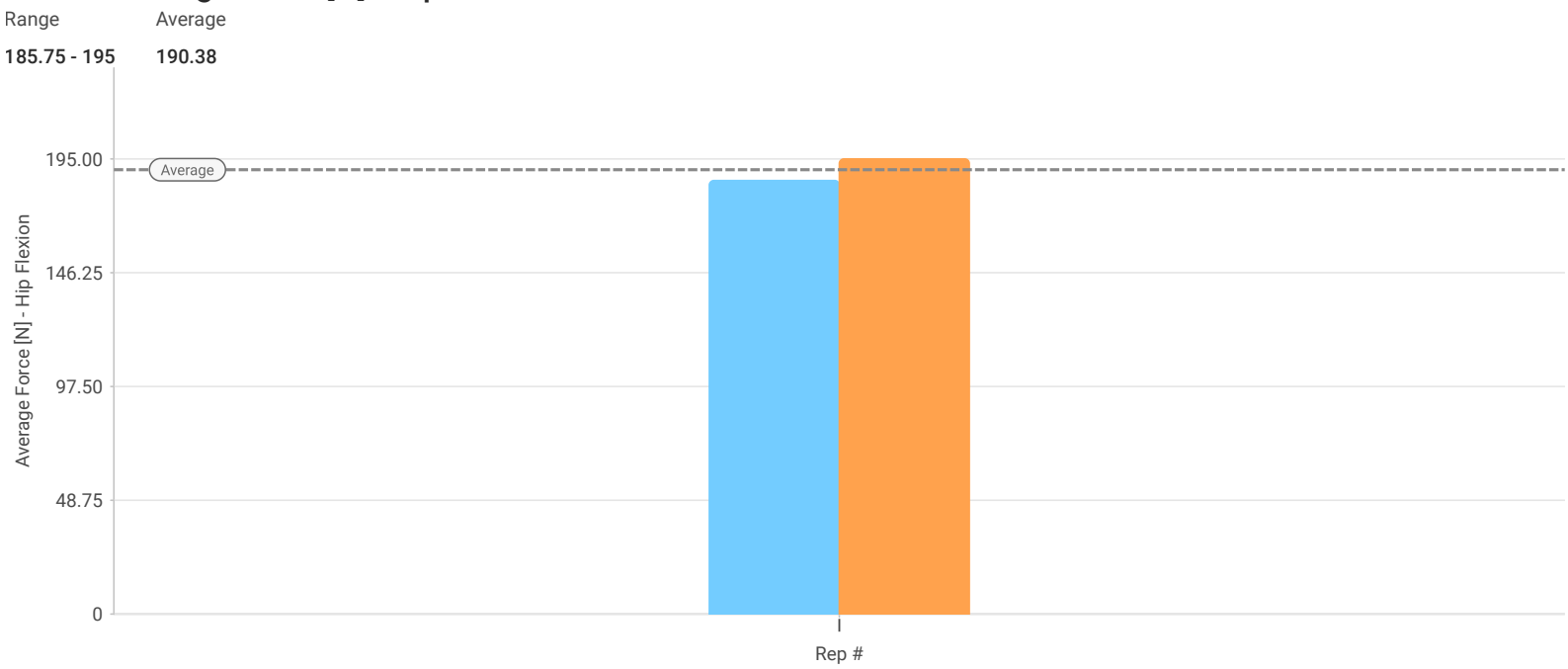
57.5



Plantar Flexion Average Force [N] - Ankle Plantar Flexion



Flexion Average Force [N] - Hip Flexion



Extension Average Force [N] - Hip Extension

Range
72.5 - 82.5

Average
77.5

