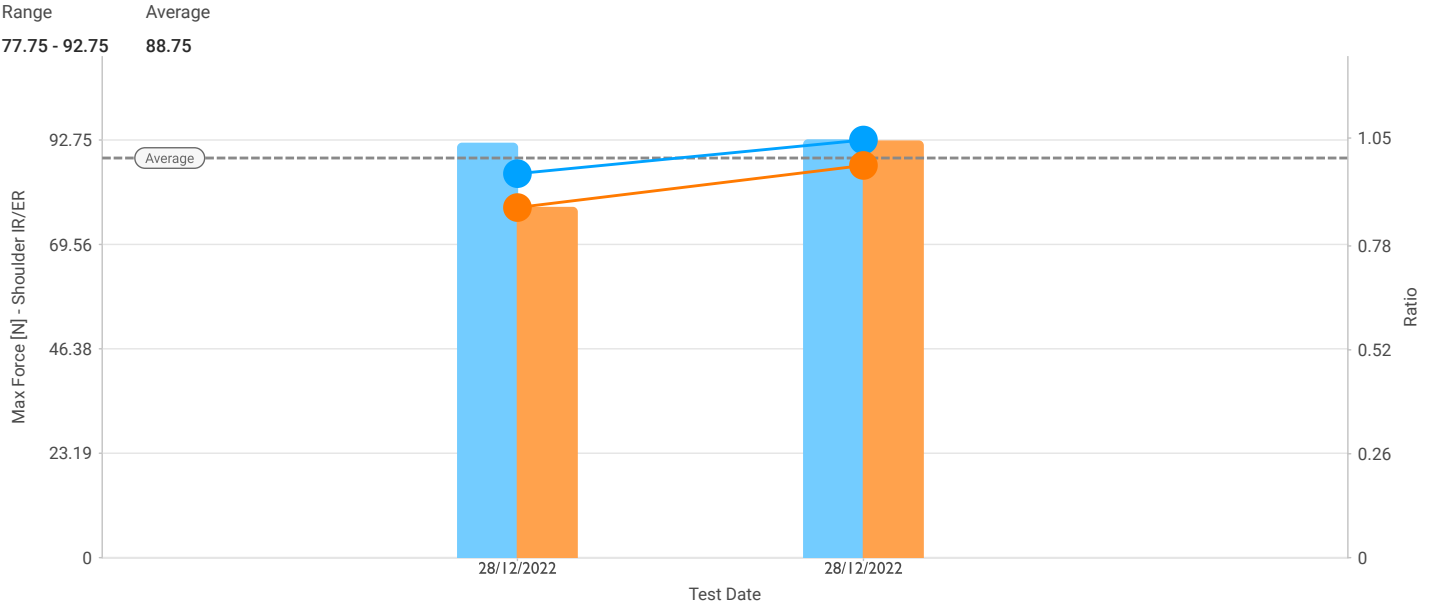




Tests (8)

PROFILE	DATE	TEST TYPE	TEST POSITION	REPS
Eduardo Cardamone				
8 Tests				
	28/12/2022 6:27 PM	Shoulder IR/ER	Supine (90 Degrees AB)	IR 2 L / 2 R ER 2 L / 2 R
	28/12/2022 6:24 PM	Shoulder IR/ER	Supine (Neutral)	IR 2 L / 2 R ER 2 L / 2 R
	28/12/2022 6:18 PM	Shoulder Flexion	Prone	FLEX 2 L / 2 R
	28/12/2022 6:17 PM	Shoulder Extension	Prone	EXT 0 L / 0 R
	28/12/2022 6:13 PM	Shoulder Abduction	Side lying	AB 1 L / 0 R
	28/12/2022 6:11 PM	Shoulder Adduction	Side lying	AD 1 L / 1 R
	28/12/2022 6:08 PM	Elbow Extension	Seated	EXT 1 L / 1 R
	28/12/2022 6:06 PM	Elbow Flexion	Seated	FLEX 2 L / 2 R

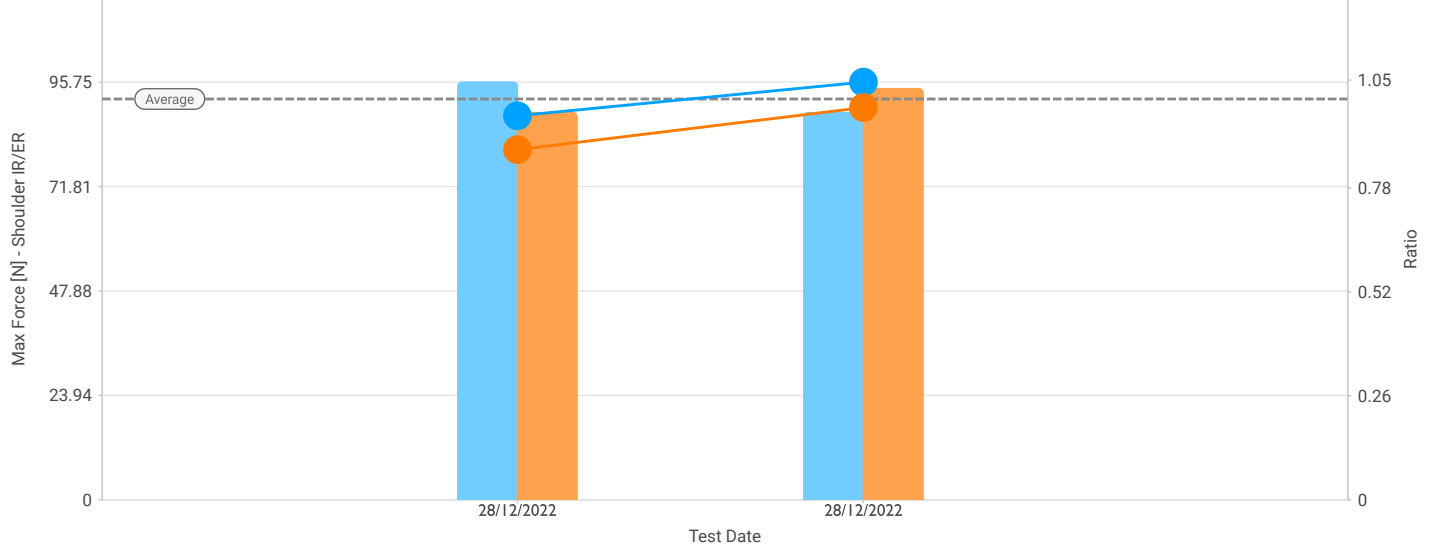
Internal Rotation Max Force [N] - Shoulder IR/ER





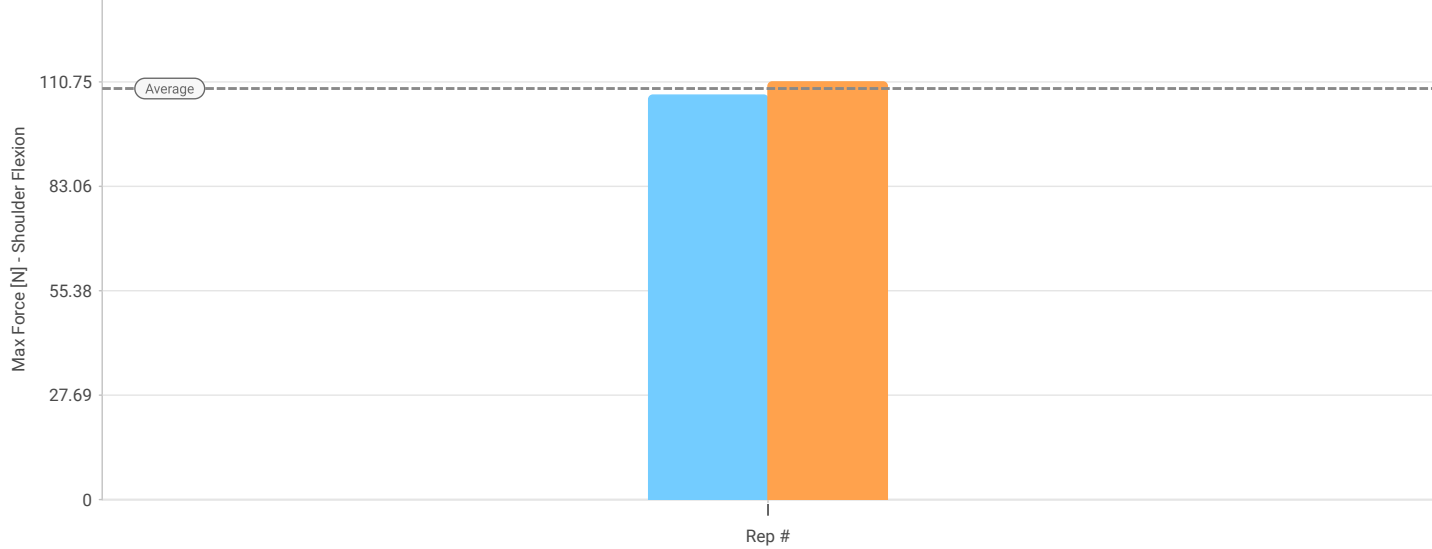
External Rotation Max Force [N] - Shoulder IR/ER

Range Average
88.75 - 95.75 91.88



Flexion Max Force [N] - Shoulder Flexion

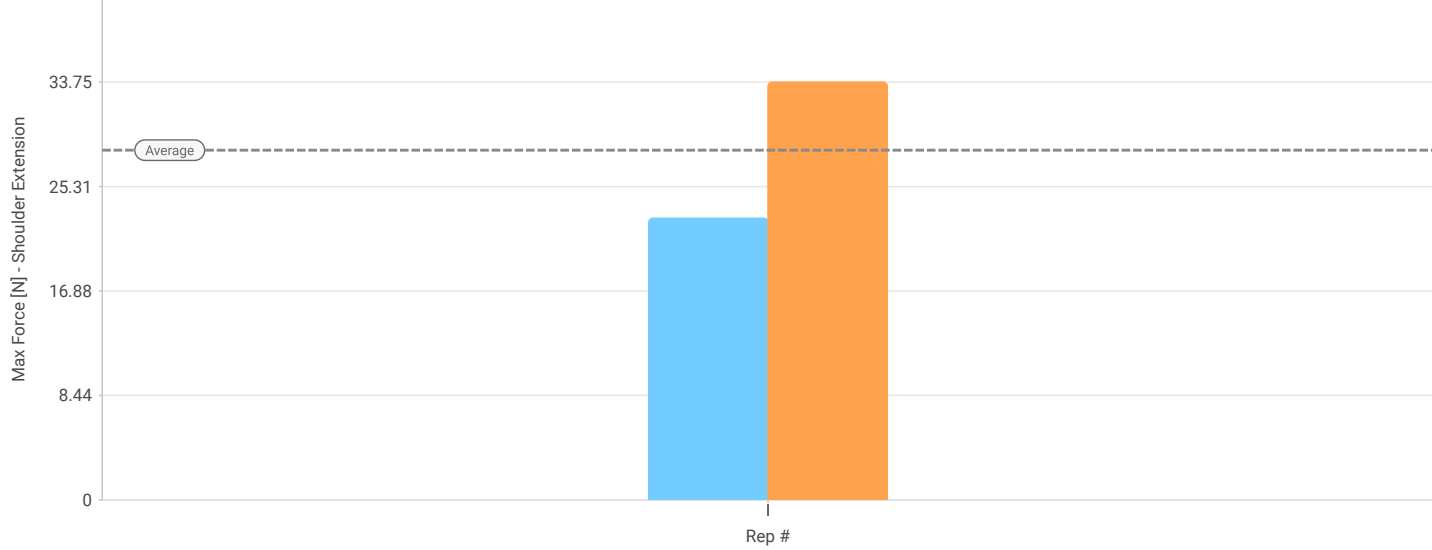
Range Average
107.25 - 110.75 109





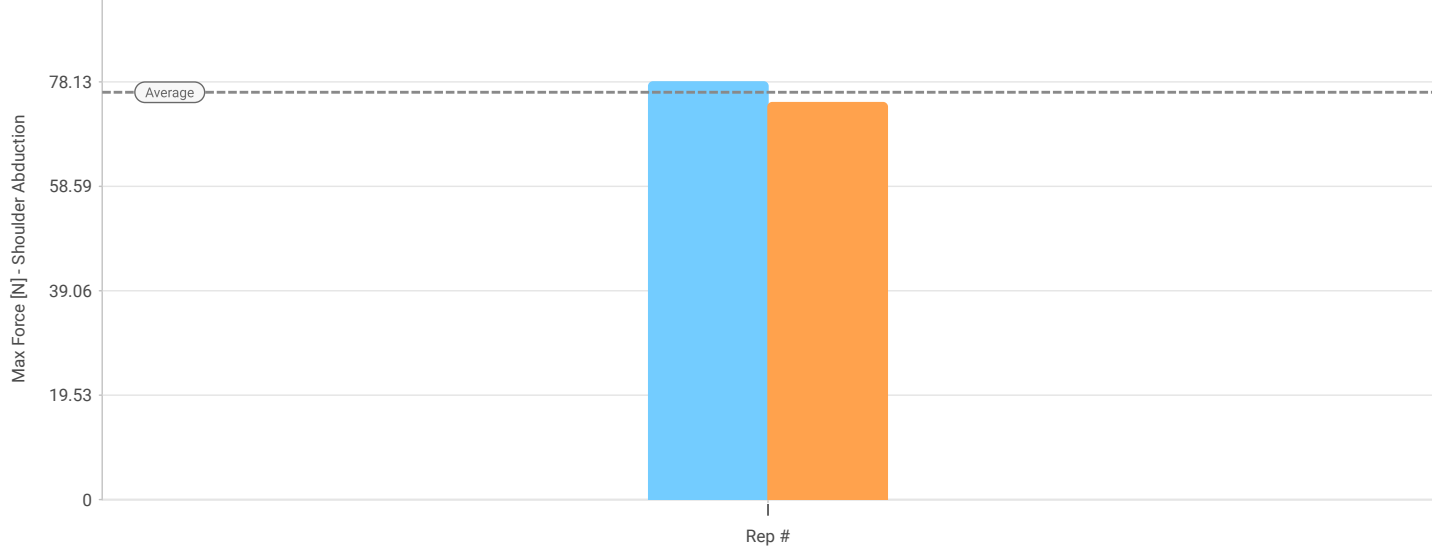
Extension Max Force [N] - Shoulder Extension

Range Average
22.75 - 33.75 28.25



Abduction Max Force [N] - Shoulder Abduction

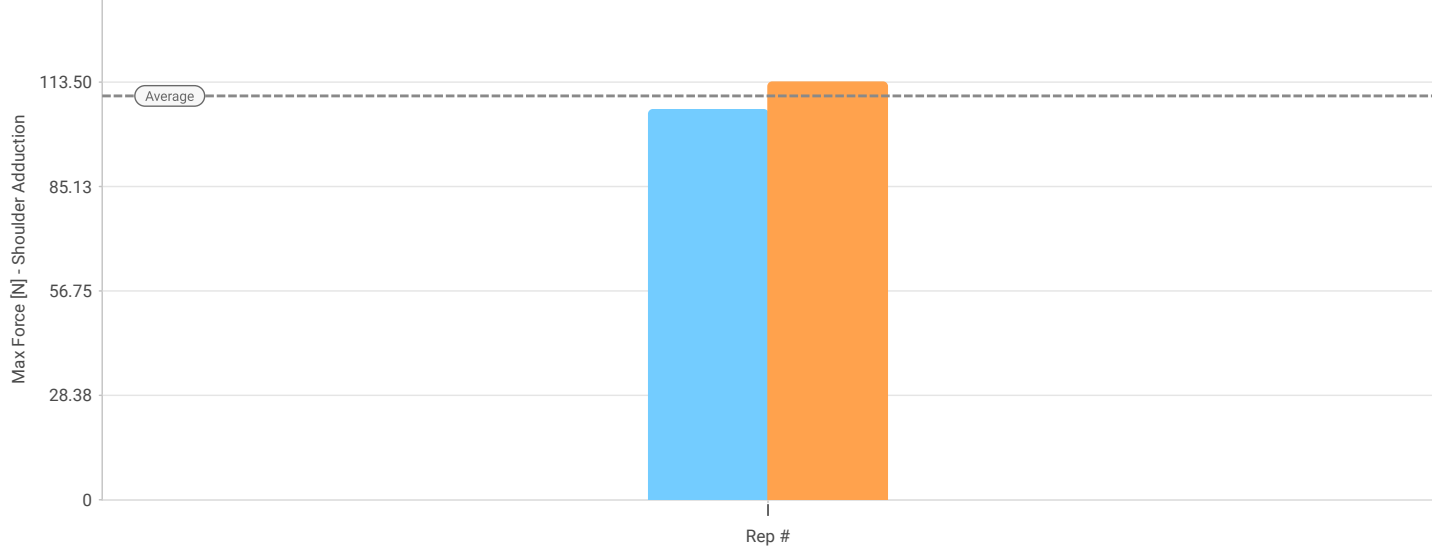
Range Average
74.25 - 78.13 76.19





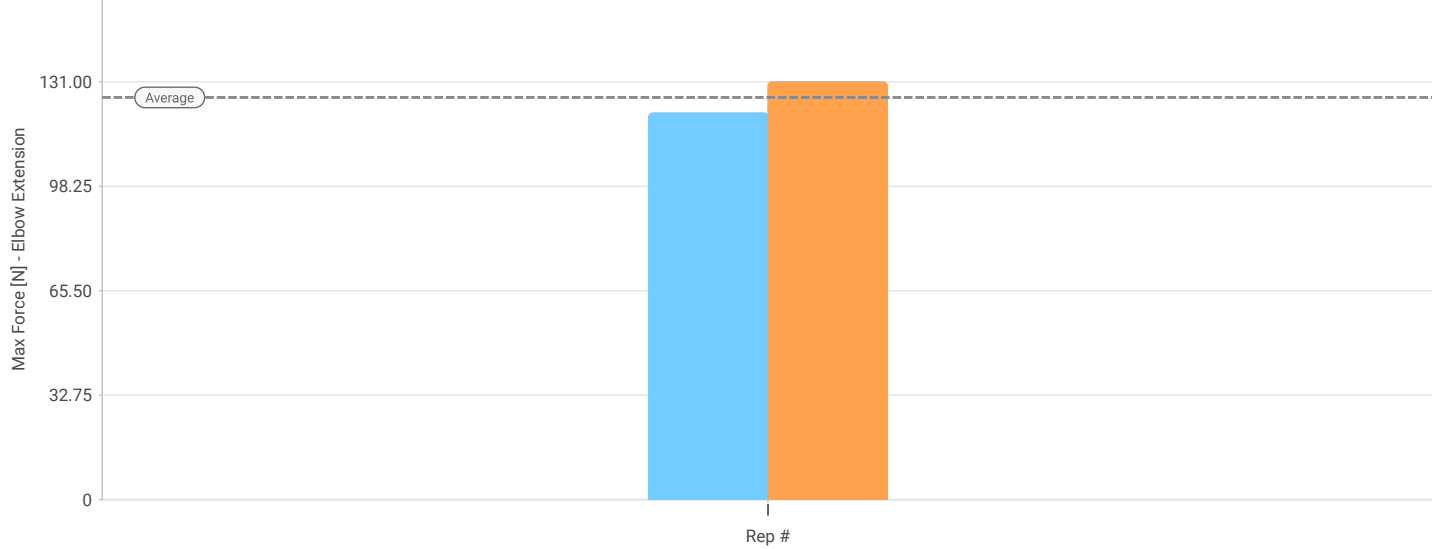
Adduction Max Force [N] - Shoulder Adduction

Range Average
106 - 113.5 109.75



Extension Max Force [N] - Elbow Extension

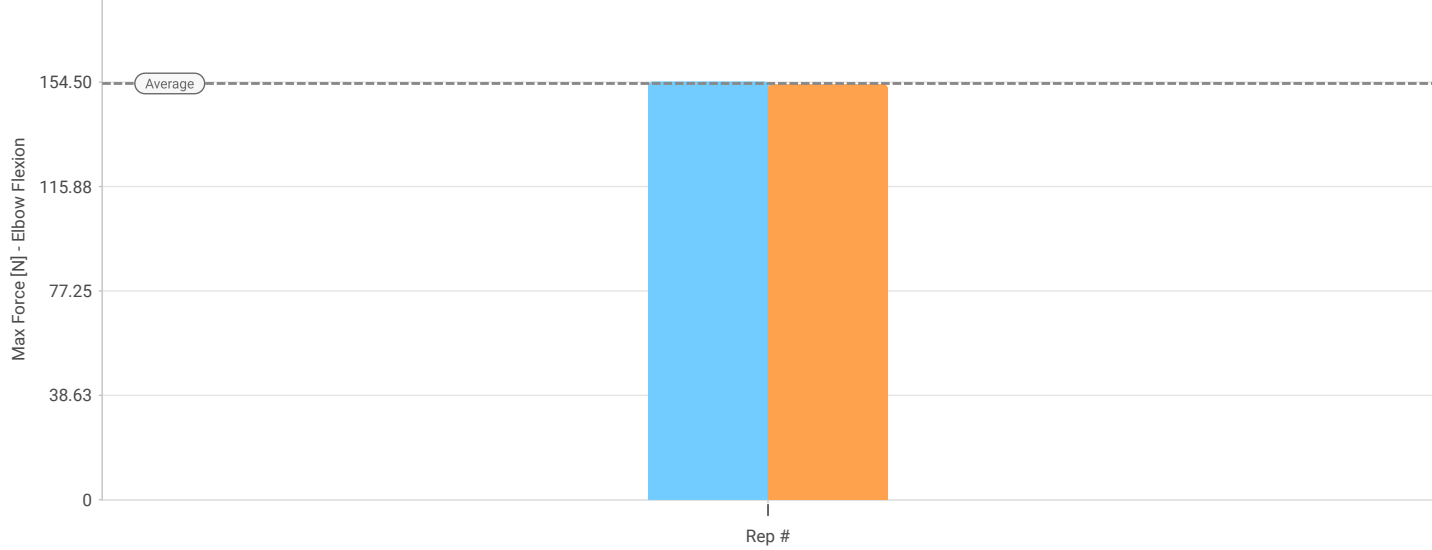
Range Average
121.25 - 131 126.13





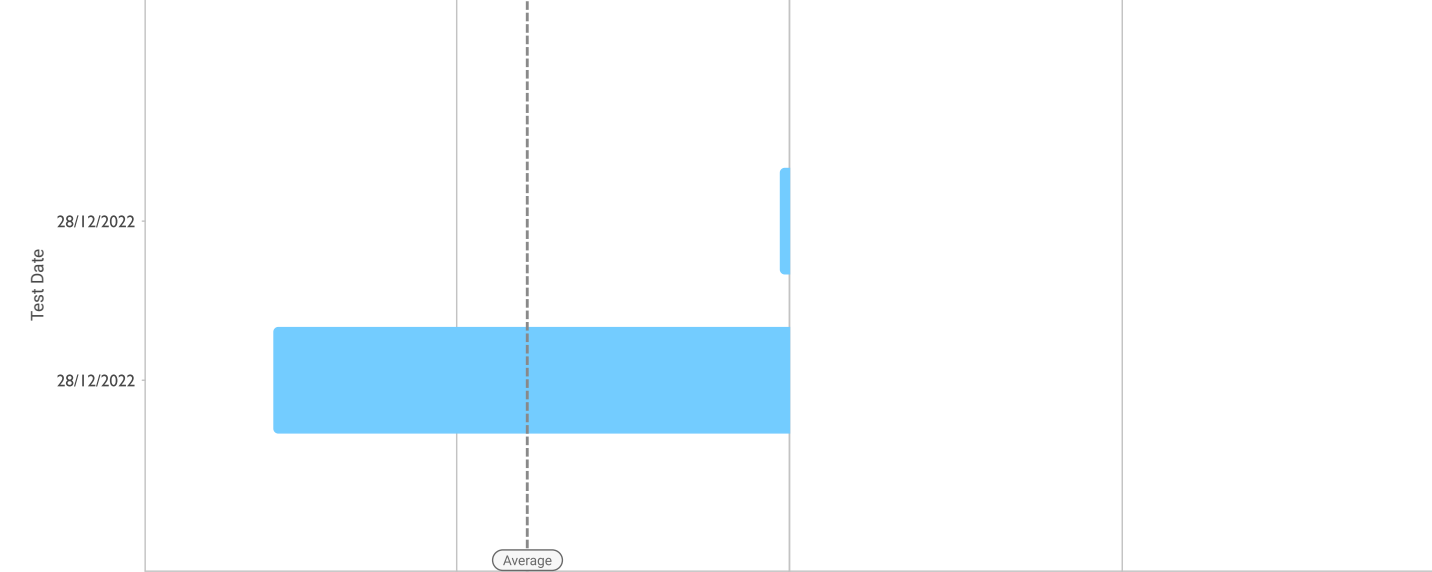
Max Force [N] - Elbow Flexion

Range Average
153.5 - 154.5 154



Internal Rotation Asymmetry [%] - Shoulder IR/ER

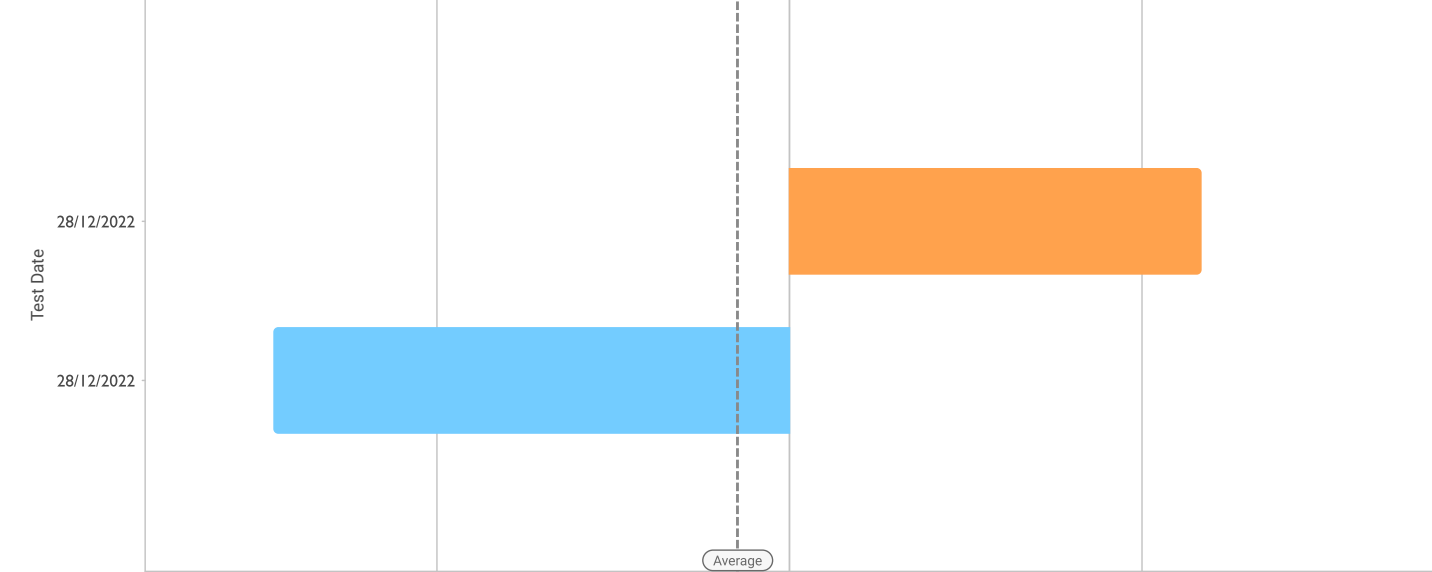
Range Average
15.49 L - 0.27 R 7.88 L





External Rotation Asymmetry [%] - Shoulder IR/ER

Range Average
7.31 L - 5.84 R 0.74 L



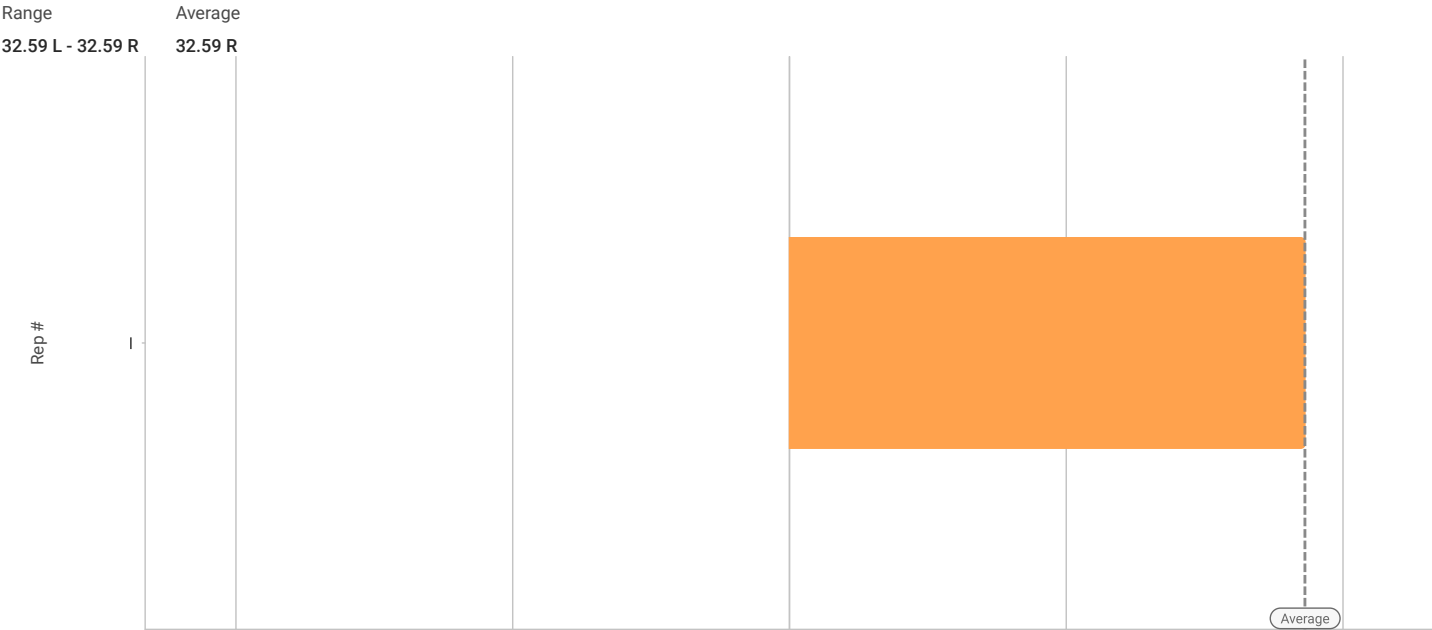
Flexion Asymmetry [%] - Shoulder Flexion

Range Average
3.16 L - 3.16 R 3.16 R

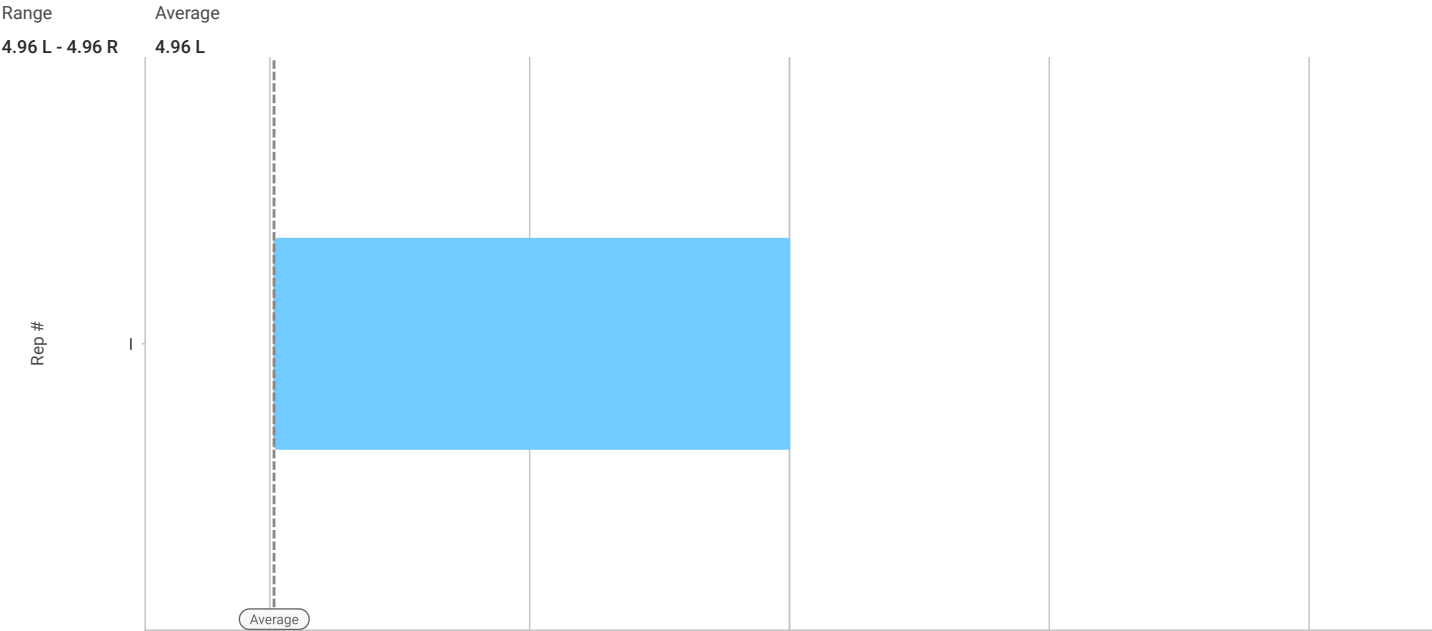




Extension Asymmetry [%] - Shoulder Extension



Abduction Asymmetry [%] - Shoulder Abduction





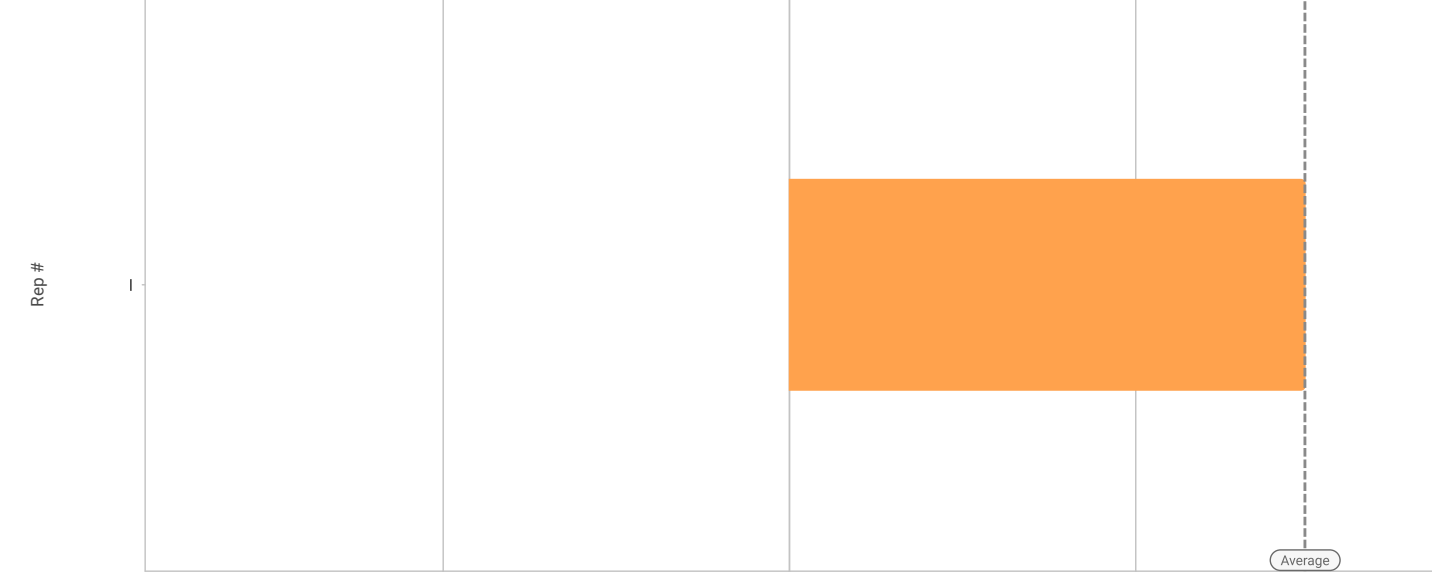
Adduction Asymmetry [%] - Shoulder Adduction

Range Average
6.61 L - 6.61 R 6.61 R



Extension Asymmetry [%] - Elbow Extension

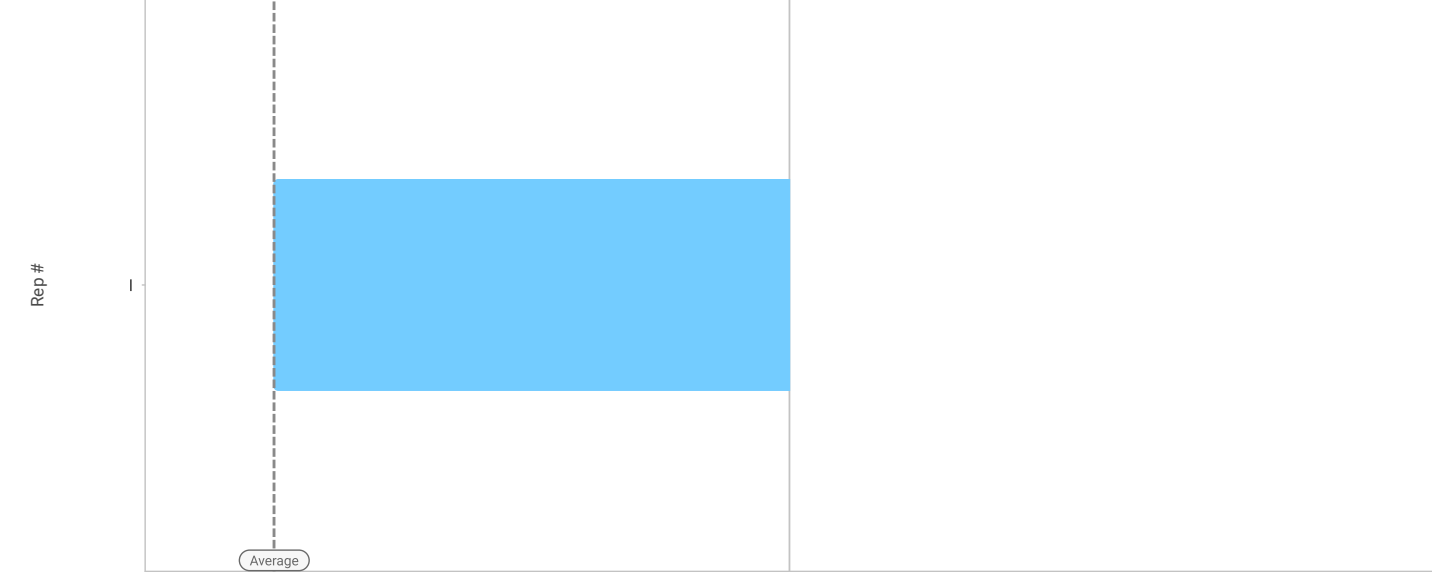
Range Average
7.44 L - 7.44 R 7.44 R





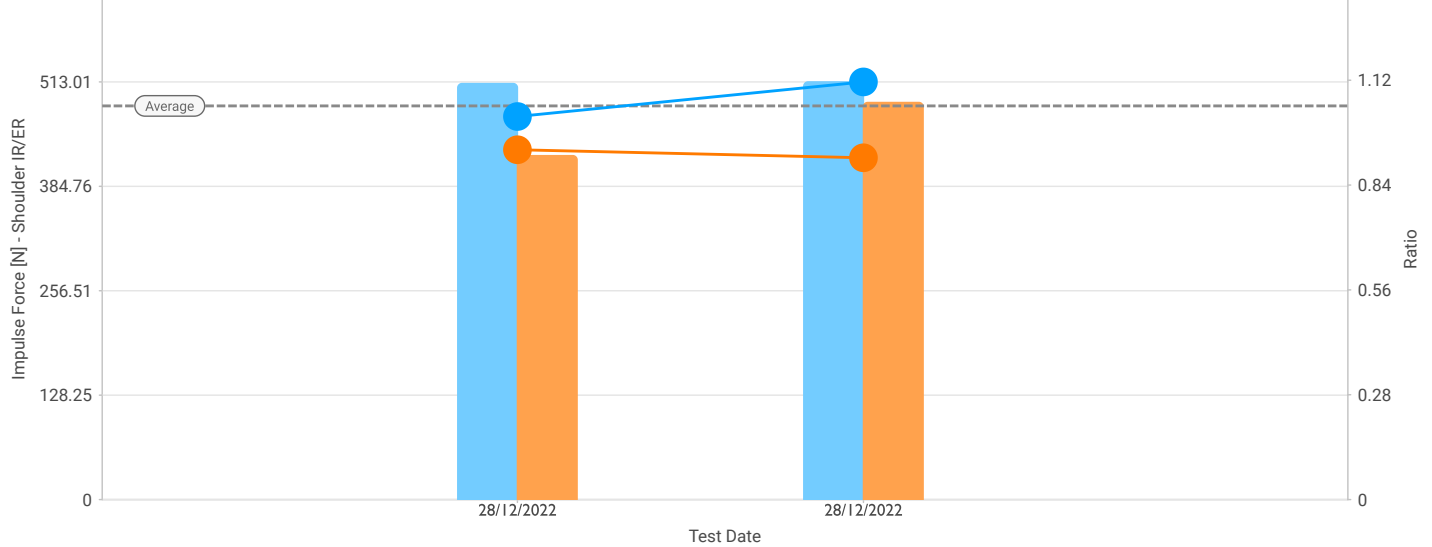
Asymmetry [%] - Elbow Flexion

Range Average
0.65 L - 0.65 R 0.65 L



Internal Rotation Impulse Force [N] - Shoulder IR/ER

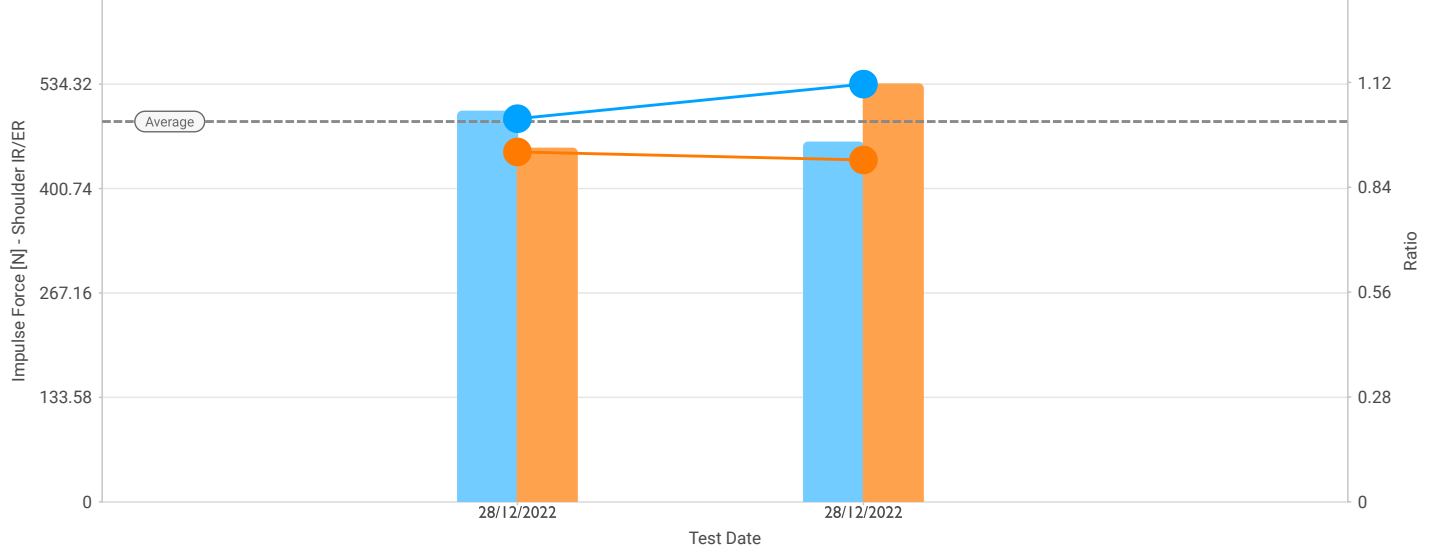
Range Average
422.43 - 513.02 483.55





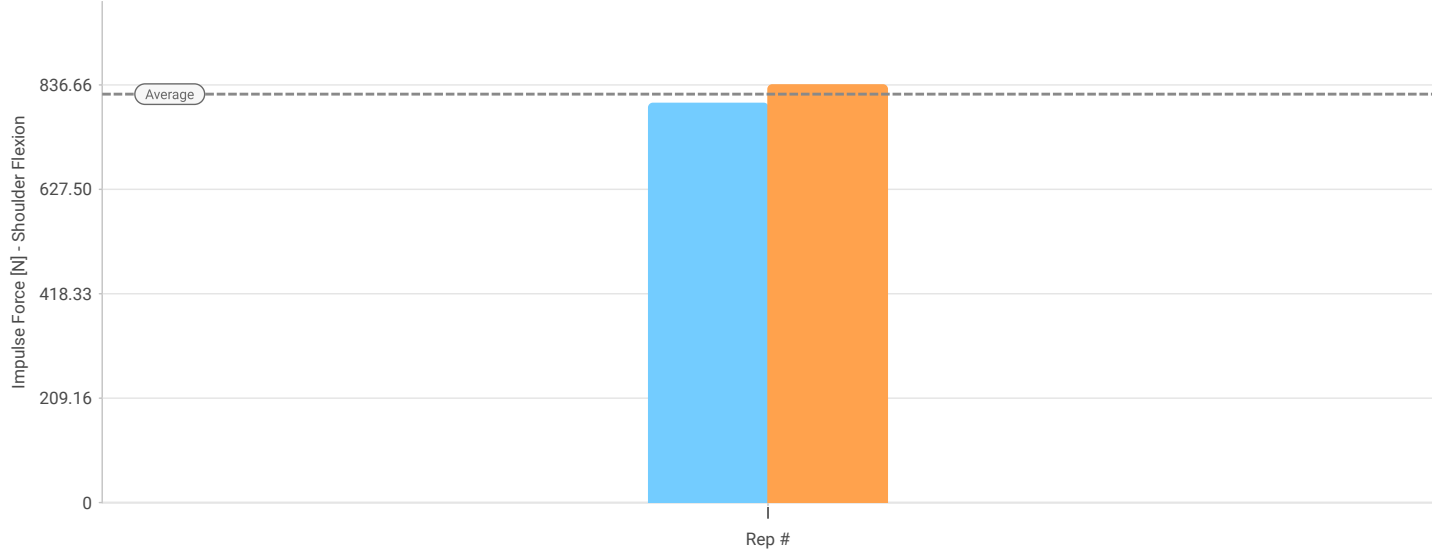
External Rotation Impulse Force [N] - Shoulder IR/ER

Range Average
452.13 - 534.32 486.46



Flexion Impulse Force [N] - Shoulder Flexion

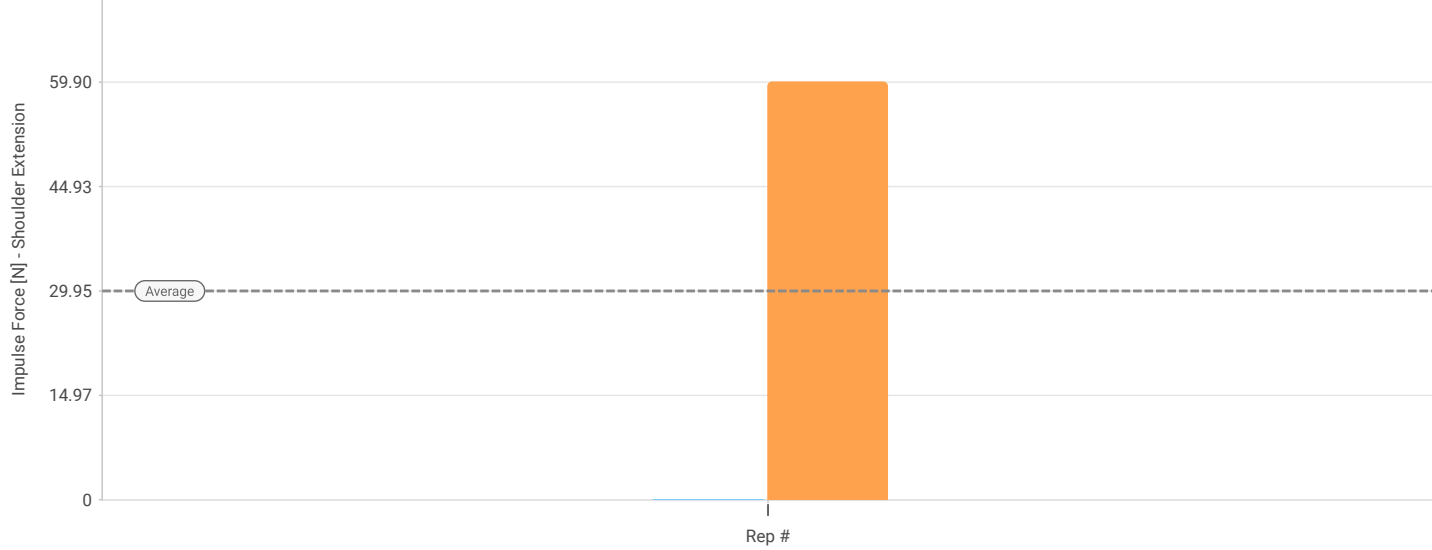
Range Average
799.7 - 836.66 818.18





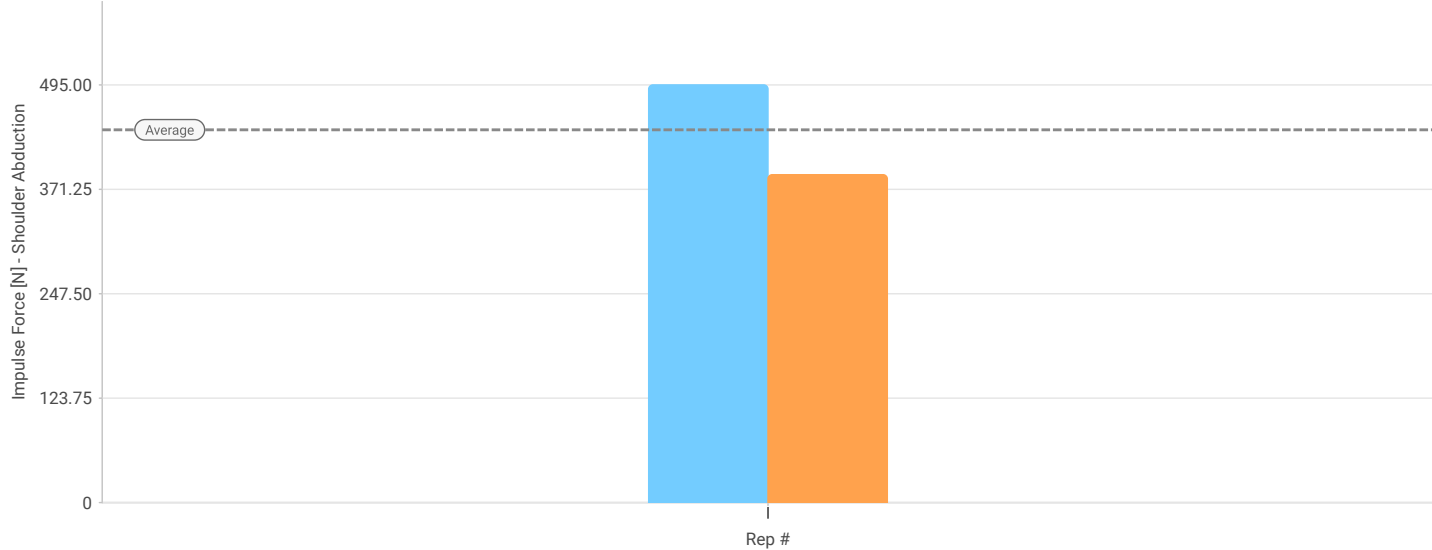
Extension Impulse Force [N] - Shoulder Extension

Range Average
0 - 59.9 29.95



Abduction Impulse Force [N] - Shoulder Abduction

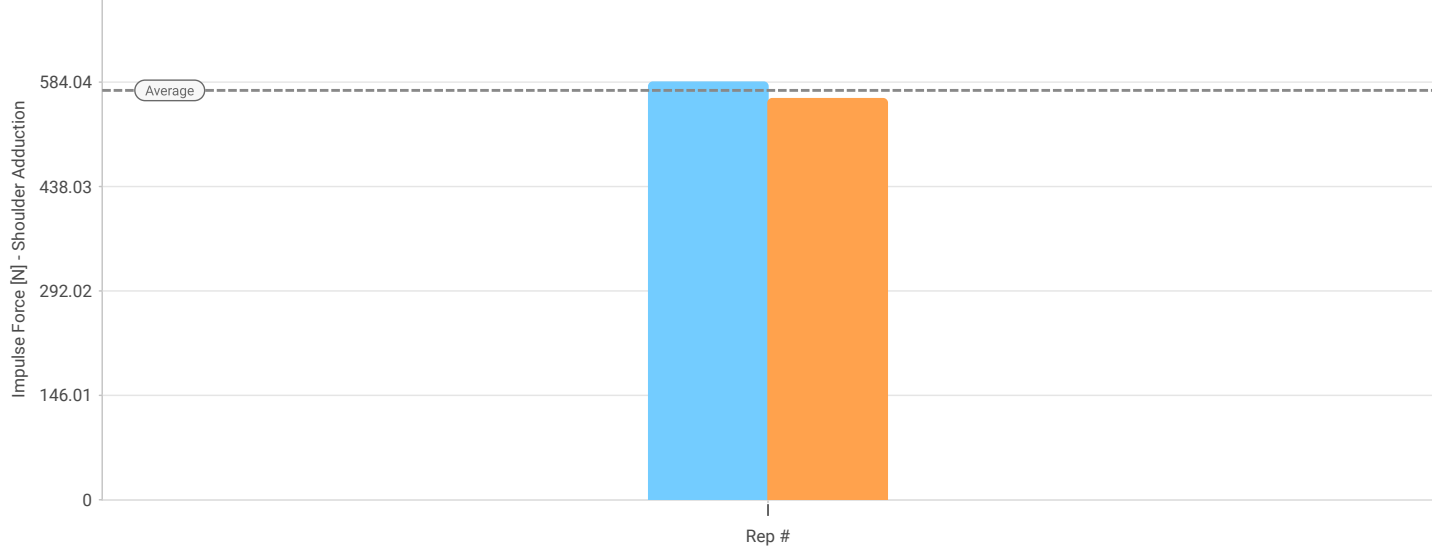
Range Average
388.57 - 495 441.79





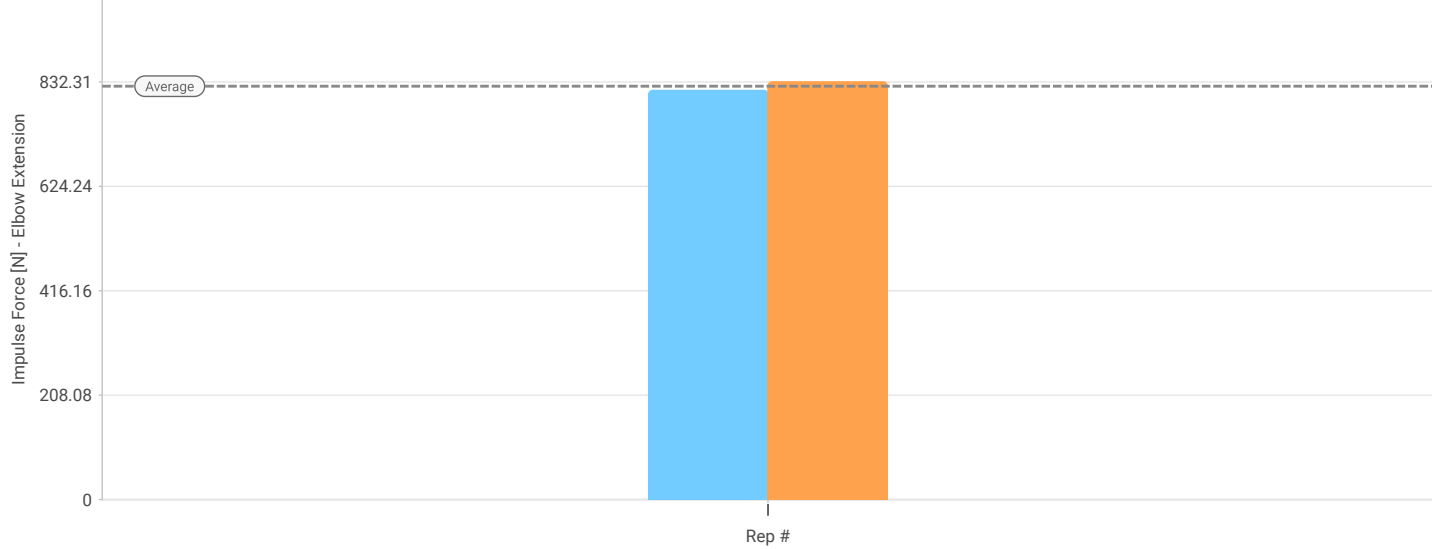
Adduction Impulse Force [N] - Shoulder Adduction

Range Average
560.91 - 584.04 572.47



Extension Impulse Force [N] - Elbow Extension

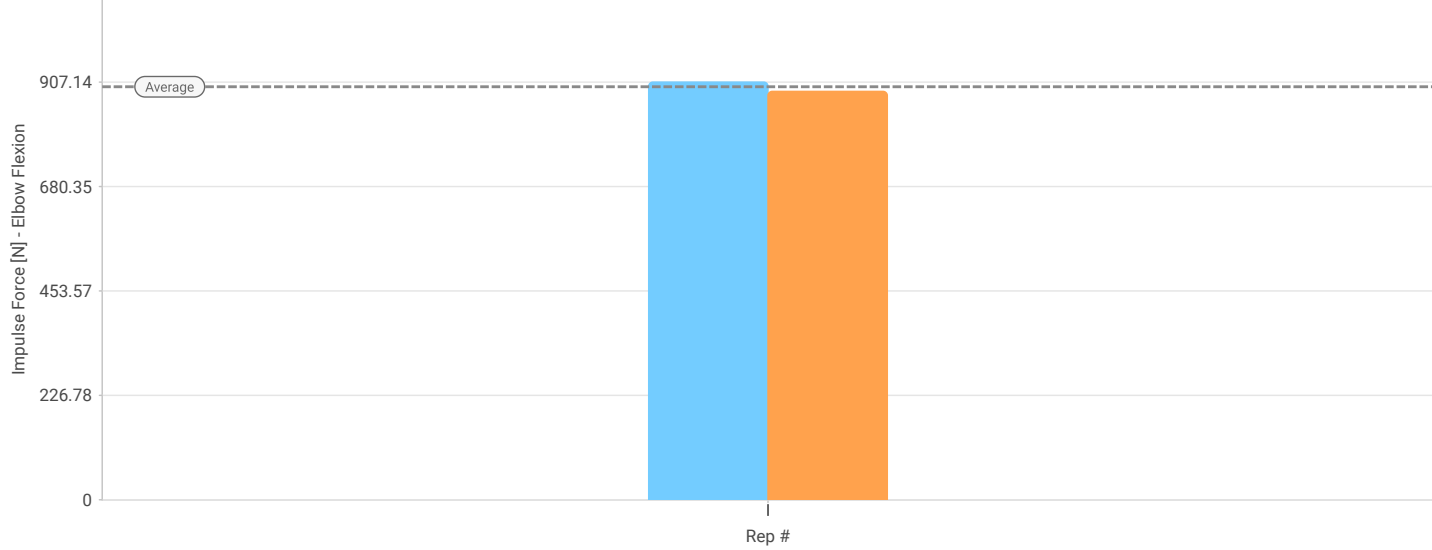
Range Average
815.27 - 832.31 823.79





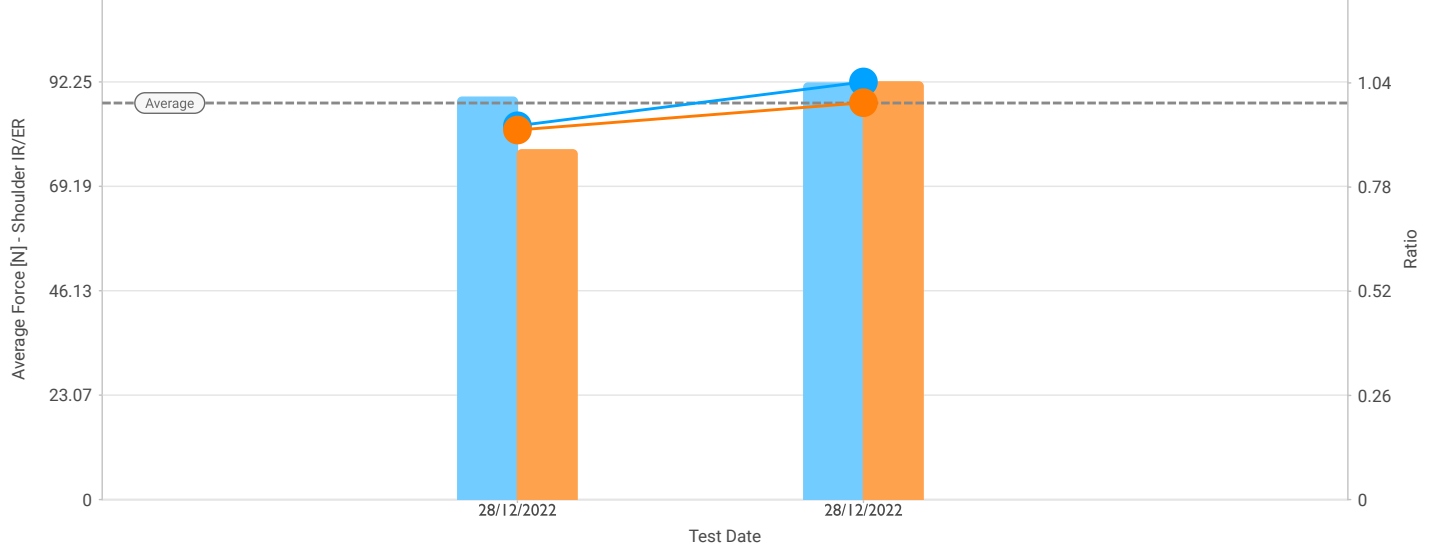
Impulse Force [N] - Elbow Flexion

Range Average
887 - 907.14 897.07



Internal Rotation Average Force [N] - Shoulder IR/ER

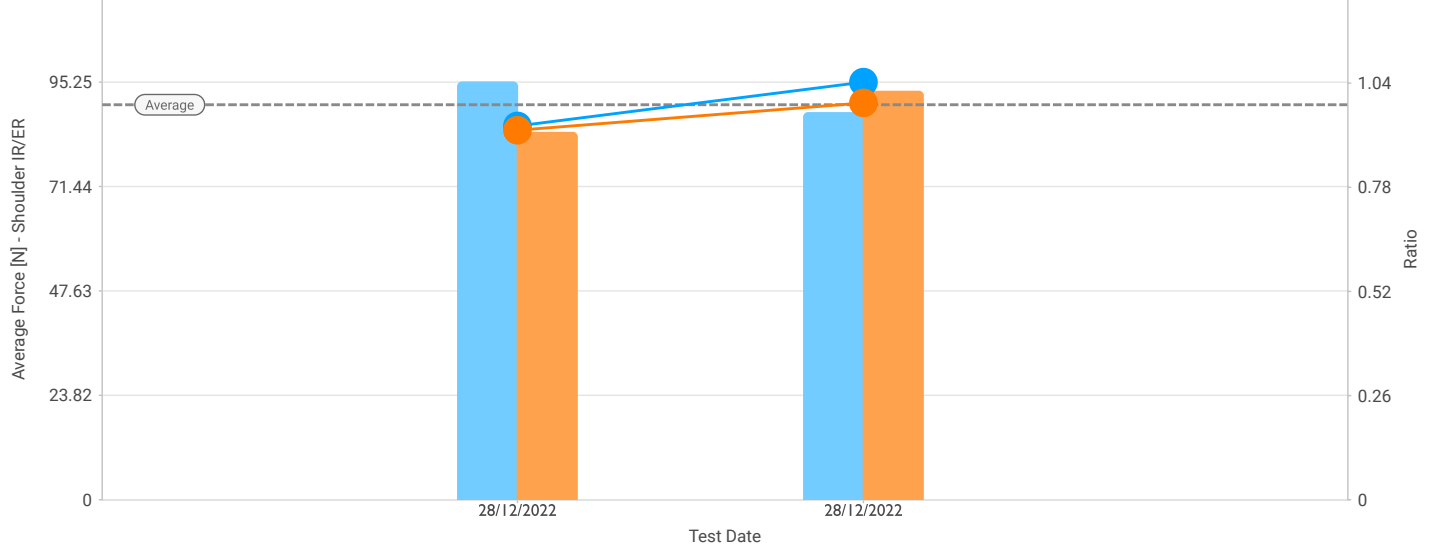
Range Average
77.25 - 92.25 87.59





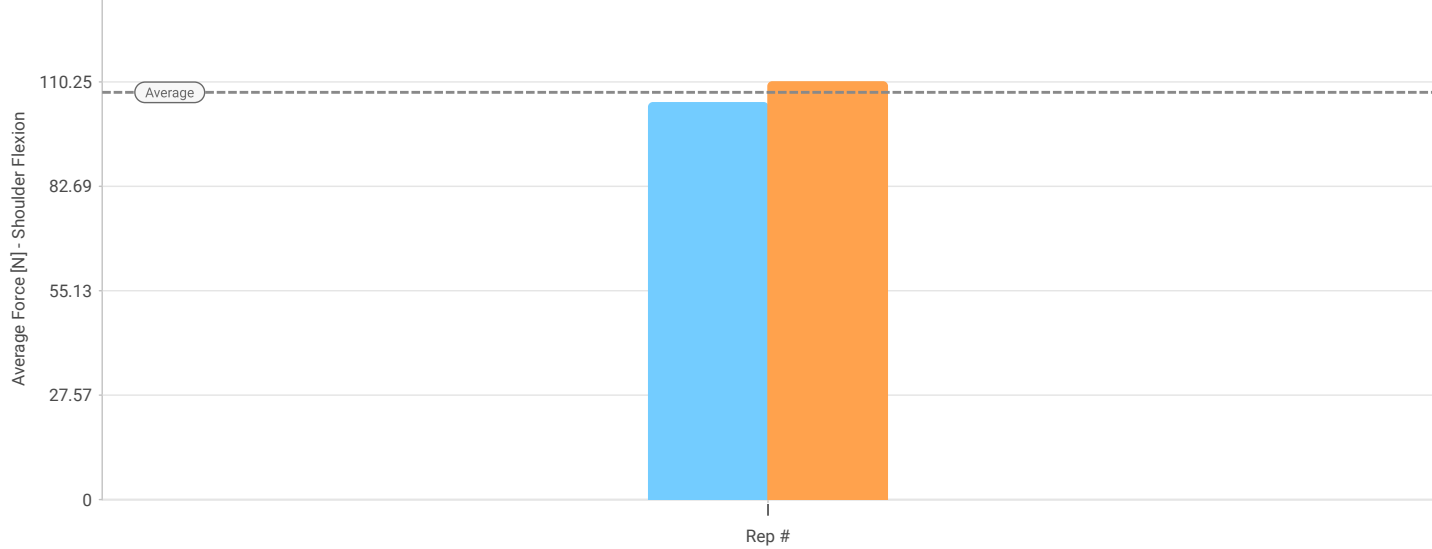
External Rotation Average Force [N] - Shoulder IR/ER

Range Average
83.75 - 95.25 90.09



Flexion Average Force [N] - Shoulder Flexion

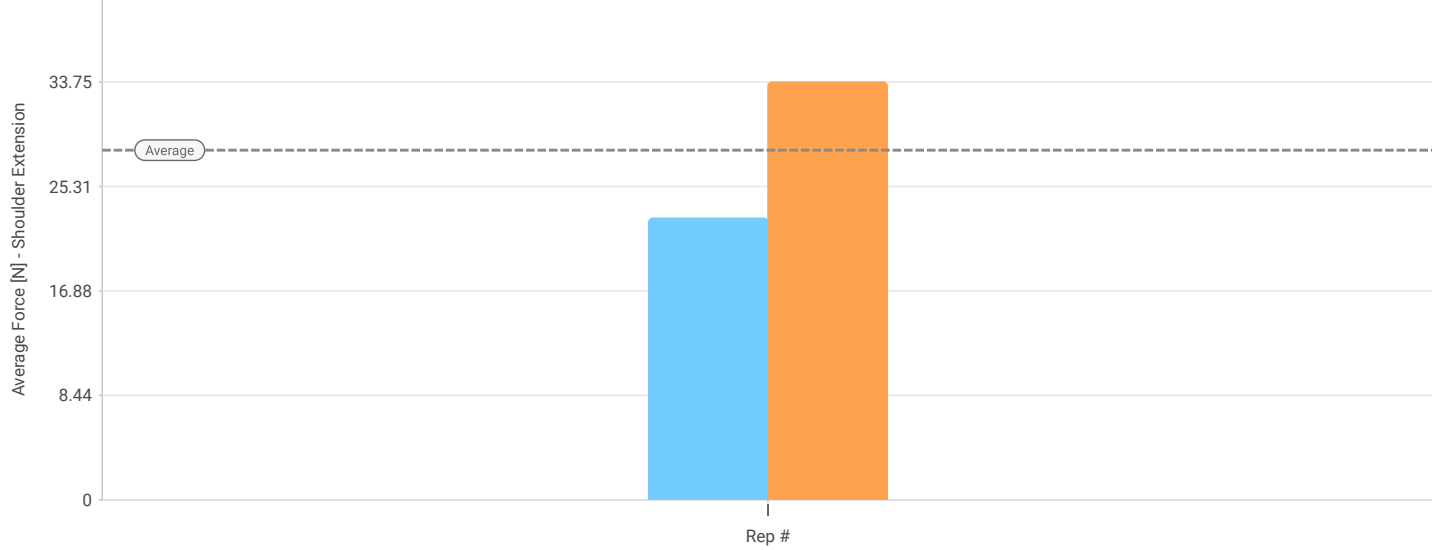
Range Average
104.75 - 110.25 107.5





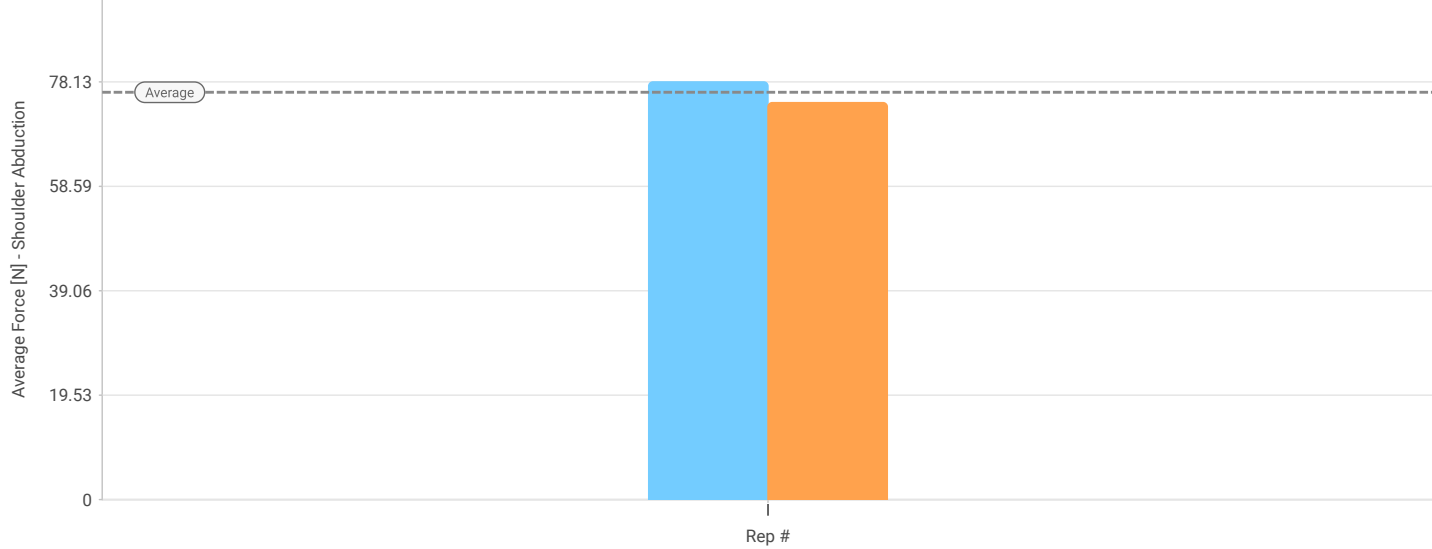
Extension Average Force [N] - Shoulder Extension

Range Average
22.75 - 33.75 28.25



Abduction Average Force [N] - Shoulder Abduction

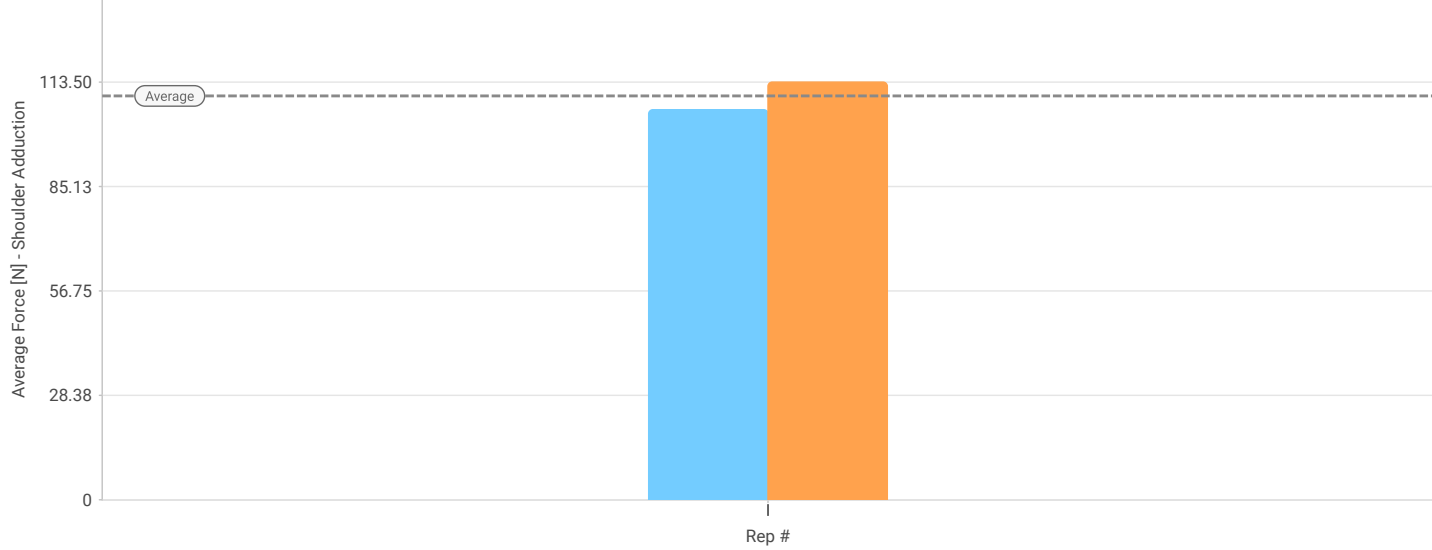
Range Average
74.25 - 78.13 76.19





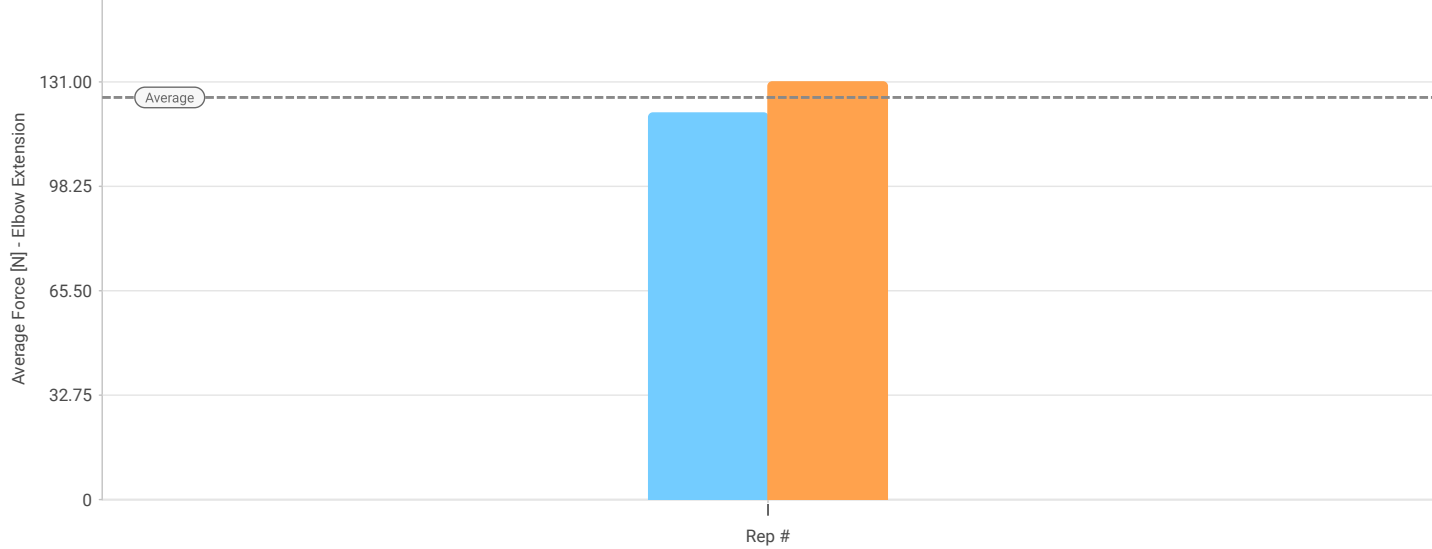
Adduction Average Force [N] - Shoulder Adduction

Range Average
106 - 113.5 109.75



Extension Average Force [N] - Elbow Extension

Range Average
121.25 - 131 126.13





Average Force [N] - Elbow Flexion

Range Average
149.5 - 152.38 150.94

