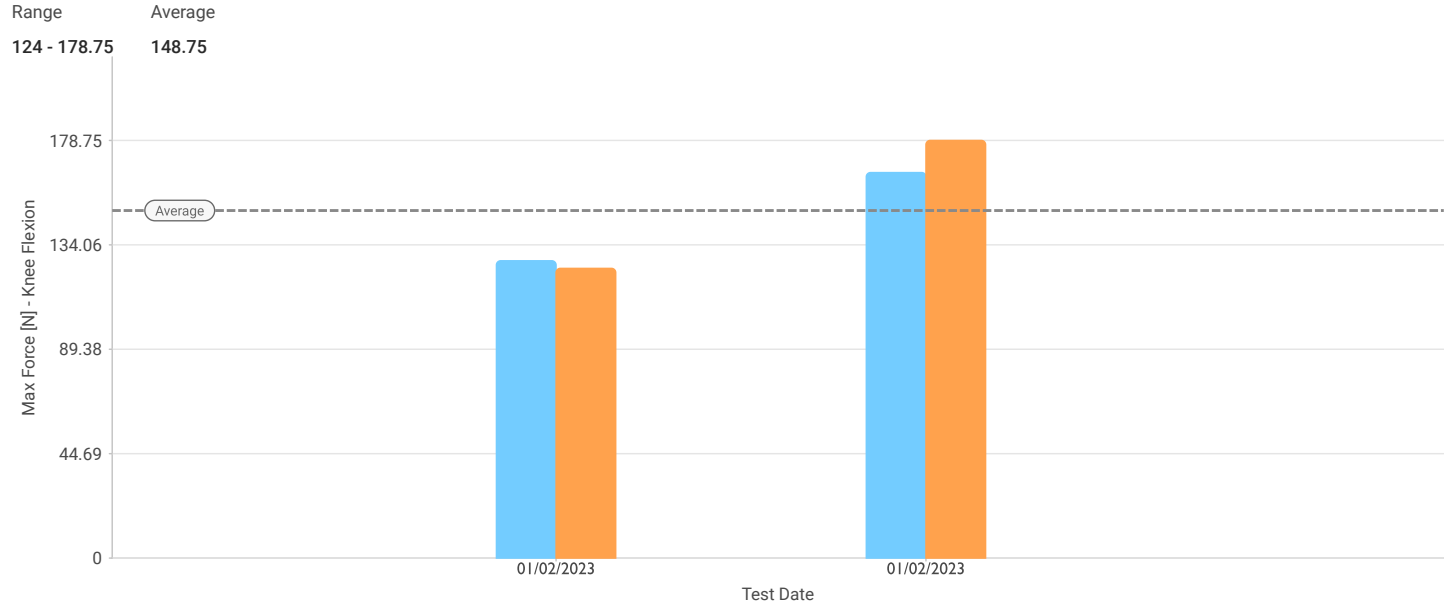




Tests (11)

PROFILE	DATE	TEST TYPE	TEST POSITION	REPS
Maressa Vilela Bettencourt				
11 Tests				
	01/02/2023 3:59 PM	Knee Flexion	Standing	FLEX 3 L / 3 R
	01/02/2023 3:57 PM	Hip Flexion	Kicker	FLEX 2 L / 4 R
	01/02/2023 3:54 PM	Knee Flexion	Prone	FLEX 2 L / 2 R
	01/02/2023 3:51 PM	Hip Extension	Prone	EXT 2 L / 2 R
	01/02/2023 3:48 PM	Hip IR/ER	Prone	ER 2 L / 2 R IR 1 L / 2 R
	01/02/2023 3:44 PM	Ankle IN/EV	Supine	INV 1 L / 1 R EV 2 L / 2 R
	01/02/2023 3:40 PM	Hip AD/AB	Seated	ADD 4 L / 4 R ABD 2 L / 2 R
	01/02/2023 3:37 PM	Knee extensor	Knee ext	Outer 1 L / 1 R
	01/02/2023 3:34 PM	Hip Flexion	Seated	FLEX 1 L / 1 R
	01/02/2023 3:31 PM	Panturrilha Sentada	Panturrilha Sentada	Outer 2 L / 4 R
	01/02/2023 3:28 PM	Ankle Dorsiflexion	Seated	DF 1 L / 1 R

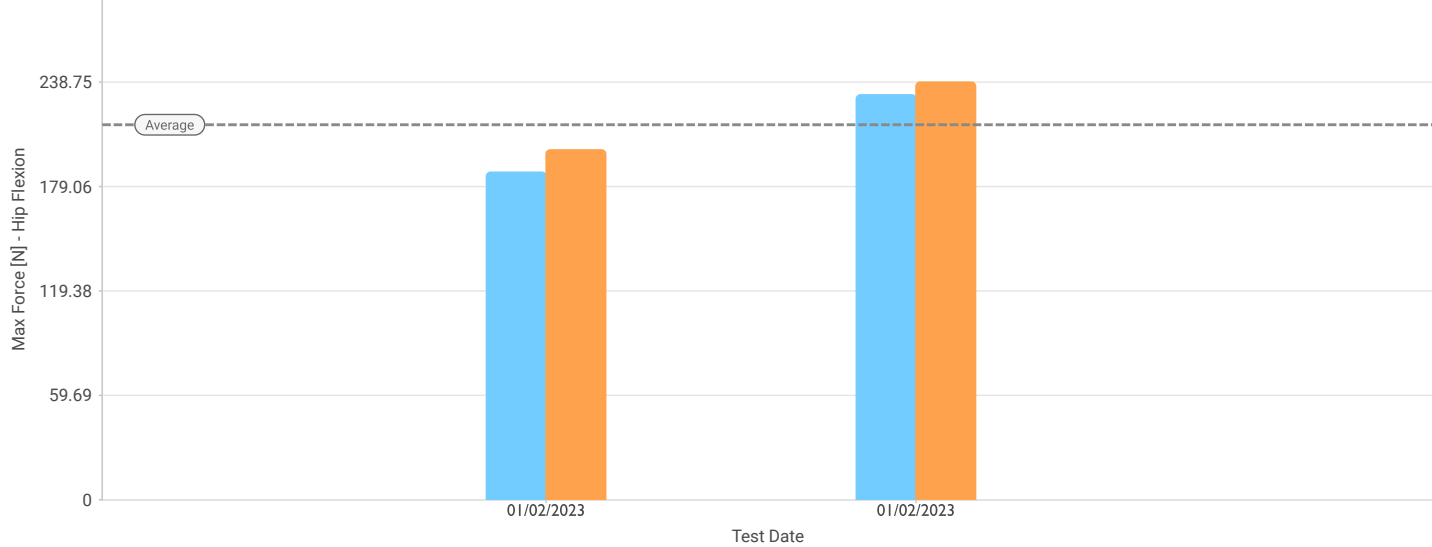
Knee Flexion Max Force [N] - Knee Flexion





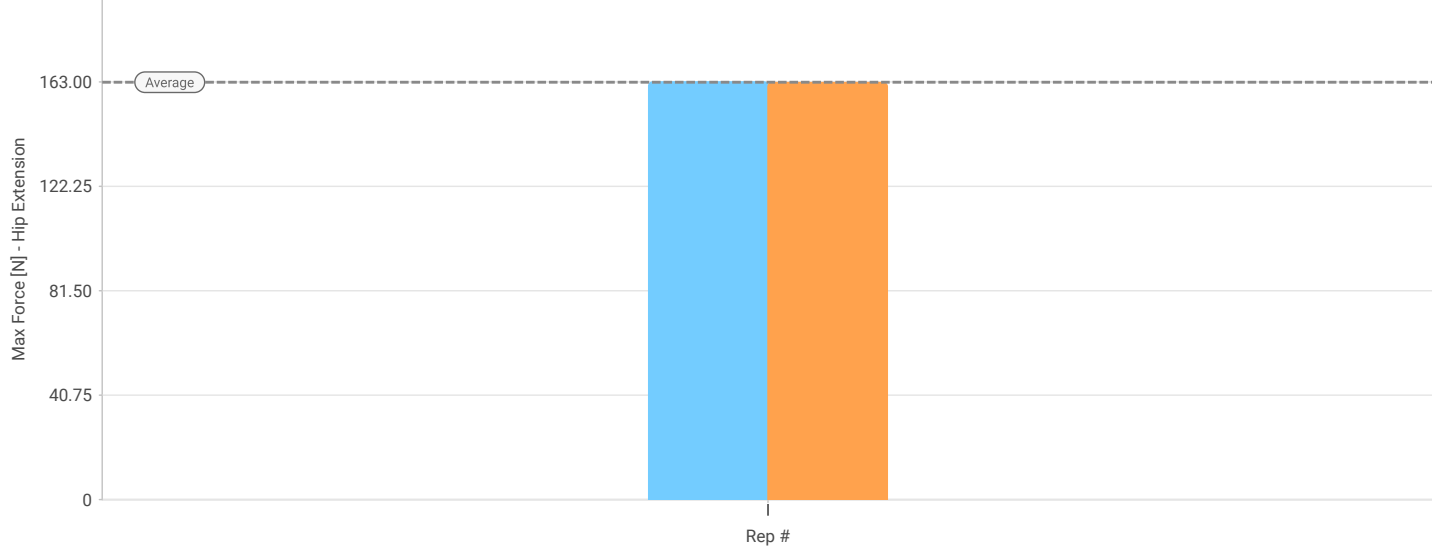
Flexion Max Force [N] - Hip Flexion

Range Average
187.25 - 238.75 214.38



Extension Max Force [N] - Hip Extension

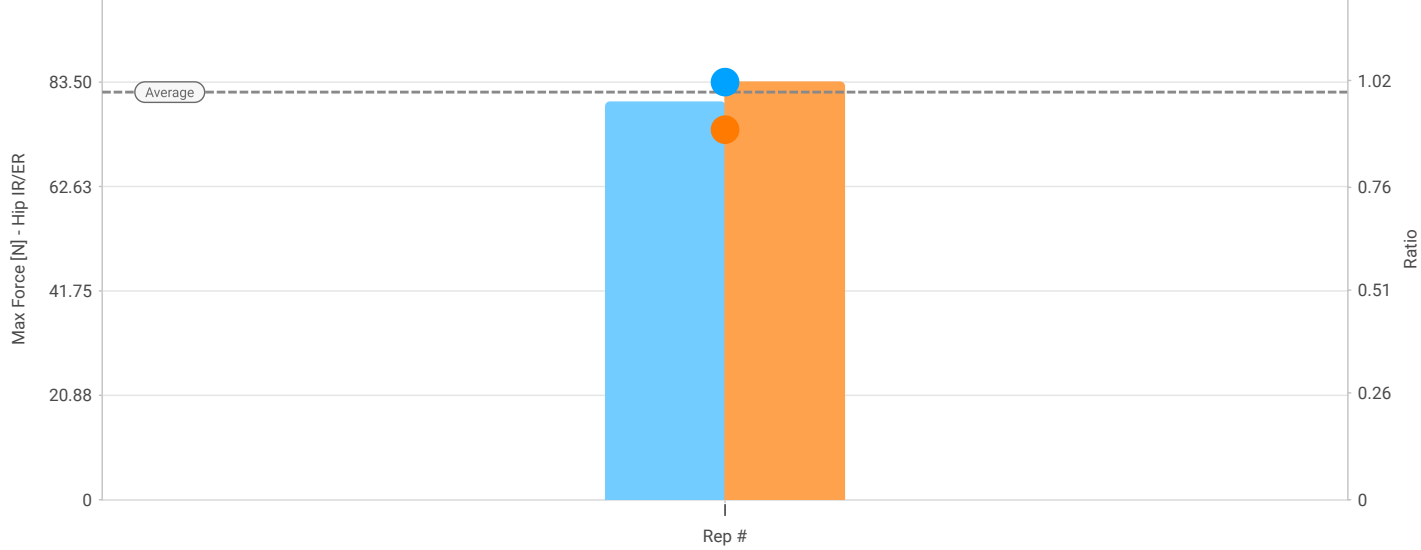
Range Average
162.75 - 163 162.88





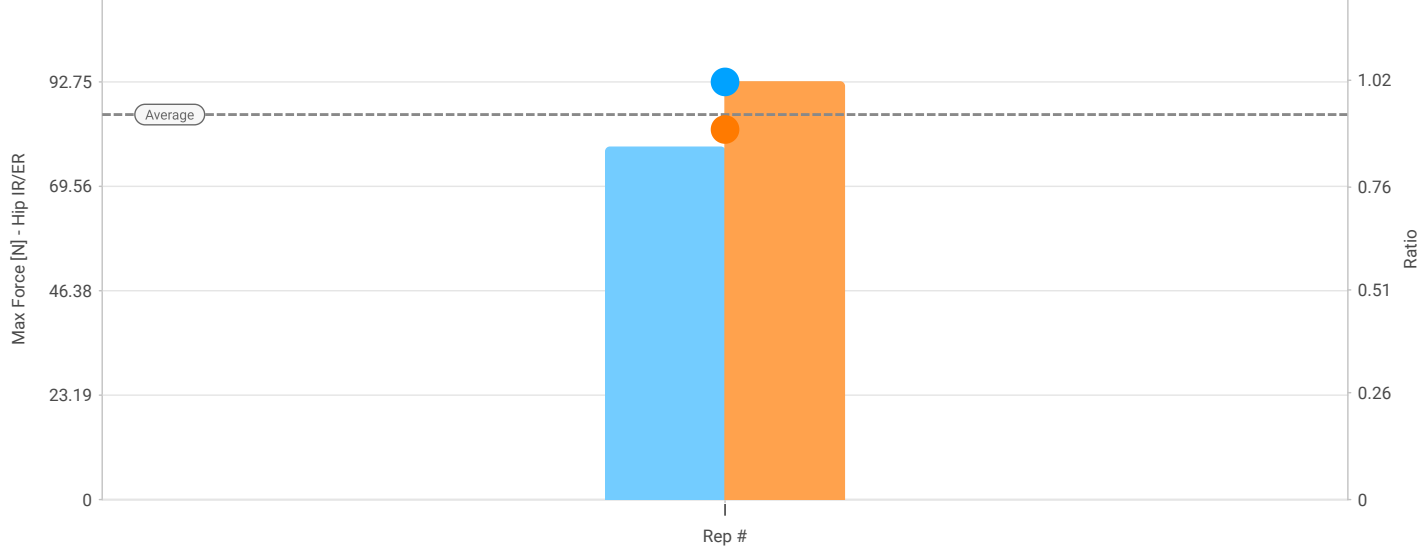
External Rotation Max Force [N] - Hip IR/ER

Range Average
79.5 - 83.5 81.5



Internal Rotation Max Force [N] - Hip IR/ER

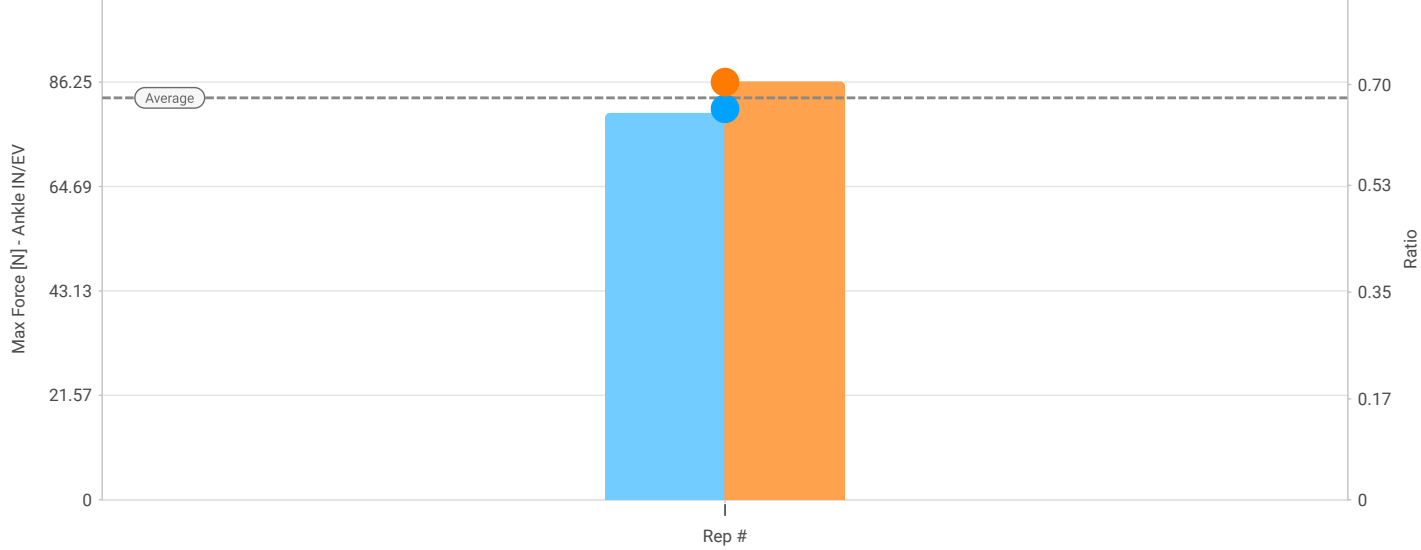
Range Average
78.25 - 92.75 85.5





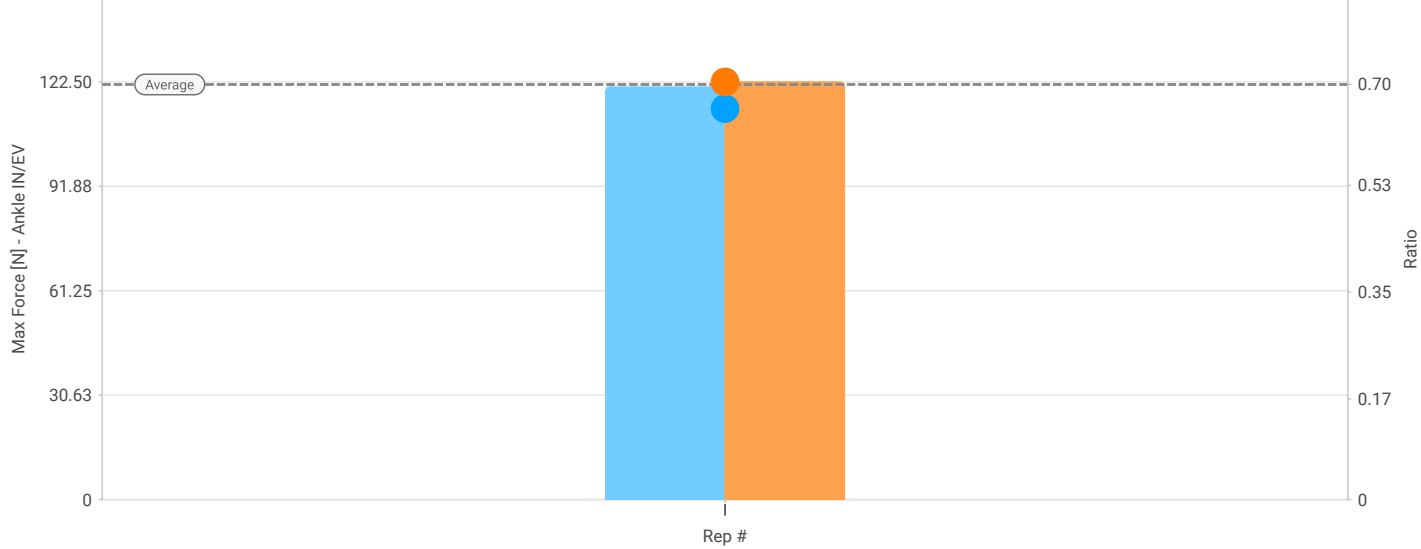
Inversion Max Force [N] - Ankle IN/EV

Range Average
79.75 - 86.25 83



Eversion Max Force [N] - Ankle IN/EV

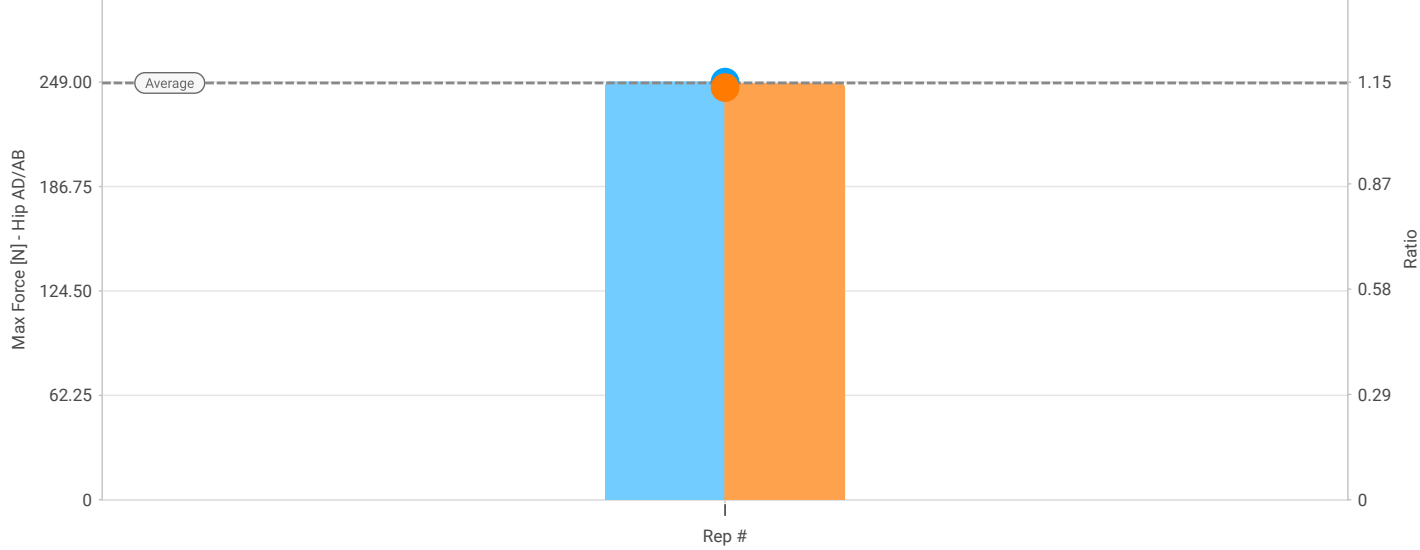
Range Average
121 - 122.5 121.75





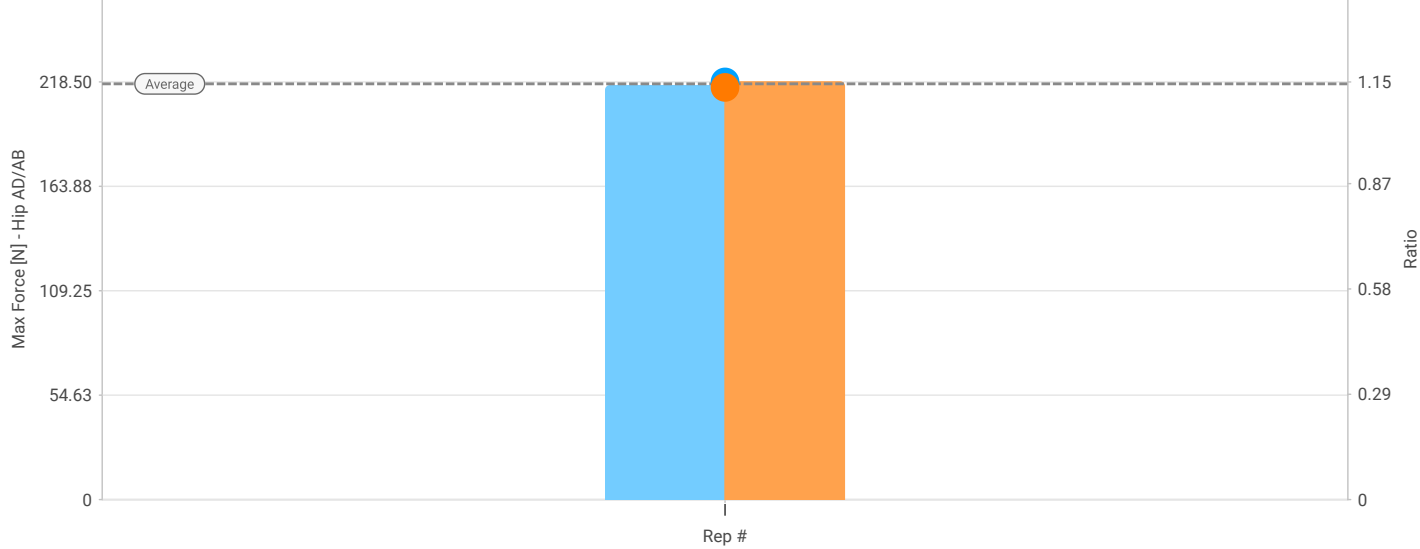
Adduction Max Force [N] - Hip AD/AB

Range Average
248 - 249 248.5



Abduction Max Force [N] - Hip AD/AB

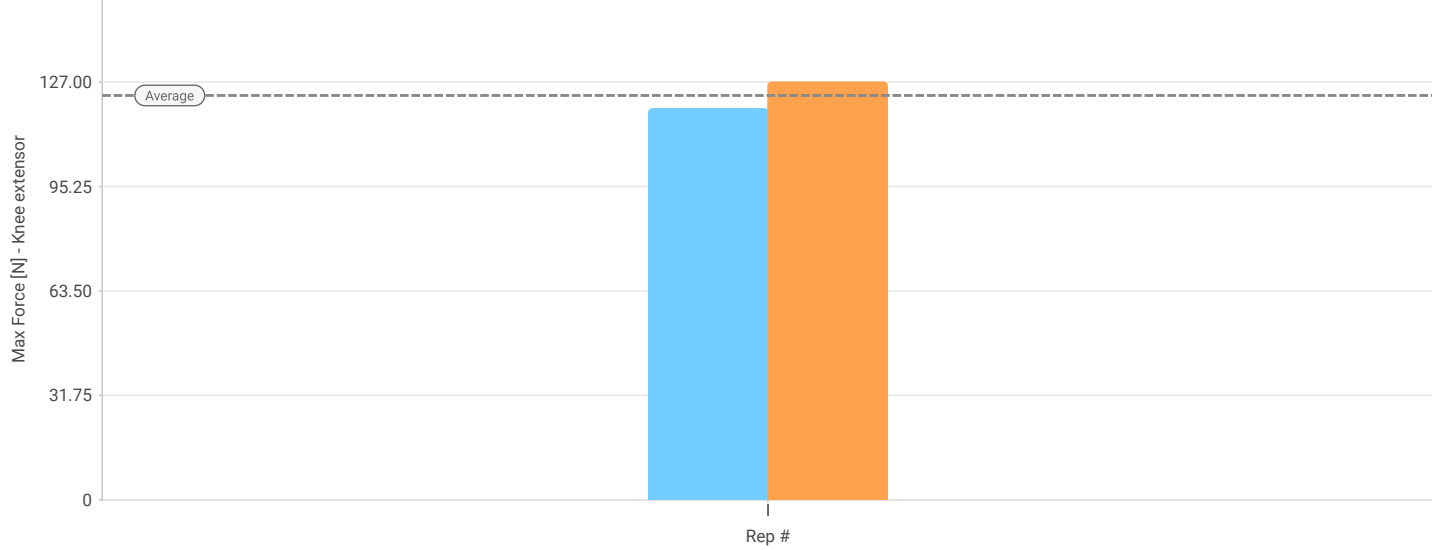
Range Average
216.5 - 218.5 217.5





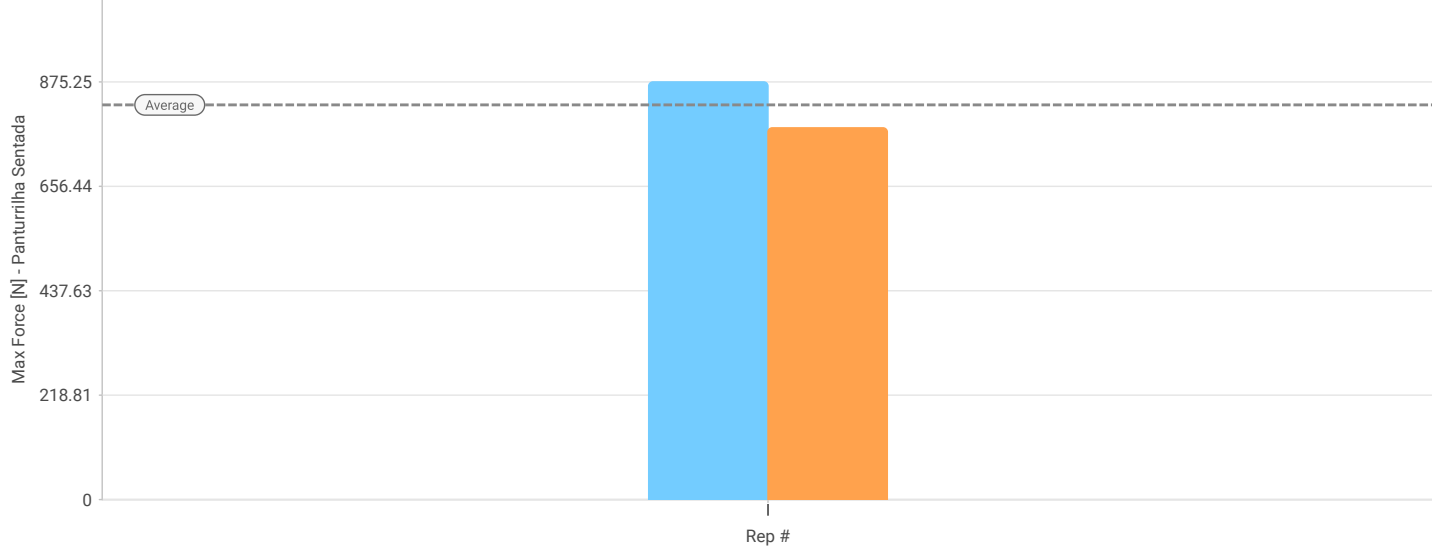
Max Force [N] - Knee extensor

Range Average
118.88 - 127 122.94



Max Force [N] - Panturrilha Sentada

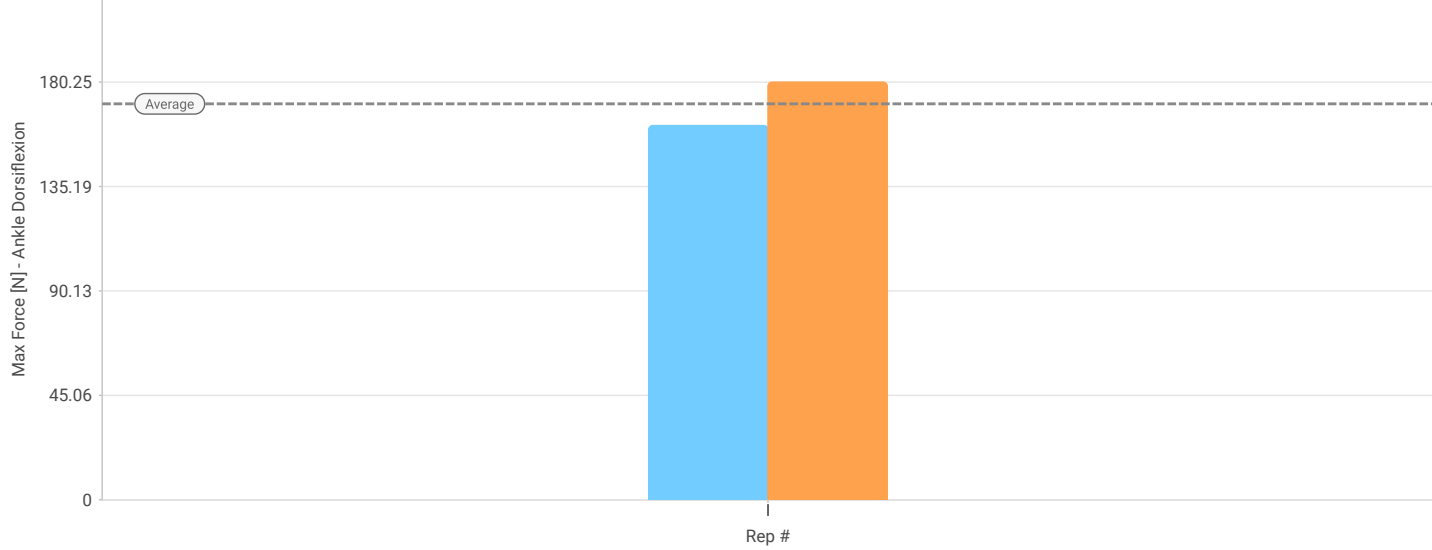
Range Average
779 - 875.25 827.13





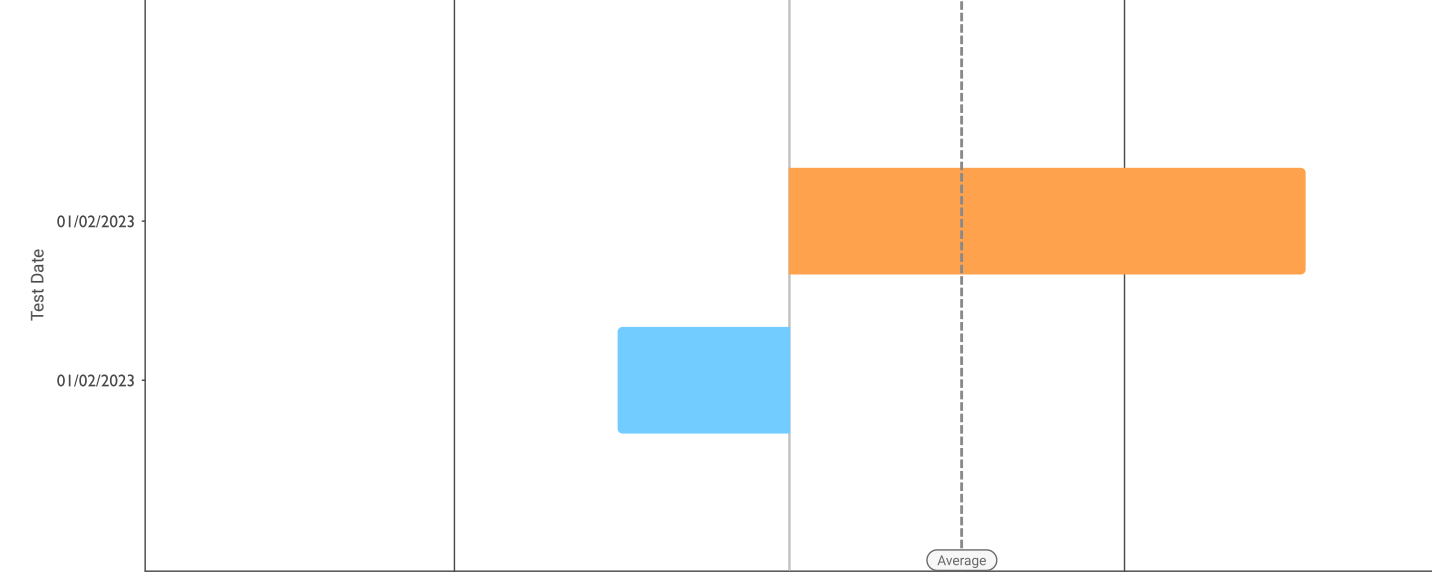
Dorsiflexion Max Force [N] - Ankle Dorsiflexion

Range Average
161.5 - 180.25 170.88



Knee Flexion Asymmetry [%] - Knee Flexion

Range Average
2.55 L - 7.69 R 2.57 R





Flexion Asymmetry [%] - Hip Flexion

Range Average
3.04 L - 6.37 R 4.71 R



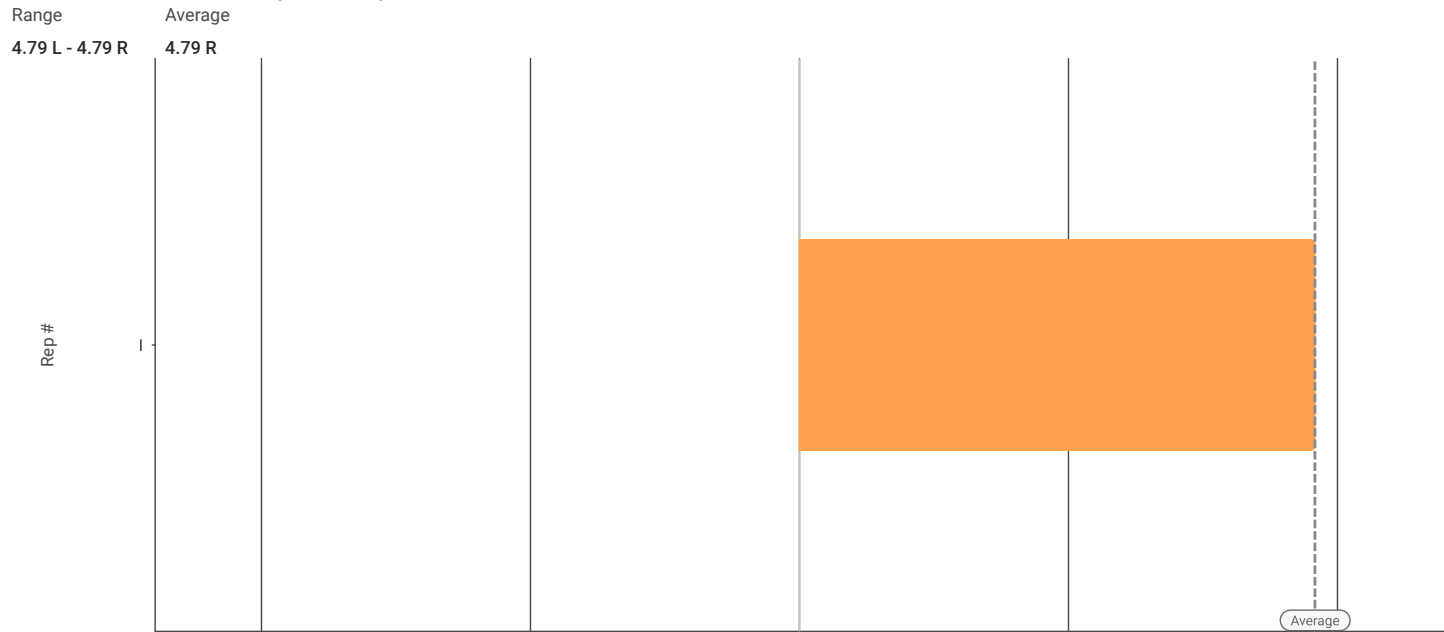
Extension Asymmetry [%] - Hip Extension

Range Average
0.15 L - 0.15 R 0.15 L

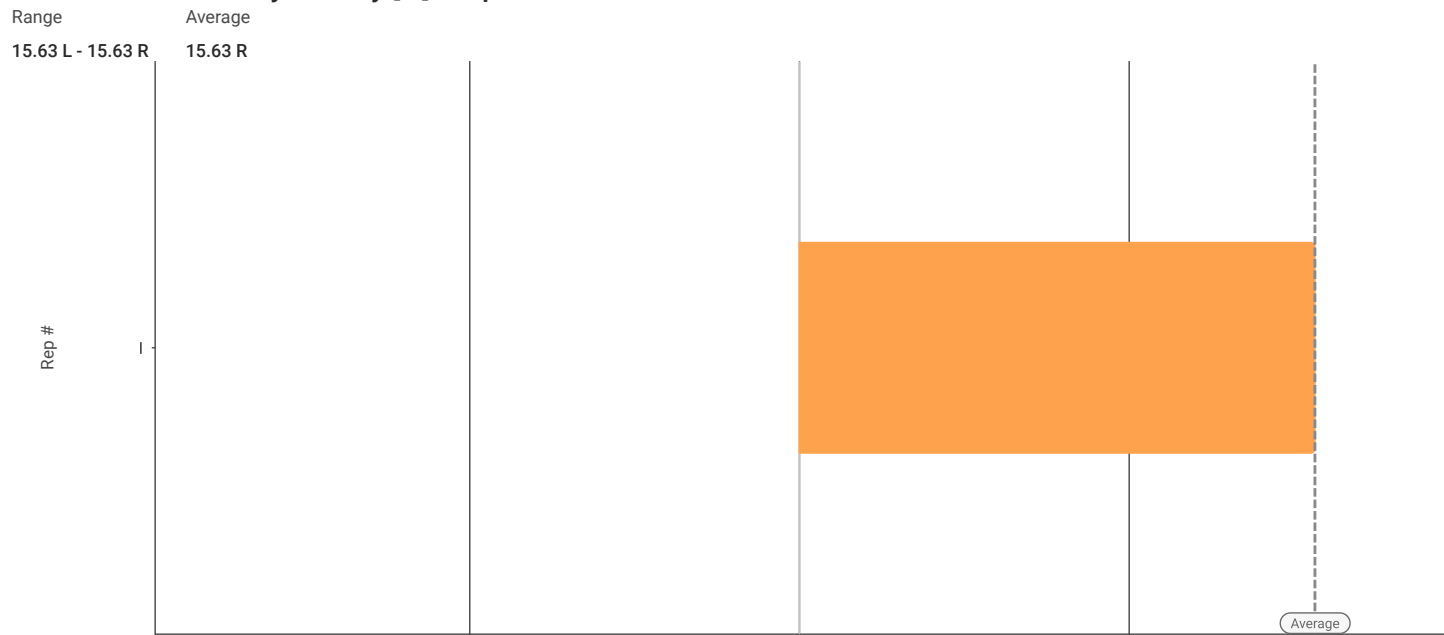




External Rotation Asymmetry [%] - Hip IR/ER



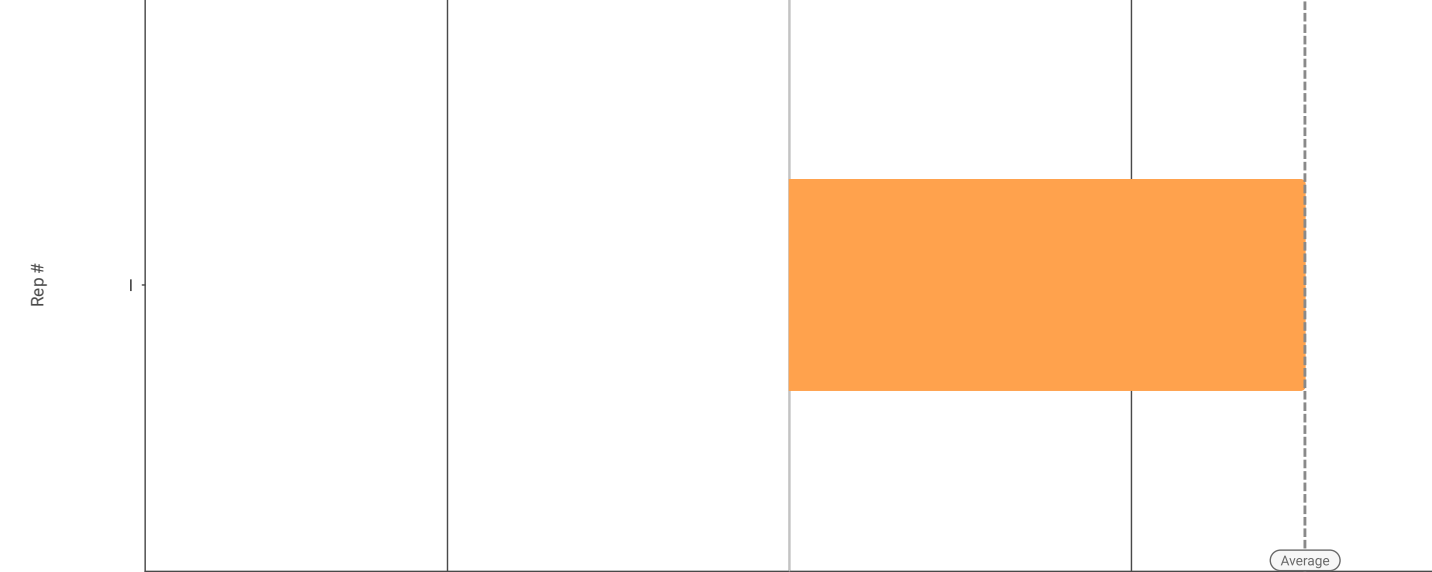
Internal Rotation Asymmetry [%] - Hip IR/ER





Inversion Asymmetry [%] - Ankle IN/EV

Range Average
7.54 L - 7.54 R 7.54 R



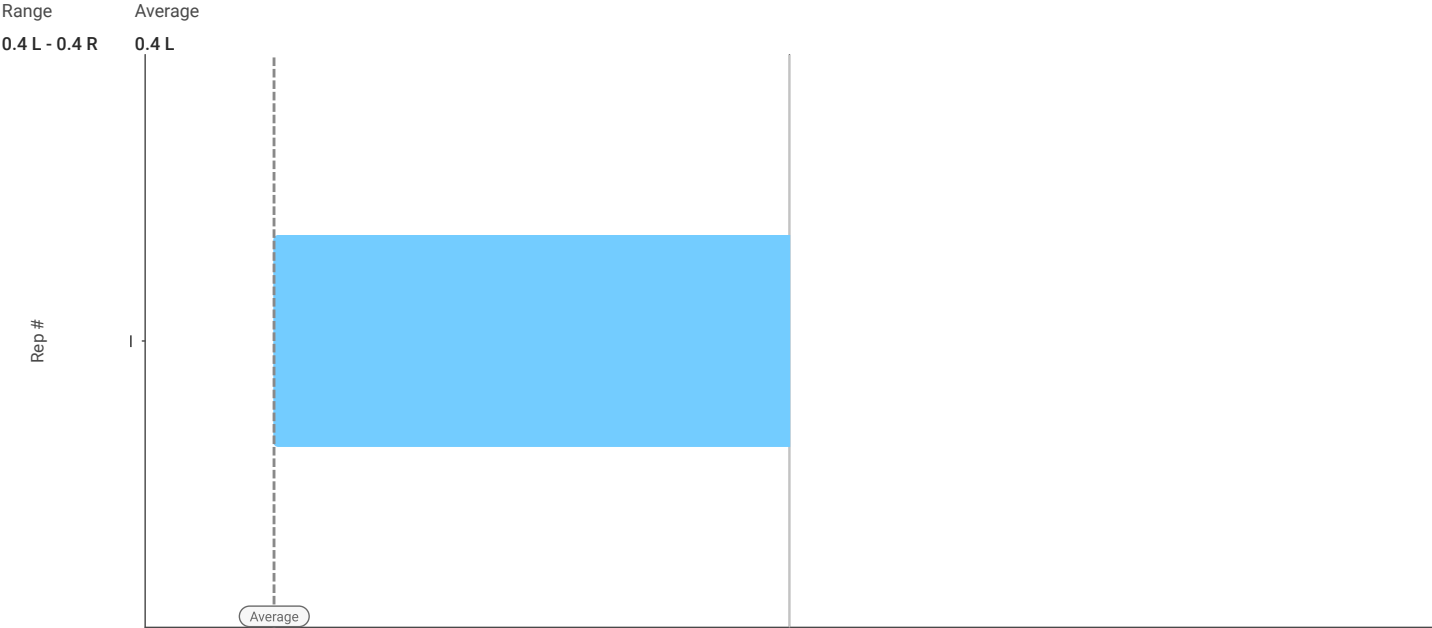
Eversion Asymmetry [%] - Ankle IN/EV

Range Average
1.22 L - 1.22 R 1.22 R

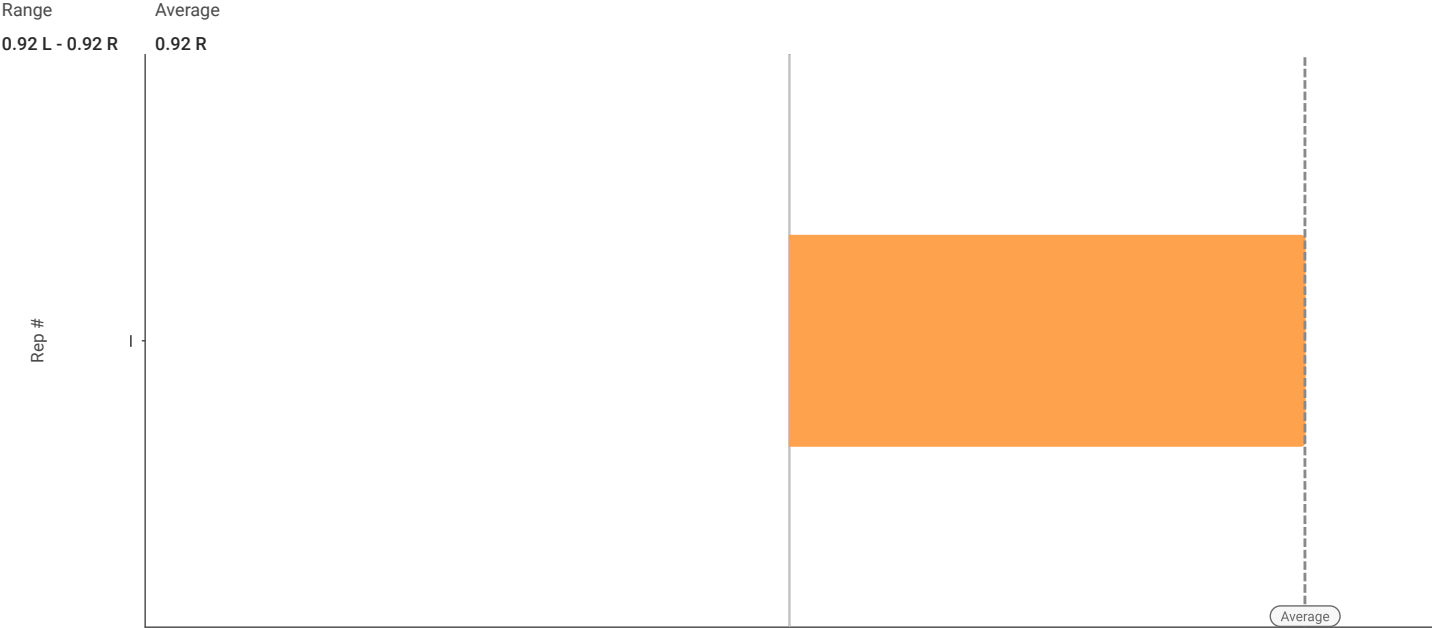




Adduction Asymmetry [%] - Hip AD/AB

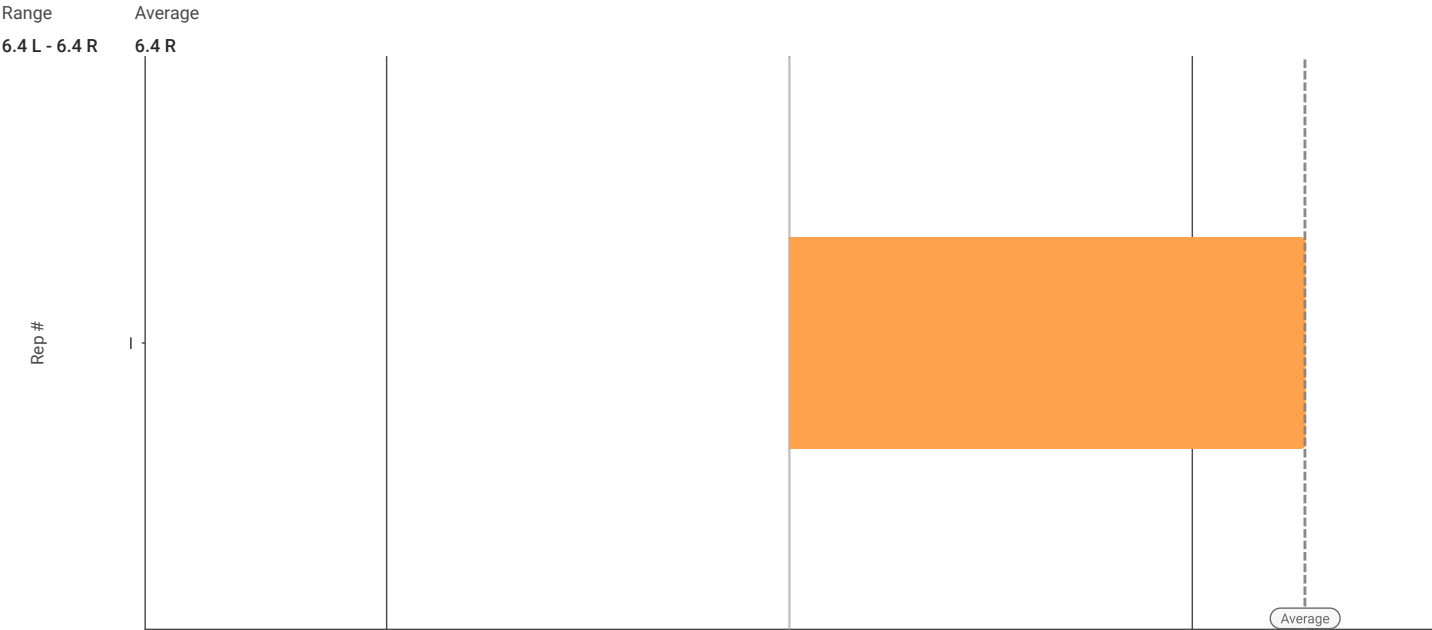


Abduction Asymmetry [%] - Hip AD/AB

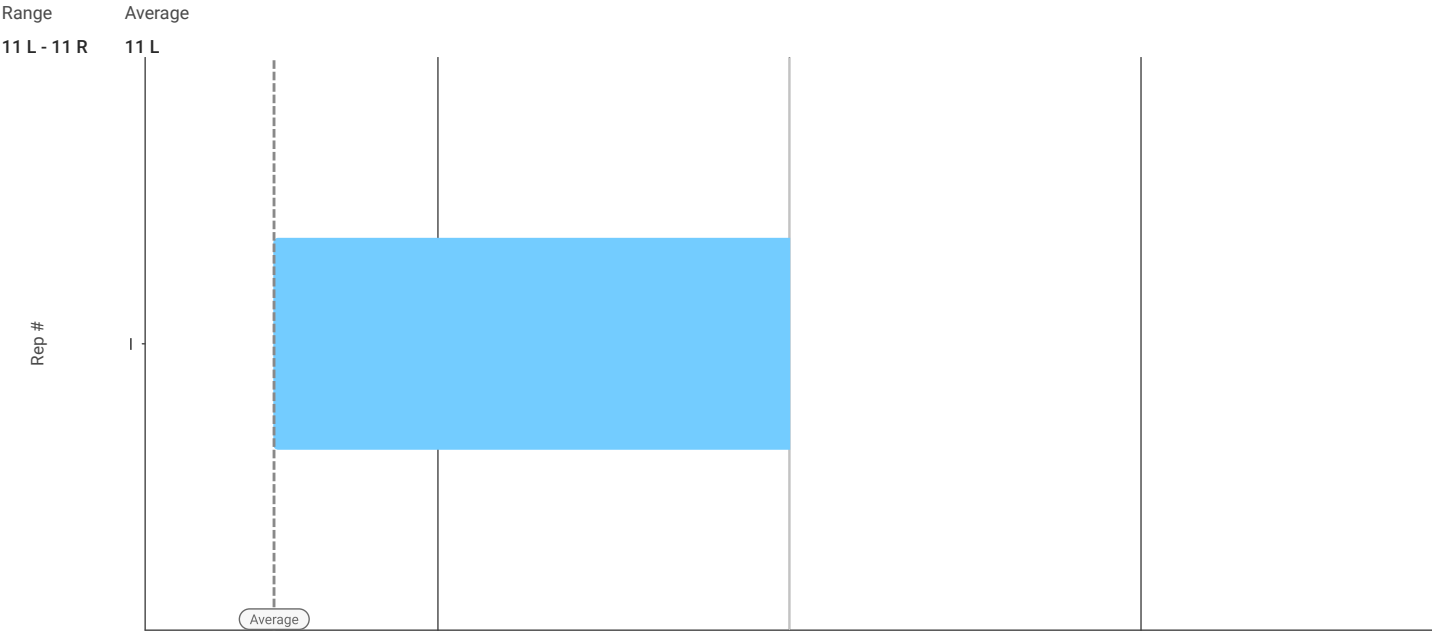




Asymmetry [%] - Knee extensor

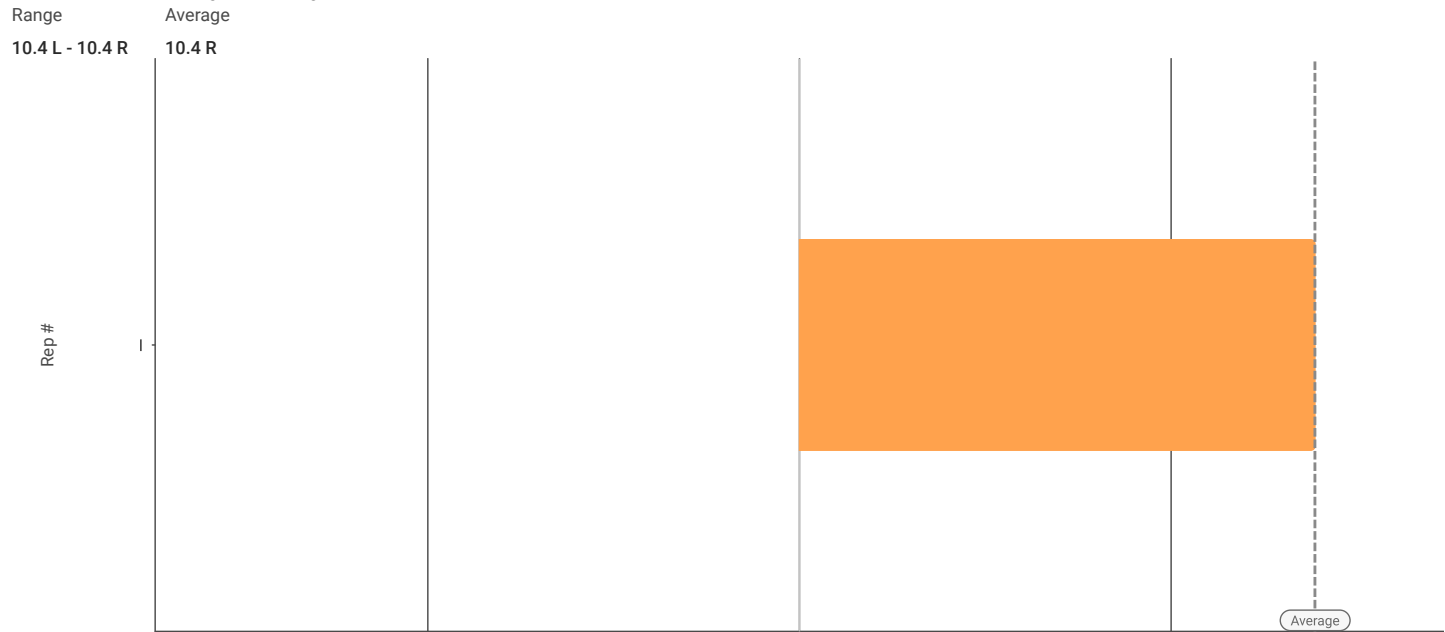


Asymmetry [%] - Panturrilha Sentada

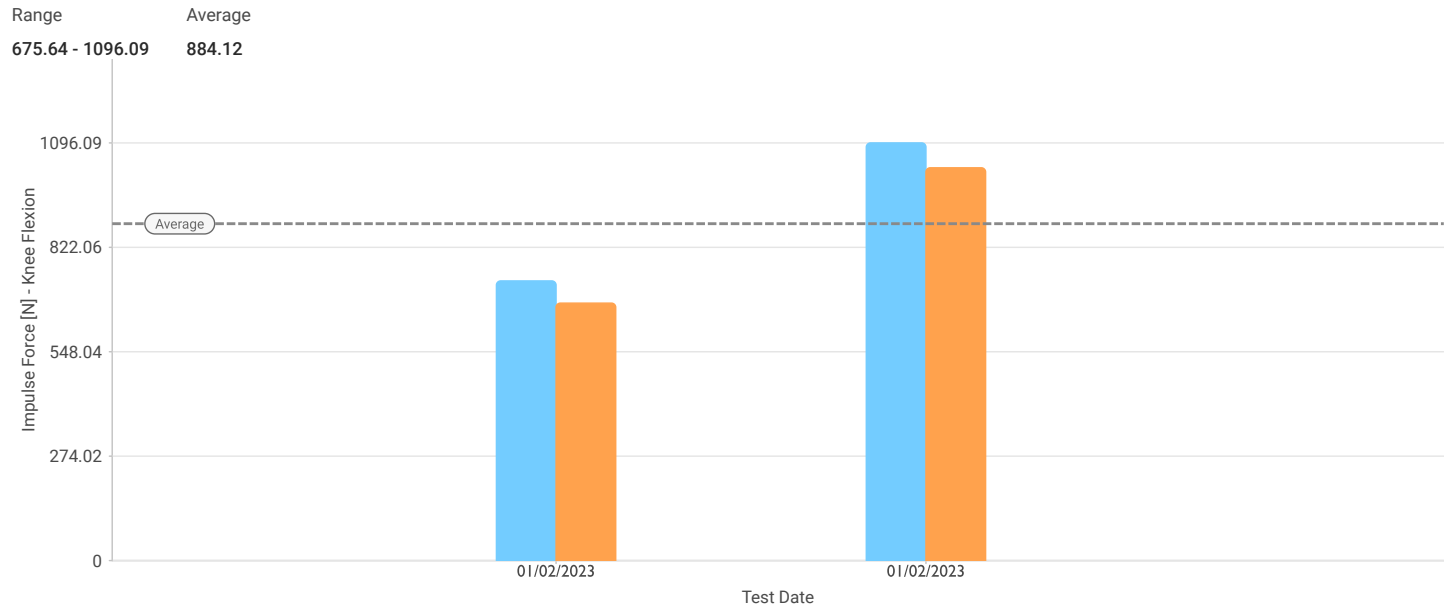




Dorsiflexion Asymmetry [%] - Ankle Dorsiflexion



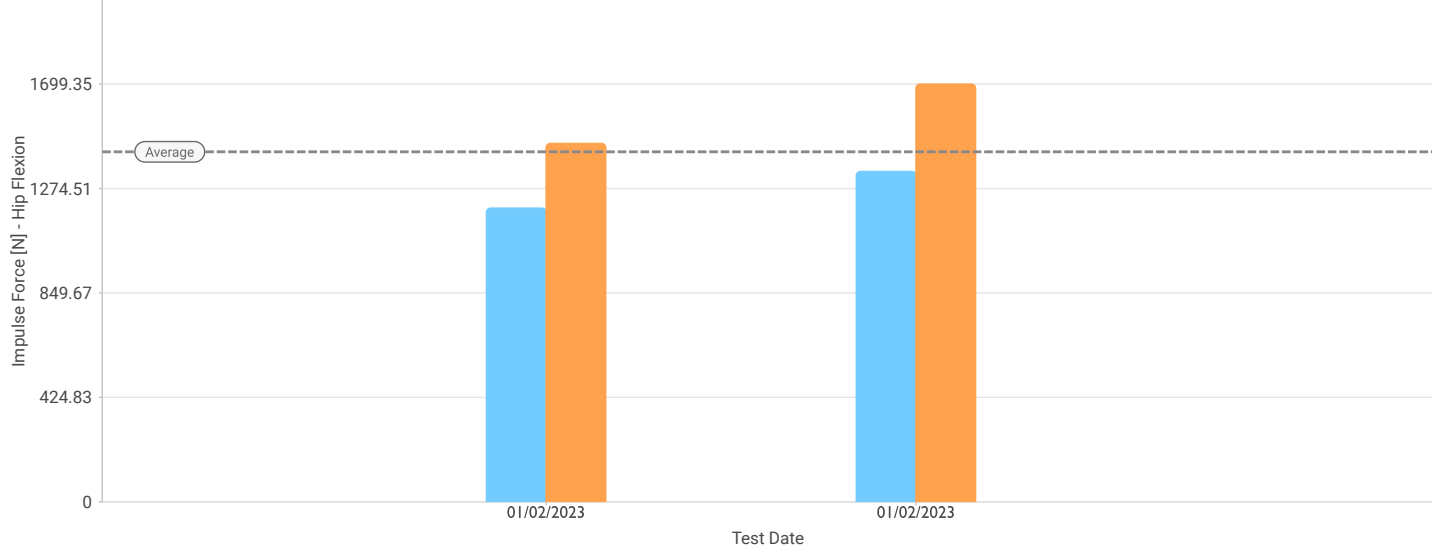
Knee Flexion Impulse Force [N] - Knee Flexion





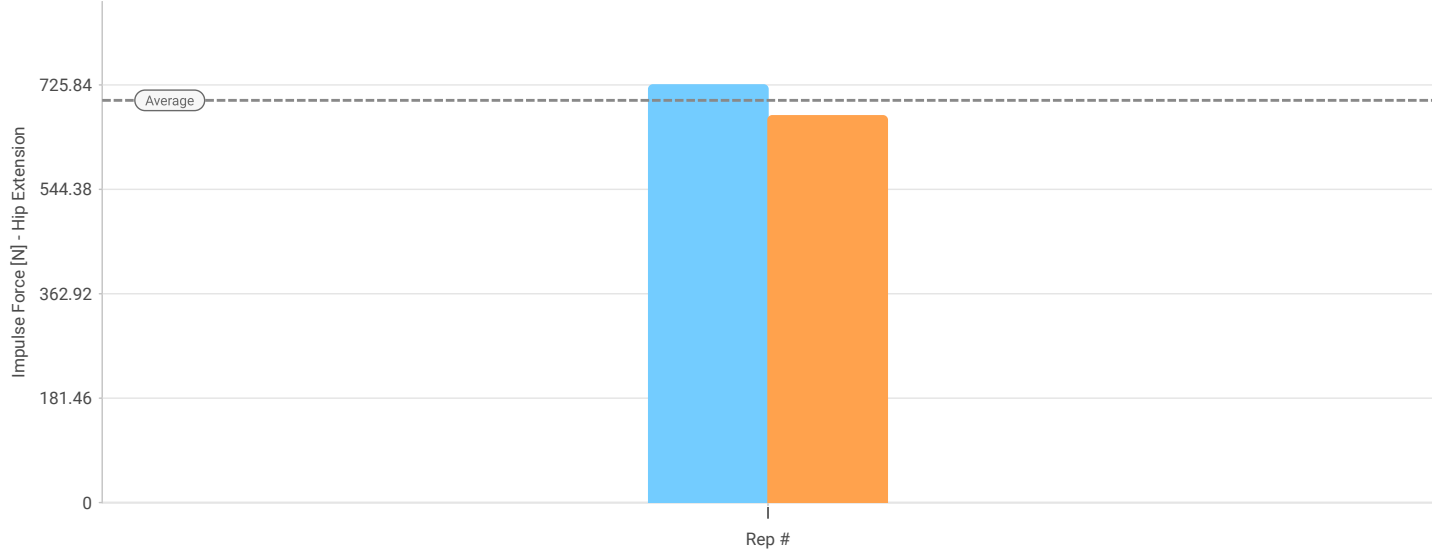
Flexion Impulse Force [N] - Hip Flexion

Range Average
1194.79 - 1699.35 1423.93



Extension Impulse Force [N] - Hip Extension

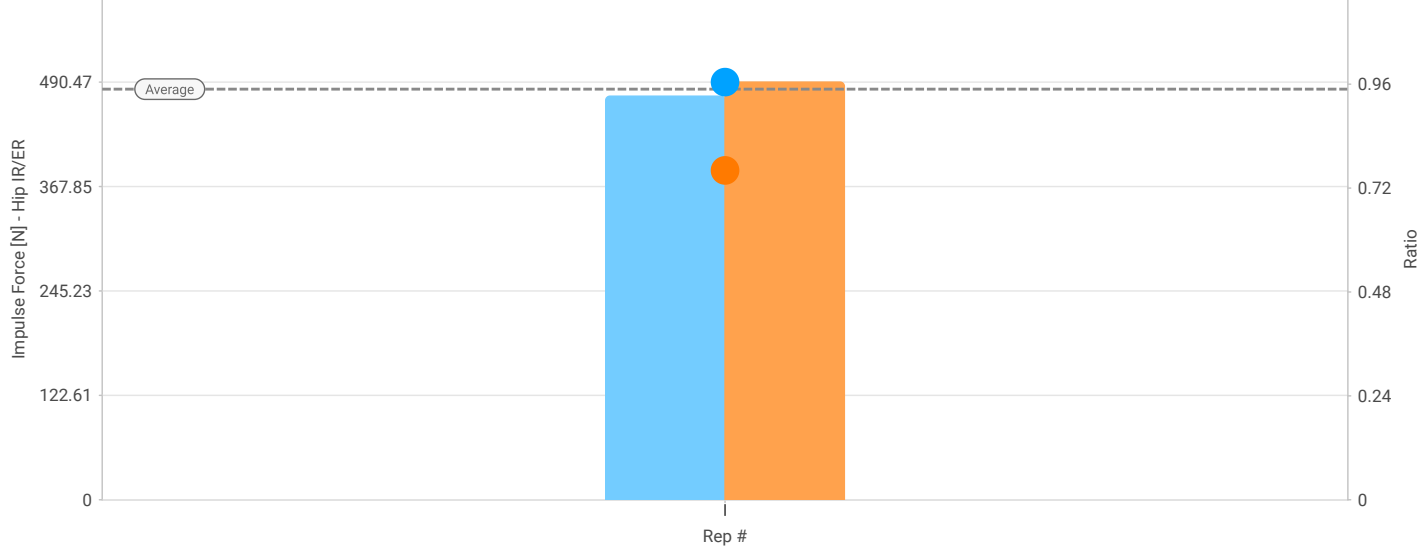
Range Average
672.21 - 725.84 699.03





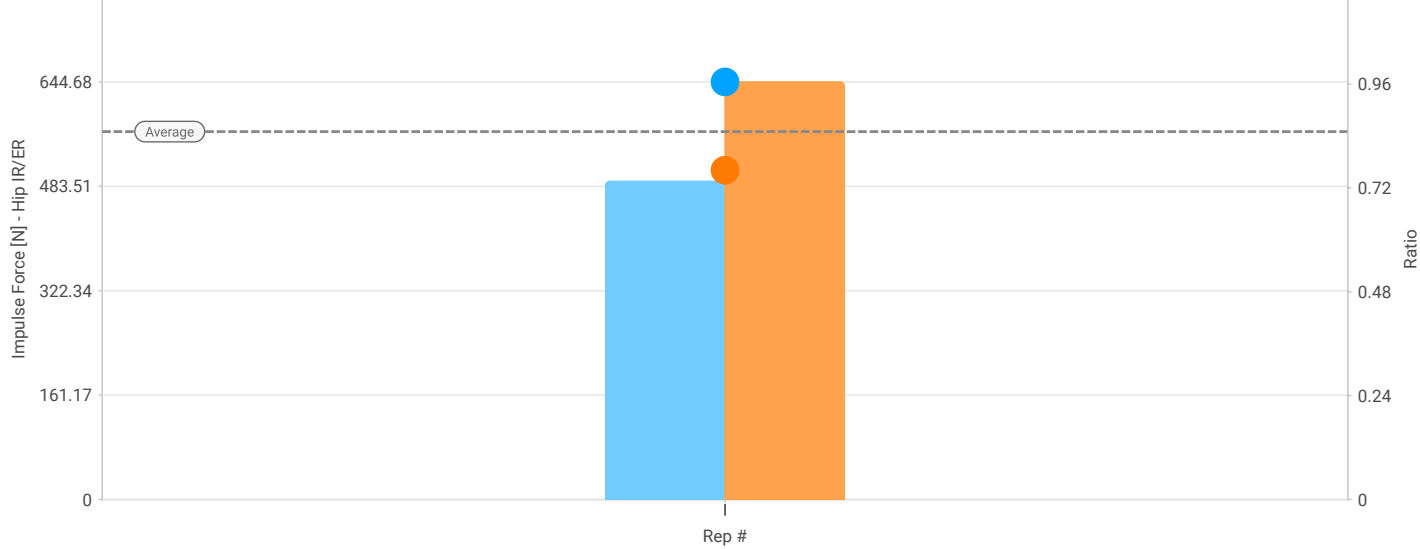
External Rotation Impulse Force [N] - Hip IR/ER

Range Average
473.95 - 490.47 482.21



Internal Rotation Impulse Force [N] - Hip IR/ER

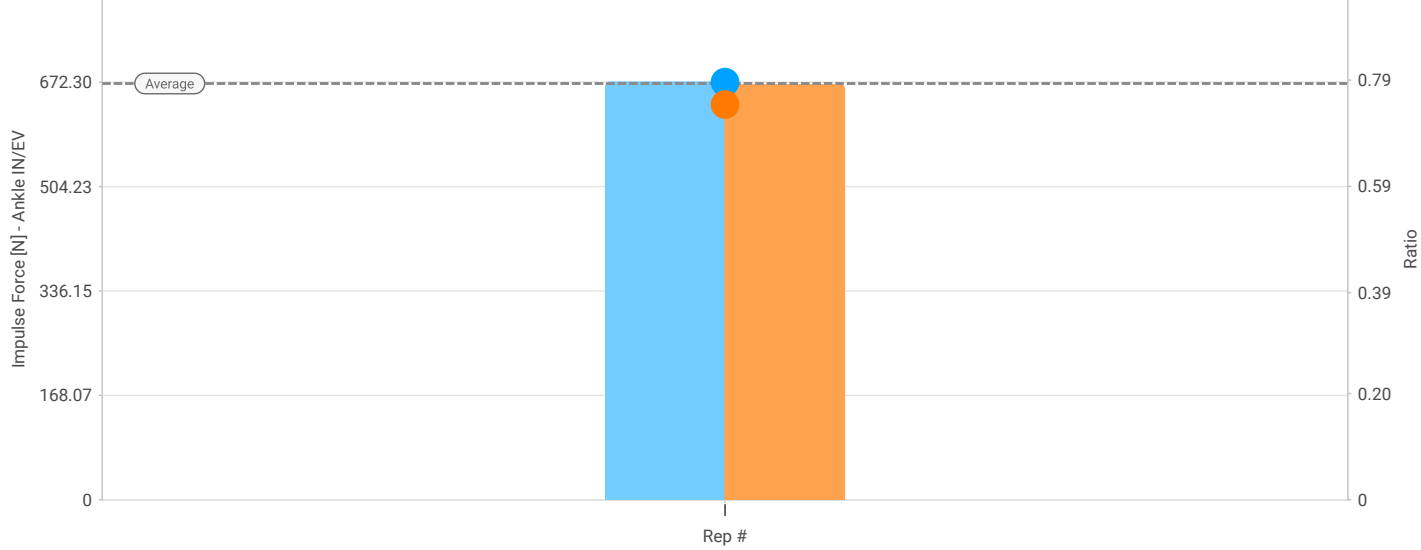
Range Average
491.27 - 644.68 567.97





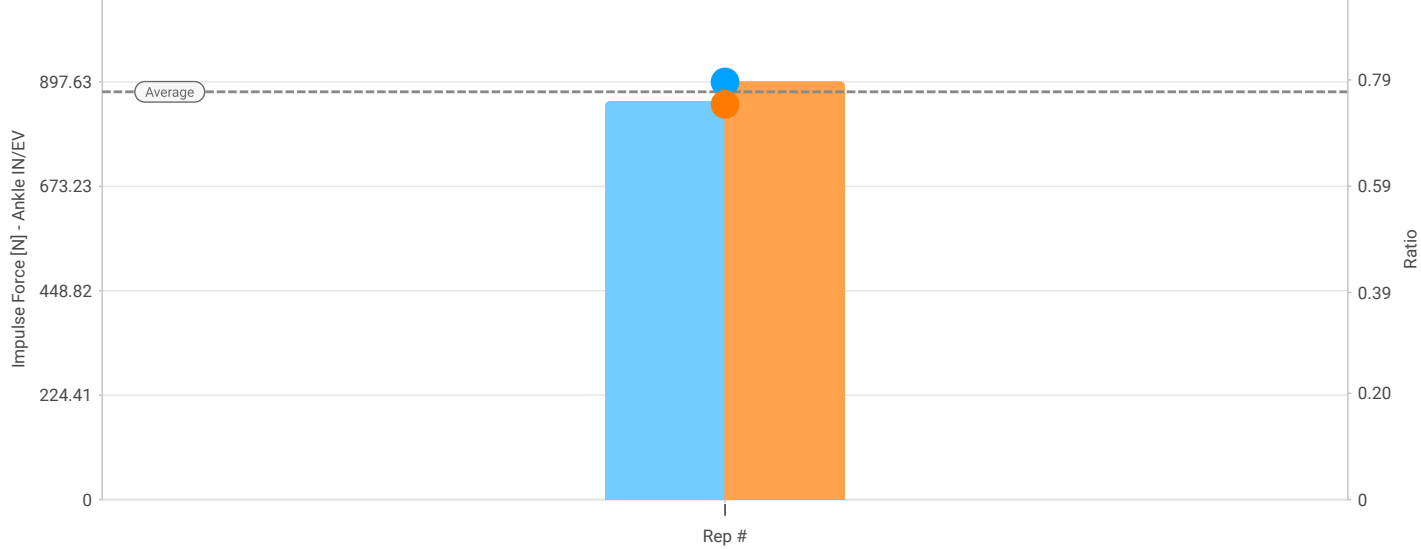
Inversion Impulse Force [N] - Ankle IN/EV

Range Average
667.87 - 672.3 670.08



Eversion Impulse Force [N] - Ankle IN/EV

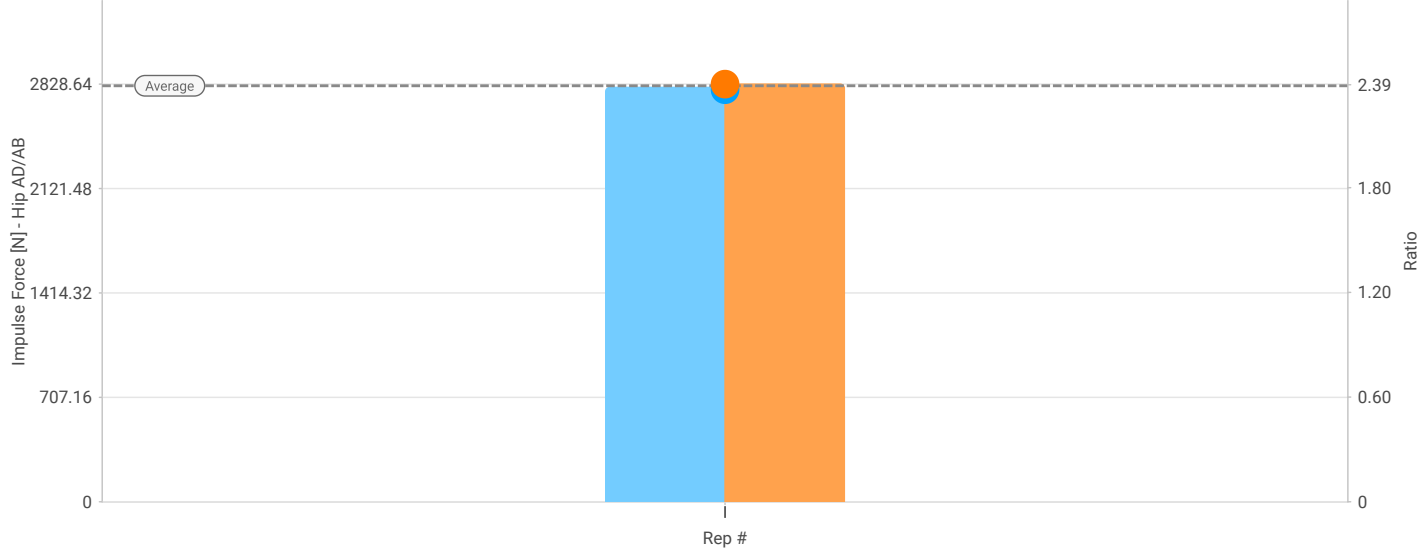
Range Average
855.08 - 897.64 876.36





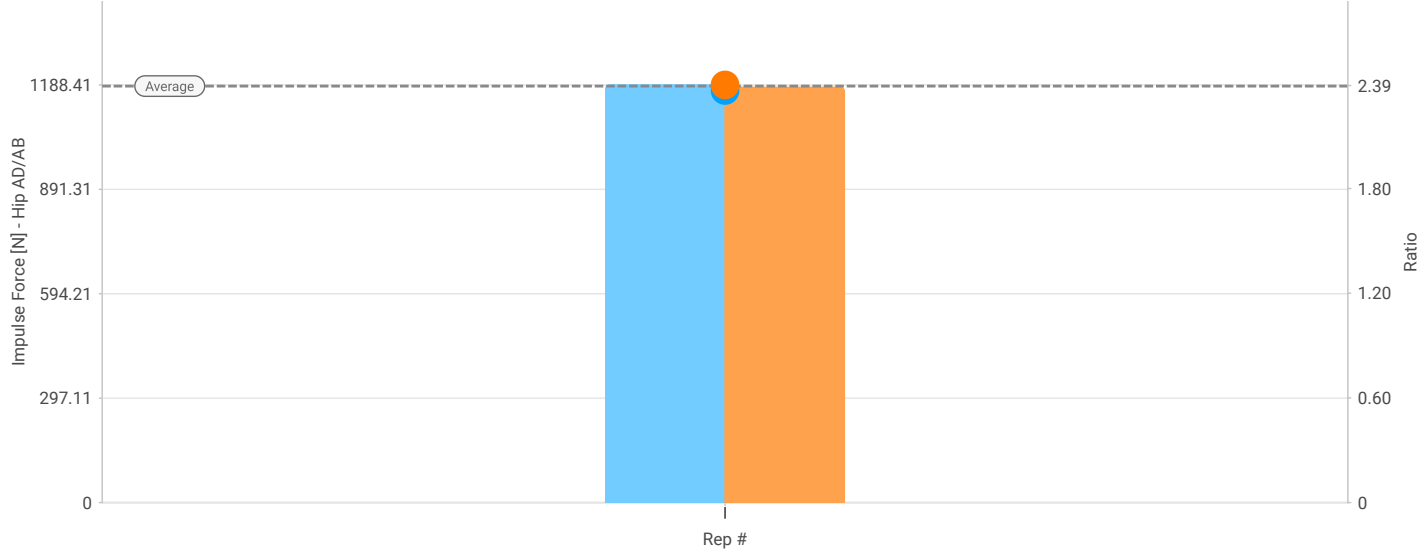
Adduction Impulse Force [N] - Hip AD/AB

Range Average
2806.37 - 2828.64 2817.51



Abduction Impulse Force [N] - Hip AD/AB

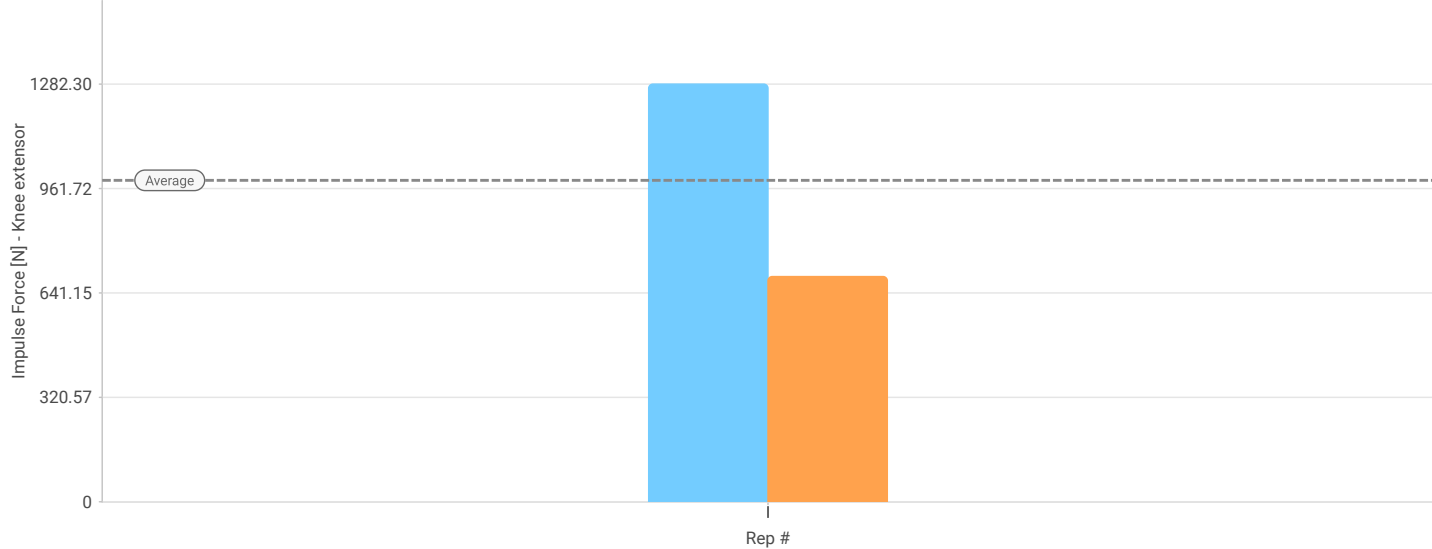
Range Average
1181.78 - 1188.41 1185.1





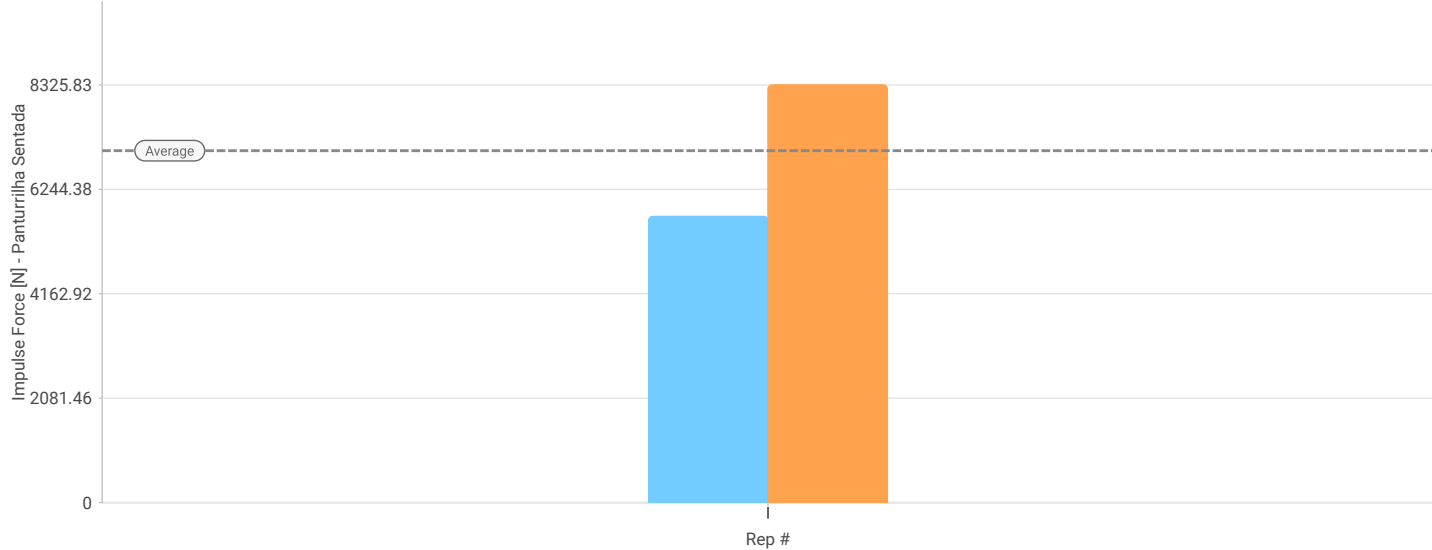
Impulse Force [N] - Knee extensor

Range Average
691.44 - 1282.3 986.87



Impulse Force [N] - Panturrilha Sentada

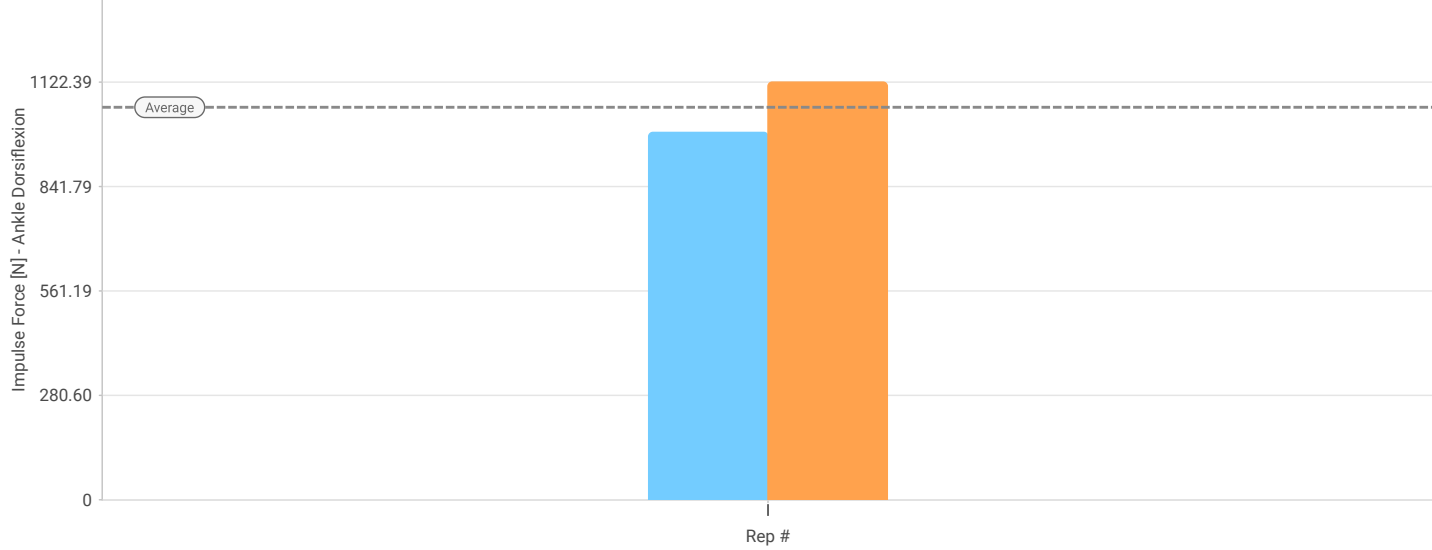
Range Average
5703.9 - 8325.83 7014.87





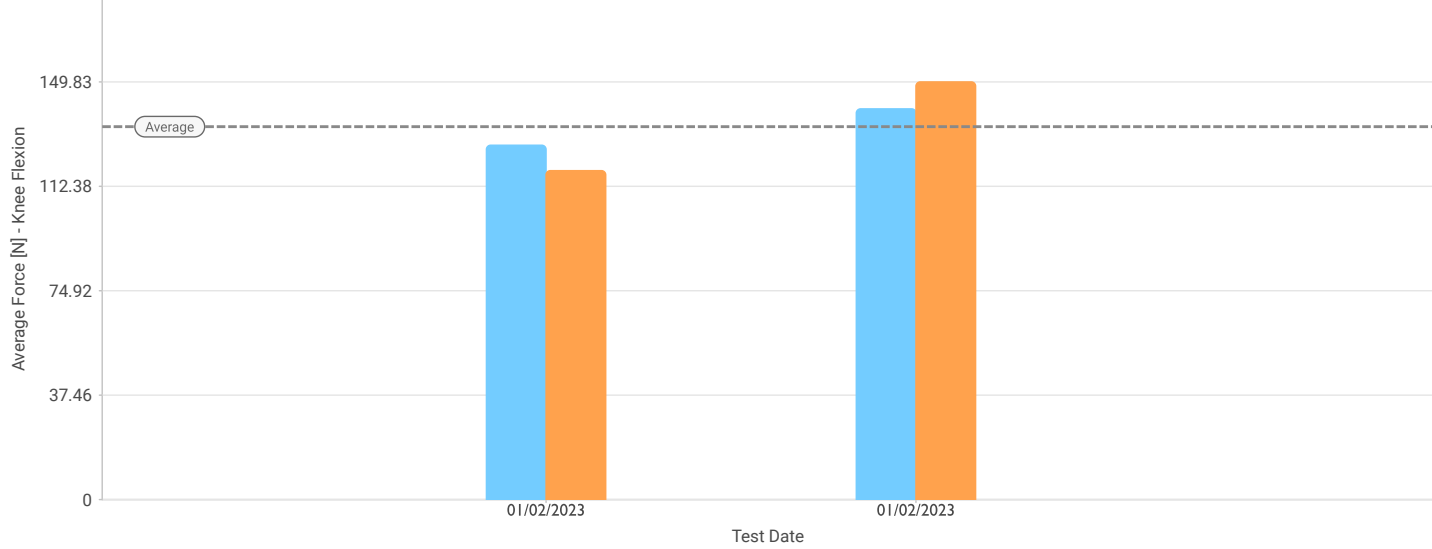
Dorsiflexion Impulse Force [N] - Ankle Dorsiflexion

Range Average
987.2 - 1122.39 1054.79



Knee Flexion Average Force [N] - Knee Flexion

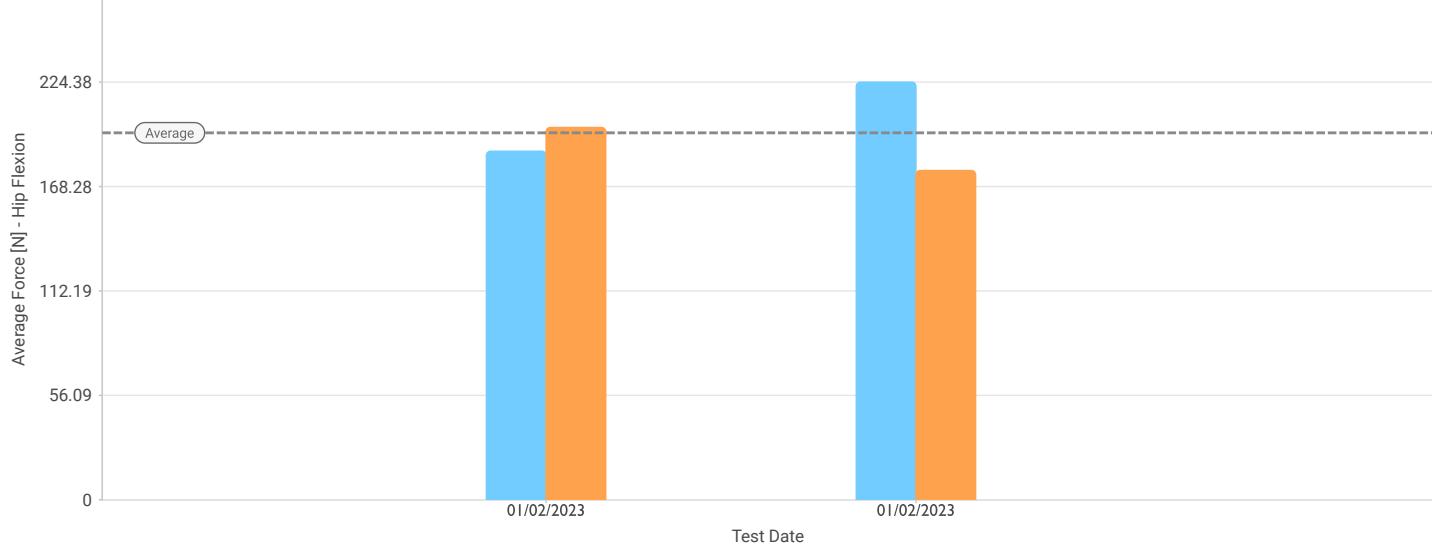
Range Average
118 - 149.83 133.78





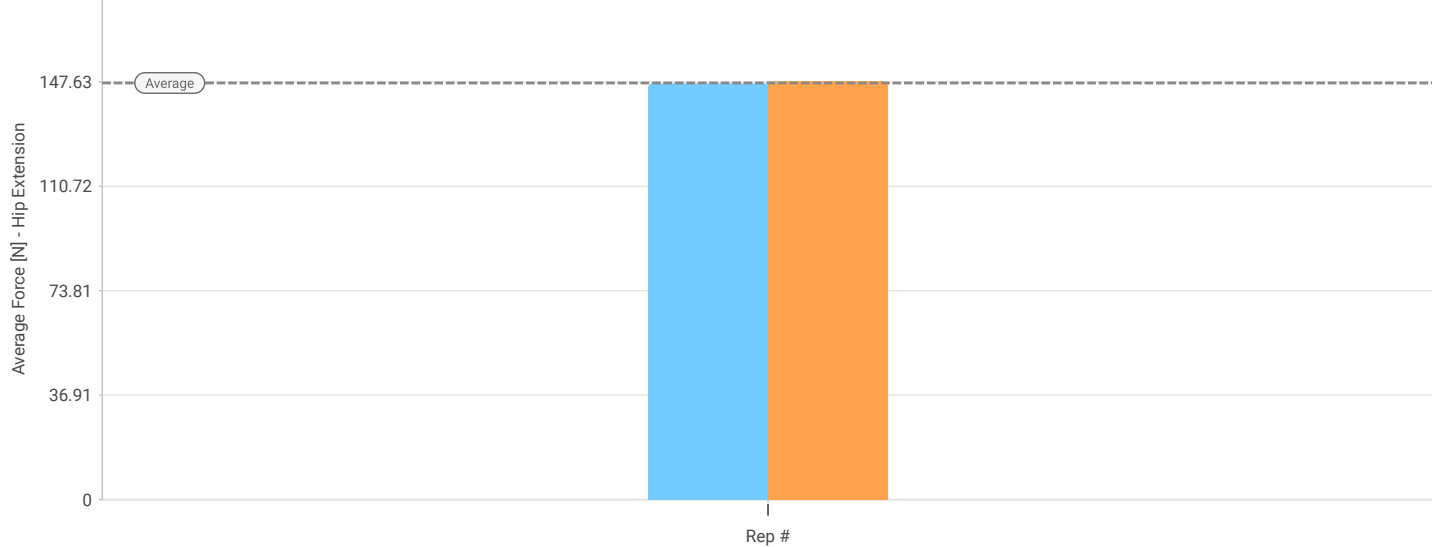
Flexion Average Force [N] - Hip Flexion

Range Average
176.88 - 224.38 197.13



Extension Average Force [N] - Hip Extension

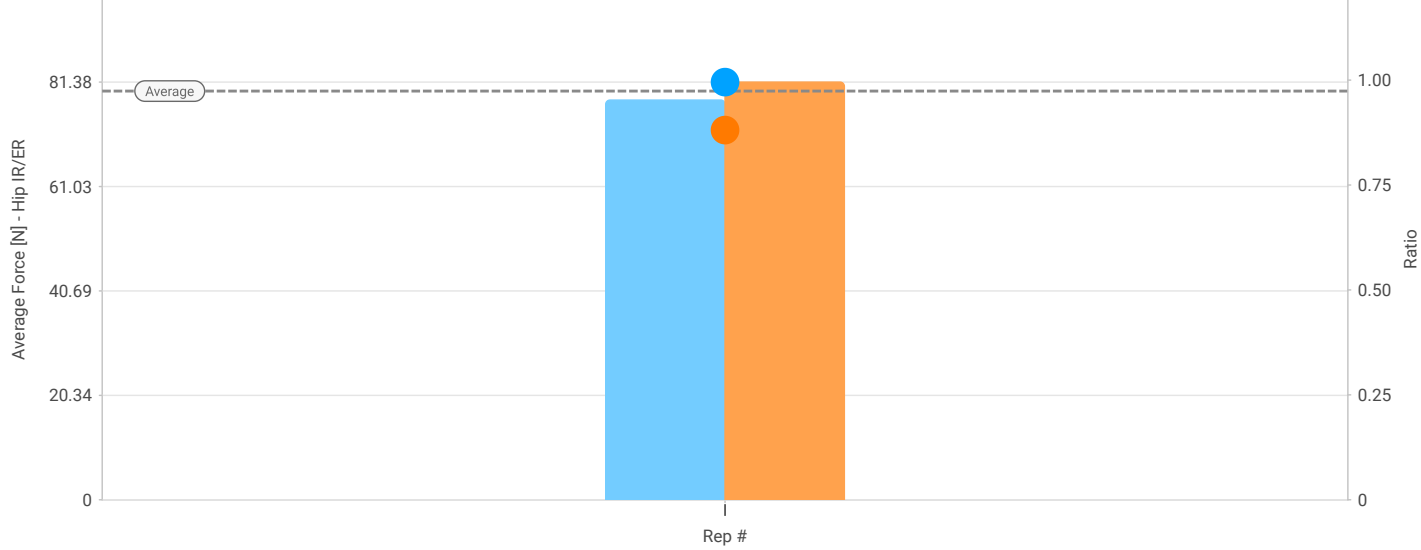
Range Average
146.88 - 147.63 147.25





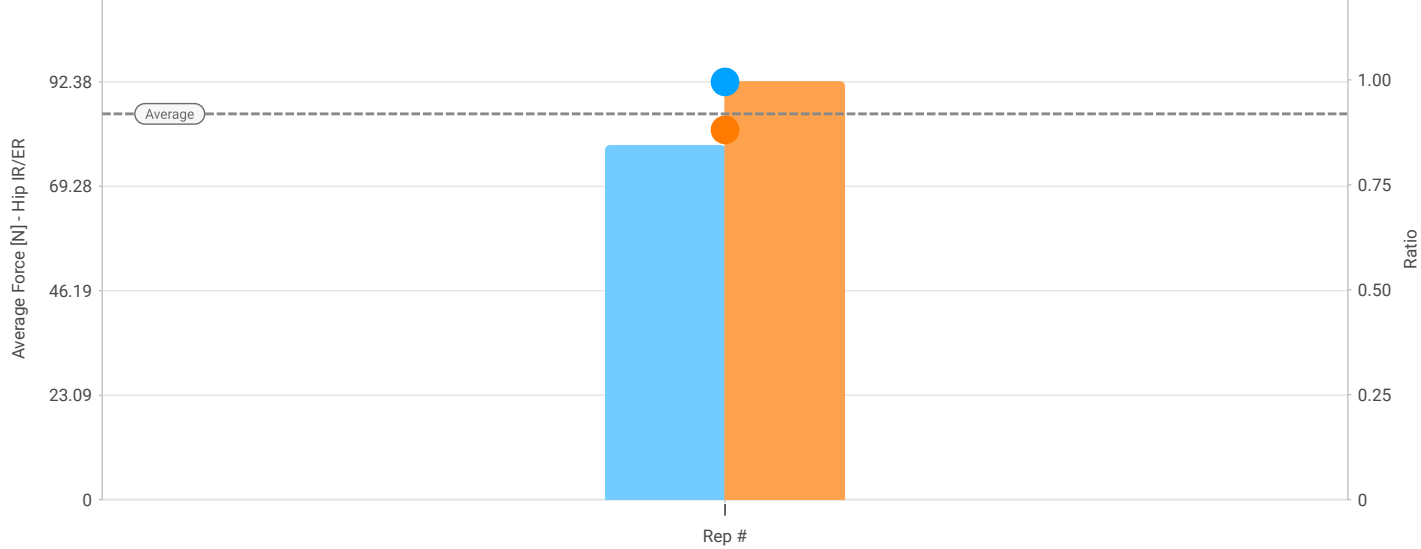
External Rotation Average Force [N] - Hip IR/ER

Range Average
77.88 - 81.38 79.63



Internal Rotation Average Force [N] - Hip IR/ER

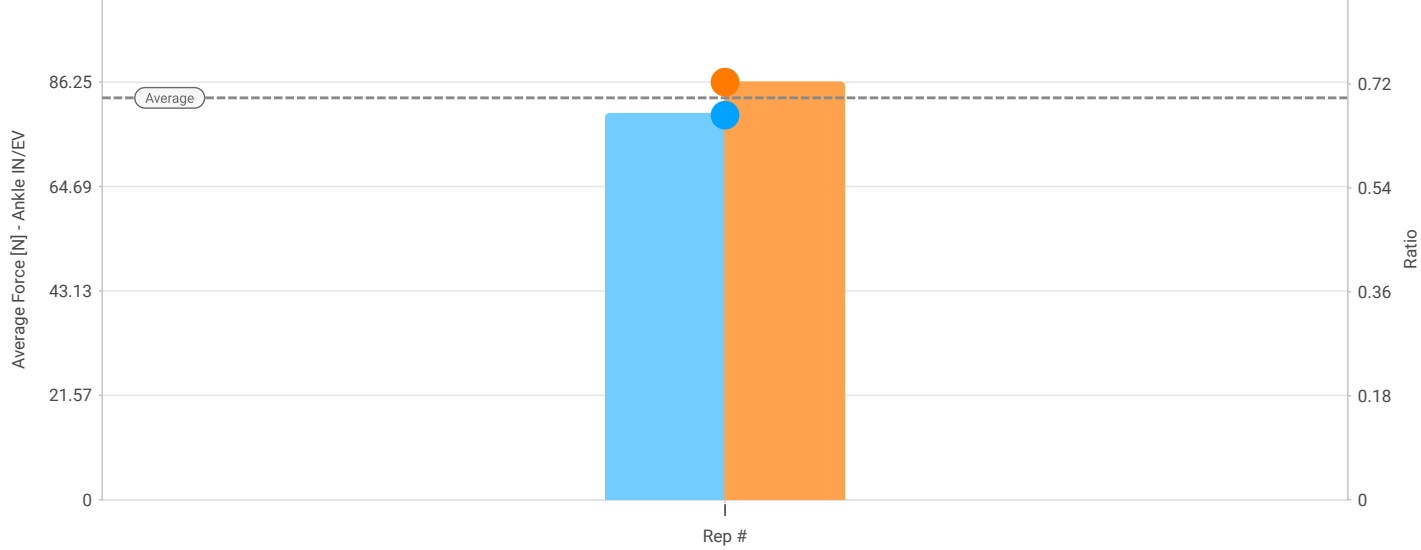
Range Average
78.25 - 92.38 85.31





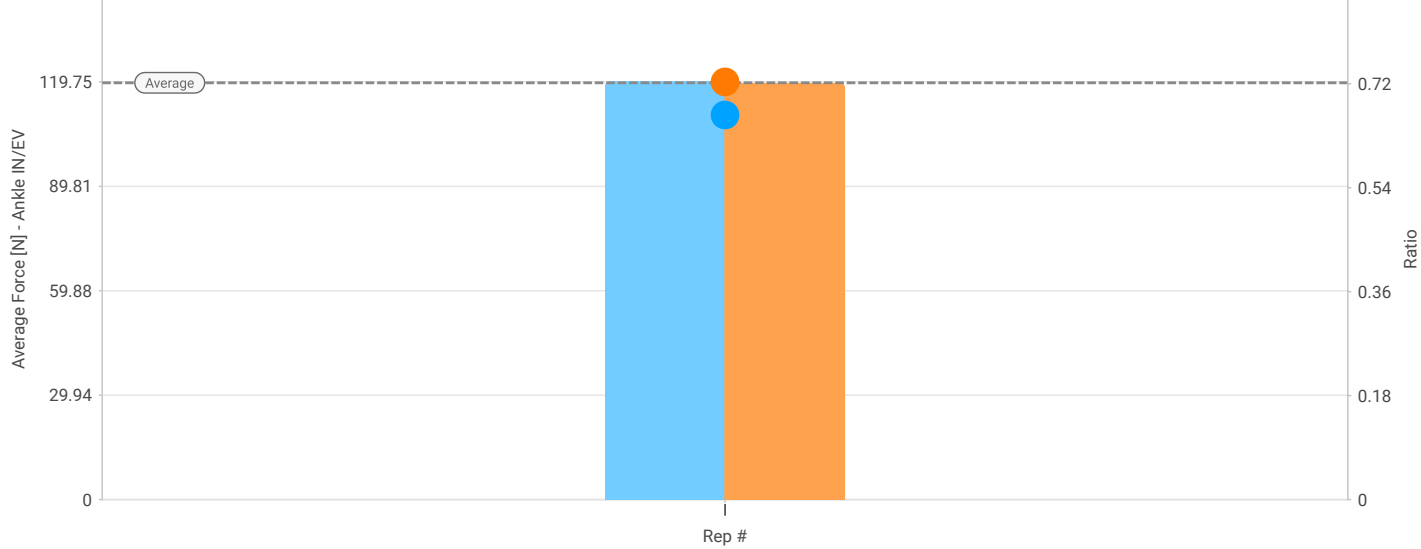
Inversion Average Force [N] - Ankle IN/EV

Range Average
79.75 - 86.25 83



Eversion Average Force [N] - Ankle IN/EV

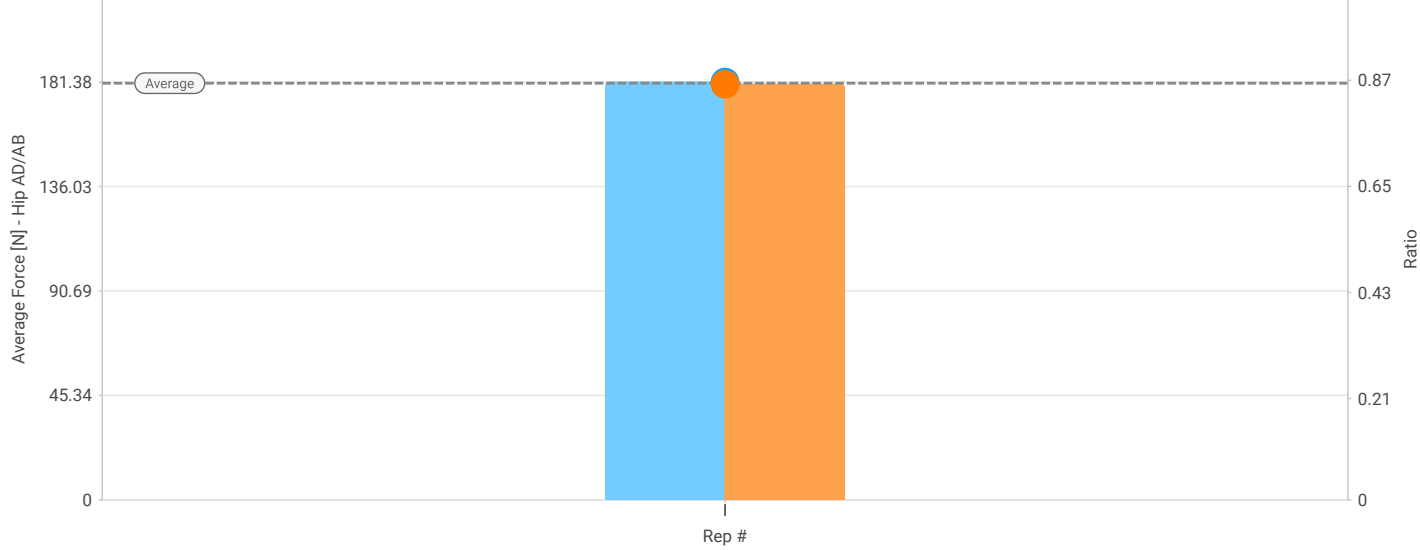
Range Average
119.25 - 119.75 119.5





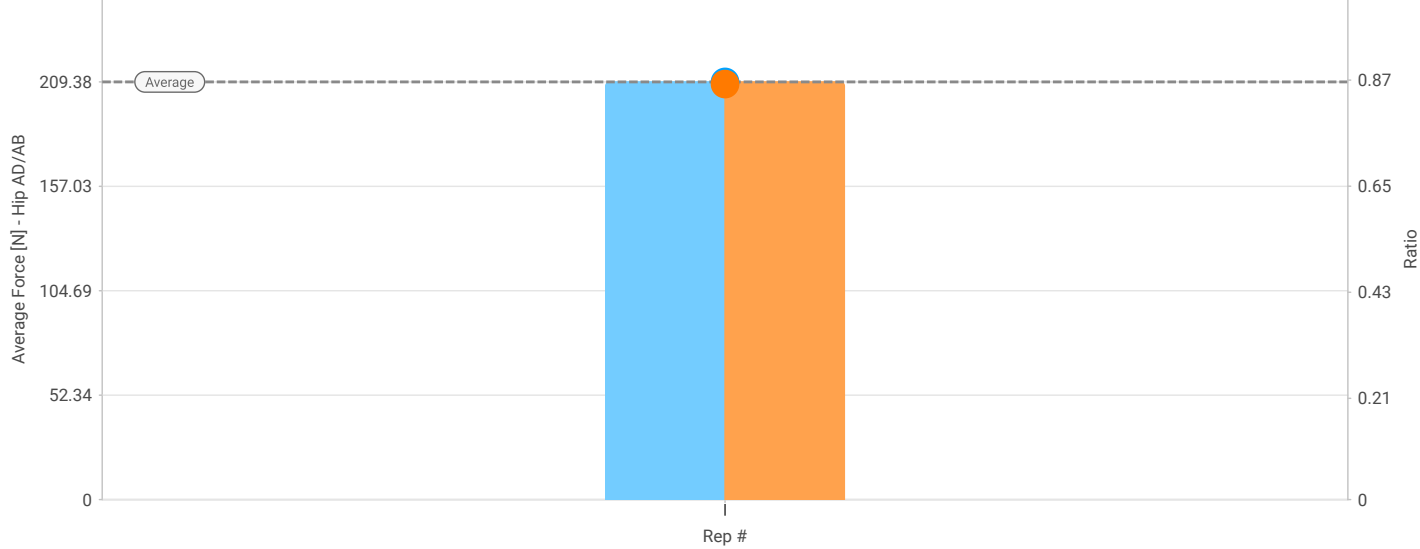
Adduction Average Force [N] - Hip AD/AB

Range Average
180.44 - 181.38 180.91



Abduction Average Force [N] - Hip AD/AB

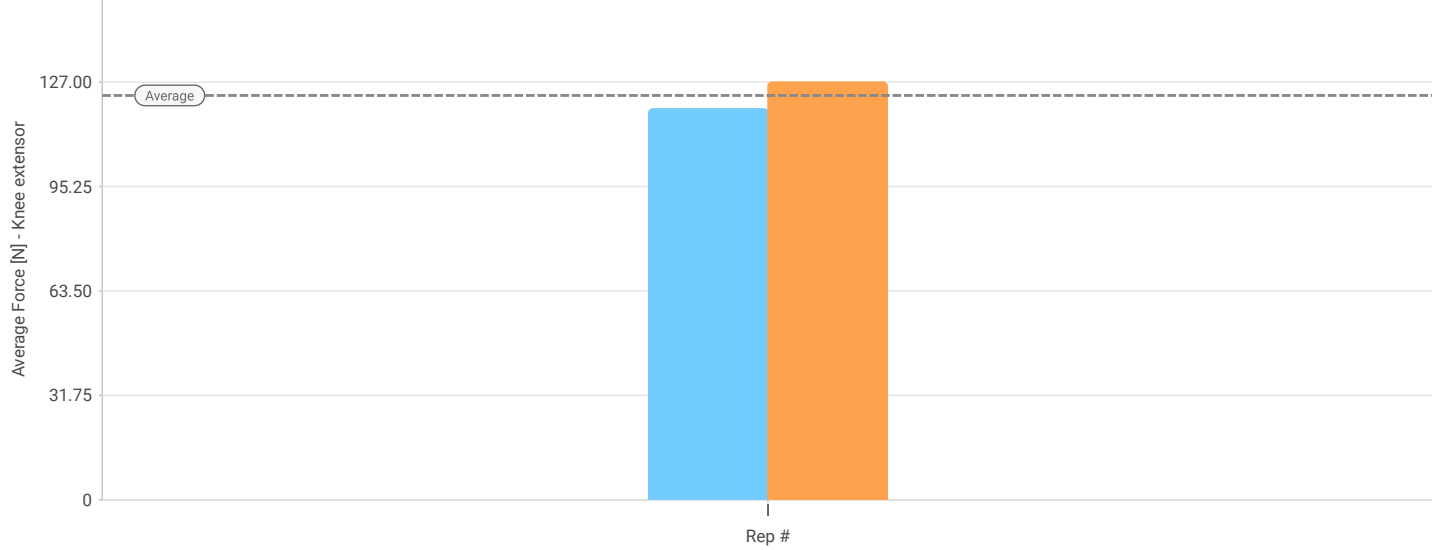
Range Average
209.38 - 209.38 209.38





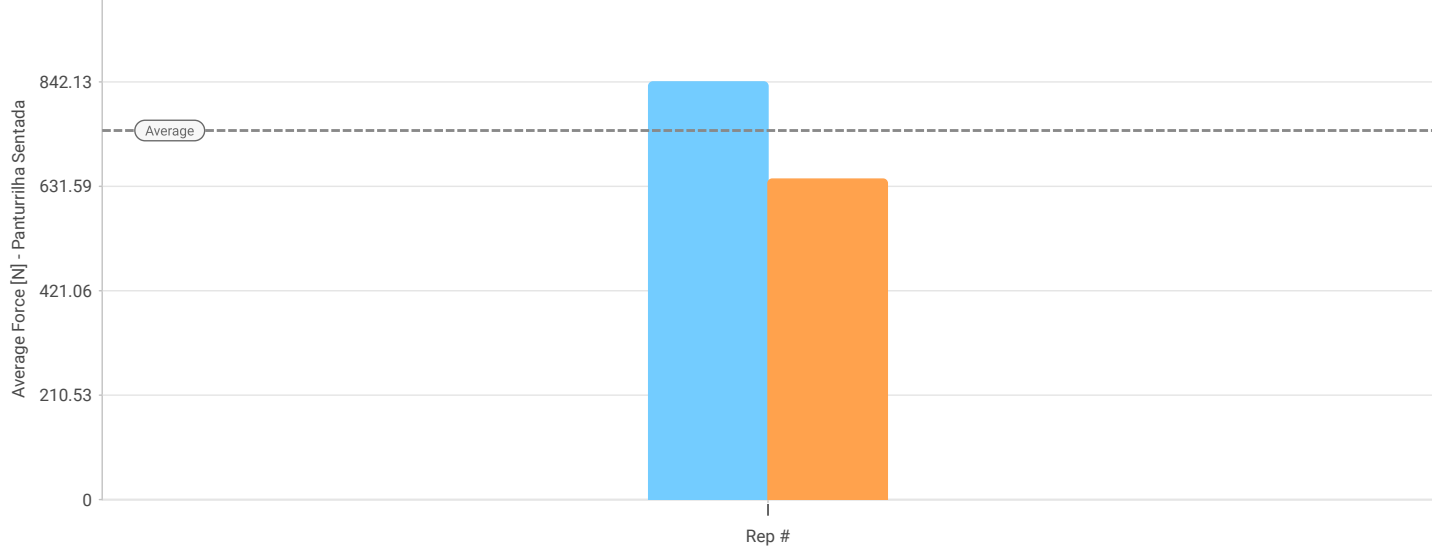
Average Force [N] - Knee extensor

Range Average
118.88 - 127 122.94



Average Force [N] - Panturrilha Sentada

Range Average
646.16 - 842.13 744.14





Dorsiflexion Average Force [N] - Ankle Dorsiflexion

Range Average
161.5 - 180.25 170.88

