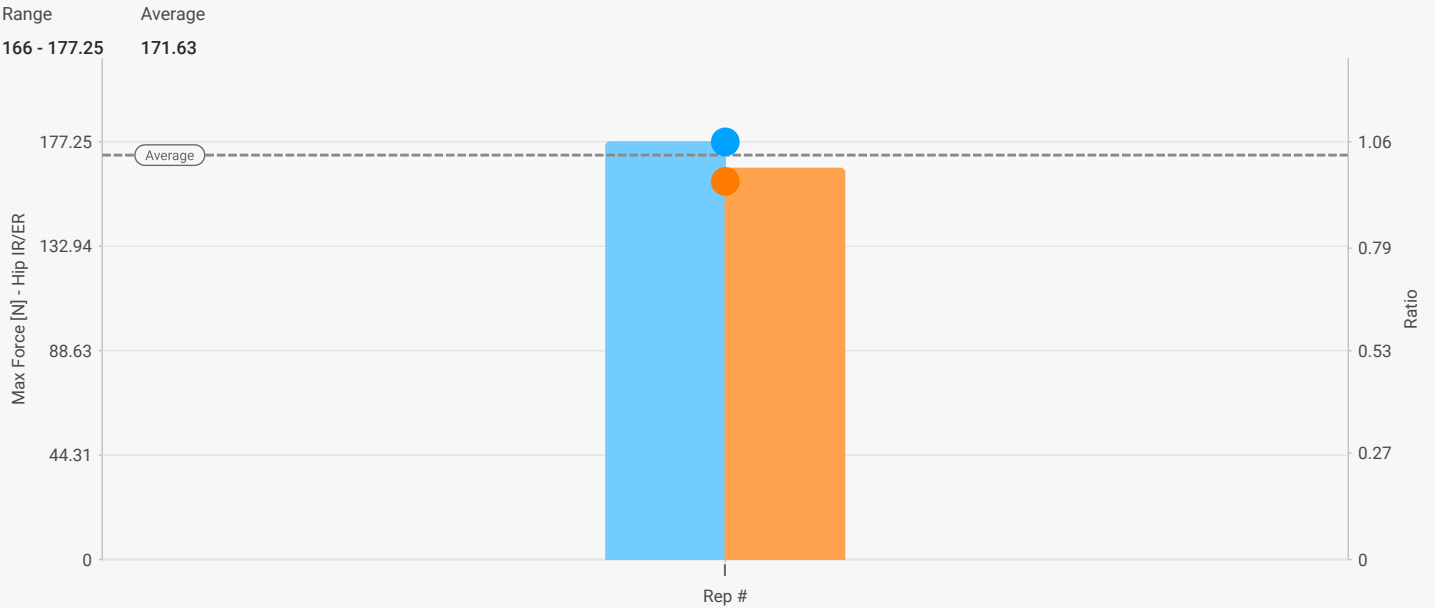




Tests (14)

PROFILE	DATE	TEST TYPE	TEST POSITION	REPS
Pedro Lobato				
14 Tests				
	20/12/2021 11:08 AM	Hip IR/ER	Prone	ER 2 L / 2 R IR 2 L / 2 R
	20/12/2021 11:06 AM	Hip Extension	Prone	EXT 2 L / 2 R
	20/12/2021 11:04 AM	Hip Extension	Standing	EXT 2 L / 2 R
	20/12/2021 11:00 AM	Hip Flexion	Kicker	FLEX 2 L / 2 R
	20/12/2021 10:58 AM	Hip Flexion	Seated	FLEX 2 L / 2 R
	20/12/2021 10:54 AM	Hip AD/AB	Seated	ADD 2 L / 2 R ABD 2 L / 2 R
	20/12/2021 10:53 AM	Hip AD/AB	Standing (Ankle)	ADD 2 L / 2 R ABD 2 L / 2 R
	20/12/2021 10:50 AM	Hip AD/AB	90°	ADD 2 L / 2 R ABD 2 L / 2 R
	20/12/2021 10:49 AM	knee extensor	knee extensor	Inner 0 L / 0 R Outer 2 L / 2 R
	20/12/2021 10:44 AM	Knee Flexion	Supine	FLEX 2 L / 2 R
	20/12/2021 10:41 AM	Knee Flexion	Standing	FLEX 2 L / 2 R
	20/12/2021 10:40 AM	Knee Flexion	Prone	FLEX 2 L / 2 R
	20/12/2021 10:35 AM	Ankle IN/EV	Supine	INV 2 L / 2 R EV 2 L / 2 R
	20/12/2021 10:32 AM	Ankle Dorsiflexion	Seated	DF 2 L / 2 R

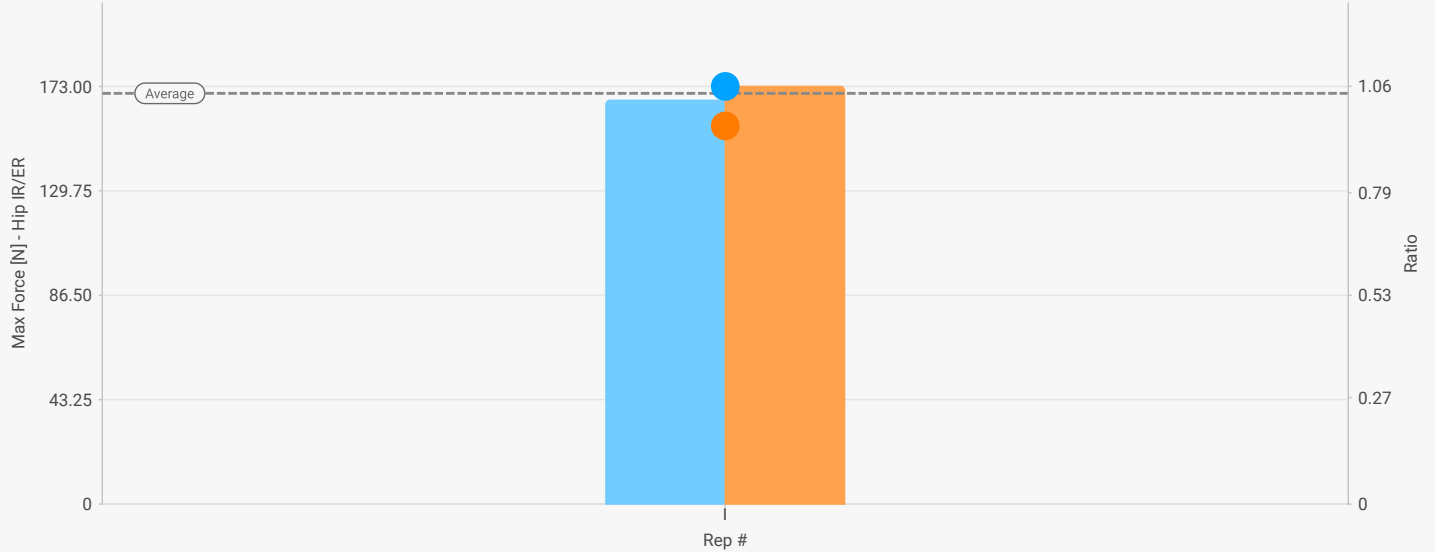
External Rotation Max Force [N] - Hip IR/ER





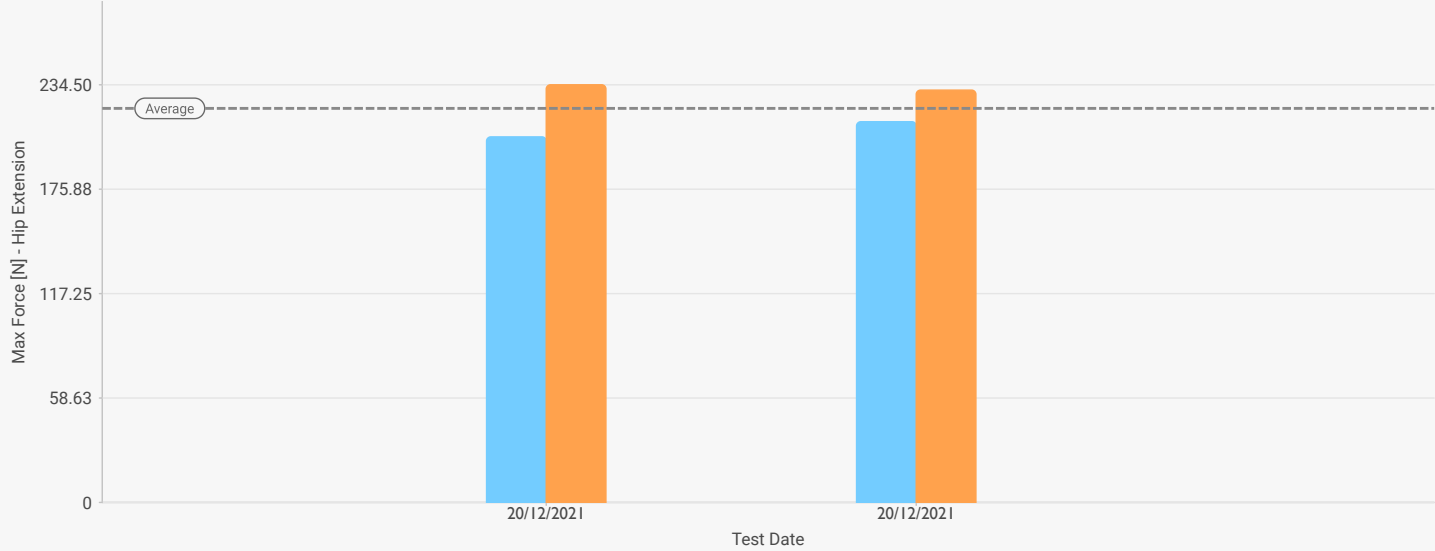
Internal Rotation Max Force [N] - Hip IR/ER

Range      Average  
167.25 - 173      170.13



Extension Max Force [N] - Hip Extension

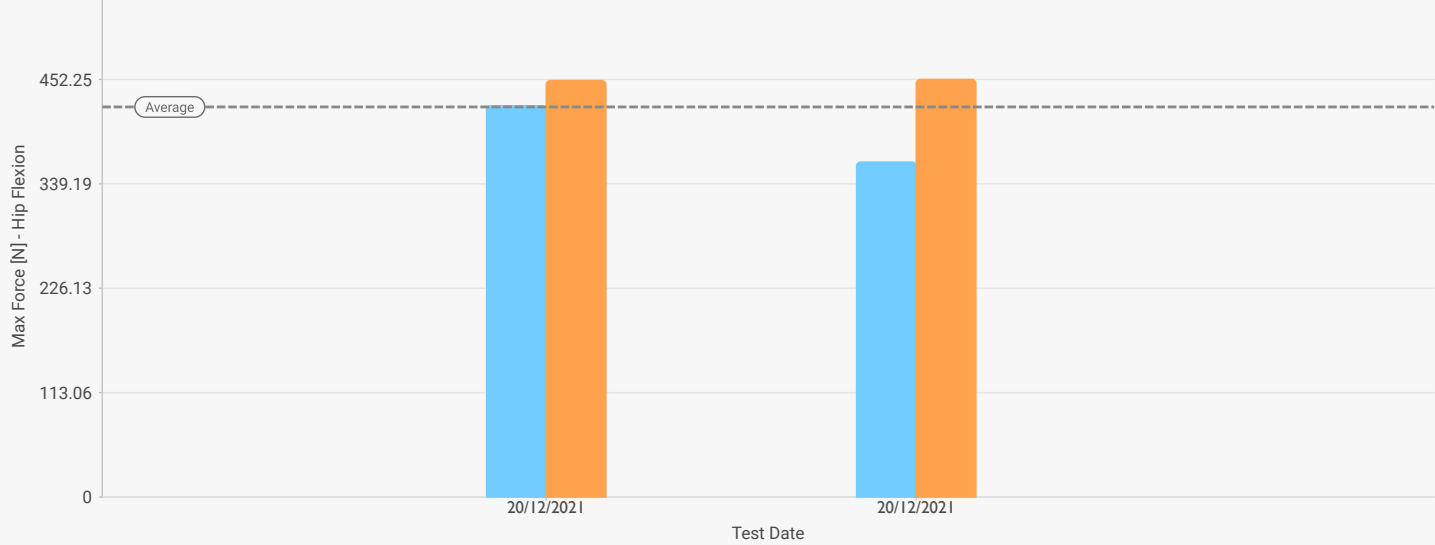
Range      Average  
205.25 - 234.5      221.25





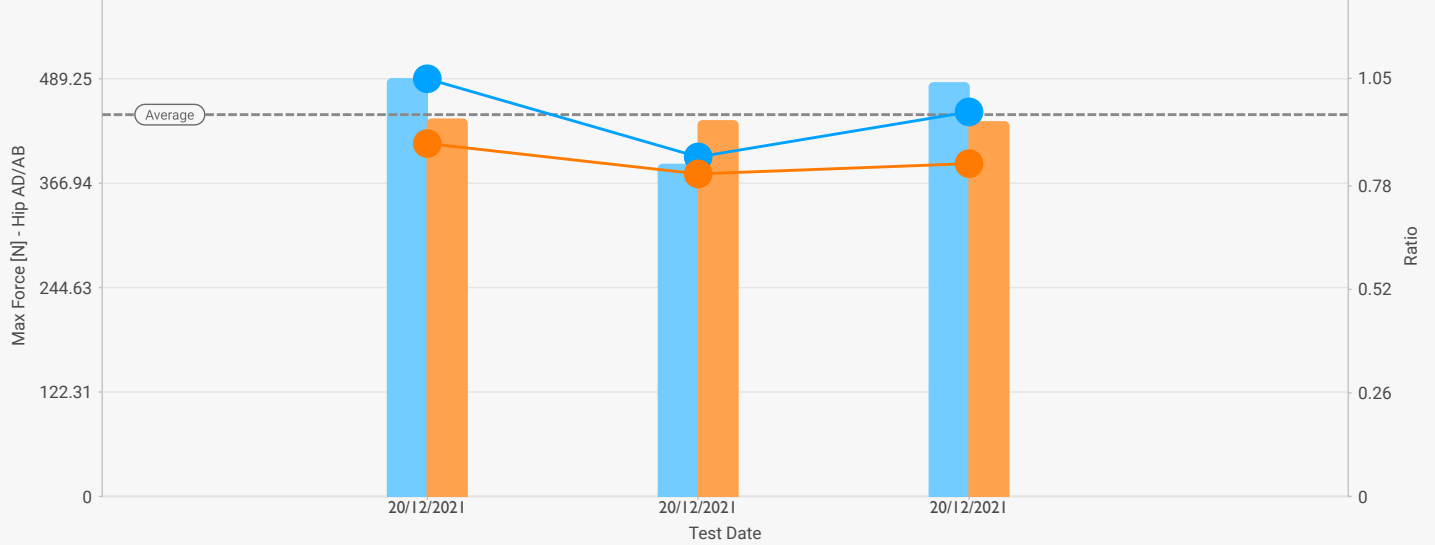
Flexion Max Force [N] - Hip Flexion

Range      Average  
362.75 - 452.25      422.44



Adduction Max Force [N] - Hip AD/AB

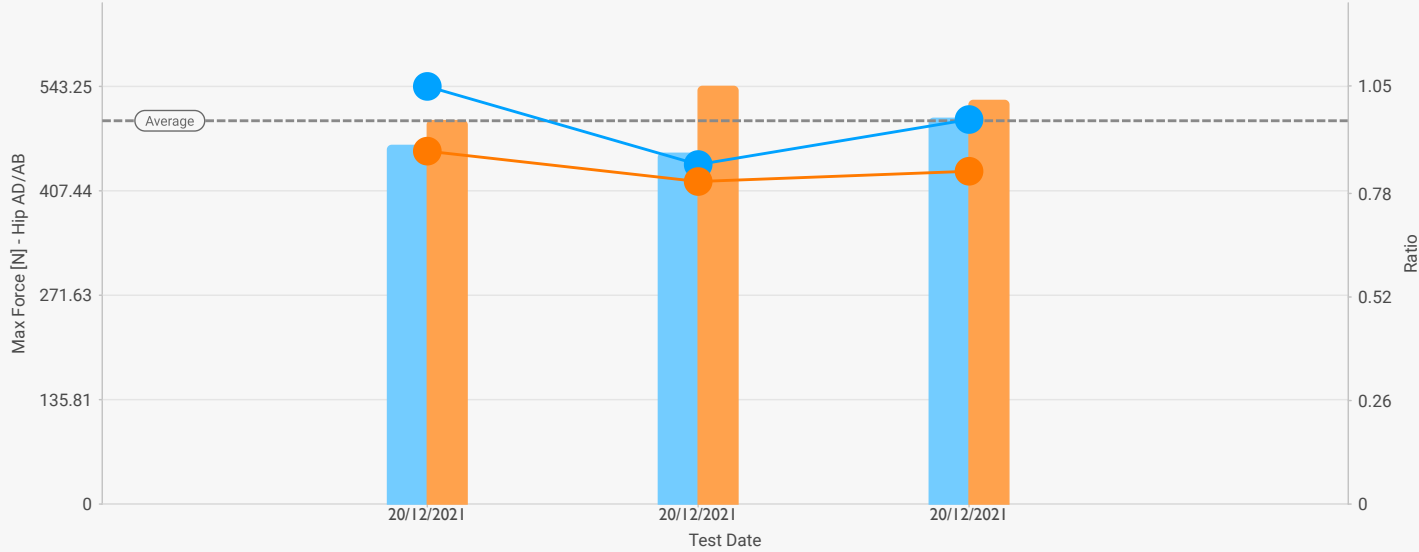
Range      Average  
389 - 489.25      447.25





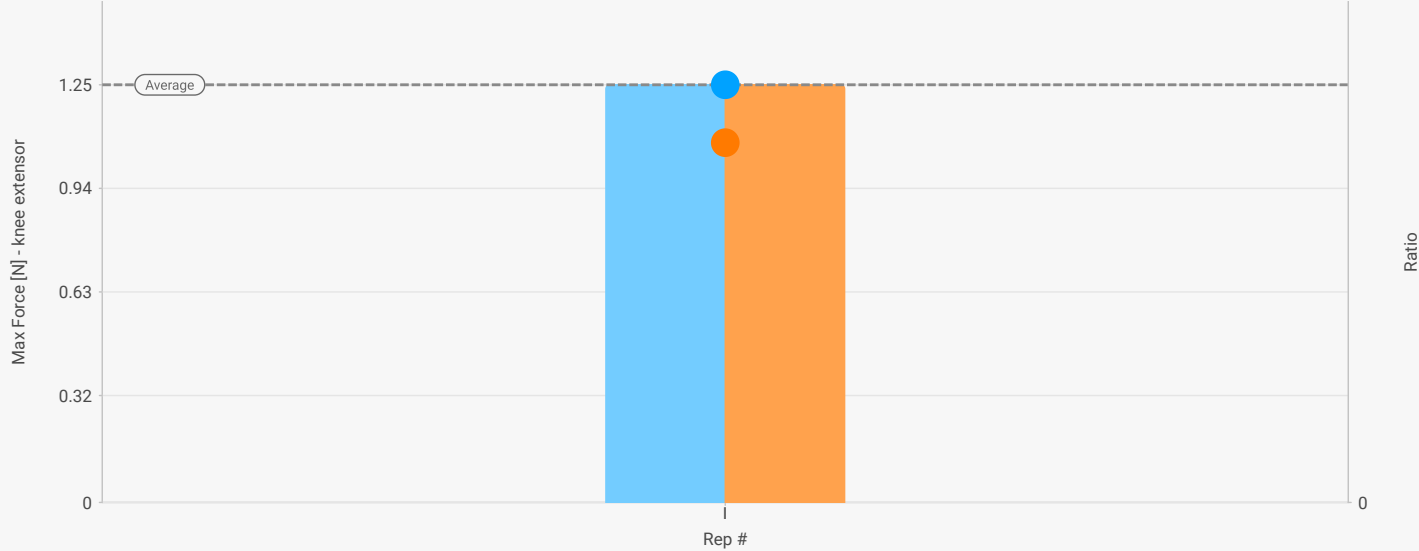
Abduction Max Force [N] - Hip AD/AB

Range      Average  
456.25 - 543.25      498.58



Max Force [N] - knee extensor

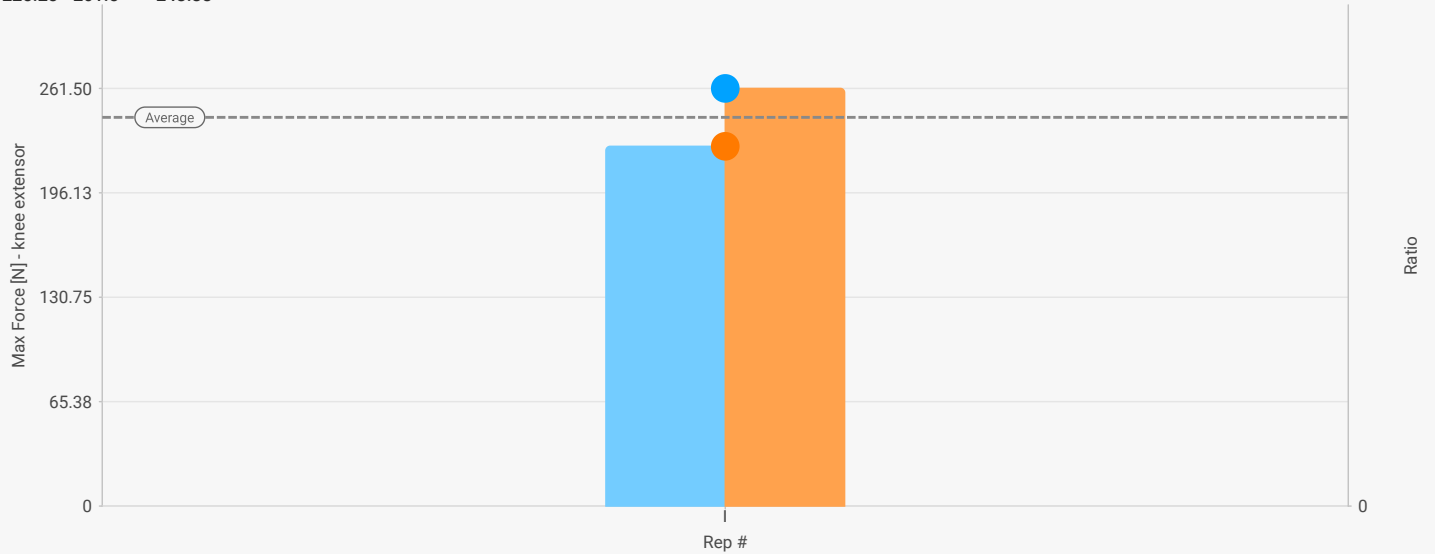
Range      Average  
1.25 - 1.25      1.25





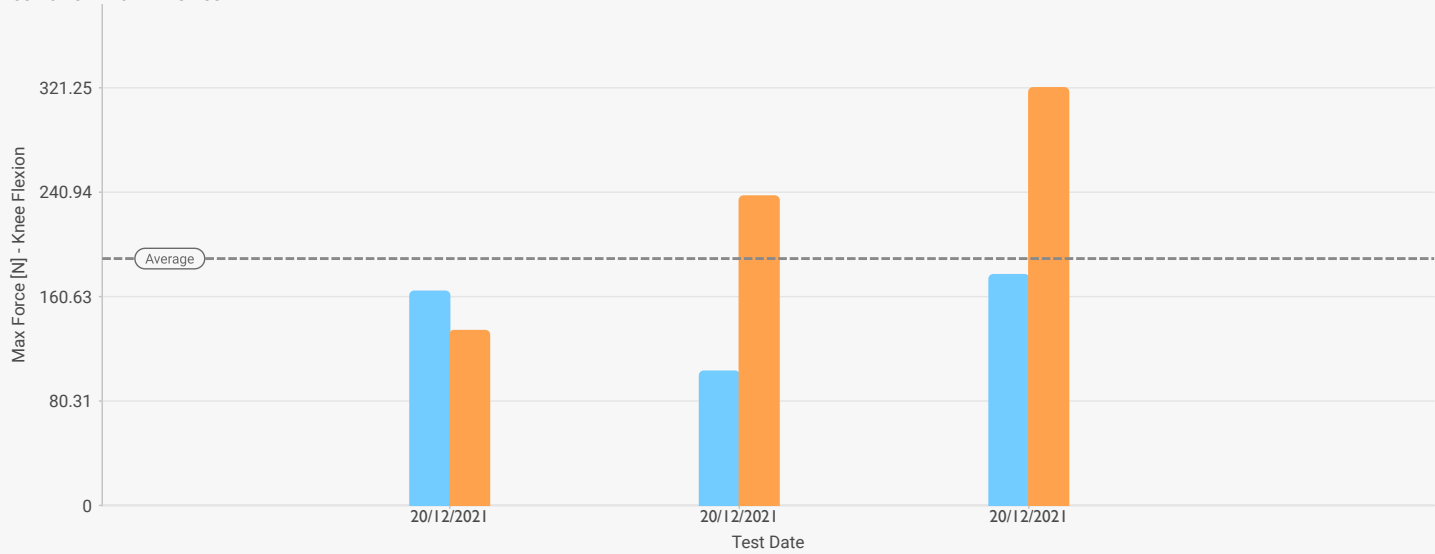
Max Force [N] - knee extensor

Range      Average  
225.25 - 261.5      243.38



Knee Flexion Max Force [N] - Knee Flexion

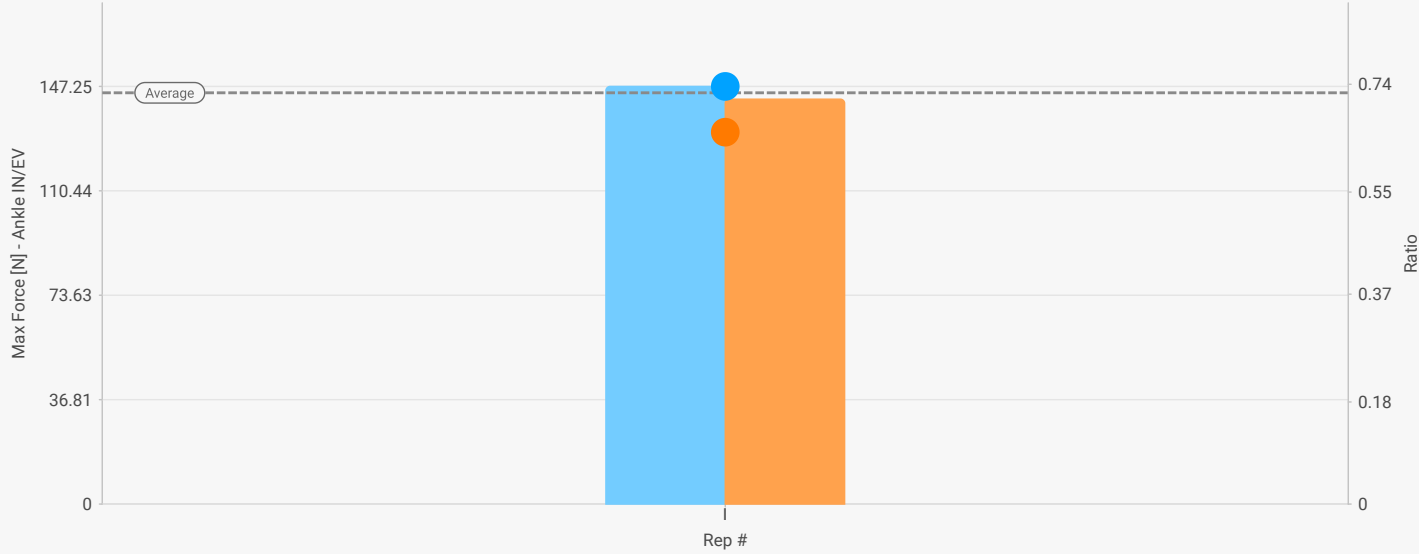
Range      Average  
103.25 - 321.25      189.88





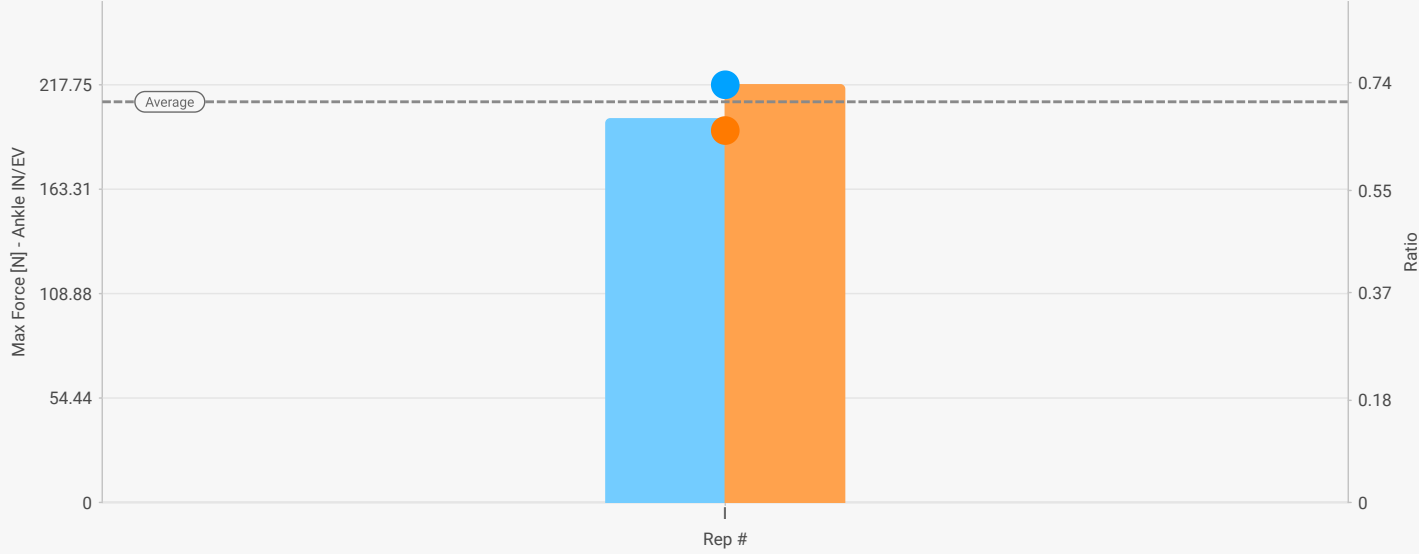
Inversion Max Force [N] - Ankle IN/EV

Range      Average  
142.75 - 147.25      145



Eversion Max Force [N] - Ankle IN/EV

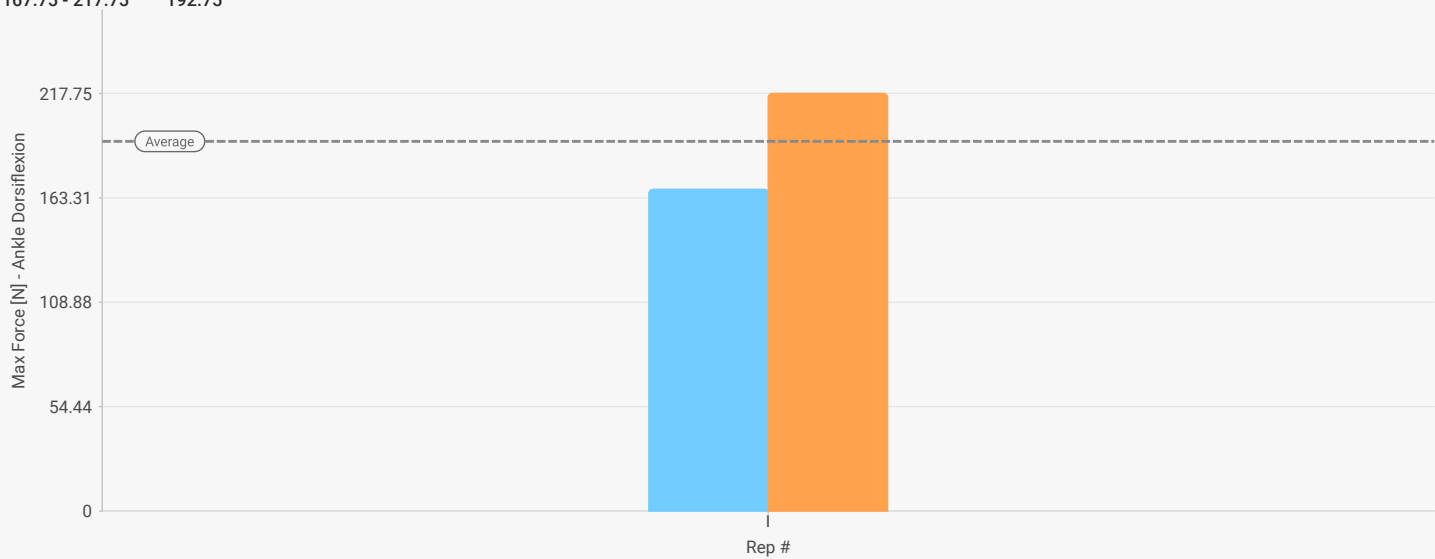
Range      Average  
200 - 217.75      208.88





Dorsiflexion Max Force [N] - Ankle Dorsiflexion

Range      Average  
167.75 - 217.75      192.75



External Rotation Asymmetry [%] - Hip IR/ER

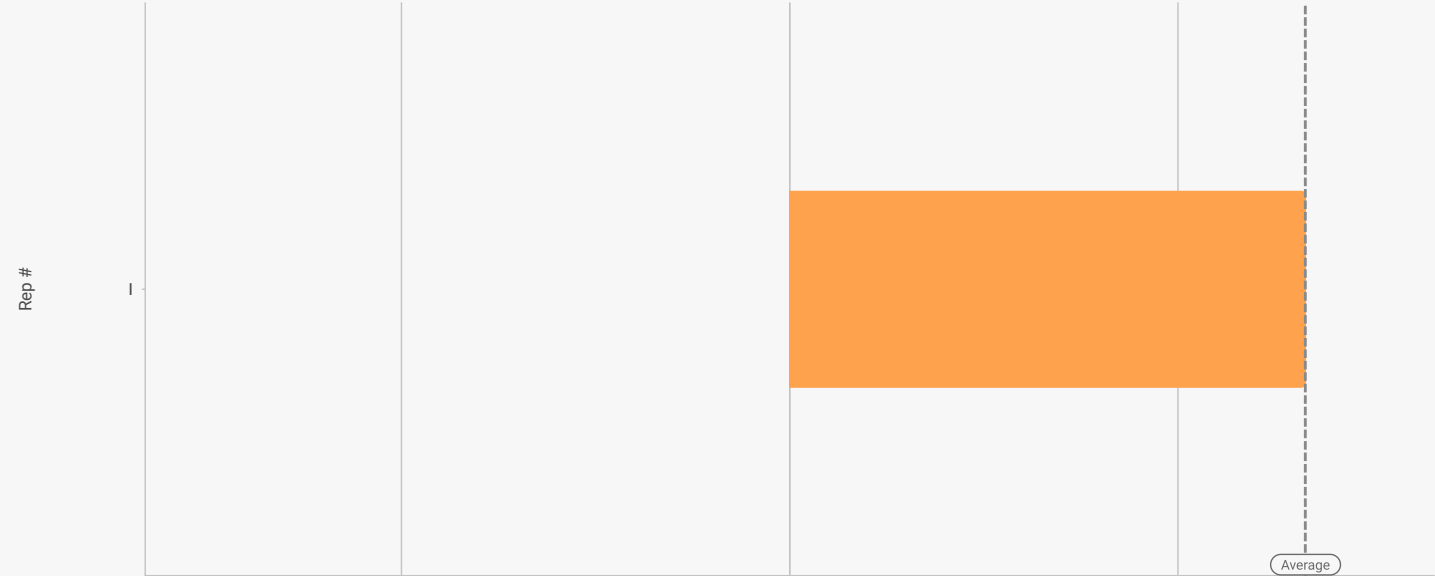
Range      Average  
6.35 L - 6.35 R      6.35 L





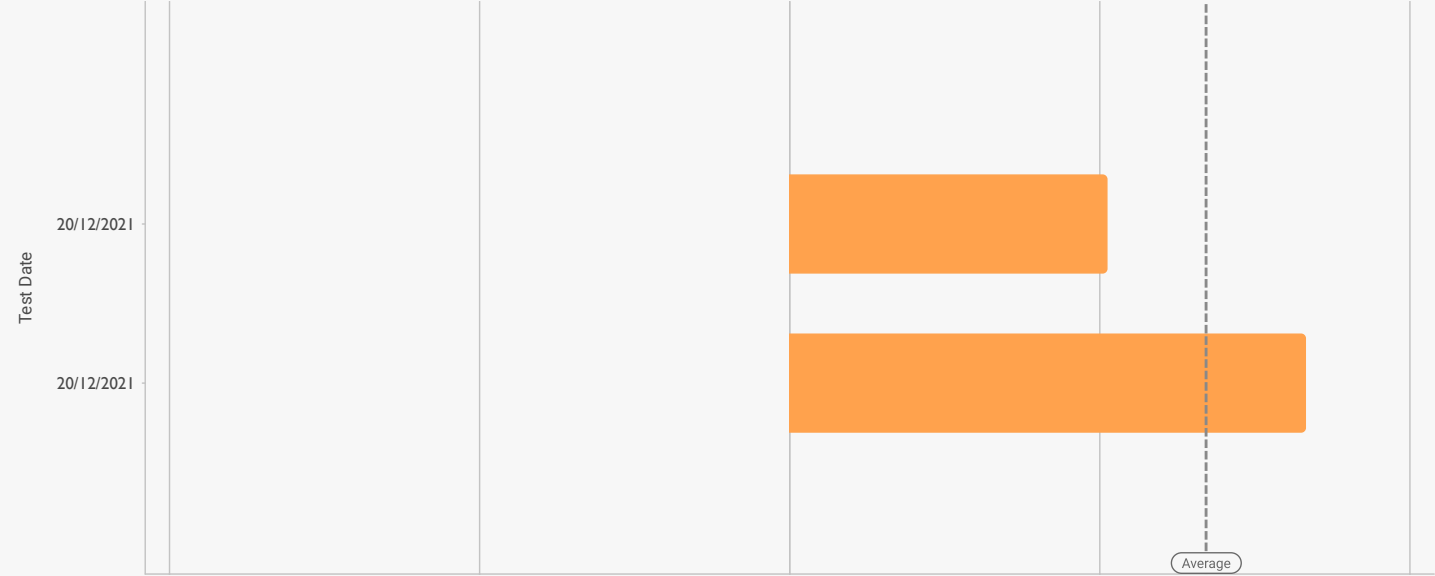
Internal Rotation Asymmetry [%] - Hip IR/ER

Range      Average  
3.32 L - 3.32 R      3.32 R



Extension Asymmetry [%] - Hip Extension

Range      Average  
7.67 L - 12.47 R      10.07 R

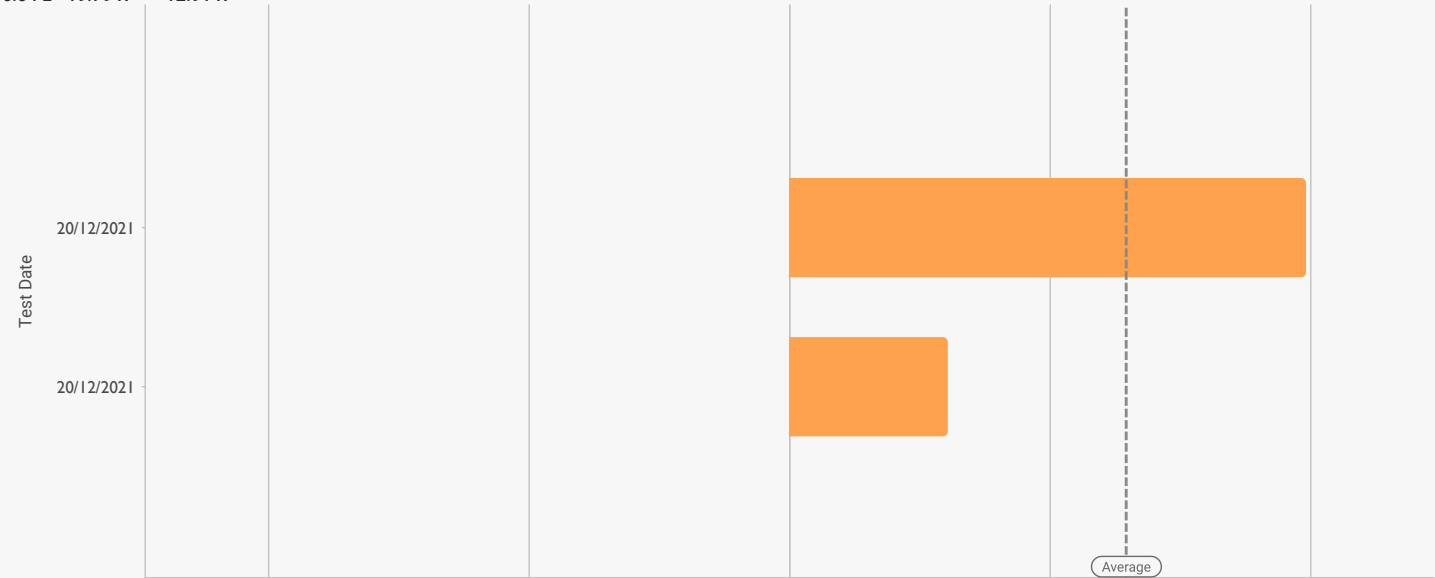






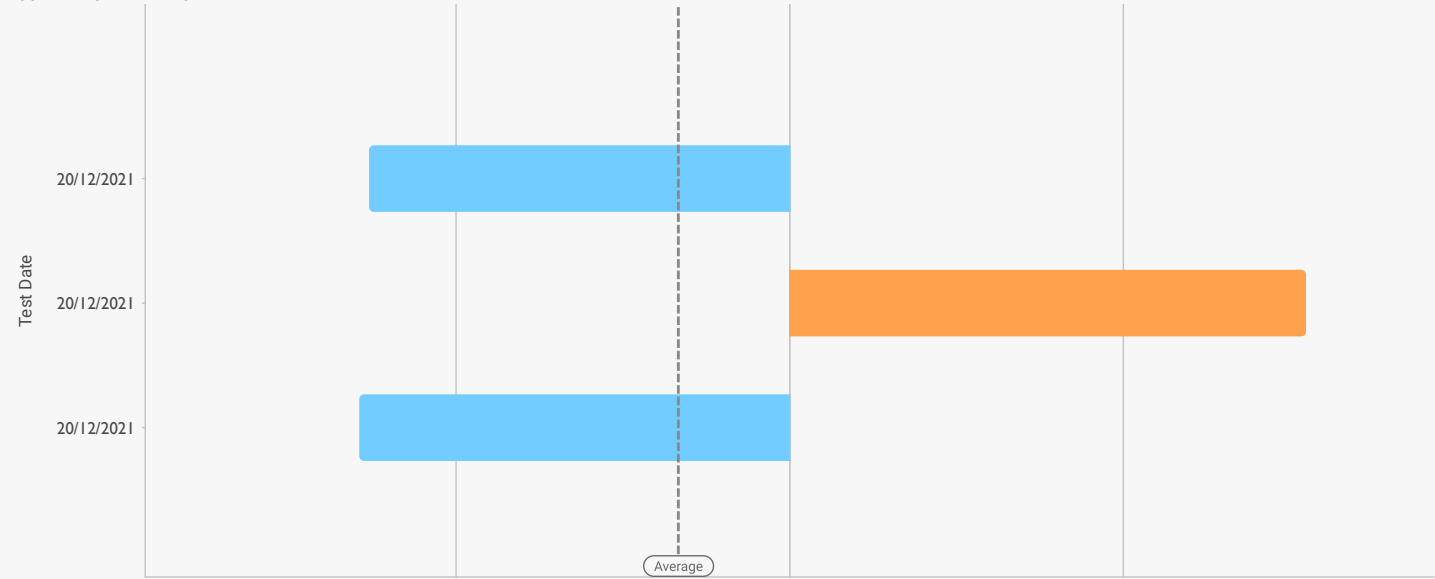
Flexion Asymmetry [%] - Hip Flexion

Range      Average  
6.04 L - 19.79 R      12.91 R



Adduction Asymmetry [%] - Hip AD/AB

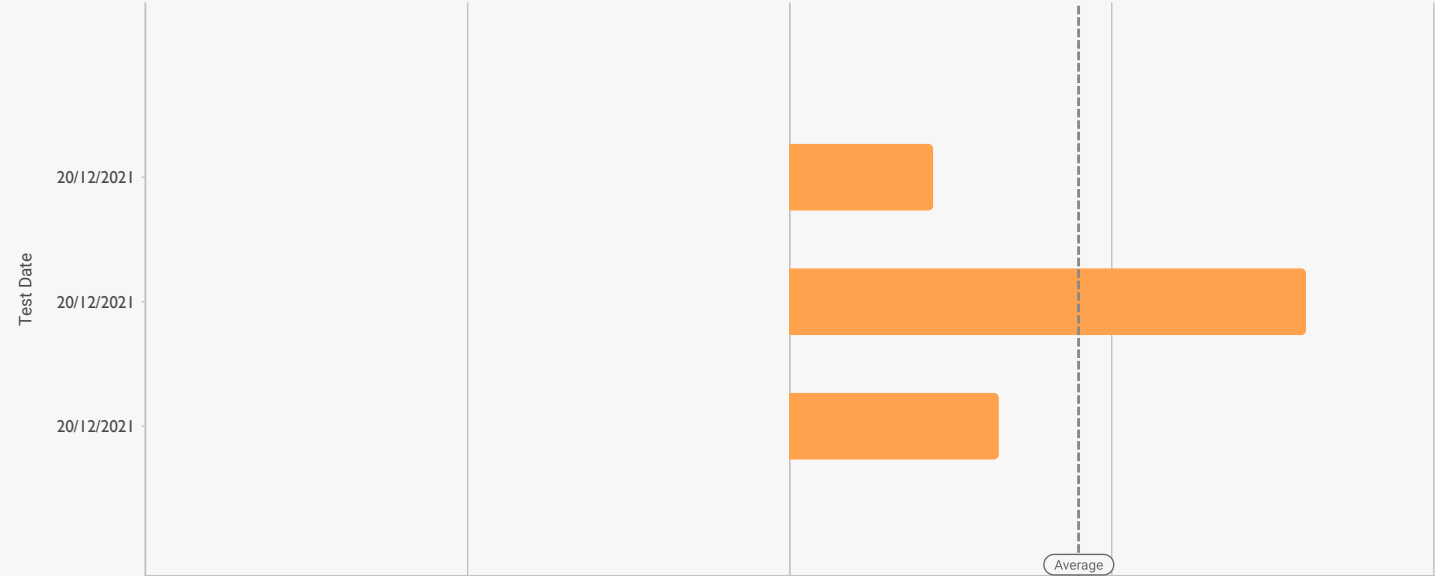
Range      Average  
9.66 L - 11.59 R      2.5 L





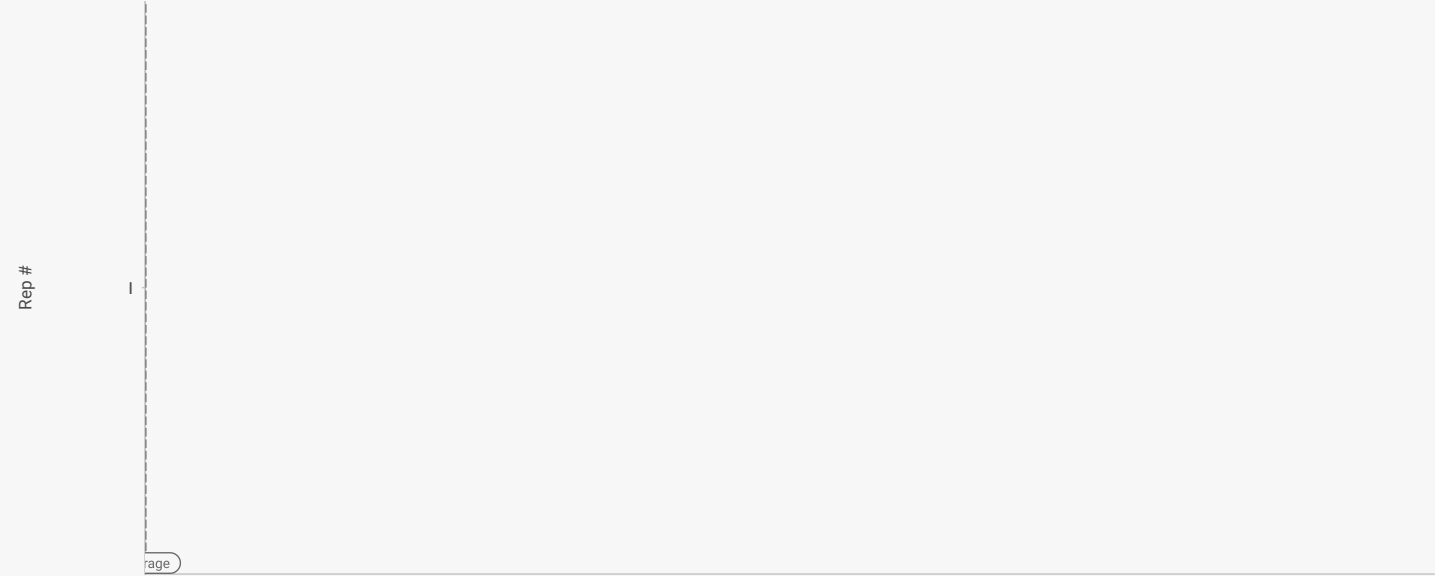
Abduction Asymmetry [%] - Hip AD/AB

Range      Average  
4.43 L - 16.01 R      8.97 R



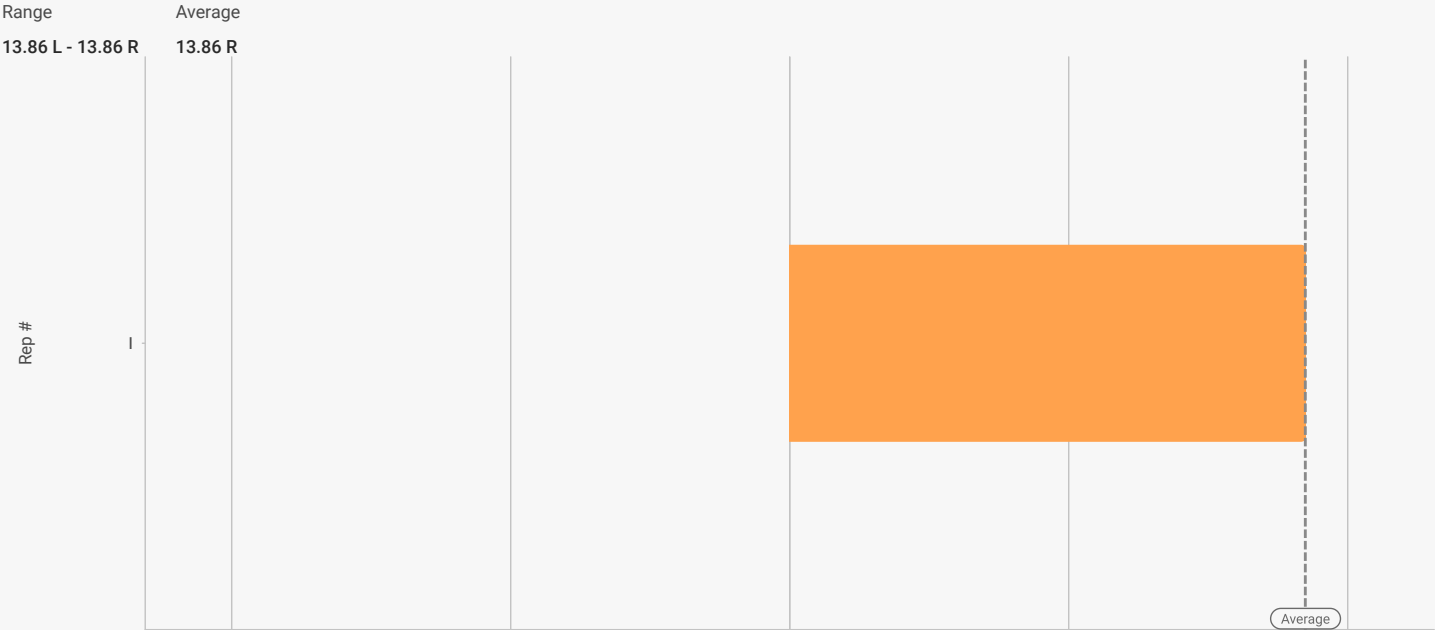
Asymmetry [%] - knee extensor

Range      Average  
0 L - 0 R      0 R

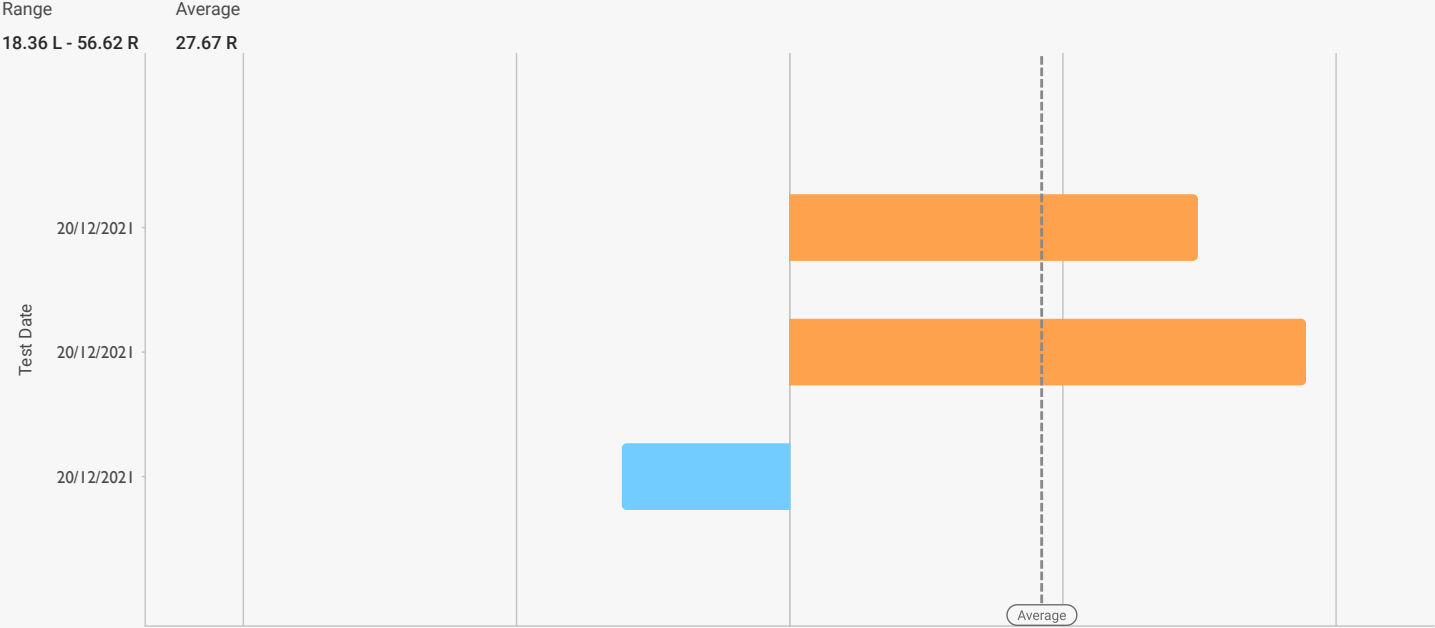




Asymmetry [%] - knee extensor



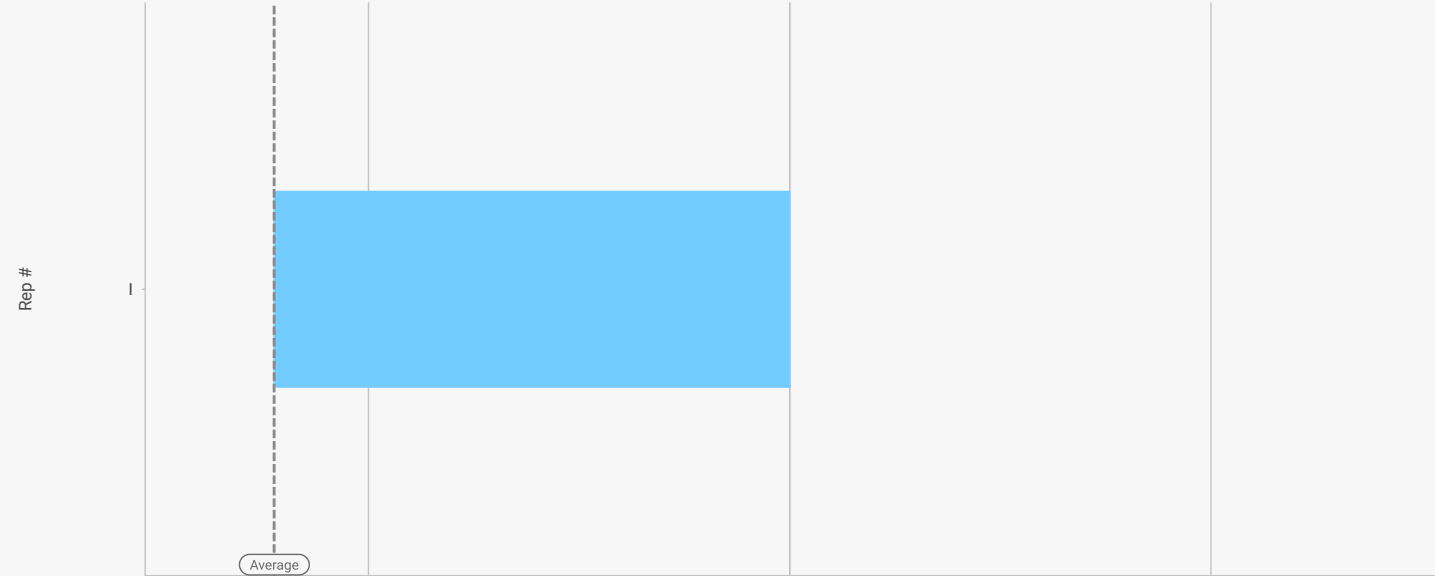
Knee Flexion Asymmetry [%] - Knee Flexion





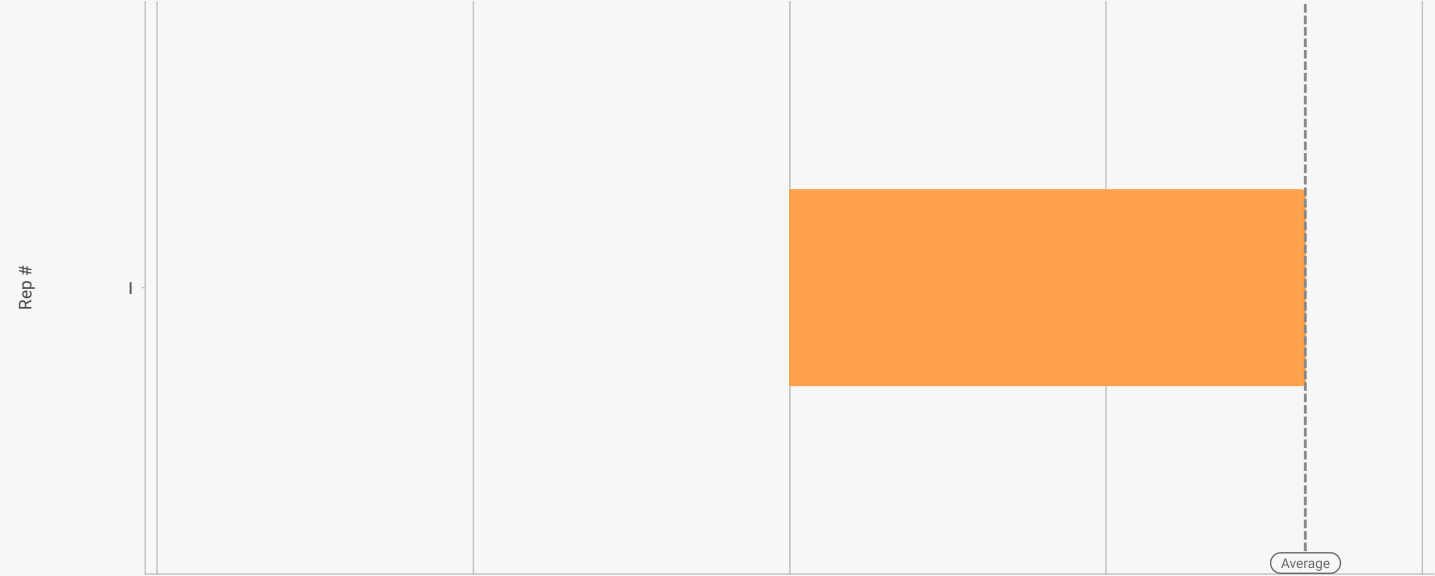
Inversion Asymmetry [%] - Ankle IN/EV

Range      Average  
3.06 L - 3.06 R      3.06 L



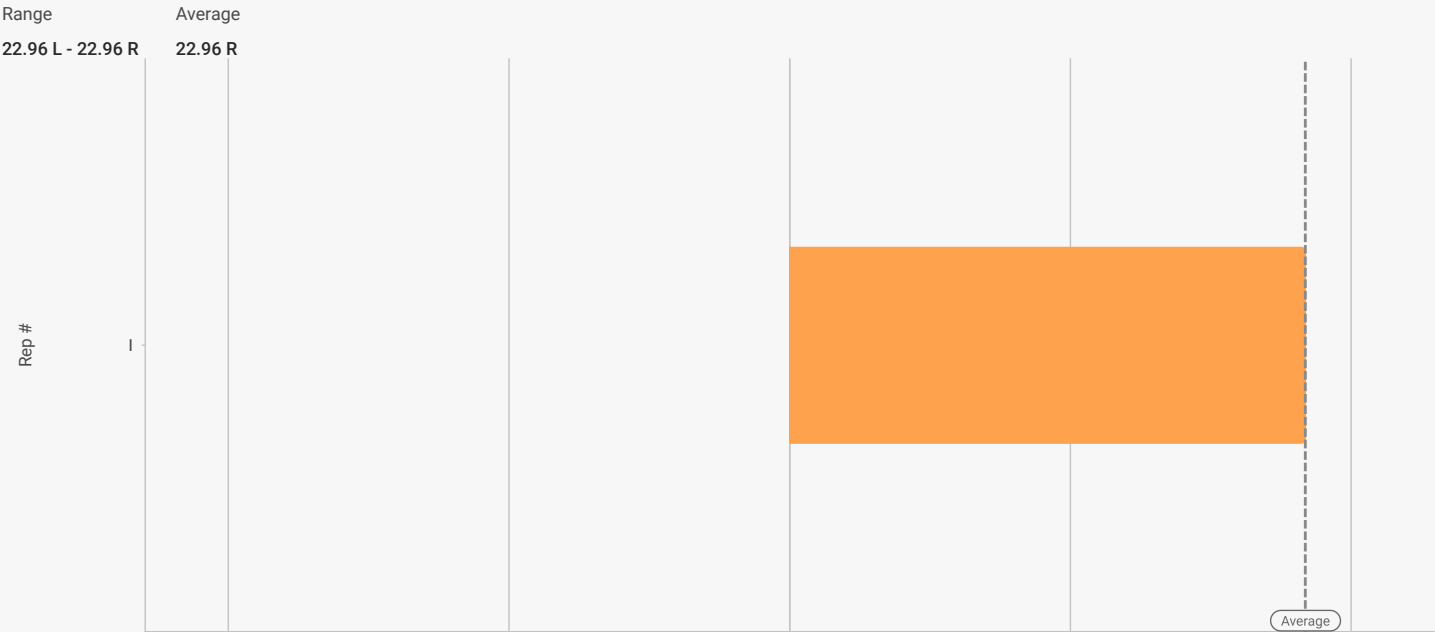
Eversion Asymmetry [%] - Ankle IN/EV

Range      Average  
8.15 L - 8.15 R      8.15 R

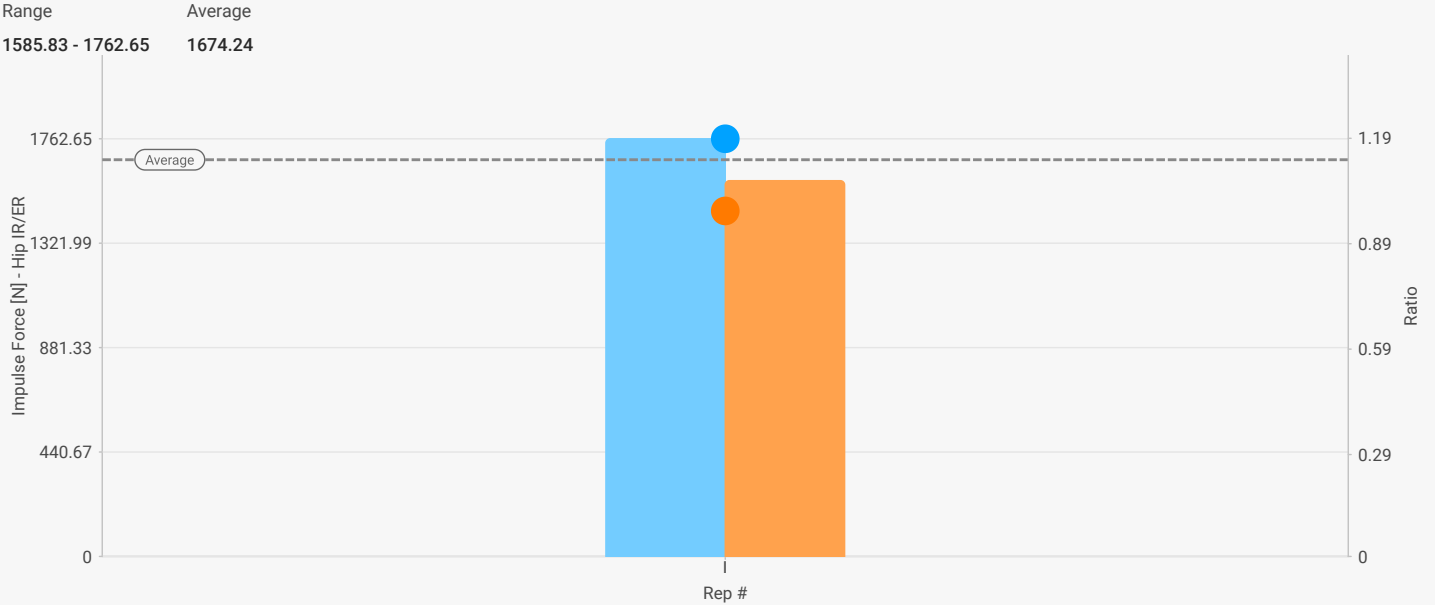




Dorsiflexion Asymmetry [%] - Ankle Dorsiflexion



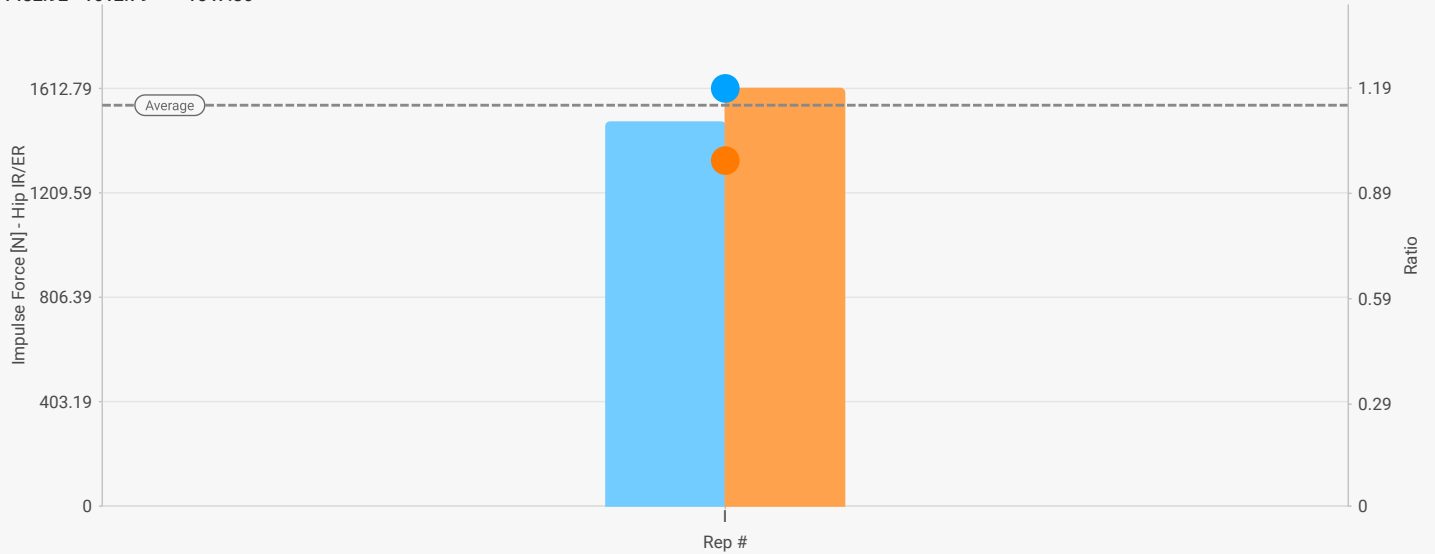
External Rotation Impulse Force [N] - Hip IR/ER





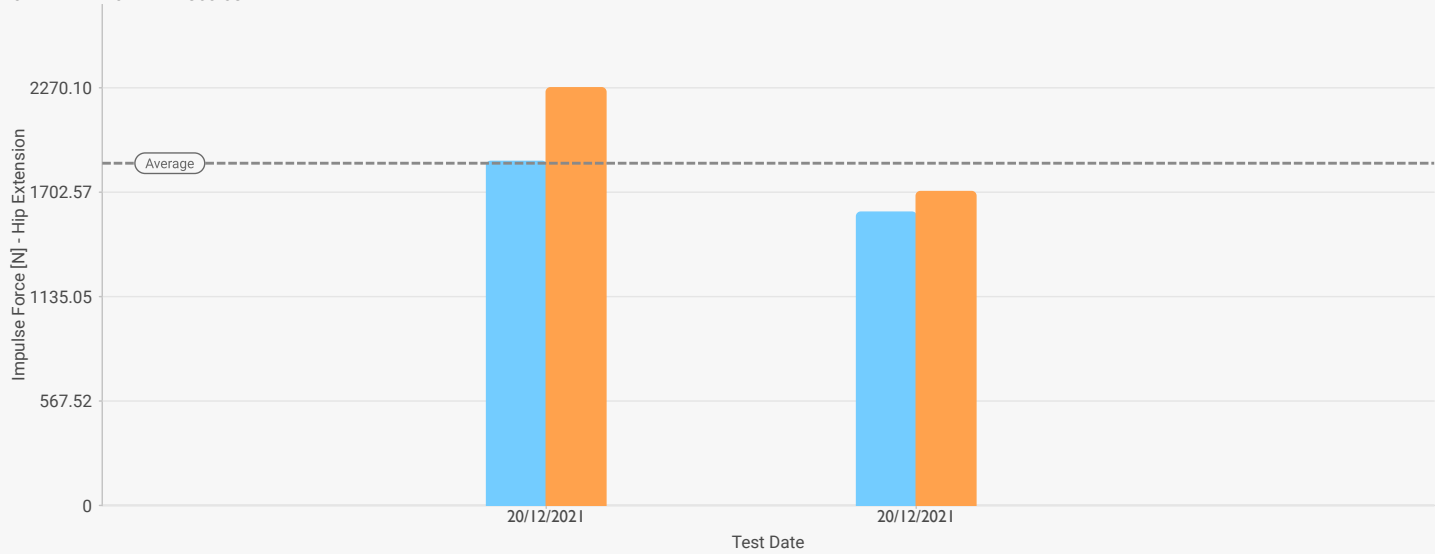
Internal Rotation Impulse Force [N] - Hip IR/ER

Range      Average  
1482.92 - 1612.79      1547.86



Extension Impulse Force [N] - Hip Extension

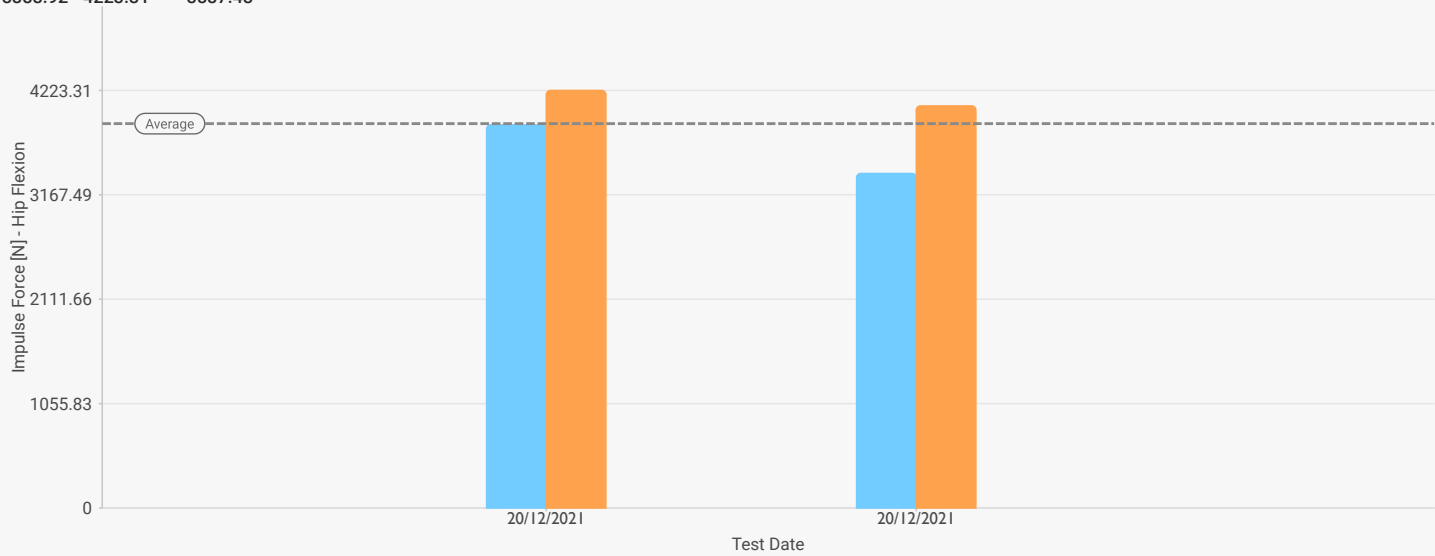
Range      Average  
1594.12 - 2270.1      1860.08





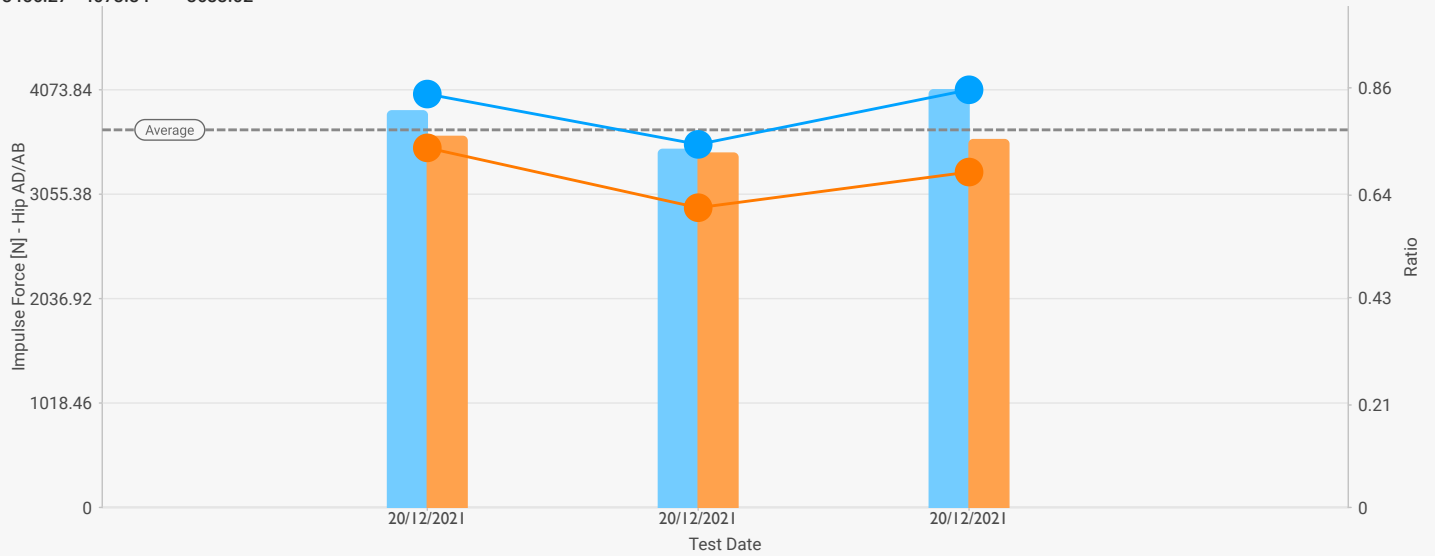
Flexion Impulse Force [N] - Hip Flexion

Range                      Average  
3383.92 - 4223.31      3887.43



Adduction Impulse Force [N] - Hip AD/AB

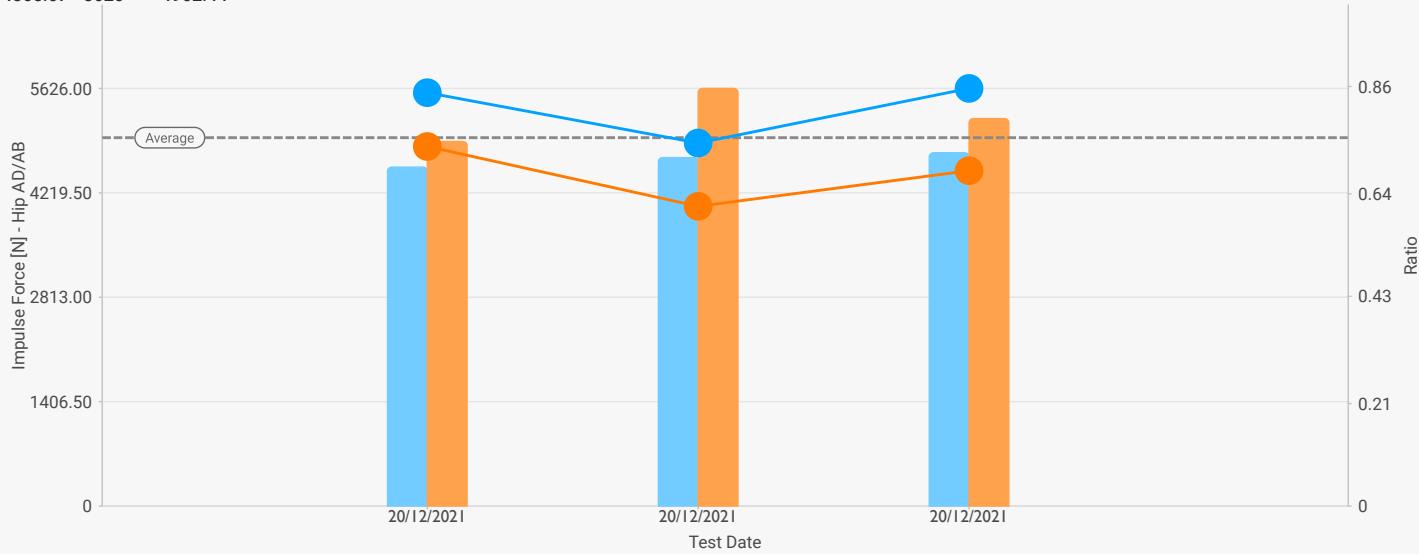
Range                      Average  
3456.27 - 4073.84      3683.02





Abduction Impulse Force [N] - Hip AD/AB

Range      Average  
4565.67 - 5626      4962.44



Impulse Force [N] - knee extensor

Range      Average  
0 - 0      0

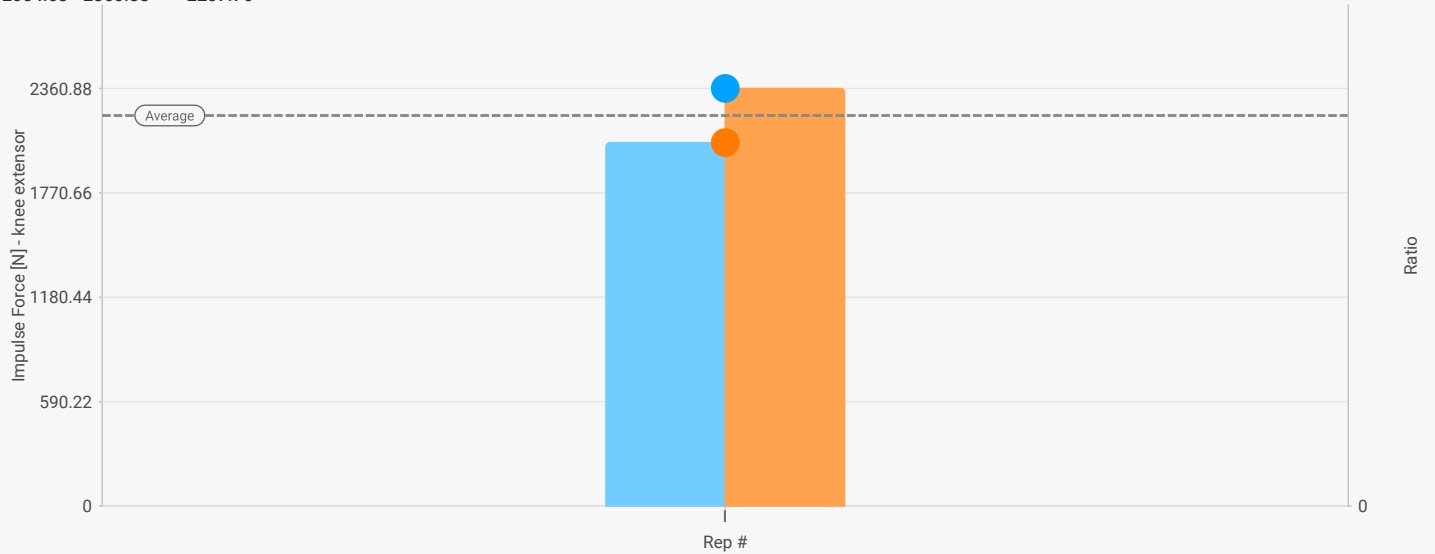






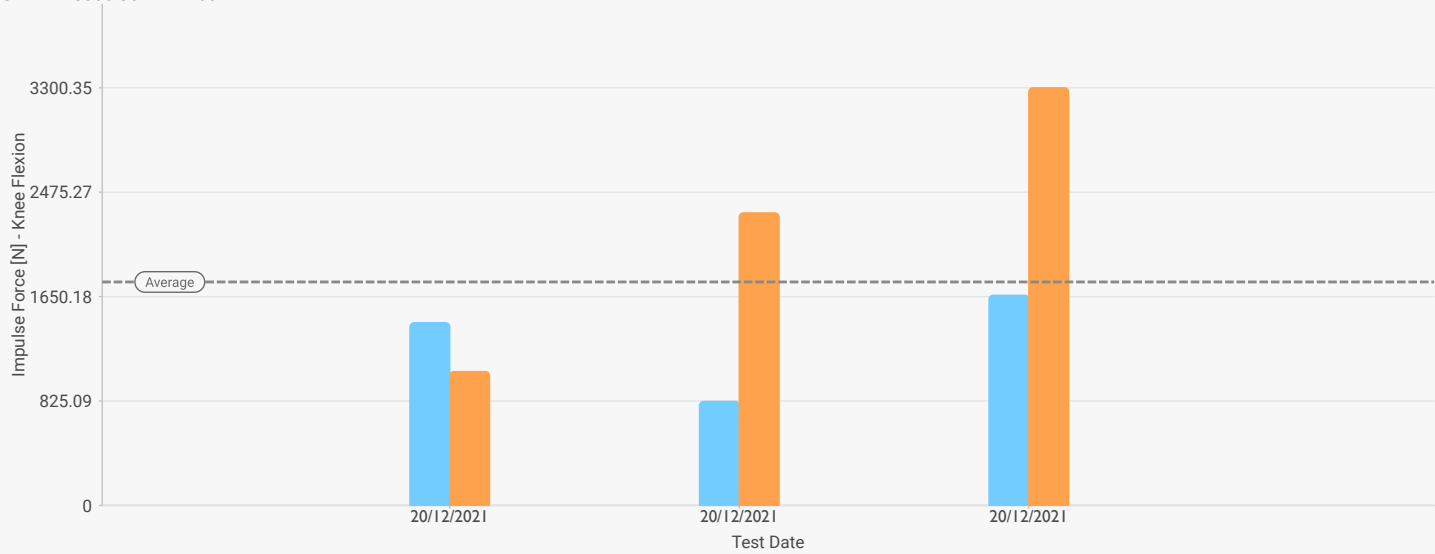
Impulse Force [N] - knee extensor

Range      Average  
2054.63 - 2360.88      2207.76



Knee Flexion Impulse Force [N] - Knee Flexion

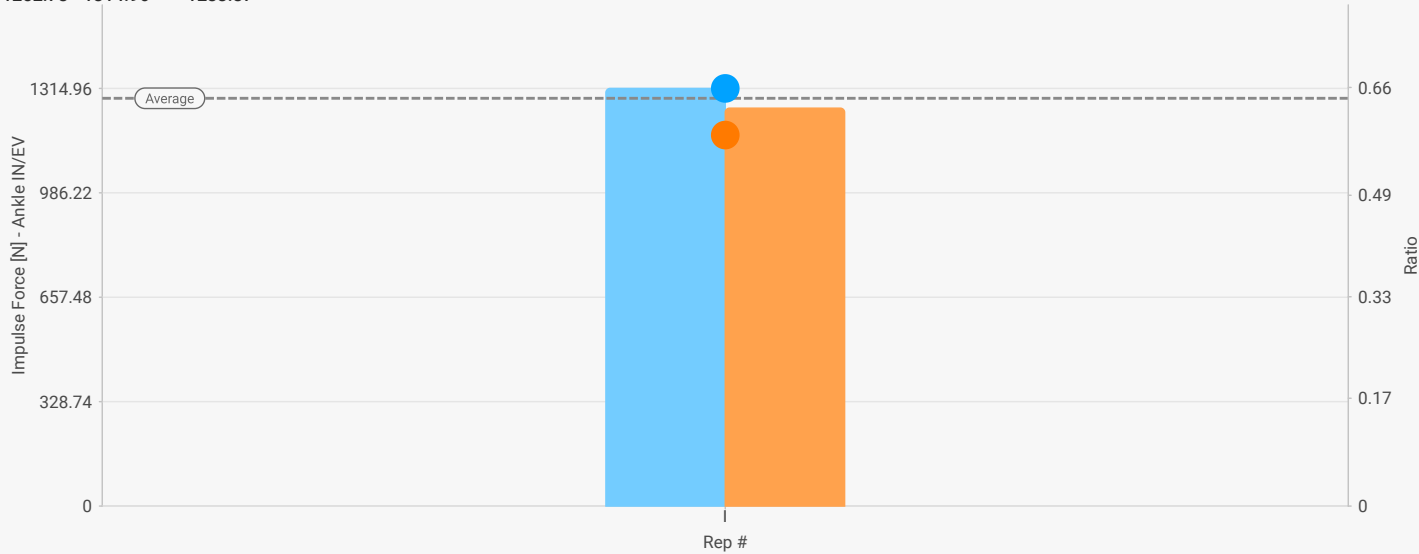
Range      Average  
821.77 - 3300.35      1765.94





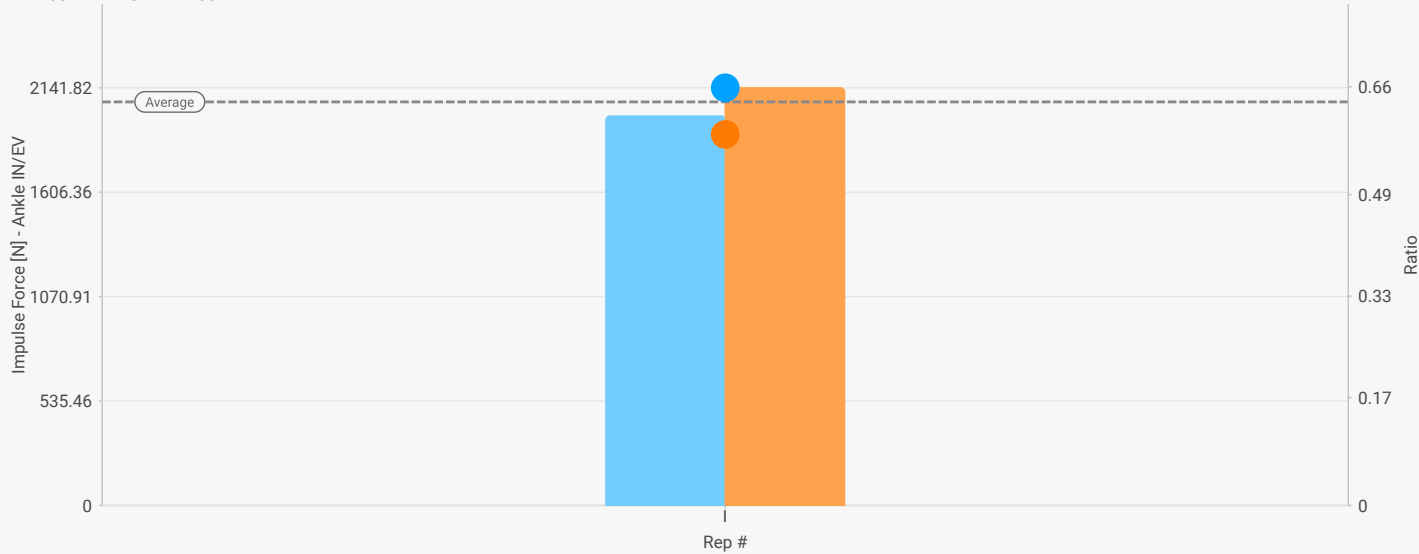
Inversion Impulse Force [N] - Ankle IN/EV

Range      Average  
1252.78 - 1314.96      1283.87



Eversion Impulse Force [N] - Ankle IN/EV

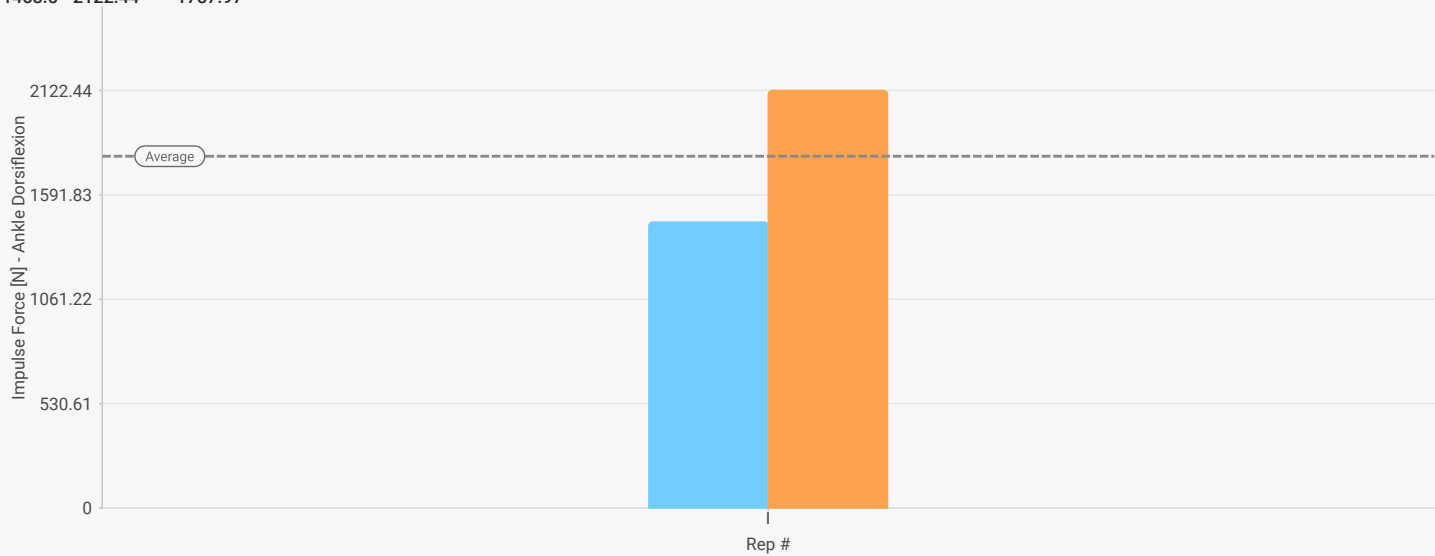
Range      Average  
1997.03 - 2141.82      2069.42





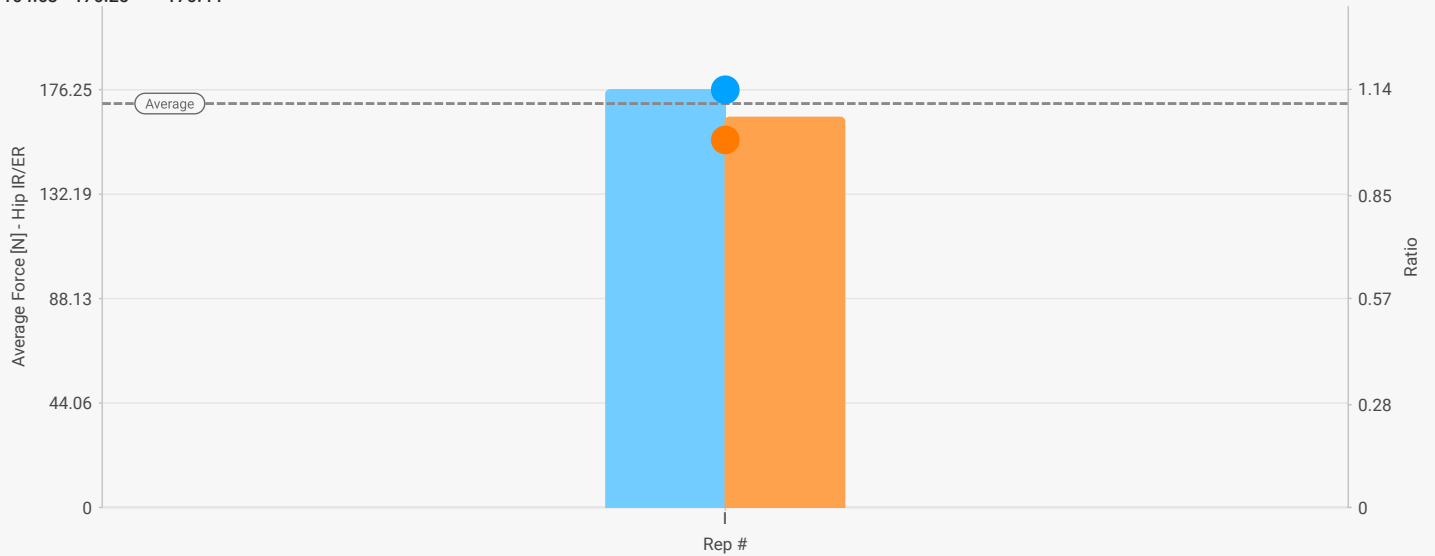
Dorsiflexion Impulse Force [N] - Ankle Dorsiflexion

Range      Average  
1453.5 - 2122.44      1787.97



External Rotation Average Force [N] - Hip IR/ER

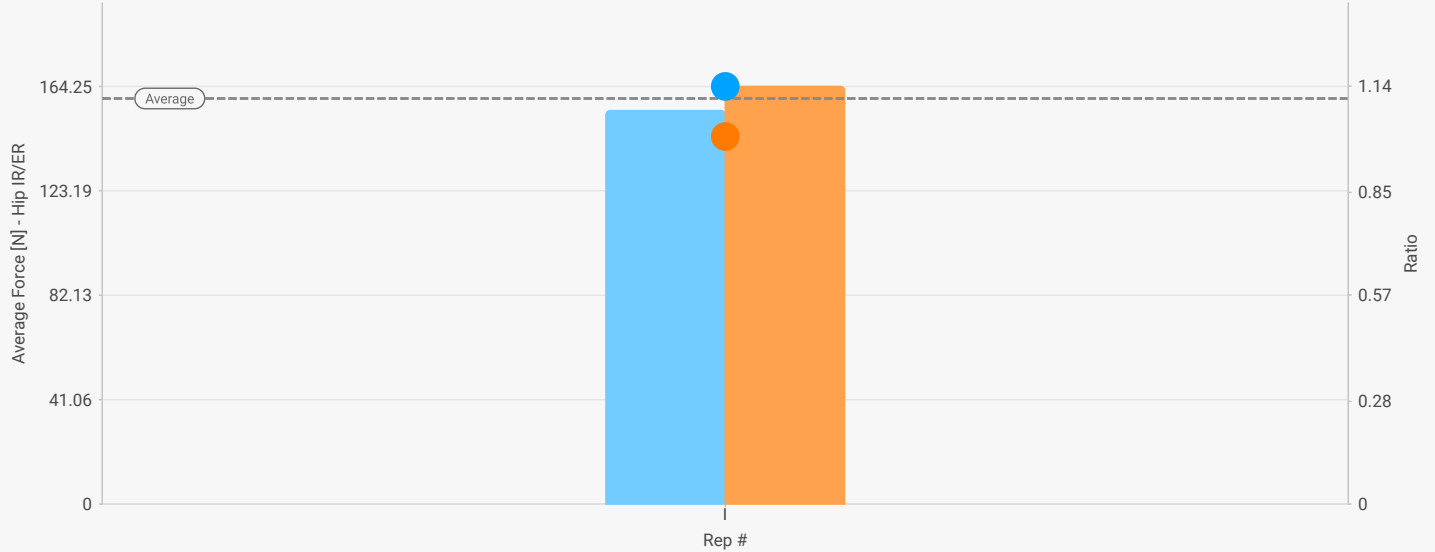
Range      Average  
164.63 - 176.25      170.44





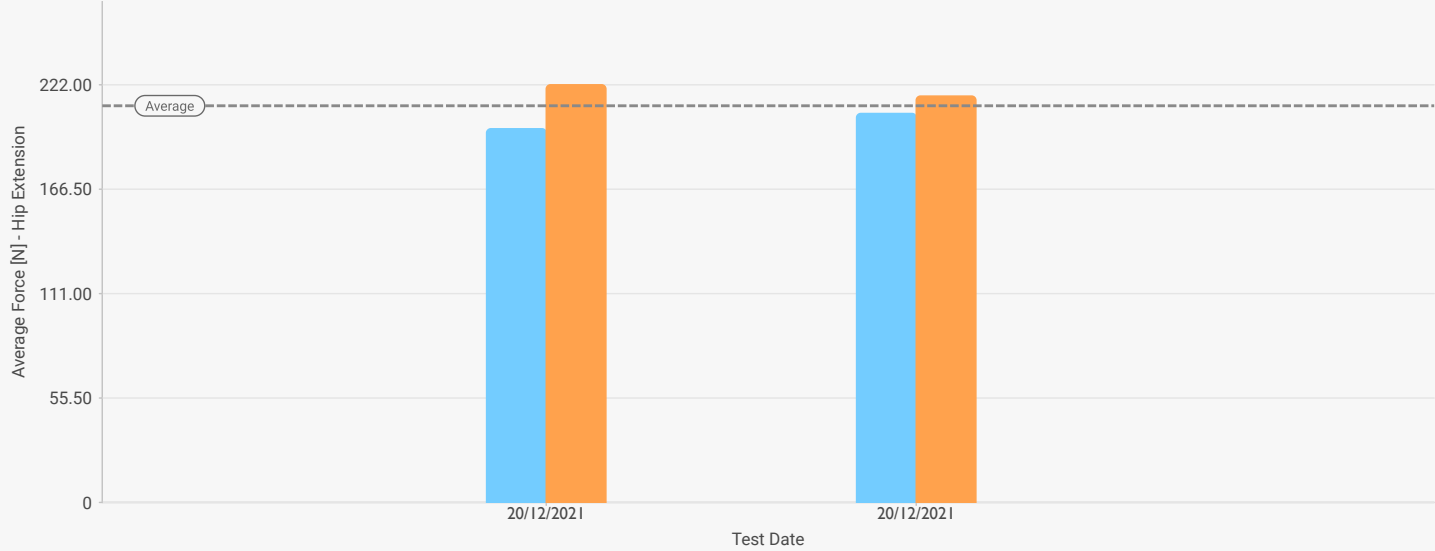
Internal Rotation Average Force [N] - Hip IR/ER

Range      Average  
154.75 - 164.25      159.5



Extension Average Force [N] - Hip Extension

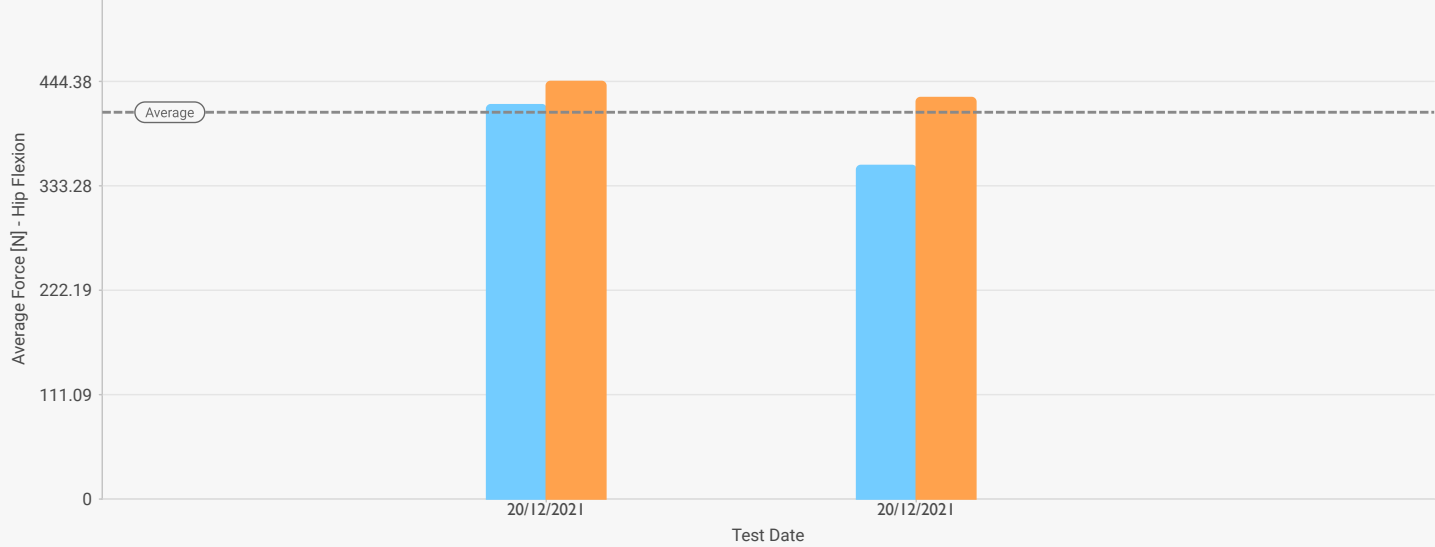
Range      Average  
198.63 - 222      210.84





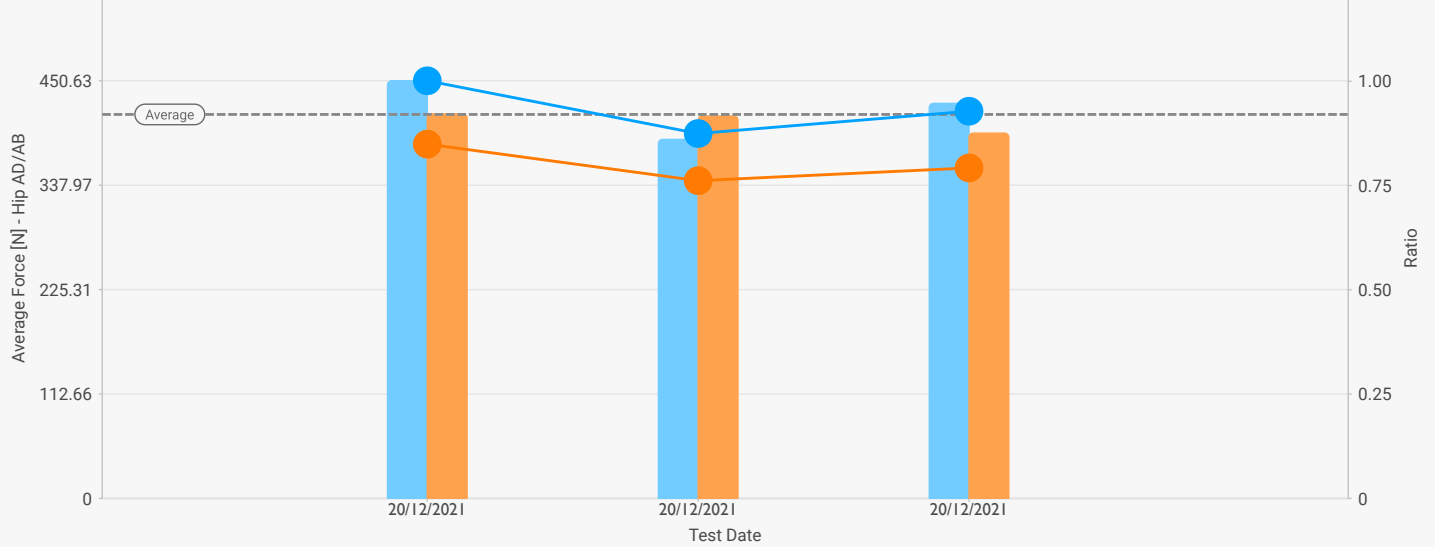
Flexion Average Force [N] - Hip Flexion

Range      Average  
355 - 444.38      411.56



Adduction Average Force [N] - Hip AD/AB

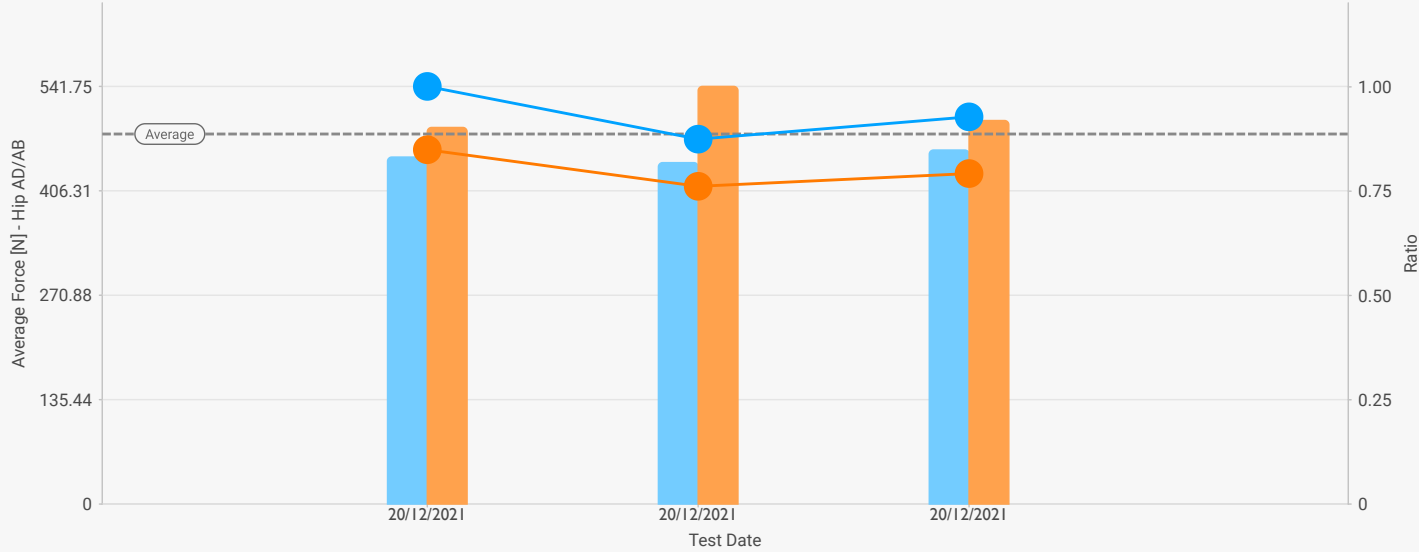
Range      Average  
387.38 - 450.63      414.31





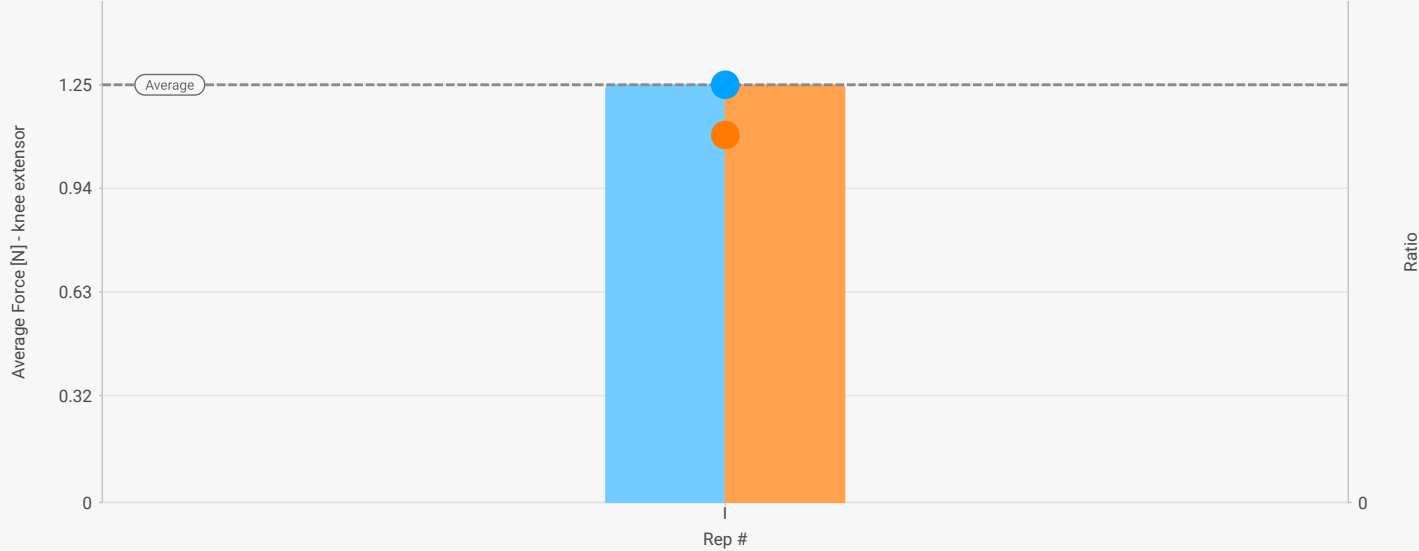
Abduction Average Force [N] - Hip AD/AB

Range      Average  
442.88 - 541.75      480



Average Force [N] - knee extensor

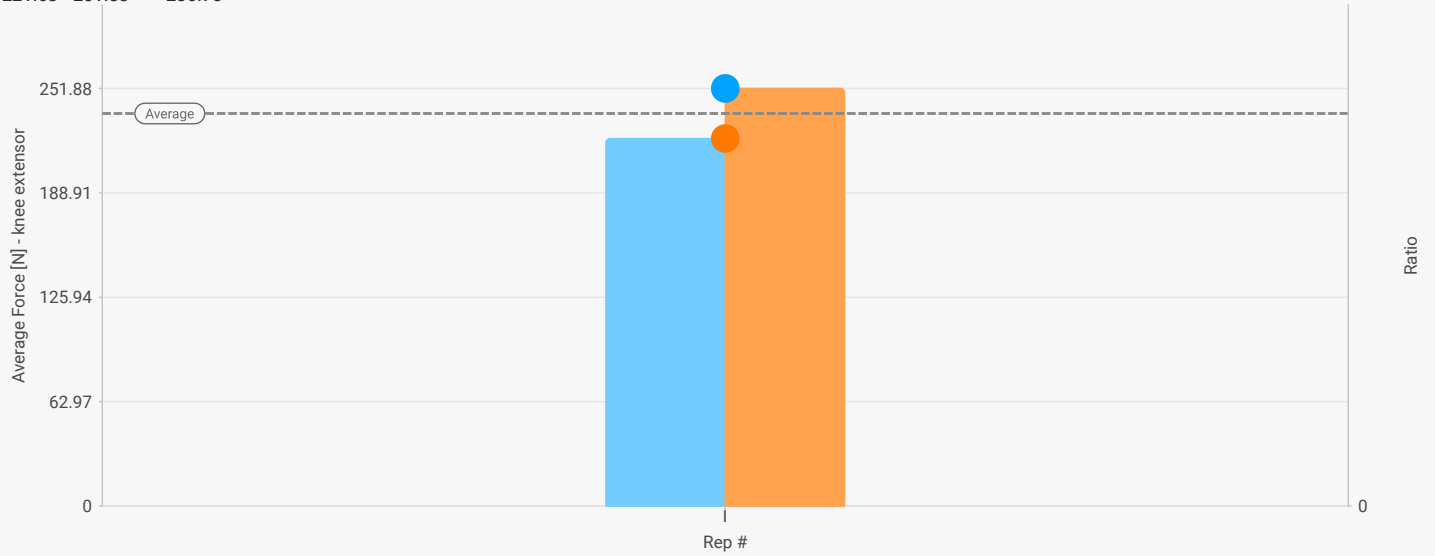
Range      Average  
1.25 - 1.25      1.25





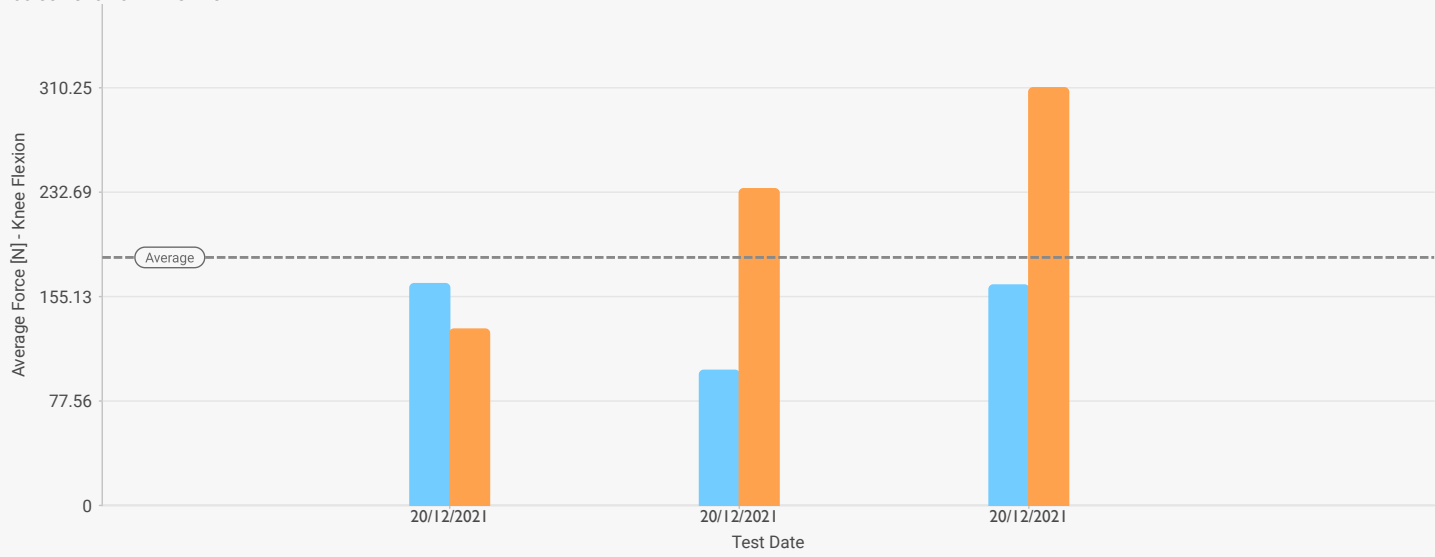
Average Force [N] - knee extensor

Range      Average  
221.63 - 251.88      236.75



Knee Flexion Average Force [N] - Knee Flexion

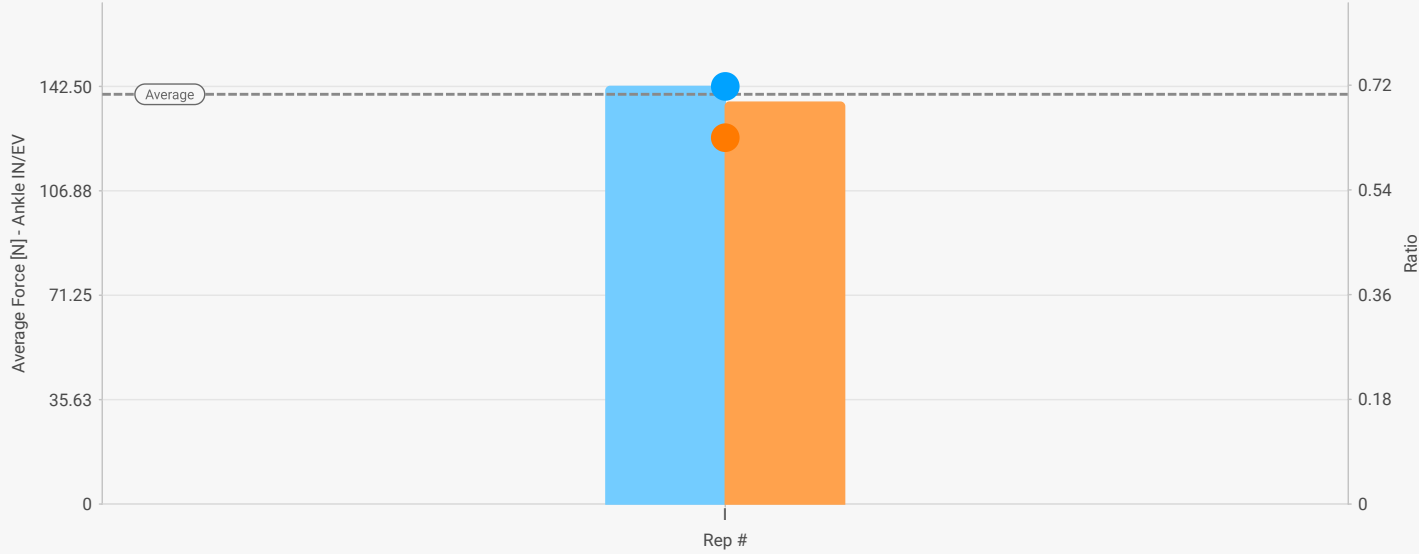
Range      Average  
100.38 - 310.25      184.23





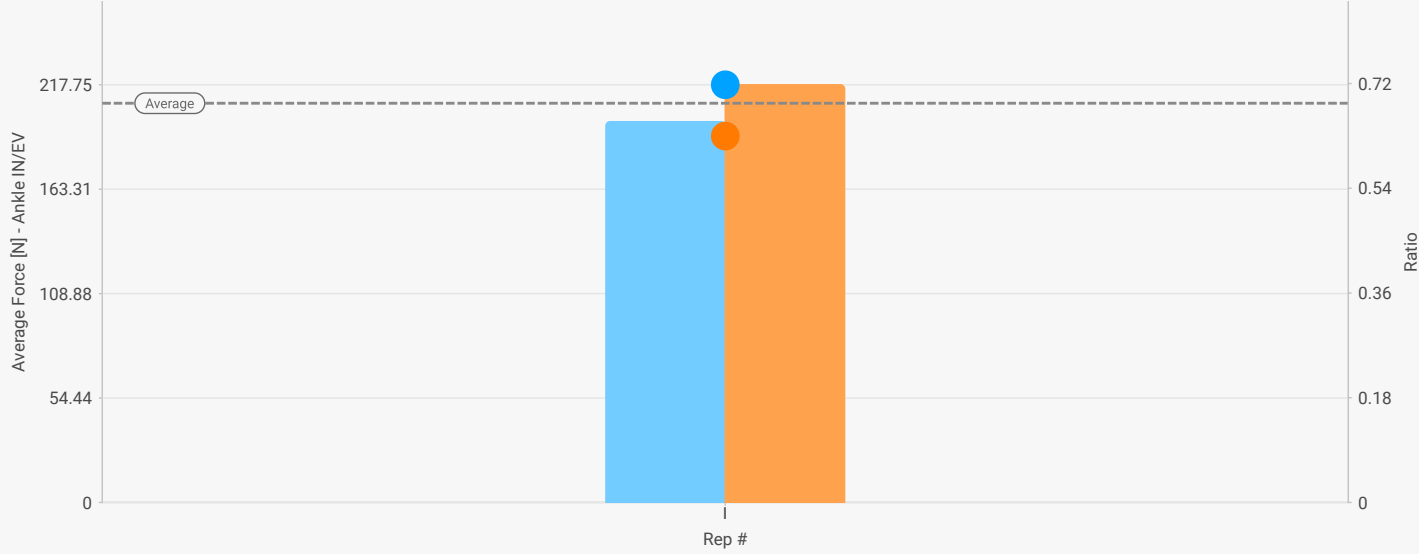
Inversion Average Force [N] - Ankle IN/EV

Range      Average  
137.13 - 142.5      139.81



Eversion Average Force [N] - Ankle IN/EV

Range      Average  
198.5 - 217.75      208.13







Dorsiflexion Average Force [N] - Ankle Dorsiflexion

Range      Average  
162.5 - 212      187.25

