



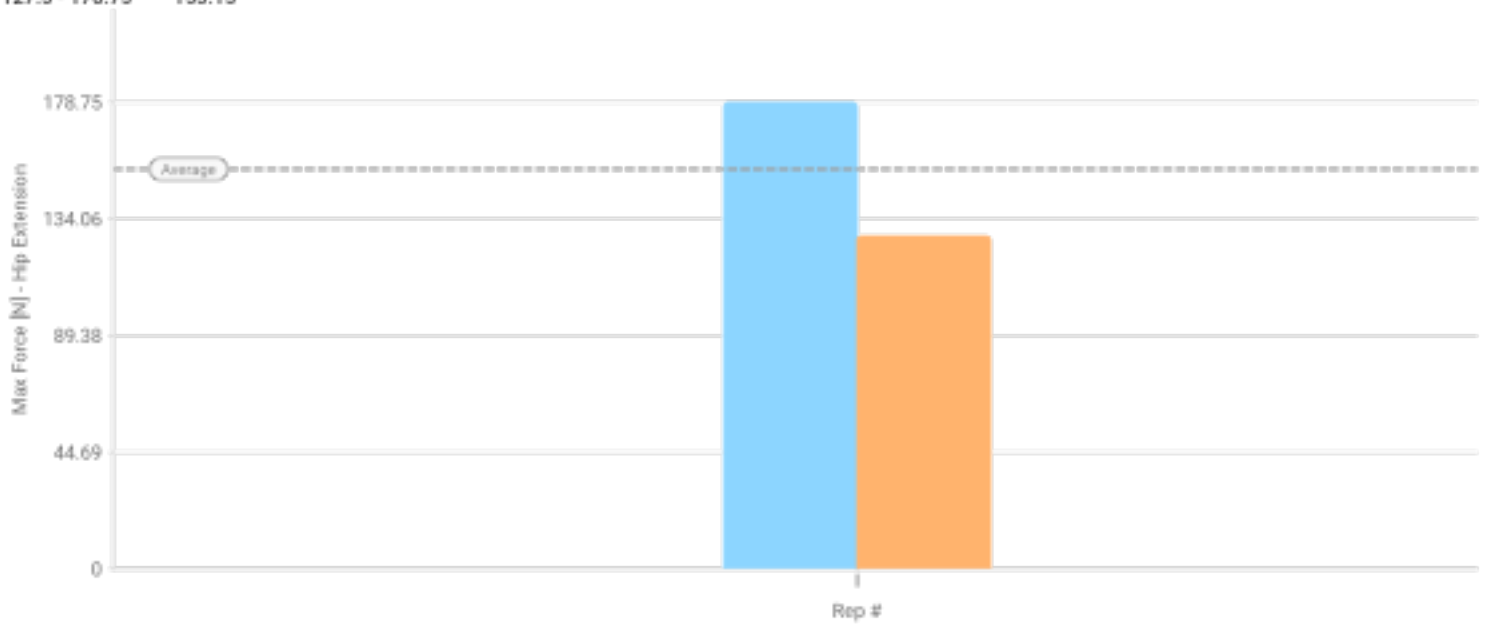
Tests (11)

PROFILE	DATE	TEST TYPE	TEST POSITION	REPS
Simone Cristina Rancan				
11 Tests				
	06/10/2022 11:45 AM	Hip Extension	Prone	EXT 1 L / 1 R
	06/10/2022 11:40 AM	Hip IR/ER	Prone	ER 0 L / 0 R IR 0 L / 0 R
	06/10/2022 11:38 AM	Ankle IN/EV	Supine	INV 0 L / 0 R EV 0 L / 0 R
	06/10/2022 11:36 AM	Hip AD/AB	Seated	ADD 1 L / 1 R ABD 1 L / 1 R
	06/10/2022 11:32 AM	Knee Flexion	Prone	FLEX 1 L / 1 R
	06/10/2022 11:29 AM	Hip Flexion	Kicker	FLEX 1 L / 1 R
	06/10/2022 11:26 AM	Knee extensor	Knee ext	Outer 1 L / 1 R
	06/10/2022 11:24 AM	Knee Flexion	Standing	FLEX 1 L / 1 R
	06/10/2022 11:21 AM	Hip Flexion	Seated	FLEX 1 L / 1 R
	06/10/2022 11:19 AM	Panturrilha Sentada	Panturrilha Sentada	Outer 1 L / 1 R
	06/10/2022 11:16 AM	Ankle Dorsiflexion	Seated	DF 1 L / 1 R



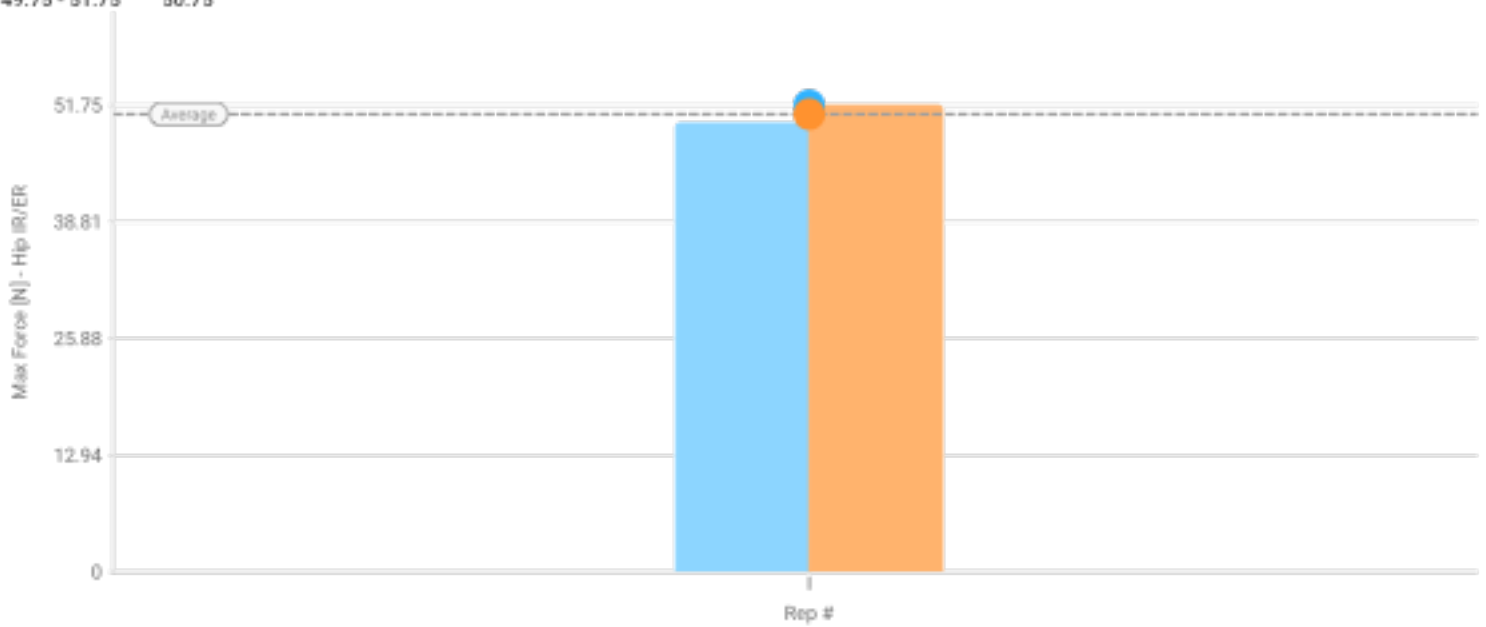
Extension Max Force [N] - Hip Extension

Range Average
127.5 - 178.75 153.13



External Rotation Max Force [N] - Hip IR/ER

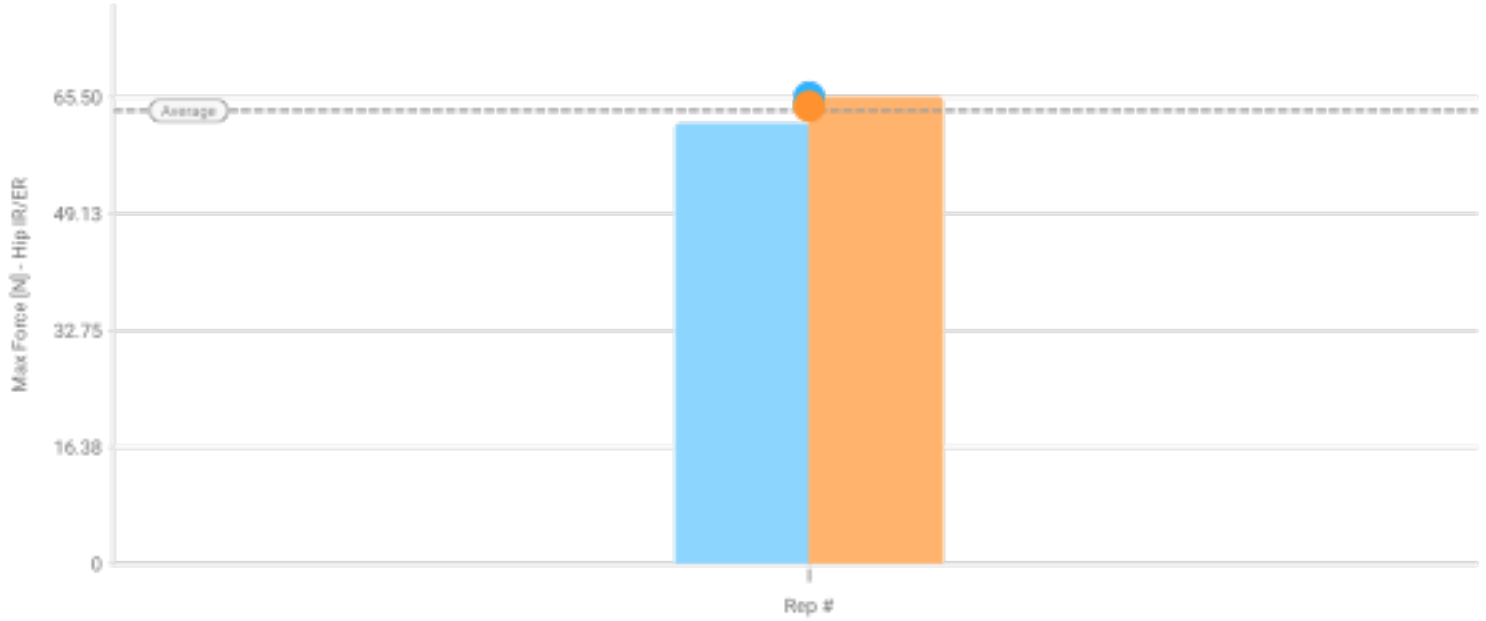
Range Average
49.75 - 51.75 50.75





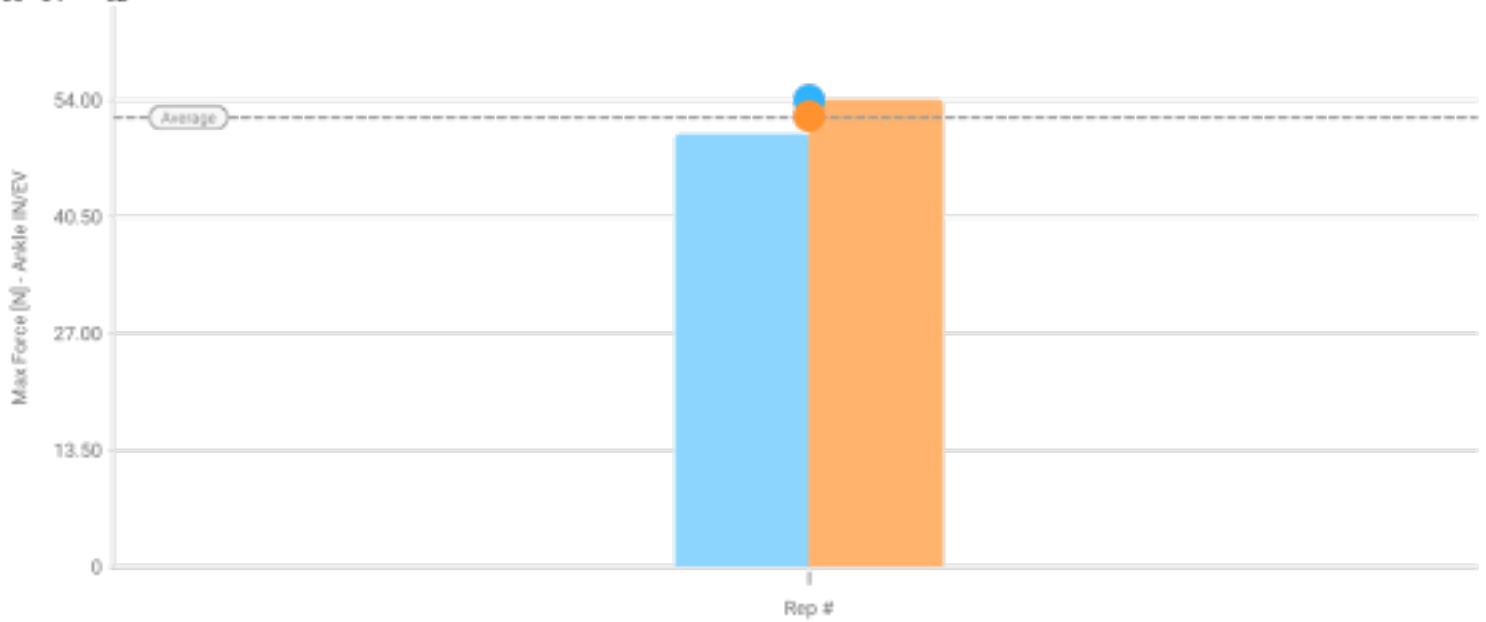
Internal Rotation Max Force [N] - Hip IR/ER

Range Average
61.75 - 65.5 63.63



Inversion Max Force [N] - Ankle IN/EV

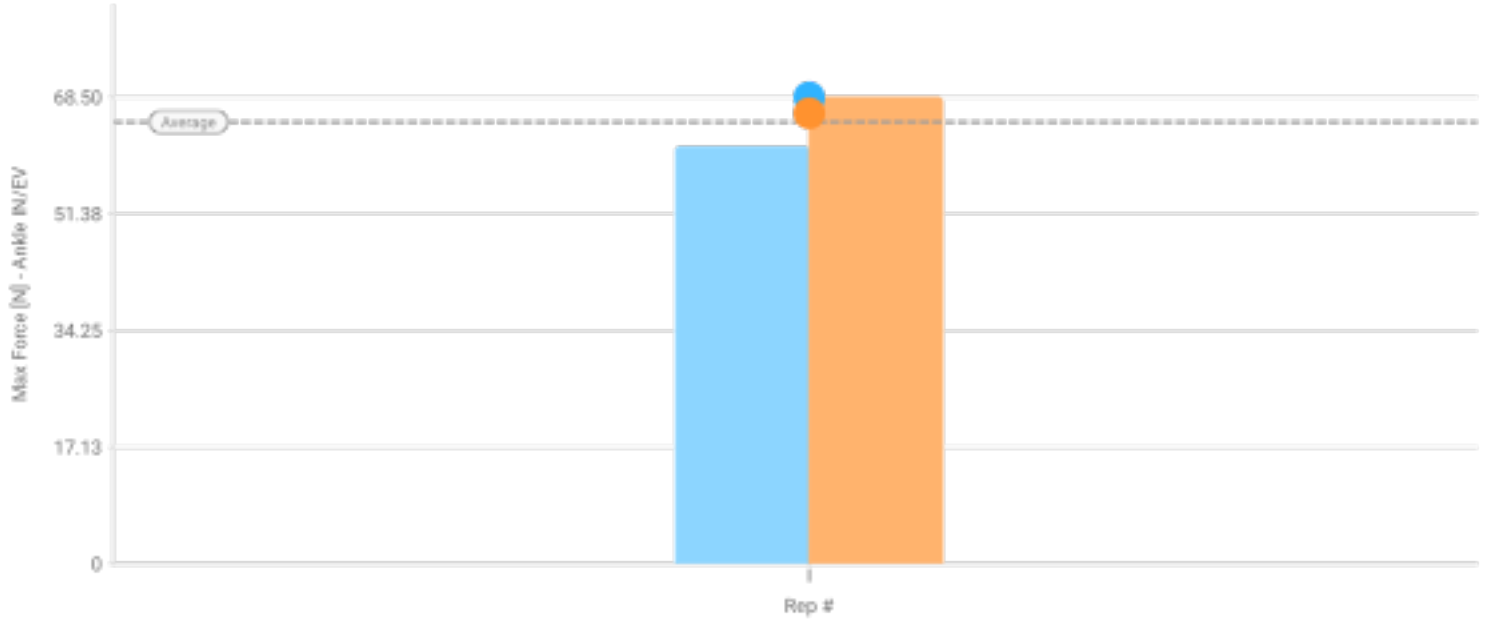
Range Average
50 - 54 52





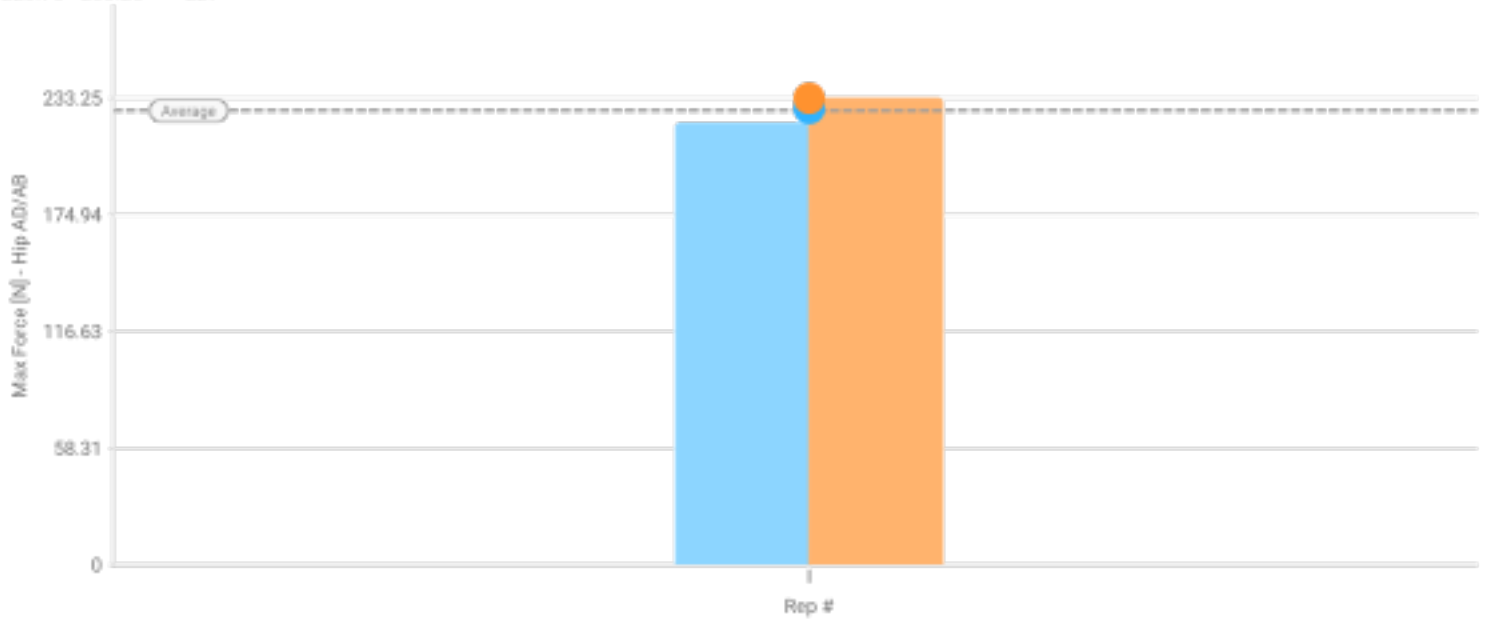
Eversion Max Force [N] - Ankle IN/EV

Range Average
61.25 - 68.5 64.88



Adduction Max Force [N] - Hip AD/AB

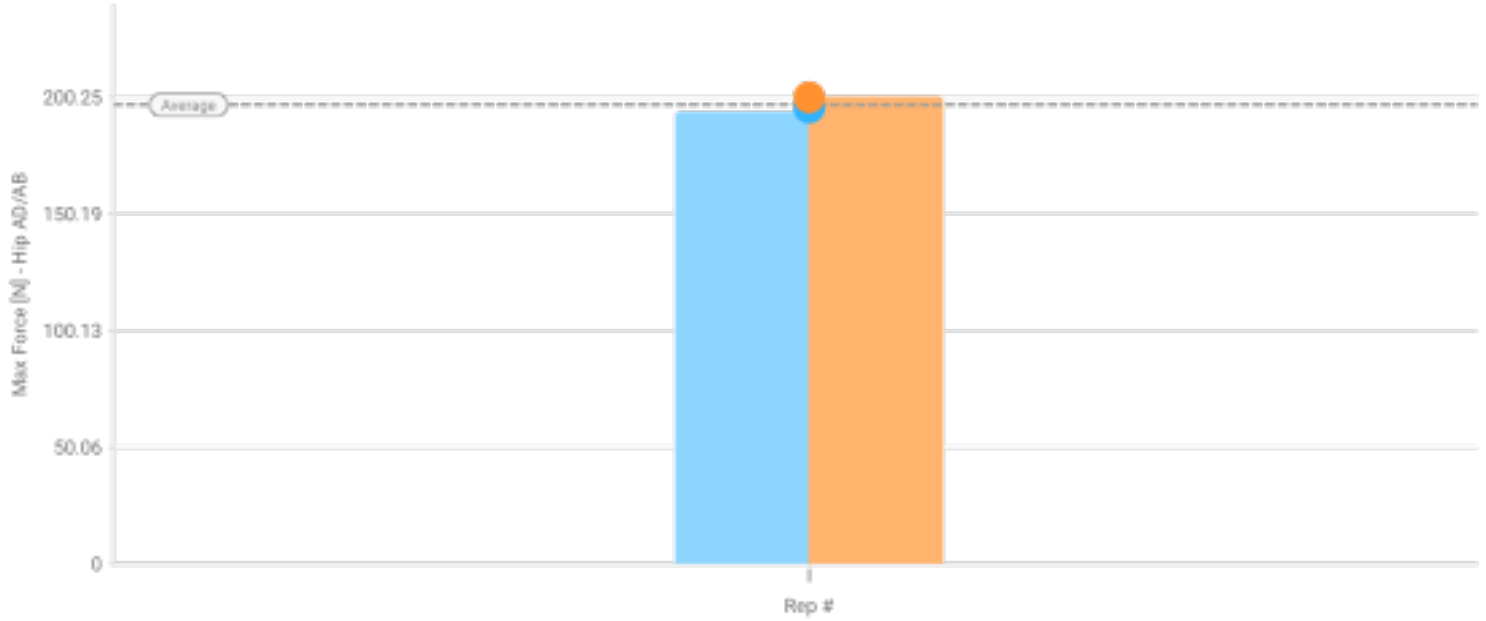
Range Average
220.75 - 233.25 227





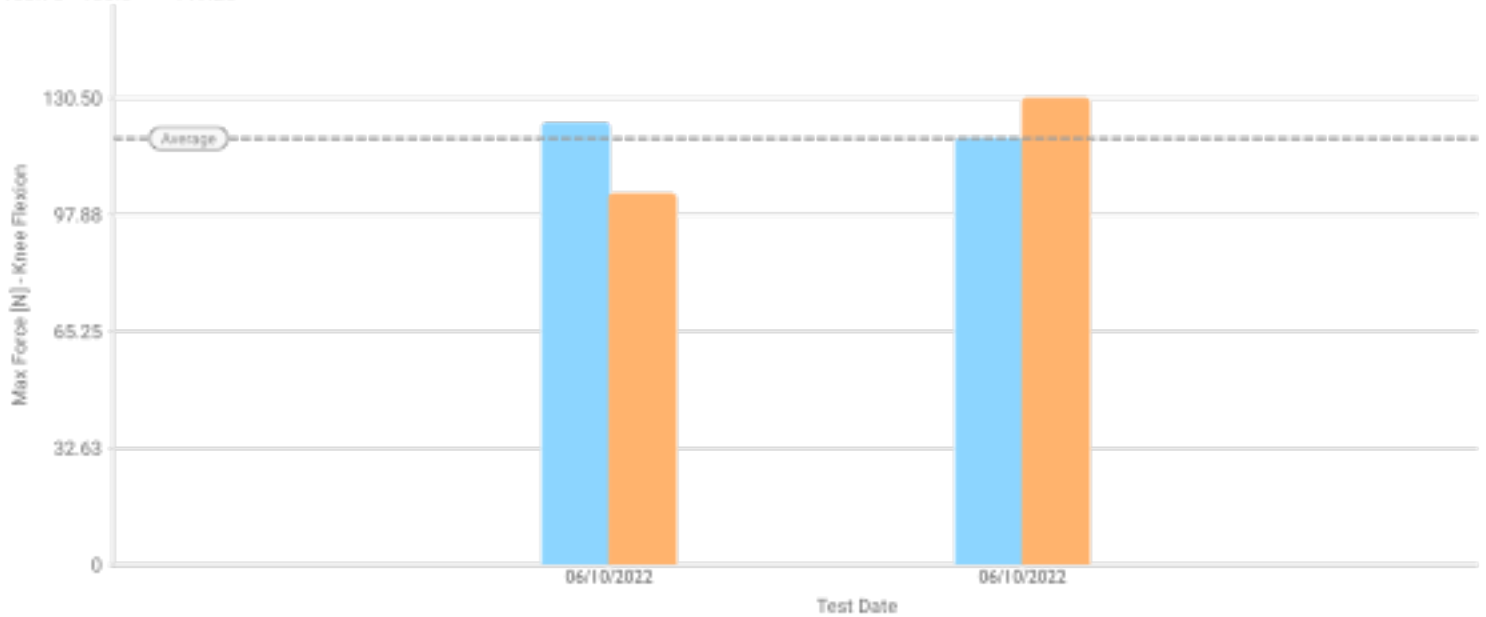
Abduction Max Force [N] - Hip AD/AB

Range Average
193.75 - 200.25 197



Knee Flexion Max Force [N] - Knee Flexion

Range Average
103.75 - 130.5 119.25





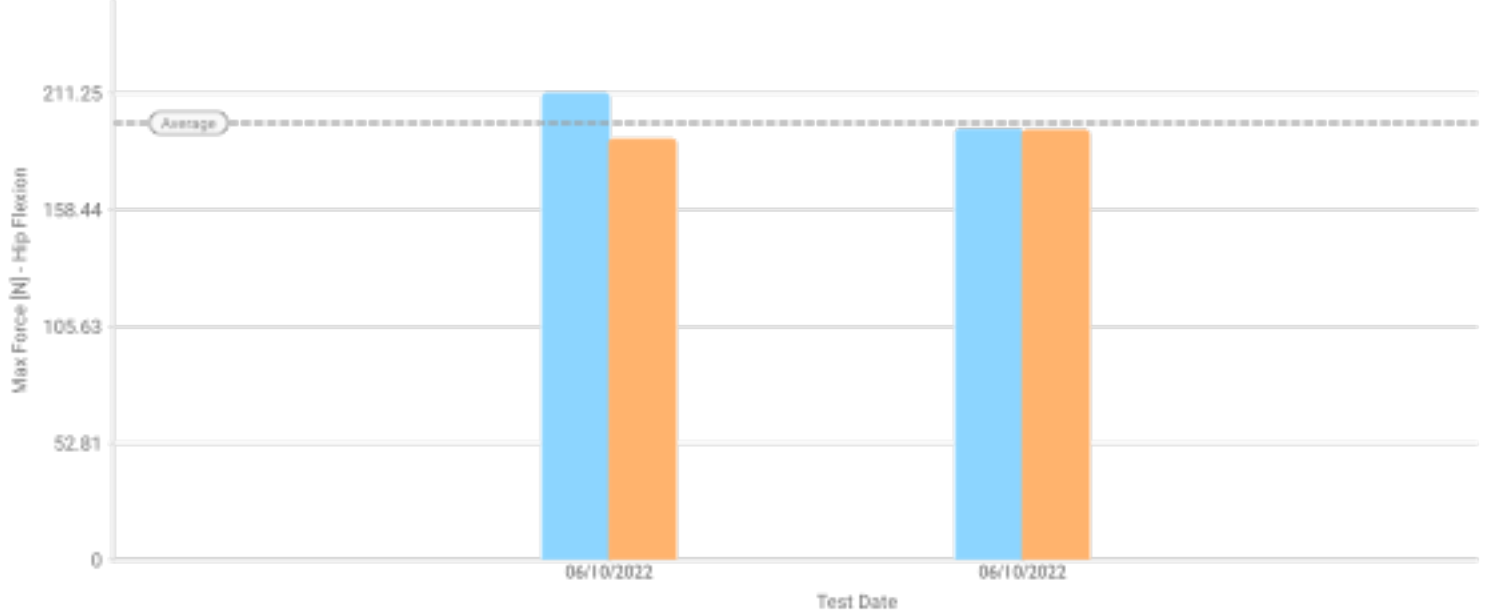
Flexion Max Force [N] - Hip Flexion

Range

Average

190.5 - 211.25

197.81



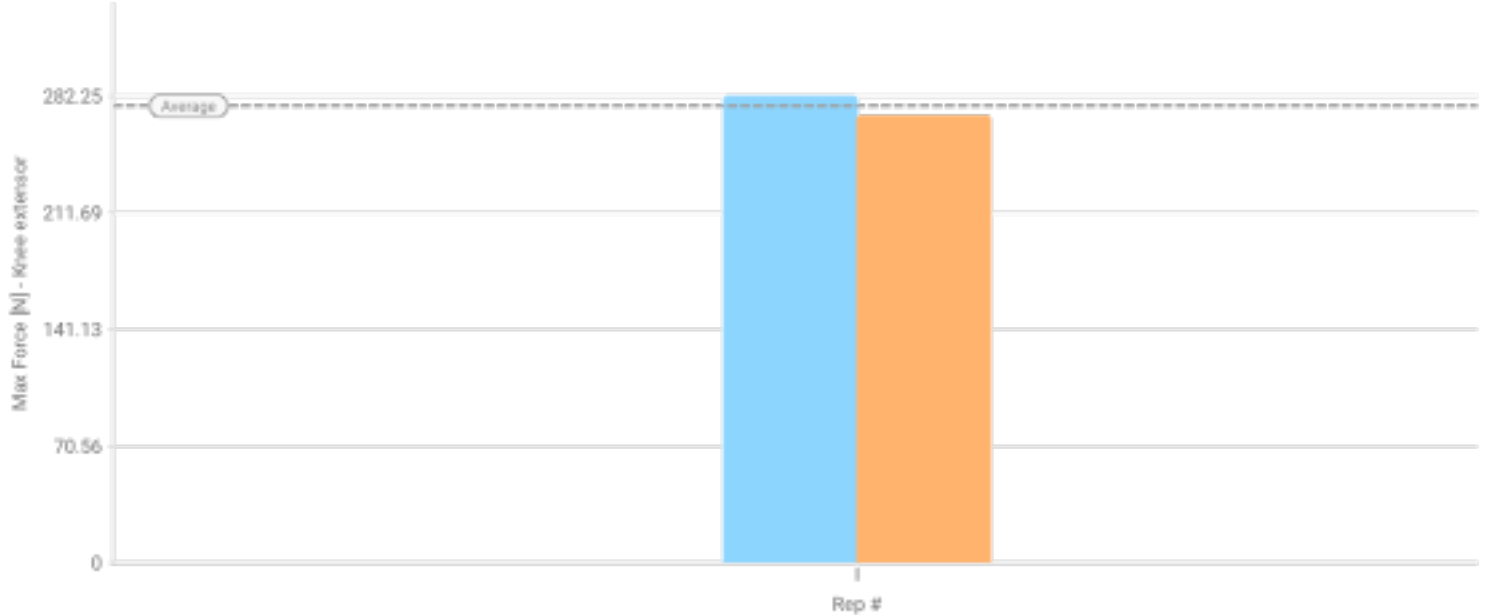
Max Force [N] - Knee extensor

Range

Average

270.5 - 282.25

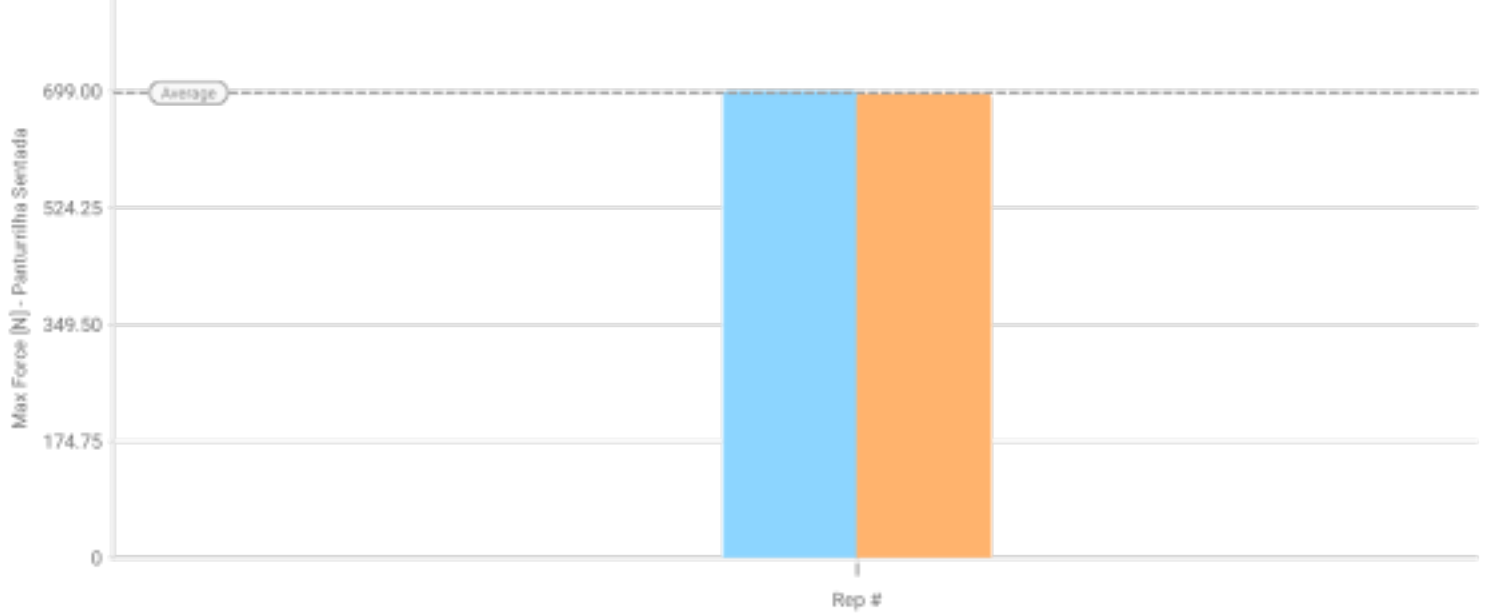
276.38





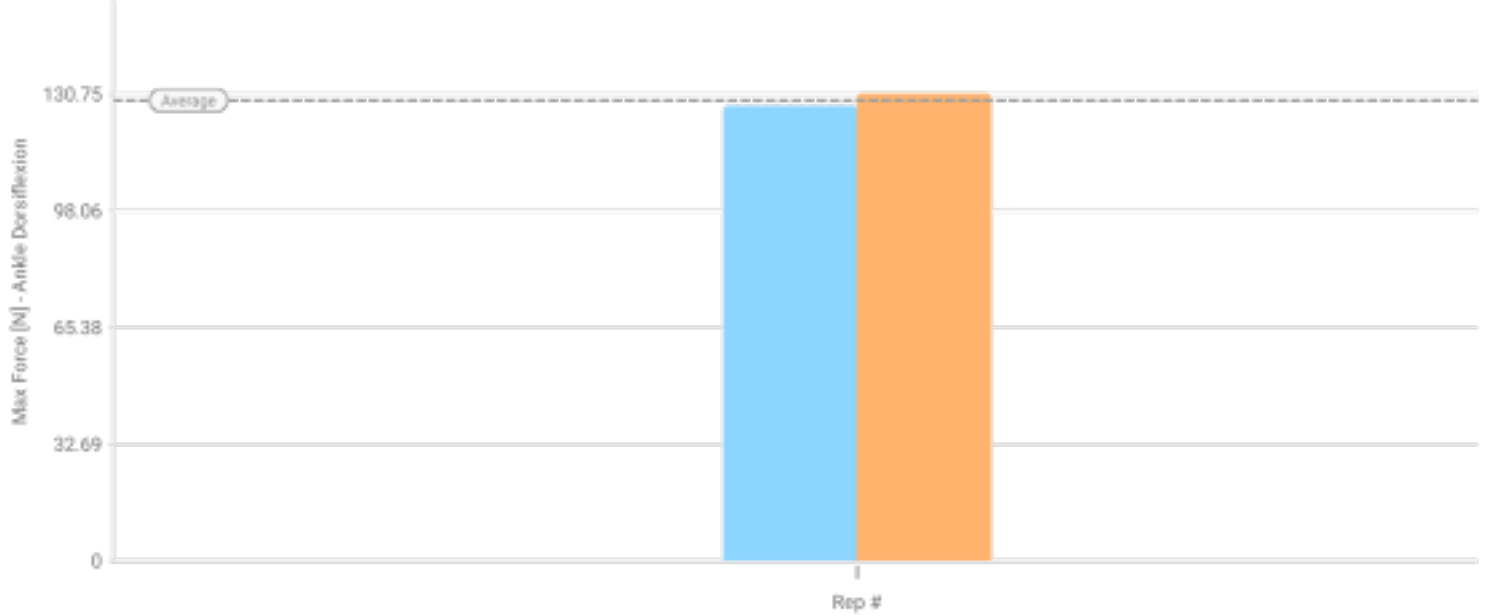
Max Force [N] - Panturrilha Sentada

Range Average
694.5 - 699 696.75



Dorsiflexion Max Force [N] - Ankle Dorsiflexion

Range Average
127.25 - 130.75 129





Extension Asymmetry [%] - Hip Extension

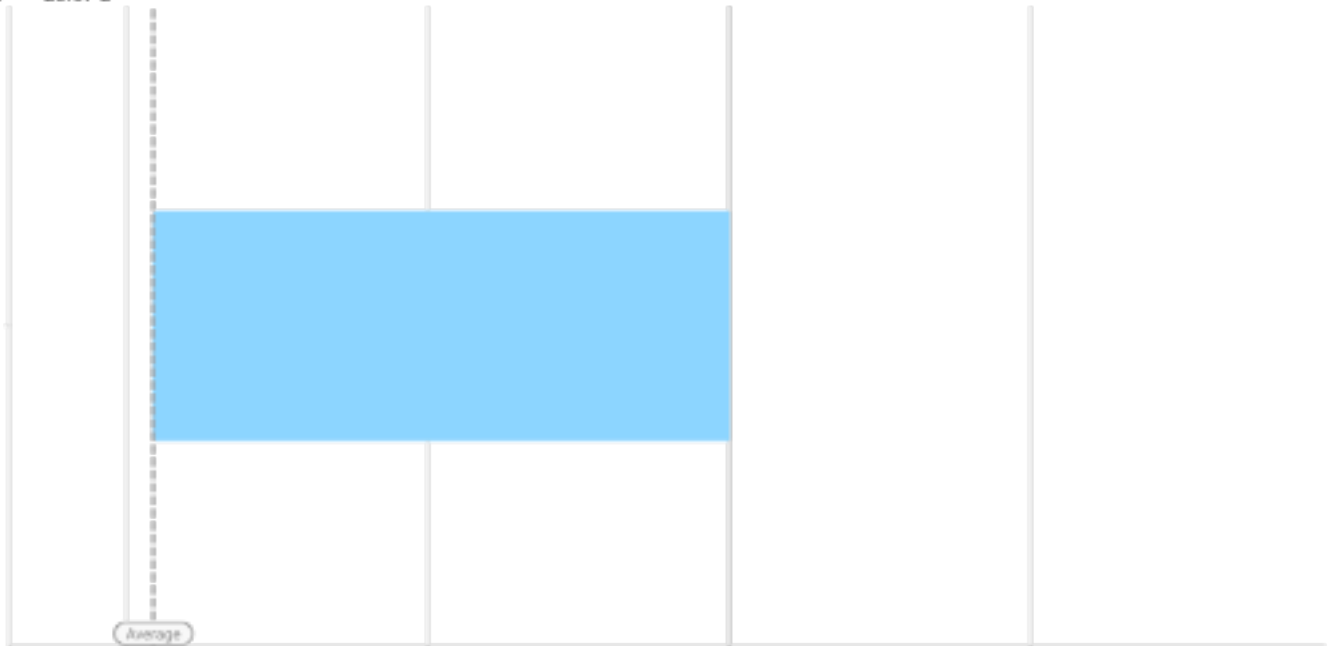
Range

Average

28.67 L - 28.67 R

28.67 L

Rep #



External Rotation Asymmetry [%] - Hip IR/ER

Range

Average

3.86 L - 3.86 R

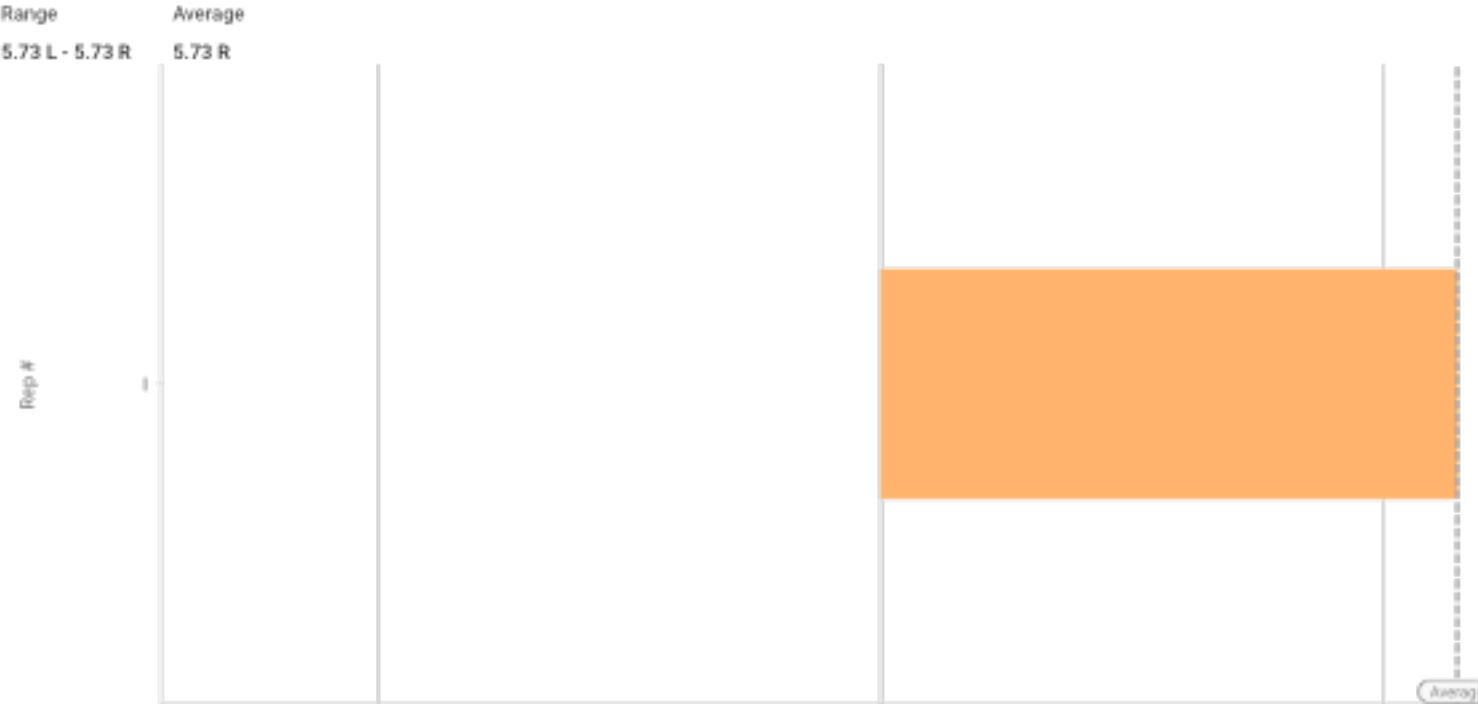
3.86 R

Rep #

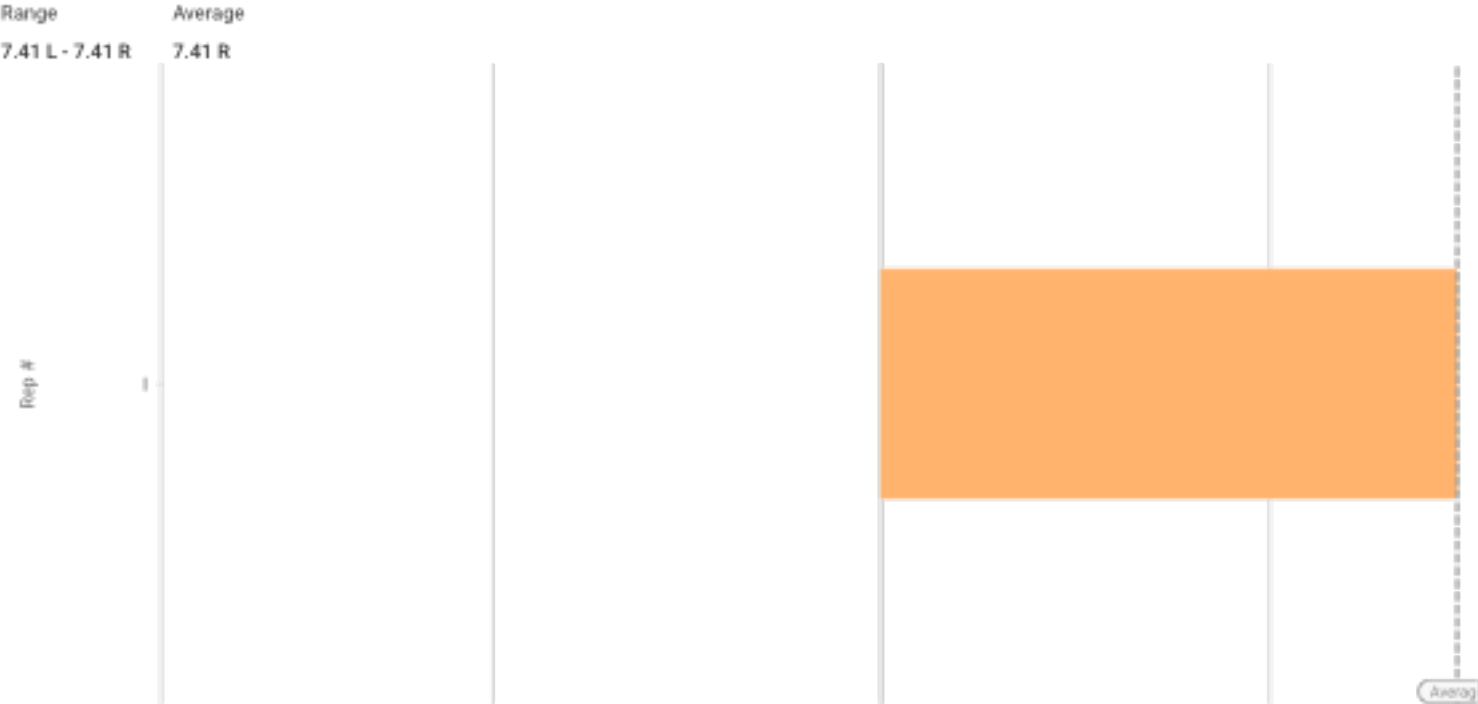




Internal Rotation Asymmetry [%] - Hip IR/ER

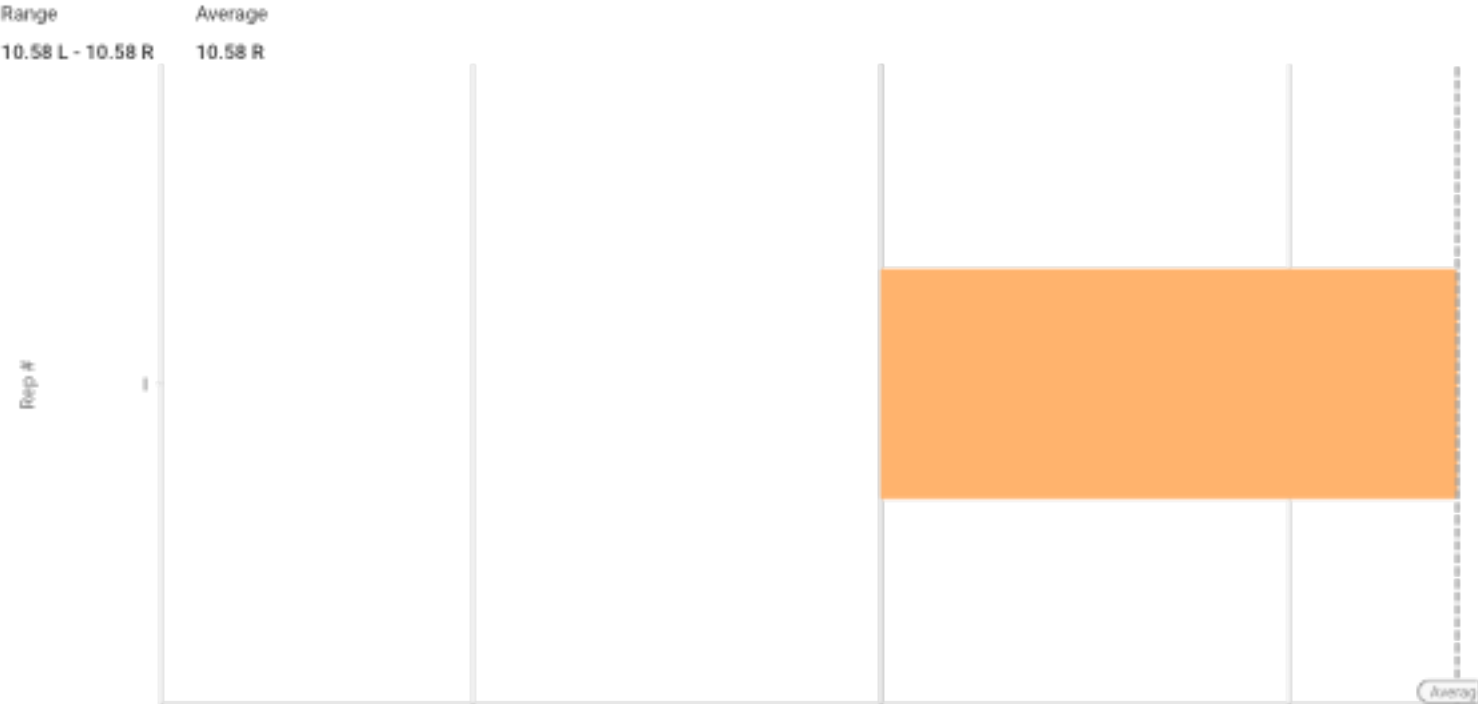


Inversion Asymmetry [%] - Ankle IN/EV





Everson Asymmetry [%] - Ankle IN/EV

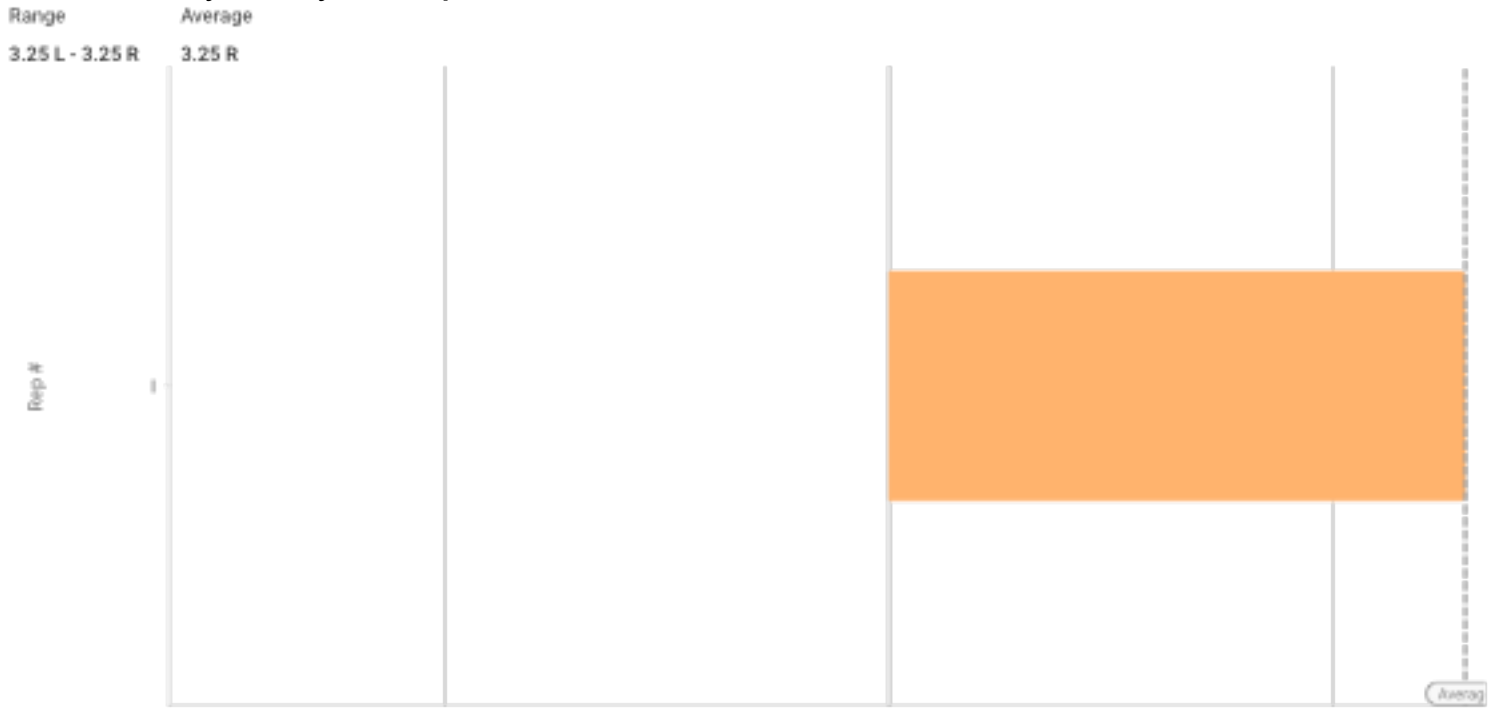


Adduction Asymmetry [%] - Hip AD/AB

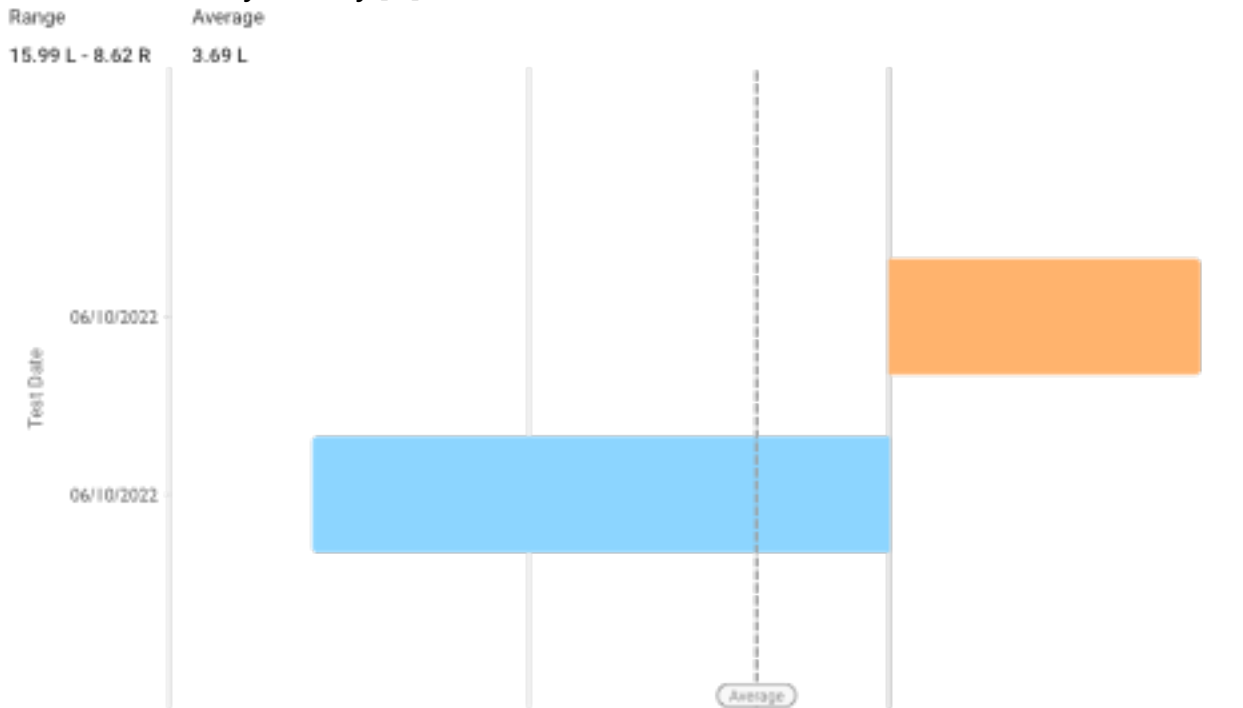




Abduction Asymmetry [%] - Hip AD/AB



Knee Flexion Asymmetry [%] - Knee Flexion





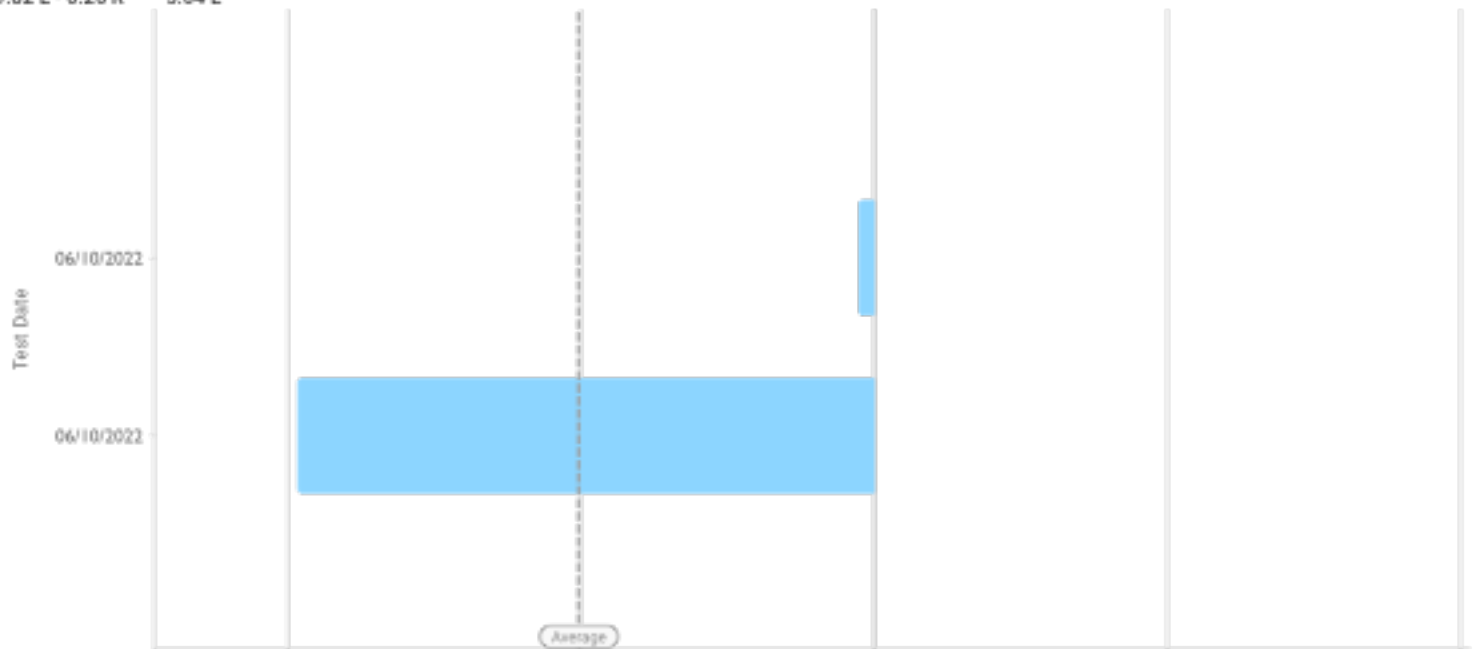
Flexion Asymmetry [%] - Hip Flexion

Range

Average

9.82 L - 0.26 R

5.04 L



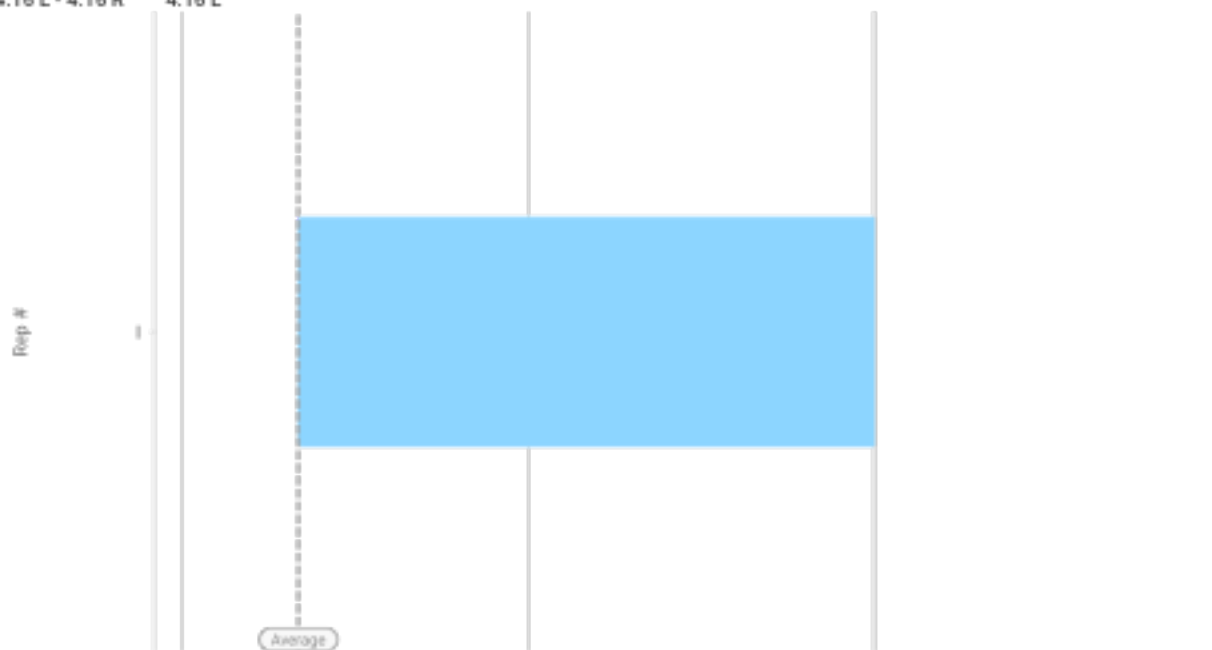
Asymmetry [%] - Knee extensor

Range

Average

4.16 L - 4.16 R

4.16 L





Asymmetry [%] - Panturrilha Sentada

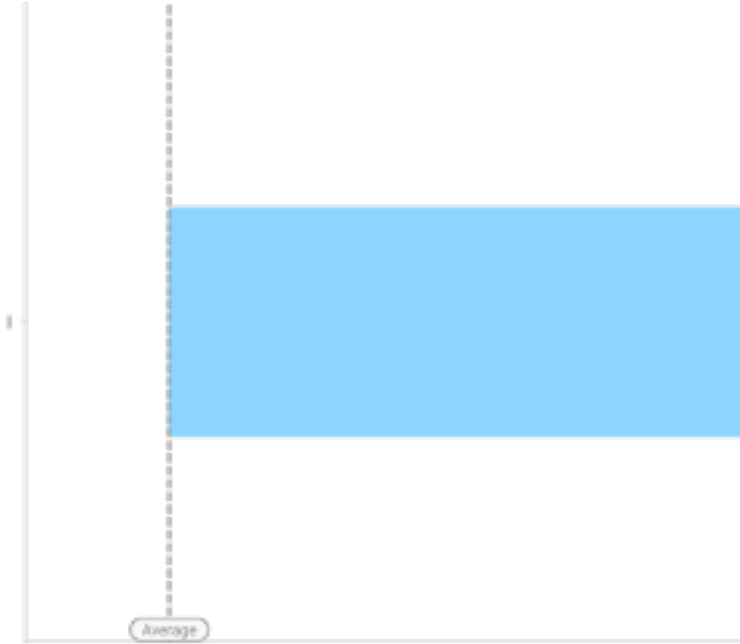
Range

0.64 L - 0.64 R

Average

0.64 L

Rep #



Dorsiflexion Asymmetry [%] - Ankle Dorsiflexion

Range

2.68 L - 2.68 R

Average

2.68 R

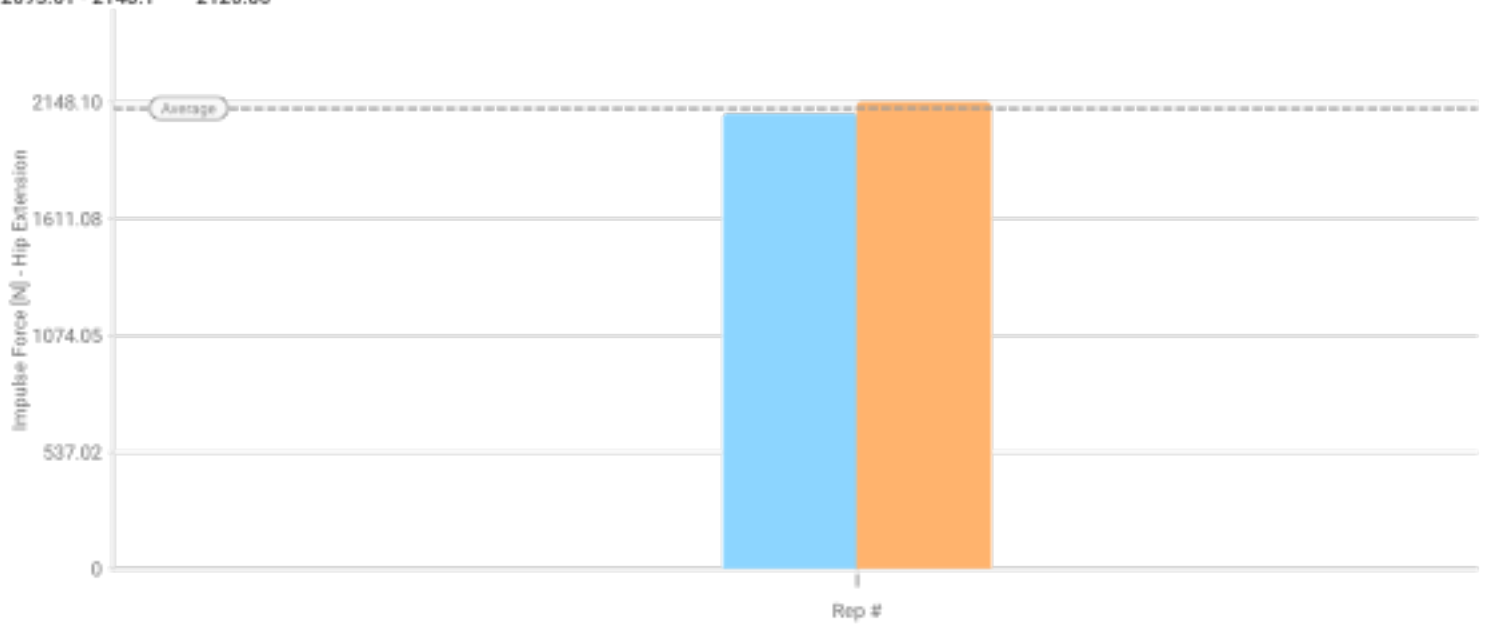
Rep #





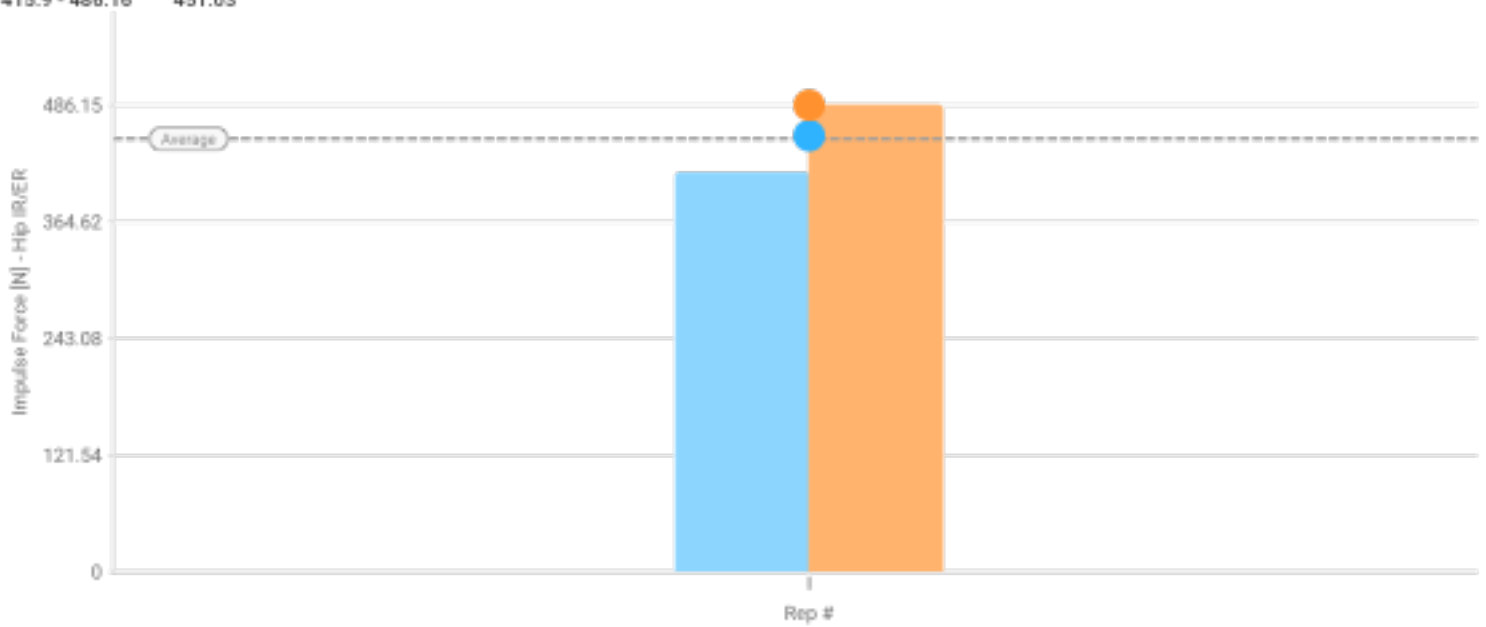
Extension Impulse Force [N] - Hip Extension

Range Average
2093.61 - 2148.1 2120.86



External Rotation Impulse Force [N] - Hip IR/ER

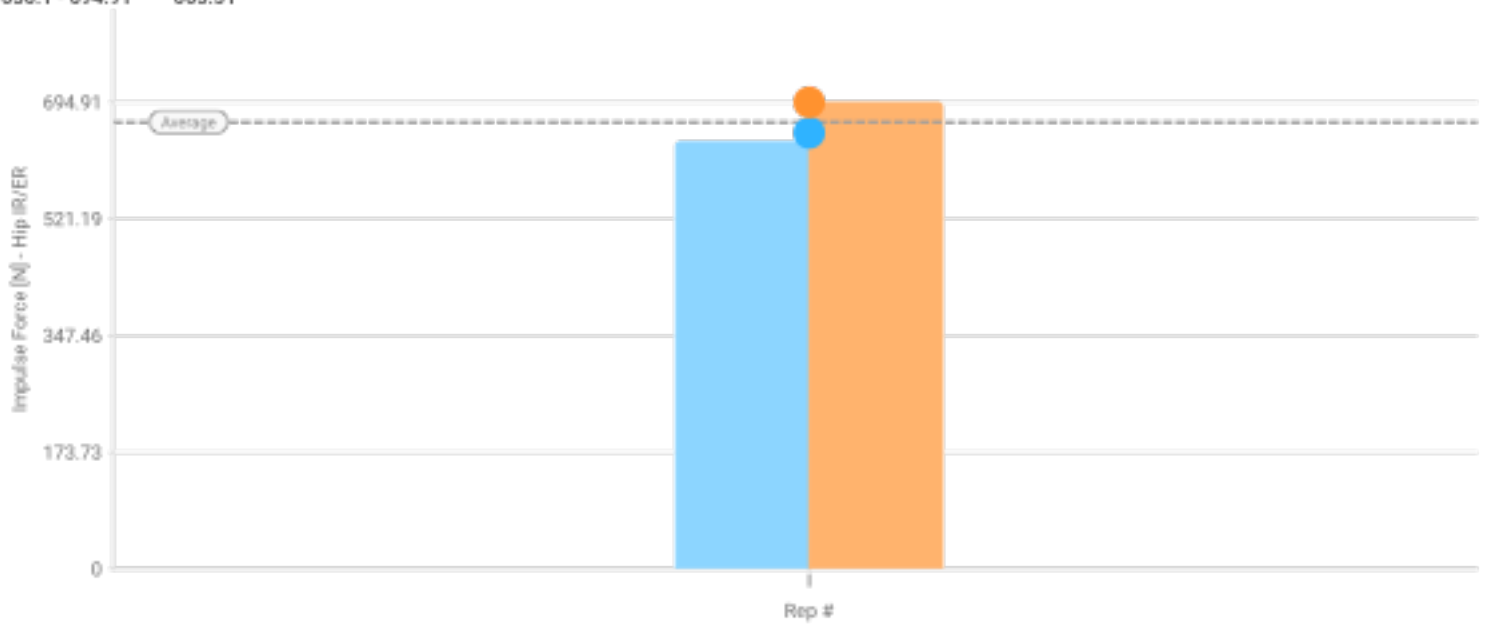
Range Average
415.9 - 486.16 451.03





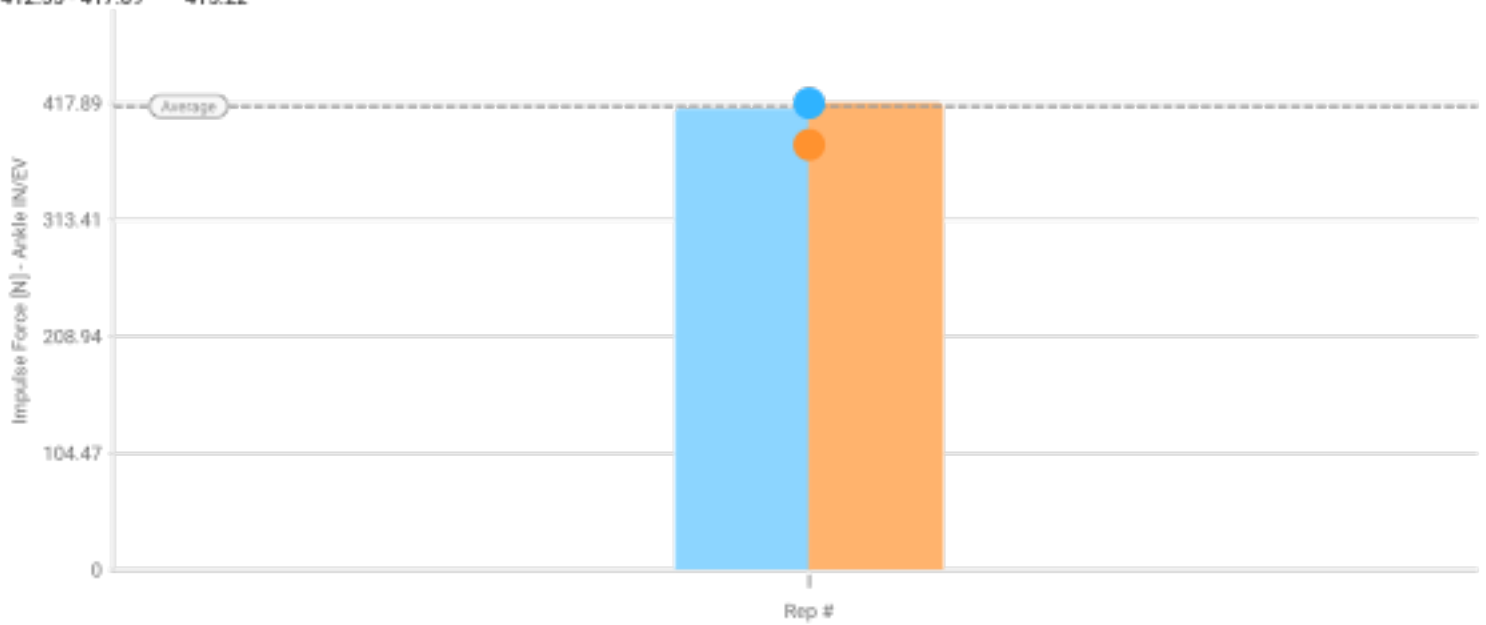
Internal Rotation Impulse Force [N] - Hip IR/ER

Range Average
636.1 - 694.91 665.51



Inversion Impulse Force [N] - Ankle IN/EV

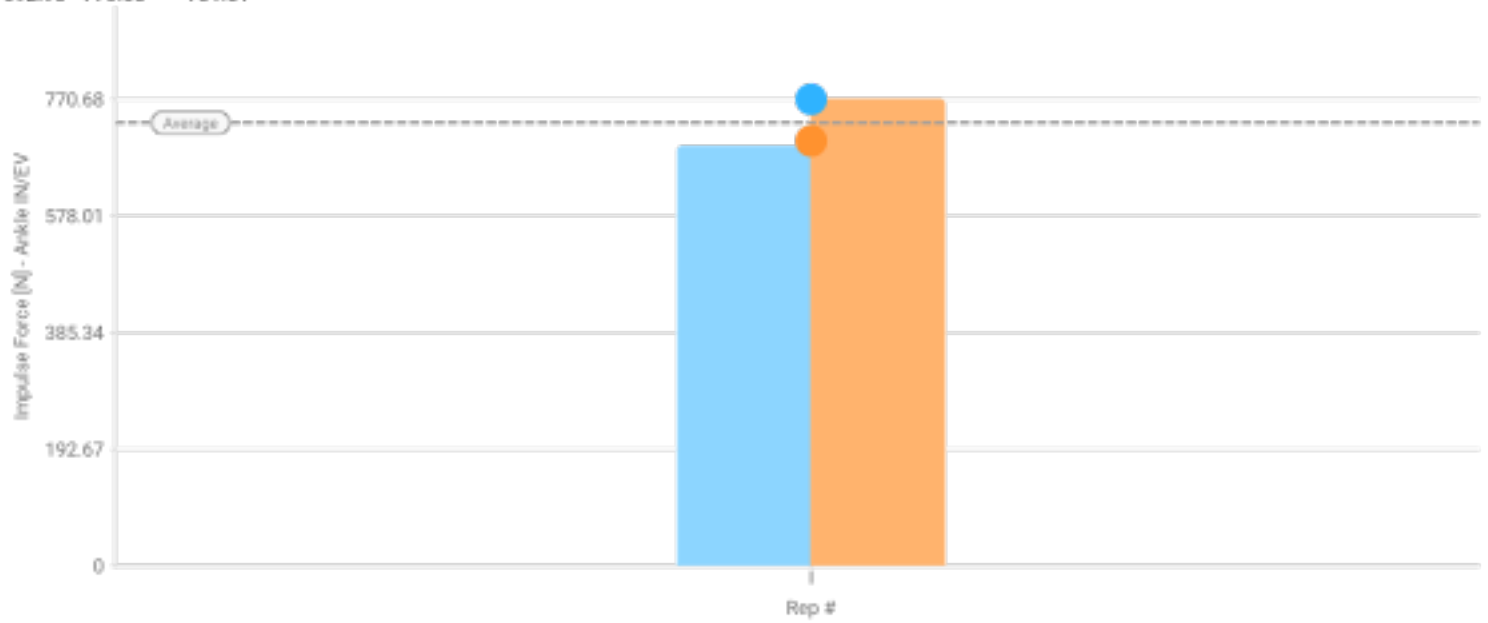
Range Average
412.55 - 417.89 415.22





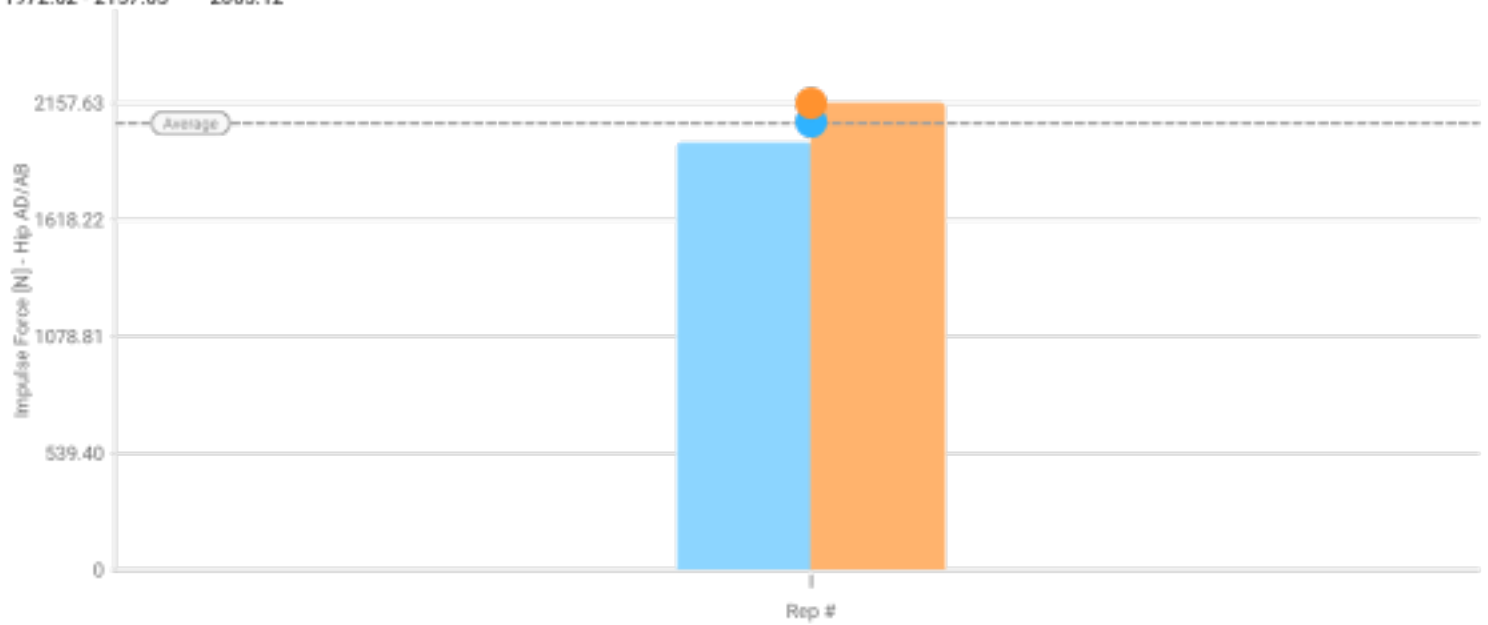
Eversion Impulse Force [N] - Ankle IN/EV

Range Average
692.93 - 770.68 731.81



Adduction Impulse Force [N] - Hip AD/AB

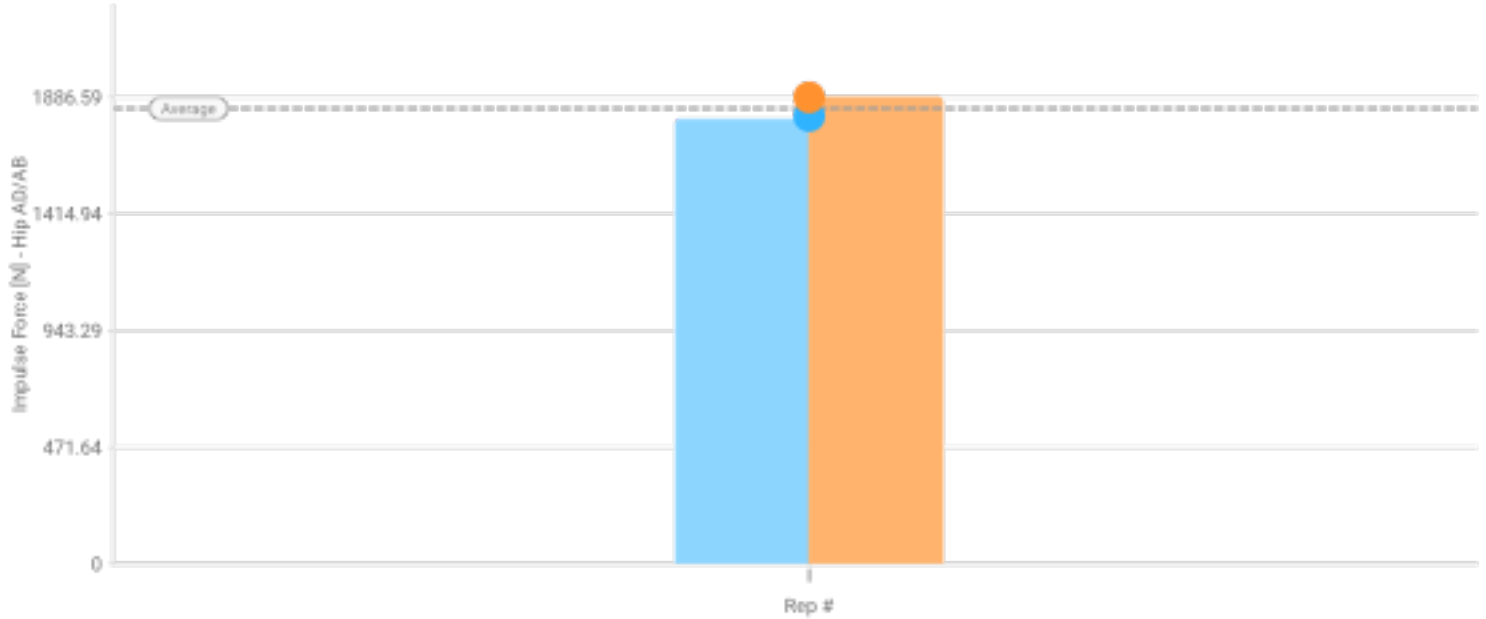
Range Average
1972.62 - 2157.63 2065.12





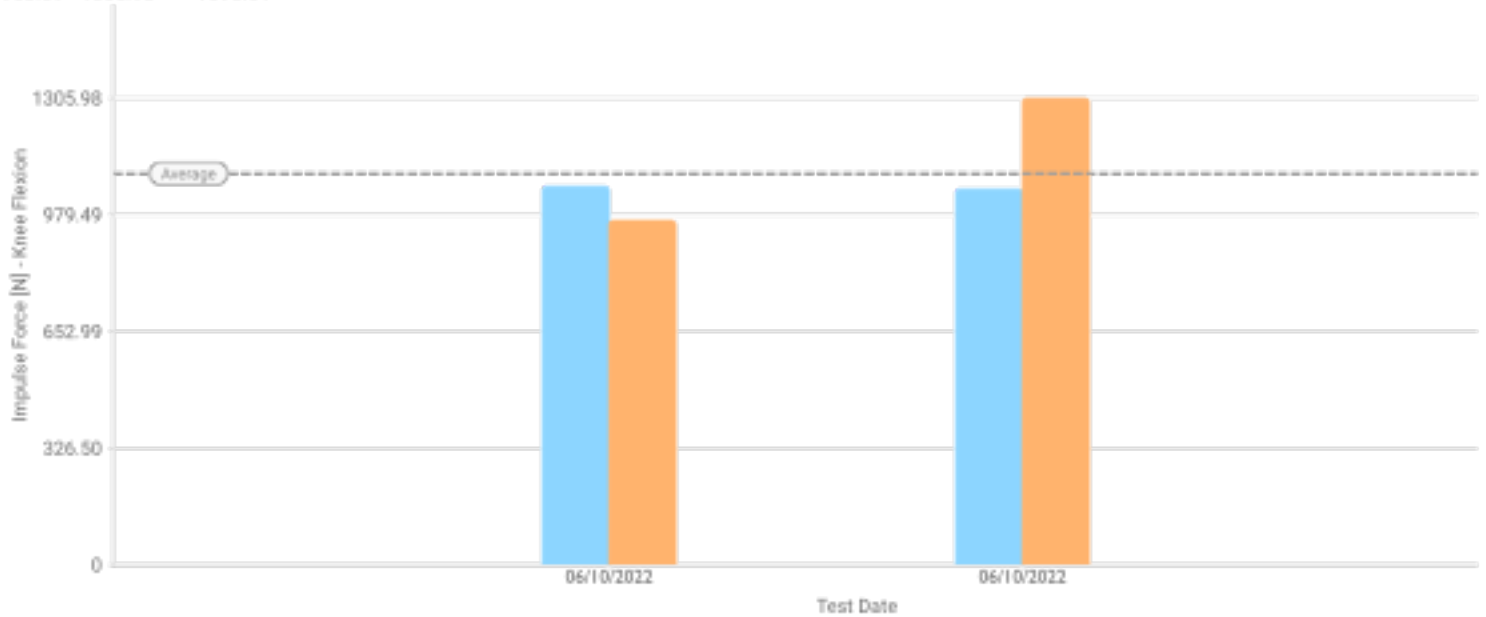
Abduction Impulse Force [N] - Hip AD/AB

Range Average
1796.76 - 1886.59 1841.67



Knee Flexion Impulse Force [N] - Knee Flexion

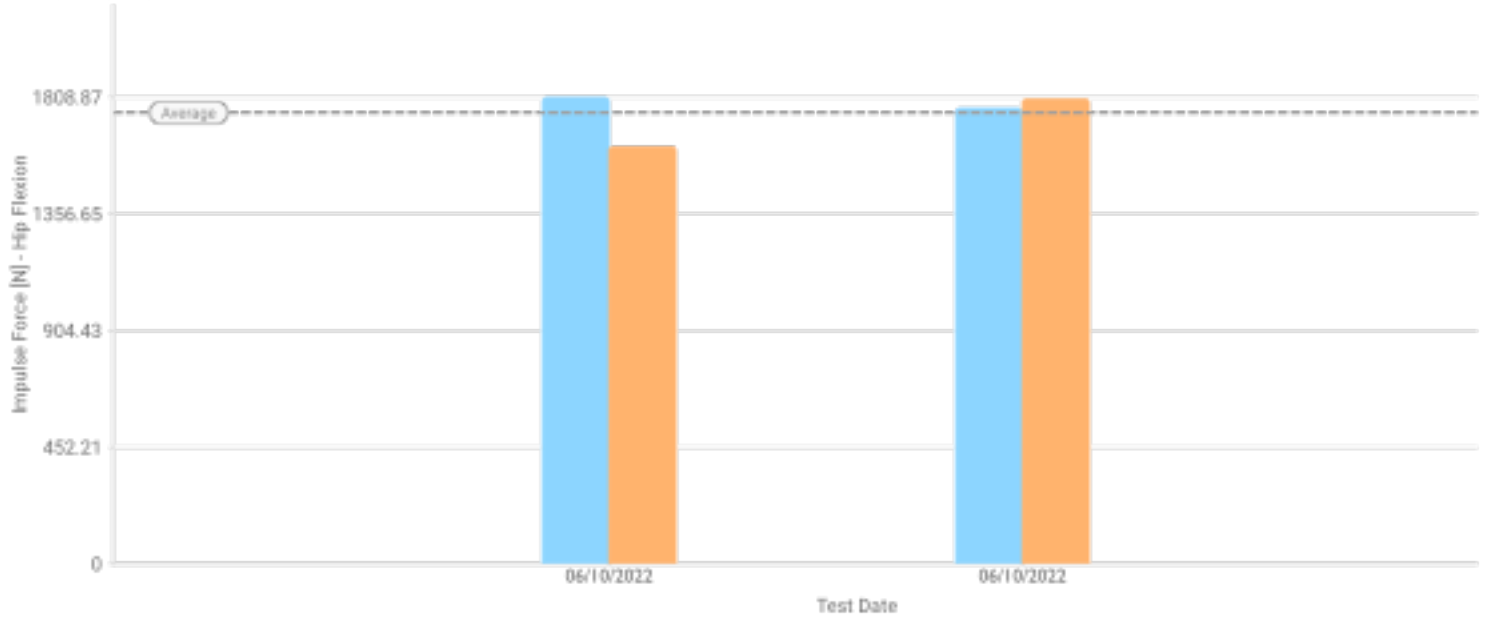
Range Average
963.69 - 1305.98 1095.01





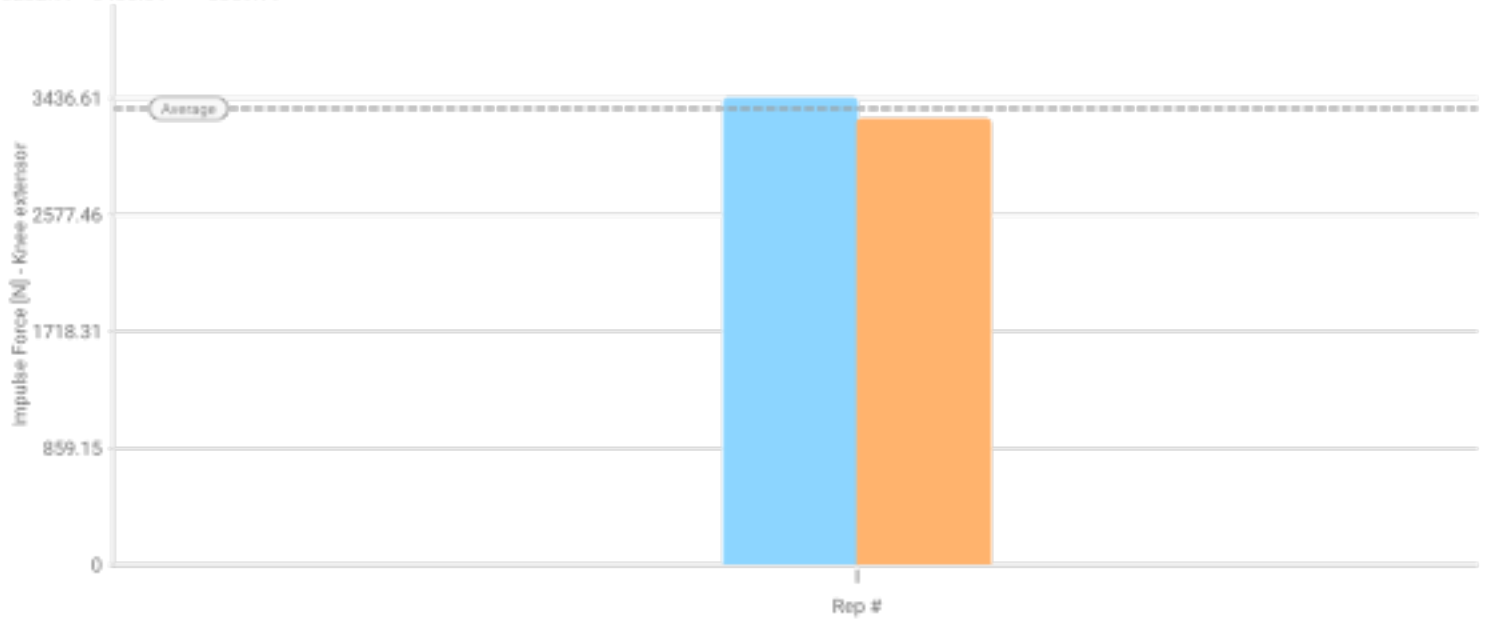
Flexion Impulse Force [N] - Hip Flexion

Range Average
1618.34 - 1808.87 1749.29



Impulse Force [N] - Knee extensor

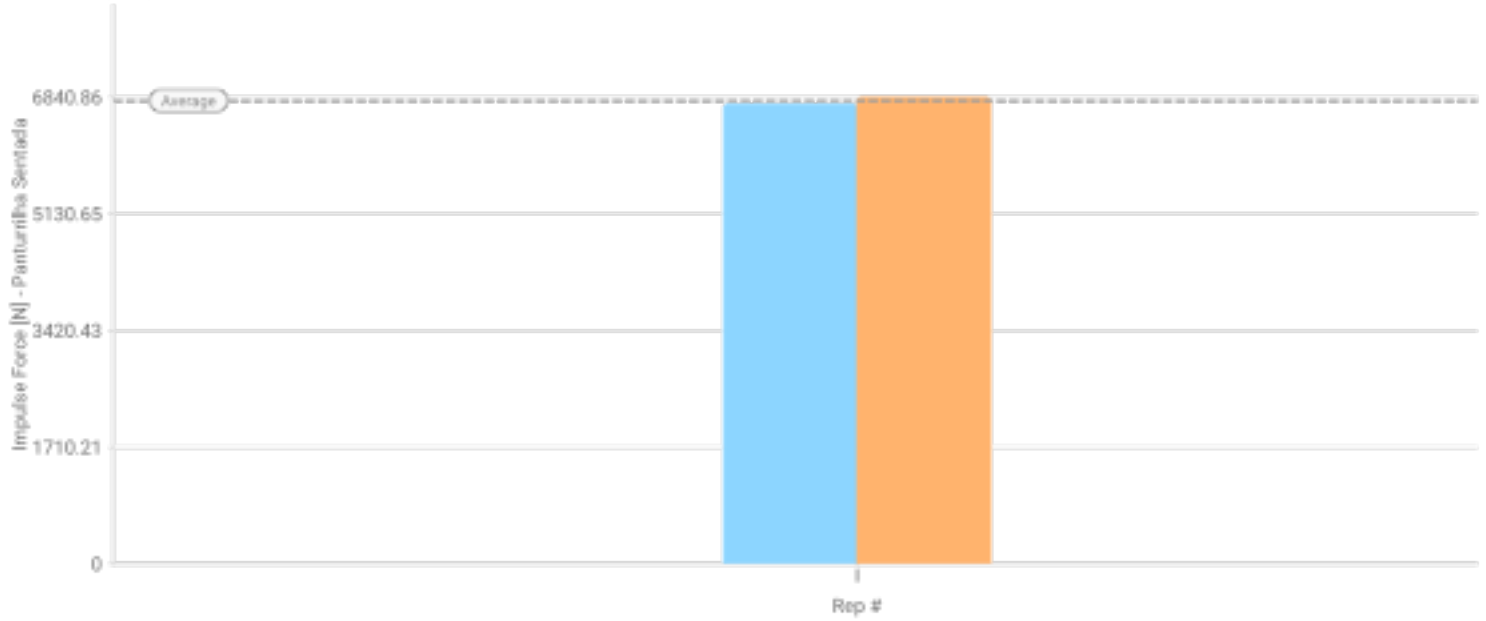
Range Average
3282.97 - 3436.61 3359.79





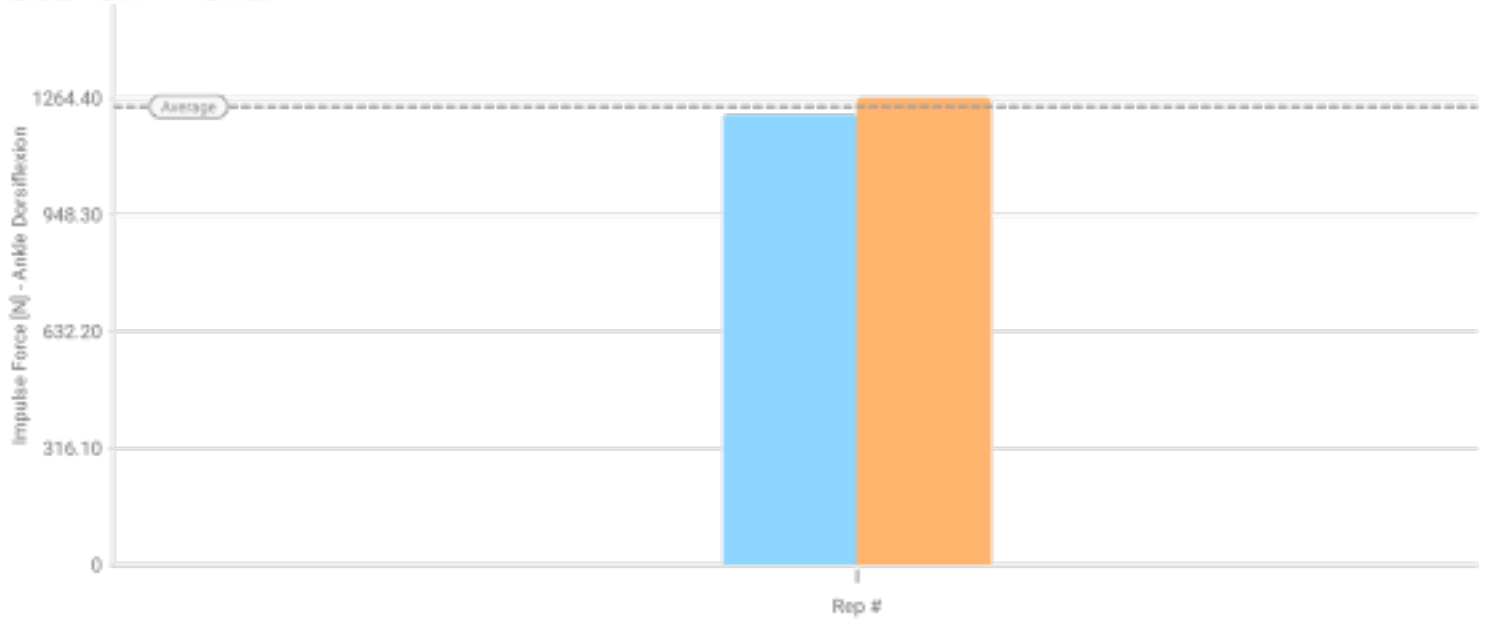
Impulse Force [N] - Panturrilha Sentada

Range Average
6742.54 - 6840.86 6791.7



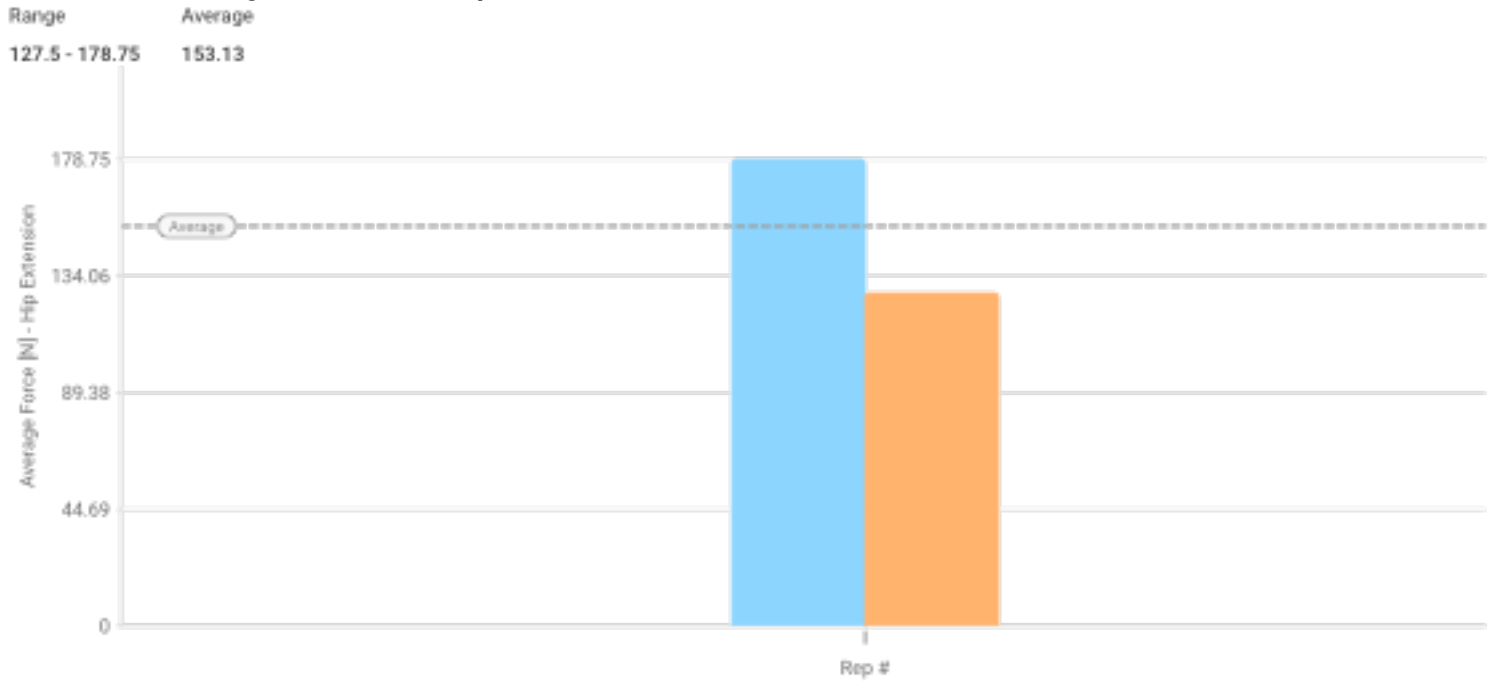
Dorsiflexion Impulse Force [N] - Ankle Dorsiflexion

Range Average
1218.66 - 1264.4 1241.53

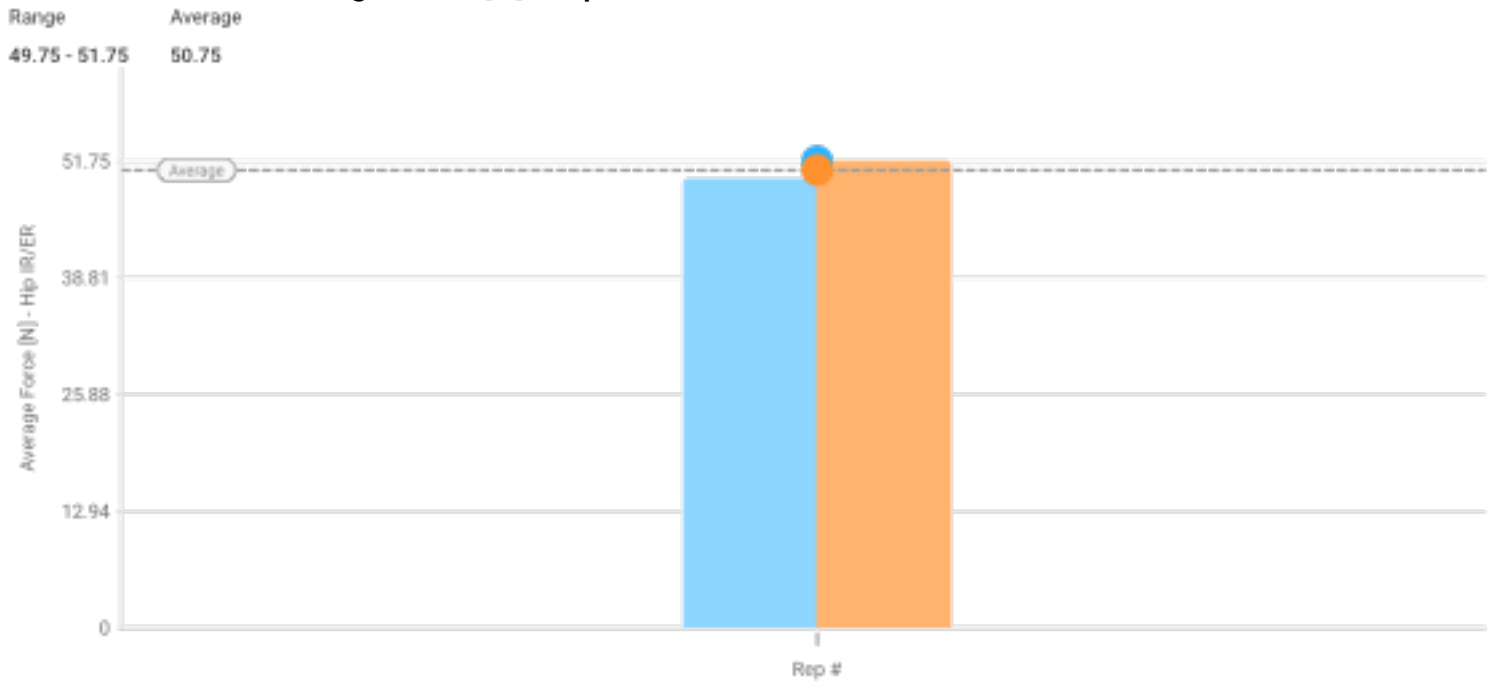




Extension Average Force [N] - Hip Extension



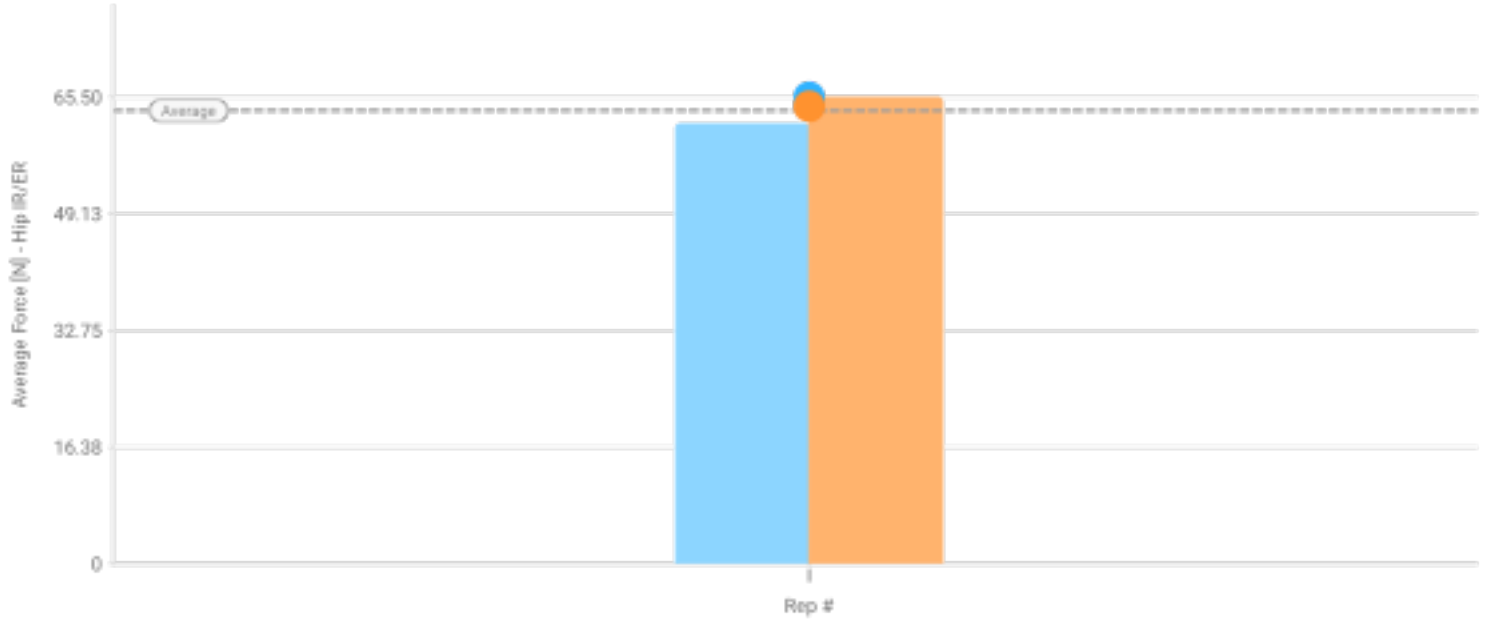
External Rotation Average Force [N] - Hip IR/ER





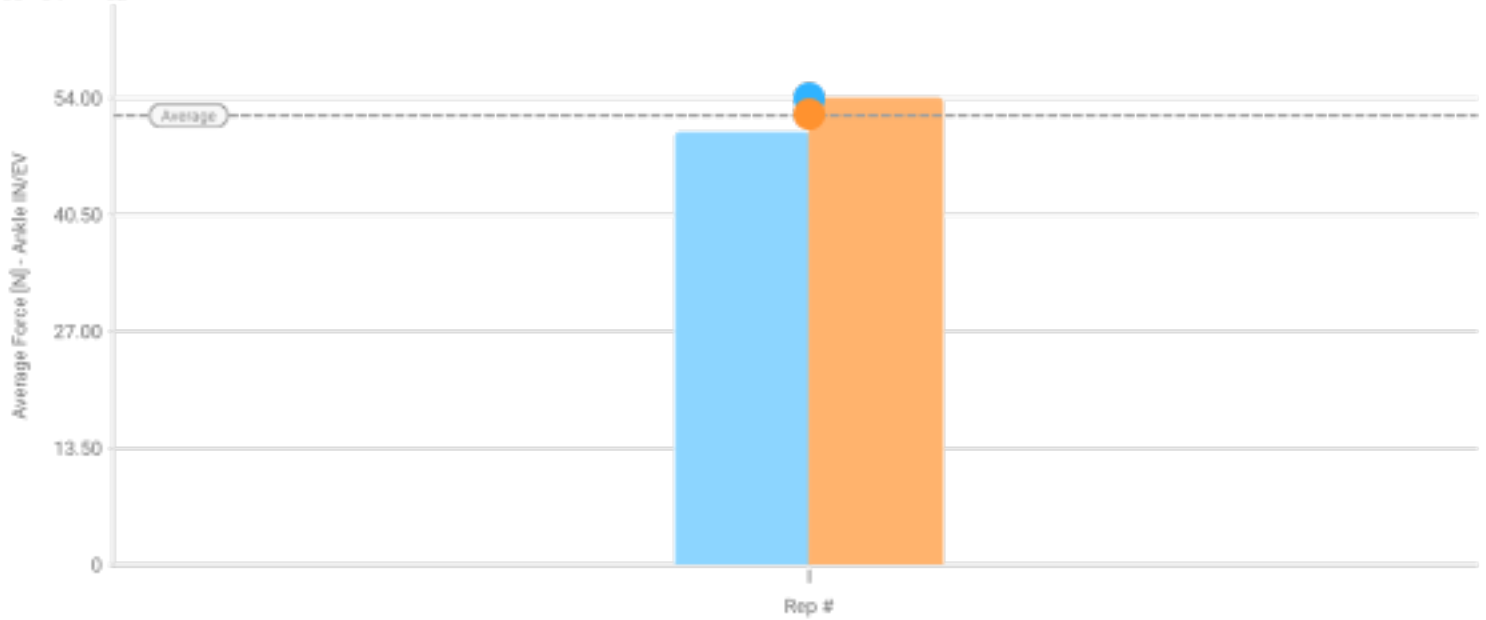
Internal Rotation Average Force [N] - Hip IR/ER

Range Average
61.75 - 65.5 63.63



Inversion Average Force [N] - Ankle IN/EV

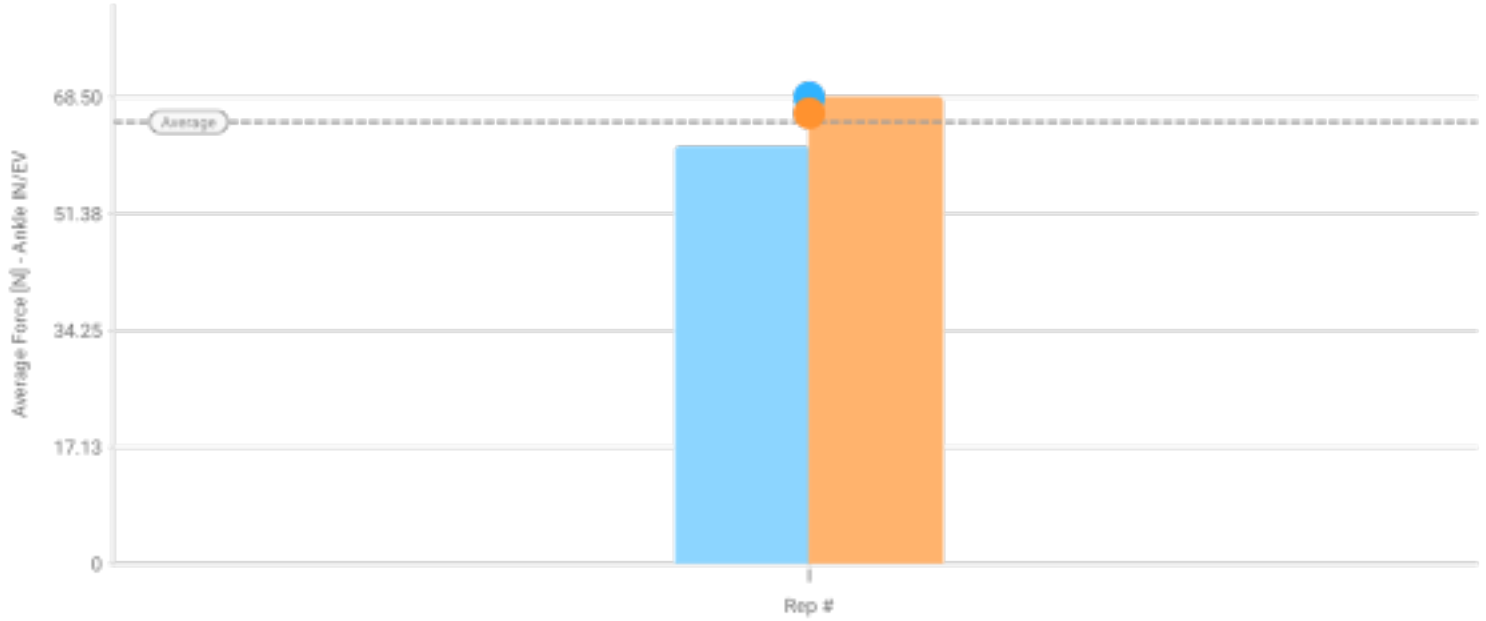
Range Average
50 - 54 52





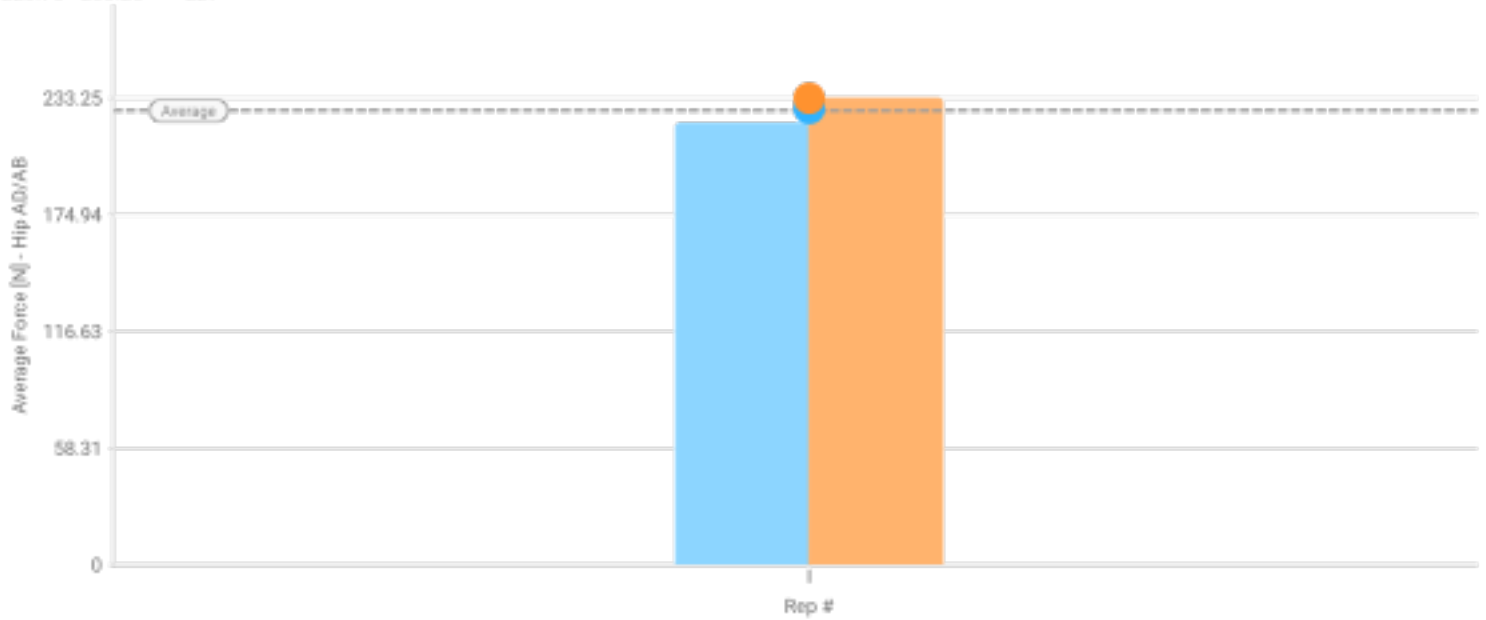
Eversion Average Force [N] - Ankle IN/EV

Range Average
61.25 - 68.5 64.88



Adduction Average Force [N] - Hip AD/AB

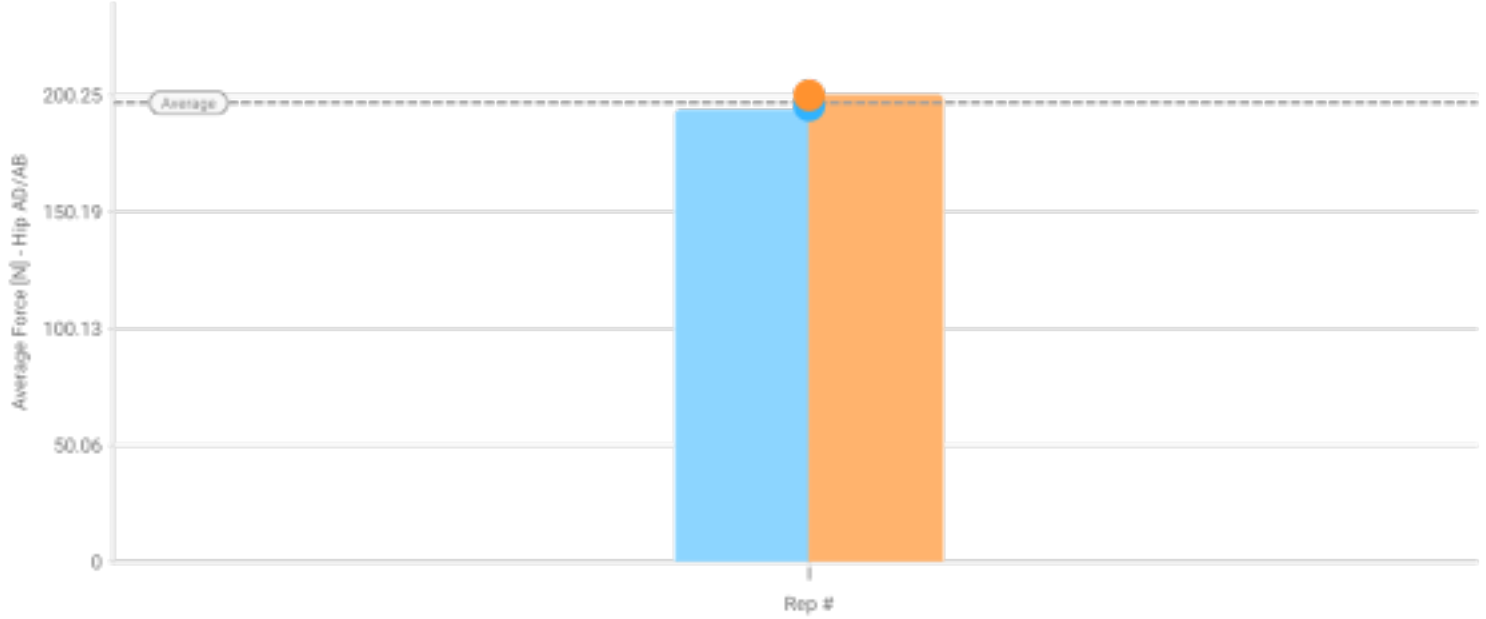
Range Average
220.75 - 233.25 227





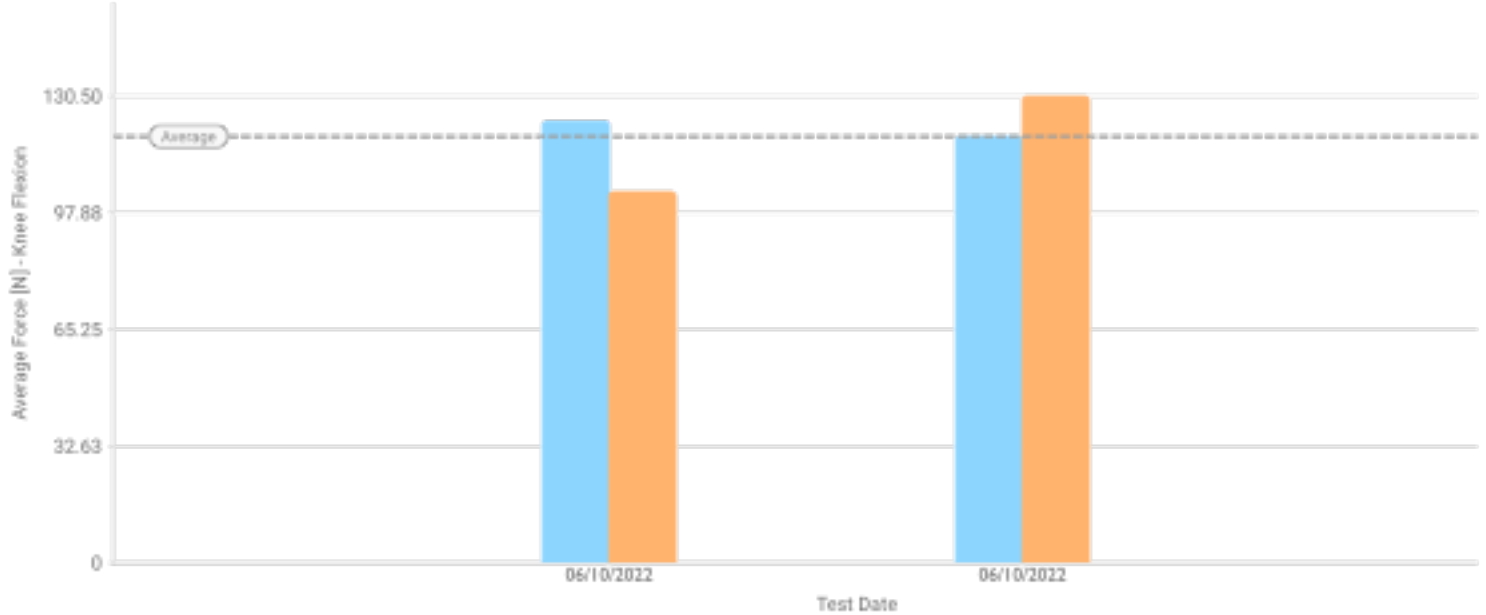
Abduction Average Force [N] - Hip AD/AB

Range Average
193.75 - 200.25 197



Knee Flexion Average Force [N] - Knee Flexion

Range Average
103.75 - 130.5 119.25





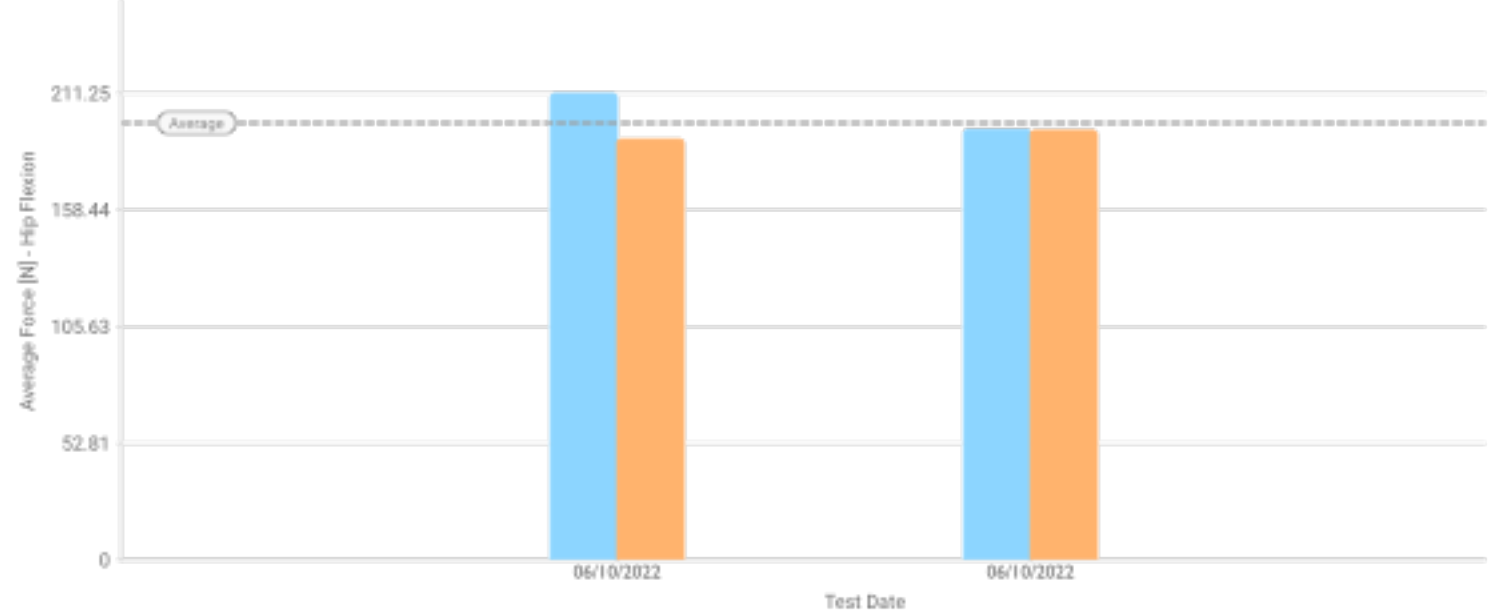
Flexion Average Force [N] - Hip Flexion

Range

Average

190.5 - 211.25

197.81



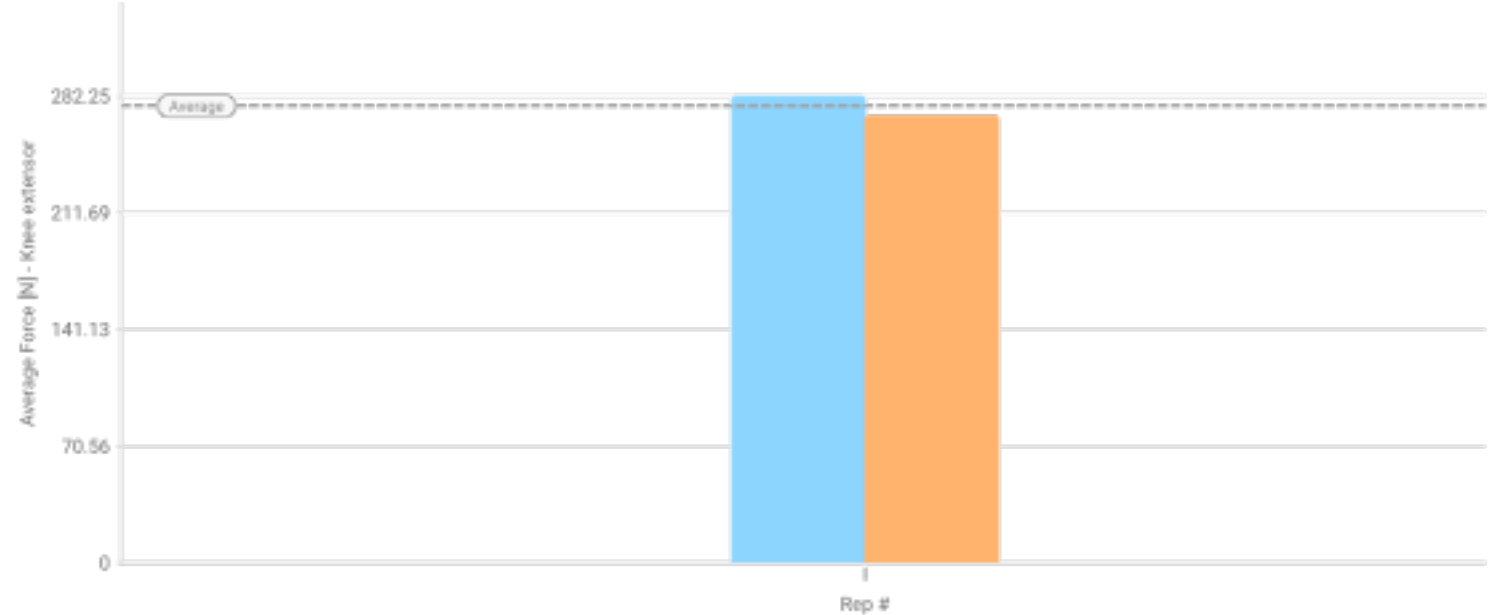
Average Force [N] - Knee extensor

Range

Average

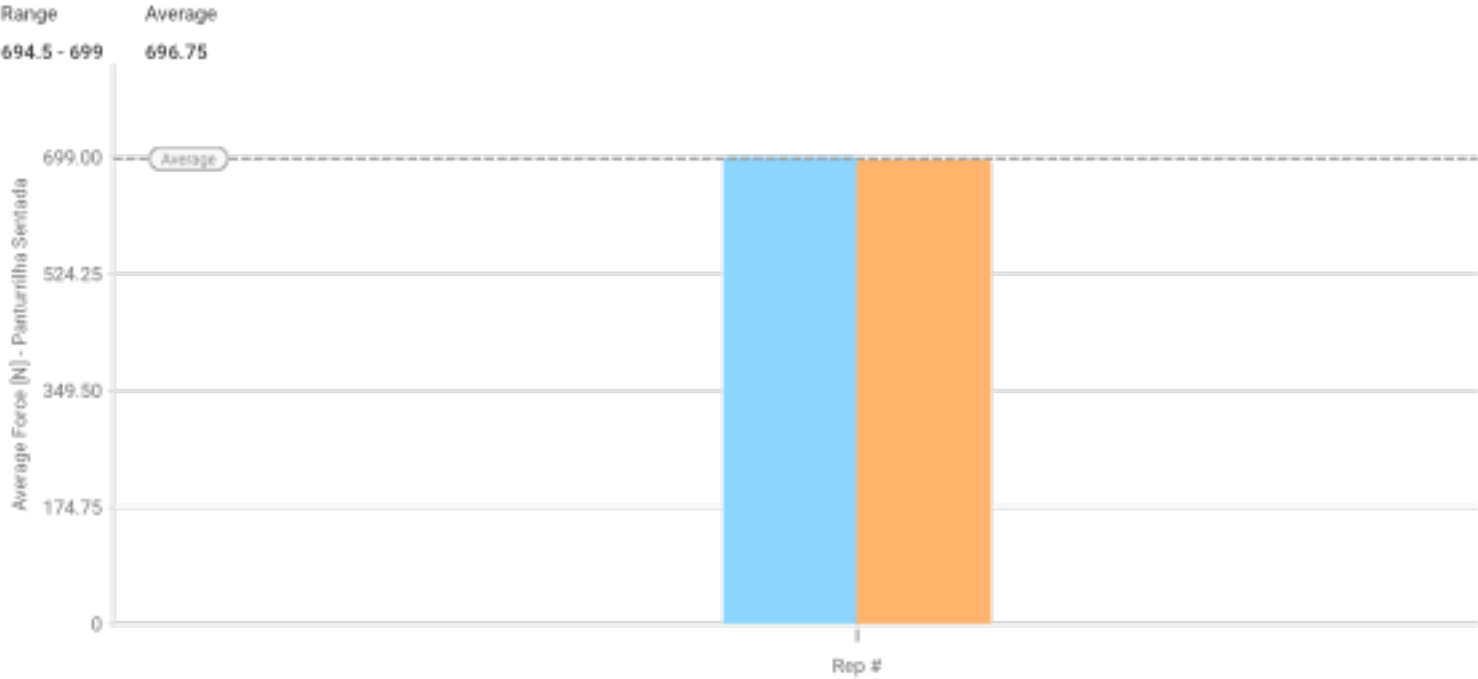
270.5 - 282.25

276.38





Average Force [N] - Panturrilha Sentada



Dorsiflexion Average Force [N] - Ankle Dorsiflexion

