



ON Evolução Corporal

AVENIDA JORGE JOÃO SAAD, 1222 - MORUMBI Sao Paulo, SP 05618-000

ph: +55 11 988163553

Profile: Natália Nardoni

Report By: Nemi Sabeh

Report Date: 22 Sep 2023

Natália Nardoni

Age: 35 (01 Oct 1987)

Knee Extension - Seated (90)

Max Force - Left & Right Side

Left

393N

↓ 14.3%

Right

383N

↓ 14.3%

2.7%

Asymmetry

Hip Flexion - Seated

Max Force - Asym

Left

6.9%

18.6%

Left 321N Right 299N

Hip Flexion - Kicker

Max Force - Asym

Right

0.5%

6.3%

Left 277N Right 278N

Knee Flexion - Standing

Max Force - Left & Right Side

Left

181N

↑ 60.0%

Right

234N

↑ 35.5%

22.8%

Asymmetry

Knee Flexion - Prone

Max Force - Left & Right Side

Left

290N

↑ 220.7%

Right

254N

↑ 19.9%

12.4%

Asymmetry

Hip IR/ER - Prone

Max Force - Left & Right Side Hip ER:IR ...

Left

1.13

20.0%

Right

1.03

1.0%

Hip Extension - Prone

Max Force - Asym

Right

15.6%

8.0%

Left 438N Right 519N

Hip Add/Abd - Seated

Max Force - Left & Right Side Hip Add:Ab...

Left

0.98

6.4%

Right

1.05

25.4%

Ankle Plantar Flexion - Seate...

Max Force - Left & Right Side

Left

754N

↑ 56.3%

Right

679N

↑ 14.9%

10%

Asymmetry

Ankle Inv/Ev - Supine

Max Force - Left & Right Side Ankle Inv:...

Left

0.68

35.0%

Right

0.58

35.9%

Ankle Dorsiflexion - Seated

Max Force - Left & Right Side

Left

132N

↑ 75.6%

Right

129N

↑ 9.6%

2.6%

Asymmetry