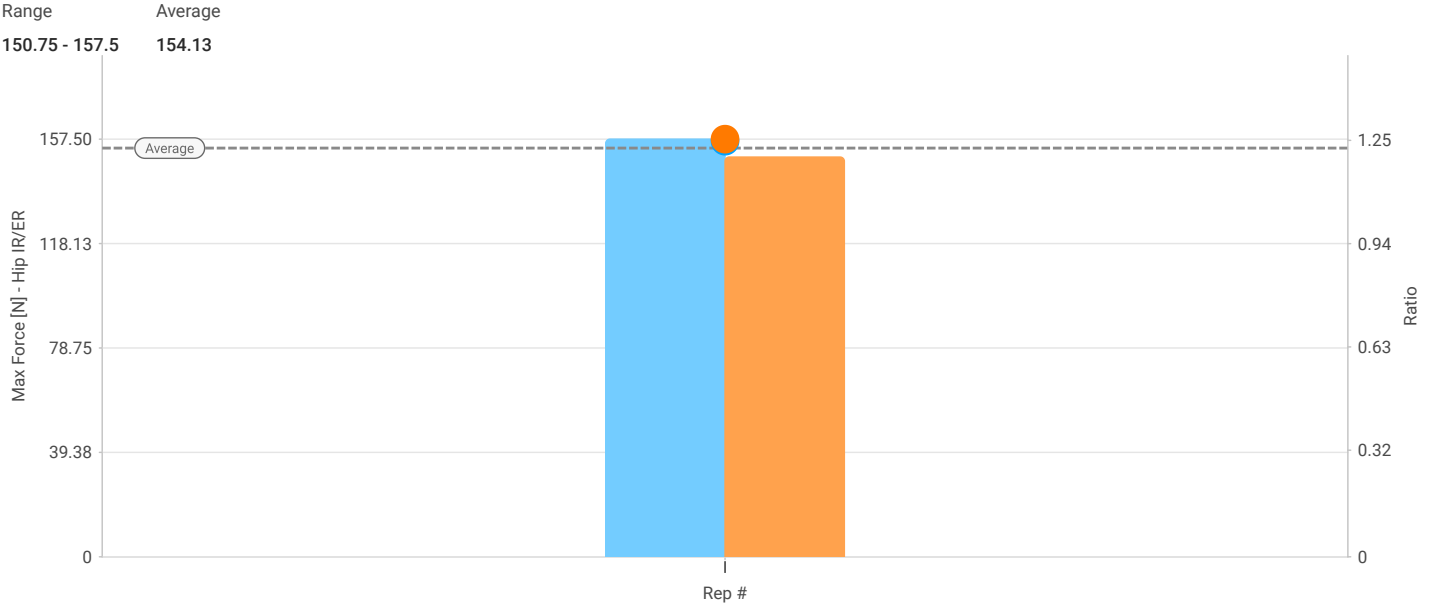




Tests (9)

Profile	Date	Test Type	Test Position	Reps
Adalberto Belmomte Junior				
9 Tests				
	21/03/2023 1:31 PM	Hip IR/ER	Prone	ER 2 L / 2 R IR 2 L / 2 R
	21/03/2023 1:27 PM	Ankle IN/EV	Supine	INV 2 L / 2 R EV 2 L / 2 R
	21/03/2023 1:24 PM	Hip Extension	Prone	EXT 2 L / 2 R
	21/03/2023 1:19 PM	Hip Flexion	Kicker	FLEX 2 L / 2 R
	21/03/2023 1:15 PM	Hip Flexion	Seated	FLEX 2 L / 2 R
	21/03/2023 1:11 PM	Hip AD/AB	Seated	ADD 2 L / 2 R ABD 2 L / 2 R
	21/03/2023 1:06 PM	Knee extensor	Knee ext	Outer 2 L / 2 R
	21/03/2023 1:01 PM	Panturrilha Sentada	Panturrilha Sentada	Outer 2 L / 2 R
	21/03/2023 12:58 PM	Ankle Dorsiflexion	Seated	DF 2 L / 2 R

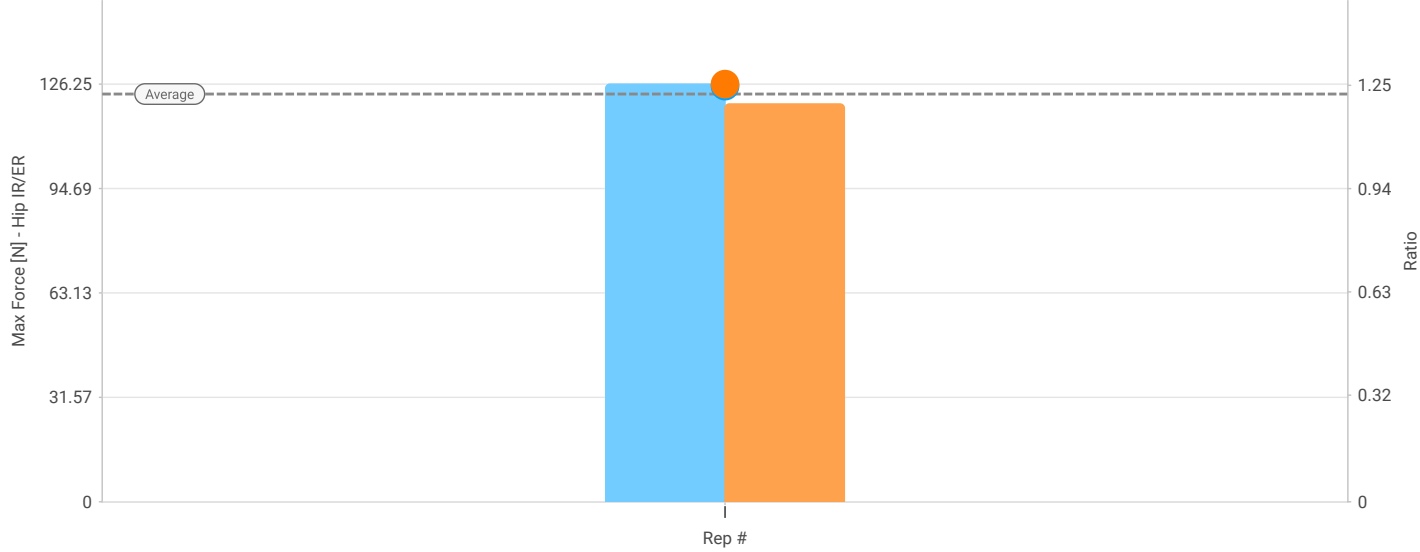
External Rotation Max Force [N] - Hip IR/ER





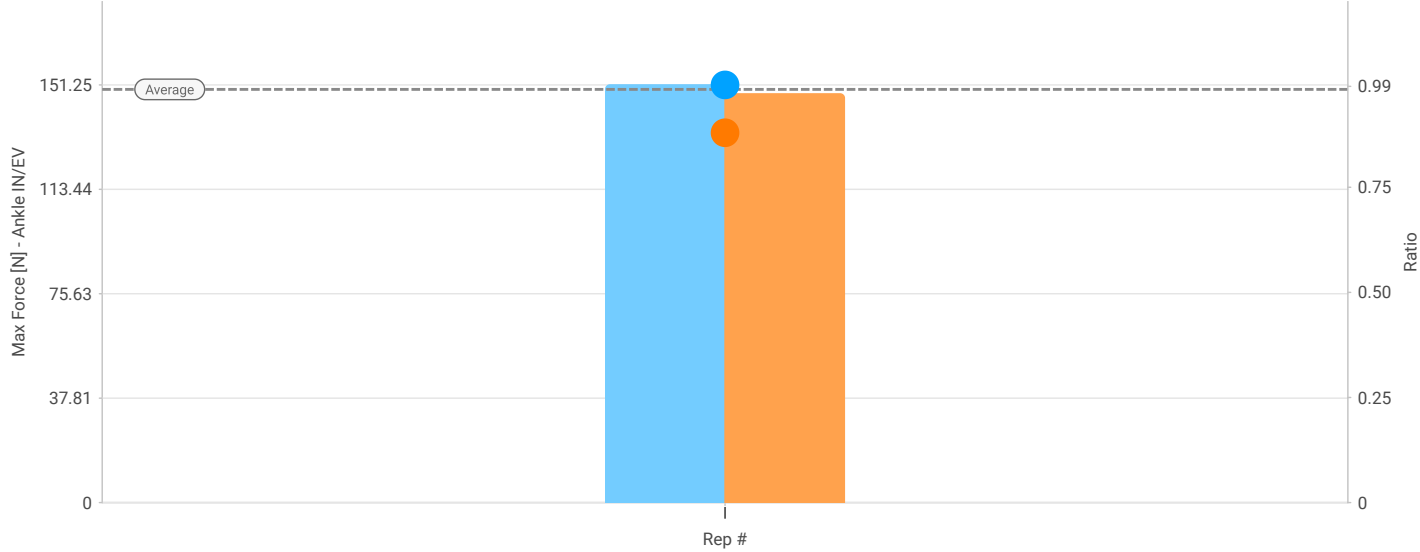
Internal Rotation Max Force [N] - Hip IR/ER

Range      Average  
120.25 - 126.25      123.25



Inversion Max Force [N] - Ankle IN/EV

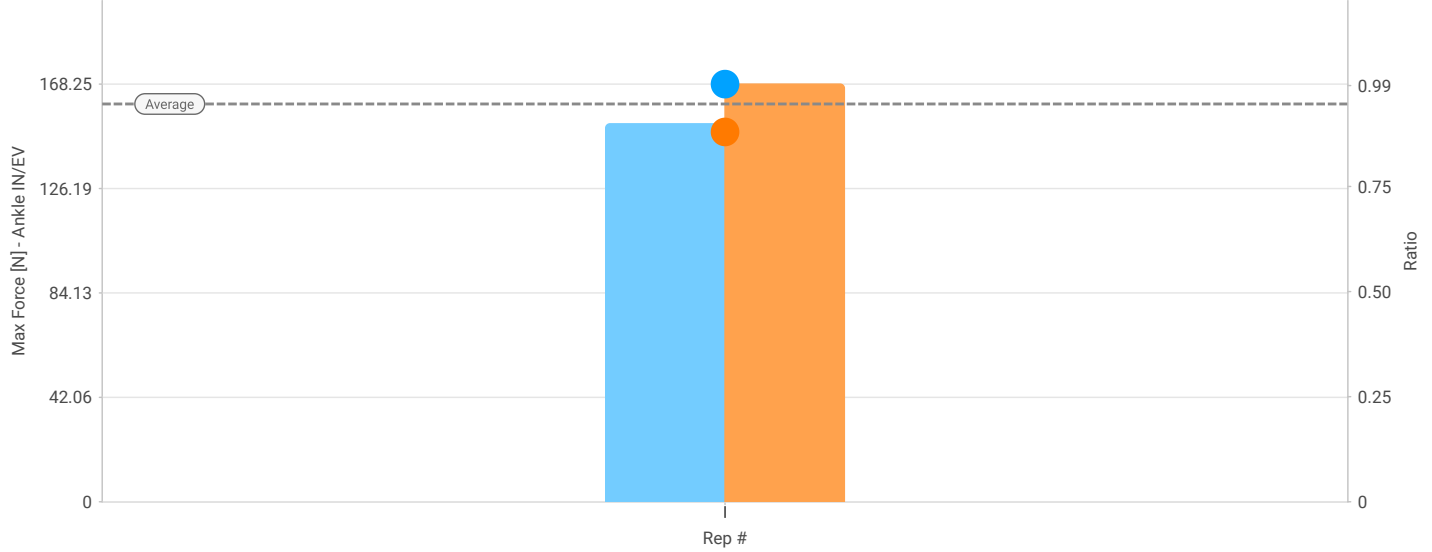
Range      Average  
148 - 151.25      149.63





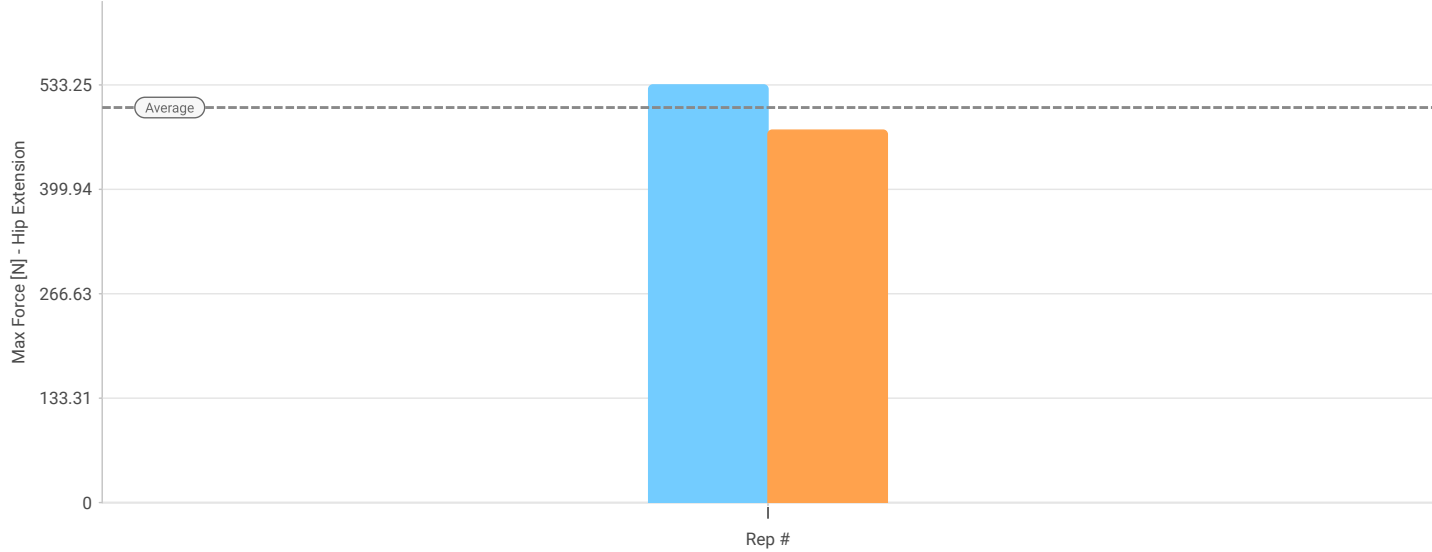
Eversion Max Force [N] - Ankle IN/EV

Range      Average  
152.25 - 168.25      160.25



Extension Max Force [N] - Hip Extension

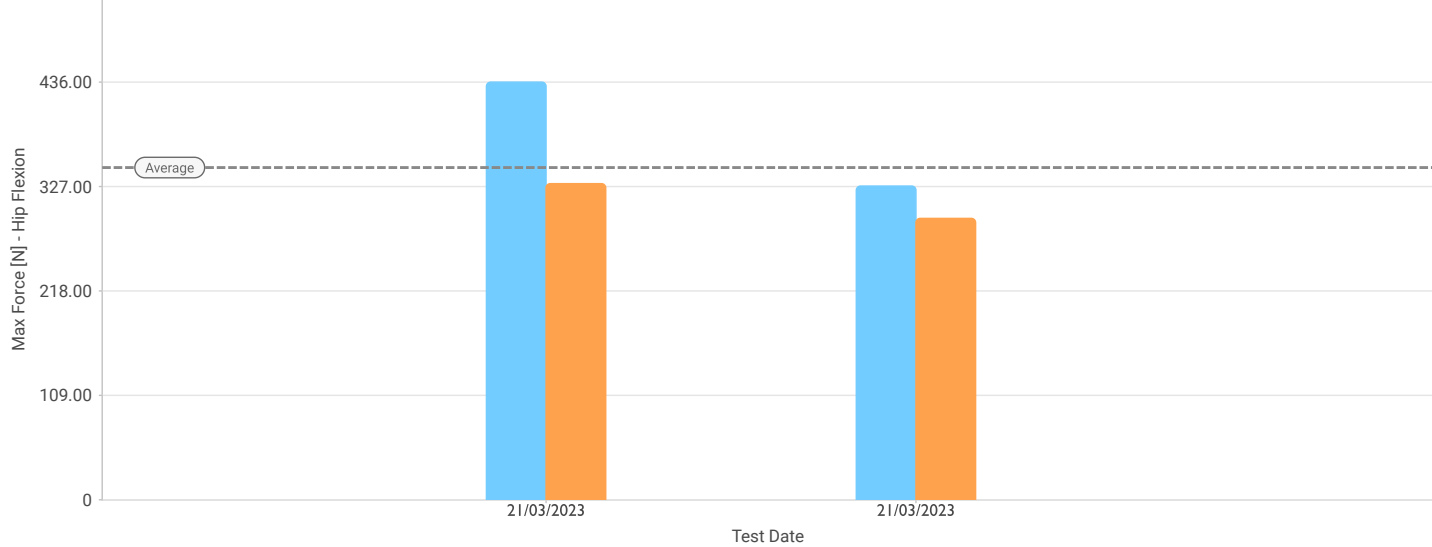
Range      Average  
475.5 - 533.25      504.38





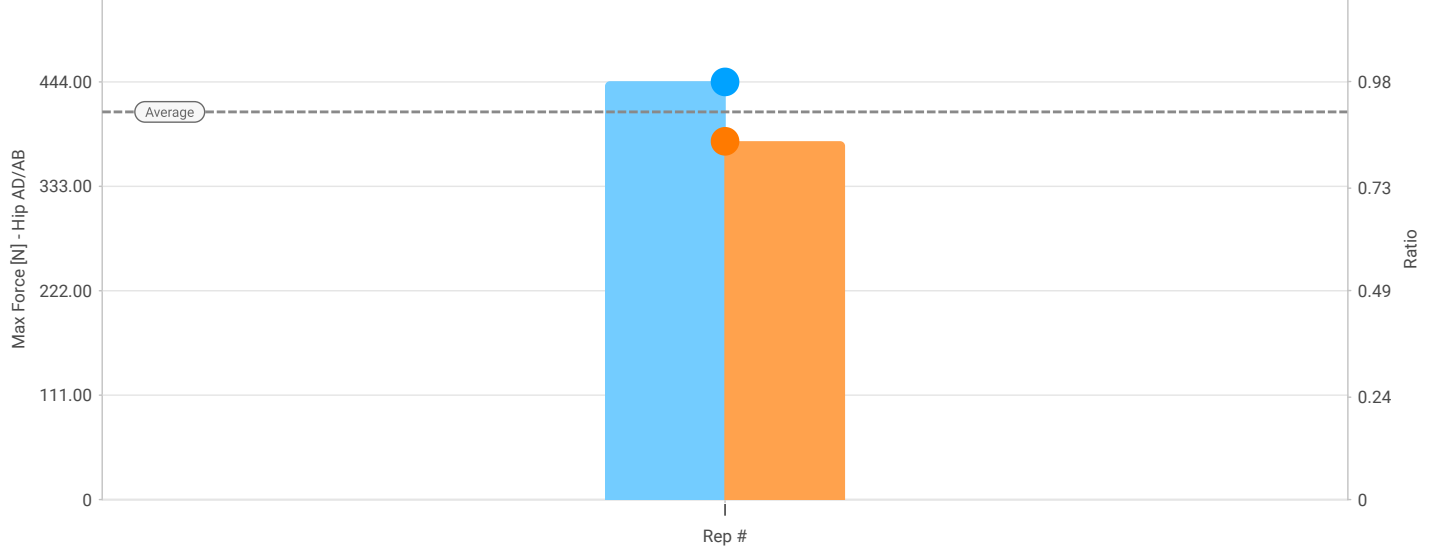
Flexion Max Force [N] - Hip Flexion

Range      Average  
293.75 - 436      346.81



Adduction Max Force [N] - Hip AD/AB

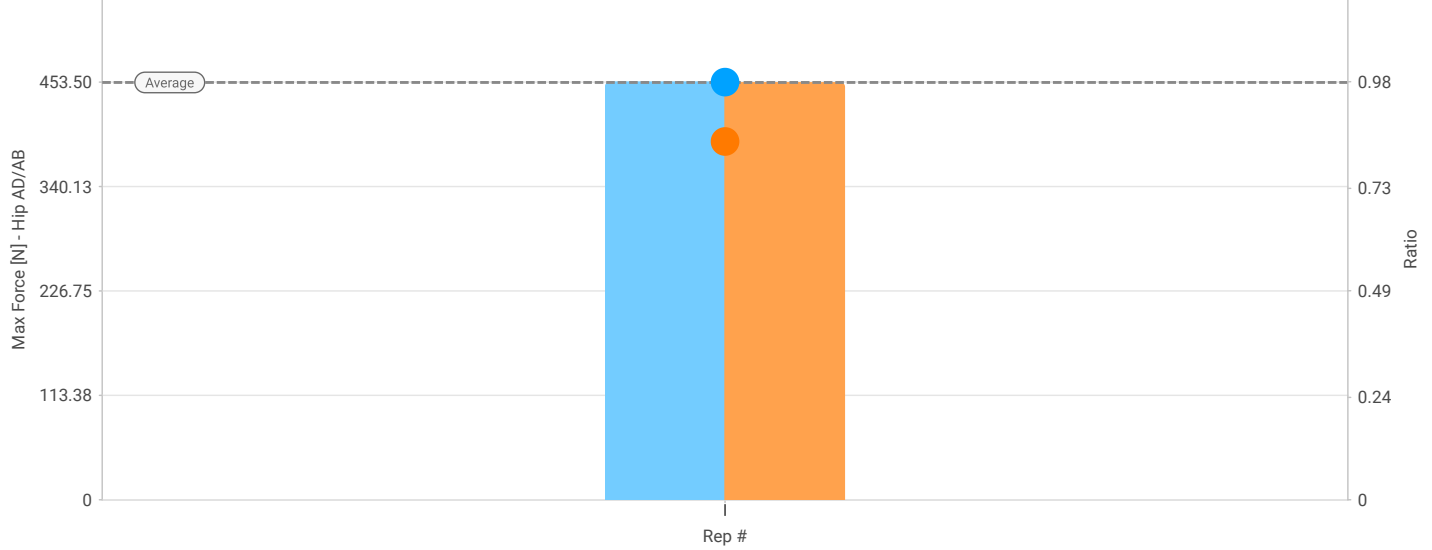
Range      Average  
380.25 - 444      412.13





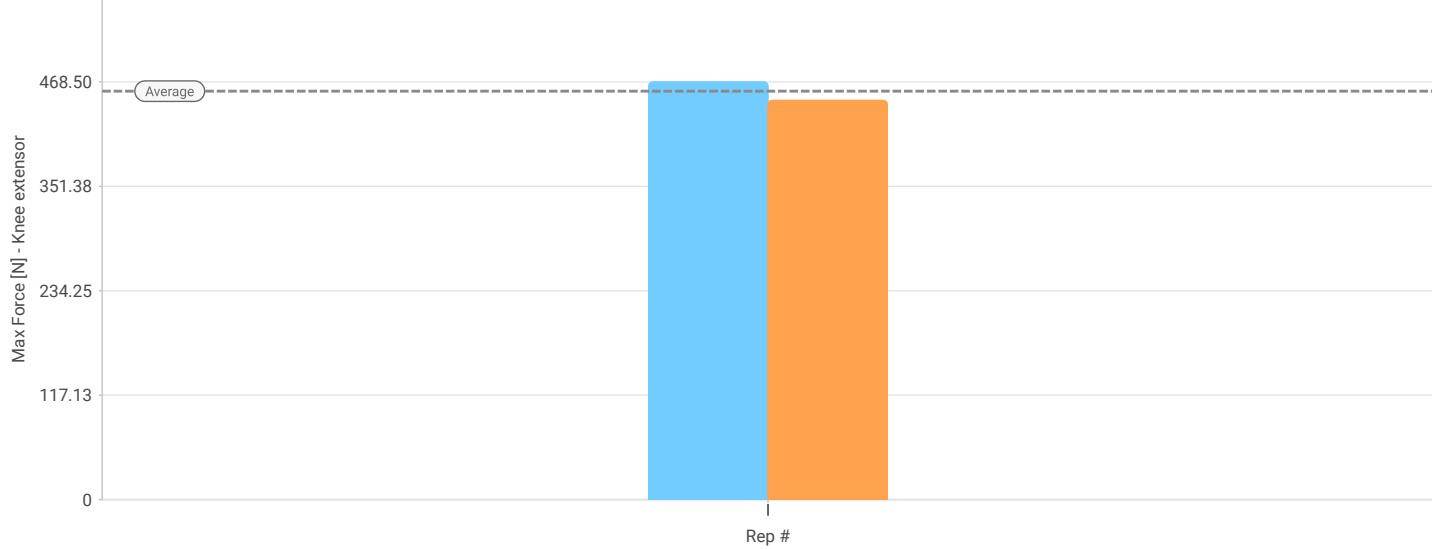
Abduction Max Force [N] - Hip AD/AB

Range      Average  
452.75 - 453.5      453.13



Max Force [N] - Knee extensor

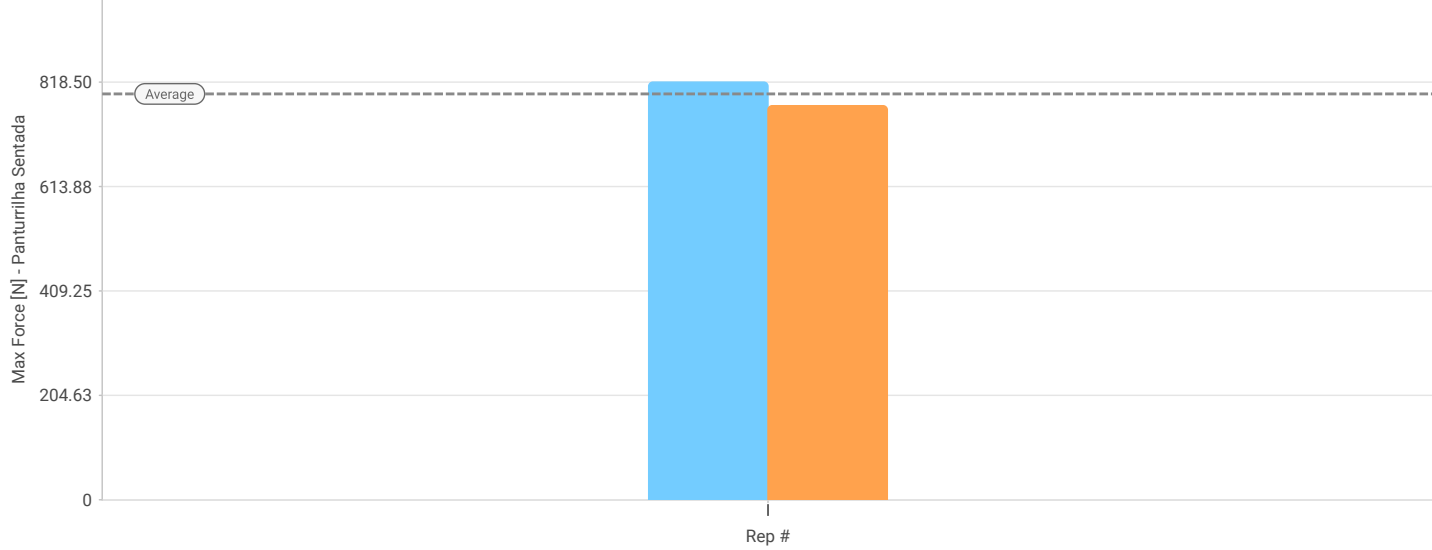
Range      Average  
447.75 - 468.5      458.13





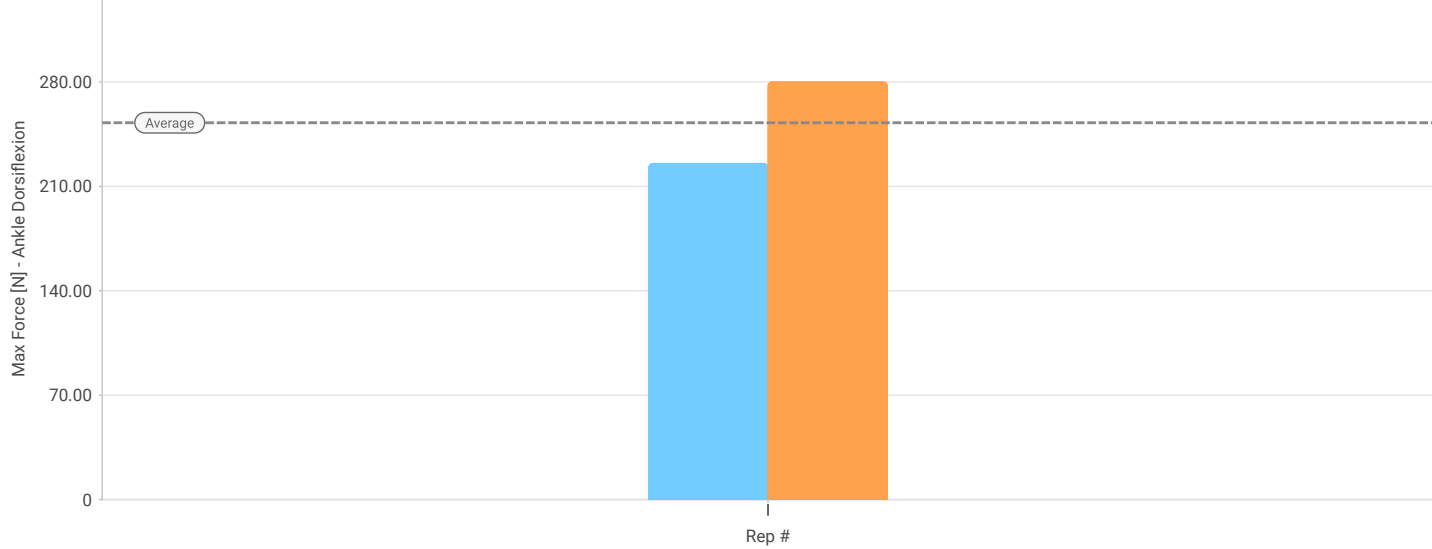
Max Force [N] - Panturrilha Sentada

Range      Average  
772.25 - 818.5      795.38



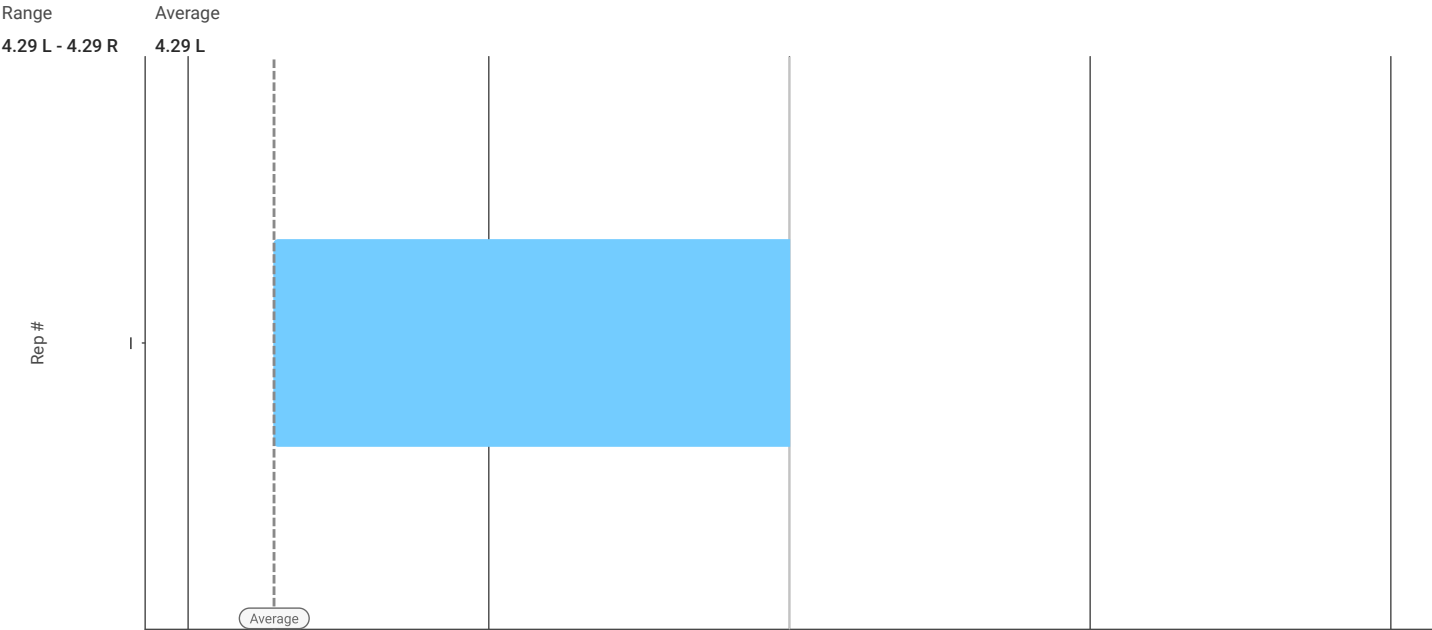
Dorsiflexion Max Force [N] - Ankle Dorsiflexion

Range      Average  
225.25 - 280      252.63

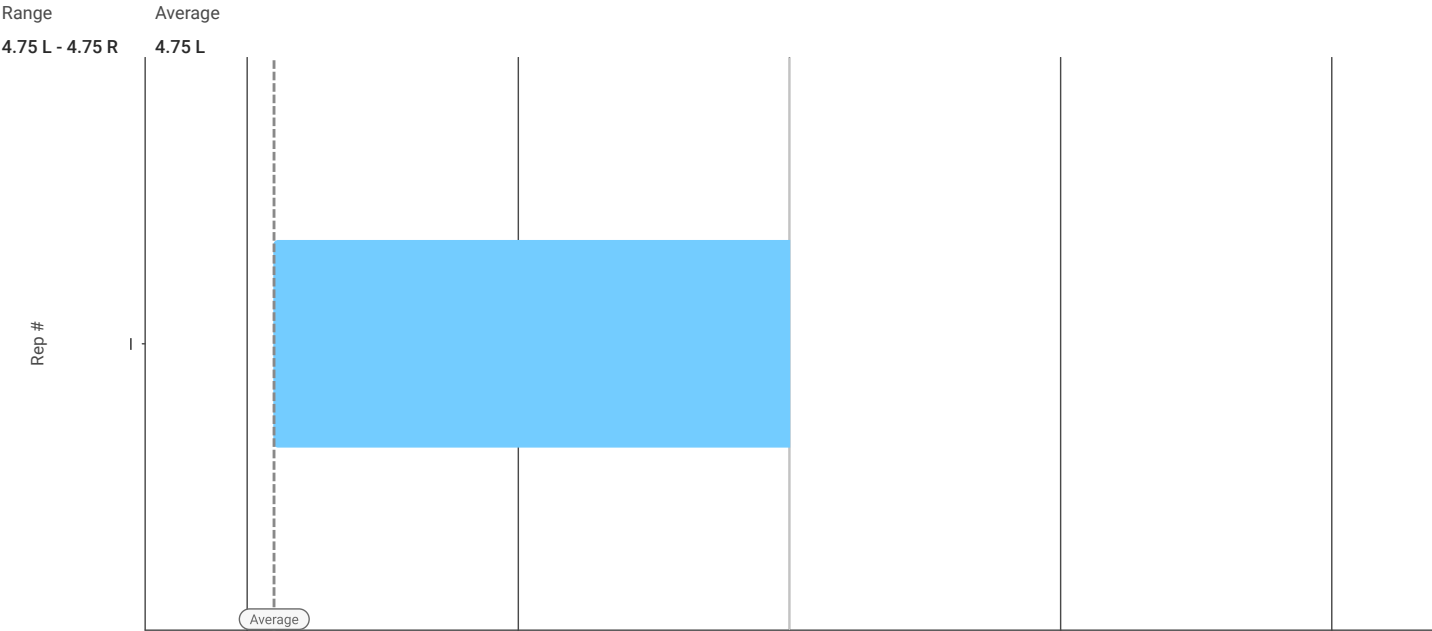




External Rotation Asymmetry [%] - Hip IR/ER

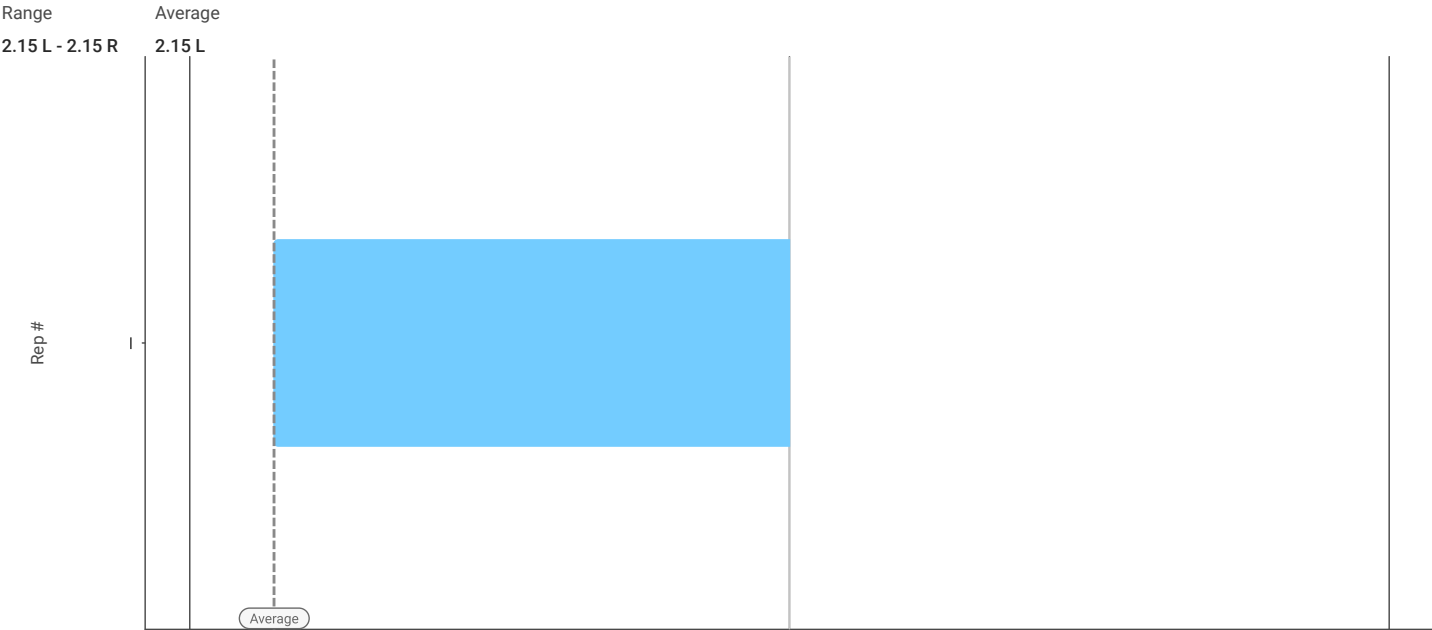


Internal Rotation Asymmetry [%] - Hip IR/ER

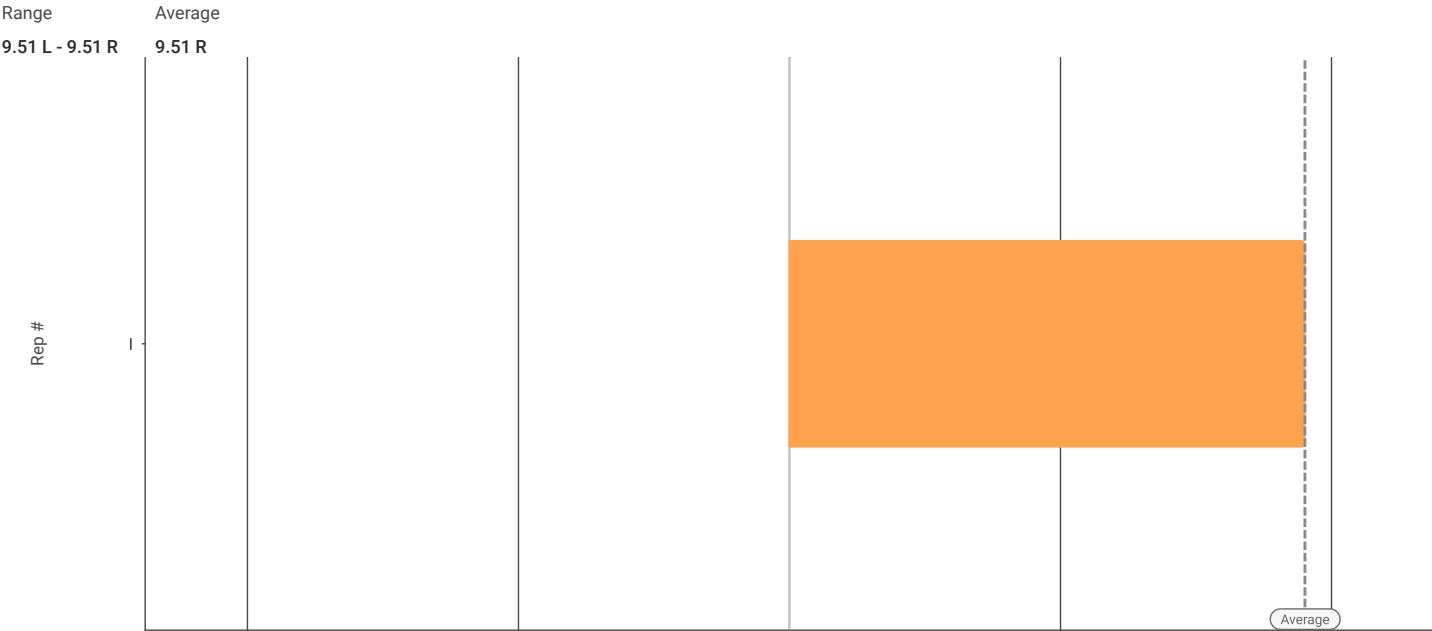




Inversion Asymmetry [%] - Ankle IN/EV



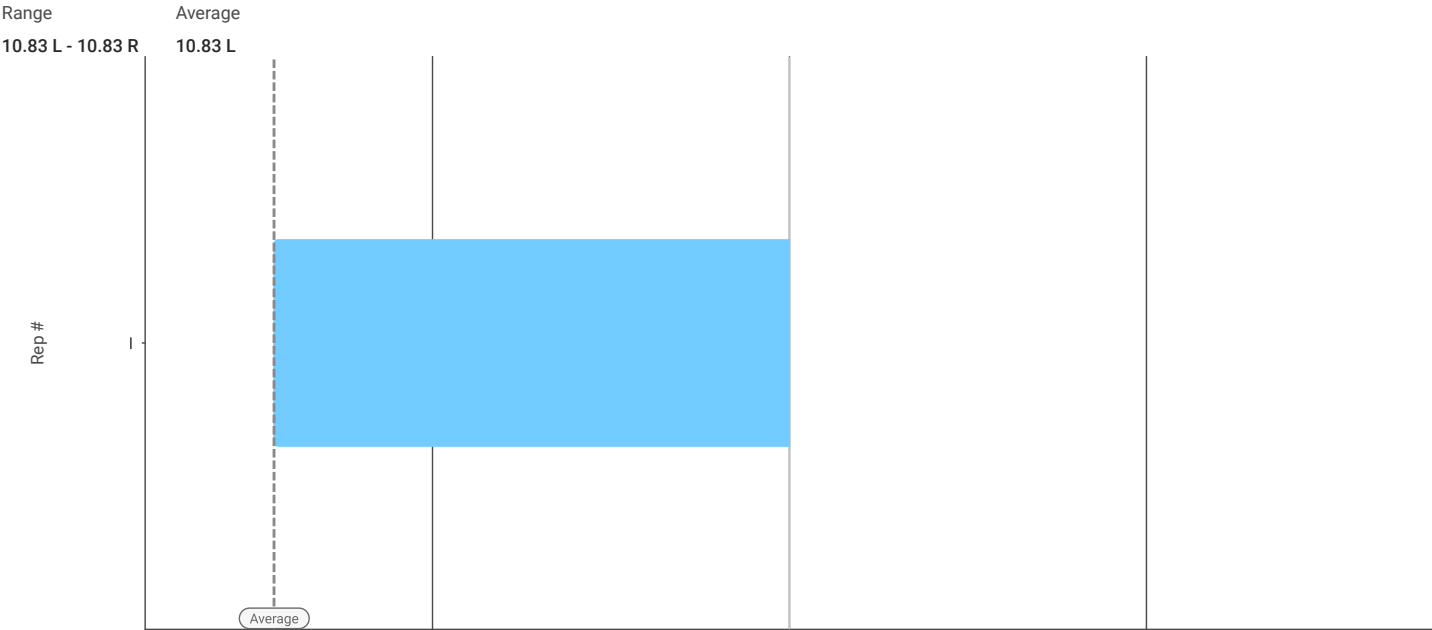
Eversion Asymmetry [%] - Ankle IN/EV



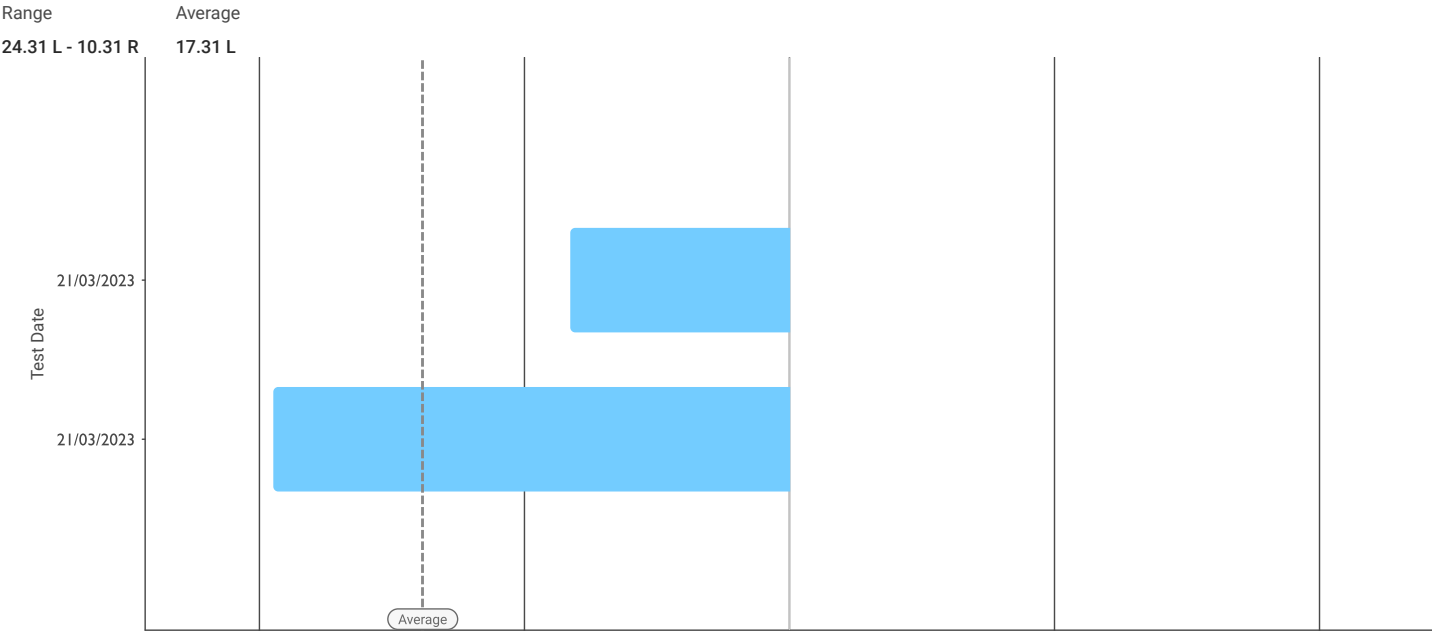




Extension Asymmetry [%] - Hip Extension

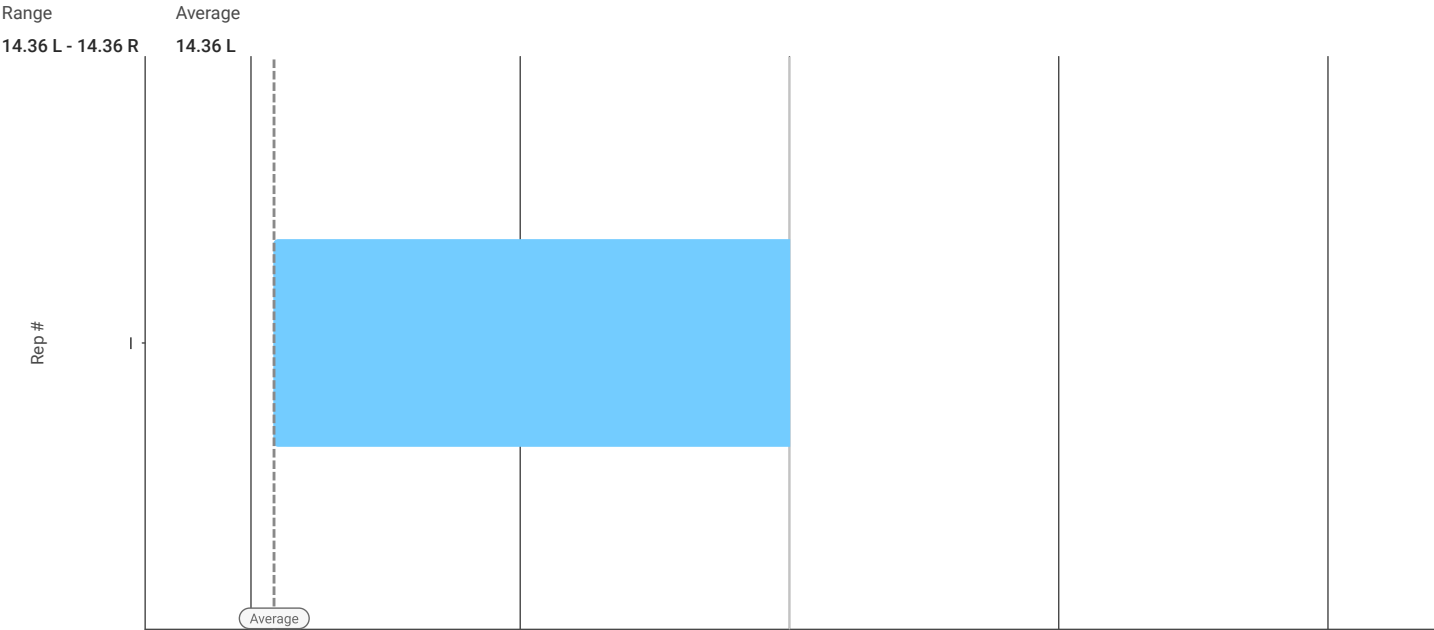


Flexion Asymmetry [%] - Hip Flexion

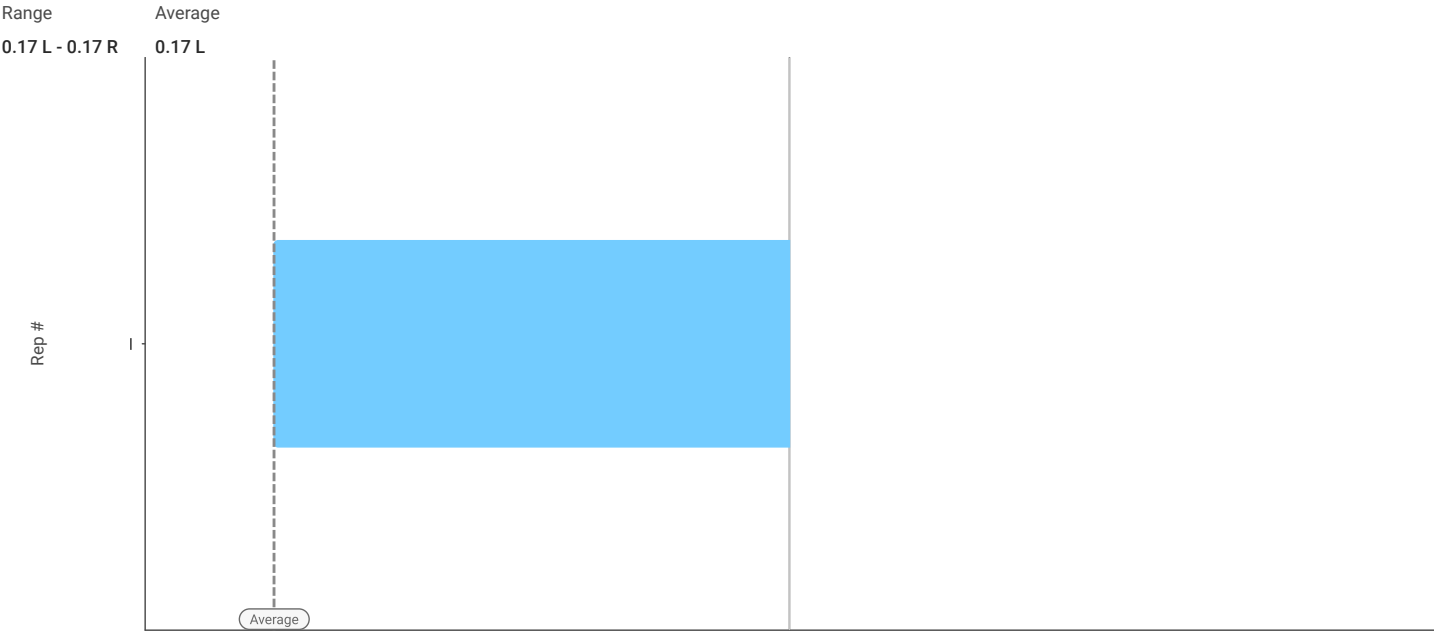




Adduction Asymmetry [%] - Hip AD/AB

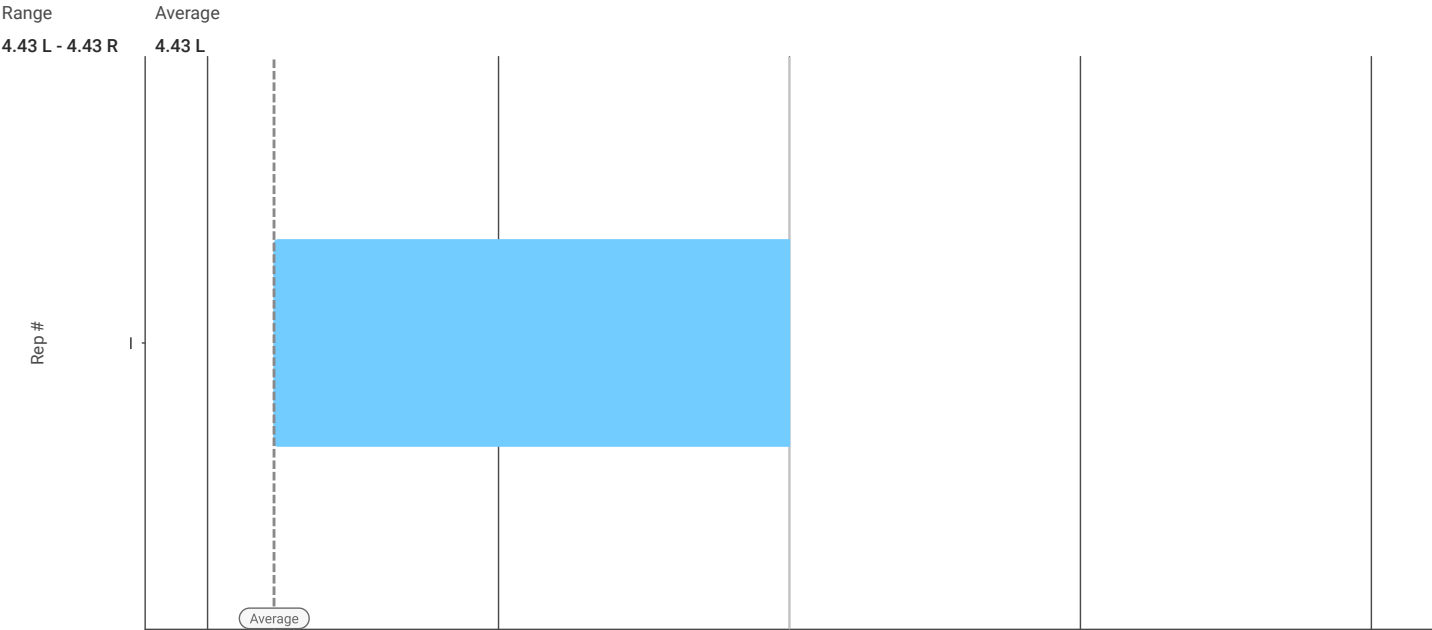


Abduction Asymmetry [%] - Hip AD/AB

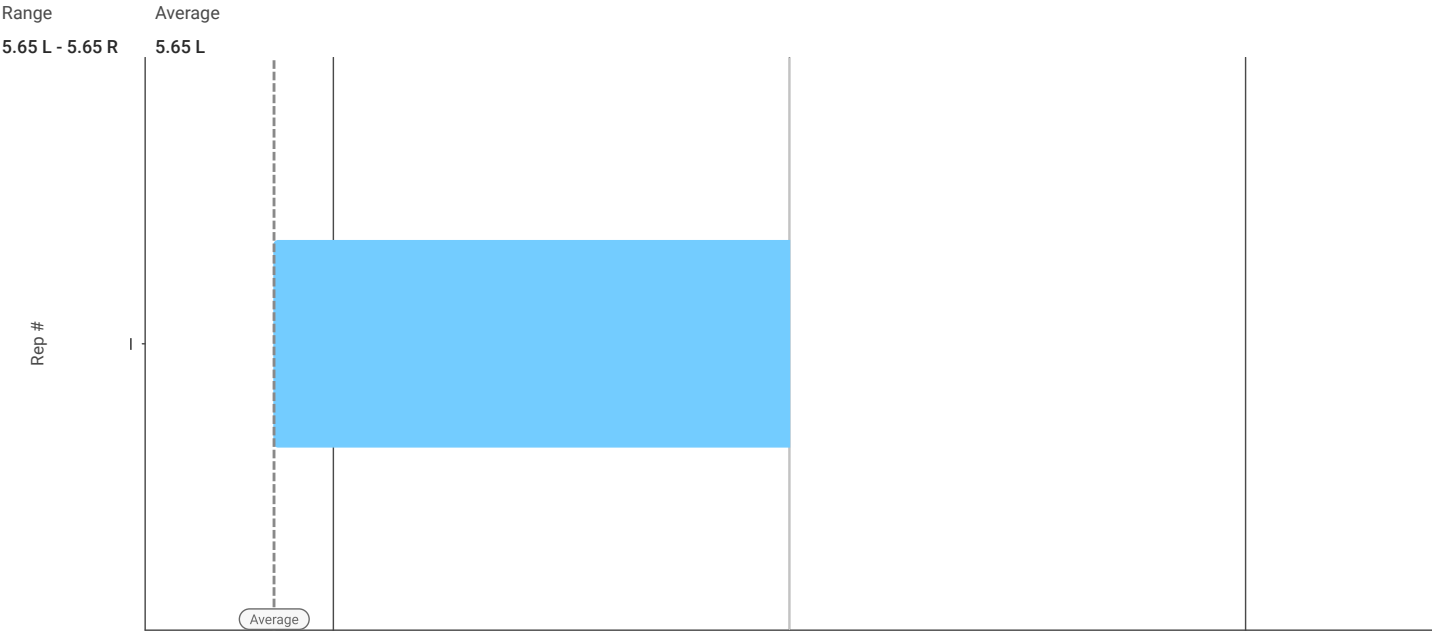




Asymmetry [%] - Knee extensor

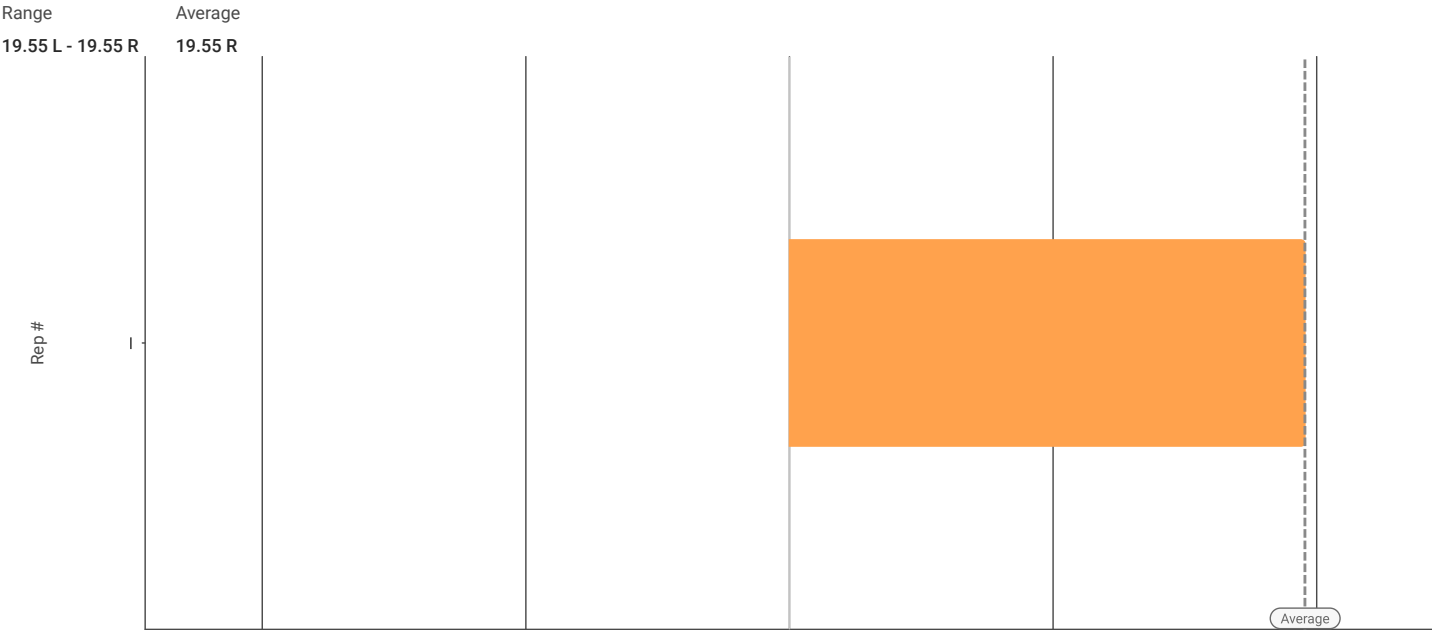


Asymmetry [%] - Panturrilha Sentada

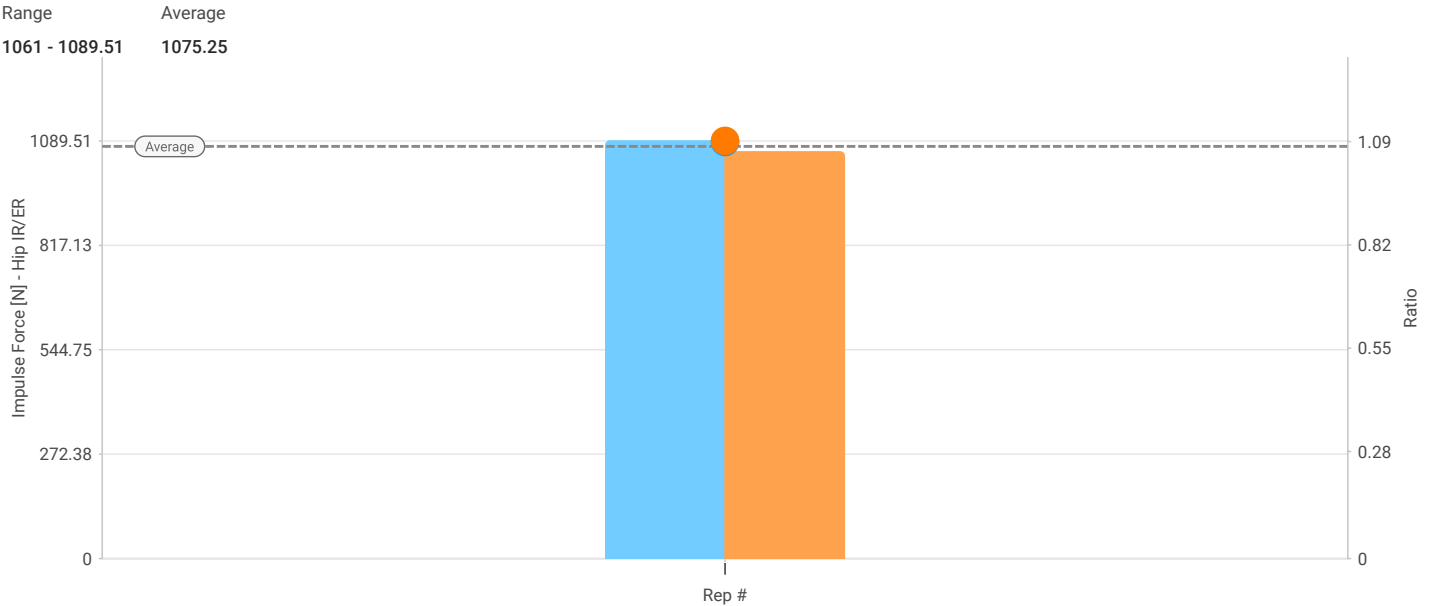




Dorsiflexion Asymmetry [%] - Ankle Dorsiflexion



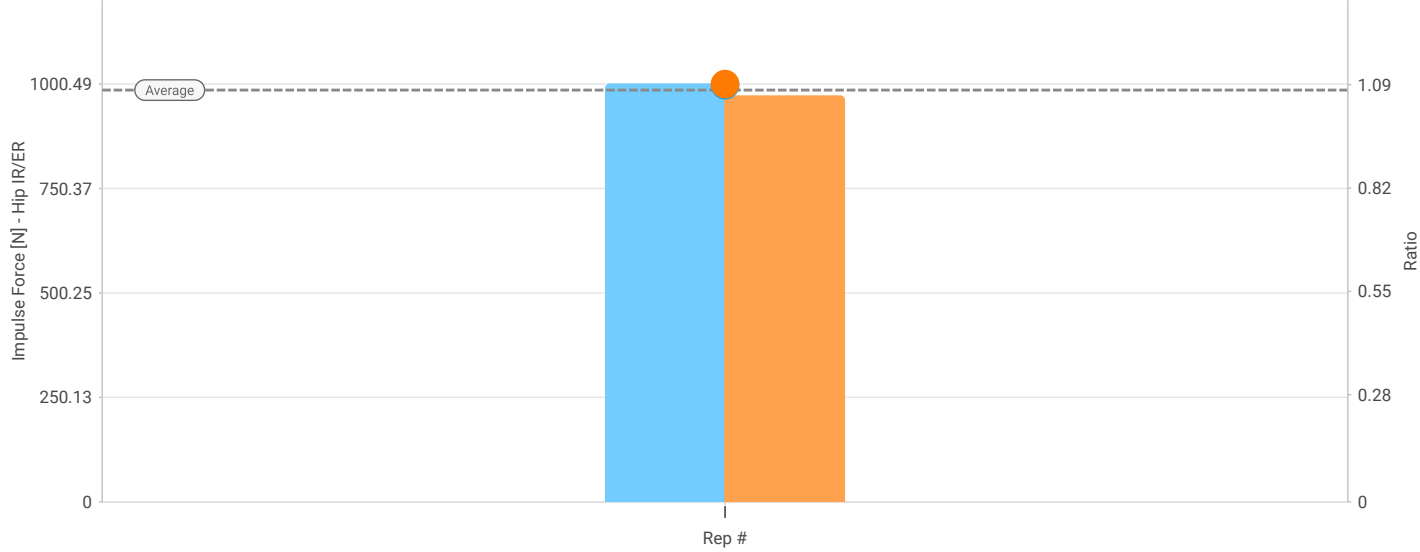
External Rotation Impulse Force [N] - Hip IR/ER





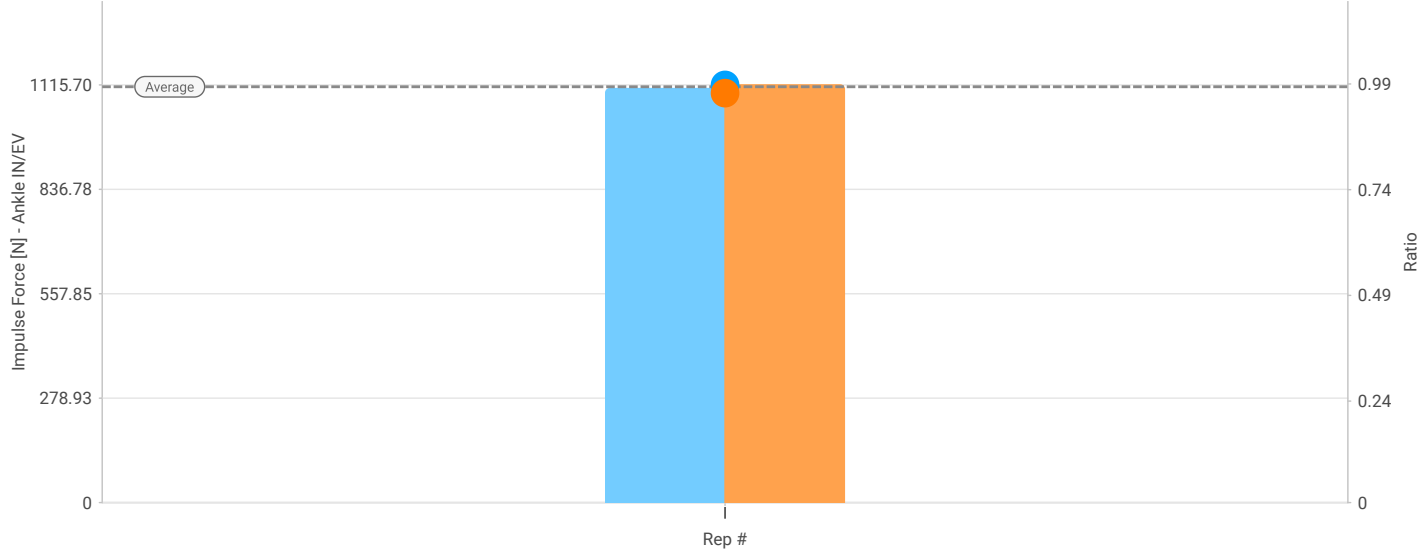
Internal Rotation Impulse Force [N] - Hip IR/ER

Range      Average  
971.9 - 1000.49      986.2



Inversion Impulse Force [N] - Ankle IN/EV

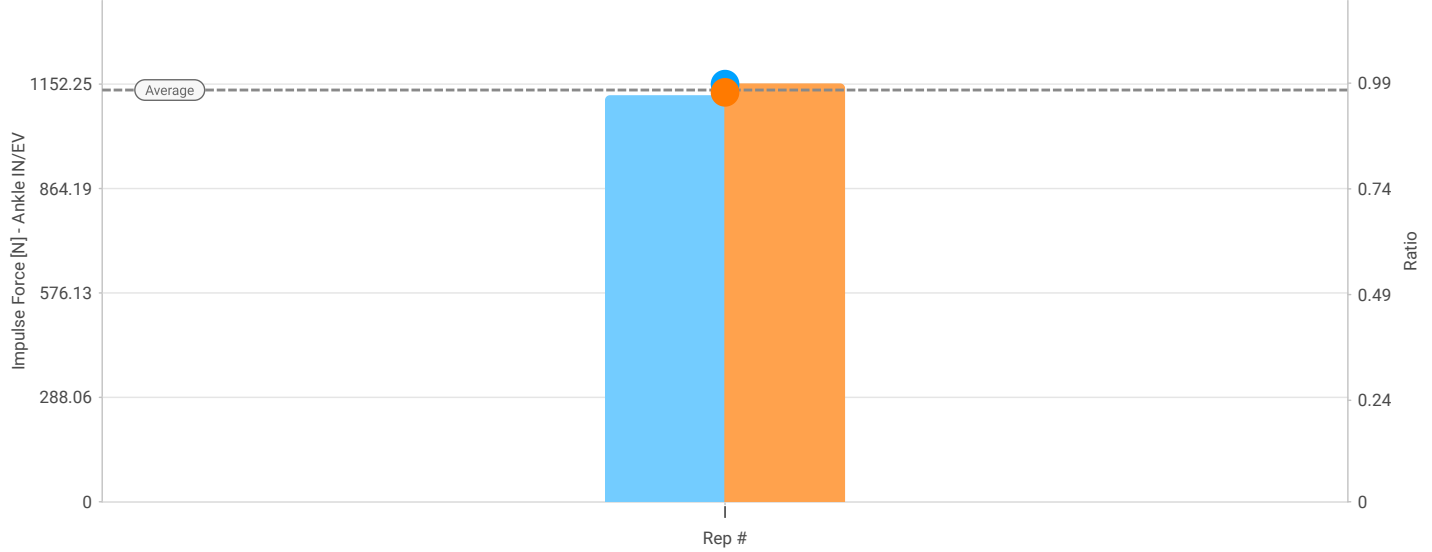
Range      Average  
1105.93 - 1115.7      1110.81





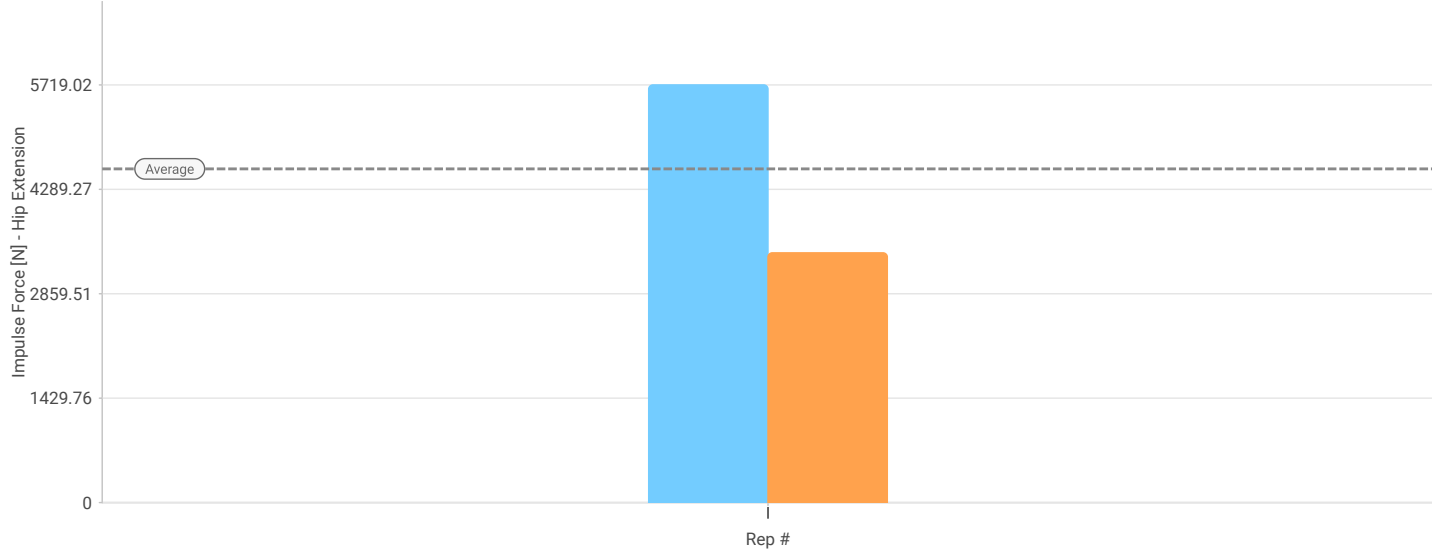
Eversion Impulse Force [N] - Ankle IN/EV

Range      Average  
1119.67 - 1152.25      1135.96



Extension Impulse Force [N] - Hip Extension

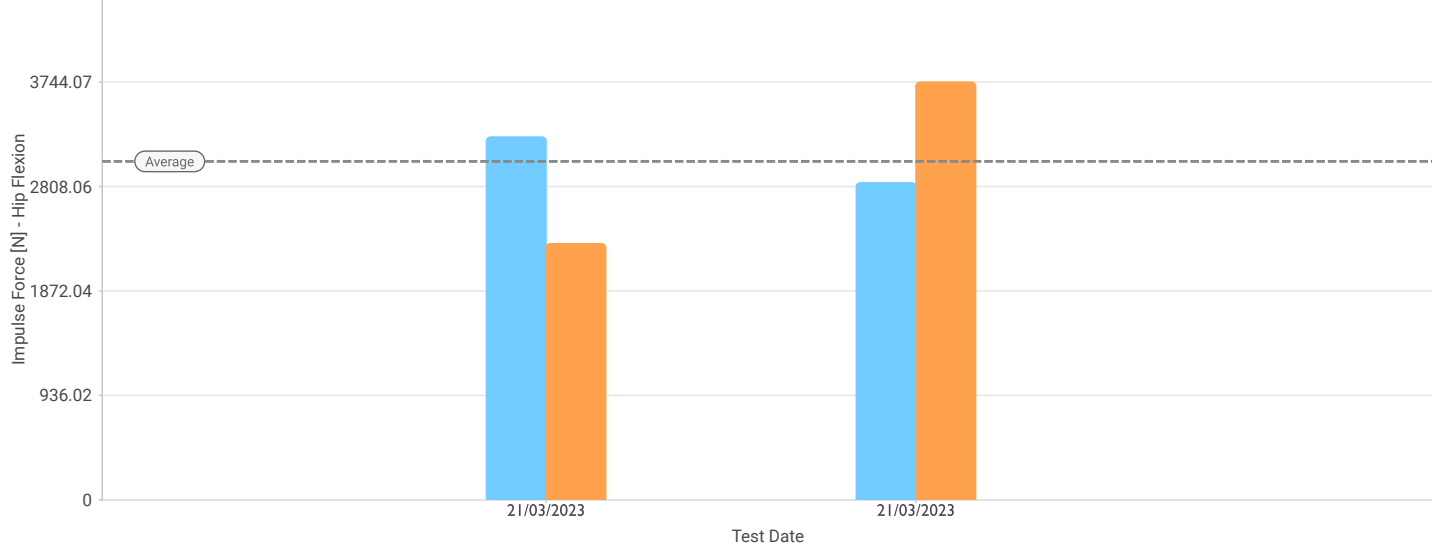
Range      Average  
3419.68 - 5719.02      4569.35





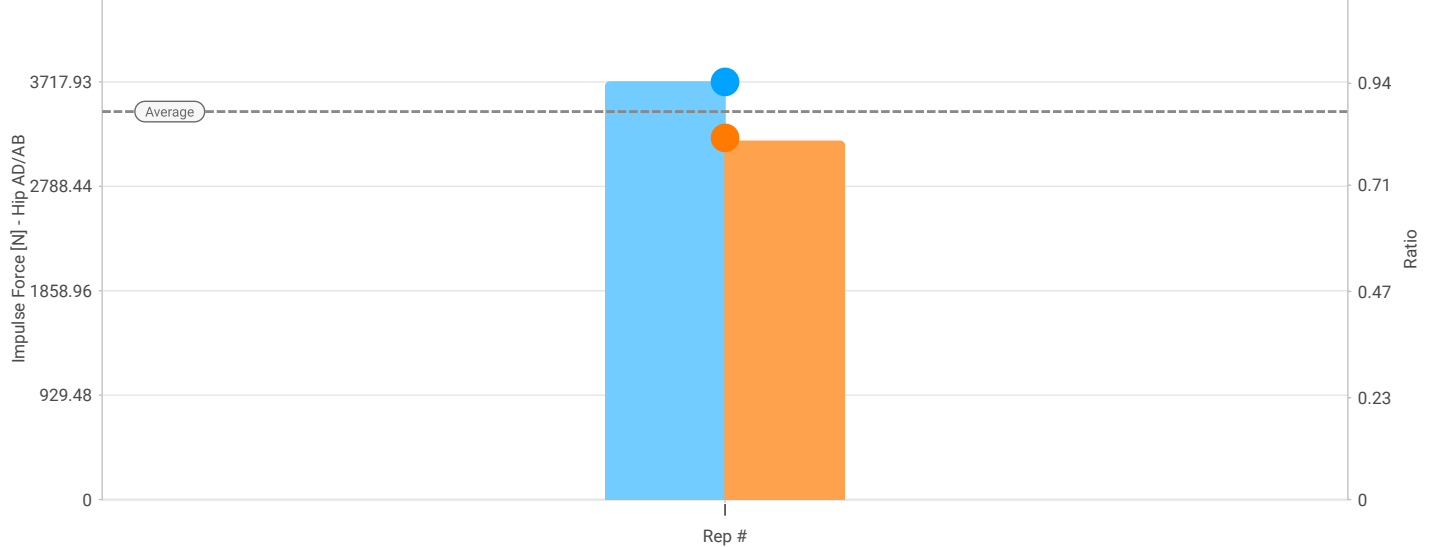
Flexion Impulse Force [N] - Hip Flexion

Range      Average  
2295.6 - 3744.07      3033.3



Adduction Impulse Force [N] - Hip AD/AB

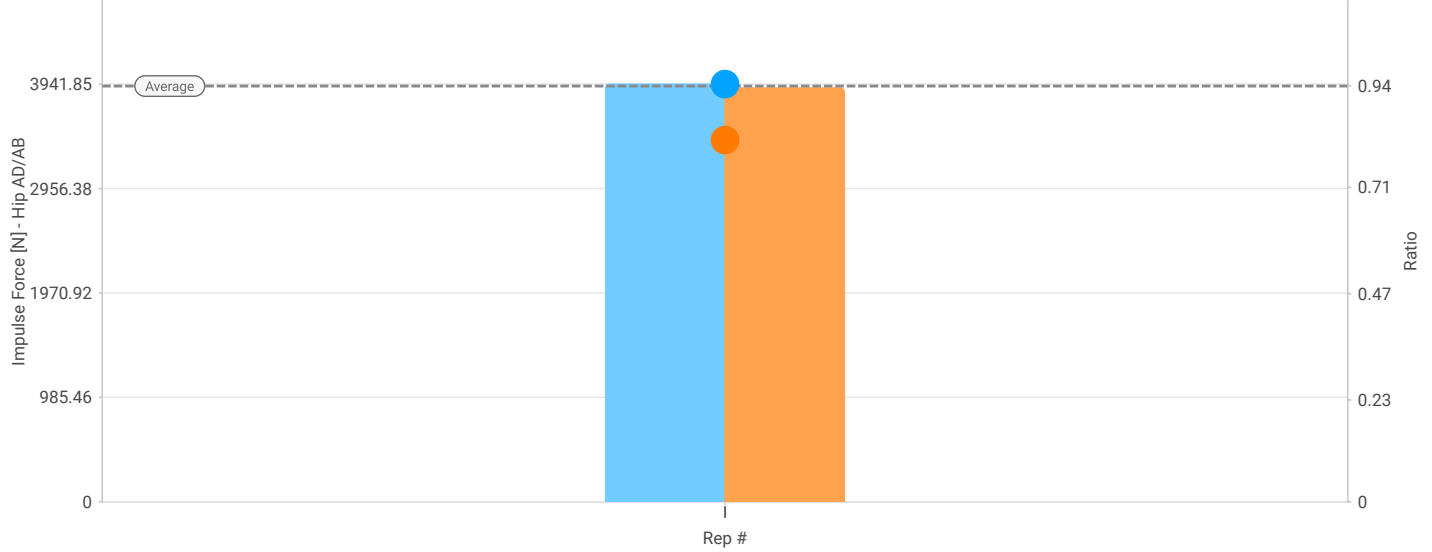
Range      Average  
3189.82 - 3717.93      3453.87





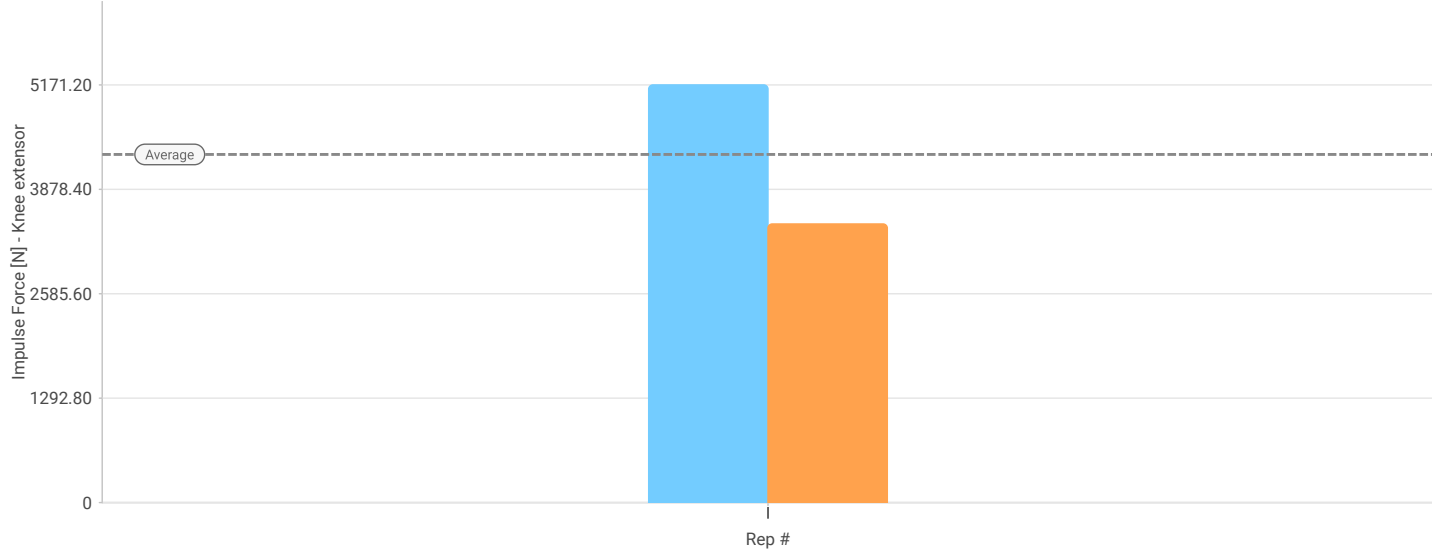
Abduction Impulse Force [N] - Hip AD/AB

Range                      Average  
3905.32 - 3941.85      3923.59



Impulse Force [N] - Knee extensor

Range                      Average  
3449.57 - 5171.21      4310.39

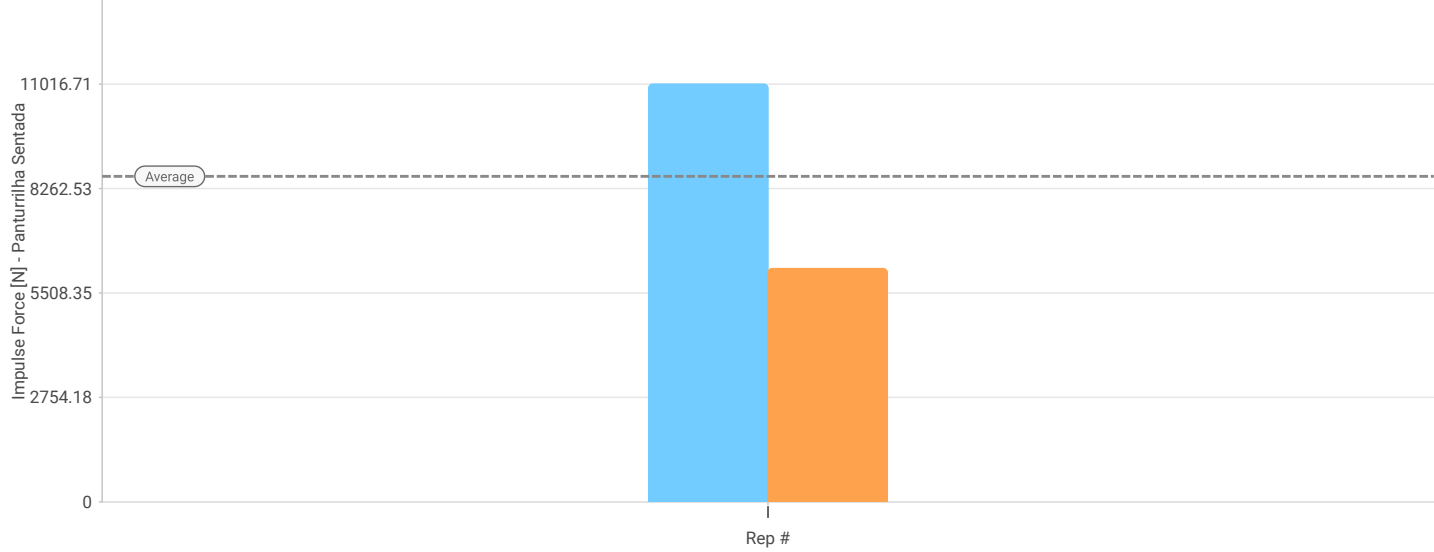






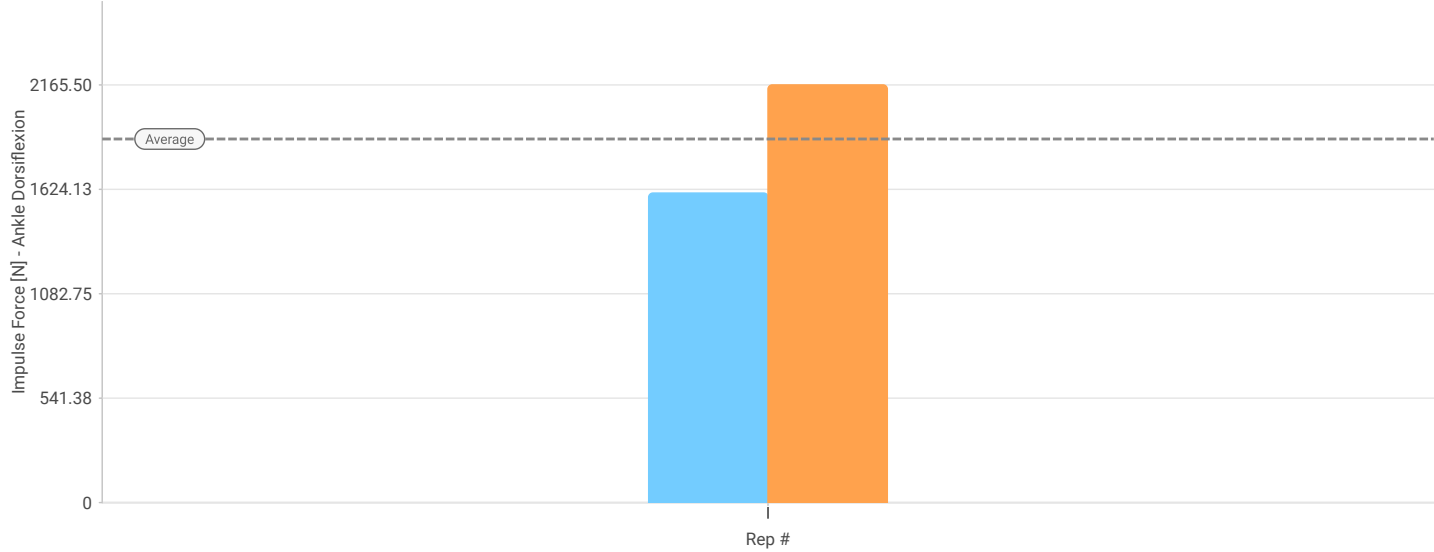
Impulse Force [N] - Panturrilha Sentada

Range      Average  
6151.04 - 11016.71      8583.87



Dorsiflexion Impulse Force [N] - Ankle Dorsiflexion

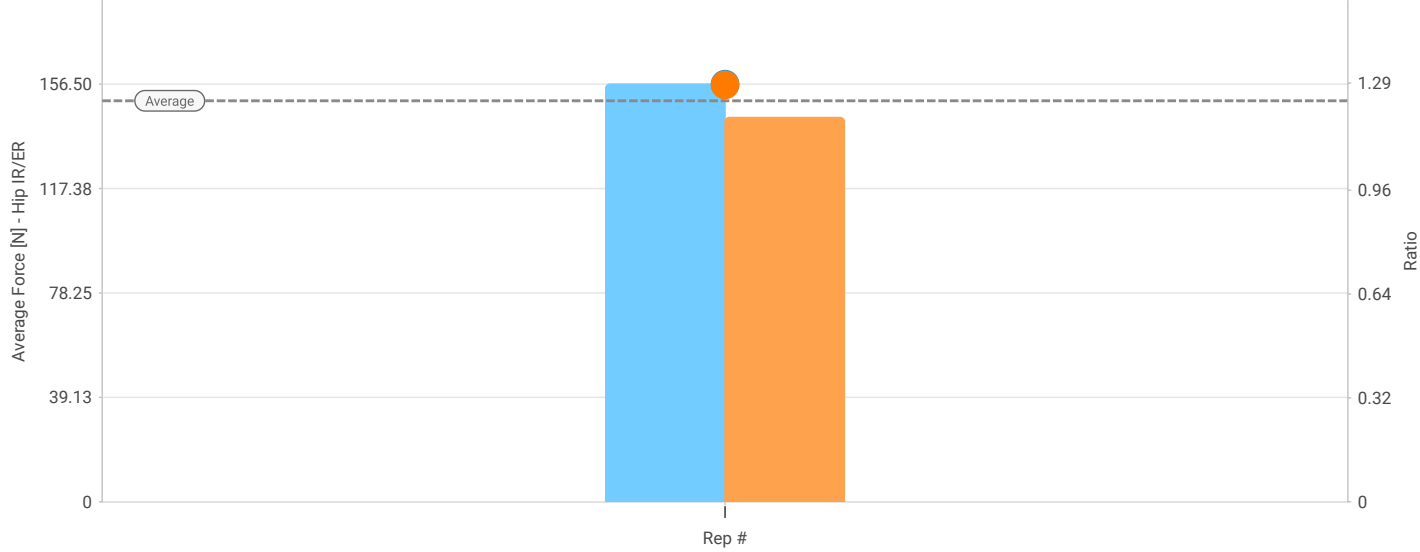
Range      Average  
1604.77 - 2165.5      1885.14





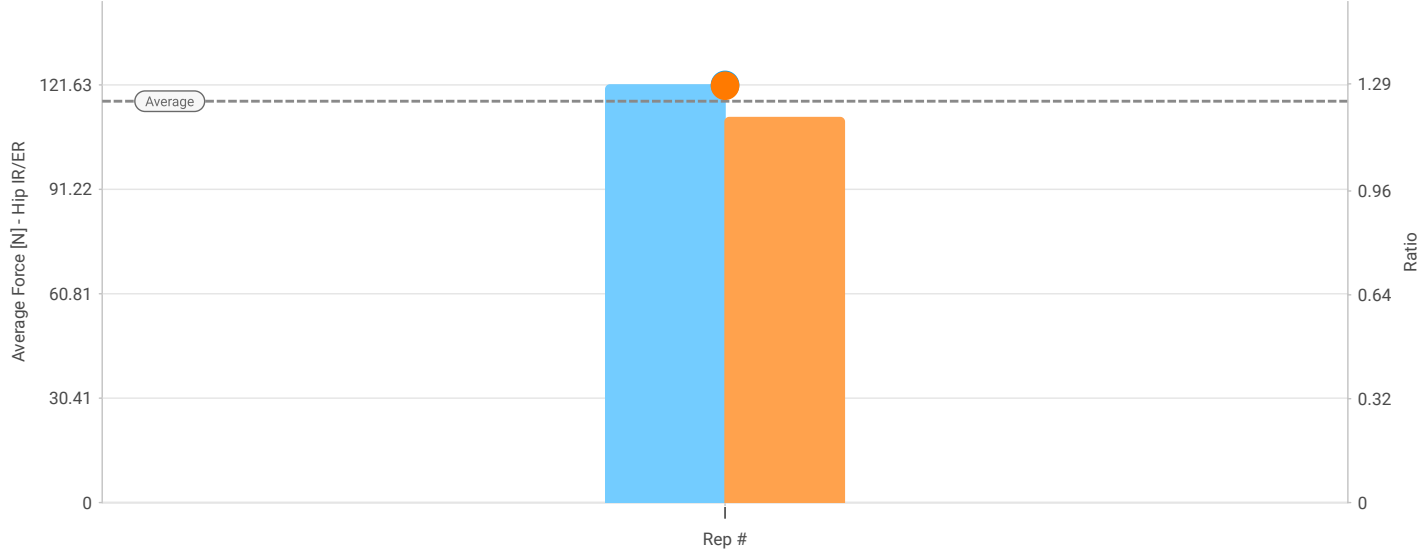
External Rotation Average Force [N] - Hip IR/ER

Range      Average  
144 - 156.5    150.25



Internal Rotation Average Force [N] - Hip IR/ER

Range      Average  
112.13 - 121.63    116.88





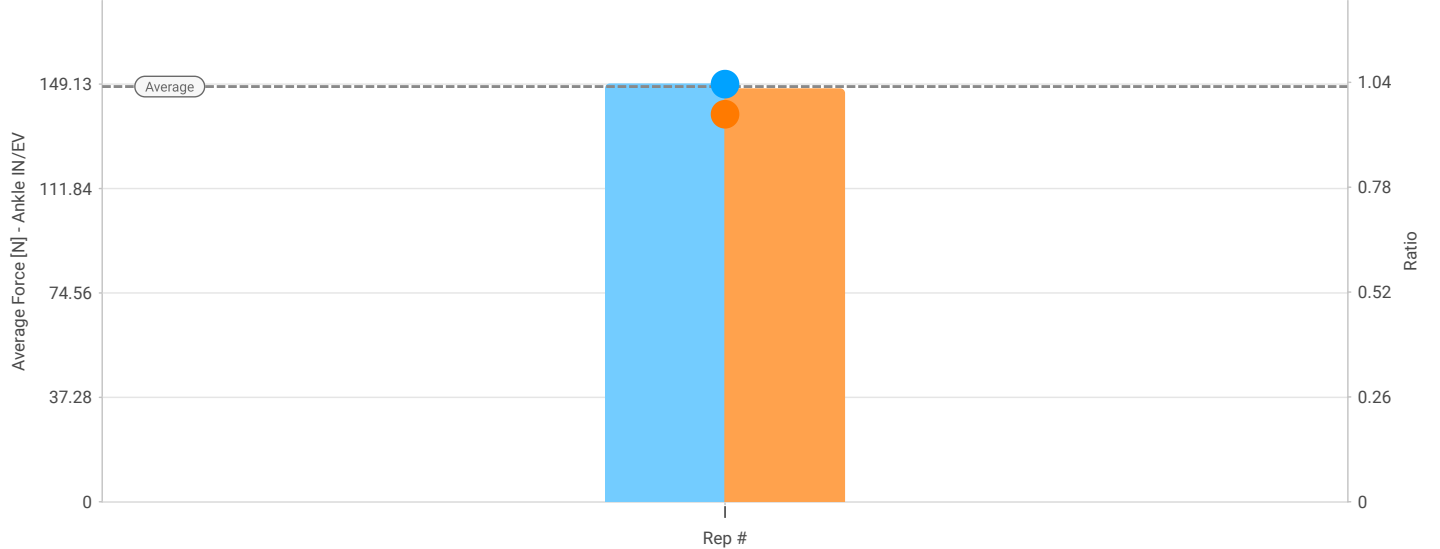
Inversion Average Force [N] - Ankle IN/EV

Range

Average

147.38 - 149.13

148.25



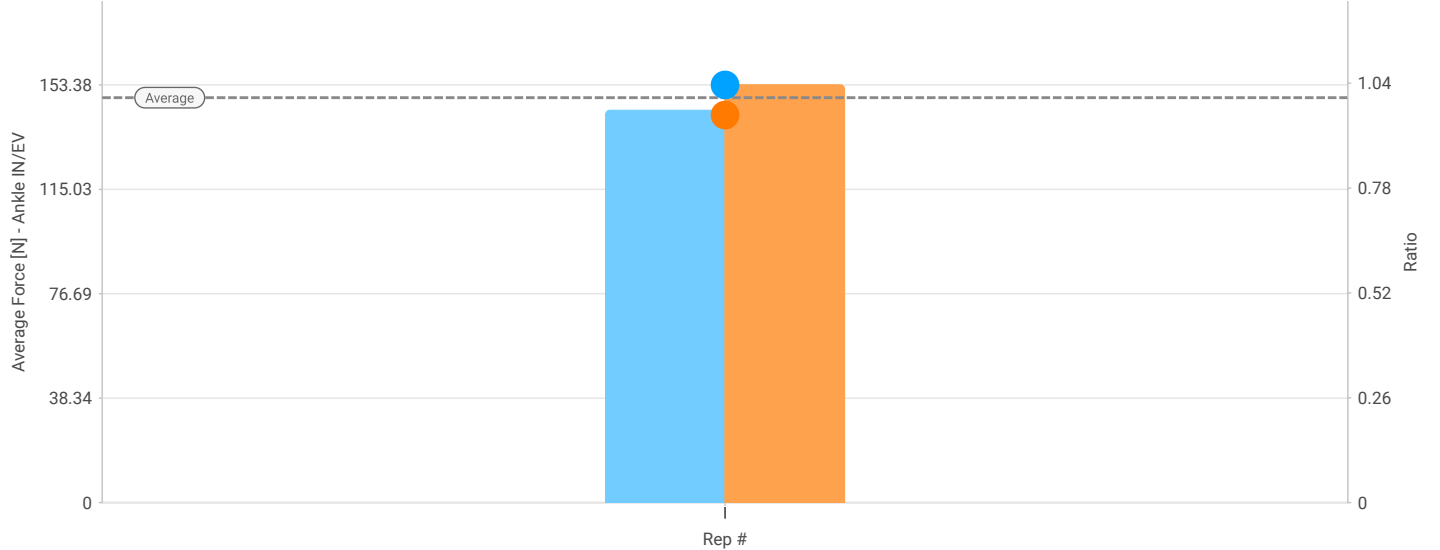
Eversion Average Force [N] - Ankle IN/EV

Range

Average

144 - 153.38

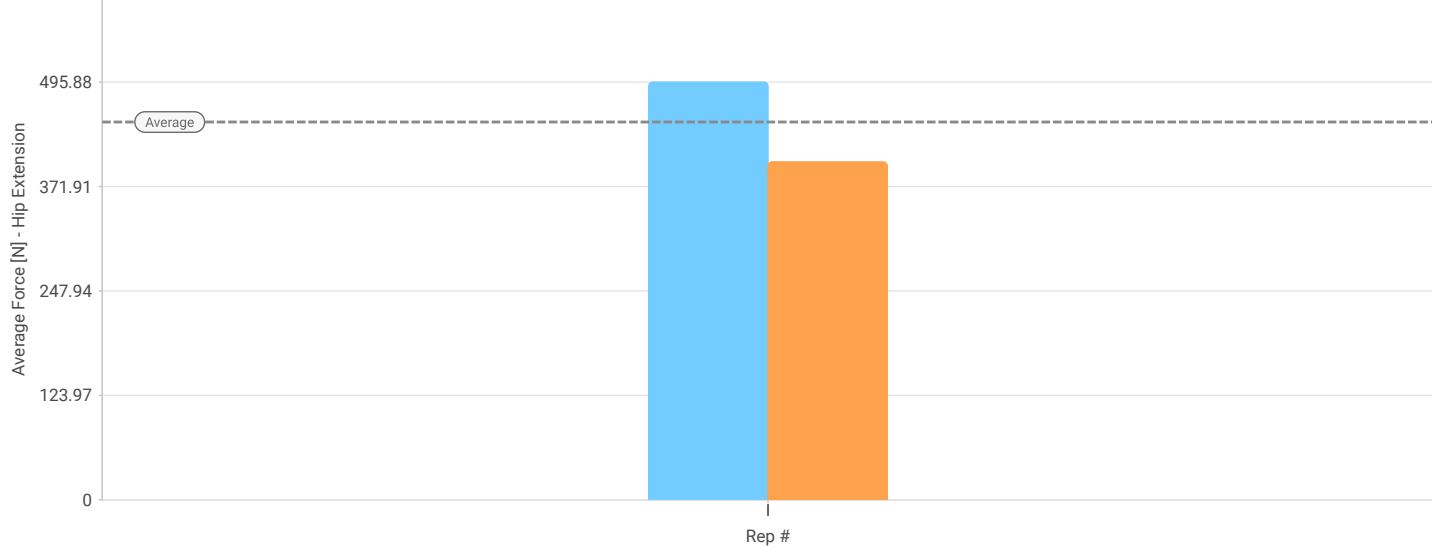
148.69





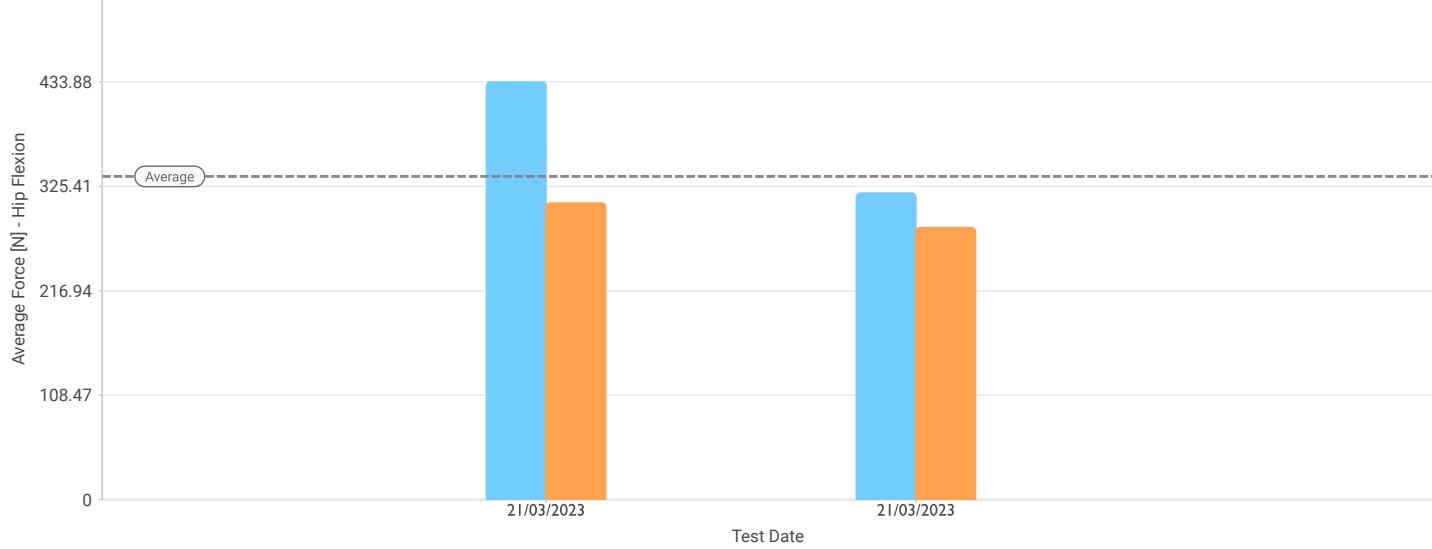
Extension Average Force [N] - Hip Extension

Range      Average  
401.13 - 495.88      448.5



Flexion Average Force [N] - Hip Flexion

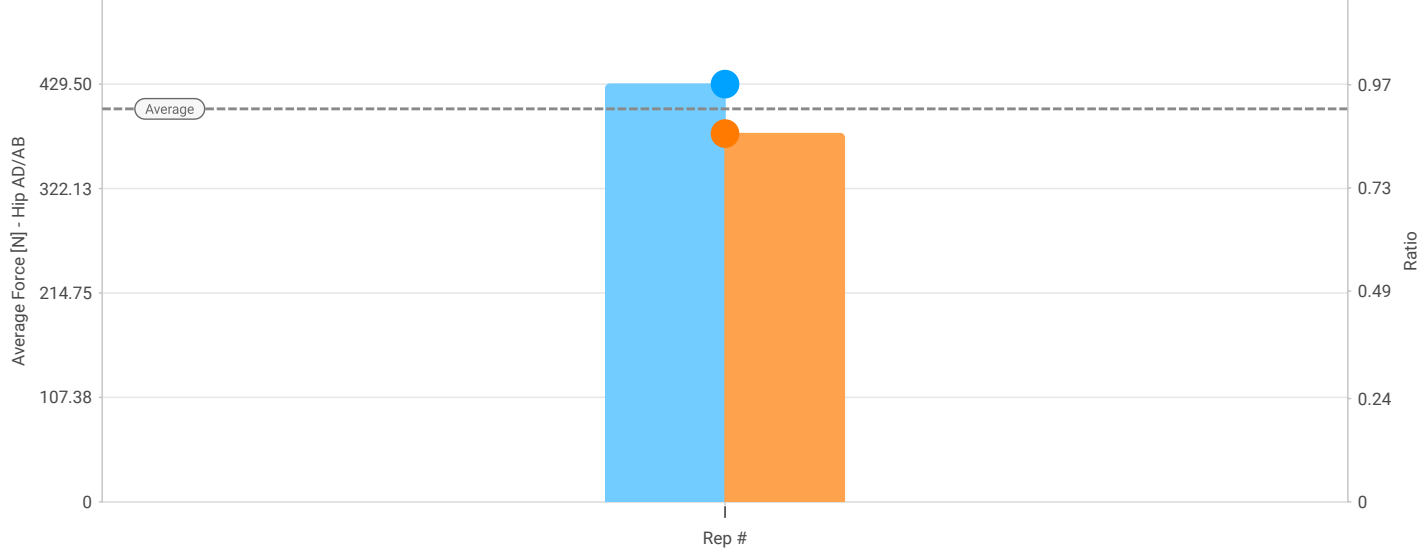
Range      Average  
282.5 - 433.88      335.72





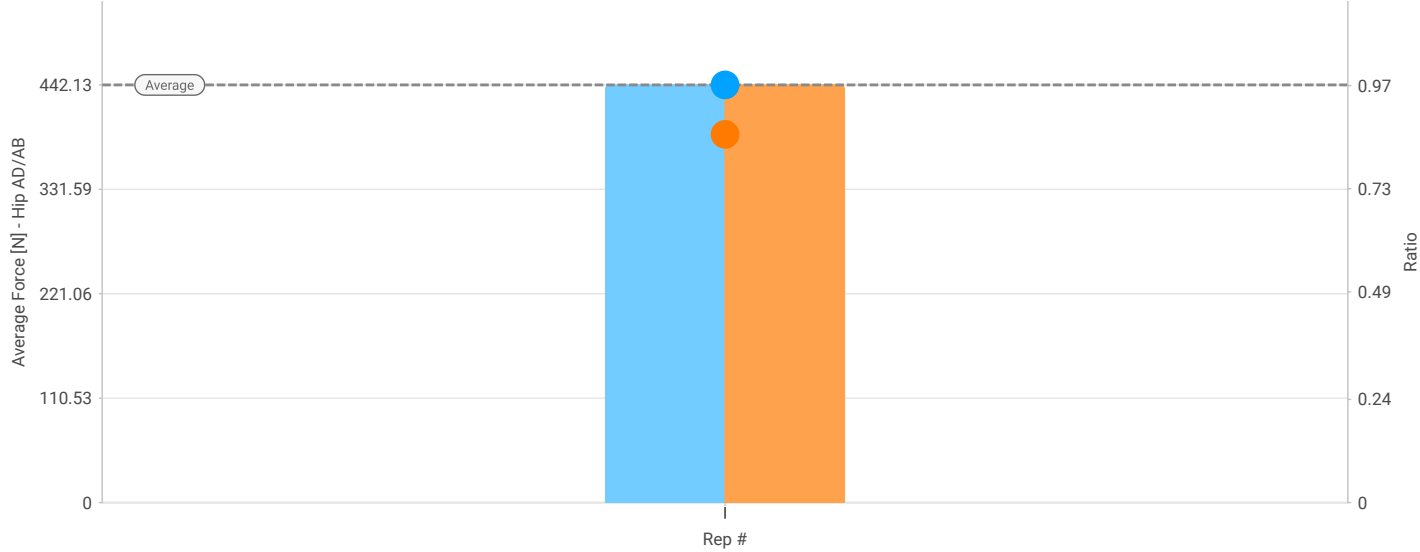
Adduction Average Force [N] - Hip AD/AB

Range      Average  
378.63 - 429.5      404.06



Abduction Average Force [N] - Hip AD/AB

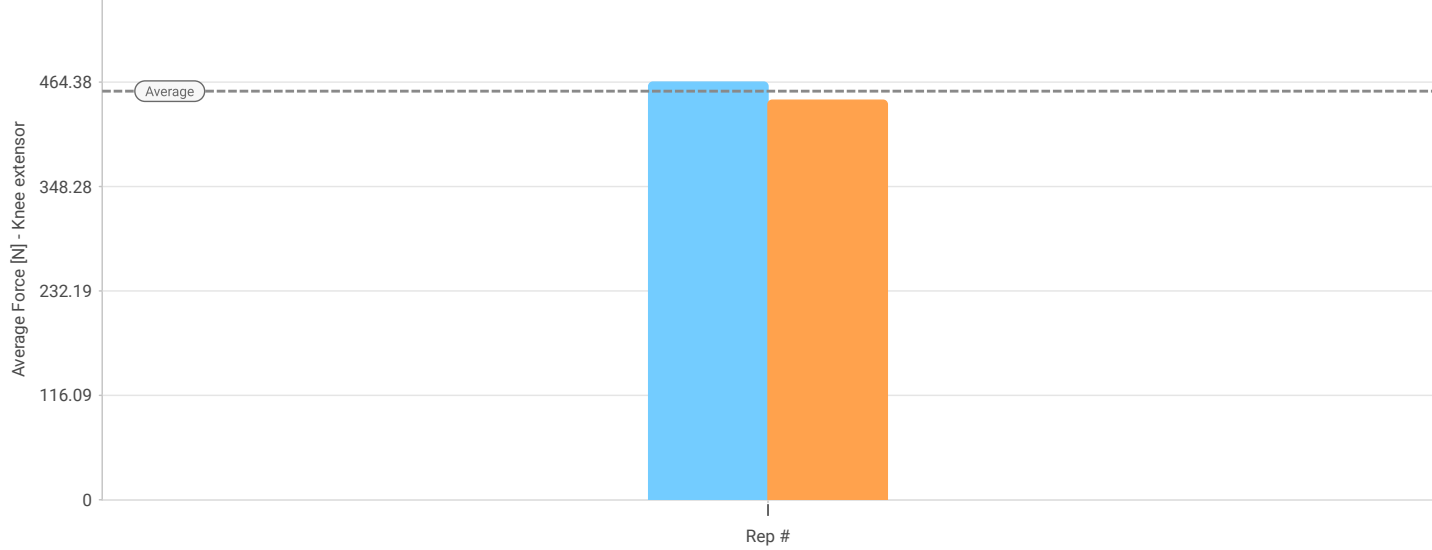
Range      Average  
442.13 - 442.13      442.13





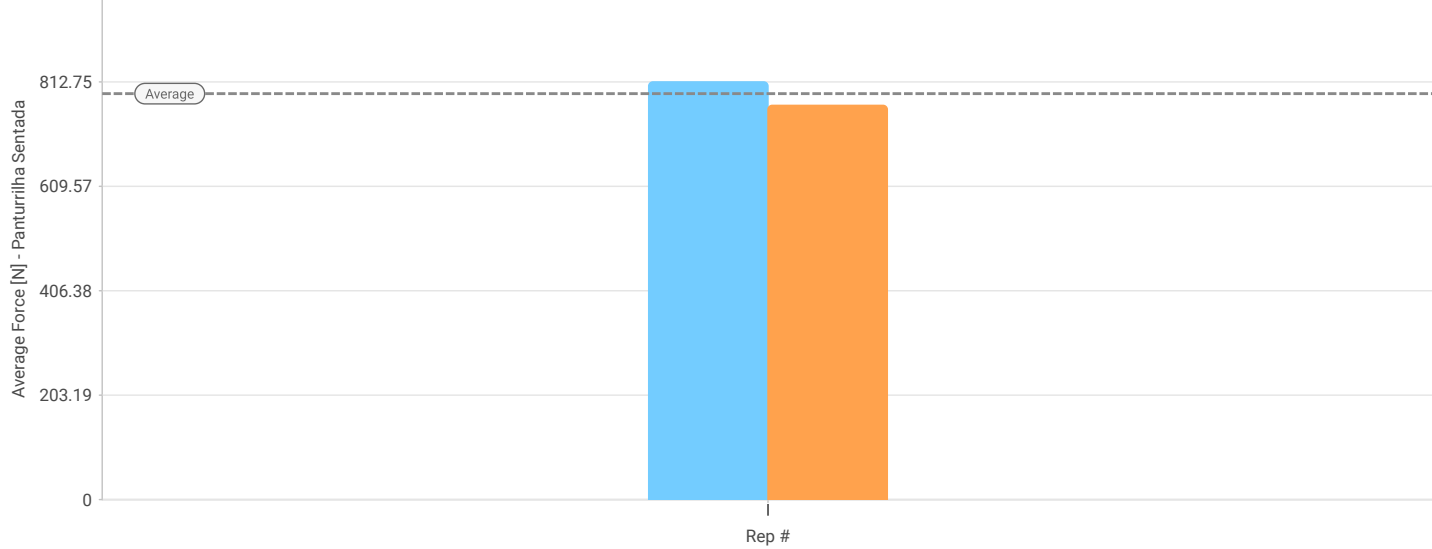
Average Force [N] - Knee extensor

Range      Average  
444.25 - 464.38      454.31



Average Force [N] - Panturrilha Sentada

Range      Average  
767.13 - 812.75      789.94





Dorsiflexion Average Force [N] - Ankle Dorsiflexion

Range      Average  
224 - 260.63      242.31

