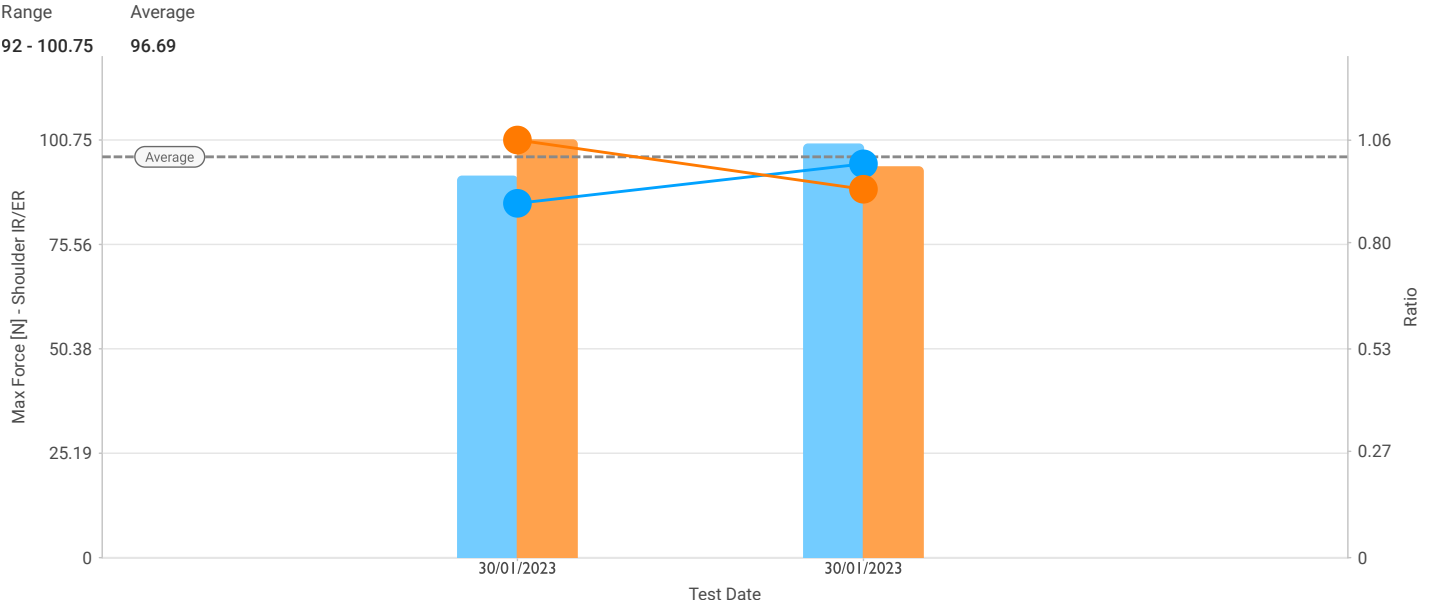




Tests (8)

PROFILE	DATE	TEST TYPE	TEST POSITION	REPS
Maressa Vilela Bettencourt				
8 Tests				
	30/01/2023 1:49 PM	Shoulder IR/ER	Supine (90 Degrees AB)	IR 1 L / 2 R ER 2 L / 2 R
	30/01/2023 1:44 PM	Shoulder IR/ER	Supine (Neutral)	IR 2 L / 2 R ER 2 L / 2 R
	30/01/2023 1:38 PM	Shoulder Extension	Prone	EXT 0 L / 0 R
	30/01/2023 1:35 PM	Shoulder Flexion	Prone	FLEX 2 L / 2 R
	30/01/2023 1:32 PM	Shoulder Adduction	Side lying	AD 2 L / 2 R
	30/01/2023 1:29 PM	Shoulder Abduction	Side lying	AB 0 L / 2 R
	30/01/2023 1:26 PM	Elbow Flexion	Seated	FLEX 2 L / 2 R
	30/01/2023 1:23 PM	Elbow Extension	Seated	EXT 2 L / 2 R

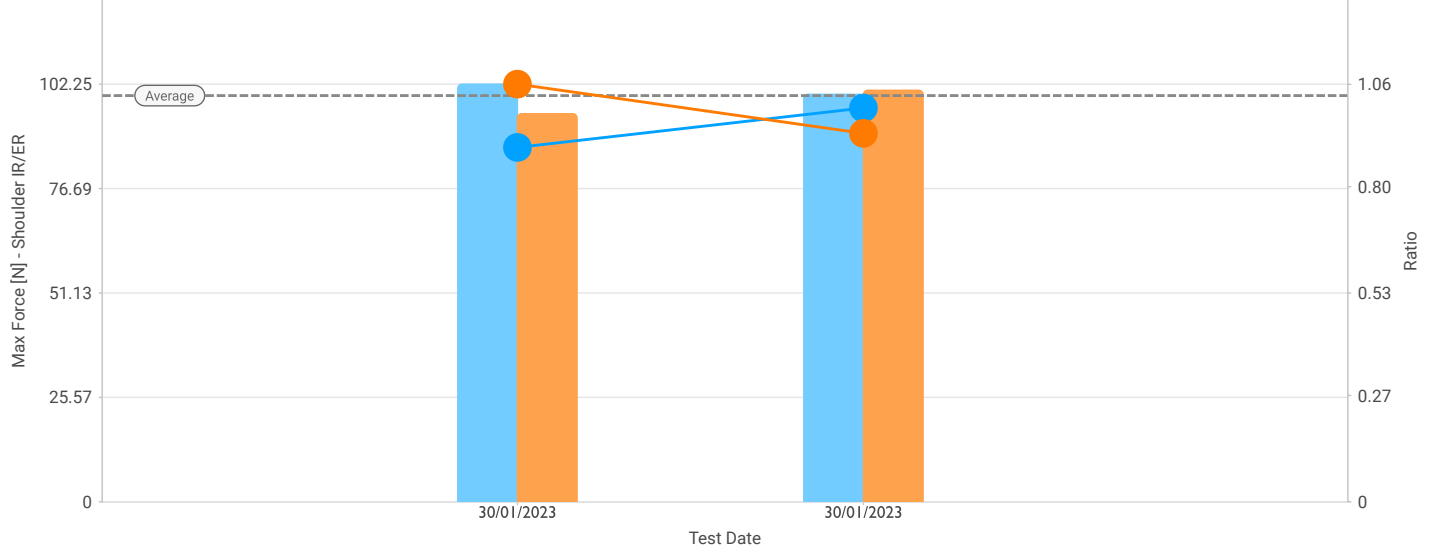
Internal Rotation Max Force [N] - Shoulder IR/ER





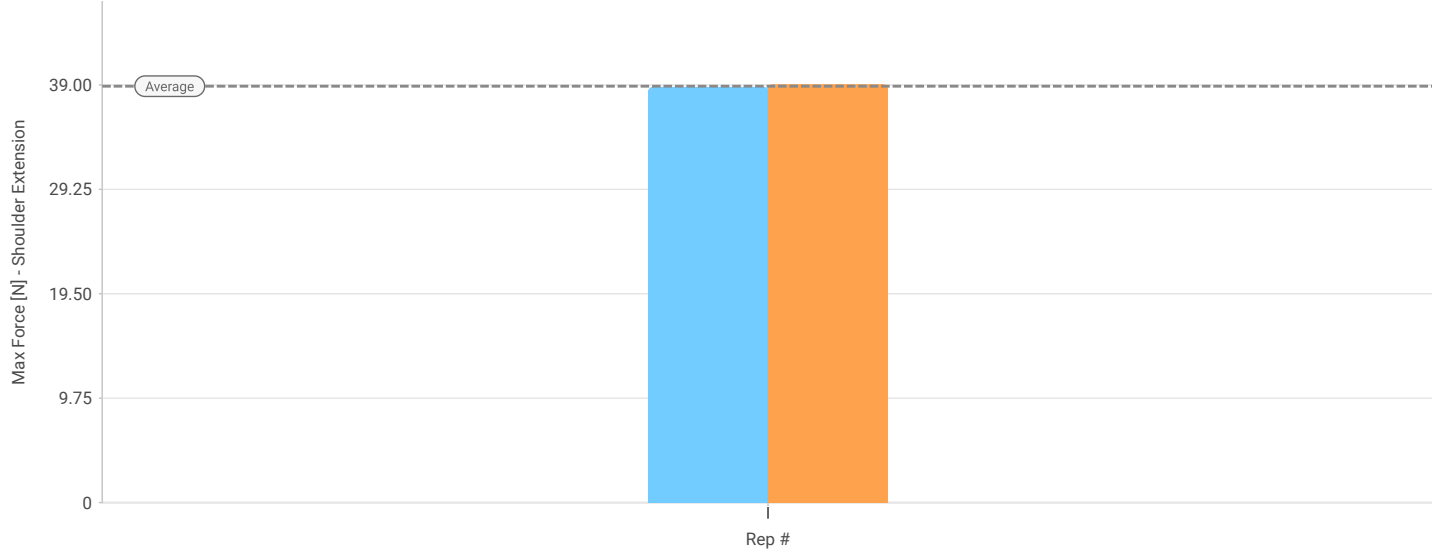
External Rotation Max Force [N] - Shoulder IR/ER

Range      Average  
95 - 102.25      99.44



Extension Max Force [N] - Shoulder Extension

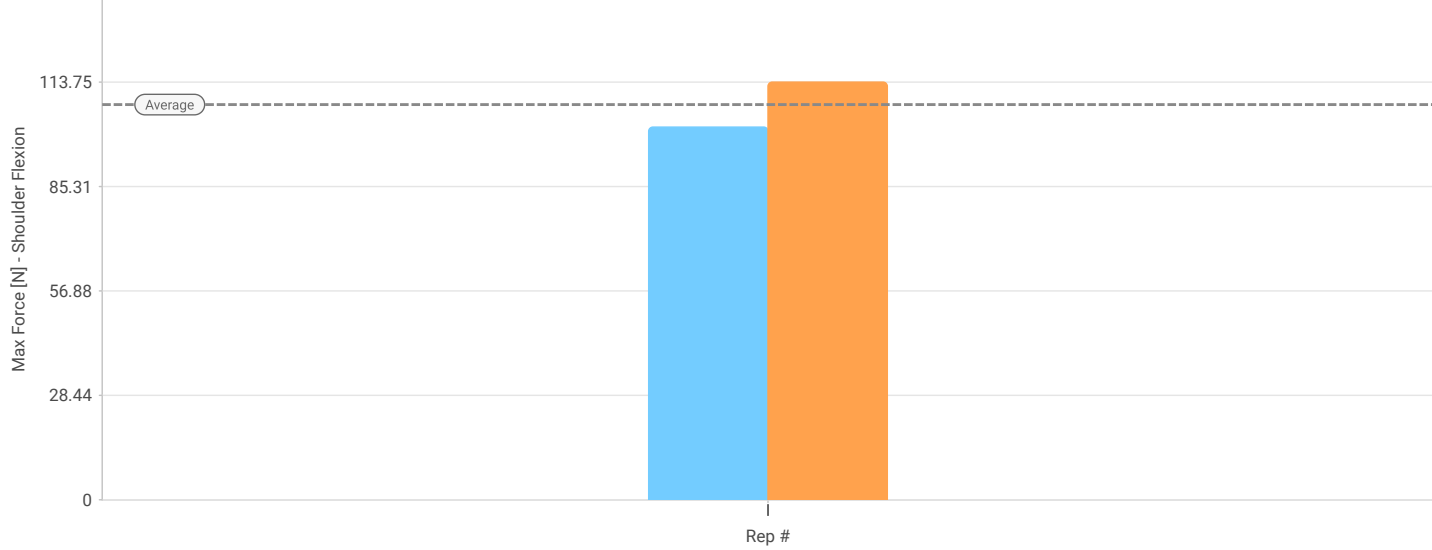
Range      Average  
38.75 - 39      38.88





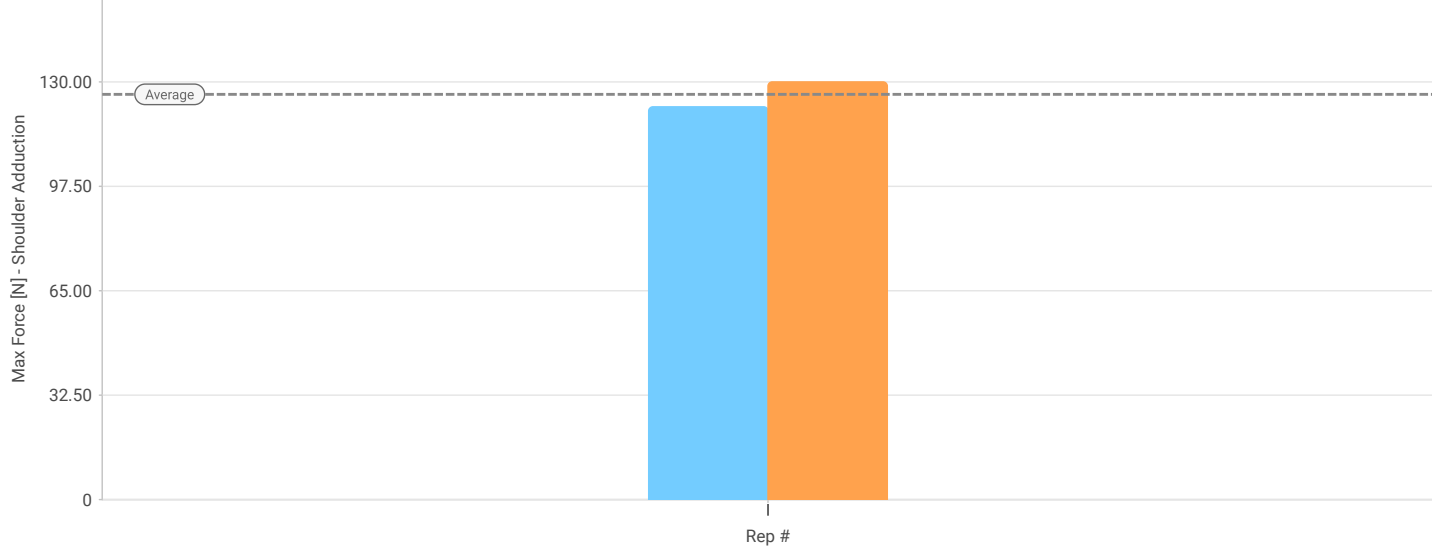
Flexion Max Force [N] - Shoulder Flexion

Range      Average  
101.5 - 113.75      107.63



Adduction Max Force [N] - Shoulder Adduction

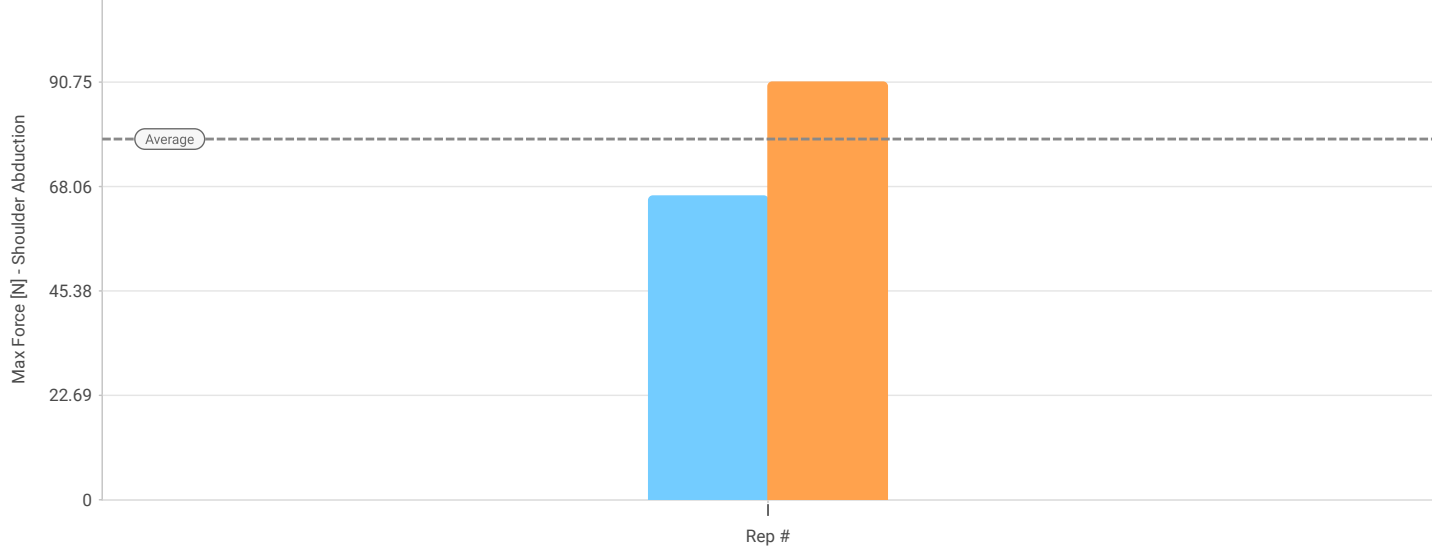
Range      Average  
122.25 - 130      126.13





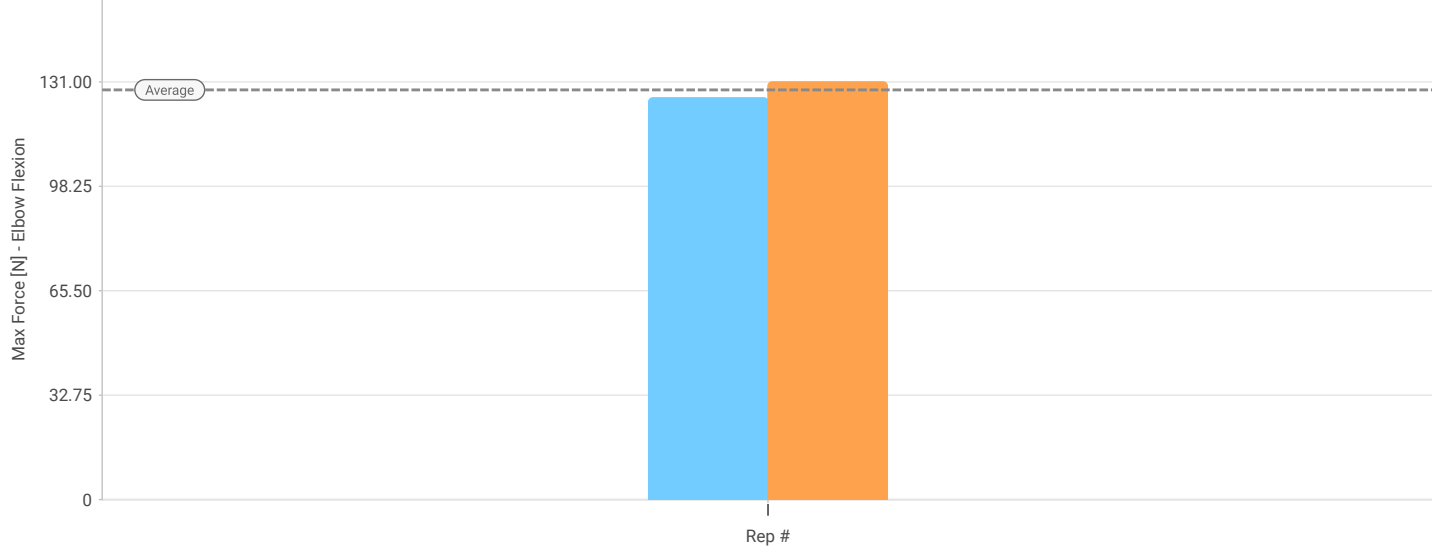
Abduction Max Force [N] - Shoulder Abduction

Range      Average  
66 - 90.75      78.38



Max Force [N] - Elbow Flexion

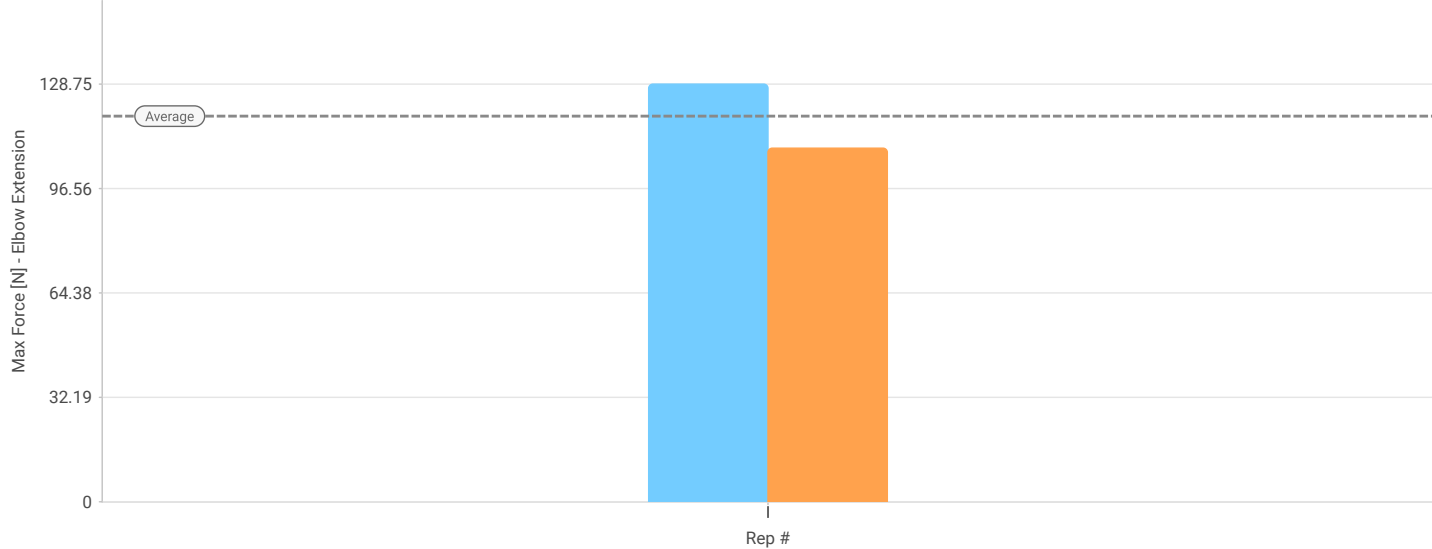
Range      Average  
126 - 131      128.5





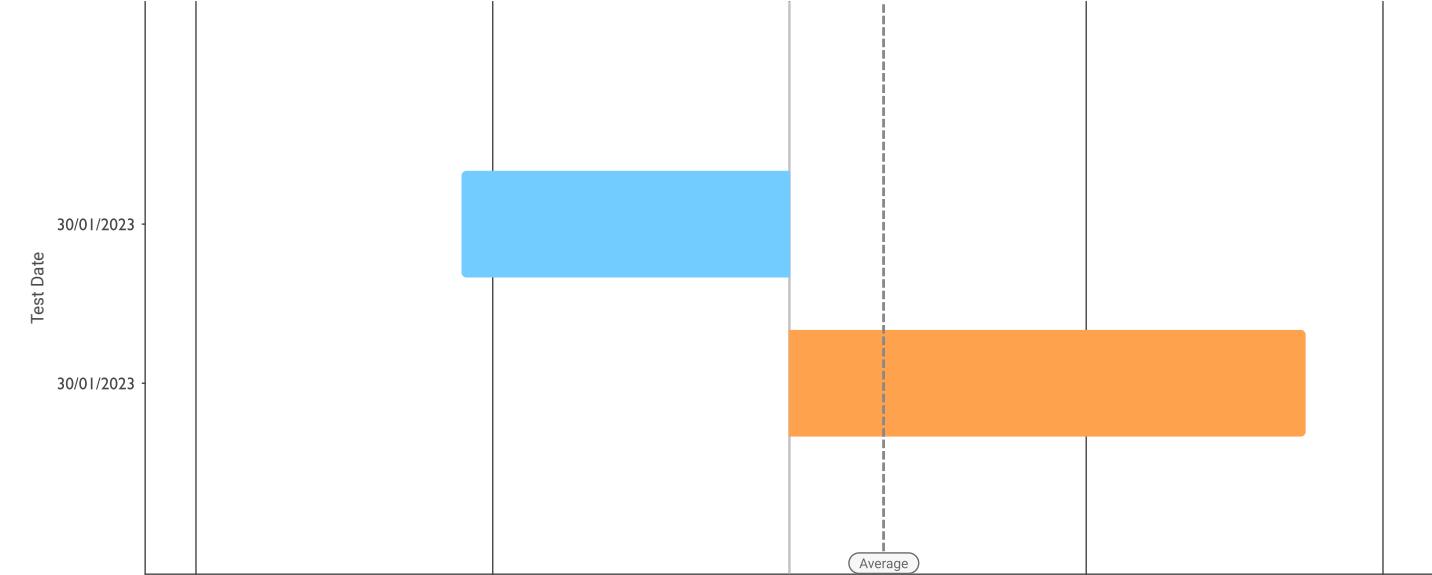
Extension Max Force [N] - Elbow Extension

Range      Average  
109 - 128.75      118.88



Internal Rotation Asymmetry [%] - Shoulder IR/ER

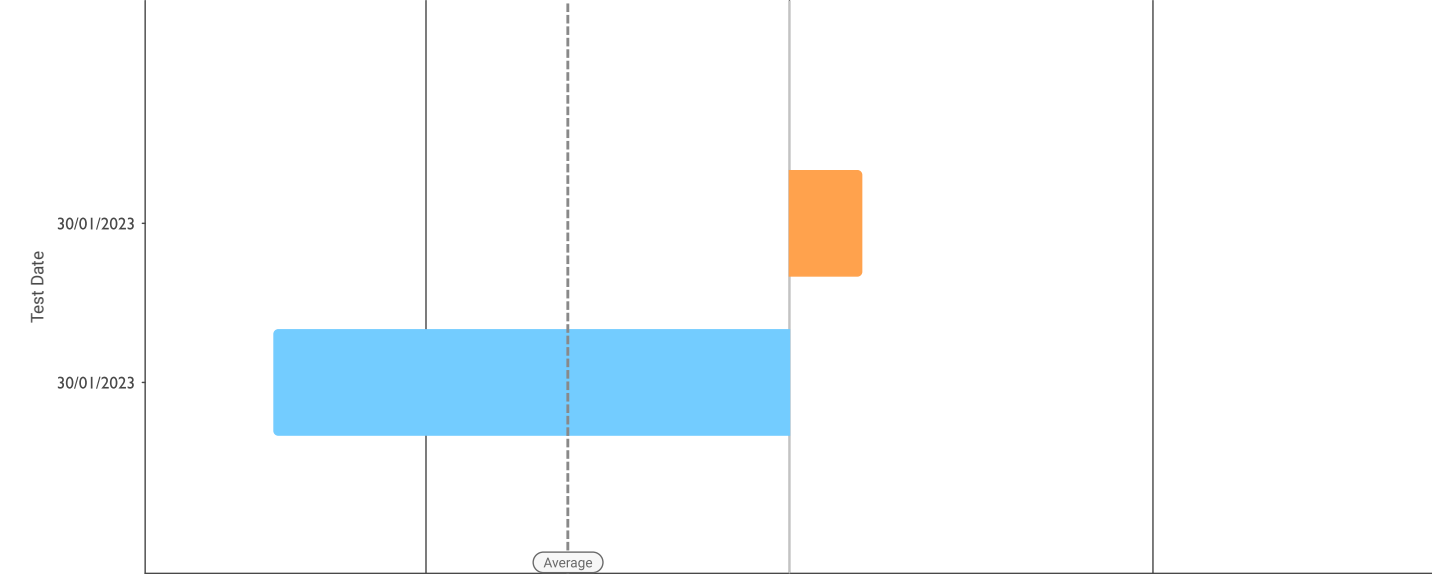
Range      Average  
5.51 L - 8.68 R      1.59 R





External Rotation Asymmetry [%] - Shoulder IR/ER

Range      Average  
7.09 L - 0.99 R      3.05 L



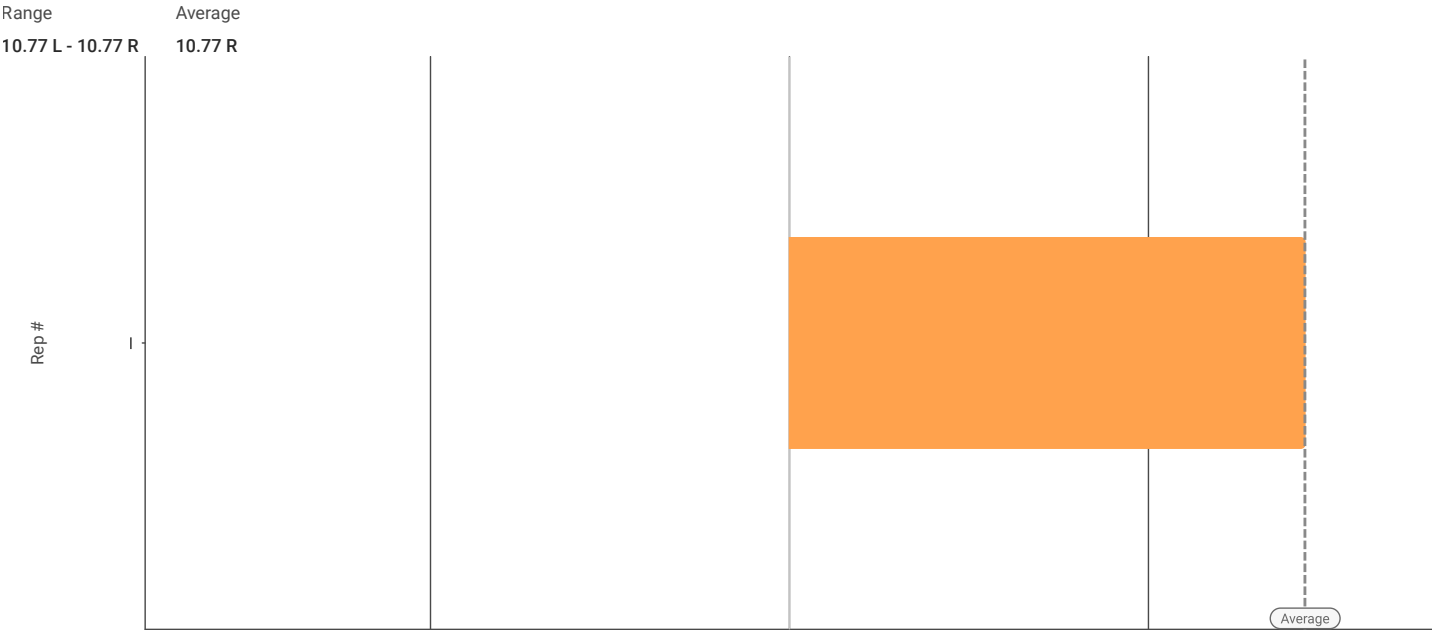
Extension Asymmetry [%] - Shoulder Extension

Range      Average  
0.64 L - 0.64 R      0.64 R

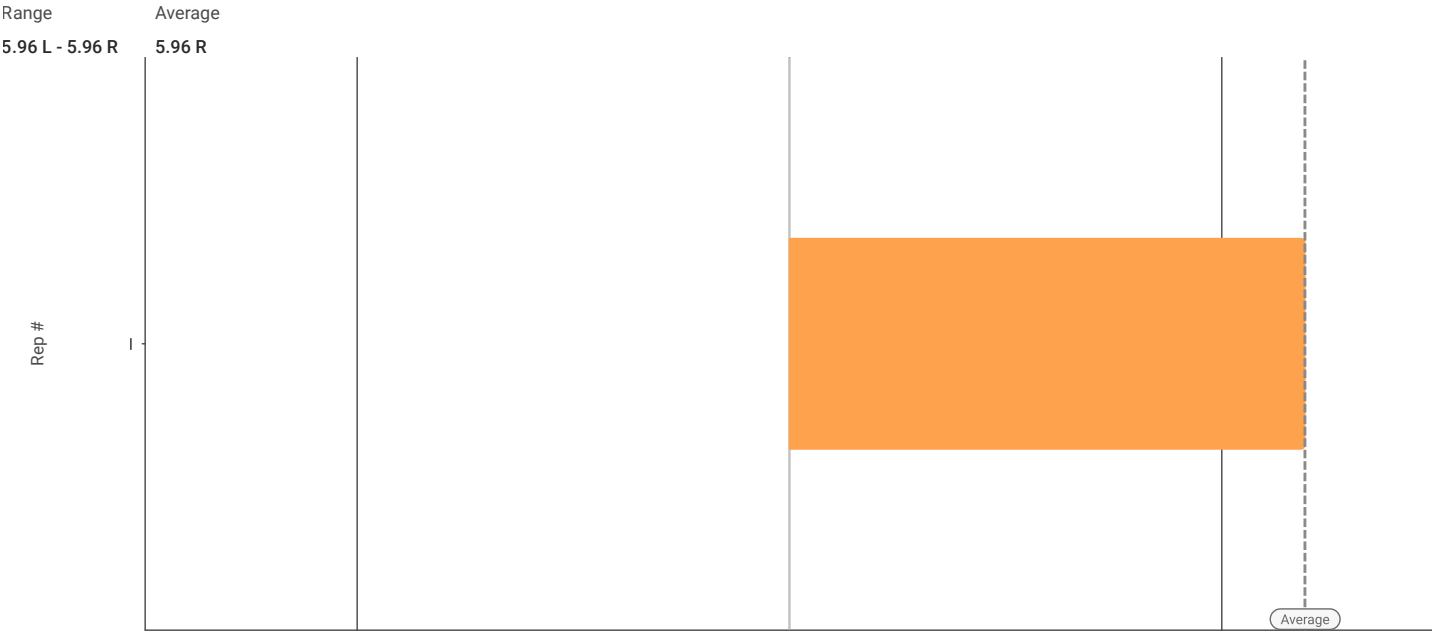




Flexion Asymmetry [%] - Shoulder Flexion

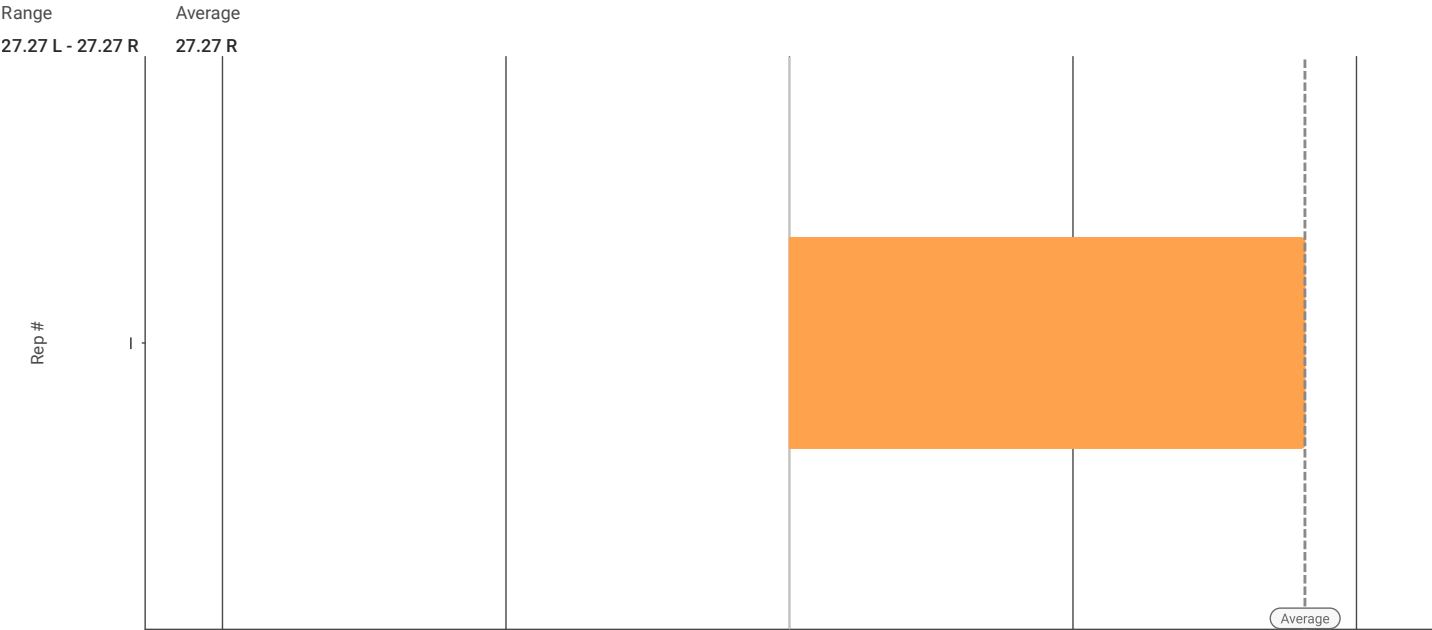


Adduction Asymmetry [%] - Shoulder Adduction

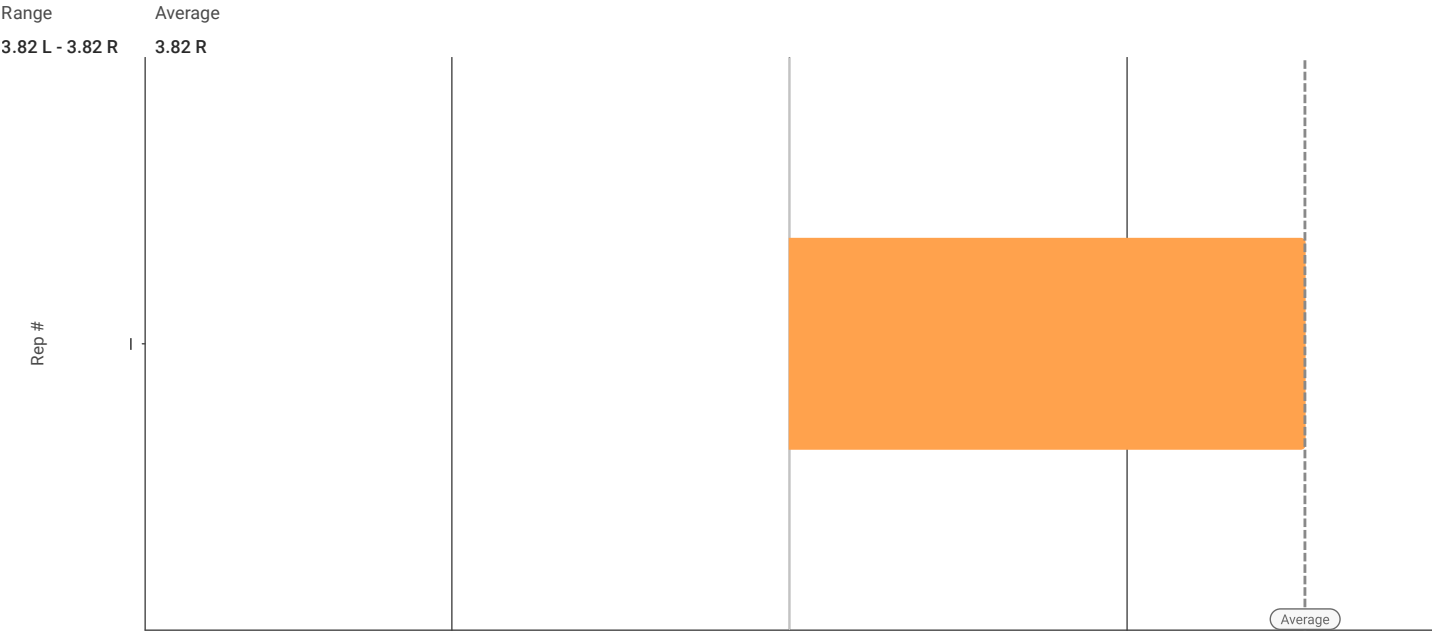




Abduction Asymmetry [%] - Shoulder Abduction



Asymmetry [%] - Elbow Flexion

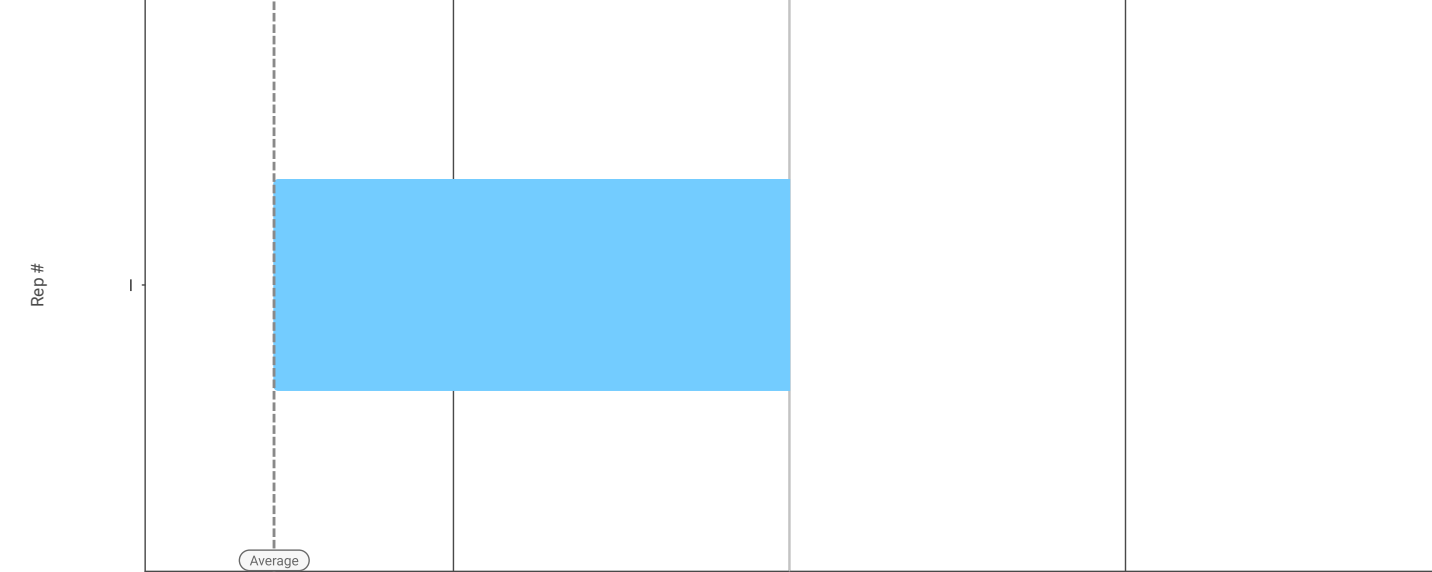






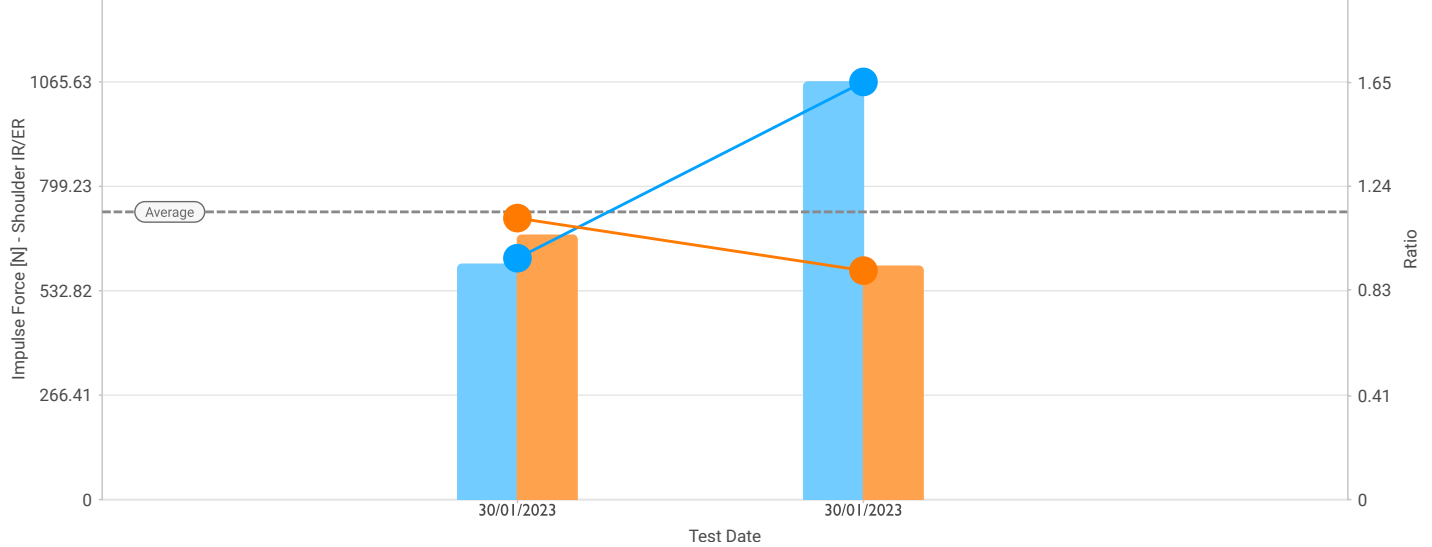
Extension Asymmetry [%] - Elbow Extension

Range      Average  
15.34 L - 15.34 R      15.34 L



Internal Rotation Impulse Force [N] - Shoulder IR/ER

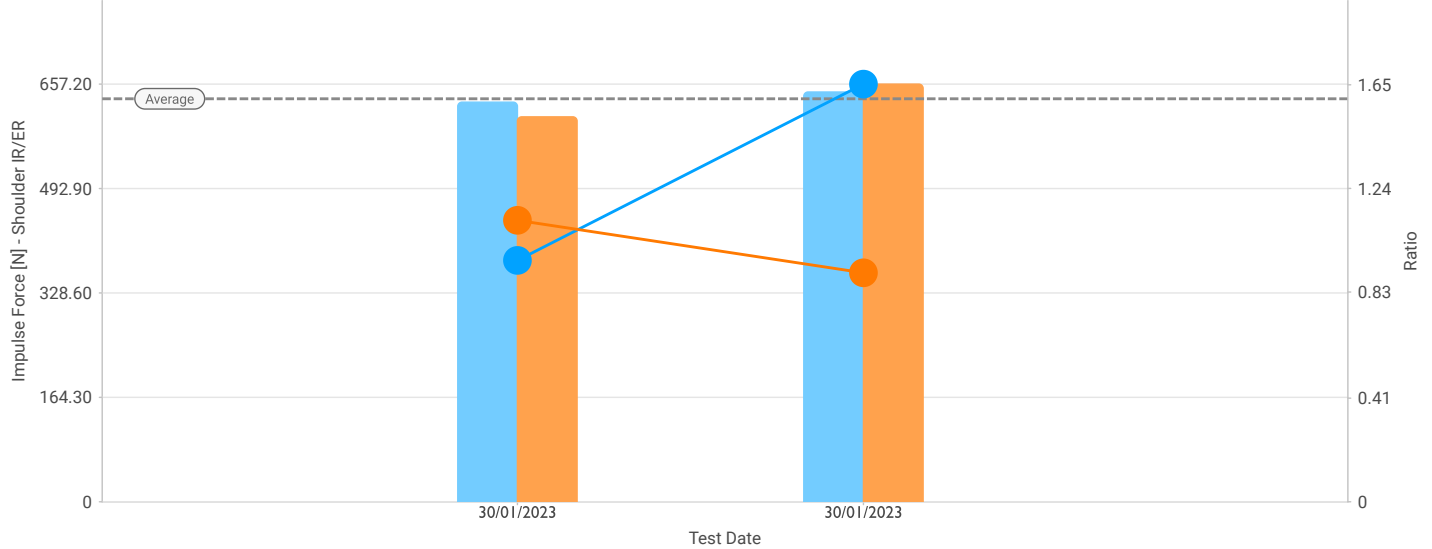
Range      Average  
595.42 - 1065.64      799.23





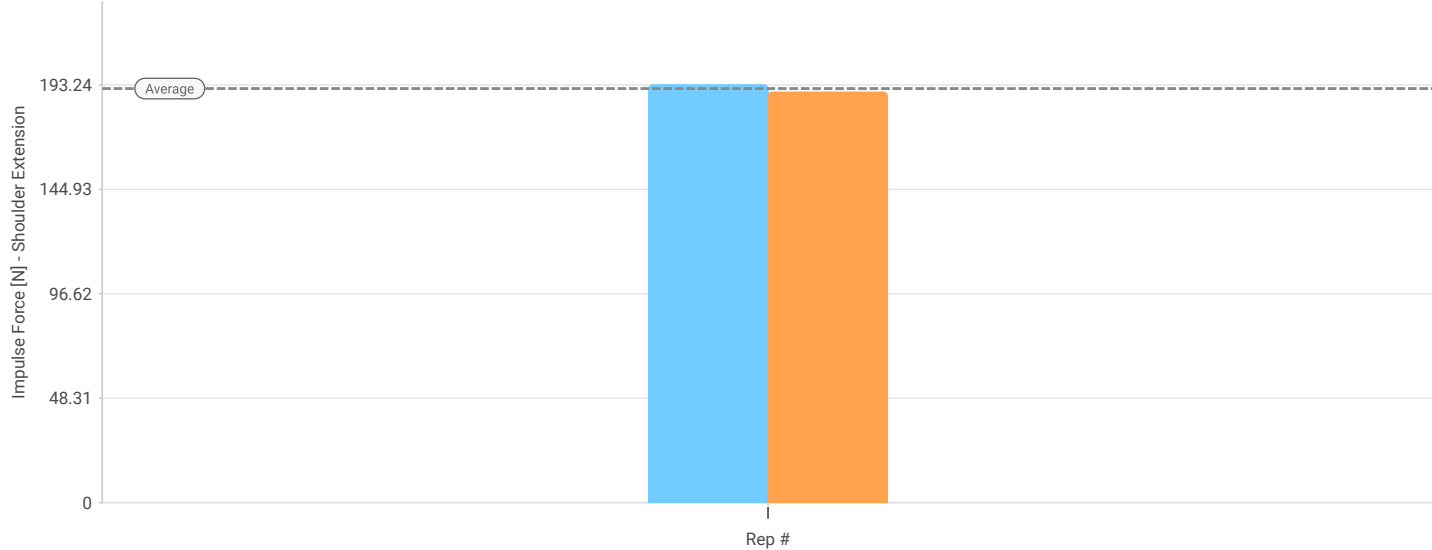
External Rotation Impulse Force [N] - Shoulder IR/ER

Range      Average  
605.69 - 657.2      634.12



Extension Impulse Force [N] - Shoulder Extension

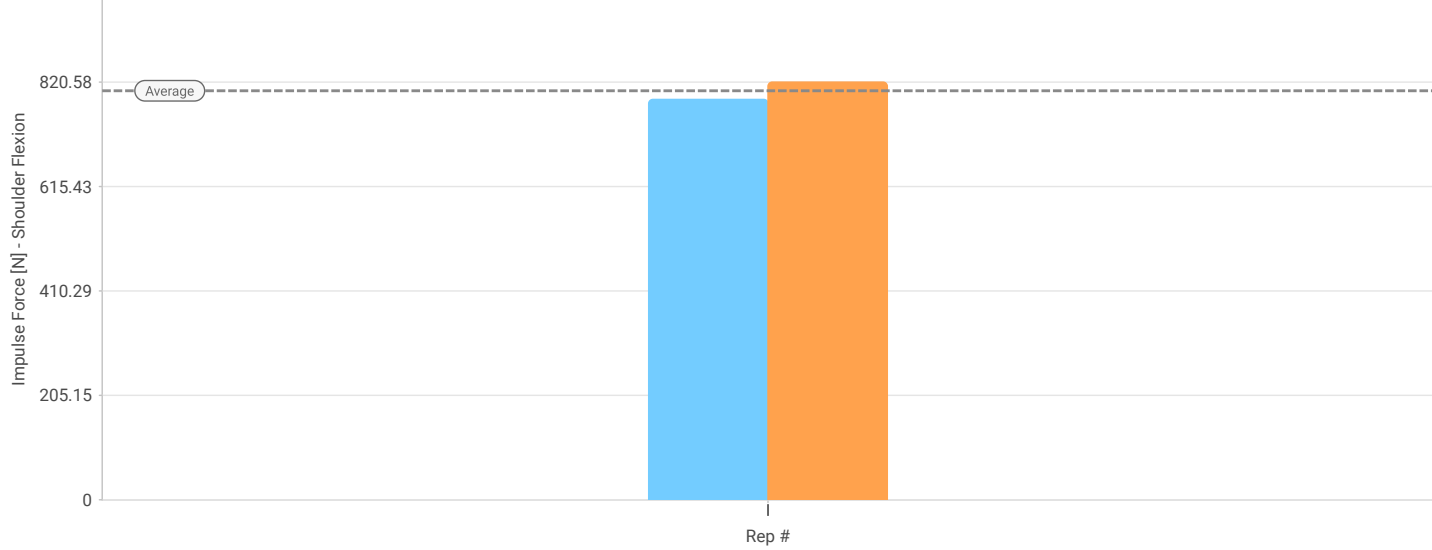
Range      Average  
189.88 - 193.24      191.56





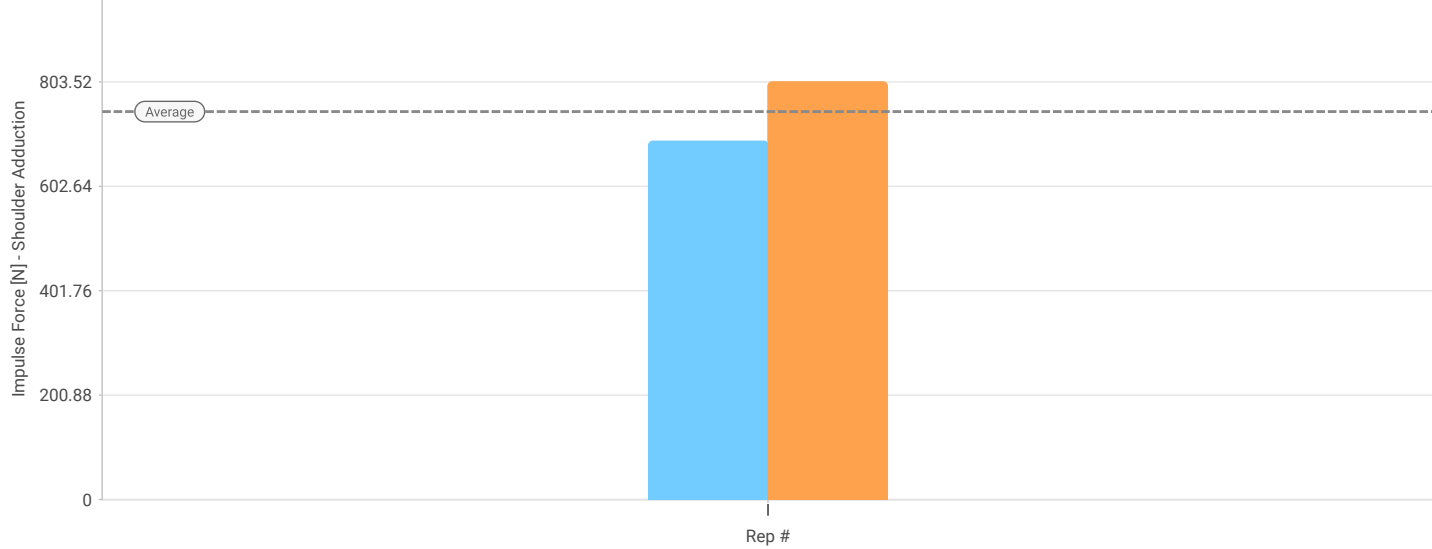
Flexion Impulse Force [N] - Shoulder Flexion

Range      Average  
786.56 - 820.58      803.57



Adduction Impulse Force [N] - Shoulder Adduction

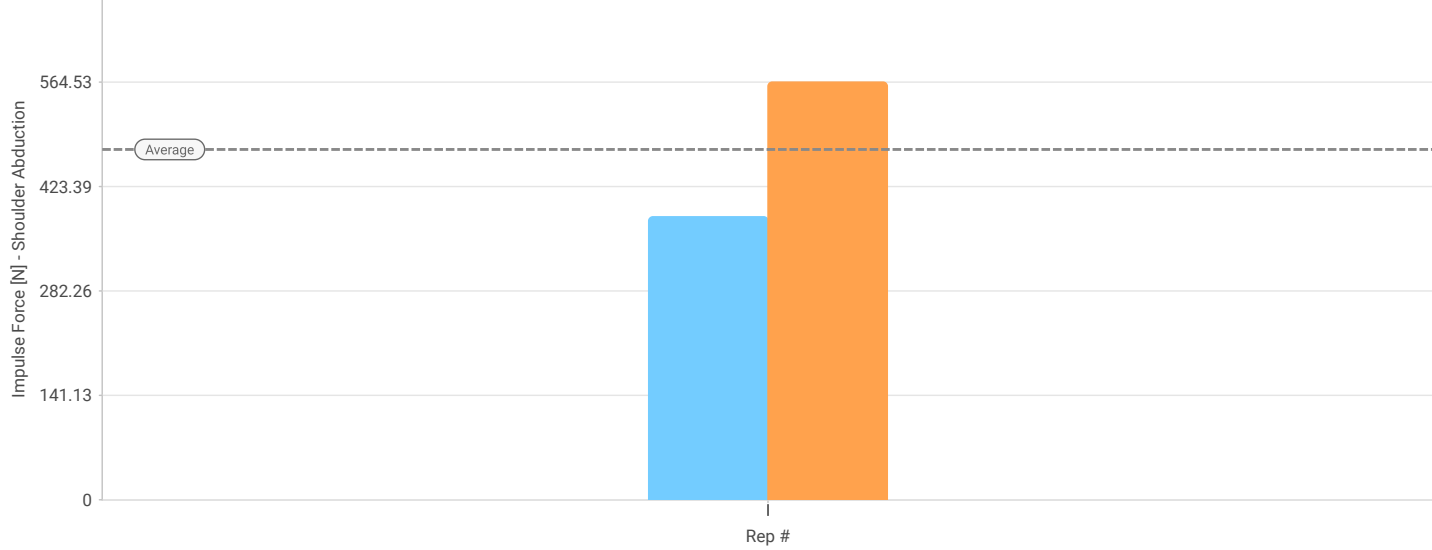
Range      Average  
689.32 - 803.52      746.42





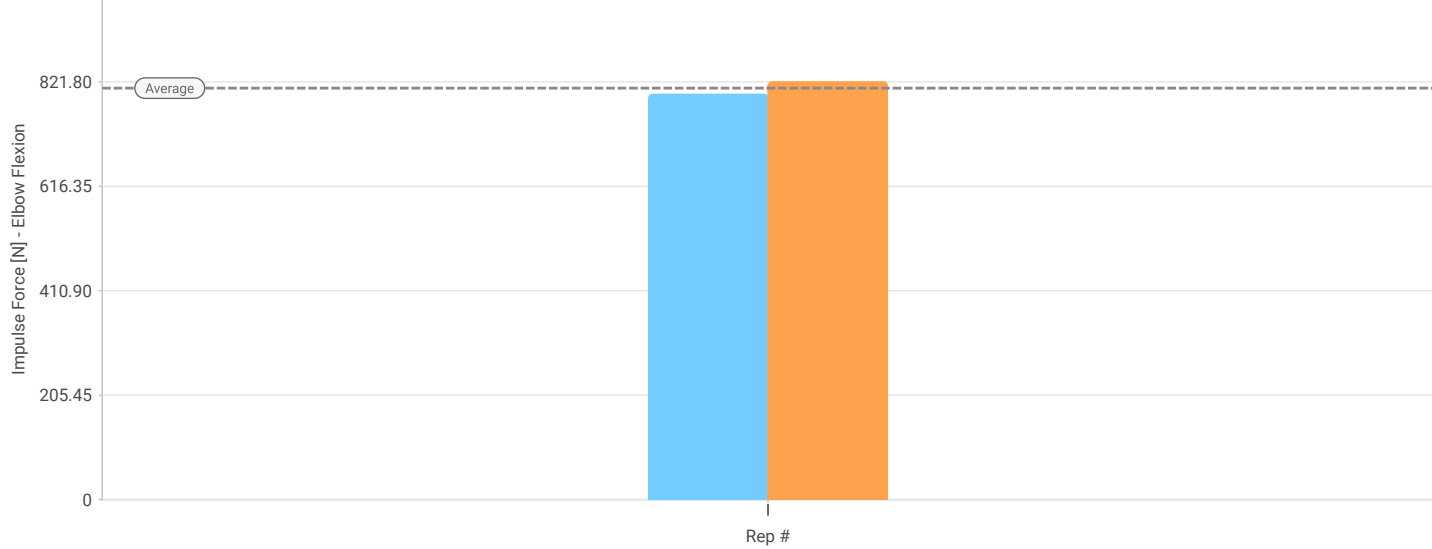
Abduction Impulse Force [N] - Shoulder Abduction

Range      Average  
382.48 - 564.53      473.51



Impulse Force [N] - Elbow Flexion

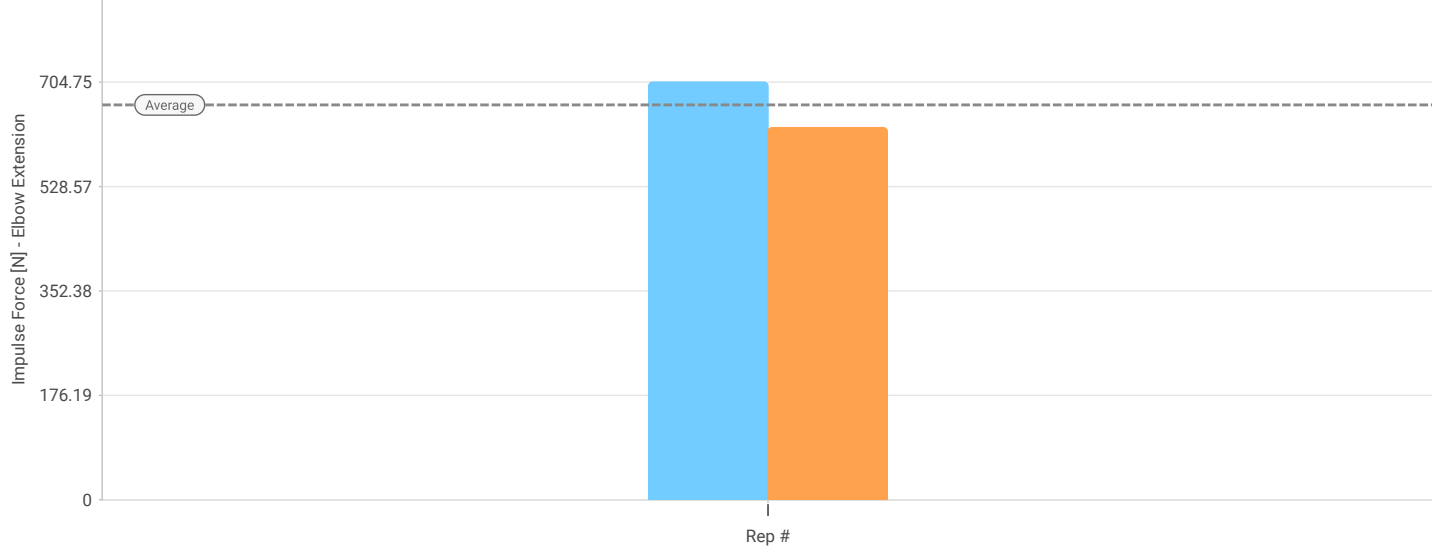
Range      Average  
797.34 - 821.8      809.57





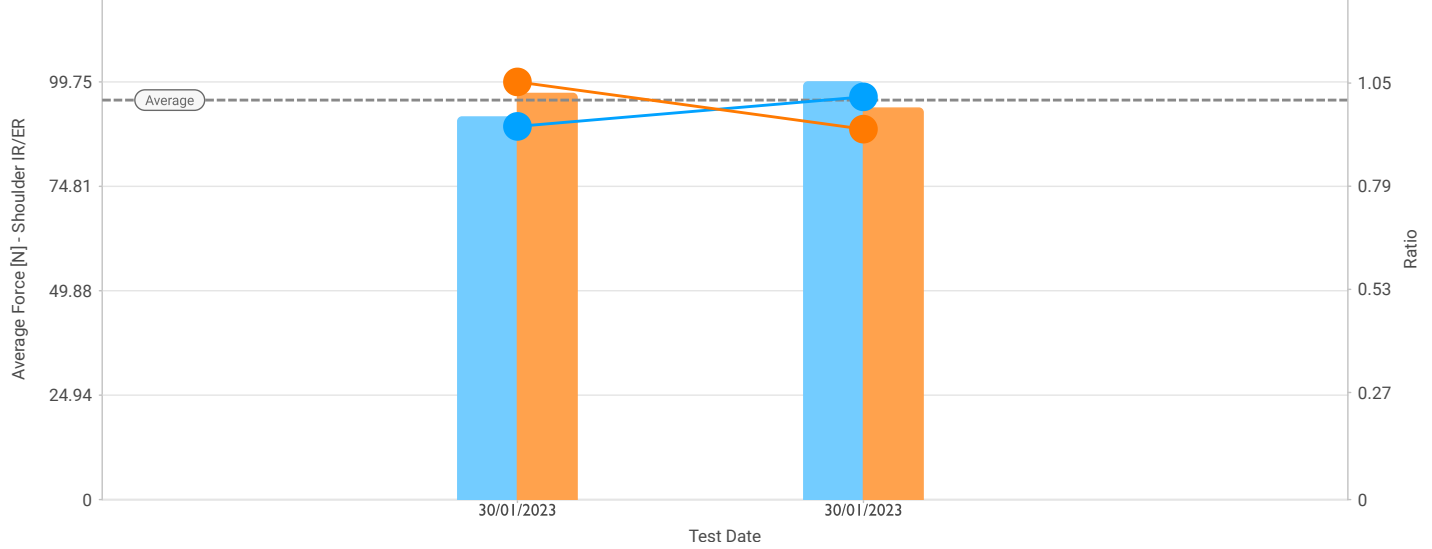
Extension Impulse Force [N] - Elbow Extension

Range      Average  
627.88 - 704.75      666.31



Internal Rotation Average Force [N] - Shoulder IR/ER

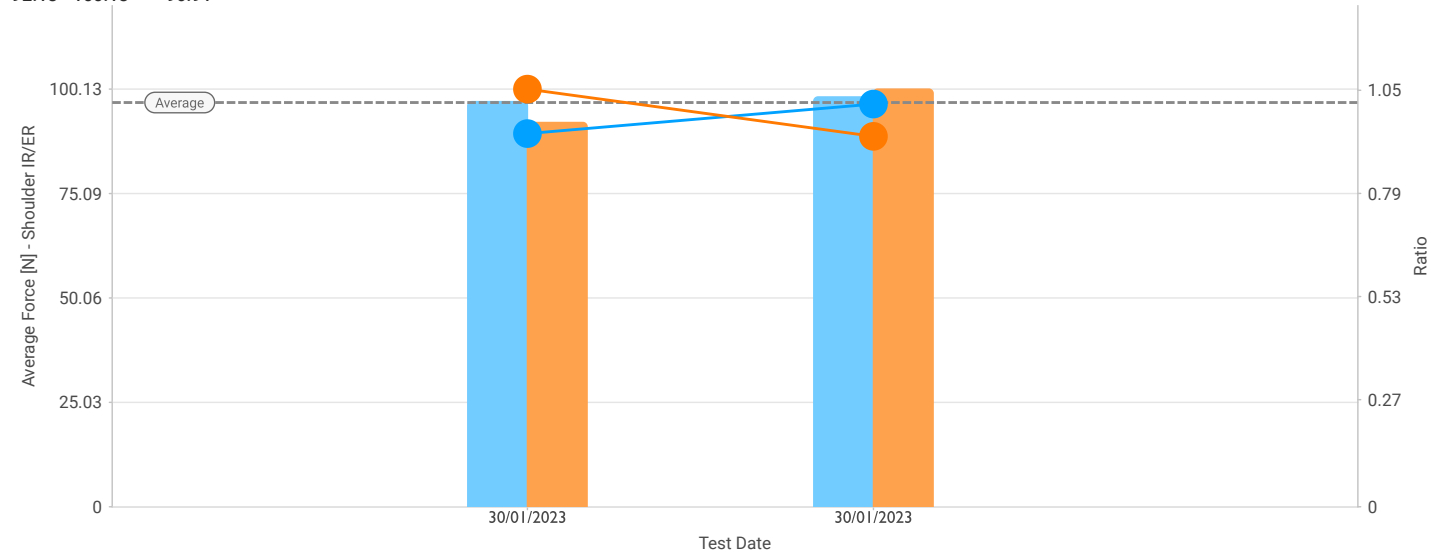
Range      Average  
91.38 - 99.75      95.41





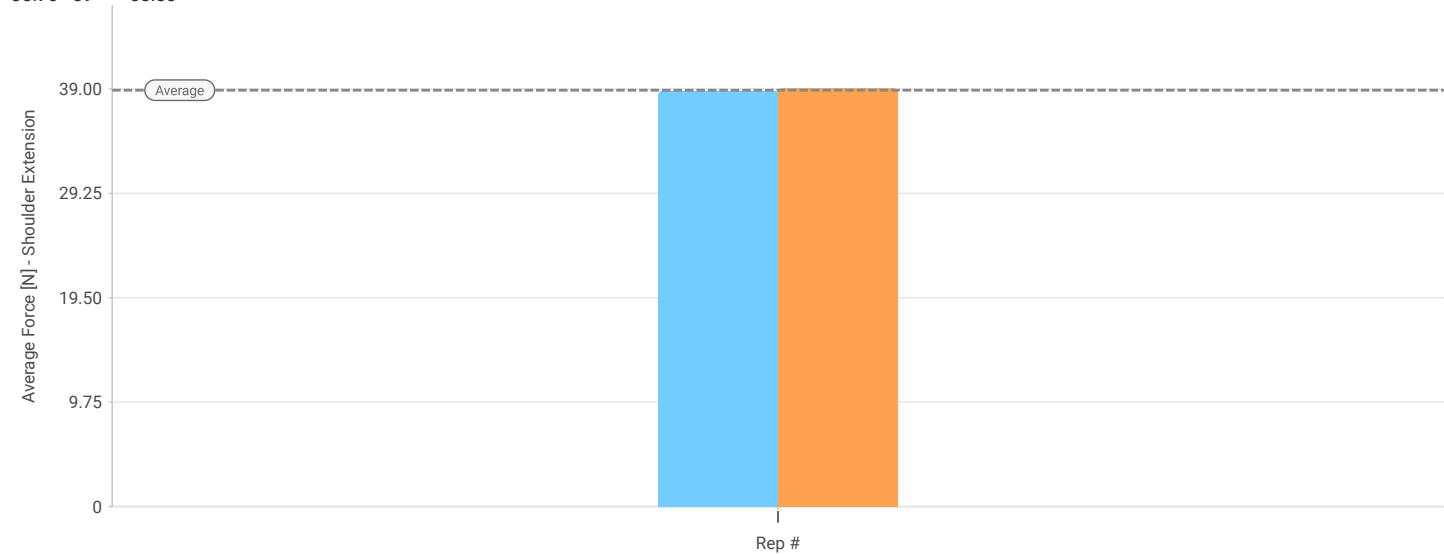
External Rotation Average Force [N] - Shoulder IR/ER

Range      Average  
92.13 - 100.13      96.91



Extension Average Force [N] - Shoulder Extension

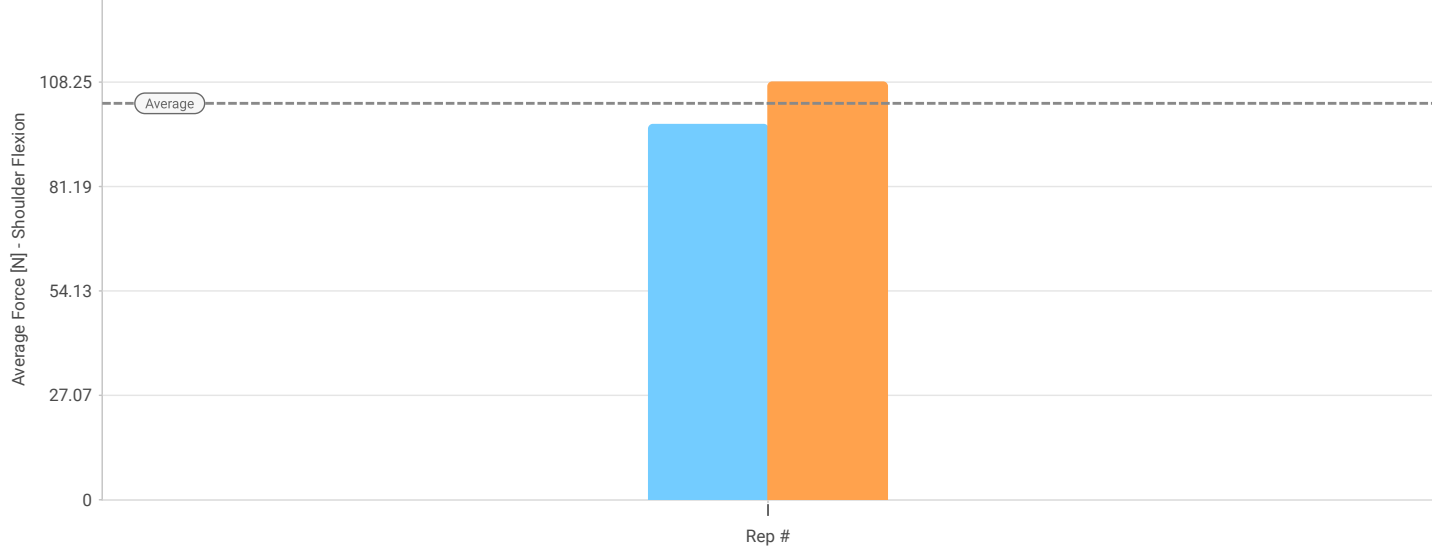
Range      Average  
38.75 - 39      38.88





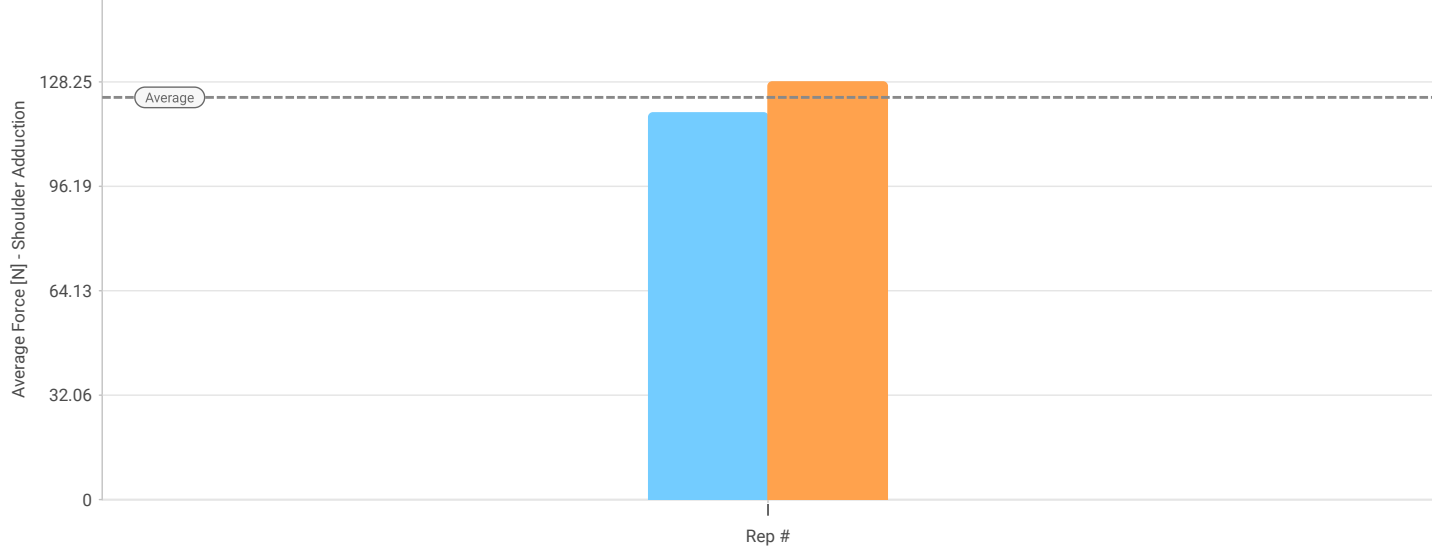
Flexion Average Force [N] - Shoulder Flexion

Range      Average  
97.25 - 108.25      102.75



Adduction Average Force [N] - Shoulder Adduction

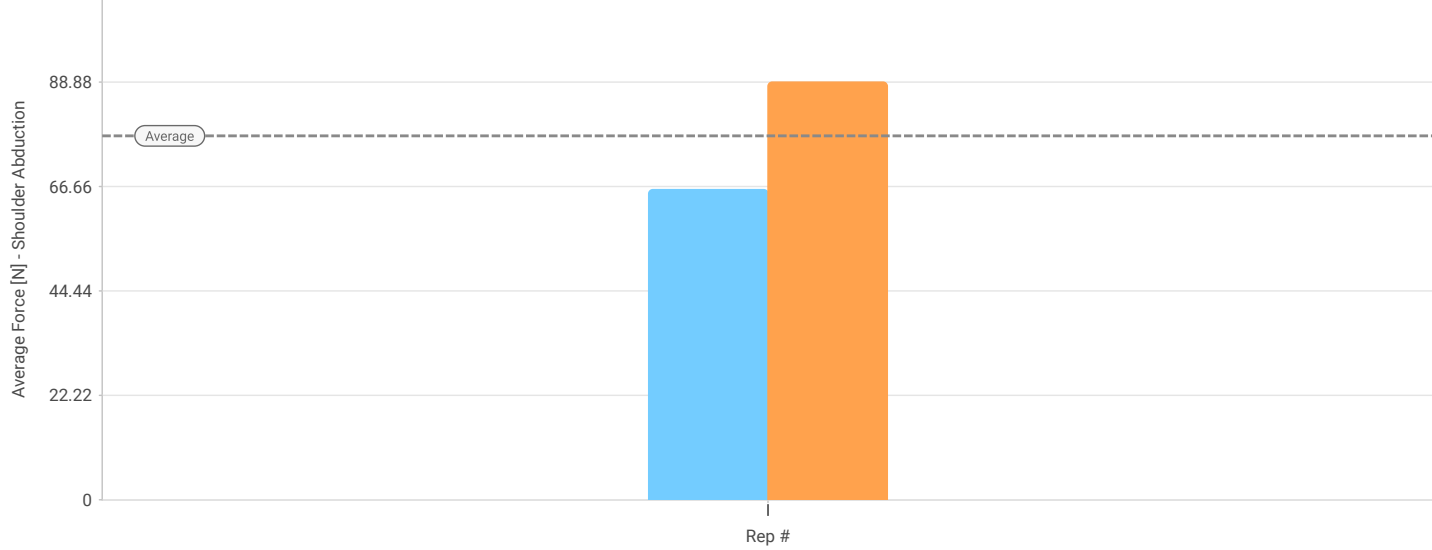
Range      Average  
118.75 - 128.25      123.5





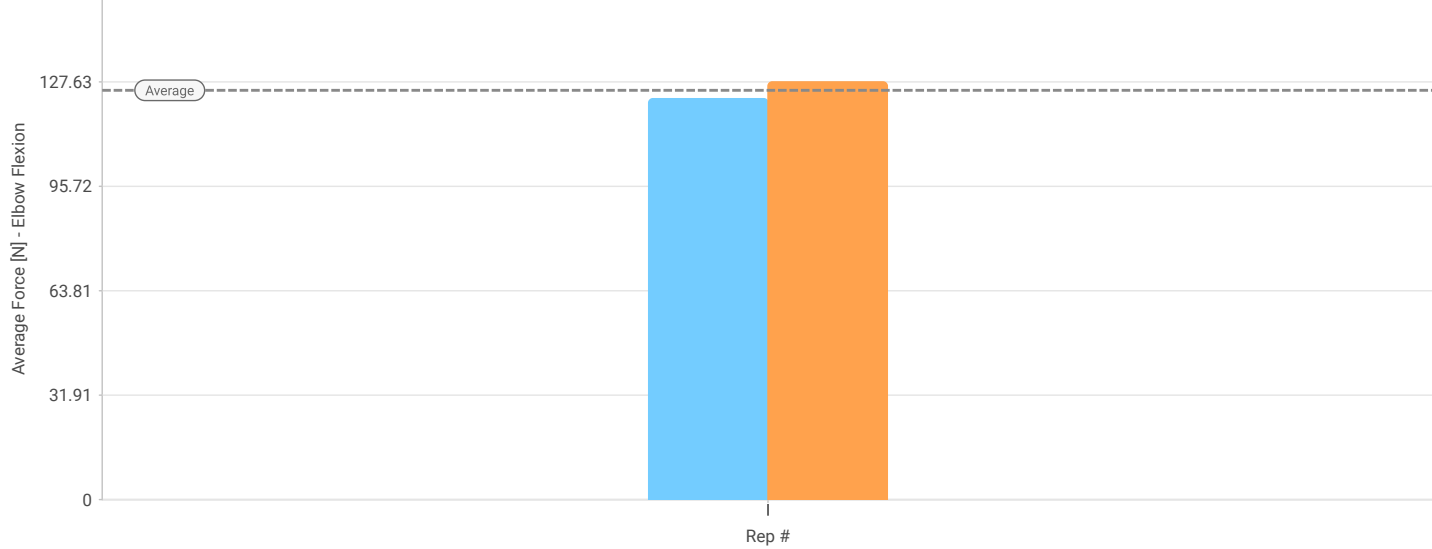
Abduction Average Force [N] - Shoulder Abduction

Range      Average  
66 - 88.88      77.44



Average Force [N] - Elbow Flexion

Range      Average  
122.5 - 127.63      125.06







Extension Average Force [N] - Elbow Extension

Range      Average  
108.25 - 126.25      117.25

