



## Tests (8)

PROFILE	DATE	TEST TYPE	TEST POSITION
Pamela Oliveira Nunes			
8 Tests			
	01/09/2022 5:09 PM	Shoulder IR/ER	Supine (90 Degrees AB)
	01/09/2022 5:04 PM	Shoulder IR/ER	Supine (Neutral)
	01/09/2022 5:01 PM	Shoulder Adduction	Side lying
	01/09/2022 4:58 PM	Shoulder Abduction	Side lying
	01/09/2022 4:54 PM	Shoulder Extension	Prone
	01/09/2022 4:52 PM	Shoulder Flexion	Prone

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**PROFILE****DATE****TEST TYPE****TEST POSITION**

01/09/2022  
4:50 PM

Elbow Extension

Seated

01/09/2022  
4:49 PM

Elbow Flexion

Seated

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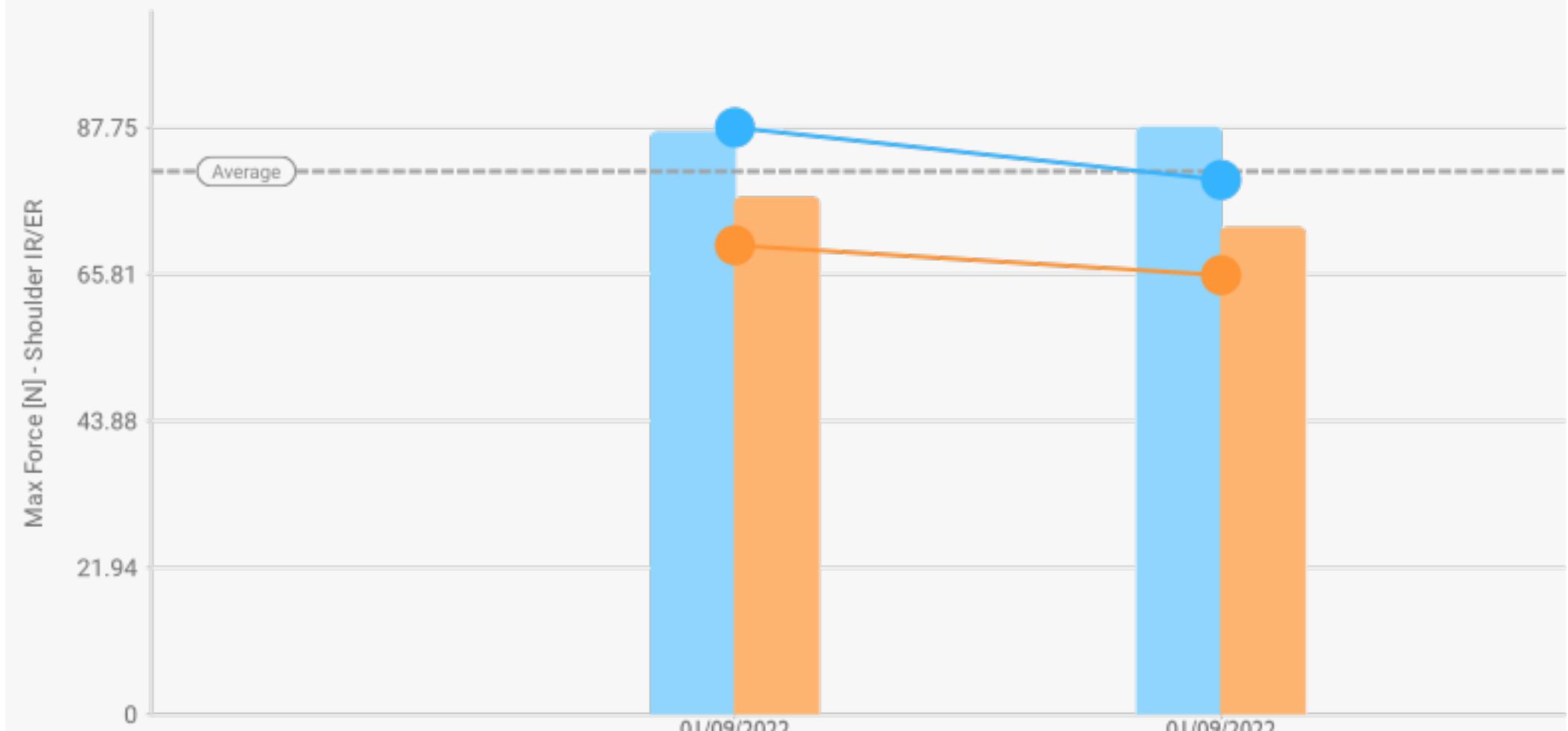
## Internal Rotation Max Force [N] - Shoulder IR/ER

Range              Average

72.75 - 87.75    81.19

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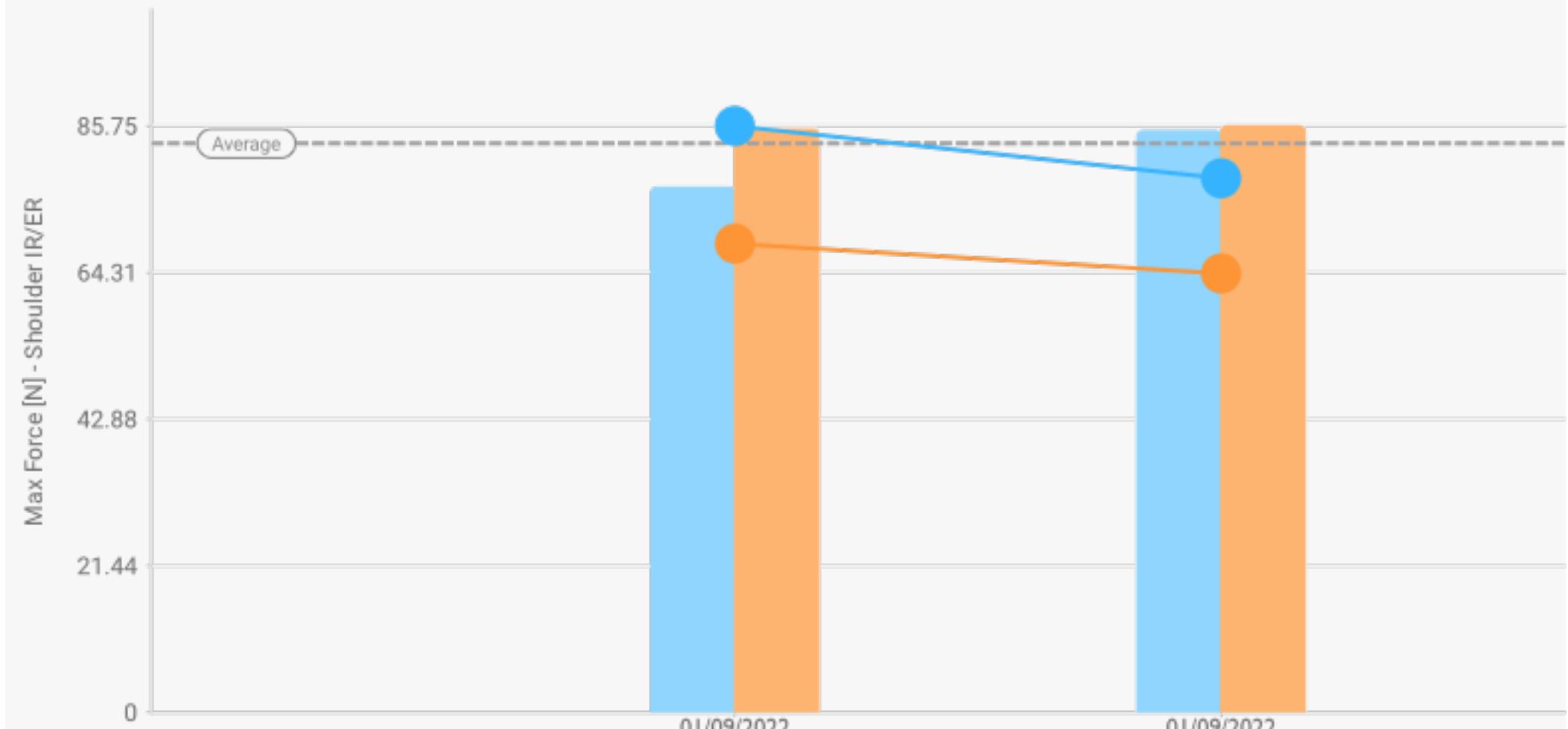
## External Rotation Max Force [N] - Shoulder IR/ER

Range              Average

76.75 - 85.75    83.19

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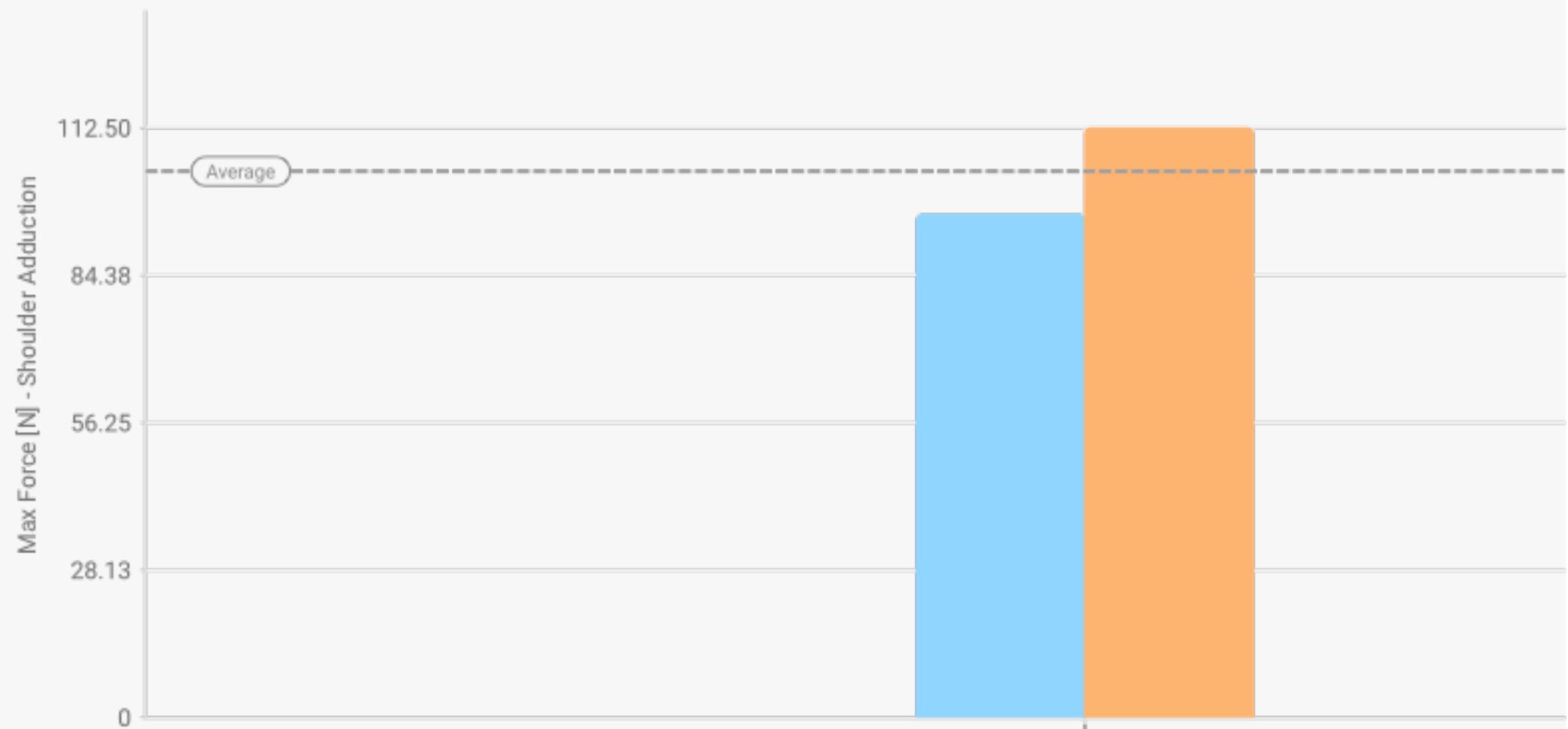
## Adduction Max Force [N] - Shoulder Adduction

Range      Average

96 - 112.5    104.25

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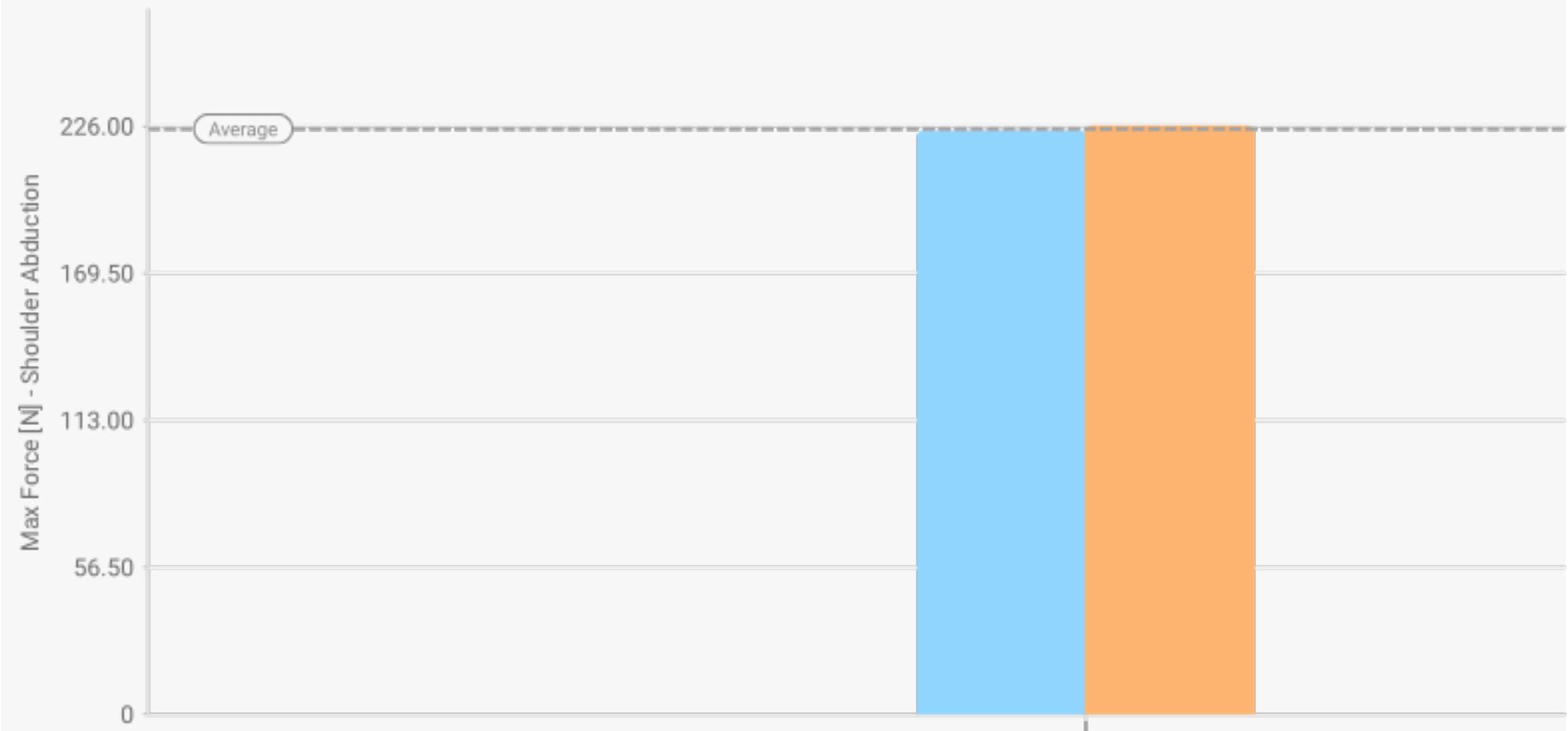
## Abduction Max Force [N] - Shoulder Abduction

Range      Average

224 - 226    225

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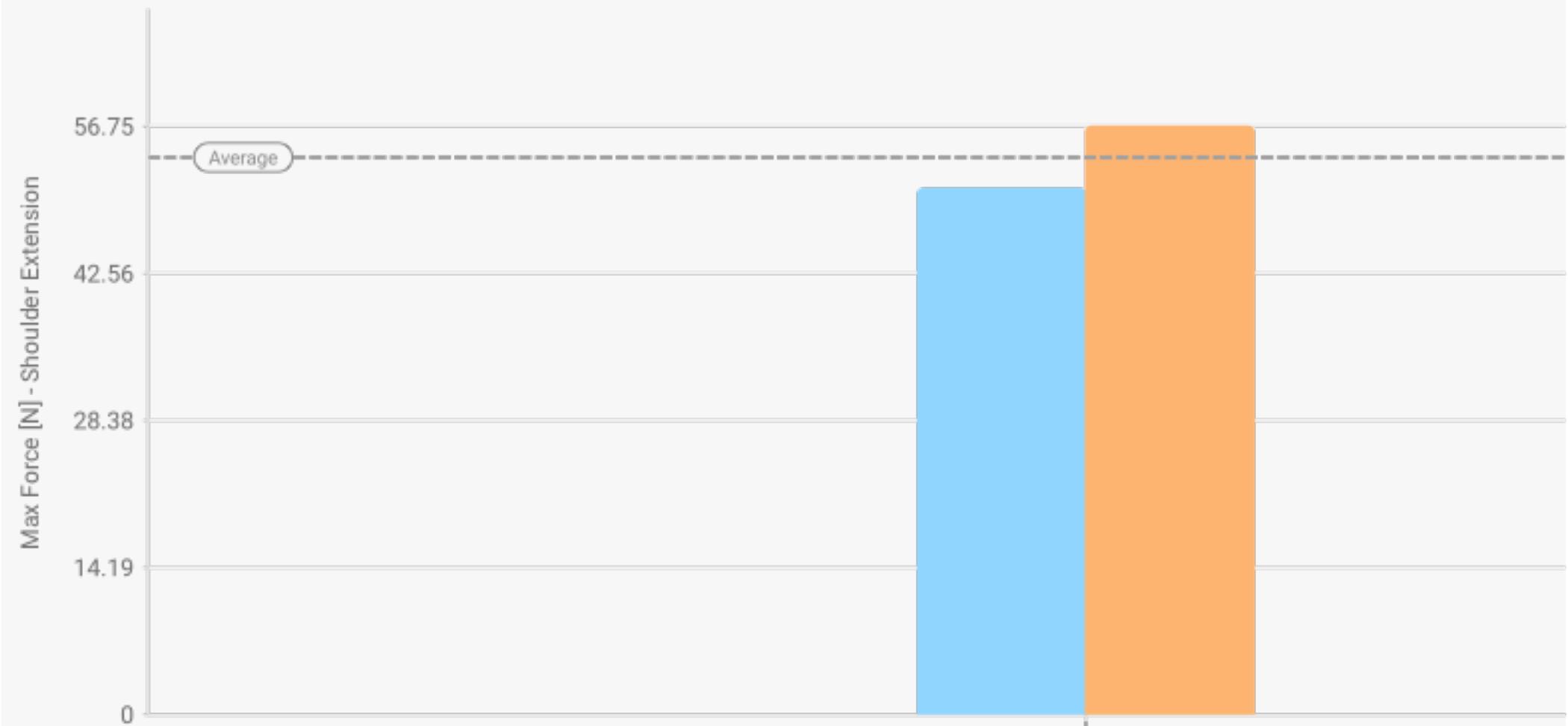
## Extension Max Force [N] - Shoulder Extension

Range              Average

50.75 - 56.75    53.75

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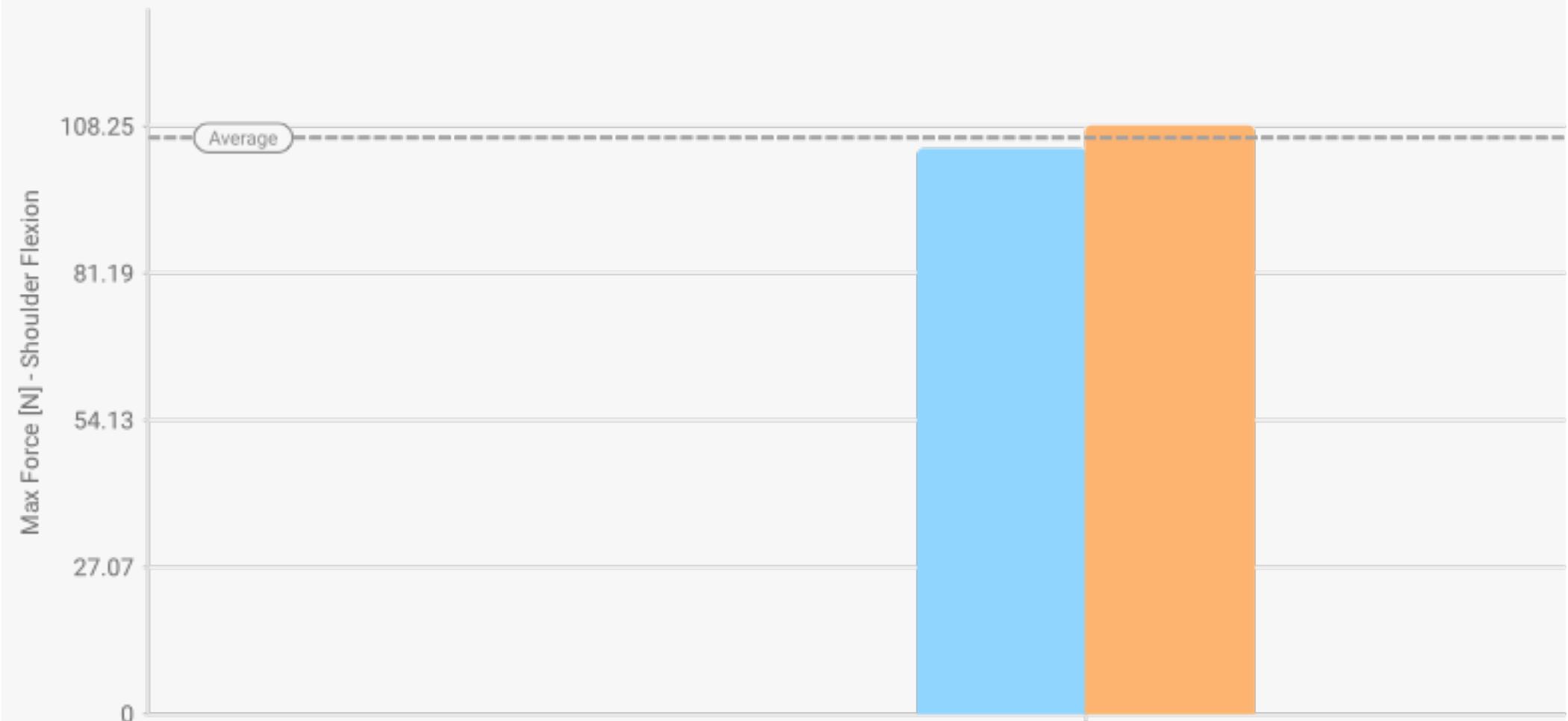
## Flexion Max Force [N] - Shoulder Flexion

Range              Average

104 - 108.25    106.13

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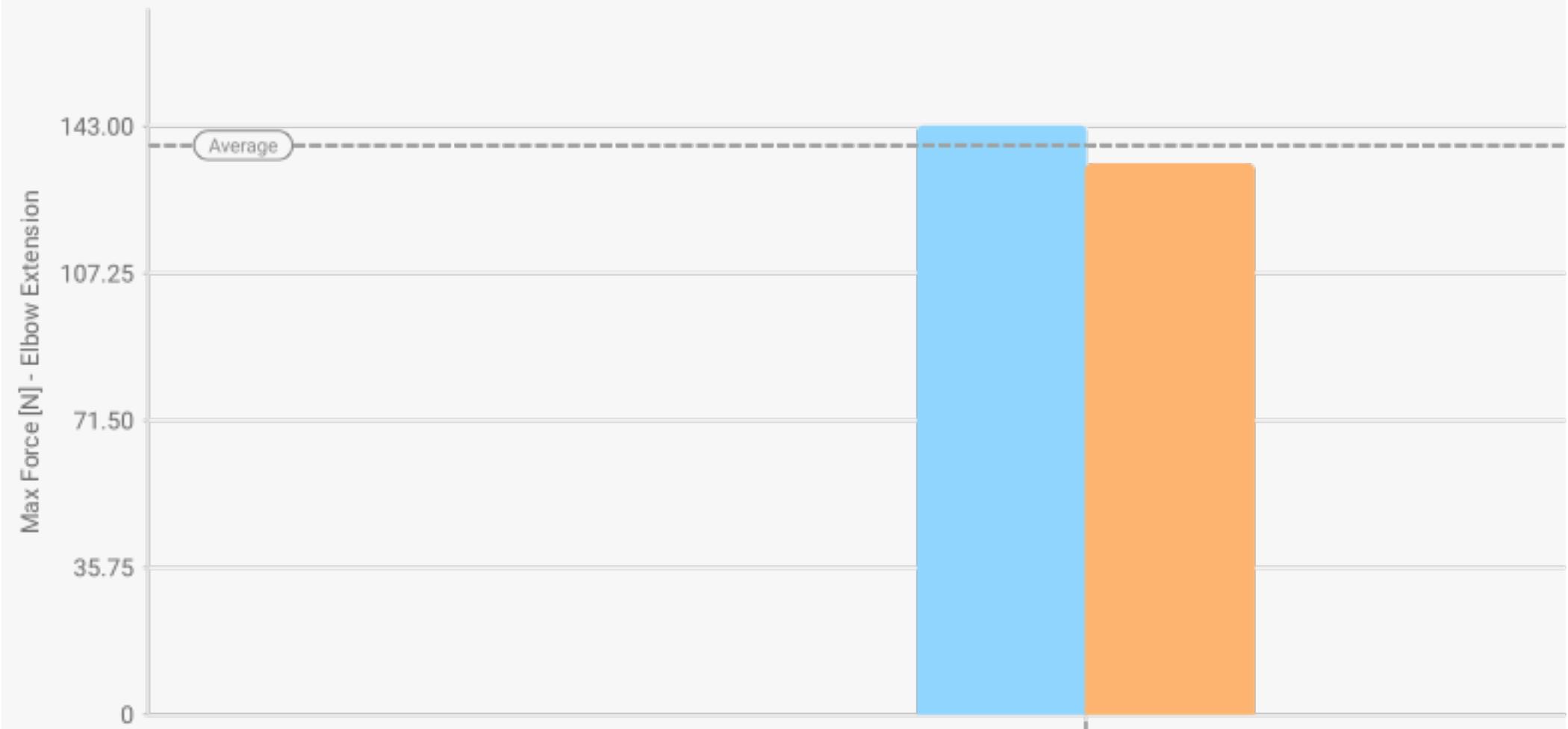
## Extension Max Force [N] - Elbow Extension

Range              Average

133.75 - 143    138.38

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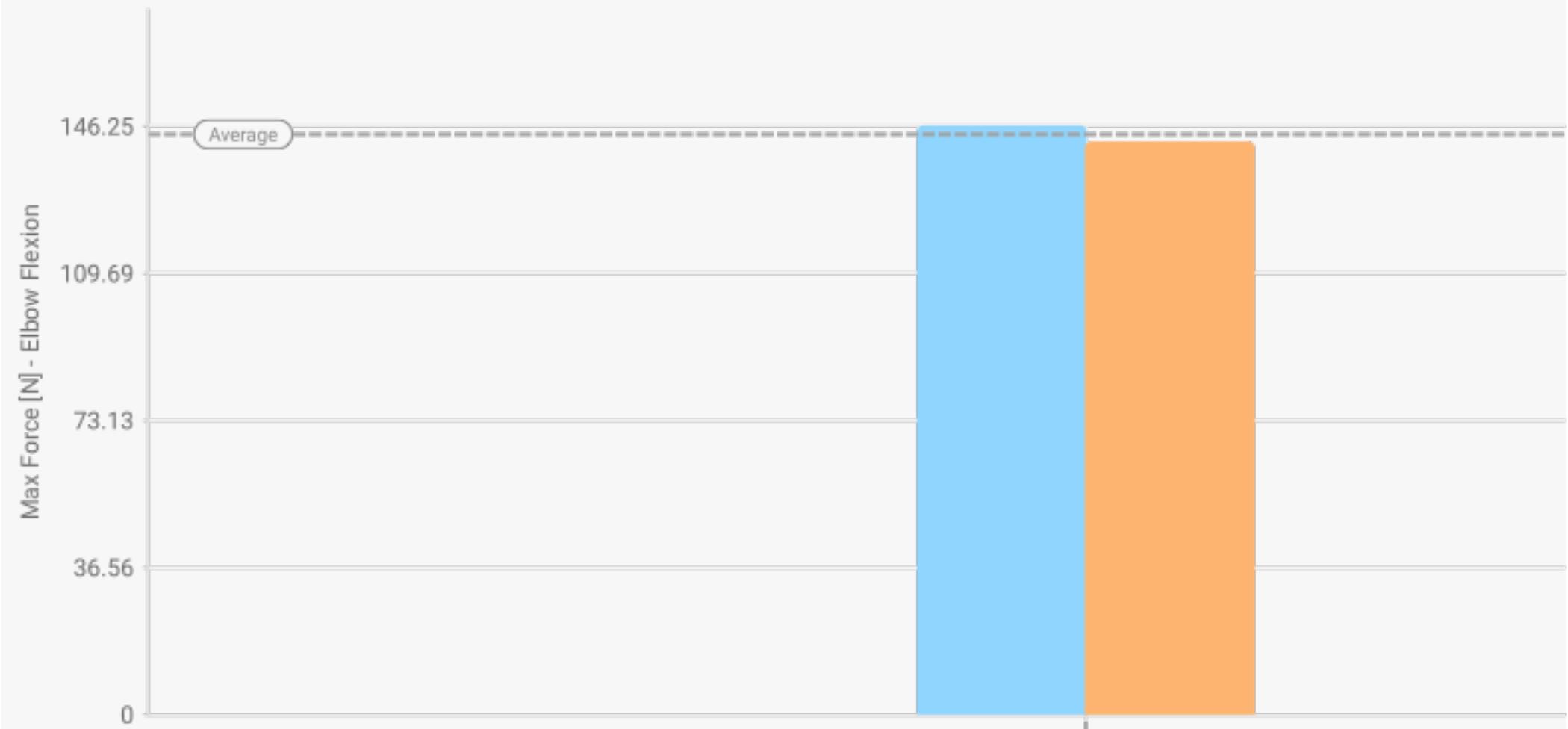
## Flexion Max Force [N] - Elbow Flexion

Range                    Average

142.25 - 146.25      144.25

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## Internal Rotation Asymmetry [%] - Shoulder IR/ER

Range                      Average

17.09 L - 11.21 R    14.15 L

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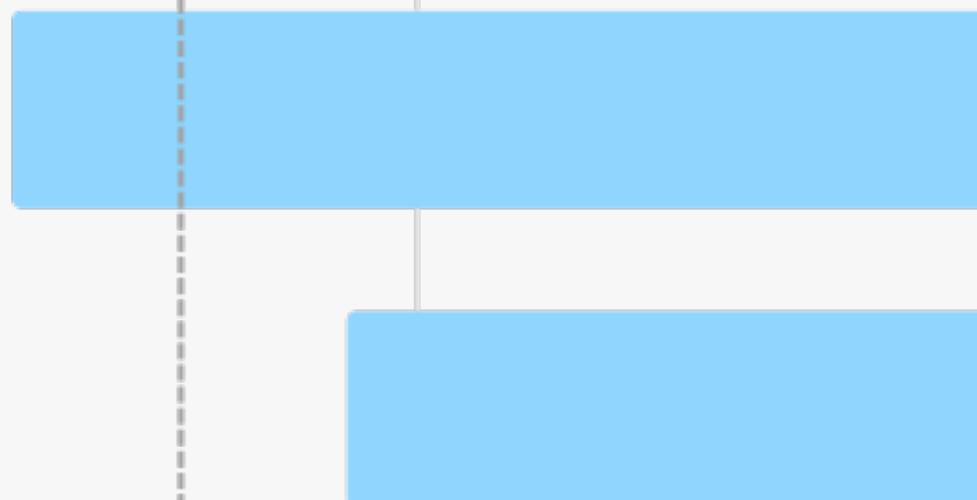
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Test Date

01/09/2022

01/09/2022



Average

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## External Rotation Asymmetry [%] - Shoulder IR/ER

Range              Average

0.87 L - 9.97 R    5.42 R

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01/09/2022

01/09/2022

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[Average](#)



## Adduction Asymmetry [%] - Shoulder Adduction

Range                      Average

14.67 L - 14.67 R    14.67 R

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## Abduction Asymmetry [%] - Shoulder Abduction

Range              Average

0.88 L - 0.88 R    0.88 R

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## Extension Asymmetry [%] - Shoulder Extension

Range                      Average

10.57 L - 10.57 R    10.57 R

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## Flexion Asymmetry [%] - Shoulder Flexion

Range              Average

3.93 L - 3.93 R    3.93 R

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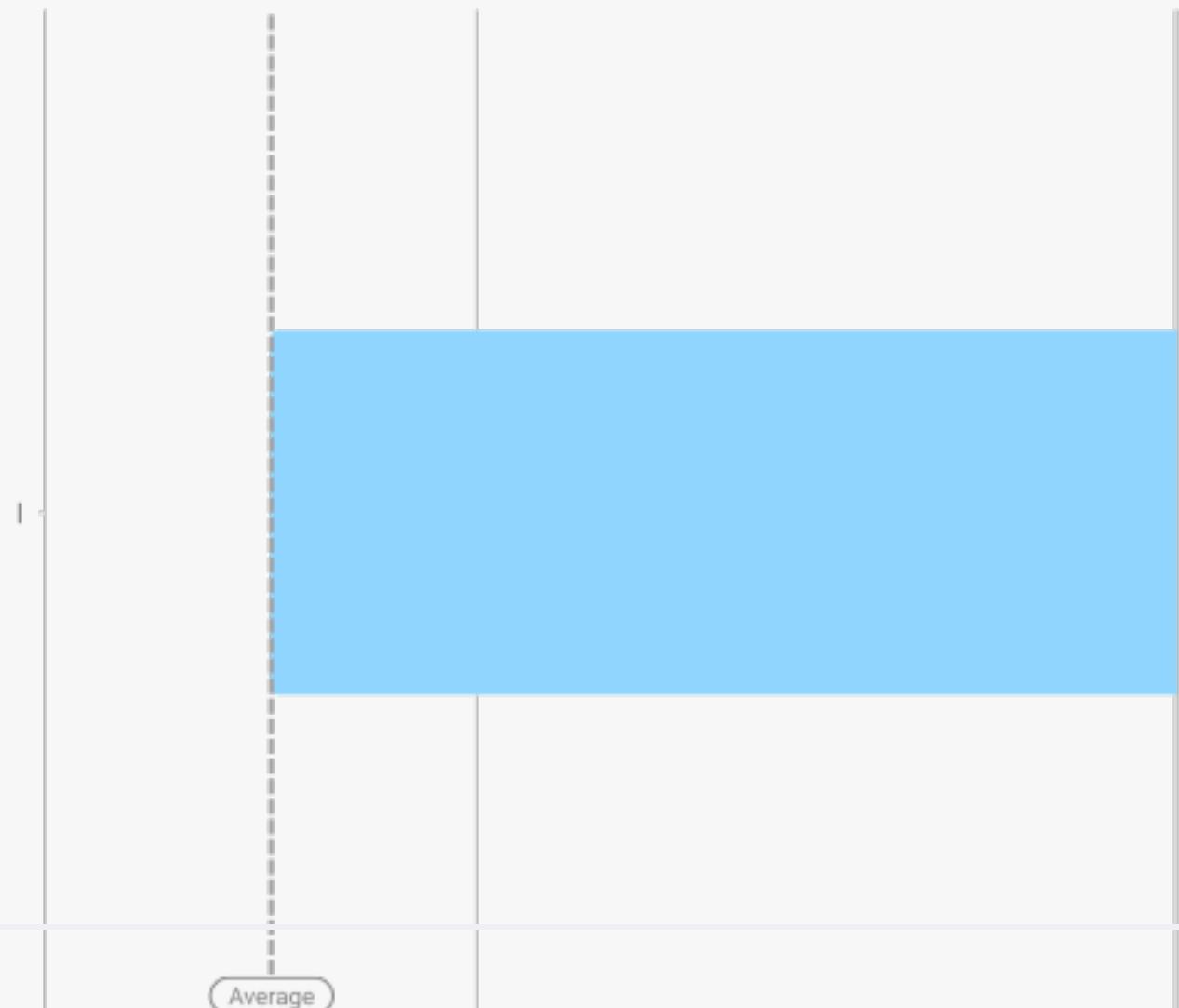
## Extension Asymmetry [%] - Elbow Extension

Range              Average

6.47 L - 6.47 R    6.47 L

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Average

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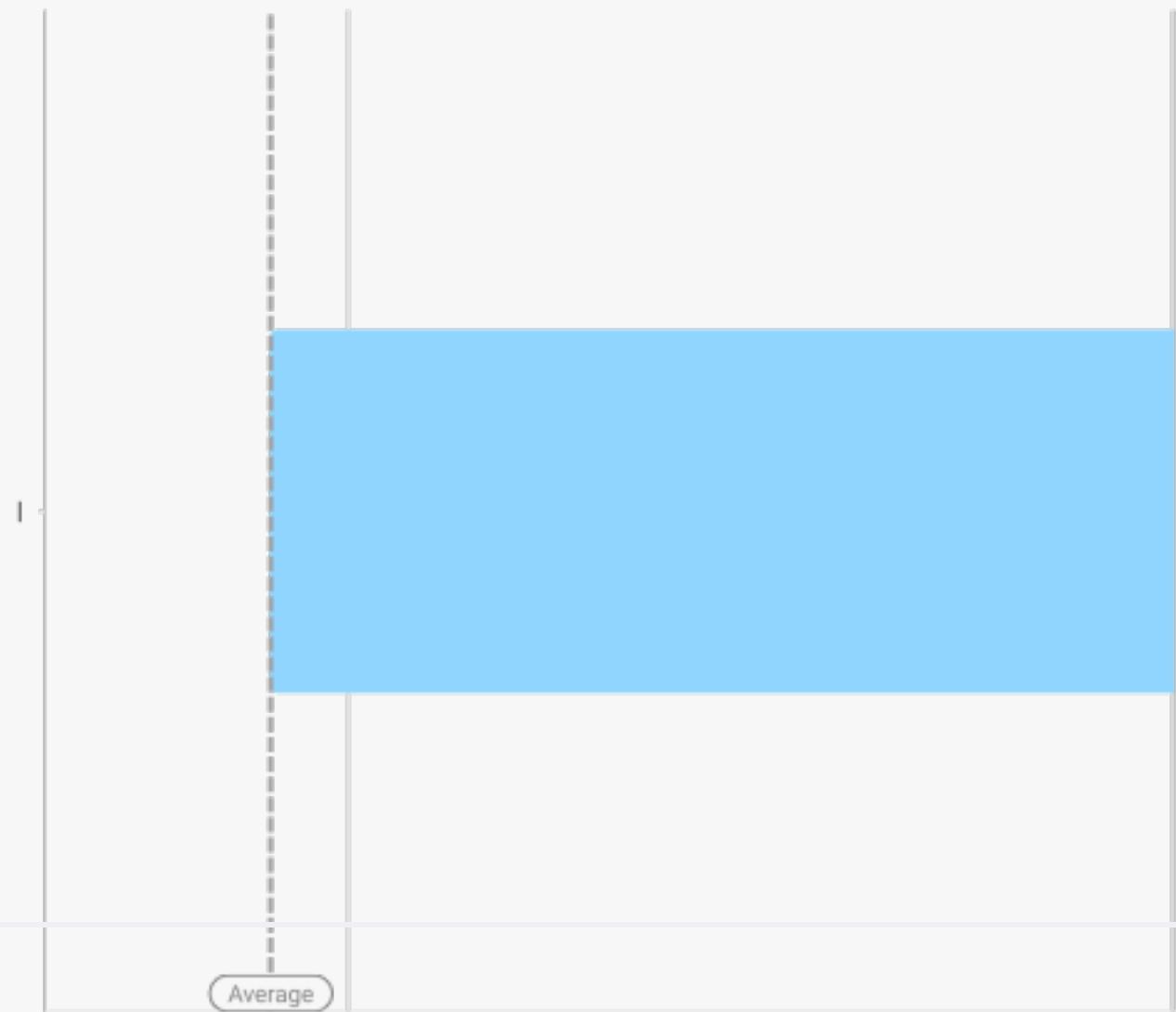
## Flexion Asymmetry [%] - Elbow Flexion

Range              Average

2.74 L - 2.74 R    2.74 L

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Average

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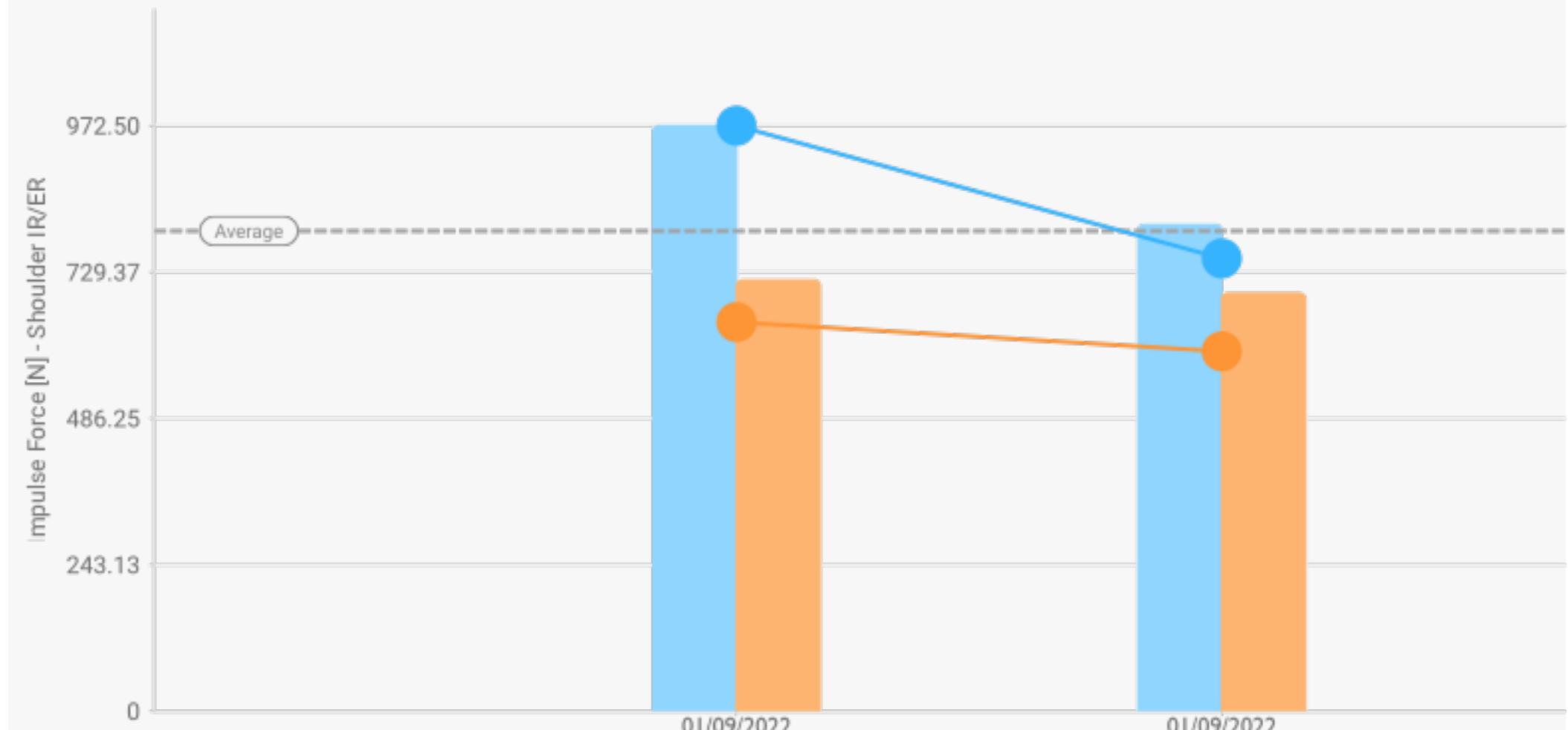
## Internal Rotation Impulse Force [N] - Shoulder IR/ER

Range                    Average

694.23 - 972.5      797.71

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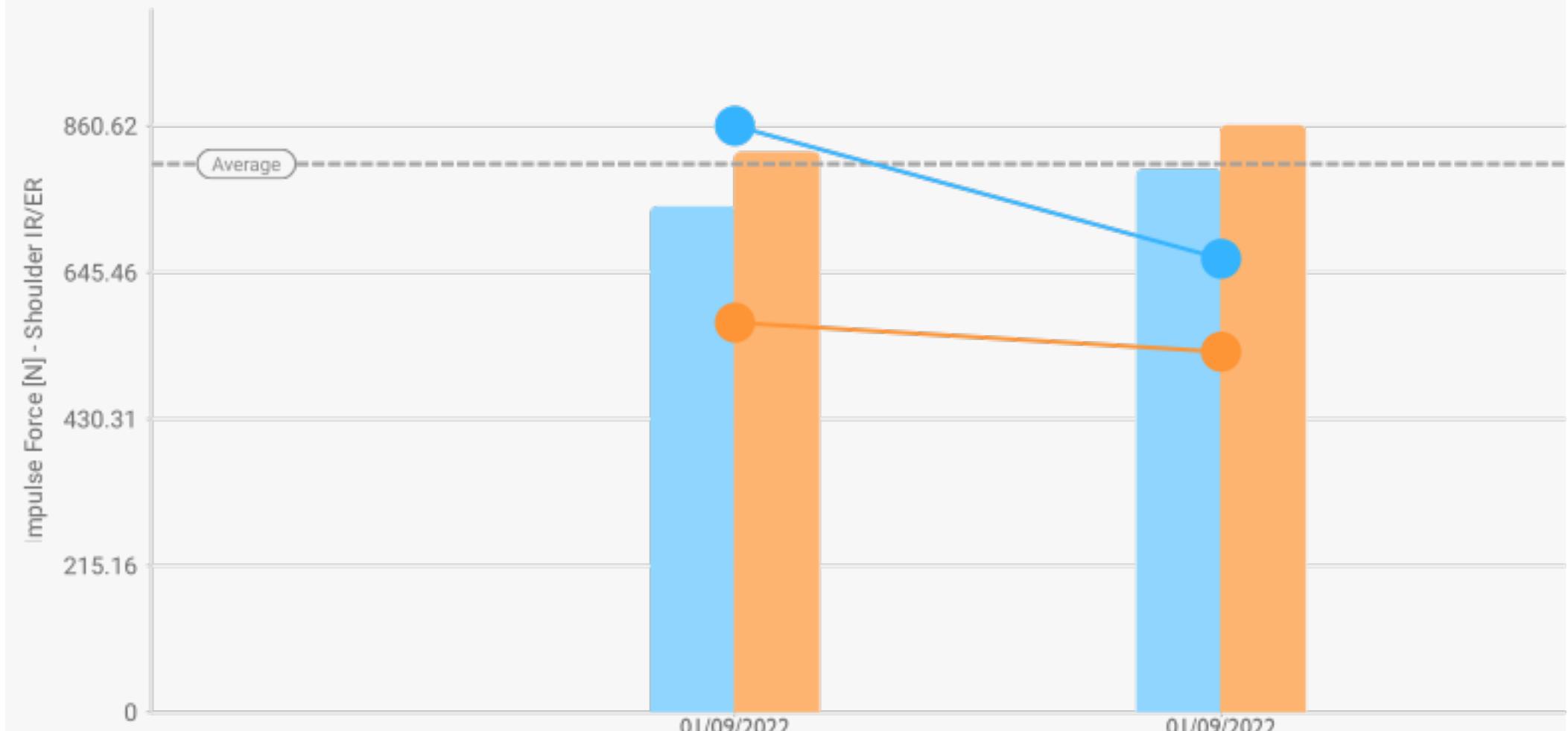
## External Rotation Impulse Force [N] - Shoulder IR/ER

Range                    Average

741.09 - 860.62      804.78

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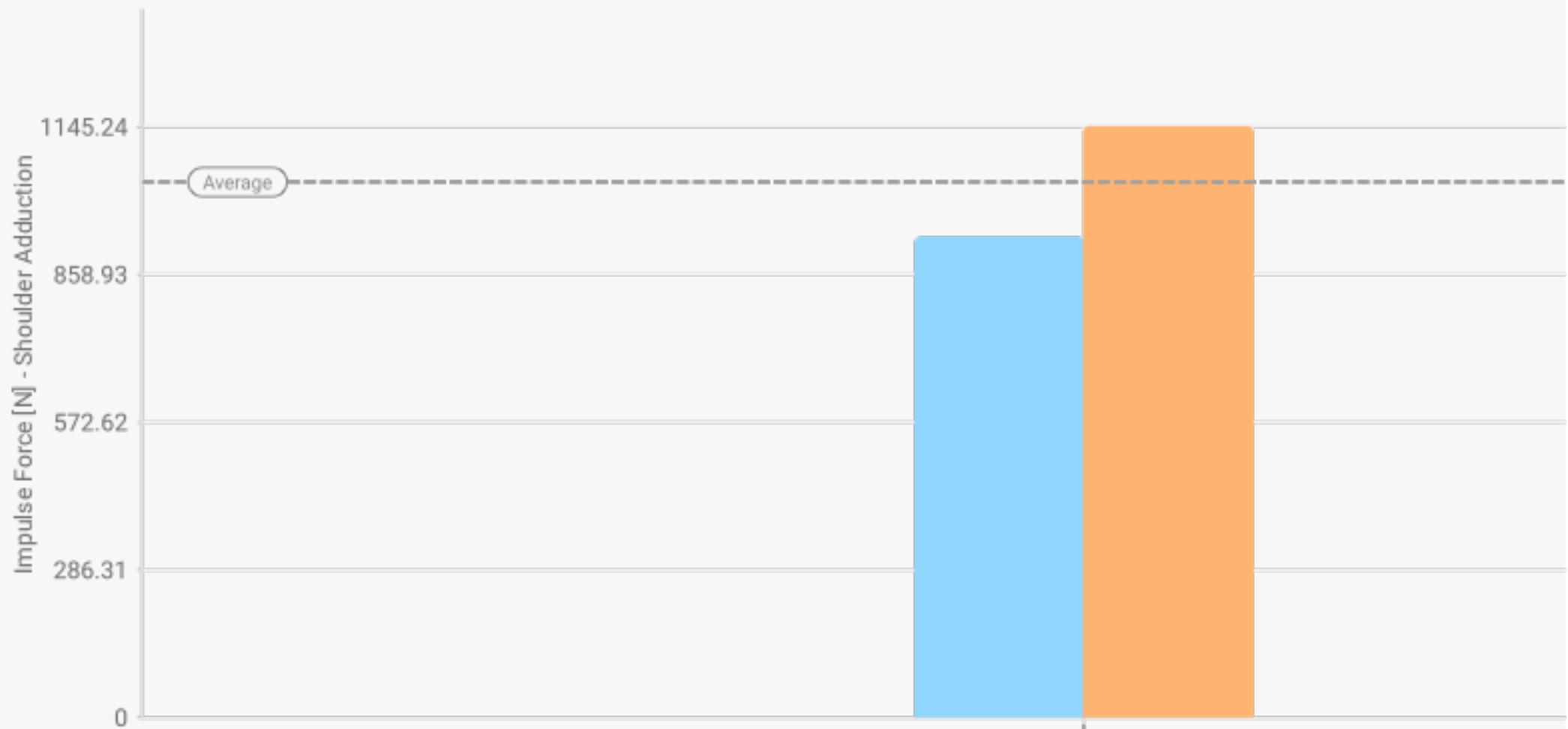
## Adduction Impulse Force [N] - Shoulder Adduction

Range                    Average

930.97 - 1145.24      1038.11

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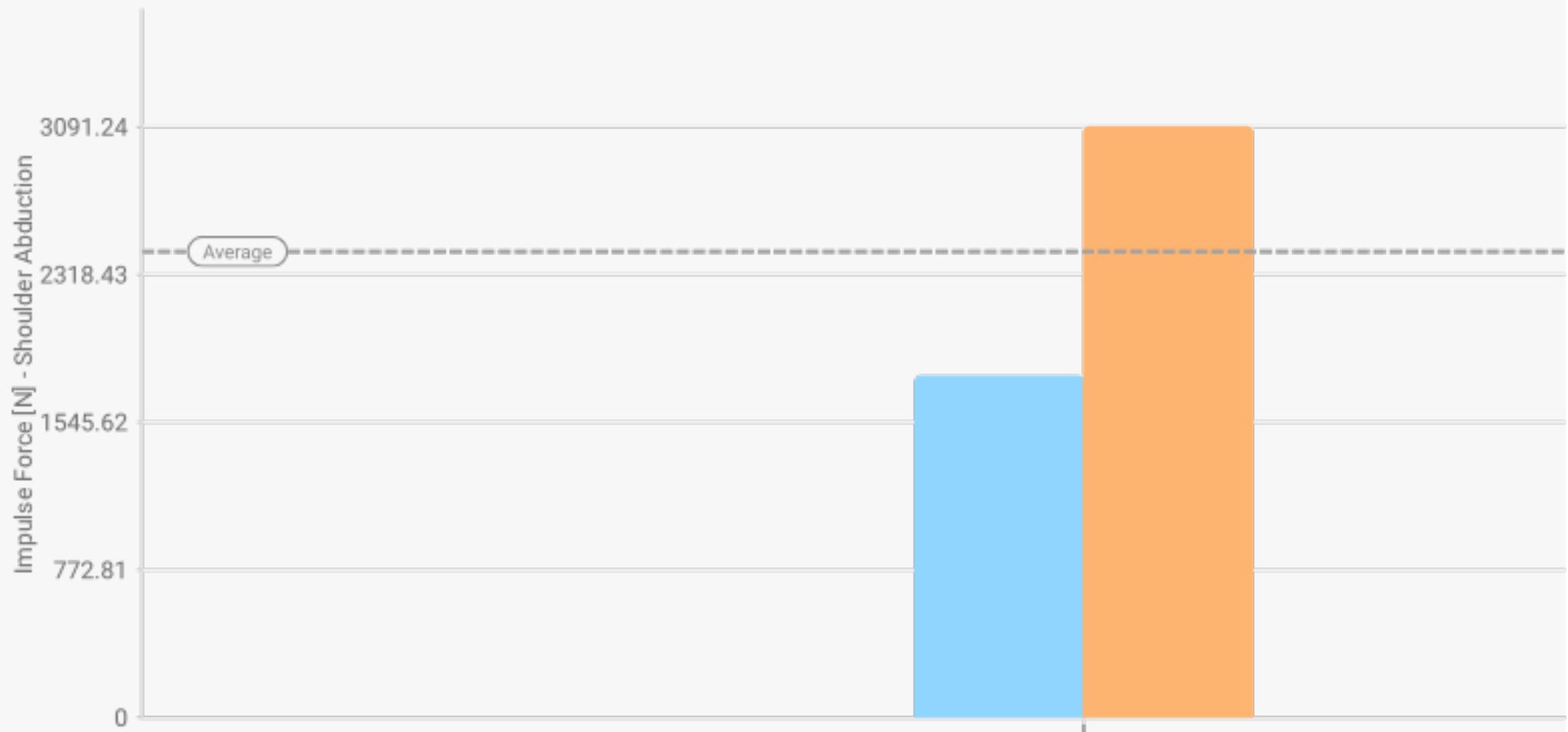
## Abduction Impulse Force [N] - Shoulder Abduction

Range                    Average

1786.2 - 3091.24    2438.72

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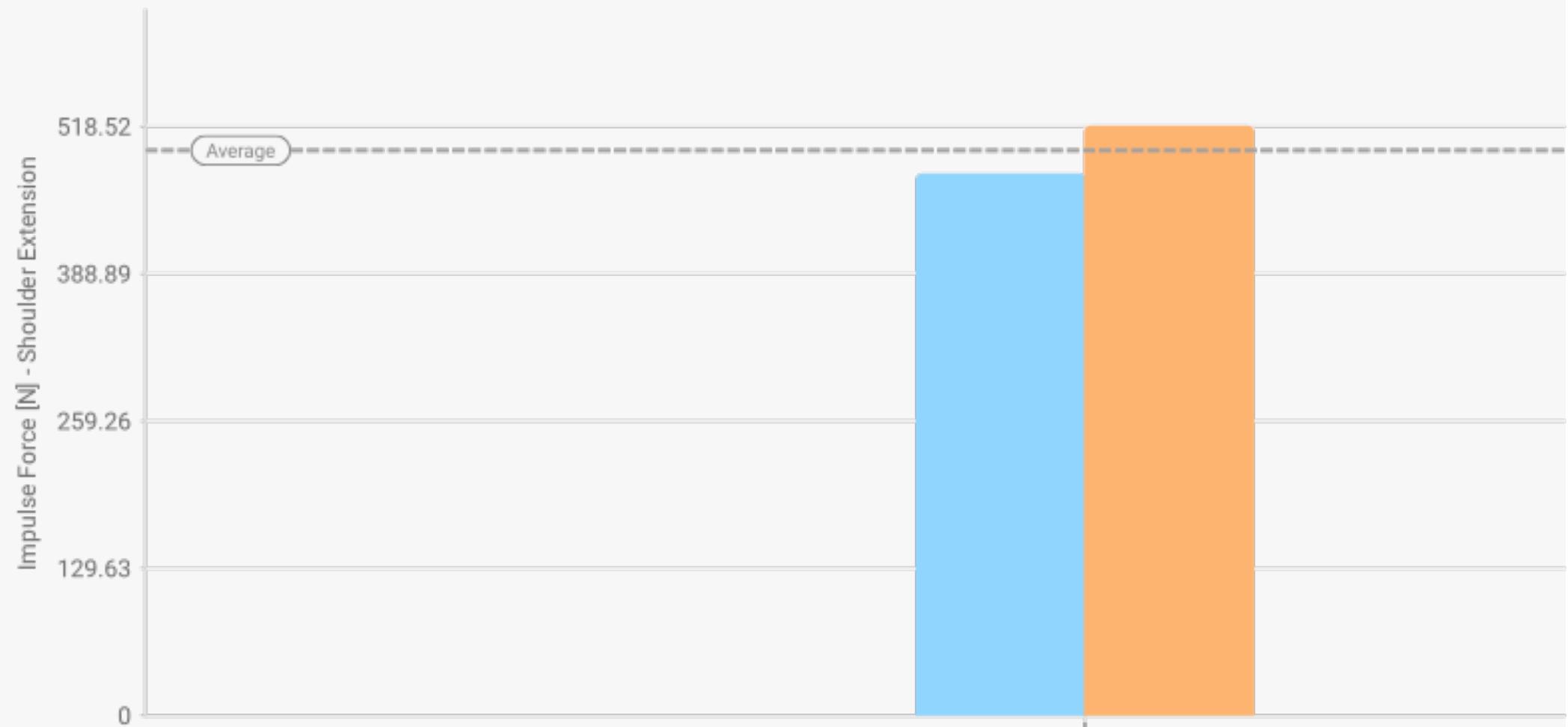
## Extension Impulse Force [N] - Shoulder Extension

Range                    Average

476.48 - 518.52      497.5

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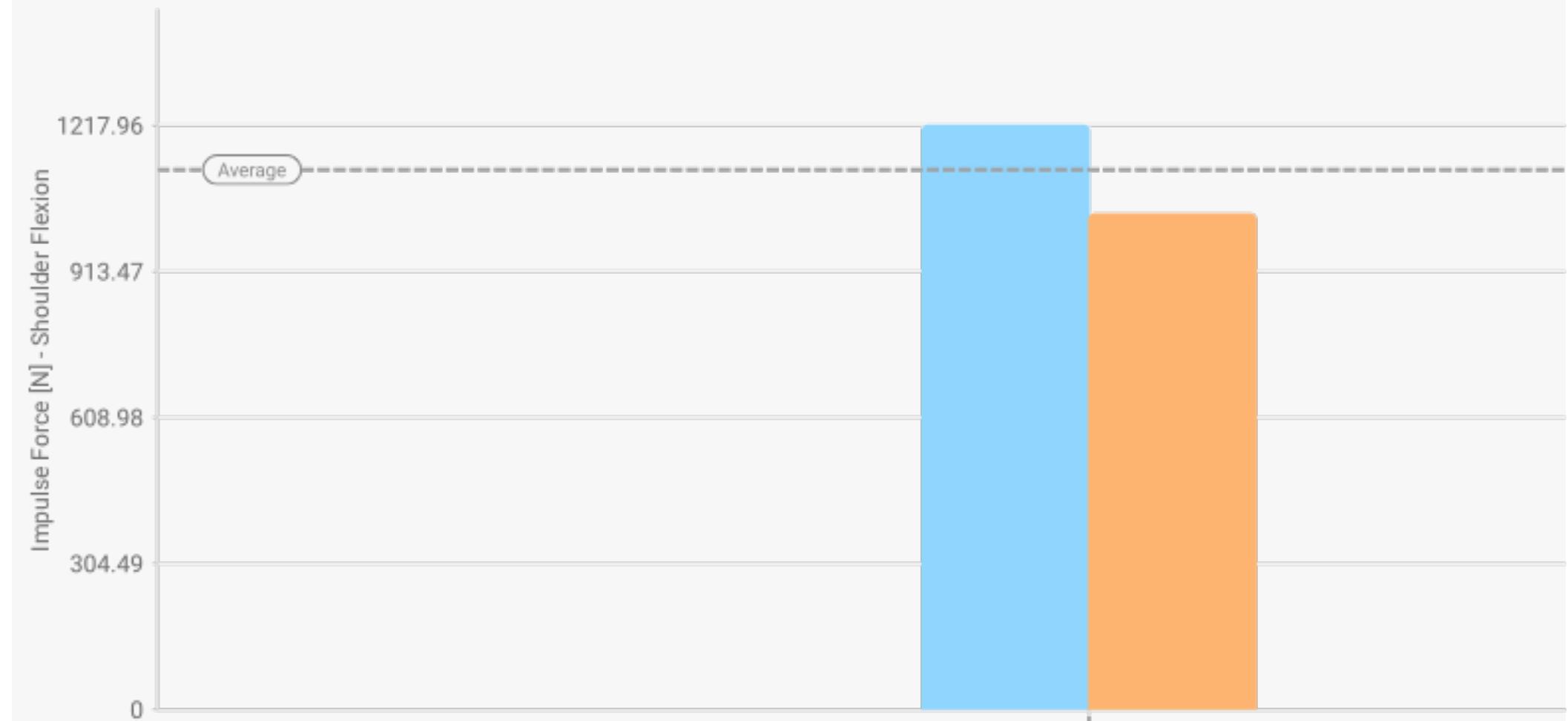
## Flexion Impulse Force [N] - Shoulder Flexion

Range                    Average

1033.35 - 1217.96    1125.66

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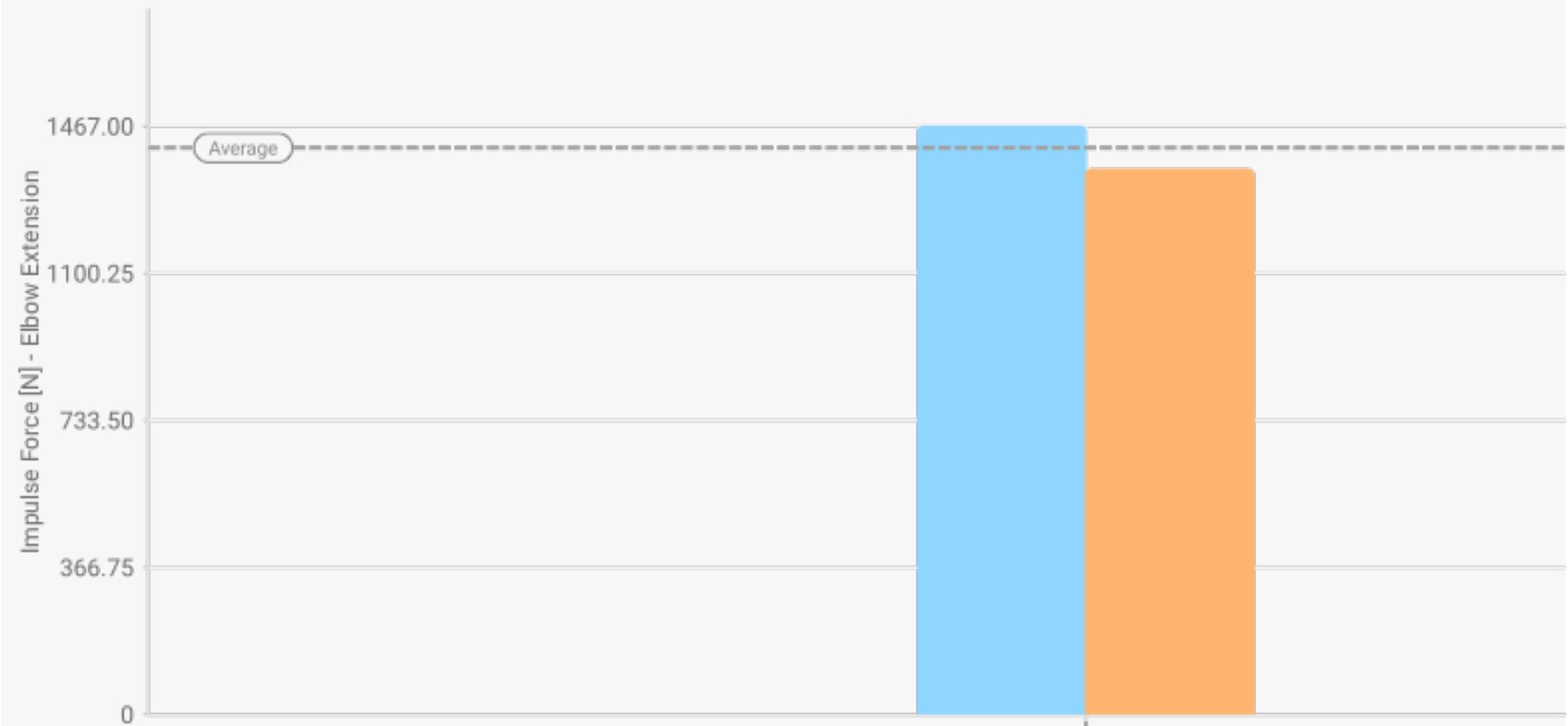
## Extension Impulse Force [N] - Elbow Extension

Range                    Average

1359.84 - 1467      1413.42

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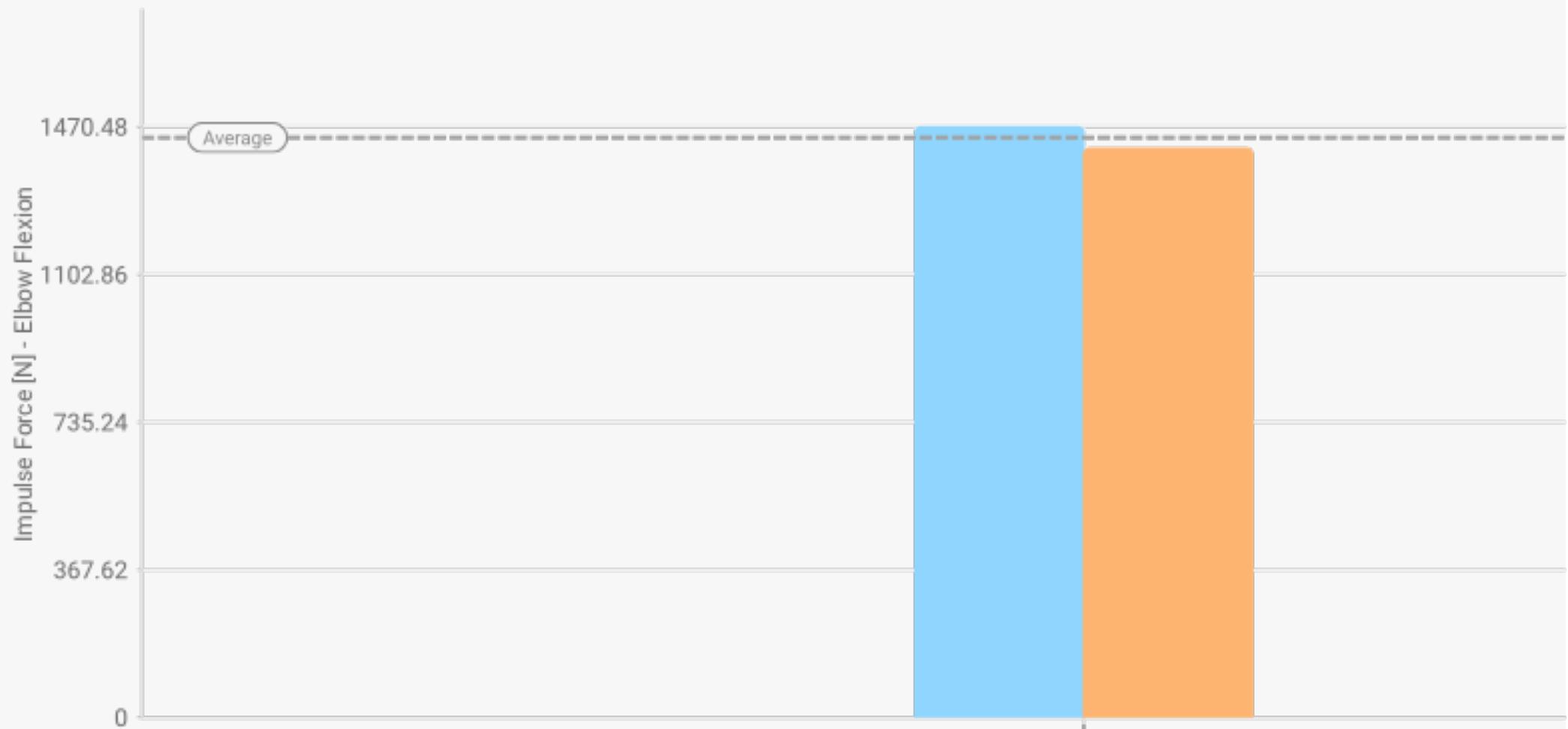
## Flexion Impulse Force [N] - Elbow Flexion

Range                    Average

1417.18 - 1470.48    1443.83

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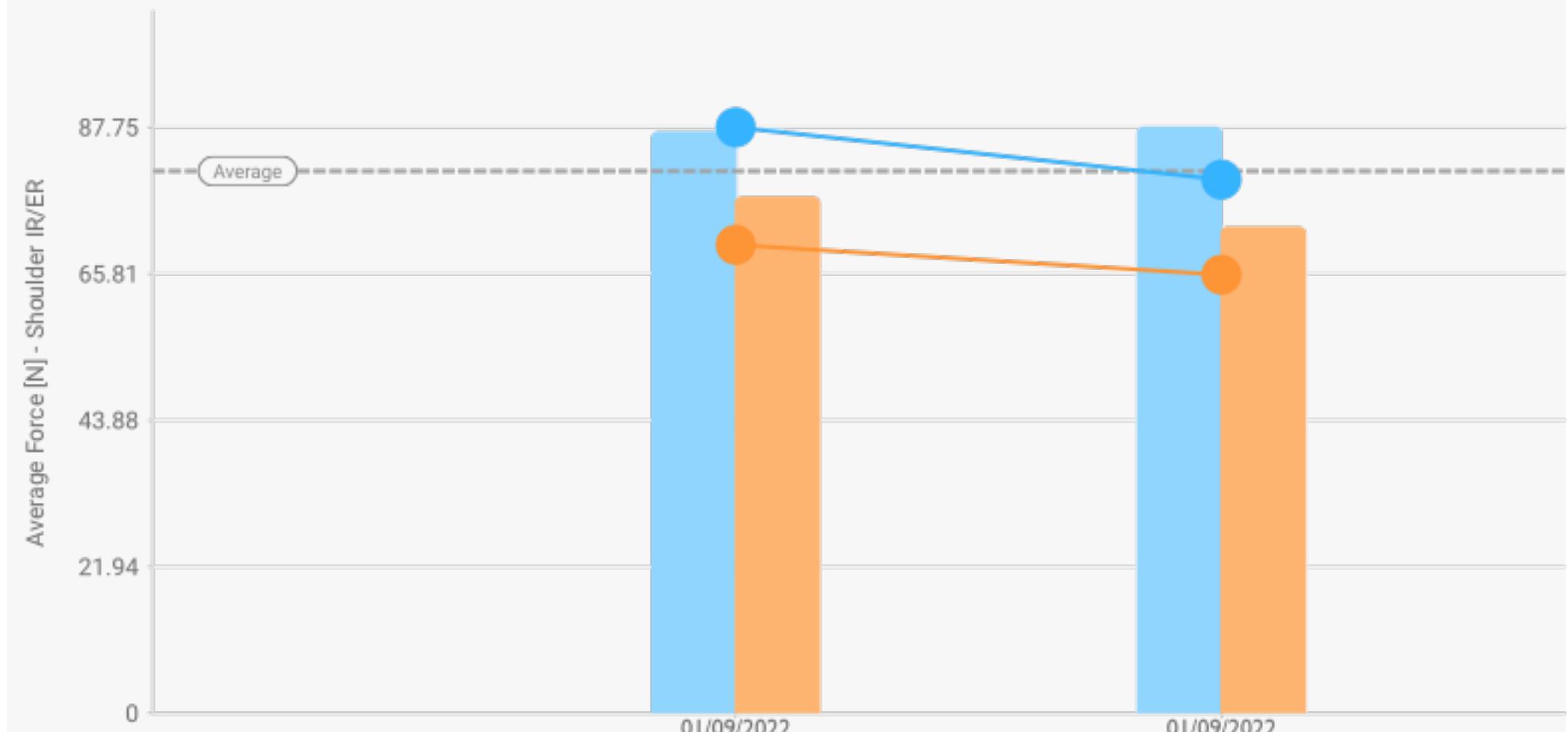
## Internal Rotation Average Force [N] - Shoulder IR/ER

Range              Average

72.75 - 87.75    81.19

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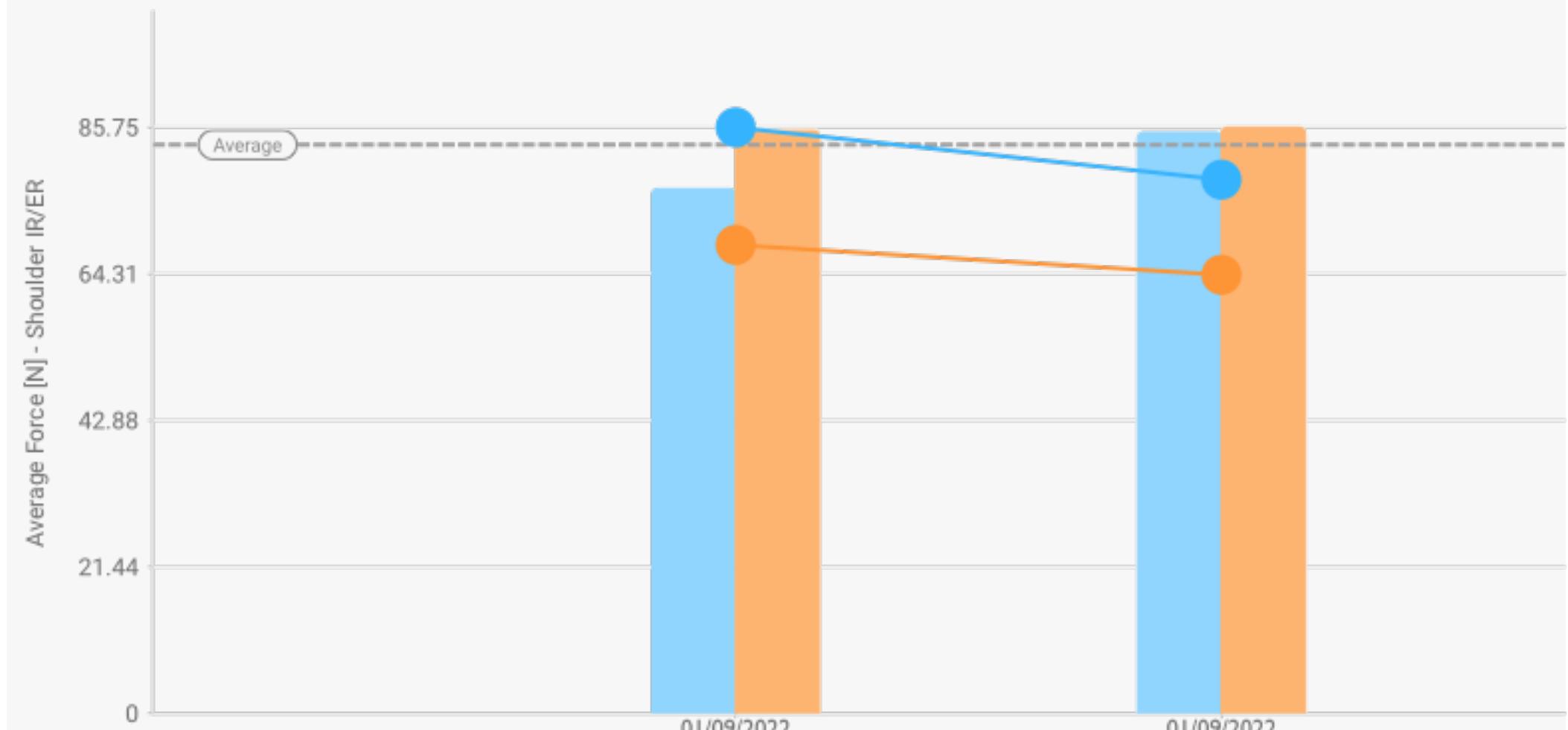
## External Rotation Average Force [N] - Shoulder IR/ER

Range              Average

76.75 - 85.75    83.19

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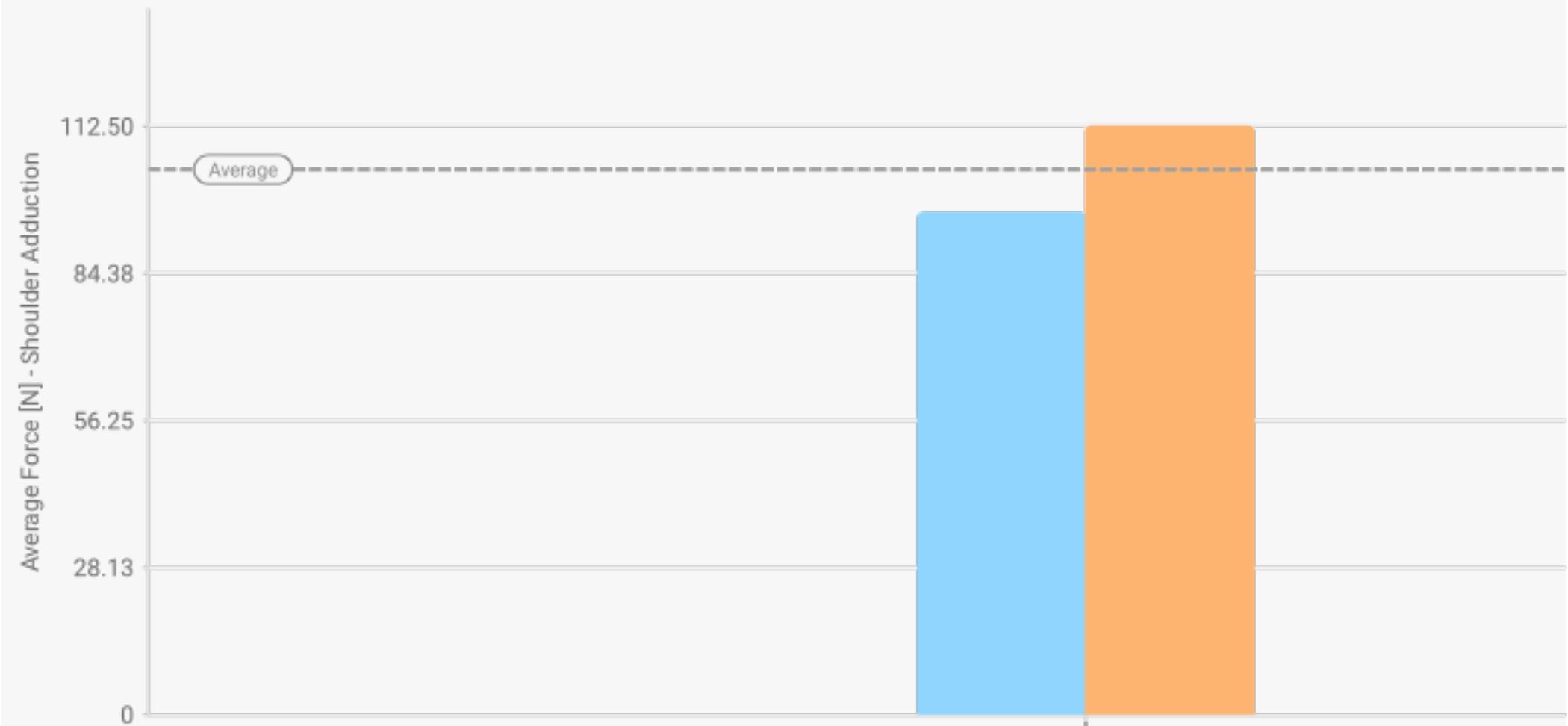
## Adduction Average Force [N] - Shoulder Adduction

Range      Average

96 - 112.5    104.25

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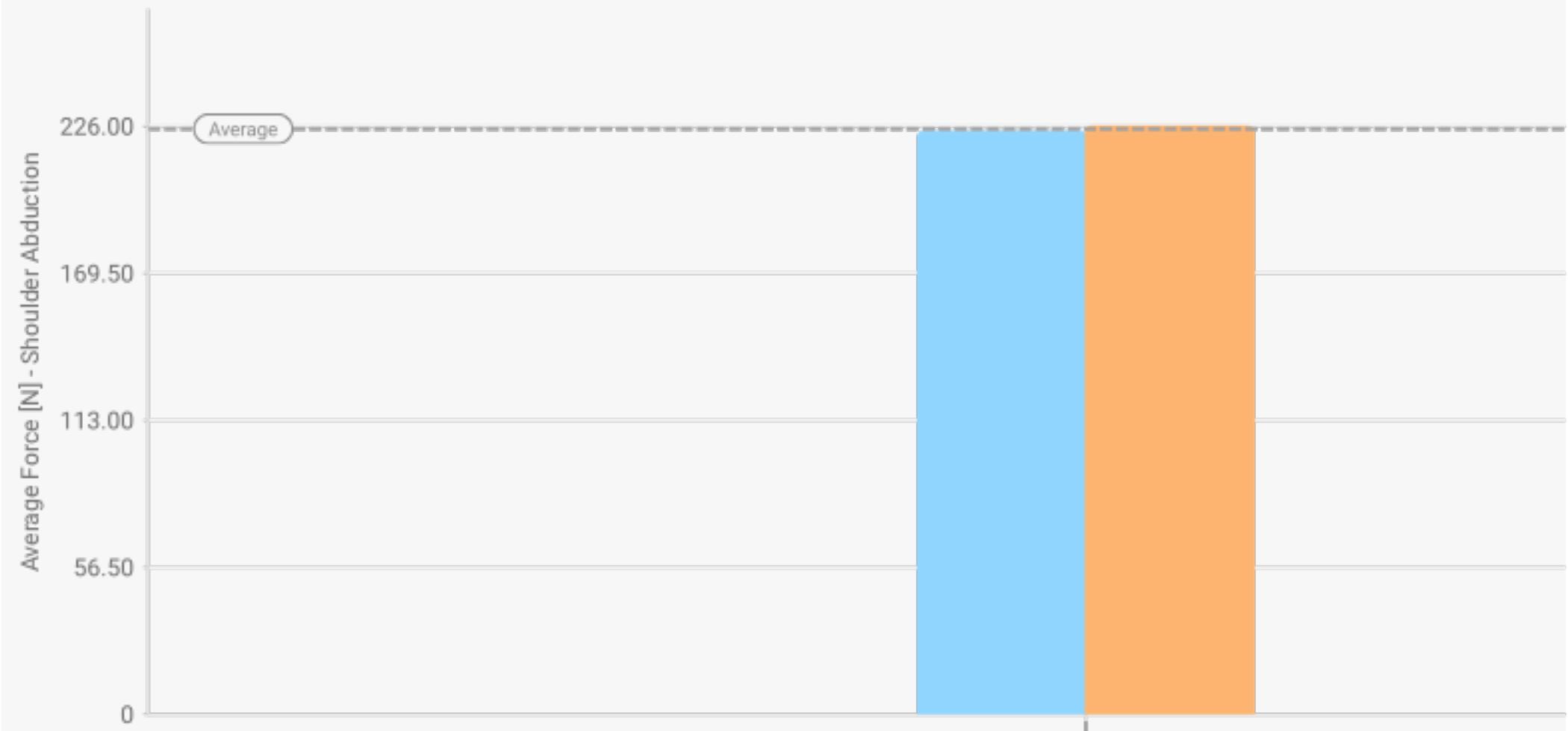
## Abduction Average Force [N] - Shoulder Abduction

Range      Average

224 - 226    225

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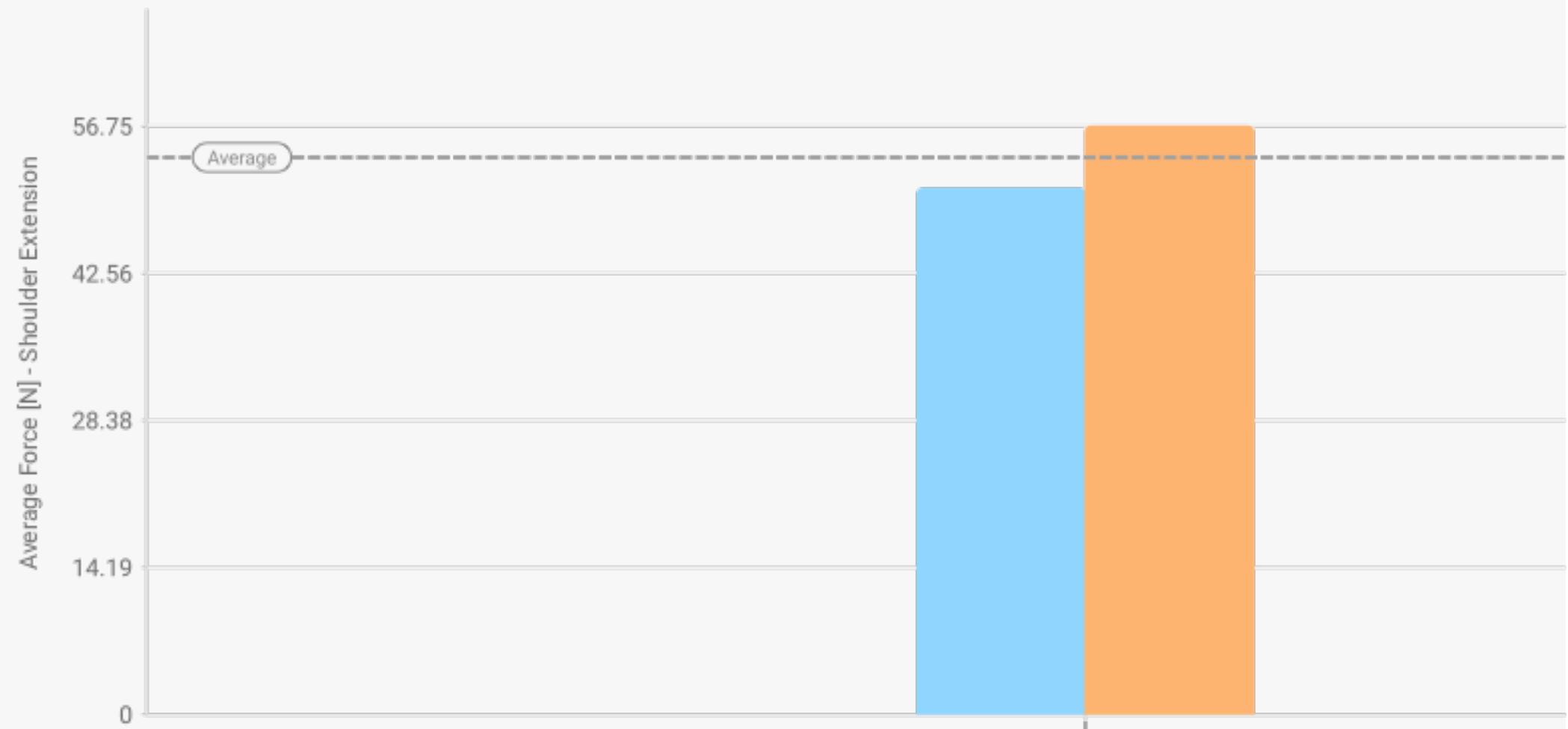
## Extension Average Force [N] - Shoulder Extension

Range              Average

50.75 - 56.75    53.75

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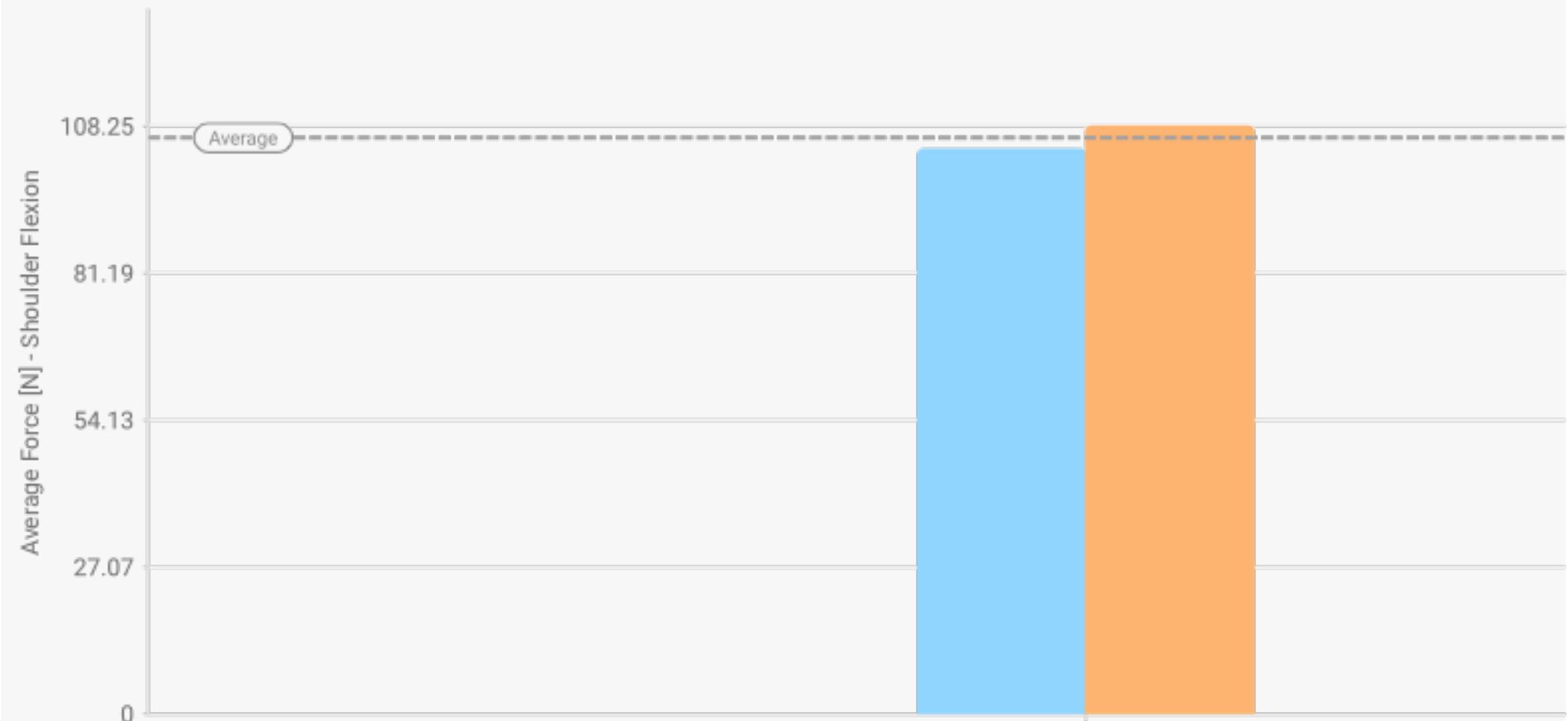
## Flexion Average Force [N] - Shoulder Flexion

Range              Average

104 - 108.25    106.13

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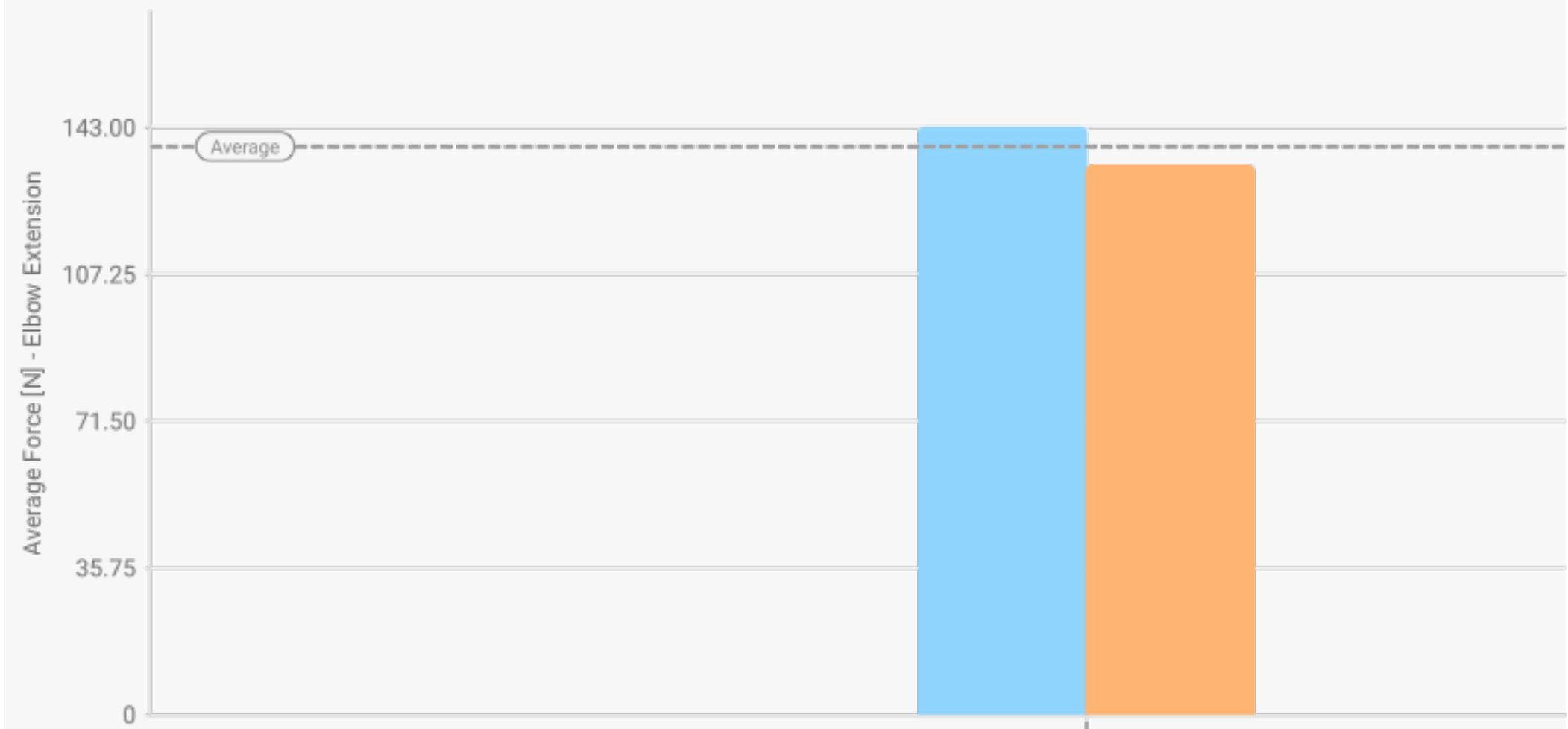
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## Extension Average Force [N] - Elbow Extension

Range	Average
133.75 - 143	138.38

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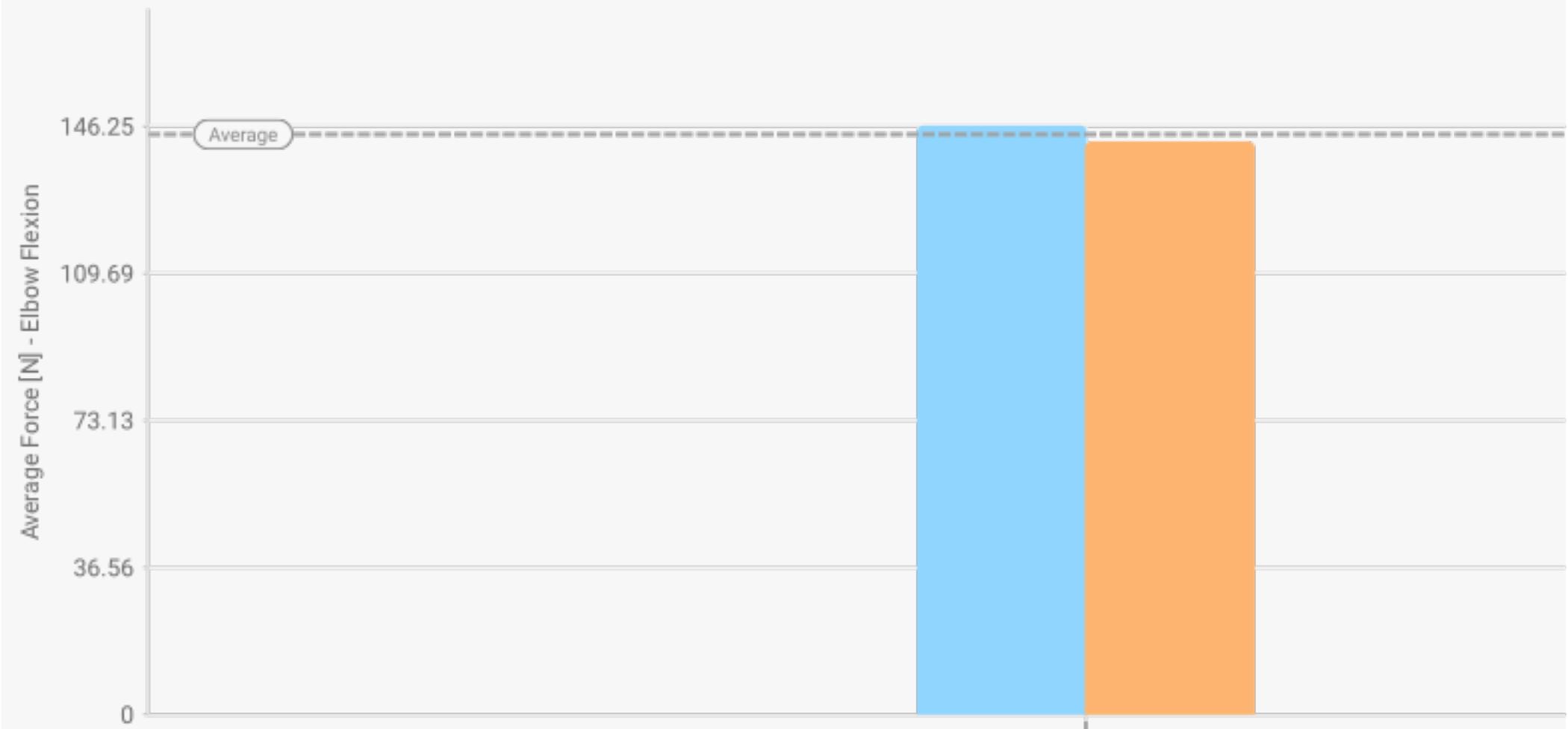
## Flexion Average Force [N] - Elbow Flexion

Range                      Average

142.25 - 146.25    144.25

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