

FOR MODERATE TO SEVERE PEDIATRIC ULCERATIVE COLITIS AND CROHN'S DISEASE

# DISCOVER **HUMIRA®** (adalimumab)

**FIRST AND ONLY**

TREATMENT OF ITS KIND FOR  
MODERATE TO SEVERE  
PEDIATRIC UC + CD  
THAT CAN BE TAKEN AT HOME



## USES<sup>1</sup>

HUMIRA is a prescription medicine used:

- To treat moderate to severe Crohn's disease (CD) in adults and children 6 years of age and older.
- To treat moderate to severe ulcerative colitis (UC) in adults and children 5 years of age and older. It is not known if HUMIRA is effective in people who stopped responding to or could not tolerate anti-TNF medicines.

## SAFETY CONSIDERATIONS<sup>1</sup>

Serious infections have happened in people taking HUMIRA. These serious infections include tuberculosis (TB) and infections caused by viruses, fungi, or bacteria that have spread throughout the body. Some people have died from these infections. HUMIRA may increase the chance of getting lymphoma, including a rare kind, or other cancers. HUMIRA can cause serious side effects including hepatitis B infection in carriers of the virus, allergic reactions, nervous system problems, blood problems, heart failure, certain immune reactions including a lupus-like syndrome, liver problems, and new or worsening psoriasis.

Click [here](#) for additional Important Safety Information on pages 9 and 10.

Click [here](#) for **Full Prescribing Information**, including **Medication Guide**, and discuss with your child's doctor.

**HUMIRA®**  
adalimumab

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# **PAY \$5 OR LESS FOR HUMIRA® (adalimumab)\***

It might surprise you how many people are using the HUMIRA Complete Savings Card—a resource to help lower the cost of HUMIRA. In fact, the majority of people pay \$5 or less for HUMIRA—and you may be able to save, too. Whether your child is just starting HUMIRA or has been taking it for some time, call us to see if you can use the HUMIRA Complete Savings Card to help lower the cost.



**No matter your financial situation,  
CALL 1.800.4HUMIRA**

**(1.800.448.6472) or click [here](#) to see if you can start  
saving on HUMIRA\***

This program is not valid for prescriptions reimbursed under Medicare, Medicaid, or similar federal or state programs.  
Offer void where prohibited by law. Program may be changed or discontinued at any time without notice.

Call 1.800.448.6472 with questions about the program.

\*Terms and Conditions apply. This benefit covers HUMIRA® (adalimumab) alone or, for rheumatology patients, HUMIRA plus one of the following medications: methotrexate, leflunomide (Arava®), or hydroxychloroquine (Plaquenil®). Eligibility: Available to patients with commercial prescription insurance coverage for HUMIRA who meet eligibility criteria. Co-pay assistance program is not available to patients receiving prescription reimbursement under any federal, state, or government-funded insurance programs (for example, Medicare [including Part D], Medicare Advantage, Medigap, Medicaid, TRICARE, Department of Defense, or Veterans Affairs programs) or where prohibited by law or by the patient's health insurance provider. If at any time a patient begins receiving prescription drug coverage under any such federal, state, or government-funded healthcare program, patient will no longer be able to use the HUMIRA Complete Savings card and patient must call HUMIRA Complete at 1-800-4HUMIRA to stop participation. Patients residing in or receiving treatment in certain states may not be eligible. Patients may not seek reimbursement for value received from the HUMIRA Complete Program from any third-party payers. Offer subject to change or discontinuance without notice. Restrictions, including monthly maximums, may apply. Patients who are members of insurance plans that claim to reduce or eliminate their patients' out-of-pocket co-pay, co-insurance, or deductible obligations for certain prescription drugs based upon the availability of, or patient's enrollment in, manufacturer sponsored co-pay assistance for such drugs (often termed "maximizer" programs) will have an annual maximum program benefit of \$6,000.00 per calendar year. This assistance offer is not health insurance. To learn about AbbVie's privacy practices and your privacy choices, visit [www.abbvie.com/privacy.html](http://www.abbvie.com/privacy.html)

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# REMISSION IS POSSIBLE WITH HUMIRA® (adalimumab)

## WHAT IS HUMIRA?¹

HUMIRA is a prescription medicine used to treat moderate to severe ulcerative colitis (UC) in adults and children 5 years of age and older. It is not known if HUMIRA is effective in people who stopped responding to or could not tolerate TNF-blocker medicines.

HUMIRA is a prescription medicine used to treat moderate to severe Crohn's disease (CD) in adults and children 6 years of age and older.



FOR MODERATE TO SEVERE PEDIATRIC ULCERATIVE COLITIS

### UNDERSTANDING YOUR CHILD'S ULCERATIVE COLITIS

Ulcerative colitis (UC) is a condition that causes inflammation (irritation and swelling) in the large intestine. It is part of a larger group of illnesses called inflammatory bowel disease (IBD).



FOR MODERATE TO SEVERE PEDIATRIC CROHN'S DISEASE

### UNDERSTANDING YOUR CHILD'S CROHN'S DISEASE

Crohn's disease (CD) is a condition that causes inflammation (irritation and swelling) anywhere along the digestive or gastrointestinal (GI) tract. It is part of a larger group of illnesses called inflammatory bowel disease (IBD).

Both UC and CD are chronic lifelong conditions. The goal of treatment is long-term remission of the condition, which means your child can live with few or no symptoms. That's why it's important to follow the treatment plan you and your child's doctor come up with.

### HUMIRA CAN HELP CHILDREN WITH UC ACHIEVE FAST AND LONG-TERM REMISSION

Results of a clinical study showed that:  
Many patients on HUMIRA were in remission after just 8 weeks.  
And many patients were in remission at 1 year.

### HUMIRA CAN HELP CHILDREN WITH CROHN'S ACHIEVE SYMPTOM RELIEF AND LASTING REMISSION

Results of a clinical study showed that:  
The majority saw significant symptom relief and many achieved remission.  
Results were at 26 weeks; individual results may vary.

### SAFETY CONSIDERATIONS¹

Serious infections have happened in people taking HUMIRA. These serious infections include tuberculosis (TB) and infections caused by viruses, fungi, or bacteria that have spread throughout the body. Some people have died from these infections. HUMIRA may increase the chance of getting lymphoma, including a rare kind, or other cancers. HUMIRA can cause serious side effects including hepatitis B infection in carriers of the virus, allergic reactions, nervous system problems, blood problems, heart failure, certain immune reactions including a lupus-like syndrome, liver problems, and new or worsening psoriasis.

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# TAKE HUMIRA® (adalimumab) AT HOME

**HUMIRA is the first and only biologic treatment for pediatric UC and CD that can be administered at home after proper training by a healthcare professional**

If your child's doctor prescribes HUMIRA with a thinner needle, you'll have the ability to give it to them at home.

Your child's first injection must be given under the supervision of a healthcare professional.

YOUR CHILD'S DOCTOR MAY PRESCRIBE EITHER THE HUMIRA PEN OR SYRINGE.



**THINNER NEEDLE THAN BEFORE\***

\*COMPARED TO HUMIRA 40 MG/0.8 ML.

**NO VISIBLE NEEDLE!**

## SAFETY CONSIDERATIONS<sup>1</sup>

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# HUMIRA® (adalimumab) DOSING

**There are differences between the “starting” (or “induction”) doses and the ongoing “maintenance” doses.**

Additionally for pediatric patients, the dosing varies by weight. While this may seem complicated, your doctor's office will be able to make sure your child always gets the right dose at the right frequency. Just be sure to follow their instructions.

The first dose should be given under the supervision of a healthcare professional. Maintenance doses are taken weekly or every other week and can be administered by you or your child at home.



FOR MODERATE TO SEVERE PEDIATRIC ULCERATIVE COLITIS

**IF YOUR CHILD WEIGHS 44 TO 87 LBS**

**INDUCTION DOSE\***



**MAINTENANCE DOSE**



FOR MODERATE TO SEVERE PEDIATRIC CROHN'S DISEASE

**IF YOUR CHILD WEIGHS 37 TO 87 LBS**

**INDUCTION DOSE\***



**MAINTENANCE DOSE**



**IF YOUR CHILD WEIGHS 88 LBS OR MORE**

**INDUCTION DOSE\***



**MAINTENANCE DOSE**



**INDUCTION DOSE\***



**MAINTENANCE DOSE**



\*Starting doses only for new patients.

**Common side effects of HUMIRA include injection site reactions** (pain, redness, rash, swelling, itching, or bruising), **upper respiratory infections** (sinus infections), **headaches, rash, and nausea**. These are not all of the possible side effects with HUMIRA. Tell your child's doctor if he or she has any side effect that bothers him or her or that does not go away.

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# HOW DOES **HUMIRA®** (adalimumab) WORK?

## BY TARGETING AND BLOCKING A SOURCE OF INFLAMMATION IN A CHILD'S BODY

Ulcerative colitis and Crohn's disease are linked to the overproduction of an inflammation-causing protein that occurs naturally in the body called "tumor necrosis factor alpha" (TNF alpha). The overproduction of TNF alpha is one of the causes of inflammation that can lead to the symptoms of UC and Crohn's.

## HUMIRA TARGETS AND BLOCKS TNF ALPHA

HUMIRA is a type of biologic medicine known as a "TNF blocker." It binds to TNF alpha and blocks it from acting within the body. This helps reduce the inflammation that can lead to the symptoms of UC or Crohn's.



## USES<sup>1</sup>

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# HOW HUMIRA COMPLETE CAN HELP YOU AND YOUR CHILD

## HUMIRA COMPLETE

We know that starting a child on new medication isn't always easy. That's why HUMIRA Complete is here to provide 1:1 personalized support to help your child start and stay on track with their prescribed HUMIRA treatment plan – at no additional cost.



Once enrolled in HUMIRA Complete, you'll get a dedicated Nurse Ambassador\* who can provide continued support and help with:

- **ESTABLISHING A ROUTINE**

Building a routine can help your child stay on track with their prescribed treatment plan.

- **INJECTION TRAINING**

This can happen in your home or over the phone with your Nurse Ambassador, or by watching training videos.

- **SAVING ON THE COST OF HUMIRA**

Your Nurse Ambassador can connect you with an Insurance Specialist who can help you identify potential ways to save on the cost of HUMIRA.

**Don't go at it alone.**

**Enroll today by calling 1.800.4HUMIRA  
(1.800.448.6472) or visiting [HUMIRA.com](http://HUMIRA.com)**

\*Nurse Ambassadors are provided by AbbVie and do not work under the direction of your health care professional (HCP) or give medical advice. They are trained to direct patients to their HCP for treatment-related advice, including further referrals.

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# TIPS FOR CREATING A MORE POSITIVE INJECTION EXPERIENCE USING **HUMIRA®** (adalimumab)

You know your child better than anyone else, so use your best judgment on which tips may be most useful or age appropriate. Please refer to the Patient Instructions for Use and the Medication Guide for more information on the correct way to use HUMIRA. If you have questions about these tips or about administering HUMIRA, talk to your child's doctor.



## **TIP #1 – CREATE A ROUTINE**

- Taking HUMIRA at the same time on the day that your child is due for it may help to establish a routine
- Remind your child often about the importance of taking their medicine
- Follow each use of the Pen with a hug or reminder of how much they are loved

## **TIP #2 – REFOCUS THEIR ATTENTION**

- Schedule when you give your child HUMIRA right before an activity they enjoy, such as snack time or playing a video game
- Distract him or her with a song or movie, or have them count or say their ABCs
- Help your child visualize a place or activity that makes them happy

## **TIP #3 – CREATE A SOOTHING ENVIRONMENT**

- Choose a quiet and calm place to give them their HUMIRA
- Have everything prepared before your child comes in the room
- Be open with your child and explain the process
- Remind your child of information he or she may have heard directly from the doctor

## **TIP #4 – BE POSITIVE AND CONFIDENT**

- Children can be sensitive to the emotions of those around them, especially their parents, so be a model of positive behavior

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**HUMIRA®**  
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## Important Safety Information about HUMIRA® (adalimumab)<sup>1</sup>

### What is the most important information I should know about HUMIRA?

You should discuss the potential benefits and risks of HUMIRA with your doctor. HUMIRA is a TNF blocker medicine that can lower the ability of your immune system to fight infections. You should not start taking HUMIRA if you have any kind of infection unless your doctor says it is okay.

- **Serious infections have happened in people taking HUMIRA. These serious infections include tuberculosis (TB) and infections caused by viruses, fungi, or bacteria that have spread throughout the body. Some people have died from these infections.** Your doctor should test you for TB before starting HUMIRA, and check you closely for signs and symptoms of TB during treatment with HUMIRA, even if your TB test was negative. If your doctor feels you are at risk, you may be treated with medicine for TB.
- **Cancer.** For children and adults taking TNF blockers, including HUMIRA, the chance of getting lymphoma or other cancers may increase. There have been cases of unusual cancers in children, teenagers, and young adults using TNF blockers. Some people have developed a rare type of cancer called hepatosplenic T-cell lymphoma. This type of cancer often results in death. If using TNF blockers including HUMIRA, your chance of getting two types of skin cancer (basal cell and squamous cell) may increase. These types are generally not life-threatening if treated; tell your doctor if you have a bump or open sore that doesn't heal.

### What should I tell my doctor BEFORE starting HUMIRA?

**Tell your doctor about all of your health conditions**, including if you:

- Have an infection, are being treated for infection, or have symptoms of an infection
- Get a lot of infections or infections that keep coming back
- Have diabetes
- Have TB or have been in close contact with someone with TB, or were born in, lived in, or traveled where there is more risk for getting TB
- Live or have lived in an area (such as the Ohio and Mississippi River valleys) where there is an increased risk for getting certain kinds of fungal infections, such as histoplasmosis, coccidioidomycosis, or blastomycosis. These infections may happen or become more severe if you use HUMIRA. Ask your doctor if you are unsure if you have lived in these areas
- Have or have had hepatitis B
- Are scheduled for major surgery
- Have or have had cancer
- Have numbness or tingling or a nervous system disease such as multiple sclerosis or Guillain-Barré syndrome
- Have or had heart failure
- Have recently received or are scheduled to receive a vaccine. HUMIRA patients may receive vaccines, except for live vaccines. Children should be brought up to date on all vaccines before starting HUMIRA
- Are allergic to rubber, latex, or any HUMIRA ingredients
- Are pregnant, planning to become pregnant, breastfeeding, or planning to breastfeed
- Have a baby and you were using HUMIRA during your pregnancy. Tell your baby's doctor before your baby receives any vaccines

**Also tell your doctor about all the medicines you take.** You should not take HUMIRA with ORENCIA® (abatacept), KINERET® (anakinra), REMICADE® (infliximab), ENBREL® (etanercept), CIMZIA® (certolizumab pegol), or SIMPONI® (golimumab). Tell your doctor if you have ever used RITUXAN® (rituximab), IMURAN® (azathioprine), or PURINETHOL® (mercaptopurine, 6-MP).

### What should I watch for AFTER starting HUMIRA?

**HUMIRA can cause serious side effects**, including:

- **Serious infections.** These include TB and infections caused by viruses, fungi, or bacteria. Symptoms related to TB include a cough, low-grade fever, weight loss, or loss of body fat and muscle.
- **Hepatitis B infection in carriers of the virus.** Symptoms include muscle aches, feeling very tired, dark urine, skin or eyes that look yellow, little or no appetite, vomiting, clay-colored bowel movements, fever, chills, stomach discomfort, and skin rash.
- **Allergic reactions.** Symptoms of a serious allergic reaction include hives, trouble breathing, and swelling of your face, eyes, lips, or mouth.
- **Nervous system problems.** Signs and symptoms include numbness or tingling, problems with your vision, weakness in your arms or legs, and dizziness.

(continued on next page)

[Click here for Full Prescribing Information](#), including [Medication Guide](#), and discuss with your child's doctor.

**HUMIRA®**  
adalimumab

## **Important Safety Information about HUMIRA® (adalimumab)<sup>1</sup> continued**

### **What should I watch for AFTER starting HUMIRA? *continued***

- **Blood problems** (decreased blood cells that help fight infections or stop bleeding). Symptoms include a fever that does not go away, bruising or bleeding very easily, or looking very pale.
- **Heart failure** (new or worsening). Symptoms include shortness of breath, swelling of your ankles or feet, and sudden weight gain.
- **Immune reactions including a lupus-like syndrome.** Symptoms include chest discomfort or pain that does not go away, shortness of breath, joint pain, or rash on your cheeks or arms that gets worse in the sun.
- **Liver problems.** Symptoms include feeling very tired, skin or eyes that look yellow, poor appetite or vomiting, and pain on the right side of your stomach (abdomen). These problems can lead to liver failure and death.
- **Psoriasis** (new or worsening). Symptoms include red scaly patches or raised bumps that are filled with pus.

**Call your doctor or get medical care right away if you develop any of the above symptoms.**

**Common side effects of HUMIRA include injection site reactions** (pain, redness, rash, swelling, itching, or bruising), **upper respiratory infections** (sinus infections), **headaches, rash, and nausea.** These are not all of the possible side effects with HUMIRA. Tell your doctor if you have any side effect that bothers you or that does not go away.

**Remember, tell your doctor right away if you have an infection or symptoms of an infection, including:**

- |                            |   |                                    |
|----------------------------|---|------------------------------------|
| • Fever, sweats, or chills | • Blood in phlegm                                     | • Diarrhea or stomach pain         |
| • Muscle aches             | • Weight loss   | • Burning when you urinate         |
| • Cough                    | • Warm, red, or painful skin<br>or sores on your body | • Urinating more often than normal |
| • Shortness of breath      |   | • Feeling very tired               |

**HUMIRA is given by injection under the skin.**

**This is the most important information to know about HUMIRA. For more information, talk to your health care provider.**

**You are encouraged to report negative side effects of prescription drugs to the FDA.**

**Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.**

**If you are having difficulty paying for your medicine, AbbVie may be able to help.**

**Visit [AbbVie.com/myAbbVieAssist](http://AbbVie.com/myAbbVieAssist) to learn more.**

**Reference:** 1. HUMIRA Injection [package insert]. North Chicago, IL: AbbVie Inc.

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