

A woman with long dark hair, wearing a black dress and large gold earrings, is painting on a canvas. She is in a studio setting with various art supplies visible in the background. The image is faded to serve as a background for the text.

Lyahelia

(b. Azerbaijan) is a Bali-based artist working with abstract painting and mixed media. Her practice explores the transformation of identity and the possibility of rendering the metaphysical into the physical. Using a perceptual approach and color as an instrument of awareness, she treats painting as a trace of inner experience and a dialogue with the unconscious.

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LYA HELIA

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ABOUT

is a Bali-based artist working with abstract painting and mixed media. Her practice explores identity, perception, and the dialogue between intuition and structure.

EXHIBITIONS

'Fluid-A-Mente' / Group Exhibition / Artfarm Pilastro / Bonavigo, Province of Verona, Italy / 2025

'Power of She' / Group Exhibition / Sadik Art Brokerage / Kerobokan, Bali, Indonesia / 2025

'Love for the Body' / Group Exhibition / Canang Sari Art Residency / Uluwatu, Bali, Indonesia / 2024

'Love for the Earth' / Group Exhibition / Canang Sari Art Residency / Uluwatu, Bali, Indonesia / 2024

'Hero's Journey' / Solo Exhibition / Lya Helia's Art Studio / Ubud, Bali, Indonesia / 2023

PROJECTS

'are you?', 2025

an investigation on self-perception and the human psyche through digitally reworked self-portraits that trace fear, doubt, and the shadow within.

'ethereal terrains', 2022-2024

a series mapping inner terrains where psychic matter takes visible form.

'emotional postcards' capsule postcard series, 2022

a series mapping emotional states through fluid color, gesture, and intuitive movement.

PERMANENT EXHIBITIONS

Gr8t Art House / Baku, Azerbaijan / since 2021

Emelatkhana Art Space / Baku, Azerbaijan / since 2022

Hiss Art Space / Baku, Azerbaijan / since 2023

COLLECTIONS

Held in private collections globally, including the Netherlands, US, UK, Turkey, Indonesia, UAE, and Azerbaijan.

ARTIST STATEMENT

In my practice, I contemplate the totality and continuity of inner transformation of identity across multiple planes.

I search for a way to represent the irrational through rational means, striving to render a fundamentally defined — personal, spiritual, conceptual, and mystical — experience into the physical while maintaining abstraction and acknowledging the conditionality of such a render.

Psychology and psychoanalysis serve as the foundation of this inquiry, helping me explore how physical representation connects to the metaphysical meaning behind it.

Color, palimpsest, and texture are the main driving forces of my painting. The theory of color impact merges with a perceptual approach as I study how combinations and contrasts influence the viewer, creating a tangible shift in perception. The painting becomes a site where internal experience takes visible form.

My palette is intentionally saturated, creating a metaphysical space — a warm, organic dimension where structure emerges from an inner impulse. In contrast to technological rationality, I seek to soften the intense impact of ratio on intuitio, inviting aestheticized chaos into reality.

A stylized, handwritten signature in black ink. The signature reads "Sybil Helia". The "S" is large and loops around the "y". The "H" is tall and thin, with a long vertical stroke. The "l" is a simple vertical stroke. The "e" is a small loop. The "l" is a simple vertical stroke. The "i" is a small dot. The "a" is a simple loop. The "l" is a simple vertical stroke. The "i" is a small dot. The "a" is a simple loop. The "l" is a simple vertical stroke. The "i" is a small dot. The "a" is a simple loop.

Emotional Postcards

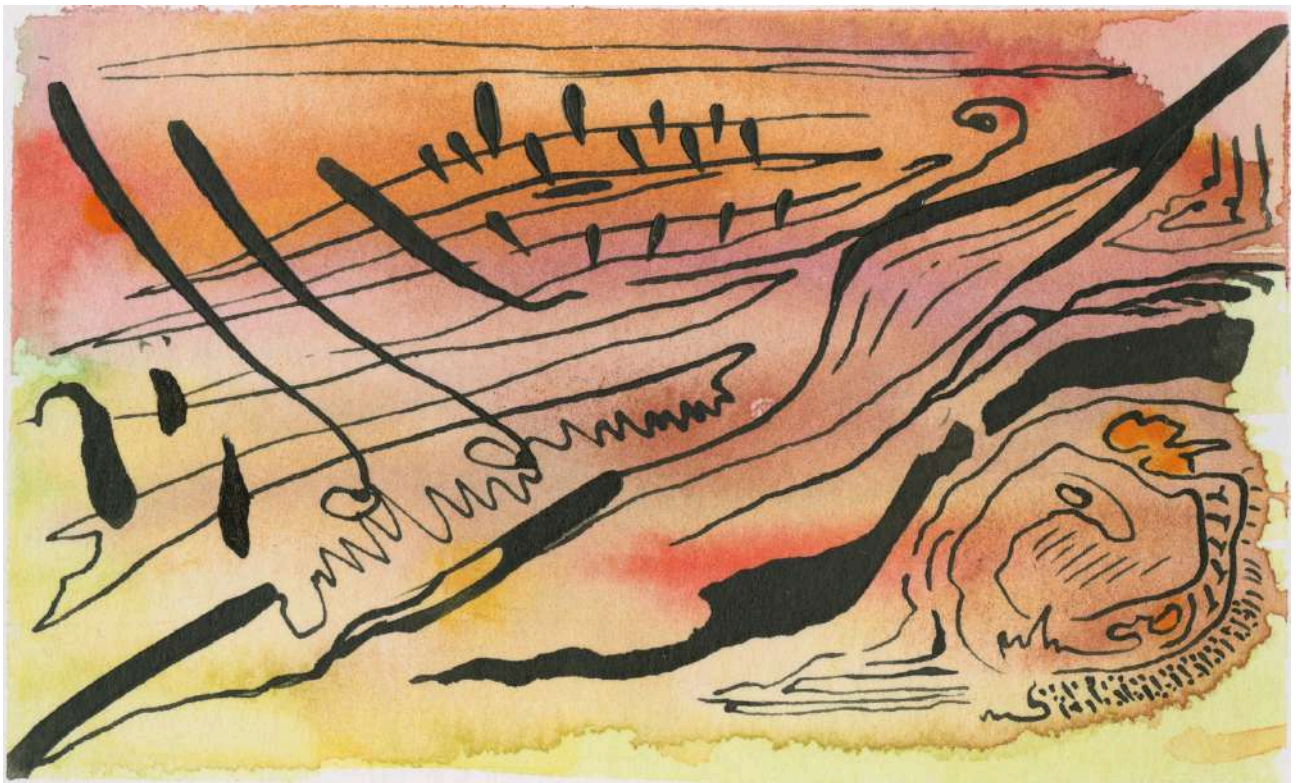
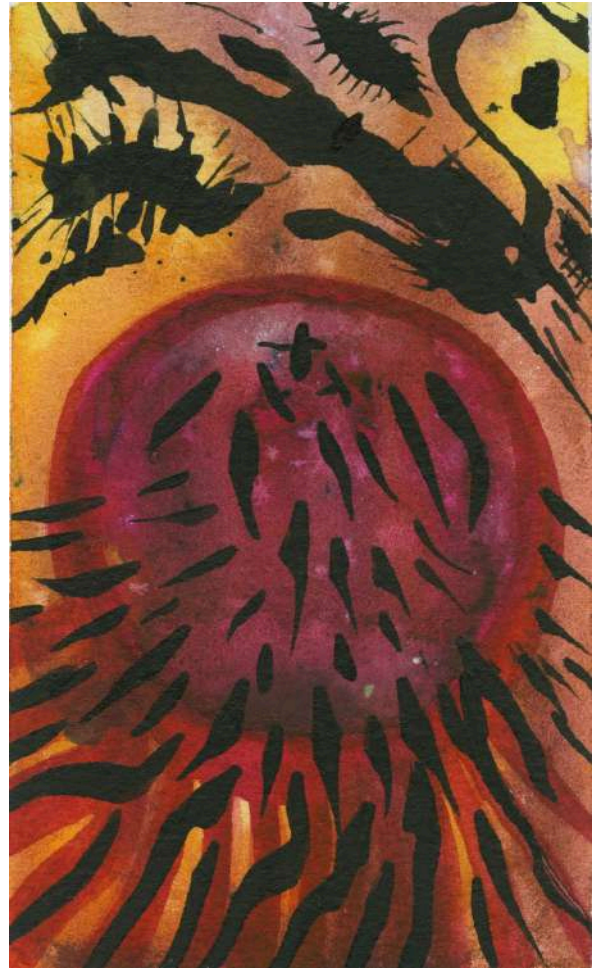
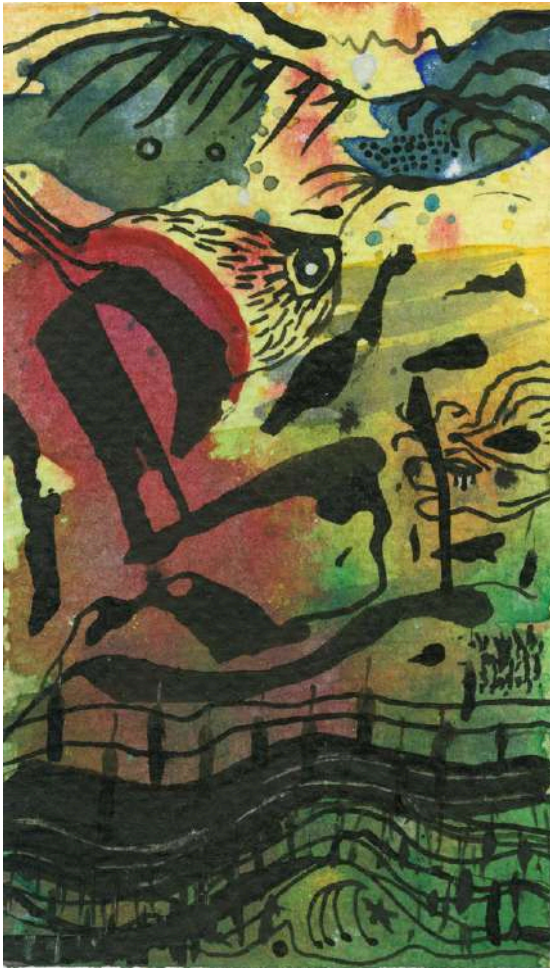
(2022)

documents a year of personal turbulence through a sequence of small-format abstractions. Each work records an emotional state—joy, calmness, anger, rejection—through direct engagement with color and gesture. Created intuitively with fluid, barely controllable materials such as ink and watercolor, the series reflects an attempt to capture transient inner states and translate them into immediate visual form.



emotional postcards (various)

14.5 x 10.5 cm; watercolour, ink on paper; 2022



emotional postcards (various)

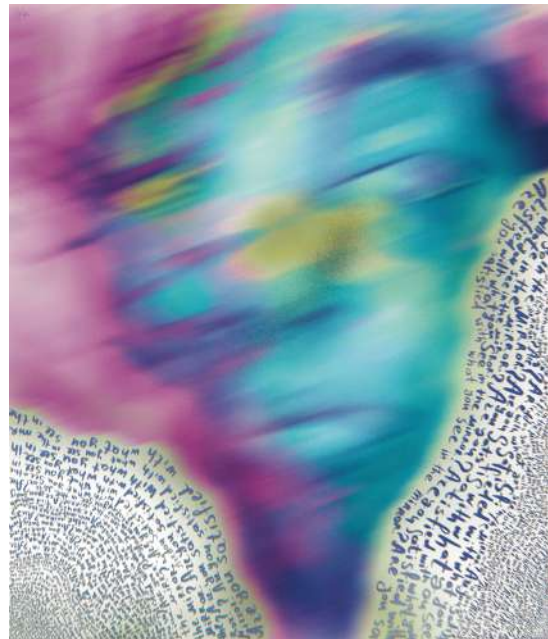
14.5 x 10.5 cm; watercolour, ink on paper; 2022

Are you? (2025)

investigates the dissonances within self-perception and the complexity of the human psyche. Each work originates from the artist's own images, transformed through layered post-processing and re-drawing by hand on a tablet. Through this digital inquiry, the series reflects on fear, doubt, and the presence of the inner shadow as essential aspects of psychological experience, using direct questions to the psyche as both method and catalyst for release and recognition.



afraid
digital mixed media



satisfied
digital mixed media



are you the beast?
digital mixed media

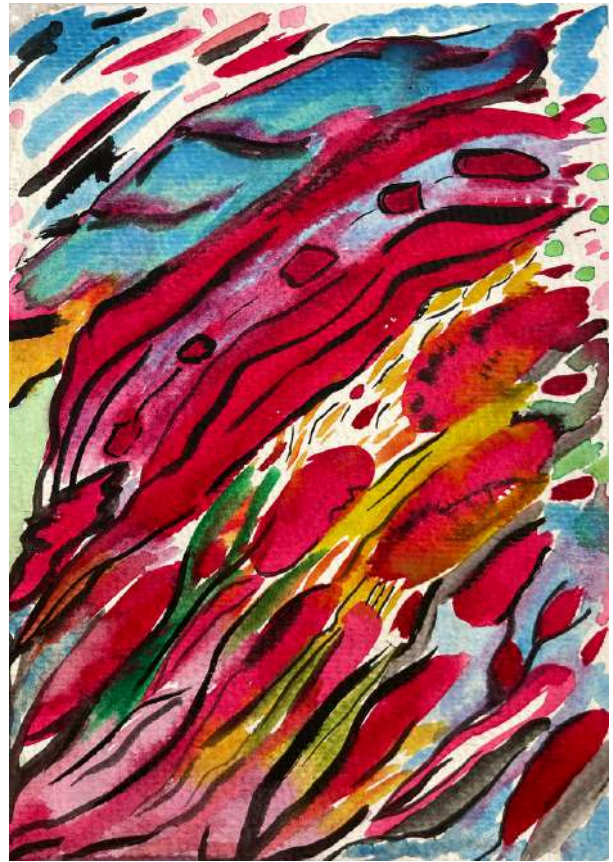
Ethereal terrains

(2022–2024)

maps the internal landscapes where psychic matter unfolds and takes form. These terrains constitute the fields that sustain condensed traces of emotion and memory — the atmospheric zones of the mind where tension circulates, accumulates, and transforms. By juxtaposing color and spatial depth, the series maps the topography of inner experience.

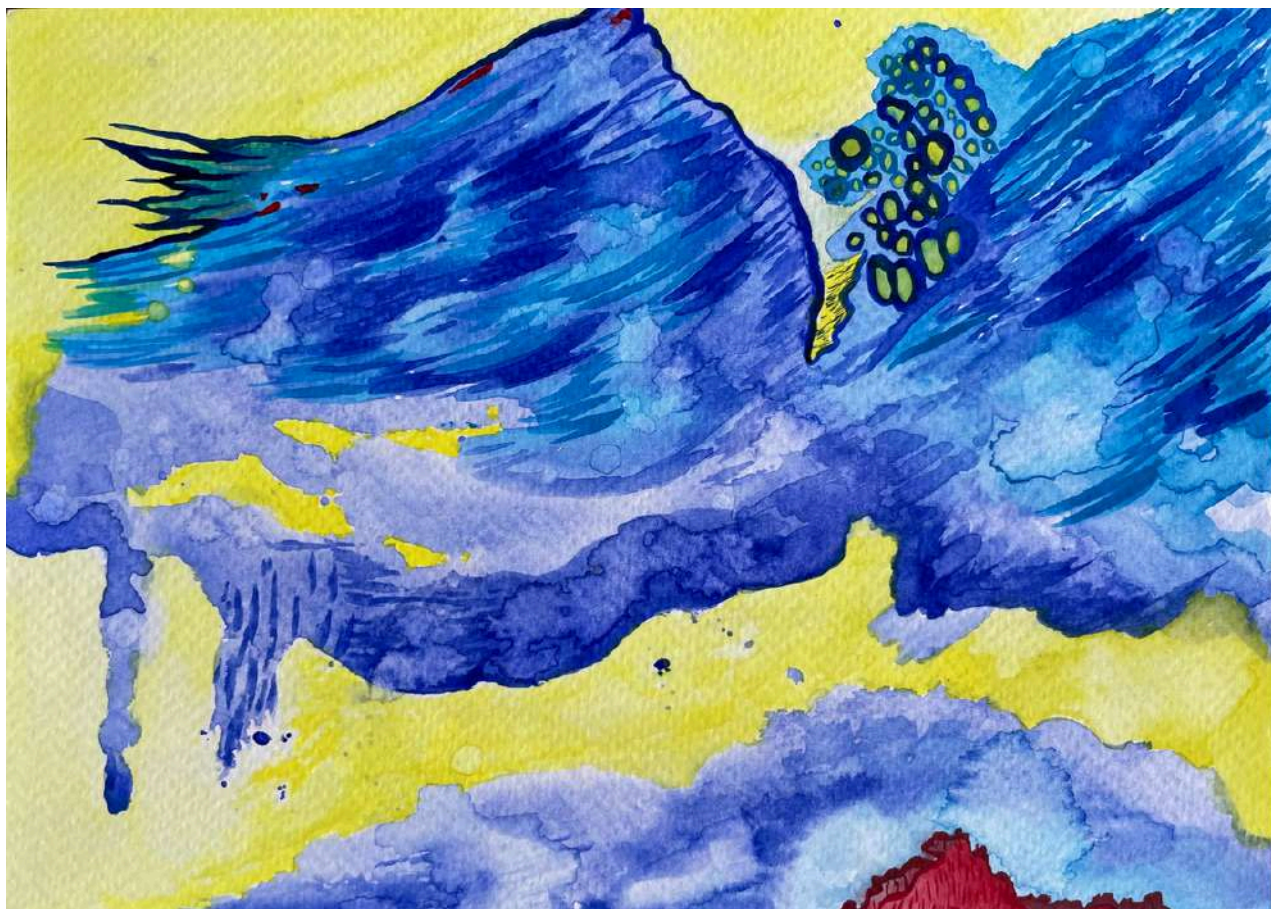


ethereal terrain i / merging
21x14 cm; watercolor on paper; 2023



ethereal terrain iii / love
21x14 cm; watercolor on paper; 2024

Ethereal terrains
(2022–2024)



ethereal terrain ii / free
21x14 cm; watercolor on paper; 2023

Self that sees itself **(2025)**

is a 3:26-minute looping video work merging painting and generative technology into a contemplative, nonlinear visual essay tracing the cyclical terrain of awareness, where thought, rupture, and regeneration fold endlessly into one another. Originating from six small-format mixed-media paintings, the piece expands the artist's painterly vocabulary into motion through AI-assisted image generation and frame interpolation. Presented as a continuous projection.



[watch full video](#)