

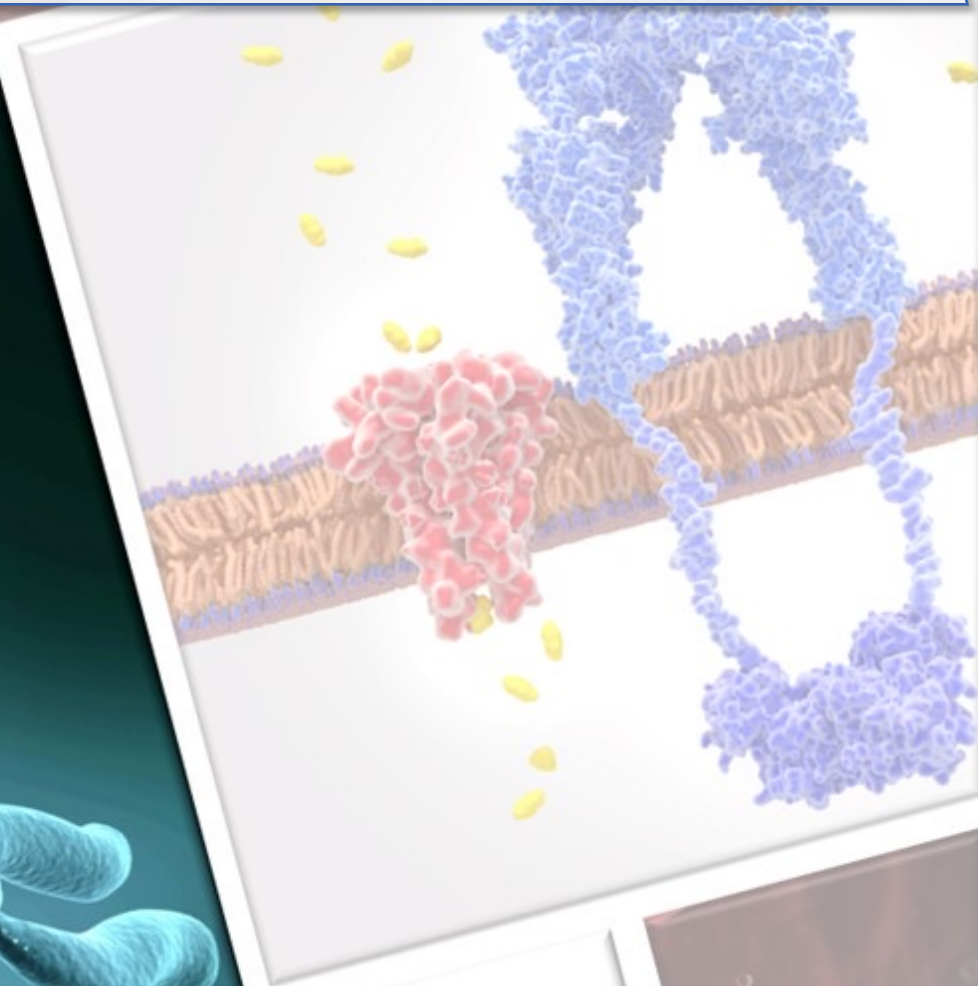
# Mentimeter



Code: 6621 0808

**IMPERIAL**

# Pedigrees and Risk



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# Session Plan



## Part 1

- Why draw a pedigree
- How to draw a pedigree

## Part 2

- What is risk
- Modification of risk
- How to calculate risk
- Worked examples – mentimeter

# Session Plan



## Part 1

- Why draw a pedigree
- How to draw a pedigree

## Part 2

- What is risk
- Modification of risk
- How to calculate risk
- Worked examples -

# Why draw pedigree



- Provides a clear simple summary of information
- Able to spot patterns easily (quiz examples added to modes insendi)
- Explain pattern to patient
- Identify potential carriers of risk gene
- Calculate risk of passing on disease or being a carrier
- Allows informed choice

# Why draw pedigree



- Why not test for disease gene
- Many diseases mix of familial and sporadic
- Many causative gene isn't known

# Why draw pedigree



- Amyotrophic lateral sclerosis (ALS, motor neurone disease)



~85% sporadic – cause unclear

~15% familial – four known genes account for 65% of cases

# Why draw pedigree



- Why not test for disease gene
- Many diseases mix of familial and sporadic
- Many causative gene isn't known
- Impossible to test everyone for disease genes
- When disease exclusively familial and mutation known many do not want test



# Why draw pedigree

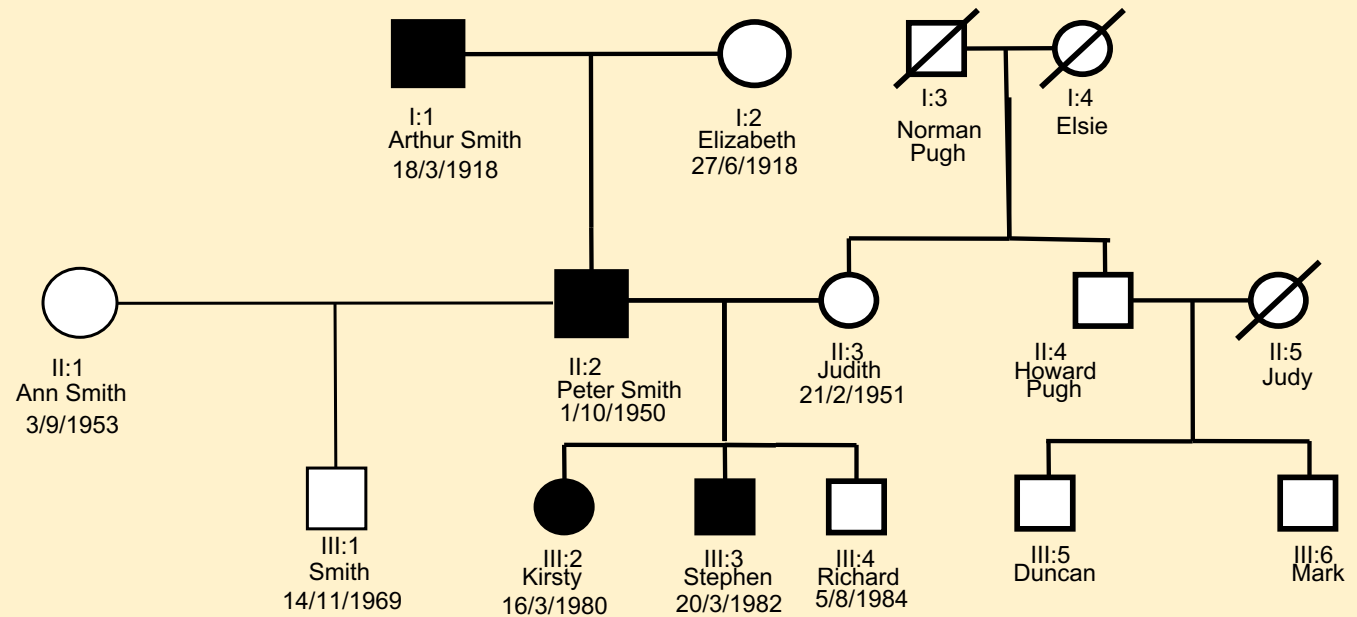


- Why not test for disease gene
- Many diseases mix of familial and sporadic
- Many causative gene isn't known
- Impossible to test everyone for disease genes
- When disease exclusively familial and mutation known many do not want test
  - >80% of people with 50% risk of inheriting Huntingdon's disease decline test

# How to draw a pedigree



- Start at the bottom with the proband and siblings
- Choose one parent ask about their siblings, children and parents
- Add other side of family
- Ask about children of other partners



# Potential difficulties



- Incomplete information
  - May not have information on all or many relatives
- Incorrect information
- Family history may not be correct
- Important in clinical setting

# Progress check



## Part 1

- Pedigree allows identification of inheritance type if any
- Needed to calculate risk

## Part 2

- Risk helps informed decision making
- Can reassure some patients if not affected
- Identify patients who require further support
  - Genetic counselling

# Session Plan



## Part 1

- Why draw a pedigree
- How to draw a pedigree

## Part 2

- What is risk
- Modification of risk
- How to calculate risk
- Worked examples mentimeter (1937 0915)

# Risk

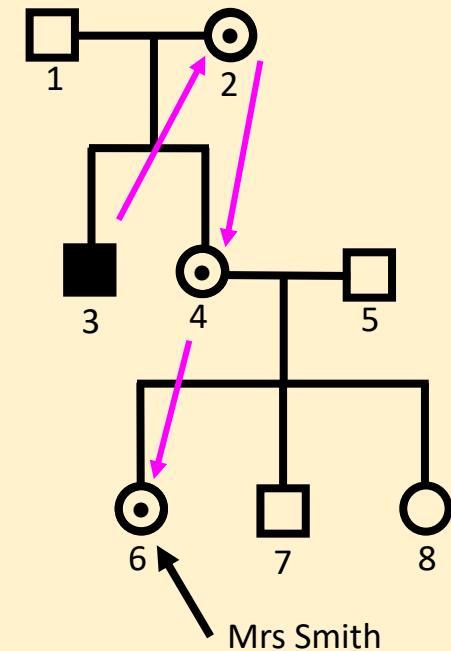


- This is a calculation of the predicated chance of having the disease or being carrier.
- Work from person with known phenotype to subject
- If more than 1 affected individual then start closest relative on each side of family
- Calculate risk for each person on path from the start point to the subject
- Multiply risks together

# Risk



- This is a calculation of the predicated chance of having the disease or being carrier.
- **Mrs Smiths maternal uncle (3) has X linked recessive condition**
- **What is chance Mrs Smith (6) is a carrier**
- **Work from person with known phenotype to subject**
- 2 must be carrier 1 in 1 chance
- Since 2 is carrier 1 in 2 chance 4 inherited mutation
- Assume 4 carrier therefore 1 in 2 chance Mrs Smith (6) inherited mutation
- Multiply risks together  $1 \times \frac{1}{2} \times \frac{1}{2}$
- Therefore 1 in 4 chance Mrs Smith (6) carrier



# Risk



- Take account of all information
  - Phenotype
  - Disease characteristics
- Family distribution for X-linked and mitochondrial disease
  - which side of family disease is on
  - Which parent has the disease



# Risk modifiers



- Which side of family disease is on
  - X-linked, mitochondrial
- Ethnic background
  - Many diseases have different prevalence in different populations eg CF, Sickle cell, Tay-Sachs
    - Heterozygote advantage- sickle cell, CF?
    - Founder effect- Tay-Sachs

# Mentimeter



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# Risk modifiers



On which continent is the area with the highest prevalence of Sickle cell trait

Europe  
America  
Africa  
Asia

# Risk modifiers



On which continent is the area with the highest prevalence of Sickle cell trait

Europe in parts of Greece 1 in 10

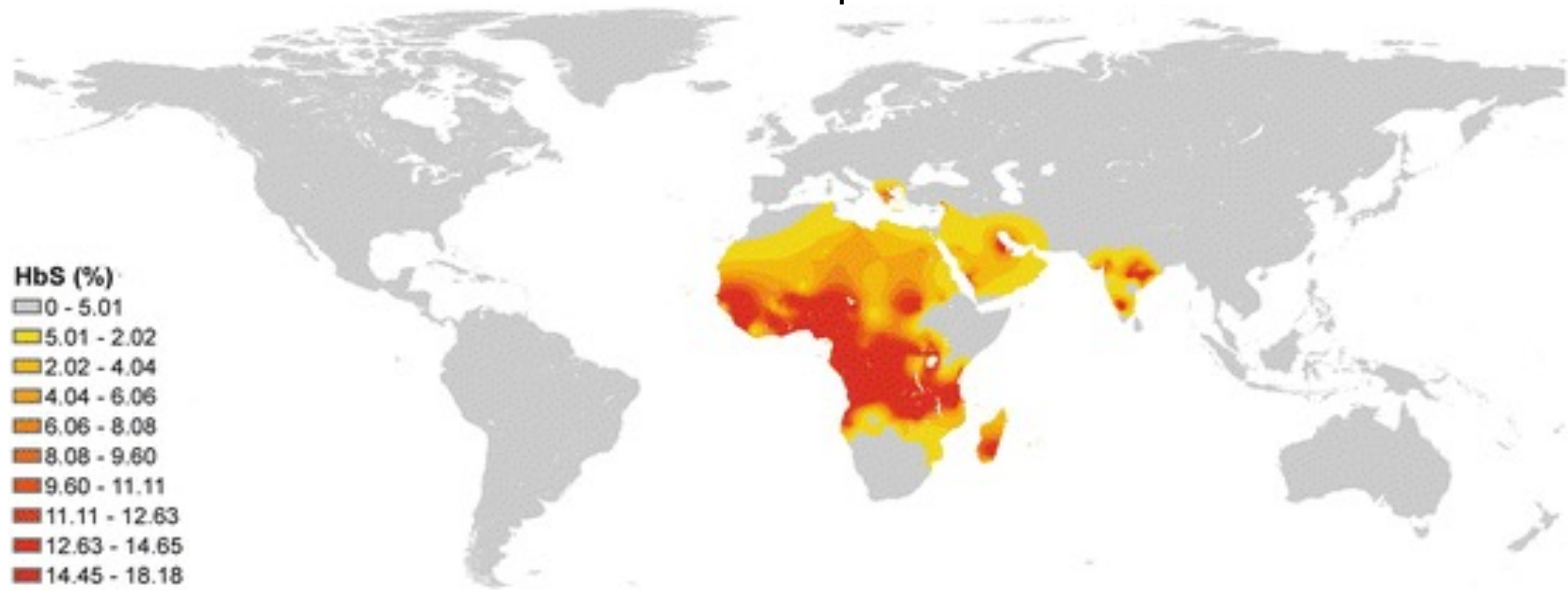
America

Africa- 1 in 5 in equatorial Africa (Nigeria, Ghana), less than 1 in 100 southern Africa

**Asia- certain tribal areas of India as high as 1 in 2**

**80% of people affected by sickle cell anaemia sub-Saharan African heritage**

# Sickle cell trait distribution

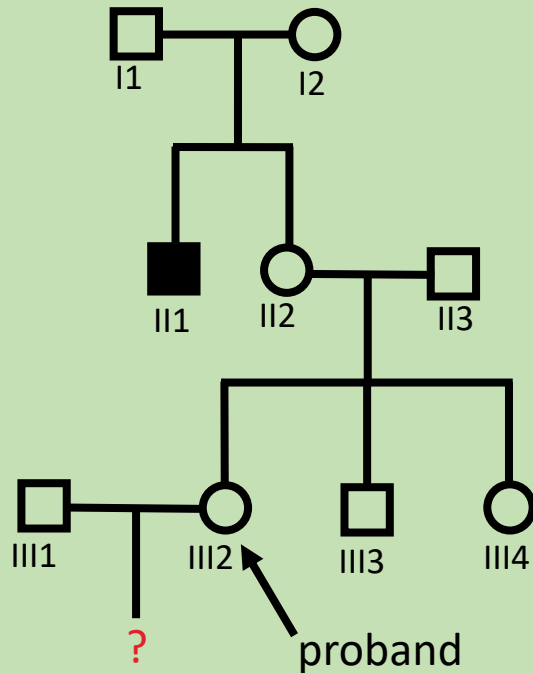


# Risk modifiers



- Which side of family disease is on
  - X-linked, mitochondrial
- Ethnic background
  - Many diseases have different prevalence in different populations eg CF, Sickle cell, Tay-Sachs
    - Heterozygote advantage
    - Founder effect
- Information you know about the person
  - Their phenotype
  - Biological sex

# Question Time:1



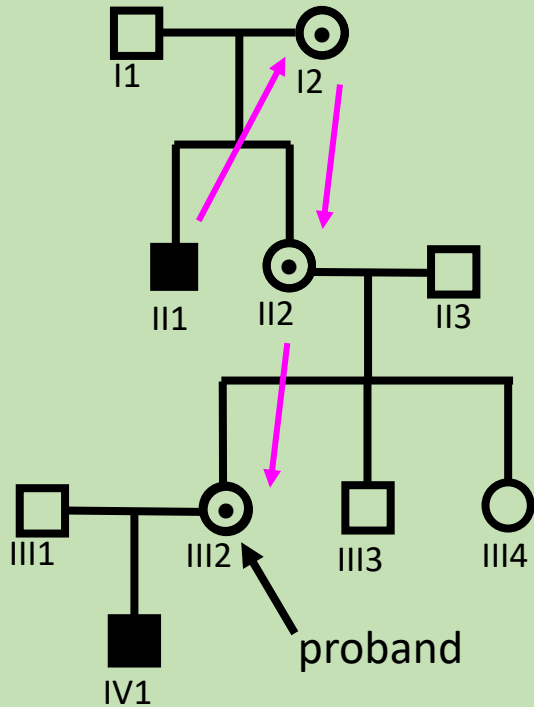
Mrs Smith consults you

Her maternal uncle has Haemophilia A an X-linked recessive disease (incidence 1 in 5000)

Want to know risk of having affected son?

- a. 1 in 4
- b. 1 in 8
- c. 1 in 16
- d. 1 in 2
- e. Population risk

# Question Time:1

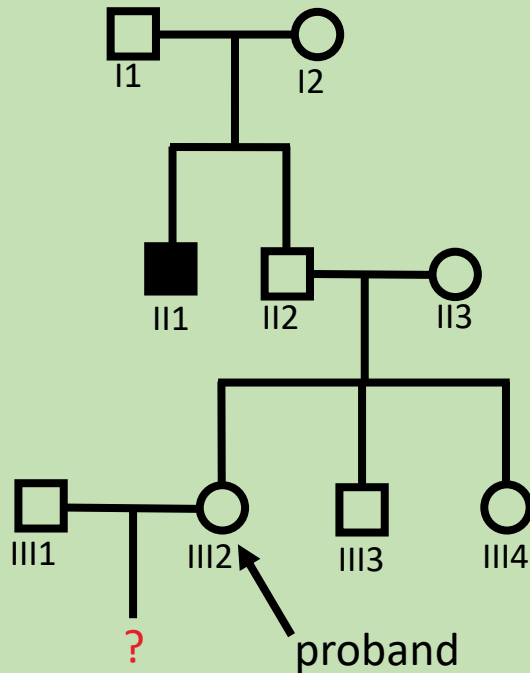


Mrs Smith consults you  
Her maternal uncle has Haemophilia A an X-linked recessive disease (incidence 1 in 5000)  
Want to know risk of having affected son? 1 in 16

Maternal grandmother must be carrier  
1 in 2 chance mother carrier  
If mother is carrier 1 in 2 chance she inherited gene  
Therefore 1 in 4 chance she is carrier  
If she is carrier 1 in 2 chance of passing gene onto son  
However only 50% children male therefore 1 in 16  
Also has 1:16 chance having carrier daughter



# Question Time:2



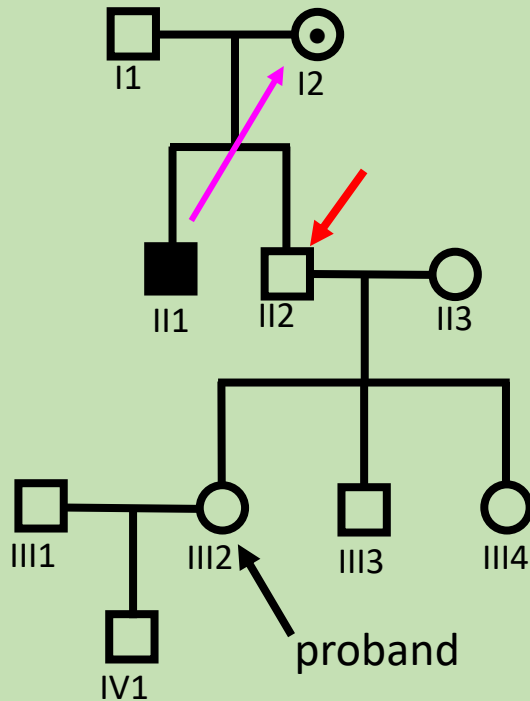
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- d. 1 in 2
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# Question Time:2



Mrs Smith consults you

Her paternal uncle has Haemophilia A an X-linked recessive disease (incidence 1 in 5000)

Want to know risk of having affected son? Population risk 1 in 5000

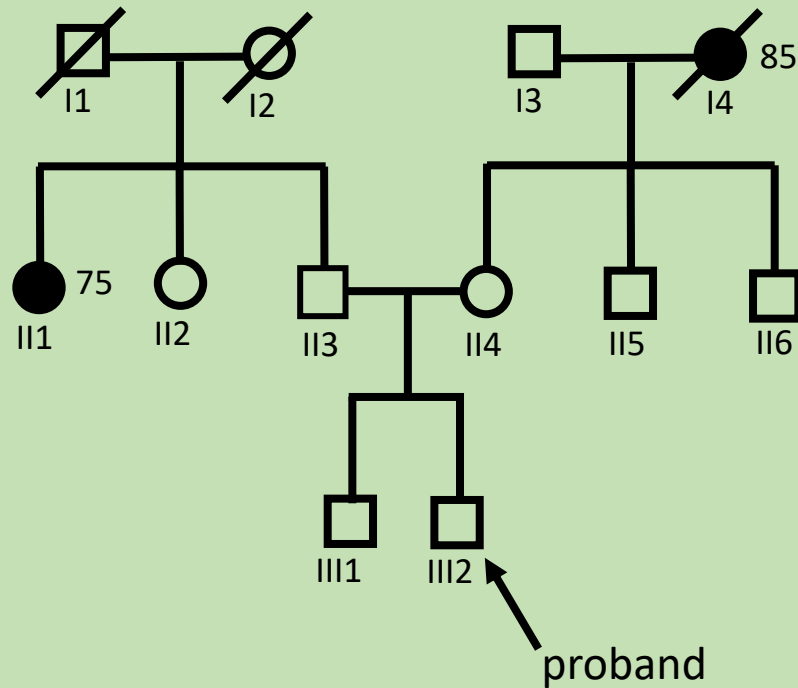
X-linked

Paternal grandmother carrier

father not affected

No one affected in maternal family

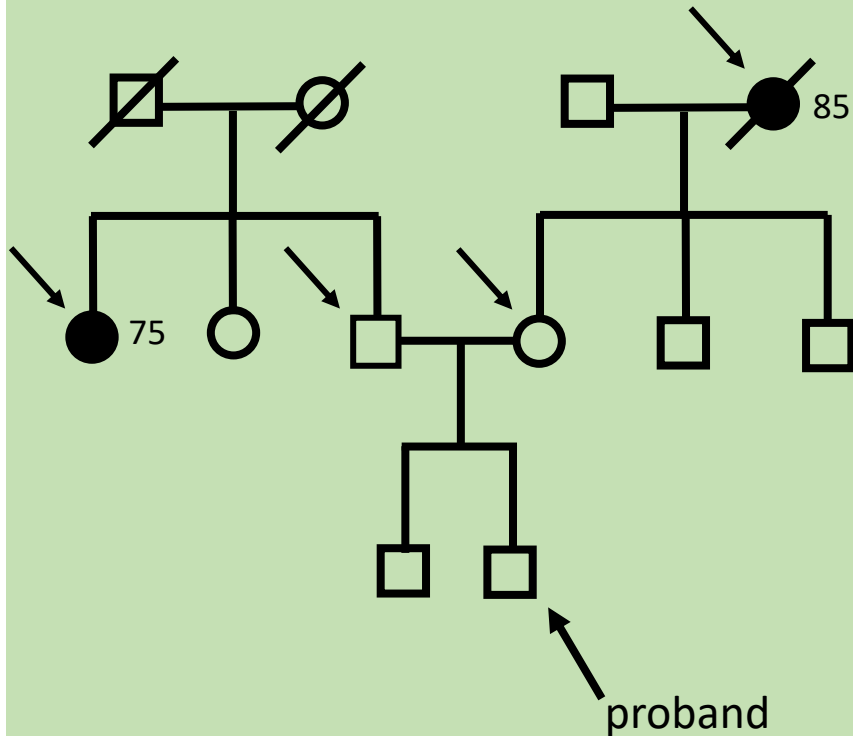
# Question Time:3



Mr Jones (age 30) consults you regarding Alzheimer's disease  
Mr Jones is worried as he has recently read about an inherited form of AD  
AD (~3% familial ~97% sporadic) overall prevalence ~1.6%  
Age onset FAD 40-50  
FAD autosomal dominant disease  
His paternal aunt who is now 80 developed symptoms of dementia at 75  
His maternal grandmother developed symptoms at 85  
No one else affected (mother is 58; father 60)  
Worried he may have disease

- a. 1 in 4
- b. 1 in 8
- c. 1 in 16
- d. 1 in 2
- e. Population risk

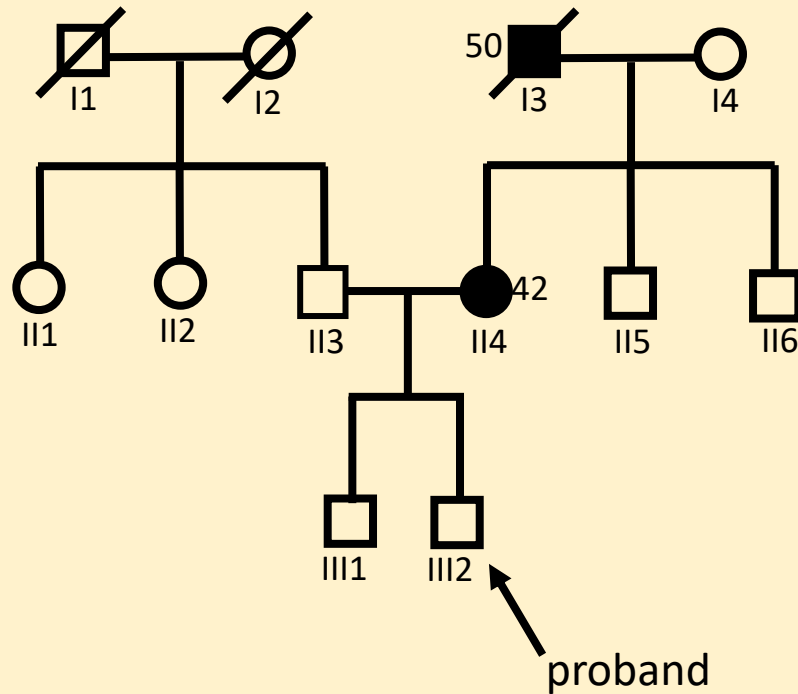
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His paternal aunt who is now 80 developed symptoms of dementia at 75  
His maternal grandmother developed symptoms at 85  
No one else affected (mother is 58; father 60)  
Worried he may have disease

Risk is population risk  
Autosomal dominant neither parent affected  
Relatives likely to have sporadic form – age of onset, no family affected

# Question Time:4



Mr Jones (age 30) consults you regarding Alzheimer's disease

Mr Jones is worried as he has recently read about an inherited form of AD  
AD (~3% familial ~97% sporadic) overall prevalence ~1.6%

Age onset FAD 40-50

FAD autosomal dominant disease

His mother who is now 50 developed symptoms of dementia at 42

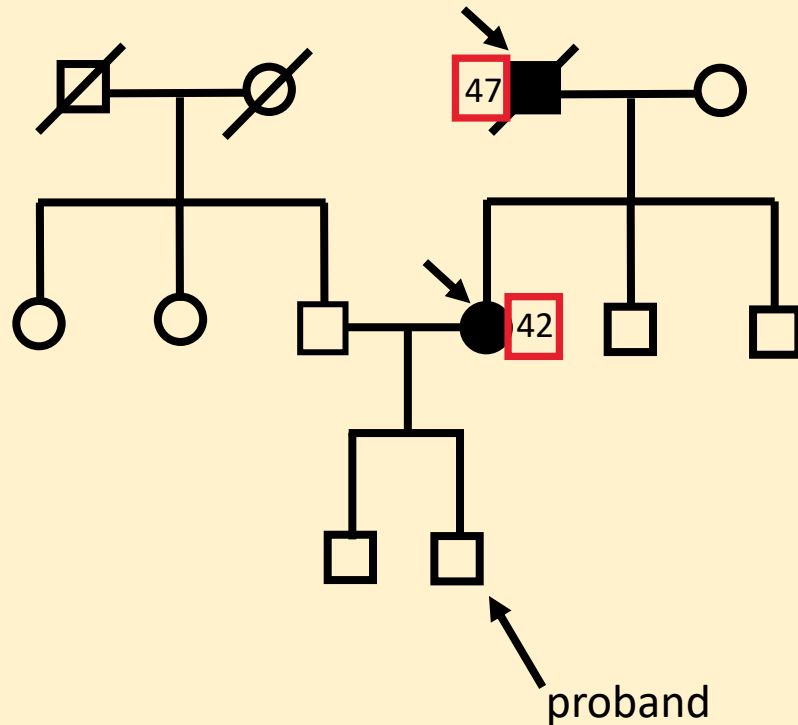
His maternal grandfather developed symptoms at 50

Neither of his two maternal uncles who are now in their late 60s are affected

No one on his fathers side is affected.

Worried he may have inherited gene and develop disease

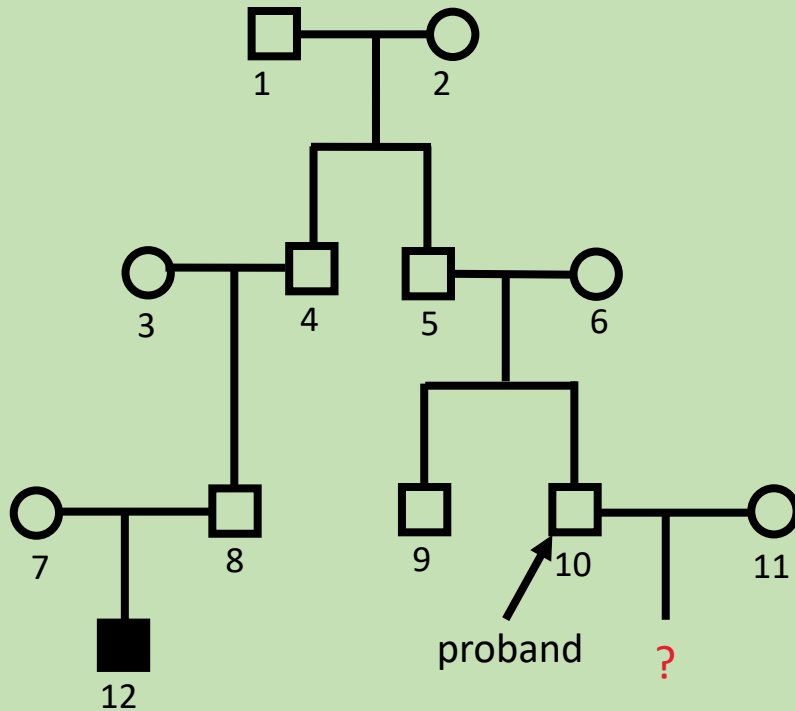
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AD (~3% familial ~97% sporadic) overall prevalence ~1.6%  
Age onset FAD 40-50  
FAD autosomal dominant disease  
His mother who is now 50 developed symptoms of dementia at 42  
His maternal grandfather developed symptoms 47  
Worried he may he may have inherited gene develop disease

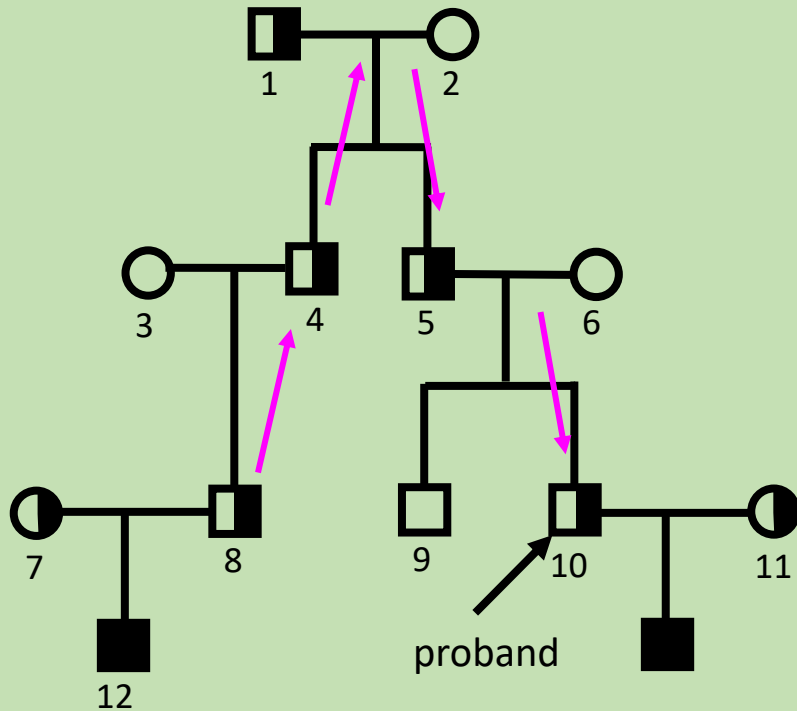
Autosomal dominant  
parent and grandparent affected  
Early age of onset  
Possibly FAD  
Mother may be affected therefore 1 in 2 (50%)

# Question Time:5



Mr & Mrs Taylor consult you both of NW European descent  
Mr Taylor's first cousin has a son diagnosed with CF  
No one with disease in Mrs Taylors family  
They are thinking of starting a family and want to know risk of having child with CF  
CF autosomal recessive  
1 in 22 NW European descent carriers

# Question Time:5



Maximum risk of child with CF 1 in 704

7 and 8 must both be carriers

Either 3 or 4 must be carrier

Chance its 4 is 1 in 2

If 4 carrier 1 or 2 must be a carrier

Chance 5 inherited gene 1 in 2

If 5 carrier chance 10 (Mr Taylor) inherited 1 in 2

Thus overall risk Mr Taylor carrier 1 in 8 ( $1/2 \times 1/2 \times 1/2$ )

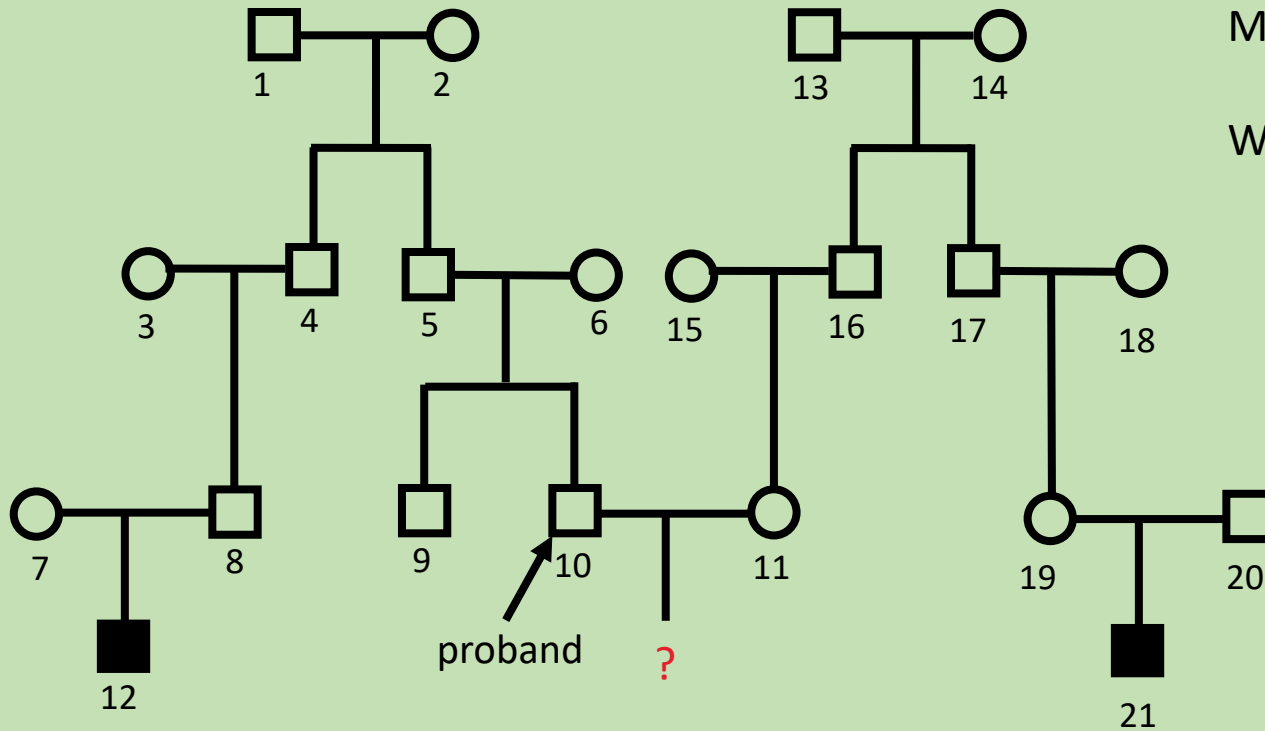
Mrs Taylor population risk of carrier 1 in 22

Chance of child being affected if both carriers 1 in 4

Thus overall chance  $1/22 \times 1/8 \times 1/4 = 1 \text{ in } 704$



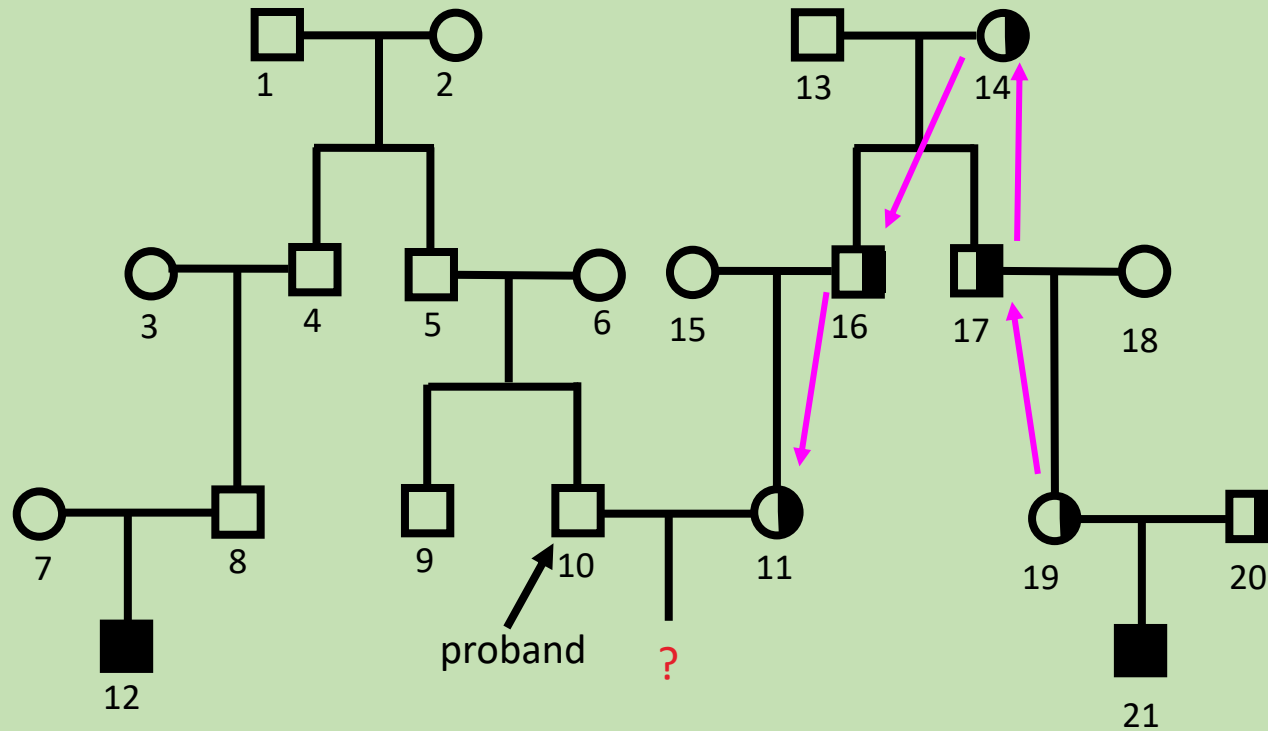
# Add information from other side of family



Mrs Taylor's first cousin has now had a child with CF

What is the risk of Mrs and Mr Taylor having an affected child

# Add information from other side of family



20 and 21 must both be carriers

Either 17 or 18 must be carrier

Chance its 18 is 1 in 2

If 17 carrier 13 or 14 must be a carrier

Chance 16 inherited gene 1 in 2

If 16 carrier chance 11 (Mrs Taylor) inherited 1 in 2  
Overall risk Mrs Taylor carrier 1 in 8 ( $1/2 \times 1/2 \times 1/2$ )

Mr Taylors risk 1 in 8

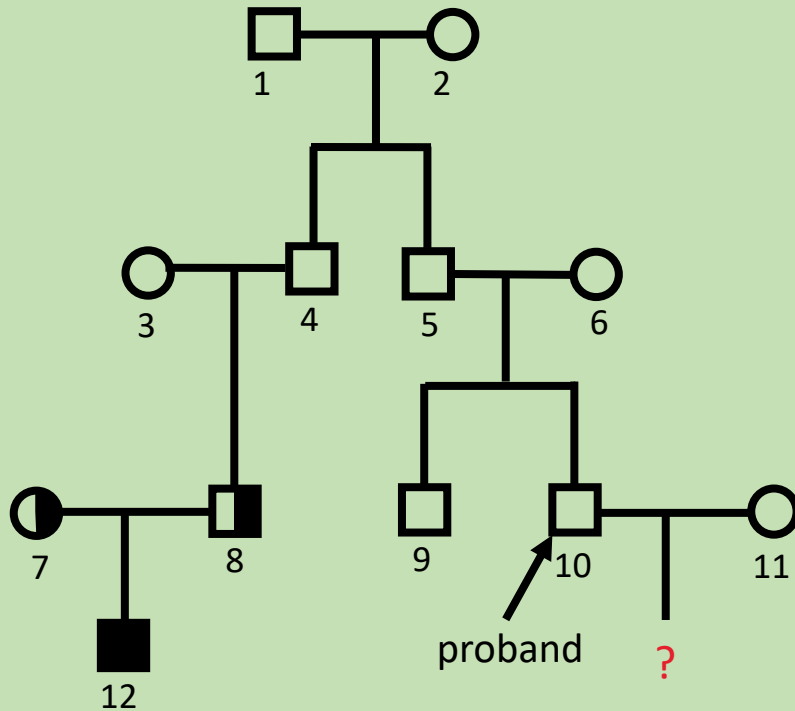
Therefore risk both carriers  $1/8 \times 1/8$  so 1 in 64

Risk of having affected child is  $1/64 \times 1/4$  so 1 in 256

# How more information modifies risk



# More information and risk



Mr & Mrs Taylor consult you both of NW European descent

Mr Taylor's first cousin has a son diagnosed with CF

No one with disease in Mrs Taylors family

They are thinking of starting a family and want to know risk of having child with CF

CF autosomal recessive

1 in 22 NW European descent carriers

What is risk if

3 carrier

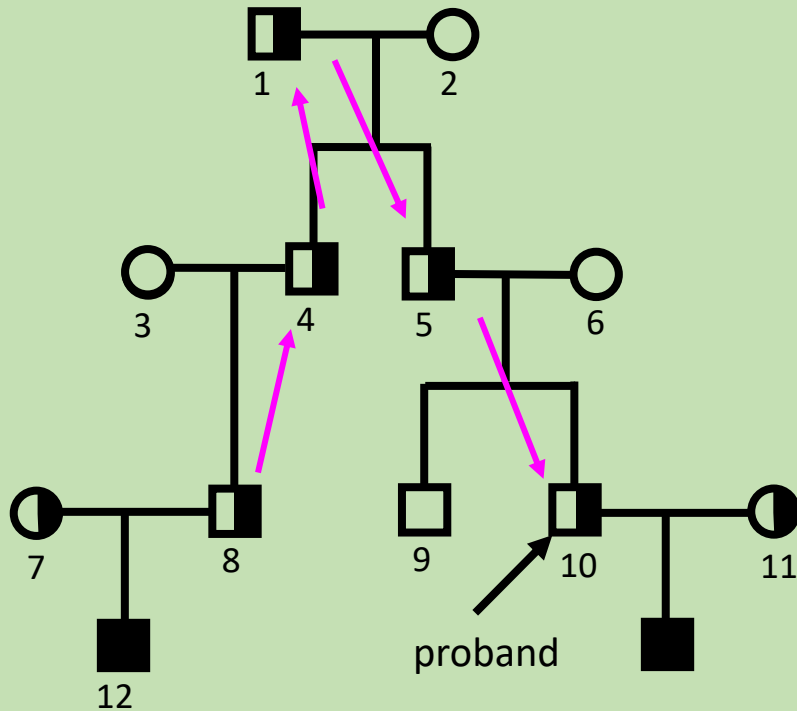
4 carrier

5 carrier

10 carrier

10 and 11 carrier

# How could risk of affected child risk be modified



If we know 3 is carrier risk becomes effectively zero

If we know 4 is carrier risk becomes 1 in 352 (1 or 2 must be carrier)

If we know 5 is carrier risk becomes 1 in 176

If we know 10 is carrier risk becomes 1 in 88

If we know 10 and 11 are carriers risk becomes 1 in 4

Thus the more information the better

# Question Time:6



Couple who are both known to be carriers of recessive disease (Aa)  
Have unaffected child want to know risk of them being a carrier (Aa)  
A- normal allele a- disease allele

Parent Allele	A	a
A	AA	Aa
a	Aa	aa

- a. 1 in 4
- b. 1 in 3
- c. 1 in 2
- d. 2 in 3
- e. 3 in 4

# Question Time:6



Couple who are both known to be carriers of recessive disease (Aa)

Have unaffected child want to know risk of the child being a carrier (Aa)

Parent Allele	A	a
A	AA	✗
a	✗	✗

2/3 Since you know child not affected remove one possibility  
If you know child not affected nor carrier it is AA  
But also because not affected (aa) nor carrier (aA)  
Bayesian statistics

# Hereditary haemochromatosis



**“So THAT'S why you're feeling tired all the time! The thousands of patients told they're healthy when they really have genetic condition which can damage your liver and even cause kidney failure”**

**Daily Mail**

**Haemochromatosis 'bigger threat than we thought'**  
**BBC**

**How a simple blood test got me thinking about our behaviour and choices**  
**Guardian**

**Killer haemochromatosis is ‘most common genetic disease’ – often mistaken for extreme tiredness**

**The Sun**

**‘Stealth disease’ written off as old age may be behind thousands of cancers and joint problems, study shows**

**Genetic disorder dubbed ‘Celtic curse’ afflicts one in five men who carry mutation with liver disease or joint issues**  
**Independent**



# Hereditary haemochromatosis



Hereditary (Familial) Haemochromatosis autosomal recessive disease

Mutation in Human homeostatic iron regulator protein (HFE)

Result excess iron absorption. Humans cannot excrete excess iron so builds up in tissues

Wide range of symptom including tiredness

# Hereditary haemochromatosis

## – a common cause of tiredness ?



### Prevalence

HH approximately 1 in 200 northern Europeans homozygous 0.5%  
Of these only 10% have clinically relevant iron accumulation 0.05%  
Chronic tiredness/fatigue main symptom of 7% all primary care patients  
So even if all HH in tiredness group 1 in 140 have HH

In UK men cause 1.6% hip fractures, 5.8% liver cancer.

# Progress check



## Part 1

- Pedigree allows identification of inheritance type if any
- Needed to calculate risk

## Part 2

- Risk helps informed decision making
- Can reassure some patients if not affected
- Identify patients who require further support
  - Genetic counselling

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