

What's inside?



	Amount	%RI
Calories	400 kcal	20%
Fat	27.7 g	
Saturated	10.5 g	
Monosaturated	5.3 g	
Polyunsaturated	10.4 g	
Omega 3 fatty acids	1.3 g	
Omega 6 fatty acids	7.6 g	
Carbohydrates	80.8 g	
Sugars	20.7 g	
Fiber	7.0 g	
Protein	40.1 g	
Salt	2.1 g	