# MocoExtendProblem: Interface Between OpenSim and MATLAB for Rapidly Developing Direct Collocation Goals in Moco

**Aravind Sundararajan** [1¶], **Varun Joshi** [2], **Brian R. Umberger** [2], and **Matthew C. O'Neill** [1]

**1** Department of Anatomy, Midwestern University, Glendale Arizona, USA **2** School of Kinesiology, University of Michigan, Ann Arbor, Michigan, USA ¶ Corresponding author

## Summary

MocoExtendProblem (`MEP`) is a framework to rapidly develop novel goals for biomechanical optimal control problems using OpenSim Moco (Dembia et al., 2020) and MATLAB (The Mathworks, Inc., Natick, MA, USA). `MEP` features several templates for testing and prototyping novel MocoGoals in lieu of rebuilding OpenSim or generating an .omoco file from C++ to load the problem into MATLAB. Instead, users structure custom goals, build them, and call custom goals from MATLAB scripts.

This repository features:

- A `build.m` script that compiles goals in the `custom_goals` directory and procedurally constructs the C++/MATLAB class implementations and compiles the MEX interface.
- Compatibility tested with OpenSim 4.2-4.5.
  - OpenSim versions lower than 4.5 require unique modifications to the build pipeline since booleans for division by duration, distance and mass were migrated to the abstract MocoGoal.
- The ability to include `MEP` as a submodule, build, and use valid custom goals.
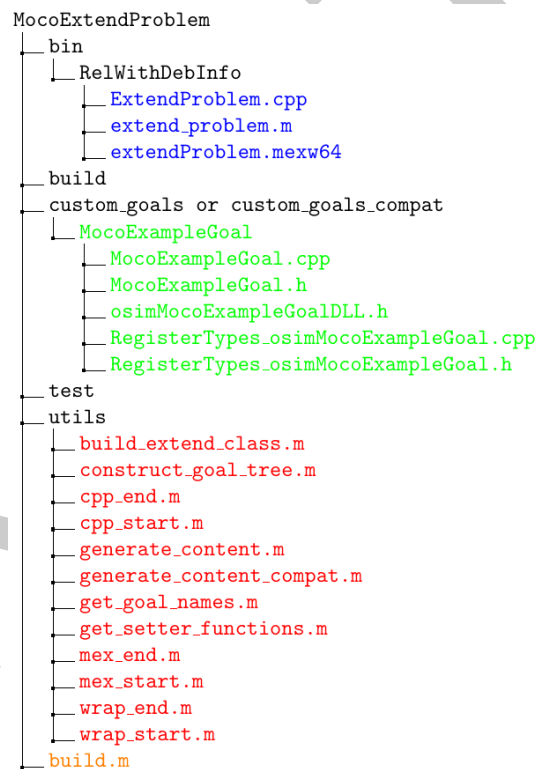- Three example custom goals in the `custom_goals` and `custom_goals_compat` directories.

## Statement of need

OpenSim is an open-source software platform for modeling musculoskeletal structures and creating dynamic simulations of movement (Seth et al., 2018). OpenSim enables researchers and clinicians to investigate how biological and non-biological structures respond to different loads, postures and activities in both static and dynamic situations. OpenSim has been used to study a wide range of biomechanical problems, such as the mechanics of walking and running (e.g. Falisse et al., 2019), the impact of injury or disease on movement (e.g. Johnson et al., 2022), and the effectiveness of rehabilitation exercises (e.g. Spomer et al., 2023).

OpenSim Moco (Dembia et al., 2020) employs an optimization paradigm called direct collocation to solve trajectory optimization problems that range from solving for muscle forces, to tracking experimental data, and fully predictive simulations. Direct collocation is a numerical optimal control method (Kelly, 2017) that is computationally efficient and is used extensively in computational approaches to understanding biological movement. While direct collocation is powerful, Moco only provides a fixed set of optimization goals. It can be daunting for many users to develop custom goals in C++. We developed `MEP` so Moco users without experience compiling C++ can still write and test custom goals.

40 MEP was developed using MATLAB (v. 2022a), which is a multimodal software platform that
41 is commonly used by biomechanics researchers. Typically, OpenSim interfaces are generated
42 with SWIG, as opposed to MEX (MATLAB Executable), which can be challenging for even
43 experienced biomechanists. MEP only requires that CMake and msbuild from Visual Studio
44 2019 or higher be added to the system PATH environment variable to use MATLAB's MEX
45 compiler with C++.

46 With MEP, users can run build.m to compile MocoGoals in the custom_goals directory, or
47 in the custom_goals_compat directory for OpenSim versions pre-4.5. build.m will procedu-
48 rally construct both extend_problem.m and ExtendProblem.cpp by parsing the header files
49 of the discovered goals within the custom_goals directory. Both ExtendProblem.cpp and
50 extend_problem.m generate bindings to instantiate custom goals placed in the custom_goals
51 directory. Custom goals can be compiled with Visual Studio 2019 or higher and then MATLAB's
52 MEX compiler is used to compile ExtendProblem. ExtendProblem.cpp leverages the C++
53 library mexplus ([Yamaguchi, 2018](#)) to gain access to MEX entry points through C++ macros.

```
MocoExtendProblem
├── bin
│   └── RelWithDebInfo
│       ├── ExtendProblem.cpp
│       ├── extend_problem.m
│       └── extendProblem.mexw64
├── build
├── custom_goals or custom_goals_compat
│   └── MocoExampleGoal
│       ├── MocoExampleGoal.cpp
│       ├── MocoExampleGoal.h
│       ├── osimMocoExampleGoalDLL.h
│       ├── RegisterTypes_osimMocoExampleGoal.cpp
│       └── RegisterTypes_osimMocoExampleGoal.h
├── test
├── utils
│   ├── build_extend_class.m
│   ├── construct_goal_tree.m
│   ├── cpp_end.m
│   ├── cpp_start.m
│   ├── generate_content.m
│   ├── generate_content_compat.m
│   ├── get_goal_names.m
│   ├── get_setter_functions.m
│   ├── mex_end.m
│   ├── mex_start.m
│   ├── wrap_end.m
│   └── wrap_start.m
└── build.m
```

**Figure 1:** MEP framework. The researcher runs the build.m script (orange) that subsequently calls methods in the utils folder (red) which are tasked with reading the custom_goals folder (green) and procedurally construct the mex and the interface class that calls the mex (blue). Each custom goal (green) is handled as its own compiled plugin.

54 To create a new goal with MEP:

55 1. OpenSim 4.5+ users should copy a goal in the custom_goals directory while 4.2-4.4
56    users should copy a goal in custom_goals_compat.
57 2. Replace mentions of the original goal name to that of your new custom goal name in
58    each of the 5 files and file names, being careful to also modify the include guards in the
59    dll and register types header files.
60 3. Reimplement constructProperties(), initializeOnModelImpl(), calcIntegrandImpl(), cal-
61    cGoalImpl() such that they describe your custom goal.

To incorporate extend_problem goals into an existing MATLAB script, a C-style pointer to the instantiated MocoProblem is passed as a constructor argument to the extend_problem.m class that wraps the MEP MEX. Class methods of extend_problem.m ([Figure 1](); blue) are then used to add custom goals to the MocoProblem.

```
cptr = uint64(problem.getCPtr(problem));
ep = extend_problem(cptr);
ep.addMocoCustomGoal('custom_goal',weight,power,divide_by_distance);
```

This paradigm has implications for OpenSim and MATLAB developers beyond the scope of just incorporating novel MocoGoals; these same tools can be used to extend other classes and easily incorporate them into existing MATLAB-OpenSim scripts. We have posted all tools, instructions and simulation results related to this project on GitHub and SimTK.org.

## Requirements

- Download and install OpenSim from SimTK and follow the documentation for setting up OpenSim's MATLAB scripting environment.
- Follow the instructions (OpenSim) to download necessary dependencies for both scripting in MATLAB and C++ development.
- In MATLAB, configure MEX with mex -setup C++ to use the MS VisualStudio 2019+.

# Showcases

To demonstrate the utility of this framework, we generated a two-dimensional (2-D) walking simulation using the MATLAB-OpenSim API (Denton & Umberger, 2023). The base code uses the built-in MocoControlEffortGoal and MocoAverageSpeedGoal to generate tracking and predictive simulations of minimum effort walking at an average speed of $1.3 \ ms^{-1}$. Additionally, each objective function includes implicit acceleration and auxiliary derivative terms that are minimized to ensure smooth trajectories.

Since Moco lacks built-in gait stability goals, we developed three stability goals using MEP build.m to create an ExtendProblem class that adds these to an existing MocoProblem ([Figure 1](); blue). The first is a base of support ([Equation 1]() BOS) criterion in which the whole-body center of mass (COM) is optimized to lay between the two hindfeet COMs projected to the ground reference frame, the second is a zero-moment-point goal ([Equation 2]() ZMP) where the center of mass tracks the computed zero-tilting moment location, and the third is a marker acceleration minimization goal ([Equation 3]() $ACC_{marker}$) that minimizes the explicit accelerations of a marker placed on the head (marker location is arbitrary and can be set by the user).

MEP's build.m was used to generate an ExtendProblem class that adds these new stability cost terms:

$$J_{BOS} = W_1 EFF^2 + W_2 ACC_{smoothing} + W_3 BOS \tag{1}$$

$$J_{ZMP} = W_1 EFF^2 + W_2 ACC_{smoothing} + W_3 ZMP \tag{2}$$

$$J_{ACC} = W_1 EFF^2 + W_2 ACC_{smoothing} + W_3 ACC_{marker} \tag{3}$$

The results of each multi-objective predictive simulation, in which the stability criterion was compiled using MEP, is shown against the results from a tracking simulation ([Figure 2](); [Table 1]()) that closely-matched experimental data (Denton & Umberger, 2023). As the purpose was

to demonstrate the utility of MEP, we did not tune the stability term weights to match the tracking result as closely as possible.
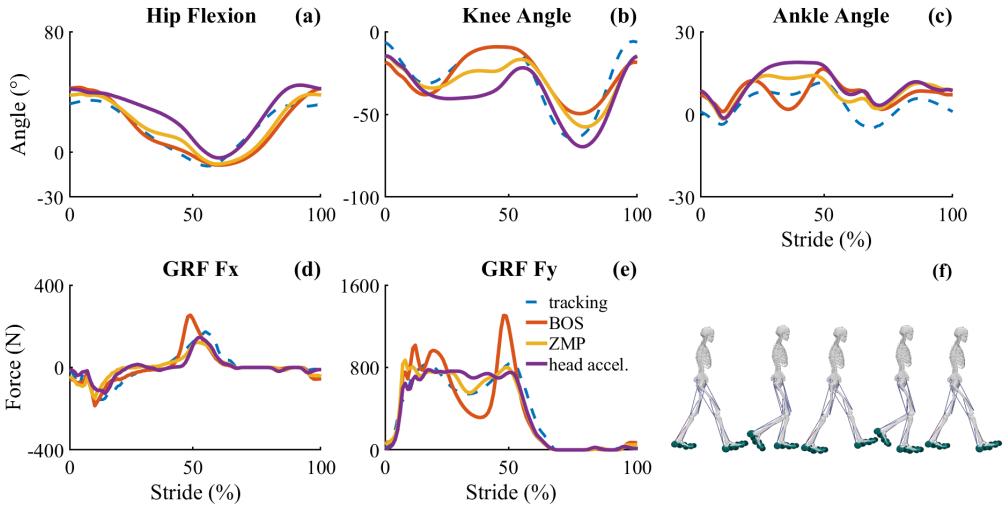


**Figure 2:** Sagittal plane hip, knee and ankle angles (a-c), vertical and A-P ground reaction forces (d-e), the 11 degree-of-freedom, 18 muscle sagittal plane human walking model used for tracking and predictive simulations (f)

**Table 1:** Objective cost and term breakdown for three predictive simulations using MEP.

|  | Objective cost | Effort cost | Smoothing cost | Stability cost |
|---|---|---|---|---|
| $J_{BOS}$ | 3.759046 | 2.270912 | 0.683608 | 0.794155 |
| $J_{ZMP}$ | 4.184254 | 2.751212 | 0.725837 | 0.686290 |
| $J_{ACC}$ | 4.774932 | 3.797785 | 0.793123 | 0.174308 |

While these examples used planar gait simulations, MEP is agnostic to model complexity or task, and is being used successfully in our ongoing research (e.g. Joshi et al., 2022; Sundararajan et al., 2023) of locomotor performance in humans and other animals. GNU Octave support would require minimal syntactical modification. An additional benefit of sequestering novel goals into MEP is being able to back-port goals from a newer OpenSim version to an older version (i.e. taking a goal from OpenSim 4.4 and bringing that functionality to 4.2). Ultimately, MEP offers a modular framework to rapidly develop, test and compare novel MocoGoals for features beyond OpenSim Moco's current scope.

# Funding

# References

Dembia, C. L., Bianco, N. A., Falisse, A., Hicks, J. L., & Delp, S. L. (2020). OpenSim Moco: Musculoskeletal optimal control. *PLoS Computational Biology*, *16*(12), 1–21. https://doi.org/10.1371/journal.pcbi.1008493

Denton, A. N., & Umberger, B. R. (2023). Computational performance of musculoskeletal simulation in OpenSim Moco using parallel computing. *International Journal for Numerical Methods in Biomedical Engineering*, *39*(12), e3777. https://doi.org/10.1002/cnm.3777

Falisse, A., Serrancolí, G., Dembia, C. L., Gillis, J., Jonkers, I., & De Groote, F. (2019). Rapid predictive simulations with complex musculoskeletal models suggest that diverse healthy and pathological human gaits can emerge from similar control strategies. *Journal of The Royal Society Interface*, *16*(157), 20190402. https://doi.org/10.1098/rsif.2019.0402

Johnson, R. T., Bianco, N. A., & Finley, J. M. (2022). Patterns of asymmetry and energy cost generated from predictive simulations of hemiparetic gait. *PLoS Computational Biology*, *18*(9), 1–26. https://doi.org/10.1371/journal.pcbi.1010466

Joshi, V., Boyer, K., & Umberger, B. R. (2022). Optimal control gait simulations of older adults predict foot placement trends not captured by reflex-based models. In *the Proceedings of the North American Congress on Biomechanics*. North American Congress on Biomechanics.

Kelly, M. (2017). An Introduction to Trajectory Optimization: How to Do Your Own Direct Collocation. *SIAM Review*, *59*(4), 849–904. https://doi.org/10.1137/16M1062569

Seth, A., Hicks, J. L., Uchida, T. K., Habib, A., Dembia, C. L., Dunne, J. J., Ong, C. F., DeMers, M. S., Rajagopal, A., Millard, M., Hamner, S. R., Arnold, E. M., Yong, J. R., Lakshmikanth, S. K., Sherman, M. A., Ku, J. P., & Delp, S. L. (2018). OpenSim: Simulating musculoskeletal dynamics and neuromuscular control to study human and animal movement. *PLoS Computational Biology*, *14*(7), 1–20. https://doi.org/10.1371/journal.pcbi.1006223

Spomer, A., Conner, B., Schwartz, M., Lerner, Z., & Steele, K. (2023). Audiovisual biofeedback amplifies plantarflexor adaptation during walking among children with cerebral palsy. *Journal of NeuroEngineering and Rehabilitation*, *20*. https://doi.org/10.1186/s12984-023-01279-5

Sundararajan, A., Larson, S. G., Umberger, B. R., & O'Neill, M. C. (2023). Optimal Control Simulations of 3-D Walking in Humans and Bipedal Chimpanzee. In *the Proceedings of The American Society of Biomechanics*. American Society of Biomechanics.

Yamaguchi, K. (2018). mexplus. In *GitHub repository*. GitHub. https://github.com/kyamagu/mexplus