

Leighton Care Assessment Report

Automated Analysis System

May 20, 2024

1 Introduction and Basic Information

This report provides an assessment of Leighton's current care needs based on recent data.

2 Insight on Being appropriately clothed

Based on the scores provided for the aspect of being Clothed: 60.003, 53.0121875, and 47.44, it is evident that this area may have a significant impact on the daily needs of the individual. A lower score in being appropriately clothed, such as 47.44, can lead to feelings of discomfort, insecurity, or inadequacy regarding their clothing choices or wardrobe, as indicated by the scores of 53.0121875 and 60.003. This, in turn, may affect their overall well-being by potentially reducing their confidence and self-esteem.

To support and improve this aspect of their daily needs, it is important to offer empathetic guidance and assistance. One potential area of support could involve encouraging the individual to explore their personal style and identify clothing that makes them feel confident, reflecting on scores like 60.003, 53.0121875, and 47.44. By helping them discover clothing choices that align with their preferences and comfort, we can enhance their sense of self-assurance and well-being.

3 Insight on Frailty score

Having frailty scores of 25.47, 36.58, and 24.73 respectively, these numbers indicate that the individuals may be facing challenges with their physical health and overall well-being. Its crucial to approach this situation with empathy and understanding.

Some potential areas of support and improvement based on the scores could include:

1. Encouraging the individuals to seek medical advice and support from healthcare professionals to address any underlying health issues contributing to their frailty scores.
2. Recommending personalized physical activity and exercise programs to enhance their strength, balance, and mobility, considering their specific needs and limitations indicated by the scores.
3. Providing assistance with daily activities or tasks that may be challenging for them to perform independently, especially considering the impact of their frailty scores on their functional abilities.
4. Promoting social connection and emotional support to alleviate feelings of isolation or loneliness that can often accompany frailty, particularly important for the individual with a frailty score of 36.58.
5. Encouraging a healthy diet and nutritional plan tailored to their individual requirements to support their overall health and well-being, especially crucial for individuals with frailty scores like 25.47 and 36.58.

4 Insight on Habitable home

The Habitable home aspect is a fundamental component of daily life, impacting one's overall well-being significantly. With scores of 100.0, 55.22, and 100.0, it is clear that the individual's living environment plays a crucial role in their comfort and sense of security.

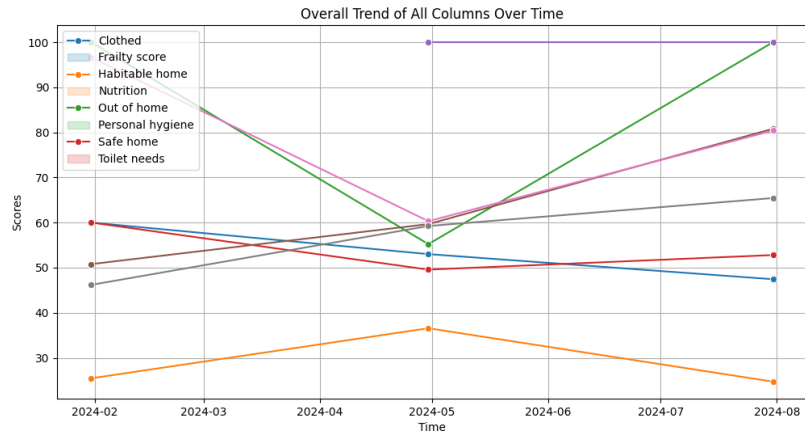


Figure 1: Overall Trend of All Columns

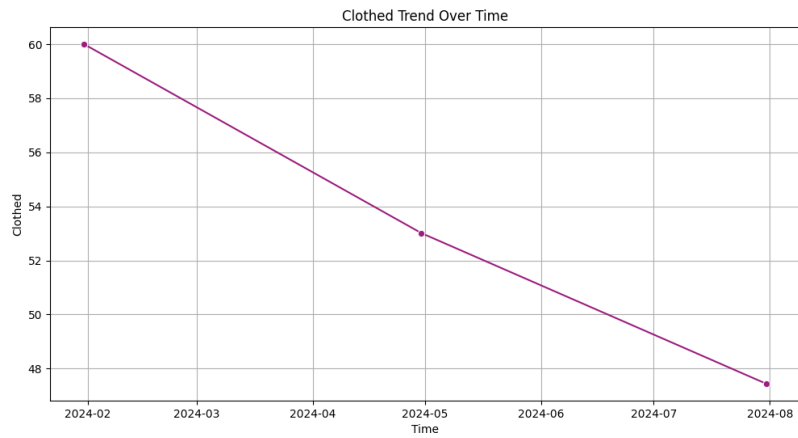


Figure 2: Line graph of Clothed over time

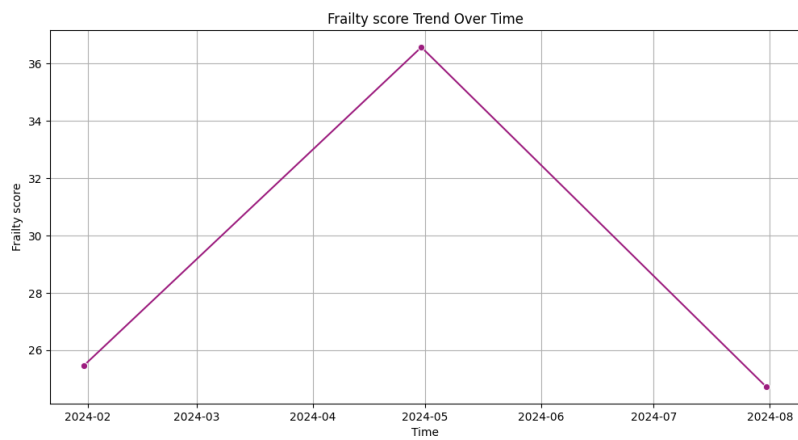


Figure 3: Line graph of Frailty score over time

The perfect scores signify that the person is currently residing in a comfortable and safe space, likely fostering feelings of contentment and peace within their home. However, the score of 55.22 suggests that there are areas in their living conditions that could benefit from improvement.

To enhance their well-being in this aspect, one potential area of support could be focusing on maintaining or enhancing their current living conditions. Regular maintenance to preserve the property's coziness and functionality could elevate their satisfaction with their living environment.

Moreover, encouraging them to personalize their space further, incorporating elements that bring them joy and reflect their personality, could contribute to a more personalized and comfortable living space. This personal touch can foster a sense of belonging and comfort within their home.

Considering sustainability practices, such as implementing energy-efficient solutions, could also be beneficial for their overall well-being. By making small changes to promote sustainability, they can create a more eco-friendly and harmonious living space, further enhancing their quality of life.

While the individual's Habitable home aspect demonstrates strengths, there are opportunities for improvement that can positively impact their well-being and overall quality of life.

5 Insight on Nutrition

Based on the scores provided for Nutrition, which are 60.01, 49.57, and 52.81, it is evident that the individual's daily nutritional intake may be below the recommended levels. This could have a significant impact on their overall well-being. Proper nutrition is essential for supporting physical and mental health, as it provides the body with the necessary nutrients to function optimally.

Scores below the ideal range may indicate that the person is facing challenges in maintaining a healthy diet. This could be due to various factors such as time constraints, lack of knowledge about nutrition, or financial barriers. It is important to address these underlying issues to support the individual in making healthier food choices.

Inadequate nutrition can lead to fatigue, weakened immunity, and an increased risk of chronic diseases. Therefore, it is crucial to provide resources and support to help the person improve their dietary habits. By doing so, we can potentially enhance their energy levels, boost immunity, and reduce the risk of health issues.

Based on the data provided for Nutrition, the scores are 60.01, 49.57, and 52.81. These scores suggest that the individual may be facing challenges in maintaining a healthy diet, which can significantly impact their overall well-being. A score of 60.01 indicates that there may be room for improvement in their nutrition habits, potentially leading to issues such as fatigue and weakened immunity. Similarly, a score of 49.57 highlights a potential struggle with consistently maintaining a healthy diet, which could result in a higher risk of chronic diseases and decreased energy levels. The score of 52.81 also indicates a need for support in making healthier food choices to prevent health issues and boost immunity.

It is important to consider that maintaining a well-balanced diet is crucial for providing the body with essential nutrients to function properly and support physical and mental health. Possible reasons for these lower scores could include time constraints, lack of knowledge about nutrition, or financial barriers. Addressing these underlying issues and providing support and resources for making healthier food choices is essential for improving the individual's well-being and quality of life.

6 Insight on Out of home score

Based on the data provided for the daily need in the Out of Home aspect with scores of 100.0 and 100.0, it is evident that this area plays a significant role in their overall well-being. Achieving perfect scores in this

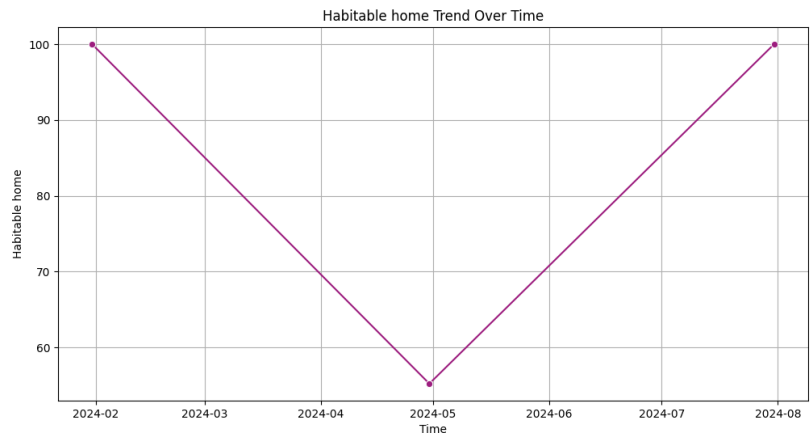


Figure 4: Line graph of Habitable home over time

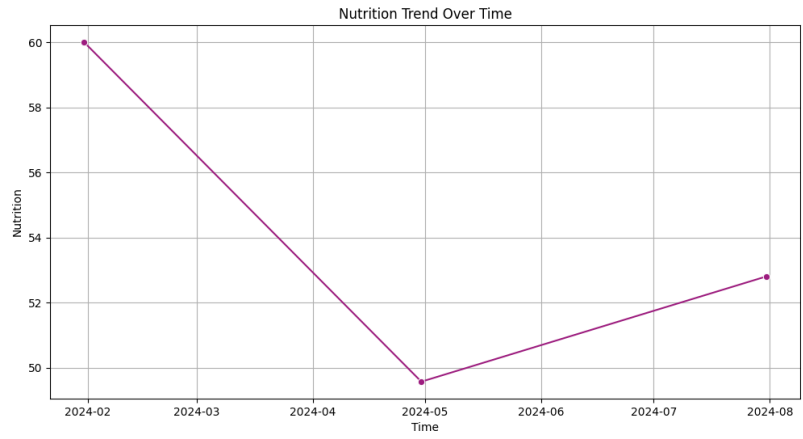


Figure 5: Line graph of Nutrition over time

aspect indicates that the daily need experiences high levels of satisfaction and fulfillment with activities outside their home environment, fostering a strong sense of comfort, connection, and contentment when not at home.

To further enhance the daily need's well-being in this aspect, it may be beneficial to continue nurturing these positive experiences. Encouraging ongoing social connections (100.0), engaging in activities that bring joy and fulfillment (100.0), and seeking opportunities for personal growth and development outside the home can all contribute to maintaining their high level of well-being.

Additionally, offering continuous emotional support, understanding any potential challenges they may face, and assisting them in maintaining their comfort and connection when outside the home can further support their overall well-being. It is crucial to continue actively listening to their needs and experiences to ensure that their well-being in this aspect remains consistently positive.

The high scores in Out of Home reflect a positive and enriching experience for the daily need, highlighting the importance of maintaining and further enhancing these positive aspects of their daily life.

7 Insight on Personal hygiene

Personal hygiene, as reflected in the scores of 50.79, 59.66, and 80.81, plays a pivotal role in overall well-being. A score of 50.79 may indicate challenges in maintaining good personal hygiene, potentially impacting physical health, self-esteem, and emotional well-being. It is crucial to approach this situation with empathy and understanding, recognizing that factors such as physical limitations, mental health issues, or lack of access to resources may contribute to this lower score.

Scores of 59.66 and 80.81 suggest a moderate to high level of attention to personal hygiene, which can significantly influence confidence and a sense of well-being. Encouraging positive changes and providing support in a non-judgmental manner can assist the individual in further improving their personal hygiene practices. Incremental steps towards enhancing personal hygiene routines can lead to substantial enhancements in overall well-being. Remember, every effort towards self-care and hygiene matters in nurturing a fulfilling life.

Personal hygiene is a critical aspect of overall well-being, with scores of 50.79, 59.66, and 80.81 indicating varying levels of attention to this essential need. It is vital to acknowledge that personal hygiene not only impacts physical health but also mental and emotional well-being. Scores below 60 may signal room for improvement in this area, potentially affecting self-esteem, confidence, and the overall sense of well-being.

Approaching this situation with empathy is essential, as there could be various reasons for lower scores, such as physical limitations, mental health challenges, or limited access to resources. Providing non-judgmental support and encouragement for positive changes can be instrumental in helping individuals enhance their personal hygiene practices. Remember, even small improvements in this area can have a significant impact on one's overall well-being.

8 Insight on Safe home

Based on the data provided for Safe home, with scores of 96.667, 60.31674698795181, and 80.39750000000001, it is evident that there are fluctuations in the ratings, which may significantly impact the individual's well-being. The score of 96.667 indicates a high level of satisfaction and comfort within the home, positively influencing the person's mental and emotional health. However, the score of 60.31674698795181 highlights areas of concern and dissatisfaction, potentially leading to feelings of frustration and disappointment. Similarly, the score of 80.39750000000001 falls within a moderate range, suggesting room for improvement to enhance the individual's living conditions.

Living in a home with varying scores can create a sense of instability and impact the person's overall well-being. Consistent low scores, like the one recorded here, may evoke negative emotions and mem-

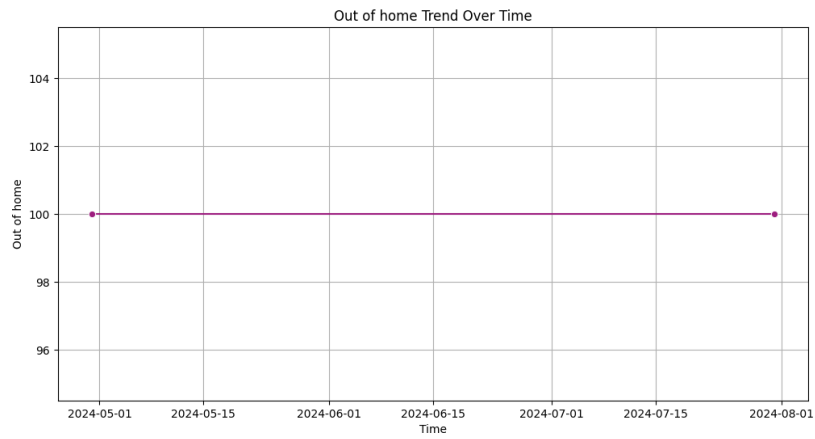


Figure 6: Line graph of Out of home over time

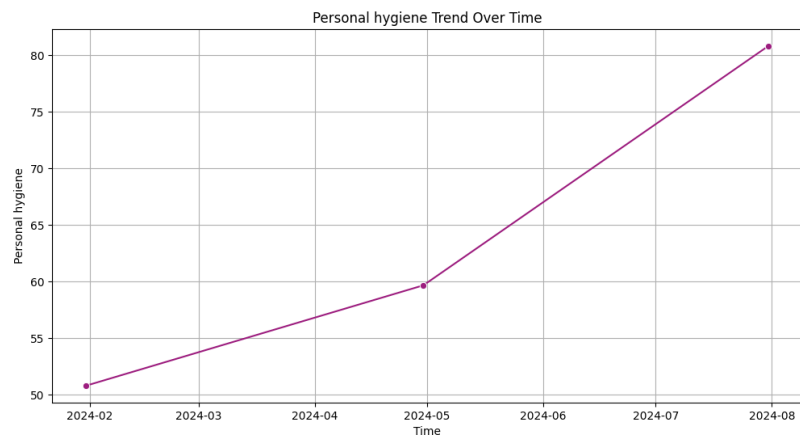


Figure 7: Line graph of Personal hygiene over time

ories, affecting the individual's motivation and emotional state. It is crucial to address the underlying factors contributing to these disparities, identify specific areas for improvement, and provide support to create a more supportive and comfortable living environment. By acknowledging the impact of the living conditions on the person's well-being and taking proactive steps to enhance their home, we can promote a sense of safety, comfort, and satisfaction within their living space.

9 Insight on Toilet needs

Based on the data provided for Toilet needs, with scores of 46.19, 59.24, and 65.44, it is apparent that individuals may experience varying levels of well-being in relation to this essential aspect of daily life.

For the person with a score of 46.19, it suggests that there may be some areas of discomfort or challenges in meeting their toilet needs (46.19). This could potentially impact their overall quality of life and mental well-being, highlighting the importance of addressing any issues they may face in this regard.

Similarly, for the individual with a score of 59.24, there may still be room for improvement in ensuring their comfort and well-being concerning their toilet needs (59.24). Providing support and resources in this area, such as access to necessary amenities and hygiene products, could be beneficial in enhancing their overall quality of life.

With a score of 65.44, while this indicates a relatively higher level of well-being in relation to toilet needs compared to the other scores, there is still an opportunity for further support and improvement (65.44). Offering education and guidance on maintaining good toilet habits and hygiene practices can contribute to enhancing their overall well-being and comfort in this aspect of daily life.

In conclusion, it is essential to consider the individual's well-being and provide necessary support and resources to address any challenges or discomfort they may face in meeting their toilet needs, ultimately contributing to their overall comfort and quality of life.

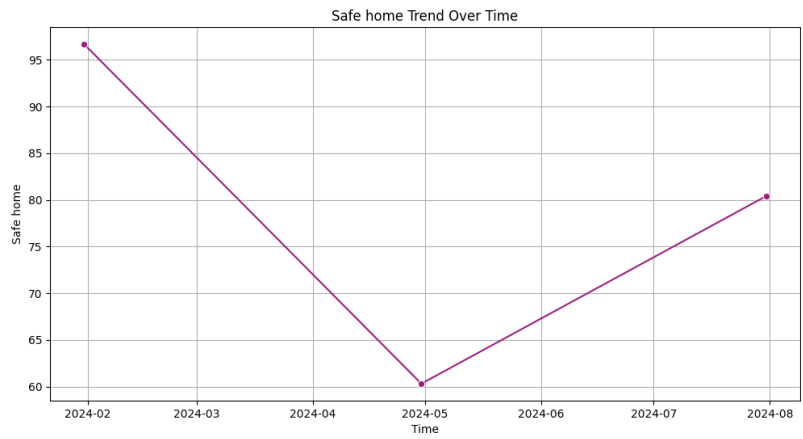


Figure 8: Line graph of Safe home over time

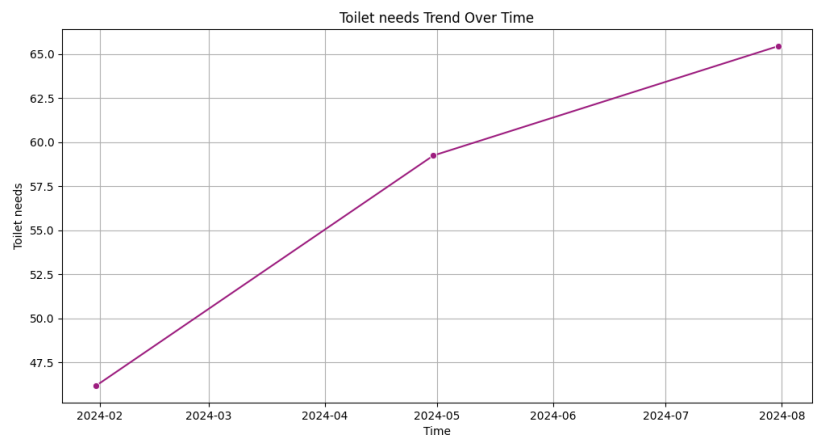


Figure 9: Line graph of Toilet needs over time