14.	British HOSPITAL	Columb	ia Ar		Atal Re			2	DATE				
	. LABORATORY Rh ANTIBODY T				TITRE A.F.P./ TRIPLE SCREEN			EN	SURNAI	ME		GIVEN NAME	
	BLOOD GROUP Rh FACTOR		R D N	1 Y	Results	S.T.S.		ADDRESS			PHONE NUMBER		
	RUBELLA TITRE HBsAg.  HEMOGLOBIN (1st & 3 rd TM) Rh Ig		Rh la G	GIVEN D M Y		HIV TEST DONE NO YES OTHER TESTS			- -				
	1st: 3 rd:								PERSONAL HEALTH NUMBER PHYSICIAN / MIDWIFE N.  17. PROBLEM LIST (specify):			AME	
16.	WKS. D M Y				□ NO	CREEN (35-37 wks.) RESULT  O YES  P D M Y EDD D M Y			PREGNANCY:  LABOUR:	ST (specify):			
	DATE  D M Y	WT.	URIN B.P. P		GEST. IE AGE IN G WEEKS	FUNDAL HEIGHT CMS.	FHR &	PRESEN- TATION & POSITION	POSTPARTUM: NEWBORN:				
	D W T	WI.	D.1 .	r e	WEEKS	CIVIS.	ACTIVITY	FOSITION					Return in
										PHOTOCOPY O	F ANTENATAL PAR	TS 1&2 TO HOSPITAL TIENT	
									NOTE: SEND HOSPI	TAL COPY AT 36 WE	EKS		
35 30 25	SYMPHYS  Use a soft tape m Top of symphysis  LARGE FOI  OR TV	RDATES	HEIGHT	90% 50%	15T (				ATIONS BY US COMMENT	S			
20		SMALL	FOR DAT	ES									
15		GESTATION			Doula: CONSU Name:		OR MOTHE	R OR NEWE	BORN		Doula #: SIGNATURE		
	<b>16</b> 18 <b>20</b> 22	<b>24</b> 26 <b>28</b> 30 <b>32</b>	2 34 <b>36</b> 3	38 <b>40</b>									MD/RN

RISK IDENTIFICATION									
PAST OBSTETRICAL HISTORY RISK FACTORS  Neonatal death Stillbirth Abortion (12 - 20 weeks ) Habitual abortion (3+) Prior preterm birth (33 - 36 wks.) Prior preterm birth (20 - 33 wks.) Prior Cesarean birth (uterine surgery ) Prior IUGR baby Prior macrosomic baby Rh Immunized (antibodies present ) Prior Rh affected preg. with NB exchange or prem. Major congenital anomalies (eg. Cardiac, CNS, Down's Syndrome.) P.P. Hemorrhage	MEDICAL HISTORY RISK FACTORS  DIABETES  Controlled by diet only Diet only macrosomic fetus Insulin dependent Retinopathy documented  HEART DISEASE Asymptomatic (no effect on daily living) Symptomatic (affects daily living) HYPERTENSION 140 / 90 Hypertensive drugs Chronic renal disease documented  OTHER Age under 18 at delivery Age 35 or over at delivery Obesity (equal or more than 90kg. or 200 lbs.) Height (under 1.57 m 5 ft. 2 in.) Height (under 1.52 m 5 ft. 0 in.) Depression Alcohol and Drugs Smoking any time during pregnancy Other medical / surgical disorders e.g. epilepsy, severe asthma, Lupus etc.	PROBLEMS IN CURRENT PREGNANCY RISK FACTOR  Diagnosis of large for dates Diagnosis of small for dates (IUGR) Polyhydramnios or oligohydramnios Multiple pregnancy Malpresentations Membrane rupture before 37 weeks Bleeding Pregnancy induced hypertension Proteinuria > 1+ Gestational diabetes documented Blood antibodies (Rh, Anti C, Anti K, etc.) Anemia ( < 100g per L ) Admission in preterm labour Pregnancy ≥ 42 weeks Poor weight gain 26 - 36 weeks ( <.5 kg / wk ) or weight loss							

### **CARDIAC CLASSIFICATION**

(New York Heart Association)

#### **CLASS I**

No limitation of physical activity.

#### CLASS I

Slight limitation of physical activity.

#### **CLASS III**

Marked limitation of physical activity.

## **CLASS IV**

Inability to perform any physical activity without discomfort.

Reference: Williams Obstetrics. (20 th Ed.) 1997, Appleton and Lange

#### T-ACE QUESTIONNAIRE

### T olerance

How many drinks does it take to make you feel high? Score **2** for more than 2 drinks Score **0** for 2 drinks or less

Score 1 point for each Yes answer to the following:

# A nnoyance

Have people annoyed you by criticizing your drinking?

#### C ut down

Have you felt that you ought to cut down on your drinking?

# E ye opener

Have you ever had a drink first thing in the morning to steady your nerves or get rid of a hangover?

## High Risk Score = 2 or more points

## Reference:

Sokol, R et al. The T-ACE Questions, Pratical Prenatal Detection of Risk Drinking, American Journal of Obstetrics and Gynaecology, Vol. 160, No. 4 April 1989.