

Table 2: Collected Data

person	Physical activity	Alcohol	Meal	Sleep hours
1	-1	-1	-1	4
2	1	-1	-1	8
3	-1	1	-1	8
4	-1	-1	1	6
5	1	1	-1	11
6	1	-1	1	8
7	-1	1	1	8
8	1	1	1	11
9	-1	-1	-1	5
10	1	-1	-1	5
11	-1	1	-1	7
12	-1	-1	1	5
13	1	1	-1	9
14	1	-1	1	11
15	-1	1	1	9
16	1	1	1	10