

Homework #4

For this class, assignments must include a heading in the upper right hand corner with the student's name, assignment number, due date, course code, and section number (e.g. ENG 095 – 03). This assignment requires multiple pages, ***be sure to staple the pages before handing in the assignment*** – otherwise it is difficult to grade the assignment efficiently. ***Unstapled assignments will not receive credit.***

Please complete Problem #5 in Chapter 5 (pg. 158). The book asks for you to map out your study schedule for the week and follow it. Please create this schedule in **Excel, Word or other similar software** package – format the schedule as a table as shown in the book, but you will need to adjust the times to cover your day in the most efficient way – format the table to be on **one page**. On the schedule, be sure to include your **classes, study time, work, and any extra-curricular activities** (no need to disclose all activities, a simple label of “extra-curricular” is fine). Indicate somewhere on the schedule the **total number of study hours** that you have during the week. Write a one-page description of what happened when you tried to follow it. Discuss the challenges, successes, and failures – remember ‘meta-cognition’ as you write – get outside yourself and really evaluate your schedule and ability to follow it.

Helpful points:

Please make the schedule as useful for yourself as you can - as long as you include the required elements and the format is easy for anyone (e.g. grader) to understand, then you will be fine. So:

1. Feel free to adjust the time blocks to best fit your schedule
2. You may abbreviate class and activity names - if they become too cryptic, then consider adding a key/legend.
3. If you do not have a job, then you do not need to include "work" on the schedule
4. There is no need to tell me too much personal info - if you have activities that you want to remember to do, you can always mark the time period "personal time." Essentially you should include those things on the schedule that you do not want to forget to do - or another way to look at it - the schedule can serve as a reminder to you - if you are **not** doing the thing on the schedule (e.g. study), you are falling behind and will need to adjust your schedule to catch up.
5. To me "homework" and "study" are one in the same - if you find it helpful to differentiate them, you may do so.

Assigned: September 17, 2014
Report Due: September 24, 2014