Areanna Whittington May 2, 2023 Web Dev. Erik Brown

## **Reflection**

My research into gardening and plants has taught me so much and had a real impact on how I see things. Every interaction I've had, whether it's talking with my grandma Sarah, learning from Irean about herbs, or discussing secretaries with Kimberly, has left a lasting impression. As I reflect on my journey, I've come to appreciate the incredible benefits of plants, the importance of meaningful conversations, and the desire to understand the goals and experiences of other gardening enthusiasts.

One of the biggest lessons I've learned is just how valuable plants are to individuals and communities. When I talked with my grandma Sarah, we not only strengthened our bond but also discovered a deeper understanding of her past through gardening. It's amazing how plants can connect us to memories and traditions, bringing us closer together. Irene taught me all about the different uses of herbs, and her passion was infectious. I found myself fascinated by the various ways herbs can contribute to our health, wellness, and even cooking. It sparked a curiosity in me to keep learning and exploring the diverse world of plants. Kimberly opened my eyes to the importance of secretaries in gardening communities. Having conversations with strangers who share similar interests can lead to a deeper understanding and connection. It made me realize the value of going beyond small talk and really exploring the reasons behind people's love for gardening.

This journey has ignited a strong desire in me to continue engaging with fellow plant and gardening enthusiasts. Hearing their stories, understanding their motivations, and learning from their experiences has become truly rewarding pursuit. I believe that by connecting with others in this way, I can gain deeper insights into the world of gardening and discover new perspectives that will enrich my own practices. Moving forward, I want to ask more profound questions and not be afraid to delve into deeper conversations. At first, I hesitated to go too deep, especially with people I didn't know well. But now I understand that authentic connections and meaningful insights come from exploring the emotions and motivations that drive people's love for gardening. By overcoming that initial fear, I hope to uncover even more profound stories and create even stronger bonds with fellow gardening enthusiasts.

This journey into gardening and plants has been truly transformative for me. I've realized the immense value they hold in personal connections, wellness, and community. Conversations with my grandma, Irene, and Kimberly have broadened my horizons and ignited a passion for continuous learning. As I move forward, I am committed to engaging in deeper conversations, understanding the motivations behind other people's love for gardening, and embracing the shared wisdom of fellow enthusiasts. This journey has deepened my appreciation for the impact of plants and the power of meaningful conversations in enriching our lives.