



Your very own

NUTRITION PLANNER

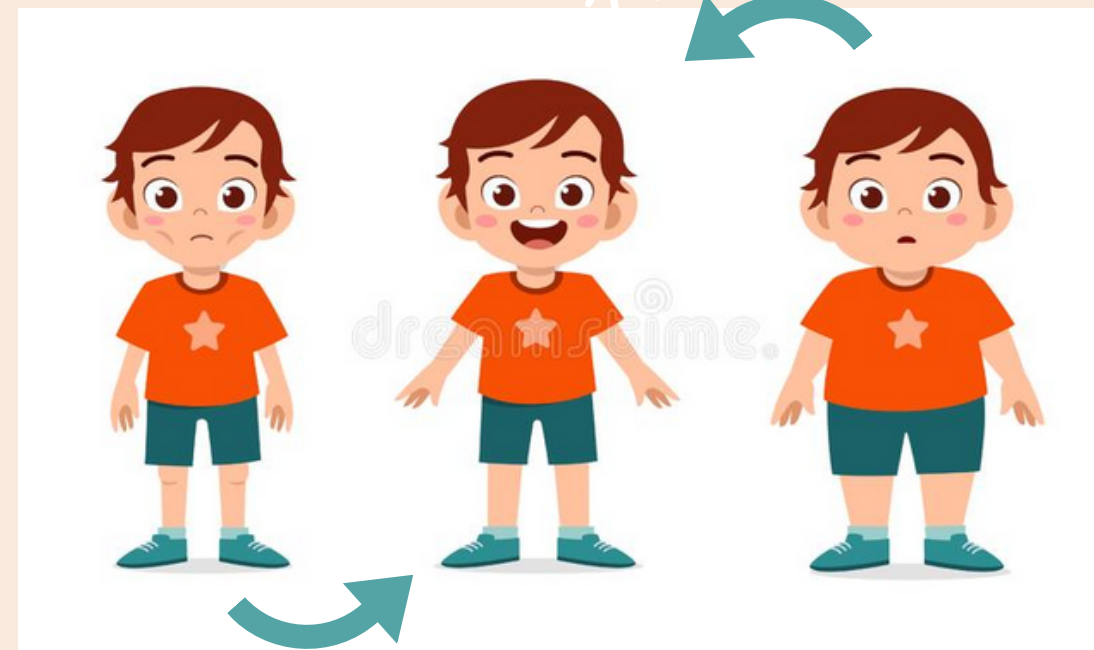


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Plan's sections *



1

YOUR BMI (BODY MASS INDEX) WILL BE CALCULATED)

2

THE PROGRAM RUNS ACCORDING TO DIFFERENT AGE CATEGORIES

3

IT RUNS ONLY FOR SUBSCRIBED CUSTOMERS BY USING YOUR CREDIT CARD NUMBER BEING TREATED AS A CONFIDENTIAL MATTER (30\$ ONLY).

4

YOU WILL FALL INTO EITHER OF THESE CATEGORIES: OBESE, NORMAL OR UNDERWEIGHT.

5

IT WILL THEN PLAN YOUR NUTRITION CHART ACCORDING TO YOUR DAILY REQUIREMENTS BASED ON HOW MUCH DIFFERENT ITEMS MAY SUIT YOUR ROUTINE.

YOU WILL SEE THE CHANGE!



Balanced life at your door steps

Subscribe to our
plan

Follow the diet
as instructed

Your everyday
steps will be
recorded

Your diet will
be traced

Suitable
exercises will be
given.

NOTE:
30\$ can bring
changes.



Thank you!

