

# **RULE BOOK 2026**

## **POTATO RACE**

### **Rules:-**

- 1) 2 or 3 or 4 Potatoes 1 basket (per track)
- 2) Pick up one potato at a time
- 3) Cannot throw potato
- 4) Basket leke dusri taraf bhagna hai saare potatoes collect karne ke bad
- 5) Leg should be behind the starting line
- 6) no cutting tracks
- 7) 3 winners per round
- 8) While sprinting, if potato falls then they have to pick up and run

### **Sports Team Required & Tasks:**

- Rule book Management **Mangala, Supriya,**
- 1 Robin at startline whistle. **Mangala**
- 1 Robin at startline will set up the next round of kids **Ajinkya**
- 1 Robin will mark the rounds, and will also collect the finalists list after all rounds in every group are done. **Preeti**
- 8 Robins will reset tracks. They will stand near the finish line where kids will keep baskets at the end. **Dhiraj, Priyanka, Aaraf, Ninad, Ansh, Nikhil R, Om C,**
- 3 Robins will select 1st 2nd 3rd. Another of 3 Robins for the same in the next round. (Total 6) **Shree P, Jeevak, Parth, Bhavesh, Rachita, Viresh**
- 1 Robin will take them to note it down in line respectively. **Meeta**
- 1 Robin will take winners to note it on paper. 1 Back up. **Merrell, Supriya**
- 1 Robin will hold the camera at the finish line to record every round in case we need replays of close finishes. Another as back up. **Rutuja D, Vishal**

## **SHOT PUT**

### **Rules:-**

- 1) 2 chances per participant.
- 2) The player should be inside the circle.
- 3) There will be a qualifying line for small and big group.(No measurement if fouled).
- 4) Tiebreaker incase needed.

- 5) Make sure if the kid is comfortable holding the weight.
- 6) Throw with one hand only.
- 7) Make sure that the posture is right before the throw.

### **Sports Team Required (7 Robins) & Tasks:-**

- Rule book Management **Vaishnavi**
- 1 Robin will be at the startpoint to blow the whistle and check the kid's stance. **Vaishnavi, Vinay G.**
- 1 Robin for tick marking groups and kids individually, who have finished turns. **Vaishnavi**
- 1 Robin will give the final call where the ball landed. **Rahul**
- 2 Robins will measure the throw. **Abheek, Raghul**
- 1 Robin will note down measurements. **Aishwarya**
- 1 Robin will stop the ball after impact. **Om P**
- Roles can switch according to the game rep.

### **BOOK BALANCE**

- Kids will place the notebook on their head.
- Complete the race without the book falling.
- Kids cannot touch the book during the race. They cannot bend the books. No accessories on the head.
- If the book falls, the kid will restart the race from the starting point.
- If they touch the book, instant disqualification.
- The book should be on the kid's head while crossing the finish line.

### **Sports Team Required (15 Robins) & Tasks:**

- Rule Book Management. **Supriya J, Mangala.**
- 1 Robin at startline whistle - **Priyanka**
- 1 Robin at startline will set up the next round of kids. **Ansh**
- 1 Robin will mark the rounds, and will also collect the finalists list after all rounds in every group are done. **Preeti S**
- 4 Robins will reset tracks. They will be at the starting line and do back n fro. **Arjun S, Khan Saleem, Shaik, Mangala, Rachita D**
- 3 Robins will select 1st 2nd 3rd. Another of 3 Robins for the same in the next round. (Total 6) **Bhaves B, Jeevak B, Shree P, Nikhil, Khan Saleem, Pavan Y**
- 1 Robin will take them to note it down in line respectively. **Meeta**

- 1 Robin will take winners to note it on paper. 1 Back up. **Merrell, Parth**
- 1 Robin will hold the camera at the finish line to record every round in case we need replays of close finishes. Another as back up. **Rutuja D, Mangala**

## TUG OF WAR

- 1) Pull the rumal towards your side to win
- 2) Whistle ke baad hi pull karna hai, 2 warnings then disqualification.
- 3) 12 players per team. Teams with more players will need to bench a few to equal the opposite team.

### Sports Team Required & Tasks:-

- Rulebook Management: **Ninad**
- 1 Robin to blow whistle, also match referee. **Ninad**
- 4 Robins (2 per team side) as referees to check rumaal crossing the winning line. **Parth, Bhavesh, Meeta**
- Rest of the team will ensure the robins and kids cheer from a safe distance and don't get too close.

## HOOLAHOOOP

### Rules:-

1. All 4 teams will play at one time (one team one track)
2. Each team will have 8 or 12 players. (depends on each team size)
  - **Hoolahoop**
    1. Players will have to pass through hula hoops.
    2. Leaving their hands while passing the hoola hoops is not allowed.
    3. Holding the hoola hoops is not allowed.
    4. After to and fro, 12 players will have to complete 3 activities.
  - **Lemon n Spoon (kid 1,2,3,4)**
    1. Keep the lemon on the spoon, keep it in your mouth and cross the finish line.
    2. If lemon falls before the finish line, restart.
  - **Jump with the ball (kid 5,6,7,8)**
    1. Kids have to place the ball between their feet/ankle/knee
    2. Jump with the ball and cross the finish line.
    3. They have to go back n fro

4. If the ball falls, resume from the same point and continue.
5. Kid has to bring their ball. Robins can't help.
6. Robin Ref will stand at the point where kid drops the ball.

- **Relay (Remaining 4 kids)**

1. Sprint relay, jakar aao

### **Sports Team Required (Full Team) & Tasks:-**

- Rulebook Management: **Bhavesh B, Ajinkya K, Ansh G, Preeti, Shubham**
- 1 Robin at whistle. **Mohsin**  
2 Robins per track for hoolahoop rules. Same as above
- 1 robins per track for lemon n spoon. Same as above
- 1 robins per track for jump the balls (finishline pe 4 robins to send kids back)
- 1 robins per track for relay (finishline pe 4 robins to send kids back)
- 3 Robins at finish line for winner selection **Parth, Abheek, Om C,**
- 2 cameraman. **Om P, Alok G, Prashant S**
- **4-8 Robins to help with items handover to assigned kids (kids 1,2,3,4 for lemon n spoon/ kids 5,6,7,8 for jump the ball/ kids 9,10,11,12 relay)**

### **SNATCH THE BALL**

1. 3 balls in the middle of the court (inside container), and 30 balls equally divided between 6 containers in the safe zone (3 containers per side).
2. Normal balls 1 point each, Golden ball 3 point each
3. Equal balls will be placed in all 6 containers (both teams combined)
4. After the whistle, kids have to run to the opponent camp and collect 1 ball and keep it in their camp.
5. One kid can only pick up 1 ball at a time.
6. Defending the ball or stopping/stalling/snatching not allowed, can result in disqualification of the player or entire team.
7. Round will be for 2 mins
8. At the end of the round, team with highest points will win.
9. Only balls which are placed inside the safe zone will be counted. kids holding the balls in hand while running will not be counted.

10. There will be 3 safe zones per side. One in the center.

**Sports Team Required (Full Team) & Tasks:-**

- Rulebook Management: **Aaraf, Ajinkya, Vaishnavi, Ansh**
- 2 Robin at whistle and match referee. Will verify final score and announce results. **Aaraf, Bhavesh**
- 1 Robin with stopwatch has to pause/resume according to the instructions. **Mohsin, Ninad**
- 8 Robins will be referees to check foul, aggressive play, warn the player or disqualify him/her. In case of individual or entire team disqualification due to aggressive gameplay, signal timer robin or match referee to stop play first and then discuss and take the call. To also ensure there is no pushing between both teams while running. **Parth, Bhavesh, Ansh, Priyanka B, Om C, Pavan Y, Meeta, Preeti, Aishwarya, Supriya, Maitri K, Rachita D, Roshani Y, Ramesh V, Vinay G, Viresh, Jeevak**
- 6 Robins (3 per side) will be referees near the safe zones where kids put the balls. They will make sure that opponent team is not blocked by other team while collecting balls from the safezone. Will also ensure there is no pushing between both teams throughout.
- 4 Robins (2 per team) will help in counting the final score. **Bhavesh, Aaraf**
- Rest of the robins will manage the crowd and help wherever there is shortfall.

## TUNNEL RELAY

- Approx 12 kids per team standing in a line at equidistant spots.
- First kid should pass the ball to kid behind, either over their head or through their legs.
- The next kid will pass it behind in the other way and so on.
- *Example: If the 1st kid passes the ball over the head then next kid passes through their leg, the third kid then passes over the head and so on.*
- Once the ball reaches last kid in the line, that kid will run in the front and continue the same process until the team crosses the finish line.
- Kids are not allowed to move from their spots.

## Sports Team Required (19 Robins) & Tasks:-

- **RuleBook Management: Ajinkya, Bhavesh, Ansh**
- **One supervisor per track: Mangala, Aaraf, Om P**
- 1 Robin blows whistle. **Parth**
- 4 robins per track (1 Robin for every 3 kids) **Vaishnavi, Supriya, Raghul, Om C, Alok G, Abheek, Rahul, Aishwarya, Arjun, Jeevak, Preeti, Dhiraj, Raghul, Pawan Y, Vinay G, Rachita**
- 2 cameraman at finish line. **Roshani Y, Ramesh V**
- 1 Robin note down winners. **Merrell, Priyanka B**