

# Curriculum Vitae of Argyris Stringaris, MD, PhD, FRCPsych

**Professor of Child & Adolescent Psychiatry, University College London**

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my UCL [website](#)

AIM lab's [website](#) and [github](#)

AIM clinic's [website](#)

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## Overview

I am a clinician and neuroscientist and the Chair of Child and Adolescent Psychiatry at UCL since January 2022 and I am a Co-Director of the AIM lab and clinic at UCL. I am also one of UCL's Pro-Vice-Provosts co-leading the Grand Challenges for Mental Health and Wellbeing. I was until 2022 Senior Investigator and Chief of the Section of Clinical and Computational Psychiatry at NIMH/NIH in the USA and before that a Senior Lecturer and a Wellcome Trust Fellow at the Institute of Psychiatry Psychology and Neuroscience, King's College London. I trained in Child and Adolescent Psychiatry at the Maudsley Hospital.

I have two main research aims that I pursue using open science practices including data and code sharing.

In terms of basic research, my aim is to understand how affective phenomena (variably termed moods, emotions, feelings or affects) are generated and maintained. Two recent examples of this line of our work can be found [here](#) and [here](#). Currently we are funded by the Wellcome Trust to study surprises (prediction errors) as a mechanism of improvement in social anxiety.

In terms of clinical research, I study interventions that reduce the negative impact that affective phenomena, have on young people and families and possible interventions. For an example of work about suicidality please see [here](#) and for some work on interventions, see [here](#). I also try to increase awareness of statistics and inferences about public health through my work, e.g. [here](#) and [here](#).

My h-index = 64 and here is a [list of my publications](#) and here is my [Google Scholar page](#).

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## Current Positions

### **Professor of Child and Adolescent Psychiatry**

Division of Psychiatry and Department of Clinical, Educational & Health Psychology University College London

Co-Director (with Dr Georgina Krebs) of Anxiety self-Image and Mood (AIM) [Lab](#) and [Clinic](#) at UCL.

### **Pro-Vice-Provost UCL Grand Challenges in Mental Health and Wellbeing**

The UCL Grand Challenges programme was established in 2008, with the aim of bringing a cross-disciplinary, thematic approach to tackling some of the most pressing social problems. Together with my colleague Professor Essi Viding we are leading this programme recognising that mental health and wellbeing is one of the most pressing issues facing humanity and in the belief that UCL can contribute through research, education and practice.

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## Other Current Positions

### **Professor of Child and Adolescent Psychiatry**

University of Athens, Greece

### **Visiting Scientist and Head of the Clinical Neuroscience of Mood Disorders in Children and Adolescents**

Central Institute of Mental Health (Zentralinstitut für Seelische Gesundheit), Mannheim, Germany

**Honorary Consultant Child & Adolescent Psychiatrist**  
Camden & Islington NHS Foundation Trust  
**Senior Clinical Advisor Anna Freud Centre**

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## **Degrees and Training**

### **Medical Training and Qualifications/Licenses to Practice**

- May 2000 MBBS (MD) University of Göttingen, Germany. Top 3% of all German medical students in the 5th Year medical final examinations (II Staatsexamen) and top 20% of all students in 6th Year examination (III Staatsexamen)
- Registration with the UK General Medical Council: 6043066
- Registration with the Maryland Board of Physicians by “Conceded Eminence”: D48427
- Entry into the UK Specialist Register for Child and Adolescent Psychiatry (CCT): 2011
- Royal College of Psychiatrists Membership: 813569, Since 2018 a Fellow of the College.
- Formerly Section 12 approved (lapsed since in the USA)
- Hellenic Medical Council: Certified Specialist in Child and Adolescent Psychiatry

### **Research Training**

- PhD: King’s College London, University of London, UK, May 2011 (Supervisor: Prof Eric Taylor/Prof Robert Goodman)
- Research Fellow, Bipolar Spectrum Disorders, NIMH, USA, Jul 2008 – Jul 2009 (Supervisor: Dr Ellen Leibenluft)
- Dr med (MD Research), Department of Neurology, University of Göttingen, Germany, May 2000 (Supervisor: Prof Roland Nau)

### **Training in Neurology and Psychiatry**

- Aug 2006 – Apr 2011: Higher Specialist Training in Child and Adolescent Psychiatry, Maudsley Hospital and Great Ormond Street and Royal London Rotation
  - Jul 2006: Membership, Royal College of Psychiatrists (MRCPsych, London, UK)
  - Oct 2003 - Aug 2006: Senior House Officer, Maudsley Hospital, London, UK
  - Oct 2002 - Oct 2003: Senior House Officer, Maudsley Hospital, London, UK and Institute of Psychiatry, London, UK
  - Jun 2000 - Oct 2002: Neurology and Medicine, University of Göttingen, Germany
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## **Previous Employment**

- August 2016 to 2021: Chief of Section of Clinical & Computational Psychiatry, NIMH, NIH
- Jan 2012 - August 2016 Senior Lecturer Head of Mood and Development Laboratory, Department of Child & Adolescent Psychiatry, Institute of Psychiatry, Psychology & Neuroscience, King’s College London & Maudsley Hospital London
- Apr 2011 – August 2016: Consultant Psychiatrist at Maudsley Hospital
- Jan 2007 - Jan 2012: Lecturer in Child and Adolescent Psychiatry at Institute of Psychiatry, King’s College London, London, UK with an interim period as Fellow at the National Institute of Mental Health, Bethesda, USA between July 2008 and July 2009.
- Jan 2007 - Apr 2011: Specialist Registrar, Maudsley Hospital, London, UK
- Aug 2006 - Dec 2006: Honorary Specialist Registrar in Child and Adolescent Psychiatry, Great Ormond Street and Royal London Rotation, London, UK
- Apr 2006 – Aug 2006: Maudsley and King’s College Hospitals, General Liaison and Perinatal Psychiatry, London, UK
- Oct 2002 - Aug 2006: Senior House Officer, South London and Maudsley NHS General Psychiatry Training Rotation, London, UK

- Jun 2000 - Oct 2002: Senior House Officer (Assistenzarzt), Department of Neurology, University of Göttingen, Germany
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## **Scientific Leadership**

### **Pro-Vice\_Provost**

- UCL's Grand Challenges in Mental Health and Wellbeing together with Prof. Essi Viding

### **Presidency of International Organization**

- Past President of the [International Society for Research in Child and Adolescent Psychopathology \(ISRCAP\)](#)

### **Chair of Government Committee**

- Chair of the Mental Health Committee of the Surgeon General's Office (Kentriko Sumvoulio Ygeias) for the Greek State November 2020 - December 2022. I have chaired the committee that advises the Government on issues concerning mental health legislature. This involved the generation of reports to provide in depth scientific opinion on issues such as the regulation of psychotherapies in Greece, and most recently our opinion in favour of banning of so-called "conversion therapies", which was eventually enshrined in law.
- Member of the Steering Committee of the University Research Institute for Mental Health (EPIPSY) in Greece (January 2022 - ongoing)

### **Scientific Advisor to Charities**

- Chief Scientific Officer of Mazi Gia to Paidi, a leading Greek charity for children and young people with various activities around child health.

### **Journal Editorships**

- Editor European Journal of Child and Adolescent Psychiatry (2021 - March 2023)
- Consulting Editor Cognitive Affective and Behavioral Neuroscience (2021 - ongoing)
- Editor (2012-2019) Journal of Child Psychology and Psychiatry
- Editorial Board (2015 - 2020): Journal of the American Academy of Child & Adolescent Psychiatry

### **Taskforce and Scientific Board Memberships**

- Scientific Advisory Board Advisory Board for the Medical Research Council UK initiative in Adolescence, Mental Health and the Developing Mind (2021 - ongoing)
- Steering Committee International Consortium on Irritability (2022 - ongoing)
- Child Psychiatry Representative on Royal College of Psychiatry Psychopharmacology Committee (ongoing)
- Member of the Executive Board of the Royal College of Psychiatry Child and Adolescent Psychiatry Faculty.(2023 - ongoing)
- Member of the Board of the Hellenic Child Psychiatry Society (2023 - ongoing)
- Member of the European College of Neuropharmacology (ECNP) Child and Adolescent Psychiatry Network. (2022 - ongoing)
- Member Scientific Advisory Group of Improving Adolescent mental health by reducing the Impact of PoVErty (ALIVE), a Wellcome Trust-funded international project. (ongoing)
- Scientific Board European Society of Child and Adolescent Psychiatry (ESCAP) (ongoing)
- Member of European ADHD Guidelines Group (EAGG) (ongoing)
- Member of the American Academy of Child and Adolescent Psychiatry Presidential Initiative Task Force on Emotion Regulation in Children : "Coming Together to Treat the Sickest Kids"- I was appointed chair of the Measurement Subcommittee (until 2022)

- Member of the Program Committee for the American Academy of Child and Adolescent Psychiatry (AACAP) (Annual meeting 2021)
  - Scientific Advisory Board MQ The Mental Health Charity, UK
  - Member of the Task Force on Child and Youth Psychiatry of the World Federation of Societies of Biological Psychiatry (WFSBP) (ongoing)
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### **Prizes and Distinctions**

- 2024 Editor's Choice Prize for our paper with Dr Foulkes "Do No Harm: Can School Mental Health Interventions Cause Iatrogenic Harm." BJPsych Bulletin.
  - 2022 Highly Cited Researcher Clarivate Analytics
  - 2021 Open Neuro Hall of Fame, tied 2nd Place for contributing datasets
  - 2021 Kramer Pollnow Prize Award for scientific excellence in clinical research in child, adolescent and adult psychiatry by the European Network of Hyperactivity Disorders (EUNETHYDIS)
  - 2020 Elaine Schlosser Lewis Award as the best research paper in ADHD research this year for the paper A Double-Blind Randomized Placebo-Controlled Trial of Citalopram Adjunctive to Stimulant Medication in Youth With Chronic Severe Irritability (first authors: Dr Kenneth Towbin, Dr Pablo Vidal-Ribas, see under Publications) that I am a last author on.
  - 2019 NIH Director's Award "for exemplary performance while demonstrating significant leadership, skill and ability in serving as a mentor."
  - 2019 Gerald L Klerman Young Investigator (under 45 years) Prize, the highest honor that the Depression and Bipolar Support Alliance gives to members of the scientific community
  - 2019 Prize for Distinguished Editorial Contributions, Academy of Child and Adolescent Mental Health, J Child Psychol and Psychiatry
  - 2018 Elected a Fellow of the Royal College of Psychiatrists UK for Distinct and Significant Contributions to psychiatry.
  - 2018 Outstanding Mentor Award by the National Institutes of Mental Health
  - 2016 Special Commendation by the British Medical Association (BMA) for our book Disruptive Mood: Irritability in Children and Adolescents, published by Oxford University Press
  - 2014 Best Paper of the Year in Depression or Suicide published in JAACAP, awarded by the Klingenstein Foundation
  - 2010 Research Prize, European Psychiatric Association (EPA)
  - 2004 Special Mention from the International Neuropsychiatry Association
  - 2004 European Science Foundation Young Scientist Travel Award
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### **Keynote Lectures, Invited Lectures, Symposia and Chairing of Symposia (examples)**

- Heidelberg University, Gastvortrag an der Universitätsklinik für Kinder- und Jugendpsychiatrie, Grundlegende Probleme mit der Evidenzbasis der Depression in Kindern und Jugendlichen, May 2024
- Turin Conference on Mood dysregulation and risky behavior in adolescents: implications for treatment, Turin University, April 2024
- Wolfson Lecture, Fundamental Problems in the Evidence Base for Depression. Wolfson Centre at Cardiff University, April 2024
- Emanuel Miller International Conference 2024, Fundamental Problems in the Evidence Base for Youth Depression, Association for Child and Adolescent Mental Health.
- Clinical Trials, Multi-Stakeholder Meeting, March 2024, Nice, France
- Opening Talk on Irritability Definition, Connect 4 Children, Collaborative Network for European Clinical Trials, Multi-Stakeholder Meeting, March 2024, Nice, France
- Keynote Lecture, Symposium on Emotion Dysregulation and Suicide, April 2024, University of Torino, Turin, Italy
- Keynote Speaker, Irritability as Mood at Festschrift, Symposium for Ellen Leibenluft, NIMH, NIH, Bethesda, MD, USA, Jan 2024

- Keynote Speaker The Future and Challenges of Child and Adolescent Psychiatry at Hellenic Conference of Child and Adolescence Psychiatry, Athens, November 2023
- Keynote Speaker Emotions and Decision Making, Insight Nel Disturbo Da Deficit Di Attenzione ed iperattività, Naples, October 2023
- Invited Speaker Treatment of Depression at Annual Italian Neuropsychiatry Meeting, Cagliari, Italy, May 2023 Depression
- Invited Speaker The Issues with Pharmacological Treatments of Depression at 8th Maudsley Mediterranean Forum, Palermo, Italy, May 2023 Depression
- Invited Speaker Emotion Dysregulation at 8th Maudsley Mediterranean Forum, Palermo, Italy, May 2023 Depression
- Keynote Speaker ESCAP Conference, Copenhagen, June 2023, Affective Phenomena: Moods, Emotions, Feelings: How are they generated and Maintained?
- Keynote Speaker Reading Emotions Conference, June 2023 Fluctuation and Change Implications for Neurocognitive Development and Psychopathology
- Speaker EUNETHYDIS Conference. Emotion dysregulation in ADHD: revisiting an old debate, September 2022, Cardiff, UK. -Chair: ADHD. Life-time continuity, serious mental illness, and genetics World Psychiatric Association Thematic Conference, Athens, Greece
- Guest Speaker and Panelist Pediatric Major Depressive Disorder Mini-Symposium, Co-hosted by the Division of Pediatric and Maternal Health and the Division of Psychiatry Office of New Drugs | Center for Drug Evaluation & Research | U.S. Food and Drug Administration (FDA), (June 2022) Bethesda, MD, USA
- Keynote Lecture (Lettura Magistrale) at the joint meeting of the Italian Societies of Neuropsychopharmacology and Child & Adolescent Psychiatry (May 2022), Cagliari, Italy, Title: What is mood and how to modify it
- Keynote Lecture (Hauptvortrag) at the German Society for Child and Adolescent Psychiatry (Deutsche Gesellschaft für Kinder und Jugendpsychiatrie, DGKJP, May 2022), Magdeburg Germany, Title: Warum gibt es Depression
- Annual Distinguished Scientist Lecture at Pittsburgh University (April 2022) The Why and How of Mood: Theoretical and Computational Approaches for Clinicians and Researchers in Depression.
- Opening Lecture at the European College of Neuropsychopharmacology (ENCP) at Servolo, Venice (March 2022) Challenges and New Directions in Affective Nosology
- Grand Rounds at Cornell University Department of Psychiatry (February 2022) What is mood? A conceptual and computational account of some basic questions about depression.
- Chair Symposium Irritability and Reactive Aggression: Implications for Diagnosis, Treatment, and Equity, American Academy of Child and Adolescent Psychiatry, October 2021
- Maryland University Grand Rounds, May 2021
- New York University, Langone, Grand Rounds May 2021
- European Society for Child and Adolescent Psychiatry (ESCAP) Expert Day, June 2021
- Royal College of Psychiatrists, Talk at Symposium S36 Dimensional and Categorical Psychopathology in Youth, Talk: Research in Depression, Great Expectations and Great Challenges, June 2021
- Society for Biological Psychiatry, Talk at Symposium on Developmental Computational Psychiatry, Title: Adolescent Mood Dynamics, May 2021
- Society for Biological Psychiatry, Talk at Symposium on Emerging Tools and Technologies, Title: What is Mood: In Search of Models of Mood Across Health and Disease, May 2021
- Chair of the Symposium on Intergenerational Transmission of Psychopathology and Early Identification of Risk: New Insights From the Study of Child and Adolescent Offspring of Parents Living With Depression, Bipolar Disorder, and Schizophrenia, at the Academy of Child and Adolescent Psychiatry, San Francisco, USA, October 2020
- Invited Speaker at University College London Institute of Mental Health First International Conference
- Invited Speaker Canadian Academy of Child and Adolescent Psychiatry, Calgary, Canada, September 2020 (to be delivered online).
- Invited Speaker, Dalhousie University, Halifax, Nova Scotia, Canada, September 2020 (to be delivered online). Panelist, Panel on Innovative Strategies for Transforming Treatment of Depression and Self-Harm, National Institutes of Health, September 2019

- Invited Symposium Chair at the American Academy of Child and Adolescent Psychiatry (“Novel Approaches to Inform Treatment Decisions in Child Psychiatry: Steps Toward Personalized Medicine”) October 2019
- Invited Lecture at Washington University in St Louis, Developmental Neuroimaging group, April 2019
- Invited Lecture at the British Neuroscience Association (BNA) Annual Conference in Dublin, April 2019
- Invited Lecture Oxford University’s Wolfson College at a workshop on experimental medicine of Treatment Resistant Depression, June 2019
- Invited Keynote Lecture, Royal College of Psychiatrists, Child and Adolescent Psychiatry Annual Conference, Glasgow UK, September 2018
- Invited Keynote Lecture, Scientific Society of Autism Spectrum Disorders (WGAS), Annual Conference, Augsburg, Germany, February 2019
- Grand Rounds (Weller Memorial Lecture), University of Pennsylvania, Philadelphia, June 2017
- Invited Lecture, Laureate Institute, Tulsa, OH, August 2017
- Grand Rounds at Georgetown University, Washington DC, July 2017
- Grand Rounds at George Washington University, Washington DC, October 2016
- Invited Chairing of Session, Biannual Irritability Meeting, University of Vermont, Vermont, October 2017
- Plenary Lecture, Stockholm University, Stockholm, Sweden, September 2016
- Invited Lecture, Oxford University, Oxford, UK, January 2014
- Invited Lecture, University of Vermont, Biannual Irritability Meeting, Vermont, October 2015
- Annual Meeting of the Royal College Lecture, Brighton, UK, September 2015
- Invited Lecture, Child Psychiatry Research Society, UK, July 2015,
- Invited Lecture, Judge Baker Children’s Center, Harvard University, USA February 2111
- Invited Lecture, Harvard Dept Psychology, February 2011

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## Grants

- Title: Surprises as a Mechanism of Improvement in the Psychological Therapy of Anxiety and Depression in Young People  
Position: PI  
Funding Body: Wellcome Trust  
Amount:£3,015,694.19  
Outcome: awarded December 2022
- Title: How does the SSRI fluoxetine work in adolescent depression?  
Position: Co-I and site PI (overall PI Prof Harmer, Oxford)  
Funding Body: Wellcome Trust  
Amount:£2,570,720.00  
Outcome: awarded December 2022
- Title: Understanding the role of tonic and phasic irritability in developmental psychopathology through an ecologically valid multimodal investigation.  
Position: Collaborator Funding Body: Swiss National Science Foundation (grant number is 32003B\_215660) Amount:763,934 CHF Outcome: awarded April 2023
- Title: NIHR/HTA 22/88 Repetitive Transcranial Magnetic Stimulation for depression in adolescents  
Position: Co-I and site PI (overall PI Dr Rogers, Birmingham)  
Funding Body: National Institute of Health Research Amount:£118,139.74 Outcome: not funded
- Title: Amending and Upgrading Guidance for boosting MENTAL health in young people (AUGMENT)  
Position: Co-I and site PI (overall PI Prof Buitelaar Nijmegen)  
Funding Body: European Union, Horizon 2020 Amount:£405,104.33 Outcome: not funded
- Title: 4M: Microbes, Milk, Mental Health and Me; how do early life gut microbiota and feeding shape

long- term mental health in the C-GULL Cohort?

Position: Co-Investigator (5% of my time)

Funding Body: Wellcome Trust

Amount: £6,923,603.00

Dates: awarded FY23 to FY 28

- Title: Respecting Affective Diversity in Adolescence (RADIANCE)  
Position: Principal Investigator  
Funding Body: Medical Research Council  
Amount: £935,00 (not funded)
- Title: Characterization and Treatment of Adolescent Depression (Identifying Number: ZIA MH002957-03)  
Position: Principal Investigator  
Funding Body: National Institutes of Mental Health  
Amount: \$ 12,7 Million Dates: FY18 to FY 22
- Title: Scoping review to systematically map the literature relating to the effects of SSRI treatment in young people aged 14-24 years old with depression and/or anxiety disorders.  
Position: Co-PI  
PI: Professor Catherine Harmer, Oxford University  
Funding Body: Wellcome Trust, UK  
Amount £ 45,000  
Dates: FY 2020 to FY 2021
- Title: Dynamics of mood fluctuations and brain connectivity in adolescent depression  
Position Consultant, Grant number: 2019-175 PI: Dr Mattilde Vaghi Funding Body: Brain & Behavior Research Foundation Amount: \$70,000  
Dates: FY 2020 to FY 2021
- Title: Ketamine for severe adolescent depression: intermediate-term safety and efficacy  
Position: Consultant  
PI: Dr Jennifer Dwyer, Yale University  
Funding Body: Klingenstein Foundation  
Amount: \$60,000  
Dates: 5/15/2019 - 5/14/2021
- Title: Me\_Health\_e: testing the added value of electronic outcome measurement in Child & Adolescent Mental Health Services  
Position: PI  
Funding Body: Guys King's St Thomas's Charity  
Amount: £87,500  
Awarded: March 2016
- Title: Validating the Case Register Interactive Search (CRIS) system for large naturalistic treatment trials in youth: A two-phase study using Attention Deficit Hyperactivity Disorder (ADHD) as a model.  
Position: Co-PI with (Goodman, R., Pickles, A., Simonoff, E)  
Funding Body: Guy's & St Thomas' Charity  
Amount: £ 54,483.86 Dates: 2013 - 2014
- Title: Ketamine's Actions on Rumination Mechanisms as an Antidepressant (KARMA) Position: Co-PI with Drs Mehta and Curran  
Funding Body: University College London and Johnson & Johnson Innovation Awards  
Amount: £180,000  
Awarded: September 2015
- Title: Wellcome Trust Enhancement Award for Brain effects of lurasidone in a double blind, randomized placebo-controlled study.

Position CI  
Funding Body: Wellcome Trust  
Amount: £43,424  
Awarded: March 2014

- Title: A double-blind, randomized, placebo-controlled study of single-dose lurasidone effects on regional cerebral blood flow, emotion- and reward-processing.  
Position CI  
Funding Body: National Institute of Health Research (BRC)  
Amount: £39, 000  
Awarded: December 2013
- Title: Validating the Case Register Interactive Search (CRIS) system for large naturalistic treatment trials in youth: A two-phase study using Attention Deficit Hyperactivity Disorder (ADHD).  
Position: CI  
Funding Body: Biomedical Research Centre  
Amount: £54,483  
Awarded: February 2013
- Title: Arterial Spin Labelling to study mood regulation in youth.  
Position: CI  
Funding Body: Biomedical Research Centre  
Amount: £15,000  
Awarded: December 2012
- Title: Behavioural and Emotional Dimensions in Children, Award ID: 089/0001  
Position: Co-PI (with Professor Marjorie Smith from the Institute of Education leading) Funding Body: Department of Health  
Amount: £437,194.97  
Awarded: 2011
- Title: The developmental psychopathology of irritable mood and its links to depression: genetic and environmental risks, neuropsychological mechanisms, and hormonal influences, Project code: 093909  
Position: CI Funding Body: Wellcome Trust, Intermediate Clinical Fellowship  
Amount: £439,243  
Awarded: April 2011

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## **Mentorship and Teaching**

### **Mentorship Awards**

I have received two prizes for my mentorship at NIH, namely the - 2019 NIH Director's Award "for exemplary performance and significant leadership, skill and ability in serving as a mentor." - 2018 Outstanding Mentor Award by the National Institutes of Mental Health

### **Fulbright Fellow**

- Dr Neny Pervanidou, Associate Professor of Developmental Pediatrics spent six months in our Unit after being awarded this prestigious fellowship. This has laid the foundations for an ongoing collaboration.

### **Post-doctoral fellows**

- Dr Lorena Fernandez de la Cruz, currently Associate Professor and Principal Investigator at Karolinska Institutet
- Dr Narun Pornpattatanangkul, currently Faculty at Ottago University
- Dr Georgia O' Callaghan, currently Senior Principal Analyst at Gartner



- Dr Hanna Keren, Associate Professor with Bar Ilan University at Israel
- Dr Dipta Saha, currently post-doc at NIH
- Dr Song Qi, currently post-doc at NIH
- Dr Lucrezia Liuzzi, moved on to be Staff Scientist at NIH
- Dr Xavier Benarous, moved on to be Associate Professor at Sorbonne, Paris, France
- Dr Laia Villalta, moved on to be Consultant Psychiatrist in Madrid
- Dr Pedro Pan, moved on to be Researcher at Sao Paulo University, Brazil.
- Dr Isobel Ridler, UCL ongoing
- Dr Marjan Biria, UCL ongoing
- Dr Madeleine Payne, UCL ongoing

### **PhD Students**

- Ms Miranda Copps, September 2023 (1st Supervisor) - Current
- Ms Elena Bagdades, starting September 2024, (1st Supervisor)
- Ms Jessica Norman, starting September 2024, (1st Supervisor)
- Mr Jakub Onysk, September 2022 (2nd Supervisor) - Current
- Dr Hestia Moningka, September 2022 (2nd Supervisor) - Current
- Mr Jiazhou Chen, August 2020 (initially first then second supervisor) - Current
- Ms Marie Zelenina, August 2020 (initially first then second supervisor) - Current
- Dr Nina Mikita: PhD awarded “without corrections” June 2016
- Dr Selina Wolke: PhD awarded “without corrections” May 2018
- Dr Pablo Vidal-Ribas: PhD awarded “without corrections” March 2019 Awarded one of the 2019 Outstanding PhD Thesis Prizes from King’s College London.

**Doctoral Students** I currently supervise two Psychology Doctoral Students

**MSc Students** I supervise students for the UCL Child and Adolescent Mental Health course

I have mentored between 2009-2015 nine MSc students for the course in Child and Adolescent Psychiatry at King’s College London. Many of them won distinctions, such as Dr Sumudu Ferdinando who came first in her cohort for that year with top marks for her dissertation.

### **Other post-graduate Students**

I have mentored between 2016 to Present more than 10 Intramural Research Technical Assistants (IRTAs) in the intramural programme of the NIMH. Each one of them has ended up pursuing their career of interest with several of them joining prestigious courses in medicine in the US (e.g. Ms Lisa Gorham, Washington University at St Louis), Clinical Psychology or Psychology courses (e.g. Mr Chris Camp, Yale University).

### **Undergraduate Students**

I supervise students for the Psychology BSc and am mentor to another two students

## **Taught Courses and other Supervision**

- Lecturer for the UCL Child and Adolescent Mental Health MSc course
  - Lecturer for the UCL Child and Adolescent Mental Health Module of MSc Psychiatry course
  - Exam marker at UCL's Depression and Anxiety MSc module
  - Dissertation Supervisor at UCL's Child and Adolescent Mental Health MSc
  - Academic Training Director for Trainees in Child Psychiatry. I had volunteered to be the Academic Director of the Maudsley Hospital's Child Psychiatry Training Scheme. In this position I was responsible for the content and process of trainees' academic learning. This included organizing speaker series, modifying training content, assessing competencies of trainees in relation to the expected curriculum and devising innovative ways to improve teaching. 2010 - 2016
  - Member of the Institute of Psychiatry, Psychology and Neuroscience (IoPPN) PhD Committee representing the Department of Child and Adolescent Psychiatry, 2012- 2016
  - Supervisor of SpRs/ST4s at the Maudsley Hospital Rotation Scheme, (2010-2016) at the Maudsley National and Specialist Mood Disorder Service
  - Taught regularly at the Maudsley Hospital's Child Psychiatry Training Scheme on the topics of Depression and Bipolar Disorder (2010 - 2016)
  - Taught regularly at the (Social Genetic and Developmental Psychiatry MSc) at King's College London, (2012-2016)
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## **Voluntary contributions to the Scientific Community**

- See Journal Editorships above
- Member of the Senior Investigator and Tenure Track Investigator NIMH Search Committee for the recruitment of new PIs to NIH.
- Soon after my arrival at NIMH, I organized a Workshop about suicide recognition and prevention with four invited speakers from within the NIMH and elsewhere. It was attended physically by over 260 registered participants and we received good feedback from attendees (many of whom were practitioners).
- Organization of Faculty Retreats. I have been an active member of the NIH Faculty Retreat Committee and has so far given talks at three out of the four faculty retreats that have happened since my arrival at NIMH.
- Securing of competitive funds for Academic Clinical Fellow positions in the NHS. I have secured competitive funding for these academic posts of junior doctors for my Department in the UK for three consecutive years, since I took over this responsibility as Academic Programme Director in 2013: 2014-2015, 2015-2016 and 2016-2017.
- Representative of the Department at the Equality and Diversity Committee of my Institution. I was part of the original "Athena SWAN" team that assessed the situation in relation to women's academic positions at our institution (King's College London) and the need to improve it. I was part of the team that devised and analyzed results of an employee survey on this matter and communicated it to individuals. I also represented my Department at such meetings. Our team's efforts were recognized by the Government and our Institution was awarded a Bronze Medal for championing the role of women in STEM.
- Refereeing for Journals. I am acting as referee or ad hoc editor for a broad range of journals including: JAACAP, JCPP, JAMA Psychiatry, Am J Psychiatry, Biol Psychiatry, ECAP, eLife. I referee about 2-3 papers per week.

- Refereeing for Funding bodies. I am acting as referee for several funding organization including: Wellcome Trust, MRC(UK), MRC(Australia), Israeli Science Foundation.
- Examiner for PhDs in other Universities, such as the following: Oxford University PhD in Psychology, Neuroimaging and Pharmacology; Cambridge University PhD in Psychology and Neuroimaging; Cardiff University, PhD in Psychology and Epidemiology; Lisbon University, PhD in Computational Psychiatry; Sheffield University, PhD in Developmental Psychology, Örebro University, Sweden.

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## Response to the Coronavirus Pandemic (COVID-19)

My team and I have been at the forefront of the response to the potential mental health consequences of the pandemic in the following ways.

- Development of Resources for the measurement and tracking of pandemic-related psychological problems: I am on of the three people who developed the CRISIS initiative (Coronavirus Health Impact Survey, <http://www.crisissurvey.org>), the other two being Drs Merikangas (NIMH) and Dr Milham (Child Mind Institute). This is a tool for parents, children and adults to track phenomenal related to the pandemic. It has been translated into several languages including Mandarin Chinese, Greek, Japanese, Italian, French, German and Portuguese. It is used by more then 15 teams worldwide.
- Help with translation of questionnaires in different languages: I have organized most translations of the CRISIS tool, including the back-translations and attempts at swift quality assurance. I have myself helped with the translations into German and Greek.
- Participation in international grants and projects: I have helped more than 5 teams by consulting on their projects and grants internationally, including in the USA, Australia, New Zealand, Greece, and the UK. These will be listed in the grants section depending on the outcome of the proposals.
- Collection of longitudinal data within our own team: Ours was the first protocol to be amended at NIMH in order to collect data related to COVID distress. We are collecting longitudinal data (we have already completed 3 waves of data collection) and are expected to collect several more which we will be using in conjunction with our longitudinal data.

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## Other activities

- Sports: I row competitively on Concept 2 and in 2021 I ranked worldwide for the 40-49 age range in the 97th percentile in 2000m (6:36.8), 97th percentile in 5000 m (17:49.3), and 91st percentile in the half marathon (1:21:40.1). In the 2023 season, I raced 5000 m 17:56.8.
- Philosophy: I am working on the relevance of the work of Panajotis Kondylis, particularly his Macht und Entscheidung, to emotion theory, as well as issues related to the conceptual history of mood inspired from Reinhart Koselleck's work on Begriffsgeschichte. Some of these results I presented at my keynote at the European Child and Adolescent Psychiatry Conference this year.

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## Publications in Monographs

**Stringaris A & Taylor E** (2015). Disruptive Mood: Irritability in Children and Adolescents. New York: Oxford University Press.

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Thapar A, Pine D, **Stringaris A**, Ford T, Cresswell C, Cortese S, Leckman J (in preparation) Rutter's Textbook of Child Psychiatry and Psychology, Oxford, UK: Wiley Blackwell

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**Stringaris A** (2024) Use of Structured Interviews, Rating Scales and Observational Methods in Clinical Settings. In Thapar A, Pine D, **Stringaris A**, Ford T, Cresswell C, Cortese S, Leckman J (in preparation) Rutter's Textbook of Child Psychiatry and Psychology, Oxford, UK: Wiley Blackwell

**Stringaris A** (2024) Emotion and Emotional Disorders: A Primer for Clinicians and Neuroscientists. In Thapar A, Pine D, **Stringaris A**, Ford T, Cresswell C, Cortese S, Leckman J (in preparation) Rutter's Textbook of Child Psychiatry and Psychology, Oxford, UK: Wiley Blackwell

Prabhakar J, Nielson DM, **Stringaris** (2022) Origins of Anhedonia in Childhood and Adolescence, In Pizzagali D (Ed) Current Topics in Behavioural Neuroscience. Springer

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Mulraney M, **Stringaris A**, Taylor A (2018). Irritability, disruptive mood and ADHD. In Oxford Textbook of Attention Deficit Hyperactivity Disorder. Ed. Banaschewski T, Coghill D, Zuddas A. Oxford University Press

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**Stringaris AK**, Asherson P (2008). Molecular Genetics in Child Psychiatry in Advances in Biological Child Psychiatry, Eds. Rohde LA, Banaschewski, T. Basel: Karger Publishing.

Giora R, **Stringaris AK** (2008). Neural Substrates of Metaphors in The Cambridge Encyclopedia of the Language Sciences (CELS), Ed. Hogan PC. New York: Cambridge University Press.

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### Journal Publications

1. Lett TA, Vaidya N, Jia T, Polemiti E, Banaschewski T, Bokde ALW, Flor H, Grigis A, Garavan H, Gowland P, Heinz A, Brüh R, Martinot JL, Martinot MP, Artiges E, Nees F, Orfanos DP, Lemaitre H, Paus T, Poustka L, **Stringaris A**, Waller L, Zhang Z, Robinson L, Winterer J, Zhang Y, King S, Smolka MN, Whelan R, Schmidt U, Sinclair J, Walter H, Feng J, Robbins TW, Desrivieres S, Marquand A, Schumann G; IMAGEN Consortium; environMENTAL Consortium. (2024) A framework for a brain-derived nosology of psychiatric disorders *medRxiv* PMID:38766134
2. Krebs G, Rautio D, Fernández de la Cruz L, Hartmann AS, Jassi A, Martin A, **Stringaris A**, Mataix-Cols D. (2024) Practitioner Review: Assessment and treatment of body dysmorphic disorder in young people *J Child Psychol Psychiatry* PMID:38719455
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