

1-MONTH STUDY GUIDE



A COMPREHENSIVE 1 MONTH GUIDE TO
IMPROVE YOUR SCORE ON THE SAT.

Acely

1-Month SAT Study Guide

Acely

Day 1: Diagnostic Test

- Take a full-length, timed SAT practice test to assess your baseline score and identify strengths and weaknesses
 - Resource: Acely Diagnostic Test

Day 2: Analyze Results and Set Goals

- Review your diagnostic test results and set specific, measurable goals based on your strengths and weaknesses. Example: Improve math score by 50 points and English score by 30 points in three weeks.
 - Math: Identify your key areas of difficulty and start reviewing the topics by using Khan Academy.
 - Reading/Writing: Identify key areas of difficulty and start reviewing the topics by using Khan Academy.

Day 3: Review Day

- Review both your strongest and weakest areas (allocate more time towards weak areas). This could either be through using Khan Academy for concept review or through doing practice questions.

Day 4: Study Plan

- Follow your Acely study plan and complete some of the week 1 practice questions.

Day 5: Study Plan

- Follow your Acely study plan and complete some of the rest of the week 1 practice questions. If you have time left over, use it to begin reviewing using the “Practice Your Mistakes” feature.

Day 6: Review all Your Mistakes/Check-In Day

- Review all of your mistakes using the “Practice Your Mistakes” feature and ensure you truly understand all of the questions you missed. If you are still struggling, use the similar questions feature to solidify understanding.
 - Make sure you are all caught up with the week’s assignments and your goals.

Day 7: Day Off!

Day 8: Diagnostic Test

- Take a full-length, timed SAT practice test.
 - Resource: Bluebook Diagnostic Test.

Day 9: Review Day

- Review both your weakest areas. This could either be through using Khan Academy for concept review or through doing practice questions.

Day 10: Study Plan

- Follow your Acely study plan and complete some of the week 1 practice questions.

Day 11: Study Plan

- Follow your Acely study plan and complete some of the rest of the week 1 practice questions. If you have time left over, use it to begin reviewing using the “Practice Your Mistakes” feature.

Day 12: Review all Your Mistakes/Check-In Day

- Review all of your mistakes using the “Practice Your Mistakes” feature and ensure you truly understand all of the questions you missed. If you are still struggling, use the similar questions feature to solidify understanding.
- Make sure you are all caught up with the week’s assignments and your goals.

Day 13: Self-Paced Day

- Use today to do whatever you would like to. Whether it’s doing timed drills, concept review, reading through Acely’s free resources, or watching SAT tip youtube videos, do something that you would find productive.

Day 14: Day Off!

Day 15: Diagnostic Test

- Take a full-length, timed SAT practice test.
 - Resource: Acely Diagnostic Test.

Day 16: Review Day

- Review your strongest areas. This could either be through using Khan Academy for concept review or through doing practice questions.

Day 17: Study Plan

- Follow your Acely study plan and complete some of the week 3 practice questions.

Day 18: Study Plan

- Follow your Acely study plan and complete the rest of the week 3 practice questions. If you have time left over, use it to begin reviewing using the “Practice Your Mistakes” feature.

Day 19: Review all Your Mistakes/Check-In Day

- Review all of your mistakes using the “Practice Your Mistakes” feature and ensure you truly understand all of the questions you missed. If you are still struggling, use the similar questions feature to solidify understanding.
- Make sure you are all caught up with the week’s assignments and your goals.

Day 20: Practice Hard Questions

- Complete math and Reading & Writing Acely practice questions on “hard” mode to get experience with some of the harder SAT questions

Day 21: Day off!

Day 22: Full-Length Bluebook Practice Test

- Action: Take a full-length, timed SAT practice test to assess your score and identify strengths and weaknesses. Focus on identifying patterns in your performance.
 - Resource: Bluebook Test

Day 23: Review Test-Taking Strategies and Techniques

- Refine your test-taking strategies and review common pitfalls. Focus on key areas like time management, silly mistakes, and misreading the question.
 - Resources: Acely’s free resources and other helpful guides like YouTube videos

Day 24: Study Plan

- Follow your Acely study plan and complete some of the week 4 practice questions.

Day 25: Study Plan

- Follow your Acely study plan and complete the rest of the week 4 practice questions. If you have time left over, use it to begin reviewing using the “Practice Your Mistakes”

Day 26: Review all Your Mistakes/Check-In Day

- Review all of your mistakes using the “Practice Your Mistakes” feature and ensure you truly understand all of the questions you missed. If you are still struggling, use the similar questions feature to solidify understanding.

Day 27: Math Focus – Final Review of Key Concepts

- Review your key weak areas in Math one last time. If you feel ready, just do some light review in any area.
- Complete a set of mixed Acely math problems, revisiting your weakest concepts.

Day 28: English Focus – Final Review of Key Concepts

- Review your key weak areas in English one last time. If you feel ready, just do some light review in any area.
- Complete a set of mixed Acely English problems, revisiting your weakest concepts.

Day 29: Take a day off or complete another brief review session

Day 30: Take a day off, gather all needed materials, and get plenty of sleep!

- Prepare your test-day materials (ID, ticket, calculator, snacks).
- Take a break, eat a healthy dinner, relax, and get a good night’s sleep!