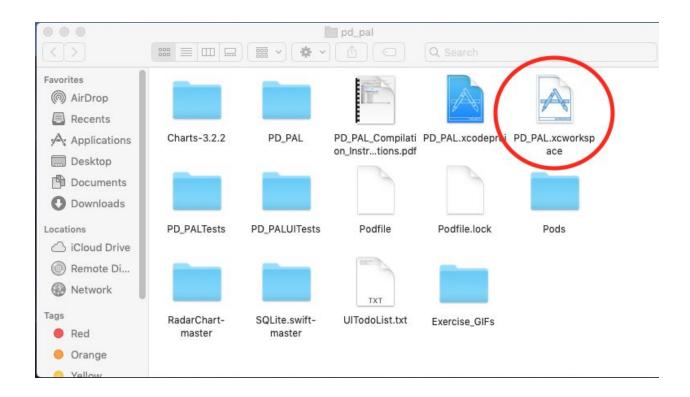
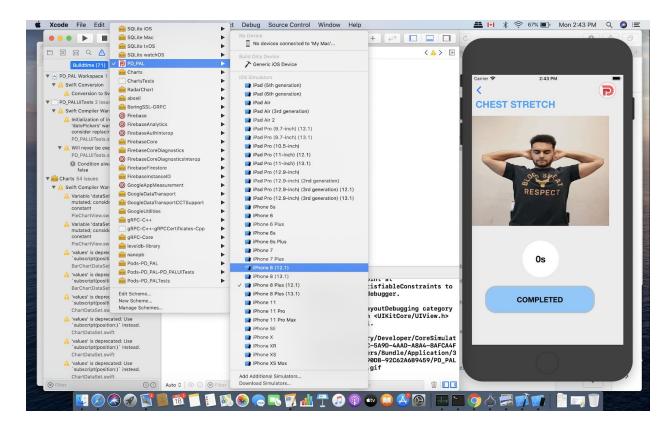
Instructions for Compilation of PD_PAL Application:

- 1. Open XCode Application
- 2. In the task bar, select *File > Open* and select the PD_PAL.xcworkspace application folder located in the root of the .zip file

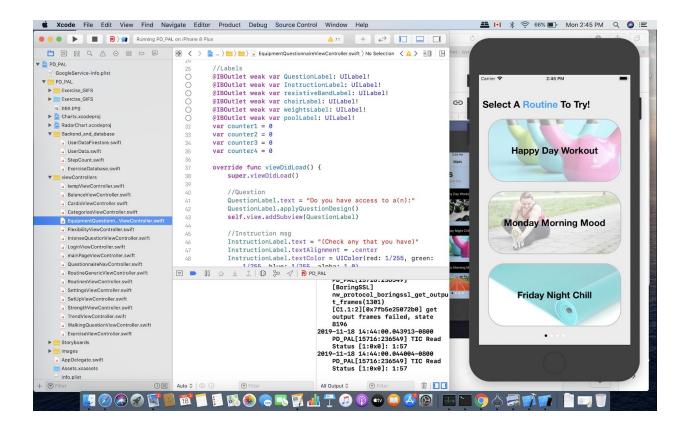


*****Note: This is very important!! You must open the "PD_PAL.xcworkspace" application folder and not the "PD_PAL.xcodeproj" application folder!*****

3. Make sure that the target scheme is PD_PAL and the target simulator is "iPhone 8 running iOS 12.1"

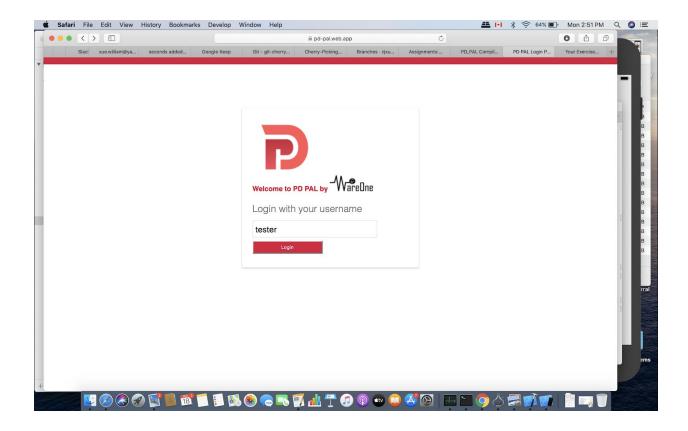


4. You can now build and run the current scheme with the play button.

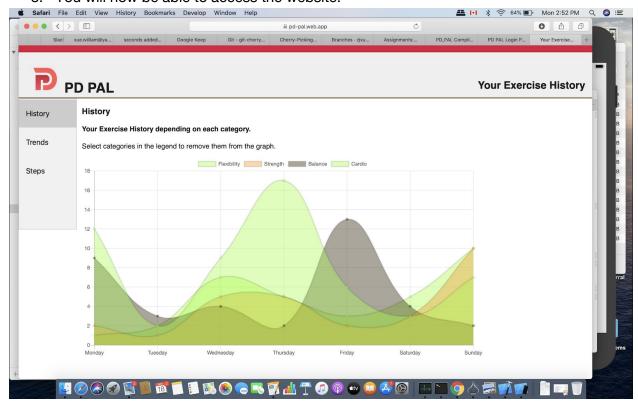


Instructions for Accessing PD_PAL Website:

- 1. Open your web browser and navigate to the URL: https://pd-pal.web.app
- 2. When prompted for Login, enter the username that you have selected for our application.



3. You will now be able to access the website.





The data on our website corresponds to the exercise data that is logged on your phone. However, make sure that "Allow Pushing My Data to Cloud" is enabled in your settings page!