

The iOS Emergency Information Tutorial

The iOS Emergency Information Tutorial will teach you the following:

- Part 1: Understanding the Medical ID
 - Part 2: Accessing the Medical ID From the Settings
 - Part 3: Adding to and Editing the Medical ID's Information
 - Part 4: Accessing the Medical ID From the Lock Screen
-

Part 1: Understanding the Medical ID

Apple created Medical ID as a way for emergency responders to know medical information about you using your smartphone. This is particularly helpful if you are unable to communicate during a medical emergency. Medical ID can display your name, your primary language, your chosen emergency contacts, and information regarding your physical health, such as medical conditions, medications, and blood type.

Having your Medical ID set up can provide some peace of mind for you and your loved ones in the event of a medical emergency.

Part 2: Accessing the Medical ID From the Settings

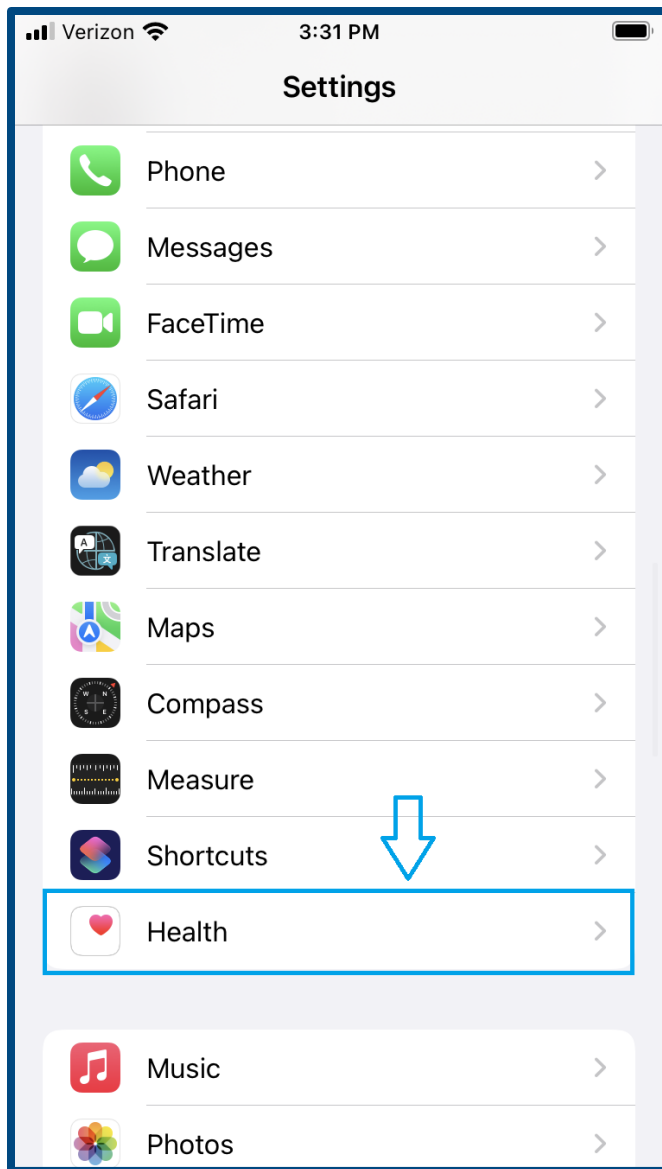
Medical ID is not automatically set up on your phone, so you will have to set it up yourself.

To view your Medical ID, first locate and tap the Settings icon to open your phone's settings. The Settings icon looks like a gear and it has the name "Settings" below the icon.



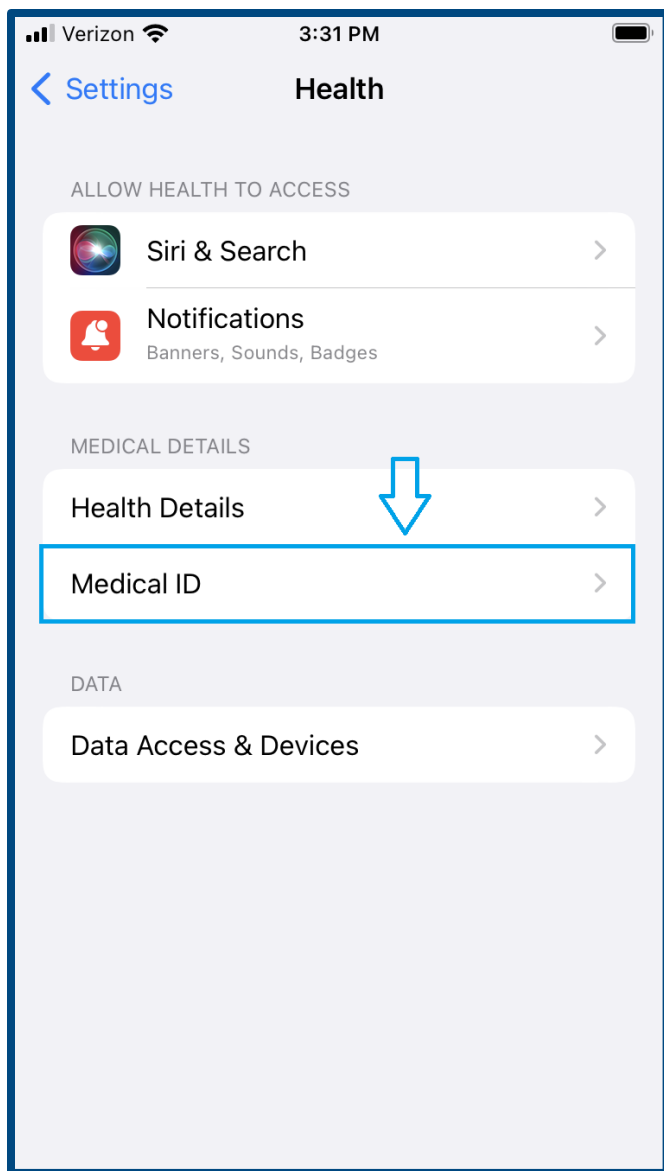
The Settings icon and name.

Once the Settings is open, scroll down until you see the "Health" option and then tap it. The "Health" option has an icon of a white square with a pink heart in the corner.



Scroll down on the Settings screen until you see the “Health” option and then tap it.

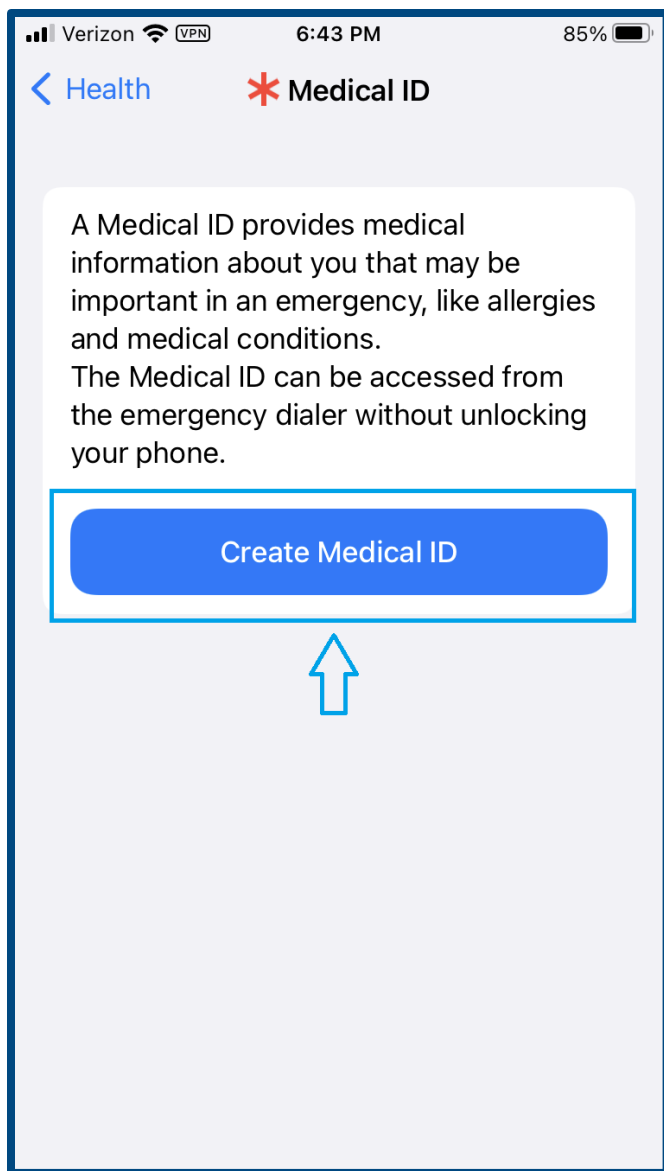
On the Health screen, tap the “Medical ID” option under the section called “Medical Details.”



On the Health screen, tap the “Medical ID” option under the section called “Medical Details.”

You should now be on the Medical ID screen. This is where you can input your personal information to any of the fields you want to.

If you already have the Medical ID setup and are returning to add or edit the information, you will see a screen that shows all of your information. However, if this is your first time setting up the Medical ID, you will be shown information about what the Medical ID is used for and the option to create your Medical ID. Tap the blue “Create Medical ID” button.



Tap the blue “Create Medical ID” button to start creating your Medical ID.

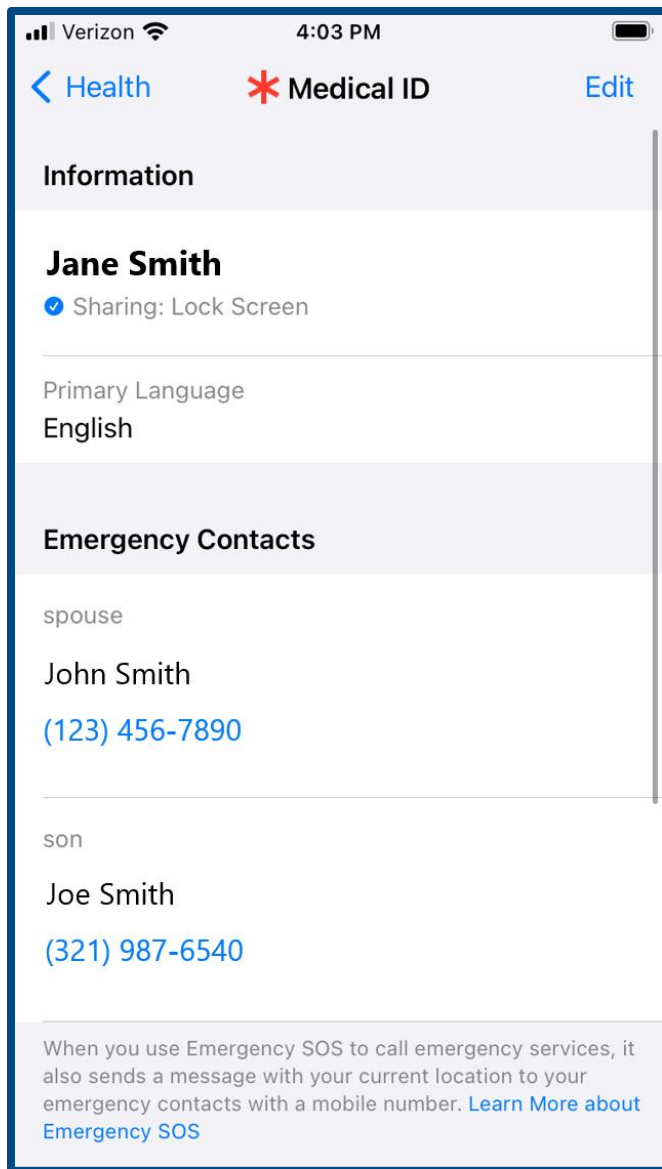
Once the blue “Create Medical ID” button is tapped, you will be presented with a few screens to input your information and to confirm the creation of the Medical ID. For the purpose of this tutorial, we will just initialize the Medical ID without adding any extra information for now. Tap the “Next” button at the top right corner of the screen. You will then be given a preview of your information. Tap the “Done” button at the top right corner. (Should you want to go back, tap the “Cancel” or “Back” buttons in the top left corner.) Once you tap the “Done” button, the Medical ID screen will display all your information. Do note that there may be many empty fields for now.

Now that your Medical ID has been initialized, we can look at in more detail what each section means.

In the “Information” section, you can put your full name, your primary language, and any preferred medical information, such as blood type, medical conditions, and medications. In the following screenshot, the user opted to just include their name (“Jane Smith”) and primary language (“English”) when initializing the Medical ID.

The next section is the “Emergency Contacts” section, where you can add people from your Contacts List to be your preferred contacts in the case of an emergency. You can specify your relationship to each emergency contact as well. In the following screenshot, the user added in their spouse “John Smith” and their son “Joe Smith” as emergency contacts, with their phone numbers listed below their names, when initializing the Medical ID.

Note that you may not have this information listed in your Medical ID. The following section, “Part 3: Adding to and Editing the Medical ID’s Information,” will explain how to add this information to your Medical ID.



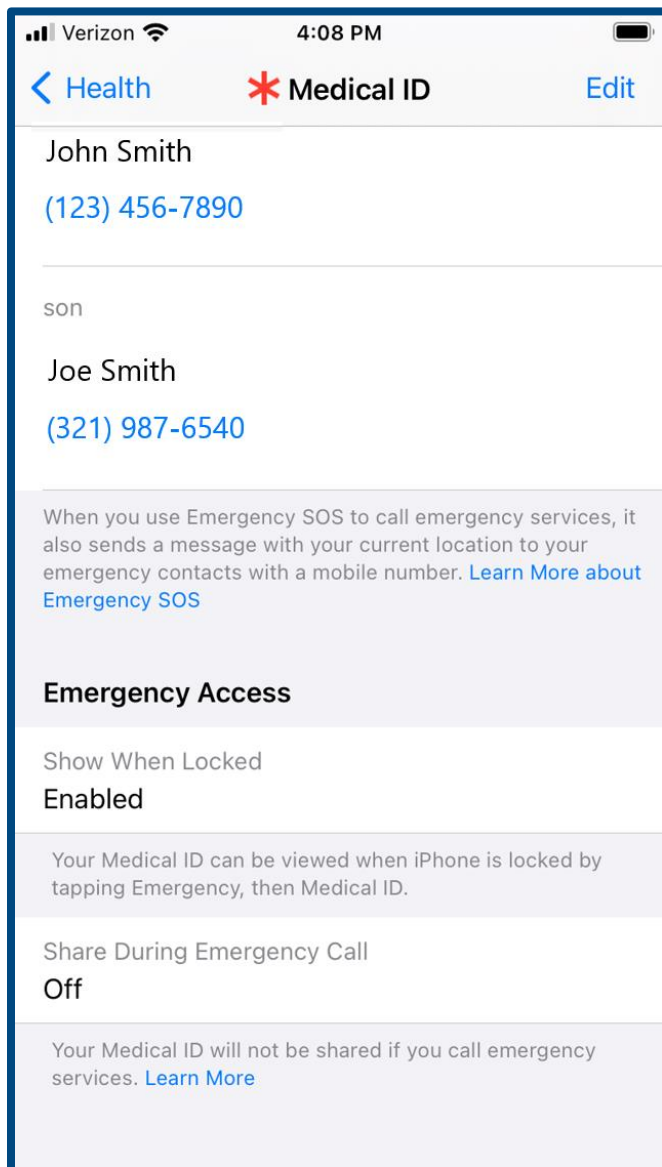
The Medical ID screen. All the information you add will be displayed here. The user had added their full name, primary language, and two emergency contacts when initializing the Medical ID.

Finally, in the “Emergency Access” section, there are two important options that you can turn on or off.

The first option is to allow your Medical ID to be viewed when your phone is locked. This option must be turned on if you want emergency responders to be able to view your medical information without needing you to log in to your phone. Please note that anyone who views

your Medical ID through the lock screen will not be able to edit your information. Only someone who is logged in to the phone, such as yourself, can change this information.

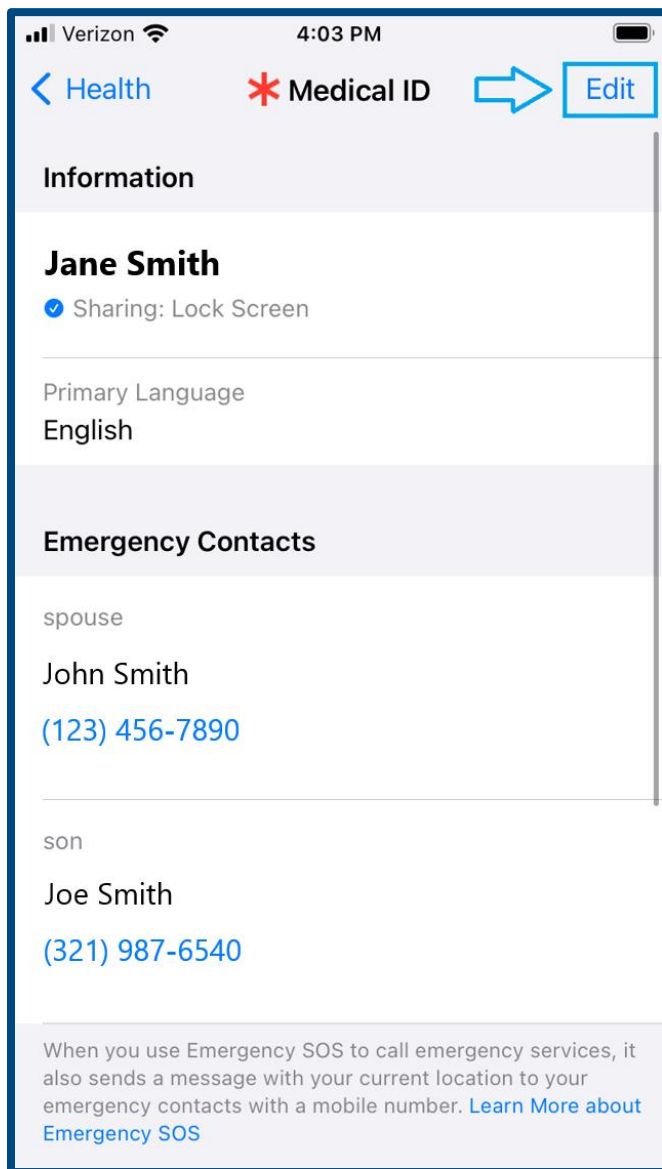
The second option is to share your Medical ID if you call emergency services, such as 911. If you would rather not have your Medical ID shared when calling emergency services, you can turn this option off.



The Medical ID screen continued. The “Emergency Access” section allows you to decide if you want your Medical ID visible on the lock screen and to be shared during an emergency call.

Part 3: Adding to and Editing the Medical ID's Information

To add to or edit the Medical ID's information, tap the "Edit" button at the top right corner. You should now see each field that you can add or change to fit your preference.



Tap the "Edit" button in the top right corner to edit your Medical ID's information.

To add or edit a text field like "Medical Conditions" or "Medications," tap the option's blue text. Your keyboard should then pop up and you will be able to type your information in the field.

To add to or edit the Medical ID's text information, tap the options' blue text.

To add or edit non-text fields like "Blood Type" or "Weight," tap the option's button. If you have not added information for these options, the "+" button will be green. If you have already added information for these options, the "+" button will turn into a red "-" button and will display your information next to the button.

To add information to the field, tap the green "+" button and a scroll field of predefined options will appear to you. Tap the option you want for this field. To remove your input for this field,

tap the red “-” button and then a red “Delete” button will appear on the right side of the option. Tap the “Delete” button to confirm your deletion. Now the button should turn into a green “+” button again.

The “Emergency Contacts” section also has the green “+” buttons as described above, but the process has a few more steps. When you tap the green “+” button, your Contacts list will pop up. Tap a person you want to add as an emergency contact and select their relationship to you. This person will then be added as an emergency contact.

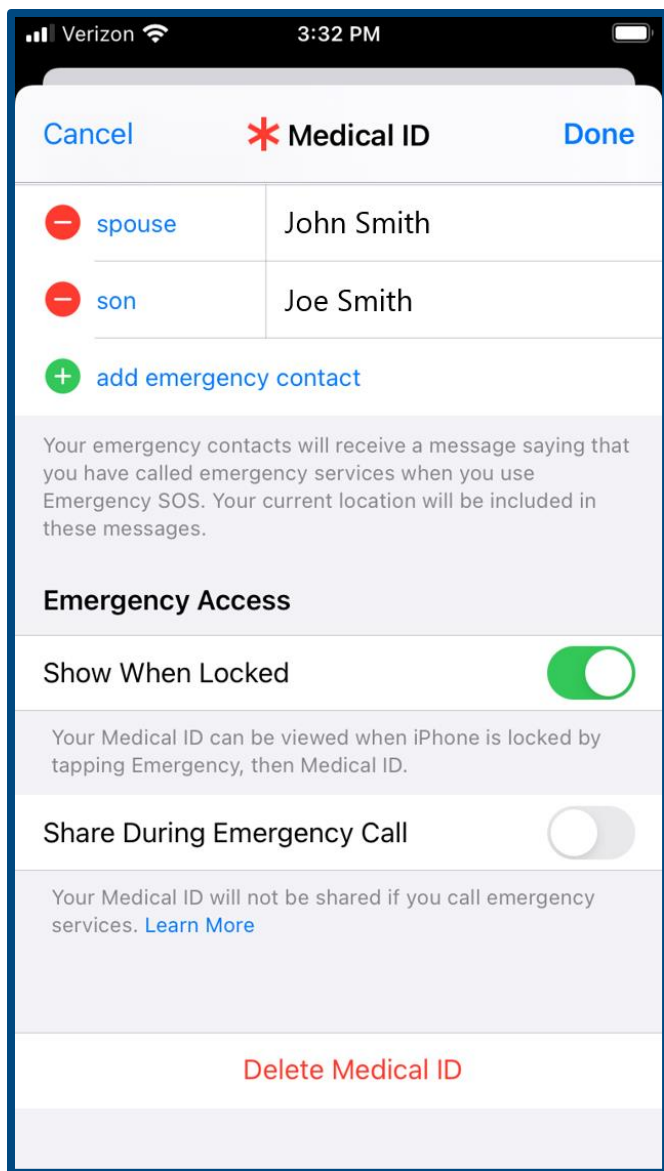
The screenshot shows the iPhone Medical ID interface. At the top, there's a status bar with "Verizon", signal strength, Wi-Fi, and the time "3:32 PM". Below that is a header with "Cancel", a red asterisk icon, "Medical ID", and "Done". The main content area has several sections: "add blood type", "add organ donor", "add weight", and "add height", each with a green "+" button. Below these is "Primary Language" with a red "-" button and the text "English". The "Emergency Contacts" section lists "spouse" (John Smith) and "son" (Joe Smith), both with red "-" buttons, and an "add emergency contact" option with a green "+" button. At the bottom, there's a note about emergency contacts receiving messages and a section for "Emergency Access".

Medical ID	
+	add blood type
+	add organ donor
+	add weight
+	add height
-	Primary Language English
Emergency Contacts	
-	spouse John Smith
-	son Joe Smith
+	add emergency contact
Your emergency contacts will receive a message saying that you have called emergency services when you use Emergency SOS. Your current location will be included in these messages.	
Emergency Access	

To add to or edit the Medical ID's non-text information, tap the options' green "+" or red "-" buttons.

For the toggle options under the "Emergency Access" section, tap the toggle to turn it on or off. An option that is turned on will have a green toggle, while an option that is turned off will have a gray toggle. As mentioned previously in this tutorial, if you want your Medical ID to be easily accessed from your phone's lock screen by emergency responders, you must turn the "Show when locked" toggle option on.

You also have the option at the very end to delete your Medical ID. Please be sure that you want to delete your Medical ID before tapping this button. If you tap this button, your Medical ID will be deleted and you will be shown the screen from the beginning of the tutorial to create a new Medical ID.



To edit the Medical ID's "Emergency Access" information, tap the toggle buttons to turn them on or off.

Once you are satisfied with your changes, tap the "Done" button at the top right corner. If you want to back out without saving your changes, tap the "Cancel" button at the top left corner.

Verizon 3:32 PM

Cancel ← * Medical ID → Done

Information

[add photo](#) Jane Smith

+ add date of birth

[Medical Conditions](#)
None listed

[Medical Notes](#)
None listed

[Allergies & Reactions](#)
None listed

[Medications](#)
None listed

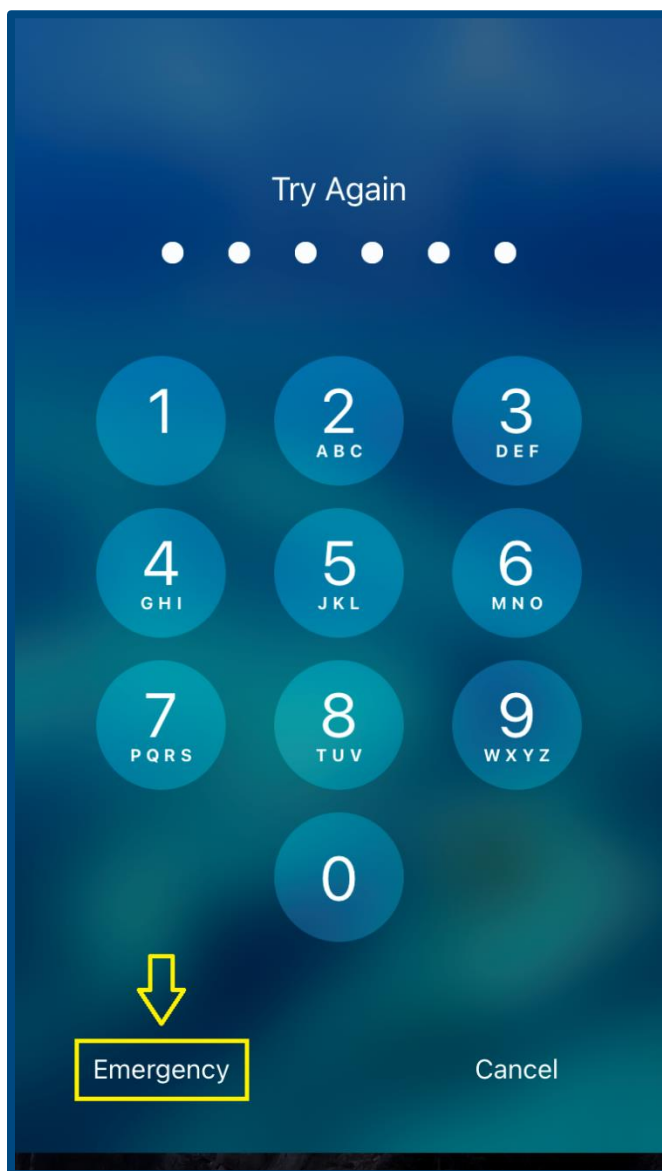
+ add blood type

If you want to save your changes, tap the “Done” button at the top right corner. If you do not want to save your changes, tap the “Cancel” button at the top left corner.

Part 4: Accessing the Medical ID From the Lock Screen

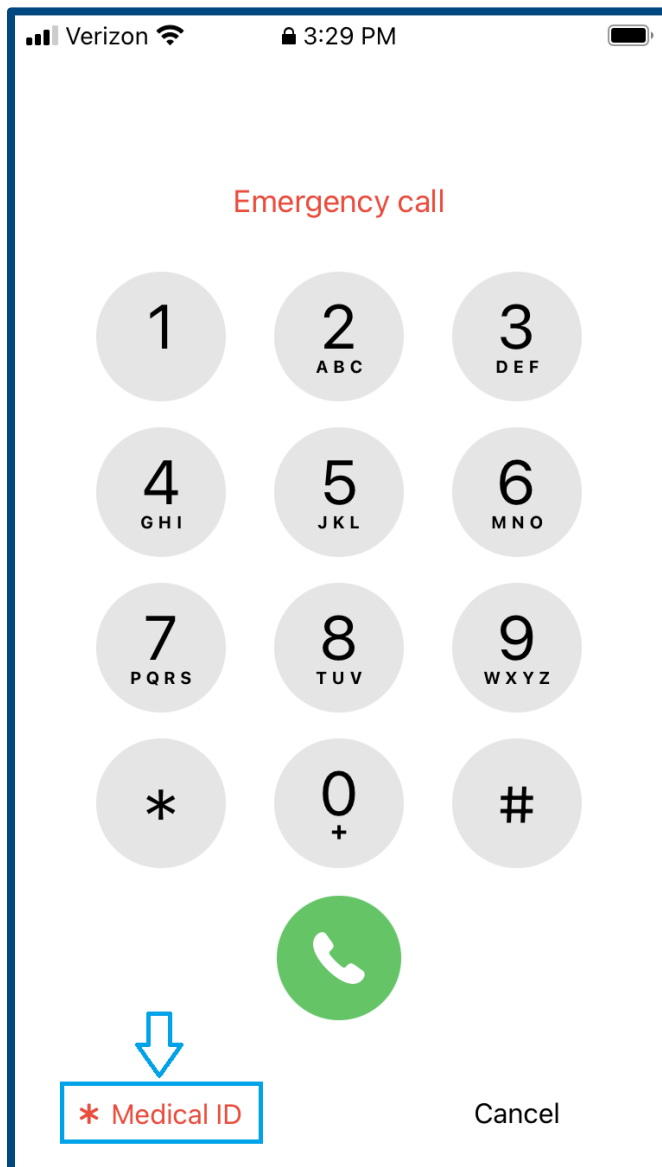
If you turned on the toggle option to allow your Medical ID to be viewed when your phone is locked, you should now be able to view your Medical ID from your phone's lock screen.

First turn your phone off and then back on again. On the passcode screen, tap the “Emergency” button at the bottom left corner.



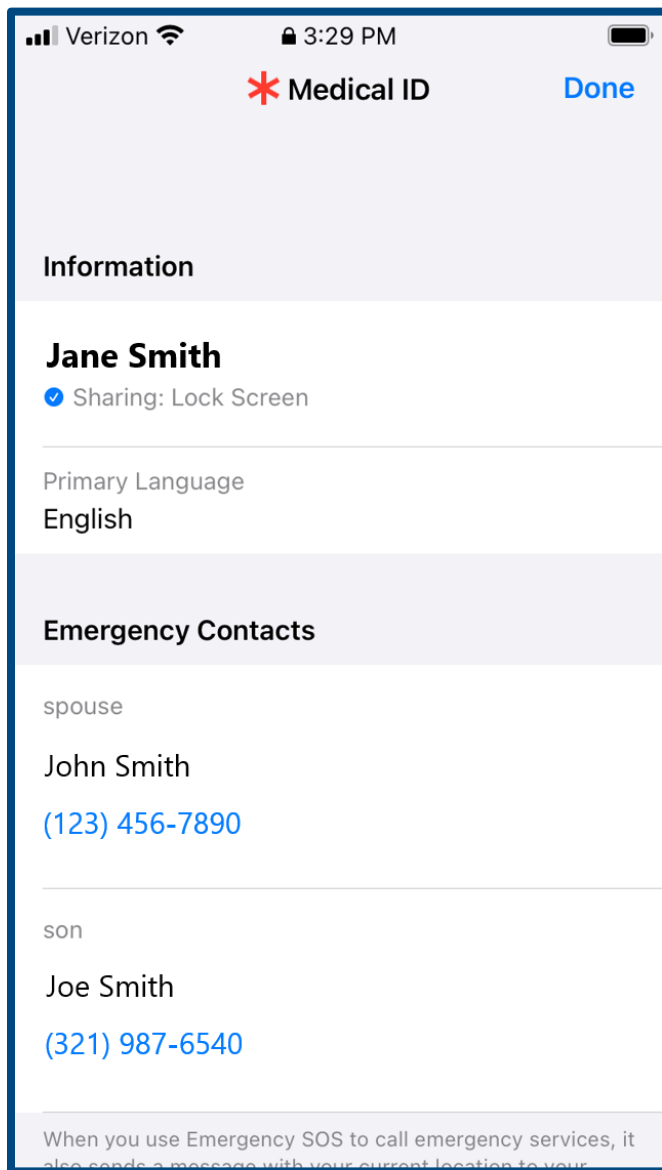
To view your Medical ID, first tap the “Emergency” button at the bottom left corner on your phone’s lock screen.

You should now see a screen with a phone dialer. This allows for easy access to call emergency services like 911 without logging in to your phone. At the bottom left corner of this screen is a button that says “Medical ID.” Tap this button to be navigated to your Medical ID information.



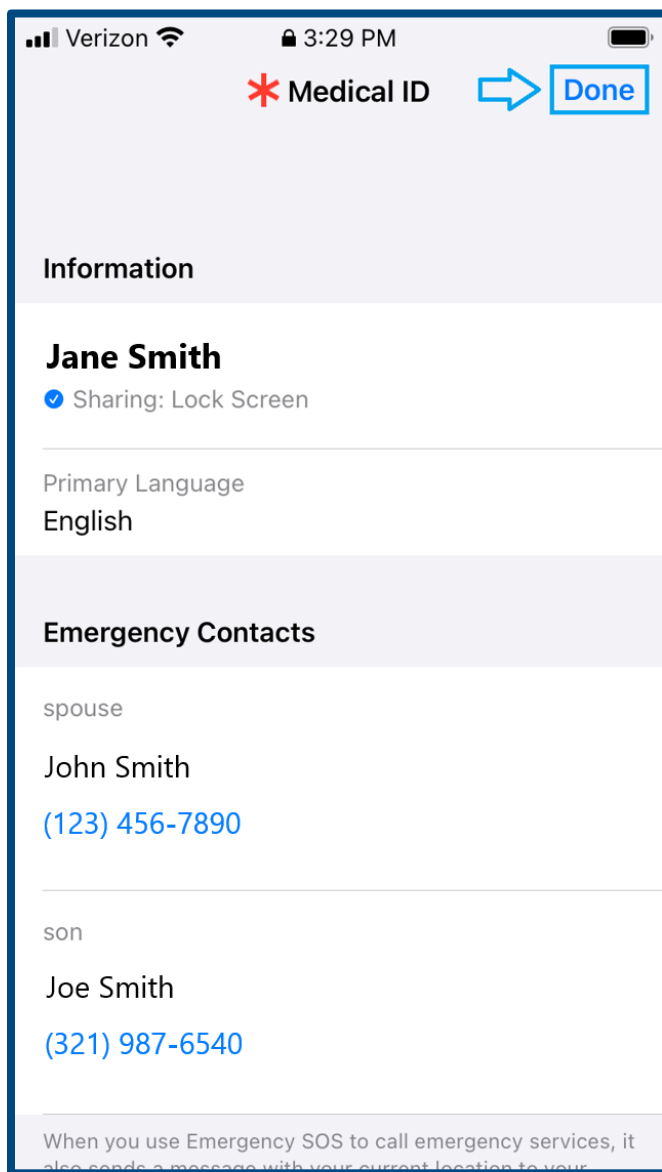
Next, tap the “Medical ID” button at the bottom left corner.

You should now be on a screen that displays your Medical ID information. The information you see on this screen will be the same information emergency services would see if they navigated to this screen. If you feel you need to make some changes to the information being displayed here, follow the steps in the previous sections to edit your Medical ID information in your phone's settings.



Now you are able to see your Medical ID. This is what emergency services would see as well.

To close this screen, tap the “Done” button, and you will be redirected to the previous screen (the emergency phone dialer screen).



Tap the “Done” button at the top right corner to navigate back to the previous screen.

You have reached the end of the iOS Emergency Information Tutorial.