A person holds a yogamat in The person is transferring the small table A person is gripping a A person is sitting on the chair. front of him. boxlarge at the front. by pushing and pulling it on the ground. An individual has a firm hold on the A person is using force to move the chair Someone is holding a long box Someone is perching on a stool. toolbox from the front with two hands. with his left hand. by pushing and pulling it on the ground.