- 1. Give an example of your choice, on a successful project that you worked on with a team. What was your role in the team? Additionally, what made the project successful in your view?
 - I worked on a science project in high school called beta plastic.
 - I was in charge of developing the prototype for the project.
 - The project was crowned the title of most innovative science project in mvita sub-county.
 - The role I played was to come up with the prototype. This brought an element of proof to the project since the judges were able to physically examine the prototype and thus gave us the good reviews.
- 2. What actions and support, in your experience, make a team function successfully?
 - The major action that led to the outcome was the division of roles among the team. We were a team of two and thus i was involved in the prototype while my partner was involved in the project writeup.
 - In terms of the 4D team build, we were diverse since my skill set
 was on the physical aspects while his was on the scientific
 explanations and presentation of the project. We were also
 dispersed since most of my work was done at home while he was a
 boarder and thus had access to school facilities. In terms of the
 digital aspects,
- 3. Can you share an example of a situation in this team or any other team, in which teamwork enhanced your ability to accomplish your goals or the outcomes that were expected of you as a team member?
 - There was a time where we were to complete our project display board but we were running out of time and were very far behind due to school exams.
 - I had to complete typing and editing the display board before the next morning.
 - The thing that saved us was teamwork, i.e., we had to make time and work on the display board at night but we were two as we were doing it together instead of me doing it all alone at home and thus, we were able to put in double the effort and efficiency.
 - We managed to complete the display board and edit it before the night was late.
 - That enabled us to have time to practise our presentation, decorate the display board in the best ways and win the most innovative project award.

- 4. Do you feel more energized when you are working alone or when you are working as part of a team and why?
 - I feel more energized when working alone if the task at hand aligns with my interests. I do however tend to get energized when working with close team mates or friends.
 - I am generally an introverted person but I can definitely work with people when required. I have a melancholic temperament with some phlegmatic as well. I like working alone and doing things in my own way and scheme but I am flexible when working with people. I am also calm and tolerant but principled.
 - I feel I am a moderately good team player since I can get along with many people but I don't enjoy too much interaction and communication since I work better in a solitary environment.
 - When it comes to working in a team, I often tailor my personality to suite the role I have. For example, if my role involves a lot of communication, talking or interaction, then I can tailor myself to talk more and interact better for the time being. I am also someone who values other people's feelings to a certain extent thus, I can change the way I speak to people so as to properly communicate and not invoke unwanted emotions. I also communicate to people how I would like to be communicated to, a straight statement to the point and also loaded with all the necessary information.
- 5. Have you ever been a member of any team that struggled or failed to accomplish its goal? If so, now that you know all these things about teamwork. What do you think were the different things that contributed to the failure?
 - Yes. I worked on another project prior to the beta plastic one. We were a pair.
 - There were many challenges that hindered us from success among them:
 - Lack of information. Since it was the first time for the both of us to get involved in a science project. We were inexperienced and lacked the knowledge on how to go about it
 - ➤ We also lacked proper communication and hence there were many issues encountered such improper time management and misunderstanding of some of the instructions.
 - We also experienced some improper planning and job distribution which led to a member doing most of the wo
 - There are a number of things that I would change now knowing about team building:
 - Improve communication between us to better attain efficiency and proper functioning of the team.

- I would also improve the delegation of duties to the team members so as to work more efficiently and produce better results.
- o I would also ensure that the team has the proper knowledge and experience in order to perform at the best level possible.