



ELLENA MAHARJAN

Registered nurse

SUMMARY

Registered Nurse, with excellent educational credentials and over 720 hours of hands-on patient care experience. Possesses fundamental knowledge of medical terminology, healthcare policies and patient care values. Aspiring to combine ongoing nursing education and experience to secure nursing employment in dynamic, acute healthcare settings.

CONTACT

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📍 Khumaltar, Lalitpur,
Nepal

LANGUAGE

- English
- Nepali

HARD SKILLS

- Patient Safety
- Medication Administration
- Wound Care
- Infection Prevention
- Venipuncture
- Tube Feedings
- Urinary Catheter Care

EXPERIENCE

National Hospital & Cancer Research Center (P.)

February 2023 - June 2023

Nurse • Trainee

ICU Dept.

- 168 hrs. per month
- Over Time for 4 weeks of 12 hrs. per week

CERTIFICATIONS

Nepal Medical Council (NMC)

Kist Medical College and Teaching Hospital

(29 - 31) August 2021

- Biosafety Measures: Preventive Mechanism In Health Care Settings

Nepal Health Research Council (NHRC)

Kist Medical College and Teaching Hospital

(5-7) October 2020

- Approach to Minimize The Factors Affecting Laboratory Results

Anmol Savings

Gabahal, Lalitpur

February 2018

- Free medical camp and food donations

EDUCATION

Himalayan Open Education Solution (P.)

LTD, Affiliated to Purbanchal University

2018 - 2022

Bachelors of Science in Nursing

Percentage: 74.74%

Little Angels' College of Higher Studies

2015 - 2017

National Examinations Board/ HSEB

Percentage: 59.60%

Little Angels' School

- 2015 AD

School Leaving Certificate (SLC)

Percentage: 76.50%

SOFT SKILLS

- Communication
- Critical Thinking
- Time Management
- Prioritization
- Problem Solving
- Conflict Management

DUTIES AND RESPONSIBILITIES

- Deliver bedside care to patients in a busy 9-bed ICU unit for post-surgical and inpatient surgeries patients.
- Provide direct medical care to patients needing intensive medical treatment, including those with septic shock, cardiogenic shock and respiratory failure.
- Coordinate the assessment, diagnosis, treatment, evaluation and monitoring of critically ill patients, utilizing a multi-disciplinary plan of care.
- Worked on critical procedures like catheterization, nasal cannula insertion, venipuncture, cannulization.
- Assisted general practitioners in catheter insertion, minor suturing.
- Ensure 100% accuracy and completeness when documenting procedures, patient condition and the administration of medication.
- Assisted physicians in taking the blood pressure, heart rate and recording vitals in physical examinations
- Collaborated with other nursing staff in maintaining a calm environment in caring for patients
- Supervised the admission of patients in emergency cases and directed the transferring of patients from their locations to the hospitals via ambulances.
- Interact and communicate with patients of all ages and ethnic background, giving quality medical care and treatment.
- Commended by supervisors for handling difficult situations involving both patients and their families.