

# THE SECRET BOOK, 2023

### **BEHIND EVERY SUCCESS**

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# **PERFACE**

## THE SECRET BOOK

### **BEHIND EVERY SUCCESS**

Who is not there in today's modern era who wants to be successful everyone wants to be successful quickly in this modern era

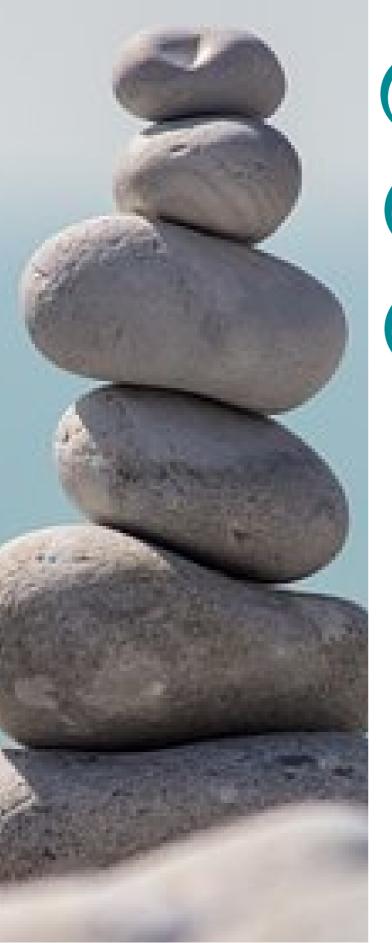
To be successful, most motivational speakers recommend reading biography, novels,

So that we can know that those people who are achieving success in the past or present, are they doing differently from which they are becoming successful.

But there are thousands of biographical novel motivation books to read and see, if we start seeing all of them then it will take us a lot of time to understand that which is the common quality among all the successful people.

This is the main purpose of this book you can know what is common among all the people who have been successful or are being followed.





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# 01 Patience

**Patience** is the ability to wait calmly and without frustration, especially in difficult or uncertain situations. It is a quality that allows you to keep a positive attitude and maintain control over your emotions, even in the face of challenges and setbacks.

### **How Patience Works**

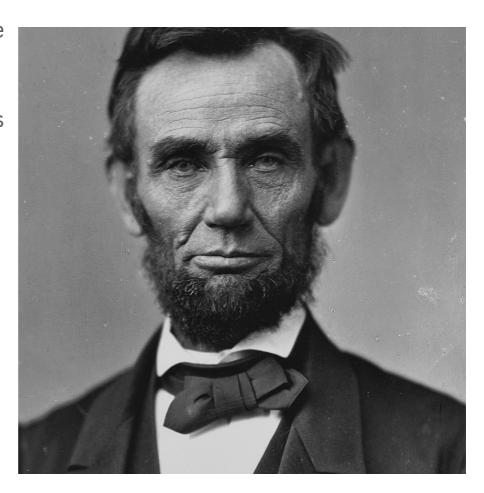
**Patience** works by allowing you to take a step back from a situation, rather than responding impulsively or emotionally. When you're patient, you give yourself the space and time to think things through, to reflect on your options, and to make thoughtful and deliberate decisions. This can help you avoid acting rashly or making decisions that you may later regret.

Patience also involves developing a mindset that is more accepting of uncertainty, frustration, and setbacks. Instead of seeing these as insurmountable obstacles, you learn to view them as temporary challenges that you can overcome with time and perseverance. This can help you maintain a more positive and hopeful outlook, even in the face of difficult circumstances.

Finally, patience also involves developing self-awareness and emotional regulation skills. By becoming more aware of your thoughts and feelings, you can learn to manage them more effectively, rather than allowing them to control you. This can help you maintain a calm and centered state of mind, even in the face of stress or adversity.

# 02 Real-life Example

Abraham Lincoln was the 16th President of the United States, serving from March 1861 until his assassination in April 1865. He is widely regarded as one of the greatest American Presidents, and is known for his leadership during the Civil War and for his efforts to preserve the Union and abolish slavery.



### **Patience**

Abraham Lincoln is often seen as a model of patience, particularly in the face of the challenges and obstacles he faced during his presidency. Throughout his time in office, Lincoln demonstrated a remarkable ability to remain calm and composed in the face of adversity, and to persevere in the face of setbacks and delays.

In sum, Abraham Lincoln's life and presidency serve as an example of the power and importance of patience in overcoming challenges and achieving one's goals. His ability to remain calm, persevere, and maintain a positive outlook even in the face of adversity continues to inspire people to this day.

Pele is a retired
Brazilian professional
soccer player widely
considered one of the
greatest soccer players
of all time. Born Edson
Arantes do Nascimento
in 1940, Pele began
playing professional
soccer as a teenager
and went on to have a
legendary career.



Pele won three World Cups with the Brazilian national team in 1958, 1962, and 1970, and he also won numerous league titles and individual awards during his club career, which spanned over two decades.

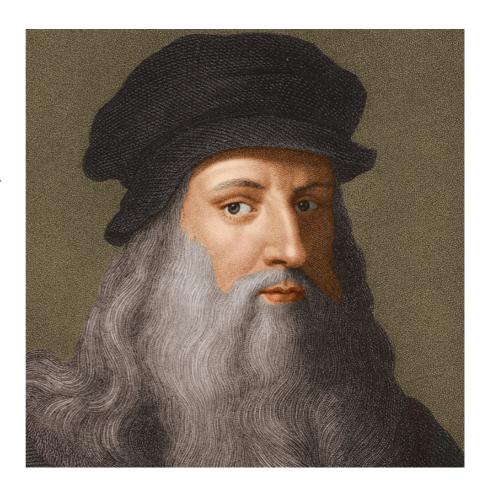
Pele has received numerous awards and honors, and he was named FIFA's "Player of the Century" in 2000. Today, he continues to be a beloved and respected figure in the soccer world, and his legacy as one of the greatest players of all time is secure.

#### **Patience**

power of patience and perseverance. Throughout his career, Pele faced numerous challenges and obstacles, but he remained dedicated to his craft and worked tirelessly to improve his skills.

In conclusion, Pele's career serves as an example of how patience, perseverance, and hard work can lead to great success. His unwavering commitment to his craft, his calm demeanor under pressure, and his longevity as a player demonstrate the power of patience in overcoming challenges and achieving one's goals.

Leonardo's artistic abilities are perhaps his most famous and enduring legacy. He was a master of several techniques, including painting, sculpture, and drawing, and his works, such as the "Mona Lisa" and "The Last Supper," are among the most famous and admired artworks in the world.



#### **Patience**

For example, Leonardo worked on the painting "The Last Supper" for several years, taking great care to ensure that every element of the composition was exactly as he envisioned it. He was patient in his pursuit of perfection, and this is reflected in the stunning quality of the finished work.

In his role as an inventor and scientist, Leonardo's patience was also a valuable asset. He was known for his persistent experimentation and his willingness to take his time to develop his ideas and theories. He would spend hours in his workshop, testing and refining his designs, and this dedication to his craft allowed him to create groundbreaking inventions and innovations.

Finally, Leonardo's patience was also evident in his approach to learning and acquiring new knowledge. He was an insatiable learner, constantly seeking to expand his understanding of the world and its workings. He was patient in his pursuit of knowledge, taking the time to study and observe the natural world around him, and this helped him to make numerous important discoveries and insights.

LeBron James is a professional basketball player who is widely considered one of the greatest basketball players of all time. He was born in Akron, Ohio, in 1984 and has played for several teams in the National Basketball Association (NBA), including the Cleveland Cavaliers, the Miami Heat, and the Los Angeles Lakers.



### **Patience**

On the court, LeBron's patience is evident in his ability to control the pace of the game and wait for the right moment to make a play. He has a unique ability to read the defense and assess the situation, allowing him to make smart decisions and find the right play in any situation. This patience has helped him to become one of the most effective playmakers in the league, and it has been a key factor in his success as a scorer and a passer.

He has demonstrated patience in navigating the pressures and challenges that come with being one of the most famous athletes in the world, and this has helped him to maintain his focus and commitment to his goals.

In conclusion, LeBron James's career serves as a powerful example of how patience can help individuals overcome obstacles and achieve success. His ability to control the pace of the game, his measured approach to life, and his perseverance and determination demonstrate how patience can help individuals achieve their goals and make a positive impact in their communities.

# 03 Conclusive

"Patience is a key element of success."