# CHAPTER - 5 KARMA YOGA – ACTION IN KRSNA CONSCIOUSNESS

#### **BHAGAVAD-GITA 5.1**

arjuna uvāca
sannyāsam karmaņām kṛṣṇa
punar yogam ca śamsasi
yac chreya etayor ekam
tan me brūhi su-niścitam

#### **TRANSLATION**

Arjuna said: O Ks na, first of all You ask me to renounce work, and then again You recommend work with devotion. Now will You kindly tell me definitely which of the two is more beneficial?

#### **BHAGAVAD-GITA 5.2**

śrī-bhagavān uvāca sannyāsaḥ karma-yogaś ca niḥśreyasa-karāv ubhau tayos tu karma-sannyāsāt karma-yogo viśiṣyate

# **TRANSLATION**

The Personality of Godhead replied: The renunciation of work and work in devotion are both good for liberation. But, of the two, work in devotional service is better than renunciation of work.

# **BHAGAVAD-GITA 5.3**

jñeyaḥ sa nitya-sannyāsī yo na dveṣṭi na kāṅkṣati nirdvandvo hi mahā-bāho sukhaṁ bandhāt pramucyate

#### **TRANSLATION**

One who neither hates nor desires the fruits of his activities is known to be always renounced. Such a person, free from all dualities, easily overcomes material bondage and is completely liberated, O mighty-armed Arjuna.

sāṅkhya-yogau pṛthag bālāḥ pravadanti na paṇḍitāḥ ekam apy āsthitaḥ samyag ubhayor vindate phalam

# **TRANSLATION**

Only the ignorant speak of devotional service [karma-yoga] as being different from the analytical study of the material world [Sāńkhya]. Those who are actually learned say that he who applies himself well to one of these paths achieves the results of both.

#### **BHAGAVAD-GITA 5.5**

yat sāṅkhyaiḥ prāpyate sthānam tad yogair api gamyate ekam sāṅkhyam ca yogam ca yaḥ paśyati sa paśyati

# **TRANSLATION**

One who knows that the position reached by means of analytical study can also be attained by devotional service, and who therefore sees analytical study and devotional service to be on the same level, sees things as they are.

#### **BHAGAVAD-GITA 5.6**

sannyāsas tu mahā-bāho duḥkham āptum ayogataḥ yoga-yukto munir brahma na cireṇādhigacchati

#### **TRANSLATION**

Merely renouncing all activities yet not engaging in the devotional service of the Lord cannot make one happy. But a thoughtful person engaged in devotional service can achieve the Supreme without delay.

yoga-yukto viśuddhātmā vijitātmā jitendriyaḥ sarva-bhūtātma-bhūtātmā kurvann api na lipyate

# **TRANSLATION**

One who works in devotion, who is a pure soul, and who controls his mind and senses is dear to everyone, and everyone is dear to him. Though always working, such a man is never entangled.

#### **BHAGAVAD-GITA 5.8**

naiva kiñcit karomīti yukto manyeta tattva-vit paśyañ śṛṇvan spṛśañ jighrann aśnan gacchan svapan śvasan

# **BHAGAVAD-GITA 5.9**

pralapan visrjan grhņann unmişan nimişann api indriyānīndriyārtheşu vartanta iti dhārayan

# **TRANSLATION**

A person in the divine consciousness, although engaged in seeing, hearing, touching, smelling, eating, moving about, sleeping and breathing, always knows within himself that he actually does nothing at all. Because while speaking, evacuating, receiving, or opening or closing his eyes, he always knows that only the material senses are engaged with their objects and that he is aloof from them.

brahmaņy ādhāya karmāņi saṅgaṁ tyaktvā karoti yaḥ lipyate na sa pāpena padma-patram ivāmbhasā

# **TRANSLATION**

One who performs his duty without attachment, surrendering the results unto the Supreme Lord, is unaffected by sinful action, as the lotus leaf is untouched by water.

## **BHAGAVAD-GITA 5.11**

kāyena manasā buddhyā kevalair indriyair api yoginaḥ karma kurvanti saṅgaṁ tyaktvātma-śuddhaye

# **TRANSLATION**

The yogīs, abandoning attachment, act with body, mind, intelligence and even with the senses, only for the purpose of purification.

## **BHAGAVAD-GITA 5.12**

yuktaḥ karma-phalaṁ tyaktvā śāntim āpnoti naiṣṭhikīm ayuktaḥ kāma-kāreṇa phale sakto nibadhyate

# **TRANSLATION**

The steadily devoted soul attains unadulterated peace because he offers the result of all activities to Me; whereas a person who is not in union with the Divine, who is greedy for the fruits of his labor, becomes entangled.

sarva-karmāņi manasā sannyasyāste sukhaṁ vaśī nava-dvāre pure dehī naiva kurvan na kārayan

# **TRANSLATION**

When the embodied living being controls his nature and mentally renounces all actions, he resides happily in the city of nine gates [the material body], neither working nor causing work to be done.

#### **BHAGAVAD-GITA 5.14**

na kartṛtvaṁ na karmāṇi lokasya sṛjati prabhuḥ na karma-phala-saṁyogaṁ svabhāvas tu pravartate

# **TRANSLATION**

The embodied spirit, master of the city of his body, does not create activities, nor does he induce people to act, nor does he create the fruits of action. All this is enacted by the modes of material nature.

#### **BHAGAVAD-GITA 5.15**

nādatte kasyacit pāpam na caiva sukṛtam vibhuḥ ajñānenāvṛtam jñānam tena muhyanti jantavaḥ

# **TRANSLATION**

Nor does the Supreme Lord assume anyone's sinful or pious activities. Embodied beings, however, are bewildered because of the ignorance which covers their real knowledge.

jñānena tu tad ajñānam yeṣām nāśitam ātmanaḥ teṣām āditya-vaj jñānam prakāśayati tat param

# **TRANSLATION**

: When, however, one is enlightened with the knowledge by which nescience is destroyed, then his knowledge reveals everything, as the sun lights up everything in the daytime.

#### **BHAGAVAD-GITA 5.17**

tad-buddhayas tad-ātmānas tan-niṣṭhās tat-parāyaṇāḥ gacchanty apunar-āvṛttiṁ jñāna-nirdhūta-kalmaṣāḥ

# **TRANSLATION**

When one's intelligence, mind, faith and refuge are all fixed in the Supreme, then one becomes fully cleansed of misgivings through complete knowledge and thus proceeds straight on the path of liberation.

#### **BHAGAVAD-GITA 5.18**

vidyā-vinaya-sampanne brāhmaņe gavi hastini śuni caiva śva-pāke ca paṇḍitāḥ sama-darśinaḥ

# **TRANSLATION**

The humble sages, by virtue of true knowledge, see with equal vision a learned and gentle brāhman a, a cow, an elephant, a dog and a dog-eater [outcaste].

ihaiva tair jitaḥ sargo yeṣāṁ sāmye sthitaṁ manaḥ nirdoṣaṁ hi samaṁ brahma tasmād brahmaṇi te sthitāḥ

# **TRANSLATION**

Those whose minds are established in sameness and equanimity have already conquered the conditions of birth and death. They are flawless like Brahman, and thus they are already situated in Brahman.

#### **BHAGAVAD-GITA 5.20**

na prahṛṣyet priyam prāpya nodvijet prāpya cāpriyam sthira-buddhir asammūḍho brahma-vid brahmani sthitah

# **TRANSLATION**

A person who neither rejoices upon achieving something pleasant nor laments upon obtaining something unpleasant, who is self-intelligent, who is unbewildered, and who knows the science of God, is already situated in transcendence.

# **BHAGAVAD-GITA 5.21**

bāhya-sparśeṣv asaktātmā vindaty ātmani yat sukham sa brahma-yoga-yuktātmā sukham akṣayam aśnute

# **TRANSLATION**

Such a liberated person is not attracted to material sense pleasure but is always in trance, enjoying the pleasure within. In this way the self-realized person enjoys unlimited happiness, for he concentrates on the Supreme.

ye hi samsparśa-jā bhogā duḥkha-yonaya eva te ādy-antavantaḥ kaunteya na teṣu ramate budhaḥ

# **TRANSLATION**

: An intelligent person does not take part in the sources of misery, which are due to contact with the material senses. O son of Kuntī, such pleasures have a beginning and an end, and so the wise man does not delight in them.

#### **BHAGAVAD-GITA 5.23**

śaknotīhaiva yaḥ soḍhuṁ prāk śarīra-vimokṣaṇāt kāma-krodhodbhavaṁ vegaṁ sa yuktaḥ sa sukhī naraḥ

# **TRANSLATION**

Before giving up this present body, if one is able to tolerate the urges of the material senses and check the force of desire and anger, he is well situated and is happy in this world.

#### **BHAGAVAD-GITA 5.24**

yo 'ntaḥ-sukho 'ntar-ārāmas tathāntar-jyotir eva yaḥ sa yogī brahma-nirvāṇaṁ brahma-bhūto 'dhigacchati

# **TRANSLATION**

One whose happiness is within, who is active and rejoices within, and whose aim is inward is actually the perfect mystic. He is liberated in the Supreme, and ultimately he attains the Supreme.

labhante brahma-nirvāṇam ṛṣayaḥ kṣīṇa-kalmaṣāḥ chinna-dvaidhā yatātmānaḥ sarva-bhūta-hite ratāḥ

# **TRANSLATION**

Those who are beyond the dualities that arise from doubts, whose minds are engaged within, who are always busy working for the welfare of all living beings, and who are free from all sins achieve liberation in the Supreme.

## **BHAGAVAD-GITA 5.26**

kāma-krodha-vimuktānām yatīnām yata-cetasām abhito brahma-nirvāṇam vartate viditātmanām

# **TRANSLATION**

Those who are free from anger and all material desires, who are self-realized, self-disciplined and constantly endeavoring for perfection, are assured of liberation in the Supreme in the very near future.

# **BHAGAVAD-GITA 5.27**

sparśān kṛtvā bahir bāhyāṁś cakṣuś caivāntare bhruvoḥ prāṇāpānau samau kṛtvā nāsābhyantara-cāriṇau

#### **BHAGAVAD-GITA 5.28**

yatendriya-mano-buddhir munir mokṣa-parāyaṇaḥ vigatecchā-bhaya-krodho yaḥ sadā mukta eva saḥ

## **TRANSLATION**

Shutting out all external sense objects, keeping the eyes and vision concentrated between the two eyebrows, suspending the inward and outward breaths within the nostrils, and thus controlling the mind, senses and intelligence, the transcendentalist aiming at liberation becomes free from desire, fear and anger. One who is always in this state is certainly liberated.

#### **BHAGAVAD-GITA 5.29**

bhoktāram yajña-tapasām sarva-loka-maheśvaram suhṛdam sarva-bhūtānām jñātvā mām śāntim ṛcchati

# **TRANSLATION**

A person in full consciousness of Me, knowing Me to be the ultimate beneficiary of all sacrifices and austerities, the Supreme Lord of all planets and demigods, and the benefactor and well-wisher of all living entities, attains peace from the pangs of material miseries.