Using R

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Lesson Goals

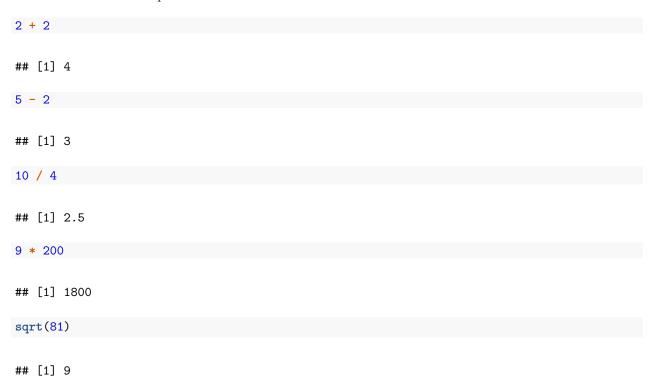
- Run Basic Commands in R
- Understand Basic Data Structures
- Run commands over vectors
- Index data frames
- Learn basic data structures
- Understand base R vs Tidyverse
- Import and export data to/from R

RStudio Shortcuts and Markdown

In this session I will be using a lot of Keyboard Shortcuts when typing myself. In the past, people have always asked about these, so I'm anticipating that question with a link here to that page.

R as Calculator

The Console of R is where all the action happens. You can use it just like you would use a calculator. Try to do some basic math operations in it.



10 > 4

[1] TRUE

2 < -1

[1] FALSE

Now from the output above, you'll notice that there are a few different types of responses that R will give. For the math responses, we get numbers, but we can also get TRUE and FALSE statements.

When working with data, we need to be aware not only of what the data represents, but what R thinks it represents. We won't go over the differences between things like ordinal, ratio, and categorical data, I'll assume you have a basic understanding of this. What we will focus on is the different data types that R thinks in.

For now, we are going to talk about R's basic data structures.

- Logical
- Integer
- Double (numeric)
- Character
- Factor

The first is logical. Logical is basically just TRUE or FALSE. We can try a few different expressions that show how this works.

2 > 4

[1] FALSE

1 > 0

[1] TRUE

4 >= 7

[1] FALSE

5 != 5

[1] FALSE

Eventually you will learn to take advantage of the complexities of this when we get to subsetting and combining them with other logical operators like &(and) and | (OR).

Next we have integers and double. Both integers and double are R's numeric forms of data. The is.numeric() command checks for if data is number-y.

```
is.integer(7L)
## [1] TRUE
is.double(7)
## [1] TRUE
is.numeric(7)
## [1] TRUE

Next we have characters. Characters are not just letters, but rather data that is text. Character data is always wrapped in quotes " "
is.character("hello, world!")
## [1] TRUE
is.character("7")
```

is.character("I will drink 7 coffees by the end of today!")

```
is.character("NA")
```

[1] TRUE

[1] TRUE

[1] TRUE

Note that if a special character like NA is in quotes, R will still think it is a character. To change this, we need to coerce our data into a different type. We will cross that bridge later. For now, you just need to be aware of the different character types.

Lastly, there are factors which sometimes LOOK like characters, but are R's way of thinking about categorical data. We need to assign this to R. When you first import in data into R, it will sometimes guess it as being a factor which is very annoying! If R is being slow, or not responding to something you want it to do, a common rookie mistake is to have your data accidentally be a factor.

```
is.factor("doggo")
## [1] FALSE
doggo <- as.factor("doggo")
is.factor(doggo)</pre>
```

[1] TRUE

```
is.character(doggo)
```

[1] FALSE

```
is.numeric(doggo)
```

```
## [1] FALSE
```

Now that we're at least aware of the different types of data in R, we can move on to building up an intuitive understanding of how R thinks about data under the hood.

Being Lazy

You don't always want to print your output and retype it in. The idea of being a good programmer is to be very lazy (efficient).

One of the best ways to be efficient when programming is to save variables to objects. Below is some example code that uses the <- operator to assign some math to an object. After you assign it to an object, you can then manipulate it like you would any other number. Yes, you can use = as an assignment operator (for all you Pythonistas), but in R this is considered bad practice as R is primarily a statistical programming language and the = sign means something very different in a math context.

```
foo <- 2 * 3
foo * 6
```

```
## [1] 36
```

After running these two lines of code, notice what has popped up in your environment in RStudio! You should see that you now have any object in the Environment called foo.

In addition to saving single values to objects, you can also store a collection of values. Below we use an example that might have a bit more meaning, the below stores what could be some data into an object that represents what it might be.

```
yearsSellingWidgets <- c(2,1,4,5,6,7,3,2,4,5,3)</pre>
```

The way that the line above works is that we use the c() function (c for combine) to group together a bunch of the same type of data (numbers) into a vector. Once we have everything combined and stored into an object, we can then manipulate all the numbers in the object just like we did above with a single number. A single dimensional object is called a **vector**. For example, we could multiply all the numbers by three.

```
yearsSellingWidgets * 3
```

```
## [1] 6 3 12 15 18 21 9 6 12 15 9
```

Or maybe we realized that our inputs were wrong and we need to shave off two years off of each of the entries.

```
yearsSellingWidgets - 2
```

```
## [1] 0 -1 2 3 4 5 1 0 2 3 1
```

Or perhaps we want to find out which of our pieces of data (and other data associated with that observation) are less than 2.

```
yearsSellingWidgets < 2</pre>
```

[1] FALSE TRUE FALSE FALSE FALSE FALSE FALSE FALSE FALSE FALSE

Any sort of mathematical operation can be performed on a vector! In addition to treating it like a mathematical operation, we can also run functions on objects. By looking at the name of each function and it's output, take a guess at what each of the below functions does.

```
mean(yearsSellingWidgets)
```

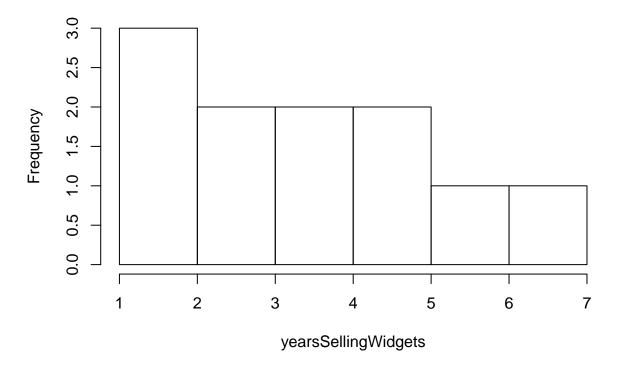
[1] 3.818182

sd(yearsSellingWidgets)

[1] 1.834022

hist(yearsSellingWidgets)

Histogram of yearsSellingWidgets



```
scale(yearsSellingWidgets)
##
                [,1]
##
   [1,] -0.99136319
   [2,] -1.53661295
##
  [3,] 0.09913632
##
   [4,] 0.64438608
##
##
   [5,] 1.18963583
##
  [6,] 1.73488559
##
  [7,] -0.44611344
   [8,] -0.99136319
##
## [9,] 0.09913632
## [10,] 0.64438608
## [11,] -0.44611344
## attr(,"scaled:center")
## [1] 3.818182
## attr(,"scaled:scale")
## [1] 1.834022
range(yearsSellingWidgets)
## [1] 1 7
min(yearsSellingWidgets)
## [1] 1
class(yearsSellingWidgets)
## [1] "numeric"
str(yearsSellingWidgets)
   num [1:11] 2 1 4 5 6 7 3 2 4 5 ...
summary(yearsSellingWidgets)
##
     Min. 1st Qu.
                    Median
                              Mean 3rd Qu.
                                              Max.
##
     1.000
             2.500
                     4.000
                             3.818
                                     5.000
                                             7.000
```

Often working with data, we don't want to just play with one group of numbers. Most of the time we are trying to compare different observations in data science. If we then create two vectors (one of which we have already made!) and then combine them together into a data frame, we have something sort of looking like a spreadsheet. A two-dimensional object is called a **data frame**.

```
yearsSellingWidgets <- c(2,1,4,5,6,7,3,2,4,5,3)
numberOfSales <- c(5,2,5,7,9,9,2,8,4,7,2)
salesData <- data.frame(yearsSellingWidgets,numberOfSales)
salesData</pre>
```

##		${\tt yearsSellingWidgets}$	${\tt numberOfSales}$
##	1	2	5
##	2	1	2
##	3	4	5
##	4	5	7
##	5	6	9
##	6	7	9
##	7	3	2
##	8	2	8
##	9	4	4
##	10	5	7
##	11	3	2

Now if we wanted to use something like R's correlation function we could just pass in the two objects that we have like this and get a correlation value.

```
cor(yearsSellingWidgets,numberOfSales)
```

```
## [1] 0.6763509
```

But often our data will be saved in data frames and we need to be able to access one of our vectors inside our data frame. To access a piece of information in a data frame we use the \$ operator.

```
salesData$yearsSellingWidgets
```

```
## [1] 2 1 4 5 6 7 3 2 4 5 3
```

Running the above code will print out the vector called yearsSellingWidgets from the data frame salesData. Using this form, we can then use this with the correlation function.

```
cor(salesData$yearsSellingWidgets,salesData$numberOfSales)
```

```
## [1] 0.6763509
```

In addition to just getting numeric output, we also want to be able to look at our data. Take a look at the code below and try to figure out what the function call is, as well as what each argument (or thing you pass to a function) does.

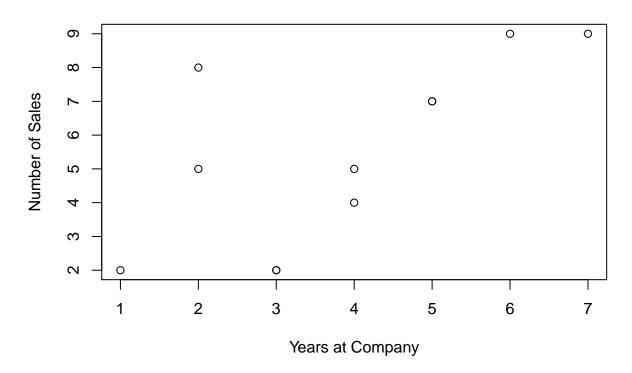
```
plot(yearsSellingWidgets,numberOfSales,
    data = salesData,
    main = "My Plot",
    xlab = "Years at Company",
    ylab = "Number of Sales")
```

```
## Warning in plot.window(...): "data" is not a graphical parameter
## Warning in plot.xy(xy, type, ...): "data" is not a graphical parameter
## Warning in axis(side = side, at = at, labels = labels, ...): "data" is not
## a graphical parameter
## Warning in axis(side = side, at = at, labels = labels, ...): "data" is not
## a graphical parameter
```

Warning in box(...): "data" is not a graphical parameter

Warning in title(...): "data" is not a graphical parameter

My Plot



If you are having a hard time understanding arguments, one thing that might help to think about is that each argument is like a click in a software program like SPSS or Excel. Imagine you want to make the same plot with this data in SSPSS, what would you do? The first thing you would do is to go to the top of the bar and find the Plot function and click it. This is the same as typing out plot() in R. Then you would have to tell that new pop up screen what two variables you want to plot and click on the related variables. Dragging and dropping those variables into your plot builder is the same as just typing out the variables you want. Lastly you want to put names on your axes and a title on your plot. The same logic would follow. We'll explore these ideas a bit more in the next section

Packages and Help

One of the beautiful aspects of programming in R is that there is wealth of other software that other people have created and shared for free that you can use. In order to use this other software beyond Base R, you need to install packages then call them using the library() function.

Probably the most useful package in R is the tidyverse which is actually a suite of packages all built around the same philosophy. We will talk more about that philosophy later, but for now, let's install the tidyverse.

To do this, uncomment (delete the hash) of the first line of R chunk below. Run that line. You can also do this by just typing that line into the R console. When you do this, R will connect to the internet, download the necessary software and add it to your library. Now even though the package is installed, it is not ready to use just yet. In order to do this, you need to use the library() function and pass it the name of the

library you want to use. Every time you run an R script or have R running, you need to tell R that you want this suite of tools. Best practice is putting all of the R scripts you need at the top of your R file so they are there when you need them. You do NOT need to install the package every time you open or run R.

```
#install.packages("tidyverse")
library(tidyverse)
## -- Attaching packages ------ tidyverse 1.2.1 --
## v ggplot2 3.2.1
                  v purrr
                          0.3.2
## v tibble 2.1.3
                  v dplyr
                          0.8.3
## v tidyr
          1.0.0
                  v stringr 1.4.0
## v readr
          1.3.1
                  v forcats 0.4.0
## -- Conflicts ----- tidyverse_conflicts() --
## x dplyr::filter() masks stats::filter()
## x dplyr::lag()
                masks stats::lag()
```

With the tidyverse loaded, you will also get a series of datasets that are used to help with the examples. Run the following commands below to see what datasets are currently available to you.

```
data()
```

We will be using the txhousing dataset for the rest of these examples.

Getting Help in R

You should know that programming is basically getting very good at Googling your problems. Do yourself a favor and disavow yourself of the notion that you need to "know" all the functions in order to be a good programmer. Everyone who learns R has gone though a similar process of getting stuck on stupid problems. Not related to the technical aspects of R, but there are no dumb questions when it comes to learning. Anyone that scoffs at a problem for being too simple or tells you something like "You should have just read the documentation" is just gate-keeping and you shouldn't ask them for help.

That said, there are a lot of great ways to get help when you run into problems with R.

- 1. Your peers
- 2. The internet /Stack Overflow
- 3. R's built in help functions

There is a bit of basic etiquette when asking for programming help. The first is that you provide enough detail to reproduce your problem and errors. The second is that you do not ask questions in a way that seems like you are just getting other people to do your work for you. Check out this post for more information on asking questions online.

One of best things to do is just open an R help page and play around with things (and break things) until you "get" how it works.

To access R's in built help function you can easier use the Help viewer in R studio or type in a question mark before the command in the console. Using two ?? will search more generally

```
?scale()
??scale()
```

Data Exploration

```
str(txhousing)
## Classes 'tbl_df', 'tbl' and 'data.frame':
                                          8602 obs. of 9 variables:
   $ city : chr "Abilene" "Abilene" "Abilene" "Abilene" ...
            ##
   $ year
            : int 1 2 3 4 5 6 7 8 9 10 ...
##
   $ month
## $ sales : num 72 98 130 98 141 156 152 131 104 101 ...
## $ volume : num 5380000 6505000 9285000 9730000 10590000 ...
## $ median : num 71400 58700 58100 68600 67300 66900 73500 75000 64500 59300 ...
   $ listings : num 701 746 784 785 794 780 742 765 771 764 ...
## $ inventory: num 6.3 6.6 6.8 6.9 6.8 6.6 6.2 6.4 6.5 6.6 ...
            : num 2000 2000 2000 2000 2000 ...
   $ date
class(txhousing)
## [1] "tbl_df"
                 "tbl"
                             "data.frame"
```

summary(txhousing)

```
##
                           year
                                         month
                                                          sales
       city
                                     Min. : 1.000
                                                      Min. :
##
   Length:8602
                             :2000
                                                                 6.0
                      Min.
   Class : character
                      1st Qu.:2003
                                     1st Qu.: 3.000
                                                      1st Qu.: 86.0
  Mode :character
                                                      Median : 169.0
##
                      Median:2007
                                     Median : 6.000
##
                      Mean
                             :2007
                                     Mean : 6.406
                                                      Mean
                                                             : 549.6
##
                      3rd Qu.:2011
                                     3rd Qu.: 9.000
                                                      3rd Qu.: 467.0
##
                      Max.
                             :2015
                                     Max.
                                           :12.000
                                                      Max.
                                                             :8945.0
##
                                                      NA's
                                                             :568
       volume
                                           listings
##
                           median
                                                          inventory
##
                              : 50000
   Min.
          :8.350e+05
                       Min.
                                       \mathtt{Min.} :
                                                    0
                                                      Min. : 0.000
                                        1st Qu.: 682 1st Qu.: 4.900
   1st Qu.:1.084e+07
                       1st Qu.:100000
##
   Median :2.299e+07
                       Median :123800
                                        Median : 1283
                                                        Median : 6.200
##
   Mean
          :1.069e+08
                       Mean
                              :128131
                                        Mean : 3217
                                                        Mean
                                                              : 7.175
##
   3rd Qu.:7.512e+07
                       3rd Qu.:150000
                                        3rd Qu.: 2954
                                                        3rd Qu.: 8.150
##
   Max.
          :2.568e+09
                       Max.
                              :304200
                                        Max.
                                               :43107
                                                        Max.
                                                               :55.900
##
   NA's
           :568
                       NA's
                              :616
                                        NA's
                                               :1424
                                                        NA's
                                                               :1467
##
        date
##
  Min.
          :2000
   1st Qu.:2004
##
##
   Median:2008
##
  Mean
          :2008
   3rd Qu.:2012
## Max.
          :2016
##
```

Accessing individual 'columns' is done with the \$ operator

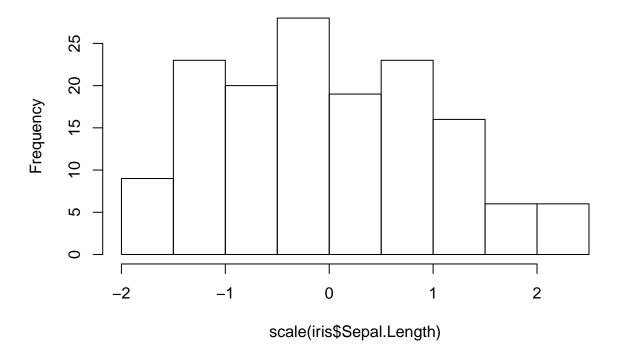
txhousing\$sales

Can you use this to plot the different numeric values against each other?

What would the follow commands do?

hist(scale(iris\$Sepal.Length))

Histogram of scale(iris\$Sepal.Length)



iris\$Sepal.Length.scale <- scale(iris\$Sepal.Length)</pre>

Indexing

Let's combine logical indexing with creating new objects.

What do the follow commands do? Why?

txhousing[1,1]

```
## # A tibble: 1 x 1
## city
## <chr>
## 1 Abilene
```

```
txhousing[2,]
## # A tibble: 1 x 9
             year month sales volume median listings inventory date
    city
                                               <dbl>
                                                         <dbl> <dbl>
            <int> <int> <dbl>
                                <dbl>
                                      <dbl>
## 1 Abilene 2000
                      2
                           98 6505000 58700
                                                 746
                                                           6.6 2000.
txhousing[,5]
## # A tibble: 8,602 x 1
##
       volume
##
        <dbl>
##
   1 5380000
##
  2 6505000
##
  3 9285000
   4 9730000
##
  5 10590000
##
##
  6 13910000
## 7 12635000
## 8 10710000
## 9 7615000
## 10 7040000
## # ... with 8,592 more rows
txhousing[txhousing$year < 2003,]</pre>
## # A tibble: 1,656 x 9
              year month sales
##
     city
                                volume median listings inventory date
##
             <int> <int> <dbl>
                                  <dbl>
                                               <dbl>
     <chr>>
                                        <dbl>
                                                           <dbl> <dbl>
                    1 72 5380000
                                                   701
  1 Abilene 2000
                                        71400
                                                             6.3 2000
## 2 Abilene
              2000
                       2 98
                                6505000
                                         58700
                                                   746
                                                             6.6 2000.
                       3 130
                                                   784
##
   3 Abilene
              2000
                                9285000
                                         58100
                                                             6.8 2000.
## 4 Abilene 2000
                                                   785
                                                             6.9 2000.
                    4 98 9730000
                                         68600
## 5 Abilene 2000
                       5 141 10590000
                                         67300
                                                   794
                                                             6.8 2000.
## 6 Abilene
              2000
                       6 156 13910000
                                                   780
                                                             6.6 2000.
                                         66900
   7 Abilene
              2000
                       7
                           152 12635000
                                         73500
                                                   742
                                                             6.2 2000.
## 8 Abilene
                                                   765
                                                             6.4 2001.
              2000
                          131 10710000
                                        75000
                       8
## 9 Abilene
                                                   771
                                                             6.5 2001.
              2000
                       9
                           104 7615000
                                         64500
              2000
                           101 7040000 59300
                                                   764
                                                             6.6 2001.
## 10 Abilene
                      10
## # ... with 1,646 more rows
txhousing[,c(1:4)]
## # A tibble: 8,602 x 4
##
              year month sales
     city
##
      <chr>
             <int> <int> <dbl>
##
  1 Abilene 2000
                            72
                       1
##
   2 Abilene
              2000
                       2
                            98
## 3 Abilene 2000
                       3 130
## 4 Abilene 2000
                       4 98
```

141

5

5 Abilene 2000

```
6 Abilene
               2000
                             156
##
    7 Abilene
               2000
                             152
                         7
    8 Abilene
##
               2000
                             131
##
   9 Abilene
               2000
                             104
                         9
## 10 Abilene
               2000
                        10
                             101
## # ... with 8,592 more rows
```

```
txhousing[txhousing$city=="San Antonio",c(1:6,8)]
```

```
## # A tibble: 187 x 7
##
      city
                                        volume median inventory
                   year month sales
##
      <chr>
                  <int> <int> <dbl>
                                         <dbl>
                                                <dbl>
                                                          <dbl>
   1 San Antonio
                   2000
                                                90900
##
                                820
                                     98974924
                                                            4.7
                            1
   2 San Antonio
                   2000
                               1075 120851076
                                                86000
                                                            4.7
                   2000
                            3
                                                87000
                                                            4.9
##
   3 San Antonio
                               1433 167748201
##
   4 San Antonio
                   2000
                            4
                               1263 145280248
                                                90200
                                                            5
##
   5 San Antonio 2000
                                               91200
                                                            5
                            5
                               1574 183281564
   6 San Antonio 2000
                               1666 210779154 100100
                                                            5
                            6
                                                            4.9
##
   7 San Antonio
                   2000
                            7
                               1508 185816640 100500
   8 San Antonio
                   2000
                            8
                               1626 195515195
                                                93400
                                                            5.2
##
  9 San Antonio
                   2000
                            9
                               1300 156643797
                                                94800
                                                            5.2
## 10 San Antonio
                   2000
                           10
                               1192 141630200
                                               93500
                                                            5.2
## # ... with 177 more rows
```

```
AbilineData <- txhousing[txhousing$city == "Abilene",]
```

This could be an entire lecture by itself!!! It is important to know how R's indexing works, but in the year 2019 there is no need to be using base R command to index. We will talk more about the tidyverse tomorrow, but the following code does the exact same indexing as the base R code above, but is much more human readable.

Tidyverse

```
txhousing %>%
select(year)
```

```
## # A tibble: 8,602 x 1
##
       year
      <int>
##
       2000
##
    1
##
    2 2000
##
    3
       2000
       2000
##
    4
##
    5
       2000
##
    6
      2000
##
    7
       2000
       2000
##
    8
##
    9
       2000
## 10 2000
## # ... with 8,592 more rows
```

```
txhousing %>%
  filter(year < 2003)
## # A tibble: 1,656 x 9
##
               year month sales
                                   volume median listings inventory date
      city
##
              <int> <int> <dbl>
                                    <dbl>
                                            <dbl>
                                                     <dbl>
                                                                <dbl> <dbl>
      <chr>
##
               2000
                              72
                                  5380000
                                            71400
                                                       701
                                                                  6.3 2000
    1 Abilene
                         1
##
    2 Abilene
               2000
                         2
                              98
                                  6505000
                                            58700
                                                       746
                                                                  6.6 2000.
##
    3 Abilene
               2000
                         3
                             130
                                  9285000
                                            58100
                                                       784
                                                                 6.8 2000.
    4 Abilene
               2000
                              98
                                  9730000
                                            68600
                                                       785
                                                                 6.9 2000.
##
    5 Abilene
                                                       794
                                                                 6.8 2000.
               2000
                             141 10590000
                                            67300
                         5
    6 Abilene
               2000
                             156 13910000
                                                       780
                                                                 6.6 2000.
                         6
                                            66900
##
   7 Abilene
               2000
                         7
                             152 12635000
                                            73500
                                                       742
                                                                 6.2 2000.
    8 Abilene
               2000
                         8
                             131 10710000
                                            75000
                                                       765
                                                                  6.4 2001.
##
    9 Abilene
               2000
                         9
                             104
                                 7615000
                                            64500
                                                       771
                                                                 6.5 2001.
## 10 Abilene 2000
                        10
                             101 7040000
                                           59300
                                                       764
                                                                  6.6 2001.
## # ... with 1,646 more rows
txhousing %>%
  select(city:volume)
## # A tibble: 8,602 x 5
##
      city
               year month sales
                                   volume
##
      <chr>
              <int> <int> <dbl>
                                    <dbl>
    1 Abilene
               2000
                         1
                              72
                                  5380000
##
    2 Abilene
               2000
                                  6505000
                              98
    3 Abilene
               2000
                             130
                                  9285000
                         3
##
    4 Abilene
               2000
                         4
                              98
                                  9730000
##
    5 Abilene
               2000
                         5
                             141 10590000
##
   6 Abilene
               2000
                         6
                             156 13910000
##
    7 Abilene
               2000
                         7
                             152 12635000
##
    8 Abilene
               2000
                         8
                             131 10710000
   9 Abilene
               2000
                         9
                             104 7615000
## 10 Abilene 2000
                             101 7040000
## # ... with 8,592 more rows
txhousing %>%
  select(1:6, inventory) %>%
  filter(city == "San Antonio")
## # A tibble: 187 x 7
##
                                        volume median inventory
      city
                   year month sales
##
      <chr>
                  <int> <int> <dbl>
                                          <dbl>
                                                 <dbl>
                                                           <dbl>
##
                   2000
                                 820
                                     98974924
                                                 90900
                                                             4.7
    1 San Antonio
                             1
##
    2 San Antonio
                   2000
                                1075 120851076
                                                 86000
                                                             4.7
##
                   2000
    3 San Antonio
                             3
                               1433 167748201
                                                 87000
                                                             4.9
##
    4 San Antonio
                   2000
                               1263 145280248
                                                             5
   5 San Antonio
##
                   2000
                             5
                               1574 183281564 91200
                                                             5
##
    6 San Antonio
                   2000
                             6
                                1666 210779154 100100
                                                             5
##
   7 San Antonio
                   2000
                             7
                                1508 185816640 100500
                                                             4.9
   8 San Antonio
                   2000
                               1626 195515195
                                                             5.2
                                                93400
##
   9 San Antonio 2000
                             9 1300 156643797 94800
                                                             5.2
```

```
## 10 San Antonio 2000 10 1192 141630200 93500 5.2 ## # ... with 177 more rows
```

```
AbilineData <- txhousing %>%
filter(city == "Abiline")
```

As your code gets longer, the tidyverse becomes more readable. It is also more helpful for exploring data sets. More to come on this!

Saving and Importing

Finally, if we want to Import or Save other data, we can do that via the Console.

The Working Directory

Most of the work we have done this far is data that we do not want to save. Most of the work you will do after this workshop, you will want to save.

R works by pointing at a folder or directory on your computer. To see where R is pointing now, run the following code

```
getwd()
```

```
## [1] "/Users/dbaker/flatiron_curriula/r_for_python_crash/guides"
```

Whatever you do in your R session will happen here unless you tell it to otherwise. If you do not want R pointing in this location in your computer, you need to set your working directory elsewhere. To do this, use the setwd() command. This is also a good chance to use RStudio's auto complete feature.

```
setwd()
```

Open a double quotation in the function then press TAB. This will allow you to navigate your computer. Going deeper into your directory structure can be done by just following the auto complete. Going higher in the directory requires you to type . . / which will allow you to look up a level. Set your working directory to the output directory.

The console should now read that it is pointed to the output directory.

You can write a dataset to your working directory with the write_csv() command.

```
write.csv(x = AbilineData, file = "MyData.csv")
```

Importing Data

Data is imported using the same logic. You can use the read.csv() function to read in a csv file. At first, it might be easier to use the Import Dataset function in RStudio (Top right pane).