



Patient: Testing

Age: 21

Date: Wed Oct 29 2025

Chief Complaints & History:

Patient complains of mild fever, sore throat, and fatigue for the past 3 days. No history of cough or breathlessness. Appetite slightly reduced.

Past History:

No known history of diabetes, hypertension, or allergies. No previous hospitalizations or major surgeries reported.

Examination:

Patient is afebrile at the time of examination. Throat mildly congested. Lungs clear on auscultation. Pulse rate: 78 bpm, BP: 118/76 mmHg.

Medicines Prescribed:

Sl. No	Medicines	Morning		Afternoon		Night		No. of Days
		Before Food	After Food	Before Food	After Food	Before Food	After Food	
1	Multivitamin tablet	0	1	0	0	0	1	5
2	Paracetamol 500 mg	0	1	0	0	0	1	3

Advice & Follow-Up:

Rest & fluids: Drink plenty, eat light meals.

Symptom care: Take tablets after food, gargle with warm salt water.

Avoid irritants: Smoking, alcohol, dust.

Monitor: Check temperature, note any worsening.

Follow-up: In 3–5 days or sooner if: high fever, difficulty breathing/swallowing, severe throat pain, rash, or persistent vomiting.

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