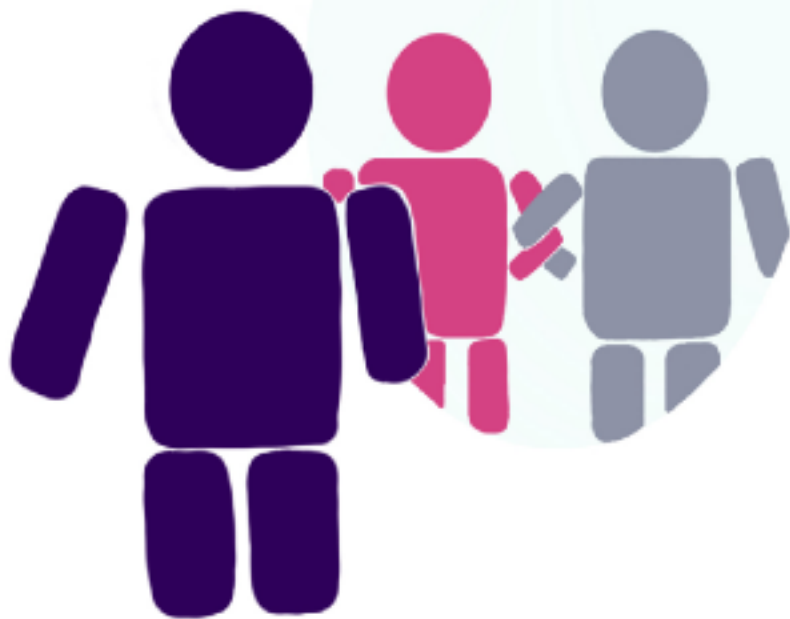








Mirror Imagezz









- Application of sleep health

researchn

-Co-author for Sleepy

Game Design Manifesto

-Producers for TeamKoda

Brush hair	Brush teeth	Cat and cow	Make the bed	Untie your shoes
 <p>Recommended Bodypart 2, 3, 4, 5, 7</p>	 <p>Recommended Bodypart 2, 3, 4, 5, 6, 7, 8</p>	 <p>Recommended Bodypart 1, 5, 6, 10</p>	 <p>Recommended Bodypart 3, 4, 5, 6, 7, 10</p>	 <p>Recommended Bodypart 1, 2, 3, 4, 5, 6, 7, 10</p>
Wash your face	Remove makeup	Stretch and Yawn	Meditation pose	Facial massage
 <p>Recommended Bodypart 3, 4, 5, 6, 7, 10</p>	 <p>Recommended Bodypart 3, 4, 5, 6, 7</p>	 <p>Recommended Bodypart 4, 8, 9</p>	 <p>Recommended Bodypart 1, 3, 5, 8, 10</p>	 <p>Recommended Bodypart 2, 5, 6, 7, 9, 10</p>

No Bent Knees



1

No Bent Elbows



2

No Open Eyes



3

No Bent Fingers



4

A leg leave ground



5

No Arms



6

No Use Hands



7

Mouth
No Sound & No Open



8

Neck
No Turn Head



9

Waist
No Bent Waist



10

<p>Jumping jacks</p> 	<p>Jumping on one foot</p> 	<p>Sit on the floor while doing activity</p> 	<p>Upside Down bending at waist</p> 	<p>Singing</p> 
<p>Do a Split</p> 	<p>While holding your breath</p> 	<p>Lunge</p> 	<p>Wall sit</p> 	<p>Spinning</p> 

Mirror Imagezz

