

PRECAUTIONS.

Hurricane Procedures and Precautions

Before a Hurricane:

1. *Stay Informed*:

- Monitor weather reports and warnings from the National Hurricane Center or local news.
- Use weather apps and NOAA Weather Radio for updates.

2. *Prepare an Emergency Kit*:

- Include non-perishable food, water (one gallon per person per day for at least three days), flashlight, batteries, first aid kit, medications, and important documents.
- Pack cash, personal hygiene items, and a multi-tool.

3. *Create an Evacuation Plan*:

- Identify a safe location, such as a friend or family member's house or a designated shelter.
- Familiarize yourself with local evacuation routes and have a transportation plan.

4. *Secure Your Home*:

- Install storm shutters or board up windows with plywood.
- Bring in outdoor furniture, decorations, and anything that could become a projectile.

5. *Know Your Zone*:

- Understand your area's evacuation zones and determine if you are in a flood-prone area.

During a Hurricane:

1. *Stay Indoors*:

- Remain inside, away from windows and doors. Go to a small, windowless interior room if necessary.
- Avoid using candles; use flashlights instead.

2. *Monitor Updates*:

- Continue to listen to weather updates and follow local emergency services for instructions.

3. *Prepare for Power Outages*:

- Keep your phone charged and have backup power sources ready, such as power banks or generators.

After a Hurricane:

1. *Assess Damage*:

- Wait until officials declare it safe before returning to your home.
- Check for gas leaks, damaged electrical systems, or structural damage.

2. *Stay Informed*:

- Continue to monitor news for further updates and warnings.

3. *Report and Document Damage*:

- Take photographs for insurance purposes and report any damage to relevant authorities.

Tsunami Procedures and Precautions

Before a Tsunami:

1. *Know the Risk*:

- Be aware if you live in a tsunami-prone area. Learn about local tsunami evacuation routes and safety zones.

2. *Emergency Kit*:

- Prepare a disaster kit that includes food, water, first aid supplies, important documents, and medications.

3. *Plan for Evacuation*:

- Identify safe higher ground and how you will reach it quickly.
- Establish a family communication plan.

During a Tsunami:

1. *Evacuate Immediately*:

- If you feel a strong earthquake, move to higher ground immediately.
- Do not wait for an official warning; if you see unusual waves or a sudden retreat of water, evacuate.

2. *Avoid Low-Lying Areas*:

- Stay away from beaches and waterfronts. Move inland to a designated evacuation area.

3. *Follow Instructions*:

- Listen to emergency services for updates and instructions.

After a Tsunami:

1. *Stay Away from Affected Areas*:

- Return only when authorities declare it safe. Avoid floodwaters, which may be contaminated.

2. *Help Others*:

- Check on neighbors, especially those who may need assistance.

3. *Stay Informed*:

- Monitor news and updates about aftershocks and additional tsunami warnings.

Earthquake Procedures and Precautions

Before an Earthquake:

1. *Prepare Your Home*:

- Secure heavy furniture and appliances to the walls.
- Store heavy items on lower shelves to prevent injury during shaking.

2. *Create an Emergency Kit*:

- Include water, food, flashlight, batteries, first aid supplies, and necessary medications.

3. *Plan Your Escape*:

- Identify safe spots in each room, such as under sturdy furniture, and plan how to exit your home quickly.

During an Earthquake:

1. *Drop, Cover, and Hold On*:

- *Drop* to your hands and knees.

- *Cover* your head and neck under a sturdy piece of furniture (like a table or desk).
- *Hold On* until the shaking stops.

2. *Stay Indoors*:

- If indoors, stay inside until the shaking stops. Avoid windows, glass, and heavy objects.
- If outdoors, move to an open area away from buildings, trees, streetlights, and utility wires.

3. *If Driving*:

- Pull over to a clear area, stop, and remain in the vehicle with your seatbelt fastened until the shaking stops.

After an Earthquake:

1. *Check for Injuries*:

- Assist those who are injured and apply first aid if necessary.
- Avoid moving severely injured people unless they are in immediate danger.

2. *Inspect Your Home*:

- Check for gas leaks, structural damage, and electrical issues. Evacuate if necessary.

3. *Stay Informed*:

- Listen to local news and emergency services for updates and further instructions.

General Precautions for All Disasters:

- Regularly review and update your emergency plan.
- Conduct practice drills for your family or organization.

- Stay connected with community resources and local emergency management offices.
- Ensure your phone is charged and that you have backup power sources available.