Get care

Doctor's appointment >

Schedule with your care team



Same-day care >

In-person and virtual visits for urgent health concerns



Routine services >

Lab tests, screenings, vaccines



Cough or cold symptoms >

Get care instructions for COVID, colds or flu



Request Shuttle Services

Schedule a ride to your appointment



Appointments





Home



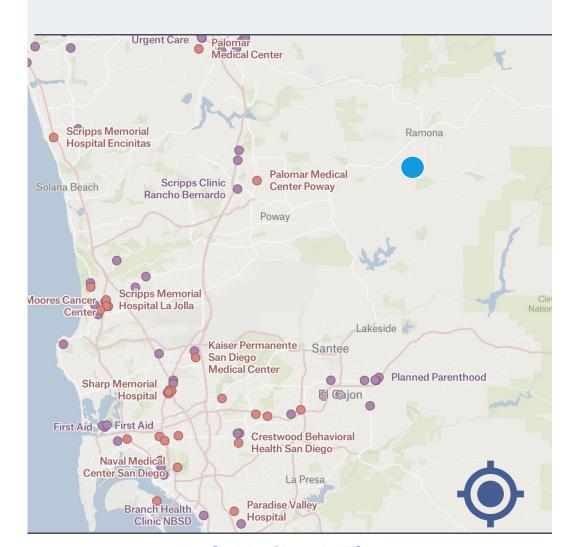






This is your nearest hospital:

Palomar Medical Center Poway



Available Shuttle Times:

7:00 - 8:00 AM 9:45 - 10:30 AM 1:45 - 3:20 PM 8:30 - 9:20 AM

Book Ride











Drop-off at 10:00am

Driver: John Adams

Edit Ride



Share Ride Details













Notifications