

NAME – ARPAN MONDAL

DESIGNATION – SENIOR ANALYST

TOPIC – BUILDING RELATIONSHIP

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Do we need a shell in our life?

Shell provides us emotional support. Best possible shell to protect is YOU.

Relationship:

The way in which two or more people or groups regard and behave towards each other. Relationship gives us happiness in life. Without relationship we can not survive.

Different types of relationships:

Personal

- More informal in a way that people are more frank in such relations

Professional

- Professional relations are a bit formal and are more intended towards satisfying benefits or work

How to build good relation can be?

Develop
people skills

Identify your
relationship
needs

Schedule time
to build
relationships

Appreciate
others

Manage your
boundaries

Avoid
gossiping

Listen actively

Be positive