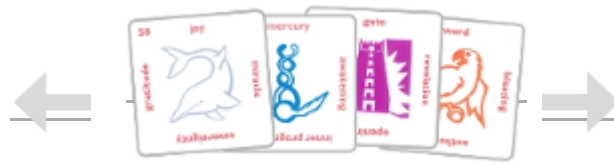


Eternity Game:Virgo



The Eternity Game



The Zodiac

[\[show\]](#)

VIRGO

We come on our heavenly pilgrimage to the Virgin who sprang fully armed out of the head of Zeus. For us it is important to remember that this psychological birth was made possible by the presence of Dionysos, the god of rapture and joy. The Virgin brings the

purity

of the newly-born, who, Jesus says, see God. But there is also an acquired purity, one drop of which will make pure a whole well of impurity, and that is to have only God in your heart and think of nothing else. She takes her seat in our

readiness

to receive her joyfully, and calls us to her particular path which is

meditation.

If you didn't learn how to meditate in a former life or prenatally in this one, or if your mother didn't meditate with you before she taught you to talk, you will have difficulties at the beginning. You will have to teach yourself, gently and patiently as a mother would teach her baby. Let yourself be carried by your aspiration, that inner fire which is in you.

Call to the Divine or a guardian angel or your guru and meditate only in that presence. Never try to meditate when you are depressed; inner joy is the best teacher. There is no easy or infallible trick for successful meditation, but here is what St. François de Sales has to say: *“If thy heart wanders or is distracted, bring it back to the point quite gently and replace it tenderly in its Master's presence. And even if you do nothing during the whole of your hour but bring your heart back and place it again in the presence, and it goes away every time you bring it back, your hour will be well spent.”* And he added, *“Be patient with everyone, but above all with yourself.”* The effects of your endeavours are cumulative; no effort is lost.

And here is what Sri Aurobindo tells us about an ideal meditation:

His soul was all in front like a great sea
Flooding the mind and body with its waves;
His being, spread to embrace the universe,
United the within and the without
To make of life a cosmic harmony,
An empire of the immanent Divine.^[1]

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1. *Savitri*, p.318, “The House of the Spirit and the New Creation”

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