

User Manual for Migraine Tracker App

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Accessing the Migraine Tracker

The Migraine Tracker Application can be accessed by visiting migrainetracker.herokuapp.com.

If you have an account you can click the “log in” link to log into your account and begin using the application.

If you do not yet have an account click on the “create account” link and fill in your account details. After filling out your account information you will have immediate access to all of the features of the website. Please do not lose the email or password associated with the account because there is no way to recover this information if it is lost.

Creating Reports of Important Events

The primary purpose of the Migraine Tracker application is to keep track of migraines and other events that may trigger migraines. This is done by submitting reports similar to events tracked by pen and paper migraine journals. To submit a report click on the appropriate link for the types of report that you would like to submit. This will bring you to a page with all previous submissions of that type of report and a link to create a new report. To create a new report, click on that link and fill in whatever details you would like to log on that report. This same method can be used for all report types in exactly the same way.

Currently the application tracks reports associated with:

- Migraines
- Medication Usage
- Stressful Events
- “Other Reports” for any other events that you would like to log.

Viewing Reports

Reports can be viewed by clicking on the appropriate link for the type of reports that you would like to view. This will bring you to a list of all previously submitted reports as well as links to edit and delete these reports. You can also find links to create reports as was detailed in the previous section.

If you would like to get a more detailed report of previous reports you can use the “View Analytics” feature detailed later in this manual.

Analytics

The Migraine Tracker application is also capable of performing basic analytics (calculations) on your reports. To view these analytics click on the “View Analytics” link on your home page. This will bring you to the Analytics page with graphs and other information about trends in your reports such as what time of day you are most likely to get migraines.

Export Reports to PDF

If you would like a copy of your reports in PDF format to print out or email, you can use our Export feature by clicking the “Export” button on your home page. This will open a download of a PDF file with your reports in table format. This can be either Saved or Opened based on your web browser settings. You can then email or Print out that PDF using standard PDF reading software such as Adobe Acrobat.

Additional Questions, Comments, and/or Concerns?

If you have any additional questions, comments, or concerns about the Migraine Tracker application you can contact us by emailing example@example.com