# clinic 1

Patient: sam, sam	<b>DOB</b> : 01/02/1234 (790)
Provider: ore, provider	Primary Insurance: sdf (6566)
Office: asda	Secondary Insurance: ()
	DOS: 03/05/2024
General Health Information	
Patient is Feeling New symptoms	were seen in patient since last call such as vhjfkjh Patient
not following medication regimen I	Medication is causing side effects such as Diet Plan :
Dationt has hard time sticking	a to diet
Patient has hard time sticking	j to diet.
A 11: 14	
Acitivity of Life	
Linia a Otata	
Living Status	
Living with <b>vhkjv</b>	
Medication Update	
A 01 1 1 1 0	
Any Changes to your Medication?	Kbvkbvkmnbmnb
<b>Chronic Conditions</b>	

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Hypertension

Patient has checked BP At Home kgkjlgb The following symptoms were exhibited by the patient:

SOB Sweating Fatigue Dietary Recommendation: Low Sodium Diet Side effects with anti-hypertension medication: klvkj **Hyperlipidemia** Patient has done lab test to check Cholestrol level **Cardiac Heart Condition** Patient has done EKG, ECHO, stress test since last visit kblkbl.

## Plan/Goal

#### Short Term Goal

## Diabetes:

Maintain fasting BS 80-120. Patient is asked to eat low carb and sugar diet. COPD:

Improve exercise tolerance by gradually increasing exercise. Check 02 saturation level regularly Obesity:

Educated & motivated patient to consume healthy diet, Patient is asked to walk daily, avoid fatty and salty food, and avoid smoking

# Follow Up

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