**DISCLAIMER**

The recommendations provided in the report is based on the assessment of the Gene Risk and information provided by the user and it does not account for the existing conditions of health if any the user have or the medication that is being prescribed to the user. The report is not a substitute to any medical treatment and a physician consultation is not required to adapt the recommendations in the report.

The following assumptions are made for recommendations with regards to diet or the exercise routine provided in the report:

* The user’s health is in a good state and the user does not have any medical issues that the user is aware of
* That the user does not have any recurring health illness in the past one year from the time of the gene test.
* That there is no recommendation by a medical practitioner to not exercise;
* There is no detection of food allergies that may affect the diet recommendation;
* That there is any restriction on the ability to exercise or diet due to any prescribed medication by a medical practitioner;
* That there is no presence of any other reason that might restrict in following the recommendations of the report.

The user must consult a medical practitioner if at any point of time he has apprehensions or concerns about the recommendations provided in the report before or after implementing them in their lifestyles.

The genetic tailored recommendations for the conditions in the report may change over time as there are changes in the scientific and medical information, also conditions or traits are based on several factors such as the diet, lifestyle, genetic variants, your risk assessment etc.

The pharmacogenomic panel refers to the interaction between the genetic predisposition and responses to the therapeutic drugs. The report does not establish medical advice, medical diagnosis, or any medical treatment and the report is for investigational purpose only. The report must be interpreted by a licensed medical practitioner who is qualified for the same. The evaluation includes limited sets of polymorphisms and not report for any mutation that is not included in the test panel and the report does not constitute factors like drug on drug interaction and drug-food interaction. The evaluation is conducted by trained professionals using standard equipment and lab designed protocols.

You will not hold responsible Gene-thing or its employees, representatives or its officers against all expenses, losses and costs pertaining to the recommendations. At all times the user is responsible for all or any action the user may or may not take as a result of the recommendations in the report.

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