

Emergency Care

Toothache: Clean the affected tooth. Rinse the mouth thoroughly with warm water or use dental floss to dislodge any food that may be impacted. If the pain still exists, contact your child's dentist. Do not place aspirin or heat on the gum or on the aching tooth. If the face is swollen, apply cold compresses and contact your dentist immediately. Over the counter children's pain medication, dosed according to your child's weight and age, might ease the symptoms.

Cut or Bitten Tongue, Lip or Cheek: Apply ice to injured areas to help control swelling. If there is bleeding, apply firm but gentle pressure with a gauze or cloth. If bleeding cannot be controlled by simple pressure, call a doctor or visit the emergency room.

Knocked Out Permanent Tooth: If possible, find the tooth. Handle it by the crown, not by the root. You may rinse the tooth with water only. DO NOT clean with soap, scrub or handle the tooth unnecessarily. Inspect the tooth for fractures. If it is sound, try to reinsert it in the socket immediately. Hold the tooth in place by biting on clean gauze or a washcloth. If you cannot reinsert the tooth, transport the tooth in a cup containing the patient's saliva or milk. If the patient is old enough, the tooth may also be carried in the patient's mouth (beside the cheek). The patient must see a dentist IMMEDIATELY! Time is a critical factor in saving the tooth.

Knocked Out Baby Tooth: Contact your pediatric dentist during business hours. The baby tooth should not be replanted because of the potential for subsequent damage to the developing permanent tooth. This is not usually an emergency, and in most cases, no treatment is necessary.

Chipped or Fractured Permanent Tooth: Contact your pediatric dentist immediately. Quick action can save the tooth, prevent infection and reduce the need for extensive dental treatment. Rinse the mouth with water and apply cold compresses to reduce swelling if the lip was also injured. If you can find the broken tooth fragment, place it in cold milk or water and bring it with you to the dental office.

Chipped or Fractured Baby Tooth: Contact your pediatric dentist

Severe Blow to the Head: You need immediate medical attention. A severe head injury can be life threatening. Keep in mind that an emergency medical team might be able to reach you faster than you can get to the hospital.

Possible Broken or Fractured Jaw: Keep the jaw from moving and take your child to the nearest hospital emergency room.