

Dr. A P J Abdul Kalam School of Engineering

Established under sub section (3) of Section 1 of Garden City University Act,
2013

SUBJECT : WEB DESIGNING

TOPIC : WEBSITE (MOUNTAIN HIKING)



ja

JEEVAN AD 23BTRE120
UGHANDHAR REDDY 23BTRE149
ARSHAT 23BTRE124
INDU 23BTRE118

Introduction to Mountain Hiking

Embark on a journey through the majestic peaks and serene valleys of the mountains. Hiking offers a chance to immerse yourself in nature, challenge your physical abilities, and revel in the breathtaking views that await.

Choosing the Right Gear

Comfortable Footwear

Invest in a sturdy pair of hiking boots or shoes with good traction to support your feet and ankles on uneven terrain.

Breathable Layers

Dress in lightweight, moisture-wicking fabrics that can be added or removed as the weather changes.

Essential Accessories

Pack a backpack, water bottle, snacks, first-aid kit, and navigation tools to ensure a safe and comfortable hike.

Preparing for the Hike



1

Research the Trail

Study the trail maps, elevation profiles, and difficulty ratings to plan your route and set realistic expectations.

2

Condition Your Body

Engage in regular cardio and strength-training exercises to build the endurance and muscle power needed for the hike.

3

Pack Wisely

Organize your gear and pack light, ensuring you have everything you need without weighing yourself down.

Navigating the Trail



1

Identify Landmarks

Observe distinctive features, such as peaks, rivers, and rock formations, to track your progress and stay on course.

2

Use a Map and Compass

Rely on these navigation tools to orient yourself and make informed decisions about your route.

3

Follow Trail Markers

Look for signs, blazes, and other indicators that will guide you along the designated path.

Staying Safe on the Mountain

1

Respect the Weather

Check the forecast and be prepared to adjust your plans if conditions become hazardous.

2

Hydrate and Refuel

Drink plenty of water and consume high-energy snacks to maintain your stamina and prevent fatigue.

3

Know Your Limits

Listen to your body and be willing to turn back if the hike becomes too challenging or dangerous.

4

Communicate and Backup

Share your plans with others and bring a charged phone or satellite communicator in case of emergency.



Enjoying the Scenic Views



Capture the Moment

Take breathtaking photos to commemorate your adventure and share the beauty of the mountain.



Observe Wildlife

Keep an eye out for majestic animals, such as deer, birds, and even the elusive mountain lion.



Savor the Scenery

Find a scenic spot to enjoy a well-deserved snack and soak in the stunning vistas.



Embrace the Moment

Take a moment to pause, breathe deeply, and connect with the tranquility of the mountain environment.

