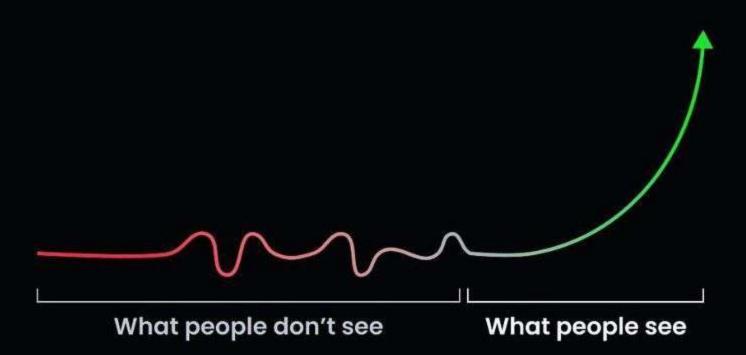
### WHAT WE DO

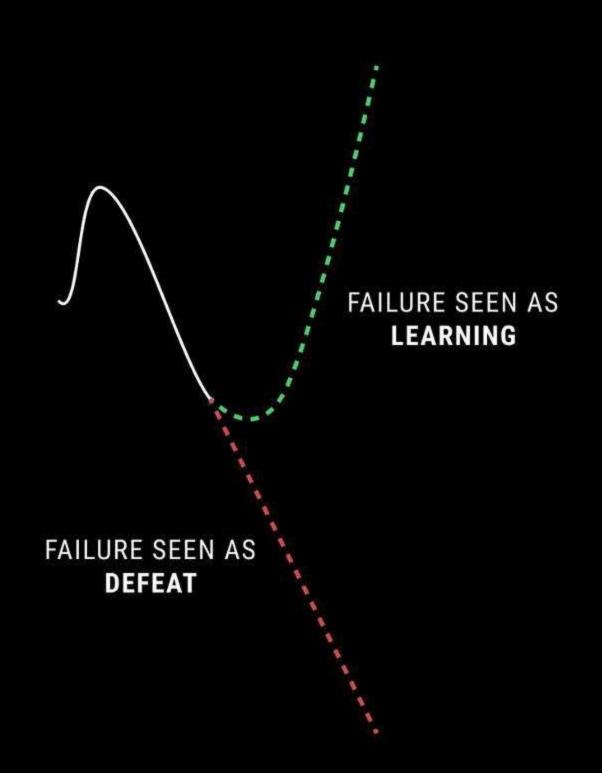
WORRYING ABOUT

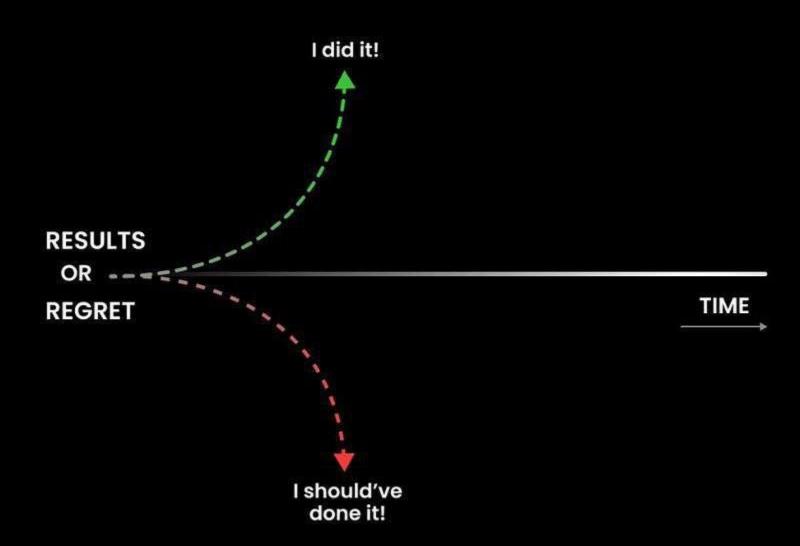
PUTTING EFFORT

## WHAT WE SHOULD DO

**PUTTING EFFORT** 





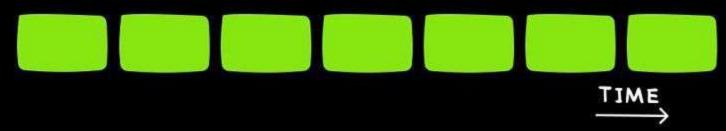


### YOU DON'T HAVE TO BE EXTREME

BURNOUT

TIME

YOU HAVE TO BE CONSISTENT



25 MIN @ 350°C

10 MIN @ 700°C

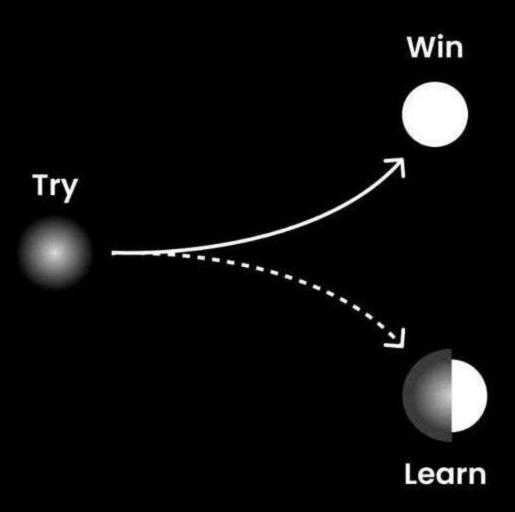






FEW PROCESSES CANNOT BE RUSHED

# You never fail!

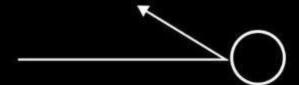


I never lose. I either win or I learn.

Nelson Mandela



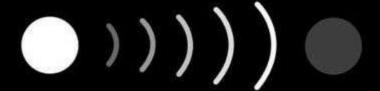
### Some listen to reply



Some listen to understand



# Don't raise your voice



### Improve your argument

