



@Rasha Omran



Set clear and specific goals for what you want to accomplish each day or

week.



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Prioritize tasks based on importance and urgency.



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Mobile app developer| WTM ambassador



Use a task manager or to-do list to keep track of your tasks and deadlines.





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Avoid multitasking as it can lead to decreased productivity and increased stress.



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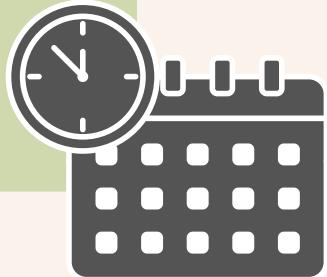


Break down larger tasks into smaller, manageable chunks.





Use timetracking tools to monitor how you spend your time and to be more efficient.







Take regular breaks to prevent burnout and maintain focus.





Eliminate
distractions as
turning off
notifications.





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Learn to say no to nonessential tasks and meetings.







schedule your most important tasks during your peak productivity hours.







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