FOREST PARK COWL

A simple cabled cowl with garter stitch ribbing.

DESIGNED BY LIZ ABINANTE



MATERIALS

YARN

Approximately 300 yards / 274 meters aran weight yarn.

YARN SHOWN

The Plucky Knitter Primo Aran (75% Merino, 20% Cashmere, 5% Nylon); 200 yards/183 meters per 115 grams (1.5 skeins) in Forest Park

NEEDLES

US 7 (4.5 mm)

GAUGE

16 sts, 24 rows per 4in/10cm, garter stitch ribbing.

NOTIONS

stitch marker

cable needle (optional)

darning needle

FINISHED SIZES

One: 10.5 in / 26.7 cm tall; 24 in / 61.0 cm circumference at smallest opening; 33 in / 83.8 cm circumference at largest opening

INSTRUCTIONS

CO 120 sts.

pm and join for knitting in the round, taking care not to twist.

CABLE SET ONE

Round 1: *k5, p2, k8, p2, k5, p2, rpt from * to end.

Round 2: *k1, p3, k1, p2, k8, p2, k1, p3, k1, p2, rpt from * to end.

Round 3: *k5, p2, k8, p2, k5, p2, rpt from * to end.

Round 4: *k1, p3, k1, p2, C4F, C4B, p2, k1, p3, k1, p2, rpt from * to end.

Repeat Rounds 1–46 times more (7 times total).

CABLE SET TWO

Round 1: *k5, p2, k8, p2, k5, p1, m1p, p1, rpt from * to end.

Round 2: *k1, p3, k1, p2, k8, p2, k1, p3, k1, p1, k1, p1, rpt from * to end.

Round 3: *k5, p2, k8, p2, k5, p1, m1l, kfb, m1r, p1, rpt from * to end.

Round 4: *k1, p3, k1, p2, C4F, C4B, p2, k1, p3, k1, pfb, C4F, pfb, rpt from * to end.

Round 5: *k5, p2, k8, p2, k5, p2, k4, p2, rpt from * to end.

Round 6: *k1, p3, k1, p2, k8, p2, k1, p3, k1, p2, k4, p2, rpt from * to end.

Round 7: *k5, p2, k8, p2, k5, p2, k4, p2, rpt from * to end.

Round 8: *k1, p3, k1, p2, C4F, C4B, p2, k1, p3, k1, p2, C4F, p2, rpt from * to end.

Repeat Rounds 5–8 9 times more (10 times total).

FINISHING

BO all sts and block gently.

Pro tip: use beer, wine, or soda bottles to block the edges of your cowl to prevent unsightly fold marks.

ABBREVIATIONS

BO bind off

CO cast on

k knit

kfb knit through the front and back

m marker

m1p make one purl

m1l make one left

m1r make one right

p purl

pfb purl through the front and back loop

pm place marker

rpt repeat

sl slip

slm slip marker

sts stitches

SPECIAL ABBREVIATIONS: CABLES

C4B slip 2 onto cable needle and hold in back, k2, k2 from cable needle

C4F slip 2 onto cable needle and hold in front, k2, k2 from cable needle

PATTERN VERSION

INFORMATION

CURRENT VERSION: 3 (JANUARY 4, 2015)

Version 2: corrected Cable Set Two, Round 2. Originally ended with p1, k2, p1. Corrected to p1, k1, p1.

Version 3: corrected Cable Set Two, Round 3. Originally ended with p1, m1l, k1, m1r, p1. Corrected to p1, m1l, kfb, m1r, p1.

Get pattern help!

© 2014-2015 Liz Abinante (license) ArtCraftCode.com is an open source project.