1) Download Telegram on your device

IOS - https://www.google.com/url?

 $\underline{sa=t\&rct=j\&q=\&esrc=s\&source=web\&cd=\&cad=rja\&uact=8\&ved=2ahUKEwif3ZaOgP6CAxWkQ0EAHRqoAY4QFnoECBMQAQ\&url=messenger%2Fid686449807\&usg=AOvVaw3oJJUhV4X73FpHmoPVhnc6\&opi=89978449}$

 $Web - \underline{https://www.google.com/url?sa=t\&rct=j\&q=\&esrc=s\&source=web\&cd=\&cad=\underline{rja\&uact=8\&ved=2ahUKEwjo99-xgP6CAxXeU0EAHfaaCr8QFnoECAYQAQ\&url=https://3A%2F%2Fweb.telegram.org%2F\&usg=AOvVaw0ll4JHsSdBRCge6TQdJlip&act=backgeftqdJlip&act=backgef$

- 2) Watch the video (https://youtu.be/xG1DkbxkX_A?si=ktCy3bCx2bN7b_s_) and set up your account
- 3) Go through the steps





