

# Conversation with my higher self

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# Foreword

First of all, this is a NO-BUDGET-Project. Please excuse my English. I did not find an editor and English is not my mother tongue, so there might be a few mistakes and my grammar might not be the best.

If you don't like to read books with failures, then it's might not be for you. Give it to someone else instead of complaining. Complaining does not help you and it does not help me.

But if you find this book kind of valuable, then I invite you to create a recession at Amazon and leave a few stars for the rating, that helps other people to find my book and it helps me to survive and wright more book.

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A large part of my knowledge in this book was given to me at the time and I am hereby passing it on to you.

# My first conversation

I was going into a meditation, walked over a green field and entered my house in the forest to visit my higher self. I opened the door and start to ask my higher self if he likes to write a book with me. I want to know how the mankind or better say how mother earth will survive. I started to talk in my mother tongue.

Möchtest du mit mir auf Deutsch kommunizieren oder möchtest du mit mir auf Englisch kommunizieren? (Do you want to communicate in German or English)

English

So I will communicate in English with you.

Thank you

Some facts about this very special day. It is Thursday the 28th of January in 2021. I have died exacly 7 years ago. Today is also full moon. The wulfmoon. I only have got 6,- € left for food. The tank of my car is empty so I cannot drive. Yesterday was the last day I had internet. I don't know why I am offline, but that does'nt matter. Now I have time to write this book for me and for you.

Sorry bro, that I let you wait.

Its ok, take your time.

How can I begin?

Ask me, who I am.

Who are you?

I am your father.

You mean, you are my physical father?

No. I am god.

Father is it true, that we will become gods one day?

Yes

Father is it true, that we are all one?

Yes

So, every men on this planet is me?

Yes

So, this includes also women?

Yes

So, if we hurt someone, we hit our selves?

Yes, exactly

Why do we have wars. Why do we have fights?

Because you don't knew that you are all ONE.

How can we stop the fight and the wars?

Tell the truth

This is what Ghandy found out about all religions...telling the truth is the key.

Yes

I see that I am doing something like Neal Donald Walsh has done before. Is it ok to do something similar.

Yes...we will have a different conversation

So, is it about that I am telling the truth?

You are telling my truth

But your truth is filtered through my perception.

You will reach the right people. They will feel it. They will feel the truth through shivers in their body.

Do we reincarnate?

No

So, we are going to nirvana?

No

Where are we going?

You will live forever

Did I do something wrong that I have to live forever?

Are you kidding me?

But our bodies get older.

Bullshit. I gave you a body that already stopped to get older. You already know about the 7 years where all cells regenerate. So your body is not older than 7 years. Only your mind is getting, lets say wiser.

So, all of us stay young?

Not that. Some will get older and die.

Why are they dying?

Because they don't believe in imortality.

Can I help them?

Why do you want to. They will wake up on their own one day, like you did.

But I had help from other people like Neal.

You only helped yourself. The others don't read this book, or they read it, but didn't get it.

Sorry that I let you wait again. (I added something on the top of this book)

Its ok. Time doesn't really exist.

So, what is time?

Time is a construct of you-man-being. It has been used to enslave the people.

Nice wordplay

;-)

Why do we enslave people?

Ask yourself

But I don't have slaves

You have. Dogs for example.

But that was just for one year.

And you put her on the leash and try to command her.

I see. But I have been told to do so.

Yep...everybody else who is part of the enslavement has been told to do so.

Where does this start?

Many, many, many years ago. You tried to cultivate food and you used land for that. Some hungry men came and eat from your food. So you start to fight against them. You then build a fence around the land. You also imprisoned your beloved wife, because you don't wanted any other men to make love to her and make her pregnant, because you don't wanted to feed children from someone else.

My gosh, I heard about that before from another book.

Yes, you or lets say he already wrote the book, but not everybody read it. Even you did not read the whole book.

So how can we stop slavery?

Just wake up

And they others?

Tolerate them. They have to learn it on their own. You cannot help them. They might kill you trying.

Shall I make a book out of this conversation?

You have already started

Will it help someone?

It will help you

So, was Andy Weir right with his story *The Egg*?

Yes, partly

We are different incarnations of ourselves in parallel?

Yes, that is true

All human beings are me?

No, thats not true

Do I remember myself if I meet myself?

Kidding?...you already met yourself several times. Do you remember all these lovely woman you were with? All your friends... Everybody you are interacting with on a physical level. But there are a few exceptions.

What exceptions?

Some (wo)men you don't feel love to. They just interact with you to exchange a bit of knowledge. Some of them are the so called statists. Some are there to show you some boundaries. Some of them give you a challenge.

They are not human beings?

They are. But they are not you.

But you have said we are all ONE?

Yes, thats true, but you are not sharing your soul with everybody. Many people have other souls, but from another point of view you are still all ONE.



Are we creating our reality?

Yep

But its a co-creation with all other human beings, right?

Yep

So we will not have paradise while there are still other beings co-create?

Calm down bro. Keep the faith. Time will tell.

# We are all ONE

To be honest I was hoping that we are all one and if I would awake, all others will also awake and we will have paradise on earth again.

It seems that this was not the case.

We ended our last talk with the conclusion, that we are not the only one on this planet.

Exactly, to be precise...all souls on this planet belong to the earth including the trees and the animals.

So we are different souls?

Yep

Will we leave the planet one day?

Yes, one day you will become like me, when you are matured.

So, in this Andy Weir was correct in his book *The Egg*?

Yep, almost everything he wrote was correct. He has just perceive it a little bit different.

Yeah. That doesn't really matter I feel.

Yep

If we believe in his book, than we already know, that we should not hurt someone else, because we might hit ourself.

Yeah, that's it.

Is this also the reason, that I am writing this book? That we can help other souls to find their way?

Yeah

How can we stop violence on earth?

Tell the truth

But we are living with these lies since thousands of years?

Good time to start

But then the whole ecosystem will collapse. The governments, the lawyers, the judges, big pharma, advertising, television they all will die out.

Yeah, its about time

Where should we start then?

Start to get rid of programming. Give away your television set.  
Stop to listen radio. Stop to use social media. Get rid of all these stimulation from the outside.

But we need social media to connect to each other.

What about talking?

But some friends are far away?

You can talk to each other when you see each other again.

I see. Today I am offline and I have got time to talk to you and to write this book. I was waisting much time online. I was talking to people that I have never seen in personal. Sometimes I thought that these people are artificial.

Yes. There is also AI involved to create some traffic on these websites.

A friend ask me once if I want to earn some money, chatting in a dating website.

So you already know it

But that's unfair

That's why you all should only tell the truth.

When the ecosystem is collapsed how can we survive? Where did we get food from?

Grow your own food.

And what about houses?

You already have got enough houses. Maybe you just have to repair some of them.

What about industrial product?

What would you really miss?

Computers

For what reason do you need a computer?

To play games, so do social media, to write software, to write books...

Do you really need that?

In university I have learned, that we only need shelter, food, water and love.

Thats correct

You mean that's enough?

Yep. The rest is luxury. But there will still be luxury, but you don't need industry anymore.

I see... I have to think about it, until I will have another question. Thanks for now.

# No need to work

So do you really believe that we are able to live without all these products?

As I already said. You only need shelter, food, water and love.

Don't we need to work at all?

No, not at all. Look at all these animals. Do they work? Look at all the plants. They are growing without the need to work.

But why are these people are all working like 40 hours a day?

You should ask them.

But how do we buy food? We need money to buy food.

Do you really need money? Have you ever just grab an apple from a tree?

Yes, but there are almost always fences around these fruit trees.

So, get rid of the fences then.

But the owner bought the land and that is his right to build a fence.

Who gave them the right? And why would you buy land at all. The land is free for all.

But they say we have to buy it. It is written in the laws.

Who made the laws?

They did.

Who are they?

Authorities

And? Who gave them the right to do so?

They gave themselves the right. These laws where there before I was born.  
The king is giving this to his son. And then this son is giving it to his son and so forth.

And who are these king? Why do you think that they can do that?  
Are they more worth than you?

They have got the army.

Now you are close

They send their army also to us to collect taxes.

Did you agree to that?

They would imprison me, if I do not pay.

Who is giving them the right to do so?

We all?

Law is just a fiction. A fiction is only working for those who believe in it.

But we all have to do what they are saying?

Really?

They send the police or their army after us

Really?

You mean, we don't have to accept their rules?

This is up to you.

But I am alone and they are more.

Do you really think, that you are the only one thinking like this?

I don't know

That's why you are writing this book. To find out.

How can I be sure that there are others like me?

Let them send you an email. Or let them send you a message on Telegram.

## Contact

If you want to get in contact with me, then please send me an email to [artanidos@gmail.com](mailto:artanidos@gmail.com) or contact me on Telegram using this number +351 969 31 28 08

# Soul plan

Last time we spoke about the laws and authorities.  
Now I want to ask you about transition. Who can we start to transform our economy to the better?

I told you already to get rid of media. Then you have only your own ideas left. You can do whatever **you** want and not what **they** want you to do. You are then able to have a chat with your higher self.

Yes, I know...just doing that.

So everybody else can do that also. You can then for example ask your higher self for the plan of your soul. Try it out right now.

Ok...what is my soul plan? What is my purpose in life?

Your purpose in life is to find out what your purpose is.

Haha, very funny.

What I mean is. Try out some different things. With one thing or the other you might feel more connected than with something else. What do you really like to do?

Hm...I like to have sex.

Yeah, I understand... How can you give that to the world?

Hm...I already give Tantra Massages, pratice Sexological Bodywork and I am giving workshops for a special tantric massage which I have kinda developed.

So you are on your way.

Not really...I like to give these treatments but almost nobody is interested in receiving it.

Have you got a studio where you can offer it?

No yet. I once had a studio on the west coast of Denmark...but only a few people came over to that place. Some people drove more than 100 km.



Wow, 100 km...than they were more than just interested in your work.

My wife drove about 1.000 km to get a traetment. We are separted since a few years.

I see. Did she liked it? Of course...so what if you settle somewhere, where you can attract more people? What if you settle somewhere you also can do your hobbies.

Yeah...there is a town in Portugal where I can also do kitesurfing close to. And the houses are very cheap compared to my hometown.

So, what are you waiting for?

I don't know...

What else do you like much?

I like to program useful software.

That's good. You can do this everywhere on this planet even in your studio while waiting for customers, who wants to get a massage.

Yeah...I was already thinking about that. I wanted to create something like that in Luzern already.

What has distracted you?

My life...I was in a toxic marriage that days. And than I have escaped to Denmark.

So think also about to create such a place in Luzern. Where is your hometown?

In Hamburg

Have you thought about creating such a place also in Hamburg?

Yes, but...at that time I was already without money.

Ah, I see. And you don't know where you might get money from?

Hm, I know how to make money. Was have been a millionare before.

So what's the point?

I have stepped out of the system.

Why?

I had a burnout. I don't wanted to work for the banksters anymore.

Did you knew, that there are also other branches other than banks?

But they do not pay so much.

Hello EGO

I see. I just have to drop my ego and work also for less money.

How much money do you have right now?

I have got around 80 to 150,- € a month.

How much money do you ask creating software for non-banks?

I would ask for 75,- € an hour.

Do you see it?

Oh my gosh. I just have to work two or three hours a month to get more than I have now. Why am I sooo blind?

Welcome back brother

# Transition

After I found a solution to be able to create a nice life for myself it's now your turn.

Ask yourself or ask your higher self these questions from the previous chapter and go for it.

Now that I have found my soul plan, what also needs to be transformed?

The whole economy can be transformed. Some people might still think that it's still a good idea to hort things. Would you like to hort apples for example?

Of course not. The will become bad after a while. I would rather share them with my friends and neighbors.

That's what I like to hear.

We have to eat them immidiatly and they will grow again on it's own.

Exactly...but some people still hort money. They don't know that they are living in abundance.

Yeah, how can we deal with this?

Don't give them their money. Don't buy their products. Don't use their services and don't borrow money from them. Also don't work so much so that you don't earn so much money and then you don't have to pay that much taxes.

What else can we do?

One idea is to not work commercial anymore. Create an association instead and give your products and services only to club members. They pay a monthly membership fee or a temporary membership and they will get free product and services from you.

So I am able to also create private club events?

Of course. For members only. You even don't need a license to do that, because it's not commercial at all. You are not doing this for

the money. Instead you are doing this for your members for free. You can also exchange goods between members without asking for money.

You mean we can create a parallel economy in a small circle?

The circle can also be bigger. Your associating is able to spread across the globe. In these circles one may bake bread. Another one creates furniture and another one is giving massages. All for free. And if you are not writing bills you are not getting money and so you don't have to pay taxes.

Wow, that sounds like a big thing.

Not big...but easy. How much time do you waist for writing invoices? How much time do you spent for declaring taxes? Now you have got all this time to have freetime.

And the freetime I can use to be creative and think about other ideas how to give something to my community.

Yep

I am going to dream about this right now. CU later.

CU

# Housing

So what's left?

What may I ask next?

What else do we need to have a wonderful life?

How can we live in the near future. What kind of housing do we really need?

Yeah, that depends where you want to live. Is it cold in winter? Is it rainy. Do you need much sun, because it's dark in winter?

Lets assume we are living in Portugal for example.

There, if its in the south, you don't need an oven at all. There you don't need insulation. You can build small tiny houses like domes and containers. You could also live in a mobile home and travel south when it's getting colder.

And what to do in Schweden for example?

There you can build very cheap log houses with a fireplace. There is much wood to burn in winter and the logs give a good insulation. No need to have a concrete house with expensive insulation.

Is it good to have a concrete floor?

No, this will separate you from mother earth. You should walk on the earth or on wood instead.

Do we need electricity and water from the grid?

No not at all. If you really need electricity go with solar panels, wind generators or the like. Water you can collect from the rain or you can dig a well or you can look for a source. The nature is telling you where to find a water source. Ask the people who live there how to find a source.

# Laws

I was thinking how we could get rid of their laws and rules.

I told you already their rules are just fiction. If you don't believe in them, then they are not affecting you at all.

But they might imprison me for what ever I do.

What if you create your own rules and write them down. Share them with friends and let them sign the rules. If you get together a critical mass on people for a new law, then these rules become guilty like their rules. If you find for example 1.000 people that are signing these new rules, then you have got more people sticking to that rules than you have to the governments rules. The government, if they call themselves democratic, will decide for their rules in the parliament. There are only about 300 seats. So at maximum only 300 people decides for a rule. So your own rules have more power.

Wow, what an idea. I have to share this with others.

Yeah, finish this book. Publish it and advertise for it. Everybody who will read it, might agree with these new rules and will therefore spread the word about this book.

Oh, shall I ask for money to sell this book then?

Yes, of course. Why not? You are working on it so you deserve an energy exchange.

Shall I put some new possible rules into this book?

Yeah, make some samples.

How can be sure, that more people will like these new rules?

First of all. These rules must be for the people and not for the corporations. Then remember the phrase from Michael Teller.  
**If it's not good for everyone, than it's not good at all.**

Jep, I remember. This was from the UBUNTU movement from South Africa.

Exactly

How can we sure or how can we state that there have been many people signing for that rules?

Have you heard about direct democracy or basic democracy?

Yep, I have been living in Switzerland

They have direct democracy, but they also have got the media. So the people often vote, what main stream media is telling them.

So how can we do it?

You are a software developer. Lets create an app for this. Only people who are using this app will know about these rules. So main stream media doesn't know about it and therefore they will not interfere. At least not in the beginning.

How can we get rid of main stream media?

Don't use it

But they will manipulate other people?

That doesn't matter at all. When you have got 1.000 people who signed these new rules they are activated. They are parallel to their rules. Try to also get lawyers involved. They will know how to deal with that and can help your small circle. The other people can still have their set of rules and you have yours.

# Rules Draft

These rules are just a possibility. We might change them so that they fit to everybody. First we have to repeat human rights as they were stated in the Grundgesetz (kind of constitution) in Germany in the first version. These human rights should be made non changeable!

Then we should focus on only a few rules. As I have learned when I made my driving license the first rule was:

**Do not harm anybody.**

This would be already enough, but we can also state some special rules which allows us to do things, which are forbidden in their rules.

For example:

It is allowed to drive a car after having a minimum of 10 lessons in driving.

It is allowed to drive a car without check control when you can state, that the car is healthy to drive without a risk.

It is allowed to drive a car with your own numberplates which you have to register online with a special service made available for members of ... (maybe an association created by us, which also functions as an insurance. So you only have to pay a membership fee and you get numberplates and insurance. If there is an accident, we might all put our money together to pay the opposition).

You don't have to pay taxes.

You can not be imprisoned by there police.

The rules of their laws are not relevant for us. ( A lawyer has to write this for us ;-)

## Ending

These are only a few rules. Let us know if there are more ideas from you. But keep in mind. The less rules the easier to remember.



# About the author



Adam Art Ananda was born on November 20, 1963 as a Scorpio, a Virgo ascendant with a moon in Capricorn and a lot of Sagittarius energy in Hamburg and grew up in the district Pinneberg. After finishing secondary school, he trained as a machine fitter. When he was torn from the work process by a disease of the spine, which he didn't enjoy anyway, he decided to enroll in the master's school. At the same time, he began a distance learning course to become a mechanical engineer. There was a very long waiting list for the master school and Art dropped out of the technician course after the second semester, as he had already developed his first program during his studies, through which he could earn a lot of money in a short time. Out of sheer curiosity, Art continued to research in the field of software development and five years later was hired for the first time as a consultant for a large chemical company. Some top 500 companies were then his clients for the next few years until the stock market crash in 2000 finally forced him to give up. After the tax office blocked all his accounts and he had to lift his fingers, he moved to Switzerland. There he worked for a few years for an airline and later for a bank. Art studied graphic design and *human computer interaction design* in Switzerland. He dropped out of the latter in the third semester, as he already knew most of what is taught there from his *graphic design* studies and (at his age) was no longer dependent on a master's degree.

Art currently works as a tantra masseur, gives sessions in Sexological-Bodywork, supports singles and couples in SlowSex, teaches people in

tantra massage and gives various other workshops to help people lead a better, more exciting and fulfilling life.

He is also committed to implementing the UBUNTU movement. UBUNTU ("I am because we are") is an idea for a community in which there is neither money nor exchange nor trade. Everyone does what they want and what they are talented for. He gives his time for the good of the community in which he lives. In return he will certainly get what he needs from the community. Art can often be found in Denmark for kitesurfing, plays the djembe together with a few people in Mauerpark in Berlin, creates communities in Portugal, he drove motocross and racing kart, likes to snowboard and sail catamarans. In addition, he prefers to ride his bike than by car through the city and is constantly trying out new things that he might like.

He rejects monogamy as well as polyamory, at least if they are lived in closed relationships, for himself and therefore lives as a single according to the principle of poly-anarchy. That means that he is with one or more people in the moment and just enjoying that moment. You're just together until you break up the next day or even after a few days or weeks. Then you may meet with other people or again with the previous ones. Just as everyone likes it.

# Glossary

Word	Description
UBUNTU	UBUNTU is a movement in South Africa, where the people live in abundance with they need to use money, barter or trading

# Books

Title	Author
The egg	Andy Weir