

**Addled**

Mentally foggy; thoughts are muddled and unclear.

**Befuddled**

Dazed and slow to think, as if intoxicated or stunned.

**Spooked**

Startled or nervously on edge after a sudden fright.

**Stumped**

At a complete loss; unable to solve one problem or respond.

**Uninspired**

Feeling a lack of motivation or creativity.

**Scared**

Afraid; in a state of fear, possibly leading to hesitation or flight.



**At a Loss for Words**  
Mentally stunned and socially silent; can't respond.



**Confused** –  
Slight mental disorientation, difficulty focusing.



**Cowering** –  
Minor fear, instinctively shrinking from danger.



**Dazed**  
Disoriented, struggling to focus.



**Impatient**  
Impulsive or restless, unable to wait.



**Disabled** –  
Minor disability, like losing a simple function temporarily.



**Stunned –**  
Temporarily  
knocked off  
balance, dizzy or  
shaken.



**Limping –**  
Movement is  
impaired due to  
minor leg injury.



**Out of Breath**  
Winded after  
exertion; may  
affect  
performance.



**Winded**  
Temporarily  
knocked  
breathless or  
strained.



**Bruised**  
Minor physical  
injury; bruises  
that ache but  
don't hinder  
much.



**Wozy**  
Dizzy or  
lightheaded,  
possibly from  
pain or poison.



**Bloody Lip**

A cut or bruise on the lip, painful but manageable.

**Fatigued**

Tired but still functional.

**Multiple Bruises**

Several painful impacts, visibly beaten up.

**Broken Nose –**

Painful but not life-threatening injury, affects appearance temporarily.



**Internal Bleeding on a leg or arm**  
causing slow blood loss and pain.

**Shivved**

A quick, shallow wound that causes pain and bleeding.



### **Confused**

Struggling to understand what's happening; disoriented.



### **Crisis of Confidence**

Deep self-doubt undermining your actions.



### **Fatigued**

Mental exhaustion, affecting focus and alertness.



### **Frightened**

Overcome by fear, but not incapacitated.



### **Grappling**

Mentally struggling to overcome a challenge.



### **On the Run**

Mentally exhausted, trying to escape or avoid something stressful.



### **Paralyzed**

Mental paralysis, unable to make decisions or move forward.



### **Perplexed**

Mentally entangled in a complex problem; unsure how to proceed.



### **Scorched Earth**

Destroyed emotionally, but with the possibility of recovery.



### **Sickened**

Overcome with disgust, fear, or dread that impacts mental clarity.



### **Terrified**

Overwhelming fear inhibits rational thought and action.



### **Writers Block**

Creative paralysis; completely stuck.



### **Crushed**

Serious injury, bones or muscles damaged, but still able to function.



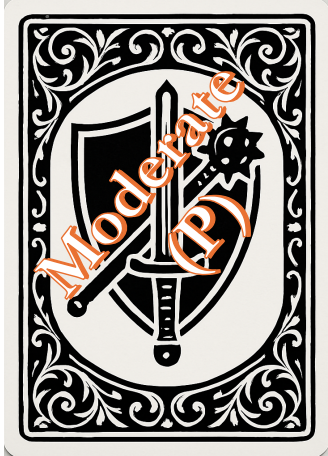
**Lame** Leg injury causes major difficulty in moving.



**Fatigued** Deep exhaustion reducing endurance or effectiveness.



**Mauled** Brutally injured; painful and impairing.



**Multiple Bruises** Several painful impacts, visibly beaten up.



**Out of Breath** Same as mild version, but more severe or lasting.





**Stabbed** Minor stab wound, bleeding can be controlled but needs attention.



**Fracture**  
Broken bone, pain is significant, but mobility can still be managed.



**Shivved** A quick, deep wound that causes pain and bleeding.



**Twisted Ankle**  
Painful, limits movement, balance compromised.



**Minor Scandal**  
You've done something that causes gossip or shame.



**Mortified**  
Deeply ashamed; possibly humiliated in public.



**Despondent**

Apathy or hopelessness sets in; lost the will to act.

**Disabled**

Major mental impairment, affecting longterm functioning.

**Dying**

Extreme mental breakdown, loss of selfawareness or control.

**Forlorn**

Utterly alone or abandoned; emotionally broken.

**Hysterical**

Mentally overwhelmed and socially unmanageable; intense emotional outburst.

**Paranoid**

Convinced others are out to get you; trust breaks down.

**Petrified**

Completely frozen in fear, unable to act or respond.

**Shellshocked**

Overwhelmed to the point of breakdown, unable to continue functioning normally.

**Terrified**

Same name as moderate, but here it's utterly crippling.

**Unhinged**

You've lost your grip on reality; extreme instability.

**Laughingstock**

Widely mocked and ridiculed by others.

**Sullied Reputation**

Your name is tarnished; trust and respect eroded.



**Bleeding to Death** Critical injury; rapidly losing health or time.



**Broken Bones** Major fractures causing immense pain and dysfunction.



**Exhausted** Total physical depletion; collapse is imminent.



**Hamstrung** Severely limited movement due to injury or sabotage.



**Lacerated** Deep and severe cuts, lifethreatening if untreated.



**Internal Bleeding** Major organ damage, lifethreatening if not treated immediately.



**Powder Burn**  
Severe damage  
from heat or  
chemicals.



**Shivved** Deeper  
or more  
dangerous  
wound causing  
substantial  
damage.



**Stabbed**  
Severe stab  
wound with  
immediate  
lifethreatening  
risk.



**Crushed**  
Serious injury,  
bones or  
muscles  
damaged, You  
are totally  
disabled.



**Decapitated or  
Brain crushed**  
Instant death.



**Cut in half**  
Instant death