

# Abhishek Gupta

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## Professional Summary

A dedicated and results-driven professional with a postgraduate degree in Sociology and a solid foundation in multidimensional academic research and fieldwork. Experienced in conducting in-depth research, including authoring two academic theses, with a strong ability to analyze complex data and draw actionable multidimensional insights. Demonstrated expertise in human resource management and operational oversight, having served as the Human Resource and Operations Head at Youthwillers Lucknow. Skilled in talent acquisition, team management, process optimization, and strategic planning, with a commitment to fostering organizational growth and efficiency. Adept at bridging the gap between research, people management, and operational execution.

## Skills

### Research and Analytical Skills:

- Academic research and data analysis
- Qualitative and quantitative research methodologies
- Thesis writing and report generation
- Statistical analysis and data interpretation

### Communication and Interpersonal Skills:

- Strong written and verbal communication
- Presentation and report delivery
- Cross-cultural communication and collaboration
- Stakeholder engagement and relationship management

### Leadership and Team Management:

- Team leadership and mentoring
- Conflict resolution and team-building
- Training and development of staff
- Decision-making and problem-solving

### **Human Resource Management:**

- Performance management and development
- Conflict resolution and employee relations
- Talent acquisition and recruitment
- Employee engagement and retention strategies

### **Operations Management:**

- Strategic planning and project management
- Cross-functional team coordination
- Organizational efficiency improvement
- Process optimization and workflow management
- Resource allocation

### **Technology and Adaptability:**

- Using contemporary technologies
- Like chat GPT and AI to reach to results faster

## **Work History**

### **Human Resource and Operations Head**

*Youthwillers*

2023

- Spearheaded human resource functions, including recruitment, onboarding, employee relations, and performance management, for a growing team.
- Led operational processes to enhance organizational efficiency, overseeing resource allocation, and workflow management.
- Developed strategies that aligned with organizational goals, resulting in improved employee satisfaction and retention.
- Coordinated with cross-functional teams to ensure smooth daily operations and address any operational challenges.
- Managed employee development programs, focusing on training, mentoring, and career growth opportunities.

### **Academic Researcher**

*Research Projects*

*Poverty Among Slum Dwellers : A Sociological Study of Selected Slums of Lucknow City*  
2021-2023

## *Feminization of Poverty in Urban Slum Households: An Analysis Based on Selected Slums Of Lucknow City 2021-2023*

- Conducted in-depth academic research in the field of Sociology, with a focus on poverty and multidimensional Socio- political-economic approach.
- Designed and executed fieldwork studies, including data collection, interviews, and surveys, ensuring thorough analysis and reporting.
- Authored two academic theses, contributing to the understanding of poverty and society.
- Collaborated with fellow researchers to share findings and present at Viva Voce.
- Applied qualitative and quantitative research methodologies to address complex social structural poverty and intergenerational poverty.

## Education

- **High School** (2016)
  - [Board of High School And Intermediate Education U.P.]
- **Intermediate** (Physics, Chemistry, Maths) (2018)
  - [Board of High School And Intermediate Education U.P.]
- **Bachelor of Arts** (English, Political Science, Sociology) (2018 - 2021)
  - [University of Lucknow]
- **Master of Arts** ( Sociology ) (2021-2023)
  - [University of Lucknow]
- Appeared for UGC National Eligibility Test in Jan 2025 : Result Awaited

## Certificates And Internships

- Freedom Employability Academy's one year programme of **English, Computer & Internet Skills, Personality Development, Growth Mindset, Grit, Ethics , Collaboration & Adaptability.**
- 4 week **internship** of Vista Campus Ambassador Programme with Vista 2023- **IIM Bangalore's International Business Summit** organized by Indian Institute of Management, Bangalore.
- 5 week **internship** with **Youthwillers Lucknow** in the field of **Human Resource and Operations.**
- Lean Six Sigma White Belt.
- Lean Six Sigma Yellow Belt.
- Course On Computer Concepts(CCC) by National Institute of Electronics And Information Technology(NIELIT)

## Letter of Recommendation

- From *Youthwillers Lucknow*

## Hobbies and Interests

- Playing Chess and
- Reading Fables and
- Stories