

Medical Report

Patient Information

Name: water

Age: 1

Predicted Disease

Fungal infection

Description

Fungal infection is a common skin condition caused by fungi.

Precautions

bath twice, use detol or neem in bathing water, keep infected area dry, use clean cloths

Medications

Antifungal Cream, Fluconazole, Terbinafine, Clotrimazole, Ketoconazole

Diet

Antifungal Diet, Probiotics, Garlic, Coconut oil, Turmeric

Workout

Avoid sugary foods, Consume probiotics, Increase intake of garlic, Include yogurt in diet, Limit processed foods, Stay hydrated, Consume green tea, Eat foods rich in zinc, Include turmeric in diet, Eat fruits and vegetables

Personalized Advice

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1. **Get enough sleep:** Aim for 7-9 hours of restful sleep to support your immune system and aid in symptom recovery.
2. **Moderate activity level:** Engage in light to moderate exercise, as strenuous activity may worsen skin irritation.
3. **Manage blood sugar levels:** Monitor and control your blood sugar levels if you have diabetes, as high blood sugar can contribute to skin infections.
4. **Keep the skin clean:** Regularly wash affected areas with soap and water, and apply a topical antifungal cream or powder as directed by your doctor.
5. **Seek medical attention if symptoms worsen:** If the itching, rash, or skin eruptions become severe, spread, or cause significant discomfort, consult a healthcare professional promptly.

You might also have these diseases

Chicken pox, Drug Reaction