

## **Title: Integrating Brain Imaging and Real-World Behavioral Data to Understand Alzheimer's Progression**

Alzheimer's disease (AD) is a progressive neurodegenerative disorder affecting over 7 million individuals in the United States, with projections estimating a rise to 13 million by 2050 without effective interventions [1]. Traditional clinical assessments often provide only episodic snapshots of cognition and may miss subtle, early-stage functional decline [16]. Neuroimaging techniques, such as functional MRI (fMRI) and EEG, have been instrumental in identifying early neural changes in AD, including hippocampal atrophy and disruptions in the default mode network (DMN) connectivity [4][11]. However, these methods are typically confined to controlled laboratory environments, limiting their ecological validity [10]. In contrast, wearable actigraphy devices enable continuous, ecologically valid monitoring of behavioral rhythms, including sleep, activity, and circadian patterns-domains disrupted early in AD progression [9][21]. These devices capture real-world data over extended periods, providing insights into daily functioning that traditional assessments might overlook [20] [6]. While prior studies have utilized repositories such as the Alzheimer's Disease Neuroimaging Initiative (ADNI) and the National Sleep Research Resource (NSRR) to explore neural and behavioral data separately, integration poses challenges due to differing cohorts and data structures [2]. Ontology-based data harmonization addresses this by mapping elements across datasets to a shared conceptual framework, facilitating interoperability and enabling cross-cohort analyses. For instance, the Alzheimer's Disease Data Element Ontology (ADEO) has successfully harmonized data between ADNI and the National Alzheimer's Coordinating Center (NACC) [5]. This project integrates ADNI neuroimaging and NSRR actigraphy data via ontology harmonization. By enabling semantic alignment of heterogeneous datasets, this approach facilitates comprehensive analyses previously unattainable. While neuroimaging often lacks ecological validity, actigraphy provides continuous, real-world monitoring of behavioral rhythms [13]. Integrating these modalities allows for holistic understanding of AD progression across neural and behavioral dimensions [12]. The fusion of these data types through ontology-based harmonization enables identification of novel digital biomarkers reflecting subtle changes in brain structure/function and daily behavioral patterns, potentially leading to earlier diagnosis and intervention strategies. The framework developed is scalable and adaptable, allowing incorporation of additional datasets and facilitating reproducibility in future research, advancing AD research with new avenues for early detection and personalized intervention strategies.

**Proposed Study Design:** Two complementary studies apply this framework to identify digital biomarkers and build predictive models of Alzheimer's progression using harmonized neural and behavioral data.

**Study 1. Associations between neuroimaging biomarkers and real-world activity patterns in AD using harmonized datasets:** Hippocampal atrophy and default mode network (DMN) dysfunction are associated with cognitive decline in Alzheimer's disease (AD) [4][15], while disrupted sleep and circadian rhythms indicate elevated AD risk [9][20][21]. This study examines these relationships using structural MRI data from ADNI ( $n = 300$ ) and actigraphy data from NSRR ( $n = 500$ , age  $\geq 65$ ), harmonized via the Alzheimer's Disease Data Element Ontology (ADEO) [5]. Despite differing cohorts, ADEO enables semantic alignment for meta-level analyses without subject-level pairing [2][5]. The hypothesis posits that lower hippocampal volume and reduced DMN connectivity correspond to poorer sleep efficiency and attenuated activity rhythms, including increased sleep fragmentation and reduced daytime activity [8][9][15]. Multivariable regression will be used, adjusting for age, sex, and cognitive status; results will include standardized beta coefficients and FDR-corrected p-values ( $p < 0.05$ ). Integrating ecologically valid behavioral data with neuroimaging markers enables the discovery of digital biomarkers reflecting functional decline in early AD, advancing scalable, real-world monitoring approaches [3].

**Study 2. Predicting Cognitive Decline in MCI Using Multimodal Machine Learning on Harmonized Neuroimaging and Actigraphy Data:** This study aims to predict 2-year cognitive decline in mild cognitive impairment (MCI) by integrating neuroimaging and actigraphy data from the ADNI cohort ( $n = 150$ ) using ontology-based harmonization [7][5]. Features such as hippocampal volume and sleep efficiency will inform supervised models (e.g., SVMs, neural networks) [14]. Stratified 5-fold cross-validation will assess performance via AUC-ROC, with DeLong's test used to compare against unimodal baselines [18]. We hypothesize multimodal models will outperform unimodal ones, offering a clinically relevant framework for early Alzheimer's detection [17][19].

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