

ESSAY

# The Art of Essay Writing

Start

[Introduction] ~~must~~ be a "hook"

- It can be in the forms of -
  - facts or statistics (with source)
  - Anecdote or personal story (be cautious!)
  - Rhetorical Questions? (be cautious!)
  - Imagination (Exclamatory.)
  - Quotes (famous)
  - Recent News story or related event
  - Story building (in terms of consistency)
  - Paradoxical statements
  - Character approach (for metaphoric topics)

"Don't skip the hook of the essay".

many ways to write

Examples

- such as —, —, —.
  - like —, —.
  - for example,
  - for instance,
  - It can be exemplified by
  - It is evident by the fact that
  - • \_\_\_\_\_ is one of the best examples.
- Essay is the test of your ability to argue  
(1 idea = 1 paragraph)

- e.g. - (Please do not use it in essay)  
use it in Q.S./log

Essay - Essay is defined as an organized collection of your ideas nicely written and professionally presented.

Essay must be well structured.

An essay is a reasoned argument.

Q. what examiner expect from your essay?

- whole and complete (All possible dimensions of that topic)
- multi-dimensional (Covers all aspects)
- powerful & emphatic info
- Innovation & freshness of ideas
- Simple yet emphatic language
- Precision and clarity
- Integrity
- optimistic & positive thinking
- Pragmatic
- Contemporary examples
- Historical examples.

# The Technology of Essay Writing

## Dimensions

- ⇒ Plan the work (30 min)
- Read all topics carefully —
  - Topic Selection (5 min)
  - Brainstorming free-brainstorming (5)
  - Dimensional Brainstorming (5)
    - Sequencing, arranging & <sup>Headings</sup>Brainstorming (5)
    - Write Concluding para (5 min)
    - Write Introduction para (5 min)
      - (Along with Quotes)
- ⇒ Work the plan (60 min)
- Write the essay (55 min)
  - Polishing & proofreading (5 min)
- 
- Topic Selection & Brainstorming.
  - ⇒ Topic selection — Read Carefully
    - Understand the demand & premise of the topic (why it is asked, background)
    - Repeat the topic with eyes-closed
    - Ask questions
  - Convert the topic into Assertive, Negative, Interrogative, Exclamatory.
  - free Brainstorming
  - What, why, where, who, when, How
  - Dimensional Brainstorming
    - ↓

Q - Quotes	W - What
S - Social	W - Why
E - Economic	W - Where
E - Ecological	W - Who
C - Cultural	W - When
H - Historical	H - How
C - Constitutional	
P - Political	
I - L&R (Int'l)	
L - Legal & Laws & Acts	
E - Ethical	
S - Science &	
T - Technology	
D - Developmental & Schemes & Govt	
P - Personal / Professional life	
P - Problems	
S - Solution.	

⇒ The Essay must be Having 3 things: — "ABC" of the essay

[A] ⇒ Accuracy, Appropriateness, Attentiveness to your reader, Avoid ambiguity

[B] ⇒ Brevity (exactness), Brightness and Buoyancy.

[C] ⇒ Correctness (Correct use of Grammar) Clarity, consistency, Coherency, Conciseness,

“To be a good writer, first be a good reader”

Q-SEECH-CPJL-ESTD-PPS

spherical thinking

## Structuring of the essay.

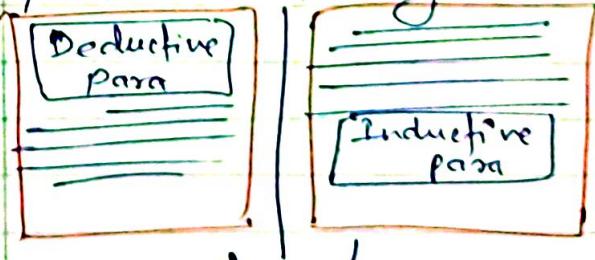
⇒ Quotes:- If need be; Though optional but recommended, sharp & precise.

⇒ Intro:- (Context + Summary)  
'Touch - Impress - Move'

- Context :- Get the bigger picture. Get the context; you get the pulse of the topic. (Letter & spirit)
- Summary :- Summary of the arguments - Captivating & interesting.  
[Intro can be done in multiple ways as mentioned in 1st page]. "The Hook"

⇒ Body:- Powerful, effective, relevant ideas in coherent and logical sequence.

Arg<sub>1</sub>/examples...  
Arg<sub>2</sub>/examples... so on...  
Substantiate the topic with positive and negative.



Combination of both types of paras. Ideas must be reflected in sequence.

⇒ Conclusion:- Powerful, attractive, sense of completion

- Don't repeat previous arguments
- Conclusion should be visionary, optimistic, solution & way forward type, futuristic.
- Don't start a fresh argument
- Can also be ended with Quotes.

Let us... Let's... type; Sanskrit sloka  
Gandhi Takman - Constitution preamble  
Present day (RTI), - Tagore's quote.

1st para - Get the Context

2nd para - Summary of what you are going to write

3rd para - Body in logical sequence with examples & facts, etc.

Penultimate para - Recommendation, way forward, a sense of completion.

final para - final conclusion visionary, futuristic, on a positive note.

Body can be of  
multi dimensional

- (1) SEECH - CPSL - ESTD (model)
- (2) Success - prospects - Issues - challenges & solution (model)
- (3.) Temporal Account (Historical model)  
(Chronological model)
- (4.) Individual < Group < local &  
National < international (model)

Q: How to write a good essay?

Practice

- Keep close to the subject ideas in orderly fashion and to write concisely.
- Notedown powerful paragraphs, quotes, sentences, powerful words for simple words - i.e. synonyms.
- Try synonyms replacement in essay writing.
- Use transitional words and phrases to have link over paragraphs to maintain flow.

Presentation

- Neat & clean
- Legibility
- Visibility.

• Language should be simple, polished, powerful and effective.

## The Art of Combining words:-

- Unforeseen Consequences
- Congenial atmosphere
- Quantum jump, leap frog
- A major yard stick
- fragile ecosystem
- Silent killer - Holistic vision
- Enduring efforts
- Thriving biodiversity
- A wake-up call
- Deadly weapon - Down-to-earth
- Dwindling Resources
- Judicious use, - Jigsaw puzzle
- Contemporary society
- Total despair, - striking pattern
- Mission-mode approach
- Rapid expansion
- deep-rooted problem
- Cutting-edge technology
- Supreme Sacrifice
- Equitable Distribution
- An instrumental role
- Peaceful coexistence
- Assured supply of goods.
- A treasure trove (A valuable discovery)
- Peaceful ex. Threadbare analysis
- Complex interplay
- Brimming with Confidence.
- Baffling questions
- Vibrant economy
- ~~Host~~ Unraveling the mystery
- Myopic vision, Broad vision
- Panoramic view
- long cherished goal
- Amicable solution.
- Astounding success
- of utmost importance
- Meticulously designed.
- far-reaching impact
- Staunch supporter
- Relentless efforts
- Tremendous capacity
- Unprecedented opportunity
- Renewed vigour
- Great strides
- Debilitating impact (make some very weak)
- Collective Consciousness
- Reckless devastation
- Daunting task
- Pristine purity (in its original cond', unspoiled)
- Intricately intertwined
- Inherent potential,
- piece-meal approach
- Lopsided development
- Spatio-temporal
- Unending saga
- Mosaic of life
- In all its hues
- Glaring disparities
- Inalienable rights
- Exemplary punishment
- National solidarity
- Deterrent measures
- Serious Repressions.
- formidable challenge
- chronic deficiency
- silent Revolution
- Our mother earth
- fountain of life

- The critical hour
- Global treasure
- Revolutionary ideas
- Rain magnets
- Untapped potential
- Latent Resources
- Spirit of enquiry
- Divine tendencies
- Irreversible damage
- Juvenile delinquency
- Redefining priorities
- Modern wizardry
- Traditional wisdom
- Abyssmally low
- Skewed development
- Blatant violation
- Remote possibilities
- Regenerate capacity
- Ecological disaster
- Commendable efforts
- Abject poverty
- Democratic decentralization.
- In the lap of nature.
- Targetting troubles

## Quotes & Quotes

for India — (Unity in diversity)

- States many, Nation one ✓
- Creeds many, Target one
- Dialects many, voice one
- Languages many, expressions one ✓
- Colours many, flag one ✓
- Societies many, India one ✓
- Customs many, culture one
- Livelihood many, Resolution one
- paths many, destination one.
- faces many, smile one.

- Learning is not education, wisdom is.
- from cradle to grave (learning)
- India of my dream — “

“Past was good, present is better and future shall be glorious” — This is the first ~~experience~~ thought that strikes my mind as I close my eyes and cherish a dream for my motherland

Democracy — Democracy of the people for the people and by the people → now changed to off the people, buy the people for the people.

I want my India, where democracy is not Vox-populi rather Vox-dei (voice of god)

→ I long for a dreamland where poor are protected, minorities are respected and no one goes to bed fearing tomorrow.

→ My vision — Profound yet practical; High yet Reachable; & simple yet Beautiful;

This is the vision that reverberates in my soul with every breath I take and every move I make

• No power on the earth can stop the idea whose time has come.

• I wish for India to be a place where every hand has work, each mouth has food, every eye has dream and no one is deprived of anything.

1. What is the difference between a primary and secondary consumer?

A primary consumer is an animal that feeds directly on producers (plants). A secondary consumer is an animal that feeds on primary consumers.

2. What is the difference between a primary and secondary producer?

A primary producer is an organism that can produce its own food through photosynthesis, such as plants and algae. A secondary producer is an organism that feeds on primary producers, such as animals.

3. What is the difference between a primary and secondary decomposer?

A primary decomposer is an organism that breaks down dead organic matter, such as bacteria and fungi. A secondary decomposer is an organism that feeds on primary decomposers, such as small insects.

4. What is the difference between a primary and secondary energy source?

A primary energy source is an energy source that is directly available to living organisms, such as sunlight and wind. A secondary energy source is an energy source that is derived from a primary source, such as electricity or fossil fuels.

5. What is the difference between a primary and secondary ecosystem?

A primary ecosystem is an ecosystem that contains all the components needed for life, such as producers, consumers, and decomposers. A secondary ecosystem is an ecosystem that is dependent on another ecosystem for its survival, such as a wetland that depends on a nearby river for water.

6. What is the difference between a primary and secondary habitat?

A primary habitat is a habitat that is the natural home of a particular species, such as a forest or a desert. A secondary habitat is a habitat that is used by a species as a temporary or seasonal home, such as a bird's nest or a squirrel's burrow.

7. What is the difference between a primary and secondary resource?

A primary resource is a resource that is directly available to living organisms, such as water and soil. A secondary resource is a resource that is derived from a primary resource, such as oil or coal.

8. What is the difference between a primary and secondary energy flow?

A primary energy flow is the flow of energy from the sun or other primary energy sources through a ecosystem. A secondary energy flow is the flow of energy from secondary energy sources, such as fossil fuels, through an ecosystem.

9. What is the difference between a primary and secondary energy conversion?

A primary energy conversion is the conversion of primary energy sources, such as sunlight, into usable forms of energy, such as electricity or heat. A secondary energy conversion is the conversion of secondary energy sources, such as fossil fuels, into usable forms of energy.

10. What is the difference between a primary and secondary energy storage?

A primary energy storage is the storage of energy in living organisms, such as plants and animals. A secondary energy storage is the storage of energy in non-living objects, such as batteries or fuel tanks.

## (Headings / Sub-Headings)

### & (Small Quotes)

- X and Y : Brothers in Arms
- X, Y : promise or peril ?
- X, Y : Towards a brighter future.

- A tumultuous journey
- The journey so far
- A double-edged sword
- Two sides of the same coin
- Silver lining
- Silver cloud.
- Window of opportunities
- All that glitters is not gold
- Loosing the battle, but winning the war

- SBM →
- Many battles won, but war is not over
  - Managing Conflicts, building Harmony
  - Beyond Regionalism
  - Identities in modern India
  - Problems with the narrative

- (arrow)
- SBM →
- A blinkered viewpoint
  - A wave of belief
  - Dawn of Rationalism
  - Twilight of Rationalism
  - Same wave, different battles
  - Demanding tangible change miles to go.

Be the change you wish to see

- Growth drivers
- Inspiration from roots
- Disjunction between law & reality
- Grand ambitions
- Snapshots of the past

- Success is journey not the end
- There is no way to happiness, happiness is the way
- And, the divine turns into devil (eg - competition exams)
- The saga of women's history has hardly been glorious.
- Economic growth without distributive justice is bound to breed violence.

- Youth is blunder, manhood is struggle, old age is regret
- Society at a crossroad.
- Useless life is an early death.

- SBM →
- Politics without ethics is disaster
  - In our society, many times, when money speaks, the truth is silent
  - Intellectual curiosity is the lifeblood of real civilization
  - Our deeds determine us as much as we determine our deeds.

- New cult and godmen - a threat to traditional religion.
- Truth is lived, not taught
- Greater political power alone, will not improve women's plight.
- Modernism and our traditional social-ethical values.
- ✓ The pursuit of excellence.
- Justice must reach the poor.
- Independent thinking should be encouraged right from the childhood.
- ✓ With great power comes great responsibilities.

... → Few more quotes :-

"If we are afraid of life... Life then is not worth living."

Too many people are looking for the eight person instead of being the eight person.  
(Righteousness is within... dying)

If your goal is building a castle you got to wait till it is complete. But if your goal is joy, you can celebrate each brick ~~to~~ you place. - "Happiness"

Happiness is the meaning and the purpose of life, the whole aim and end of human existence.  
 He who lives only for himself is truly dead ~~for~~ others.

The human spirit can never be paralysed. If you are breathing, you can dream.

Successful people don't relax on a chair, they feel relaxed with their work. They sleep with their dreams and wake up with a commitment.

One doesn't discover new lands without consenting to lose sight of the shore for a long time!  
 Commit yourself to a cause and you will do the impossible.

The man who lives only for himself reaps nothing but unhappiness. — Selfishness corrodes Unselfishness ennobles, satisfies.

Initiative - Doing the eight thing without being told.

Courage - A ship is safe in harbour ~~but~~ but that's not what ships are built for.

Courage - He who would climb the ladder must begin at the bottom. He that lies on the ground cannot fall.

Courage isn't having the strength to go on - It is going on when you don't have the strength...

Persistence and determination alone are omnipotent.

The drop of rain maketh a hole in the stone, not by violence, but by oft falling.

A thought leads to action, action leads to habit, habit into their character and character into destiny.

Interdependence has a higher value than independence. However, only independent people can make the choice of interdependence.

There is no way to peace, Peace is the way.

Excellence is an attitude.

Man of character is obeyed even before he speaks - Man dies when his character is lost.

Love and compassion are the highest forms of human intelligence. Death is not the greatest loss in life. The greatest loss is what dies inside us while we live.

A successful man is one who can lay a firm foundation with bricks that others throw at him - Critics make a man perfect.

The renowned person once was feeling unhappy as he had no shoes to wear, felt happy and satisfied when he saw a man without legs enjoying the occasion. (Happiness + satisfaction)

Quality exists by virtue of relativity.

Give a man a fish and you feed him for a day. Teach him fishing and you feed him for a lifetime.

The world I see, "food for every mouth, work for every hand, a dream for every eye and spark in every mind."

There is difference in acquiring knowledge and having wisdom. - Knowledge is the process of piling up facts, wisdom lies in their simplification.

There is more hunger for love and appreciation in this world than for bread.

- If we have no peace, it means we have forgotten that we belong to each other.
  - If I have the belief that I can do it, I shall surely acquire the capacity to do it even if I may not have it at the beginning (<sup>Capacity</sup> will power)
  - The superior man is the modest in his speech, but exceeds in his actions.
  - The greatest truths are the simplest, so are the greatest man.
  - Love is like a violin, the music may stop now & then but the strings remain forever.
  - Love is the only force capable of transforming an enemy into a friend.
  - Learning is like the in-breath, Art, freedom and creativity and teaching is like out-breath. A teacher must be a good learner.
  - Strength doesn't come from physical capacity. It comes from an indomitable will.
  - Be the change you wish to see in the world.
  - There is true proverb in Hindi " Jai Hai To Kal Hai"
  - If there is water then only our future is safe.
  - Soldier does not die when is shot but when he is forgotten.
- Topic wise**
- ⇒ Art & Architecture –
- Architecture should speak of its time and place, but yearn for timelessness.
- Good architecture should be a projection of life itself, and that implies an intimate knowledge of biological, social, technical and artistic problems.
- The principle of Gothic architecture is infinity made imaginable.
- Art, freedom and creativity will change society faster than politics. //
- A picture is worth a thousand words.

## Attitude

- A positive attitude can really make dreams come true.
- For success, attitude is equally as important as ability.
- A positive attitude causes a chain reaction of positive thoughts, events and outcomes. It is a catalyst and sparks extraordinary results.
- Weakness of attitude becomes weakness of character.
- Happiness doesn't depend on any external character, it is governed by our mental attitude.
- Nothing can stop the man with the right mental attitude from achieving his goals.
- Ability is what you are capable of doing.
- Motivation determines what you do; Attitude determines how well you do it.
- Excellence should be an attitude.
- The only disability is the life is a bad attitude.
- Our attitude towards others determine their attitude towards us.
- Attitude makes habit, habit makes character and character makes a man.
- My attitude towards peace to remove all factors that destroy peace in the world.

And not just end of violence or end of war but any negative factors such as poverty, inequality, discrimination etc.

Our environment, the world in which we live and work is a mirror of our attitudes and expectations.

- Compassion is the basis of morality.
- Nearly all men can withstand adversity if you want to test a man's character, give him power.

## Courage

All our dreams can come true, if we have the courage to pursue them.

He who reigns within himself and rules his passions, Desires, and fears, is more than a

## Communications

- I do not agree with what you have to say, but I will defend to the death, your right to say it - Voltaire's ultimate responsibility.
- The art of communication is the language of leadership.
- Communication is the human connection.
- In democracy, the individual enjoys not only the ultimate power, but carries the Dharma of good governance.
- Democracy is of the people, for the people & by the people.
- Dharma is the foundation stone of good governance.

## Dream

- A dream does not become reality through magic; it takes sweat, determination & hard work. ✓

## Education

- Education is the most powerful weapon which you can use to change the world.
- Education is the passport to the future, for tomorrow belongs to those who prepare for it today.
- An investment in knowledge pays the best return (interest)
- Education is not preparation for life, edu" is life itself.
- Edu" is the premise of progress in every society, in

## Democracy

- The power of ballot is stronger than bullet.
- I understand the democracy as something that gives the weak the same chance as the strong - M.K. Gandhi.
- The aim of edu" is the knowledge, not of facts, but of values,

- "Edu" is the key to unlock the golden door of freedom.
- "Edu" is the foundation upon which we build our future.
- "Edu" is not just about going to school and getting a degree, It is about widening your knowledge and absorbing the truth about life.
- "Edu" is the basis of empowerment
- The highest result of "edu" is tolerance.
- Democracy cannot succeed unless those who express their choice are prepared to choose wisely. Thus, real safeguard to democracy is education.
- Early childhood "edu" is the key to the betterment of society.
- Live as if you were to die tomorrow. Learn as if you were to live forever - Gandhi
- Child must be taught how to think not what to think.
- "Edu" is bridge from misery to hope.
- "Edu" is such which takes to perfection.
- "Don't limit your child to your own learning, for he was born in another time" -

→ Asto maa Sadagamaya - from unrighteousness to righteousness  
 → Tamso maa jyotir gamaya - from darkness towards light  
 → Mritasyma Amritamgamaya - from mortality to immortality.

### Environment

The earth doesn't belong to us, we belong to the earth.  
 • Concl' for poverty & climate change  
 ↳ Saving our planet, lifting people out of poverty, advancing economic growth.... These are one and the same fight. We must connect the dots between climate change, water scarcity, global health, food security and women's empowerment & above all planet itself.

Solution should be holistic  
 Solution for one problem must be solution for all.

• The only way forward, if we are going to improve the quality of environment, is to get everybody involved.

- There are 2 problems for our species' survival - **Nuclear war** and **environmental catastrophe** and we are moving towards them knowingly.
- We are using our resources as if we had two planets, not one. There can be no planet B because there is no planet B.

~~Destroying rainforest for economic gain is like burning a Renaissance painting to cook a meal.~~

The most important environmental issue is lack of conservation ethics in our culture.

Mother nature is not given by our fathers but borrowed from our children.

Climate change is the environmental challenge of this generation, and it is imperative that we act before its too late.

We cannot achieve environmental security and human development without addressing the basic issues of health & nutrition.

Environmental problems developing countries are the side-effects of pre-industrialization but the inadequacy of development.

• Every environmental policy is a good economic policy as well.

• The environmental crisis is a global problem and only global action will resolve it.

• Energy conservation is the foundation of energy independence.

### Equality

- Honesty, equality, kindness & compassion. (these are core values of mine)

### Experience

• The only source of knowledge is experience.

• Learning is life long experience.

## Happiness

- There is only one happiness in this life, to love & be loved.
- The secret to happiness is freedom and the secret to freedom is courage.
- Happiness lies in the joy of achievement.
- ✓ Happiness is when what you think, what you say and what you do are in harmony.
- Happiness doesn't depend on any external cond", it is governed by our mental attitude.
- Happiness is not something readymade, it comes from our own action.
- Joy is the simplest form of gratitude.

## Knowledge

- People without the knowledge of their past history, origin and culture is like a tree without roots.
- Knowledge gives power and wisdom.
- Human behaviour flows from three main sources — desire, emotions and knowledge.
- Knowledge is of no values unless we put it into practice.
- Science is organized knowledge and wisdom is organized life.

## Intelligence

- Talent wins games but teamwork and intelligence wins championships.
- Intelligence is the ability to adapt to change.
- Continuous effort is the key to unlocking our potential.
- Intelligence without ambition like a bird without wings.

## Leadership

- ✓ Leadership is the capacity to translate vision into reality.
- Leadership is about taking responsibilities and not making excuses.

## Money

- Time is money
- The greatest legacy one can pass on to one's children and/or grandchildren is not money or other material things accumulated in one's life, but rather a legacy of character and faith.
- To give real service you must add something which cannot be bought or measured with money, and that is sincerity, integrity and dignity.
- Money is necessary but not sufficient.

## Politics

: Pato - One of the penalties for refusing to participate in politics is that you end up being governed by your inferiors.

- Machiavelli - Politics have no relation to morals.
- Yatha Dharma thato Jayah - (where there is justice, there is victory)

## Poverty

- Poverty is the worst form of violence.

## Peace

- Loka Samasta Sukhino Bhavantu
- An eye for an eye only ends up making the <sup>whole</sup> world blind.
- Those who are free from resentful thoughts surely find peace.
- There is no peace without forgiveness.

There was never a bad peace or a good war.

Injustice anywhere is a threat to justice everywhere.

## Science

- Science of today is technology of tomorrow
- The notion that science and spirituality are somehow mutually exclusive does a disservice to both. ✓
- Science without religion is lame and religion without science is blind
- Our scientific power has outrun our spiritual power, we have guided missiles but misguided men.

"Yatra Naryastu pugyante Ramante] (Concl)"  
"tatra devta"  
(where women are honoured, Divinity blossoms there)

Women

### Society

- Education without morals is a menace to society.
- First duty of society is justice.
- Lending hands to someone is better than giving a dole.

If you want sth said, ask a woman.  
If you want sth done, ask a woman.  
Women are the largest untapped resources of talent in the world.  
No body can make you feel ~~inferior~~ inferior without your permission.

The progress of a community can be judged by the degree of progress of women -

You educate a man, you educate a man. You educate a woman, you educate a generation -

women as goddesses, debarred entry to temple  
→ Paradox → women as fighter pilot other than raped, news cover at the same page.

e.g. Tessy Thomas as project director of Agni-IV

- Ecosurvey 2017-18 - Agency, Attitude, Outcome
- Ancient - Maitreyi, Gargi (parvati)  
⇒ edu → & Health →  
⇒ Career →
- Homemaker →
- Social →
- Economic →
- Political → Legis., executive, judiciary
- Success → PRIs, textiles, agriculture  
Armed forces, Police, (PS),
- Nature / Earth is ascribed with the status of 'Mother'
- Intl - UN women,
- media - Technology -

### Success

- Positive Action combined with positive thinking results in success
- Success is not the key to happiness, Happiness is the key to success. If you love what you do, you will be successful.
- Success doesn't come through magic, it is the skill that is the key.

### Sanskrit

Sarvey Bhavante Sukhinah - May all be happy.

Sarvey Santu Niroopay - May all be ~~not~~ healthy (without disease)

Sarvey Andhani Pashyantu - May all have well being

Ma kaschit Dukh Bhag Bhavet - May none have misery of any ~~sort~~

Vasudhair Kutumbakam - The whole world is one family.

Seva Permo Dharma - (Service is the greatest work)

Sheelam Param Bhushanam - character is the biggest virtue

## Health

## Sanskrit Quotes

Concl<sup>n</sup>

• Saame Bhavante Sukhinalah  
Saame santu Niroognayah

mind beings inner  
h and self-confidence.  
oft very important for good  
h.

y to bed and early to rise,  
, a man healthy, wealthy  
wise.

lic expenditure = 1.4% of GDP  
a island (3.3%)

1% of research = 1% of Health exp

% of pop " uninsured

% expenditure on medicines  
th out of pocket expenditure

%. Communicable disease burden

%. Non-Comm Disease

1:1000 population = 1:1000, India, 1:1500

one Committee -

nastrya Sen - Capability Approach,  
nt'l examples - Japan, Nordic countries, England, Thailand, SL, BD.

Intro

fitness is zero percent  
investment with infinite  
returns. (Body fit then  
mind superfit) — FIT India

• It is the health that is  
real wealth not pieces of gold  
and silver - Tijanbiji

• Good health and good sense  
are two of life's greatest  
blessings.

• Healthy citizens are the  
greatest asset any country  
can have.

( May All become Happy )  
( May All be Happy ) health

⇒ Health is defined as physical,  
mental, emotional, spiritual and social  
wellbeing of an individual.

Intro

Concl<sup>n</sup>

"Arogyam Param Bhagyan  
Swasthyam Sarvartha Sadhanam"

( Good health is the greatest  
blessing · Health is means of  
everything )

→ Health in modern times often  
defined as a negative connotation  
i.e. absence of illness · Health  
is more than that.

· Health is a social  
good if a person is healthy,  
s/he should be able to actively  
participate in the society

Health is a social, political,  
economic, ecological, ethical good

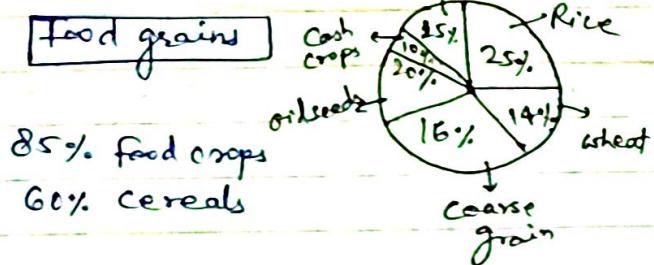
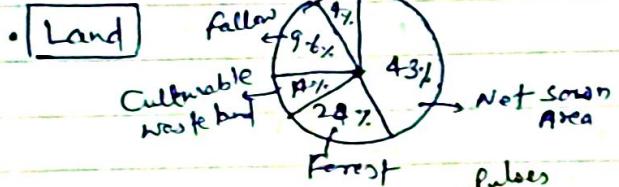
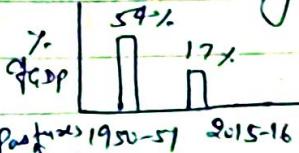
→ Health problem in India

- Yoga vs Diabetes Dichotomy
  - Financing & Infrat, Regulatory framework & urban-rural divide,
  - emerging new health issues, ~~sof~~
- ⇒ Achievements - medical tourism, Ayushman Bharat, Generic drugs, Improving HBP, meeting SDGs.

\*Ayushman Mission, mission Indradhanush, Kerala model, TN model, mobile clinics, AIHA, e-health.

## Agriculture & Farmers' Welfare

- 17% of GDP & 49% employment



### Share

1st  $\Rightarrow$  25% of world's pulses

2nd  $\Rightarrow$  22% of world's rice

2nd  $\Rightarrow$  13% .. . wheat

2nd  $\Rightarrow$  25% .. . cotton

- Yield

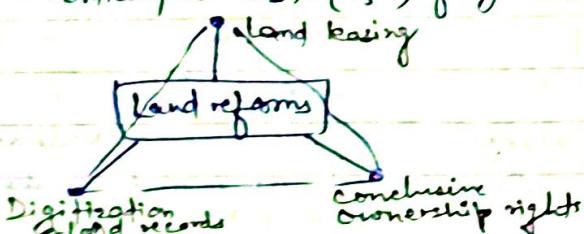
Increased more than 4 times since 1950-51. But 46% below China in rice. and also below world avg.

- Irrigation

- Canal = 30%. } 55%  
Tubewell = 60%. } area  
Tanks = 5%. } Rainfed.  
(Israel Case study) } (40% of total output)

- Horticulture

- India 2nd largest producer of fruits in the world  
- Horticulture 38% ( $1/3$ rd) of Agri GDP



$\rightarrow$  Land Banks

$\rightarrow$  NITI Aayog has proposed a model land leasing law.

$\Rightarrow$  The road to \$5 trillion dream passes through rural rejuvenation.

$\rightarrow$  China's 'great green wall'  $\rightarrow$  Gobi desert

$\bullet$  Village level seed banks in (Tumkur)KA made the village self-sufficient in seeds

Casteism

- Casteism is one of the greatest social evils plaguing the socio-economic development of India as well as its unity.

- In general, caste system can be described as acriptive system of status and hierarchy.

- Caste prejudice - Story of Munsi Premchand (lower caste youth & girl)

## Agric [Agriculture]

$\checkmark$  The discovery of agriculture was the first big step toward a civilized life.

$\checkmark$  Agri is backbone of Indian economy

$\checkmark$  What we need is evergreen revolution in agriculture

$\Rightarrow$  Land  $\rightarrow$  credit  $\rightarrow$  Seeds  $\rightarrow$  fertilizers  $\rightarrow$  Irrigation  $\rightarrow$  scientific know how  $\rightarrow$  machines  $\rightarrow$  Insurance  $\rightarrow$  Post-harvest marketing  $\rightarrow$  Infra support

## Now India

- New India is a grand and ambitious vision of govt. of India which seeks to transform the country into a prosperous, healthy, educated and clean & green nation.
- Innovation led reform for new India.
- All govt initiatives of all ministry.

## Corruption

- Policy garlanding.
- Abolition of system of affestation.
- Abolition of personal interview in loans
- SIT on black money
- Demonetization
- Benami property transaction Act
- Prevention of Corruption (Amendment) Act
- Whistle blower Act
- Smart (e-gov) initiative
- Sevottam model & citizen charters
- CVC, CBI, SC, CAG
- (Other fact from G.S.)

→ Intro - Anecdote / Quote / Recent news  
(Get the premise)

→ concl - Dharma (Justice)  
Karma (Duty)

• Corruption is one of the most serious consequences of poor governance

## Women

→ Quotes -

- Story Anecdotes & get the context
- Data/facts from G.S. / YK

[Concl] - In order to awaken people, it is the women who has to be awakened. Once she moves, the country moves and thus we build the India of tomorrow.

## Social Issues / security

- old age, women, Dalits, SC, ST, OBCs, minorities, unorg. labours, manual scavengers, children, etc.
- Social security is the prerequisite for just and equitable society

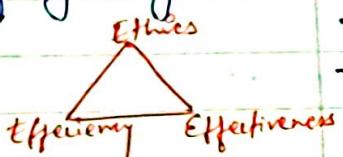
Good governance ensures peace, security, transparency, efficiency, in the system

Concl' - Good governance is a dynamic concept. A constant and critical dialogue between the govt and society is essential to refine and effectively put to practice the principles of good governance.

- An efficient, effective and democratic govt. is the best guarantor of social justice.

## Good Governance

- Core values of good governance
- freedom
- secularism
- Democracy.



- ✓ Inclusive democracy stands for 'unto the last'
- Good governance has gone through many phases.
- Good governance refers to the interaction between government and other actors of social sphere and the process of decision making in a complex world.

The core values that go into the making of good governance are -

- participatory decision making
- Accountability
- Transparency
- fairness & Rule of law.

(<sup>if</sup> ROL is the basis of GG)

- Challenges of good governance -
- Criminalization of politics
- Corruption

- Pre-cond' of good governance -
- strong Civil society
- freedom of press / media
- Independent judiciary.

- Judiciary, media, civil society play an important role in good governance.



⇒ **GG** ⇒ History, Context, anecdote, Def', core values, inst'l level interpretation, challenges, solution, Conclusion.

" One is aware that 'million meetings' are taking place almost on daily basis. There is a need to go for million negotiations."

- Governance - The word derives from the Greek verb (*kubernao*) meaning to steer used for the first time by Plato.

- Governance is the process of Ruling exercised by Authority in power.

⇒ Governance Indicators by World Bank.

- Voice & Accountability
- Political stability
- Govt. effectiveness
- Regulatory quality
- Rule of law
- Control of corruption

#### Rule Based

- Policy
- ROL
- Rules

#### Outcome based

- Enforcement
- performance

⇒ e-Gov - Govt at your door step.

e.g. - Mee Seva (A.P.) ; MCA 21; MeghRaj (Cloud Computing)

Active participation of govt, citizens and private sector leads to achieving success in e-gov.

⇒ Path to good governance goes through e-governance.

Use of ICT & tools to support govt operations, engage citizens and provide govt services.

e.g. - FRIENDS ⇒ fast, Reliable, Instant, Effective, Network for Disbursement of services.

- The concept of good governance may be new in vogue since 1990s. However, the principles of good governance is not new to Indian society.

- RTI - Accessibility, empowerment, participation, accountability, transparency, good governance.

- Secularism - Liberty, peace, equality, tolerance.

Indian secularism is an ethically sensitive and negotiated settlement between diverse groups and divergent values.

⇒ Transforming through Reforms - Embracing a new mgmt philosophy

philosophy - India should draw lessons from the experience of other countries and move towards creation of performance based org for public service delivery

- This will make machinery of govt efficient, economical & sensitive to citizens' needs and transform it into professional & performance oriented mgmt.

- Accountability
- Performance based
- Transforming work culture
- Streamline rules & process

## Education

P (Prim)  
S (Sec)  
T (Higher) Vocation

- Literacy = 74% (2011 census)
  - GER; Primary = 95%  
Higher = 25%.
  - Start with Quote/ Reports/facts premise / or Anecdote
  - Data: How edu" is crucial for growth, development, society, economy
  - Intl examples - Japan, Korea, British, American.
  - Era of development  $\Rightarrow$  edu"al progress from pre-British to modern.
  - Edu" policies, issues, challenges, solutions (from Micro to macro.)
  - Other edu" related problems eg - Student-teacher Ratio
    - Infrastructure
    - Method of examination, etc...
- (Get it done from G.S. preparation)
- Physical edu".

Concl" - Quotes, futuristic, motivational.

"Sa vidya ya Vimuktaye"

With edu", we finally attain salvation  
(Value based edu")  
(Character edu")  
(Wardha edu" scheme)

Happiness  
Curricula  
Delhi Govt

- The highest edu" is that which does not merely give us info" but make our life in harmony with all existence.

## Judiciary

Quotes - Injustice anywhere is a threat to justice everywhere.

- Justice is conscience, not personal but the conscience of humanity.

- Justice can not only be done but also seen to be done.

Facts - 4 Cr cases pending.

- 23% vacancies in lower court.

- Judge/pop" ratio only 18/10L but 50 recommended.

Issues - Appointments, transparency, corruption, overreach, activism.

Solutions:-

Concl' - Judiciary had played an indispensable role in shaping our nation. If we look for New India, judiciary

"Yatha dharma Tatha jayah"  
Where there is justice, there is victory.

The due administration of justice is the firmest pillar of good governance.

Swaraj means voice to voiceless, power to powerless

## Science & Technology

If invention is a pebble thrown in the pond, then innovation is the rippling effect the pebble causes.

- S&T development (Farmer's anecdote)

- Greatest innovation examples - which changed the mode of production.
  - Wheel, steam engine, currency, electricity, Bulb, Antibiotics, Computer, internet, AI.

## Administration

### Problems / Issues -

### Solutions -

### Challenges -

### Way forward -

### Concl - Invoke preamble -

Justice, S&T will play a major role in achieving it,

Also can be ~~endeavor~~ ended with Gandhiji's Talisman.

## Freedom of speech

- Freedom of speech is indispensable part but it is under threat world over.  
eg - sedition, IT Act, Ban of books, movies, killing of journalists/authors.

"If liberty means anything at all, it means the right to tell people what they do not want to hear."

→ Important part of CoI. (Preamble)

- Why FoS is fundamental?
  - Fulfilling existence
  - Exchanging & evaluating ideas
  - Essential to democracy
  - Bulwark against tyranny

## Nuclear Disarmament/Energy

- Hiroshima incident
- Consequences - NSG, CTBT, NPT,
  - India's stand
- Problems with current regime.
- Solution
- Arguments for Mutually Assured Destruction (MAD)
- Arguments against Nuclear weapon
  - Humanitarian Case
  - Security "
  - Environment case (Testing)
  - Nuclear spending & social welfare deficit

- Problems -
  - Unequal, unjustified,
  - Also non-state actors.
  - Rogue states. - mutual distrust
- Sol' -
  - Reforms UNSC
  - Track 2 diplomacy
  - Edu", awareness, mass movement

- Catch' - Let us not fight a nuclear war against each other, we have an actual war to fight, war against poverty, hunger, terrorism & ceaseless suffering

Let us our future generations look back on us and say that we have not repeated the horrors of Hiroshima.

## Terrorism

- Intro - Anecdote
  - def" } fit into context
  - types } of the essay topic
- Def" - Unlawful uses of violence & intimidation especially against civilians in pursuit of political/religious or ideological aims.

Type - State-sponsored, Bio-terrorism, Cyber terrorism, Eco-terrorism, Nuclear, Narco, Religious, Ideological, Political.

- Reasons 8 - Political grievances (Taliban)  
- Terrorist cannot fight against mighty state, therefore they create theatre of violence.  
- Socio-economic misery (Gaza)  
- Religious misinterpretation (Al-Qaeda, ISIS)

- Sol' - Edu", Intelligence  
- choke funding - Technical internal human intervention.

## Capital Punishment

- ⇒ Intro - Life is a wonderful gift and for the state to take it away is a matter of extreme gravity

⇒ 140 countries abolished Capital punishment.

⇒ SC test in Gurjeet Singh Vs State of P.R.  
- Crime test, Criminal test, Rarest of rare.

## Human Development

Intro - Anecdote

India has come a long way since independence, though 'the development paradox' this stark contrast calls for careful analysis.

HDI - Int'l examples, States disparities.

Concl - Development should not be about roads, dams, & sky scappers. Development must be about people.

A quality meaningful life is at the heart of development.

Must be about capability and expanding freedom.

⇒ Sabka Sath, Sabka Vikas -

Focus of well being of those at the bottom of society, not the efficiency of those at the top.

The violation of freedoms unfulfilment of basic needs deprivation of gender justice exist even today despite unprecedented opulence.

- To illustrate, world GDP was \$1 trillion in 1900; now it is \$77 trillion (almost more than 70 times) yet some problems remain.

## Privacy

• Privacy is a state in which one is not observed or disturbed by other people

- Freedom from public scrutiny / attention / surveillance

- Freedom from unauthorized disclosure of personal information

⇒ Intro - Best case Edward Snowden; Puffaswamy case, Aadhaar, any anecdote, Hypothetical

• Evolution - History - Impact

e.g. - Snowden, Stuxnet Virus,

- Data breach in Indian Banks,

- WannaCry, ransomware,

- Bitcoin - threat

• Levels - Govt / Corporate / Criminals

• Why privacy - ? - Limits govt's arbitrary powers, freedom of thought, reputation, individual rights.

• Threats to privacy - Terrorism, Technology, Hacking, lack of awareness among public, misplaced sense & abuse of national security.

→ Different cases - Kharak Singh, M P Sharma, Puffaswamy.

• Balancing privacy & security.

## Globalization

- Anecdote / story ↗
- For globalization
- Against "
- Waves of globalization.  
G1  $\Rightarrow$  1492 - 1800  
G2  $\Rightarrow$  1800 - ~~1945~~ 1945  
G3  $\Rightarrow$  1945 - 1990  
G4  $\Rightarrow$  1990 - present
- ~~States~~ States -
  - 71% of world own 3% of global wealth (NEF)
  - Richest 8% own 84.6% of wealth
  - 1% owns 58%
- Solution -
  - Capabilities
  - public > profit
  - Govt. must provide basic goods
    - Nordic countries examples
    - Skill development,
    - educ', employment
    - technology
- ⇒ Economic  $\rightarrow$  Socio-Cultural  $\rightarrow$  Political

## Ethical

- Personal  $\rightarrow$  personal satisfaction, basic human needs
  - Contentment, meaningfulness, fulfilled life
  - Better relationship
  - Trust Building
- Professional - meaningful work life (examples)
  - Team work (Army, Civil services)
  - Economic gain
- ⇒ Sarva Dharma Sambhava.
  - Mutual Respect
  - Internalize of ideas, knowledge diffusion
  - Compassion, help to others.
  - Variety of issues.

## Copyrights ethical issue -

- When Copyright, doesn't serve public welfare states must intervene and the law must be changed to promote human rights & freedom of expression and to receive and compare information and to protect authors & consumers.

## Socio-cultural Diversity

- When we lose the right to be different, we lose the privilege to be free.
- The highest result of education is tolerance.
- Civilization will reach maturity only when it learns to value diversity

⇒ The concept of diversity in itself is so diverse that to arrive at a uniform definition is difficult.

→ Japan CEPA approval for medicines for testing on mongoloid races of NE.

### ⇒ Manifestation of India's Socio-Cultural Diversity—

- Religious
- Racial
- Sex/Gender
- Ethnicity
- Caste
- Family
- Food habits
- Clothings
- Language
- Culture (music, dance, festivals)
- Geography
- Political - Right, Leftist, Centre
- Biological

⇒ Diversity comes naturally to human (Biological)

- Intellectual Horizon
- Diversity the basis of new ideas, new developments
- Diversity at workplace

Concl' ⇒ Unity in Diversity (ii)

Concl' ⇒ Rig Vedic Stotra

⊗ "Ekam Sat Vipra Bahudha Vadanti" →

(i) The essence of diversity is beautifully captured in Rig Vedic shloka - ⊗ - There is only one god though sages call it by different names.

(iii) "Sabka sath, Sabka Vishwas and Sabka Vishwas."

### ⇒ Social media

- Social media has played a key role in demarcating our discourse.
- Technology and especially social media has brought power back to the people
- Social media gave voice to voiceless people - power to powerless →
- Whoever controls the media, controls the mind.

eg - 2014 General Election India,  
- 2012 Barack Obama 2nd term  
- 2010 Arab spring  
- #metoo - People's help  
- Citizens' movement (march)  
- Two way sword (Facebook, Twitter, WhatsApp, Telegram)  
⊗ Sharing, learning, debating, discussing.

## → Social media touching

every spheres — Social, economy, political, ecological, S&T, ethical, cultural, (print media e-media)

— Media activism

— People becoming journalist (eg - Deepwater Horizon oil spill in Gulf) - fb, Twitter.

## Tourism

"The world is a book and those who do not travel read only one page" -

- Types — env, heritage, religious, adventure, sports, leisure, medical, ecotourism,
- Dimensions → Social, economic, Ecological.

**Challenges** — Piracy, security, (SSS) threat to society, cyber theft, war, fair elections, Anonymity, mob, fake news, games, Child porno, commodification of every aspect of life, ethical &, cyber bullying, stalking, trolls.

**Regulations** <sup>Art</sup> 19(2), IT Act (2000), Ipc • (still many challenges)

→ Double-edged sword.

**way forward** — Strict piracy law, Data localization, Right to be forgotten, <sup>Robert</sup> Cyber security system,

→ "No power can stop the idea whose time has come." Today this power is social media.

**Case study** — "Responsible Tourism" — The Gandhian way — "Live Gandhi for a while" Concept to attract tourist to live like a Gandhiji lifestyle and the way he lived. (Ahmedabad) Very popular

## Sustainable Tourism

- Local prosperity • Employment Quality, • Social Equity
- Visitor fulfillment • Local control • Community well-being
- Cultural richness • Physical integrity • Environmental purity • Economic viability
- Biological diversity. • Resources efficiency.

## Climate change

- Protection of ecology and environment is essential for sustainable development.  
→ All aspects, Social, economic, health, labh,

e.g. - kuttanad (Kerala) Rice farming below sea level. (Biosaline farming)

## Constitution of India

- Hope alone doesn't win battles  
one need to plan, execute
- foragers' secrets of success was their varied diet
- The purpose is not the destination but the journey itself. Those who understand this simple truth can experience true happiness.
- Tourism industries thrive on experiences. It does not sell flight tickets or hotels but the experience one can gain at that place.
- Sometimes good tactics can work better than a sword edge
- Hierarchy serve an important function. They enable even complete strangers to know how to treat one another without wasting time and energy.
- Two wrongs cannot make a write.
- Talent will usually remain latent if it is not fostered, honed and exercised.
- Any inspiration of truth before its time appears like rebellion. So, Right thing at the right time.
- Dharma protects those who protect it.
- knowledge is power - The real test of knowledge is not whether it is true, but whether it empowers us.
- When the gardener are good, the flowers will bloom.

⇒ Homo (Genus) = man  
Sapiens (wise) ⇒ wise man of ~~the~~ history's most spectacular financial crashes.

• Legends, myths, gods and religions appeared for the first time with the cognitive revolution

- Capital & politics influence others.
- 1.5 m died of diabetes, sugar is more dangerous than fat

- A person's character is not tested in good times. It is only in bad times.
- Deception is the instrument of weak and even extenuating circumstances can provide no excuse.
- Most people ~~wait~~ find it easier to wait for the arrival of messiah rather than to <sup>act to</sup> solve their own problems.
- Standing by and doing nothing while a sin is committed is as bad as committing the sin yourself.
- If will not be always liked. It only has to be spoken whether cause pain or pleasure. The truth may hurt you, but set you free.
- The truth is the true battle of good and evil is fought within, there is both good and evil inside us. who wins defines our character.
- Laws are not important, what is important is justice. If the purpose of justice is served by amending the law then amend it.
- There is nobody good or bad. It is only stronger or weaker. Strong people stick to their morals.
- Justice exists for the good of the universe. To maintain balance. It doesn't exist to ignite hatred among humans.
- Desire is the root cause of all suffering and desire is the root of creation as well.
- Sometimes simple faith could lead to ~~the~~ profound peace.
- Any great invention has both positive and negative effects. As long as the positive outweighs the negative, one can safely continue to use it.
- Just because we don't understand something, it doesn't mean it's dubious.
- Ati Sarvatra Varjayet - Excess of anything is bad & should be avoided.

- If everyone ~~goes~~ <sup>goes</sup> around transforming lead into gold, gold will loose value.
- When we strive to become better than we are, everything around us becomes better too.
- Because I don't live in either my past or my future. I'm interested only in the present.
- Yesterday is gone, tomorrow will follow on; Today is a gift, that's why it is called present  
(Be in present) Live the life.
- All powerful, yet incorruptible
- People do what their society rewards them for doing. If the society rewards trust, people will be trusting
- If the entire society is conscious for its duties, nobody would need to fight for their individual rights.
- There is no 'your god' or 'my god'. All ~~gods~~ godliness comes from the same source. It's just the manifestation that are different.
- Most people see the world as a threatening place, and because they do, the world, indeed turns out to be a threatening place.
- Only our karma and Dharma is is ~~is~~ <sup>imper</sup> (Duty and ~~de~~ just devotion to society) nothing else matters.
- There is only one thing that makes a dream impossible to achieve: the fear of failure.
- Perfection can never be achieved... It is more a journey than destination.

- Yesterday I was clever, so I wanted to change the world. Today I am wise, so I am changing myself.
- Raise your world, not voice. It is rain that grows flowers, not thunder.
- Intellectuals solve problems, geniuses prevent them.
- "Knowledge is virtue" - Socrates
- "Knowledge is power"
- Fear of God is the beginning of wisdom,
- If you want to change the world, start with children
- Our greatness lies not so much in changing the world as in changing ourselves
- It is a case of "cure that kills" -
- I don't think there is such a think as an intelligent mega-rich person.
- I don't think there is such a thing as an intelligent mega-rich.
- Greater the power, more dangerous could be the abuse.
- World ~~po~~ suffers much not because of violence of bad people but because of silence of good people.
- Arise, Awake and stop not until you reach the goal.
- The secret of happiness is to see all the marvels of the world, and never to forget the drops of oil on the spoon.
- When you really want something, the universe always conspires in helping you to achieve it.
- Beauty is the great seducer of men
- When someone makes a decision, he is really diving into a strong current that will carry him to places he never dreamed of.

## Introduction

Land Reforms → The goal of rural reconstruction & poverty alleviation can only be achieved through agrarian reforms, of which land reforms have been an integral part. Centred around the idea of distributive justice and maximizing the productivity and efficiency of Indian Agriculture.

Huge population → The ceaseless debate, whether huge pop's of developing country are a curse or an asset, must be evaluated in the light of changing developmental paradigms. The answer will largely depend upon how these nations capitalize on inherent demographic advantages by employing smart economic strategies and technological breakthrough to unlock their latent resources—both human & natural.

Non-conventional Energy → India's future energy supply stands compromised in view of its over-dependence on conventional energy sources, thereby necessitating a renewed focus on greener options.

India → With great physiographic forest diversity & climate variability, India supports variety of forests.

Social forestry → To address the twin objective of releasing pressure on our traditional forests and uplifting the agrarian community, the concept of social forestry was advanced. Being people oriented, it has the potential of rejuvenating our degraded ecosystem while ensuring socio-economic empowerment of rural poor.

Rainfall monsoon - India → Every walk of Indian life is impacted by monsoon, thus necessitating the fuller understanding of factors responsible for it. The unevenness of rainfall is an outcome of a variety of factors—physiographic, climatic and anthropogenic, operating at all scales from local to global.

Corruption → In a nation where millions are still waiting to taste the elusive fruits of development, corruption in Indian polity poses a major hurdle on the road to inclusive development. Being at the root of all evil.

Corruption is hollowing economy, society as well as ecology.

Revolution ⇒ A sudden event with far reaching consequences.

Tribals/Tribal areas ⇒ While geographic and historical factors have bequeathed the tribal areas with challenges, these should no longer hold them back.

Rich in resources and powered by traditional knowledge, the tribal areas in India can, with reasonable autonomy turn into equal partners in national progresses and prosperity.

Agri development in arid/semi-arid areas ⇒ Thus, the watershed approach unified with diversified and integrated agricultural practices will provide a firm base for rural empowerment in these areas. All this, together

farmers ⇒ Continued efforts & above mentioned solutions towards attractive returns to the farmers while integrating them with the industry will go a long way in providing sustainable livelihood to the millions of people.

with the enduring efforts of its people will foster India's inclusive development, making it gallop towards sustainable prosperity.

Urban slums ⇒ On the verge of unprecedented growth, India can no longer afford to ignore this dark underbelly of our cities.

