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CSE, OE - First Aid Assignment I, Ans.

⑥ The first aid measures for the following scenario could be:-

Firstly, remove the heavy construction material above the person.

Then check his crushed hand for any fractures or dislocations due to the fall and the pressure. While ensuring minimum movement (restricting as much as possible), transport him to a comfortable location with shade and enough oxygen. This is done to ensure he does not get a heat stroke as it is 1 pm in the afternoon with extreme heat and sunlight. Maybe even offer him water if he feels dehydrated. The next priority, after getting him to a safe location and dispersing any crowds would be to cater to the possible crushed hand. Apply ice or any cold water pack on the area if available to reduce the swelling. If it isn't bleeding then compression with a cloth will also help. Wash it first if it is bleeding. After this, next priority will be to treat the minor cuts and wounds. Wash them first and then stop the bleeding by applying pressure. If possible apply any antiseptic or petroleum jelly. Cover the cut with ~~the~~ sterile bandages.

In summary, first remove the heavy material. Take him to a safe place to avoid heat stroke. Check for fracture, RICE technique helps. R - Rest, I - Ice, C - Compression, E - Elevation, and lastly, treat the wounds. One must also call ~~the~~ an ambulance as the main time to ensure he is taken to the hospital where he can have a smooth and safe recovery in the hands of medical professionals.