



# Day 4 journal entry

[Firstname Lastname]

Choose 1 of the following prompts to respond to and then delete the prompt(s) that you did not choose.

**Prompt option 1:** *What is a topic that you found interesting this week? How do you plan to seek additional information and learn more about that topic?*

Add your response here

**Prompt option 2:** *Discuss your interactions with various people during your internship and the value each relationship brings (peer interns, college mentor, session speakers, higher-level leaders).*

All of them have been very positive and genuine, everyone has been very kind and I want to continue to have them be a part of my life.

**Prompt option 3:** *What are your main takeaways from this first half of your internship and how do you plan to carry those lessons into your second week?*

Add your response here

# Export + contribute your reflection

1. Once you've filled out the above prompts, export this doc as a PDF. Note: make sure you rename the file to be in the format **[Firstname Lastname] Day 4 Journal Entry**



2. Now that you have a PDF of this week's reflections saved locally to your laptop, you should contribute the PDF to your personal GitHub dropbox area in [our shared repo](#). Use the '[Journal entry contribution cheat sheet here](#)' to assist you and ask a GitHub coach for help if you need it!