



Day 3 journal entry

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Prompt option 2: *What is one new skill or piece of knowledge you've gained this week? How do you see yourself applying this in the future?*

This week has been full of new knowledge. I've learned to push myself outside of my comfort zone and I've practiced being comfortable with being uncomfortable. Before this internship, going up to a stranger and networking is something I would've never done but I've been able to push myself and grow both in professional connection skills and in networking.