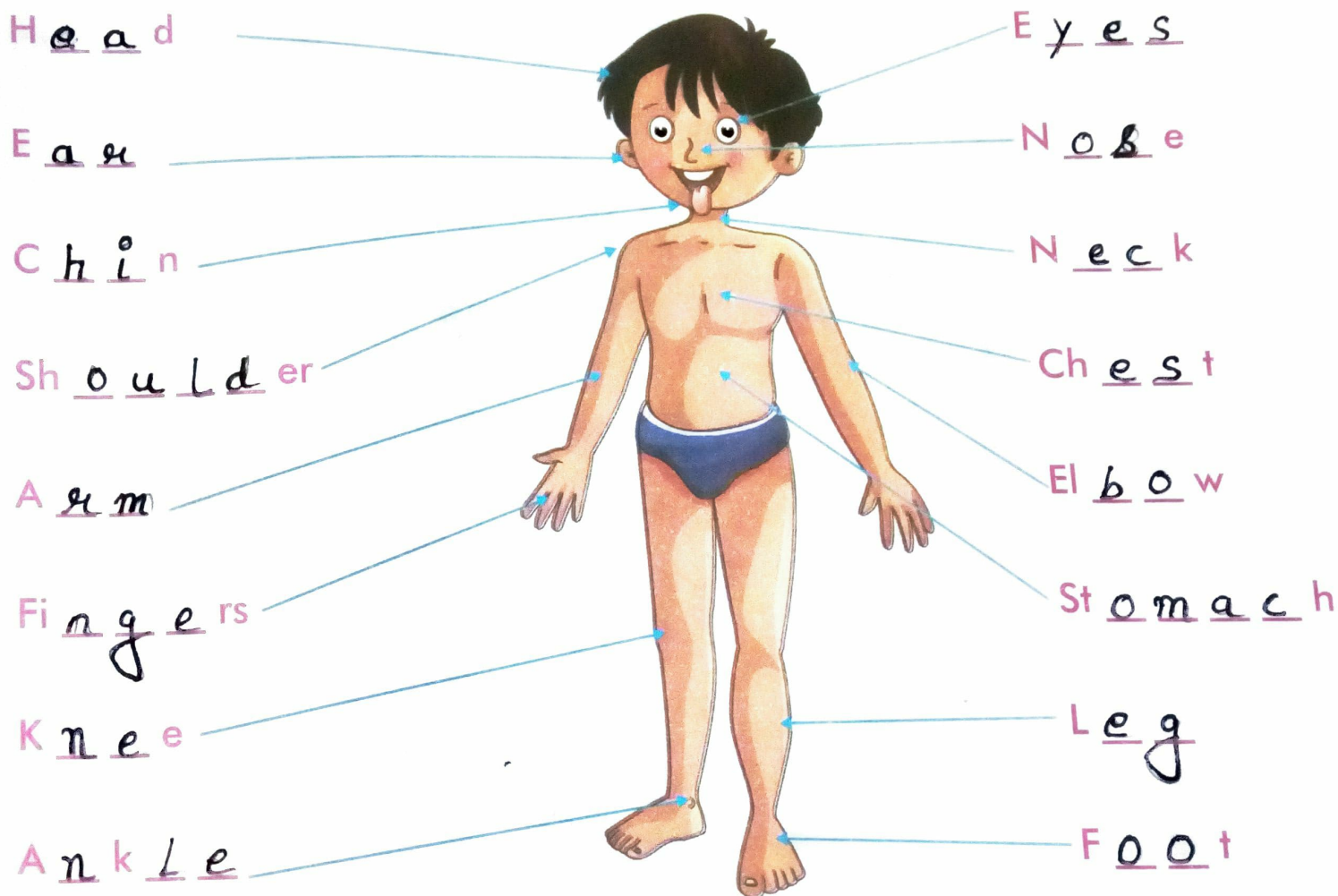


## Fun Time

Our body has many parts. Label the body parts in the picture shown below. Take the help of words given in the box.

Chest Head Neck Foot Nose Stomach Shoulder Elbow  
Fingers Eyes Arm Ankle Ear Chin Knee Leg



# L-1 My Body

No

Date

## Summary

Our body has many parts. Each part has a different name and work. Body parts are also called organs. They are of two types: External organs and Internal organs. External organs are those organs we can see like hands, legs and mouth. Hands help us to write, hold etc. Legs help us to kick, run etc. Mouth helps us for eating, speaking etc. Internal organs are the organs to which we cannot see. They are inside our body. Like Brain, Heart, Lungs and Stomach. Brain helps us to learn, think and remember. It controls all our body parts. Heart pumps blood to all our body parts. Lungs help us to breathe. Stomach helps us to digest food we eat. There are five sense organs in our body. They are also called External organs. Eyes, ears, nose, tongue and skin. Eyes help us to see things. Ears help us to hear sounds. Nose helps us to smell things. Tongue helps us to taste things. And skin helps us to feel. These sense organs help us to know things around us.

Q A Fill in the blanks using the words given in the box.

internal, Organs, Brain, external

1. Body parts are also called Organs.
2. We Cannot see internal Organs.
3. Eyes and ears are external Organs.
4. Brain helps us to think, learn and remember.

Q B Tick (✓) the Correct options.

1. Brain Control all our body parts.  
a) Lungs ( )      b) Brain (✓)      c) stomach ( )
2. Legs and feet help us to Walk.  
a) walk (✓)      b) write ( )      c) eat ( )



3. We can see things with our eyes.

a) tongue ( )    b) nose ( )    c) eyes (✓)

4. I use my mouth for speaking.

a) nose ( )    b) skin ( )    c) mouth (✓)

Q.C. Answer in one or two sentence.

1. What are internal organs?

Ans. The organs that we cannot see <sup>are</sup> called internal organs.

2. What are external organs?

Ans. The organs that we can see are called external organs.

3. Name the five sense organs.

Ans. The five sense organs are.

1. Eyes                      2. Ears                      3. Nose

4. Tongue                      5. skin.

Q.D Circle the names of sense organs

in the word grid given below

Take the help of the help box given

on the side.

EYES

EARS

NOSE

SKIN

TONGUE

T	O	N	G	U	E
J	S	O	F	V	Y
Z	K	S	G	Y	E
X	I	E	A	R	S
W	N	Q	R	I	C